

THE KWAJALEIN HOURGLASS



THIS WEEK

AUTO SHOP

KEEPS KWAJ CRUISING 2

CLEAN SWEEP

WITH CUSTODIAL SERVICES 4

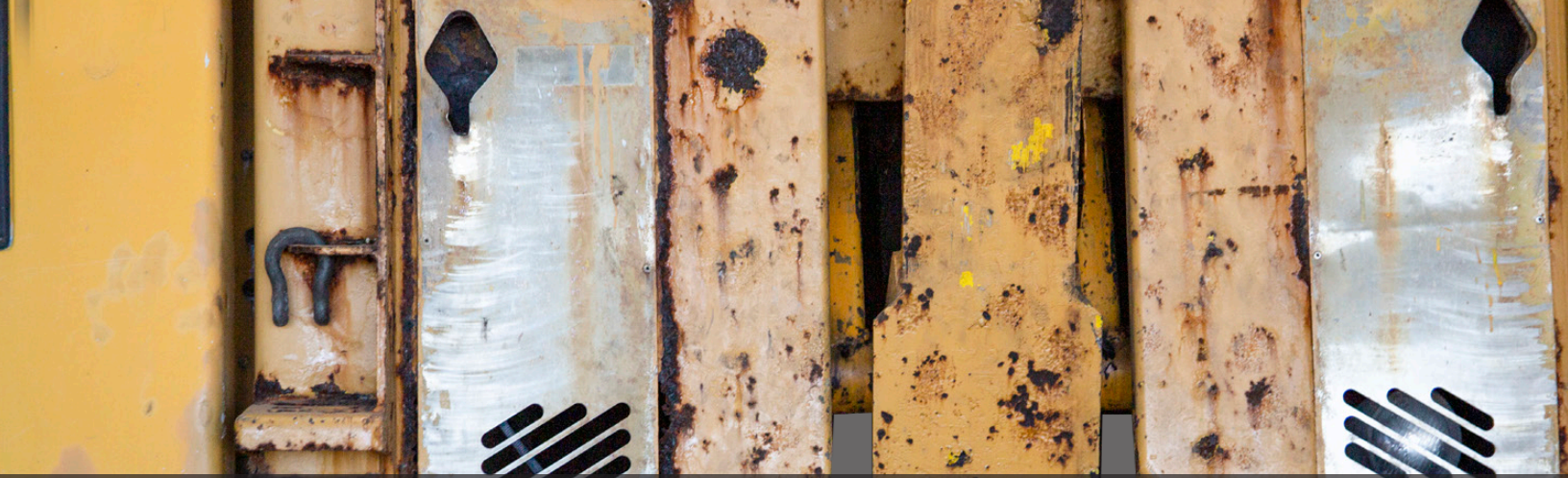
FUTURE TALK

AT COLLEGE AND CAREER FAIR 5

LIGHT VEHICLE MECHANIC WAYNE TEN WORKS ON A GEAR HUB IN THE AUTOMOTIVE LIGHT SHOP OCT. 6. HE IS PART OF A TEAM KEEPING THE ISLAND'S FLEET OF VEHICLES IN WORKING ORDER.



JESSICA DAMBRUCH



NUTS AND BOLTS OF AUTO MAINTENANCE

BY JESSICA DAMBRUCH

There is at least one thing on Kwajalein unhindered or delayed by COVID-19 shipping delays: rust.

The Republic of the Marshall Islands still has no known active cases of COVID-19, but the pandemic manifests in the absence of employees and material resources needed for routine tasks. Coupled with the impact of the island’s unique supply chain and additional months’ challenges posed to shipping, shop technicians at the Kwajalein Automotive Department have their hands full as they work to safely execute their mission.

Last week, Vehicle Maintenance Supervisor Nickolas Quinones described how the pandemic affects the very nuts and bolts of automotive shop operations.

“It has been a challenge since the ATI flights were delayed,” said Quinones. “We keep parts on hand; however, we can forecast the needs of our scheduled, weekly and monthly preventative maintenance only so far. If we have a simple tire blowout but are not able to get supplies or materials to repair it, a vehicle will sit.”

When vehicles get to the island, they first go to Darin Warren, the corrosion control specialist, to treat the vehicle and its undercarriage with anticorrosion spray. A work vehicle will be on the road, hauling and delivering for weeks or months before it comes up for routine maintenance. Well before those scheduled checkups, the shop has ordered parts and supplies for unexpected vehicle maintenance. The question is when and if these materials will arrive in time.

Kwajalein is headed into its eighth month of delayed flights due to the RMI travel restrictions on the island. In that span of time, vehicles needed for work have weathered and deteriorated in the atoll’s corrosive environment. In the lot just beyond the Light Shop, shiny new pickup trucks and bulldozers are parked next to rusted dump trucks and heavy equipment. Not so long ago, these vehicles were new.

Lately, there are pluses, Quinones said. Cargo flights carrying needed sup-

plies arrive on a more regular basis. But parts shortages and downed work vehicles make a big difference during a day’s work. If a vehicle operator ever needed a reminder to drive safely, here it is: There are only so many vehicles to go around.

“It impacts the mission,” said Quinones. “If it’s a vehicle that impacts [work in a] warehouse for logistics, the crew won’t be able to deliver parts or reach items stored up high. Backhoes and Caterpillars used for construction will be halted until we get all the parts and repair it. A bulldozer we have back here has a bad transmission: [It’s in the shop for] unscheduled maintenance. It’s a process. We’re working on it.”

In an ideal world, it would be easier to get parts to Kwajalein.

“It would be great to trim down the actual process and have more vendors available to us,” said Quinones. “The majority of our equipment is civilian and not military. It would be easier to request and get the parts. If [we need parts] we’ve never had to order before, we have [to follow] another, more-detailed process that takes time.”

While Automotive is hard at work, there is something everyone can do to help them. Operators should continue to exercise caution when using vehicles. To extend the life of vehicles, operators can also rinse them to fight the rust.

In the meantime, one thing that will help with the corrosion has yet to arrive on the island.

“We’re currently working on buying a wash rack,” said Quinones. “Some vehicle operators tend to be too busy to wash their vehicles off. It would be to everyone’s benefit and make them last longer if they would.”

Despite the long days and tough work, shop technicians continue work safely.

“The workers are doing good,” said Quinones. “They know what needs to be done. If people are feeling overwhelmed or need to take a short break, they come in and get out of the heat and relax for a few minutes. [Getting] a phone call from home at the end of the day helps [us] get ready for the next. It’s one day at a time.”

So, for now, it’s business as usual at Automotive—in hopes somewhere, a vehicle operator is rinsing off their car.



I give it four months: The front fender of a shiny, yellow work vehicle, right, is headed for the rusty fate of it’s neighbor in the yards at Kwajalein Automotive. Corrosion control is a regular part of island vehicle maintenance. Operators can assist by rinsing their cars and trucks at the end of the day.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army’s 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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1



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5



6



7

1) Safety first: Employee hard-hats and safety equipment hang in the bay of the Kwajalein Automotive Light Shop. 2) Garthy Ned checks out the wiring on a work vehicle steering column. 3) Did I mention buildings rust? Kwajalein Automotive works out of an old structure that is showing the wear of time. A few recent improvements to the structure improve safety for employees. 4) Homer Mea, right, production control clerk, works at the

Automotive Service Desk processing request orders. 5) David Hale, right, points out recent structural improvements and additional safety measures to USAG-KA Safety Officer Deirdre Wyatt-Pope during an inspection. 6) Nickolas Quiñones, vehicle maintenance supervisor, left, assists David Towe, center, and John Rankin with work on a construction vehicle. 7) David Batlock, light vehicle mechanic, works on a forklift in the Light Shop.



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Custodial Services Supervisor Paula Jones and her team know a thing or two about keeping Kwaj clean and getting through the challenges posed to a day's job by the pandemic and the environment.

A KWAJALEIN CLEANING RECIPE

BY JESSICA DAMBRUCH

Water, soap, lemon juice: These are the staple ingredients for quick cleaning recipes. But when we want to really do a job right, we consult experts.

The day I met Paula Jones, Kwajalein's custodial supervisor, was no ordinary day. But as usual, she'd met her morning crew before first light in time for the 6 a.m. shift to begin.

Jones oversees one of the largest and strongest teams on the island. Kwajalein has more than 50 custodial workers completing work in three shifts. During the course of a typical day they will visit more than 120 island facilities. Their strength comes from years of shared experience and a cleaning recipe that never fails, no matter how tough or dirty the job: mutual respect and compassion.

In any year—not simply one fraught with unprecedented challenges like 2020—these qualities are priceless.

We might not always see custodial workers on the job, but we all experience their impact: They are the force who cleans windows and carpets. They empty office trash bins and wipe down countertops and bathrooms. They clean high-touch surfaces in kitchens, conference rooms, school desks and play spaces. Floors caked with sand and gravel are swept and mopped. These are tasks which never end.

Each day at custodial begins with safety meetings before the staff head out on

their respective missions.

"We have a nice [shift] setup so it's easier for everyone to get it done," said Jones.

