



USAKA A BEHIND THE SCENES OF KWAJALEIN ATOLL WITH GENERAL MINGUS

HOURGLASS REPORT

Vice Chief of Staff of the Army, General James J. Mingus touched down on U.S. Army Kwajalein Atoll (USA-KA) in the Republic of the Marshall Islands to meet with local leadership and tour the facilities.

Gen. Mingus, accompanied by Brigadier General Thomas Burke, Chief of Staff U.S. Army Pacific, were greeted by Col. Matthew Cannon, Commander of USAKA and U.S. Army Garrison – Kwajalein Atoll, along with USAGKA CSM, Command Sergeant Major Stanley Jackson, Mr. Don Bradshaw, Acting USAG-KA Deputy to the Commander, and other USAKA

area directors. Upon receiving the USAKA Command brief, Gen. Mingus and staff were given a tour to receive an up close and personal look at the challenges that U.S. Army Kwajalein Atoll deal with on a day-to-day basis while providing critical range and test capabilities vital for maintaining a credible strategic deterrent. Following the drydock and marina area everyone shifted to the Reagan Test Sight (RTS) HQs for a mission focused brief from RTS leadership.









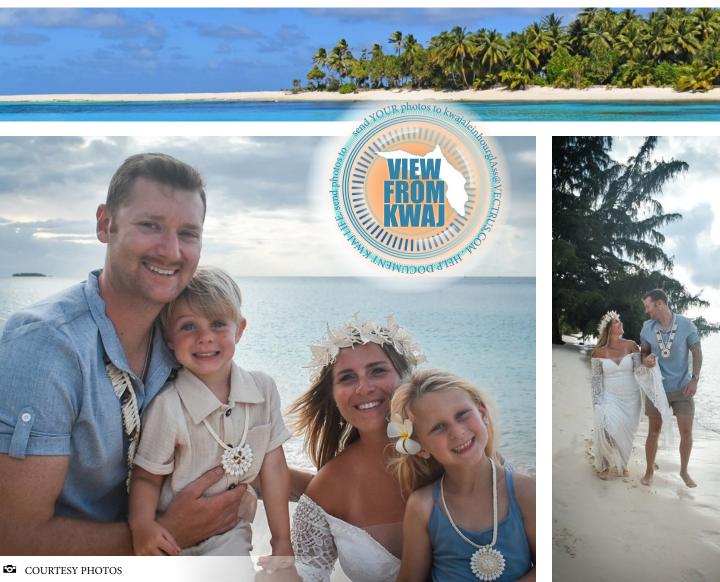




SATURDAY, August 2, 2025 / VOLUME 65 NUMBER 83







ABOVE: The Smiths Celebrate 10 Years of Marriage.

Nate and Kayleigh Smith, along with their children Nora and Clark, who moved to Kwajalein in January of this year. The couple is thrilled to announce the renewal of their vows, celebrating a decade of love, partnership, parenthood, adventures, and cherished memories. The intimate ceremony took place at the site of the Kwajalein cross and was officiated by Kwajalein Atolls own Father Jim. Wishing them countless more years of love and joy together!



ABOVE: Cris and Dr. Eric Lindborg

COMMUNITY CELEBRATING CULTURE: THE STORY OF THE MARSHALLESE CULTURAL CENTER AND THE LINDBORG LEGACY

HOURGLASS REPORT

By Christy Wagnon; CYS Deputy Director

For 27 years, Cris and Dr. Eric Lindborg called Kwajalein home. From 1981 to 2008, the couple not only raised a family on this remote atoll but also created one of its most enduring cultural legacies: the Marshallese Cultural Center. Their journey began with a simple plan—stay for one year. But as with many island stories, life unfolded differently.

The Lindborg's path to the Marshall Islands was anything but conventional. Eric, a doctor from Indiana, and his Argentine-born wife, Cris, had already embraced adventure. After completing his studies, Eric and Cris moved

to the Panama Canal Zone to experience Latin culture. When they later relocated to the Pacific Northwest, the stark contrast in climate prompted them to seek out warmer horizons.

"In 1981, I saw an opportunity for a doctor in the Marshall Islands," Eric recalls. He sent a letter—because that's what you did back then—and got the job. They thought, 'Let's try it for a year.'

One year turned into two, during which time the couple's daughter started school, and their son was born on Kwajalein. When their daughter expressed a desire to graduate on island, the Lindborgs made a life-changing decision, to stay. Eric became Chief Medical Officer,



5

their children grew up, graduated, and went to college, and eventually, when they became empty nesters, the couple moved to Hawaii to be closer to their children.

The idea for the Marshallese Cultural Center (MCC) came "in a roundabout way," Cris explains. The building itself was the result of a U.S. Army grant for a cultural facility, but the question remained: what to do with the space?

Initially, the Yokwe Yuk Women's Club (YYWC) was approached but couldn't take on the project. So Cris, with the support of several YYWC members, stepped in. They started by visiting Majuro to collect artifacts. The vision was simple: promote Marshallese culture. At the time, there wasn't enough cultural history displayed—not even for the local Marshallese themselves. Eric believes the greatest challenge was creating displays that were both visually engaging and historically accurate—a task in which Cris took the lead.

What followed was a labor of love. Cris drew inspiration



from her own curiosity, creating exhibits such as the history of Ebeye. She enlisted help from both Marshallese leaders and U.S. Army command. Notably, Iroij and Senator Michael Kabua was an early and enthusiastic supporter.

