

THURSDAY
DECEMBER 4, 2025



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

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MAHC outlines winter safety

by Christina Yager/Munson Army Health Center Public Affairs Officer

Winter weather has arrived in the region, and Munson Army Health Center remains committed to protecting the health and safety of patients, staff and the community.

During inclement weather, MAHC leaders and operations personnel closely monitor conditions on and off post, local weather advisories and installation operations guidance.

“Snow, ice and severe cold can create hazardous travel conditions and impact clinic operations,” said Lt. Col. Scott Reynoldson, deputy commander for Administration at MAHC. “Our goal is to maintain essential patient services



Photo by Christina Yager/Munson Army Health Center Public Affairs

Sgt. 1st Class Marcus Harbin, Munson Army Health Center operations NCOIC, helps clear snow and ice from a sidewalk outside the facility during a winter storm Dec. 1. MAHC and other post offices closed early Monday as the snow kept falling causing icy conditions, and school was cancelled Tuesday.

SEE **WINTER SAFETY A3**

Zais Park to light up Dec. 5 for holiday season

by Prudence Siebert/Editor

Fort Leavenworth will open the holiday season with the annual lighting event starting at 4 p.m. Dec. 5 at Zais Park.

“The event is an annual tradition on Fort Leavenworth that we use to kick off the holiday season. It’s a chance for the community to come together and ring in the holiday season with music, friends and lights,” said Zach Stephens, Family and Morale, Welfare and Recreation special events coordinator. “A deployed service member’s family helping to turn on the lights has long been a tradition at the event as well, and we always engrave their names on a metal plate and add it to the switch, joining the names of all our other families that have helped in past years.”

This year, the Akey family will join Combined Arms Command and Fort Leavenworth Commanding General Lt. Gen. James P. Isenhower III to flip the switch to light up the Zais Park gazebo and Memorial Chapel.

Kimberly McMenamin said she enjoyed attending the lighting ceremony last year with her husband, Maj. Marc McMenamin, and their twin toddlers, James and Tyler.

“My twin boys loved the hot chocolate and cookies and Santa, but what they loved most was seeing the horse and carriage rides that were pure magic,” she said. “I loved seeing my boys’ eyes light up when the tree was lit. This event is perfect for a family or anyone looking to get into the holiday spirit.”

Stephens said the event will be much like it has been in previous years, with the exception of the carriage rides, which were cancelled due to current regional precautions to limit travel and gatherings of horses to keep them safe from a recent equine herpesvirus outbreak. Other area holiday equine activities have also been affected by the precautions, including the cancelling of the annual Old-Fashioned Christmas Parade in Lawrence, Kansas, that



Fort Leavenworth Lamp file photo of the Zais Park gazebo by Tisha Swart-Entwistle

was scheduled for Dec. 6.

In addition to the ceremonial lighting this Friday, Stephens said the event will feature musical performances from local school choirs and members of the 312th Army Band, a sampling from the Curtain Call musical “Frozen Jr.,” and a visit from Santa and Mrs. Claus.

“We’ll also have various supporting organizations giving out some small snacks,” Stephens said. “I would always encourage people to dress warm and festive.”

In addition to the sneak peek by Curtain Call cast members at the lighting, “Frozen Jr.” will be performed at 2 p.m. and 7 p.m. Dec. 6 at the Post Theater. Performances are free to attend.

The 312th Army Band is also offering a free holiday concert at 7 p.m. Dec. 12 at the Lewis and Clark Center.

Retirees honored

by Directorate of Plans, Training, Mobilization and Security

Eight officers, two chief warrant officers and two senior noncommissioned officers will be recognized for their service to the nation during the post retirement ceremony at 9 a.m. Dec. 11 at the Frontier Conference Center.

Retiring are: Lt. Col. Christopher Hamman, Mission Command Training Program; Lt. Col. Jeremy Pankratz, MCTP; Lt. Col. Andrew Wilson, Army University; Lt. Col. Matthew Maxwell, MCTP; Maj. Joel Sabella, MCTP; Maj. Ryan Rothchild, Combined Arms Command – Training; Maj. Michael Binns, MCTP; Maj. Michael Schoenbeck, MCTP; Chief Warrant Officer 4 Gabriel Perezcaban, MCTP; Chief Warrant Officer 3 Kyle Brouillette, MCTP; Command Sgt. Maj. Joshua Kreitzer, MCTP; and Staff Sgt. Sonny Cooper, Combined Arms Command.



During the government shutdown, two officers and two senior noncommissioned officers were recognized for their service to the nation during the post retirement ceremony at Oct. 23 at the Frontier Conference Center.

Retiring in October were: Lt. Col. Michael Coeper, Army University; Capt. Trevor Plummer, Mission Command Training Program; Sgt. 1st Class Aaron Browning, 209th Regional Support Group; and Sgt. 1st Class Timothy Gilley, MCTP.

Mental wellness seminar offered tonight in Lansing

by Staff Report

A mental wellness seminar is being offered from 6-8 p.m. Dec. 4 (tonight) at the Lansing Middle School auditorium, 220 Lion Lane in Lansing, Kansas.

The seminar is presented by the Veterans Affairs Eastern Kansas Health Care System, the Leavenworth Guidance Center and Lions, Kiwanis and Rotary clubs.

Key topics include a whole health discussion, reducing suicide risk, suicide prevention and crisis resources.

Presenters from the VA Eastern Kansas Health Care System include Dr. Christina Menager, suicide prevention program manager; Dr. Jessica Modrell, Whole Health program coordinator; and Brian Stephens, chief communications officer. Rachel Wolfe, clinical training director for the Guidance Center, will also present during the seminar.

Attendees are encouraged to bring a non-perishable food item for local food pantries.

AT A GLANCE

■ The SKIES Curtain Call free **PERFORMANCES OF FROZEN JR.** are at 2 p.m. and 7 p.m. Dec. 6 at the Post Theater. Call 913-684-3207 for more information.

■ **HOUNDS FOR THE HOLIDAYS** is noon to 4 p.m. Dec. 7 at the Fort Leavenworth Hunt Kennels, 625 McPherson Ave. Tour the kennels, meet the pack and learn about foxhunting traditions.

■ Trees for Troops is offering **FREE CHRISTMAS TREES** for military families, first come, first served, while supplies last, from 11 a.m. to 4 p.m. Dec. 8 at Merritt Lake. Limit one tree per family. DoD ID card required.

■ The traditional **GERMAN CHRISTMAS SERVICE** is at 5:30 p.m., with a **CHRISTKINDLMARKET**

opening at 6 p.m., Dec. 10 at Memorial Chapel.

■ Fort Leavenworth Thrift Shop **COMMUNITY ASSISTANCE GRANT APPLICATIONS** are now available from 9:30 a.m. to 2:30 p.m. Tuesdays, Wednesdays and Thursdays at 1025 Sheridan Drive. Applications are due by Feb. 24, 2026, and funds will be available in April. Call 913-651-6768 for more information.



“The Death of General Montgomery in the Attack on Quebec, December 31, 1775” by John Trumbull in 1786, Yale University Art Gallery, New Haven, Connecticut. Visit <https://artgallery.yale.edu/collections/objects/57> for more information about the painting.

Roadmap to Revolution Part 4:

1775 – The War for Canada

by Walter Napier/Combined Arms
Command Deputy Command Historian

Editor’s note: This is the fourth article in a series about major events of the American War for Independence as part of the celebration of the United States’ Semiquincentennial, which occurs in 2026, and this year’s 250th anniversary of the U.S. Army.

