



# Retirement Services Bulletin

Department of the Army  
U.S. Army Combined Arms Center and Ft. Leavenworth



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Prepared by the Adjutant General Division

October 2021



Greetings from Fort Leavenworth.

Out of an abundance of caution and concern for the safety, health, and welfare of all participants (retirees, staff members, volunteers, and vendors) that help plan and support this great event, we have decided to host a hybrid virtual Retiree Appreciation Day this year. Although we will not be able to offer the vendor presence from previous years, Munson Army Health Center will still offer a vaccination clinic for the flu shot that will take place from 0900 to 1300 at the Post Exchange. Activities will also be ongoing at the Post Exchange and Commissary for you to participate in during that time as well.

Supporting our military retiree community is one of our top priorities. You are a valued member of the Fort Leavenworth community and we want to ensure you have ongoing access to the resources that provide all the latest news and information that affects you and your families' lives. There are many resources available to you to keep you current on retiree news and benefits and we have listed a few of these below.

First and foremost, we have a Retirement Services Officer on our staff who is available Monday through Friday at (913) 684-5583/4497, [Fort Leavenworth Retiree Services Office](#).

There are also several websites that we recommend for retirees who prefer conducting their own research on the latest news and benefits:

Soldier for Life

Tricare

DFAS

Flu Shot -Retirees enrolled in VA health care can receive a flu shot at their [nearest VA health care facility](#) or local Walgreens.

Finally, our latest retiree newsletter is available to you on our website: Fort Leavenworth Retiree Newsletter.

Thank you for your service to our nation. We welcome you to this year's event and look forward to seeing you at our Retiree Appreciation Day next year.

D. Michael Whitecotton  
Deputy to the Garrison Commander

John G. Misenheimer Jr.  
Colonel  
Garrison Commander

Fabienne T. Jones  
Command Sergeant Major  
Garrison CSM

## **Retirement Service Officer Message**

Dear Retiree:

I want to thank you for the support that you have shown by attending the Ft Leavenworth Retiree Appreciation Day & Health Fair,

This year's event will be a hybrid virtual due to the current conditions and our concerns for the health and safety of all participants.

I take your health and welfare seriously and want to do everything possible to ensure that you remain safe and healthy.

I look forward to next year's event and hope that you will be able to join us for the 58<sup>th</sup> Retiree Appreciation Day & Health Fair on October 29, 2022.

Sincerely,

MICHELLE D. GRIER  
Retirement Service Office

## **A Note From the Retiree Council President**

Greetings to one and all in our Fort Leavenworth Retiree Community. My name is Norm Greczyn and I am the Co-Chairman of the Fort's Retiree Council. Many of you probably do not realize that there even is a Retiree Council at the Fort, but there is. Our two major responsibilities are to represent the Retirees to the Garrison Commander and his staff, and second to help the Fort's Adjutant General run our annual Retiree Appreciation Day. If you are interested in serving on the Council or you have an issue you would like to bring to the attention of the Council, we will have a table set-up at the Post Exchange on 29 October or you can contact me at 913-683-9958. Looking forward to seeing you at next year's Retiree Appreciation Day & Health Fair!

NORMAN GRECZYN  
COL(R)  
Co-Chairman , Retiree Council

## **GENERAL INFORMATION**

The Retirement Service Office is located in Building 193 on McClellan Ave. We offer a variety of information and assistance on retirement topics and benefits. We encourage you to make an appointment with us to discuss any issues or concerns regarding retirement. Because many inquiries can be resolved telephonically, we also encourage you to call prior to coming in at (913) 684-5583. During this pandemic we are open Monday thru Friday, 0800-1500. We are closed the first Wednesday of the month and all Federal Holidays.

## **IF YOU PLAN ON VISITING FORT LEAVENWORTH IN THE FUTURE HERE IS SOME INFORMATION**

### **Provost Marshal Information**

All persons that enter the installation must have a valid Military ID; Drivers must have a valid Driver's License, current registration, and insurance for the vehicle being driven.

If you **do not** have a current military ID, you will have to proceed to the Visitor Control Center (VCC) located at Sherman Ave entrance at 4<sup>th</sup> Street and Metropolitan Ave gate to receive a pass.

**Department of Defense vehicle decals have been discontinued**. Questions on post access can be obtain by the Visits Control cent (VCC) at 913-684-3600.