His donation of rare artifacts opened the door to further contributions and loans from the Marshallese community.

The MCC became more than a museum; it became a bridge—strengthening relationships between the U.S.

military and the Marshallese, and deepening cultural understanding.

One of the center's most significant projects was the DeBrum Collection, which involved digitizing over 2,400 glass plate negatives taken by



IT'S KITTEN SEASON

Interested in Adopting a Kwaj Cat?

Call **480-2017** or stop by the **Vet Clinic** to inquire and gather the paperwork.

Foster Parents also wanted!

Call or Email us your information if you would like to become a Kwaj Cat foster parent!

kwajvetclinic@acuityinternational.com



Joaquim DeBrum between 1890 and 1930. These photographs provide a rare glimpse into the Marshall Islands during a time of cultural transformation.

The MCC also became the birthplace of Kwajalein's first Manit Day celebration, a vibrant festival featuring traditional cooking, handicraft demonstrations, and cultural performances. It had everything—from pandanus fiber making to fire-starting with sticks. The event even brought in over 300 dancers. It was a logistical challenge, but the result was magical—a true celebration of Marshallese heritage.

What stayed with Cris and

Eric long after they left Kwajalein? "Patience," Cris says simply. "To live in the now. In Western culture, we're always rushing to do, do, do". The Marshallese taught her to slow down and to value family and community.

The Marshallese Cultural Center is more than a building; it is a symbol of partnership and respect. Its creation, funded by a grant yet driven by grassroots passion, strengthened diplomatic ties and has honored a culture that thrives despite the challenges of modernity and isolation. For Cris, the experience was transformative, "It was a beautiful experience, honestly."



E-Wareness - No bones. No brains. But what a sting!

The sting of some "jellies" can be deadly. Others are harmless to humans. A jellyfish fires its poison whenever its tentacles brush against an object. In humans, the poison usually causes a sharp, burning sensation that may last from minutes to hours. If stung, wash the wound with vinegar. Don't rinse with fresh water; that could release more poison.

Jet ian janij ko ilojet re'poison im kauwotata.

Botab, elon jet ko im rejjab. Ne ko in janij ko renaj unur enbwinid, poison ko ie renaj driwoj im koman an bwil, metak im ebonejnej. Kememej in kwal ijo ar unur i kon vinegar ilo ien eo emokaj tata. Jab kojerbal aiboj bwe emaron koman an poison eo laplak.







EARN YOUR TEAM KWAJ TAB!

Front Cover: General Mingus by Sherman Hogue

Back Cover: Double Rainbow2 by Melissa Dethlefsen

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1.

Phone: Defense Switching Network: 315-480-5169 Local phone: 480-5169

Garrison Commander	Col. Matthew Cannon
Garrison CSMCommand	Sgt. Maj. Stanley Jackson
Public Affairs Officer	Sherman Hogue
Editor	Muhammad Rasheed
Communications Specialist	Stephen Elson
Media Capture	Melissa Dethlefsen
Story Writer	Christy Wagnon



COMMUNITY WELCOME ANNETTE MONK: READY TO SHINE THE SPOTLIGHT ON UNTOLD STORIES

HOURGLASS REPORT

I'm Annette Monk, and I'm delighted to begin this new chapter with the communications team at IMD (Information Management Directorate). I'm ready to bring my curiosity, storytelling spark, and creative energy to this dynamic and inspiring group.

As someone who has always been drawn to the power of clear, impactful communication, I see this role as a meaningful opportunity to contribute and continue growing professionally.

What excites me most is the chance to collaborate with a team that plays a vital role in shaping the voice of island-

ers here on Kwajalein Atoll while deepening our Joint Mission Partner relationship. Whether it's internal messaging, external campaigns or digital strategy, I'm eager to work with my colleagues and bring fresh ideas that reflect our USAKA mission and values that serve the community

One of my goals is to help strengthen our storytelling—finding creative ways to connect with our diverse community and highlight the incredible work and fun activities happening across the island. Every team has a story worth telling, and I'm committed to helping uncover and elevate those stories—stories that resonate, inspire and leave a lasting impression, whether shared through written content, video, social media or other platforms.

I also aim to support initiatives that enhance engagement both internally and externally. Clear communication builds trust, and I'm focused on ensuring our messages are not only informative, but inclusive, relatable and inspiring.

As I settle into this role, I'm excited to listen, learn and contribute wherever I can. I believe strong communica-

tion is rooted in connection, and I'm committed to building those connections each day.

Évery morning feels like a gift—waking up with fresh excitement, surrounded by the crystal blue beauty of the atoll, knowing that my mission is to spotlight the stories that deserve to be seen, heard, and appreciated. I look forward to connecting with you on my journey.





COMMUNITY DIVE IN AND CONNECT: WOMEN'S DIVE DAY BINGO AT KWAJALEIN

HOURGLASS REPORT

This August, the Kwajalein Scuba Club (KSC) is celebrating Women's Dive Day in a big way—with a month-long Women's Dive BINGO Challenge designed to bring the community together, inspire adventure, and make every dive count.

PADI Women's Dive Day is a global celebration that began in 2015 to encourage more women to experience the joy of diving and to create a welcoming environment for all divers. Every year, dive communities around the world host events that promote inclusivity, sustainability, and the power of shared underwater experiences. It's the largest single-day dive event on the planet—and Kwajalein is proud to join the movement

by extending the celebration for an entire month.