After the dramatic Battle of Bunker Hill, the primary theater of the war around Boston settled into an extended siege. Newly appointed Commander and Chief George Washington collected the forces in New England and sustained pressure on the British forces hunkering down within the city. The Americans attempted to maintain pressure, while the British devised a new game plan and awaited reinforcements.

Meanwhile in Philadelphia, the Second Continental Congress established themselves as the governmental body of the united colonies in revolt. On July 6, 1775, the Congress ratified “The Declaration of the Causes and Necessity of Taking Up Arms,” written by Thomas Jefferson, and revised by John Dickinson, stating the American case for their actions. They questioned the legality of Parliament’s power over the colonies and listed a number of British government offenses toward them. Stated grievances included: installing a hostile government in Canada, altering former governmental charters, quartering soldiers within the homes of colonials, and extraditing Americans for trial.

U.S. ARMY’S 250th ANNIVERSARY

From the American perspective, the decade since the French and Indian War had been spent trying to smooth relations between Parliament and the colonies, yet the crown had responded with armed enforcement. Instead of continuing discussions, the British devised a punitive campaign to isolate Massachusetts and divide the colonies. The Americans further complained that the British government in Canada had been organizing Native American populations to bolster their combat power. The 1775 declaration states that the only options left to the Americans are to resist by force or submit to tyranny. Importantly, at this stage, Congress did not view this as an attempt to declare independence. This was a temporary act of resistance designed to end when the British recognized colonial rights.

A few other notable events occurred in the latter stages of 1775. At the end of August, Rhode Island sent delegates requesting a fleet be established for the protection of the American Colonies. British power projection revolved around their outstanding naval capacity and posed a major threat to any American military campaign. On Oct. 13, 1775, Congress established a committee to create a Continental Navy to protect American trade and disrupt

British supply ships. The date is still celebrated as the birthdate of the U.S. Navy. Connecticut and Rhode Island were instructed to immediately arm merchant vessels, and two ships were armed and sent to Washington for his use. On Nov. 10, Congress also established the Continental Marines to serve as the Navy’s amphibious force, a date which is still celebrated as the Marine Corps birthday.

In June, Congress also sanctioned an armed campaign into Canada. A successful campaign into Canada would reduce British power on the continent, and potentially add a fourteenth colony to the resistance movement. The operation got off to a poor start, however, as Richard Montgomery faced a myriad of logistical and command challenges. The first goal of the expedition was to take Fort St. Jean, the key to Montreal. After months of struggles, Montgomery successfully took the fort in November. Montreal surrendered to the Continentals soon after on Nov. 13, 1775.

Montgomery’s next target was the city of Quebec. In December, a combined force of Montgomery and Col. Benedict Arnold’s men linked up for the attack. Arnold had become an American hero after his actions at Fort Ticonderoga and lobbied for the campaign against Quebec. After

Montgomery departed, Arnold had led a secondary expedition into Canada. Arnold’s march faced its own struggles, however, and by the time he linked up with Montgomery, his 1,100-man force had dwindled to roughly half its original strength.

Arriving at Quebec, Montgomery ordered the garrison to surrender. When they refused, the Continental force began shelling the city on Dec. 9. The shelling proved fruitless, so Montgomery devised an assault using poor weather to mask the colonial troop deployment. While Montgomery awaited opportune weather, he grew concerned about the impending end to many of his men’s enlistment contracts. If the Americans did not attack before Jan. 1, many of the soldiers would be free to head home. Early on the morning of Dec. 31, Montgomery assaulted the city. An American deserter had warned the British about the attack, however, and Montgomery was killed shortly after the opening of hostilities. Arnold attempted to attack a different section of the city, but his forces also faced fierce resistance. Arnold suffered a severe leg injury in the attack and had to be removed from the battlefield.

Leadership of the Arnold attack fell to Capt. Daniel Morgan. Morgan and his troops made a valiant fight, especially considering that the weather rendered many of their firearms unusable. After fighting his way through the first barricade, Morgan and his men were eventually surrounded and forced to surrender. The Americans suffered 60 killed, in-

cluding Montgomery, and more than 400 men (nearly half the American force) were captured. Meanwhile, the injured Arnold made his way back to the main line and ordered the hasty construction of entrenchments in case the British counterattacked.

The American effort in Canada was largely at an end. No further offensive action was attempted by the American forces. In May 1776, the Americans retreated from Canada, when General John Burgoyne arrived with 4,000 British reinforcements. Arnold was the last American to leave Canada, and after the northern disaster all American attempts to capture Canada ceased. It had been a tough winter for the American cause. Yet as the calendar turned to 1776, the American spirit remained unconquered. In fact, as the struggle continued, the Americans leaned toward a complete break with Great Britain. Independence was on the horizon.

Further Reading:

The Declaration of Causes and Necessity for Taking Up Arms, July 6, 1775. (National Archives, Jefferson Papers, online).

Resolution Establishing the U.S. Navy, Journal of the Continental Congress, Oct. 13, 1775. (Quick reference on Naval History and Heritage Command website).

Resolution Establishing the Continental Marines, Journal of the Continental Congress, Nov. 10, 1775. (Quick reference on the Marine Corps University website).

A Guide to the Battle of the American Revolution, by Theodore P. Savas and J. David Dameron.

FORT LEAVENWORTH LAMP

PUBLISHED FOR THE COMMUNITY OF FORT LEAVENWORTH, KANSAS

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DAR scholarship applications due Jan. 31

\$25,000 scholarships for 10 students studying American history will be given in 2026 to mark America’s 250th anniversary

by National Society Daughters of the American Revolution Press Release

WASHINGTON – Undergraduate and graduate students studying American history can apply for a \$25,000 scholarship from the National Society Daughters of the American Revolution (DAR) through Jan. 31, 2026.

The DAR America 250! Scholarship will provide a one-time \$25,000 award to 10 students in 2026 and is offered to mark the 250th anniversary of the signing of the Declaration of Independence.

“We are so thrilled to expand the America 250! Scholarship in its final year of being awarded in order to be able to offer 10

\$25,000 scholarships to students,” said Ginnie Sebastian Storage, DAR president general. “We see no better way to celebrate America’s 250th anniversary than with these transformative and life-changing scholarships investing in the development of the next generation of American historians who will study our past and help us understand new aspects of the great American story.”

The DAR gives more than 30 scholarships annually awarding close to \$250,000 a year to students across the country, but the organization has never provided a singular scholarship of this size. The significant amount of the America 250! Scholarship,

and that it will be awarded to 10 separate students, is a testament of the importance of American history education that DAR places emphasis on and in honor of the special celebrations taking place throughout 2026 in honor of the 250th anniversary of the nation.

Applicants should apply through the DAR online scholarship portal, DAR Academic Works, at <https://dar.academic-works.com/>

Students currently majoring in American history in an accredited university or college undergraduate or graduate program in the year 2026 are eligible to apply. Recipients must be U.S. citizens, prove a minimum 3.5 GPA on a 4.0 scale or equivalent, and prepare a one-page online essay either on the founding of our nation or on the applicant’s personal volunteer achievements for community and country.

Students are urged to apply well ahead of the Jan. 31, 2026 deadline, as the schol-

arship application requires transcripts and letters of recommendation that must be submitted by others. Applicants will find that the scholarship portal will offer other DAR scholarships they might qualify for as well. Questions can be addressed to america250scholarship@nsdar.org.

