

COL. THOMAS PUGSLEY ASSUMES COMMAND OF U.S. ARMY GARRISON-KWAJALEIN ATOLL



BY JESSICA DAMBRUCH

Sharing heartfelt gratitude and words of welcome, more than 300 distinguished guests, traditional leaders, diplomatic visitors, government leaders and personnel from the Republic of the Marshall Islands and United States witnessed a milestone in Kwajalein history June 30, as incoming Col. Thomas Pugsley accepted command of U.S. Army Garrison-Kwajalein Atoll from Col. Jeremy Bartel during the USAG-KA Change of Command Ceremony.

Proceedings in the ceremony at the island flight hangar were bittersweet, as leaders took to the podium before two Lakota helicopters and a Fairchild metroliner to show their appreciation for the colonels—the former with a welcome, and the latter with thanks and recognition for his many valuable contributions and friendship.

Joining the Soldiers were special guest speakers RMI Minister of Finance, Banking and Postal Services Alfred Alfred Jr. and U.S. Embassy Majuro Deputy Chief of Mission Jeremiah Knight, chargé d'affaires for U.S. Ambassador Roxanne Cabral. Two keynote speakers delivered their remarks virtually: Lt. Gen. Daniel Karbler, commander, U.S. Space and Missile Defense Command in Huntsville, Alabama; and Craig Deatrick, director, Installation Management Command-Pacific, at Fort Shafter, Honolulu.

The ceremony reflected time-honored U.S. military customs as those gathered observed the orderly transfer of garrison military authority and showed appreciation for the service of the Soldiers and their family members.

Countless viewers at a distance followed the livestream broadcast, which began with the playing of the RMI and U.S. national anthems, an invocation delivered by Island Memorial Chapel Ch. Brian Conner and ended with a cake-cutting ceremony.

The people of two nations declared their continued friendship with fanfare, flowers and a flag. Capt. Hardy Temony II and Chief

THE KWAJALEIN HOURGLASS

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Chief Warrant Officer 3 Yessinia Johnson, center, and Capt. Hardy Temony II, right, welcome Shawna Hughes, spouse of USAG-KA Commander Col. Thomas Pugsley, and their children, Max and Elena, with roses and Marshallese flower crowns.

Warrant Officer 3 Yessinia Johnson welcomed the Pugsley family with a bouquet of yellow roses, presented to Pugsley's spouse, Shawna Hughes, and wuts, Marshallese flower crowns, for Hughes and their children Max and Elena.

Next, the culmination of Bartel's tenure as commander was signified with the passing of the garrison unit colors. Per Army Regulation 600-20, the act demonstrates authority passing to a new commander.

As is custom, Bartel received the colors from USAG-KA Command Sgt. Maj. Ismael Ortega. He passed them to Pugsley before Ortega received them again for safekeeping.

PUGSLEY'S MISSION BEGINS

On Kwajalein, the duties of the garrison commander are numerous and accomplished through teamwork and assistance from RMI, military, civilian, and contract personnel. As with Bartel, Pugsley's duties include custodianship of the garrison, a strategic Department of Defense asset, and support for U.S. Embassy Majuro and protecting the mutually beneficial partnership between the U.S. and RMI.

As described by master of ceremonies Staff Sgt. Jay Weddington: "The commander of the U.S. Army-Kwajalein Atoll is a trustee of an internationally signifizens, distinguished guests, traditional leaders, USAG-KA personnel, contract employees and family members attend the USAG-KA Change of Command Ceremony at the Kwajalein Flight Hangar June 30.

cant mission. He is ultimately responsible for all aspects of USAG-KA and supports the strategically important mission with base support operations. The garrison commander is also responsible for maintaining good order and discipline on this government installation and to look after the welfare of all of the installation's residents. Furthermore, he supports the U.S. Embassy Majuro by advancing a diplomatic relationship with the RMI as the INDO-PACOM commander's assigned senior military official."