The shifts run from 6 a.m. to 2 p.m., 1 to 9 p.m. and 7:30 a.m. to 6:30 p.m. This last shift includes custodians who return to island schools and Child and Youth Services facilities to clean before the next day.

At any given time, a custodial technician might be cleaning three buildings simultaneously. If no vehicle is available to transport employees and their cleaning supplies to their respective worksites, they travel on foot or by bike to get there toting their regular safety and cleaning equipment or supplies for cleaning and steaming carpets, said Jones.

Since Kwajalein began accepting return residents into quarantine, the custodial team has played a key role in preparing temporary living spaces to accept new occupants. Jones' technicians have been busier than ever.

"When [quarantine] first started, we were tasked to clean all of the houses they were getting ready for," said Jones. "We had more than 20 people doing overtime to keep up with the workload."

Following clearance by Vector Control, the techs clean quarantine homes before the next newcomers arrive for their 21 days indoors.

"We use a lot of bleach," Jones said, the same regimen she recommends for anyone keeping up their own quarters'

shower. "We use gloves and routine cleaning equipment—and mostly, a lot of bleach."

If none of this sounds daunting enough yet, know Jones' team is keeps up with this workload while experiencing a staff shortage.

Jones is a self-avowed workaholic who got her start cleaning houses when she lived at Fort Hood. She earned her bachelor's degree in organizational management while working as a housekeeping supervisor at Texas A&M.

"I was always cleaning homes in my spare time," Jones said. "Then, I attended a job fair. I saw the guys there and they gave me a flier and asked, 'Can you go overseas and do you have a passport and a clearance.'"

A door had opened for Jones and Kwajalein was on the other side. Jones said she didn't know where to find the atoll on a map.

"I felt like a kid again," she said. "I was excited. I had never traveled this far before. I'd never stayed in a BQ."

The years Jones spent at A&M gave her an appreciation for the team she works with. It's a matter of mutual support: They work hard, and she works hard along with them. Since she came on as supervisor, Jones has improved the locker room facilities for the female members of her staff.

"I help advise the [ladies]," said Jones, "and I help everyone reach for the goal." Her degree helped her improve her leadership skills. Jones also recently had a staff appreciation day with pizza.

"We all pitched in," said Jones. "I don't think they'd ever had [an appreciation party]. I told them I really appreciate them. It's hard work. I worked cleaning houses, and I know what it is to have to have a [facility] to pass inspections."

Jones and her team see the environmental wear on island facilities from a unique angle. While others ascertain mold or rust, custodial technicians can spot the root of the problem.

"I think the thing that happens here is the water," said Jones. "The water tears down the structure of these places."

She recommends inhabitants of island quarters keep their individual areas clean, sweep and wipe down walls while performing safe mold-fighting techniques with bleach to fight the unavoidable effects of Kwajalein's environment. A little goes a long way, Jones said.

"Take a weekend and just clean house—just maintain it, that's all."

I had mentioned this was no ordinary day. During her interview, Jones wore a beautiful set of Marshallese jewelry and a red T-shirt personalized with her name on the pocket and picture on the back. We visited in her office, surrounded by photos of her family.

That morning, Jones' staff came to work with a home-baked cake and baskets of gifts: a thank-you for their new supervisor and member of the custodial family.

"My team gave all of this to me," said Jones, of the presents. "Today is my birthday. Some ladies had my shirt made. I told them, 'Y'all are going to have me cry.' My brother and I are twins. We're tight. And it's just him [alone on our birthday] this year. I'm so far away from my family. My grandbaby is waiting on me. It's hard. I think this is the hardest part."



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CHECKING OUT THE FUTURE AT CAREER FAIR

BY JESSICA DAMBRUCH

Community volunteers representing technical careers, military service, colleges and universities joined Kwajalein High School staff at the Corlett Recreation Center Oct. 8 to share their stories with students and parents at the Kwajalein High School College and Career Fair.

Student visitors from two

Kwajalein High Schools—Kwajalein and Guegeegue, respectively—visited tables to learn about the decisions that led to volunteers choosing and in some cases changing careers before arriving to work on Kwajalein. They checked out displays of equipment, memorabilia and asked questions to help them prepare for taking their next big steps.

1) Students from Guegeegue's Kwajalein High School line up at a table to check out a display at the College and Career Fair. 2) Lynne Cheek, International SOS operating room nurse shares about her career. 3) Dan Farnham was one member of a multi-man table representing the U.S. Navy at the fair. 4) Grant Day, left, and Caitlin Gilbertson

(not pictured) explained the fine points of archaeology in the atoll. 5) Straight out of quarantine: ISOS's Gaile Hill, nurse anesthetist, shares career information with a young visitor. 6) No fair is complete without fresh popcorn. Tarah Yurovchak, left, and Chelsea Reed prepared snacks for volunteers to enjoy during the event.



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

UNDERSTANDING AND THWARTING DEPRESSION DURING COVID-19

EXTERNAL REPORT

By Gregory Chadwick
Air Force Materiel Command, Wright-Patterson Air Force Base, Ohio

The COVID-19 pandemic has brought many changes to how we live daily life. Social distancing, quarantine, and isolation can overwhelm and cause feelings of insecurity, confusion, hopelessness and, ultimately, depression.

The National Institute for Mental Health within the National Institutes of Health defines depression as a common but serious mood disorder that negatively affects how a person feels, thinks and handles daily activities such as sleeping, eating and working. People dealing with depression typically experience one or more of the following symptoms:

- Persistent sad or “empty” mood
- Feelings of hopelessness or pessimism
- Irritability
- Feelings of guilt, worthlessness or helplessness
- Loss of interest or pleasure in hobbies and activities
- Decreased energy or fatigue
- Difficulty concentrating, remembering or making decisions
- Difficulty sleeping, early-morning awakening or oversleeping
- Appetite and weight changes
- Thoughts of death or suicide or suicide attempts
- Aches or pains, headaches, cramps or digestive problems without a clear physical cause that do not ease with treatment

We all have days when we feel down, but when the periods of sadness persist and are severe enough to impact daily functioning, it may be time to assess your emotional health by completing a self-assessment.

A free, anonymous and confidential mental health screening can be found at the Department of Veterans Affairs website. Screening results are educational, not diagnostic, but are provided so participants may find out quickly if a consultation with a mental health professional would be helpful.

Learning self-care strategies can help you take charge of your life and improve your mental and physical health. A few guiding principles can help all of us cope effectively during

this time. Together, we can focus on what we can control.

Keep routines as much as possible. Maintaining structure and routine is critical because it reinforces order and predictability and is something over which we have control.

Stay connected. Identify friends and family that you can check in with regularly. Video conferencing, phone calls, and other social media platforms can be a great way to connect family and friends.

Take breaks from listening to the news. Constant news about COVID-19 from all types of media can heighten fears about the disease. If the news cycle impacts mood and increases stress levels, it may be time to limit exposure.

Engage in self-care. Participate in regular physical activity to reduce stress and improve mood. Eat healthy, nutritious foods and drink plenty of water. Avoid tobacco, alcohol and drugs. Get at least seven hours of sleep each night.

Protect personal and family health. Wash hands frequently and thoroughly and practice social distancing from people outside the household.

What’s the difference between a few bad days or weeks and clinical depression that requires help? A consultation with a mental health professional is recommended when feelings or tendencies have lasted for more than two weeks. Don’t be afraid to reach out.

Getting support plays an essential role in coping with depression. Professional counseling services are available for all Department of Defense beneficiaries and their families.

Military members can contact their local mental health clinic for services. Military OneSource is another option for military servicemembers and their families. For more information, call (800) 342-9647 or visit the Military OneSource website.

Civilian employees may contact the Employee Assistance Program for free, confidential counseling services at (866) 580-9078. On Kwajalein, call Employee Assistance Program Counselor Mary Beth Dawicki at 5-8836.

The National Domestic Violence
HOTLINE
1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

The Facts

- One in four women and one in nine men report experiencing violence from their partners in their lifetime.
- One in 15 children are exposed to domestic violence every year. 90 percent are eyewitnesses to the abuse.

What is Domestic violence?

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. It includes the use of physical violence, threats and intimidation, stalking, emotional and psychological abuse and financial control. It may also include:

- Physical abuse or the threat of abuse of the victim, children or pets
- Rigidly controlling finances or withholding money
- Sabotaging a partner’s job by making them miss work, constantly calling them at work or showing up uninvited
- Humiliating a partner with verbal insults
- Telling a partner who they can or cannot hang out with, text or be friends with on social media
- Stealing or demanding a partner’s internet or bank passwords
- Isolating a partner from family and friends

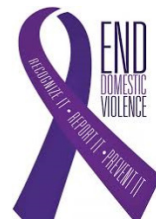
If you or someone you know may be a victim of domestic violence, please speak with legal or medical professionals on island.