Applications should be submitted at <https://dar.academicworks.com/>.

About the National Society of the Daughters of the American Revolution

One of the largest patriotic women’s service organizations in the world, DAR has 190,000 members in approximately 3,000 chapters across the country and several foreign countries. DAR members promote historic preservation, education and patriotism via commemorative events, scholarships and educational initiatives, citizenship programs, service to veterans, meaningful community service and more. For additional information about DAR and its relevant mission, visit www.dar.org.

Winter safety (continued from Page A1)

whenever it is safe to do so. If conditions require delayed opening, modified staffing or clinic closure, announcements for patients will be made as early as possible.”

Preparing ahead helps ensure patients can safely access care and stay informed.

Patients with scheduled appointments affected by weather-related closures will typically be contacted by staff to reschedule when time and technology permits, but general announcements will also be shared over official command sources including:

- MAHC website at <https://munson.tricare.mil>
- Secure message through the MHS GENESIS Patient Portal
- MAHC Facebook page at <https://www.facebook.com/munsonhealth>

During inclement weather, Reynoldson recommends checking official sources before traveling to the health center for appointments or walk-in services like pharmacy, medical records and immunizations.

“Winter weather impacts everyone differently, and preparedness protects more than just us — it protects fellow drivers, patients and staff trying to provide care. Staying informed and making safe decisions keeps our entire community resilient throughout the season,” Reynoldson said. “Do not risk driving in unsafe conditions. Your appointment can always be rescheduled.”

Patients can contact MAHC’s Call Center weekdays from 7:15 a.m. to 3:45 p.m. at 913-684-6250 or use the MHS GENESIS Patient Portal 24/7 at <https://patientportal.mhsgenesis.health.mil> to cancel or reschedule an appointment.

When driving in winter conditions, take a few simple steps to remain safe:

- Limit travel during snow or ice when roads may be slick or visibility is low.
- Dress in layers and protect exposed skin from frost-bite.
- Keep vehicles winter ready with full fuel, proper tires, blankets and emergency supplies in case you become



WINTER DRIVING- PREP

Prepare Your Car to Give Winter Mishaps the Cold Shoulder

- Test your battery.
- Check the engine cooling system.
- Have winter tires with a deeper, more flexible tread put on your car.
- If using all-season tires, check the tread and replace if less than 2/32 of an inch.
- Check the tire pressure – tire pressure drops as the temperature drops.
- Check your wiper blades.
- Add wiper fluid rated for -30 degrees.
- Keep your gas tank at least half full to avoid the gas line freezing up.

KEEP YOUR CAR'S EMERGENCY PREPAREDNESS KIT FULLY STOCKED, TOO!

WINTER SAFETY:
BE AWARE, PREPARE, TAKE CARE!

U.S. ARMY <https://safety.army.mil>

CHECK OUT THE USACRC ON SOCIAL MEDIA



stranded.

- Drive with caution — slow down, increase following distances and avoid unnecessary trips.

When you arrive, be sure to use caution on ice- and snow-covered parking lots and sidewalks. Snow removal teams treat the sidewalks and parking lot, but conditions

vary throughout the day during inclement weather.

“Munson Army Health Center appreciates your patience and understanding during inclement weather events. Our priority remains delivering safe, reliable care while ensuring everyone arrives and makes it home safely,” Reynoldson said.

STAY SAFE ON THE ROAD THIS WINTER!

On average, winter weather directly or indirectly contributes to more than 540,000 vehicular accidents in the U.S. each year, according to the National Highway Traffic Safety Association.

- ❄️ Check the weather before you go – where you are, where you’re going and in between
- ❄️ Get your vehicle winter ready and include an emergency kit appropriate for the conditions
- ❄️ Maintain your vehicle – keep plenty of gas in the tank and make sure everything is in good working order
- ❄️ Remove ice and snow from your car
- ❄️ Use your headlights to see and be seen by other motorists
- ❄️ Avoid sudden movements – accelerate and decelerate slowly and smoothly
- ❄️ In a skid – take your feet off the pedals, steer in the direction you want to go and avoid over-correcting

WINTER SAFETY:
BE AWARE, PREPARE, TAKE CARE!

U.S. ARMY <https://safety.army.mil>

CHECK OUT THE USACRC ON SOCIAL MEDIA



Post celebrates Thanksgiving



Photo by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

Soldiers, community members and families gather for the Thanksgiving meal Nov. 27 at the Fort Leavenworth Dining Facility.



Photos by Sean Bergosh/Fort Leavenworth Garrison Public Affairs Office

ABOVE: Fort Leavenworth Garrison Commander Col. Todd Sunday helps serve the Thanksgiving meal Nov. 27 at the Fort Leavenworth Dining Facility.

RIGHT: Garrison Chaplain (Lt. Col.) Eric Bryan dishes up plates for Thanksgiving Day diners Nov. 27 at the Fort Leavenworth Dining Facility.



Munson Army Health Center's 1st Sgt. Scott Munday serves Pfc. Antonio Lopez, a combat medic specialist assigned to Primary Care, a piece of chicken during the unit's Thanksgiving Potluck Nov. 20 at MAHC. The potluck is an annual tradition at MAHC, where leaders trade their usual positions for aprons, carving turkeys, dishing out sides and greeting soldiers and staff with smiles.

Photo by Christina Yager/Munson Army Health Center Public Affairs



Religious holiday services

SPECIAL SERVICES

- Dec. 5 - Tree lighting event starting at 4 p.m. at Zais Park. Memorial Chapel will be open.
- Dec. 10 - Traditional German Christmas service and Christkindlmarket from 5-8 p.m. at Memorial Chapel
- Dec. 19 - Jewish Hanukkah dinner at 6 p.m. at Pioneer Chapel
- Jan. 9 - Jewish Shabbat dinner at 6 p.m. at Pioneer Chapel
- Jan. 10 - Chapel decorations restoration event at 9 a.m., all chapels

CATHOLIC SERVICES at Pioneer Chapel, unless otherwise noted

- Dec. 6 - Spiritual Retreat, 10 a.m. at Frontier Chapel
- Dec. 7 - Second Sunday of Advent Mass, 9:30 a.m.
- Dec. 8 - Solemnity of the Immaculate Conception of the Blessed Virgin Mary, noon and 6 p.m.
- Dec. 13 - Advent Penance Mass, 10 a.m.
- Dec. 14 - Third Sunday of Advent Mass, 9:30 a.m.

- Dec. 21 - Fourth Sunday of Advent Mass, 9:30 a.m.
- Dec. 24 - Christmas Eve Mass, 5 p.m.
- Dec. 25 - Christmas Day Mass, 10 a.m. at Frontier Chapel
- Dec. 28 - The Holy Family Mass. 9:30 a.m.
- Jan. 1 - Solemnity of Mary Holy Day of Obligation, noon
- Jan. 6 - Epiphany, noon

PROTESTANT (LITURGICAL) SERVICES at Memorial Chapel

- Dec. 7 - Second Sunday of Advent, 9:30 a.m.
- Dec. 14 - Third Sunday of Advent, 9:30 a.m.
- Dec. 21 - Fourth Sunday of Advent, 9:30 a.m.

GOSPEL SERVICES at Pioneer Chapel

- Dec. 7 - Second Sunday of Advent, 10 a.m.
- Dec. 14 - Christmas Cantata/Third Sunday of Advent, 10 a.m.
- Dec. 21 - Fourth Sunday of Advent, 10 a.m.