## **NEWSLETTER**

If you would like to receive the annual newsletter by email, please submit your email address to:  
[usarmy.leavenworth.imcom.mbx.retirements@mail.mil](mailto:usarmy.leavenworth.imcom.mbx.retirements@mail.mil). Your email will only be used to send the annual newsletter. Use "Newsletter" on the subject line and please put your name and mailing address in the email body so we are able to remove you from the mailing list. Future newsletters will also be available online at <https://garrison.leavenworth.army.mil> under Retirement Services

## **PLACES TO EAT ON POST**

Remember going to the Mess Hall, well Fort Leavenworth has a state of the art Dining Facility (DFAC). Stop by and have an enjoyable meal. Lunch meal is \$5.85. Located 400 Iowa Ave, behind the Post Exchange & next to the Bowling Alley.

**The Food Court** located at the PX will be open during the RAD.

**Strike Zone Snack Bar** located at the Bowling Alley opens at 3:00 pm on Saturdays.

## **Self-Guided Tours**

Scattered across the Garrison area are pedestals and displays, which are part of the Historical Fort Leavenworth Wayside Tour. These pedestals replay tapes describing the history of that particular part of the post and an artist's interpretation. Your tour begins at the Frontier Army Museum.

**The Buffalo Soldiers** played a significant role in the settlement of the American West and especially in the history of Fort Leavenworth. The post is home to the Nation's premier Buffalo Soldier Monument, which was

dedicated on July 25, 1992 by General Colin L. Powell, chairman of the Joint Chiefs of Staff, who was the first African-American to serve in that capacity.

Of note, the US Army's 10th Cavalry Regiment was formed at Fort Leavenworth in 1866, one of several African-American regiments recruited that year. Your tour begins at the Buffalo Soldier Monument, located at the corner of Grant and Stimson avenues.

**The Mormon Battalion** is the only U.S. Army unit named for its religion, according to author Sherman Fleeck. The Battalion was recruited by Captain James Allen from Fort Leavenworth in 1846 as directed by Pres. James K. Polk. The recruits began their 2000-mile march from Kanesville, Iowa Territory (now Council Bluffs) and were outfitted here. During their two-week stay (August 1-13, 1846) the unit prepared for one of the longest marches in US Army history and made significant contributions to the westward expansion of the United States. This tour offers insights about the Battalion's stay at Fort Leavenworth. Your tour begins at the Frontier Army Museum.

## **LODGING IN AND AROUND FORT LEAVENWORTH**

Make the weekend a get-away weekend. If you are planning to stay in the Fort Leavenworth area overnight consider staying at one of these:

**IHG Army Hotels** (913) 684-4091  
Ft Leavenworth, KS

**Fairfield Inn & Suites** (913) 758-9303  
Leavenworth, KS

**Holiday Inn Express Hotel** (913) 250-1000

**Home2 Suites by Hilton** (913) 651-8600

## Survivor Benefit Plan (SBP) beneficiary changes – death of former spouse

By **Patty Cruz**, *Army Survivor Benefit Plan Program Manager*

Were you paying for former spouse SBP coverage and your former spouse died? If so, did you know that you could

potentially change your SBP coverage from your former spouse to your current spouse?

If your former spouse died on or after Nov. 25, 2015 and you were married to a new spouse on the date of death, you have one year from the date of death of your former spouse to elect spouse coverage. If your former spouse died on or after Nov. 25, 2015 and you were not married on the date of death, you have one year from the date of marriage to the new spouse to elect spouse coverage.

If you are eligible for and want to elect spouse coverage you must do so in writing to the Defense Finance and Accounting Service (DFAS). Coverage is not automatic. You may not change the level of coverage and this election is irrevocable. Here's what you will need to submit to DFAS:

- Signed written request for spouse coverage
- Copy of your former spouse's death certificate
- Copy of your current marriage certificate

Contact your servicing [Retirement Services Officer \(RSO\)](#) with questions about eligibility.