Staff Sgt. Yadira Vazquezrodriguez
SHARP Victim Advocate
Work: 805 355 0660 / 1419
USAG-KA SHARP Pager:
805 355 3243/3242/3241/0100
USAG-KA SHARP VA

DOD SAFE Helpline:
877 995 5247

USAG-KA Legal Counsel
Benjamin Clancy
5-1431

Employee Assistance Program
Counselor Mary Beth Dawicki
5-8836



October is National Dental Hygiene Month. Are You Doing The Daily Four?

- 1) Brush twice a day for two minutes.
- 2) Floss daily.
- 3) Rinse.
- 4) Chew sugarless gum.

October is Breast Cancer Awareness Month. Please join in wearing pink every Thursday throughout the month to show your support.

TROPIC GOTHIC

KWAJALEIN SCARY STORY PROJECT

BY JESSICA DAMBRUCH

Welcome to October and the third year of the Kwajalein Scary Stories Project. Each year, I invite the island's student writers to send in original stories written about Kwajalein to entertain us during the fall.

This year's theme, "Tropic Gothic," takes cues from a master of the short fiction genre: Edgar Allan Poe. During his tragic but impactful life, Poe would write edgy, experimental and suspenseful stories that would help define American gothic fiction in the mid-1850s. Poe proved all you needed to scare someone was to make the familiar an unfamiliar place. There may be no greater challenge than to make bright and sunny Kwajalein the site of a ghost story or unsolved mystery.

Each week leading up to Halloween, the Kwajalein Hourglass will publish a selection of the previous year's stories as inspiration and food for thought.

Interested in writing? A good rule of thumb for writing is to check out what other writers have produced. Below you can read one of my favorites from last year. It's the story that convinced me I never want to live in a dome: "Puddle," by E. Stambaugh.

Check out the following tips to learn more.

WANT TO WRITE?

This call for submissions is open to all island adults and public and home-school student writers enrolled in grades 5-12. Writers are allowed to publish under a pseudonym if they so desire.

HOW IT WORKS

The Kwajalein Hourglass invites writers in the community to submit original, short stories for the Halloween season set in or around Kwajalein Atoll. Selected stories will be published Oct. 31. For more information, please write to kwajaleinhourglass@dyn-intl.com.

DEADLINE

Please send submissions to kwajaleinhourglass@dyn-intl.com by Oct 24. Please include the title of the work, author's name, a phone or email contact and if applicable, a school grade level. For more information, please write to kwajaleinhourglass@dyn-intl.com.

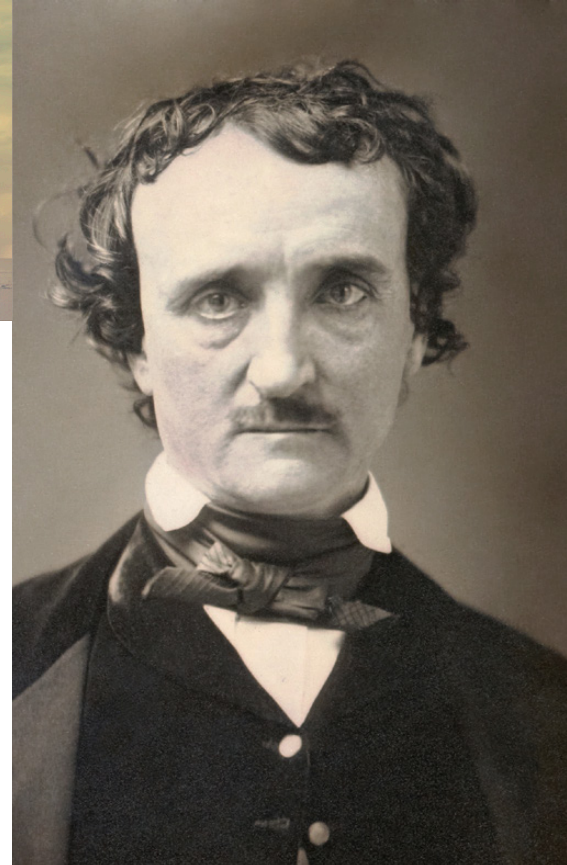
SUBMISSION RULES

Working individually or in teams, writers create a piece of original, creative writing suitable for the Halloween season. Stories should be no more than 1,000 words. Spooky stories you've heard or experienced about Kwajalein are welcome. No profanity is permitted.

WRITING TIPS

Be creative, be scary and have fun. Contest entries can be written in a style that best suits the author. Short stories, "fake news" briefs, or a unique combination of the author's choice are all acceptable. Writers are encouraged to try any combination of the genres below:

GHOST STORIES AND FOLKLORE
LIFE ON KWAJALEIN
PUBLIC SAFETY NOTICE
SCIENCE FICTION/FANTASY
FAKE NEWS REPORTS



A man who needs no introduction: Edgar Allan Poe is largely considered the literary father of detective fiction and greatly influenced 1850s short, gothic fiction. His haunting poems and chilling short stories such as "The Telltale Heart" and "The Pit and the Pendulum" continue to inspire creative fiction writers. Several of Poe's former residences, as well as his dorm room at the University of Virginia in Charlottesville are preserved for tourism.

THRILLER, SUSPENSE AND HORROR
MYSTERY/DETECTIVE
REALISM/ SCIENCE WRITING

PUDDLE

By E. Stambaugh

She woke with a start and a shiver. The noisy rain drummed the dome like impatient fingers, waiting—for what? She climbed out of bed carefully pulling her blanket over the warm part under the sheets, and went to the kitchen for a glass of water.

With a full glass she passed the front door, idly checking that it was locked, and stepped in a puddle. She checked her glass for spills, then looked at her foot which felt suddenly cold.

"Must be rain water seeping under the door," she thought. She reached for her fluffy green towel, dried her foot, and placed it on the puddle next to the door.

Tucked in bed, she drifted back to sleep listening to the beating rain. Her dreams were troubled.

A rumble of thunder shook her dome as she gasped for breath and awoke with panic. The rain was falling in staccato thuds just as noisy as

earlier. Her foot felt like ice and her leg ached with chill. A glance at her bedside clock showed her that she had only been asleep for an hour. She felt like she had been sleeping for days.

She swung her legs off the side of her bed and jogged to the bathroom, trying to get her blood flowing. "That ought to warm me up."

She kept the lights dim intending to eventually get some sound sleep, and warmed a footbath with essential oil and sea salt. As she rolled up her pantleg, she lost balance with fright nearly hitting her head on the side of the bathtub.

Panting, she stretched for the light switch, and flicked it on. The light revealed dark purple veins slithering up from her foot, puckered lines both raised and throbbing stretched up her leg. Strange how her leg neither hurt nor burned, but felt numb with cold and a flu-like ache. She examined her upper thigh and noticed the purple veins had spread there too.

"What is going on? Is this from the puddle under my door?"

She limped from the bathroom toward her front door, hesitant with the knowledge that it was impossible for a rain puddle to cause this thing happening to her leg. Maybe she was dreaming a hor-

rible dream. Maybe the puddle wasn't caused by the rain.

She felt with horror the ice chill grip her stomach in a fearsome frosty embrace. "Oh god, it's spreading!"

She reached the window near her front door and saw the puddle growing from under the green towel, seeping or crawling? across her floor. She placed her hands on the window sill, leaning—horrificed—confused.

Her blinds were up. Wait—How could she have forgotten to close her blinds? When a peal of lightening scraped across the black night revealing a crowd of shadows—of silhouettes, humans, people gathered in her front lawn and on the street.

She doesn't hear the thunder rumbling around in the clouds, nor does she hear the knocking on her walls, windows, and door. She doesn't hear the lashing rain banging into the roof and siding of her dome and echoing through the walls.

The rumbling, the rapping, the pelt-ing, the shattering of window glass, she is deaf to it all. She only hears her heartbeat in her ears, the thumping drum cracking the ribs in her chest, only to suddenly go quiet with cold—a dreadful freezing unnatural cold. A deathly chill.

CYS OCTOBER SPOTLIGHT



U.S. ARMY GARRISON-KWAJALEIN ATOLL
CHILD AND YOUTH SERVICES

Child Development Center

Baru Classroom

Saturdays are Water Play Day. Send your child with water clothes, a towel, swim diaper if needed and dry clothes.

Bako Classroom

Tuesdays - Pre- K Music Class

Tuesdays - STEAM Swim Day. Send your child with water clothes, a towel and dry clothes.

Wednesdays - STEAM Functional Fitness

Thursdays - Pre-K Music Class

Thursdays - STEAM Library

Saturdays - Pre-K Music Class

Saturdays - STEAM Reading Buddies

Important Dates

Oct. 31 - Halloween Event

Start Smart Sports

Soccer - Season runs **Oct. 22 - Nov. 12**

School-Age Care

Tuesdays - Art

Wednesdays - Functional Fitness - 2:30 p.m.

Thursdays - STEM

Fridays - Recreation

Saturdays - Character

4 - H - Every Wednesday and Friday - 4:30 - 5:30 p.m.

October Theme - Photography

Sports

Learn to Swim - Through **Oct. 20**

Soccer - Season runs through Nov. 14

Namo Weto Youth Center

Tuesdays - Recreation, 3:15 - 4:15 p.m.