PROTESTANT (CONTEMPORARY) SERVICES at Frontier Chapel

- Dec. 7 - Second Sunday of Advent, 11 a.m.
- Dec. 14 - Third Sunday of Advent, 11 a.m.
- Dec. 21 - Fourth Sunday of Advent, 11 a.m.
- Dec. 24 - Christmas Eve Candlelight Service, 6 p.m.
- Dec. 28 - First Sunday after Christmas, 11 a.m.

PROTESTANT (TRADITIONAL) SERVICES at Pioneer Chapel, unless otherwise noted

- Dec. 7 - Second Sunday of Advent, 8:30 a.m.
- Dec. 14 - Third Sunday of Advent, 8:30 a.m.
- Dec. 21 - Fourth Sunday of Advent (Christmas Cantata), 8:30 a.m.
- Dec. 24 - Christmas Eve Candlelight Service, 6 p.m. in Frontier Chapel
- Dec. 28 - First Sunday after Christmas, 8:30 a.m.

For more information, e-mail christopher.w.weinrich.mil@army.mil.

Festive pet photos could earn shoppers gift cards in AAFES' holiday contest

by Army and Air Force Exchange Service Public Affairs News Release

DALLAS – For military shoppers, it's time to deck the paws for the Army and Air Force Exchange Service's Holiday Pet Photo Contest with Nestle Purina for a chance to fetch their share of \$3,000 in Exchange gift cards.

Through Dec. 31, authorized Exchange shoppers 18 years or older can submit a festive photo of their pets at [ShopMyExchange.com/Sweepstakes](https://shopmyexchange.com/sweepstakes) for a chance to win a share of \$3,000 in gift cards.

Two grand-prize winners each will receive a \$500 Exchange gift card. Eight runners-up each will receive a \$250 gift card.

"The holidays are all about joy, and what better way to spread cheer than by showcasing our beloved pets in their festive best," said Air Force Chief Master Sgt. Rich Martinez, the Exchange's senior enlisted advisor.

No purchase is necessary to win. Winners will be contacted around Jan. 23, 2026.

Department of War and Coast Guard civilians and honorably discharged veterans who have confirmed their eligibility to shop online may also enter. Veterans can visit <https://aafes.media/paveterans> to learn more about their shopping benefit. DoW civilians can visit <https://aafes.media/cacbenefitspa>.

Holiday

PET PHOTO CONTEST

Enter December 1 - December 31, 2025

2 GRAND PRIZE WINNERS
RECEIVE A \$500 EXCHANGE GIFT CARD.

8 RUNNER UP WINNERS
RECEIVE A \$250 EXCHANGE GIFT CARD.



PURINA
Your Pet, Our Passion.



X giftcard



EXCHANGE



Pet of the Week: Artie

Artie (Artemis) is 1-year-old female mixed-breed dog available for adoption at the Fort Leavenworth Stray Facility. She has already been spayed, vaccinated and microchipped. The adoption fee for a dog is \$155, which helps cover some of the care received. E-mail fortleavenworth-strayfacility@gmail.com for an adoption application and call 913-335-0788 for an appointment. Military affiliation is not required to adopt from the Fort Leavenworth Stray Facility. Visit www.FLSF.petfinder.com for adoptable pet profiles.

FLSF, at 510 Organ Ave., is open 11 a.m. to 4 p.m. Monday, Wednesday and Friday; 9 a.m. to noon the second Saturday of the month; and by appointment for pre-approved adopters. Call 913-335-0788 for an appointment or more information.



Fort Leavenworth Stray Facility

510 Organ Ave // (913) 684-4939





Adoptions • Volunteer Opportunities

Clean Paws Pet Wash

Open 24 hours a day!
Merritt Lake Parking Lot
Cash, Coin and Card





Info: (913) 651-7176

THURSDAY
DECEMBER 4, 2025



LAMP

Post Notes

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS


Online: <https://home.army.mil/leavenworth/about/news>

B1

KICK OFF THE HOLIDAYS WITH FORT LEAVENWORTH'S ANNUAL

Tree Lighting

December 5th at Zais Park
Begins at 4pm



Family Fun!
Carriage Rides, Choir Performances, Refreshments,
Special Holiday Treats, Santa, and much more!

LEAVENWORTH.ARMYMWR.COM

Experience the magic and the music of Arendelle! Join Fort Leavenworth Curtain Call for their free musical performance of Disney's Frozen Jr!

DECEMBER 6

At The Post Theater
375 Grant Ave
Fort Leavenworth, KS

Performances at 2pm & 7pm*

*House will open 30 minutes prior to curtain
For more info call: 913-684-3207

Music and Lyrics by Kristen Anderson-Lopez
& Robert Lopez. Book by Jennifer Lee. Based on the Disney film written by Jennifer Lee. Disney's Frozen Jr. is presented through a special arrangement with all authorized materials supplied by Music Theater International, New York, NY 212-941-4844
mtheatrical.com

MWR
SMILES Unlimited

Trees for Troops is spreading Holiday Cheer by providing FREE LIVE trees to Military Families!

Christmas Trees for the Troops!

Monday
December 8
11am - 4pm*
Pick up your tree at Merritt Lake


One tree per Family, must present a valid Military ID. Please bring rope or bungee cord and a vehicle to transport your tree.

*Available until 4pm or until supplies run out. Your MWR Team will be passing out the trees.

Stars and MWR logos at the bottom.

Polar Express Storytime

December 5, 2025
at The CARL
1400 - 1430



Fort Leavenworth Thrift Store

Open – Saturday, 6 December 2025

- ❖ Location: 1025 Sheridan Drive, Building 1049
- ❖ Phone: 913-651-6768
- ❖ Hours:
 - ❖ Monday & Friday: Closed
 - ❖ Tuesday-Thursday: 930am-230pm
 - ❖ First Saturday of each month: 930am-230pm
 - ❖ Consignments taken each day the store is open from 930am-1230pm



Fort Leavenworth

OPERATION
DEPLOY
YOUR
DRESS

DECEMBER POP UP


Need a dress for the holiday season, special date night or just because? Come check out our selection of beautiful gowns

LAST SHOP OF THE YEAR

Saturday 6 December 2025
By appointment 10-12
Walk in 12-2

600 Thomas Ave. Room 106
odydfisc@gmail.com

SHOP NOW



6

Saturday, December 6, 2025 at 10:30 AM – 12:00 PM CST

History Brunch: Douglas's Battery and archaeological investigations at Fort Sully

100 Reynolds Ave, Fort Leavenworth, KS, United States, Kansas 66027

SANTA ARRIVES!

Exchange Mall Event

PROFESSIONAL PHOTOS WITH Santa AVAILABLE FOR PURCHASE. COURTESY OF LEAVENWORTH'S OWN

Exchange Mall PHOTOGRAPHY

Saturday Dec. 13th Exchange Mall 1330-1600

Kids, be sure to meet us at the Exchange Main Entrance to greet Santa as he arrives by Fire Truck promptly at 1330.



Hounds for the Holidays!

You're Invited!
Come celebrate the Season with the Fort Leavenworth Hunt Club Hounds!

Tour the kennels, meet the pack, and learn about fox hunting traditions.

Seasonal refreshments will be provided!

December 7, 2025
12pm - 4pm Fort Leavenworth Kennels
625 McPherson Ave

ftleavenworthhunt.org





QUARTERLY MEETING

Fort Leavenworth

P

A

C

PARENT
ADVISORY
COUNCIL



JOIN US!