The Women's Dive Day initiative has always been about more than just getting in the water—it's about building friendships and fostering a stronger dive community. This year, the KSC is taking it up a notch by turning the celebration into an interactive challenge that lasts all month long.

From August 1–31, divers will complete fun and engaging dive-related activities for a chance to win prizes, earn bragging rights, and most importantly, share the spirit of diving. Whether it's exploring a new site, trying out a new skill, or joining a social event, every square on the BINGO card offers an oppor-



tunity to connect with others and discover something new.

- Pick Up Your Card: Get your official Dive BINGO card from the Kwaj Dive Center or email kwajaleinscubanewsletter@gmail.com for an electronic copy
- Complete Challenges: Each square represents an activity—such as visiting a new site, diving with a buddy, or participating in a cleanup.
- Track Your Progress: Cross off squares as you go. To be eligible for prizes, complete:
- o One full BINGO (row, column, or diagonal) for one prize entry
- o Full blackout (all squares) for three prize entries
- Submit Your Card: Turn in your completed card and evidence by September 2 to the Kwajalein Dive Center

Winners will be announced at the September KSC Meeting, and their achievements will be featured in the club newsletter. Five drawings will be held for eligible participants—so the more you dive, the better your chances.

PADI Women's Dive Day has connected thousands of divers worldwide, proving that diving is for everyone. By hosting this event, KSC is building local connections while honoring a global tradition that celebrates diversity and unity beneath the waves. Mark your calendars, grab your gear, and join us for Women's Dive Day on August 18 at 3:30 PM at Emon Beach!





Kwajalein Island Trash & Recycling

Residential Trash Collection 480-1760 Yard Vegetation Collection 480-1890 Hazardous Waste Pickup Line 480-8858



TRASH & RECYCLING PICKUP SCHEDULE

The Green Residential TRASH receptacles are collected every **Tuesday and Friday**. The blue RECYCLE bins are also collected every **Tuesday and Friday**.

The large black General Solid Waste Community Containers are emptied on Monday, Wednesday, Thursday, and Saturday.

Safety First! Please keep any curious children away from the Compactor Truck as it feeds contents into the truck.

Recyclable materials are also collected by both solid waste and horizontal maintenance personnel, in conjunction with general trash collection. Currently the island only recycles glass, aluminum, metal, and bulk organic materials. Cardboard and plastics are not recycled materials on Kwajalein. These items should be placed into the general trash stream for disposal/incineration.



Residential users will be given a green trash receptacle and a smaller blue receptacle for recyclable materials. It is requested that residences place their recyclable items into the blue containers, and stack larger materials next to the bins. Lawn clippings and leaves should be bagged and placed next to bins. Palm fronds and economis should also be stacked up next to the bins for removal by horizontal maintenance personnel.



PHOTO BY STEPHANIE BROWN

ABOVE: Elijah Hodge with his pirate treasure.

COMMUNITY AHOY, MATEYS! SAC PIRATE WEEK ENDS WITH TREASURE HUNT ADVENTURE

HOURGLASS REPORT

By Christy Wagnon; CYS **Deputy Director**

The School-Age Center (SAC) brought the high seas to Kwajalein during Pirate Fever Week, held July 15-19, 2025. Campers spent the week immersed in creative, hands-on pirate-themed activities, from designing spyglasses and flags to writing messages in bottles and preparing for the ultimate treasure hunt.

The week began with campers creating Pirate Name Tags and ID badges, followed by adventures like Spyglass Crafts and Observation Challenges, Message in a Bottle Writing, and a Pirate Costume Parade. These activities aligned with SAC's focus on education, character development, health and wellness, and teamwork-all while sparking imagination and creativity.

your pirate spirit alive! Y

The highlight of the week was the Pirate Treasure Hunt at the Kwajalein Yacht Club, where campers worked together to decode clues and uncover hidden treasure. Despite an unexpected rain shower, nothing could dampen their spirits! The rain made the adventure even more exciting as campers laughed and splashed their way through the hunt.

The treasure hunt wasn't just fun-it was a practical lesson in teamwork, a cornerstone of social-emotional development. Collaborating on challenges helped campers build communication skills, patience, and empathy. These abilities help children succeed in school and life, promoting confidence and strong friendships.

The week's success was thanks to the creativity and dedication of SAC Education Specialist Stephanie Brown, who led the planning, with support from Denise Lucich, Annie Hepler, and Heniko Majang. A big thank you to Jim Stepchew for allowing SAC to transform the Yacht Club into a pirate's cove with fantastic decorations!

From cannonball contests to treasure chest dashes, Pirate Week was filled with laughter, learning, and lasting memories. Every camper stayed fully engaged through rain or shine, proving that a little water only makes the adventure better.

Yo-ho-ho! Until next time, keep your maps handy and



September 8, 2025 Emon Beach Pavilion 6:30-8:00pm

Join us for a fun, family-friendly event and discover how you can help support education in the Marshall Islands and Micronesia! Enjoy games for all ages, delicious food and drinks, and a raffle with exciting prizes for both kids and adults.



