

Volume 2, Issue 4 May 2, 2025



Field Marshal Wilhelm Keitel signing the final surrender terms on 8 May 1945 in Berlin





A Moment in History... Victory in Europe Day

In celebrating our Army's 250th anniversary we take a look back and highlight just a few of the our Army's successes that ensured freedom and shaped the world we know today. This month, VE Day!

Victory in Europe Day (VE Day) was a momentous occasion for the United States, marking the end of the war in Europe on May 8, 1945. It was a day of celebration and reflection, as millions of Americans rejoiced in the defeat of Nazi Germany while also mourning the immense sacrifices made during the war.

VE Day was significant for the U.S. because:

- End of the European War: The surrender of Germany meant that American forces could shift their focus entirely to the Pacific Theater, where the war against Japan was still ongoing.
- Presidential Address: President Harry S. Truman announced the victory but reminded Americans that the war was not over until Japan was defeated.
- Honoring Sacrifices: The U.S. lost over 250,000 troops in the European theater, and VE Day was a time to honor their bravery.
- Impact on Post-War Europe: The U.S. played a crucial role in rebuilding Western Europe, leading to the Marshall Plan and the formation of NATO.

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Special points of interest:

- Blood Donations are needed!
- DHA has a new video appointment platform!
- REAL ID requirements
- · Lots of activities with MWR!
- Community Needs Assessment still open for your input.
- LMH-Immediate availability on select homes
- Don't forget Mother's Day—It's on May 11th!

Armed Services Blood Bank Center-PNW

DID YOU KNOW...The history of Armed Forces Blood Bank Centers is deeply tied to the evolution of military medicine and the need for reliable blood supplies during wartime. Here are some key milestones:

- World War II: The concept of organized blood banking for military use began during World War II. Blood and plasma programs were developed to support combat casualties, although the systems were often improvised.
- Korean War: By the time the Korean War started in 1950, plans for blood collection, processing, and distribution were in place. However, the need for whole blood in combat highlighted the importance of having a well-organized system.
- Creation of the Armed Services Blood Program (ASBP): In 1952, President Harry Truman ordered the establishment of the ASBP after civilian blood agencies struggled to meet the military's needs during the Korean War. The program became fully functional in 1962, providing comprehensive blood services for the military.
- **Vietnam War:** The ASBP played a crucial role during the Vietnam War, ensuring that U.S. military personnel had access to blood products. By this time, the program was a distinct entity within the Department of Defense.
- **Modern Era:** Today, the ASBP is the official blood program of the U.S. military, regulated by the FDA and accredited by the Association for the Advancement of Blood & Biotherapies (AABB). It continues to provide safe and high-quality blood products for military personnel and their families.

Today, the Armed Services Blood Program (ASBP) operates as the official blood provider for the U.S. military, ensuring a steady supply of blood and blood products for service members, veterans, and their families. Here's an overview of how it functions today:

- Joint Operation: The ASBP is a collaborative effort among the Army, Navy, and Air Force. It collects, processes, stores, and distributes blood products worldwide, supporting both peacetime and wartime needs.
- **Global Reach:** Blood is supplied to military treatment facilities, deployed units, and field hospitals across the globe. This ensures that service members have access to life-saving blood products wherever they are stationed.
- **Civilian Collaboration:** In times of need, the ASBP works with civilian blood agencies to ensure adequate supplies. Civilians can also donate blood at ASBP centers, provided they meet eligibility requirements.
- Advanced Screening and Safety: The program adheres to strict FDA regulations and uses advanced screening methods to ensure the safety and quality of blood products.
- **Community Engagement:** The ASBP conducts blood drives and outreach programs to encourage donations and educate the military community about the importance of blood donation.

DONATE, DONATE, DONATE!

Blood donors are greatly needed and are the heart of the military blood program. 40% of the U.S. population is eligible to give blood and yet only 3% of this population donate on a regular basis. If we apply these numbers to the 100,000 active, reserve, and guard military service members, their families, and civilians; 40,000 would be eligible and only 1,200 would donate on a regular basis. Last year our ASBP-PNW only had 5,318 donations through out the entire Pacific Northwest which reaches into California all the way to Alaska. And for JBLM's part we can do better, much better!

There is probably no better or easier way to increase our overall readiness than to donate blood. On the battlefield we would not hesitate to help our fellow warriors. So let's do the same off the battlefield and donate blood! YOUR donation could literally save a life down range.

The ASBP-PNW needs a constant flow of donations, and of all types, year-round, all to support the warfighter and their families. Our number one goal is to provide a safe and potent blood supply to our military community and beyond.



Armed Services Blood Bank Center - PNW

To schedule a blood, platelet or plasma donation appointment at our JBLM donor center, call 253-968-1850.

"Our donors are the heart of our program. Without donors taking the time to come in and donate and on a regular basis, the ASBP cannot stand ready for our mission of supporting military health care operations worldwide with a steady supply of quality blood products."

Madigan Army Medical Center

Need assistance navigating or accessing the MHS GENESIS Patient Portal? Get one-on-one guidance from our informatics team right here at Madigan Army Medical Center!

(MHS GENESIS Patient Portal & DS Logon Workshop times below do not include federal holidays.)

MILITARY HEALTH SYSTEM MHS GENESIS

Patient Portal & DS LOGON Workshops

Every month from 2 p.m. - 4 p.m.