TUESDAY 9 DEC 2025
1:00-2:00PM

ATTEND IN-PERSON
OR
ON FACEBOOK LIVE

DETAILS BELOW



**PRESENTATION**
Winter Wellness & Outdoor Play
by CYS Nurse, Amy Boos, R.N.

**LOCATION**
Harrold Youth Center
45 Biddle Blvd.

**ALL CYS PARENTS-ALL CYS PROGRAMS**
Parents are invited to provide input, ask questions, & help CYS continue to meet family & community needs.

facebook.com/cys.ftleavenworth


**Email your PAC Parent Presidents Directly at:** ftlvn.cys.pac.2526@gmail.com

**913-684-5138 / 4956**
usarmy.leavenworth.id-training.mbx.ftlvnparentcentral@army.mil

312th Army Band

Annual Free Holiday Concert








Friday, Dec 12th
Begins at 7pm
Eisenhower Auditorium
Lewis and Clark Center

Open to the public!

leavenworth.armymwr.com





Mental Wellness Seminar

Date: December 4, 2025
Time: 6:00 – 8:00 pm
Location: Lansing Middle School Auditorium, 220 Lion Lane

Key topics will include:

- Mission, Aspiration, and Purpose (a whole health discussion).
- Lethal Means Safety to mitigate the risk of suicide.
- Suicide Prevention.
- Digital Applications to assist in suicide prevention.
- Crisis Resources.

Presenters/MC:

From the VA Eastern Kansas Health Care System

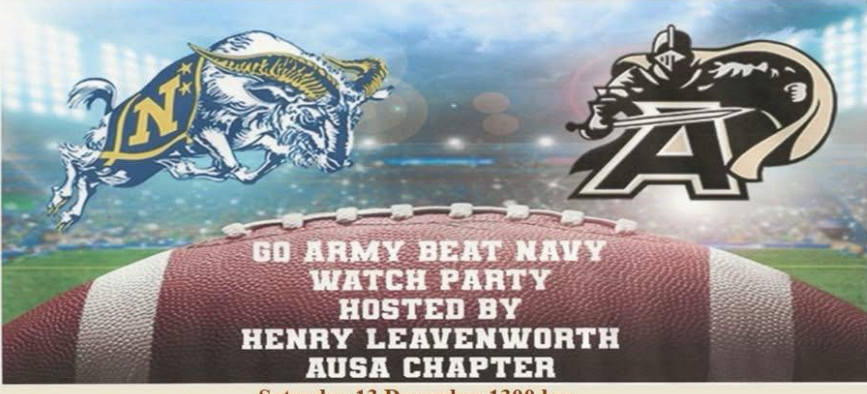
- Dr. Christina Menager, Suicide Prevention Program Manager
- Dr. Jessica Modrell, Whole Health Program Coordinator
- Mr. Brian Stephens, Chief Communications Officer

From The Guidance Center

- Rachel Wolfe, Clinical Training Director

Special thanks to USD 469 for our venue.


A voluntary donation of a non-perishable food item for local food pantries would be appreciated.




GO ARMY BEAT NAVY WATCH PARTY

HOSTED BY HENRY LEAVENWORTH AUSA CHAPTER


Saturday 13 December 1300 hrs
35th Infantry Division HQ
4 Wagon Wheel Way
Leavenworth, KS 66048
Heavy Hors d'oeuvres, Beer & Wine Provided
RSVP by 1 December



RSVP



RSVP



Melissa Miller
913-306-2269
melissa.miller@afi.org

Judy Bauer
913-683-0696
bauerjdc@aol.com

June Neer
913-908-6622
juneer@aol.com



IRREGULAR WARFARE THREATS

DURING MULTI-DOMAIN OPERATIONS IN THE INDOPACOM REGION

OPENING REMARKS:
COL ETHAN J. DIVEN-
Commandant, U.S. Army Command and General Staff College (CGSC)


PANEL MEMBERS:
DR. DAN G. COX-
Professor, The School of Advanced Military Studies (SAMS)
DR. LUKE M. HERRINGTON-
Assistant Professor of Social Science, SAMS
MR. JOSEPH DONALBAIN-
Assistant Professor, Dept. of Joint, Interagency, and Multinational Operations, U.S. Army CGSC
LTC J. DAVID THOMPSON-
Instructor, Dept. of Joint, Interagency, and Multinational Operations, U.S. Army CGSC

MODERATOR:
DR. MAHIR J. IBRAHIMOV (DR. I.)-
Director, Cultural and Area Studies Office, U.S. Army CGSC

DATE:
Mon, 15 Dec, 2025

TIME:
1300 - 1500 (CST)

LOCATION:
Arnold Conf. Room,
Lewis and Clark Center,
Fort Leavenworth, KS
All welcome for the audience.
For outstations, the event will be available live on CGSC's YouTube page at:
<https://www.youtube.com/@USArmyCGSC>



STRONGHOLD Christmas DEPOT

MILITARY FAMILIES ARE INVITED TO SIGN UP FOR THIS YEAR'S CHRISTMAS DEPOT.

BRINGING SUPPORT AND JOY TO YOUR FAMILY WITH CARE AND HEART.

For More Information:
www.strongholdfoodpantry.org
contact@strongholdfoodpantry.org



WREATH & TREE

auktion

AND AN UGLY SWEATER CONTEST!

FRIDAY, DEC. 12TH
5:30 PM COCKTAILS / 6 - 9 PM EVENT
DINNER: \$25/PERSON OR \$210 FOR A RESERVED TABLE OF 8
FRONTIER CONFERENCE CENTER
GUESTS WELCOME. BRING YOUR SPOUSE FOR A NIGHT OUT!
PROCEEDS FUND OUR GRANTS AND SCHOLARSHIPS.





STRONGHOLD Christmas DEPOT

SPONSOR A MILITARY CHILD THIS HOLIDAY SEASON. EMAIL US TO GET STARTED.

For More Information:
www.strongholdfoodpantry.org
contact@strongholdfoodpantry.org

Starting October 13th, 2025

Fort Leavenworth Group Fitness Classes

GRUBER FITNESS CENTER - 200 Reynolds Ave. - 684-5120
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------|------------------|-----------------------|---------------------|-----------------------|--------|------------------|---------------------------|
| 0530 | | | Spin (Karyn) | | | | |
| 0600 | | Vinyasa Yoga (Leslie) | | Vinyasa Yoga (Leslie) | | | |
| 0900 | | | | | | | Yin Yoga (Brandie/Leslie) |
| 0930 | Zumba (Yvonne) | | | | | Power Yoga (Kim) | |
| 1200 | | | | | | | |
| 1630 | | Zumba (Yvonne) | Power Cycling (Kim) | Yin Yoga (Brandie) | | | |
| 1700 | Power Yoga (Kim) | | | | | | |

HARNEY SPORTS COMPLEX - 185 Fourth St. - 684-2190
Mon-Fri: 0500-1800, Sat and Sun: 0800-1700

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------|--------|------------------|-----------|------------------|--------|----------|
| 0800 | | | | | | |
| 1630 | | *Power Cut (Kim) | | *Power Cut (Kim) | | |

*Power Cut classes are held in the Bubble Gym



Single Ticket For \$5.00
10 Tickets For \$45.00
20 Tickets For \$80.00



<https://leavenworth.armymwr.com>

The court is calling.
Answer it.....

