

## FOOD SERVICES AND ASSISTANCE PROGRAMS

### EMERGENCY FOOD NETWORK

#### *Pierce County Food Resources*

<https://www.efoodnet.org/>

Has FIND FOOD MAP on the website with a food pantry, meal site, home delivery resources, and what day of the week it is available. The information on the website is the most up-to-date.



#### *Thurston County Food Resources*

<https://tcfb.org/>

Has FIND FOOD NEAR ME on the website with grocery pick-up locations, including a food pantry, inside shopping, drive-up distribution, and farm stand.

### THURSTON COUNTY FOOD BANK

### WIC

<https://doh.wa.gov/you-and-your-family/wic/apply-wic>

Women, Infants, and Children provide nutrition for qualifying pregnant women, breastfeeding moms, and children under 5. Dad, grandparents, and other caregivers of children under five may also sign up for WIC.

JBLM WIC – (253) 982-0210; 551 Barnes Blvd, McChord AFB, WA 98439



<https://www.dshs.wa.gov/esa/community-services-offices/basic-food>

A federal nutrition program that provides food benefits to supplement qualifying individuals' and families' grocery budgets to purchase healthy foods.

### SNAP

### WASHINGTON CONNECTION

<https://www.washingtonconnection.org/home/>

It offers a fast and easy way for families and individuals to apply for various services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs. Click on SEE IF I QUALIFY.



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### Active-Duty Service Members

#### Basic Needs Allowance (BNA)

[Financial Readiness - Understanding BNA](#)



[Army Directive 2023-06 \(Army BNA Program\)](#)



#### Other Resources:

# MILITARY ON SOURCE

<https://www.militaryonesource.mil/>



#### Army Emergency Relief (AER)

Waller Hall: Bldg. 2140 Liggett Ave, JBLM Lewis-Main

Monday - Friday from 9 a.m. - 2 p.m. (Initial requests)  
Schedule an appointment with AER: (253) 967-9852

Army Emergency Relief (AER) is a private, non-profit organization established to assist Soldiers and their Family members in emergency financial situations due to no fault of their own. Financial assistance is given in the form of an interest-free loan, grant, or combination of the two. Loans are repaid by an allotment. AER is by appointment for intake or returns.

[www.armyemergencyrelief.org](http://www.armyemergencyrelief.org)



#### AFCS Financial Readiness Program

Waller Hall: Bldg. 2140 Liggett Ave, JBLM Lewis-Main

Monday - Friday from 9 a.m. - 3:30 p.m.  
(253) 967-1453

The Financial Readiness Program provides comprehensive educational and counseling programs in personal financial readiness. Learn about debt, consumer advocacy and protection, money management, credit, financial planning, insurance, and consumer issues. Through classroom training and individual counseling, participants can learn how to save and invest money, establish savings goals, eliminate debt, and save for emergencies.

Schedule a one-on-one financial counseling appointment with an accredited financial counselor: (253) 967-1453 or visit [jblmfrp.timetap.com](http://jblmfrp.timetap.com)