Keystone Meetings - 11:40 a.m.

Wednesdays - Trivia and Game Night, 5 p.m.

Youth Action Council Meeting - 4 p.m.

Thursdays - Ted Talks - 4 p.m.

Fridays - Fitness Challenge

Saturdays - Smoothies - 4 p.m.

Sundays - Keystone Officers Meeting, 4:15 p.m.

Yoga - 6 p.m.

Special Events

Oct. 23 - Pullup Challenge - 5 p.m.

Oct. 24 - Frida Kahlo Face Painting

Oct. 25 - Haunted House

Oct. 30 - Pumpkin Carving

Oct. 31 - Frida Kahlo Face Painting

Movies at 7 p.m.

Oct. 18 - The Mandalorian Ep. 6

Oct. 25 - The Mandalorian Ep. 7



JOIN US FOR THE SENIOR CLASS'S
FUNDRAISER:

CARNIVAL NIGHT!

October 18th, 2020 | MP Room

3 - 6 pm

Pre-K and up!

Enjoy fun games, delicious food,
and the coolest prizes!
Don't forget to bring \$\$!

Kwaj Unites Against Bullies Oct. 21

Unity Day is Oct. 21. The community is encouraged to wear and share orange to show we are together against bullying and united for kindness, acceptance and inclusion.

Make it orange, and make it end. What are your true colors when it comes to showing you believe that all youth should be safe from bullying?

Come together in one giant, orange message of hope and support. Wear and share orange to color Kwajalein—and even the world—to show our society believes no child should ever experience bullying.

—Kwajalein School System

Kwajalein School System Parent Teacher Conferences

Friday, Oct. 23 from 1 – 6:30 p.m.
Kwajalein High School Multi-Purpose Room

The Kwajalein School System is happy to invite parents for individual conferences with teachers. Parents of high schoolers are welcome to take a seat in the MP Room for arena-style conference periods with their child's teachers.

Parents of elementary school-aged students should arrive in time for their prescheduled meeting. Please contact KSS Head of School Paul Uhren at 5-3601 with questions.



Gate	Transfer Counter	Remarks	Time	To
F30	E,F	Gate Closing	1105	Kuala Lumpur
G1		Boarding	1110	Surabaya
G6		Gate Closing	1110	Kuching
F42	E	Last Call	1115	Mumbai
B1	B	Gate Closing	1115	Kota Kinabalu
C23	C,D	Gate Closing	1115	Yogyakarta
E10	E,F	Gate Closing	1115	Bali
E3	E	Gate Closing	1115	Ipoh
C18	C	Gate Closing	1120	Jakarta
G11		Boarding	1125	Penang
D48	C,D	Gate Open	1130	Kuantan
B8	A	Gate Closing	1130	Krabi

C1	A,B	Gate Closing	1140	Kuala Lumpur
G7			1145	New Delhi
F36	E,F	Last Call	1145	Kuching
F31		Boarding	1145	Medan
	C	Check Gate at 10:20	1150	Bali
G9			1150	Kuantan
G12		New Gate	1155	Taipei
C25	C	Gate Open	1200	Jakarta
B5	B	Gate Open	1200	Bandung

RMI TRAVEL BAN EXTENDED TO NOV. 5

RMI 2019 NOVEL COVID-19 UPDATED INTERIM HEALTH TRAVEL ADVISORY & RESTRICTIONS [ISSUANCE 18](#): AS OF Oct. 5, 2020

An extension of the total suspension of international travelers coming into the RMI via air travel will continue until **Nov. 5**. For more information about the Republic of the Marshall Islands Issuance 18, please contact the Commander’s Hotline at 5-1098 or the USAG-KA Host Nation Office at 5-5235.

to change. These flights are for outbound travel only. No passengers are authorized to disembark. The current RMI travel restriction is applicable through Nov. 5. For more information, please contact United Airlines reservations at 1-800-864-8331.

ISLAND HOPPER FLIGHT SCHEDULE

United Airlines has confirmed reinstatement of the full Island Hopper flight schedule. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject

CHECK-IN TIMES

UA 155 3:30 – 4:45 p.m.
UA 154 11 – 11:30 a.m.

FLIGHTS

UA155 Oct. 30 (HNL)
UA154 Oct. 17/31 (GUM)
UA 155 Nov. 13/27 (HNL)
UA 154 Nov. 14/28 (GUM)



E-WARENESS: PROTECT HMWPP FROM WEATHER, HEAT

HMWPP is hazardous materials, wastes and petroleum Products. All HMWPP storage facilities shall:

- be well ventilated.
- provide protection from sources of heat for the HMWPP stored within.
- provide protection from exposure to the weather and have features to prevent rain or flooding from reaching the HMWPP.

Aolep HMWPP storage facilities rej aikuij:

- eman an diwoj im drelox tok me-jatoto
- bobrae jen bwil ilo jikin HMWPP ko
- bobrae jen an wor exposure jen weather ko, im non kojbojrak jen an delon wot im ibwijleplep bwe en jab lovlak ilo HMWPP.

E-Wareness is a weekly product of DI Environmental. Contact the team at 5-1134. Elane elon am kajjitok, jouj im kurlok DI Environmental ilo 5-1134.

CONTAMINATED ABRASIONS, LACERATIONS AND CORAL SCRAPES

PUBLIC SAFETY ANNOUNCEMENT

Ouch. Accidents happen, but on Kwajalein, simple cuts, scrapes and gouges we do not thoroughly cleaned and bandage may result in serious infections.

If you are a newcomer, take particular heed. Consult a nurse at the Kwajalein Hospital and ask your neighbors about the last coral scrape they experienced while diving or playing sports. In the meantime, here are some tips for basic injury care.

First Aid

- Irrigate thoroughly with fresh water to remove debris
- Gently clean the wound and surrounding skin with a sponge and antibacterial soap
- Rinse thoroughly with fresh water
- For coral cuts and abrasions, repeat these steps at least once
- Apply antibiotic ointment to the wound and cover with a clean bandage
- Change the bandage and reapply antibiotic ointment at least once daily

When to seek medical attention

- When dirt/debris remain
- When cuts or scrapes are deep and need help, beyond simple pressure, to stop bleeding
- Demonstration of signs of infection (may occur with 12-24 hours of injury)
- If in doubt, seek medical attention

Signs of Infection

- If any of the following should prompt

medical attention

- Redness around the wound, especially if the zone of redness is increasing in size
- The skin area surrounding the wound is warm to touch
- Increasing tenderness and pain
- Swelling and increasing drainage from the wound
- A bad smell or pus coming from the wound



1) This laceration needs urgent medical attention. 2) This wound is definitely infected. If you experience anything like this, get to the Kwajalein Hospital. Call 5-2224 to make an appointment.



Saturday. Check out this original, Kwaj radio show on AFN 99.9 The Wave at 5 p.m. Saturdays and noon on Tuesdays. listen on the AFN roller channel, 19-5 for Kwaj and 45-1 for Roi.



Kwaj Current. Catch the latest episode of Kwaj’s local TV show on KTV 20-2.

COMING UP NEXT



The Yokwe Yuk Women's Club presents

TALKS ON THE ROCK

Friday, Oct. 23

6:30 – 7:30 p.m.

Island Memorial Chapel

LEGAL MATTERS IN THE MARSHALL ISLANDS

featuring

Special Guest Speaker Richard Hickson,
Republic of the Marshall Islands Attorney General
Introduction by Ben Clancy, USAG-KA Legal Counsel

The Kwajalein community is invited to learn about Family Law – Human rights, adoptions, the role of non-governmental organizations and the Women's United Together Marshall Islands; Environmental Protection and Compact of Free Association

KWAJALEIN AT THE MOVIES

Join Kwajalein at the movies. Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special "Movies Under the Stars" events.

KWAJALEIN: YUK THEATER

SATURDAY, OCT. 17: "THE HOUSE WITH A CLOCK IN ITS WALLS" (PG) 105 MIN.

Starring Jack Black and Cate Blanchett

Ten-year-old Lewis goes to live with his oddball uncle in a creaky old house that contains a mysterious 'tick tock' noise. He soon learns that Uncle Jonathan and his feisty neighbor, Mrs. Zimmerman, are powerful practitioners of the magic arts. When Lewis accidentally awakens the dead, the town's sleepy facade suddenly springs to life, revealing a secret and dangerous world of witches, warlocks and deadly curses.

SUNDAY, OCT. 18: "THE LITTLE STRANGER" (R) 112 MIN.

Starring Domhnall Gleeson and Ruth Wilson

During the long, hot summer of 1948, Dr. Faraday travels to Hundreds Hall, home to the Ayres family for more than two centuries. The Hall is now in decline, and its inhabitants—mother, son and daughter—remain haunted by something more ominous than a dying way of life. When Faraday takes on a new patient there, he has no idea how closely the family's story is about to become entwined with his own.

MONDAY, OCT. 19: "THE NUN" (R) 97 MIN.