Adult Sports Basketball League

Harney Sports Complex
185 Fourth St.
Fort Leavenworth, KS

Coaches meeting
Wednesday, November 19th at 5:30pm
Gruber Fitness Center
200 Reynolds Ave/ Fort Leavenworth/ KS

Letters of Intent due COB
Wednesday, November 26th

League play starts Thursday, December 4th
Games are Tuesdays and Thursdays
5:30pm - 6:30pm, 7:30pm at Harney Sports Complex
League awards given for regular season champions,
tournament runner-ups, and tournament champions.

Open to Active Duty, DOD Civilians, Retirees, Dependents, Spouses,
and Contractors working at Fort Leavenworth. Must be 18+
Call 913-684-3224/ 5136 for more information

swish!

2025
ADULT SPORTS Doubles Pickleball League

LET'S PLAY!

Player's Meeting
Wednesday
Oct 15
5:30pm @ Gruber
Fitness Center
Registration due by COB
Wednesday Oct 29

Harney Sports Complex
New to Pickleball?
That's okay! This fast growing sport is described as a hybrid of tennis, badminton, and ping pong. It's played on a badminton sized court with a net, hard paddles and perforated plastic balls. There may be less running than tennis, but don't let that fool you! Players can burn serious calories during just 30 minutes of play!

Games
Mondays & Wednesday
5:30pm, 6:30pm, 7:30pm
Harney Sports Complex

Open to Active Duty, DOD Civilians, Retirees, Dependents, and Contractors working on Fort Leavenworth that are 18+
Call 913-684-3224/ 5136 for more information

League play starts
Wednesday
Nov 5 - TBD
League awards are given for regular season champions, tournament runner-ups, and tournament champions.

leavenworth.armymwr.com

YOUTH SPORTS & FITNESS Winter Sports

REGISTRATION
October 14 - November 17

Winter Youth Basketball
January 7 - February 28
\$50

Kinder (5 - 6 yrs old)
1st & 2nd grade (7 - 8 yrs old)
3rd & 4th grade (9 - 10 yrs old)
5th & 6th grade (11 - 12 yrs old)

Start Smart Basketball ages 3 - 4 yrs old
January 12 - February 23 (Monday Sessions)
January 14 - February 11 (Wednesday Sessions)
\$30

Winter Youth Wrestling
January 8 - February 26
5 - 12 yrs old
\$50

VOLUNTEER HEAD COACHES NEEDED!
All Youth must have an updated sports physical before the first practice. Enrollment can be done at any CYS location if centrally registered. Webtrac enrollments can only be done with a current Youth Sports Physical.
For more info call 913-684-7525/ 7526

Youth Sports & Fitness Winter Basketball Camp

Youth will learn valuable skills such as sportsmanship, rules, and basic basketball fundamentals all while having a ball!

Registration
Oct 14 - Dec 1
Camp
Dec 1 - 4
Harrold Youth Center
45 Biddle Blvd

Camp Schedule
Ages 5 - 8
4:00pm - 5:00pm
Ages 9 - 10
5:00pm - 6:00pm
Ages 11 - 14
6:00pm - 7:00pm

cost \$40

Each Youth participant will receive a camp t-shirt.
Must be centrally registered with Parent Central.
Enrollment can be done at any CYS location.

Call for more info
913-684-7525/ 7526

ADULT CLASSES TAEKWONDO

Kick your fitness into high gear!

Tuesdays & Thursdays

Offered from:
• 6pm - 7pm
• 7pm - 8pm
\$65 per month
\$10 for a single class

Gruber Fitness Center 200
Reynolds Ave
Fort Leavenworth, KS
Call for more information:
214-205-4954

Open to eligible DOD ID card holders.
Must be 18+ and have 24/7 access prior to taking first class.

Saturday Swimming Lessons
Bernstein Memorial Indoor Pool
Enrollment opens: Wednesday, 19 November 2025 at 0800

Session 1: December 6, 20, 27, & January 3, 10, 17, 24, 31
(8 classes) \$64.00

| | | |
|--------------|-----------|-------------------------------|
| 502601-00 | 0800-0830 | Parent Child Aquatics (max 8) |
| 502601-01 | 0845-0915 | Preschool level 2 (max 5) |
| 502601-02 | 0930-1000 | Learn-to-swim level 1 (max 6) |
| 502601-03 | 1015-1045 | Learn-to-swim level 2 (max 6) |
| Break | | |
| 502601-04 | 1130-1200 | Learn-to-swim level 1 (max 6) |
| 502601-05 | 1215-1245 | Learn-to-swim level 3 (max 6) |

Swimming Lesson Age Requirements:
Parent Child: Participants may be 6 months - 3 years and must be accompanied into the water by a parent or guardian.
Preschool Aquatics Levels: Participants must be 4 years - 5 years old.
Learn-to-swim Levels: Participants must be 6 years old - 17 years old.
Private Lessons: Participants may be adults or children, 4 years old and older.

Saturday Swimming Lessons
Bernstein Memorial Indoor Pool
Enrollment opens: Wednesday, 19 November 2025 at 0800

Session 2: December 6, 20, 27, & January 3. (4 classes) \$64.00

| | | |
|-----------|-----------|------------------------|
| 502601-06 | 1300-1330 | Private Lesson (max 1) |
| 502601-07 | 1345-1415 | Private Lesson (max 1) |

Session 3: January 10, 17, 24, 31. (4 classes) \$64.00

| | | |
|-----------|-----------|------------------------|
| 502601-08 | 1300-1330 | Private Lesson (max 1) |
| 502601-09 | 1345-1415 | Private Lesson (max 1) |

Swimming Lesson Age Requirements:
Parent Child: Participants may be 6 months - 3 years and must be accompanied into the water by a parent or guardian.
Preschool Aquatics Levels: Participants must be 4 years - 5 years old.
Learn-to-swim Levels: Participants must be 6 years old - 17 years old.
Private Lessons: Participants may be adults or children, 4 years old and older.

HOLIDAY HOURS

Scan the QR Code to view our Facility/Program holiday hours!

Or visit our website,
leavenworth.armymwr.com

Download the My Army Post App

Stay in the know at your Garrison

- Installation Services
- Gate Hours
- Community Events
- Maintenance Requests
- Weather
- Resources
- AND MORE

WE ARE THE ARMY'S HOME | HOME.ARMY.MIL | ARMYMWR.COM

October - December Workshops

| | |
|---|---|
| Watercolor \$30 per workshop | Calligraphy \$20 per workshop |
| Watercolor (Basic Techniques) Thursday, Oct 2 12pm - 2pm | Modern Calligraphy (Basic Techniques) Tuesday, Oct 21 11am - 12:30pm |
| Watercolor (Color Theory) Thursday, Oct 9 12pm - 2pm | Modern Calligraphy (Intermediate) Tuesday, Oct 28 11am - 12:30pm |
| Watercolor (Florals) Thursday, Oct 16 12pm - 2pm | Modern Calligraphy (Holiday Cards) Tuesday, Nov 4 11am - 12:30pm |
| Watercolor (Autumn Wreath) Thursday, Oct 30 12pm - 2pm | |
| Watercolor (Holiday Cards) Tuesday, Nov 18 12pm - 2pm | |