Kwaj Smoke Off

Think you're the top grill master on Kwajalein? Prove it at the first annual YYWC Sunset Social Smoke Off!
Pick your protein, fire up the grill, serve your samples, and let the community decide the winner.
Ready to compete?
Sign up here:



https://forms.gle/8XVbtTkuSU4gzNgg8



EARN YOUR TEAM KWAJ TAB

- 1. Attend Col. Cannon's TEAM KWAJ brief (either Teammate or Community version), read and adhere to the TEAM KWAJ Teammate Pact, presented at initial town halls, and periodically thereafter.
- 2. Attend the Island Newcomer's Briefing.
- 3. Attend at least one group greeting at air terminal for personnel arriving on island. Make them feel welcome and show them we are happy they are on Kwaj with us.
- 4. Attend at least two garrison after-hours team-building or social events (TEAM KWAJ Happy Hour, Commander's Call, Hail/Farewell).
- 5. Attend at least two TEAM KWAJ PT/Wellness sessions. Become a regular attender!
- 6. Visit Marshallese Cultural Center in last 3 months prior to tab award.
- 7. Visit Ebeye, Third island or Majuro in last 3 months prior to tab, use a Marshallese phrase or two and visit a store/restaurant.
- 8. Tell three co-workers how to earn the TEAM KWAJ tab

- 9. Swim, snorkel, boat or paddle on the lagoon at least once with a teammate.
- 10. Complete the TEAM KWAJ Circle-island 6-mile ruck march/walk/bike and read all historic battlefield markers. This is an organized USAG-KA hosted event several times per year.
- 11. Mission Partner wild card event—discuss with your supervisor any additional organizational requirement. Could be knowledge-based, achievement-based, or physical challenge.
- 12. Final event, "Board of Review" meet with Col. Cannon face-to-face individually or in a small group with all requirements fulfilled. Schedule with garrison front office. Discussion items may include but are not limited to; TEAM KWAJ pact "Healthy Community of Excellence," Kwaj history, Marshallese culture, military/strategic missions and their significance, and future operational potential.

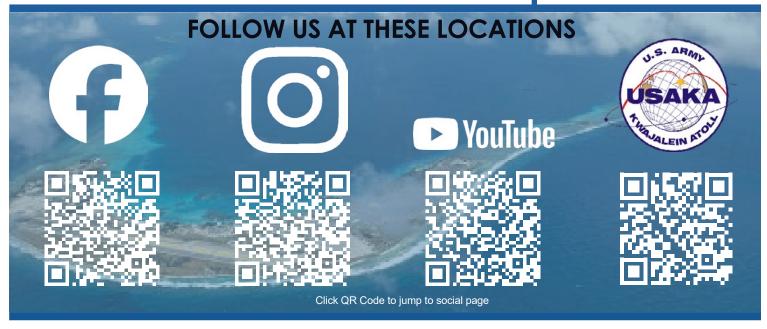
Once you have the first 11 items completed, contact Terri Wilson at 480-4322 or at terri.l.wilson20.civ@army.mil to set up a date/time with the commander for the final event.







Check out more news and entertainment about Kwaj life on the USAG-KA YouTube Channel, at https://www.youtube.com/USArmyGarrisonKwajaleinAtoll.





NEVER FORGET.

https://kwajaleinmiaproject.us/

COMMUNITY CLASSIFIEDS

Submit Announcements to the Roller Channel and The Kwajalein Hourglass

OPEN CALL FOR ANNOUNCEMENTS

The island community is invited to submit listings for events and for sale items; announcements; department trainings; safety updates; public service messages; and thank-you messages.

Preparing Your Message

For questions about your messaging, please reach out to the USAG-KA Public Affairs Office at 480-4848.

Ads should always include a point of contact, phone number and/or email address.

Private parties, fundraisers and events requesting and/or accepting donations are typically not allowed for publication per AR 360-1. Fundraisers and support activities for private and schools-based organizations, scouting groups, civic clubs and other listings may be subject to a legal counsel review to determine their eligibility for publication.

Formatting Your Listings
It is recommended that graphical adver-

tisements and announcements intended for the Hourglass and the AFN Roller Channel be formatted as PowerPoint slides.

Graphic designers are asked to maintain a generous margin (.75-1-inch) around all sides and to size fonts no smaller than pt. 20.

If your Roller Channel advertisement requires a special expiration date, please note this for the Roller team in the body of your message.

Deadlines for Submissions

Send advertisements for the Kwajalein Hourglass and the AFN Roller Channel to kwajaleinhourglass@gov2x.com on Wednesdays by close of business/Thursday morning.

Roller Channel ads are accepted on a rolling basis by 4 p.m. for a mid-week and late-week update. Ads received after 4 p.m. will be loaded in the next update. Please ensure you submit ads in good time to ensure timely upload.

For more information, reach out to the USAG-KA Command team through the USAG-KA Facebook page.

ANNOUNCEMENTS

AFH Construction Is Ongoing. Nan, Inc. Construction is scheduled to commence the telecommunication scope of work for the Kwajalein Army Family Housing project in our community. Residents and commuters should be aware of possible changes in traffic patterns and to plan their routes accordingly. Nan, Inc. Construction is committed to minimizing any inconveniences, and we will strive to ensure a smooth and efficient construction process.

ArMA. Log in to ArMa, the Army Maintenance Application, to report issues for all buildings maintained by the Department of Public Works. Contact Public Works at 480-3550.

CAC Office. Before your visit to the Common Access Card Office, ensure all paperwork is completed by your human resources representative before making an appointment. Bring two forms of government-issued IDs with you. Walkin appointments are welcome, but there may be a wait. CAC Office Hours, Bldg. 835, are Tuesday – Saturday, 8 a.m. – 4 p.m.; (Lunch: noon - 1 p.m.). Call 480-8496.