## How to report the death of a Retired Soldier

Contact the Department of the Army Casualty and Mortuary Affairs Operations Division anytime by calling (800) 626-3317. You will be immediately referred to a local Casualty Assistance Center, who will report the death to the Defense Finance and Accounting Service to stop retired pay and initiate the survivor benefits process. If you reside overseas and the toll free number is not available, call your Retirement Services Officer listed on page 15 for assistance. When reporting the death, please provide as much of the information below as you have:

- Full name • Disability Rating • Copy of death certificate
- Social security number and/or service number • Circumstances surrounding the death • Retirement date

- Date and place of birth • Next of Kin (NOK) information • Retired rank

## Stay in uniform and mentor America's youth after retirement



**FORT KNOX, Ky.** — The mission of the U.S. Army Junior ROTC is “To Motivate Young People to be Better Citizens” by instilling the values of citizenship, service to the nation, personal responsibility and a sense of accomplishment. JROTC is a service to our nation in that it provides cadets the motivation and skills to improve physical fitness; think critically and creatively; communicate effectively; work as a team member; pursue meaningful careers especially in the areas of Science, Technology, Engineering and Mathematics (STEM); and become successful citizens.

As JROTC continues to modernize and adapt to the changing needs of America's communities and workforce, Army JROTC is developing a Cyber Pilot Program. The [Army JROTC Cyber Pilot Program](#) is an innovative, four-year, honors-level cyber program that is part of the Army's effort to infuse critical STEM curriculum in high schools across the country. The [Army JROTC Cyber Pilot Program](#) provides students with challenging, relevant experiences and prepares them to enter the cyber workforce, pursue a four year degree and/or enter military service.

For the Cyber Pilot, JROTC will leverage instructors with various backgrounds and experiences, especially individuals with a bachelor's degree in computer science, information systems, cybersecurity or other related fields. JROTC will execute the program in approximately 20 schools during the Academic Year 2022-2023. Additionally, JROTC plans to expand the Cyber Pilot program into more schools in the following years. These Army JROTC cyber instructors will uphold the JROTC vision of providing a quality

citizenship, character, and leadership development program, while fostering partnerships with communities and educational institutions.

Army JROTC is currently seeking instructors for the Cyber Pilot Programs. Preferred applicants will possess at least one of these following certifications (or obtain the certification within six months of becoming an instructor):

- DoD Approved 8570 Baseline Certification (Any IAT Level 1 certification or higher)
- CompTIA Linux+
- Microsoft Technology Associate (MTA) or similar
- Cisco Certified Technician or similar

When one becomes a U.S. Army JROTC instructor, one becomes part of a community. You have the opportunity to motivate young people to be better students, better leaders and better citizens. As a JROTC cyber instructor, you also have the opportunity to motivate these young people to serve in critical roles for our nation.

To learn more about becoming a U.S. Army JROTC instructor, please visit us on the web at <http://www.usarmyjrotc.com/jobs>. You may view instructor vacancies, estimate your [Minimum Instructor Pay \(MIP\)](#) and begin the application process. You may also call (800) 347-6641 with any questions.

## Are your mail and email addresses up to date?

The fastest and surest way for Retired Soldiers in receipt of retired pay to update address information with DFAS is to use myPay at <https://mypay.dfas.mil/mypay.aspx> or by calling (800) 321-1080.

Gray Area Retired Soldiers (in the Retired Reserve not receiving retired pay), should use the Human Resources Command (HRC) database at <https://www.hrcapps.army.mil/portal/> using their DS Logon or by calling (888)276-9472.

## Introducing the *The Survivor Link*



**SURVIVOR LINK**  
Strong★Resilient★Connected

Army Survivor Outreach Services (SOS) is the official Army program designed to provide long term support to surviving families of fallen Soldiers. The program supports Army National Guard, Army Reserve and active component families.

The *Survivor Link* is the Army Survivor Outreach Services (SOS) newsletter. This newsletter is published on a quarterly basis to provide information about benefits changes, program updates, opportunities to connect with other survivors and to stay linked to the Army. Army Survivors can subscribe to the *Survivor Link* at any time.

You can choose to have the *Survivor Link* delivered to your email address or as a text message to your cell phone. Subscribe at: <https://dcs9.army.mil/safr/sos/sos-form.html>.

## Have you done your retired pay account checkup?

**CLEVELAND** — It's important to regularly review and update your retired pay account. Keeping your account current will ensure that DFAS can get in touch with you if there is information you need to know about your retired pay and help make sure that outdated information doesn't cause difficulties for you or your loved ones down the road. Use this handy roadmap to perform a retired pay checkup at least once a year.

### 1. Is your mailing address current?

You might be surprised to learn DFAS gets a lot of returned mail. If you've moved and haven't told us, we won't know how to reach you. Let's keep the lines of communication



open! Log in to your myPay account and check your “Correspondence Address” under “Pay Changes” on the side menu as part of your annual account check-up:

<https://mypay.dfas.mil>

## **2. Do you have a current email address in myPay?**

Make sure you have an email address in myPay and that it is current. Email is the easiest and fastest way to communicate with you. If we have your email address, you will hear news faster.