Paint & Sip \$35
Must be 21 years or older.
BYOB

Cute Witchy Pumpkin
Friday
October 10
6pm - 8pm

Grateful Pumpkin Stack
Friday
November 14
6pm - 8pm

Holly Jolly Highland Cow
Friday
December 12
6pm - 8pm

Pottery Studio
\$40 per class

| | |
|--|---|
| Wheel Throwing (Basic Techniques) Friday, Oct 3 9am - 11:30am Wednesday, Nov 5 12pm - 2:30pm Saturday, Nov 22 10am - 12:30pm Tuesday, Dec 2 6pm - 8:30pm Thursday, Dec 11 11am - 1:30pm | Hand Building (Autumn Plates) Tuesday, Oct 14 12pm - 2pm |
| Wheel Throwing (Mugs) Wednesday, Nov 19 12pm - 2:30pm Tuesday, Dec 16 6pm - 8:30pm | Ceramic Christmas Ornaments Wednesday, Dec 3 11am - 1pm |

310 McPherson (the old DB) Ft. Leavenworth, KS

October - December Workshops

| | |
|---|--|
| Framing \$40 per class | Crafts \$35 per class |
| Intro to Framing Friday, Oct 10 Saturday, Oct 25 10am - 2pm | Jack & Sally or Hocus Pocus Tuesday, Oct 7 11am - 1pm Friday, Oct 17 9am - 11am |
| Friday, Nov 14 12pm - 2:30pm Saturday, Nov 22 10am - 2pm | Pie Garland Friday, Nov 7 11am - 1pm Thursday, Nov 13 11am - 1pm |
| Friday, Dec 12 10am - 2pm | Holiday Advent Calendar Tuesday, Nov 18 6pm - 8pm Friday, Nov 21 11am - 1pm |

Kids Classes

| | |
|--|---|
| Messy Art \$12 per class (ages 7+) | Color Me Happy \$10 per class Parent & Toddlers |
| Thursdays Oct 2, 16, 30 11am - 12pm | Thursdays Oct 9, 23 10am - 11am |
| Thursdays Nov 13 11am - 12pm | Thursdays Nov 6, 20 10am - 11am |
| Thursdays Dec 4, 18 11am - 12pm | Thursday Dec 11 10am - 11am |

Art History
\$20 per class (ages 7+)

| | |
|---|--|
| Pumpkins & Picasso Wednesday, Oct 15 1pm - 3pm | Go-Gurts & Van Gogh Wednesday, Nov 12 1pm - 3pm |
| Popcorn & Pollock Wednesday, Dec 10 1pm - 3pm | |

310 McPherson Ave (the Old DB), Ft. Leavenworth, KS

FORT LEAVENWORTH KANSAS
Winter Weather & Holiday Safety Resources

<https://home.army.mil/leavenworth/> (for Post Status and Gate Information)

STAY INFORMED

- Ensure you and family receive ALERT! messages.
(SMS text requires opt-in) <https://services.alert.mil/AlertClientInterfaceDOD>
- Follow Fort Leavenworth Official Social Media Pages.
- Download My Army Post app.
- Download reliable weather app and enable notifications.
- Check Road Conditions before travel.

Safety Message

- Test Smoke and Carbon Monoxide Detectors
- Check on your neighbors.
- Frozen Pipes, Carbon Monoxide, & Fires are greatest risk
- Take Care of your Soldiers
- Space Heaters 3 ft from flammable items (Curtains, furniture, wood, etc.)

Recommended Smartphone Apps for Download...



"Every Soldier, Civilian, & Family member is essential to our mission, and we cannot afford to lose anyone."

Ay26 Know Your World Cultural Series

| | |
|--------------------|-------------------|
| NETHERLANDS | SEPTEMBER 17 2025 |
| ARGENTINA | OCTOBER 29 2025 |
| KUWAIT | JANUARY 28 2026 |
| INDIA | FEBRUARY 18 2026 |
| CABO-VERDE | MARCH 25 2026 |

Presentations start at 1545 in Eisenhower Auditorium & on CGSC Facebook

Open to the public-all are welcome to attend or view online

All IMS Attend//Presenting IMS' Section expected to attend//All Staff Groups Highly Encouraged to Attend//Post Presentation Culinary Sampling Offered to all who attend in Arter Atrium

CELEBRATE ADVENT WITH US!

SUNDAYS: 30 NOV. 7, 14 & 21 DEC
AT 0930-1030

MEMORIAL CHAPEL
626 SCOTT AVE

THE LIGHT OF THE WORLD
HAS COME WITH
HOPE FOR ALL!

Advent Penance Service

Saturday, December 13th – 10am
Pioneer Chapel

It's the most wonderful time of the year...
...the German families invite you to a

Traditional German
Family Service
Christmas Carols
and
Christkindlmarket

Attire:
Casual

Glühwein, Bratwurst,
Kinder Punsch and Cookies

Wednesday
December 10, 2025
5 – 8 p.m.
(Service starts at 5:30 p.m., Christkindlmarket opens at 6 p.m.)
Memorial Chapel
Fort Leavenworth

CHRISTMAS CANTATA 2025
THEIR STORY: A CHRISTMAS WITNESS
"BECAUSE THEIR STORY BECAME OURS"

Music, Dance, and The Story

"And all they that heard it wondered at those things which were told them by the shepherds. But Mary kept all these things and pondered them in her heart."
Luke 2:18-19

Sunday, December 14, 2025
Pioneer Chapel
Fort Leavenworth
10:00 AM

Followed by a Fellowship
Meal in the Activity Room

Judaism 101

LUNCH
& LEARN

Hungry to Learn?

Discover. Ask. Connect.
All are Welcome

Wednesday, December 10th, 12:00 - 13:00
Pioneer Chapel Fellowship Hall

JEWISH HOLY DAYS AND MEETINGS
Frontier & Pioneer Chapels

PIONEER CHAPEL
(500 Pope Avenue, Fort Leavenworth, KS 66027)

HANUKKAH DINNER

19 December 2025 @ 1800-2000

JEWISH SHABBAT DINNER

09 January 2026 @ 1800-2000

FRONTIER CHAPEL
(625 Thomas Avenue, Fort Leavenworth, KS 66027)

WEEKLY JUDAISM 101 SERIES

10 December 2025 – 14 January 2026
Time: 1200-1300
Room 153

***Please RSVP within 5 days of the dinner to:
POC: CH (MAJ) Chris Weinrich: christopher.w.weinrich.mil@army.mil

VERTICAL
Marriage

THE ONE SECRET THAT WILL CHANGE YOUR MARRIAGE

Meals & Childcare provided

DATE NIGHT

08 AUG, 05 SEP, 10 OCT, 07 NOV, 05 DEC

For more information and to register, scan the QR code or call/text 910-644-2999

FINANCIALPeace
UNIVERSITY

Sunday Afternoons, 1 - 3 p.m.
23 November – 22 February
Frontier Chapel, Fort Leavenworth

*First five individuals or couples to sign up and attend the first session will receive a
FREE FPU Membership & Book
Contact Zach at zjmundell@gmail.com for more details.

Looking for Community?
Join Campus Life Military

FB: Ft. Leavenworth Club - Campus Life Military
IG: @campuslifeportleavenworth

Samantha Odle
(605) 569-3820 / sodle@yfc.net

Chaplain Family Life Center

100% Confidential & Faith Informed
Pastoral Counseling Services
(Individual, Couple, & Family)

Free for all Service Members, Retirees, DoD/DA Civilians and Dependents

Pastoral counseling provides compassionate support for individuals, couples, and families facing challenges such as anxiety, depression, communication difficulties, conflict, parenting concerns, and spiritual struggles—providing faith-informed guidance to strengthen relationships and promote healthy growth in every season of life.

