

# JBLM BEHAVIORAL HEALTH RESOURCE LIST



## JBLM DPFR SERVICES

### **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

BLDG 2008-B, 1ST FLOOR (LEWIS-MAIN)  
253-732-2214

*Free confidential information, referral & counseling services for DoD Civilians, Retirees & Family members.*

### **EXCEPTIONAL FAMILY MEMBER PROGRAM**

SFAC - 9059 GARDNER LOOP (LEWIS-MAIN)  
253-967-7166

*Systems navigation, assistance with individual education plan (IEP), 504 plan, respite care, & non-clinical case management.*

### **FAMILY ADVOCACY PROGRAM**

WALLER HALL: 2140 LIGGETT AVE (LEWIS-MAIN)  
253-967-5901

*Provides prevention & education classes (including workshops) to strengthen Family relationships using education, information, & referral.*

### **NEW PARENT SUPPORT PROGRAM**

WALLER HALL: 2140 LIGGETT AVE (LEWIS-MAIN)  
253-967-7409

*Community based parenting support & education program. Assists both expectant parents & Families with children under 4 years old.*

### **RISK REDUCTION**

WALLER HALL: 2140 LIGGETT AVE (LEWIS-MAIN)  
253-967-4530

*Substance abuse and suicide prevention training and classes, unit briefings, command team consultations, & resources.*

### **SEXUAL HARASSMENT ASSAULT RESPONSE PROGRAM (SHARP)**

WALLER HALL: 2140 LIGGETT AVE, #304 (LEWIS-MAIN)  
BLDG 100, "MCCHORD CASTLE" SUITE 3024  
253-967-7271; 253-967-7272;  
253-389-8469 (24-HOURS)

*Support for victims of sexual abuse & harassment.*

### **VICTIM ADVOCATE PROGRAM**

THROUGHOUT JBLM  
253-966-SAFE (7233)

*Serving Airmen and families over 18 years old. Assists with crisis intervention, legal advocacy referral, medical advocacy, and information & referral.*



## 24/7 SUPPORT

**JBLM SAFELINE: 253-966-SAFE (7233)**

*Support for victims of domestic abuse.*

**SHARP HELPLINE: 253-389-8469**

*Support for victims of sexual abuse & harassment.*

## DEPARTMENT OF BEHAVIORAL HEALTH ACTIVE DUTY SERVICES

### **1-2 SBCT EMBEDDED BEHAVIORAL HEALTH**

BLDG R-3742, (LEWIS-MAIN)  
253-966-3640

*Serving soldiers from 1-2 SBCT. Outpatient BH Assessments & treatment.*

### **2-2 SBCT EMBEDDED BEHAVIORAL HEALTH**

BLDG R-1880, (LEWIS-NORTH)  
253-967-1481

*Serving Soldiers from 2-2 SBCT. Outpatient BH Assessments & treatment.*

### **MCCHORD ADAPT**

690 BARNES BLVD (MCCHORD FIELD)  
253-982-3685

*Serving Airmen and families. Provides education on substance misuse, individual and group therapy.*

### **MCCHORD MENTAL HEALTH CLINIC**

690 BARNES BLVD (MCCHORD FIELD)  
253-982-3685

*Serving Airmen and Families from 62nd airlift wing, McChord field. provides evaluations and treatment for mental health, work related issues, marital/family concerns, and medication management. outpatient BH assessments and treatment.*

### **RAINIER EMBEDDED BEHAVIORAL HEALTH**

BLDG 9920A, (LEWIS MAIN)  
253-968-4851

*Serving Soldiers from 1st Corps HQ, 593rd ESC HHC, 51st Sign BN, 42nd MP BDE, 6th CID, 13th CSSB, 62nd MED BDE, 201st, EMIB, 16th CAB, Madigan Troop BN, WTB Cadre, AGT, Active Army Reserve, Active National Guard (any unit not designated to another EBH). Outpatient BH assessments & treatment.*

### **SOF EMBEDDED BEHAVIORAL HEALTH**

BLDG R-3150, (LEWIS MAIN)  
253-966-6104

*Serving soldiers from 1 SFG (A), 4/160th SOAR & 2/75thRGR SBCT. Outpatient BH Assessments & treatment.*