Take a minute right now and check to make sure your email address is current. At the top of your myPay account menu, select “Personal Settings” and then in the side menu on the left, select “Email Address” to view the email address(es) you have on file with DFAS. Make sure you indicate the primary email address you want us to use, and check the box to indicate if the address is still valid. Delete any old email addresses you no longer use. While you are in myPay, add a mobile phone number (domestic numbers only) so you can receive key myPay account notifications via text.

## **3. Are your allotments correct?**

Review your allotments at least once a year. Look under “Pay Changes” for “Allotments” in the menu on the left side of your myPay account. Check each allotment and the allotment amounts. Make sure each allotment is current and the amount is correct.

Please keep in mind that some allotments cannot be changed using myPay. Some of the common allotments that cannot be changed using myPay include FEDVIP, TRICARE and SGLI. If you have a question about any allotments that you cannot change on myPay, please contact that company or organization directly.

## **4. Have there been changes in your family?**

If you get married, lose a spouse, or have a child, the change can affect your account. You may need to change your income tax withholdings or notify us to change your Survivor Benefit Plan information. If there have

been any changes in your family, please send DFAS a copy of the official documentation (marriage license, divorce decree, death certificate or birth certificate), as well as a request for how you want us to update your account. Always notify DFAS as soon as possible about a major life change. You can fax your documents to (800)469-6559 or mail them to DFAS, 8899 E 56th Street, Indianapolis, IN 46249-1200. Make sure your Social Security Number is clearly visible on each document so we can identify your account to update it.

## **5. Is your Arrears of Pay beneficiary correct?**

Who did you choose as a beneficiary for any arrears of retired pay that may be due when you pass away? Make sure your designation is current and confirm that your beneficiary's address is up to date. You can check this information by clicking on the “Beneficiary for Arrears” link under “Pay Changes” in the menu on the left side of your account in myPay. You can make changes to your designation and update address information through myPay.

## **6. Is your Survivor Benefit Plan (SBP) coverage and beneficiary(ies) correct?**

Your Retiree Account Statement (RAS), available in myPay, has a lot of information on it about your pay, deductions, taxes and SBP. The SBP section has five lines on it for members who participate in SBP. The most important for you to check: your type of coverage, and date of birth of your spouse beneficiary (if applicable). So, pick a date! It doesn't matter if it's your retirement anniversary date, your birthday, or the first of the year. Set a yearly reminder to look over your information to make sure your account is up to date.

## **Did you know that a CAO can assist your next of kin when you die?**

**By Mark E. Overberg, Director, Army Retirement Services**

Army regulations state that Casualty Assistance Centers (CACs) “will provide assistance to the next of kin of a Retired Soldier who dies. When contacted concerning a deceased Retired Soldier, the CAC will communicate with the next of kin to determine the extent of assistance needed. When Families of deceased Retired Soldiers request assistance, CACs will assign a Casualty Assistance Officer.” To find the closest CAC, visit <https://www.hrc.army.mil/content/Casualty%20Assistance%20Centers%20Locator>.

## Munson Notes



### Munson Army Health Center

Munson Website:

<https://munson.tricare.mil>

Munson Facebook Page: Open your camera on your phone and hover over the QR code.



**Note that the Flu Vaccine Schedule is not out yet, but will be announced on our Website, LAMP, and our Facebook page. Stay Plugged In!**

### TRICARE OPEN SEASON

**Open Season is Coming: Take the Time to Prepare Now**

The annual period when TRICARE beneficiaries can enroll in or change health plans for the next year, is right around the corner. Take the time now to learn about your eligibility, fees, as well as health, dental, and vision plan options. Here are a few frequently asked questions and answers about open season so you'll be ready.

To learn more, read the article

[[https://tricare.mil/CoveredServices/BenefitUpdates/Archives/06\\_22\\_2020\\_Changes\\_Coming\\_Some\\_TRICARE\\_Select\\_Retired\\_Beneficiaries](https://tricare.mil/CoveredServices/BenefitUpdates/Archives/06_22_2020_Changes_Coming_Some_TRICARE_Select_Retired_Beneficiaries)]

To keep up with TRICARE and COVID-19 updates, sign up for email alerts

[<https://www.tricare.mil/subscriptions>].