Demolition at the Capt. Louis S. Zamperini Dining Facility. Phase three of the Zamperini DFAC demo has begun and is projected to be finished March 2026 for the dining and serving area. Be careful around the dining facility during the phases.

Do Not Take Cultural Artifacts. It is illegal to remove cultural resources from the atoll. This includes any protected species, unexploded ordnance, WWII-era artifacts and ancient Marshallese artifacts. These resources are protected under U.S. federal and RMI law. Contact the Kwajalein Archaeology Office at 480-8867.







Contact the USAG-KA Sexual Harassment/ Assault Response and Prevention Victim Advocate

Chief Warrant Officer 2 Nate Elkins SHARP Victim Advocate Work: 480-0660 or 480-3421 USAG-KA SHARP Pager: 808-580-3241

DOD SAFE Helpline: 877-995-5247

Emergency Management. Visit the USAG-KA Emergency Management webpage, https://home.army.mil/kwajalein/index.php/my-fort/EM; 2) Click on "Mass Notification"; 3) Follow the registration instructions.

E-Wareness: It is each driver's responsibility to ensure vehicles are not leaking fluids other than air conditioning condensate. Call 911 to report spills and arrange with automotive for routine maintenance. Please call Environmental at 480-0722 with questions. Ej an ri-kator eo eddo non lolorjake bwe wa eo ejjab leak jabdewot oil ijelak in drennin air condition eo jen wa eo. Ne elon jabdwot leak/lutok in oil jen wa eo, Kiir 911 non report- e lutok eo. Ak kiir Environmental ilo 480-0722 non kajitok.

Fire Safety Tips. Some pets are chewers. Watch pets to make sure they don't chew through electrical cords. Pets are curious. They may bump into, turn on, or knock over cooking equipment. Keep pets away from stoves and countertops. Make sure pets are included in your family's fire evacuation plan. Build an evacuation kit for each pet in your household.

Flights. Please note that all flights are subject to change. For the latest update on your flights on United, ATI or Air Marshall Islands: ATI: 480-2169; AMI: 480-3469; United: 480-4852 or 1-800-UNITED1; Air Terminal Services: 480-2660; Flight Information Recording: 480-3589

UA Schedule Effective Now: Monday and Friday—UA 155 (HNL); Check-in 2 - 4:50 p.m.;

Wednesday—UA 133 (HNL); Check-in 2 – 4:15 p.m.; Tuesday and Saturday—UA 154 (GUM); Check-in 10:45 – 11:15 a.m.

FlyRoi Reservations. To schedule reservations and for correspondence related to flights, email LCVKwajaleinFlyRoi@versar.com.

How to dress in the RMI. Out of respect for the Marshallese culture, residents are asked to dress appropriately when visiting Ebeye, Third Island, or anywhere within Kwajalein Atoll. Women should wear clothing to cover shoulders and knees. None are permitted to wear shorts when visiting churches on Ebeye. Men should wear long slacks to church.

Kwaj Small Boat Marina hours are 7:30 a.m. – 6 p.m. Friday through Monday, and on holidays, excluding Thanksgiving and Christmas. Morning boat reservation times are from 7:30 a.m. – noon. Afternoon boat reservations are from 1 – 5 p.m.

Not Feeling Well? Call 480-2223 to make an appointment for a COVID-19 test, Tuesday through Saturday from 7:30 a.m. – 4:30 p.m. If you are not feeling well, please wear a mask when you are around others in the community.

Operational Security. See something, say something. All employees on USAG-KA are required to receive annual Threat Awareness and Reporting Program training provided by KRO; Reporting: Report suspicious activities to the Kwajalein Resident Office at 480-9859/1293/8006 at Bldg. 1163.

PCS & Vacation Tips. Notify the post office before leaving for 30 days or PCS'ing. Per DOD 4525.6-M, mail is only allowed to be held for 30 days with or without prior notice. Mail is considered unclaimed on day 31 and will be returned to the sender. Email the post office to authorize pick up for your mail and packages. When PCS'ing, provide a forwarding address. Contact James Smith with questions at 480-3461 and james-e.smith2295@army.mil.

Salon Walk-Ins. Surfside Salon Walk-In Appointments are available on Fridays from 1:30 - 6 p.m.

Smoking. USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

Taxi Service. Call 480-TAXI (8294) or 3341 to

HELP WANTED

For employment with contractors within the U.S. Army Garrison - Kwajalein Atoll please check contractor company websites for employment opportunities.

book your ride at least 24 hours in advance of check-in time.

Millican Family Pool Hours. Closed for cleaning on Thursdays. Open noon to 5 p.m. Tuesdays, Wednesdays, Fridays and Saturdays. Open 11 a.m. to 5 p.m. Sundays and Mondays.

The NEC Testing Center Is Open to the Community - Giving you the head start you need to thrive! - Open Tuesday through Saturday by appointment

Authorized Pearson VUE Test Center. Schedule A test Today!

NEC testing Center, 480-4344, FN 1008-131 ACUITY International Kwajalein / Roi Namur Licensing Classes on Kwajalein are every Wednesday @0900 Marshallese

@1245 Expats (by appointment only as class side is limited)

Classes are in Bldg. 856 Rm 101, Vehicle Maintenance Compound

Roi classes every 2nd Friday in Bldg. C, timed based on flight schedule

No registrastion needed for Roi classes.