- Internal Medicine Clinic Check- In Window B: Every 2nd, 3rd & 4th Wednesday of the month
- Sign in at http://informatics-stage.health.mil/DAP/, and then select: *Washington*. Next Select *Joint Base Lewis* -*McChord*, then select *"MHS Genesis Patient Portal Work Shop"*

*Walk-ins accommodated based on availability







Pacific Integrated Referral Management and Appointing Center (PIRMAC): To schedule an appointment by phone, call the PIRMAC at 800-404-4506

The MHS Nurse Advice Line: Speak with a Registered Nurse 24/7 Visit <u>MHSNurseAdviceLine.com</u> for web chat and video chat, or dial **1-800-TRICARE (874-2273)**, option 1.





Scheduled Virtual Visits DHA's New Video Appointment Platform



Scheduled Virtual Visits is changing how patients interact with care teams by allowing them the option to meet with their health care team through a video appointment.

Why a video appointment?

- No driving
- No gates and no lines
- Less time away from family and work



GETTING STARTED:

- Access sessions quickly and easily through any internetconnected smartphone, laptop or computer
- Receive appointment link through email and text message

For instructions on joining a video visit please scan the QR code below



Need to Reschedule an Appointment?



Did you know that each missed appointment (no-show) takes up two additional appointment slots? This keeps another service member, family member or Retiree from using that appointment slot for medical care.

No-shows can disrupt patient care schedules, stretch staff resources thin, and cause access issues or delays for other patients.

We understand that life can be unpredictable. If you need any help rescheduling or canceling future appointments, please call Pacific Integrated Referral Management and Appointing Center (PIRMAC) at **1-800-404-4506** for assistance.

We truly appreciate your cooperation and support as we work to provide all of Madigan's patients efficient and high-quality medical care.





CHILDREN'S WAITING ROOM

MAKE HEALTH AND WELL-BEING A PRIORITY

Children's Waiting Room is a child care program located in or near military health care facilities that allows parents to attend scheduled appointments without the stress of having to find child care outside of the hospital. This program improves access to health care by removing lack of child care as a barrier, allowing service members and spouses to make their health and well-being a priority.

"I love this option at the hospital. It makes doctor appointments a breeze! Thank you so much for having this available for us!" – Military Parent

ARMED SERVICES YMCA PACIFIC NORTHWEST

Madigan Army Medical Center Located in SFAC building 9059 Gardner Loop, Room 105 Joint Base Lewis-McChord, WA 98433 Appointments & Information: Children's Waiting Room (253) 966–9707

Hours of Operation:

M | 8am-2pm Tu | 8am-1pm W | 8am-2pm Th| 8am-1pm F | 8am-1pm

BEFORE YOU SCHEDULE

Your child(ren) must be registered for the Children's Waiting Room at least 48 hours prior to scheduling your first reservation. Registration is simple and easy! Scan the QR Code to get started or visit:

pacificnw.asymca.org



SIGN UP NOW



Measles: Know the Facts

Measles is more than a rash—it's highly contagious and spreads through the air before symptoms appear.

Signs and symptoms:

Measles symptoms appear 7 to 14 days after contact with the virus.

Common measles symptoms include:

- High fever (may spike to more than 104° F)
- Cough
- Runny nose (coryza)
- Red, watery eyes (conjunctivitis)
- Rash

Complications:

Measles can cause serious health complications, especially in children younger than 5 years of age. Common complications are ear infections and diarrhea. Serious complications include pneumonia and encephalitis.

How it spreads:

Measles is very contagious. It spreads through the air when an infected person coughs or sneezes. You can get measles just by being in a room where a person with measles has been. This can happen even up to 2 hours after that person has left.

Who is at risk?

Anyone who is not protected against measles is at risk.

Some people are at higher risk of experiencing severe complications from measles.

Prevention:

Protect yourself with the vaccine. The best way to protect against measles is with the measles, mumps, and rubella (MMR) vaccine. MMR is safe and effective. Two doses of MMR vaccine are about 97% effective at preventing measles; one dose is about 93% effective.

Prevent measles and talk to your healthcare provider about the MMR vaccine, especially if planning to travel.

Worried about exposure?

If you are worried about possible measles exposure, call the MHS Nurse Advice Line anytime — day or night — for expert guidance. Call 1-800-TRICARE (1-800-874-2273), option 1

The MMR vaccine is your best defense against measles — and it's fully covered by TRICARE. Get vaccinated at your local MTF!

Source: https://www.cdc.gov/measles/about/



Important Travel Update

On May 7, 2025, travelers 18 years and older must present a REAL ID or other acceptable ID to board domestic flights. Try out our interactive tool at <u>tsa.gov/real-id</u> to see if you are REAL ID ready. If you do not have a REAL ID, you may review a list of other forms of <u>acceptable identification</u>. Travelers should be aware that the security process for individuals who do not present acceptable IDs may result in additional screening and could create significant travel delays and the possibility of not being allowed into the security checkpoint. This includes TSA Pre-Check passengers.

Identification (ID) Requirements

You must present a Government-issued photo identification (ID) to TSA Officers before entering the security checkpoint.