STRONG CONNECTIONS

While he works to preserve the life, health and safety of the atoll and its citizens, Pugsley will be in good company. In the years that follow, Pugsley's contributions to the Army's continuing mission will be strengthened with support from a team that spans the atoll.

Speaking on behalf of Acting RMI President Christopher Loeak, the people of the RMI and the RMI delegation, Alfred described how the bond between the nations is reflected through a strong connection with the U.S. military.

"We are honored and happy to be here to honor you and your families, for the service and dedication of the men and women of the United States Army and our marvelous sons and daughters who proudly serve in the U.S. armed forces," said Alfred. "The installation is important to the Marshall Islands and will remain the centerpiece of our unique and special bilateral relationship for many years to come."

Alfred thanked Bartel, enumerating his exemplary leadership and efforts to sustain the strong relations between





the countries, such as providing support for RMI programs and security enhancements, and assisting in keeping COVID-19 out of the RMI.

"Our relationship has been fundamental to our security and an enabler of stability and prosperity," said Alfred. "It has grown and matured over the years not only through professional interactions, exercises and operations but especially through people-to-people ties. Col. Bartel, thank you for your unmatched commitment to your mission."

In appreciation for his service, Alfred presented Bartel with a gift from the Marshallese people: a handcrafted sailing canoe and stick chart to assure the colonel could return for a future visit.

In the same collegial spirit, Alfred welcomed the Pugsley family to the atoll community.

"Please know that our doors are always open and you are always welcome to visit us in Majuro or anywhere else in the republic as we continue to further strengthen this very close and special working relationship between the command and the whole nation to support the mission of the Ronald Reagan Ballistic Missile Defense Test Site."

AN EMBASSY WELCOME

"I'm honored to participate in today's ceremony to bid farewell to a trusted partner and also welcome a new commander to this most unique and beautiful country," said U.S. Embassy Majuro Deputy Chief of Mission Jeremiah Knight, speaking on behalf of U.S. Ambassador Roxanne Cabral.

Knight described Bartel's valuable collaborative work with U.S. Embassy Majuro and the RMI government. He recalled Bartel's recent, official recognition in a Nitijela citation in April.

"Col. Jeremy Bartel has been a key ally, successfully promoting USAG-KA's critical mission while actively engaging our valued partners in the Marshall Islands," he said.

Knight thanked Bartel for checking on him while he completed quarantine.

"It's particularly difficult when you have a special person who has strong ties and has accomplished as much as Col. Bartel has done during his tenure," said Knight. "I think that the team here at USAG-KA and the people in Ebeye and its neighboring islands will feel a little bit at ease understanding that USAG-KA is being left in very capable hands."

The embassy staff look forward to working with Pugsley to continue US-AG-KA's rich tradition of strategic defense and local engagement, said Knight. On behalf of Cabral, Knight offered Pugsley the full support of U.S. Embassy Majuro and encouraged him to join them for volleyball on an upcoming visit.

"I'm sure that he will excel at the helm of this great institution," said Knight, of Pugsley. "As history has shown, the U.S. embassy will continue to work with our partners, the government of the Marshall Islands and USAG-KA leadership to ensure the bonds between the two great nations continue to grow—and to accomplish any challenges that they face in the future."



1) Lt. Gen. Daniel Karbler, Commander, U.S. Space and Missile Defense Command, addresses the assembly during the Change of Command Ceremony. 2) Craig Deatrick, director, Installation Management Command-Pacific, delivered his remarks virtually, and described Bartel's exemplary strategic planning skills. 3) U.S. Embassy Majuro Deputy Chief of Mission Jeremiah Knight recalled Bartel as "a key ally, successfully promoting USAG-KA's critical mission."

PUTTING PEOPLE FIRST

Perhaps few others possess as comprehensive an understanding of the Kwajalein mission than Lt. Gen. Daniel Karbler, commanding general of U.S. Space and Missile Defense Command. In his prerecorded address, Karbler emphasized the value of relationships and people as key elements of mission success and introduced highlights from the colonels' military careers.