Starring Taissa Farmiga and Bonnie Aarons

When a young nun at a cloistered abbey in Romania takes her own life, a priest with a haunted past and a novitiate on the threshold of her final vows are sent by the Vatican to investigate. Together, they

uncover the order's unholy secret. Risking not only their lives but their faith and their very souls, they confront a malevolent force in the form of a demonic nun.



**SCARY MOVIE NIGHT
PAY THE GHOST (R) 94. MIN.**

**SUNDAY, OCT. 26
7:30 P.M. AT CRC ROOM 6**

Starring Nicolas Cage and Sarah Wayne Callies

Mike Cole's life is torn apart when his son is abducted during a Halloween parade. Desperate to bring him home again, Mike must risk everything to unravel a terrifying supernatural mystery.

ROI: TRADEWINDS THEATER

SATURDAY, OCT. 17: "AVENGERS: ENDGAME" (PG-13) 182 MIN.

Starring Robert Downey Jr. and Chris Hemsworth

Adrift in space with no food or water, Tony Stark sends a message to Pepper Potts as his oxygen supply starts to dwindle. Meanwhile, the remaining Avengers—Thor, Black Widow, Captain America and Bruce Banner—must figure out a way to bring back their vanquished allies

for an epic showdown with Thanos—the evil demigod who decimated the planet and the universe.

SUNDAY, OCT. 17: "PHANTOM THREAD" (R) 129 MIN.

Starring Daniel Day-Lewis and Vicky Krieps

Renowned dressmaker Reynolds Woodcock and his sister Cyril are at the center of British fashion in 1950s London—dressing royalty, movie stars, heiresses, socialites and debutantes. Women come and go in Woodcock's life, providing the confirmed bachelor with inspiration and companionship. His carefully tailored existence soon gets disrupted by Alma, a young and strong-willed woman who becomes his muse and lover.

WHAT THE CRITICS ARE SAYING

ON "THE HOUSE WITH A CLOCK IN ITS WALLS": A solid creep show for older kids which channels the visual appeal of '80s Amblin adventures while lacking their storytelling panache.

Dan Jolin, Empire

ON "THE LITTLE STRANGER": Don't let this mesmerizing mystery slip between the cracks of studio neglect and marketing indifference. It's spellbinding.

—Peter Travers, Rolling Stone

ON "AVENGERS: ENDGAME": The Russo brothers' poignant, powerful finale more than lives up to the hype: It's a thrilling conclusion and a deeply emotional exploration of loss and love, duty and honor, friendship and family.

—Sandie Angulo Chen, Common Sense Media

ON "THE NUN": With this prequel in the "Conjuring" series, the franchise remains a reliable if variably elegant "boo" machine.

—Ben Kenigsberg, The NYTimes

ON "PHANTOM THREAD": A contemplative character study where one's reaction to the material will largely depend upon whose perspective you see the film from.

—Sify Movies

TASK FORCE OCEANIA PLAYS PIVOTAL ROLE IN DEFENDER PACIFIC 2020

EXTERNAL REPORT

Article courtesy of *army.mil*

In a show of commitment to the nation of Palau and a Free and Open Indo-Pacific, U.S. Army Pacific Soldiers from Alaska, Washington and Hawaii took part in a training exercise on the island of Anguar as part of Defender Pacific 2020.

Two Soldiers from the U.S. Army Reserve's 9th Mission Support Command Task Force Oceania were instrumental to the planning, coordination and execution of the exercise.

Task Force Oceania is a newly formed 9th MSC Task Force consisting of Soldiers from all components of the U.S. Army – active-duty, Army Reserve and National Guard. Their mission is to provide continuous presence in Palau and other Pacific island countries across Oceania, assist the U.S. embassy, and reinforce lasting and meaningful relationships in the region.

DP 20 brought more than 125 Soldiers and a Logistics Support Vessel carrying two High Mobility Artillery Rocket Systems to the tiny island of Anguar, Palau. An exercise of this size and scope was unprecedented for the island nation.

"The plan to execute DP 20 required a great deal of coordination," said Maj. Matthew "Gamble" See, Task Force Oceania liaison team officer-in-charge for Palau. "This plan included coordinating four branches of the U.S. military to clear and improve the Anguar Airfield for C-130 operations. In addition, as part of the Embassy's Country Team, I engaged state and national government entities to secure support, permits and approvals for the exercise to move forward."

See added, "This plan allowed for validation of C-130 operations out of a second airfield in Palau, the anchor of the second island chain. It also provided proof of concept for clearing and certifying an airstrip in a remote area of the world under tight time constraints. This not only bolstered support locally for US military presence, but also sent a powerful signal regarding our capabilities and commitment within the region."

"From my perspective, it is vital for the [United States] to demonstrate a persistent presence here in Palau and across the greater Indo-Pacific region," said U.S. Ambassador to Palau John Hennessey-Niland. "We have enjoyed a partnership for the past 75 years with Palau, and it is as strong as ever. Military elements such as the civic action team, Task Force Oceania liaisons, and exercises like Koa Moana 20 and Defender Pacific play important roles in demonstrating that presence and commitment."

The two Soldiers of Task Force Oceania's Team Palau were hand-picked for their specific talents and experience. Maj. See is a seasoned civil affairs officer with many years of experience. Civil affairs operations consist of a multitude of tasks with a primary emphasis on engaging with the civilian population within the area of operation.

Sgt. Florence Yanglimau, the cultural noncommissioned officer for Team Palau, was born on the nearby island of Saipan and is a native to the region. Yanglimau was handpicked to serve as a



U.S. ARMY PHOTO BY STAFF SGT. SOLOMON NAVARRO



U.S. ARMY PHOTO

1) U.S. Army Pacific Soldiers with Black Watch Company, 2nd Battalion, 1st Infantry Regiment, 2nd Stryker Brigade Combat Team, 2nd Infantry Division, based out of Joint Base Lewis-McChord, Washington, conduct security operations on the island of Anguar in the Republic of Palau Sept. 8. 2) Maj. Matthew "Gamble" See, Liaison Team Officer in Charge for the Republic of Palau and Capt. Jason Muise, commander, 102nd Forward Resuscitative Surgical Team based out of

JBLM, assist in surveying efforts during an exercise on the island of Anguar, Palau, Sept. 8. Task Force Oceania is a newly formed 9th MSC Task Force consisting of Soldiers from all components of the U.S. Army—active-duty, Army Reserve and National Guard. Their mission is to provide continuous presence in Palau and other Pacific island countries across Oceania, assist the U.S. embassy, and reinforce lasting and meaningful relationships in the region.

cultural liaison because of her intimate knowledge of the people and culture of Micronesia and her familiarity with the native language.

"Assisting with this exercise was very rewarding but playing a part in the building of this airstrip in Anguar was especially meaningful because I know it will help the people of Palau," said Yanglimau.

"I am proud of my heritage as a native to this region, but I am also very proud

to be an American Soldier," Yanglimau added. "To serve both the people of Palau and the U.S. Army [as part of Task Force Oceania] is a unique experience, and I feel fortunate to have this opportunity."

Task Force Oceania stands ready to support U.S. allies in the Pacific and is a demonstration of the United States' enduring commitment to the people of Oceania.

For full article, visit https://www.army.mil/article/239507/task_force_oceania_plays_pivotal_role_in_defender_pacific_2020



PUBLIC DEMONSTRATIONS

ACTIVE DUTY MILITARY

CAN

Express your opinions and participate in peaceful non-partisan public demonstrations when off-duty and not in uniform.

CAN'T

Engage in partisan political activity or act in a manner that could imply Army approval or disapproval of any political party, campaign or candidate in a partisan election.

Actively participate in a public demonstration that is organized by a political party, campaign or candidate.

Actively participate in a public demonstration that is likely to become violent or a breach of the peace.

MUST

Follow all orders and directives about specific activities that may be issued by appropriate civil and military authorities or found in the Uniform Code of Military Justice.

SHOULD

Review Department of Defense Directive 1344.10, Department of Defense Instruction 1325.06 and Army Regulation 600-20 for basic guidance concerning participation in protests and other political activities.

CAN

Remember you represent the Army when you are on- or off-duty; be wise with the use of your social media accounts to express your personal views.

Donate money, sign petitions and express your personal opinions when you are off-duty and not in any official capacity.

Follow, friend or like a political party or candidate running for partisan office on a personal social media account, when off-duty.

CAN'T

Post, share or link to material from a partisan political party, group or candidate. Even when off-duty. This restriction also applies to 'Further Restricted' civilian employees, such as members of the Senior Executive Service.

ARMY CIVILIANS

CAN

Express your opinions and participate in peaceful non-partisan public demonstrations when off-duty and not wearing an official uniform or identifying badge.*

CAN'T

Engage in a political activity in a manner that could imply Army approval or disapproval of any political party, campaign or candidate in a partisan election.

MUST

Follow all orders and directives that may be issued by appropriate civil authorities.

SHOULD

Review the provisions of the Hatch Act of 1939 (U.S. Code Sections 7321-7326) (and Office of Special Counsel guidance concerning permitted and prohibited political activities).

*The rules regarding political activities for a limited class of employees, such as members of the Senior Executive service, may be more restrictive.