Acceptable IDs include:

- Driver's licenses or other state photo identity cards issued by Department of Motor Vehicles (or equivalent)
 - <u>Beginning May 7, 2025, if you plan to use your state-issued ID or license to fly within the U.S., make</u> <u>sure it is REAL ID compliant</u>. If you are not sure if your ID complies with REAL ID, check with your state department of motor vehicles.
 - U.S. passport
 - U.S. passport card
 - DHS trusted traveler cards (Global Entry, NEXUS, SENTRI, FAST)
 - U.S. Department of Defense ID, including IDs issued to dependents
 - Permanent resident card
 - Border crossing card
 - State-issued Enhanced Driver's License
 - Federally recognized, tribal-issued photo ID
 - HSPD-12 PIV card
 - Foreign government-issued passport
 - Canadian provincial driver's license or Indian and Northern Affairs Canada card
 - Transportation worker identification credential
 - U.S. Citizenship and Immigration Services Employment Authorization Card (I-766)
 - U.S. Merchant Mariner Credential
 - Veteran Health Identification Card (VHIC) ID

Important Travel Update (continued rom page 9)

Under the Age of 18 – ID

TSA does not request or require passengers who appear to be under the age of 18 to provide photo identification (ID). Only passengers who are 18 years of age or older are required to present photo ID. Most often, the age of the passenger who appears to be under the age of 18 can be verified by the passenger, parent, guardian, or traveling companion.

We recommend contacting your airline for questions regarding their ID requirements for passengers under the age of 18.

Beginning May 7, 2025, if you plan to use your state-issued ID or license to fly within the U.S., make sure it is REAL ID compliant. If you are not sure if your ID complies with REAL ID, check with your state department of motor vehicles. To learn more, please visit <u>https://www.dhs.gov/real-id</u>

For more information and a list of frequently asked questions on REAL ID, please visit www.tsa.gov/real-id.

Traveling without an Acceptable Form of ID

In the event you arrive at the airport without acceptable identification (whether lost, stolen, or otherwise), you may still be allowed to fly.

The TSA officer may ask you to complete an identity verification process which includes collecting information such as your name and current address to confirm your identity. If your identity is confirmed, you will be allowed to enter the screening checkpoint, where you may be subject to additional screening.

You will not be allowed to enter the security checkpoint if you choose to not provide acceptable identification, you decline to cooperate with the identity verification process, or your identity cannot be confirmed.

TSA recommends individuals without acceptable identification arrive at least three hours in advance of their flight time. Upon arrival at the checkpoint after checking in with the airline, we recommend you ask for a TSA supervisor or lead Transportation Security Officer if you have any questions about the process.

You can find the list of acceptable forms of identification at <u>www.tsa.gov/identification</u>. For more information and a list of frequently asked questions on REAL ID, please visit <u>www.tsa.gov/real-id</u>.







Transition Assistance Program (TAP)



MCCHORD FIELD BROWN BAG Hiring Fair

Held the following Tuesday's:

- March 11
- May 13
- July 8
- November 18

11 a.m. - 1 p.m.

At the Castle, Customer Service Mall 1st Floor, 100 Col. Joe Jackson Blvd. JBLM-McChordField, WA

Join us to connect with a diverse group of employers who are actively hiring. This event offers an excellent opportunity to expand your professional network and explore your next career path.

A state of the second stat

Open to all Service Members including National Guard and Reserves, Veterans, Military Spouses/Family Members and all other DoD ID Card Holders.

No RSVP needed, resumes are welcome but not required.





A.C.E. Suicide Prevention

4 Feb 25 5 Aug 25

Need Annual Training?

Substance Abuse Prevention

> 6 May 25 4 Nov 25



- Location : French Theater
- Time: 1300-1430
- All classes count towards annual training requirements
- Sign Up or Walk In

Scan to sign up usarmy.jblm.imcom.list.dhr-asap@army.mil







		May 2025		
MON	TUE	WED	ТНО	FRI
The Hawk Calendar is subject to change. V = Virtual, IP = In-Person Digital copies of this calen- dar include direct links; please see page 2 for POCs if more info is needed.			1 <u>Resume 101 (ERP) 9-11 SFAC IP</u> M2M CAMPS Orientation 9-12 IP TAP Too Spouse Event 1-4	2
5 Career Skills Brief (CSP) 11am-12pm: Hawk Auditorium IP	6 Military Spouse Virtual Career Fair (RM) 8-12 V Work 4 WA State (WS) 9-12 V	7 <u>Course of Action to USAJobs (ERP) 9-</u> <u>12 SFAC IP</u> Hawk Hiring Fair 11-1 IP	8 VERG State Hiring Event 12-2 IP Interview Techniques (WS) 1330 V	9
12 Career Skills Brief (CSP) 11am-12pm: Hawk Auditorium IP	13 <u>Resumes & Cover Letters (WS) 0930 V</u> McChord Brown Bag Hiring Event 11-1 IP (1st Floor BLDG 100) McChord	14 <u>USA Jobs Workshop (WS) 10 V</u> Hawk Hiring Fair 11-1 IP	15 VA Claims: Path to Care (WDVA) 0830 (E7-O6) IP HCC <u>Your Next Move (ERP) 9-11 SFAC IP</u> Resource Event 1000-1300 IP HCC VA Claims: Path to Care (WDVA) 1300 (E1-E6) IP HCC <u>Flexible Jobs (ERP) 13-15 SFAC IP</u>	16
19 Career Skills Brief (CSP) 11am-12pm: Hawk Auditorium IP	20 <u>National Virtual Career Fair for Veter-</u> ans 8-12 V	21 Navigating USA Jobs & The Federal Resume (NAVFAC) 9-11 Hawk Hiring Fair 11-1 IP	22 Interview Techniques (WS) 1330 V	
26 MEMORIAL DAY REMEMBER AND HONOR ****	27	28 <u>Service to Success: Your Civilian Job</u> <u>Search Guide (WS) 0900 HCC IP</u> Hawk Hiring Fair 11-1 IP	29	DONSA 30
Caree	urce JBLM will have a represe er Skills Brief (CSP): If you are army.jblm.imcom.list.dhr-tap	unable to attend an in-pers	son Monday CSP Brief please	email:

** Please see page 2 for Program Contact Information to Register for Starred Events**

Hawk Career Center Program Directory

	Hawk Career Center Reso	urces And Contact Ir	nformation
Organization	Program POC Info		
Hawk Career Center (HCC)	11577 41st Division Dr.	253-967-3258	www.facebook.com/JBLMUnlimited
Transition Assistance Program (TAP)	HCC Room 124 253-967-3258 <u>usarmy.jblm.imcom.list.dhr-tap@army.mil</u>		my.jblm.imcom.list.dhr-tap@army.mil
Boots To Shoes Mentorship	Virtual Services Available	253-226-4099	
Business Impact NW—Boots 2 Business	vboc@businessimpactnw.org		
Career Skills Program (CSP)	HCC Room 124 usarmy.jblm.imcom.list.dhr-career-skills-program@army.mil		ist.dhr-career-skills-program@army.mil
Career Team– Employment Assistance and Spouse Ambassador Program (253) 593-7300 jblm@careerteam.com			
City of Tacoma Veteran Employment Workshops	Employment Workshops https://www.governmentjobs.com/careers/tacoma/jobs/2968374/veterans-informational-workshops?pagetype=transferJobs		
Hiring Our Heroes Fellowships	Zoom Orientation Thursday 1530	202-597-0520	
HOH Military Spouse Fellowship		202-680-4784	
DSHS		360-407-4708	
Employment Readiness Program (ERP)		253-477-9675	Appointments: https://jblmerp.timetap.com
Goodwill Military and Veteran Services	Virtual Services Available	Contact: <u>vetservice</u>	sinfo@goodwillwa.org
Hire Military	skillbridge@tenovallc.com www.hiremilitary.us		
Military to Manufacturing	Workshops		
Onward to Opportunity			
WorkEx	www.workexmilitary.org		
Stone Education Center - MY Education	- Transition Track	253-967-7295 usarmy	.jblm.imcom.list.dhr-aces-customer-inquiry@army.mil
USO Transitions	Bldg. 2201 12th & Pendleton	253-459-3425	
USAJobs Workshop			
VA Claims			jblmvabenefits@dva.wa.gov
VIE-25	HCC Room 215		
WorkSource JBLM (WS)	Virtual Services Available 25	3-593-7320 worksou	ircejblm@esd.wa.gov <u>www.WorkSourceWA.com</u>

Notes:

WorkEx Orientations available anytime online at: WorkexMilitary.org

WorkSource classes noted on calendar = (*WS)

MY Education Virtual Classes Are Available Weekly: For more information please contact your TAP Counselor

Goodwill Veteran and Military Services events noted on calendar = (*GW)

VA Women's Transition Health Training: Visit https://www.va.gov/womenvet/whtt/

Hawk Career Center Calendar POC: To submit future events to the Hawk Career Center Calendar or if program POC is not listed, please contact Frank Handoe at frank.c.handoe.civ@army.mil

Employers interested in participating in Hiring events please contact Mrs. Dorlise Harris at Dorlise.j.harris.civ@army.mil

How can I attend the Reserve brief?

Please email us at usarmy.jblm.imcom.list.dhr-tap@army.mil providing your full name and brigade unit of assignment. We will provide you with the contact information to the Reserve Counselor assigned to your Unit. The assigned RCCC Counselor will schedule your brief and you will receive credit upon completion.

28 April 2025 - MWR INFORMATION

Find details on MWR programming and special events at JBLM MWR (armymwr.com).

Subject to cancellation; please stay tuned to JBLM MWR - Home | Facebook for the latest information.

Holidays & DONSAs: Memorial Day - Friday, May 23 (DONSA) and Monday, May 26 (holiday)

Facility Closures

Location	Closure Duration	Purpose
Soldiers Field House Pool	Until May 5	HVAC repair: Kimbro Main Pool has reopened. See <u>Aquatics</u> web page for schedule and details.
Sounders Indoor Playground	On May 17	Closed due to Armed Forces Day.
McChord Main Fitness Center	On May 17	24/7 Access Only due to Armed Forces Day.
Arts & Crafts Center: temporary location, Adven- tures Unlimited, 739 Battery Rd., McChord Field.	September	HVAC renovation.
McChord Fitness Center Locker Room	September	Updates; restrooms are still available.
Eagle's Pride Golf Course Restrooms	When completed	Plumbing work; temporary restrooms and hand washing sta- tions are available.
Outdoor Pickleball Courts at McVeigh Fitness Center	When completed	Resurfacing as part of Annual Work Plan.

Strong B.A.N.D.S.

Commit to staying fit when you join in at our garrison <u>STRONG B.A.N.D.S. events</u> through June 7. This year's theme is "Let's Get Physical!" From StoryWalks at the library to healthy cooking lessons, Outdoor Recreation kayaking or hiking trips and fitness events such as JBLM's 3rd Annual Run to Remember and a kickball tournament, there are plenty of ways for you to participate!