The USAG-KA mission is a tasking that spans 890 square nautical miles, 11 islands, employs more than 3,000 personnel and provides multiple strategic defense activities. It is work that cannot be accomplished without support and effective leadership.

Karbler said the key strength of Bartel's leadership in achieving Army mission goals: putting people first.

"I mean all people—not just garrison personnel," said Karbler. "None of it would have been possible were it not for the climate of trust and respect he established from day one. ...Jeremy made sure that every member of team Kwaj—whether military, civilian or contractor—knew they had an important and irreplaceable job, and he made it clear that mission success would only be possible through cooperation—not just with each other but also with members

of the Marshallese community. That is what truly defines his time as commander and what makes him, in my experience, one of the Army's best."

Karbler thanked Regan Bartel for her exemplary facilitation of diplomatic visits and garrison activities handled "with signature grace and diplomacy." He commended her for providing unending support for those around her, citing her mentorship of high school students and Seabees, and active participation in community sports.

"I think Jeremy would be the first to tell you how much he relied on his wife Regan over the past two years," said Karbler. "You've also enriched every life you've touched here on Kwaj, and I know you'll be missed."

Karbler wished Bartel good luck at his next posting: military assistant to the assistant secretary of defense for special operations and low-intensity conflict, and offered an array of highlights of Bartel's work on the atoll:

Working with U.S. Embassy Majuro and Iroijlaplap Sen. Michael Kabua to institute a Covid-19 risk mitigation plan that gave equal consideration to the citizens of the U.S. and RMI

Hosting town halls and council meetings across the atoll to keep RMI citizens informed about quarantine testing and repatriation operations

Volunteering to receive the first dose of the Pfizer vaccine available on US-AG-KA to demonstrate its safety and to encourage both garrison personnel and community members to follow his lead

Helping to prevent the spread of COVID-19: "an incredible achievement"

Receiving special recognition from the Nitijela "for protecting lives and providing essential services throughout the pandemic"

Assuring the continuance of the mission of the Ronald Reagan Ballistic Missile Defense Test Site and missions related to space surveillance, foreign launch observation and ballistic missile and weapons testing

Karbler specifically recalled the success of the Missile Defense Agency's FTM-44 mission during a critical testing window. "It was with a little luck and a lot of creative problem solving that the flight test was executed to perfection this past November," said Karbler, adding that Vice Adm. John Hill considered the successful test "an incredible accomplishment and a critical milestone."

Anticipating that their love of the atoll would grow over the years, Karbler welcomed the Pugsley family to the atoll.

"As for the challenging role Tom will be stepping into, his extensive professional experience after 24 years in the Army makes him an ideal candidate," said Karbler, of his confidence in Pugsley's leadership.

Pugsley holds three master's degrees and a doctorate from the Naval Post-graduate School. He was commissioned as a field artillery officer, accepted as a Space Operations officer and taught as a professor at United States Military Academy West Point. In 2011, he arrived in the Pacific theater to become the chief of the space branch for USARPAC's strategic programs division.

Pugsley has served as the chief of operations in the Command and Control Division for the Space Security and Defense Program in Colorado Springs and recently served as the chief of Special







1) Bartel accepts a small boat from RMI Minister Alfred Alfred Jr., as a token of appreciation symbolic of a future return trip to the Marshall Islands. 2) RMI Iroijlaplap and Sen. Michael Kabua, center, listens to Bartel's remarks during the Change of Command Ceremony June 30. Bartel served on USAG-KA from July 2019 through June 30, 2021. 3) USAG-KA Commander Col. Thomas Pugsley addresses U.S. Army Garrison-Kwajalein Atoll.

Programs Directorate for United States Army Central Command at Shaw Air Force Base, South Carolina, where he was responsible for all space, cyber and special technical operations in support of Central Command.

"Most importantly, like Jeremy, Tom understands the need to put people first," said Karbler. "That is why I know he will continue to foster the climate of trust and respect among all members of the Kwaj community, and in doing so, further strengthen the special relationship between the U.S. and RMI."