To register, send email to either of the following: Audrey.Hughes@gov2x.com

Wilson.Kaisha@gov2x.com ...or stop by Bldg. 856, Rm 101







Volunteer Opportunity at Kwajalein Atoll

Join the American Red Cross and help bring our Services and Programs to the Kwajalein Atoll community!

Online & Virtual Training Provided No experience needed!

We provide all necessary training. Just bring your passion and commitment to helping others!

Contact Alana Wilson at alana.wilson@redcross.org

Let's work together to build a more prepared and resilient community.



Please remember to stop and look both ways for aircraft on: Zeus Blvd., Ocean Rd., Perimeter Rd., Pandanus Rd., Eleanor Wilson Rd.





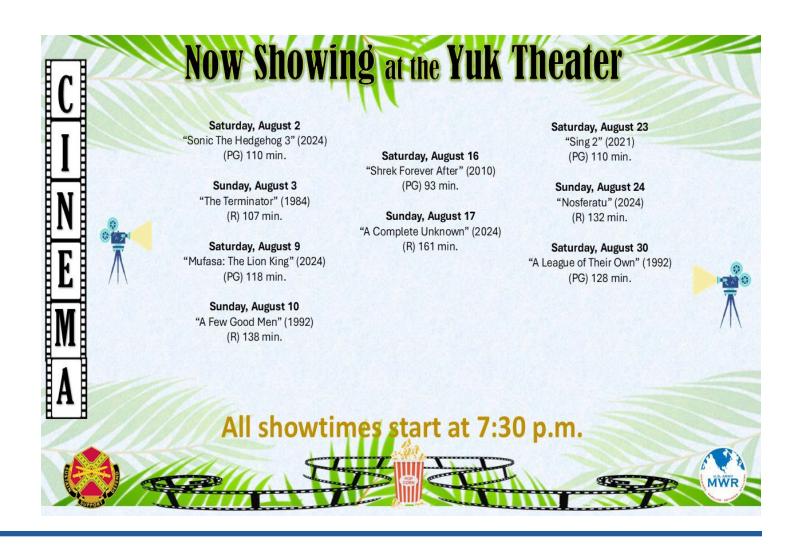


Drinking Water Standard

The US Army Kwajalein Atoll (USAKA) Environmental Standards (UES) requires public notification when the Kwajalein and Roi-Namur Water Treatment Plants (WTPs) turbidity monitoring and testing procedures are not met. Turbidity from each filtration unit at the WTPs are monitored by inline continuous monitoring equipment capable of recording data at least every 15 minutes. The Kwajalein and Roi-Namur inline continuous monitoring systems have been inoperative for several months. Water operators are collecting manual grab samples for turbidity analysis every 4 hours. Repair or replacement projects for the continuous monitors are being evaluated. Turbidity is the cloudiness or haziness of a liquid caused by particles that are generally invisible to the naked eye and by itself does not cause microbiological contamination. Drinking water from several distribution sites are analyzed weekly by the Kwajalein Hospital Laboratory for microbiological contaminants. There is no threat to public health or the environment resulting from the inoperative inline monitoring equipment. No health-based restrictions are necessary for the normal use of drinking water. If you have questions, please contact the V2X Environmental Department at 480-0722.

Jorraan Eo Ilo Drinking Water Standard

Mottan kakien ko an US Army Kwajalein Atoll (USAKA) Environmental Standards (UES) ej aurok bwe ren karon jukjuk in bed eo ioon Kwajalein im Roi-Namur kon wawein liklik dren ko im etali elane lum in dren eo ejjab jejjot nan wawein etale ko im katak kaki. Lum in dren ko ilo kajojo kein liklik ko an WTPs rej jonok wot im walok aer alikar ilo kein jerbal ko im naaj koman einwot in mae ien data ko renaj alikar aolep 15 minit. Kein jerbal kein an dren ioon Kwajalein im Roi-Namur rekar jab jerbal iumwin jejo allon ko.Rijerbal in dren ro rekar wonmanlok wot im ebok dren nan kamelmel im lale elane elap ejake eo an lum ilo dren ko. Kilen kakomanman lak im tiljek lok jirik kon dren ko ekar bok jikin nan lale im kajeon kajako lum ko ilo dren iumwn kajojo 4 awa. Ejjelok joraan elap im kauwotata enaj jelet ejmour eo ilo juon kabijuknen eo elane ej koman katak kein jen kein jerbal ko an lale dren eo. **Ejjab jelet ejmour non karon im rejan ikkijeen kojerbal dren in non aikuij ko jet.** Elane ewor am Kajitok kir V2X Environmental ilo 480-0722.



Kwajalein Recreational Boat Captain Class



Monday and Tuesday 4-5 August 5:00pm-7:00pm Sign up at the Small Boat Marina by Saturday 2 August to reserve your spot in the class. Course cost is \$40 and payable at sign-up.

Participants must attend both days to receive credit for the course.

UV Safety Awareness Month — Protect Your Vision This July!

July is UV Safety Awareness Month, and with Kwajalein's strong sunbeams at their peak, safeguarding your eyes against UV exposure is more important than ever. Our trusted eye doctor, Dr. Will Black, answers KEY questions to help you keep your vision healthy year round.