NAF Job Fair & Employment Resources

The next <u>NAF Job Fair</u> will be held at Eagle's Pride Golf Course on Tuesday, May 6 from 8 a.m.–2 p.m. The job fair is open to the public and base access is not needed to attend. On-the-spot interviews are available for eligible applicants, and tentative job offers are often a possibility at our job fairs. Bring your résumé, references and any applicable certifications along with identity documents such as your driver's license, Social Security card and, if applicable, any documents related to your veteran or military spouse status. Proof of education in the form of a high school diploma, GED or college transcript is required for all CYS positions. Currently, NAF positions are exempt from the hiring freeze. Additionally, through the Employment Readiness Program, AFCS also offers informational classes to help you build your career. Class descriptions and registration links are available <u>online</u>.

Armed Forces Day

Saturday, May 17, 11 a.m.-6 p.m.

JBLM's Armed Forces Day is at Heritage Hill, McChord Field on Saturday, May 17 from 11 a.m.–6 p.m. The event is open to the public and highlights what we do and what JBLM is all about. Come enjoy military static displays, historical reenactors and informational booths. The event is fun for the whole family with vendors, inflatables and food trucks. New this year, due to the Real ID Act, an enhanced WA state driver's license, or other approved identification, will be required to access the event. Preregistration is required for all non-DoD ID cardholders, ages 18 and older, who attend the event without a DOD ID cardholder sponsor in the same vehicle for vetting prior to attending the event. Additional details about the event and links to a list of accepted identification and the preregistration process are found on the main Armed Forces Day website.

JBLM's 3rd Annual Run to Remember

Thursday, May 22, 9 a.m.-noon

The JBLM community is invited to join in for a free endurance run honoring the Service Members who have given their lives while serving. For the endurance run, complete as many miles as you like. You can also choose to participate in the Murph workout challenge. The event is scheduled from 9 a.m.–noon at the Lewis North Athletic Complex. Visit the event web page for more details and to register.

Aquatics Offerings

McChord Pool will open for the season on Saturday, May 24! In addition, as more folks enjoy <u>our three pools</u> this summer, consider joining Team MWR as a lifeguard! <u>Lifeguard training</u> at JBLM is free and open to interested candidates ages 15 and older.

AFSC Events

This month, Armed Forces Community Service is hosting a Military Spouse Roundtable at the Family Resource Center, Lewis Main on Tuesday, May 20 from noon–1:30 p.m. The event is open to all military spouses in the JBLM community. Please <u>RSVP</u> if you plan to attend. There will also be an EFMP event, Succulent Planting Party, on Friday, May 23 from noon–4 p.m. EFMP families are invited to room 111 in Bldg. 2013 A, N. 3rd St., Lewis Main for an afternoon with a plant potting station, succulent care workshop, craft corner and more. Please <u>register</u> if you plan to attend.

Save the Date

- May 7: Star Wars Trivia Night at Warrior Zone.
- May 17: <u>Parents' Night Out</u>. Register by Friday, May 9.
- June 28: <u>Freedom Fest</u>.

Update: Fitness Centers & Pools

Visit: https://JBLM.armymwr.com/Categories/SFA for locations, hours and 24/7 access information.

Warrior Zone Activities (WZ is open to DoD ID cardholders 18+)

- Trivia Wednesdays, 7–9 p.m. | Thursday pool tourney, 7 p.m. | Friday night fight games, 7 p.m.
- Scheduled UFC fights; No cover. More activities, location and hours: <u>Warrior Zone :: Joint Base Lewis-McChord ::</u> <u>US Army MWR</u>

Texas Roadhouse

Texas Roadhouse is open for dine-in and to-go service (no curbside) Monday–Thursday, 3–9 p.m., Friday & Saturday, 11 a.m.–9 p.m. TXRH is currently closed Sunday.

Useful Links

MWR Calendar of Events	Sounders indoor playground	MWR libraries
CYS Registration	Bowl Arena Lanes	<u>AFCS</u>
Youth Sports & Fitness	Outdoor Rec/RV Storage & More	BOSS



Armed Forces Community Service



EMPLOYMENT READINESS PROGRAM

Service Member and Family Assistance Center 9059 Gardner Loop, JBLM Lewis-Main, Rm. 104 Classes open to all DoD ID Cardholders

Grow with Every Class: Build Your Career

Résumé 101, 9–11 a.m.

This class guides you through creating an effective, up-to-date résumé that stands out in today's job market. Learn how to craft each key section, avoid common pitfalls, and highlight your strengths. Walk away with the skills to build a competitive résumé that gets you noticed.

MAY

MAY

Course of Action to USA Jobs, 9 a.m.-Noon

Unlock the secrets to federal employment in our seminar! Learn how to navigate USAJOBS, master the application process, and craft tailored résumés and cover letters. Gain insights on federal job requirements, announcements, and interview tips to excel in a federal career.

MAY 15

Your Next Move - Hosted by Department of Labor, 9–11 a.m.

Ready to take your career to the next level? This workshop is designed to help you make informed career decisions that align with your preferences, interests, and unique skills. This hands-on course includes a personalized career assessment and guides you through researching key labor market trends to find your best career fit.

15

Flexible Jobs - Hosted by Department of Labor, 1–3 p.m.