SOCIAL MEDIA

CAN

Post, share or link to material from a partisan political party, group or candidate, when off-duty and not in a government building, but not to subordinates.

Friend, follow and like a political candidate when off-duty and not in a government building.

Identify a political affiliation on a personal social media profile.

CAN'T

Post partisan political articles, websites or political cartoons, memes or gifs while on-duty and when or not using an alias.

Link to the political contribution of any partisan group, or like, share or retweet a solicitation, including an invitation to a fundraising event.

Engage in political activity on an account that is used for official business.

RESOURCES

Hatch Act

<https://osc.gov/Services/Pages/HatchAct.asp=x>

Hatch Act Social Media Guide

<https://osc.gov/Documents/Hatch%20Act/Social%20Media%20Quick%20Guide.pdf>

DoD Directive 1344.10

<https://www.esd.whs.mil/Portals/54/Documents/DD/issuances/dodd134410p.pdf>

Army Social Media Guidance

<http://www.army.mil/socialmedia/soldiers>

All Army Team members should Think, Type, Post:

- **Think about the message being communicated and who could potentially view it.**
- **Type a communication consistent with Army Values.**
- **Post only those messages that demonstrate dignity and respect for self and others.**



WE HONOR THEM

THE KWAJALEIN HOURGLASS COMMUNITY PHOTO PROJECT

The Kwajalein Hourglass recognizes veterans and active duty members of the U.S. military with an annual Veterans Day community photo gallery tribute.

The project provides a moment for us to commemorate the exceptional Soldiers, Sailors, Marines and Airmen and their awesome service.

We would be remiss if we did not also recognize the loved ones whom we honor in remembrance on Veterans Day.

This year, the Hourglass encourages the families of service members to submit photos of their military loved ones, in addition to photos of veterans and those on active duty. Gold Star, White Star and Blue Star family members are strongly encouraged to participate.

Current and former Kwajalein residents are invited to send in photos for this project

Thank you for the chance to recognize your service and family members.

—JD

Please consider sending photos and the information below by Nov. 3 to kwajalein-hourglass@dyn-intl.com. The photo gallery will be featured in The Kwajalein Hourglass Nov. 10.

- *A military service portrait or “on-the-job” section photo of yourself. Please send a 4x6-inch photo, or the highest resolution photo available.*
- *Full name and rank of the service member. Please indicate if the servicemember is retired.*
- *Branch and years of service*
- *Please indicate years lived on island if the servicemember is no longer an atoll resident.*
- *If you are the service member: A brief observation about what your service means to you*
- *If you are a family member: Please include a brief observation about what your loved one and their service mean for you and your family.*

COMMUNITY CLASSIFIEDS

The community wants to hear from you. Send in your announcements and Classified Ads to *The Kwajalein Hourglass*. Submit ads and announcements Wednesdays by close of business to kwajaleinhourglass@dyn-intl.com.

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Done hiring? Write to kwajalein.hourglass@dyn-intl.com to remove your help wanted listing.

Atmospheric Science Technology seeks electronic technician candidates for open positions on Kwajalein. These are full-time contracted positions with benefits. Call Chief Meteorologist Jason Selzler at 5-1508 or see www.aq-ast.com/careers to apply.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

DynCorp International is looking for qualified candidates for various positions. Current DI open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works among others. To apply, go to www.dilogcap.com or contact your local HR representative.

Kwajalein School System seeks substitute teachers. If you enjoy having a flexible schedule and working with children, we have the perfect opportunity for you. Contact Paul Uhren at 5-3601.

USAG-KA Child and Youth Services is hiring coaches. No experience necessary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

RELIGIOUS SERVICES

For more information call 5-3505

Men's Bible Study Group meets Thursdays at 5:45 p.m. in the chapel conference room.

Kids Kingdom meets during the 11 a.m. Interdenominational service. Children are welcome to join this fun weekly activity. Contact the IMC Chapel office for more information.

Join the Island Memorial Chapel Oct. 18 at 7 p.m. for Family Movie Night for a special screening of "God's Not Dead 3: A Light in the Darkness."

Theology on Tap meets Oct. 19 at 6:30 p.m. in the Adult Recreation Center. Bring a beverage of your choice and prepare to discuss "Saints and Sinners."

Need bike repairs? Bring your bike to Emon Beach Oct. 26 from noon to 3 p.m. for the free **Bike Blessings** repair event and join the Island Memorial Chapel for a **Welcome Back Picnic**.

NOTICES

Alcoholics Anonymous meets Tuesdays at 6:30 p.m. in the REB, room 213 for open meetings.

Ongoing Smoking and Tobacco Cessation. Please call EAP at 5-5362 or make an appointment with a physician.

Metro Flights. Eating and drinking on Metro and helicopter flights is strictly prohibited. For your own safety and the sanitation of flights, we ask that you refrain from consuming food and beverages during flights. All drinks and snacks should be enjoyed in the air terminals or upon arriving at your destination. We appreciate your cooperation. Contact Lee Holt at 5-2102 and Fly Roi at 5-6359.

Report non-emergencies. Send in secure reports online at the USAG-KA Police Department Facebook page. To report a nonemergency by phone, call 5-4444. For more information, visit <https://www.facebook.com/kwajaleinpolice/>.

The **Vet's Hall** is restricted to members only until further notice. Visitors must hold a current American Legion membership card indicating they are a member of Post #44. Spouses, significant others and immediate family are welcome to come to the Hall with their member. Contact Dan Farnham at 5-5319.



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE

Staff Sgt. Yadira Vazquezrodriguez SHARP Victim Advocate
Work: 805 355 0660 / 1419

USAG-KA SHARP Pager:
805 355
3243/3242/3241/0100
USAG-KA SHARP VA

DOD SAFE Helpline:
877 995 5247

Purchase a Home-Based Business License through USAG-KA FMWR. All vendors must hold a pre-approved home-based business license. Contact FMWR Business Liaison Teresa Mitchell at teresa.j.mitchell4.naf@mail.mil with questions or ask online at <https://www.facebook.com/usagkafmwr/>.

MWR has reduced the **Bowling Center locker footprint** to create additional space. Please contact MWR if you wish to have a locker. Call 5-5332 with questions.

The Kwajalein Hospital now accepts the following five insurance providers: Geo Blue/BCBS, Tricare, United Healthcare, Aetna and Cigna. For those patients not covered under these providers, pay and claim is in effect.

Water Safety and Swimming Courses
5-2848 for registration and questions. For more information, contact Cliff Pryor at 5-2848 or clifford.pryor@dyn-intl.com.

ARC Lifeguard Recertification Training. Refresher Course for those holding current certification in American Red Cross Lifeguarding and do not expire before March 31, 2021. Nov. 9 from 8 a.m. - 2 p.m. Cost: \$50.

American Red Cross Lifeguard Class. Session Dates: Nov. 29 - 30 and Dec. 6 - 7 and 13 - 14. Prerequisite Swim Tests: Tue. Nov. 17 from 5 - 7 p.m. at the Millican Family Pool; Classes meet Sun. Nov. 29, Dec. 6 and 13: 1 - 5 p.m.; Mon. Nov. 30, Dec. 7 and 14: 8 a.m. - noon. Cost: \$150 (online class, pocket mask, and certification fees). Registration open Nov. 3 - 14. Fee is due after the prerequisite skills session. Students must be at least age 15 by the last course day.

ACTIVITIES AND EVENTS

Power Walk Ex Class. Stand strong, move forward and get to stepping with Power Walk Ex Class. The class meets Thursday and Saturday from 6 - 7 a.m. Walk will begin and end at the Ivey Gym. All MWR fitness classes require a wellness class pass. For more information and to purchase your pass, visit the MWR desk at the Grace Sherwood Library or call 5-3331.

The **volleyball net** will be set up at the Corlett Recreation Center Gym through Dec. 3.

Volleyball games begin at 4:30 p.m. and are held nightly through Dec. 3. Game schedules are posted in Building 805. Call MWR at 5-3331 for more information.

The Kwajalein Yacht Club October meeting has been rescheduled for Thursday, Oct. 22 at 6:30 p.m. in support of other Kwajalein activities in the next few weekends.

HOURS AND OPENINGS

Transient lodging and housing offices are located in the Coral BQ Room 1. Reach Housing at 5-3450 and Transient Lodging at 5-3477. The organizational email addresses for **Kwaj Lodge** and Kwaj Housing office are as follows: Kwaj.Housing@dyn-intl.com and Kwaj.Lodge@dyn-intl.com.

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. - 6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and upkeep projects.

The Corlett Recreation Center Gym will be closed Oct. 25 through Nov. 2. Thank you for your understanding while MWR creates a "spooktacular" haunted house.

AT THE CLUBS

COUNTRY CLUB

Enjoy Country Club Brunch every first Sunday of the month. from 10:30 a.m. - 12:30 p.m. Cost is \$20 for adults and \$12 for children. Enjoy a variety of brunch foods including fried chicken, bacon, eggs, quiche, sausage, hash browns, grits, pasta salad, pancakes, fruit and biscuits.