# Important Information

## COVID-19 VACCINES

\*Edited as of Sept. 20, 2021\*\*

\*COVID-19 Vaccines Every Thursday! This includes the additional dose vaccine for immunocompromised people. This does NOT include a booster dose for people that have already received both doses.\* COVID-19 continues to spread in the United States and variants are circulating. Take steps to protect yourself from the virus.

Get a COVID-19 vaccine when it is available to you. See graphic below!

Wear a mask that covers your nose and mouth to help protect yourself and others.


Stay 6 feet apart from others who don't live with you.

Avoid crowds and poorly ventilated indoor spaces.

Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available.


**WE ARE DISTRIBUTING THE MODERNA VACCINE 18+ THURSDAYS, 8-11 A.M. AT THE FRONTIER CONFERENCE CENTER. THIS IS A FIRST AND SECOND DOSE EVENT. WALK-IN ONLY. PLEASE BRING ID.**

**WE ARE DISTRIBUTING THE PFIZER VACCINE TO AGES 12+ THURSDAYS, 12-3P.M. AT THE FRONTIER CONFERENCE CENTER. THIS IS FIRST AND SECOND DOSE EVENT. WALK-IN ONLY. PLEASE BRING ID**




## See changes to our operating hours for October.





**MAHC**  
Change in  
Operating Hours  
and services!  
Mark your  
calendar!


Munson will be open Friday, October 8, with minimal staffing from 12 p.m. through the rest of the day.  
Remember that Monday, October 11, 2021, Munson is Closed due to the Federal Holiday! This includes our Pharmacy!



**We are Closed**  
Monday, 11  
October 2021  
This includes the  
Drive-Thru Pharmacy.  
Happy Columbus Day!

**Munson is Closed**  
for the  
Columbus Day  
Federal Holiday!

**MASKS are Required when picking-up medications in our Drive-Thru.**



**Why do I have to wear a mask in my car?**

We require a mask to be worn when picking up medications in our Drive-Thru. The proximity between our staff and patients is less than 3 feet away. This is for safety and prevention from COVID-19 and the seasonal flu.

We appreciate cooperation and kindness to our staff members while they are assisting you!

## Thank you for your cooperation

Reminder that when there is inclement weather, please call our pharmacy or our information desk if it is heavy rain, thunderstorms, or tornado to make sure the drive-thru is operational. We must shut it down for safety reasons if there is hazardous weather. Information desk 913-684-6000.



#### Inclement Weather Message for Drive-Thru Pharmacy

Your safety and that of our pharmacy staff safety are top priorities. As such, our drive-thru pharmacy service may be temporarily suspended during heavy rain, thunderstorms, and tornado events. We will resume drive-thru services after the weather danger has safely passed. Please monitor the weather and try to time your drive-thru visits when forecasts are favorable.

Your patience and kindness are very much appreciated.

Munson Army Health Center  
Constant, Dedicated Care



#### COVID-19 Family Guidance

**\*If one family member in a household tests positive or is being tested for COVID-19, our recommendation is that everyone stays home until the COVID test comes back negative!**

**\*This includes all family members that are asymptomatic.**

If you are fully vaccinated, the recommendation is to monitor yourself for 14 days and wear a mask around others, due to the high break through cases from the Delta variant.

**Remember that Munson Army Health Center does not provide walk-in COVID-19 testing. If you are a TRICARE beneficiary, call our appointment line at 913-684-6250 7 a.m.-4 p.m. M-F for initial screening or the Nurse Advice Line after hours at 1-800-874-2273 option 1. The Nurse Advice line is a 24/7 service. The Nurse Advice Line is not for emergencies and Munson does not have an emergency room. For emergencies call 911 or go to the nearest emergency room.**

#### New Prescriptions:

Mandatory Call or Message ahead: (913) 684-6059 or use the new Q-Anywhere system. For more information go to: <https://munson.tricare.mil/Health-Services/Pharmacy>


Starting Jan. 1, 2021:

#### TRICARE Select Group A Retirees

will have to pay a monthly enrollment fee



You're in Group A if you or your sponsor's initial enlistment or appointment occurred before Jan. 1, 2018.

 For an individual plan, you'll pay **\$12.50 per month**

 For a family plan, you'll pay **\$25.00 per month**

If you want to keep your TRICARE Select coverage for you and your family, you **must** take action.