Join our Flexible Jobs class to explore and secure legitimate, career-building flexible job options. Whether you're seeking remote work, part-time roles, or freelance opportunities, this class provides valuable tools and insights to help you navigate today's evolving job market. Don't miss out on this opportunity to take control of your work-life balance and secure the job you deserve.



The Complete Federal Résumé, 9 a.m.-Noon

This federal résumé writing class helps job seekers create tailored résumés for federal positions. Learn how to highlight key accomplishments and optimize your résumé for specific vacancies. Includes a step-by-step guide and a free, personalized review from certified HR experts.



Scan the QR code to register or visit www.jblmerp.timetap.com For questions call (253) 477-WORK

LIFEGUARD TRAINING & EMPLOYMENT





Sign up now for free lifeguard training! Get paid as a Lifeguard Trainee while you get certified!

Trainees start at \$16.66/hr. Upon completion of the course, your pay could increase to \$17.11/hr.

Why you should join the MWR Team: Competitive pay (if you have experience, you could start as high as \$20/hr!), opportunities for benefitted positions and promotions, and access to all MWR amenities including free fitness facilities.



Employment Aquatics & Information





Up to \$1,000 in a cash bonus after working 100 hrs! Flexible schedule. Ages 15 and older accepted. For more info call 253-967-5026/5390.



JBLMmwr 🇱 🔂 🙆

TRAINING DATES

May 2-4

June 13-15

MILITARY Spouse Roundtable

TUESDAY, MAY 20 • 12 – 1:30 PM FAMILY RESOURCE CENTER BLDG. 4274 IDAHO AVENUE, JBLM LEWIS-MAIN

.......

The Washington State Military Spouse Initiative is focused on reducing and removing employment barriers for the military spouse community and connecting them to the resources they and their families need to thrive.

Guest speaker Olivia Burley, WA State Military Spouse Liaison with the WA Department of Veterans Affairs and Armed Forces Community Service. is hosting a roundtable discussion open to all military spouses in the Joint Base Lewis-McChord community. This event is free to attend, children are welcome.



Please scan to RSVP

Rainier Explorer



Refreshments and delicious, succulent-inspired appetizers (veggie tray) will be available. For questions please call (253)967-5797.





Rainier Explorer





Join us for our third annual JBLM Run to Remember on Thursday, May 22 at the Lewis North Athletic Complex. This endurance run is a free community event dedicated to celebrating lives, sharing stories and finding strength together. Whether you're a seasoned runner or prefer a leisurely walk, your participation makes a difference.

Seasoned athletes can take part in the optional Murph workout (one-mile run, 100 pull-ups, 200 push-ups, 300 air squats, one-mile run), being offered as well.

Register online at JBLMraces.com by May 19. Day-of race registration will be available on-site from 7–8 a.m.





Join the team! FLEXIBLE ANYONE HOURS! CAN APPLY!

Many of our positions offer hiring incentives, retention bonuses and/or benefits!



NAF Job Fair, May 6, 8 a.m.–2 p.m. Eagle's Pride Golf Course



Bring resume and transcripts or applicable certifications. On the spot interviews! Please have an ID/SS card and professional references for a pre-employment screening if selected. For more information call 253-967-5493 or visit: jblm.armymwr.com/employment



DFMWR—Armed Forces Community Services (AFCS)



FOOD SERVICES AND ASSISTANCE PROGRAMS

Active-Duty Service Members

Basic Needs Allowance (BNA)

Financial Readiness - Understanding BNA





Other Resources:

MILITARY ONESOURCE



Army Emergency Relief (AER) Waller Hall: Bldg. 2140 Liggett Ave, JBLM Lewis-Main

Monday - Friday from 9 a.m. - 2 p.m. (Initial requests) Schedule an appointment with AER: (253) 967-9852

Army Emergency Relief (AER) is a private, non-profit organization established to assist Soldiers and their Family members in emergency financial situations due to no fault of their own. Financial assistance is given in the form of an interest-free loan, grant, or combination of the two. Loans are repaid by an allotment. AER is by appointment for intake or returns.

www.armyemergencyrelief.org





AFCS Financial Readiness Program Waller Hall: Bldg. 2140 Liggett Ave, JBLM Lewis-Main



Monday - Friday from 9 a.m. - 3:30 p.m. (253) 967-1453

The Financial Readiness Program provides comprehensive educational and counseling programs in personal financial readiness. Learn about debt, consumer advocacy and protection, money management, credit, financial planning, insurance, and consumer issues. Through classroom training and individual counseling, participants can learn how to save and invest money, establish savings goals, eliminate debt, and save for emergencies.

Schedule a one-on-one financial counseling appointment with an accredited financial counselor: (253) 967-1453 or visit jblmfrp.timetap.com

WE WANT TO HEAR FROM

Armed Forces Community Service is conducting a Community Needs Assessment, and your feedback is important!

Visit AFCSSURVEY.COM



ARMED FORCES COMMUNITY SERVICE Real Life AFCS

TO GET STARTED

Estimated completion time: 3-7 minutes



Safety

Plan Ahead! If a fire breaks out in your home, you may have only a few minutes to get out safely once the smoke alarm sounds. Everyone needs to know what to do and where to go if there is a fire.