1. How does UV exposure affect long-term eye health, and what conditions can it cause or worsen?

Long-term UV exposure accelerates aging and damage to critical eye structures. Over time, it can lead to:

- Cataracts (clouding of the lens)
- Macular degeneration (progressive loss of central vision)
- **Pterygium** (a growth on the cornea, "surfer's eye")
- Photokeratitis (corneal "sunburn," causing pain, redness, and swelling)
- Potentially Cancers of the eyelid and surrounding skin.

Even brief, intense UV exposure—like glare off reflected water—can cause acute damage, which contributes to cumulative harms.

2. What are the most effective ways to protect our eyes from UV damage, especially in sunny or tropical environments?

To minimize UV exposure:

- Wear sunglasses rated "100% UV" or UV 400, blocking UVA & UVB up to 400 nm.
- Choose wraparound or large-frame styles to protect against side UV rays and protect surrounding skin.
- Add a wide-brimmed hat—this can cut UV around your eyes by ~50%
- Avoid peak sun hours (10 a.m.-4 p.m.) and monitor UV index levels above 4!
- **Evaluate your sunglasses** if they are older, scratched, or if you are unsure of their UV protection and proper fit.

Bonus: Consider **polarized lenses** for glare-heavy activities! Remember, they also must also be 100% UV protective in addition to the polarization.

3. Are all sunglasses equally protective, or should we look for specific features or certifications when choosing UV-blocking eyewear?

Not all sunglasses offer the same level of protection. When choosing:

- Look for labels stating "100% UV protection" or "UV 400."
- Lens tint darkness does not equal UV safety—always check the UV rating.
- Inspect optical quality: no distortions—check tile lines through your lenses.
- Polycarbonate lenses offer impact resistance ideal for active wear.

Eyes Matter. Eyecare Matters – Make UV Protection a Daily Habit

Special Offers at Kwaj Eyecare (July 29 – August 19, 2025)

- Get a comprehensive eye health exam.
- Has your current eyewear evaluated for UV protection?
- Discuss personalized recommendations for UV eve protection.
 - o Prescription and non-prescription options available.

Schedule an Exam online: www.kwajeyes.com or call the Kwajalein Hospital at 480 2223.

Protecting your eyes today means healthier vision for tomorrow. Enjoy Kwaj safely!

Cheers!

Dr. Will Black – Kwaj Eyecare



Kwajalein Art Guild: Call for Photographers!

Submit for the 2025 Photography Show & 2026 Calendar

m Deadline: August 16, 2025

Submit to: artguildkwajalein@gmail.com

Submission Guidelines:

- Landscape orientation only
- Will be cropped to 13x19 if not already
- Minimum file size: 500 KB
- No filters or editing applied after submission
- Photographers receive a printed copy of their submission.

Show us the island through your lens!













Unexploded ordnance are munitions that fail to detonate during live fire training. They are extremely dangerous and could explode if tampered with, even though the Kwajalein ordnance is 80-years-old.

NEVER touch UXO and report the location of ANY suspected UXO to the UXO Team IMMEDIATELY at:

> Phone: 480-1550/1433 Email: Darren.r.Wheeldon.ctr@army.mil.



WEEKLY TROPICAL WEATHER THREAT OUTLOOK

RTS WEATHER STATION STAFF

Discussion:

At 30 days into July, we recorded 11.30 inches of rain, which is 1.77 inches above normal for the month. So far in 2025, we have only received 31.38 inches of precipitation, which is 9.70 inches below normal for the year. Kwajalein Atoll is now in a moderate drought, which is an improvement over the severe drought conditions that it had been experiencing. July sees daily showers for at least part of the atoll. Shower coverage looks to be elevated through the first half of the weekend, but beyond that, coverage looks to decrease considerably heading into next week. Over the next few days with the passage of the troughs that bring us the heavier showers, there will be an elevated thunderstorm risk, as the troughing means a more favorable environment for lighting. There were no thunderstorm days over the last seven days. A thunderstorm day is defined as an "in situ" lightning strike within five miles of the weather station or thunder heard. The Madden/Julian Oscillation (MJO) will be trending toward its negative phase for the West-

ern Pacific next week, which will favor decreased precipitation for the Atoll. The Intertropical Convergence Zone (ITCZ) is currently well-organized, but it will become more fragmented across the western Pacific by the end of the weekend and next week. This will result in drier conditions for that time period, although there will still be periodic shower chances generated by areas of localized trade wind convergence. The El Nino Southern Oscillation (ENSO) is in ENSO-neutral conditions. With the end of La Nina, the transition to EN-SO-neutral favors increased shower coverage, entering the rainy season. Sea surface temperatures (SST) in the central Pacific between the RMI and the Date Line are now at about normal. Besides increased rainfall, these warming near normal SSTs tend to favor tropical cyclone development, but the RMI is still outside its climatological peak tropical cyclone season.

Tropical Cyclones:

Hurricane Iona currently resides south and a little bit west of Hawaii and has a low chance of passing near Wake as a Tropical Storm around the Tuesday-Wednesday timeframe. Otherwise, no significant tropical cyclone activity expected to affect anywhere in Micronesia or the Mariana Islands. We are now in the tropical cyclone season for the western Pacific, though not quite at its peak.