Later this summer, you'll need to set up a monthly enrollment fee payment. You'll do this through your regional contractor.

If you don't act, **you'll be disenrolled from TRICARE Select.** You'll only be able to get care from a military hospital or clinic, if space is available.

Learn more at [www.tricare.mil/SelectEnrollmentFees](http://www.tricare.mil/SelectEnrollmentFees)

## TRICARE and federal benefits open season (from Army Echo)

**WASHINGTON** — Open Season is the annual period where you can enroll in, or make changes to, your healthcare plan for 2022. **TRICARE Open Season begins Nov. 8 and ends Dec. 13.** Any enrollment changes you make will go into effect on Jan. 1, 2022. Open Season applies to anyone enrolled in or eligible for a TRICARE Prime option or TRICARE Select.

### Don't Forget!

If you're enrolled in a TRICARE health plan, you can enroll in a vision plan from the Federal Employee Dental and Vision Insurance Program (FEDVIP). You can enroll in FEDVIP dental plan for dental insurance if you are eligible for a TRICARE health plan. FEDVIP offers many dental and vision plans with a wide range of benefits.

To learn more, visit: [TRICARE.mil/openseason](https://www.tricare.mil/openseason).

## TRICARE pharmacy updates

### Alert: Annual deductibles may apply to pharmacy

Depending on your TRICARE plan and whether you're in Group A or B, you may have to meet your annual deductible before copayments or cost-shares apply for certain pharmacy types. To see if this applies to you, visit the TRICARE Compare Cost Tool at [www.tricare.mil/comparecosts](https://www.tricare.mil/comparecosts). Enter your plan, sponsor status, and select whether you're in Group A or B and then refer to the deductibles section in the chart.

### Find out if your prescription is covered with the TRICARE formulary search tool

How do you know if the prescription your doctor wrote for you is something that TRICARE covers? You can find out by looking it up on the TRICARE Formulary Search Tool at <https://www.express-scripts.com/frontend/open-enrollment/tricare/fst>. When you're ready to get started, visit the search tool and type in the brand or generic name and strength of the drug you need. Next, choose the age and gender of the person the prescription is for and click "Search." This will allow you to see:

- Coverage results and coverage rules, such as pre-authorization or other limitations
- Information about the drug and where it can be filled
- Other drug options
- Your copayment (if applicable)

### Prescription home delivery with other health Insurance

If you have other health insurance and Express Scripts manages the prescription benefit, you can use home delivery through Express Scripts Pharmacy®. Your prescription benefits are automatically coordinated using both your primary insurance and TRICARE as your secondary insurance. For more information on coordinating your pharmacy benefits, visit [www.tricare.mil/CoveredServices/Pharmacy/Claims/OHI](https://www.tricare.mil/CoveredServices/Pharmacy/Claims/OHI). Please note that home delivery is not available in Germany.

## COVID-19 Vaccine Availability

COVID-19 vaccines are available to all U.S. citizens and residents. There are three approved vaccines; Johnson & Johnson/Janssen, Pfizer-BioNTech-Comirnaty, and Moderna. All three vaccines are safe and effective against COVID-19 and its variants.

The Food and Drug Administration (FDA) has fully authorized the Pfizer vaccine for individuals age 16 and older.

- The Pfizer vaccine is offered through an FDA [Emergency Use Authorization](#) (EUA) for children ages 12 -16
- The Johnson & Johnson and Moderna vaccines are offered through an FDA EUA for individuals age 18 and older.

## Local COVID-19 Guidance, Testing & Vaccines

Munson Army Health Center does not have walk-in COVID-19 testing. If you are ill and need immediate care, call 911 or go to the nearest emergency room. If you feel you need to be tested for COVID-19, call our appointment line. The appointment clerk will then ask a series of questions for communication with the COVID Team. The COVID Team or Public Health nurse will call you back with instructions for testing if deemed necessary.



**COVID-19 Testing  
Protocols  
MAHC**  
Must call the  
appointment  
line at  
(913) 684-6250

Due to CDC guidelines,  
MAHC will test beneficiaries  
that have the following  
need for COVID-19  
testing.