# JBLM BEHAVIORAL HEALTH RESOURCE LIST



## DEPARTMENT OF BEHAVIORAL HEALTH SPECIALTY BEHAVIORAL HEALTH

### **ADDICTION MEDICINE PARTIAL HOSPITALIZATION PROGRAM (AMPHP)**

MADIGAN ANNEX, BLDG 9921B (LEWIS-MAIN)  
253-968-3339

*Serving active duty Service members. Intensive treatment for substance abuse disorders.*

### **CASE MANAGEMENT, EXCEPTIONAL FAMILY MEMBER PROGRAM**

MADIGAN TOWER, 1ST FLOOR (LEWIS-MAIN)  
253-968-0254; 253-968-1370; 253-968-3659

*Enrollment/unenrollment, provides community support, housing, medical, educational, and personal services to military families with exceptional needs.*

### **MULTI-DISCIPLINARY OUTPATIENT (MULTI-D-BH)**

MADIGAN ANNEX, BLDG 9930A (LEWIS-MAIN)  
253-968-5906

*Serving active duty Service members & Family members, and military retirees. Provide specialty healthy psychological services.*

### **PSYCHOLOGICAL HEALTH INTENSIVE OUTPATIENT PROGRAM (PHIOP)**

MADIGAN ANNEX, BLDG 9924B (LEWIS-MAIN)  
253-968-3339

*Serving Airmen and Families. Provides education on substance misuse, individual and group therapy*

### **JBLM CARES**

BLDG 6993 JACKSON AVE (LEWIS-MAIN)  
253-968-7924

*Offers occupational, physical, & speech therapy. ABA Exceptional Family Member Program (EFMP) systems navigation, & CYSS respite care coordination.*

### **INPATIENT BEHAVIORAL HEALTH - 5 NORTH**

MADIGAN TOWER, 5TH FLOOR (LEWIS-MAIN)  
253-968-3071

*Serving active duty Service members. Provides short-term inpatient psychiatric services.*



**MILITARY ONESOURCE**  
PHONE, ONLINE, OR FACE-TO-FACE  
800-342-9647

*Confidential services to Military Personnel including non-medical counseling & specialty consultations. Service topics include Family & relationships, financial, legal, health & wellness, deployment & transition counseling.*

## DEPARTMENT OF BEHAVIORAL HEALTH CHILD AND FAMILY SERVICES

### **CHILD & FAMILY BEHAVIORAL HEALTH SERVICES**

MADIGAN ANNEX, BLDG 9923A (LEWIS-MAIN)  
253-968-4843

*Serving dependents & retirees assigned to the following patient-centered medical homes: McChord, Okubo, Winder, Puyallup, & South Sound clinics. Serving child adolescent, & adult beneficiaries to provide individual, marriage, & family therapy and/or medication management health services for military children in local schools.*

### **FAMILY ADVOCACY PROGRAM**

MADIGAN ANNEX, BLDG 9905 (LEWIS-MAIN)  
253-968-4159

*Provides assessment, safety planning, case management, & group treatment. Coordinates with command, law enforcement, & child protective services.*

### **INTERNAL BEHAVIORAL HEALTH CONSULTANTS**

ALL PATIENT CENTERED MEDICAL HOMES

*(Pediatrics, Family & Internal Medicine, Okubo, Winder, McChord, Puyallup, South Sound)*

800-404-4506

*Brief assessment and behavioral health services in collaboration with the patient's primary healthcare manager (outpatient).*

### **PEDIATRIC SERVICE**

MADIGAN MEDICAL MALL-DEVELOPMENTAL PEDIATRICS  
253-968-2310

*Serving children ages 0-3 years of age. Short term behavioral health intervention. Medical assessment of all children with special healthcare needs.*

## ADDITIONAL JBLM AGENCIES

### **FAMILIES OVERCOMING UNDER STRESS (FOCUS)**

BLDG 2013, N. 3RD ST, RM 331 (LEWIS-MAIN)  
253-966-6390

*Resiliency training for families, children, & couples; skill building groups, workshops and consultations.*

### **JBLM CHAPLAINCY**

4CMC: BLDG 9120 (LEWIS-MAIN)  
253-967-1723

*Individual & marriage counseling, deployment counseling, parenting, divorce & spiritual issues.*

### **MILITARY & FAMILY LIFE COUNSELORS**

THROUGHOUT JBLM  
253-293-2223

*Short term behavioral health for adults.*