<u>Damaging West Winds /</u> <u>Westerly Swell</u>:

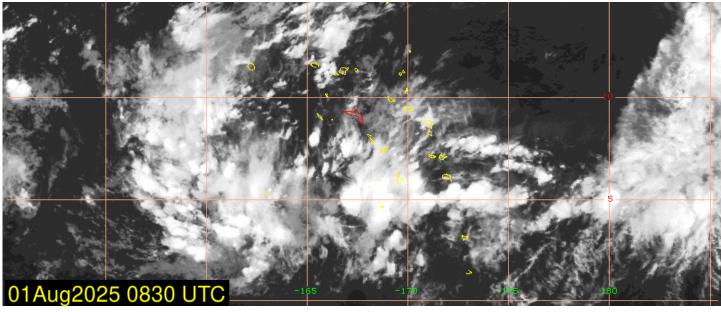
Very low risk. Most of Micronesia is northeast trade wind dominant. There may be some brief periods of light westerlies triggered by outflow from shower activity, but the intensity and duration of these should not be strong enough to be hazardous.

Swell / Tide Inundation for Kwajalein Atoll and Wake Island:

We are currently experiencing low (neap) tides, as we are near a half-moon. Tides will increase throughout the next week as we head toward the full moon, but they will remain under five feet. Winds will be near-normal for July, averaging around 10-12 knots, although there may be periods of near-calm conditions with light and variable winds as we are now getting into doldrum season. There will be gusty winds possible near

any heavy showers that occur, particularly if those showers occur off to our immediate east. A Small Craft Advisory (SCA) may be issued for short periods of time on the open lagoon and ocean during instances of gusty outflow. High Surf Advisory (HSA) conditions are not expected for the next seven days.

This weekly Purpose: briefing is delivered Thursday mornings to island leadership. The intention of this briefing is to provide situational awareness of weather events that may interrupt operations and transportation around Kwajalein, to/ from Hawaii and Guam, and in the Wake vicinity. The main threat assessed in this brief is existing and potential development of tropical cyclone activity. This brief also provides an outlook of abnormal winds, sea state, and precipitation guidance for next 7 days around the Kwajalein Atoll. The distribution list will also receive updates on any developing tropical cyclone activity in the Kwajalein region that occur between the weekly outlook product.▼





WEATHER

RTS WEATHER STATION STAFF

WEATHER DIS-CUSSION

Expect a brief break in the wet weather pattern as the workweek wraps up. On Saturday, easterly trade winds of 10-15 knots may return as the weakening Intertropical Convergence Zone (ITCZ) shifts eastward, allowing for a short period of drier conditions. Looking ahead to the weekend, the ITCZ may re-strengthen and drift closer to the central Marshall Islands. This shift could bring increased chances for thunderstorms and periods of heavy rainfall. As we head into the start of next week, wet weather is expected to return. Light trade winds and a weakening subtropical ridge to the north may



allow the ITCZ to settle over the region—raising the potential for showers and thunderstorms across the atoll.

SATURDAY

Partly sunny with stray showers. NE-SE at 13-18 knots with higher gusts near showers.

SUNDAY

Partly sunny to mostly cloudy with isolated to widely scattered showers and a chance of stray thunderstorms. NE-SE at 11-16 knots with higher gusts near showers.

MONDAY

Partly sunny to mostly cloudy with

isolated to widely scattered showers and a chance of stray thunderstorms. NE-E at 10-15 knots with higher gusts near showers.

NEXT WEEK

Partly sunny to mostly cloudy with isolated showers and a chance of stray thunderstorms to begin the workweek, with winds from the E-SE at 5-10 knots with higher gusts near showers.





	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:41 a.m.	1:56 p.m.	10:06 a.m. 2.0'	4:40 a.m. 1.5'
	7:10 p.m.	1:00 a.m.	11:45 p.m. 2.7'	4:11 p.m. 1.3'
MONDAY	6:41 a.m.	2:48 p.m.	1:04 p.m. 1.9'	7:26 a.m. 1.3'
	7:10 p.m.	1:45 a.m.		6:23 p.m. 1.3'
TUESDAY	6:41 a.m.	3:42 p.m.	1:27 a.m. 2.9'	8:34 a.m. 0.9'
	7:09 p.m.	2:35 a.m.	2:26 p.m. 2.2'	7:51 p.m. 1.0'
WEDNESDAY	6:41 a.m.	4:36 p.m.	2:26 a.m. 3.3'	9:12 a.m. 0.4'
	7:09 p.m.	3:28 a.m.	3:07 p.m. 2.6'	8:42 p.m. 0.6'
THURSDAY	6:41 a.m.	5:29 p.m.	3:07 a.m. 3.8'	9:43 a.m. 0.1'
	7:09 p.m.	4:23 a.m.	3:40 p.m. 2.9'	9:22 p.m. 0.2'
FRIDAY	6:41 a.m.	6:21 p.m.	3:43 a.m. 4.2'	10:13 a.m0.3
	7:08 p.m.	5:20 a.m.	4:11 p.m. 3.3'	9:58 p.m0.1'
AUGUST 9	6:41 a.m.	7:09 p.m.	4:17 a.m. 4.5'	10:42 a.m0.5'
	7:08 p.m.	6:16 a.m.	4:41 p.m. 3.6'	10:32 p.m0.4

FOR QUESTIONS ABOUT ISLAND LIFE AND ARMY REG-ULATIONS, PLEASE CALL THE COMMANDER'S HOTLINE AT 480-1098. FOLLOW THE USAG-KA FACEBOOK PAGE TO RECEIVE INFORMATION AND UPDATES REGARDING SAFETY INFORMATION, EVENTS, AND OFFICIAL COM-MAND ACTIVITES.