\*\*\*\*\*

Close Contacts of symptomatic  
COVID patients

Military Personnel  
traveling TDY

Leisure travel for  
military and civilian  
beneficiaries

College students returning  
to school or students  
needing test to go to camp

Medical Staff who are close  
contacts, but who are not  
beneficiaries

## First, Second, and Third Vaccine Location, Day, and Times


If you have received your first dose of Moderna or Pfizer vaccines and you are affiliated with Fort Leavenworth, then you are welcome to get your second dose with us. We are vaccinating all Fort Leavenworth personnel, spouses, family member over the age of 18, retirees, and Fort Leavenworth school teachers. For more information on when you can receive your second vaccination for Moderna go to the website: <https://www.cdc.gov/vaccines/covid-19/clinical-considerations>. You may get your second dose 4 days early or up to 6 weeks after your first dose.

The Modern COVID-19 vaccine is FDA approved for 18+ and older. The Pfizer vaccine has been FDA approved for ages 12 and up. For day and times, see graphic below or follow us on Facebook. The graphic is pinned to the top of our Facebook page.

If you would like to ask a question through our website, <https://munson.tricare.mil> go to [CONTACT US](#) page. We will answer your questions M-F 8 a.m.-4 p.m.

**ADDITIONAL  
DOSE  
COVID  
VACCINES  
STARTING  
19 AUGUST  
2021**

**THIS IS  
NOT FOR  
EVERYONE  
AT THIS  
TIME!**



**WHO NEEDS AN ADDITIONAL  
COVID-19 VACCINE?**

\*CURRENTLY, CDC IS RECOMMENDING THAT MODERATELY TO SEVERELY IMMUNOCOMPROMISED PEOPLE RECEIVE AN ADDITIONAL DOSE. STARTING 19 AUGUST 2021, WE WILL BE OFFERING THE ADDITIONAL COVID-19 DOSE GIVEN TO PEOPLE WHO ARE IMMUNOCOMPROMISED. THE LISTING OF DISEASES ARE ON THE CDC WEBSITE. HERE IS THE INFORMATION THAT OUR COMMUNITY NEEDS TO KNOW.

1. MUST BRING YOUR VACCINE CARD OR RECORD IF YOU ARE NOT A TRICARE BENEFICIARY.
2. YOU MUST BE 28 DAY POST COMPLETION OF THE SECOND VACCINE.
3. WE WILL NOT MIX DOSES OF VACCINES.
4. ALL ADDITIONAL DOSES ARE GIVEN AT THE FRONTIER CONFERENCE CENTER 350 BIDDLE BLVD. FORT LEAVENWORTH ON THURSDAYS. MODERNA FROM 8-11 A.M. AND PFIZER FROM 12-3 P.M.

PEOPLE SHOULD TALK TO THEIR HEALTHCARE PROVIDER ABOUT THEIR MEDICAL CONDITION, AND WHETHER GETTING AN ADDITIONAL DOSE IS APPROPRIATE FOR THEM.

\*FOR LISTING OF DISEASES AND MEDICATIONS THAT ARE CONSIDERED IMMUNE COMPROMISING, GO TO THE CDC WEBSITE.

The Pfizer and Moderna COVID-19 vaccine is safe and effective and authorized by the FDA and CDC based on clinical testing. The vaccine is voluntary, but medical experts and doctors recommend the vaccine for community immunity. The Moderna COVID-19 vaccine requires two shots 28 days apart and the Pfizer Vaccine is available for ages 12+ and requires a second shot 21 days after the initial shot. The COVID-19 Vaccinations cannot be mixed with another brand.

## COVID-19 Vaccine Safety

The Food and Drug Administration (FDA) under Emergency Use Authorized the use of a COVID-19 vaccine after careful and rigorous testing and trials. DoD has full confidence in the safety, and efficacy of vaccine(s) and transparency in the latest vaccine(s) information.



# COVID-19 BENEFICIARY TELEMEDICINE FAQs

## Does TRICARE cover COVID-19 testing?

Beneficiaries suspected to have COVID-19 should be tested following [CDC guidelines](#), as TRICARE covers medically necessary and appropriate testing.