Menu selections are subject to change. No reservation required. Seating is limited. 45-minute time limit per table. For more information, call MWR at 5-3331.

Poetry Wednesdays. Come experience the power of the spoken word on the last Wednesday of each month from 6 - 7:30 p.m.

Uno Saturdays. Come play Uno every Saturday at 6 p.m.

OCEAN VIEW CLUB

Ladies Night Sundays. 7 - 11 p.m. Enjoy wine flights and jazz.

Men's Night Mondays. 5 - 8 p.m. Enjoy drinks and pizza specials. Purchase two medium pepperoni or cheese pizzas from the Sunrise Cafe for \$21.

Trivia Tuesdays. 5 - 6 p.m.

Happy Hour Wednesdays. 5 - 7 p.m.

Top 100 Thursdays. 7 - 11 p.m.

Reggae Fridays. 7 - 11 p.m.

Saturdays. Enjoy activities like game nights, karaoke and live music.

OUTRIGGER

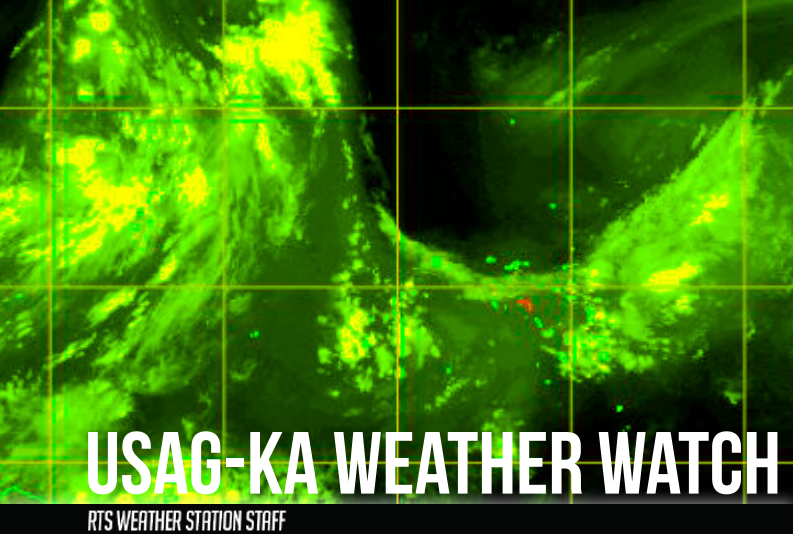
Karaoke - Sunday nights at 8 p.m.

Blackened Mahi Sandwich - \$10
Six-ounce blackened mahi steak on a fresh baked bun with lettuce, onion and tomato, and a choice of side dish.

Grilled Milkfish Plate - \$10
Eight-ounce seasoned and grilled filet with rice and a choice of side dish.

Cauliflower Fried Rice - \$4
Add bacon with chicken or mushrooms for \$6.

Healthy Side Dishes
Mashed cauliflower - \$2
Cauliflower tater tots - \$2



USAG-KA WEATHER WATCH

RTS WEATHER STATION STAFF



USAG-KA QUARTERS INSPECTIONS

Bachelor Quarters Inspections
The U.S. Army Garrison Kwajalein Atoll Housing Office is conducting the annual 100 percent Army Housing Inspection beginning with all bachelor quarters on Roi-Namur. Inspections of Kwajalein BQs will follow.

Kwajalein
Oct. 24
Surf BQ

Oct. 27
Sands BQ

A notice will be posted on BQ doors stating the day and approximate time of the inspection. Please complete the information beforehand and have it available for the inspectors.

If you are unable to be present, please leave the completed form inside your quarters for collection. To help the inspection go quickly, please ensure the white tags on your furniture are visible or easily accessible.

Family Housing
Beginning Oct. 16, the U.S. Army Garrison Kwajalein Atoll Housing Office will conduct the annual 100 percent Army Housing Inspection for all Family Housing.

If you wish to make an appointment to have this inspection take place at a specific time, please call the housing office at 5-3450 or email KwajHousing.ctr@mail.mil. We will start making appointments through Sept. 23.

The houses that are not on an appointment schedule prior to Sept. 20 will fall into the general schedule below.

If you are present at the start time of the scheduled day for your area, please come outside to the front of your house and look for the Housing Office Team. We will inspect houses first if we know you are waiting.

Oct. 17:

8:30 a.m. – noon: 104, 102, 227, 225, 226, 224, 222, 216, 204, 206, 208, 210, 212 and 214

1:30 p.m. – completion: 229, 209, 213, 223, 106, 203, 226, 207, 211, 103, 105, 205, 217 and 219

Oct. 20:

8:30 a.m. – noon: Dome 166-191

1:30 p.m. – completion: New Family Housing 134-139 and 125, 126, 120, and 122

Oct. 21:

8:30 a.m. – noon: 457, 459, 460 - 466, and 468

1:30 p.m. – completion: 479, 481, 483, and 485 - 489

Oct. 22:

8:30 a.m. – noon: 421, 423 - 426, and 436 - 440

1:30 p.m. – completion: 449 - 456, and 458

Oct. 23:

8:30 a.m. – noon: 428-435, 442, 444, 446, and 448

1:30 p.m. – completion: 441, 443, 445, 447, 470 - 472, 476, 486, and 487

A notice will be posted on each Family Housing front door approximately 72 hours prior to the inspection time. Please complete the information beforehand and have it available for the inspectors.

If you are unable to be present, please leave the completed form inside your quarters for collection.

To help the inspection go quickly, please ensure the white tags on your furniture are visible or easily accessible.

SUN-MOON-TIDES				
	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:37 a.m. 6:31 p.m.	7:42 a.m. 7:52 p.m.	4:50 a.m. 4.5' 5:08 p.m. 4.9'	10:55 a.m. -1.1' 11:24 p.m. -1.1'
MONDAY	6:37 a.m. 6:31 p.m.	8:42 a.m. 8:46 p.m.	5:27 a.m. 4.2' 5:44 p.m. 4.8'	11:28 a.m. -0.9' -----
TUESDAY	6:37 a.m. 6:30 p.m.	9:44 a.m. 9:43 p.m.	6:04 a.m. 3.7' 6:21 p.m. 4.4'	12:04 a.m. -0.8' 12:01 p.m. -0.5'
WEDNESDAY	6:37 a.m. 6:30 p.m.	10:45 a.m. 10:41 p.m.	6:43 a.m. 3.1' 7:01 p.m. 3.9'	12:47 a.m. -0.4' 12:34 p.m. -0.1'
THURSDAY	6:37 a.m. 6:30 p.m.	11:46 a.m. 11:40 p.m.	7:26 a.m. 2.5' 7:47 p.m. 3.4'	1:35 a.m. 0.1' 1:10 p.m. 0.5'
FRIDAY	6:37 a.m. 6:29 p.m.	12:42 p.m. -----	8:30 a.m. 1.9' 9:00 p.m. 2.8'	2:40 a.m. 0.7' 1:57 p.m. 1.0'
OCTOBER 24	6:37 a.m. 6:29 p.m.	1:35 p.m. 12:36 a.m.	11:32 a.m. 1.8' 11:26 p.m. 2.6'	4:51 a.m. 1.0' 4:06 p.m. 1.4'

WEATHER DISCUSSION: Though we should be at the peak of our rainy season, the active Intertropical Convergence Zone continues to sit on top of the Marshall Islands. The upcoming weekend may bring average precipitation with a chance of larger fields Monday. Expect weekend weather patterns to repeat conditions we experienced this past Wednesday and Thursday. Average to above average rainfall is expected to continue into next week.

SATURDAY: Areas of rain developing overnight. Winds ENE-E at 10-15 knots with higher gusts within showers.

SUNDAY: Mostly cloudy with occasional showers. Winds ENE-E at 12-16 knots, higher gusts remain possible.

MONDAY: Mostly cloudy with occasional showers. Winds turning from the east to southeast at 5-10 knots.

MID-WEEK: Widely scattered to occasional showers continue during the week resulting in above normal precipitation.



Click the logo to visit RTS Weather online.

REMINDER FOR RADIO FREQUENCY SAFETY

PUBLIC SAFETY ANNOUNCEMENT

All use of radio frequencies or related equipment must be verified by the NETCOM Spectrum Management Office prior to purchase or activation.

The NETCOM SMO will verify adherence to Army, U.S. and international

regulations and standards and ensure that proper approvals are in place to use specified frequencies.

Failure to gain approval prior to purchase may result in equipment shut down and wasted funds. This extends to all users within a 200-mile radius of Kwajalein and includes TDY visitors.

Lead times for approval may be from 120-days for simple frequency use to up to two years for equipment approval.

Approved U.S. electronics for home use are exempt from this process.

Any instance of interference should be reported immediately; the SMO will assist in resolving interference issues. Please contact the SMO at 5-2498 with any questions.