Î

SAFETY TIPS

JSCar

-))) MAKE a home escape plan. Draw a map of your home showing all doors and windows. Discuss the plan with everyone in your home.
- >>> KNOW at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
-))) HAVE an outside meeting place (like a tree, light pole or mailbox) a safe distance from the home where everyone should meet.
- **)))** PRACTICE your home fire drill at night and during the day with everyone in your home, twice a year.
- >>> PRACTICE using different ways out.
- >>>> TEACH children how to escape on their own in case you can't help them.
-))) CLOSE doors behind you as you leave.

IF THE ALARM SOUNDS...

-))) If the smoke alarm sounds, GET OUT AND STAY OUT. Never go back inside for people or pets.
-))) If you have to escape through smoke, GET LOW AND GO under the smoke to your way out.
- **)))** CALL the fire department from outside your home.

Your Source for SAFETY Information NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

FACTS

- (!) A closed door may slow the spread of smoke, heat, and fire. Install smoke alarms inside every sleeping room and outside each separate sleeping area. Install alarms on every level of the home. Smoke alarms should be interconnected. When one smoke alarm sounds, they all sound.
- () According to an NFPA survey, only one of every three American households have actually developed and practiced a home fire escape plan.
- (!) While **71%** of Americans have an escape plan in case of a fire, only 47% of those have practiced it.
- () **One-third** of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life-threatening. The time available is often less. And only 8% said their first thought on hearing a smoke alarm would be to get out!



www.nfpa.org/education ©NFPA 2016

Directorate of Public Works (DPW)—Transportation Systems

Lewis Main:

- **S 14th St and Mann Ave from Stryker Ave to Railroad Ave** will undergo reconstruction from 10 FEB to 2 JUNE 2025. The work is scheduled in two phases.
 - Phase 1: S 14th St from Stryker Ave to Mann Ave will be closed from 10 FEB to 8 APR 2025.
 - Phase 2: Mann Ave from 41st Division Drive to S 14th St and S 14th St from Mann Ave to Railroad Ave will be closed from 9 APR to 30 JUNE 2025.
- **S Division St between Liggett Ave and Bitar Ave** will have periodic traffic disturbances from 22 APR 2025 to 6 MAY 2025 for emergency sewer line replacement and site restoration.
- 7th Infantry Regiment Road, Transmission Line Road from 7th Infantry Road to Jackson Ave; Old Madigan area of Wilson Ave and McKinley Ave,; Logistic area of S L St, Rainier Dr, Cook Ave, Perry Ave, Belmont Ave, N G St, S F St, and S A ST; and New Hillside Housing of Blaine Ave, Madrona Ave, Sycamore Lane, Linden Dr. Magnola Blvd, and Rosemary Lane will be undergoing replacement of power lines and poles from 14 APR 2025 to 13 JUNE 2025. Work will progress in the order list involving both shoulder and lane closures with flaggers.
- Parking Lot/ Motor pool by Bldg 9522, located at the block between S A St, Perry Ave, Tacoma Dr, and Prescott Ave in Logistic Area, will be closed for complete pavement reconstruction from 29 MAY 2025 to 17 OCT 2025.
- Stryker Ave between S 5th St and S 6th St will be closed for catch basin, stormwater lines, and pavement replacement from 16 JUNE 2025 to 24 SEP 2025.

McChord:

- Barne Blvd from between 1st St SW to the entrance to J01119 parking and Levitow Blvd to 2nd St will undergo construction to replace the existing culvert with a bridge at Clover Creek from 31 MAR 2025 to 5 FEB 2026. The work is scheduled in two phases.
 - Phase 1A: Barnes Blvd from the intersection with Levitow Blvd to the entrance of J01119 parking will be closed from 3 to 16 APR 2025 from 7:30 am to 5:30 pm, Mon. through Fri. for gas line relocation.
 - Phase 1B: Barnes Blvd at the intersection with Levitow Blvd to the entrance of J01119 parking will have lane restrictions with flaggers from 17 APR to 14 MAY 2025 from 7:30 am to 5:30 pm, Mon. through Fri. for gas line relocation.
 - Phase 2A: Barnes Blvd and Levitow Blvd preparatory activities in area for FULL closure from 20 MAY to 12 JUNE 2025. Shoulder work and edge of lane activities will take place, road will remain open.
 - Phase 2B: Barnes Blvd from 1st St SW to entrance to J01119 parking and Levitow Blvd from Barnes Blvd to B St will be completely closed to traffic 13 JUNE 2025to 11 JAN 2026.
- Carter Lake Housing Area and Lincoln Blvd underwent water line replacement from 25 SEP 2024 to 28 FEB 2025 by American Water. Work involved single lane closures. Residents affected were notified of the closures/ detours. Restoration work in the areas will continue through MAY 2025 with minor road disturbances.





Off-base work by WSDOT:

- **I-5 Mounts Rd to DuPont Steilacoom** corridor improvements will continue with traffic disruptions from Exit 120 to 116, through August 2026. Work is scheduled predominately during the day with occasional night operations.
- A portion of Steilacoom-DuPont Road by Barksdale Ave will be closed to traffic from Fri., 2 MAY 2025 at 7 pm to Mon., 5 MAY 2025 at 5 am (first weekend in May) for construction of the roundabout as part of the I-5 Phase 3 project. A signed detour will direct travelers coming from Interstate 5 to take Wilmington Drive to Center Drive. Travelers coming from Steilacoom will first detour from Steilacoom-DuPont Road to Center Drive and then to I-5. JBLM's Integrity Gate will remain accessible via the detour. People accessing the gate should give themselves extra time to navigate the detour. The work is weather-dependent and could be rescheduled.