## What coverage is available for telemedicine?

TRICARE covers the use of interactive audio-visual technology to provide clinical consultations and office visits when appropriate and medically necessary. These services are subject to the same authorization requirements and include, but are not limited to:

- Clinical consultation
  - Office visits
  - Speech Therapy (ST), Occupational Therapy (OT) and Physical Therapy (PT) can now be provided via telemedicine. ST is approved for new and continuity of care. PT and OT are approved for continuity of care only. The care must meet [TRICARE requirements](#). Please follow our website for updated guidance.
  - Telemental health (individual psychotherapy, psychiatric diagnostic interview examination and medication management)
  - Audio-only visits are covered by TRICARE
- Please note: Effective August 1, 2021 TRICARE has lifted the temporary ABA provisions that allowed unlimited telemedicine for ABA parent or caregiver guidance services. Additional services now require prior approval

## Who is eligible to receive telemedicine services?

All TRICARE-eligible beneficiaries (Active Duty Service Members (ADSM), Active Duty Family Members (ADFM), retirees and their family members enrolled in Prime or Select), with the exception of TRICARE for Life (TFL) are eligible to receive telemedicine services.

## Will there be copays or cost-shares?

During this stateside public health emergency, telemedicine copays and cost-shares are waived when services are rendered at a military hospital or clinic or by a TRICARE network provider.

## Do I need a referral?

Only ADSM will require a referral.

## Do I need to be an existing patient for a provider to conduct a telemedicine visit?

There is no stipulation in TRICARE policy that indicates services are for existing patients only. The exception would be for telemedicine PT and OT as it is only covered for continuity of care.

Since OT/ST/PT were opened up temporarily for telemedicine, will we be notified when there is no longer an exemption?

Updated information will be posted to [TRICARE.mil](#)

## My provider wants to change my appointment from an in-person appointment to a telemedicine appointment. Is this covered?

Telemedicine visits are covered the same as regular office visits as long as your provider meets TRICARE policy requirements surrounding the delivery of telemedicine. Please note: Effective **August 1, 2021** TRICARE has lifted the temporary ABA provisions that allowed unlimited telemedicine for ABA parent or caregiver guidance services. Additional services now require prior approval.

## Can a current referral for specialty care be used for telemedicine?

As long as the provider meets the following criteria: Video conferencing platforms used for telemedicine services must have the appropriate verification, confidentiality and security parameters necessary to meet the requirements of the Health Insurance Portability and Accountability Act (HIPAA). existing referrals will be honored.

## Will telephone consults be paid temporarily during COVID-19?

Yes. TRICARE now covers audio-only telemedicine services. This allows you to continue care with providers who may not usually use telemedicine.

## Is telemedicine for behavioral health only?

No, any provider can provide telemedicine. Please note:

**Effective August 1, 2021** TRICARE has lifted the temporary ABA provisions that allowed unlimited telemedicine for ABA parent or caregiver guidance services. Additional services now require prior approval.

## How will I know if my provider offers telemedicine?

You will want to speak with your provider directly to confirm their telemedicine capabilities.

## Is my home considered an originating site?

Yes

## How can I find a provider who offers telemedicine?

Humana Military's [Find Care tool](#) flags in-network providers with a green "Telemedicine" indicator.



### What is Doctor On Demand?

Doctor On Demand providers are a group of licensed physicians practicing within a group of independently-owned professional practices. They offer urgent care and behavioral health services (excluding tele-psychiatry). Doctor On Demand is a pilot program, not currently available to Active Duty Service Members (ADSM).

### What is Telemynd?

Telemynd, through its wholly-owned subsidiary Arcadian Telepsychiatry, improves access to care with a national network of psychiatric providers and clinicians through a cloud-based system designed to deliver telemedicine. Telemynd is only available in certain states at this time, but more are currently being added. Please contact Telemynd at [Telemynd.com/HumanaMilitary](https://Telemynd.com/HumanaMilitary) or (866) 991-2103 for more information about your state.

### Can ABA services be provided via telemedicine?

TRICARE is taking steps to support family members in the Autism Care Demonstration (ACD). As of August 1, 2021 Beneficiaries with current authorizations for parent training can no longer receive unlimited telemedicine visits. Additional telemedicine visits for parent training will require prior approval. **Beneficiaries who enter the ACD after August 1, 2021 cannot receive parent training via telemedicine until after the first six months of the authorization period.**

### Are Applied Behavior Analysis (ABA) services covered?

No, effective **August 1, 2021** TRICARE has lifted the temporary ABA provisions that allowed unlimited telemedicine for ABA parent or caregiver guidance services. Additional services now require prior approval. **This temporary change was effective March 31, 2020 through July 31, 2021.**

### An important note about TRICARE program information

At the time of publication, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. Military hospital and clinic guidelines and policies may be different than those outlined in this publication. For the most recent information, contact your TRICARE regional contractor or local military hospital or clinic.