To book an appointment
scan here:

CH (MAJ) Joshua M. Portwood is a trained Pastoral Counselor in Marriage and Family Life. His formal education includes a Masters of Divinity from Gordon Conwell Theological Seminary, a Masters of Science (Marriage and Family Therapy) from Texas A&M–Central Texas, and a Doctorate of Ministry from Vanderbilt University Divinity School.

Located at the back of Pioneer Chapel
500 Pope Ave., Bldg. 56
Fort Leavenworth, KS 66027
Government Cell: (913) 680-7336
joshua.m.portwood.mil@army.mil
<https://cal.com/chaplainportwood>

U.S. ARMY

Mission: To provide Religious Support to all Soldiers, Family members, DA civilians, contractors, and retirees.

Pioneer Chapel
500 Pope Avenue
PROTESTANT
• Traditional Worship – 0830
(Children's Church – K-5th grade)
• Sunday Religious ED – 0810
• Sunday School – 0945
MULTI-CULTURAL GOSPEL
• Sunday Worship – 1000
CATHOLIC MASS
• Tuesday-Friday – 1200-1230
• Sunday Religious ED – 0810

Frontier Chapel
625 Thomas Avenue
CATHOLIC MASS
• Sunday – 0930
• Sunday Religious ED – 0810
PROTESTANT
• Sunday School – 0945
• Contemporary Worship – 1100
(Children's Church – K-5th grade)

Memorial Chapel
626 Scott Avenue
LITURGICAL
• Sunday Worship – 0930

VMIS ON THE GO

1. SCAN QR CODE

2. LOG INTO YOUR ACCOUNT
Log into the mobile account or
Easily Sign up for an account

3. SEARCH AND LOG
Search for volunteer
opportunities and log your
hours easily!

SHARE THE
NUMBER

CALL OR TEXT

988
SUICIDE & CRISIS
LIFELINE

SPREAD
THE WORD

CHAT

988LIFELINE.ORG

There is hope.

988
SUICIDE & CRISIS
LIFELINE

HUNGRY?

Fort Leavenworth MWR
has AMAZING food options!



- Solarium Buffet
- 12th Brick Grille
- Strike Zone Snack Bar
- Java Cafe

LEAVENWORTH.ARMYMWR.COM

MUNSON NOTES

MUNSON NOTICES

- Military families may be able to get dental or vision coverage through the Federal Employees **DENTAL AND VISION** Insurance Program. Federal Benefits Open Season is currently underway but ends Dec. 8 — one day before **TRICARE** Open Season ends. You must have a **TRICARE** health plan to get **FEDVIP** vision coverage.
- **TRICARE Prime** and **TRICARE Select** beneficiaries ages 13-64 experiencing recurring **HAND, WRIST AND ELBOW PAIN** may find relief through occupational therapy services available at Munson Army Health Center. No referral required. Call the appointment line at 913-684-6250 to schedule a consultation.
- The **MUNSON ARMY HEALTH CENTER PATIENT AND FAMILY PARTNERSHIP COUNCIL** meets quarterly at MAHC. The PFPC captures voices and insights of patients and families to improve the patient care experience. The council is composed of volunteers who represent the interests of patients who receive care from MAHC. Volunteers can be active-duty, active-duty family member, retirees or retiree family members. Call 913-684-6211 or e-mail usarmy.leavenworth.medcom-mahc.mbx.patient-advocate@health.mil if interested in participating.
- It is important that military families new to the Fort Leavenworth community **ESTABLISH A NEW PRIMARY CARE MANAGER** for their health care needs. Munson Army Health Center offers a wide range of primary care providers to choose from for personalized care at a convenient on-post location. Once your new address is established in DEERS, call 1-888-TRICARE (874-9378) and follow the prompts to establish a primary care manager at MAHC. Learn more about services at munson.tricare.mil.
- Service members, retirees, family members and Department of Defense federal employees on Fort Leavenworth are **ELIGIBLE TO USE THE ARMED FORCES WELLNESS CENTER FOR FREE**. This includes physical fitness testing, body composition analysis, stress management, improving sleep habits and individual health coaching. You set the goals; the AFWC staff puts you on the path to achieving them. Programs are individualized to address your current needs, motivation and confidence level. Visit the Fort Leavenworth AFWC in Eisenhower Hall or call 913-758-3403 to schedule an appointment. The health educators are also available to go mobile, taking their class to units or organizations on post and family readiness groups. To learn more about AFWC services visit <https://dvidshub.net/r/8wttlf>.
- The **NUTRITION CARE DIVISION** offers a broad range of nutritional services designed for service members, families, and retirees. Individual Nutrition Therapy and Group Nutrition Therapy are available, and include the Body Composition Program, Weight Control Program, Prenatal Nutrition and Wellness for Life. Call the appointment line at 913-684-6250 to schedule an appointment with MAHC's registered dietitian.
- **MEDICAL APPOINTMENT CHECK-IN:** Please arrive 15 minutes prior to your appointment to complete any required paperwork and bring the following items: DoD ID card; list of current medications including over-the-counter meds, vitamins, and supplements; any relevant paperwork or forms; and a list of questions or concerns. If you are not able to make your scheduled appointment, call the appointment line at (913) 684-6250 to cancel.



GIVE SOMETHING
*That Means
Something®*

Blood Drive



Ft. Leavenworth - Frontier Chapel

Fellowship Hall
625 Thomas Avenue
Fort Leavenworth, KS 66027

Monday, December 8th, 2025
10:00 a.m. - 2:00 p.m.

For an appointment, please visit RedCrossBlood.org, scan the QR code below, or call 1-800-RED CROSS (1-800-733-2767).

This holiday season, when donors make time to spread joy and give the gift of blood, platelets or AB Elite plasma, they'll get a gift in return! All who come to give Dec. 8-18, 2025 will receive a \$15 Amazon Gift Card by email! Terms and additional details can be found at RedCrossBlood.org/Gifts.



Schedule your blood donation appointment today!
1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

© 2025 The American National Red Cross | 504301-3

Munson Army Health Center

Walk-In

FLU SHOT

Event

TUESDAY, DEC. 9

FRONTIER CHAPEL

FELLOWSHIP HALL

3 - 6 P.M.



Beneficiaries aged 10 years and up must present their Department of Defense identification card. Children 17 years and under must be accompanied by a parent or legal guardian.

 **MUNSON.TRICARE.MIL**



T H E F O R T L E A V E N W O R T H

NEW CONTENT
EVERY THURSDAY



LAMP

SERVING THE COMMUNITY OF FORT LEAVENWORTH, KANSAS, FOR MORE THAN 50 YEARS

CONTACT US | Phone: 913-684-5267 | E-mail: ftvlampeditor@gmail.com | On the Web: <https://home.army.mil/leavenworth/about/news>

Read all about it — online!

[HTTPS://HOME.ARMY.MIL/
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)



Scan the QR code with your
phone to go directly to
[HTTPS://HOME.ARMY.MIL/
LEAVENWORTH/ABOUT/NEWS](https://home.army.mil/leavenworth/about/news)
to read/print/download the
Fort Leavenworth Lamp.

- News
- Community Features
- Pet of the Week
- Upcoming Events
- and more!

BONUS!
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“old school”

newspaper layouts
included with every
story and photo
package!

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@gmail.com](mailto:ftvlampeditor@gmail.com)

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