

# EMPLOYEE ASSISTANCE PROGRAM (EAP)



**FY 2024**

Resources, training, and appointments for DA Civilians, Family members and Retirees

## EAP Civilian Training

**November 30, 1:30 – 3:30 p.m.**

**January 31, 9:30 – 11:30 a.m.**

**March 27, 1:30 – 3:30 p.m.**

**June 6, 9:30 – 11:30 a.m.**

**September 26, 1:30 – 3:30 p.m.**

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*Training about supportive services for employees to foster increased workplace efficiency and productivity.*



**Scan to register for training  
or visit: [jblmeap.timetap.com](https://jblmeap.timetap.com)**



**For additional information or to  
schedule an appointment call  
(253) 732-2214**



## EAP Supervisor Training

**November 30, 9 a.m. – 12 p.m.**

**January 31, 1 – 4 p.m.**

**March 27, 9 a.m. – 12 p.m.**

**June 6, 1 – 4 p.m.**

**September 26, 9 a.m. – 12 p.m.**

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*Designed specifically for civilian supervisors as a tool for working with standards related to drug-free workplace, and work-life balance issues.*

**All classes and trainings will be held at:  
Bldg. 2008B: N. 3rd Ave., Basement  
Room A-014 (JBLM Lewis-Main)**