HALLOWEEN COSTUME PARTY

SATURDAY, OCT. 24
7 P.M. AT THE OCEAN VIEW CLUB
ADULTS AGED 21 AND UP

LIVE MUSIC BY MON LA MIKE
 AND DJ DEVIL REY

ENJOY SPECIAL HALLOWEEN
DRINK SPECIALS

PRIZES AWARDED FOR THE BEST
 COSTUMED DUO AND BEST
 MALE AND FEMALE COSTUMES.

WANNA GO? CALL 5-3331 FOR
 MORE INFORMATION.

*Skeletal arm based on original xray by
 James Heilman, MD*

HUNGRY? GRAB DINNER AT AAFES

AMERICAN EATERY

Sunday – closed
Monday – closed
Tuesday – Saturday,
 8 a.m. – 6 p.m.

SUBWAY

Sunday, 11 a.m. – 6 p.m.
Monday, 11 a.m. – 7 p.m.
Tuesday, 10 a.m. – 7 p.m.
Wednesday, 8 a.m. – 7 p.m.
Thursday, 10 a.m. – 7 p.m.
Friday, 8 a.m. – 7 p.m.
Saturday, 10 a.m. – 7 p.m.

BURGER KING

Sunday, 11 a.m. – 6 p.m.
Monday – Friday,
 11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.

ANTHONY'S PIZZA

Sunday, 11 a.m. – 6 p.m.
Monday - Friday,
 11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.



2020 SHAVING CREAM SOCIAL

SATURDAY, Oct. 17

at the Richardson Ravine

4:30 - 4:40 p.m. Pre-School*

*Must be accompanied by an adult in the ravine.

4:40 - 5 p.m. K – 2 Grade

5:10 - 5 p.m. 3 – 6 Grade

5:40 - 6 p.m. Jr. and Sr. High

**Each participant will receive
 1 free can of shaving cream.
 Participants are encouraged
 to wear goggles.
 No gel, menthol, or mint
 creams Allowed.**

**You're in for a scary-good
 time this weekend.**

Creep over to the Bargain Bazaar's
HALLOWEEN BOO-tEeeeek & Bake Sale

At the REB, following services,
Sunday, Oct. 18, noon-2 p.m.

Do you have unwanted Swashbuckler and
 Halloween costumes and décor to donate?
 Please drop them off at the REB on
 Sunday, Oct. 18, before services.



Bakers Needed!



Please PM @Kelly Redmond for details, or
 email YYWCinfo@gmail.com.

Proceeds go to the YYWC education fund.

KWAJALEIN ART GUILD

presents

FALL HOLIDAY BAZAAR

Oct. 19, 2020

9 a.m. – 2 p.m. at the CRC Gym

For questions – contact Karen Acosta ckacosta@hotmail.com

HALLOWEEN AT THE OUTRIGGER

Oct. 24 at 8 p.m. - SCARY MOVIE TRIVIA

Oct. 28 at 7p.m. - PUMPKIN CARVING CONTEST

Oct. 31 at 8 p.m. - DJ AND COSTUME PARTY



SCARES WELL WITH OTHERS.

VOLUNTEERING ON HALLOWEEN IS
SCARY-GOOD FUN. CHECK OUT THESE
OPPORTUNITIES TO SHARE A SCARE
ON KWAJALEIN.

NIGHTMARE ON OUR STREET MWR COMMUNITY HAUNTED HOUSE

5 - 7 P.M. OCT. 30

5 - 8 P.M. OCT. 31

CORLETT RECREATION CENTER GYM

U.S. Army Garrison-Kwajalein Atoll Morale, Welfare and Recreation is looking for volunteers to create scary spaces in a community haunted house Oct. 30 and 31.

Volunteers must be at least 14 years of age and must provide their own makeup, costumes and props. Volunteer at this spooky event and enjoy Halloween with the community.

Volunteers should register by Oct. 24. For more information and to sign up, visit MWR at 5-3331 or stop by the MWR desk at the Grace Sherwood Library in Bldg. 805.

**EVENT NOT INTENDED FOR YOUNG CHILDREN.
PARENTAL DISCRETION IS ADVISED.**



MWR TREAT TEAM

Do you live in a BQ? Always wanted to participate in Trick-or-treating? USAG-KA needs 40 volunteers to hand out candy to keep the ghosts and goblins at bay. Email Julia Sektnan at julia.m.sektnan.civ@mail.mil.



USAG-KA TRICK-OR-TREATING RULES

If *this* is your first Halloween on U.S. Army Garrison-Kwajalein Atoll, you are in for a great time.

On Kwajalein, children and young adults can trick or treat with no age limit. Siblings and friends from kindergarten through 12th grade put on their costumes, grab flashlights and candy bags and visit neighborhood houses along with guest trick-or-treaters from our host nation.

Please call the Commander's Hotline at 5-1098 with questions about USAG-KA Halloween activities.

Have a safe and happy Halloween.



Kwaj Halloween Checklist

- Trick or treat bag
- Flashlight or glowstick for visibility
- Bottled water
- Wear comfortable shoes
- If you are a parent, bring a stroller and toys for your youngest ghouls
- If you are handing out candy, please adhere to garrison trick or treat times

Trick-or-Treating Safety Tips

Island scooter rentals end at 4 p.m. Oct. 31.

Trick-or-treating is from 6:30 to 8:30 p.m.

There is no trick-or-treating at bachelor quarters. If you are a trick-or-treater, you'll be able to roam with your friends through the housing areas. Please stay in and around the old Navy housing and North Point housing areas.

For safety, during trick-or-treating hours, only emergency vehicles are allowed in island housing areas.

An extra ferry is available to return guest trick-or-treaters to Ebeye at 9 p.m. Guests should return to DSC prior to 9 p.m. to return home safely.

If you would like to sponsor guests from Ebeye to trick-or-treat, visit Kwajalein Dock Security Checkpoint to fill out the requisite paperwork to sponsor a guest.



"Yaar" (adj.) An exclamation. As in, "Yaar!"

KYC Annual Swashbucklers Ball

*Dress in your best pirate gear and join the crew!
Sunday, Nov. 1, 6:30 p.m.
at the Kwajalein Yacht Club*

*Open to all adults on island. Music provided by island DJs.
This is a potluck event. All food will be staged at Camp Hamilton. Be there or walk the plank!*





SMDC/ARSTRAT HISTORY

On Oct. 15, 2005, U.S. Army Space and Missile Defense Command/Army Strategic Command inactivated the 1st Satellite Control Battalion and its six component companies located at Fort Detrick and Fort Meade, Maryland, Landstuhl, Germany, Camp Roberts, California, and Fort Buckner, Japan.

Originally established in May 1995, the 1st SATCON Battalion was the first Army battalion with an operational space mission. On Oct. 16, the units were activated as the 53rd Signal Battalion and assigned to the provisional 1st Space Brigade. Their mission remained the same "Command and control of subordinate worldwide elements which manage the strategic and joint tactical use of the Defense Satellite Communications System through planning, network and payload control of the DSCS satellites."

- From Sharon Watkins-Lang
U.S. Space and Missile
Defense Command/Army
Strategic Command historian

UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc).

Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please

attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nombra kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am koprok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe.

Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.



U.S. EMBASSY MAJURO

U.S. EMBASSY MAJURO PHOTO

WOMEN'S EMPOWERMENT

The Sept. 29 - 30 "WE have the POWER" conference on Majuro empowered women in the handicraft business by connecting local artisan entrepreneurs in the Republic of the Marshall Islands with U.S. fair trade buyers and association representatives to provide sector-specific business training. The training helped local artisans scale their companies and export their products. Participants discussed current business trends and opportunities in the Pacific, handicraft and fair trade entrepreneur success stories, and common challenges facing female entrepreneurs in the Pacific. The U.S. Embassy in Majuro, Marshall Islands, Republic of the Marshall Islands Ministry of Natural Resources and Commerce, United Nations International Organization for Migration, and the U.S. Department of State, Economic Bureau's POWER initiative are implementing this virtual two-day conference.



ONCE A KWAJ RESIDENT,
ALWAYS A KWAJ RESIDENT.

HELP US PROTECT THE MISSION.

OPSEC DOESN'T END WHEN YOU PCS.
PLEASE THINK BEFORE POSTING PHOTOS
AND VIDEOS TO SOCIAL MEDIA.



WE'RE HERE BECAUSE THEY GOT HERE FIRST.

How our newspaper got its name

The shoulder sleeve insignia of the 7th Infantry Division consists of two black, equilateral triangles placed vertically on a red circular disc giving it an hourglass shape.

The hourglass of the insignia was consequently used in the title of the island newspaper, The Kwajalein Hourglass.

#SALUTETHE7TH

GET THE WORD OUT. SEND ANNOUNCEMENTS, COMMUNITY UPDATES AND EVENT FLIERS TO KWAJALEINHOURLASS@DYN-INTL.COM WEDNESDAYS BY 5 P.M.

FOR MORE INFORMATION, CONTACT USAG-KA PUBLIC AFFAIRS OFFICER MIKE BRANTLEY AT 5-4848.



CLICK THE 7TH INFANTRY DIVISION LOGO TO CHECK OUT PHOTOS FROM THE KWAJALEIN HOURLASS ONLINE.