Liberty Military Housing— Select homes available for active duty military members & their families



IMMEDIATE **AVAILABILITY ON SELECT HOMES!**

While Inventory Lasts

What Living with Liberty Offers:

- ALL utilities included (except internet)
- Lawn care Included
- Trash and recycling Included
- FREE monthly bulk trash drop-off
- 24/7 emergency maintenance
- Access to four fully equipped community centers for gatherings
- FREE monthly resident events and giveaways







Rainier Explorer

Santa's Castle

Santa's Castle Volunteers Needed

Join our TEAM and Make a Difference.

Positions Available

- Administrative Assistant
- Community Engagement Coordinator
- Scheduling Assistant x2
- Parliamentarian

Learn more about each position by scanning the QR Code or go to https://sites.google.com/jblmsantas castle.org/santas-castle/home







JOIN US NOW!

Army & Air Force Exchange Service (AAFES)

NOW OPEN



Lewis North Jersey Mikes



Main Exchange



Lewis Main Burger King



Liberty Car Wash



Girl Scouts

Nature Play Exploration Day

A Community Event for Everyone! Hosted by:

girl scouts of western washington



Join us at DuPont Powderworks Park 1775 Bobs Hollow Ln, Dupont 98327 June 8th 11:00 am-2:00 pm

Explore and Play!

Trail Exploration Scavenger Hunt, Nature Themed Art and activities, along with environmental stewardship education and more!

Connect with Girl Scouts!

Explore the beauty of nature and find out what Girl Scouts has to offer your youth and household and best of all, make new friends!

For more information visit our Eventbrite with the QR Code or **www.girlscoutsww.org/join**



THIS IS A NON-FEDERAL ENTITY. IT IS NOT A PART OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND IT HAS NO GOVERNMENTAL STATUS.

Community Resources



Fisher House



Help Our Heroes In Their Time Of Need

Army Fisher Houses are much more than just lodging. They are uniquely designed to provide a "home away from home" atmosphere. They provide a warm, caring, compassionate environment where families and caring friends can nurture one another. In addition to full-time management, Army Fisher Houses have been blessed with the best volunteers in the world!

Annually there are over 4,000 volunteers who donate over 20,000 hours of their time. Volunteers help by preparing meals, decorating the houses for holidays, host crafting nights, and perform a myriad of other functions to ease the burden on our guests. Army Fisher House Managers and their volunteers work together to support the families to be able to devote all their time and energy to their loved one's medical condition and progress. This sharing of compassion, caring, and concern is what makes the Army Fisher House experience so beneficial to our military members and their families during these difficult times.

DONATIONS

Thanks to your donations the Army Fisher House Program is able to continue the mission to support military families in their time of need. Annually, the Army Fisher House Program serves over 3,000 families providing 40,000-Bed Nights at no costs to our military families.

VOLUNTEERISM

We understand that our volunteers are the lifeblood of our organization. Our goal is for the volunteer experience to be as rewarding for you as it is for us. We want your to feel the precious time you donate is well spent, and that you get an appreciation for the incredible impact you make on the lives of our residents. We have many different ways to help. Please reach out to your Fisher House of choice to inquire about their volunteer opportunities.

THANK YOU!

Please know how much we appreciate our volunteers and the support and talent they bring to our program! We could not provide the level of comfort and care our residents so rightly deserve without the support of our amazing community.

Contact us Joint Base Lewis-McChord Army Fisher House at MAMC Fisher House II 90700 Gardener Loop Tacoma, WA 98431 Office: 253-967-8362

Volume 2, Issue 4





For 35 years, the Fisher House program has provided a home away from home for families of patients receiving medical care at major military and VA medical centers. These homes offer no-cost temporary lodging to military and veteran families, allowing them to be close to their loved one during medical care and focus on what's important-the healing process. There are 99 Fisher Houses* located in the US, Germany, and United Kingdom.

Fisher Houses:

- Are between 5,000 and 16,800 square feet
- Provide 7 to 20 suites
- Are professionally furnished and decorated
- Accommodate 16 to 40 family members
- Feature a common kitchen, dining and living room
- Are gifted to DoD and VA upon completion

1.400

\$650 million Savings to families in lodging and transportation 534.000

12.5 million

Number of lodging days offered



Fisher House Foundation has several other major programs:

Inception (1990)

Fisher Service Awards—Recognizes innovative

Scholarship Program–Provides scholarships to



Ratings matter.	We've earned four stars (out of four) from Charity Navigator for 21 consecutive years
A+ Our grade from CharityWatch	Fisher House Foundation 12300 Twinbrook Parkway, Ste. 410 Rockville, MD 20852 888-294-8560 info@fisherhouse.org



Mother's Day is a time to honor the incredible women who shape our lives with love, strength, and wisdom. Mothers are the architects of our first lessons, the guardians of our dreams, and the foundation upon which we build our lives.

Today, we celebrate not just the sacrifices they make, but the love that fuels those sacrifices—the countless moments of kindness, guidance, and unwavering support. A mother's love is a force unlike any other: patient, enduring, and endlessly giving.

Let's take this moment to express our gratitude, to say thank you for the sleepless nights, the reassuring words, and the boundless encouragement. Whether through a simple hug, a heartfelt message, or just time spent together, let's remind the mothers in our lives how much they are loved and cherished.