MASTER PLANNER

Craig Deatrick, director of U.S. Army Installation Management Command-Pacific, joined the ceremony via a live teleconference connection to thank





1) Years of experience, two colonels and one mission. USAG-KA Commander Col. Thomas Pugsley, left, and outgoing Col. Jeremy Bartel both arrived on U.S. Army Garrison-Kwajalein Atoll with specialized careers in strategic military operations. Combined, they have more than 40 years of military experience, multiple graduate-level degrees and as Lt. Gen. Daniel Kar-

bler mentioned in his remarks, they both put people first. 2) The Pugsley family celebrates. From left: Shawna Hughes, Max, Elena and Thomas slice a USAG-KA cake using the garrison's ceremonial saber. 3) Following the ceremony, USAG-KA Host Nation Director Lt. Col. Daniel Young, left, joins well-wishers to meet Hughes, right, in the receiving line.

the colonels for their exemplary service and to acknowledge Bartel's support of the Army mission and Marshallese people during the pandemic.

Deatrick commended Bartel on his mission support and close teamwork with the RMI.

"He was able to closely coordinate with our friends from the Republic of the Marshall Islands, coordinating the movement of approximately 900 U.S. personnel while also coordinating the repatriation of almost 200 Marshallese citizens from the United States back to Kwajalein," said Deatrick.

Deatrick noted Bartel's efforts to cross-coordinate with Navy leadership in prioritization of humanitarian projects accomplished by the U.S. Navy Seabees to aid Enniburr residents. He described Bartel as a stellar planner who achieved "commanding results" in handling the challenges of base operations—even when unscheduled events and support changed the shape of best laid plans.

Of Bartel's efforts in shaping an inclusive culture throughout the military and civilian workforce, Deatrick said he was "relentless."

"He built understanding between eclectic generational and socioeconomic groups, nurtured short- and long-term planning, prioritized support around mission needs and built consensus," he said. "Jeremy was an exemplar, graciously sharing his knowledge and experience to grow the next generation of leaders," Deatrick said. "He was committed to effective risk management and he clearly articulated current emerging requirements and ensured proper resource

stewardship of over \$300 million in operational funds and \$500 million in new construction. His knowledge of relevant information and transparency helped gain the Army consideration for increased investment in en-

ergy communications and construction and netted two congressional authorities identified in the National Defense Authorization acts of 2020 and 2021, respectively."

Deatrick ended with words of encouragement for Pugsley: "Tom, you're the right leader and you have the right team support for this mission. Carry on the proud history. Continue to strengthen our partnership with the RMI. I'm confident your talents and experience will benefit this community."

DE OPPRESSO LIBER

As Col. Jeremy Bartel looked out across the audience, he could see the faces of Marshallese citizens, traditional and government leaders, community members, military personnel, support staff, Department of the Army civilians, veterans and friends.

Together, they had worked to implement new construction, craft an Annual Work Plan, parse budgetary support with IMCOM personnel, help inform the community, accomplish repatriation and, when the going got tough, to ensure contract support was there to keep the lights on and the water running.

All were people Bartel had worked steadfastly with for two years to support, and they were there in support of him. Without fail, he put the people first and



thanked every one of them.

"There's a saying that I appreciate," said Bartel. "When you give someone your time you are giving them a portion of your life that you will never get back.' Your time is your life. I appreciate you all finding the time to be here today, but I also appreciate all the time many of you put into running this garrison. Moreover, I cannot think of a more rewarding way to have spent the last two years, and I'll take away experiences and memories that will always mean a great deal."

Bartel hoped that he had satisfied RTS mission leaders with his support. He recognized the many civilian, contract partners, IMCOM personnel and military leaders who had offered their insight, support and teamwork over the years in realizing goals on the garrison.

He thanked Derek Miller, director of USAG-KA Public Works, for tackling challenging projects to prepare the garrison for greater future success and shared his appreciation for Karbler's steadfast support of USAG-KA:

"You're an absolutely phenomenal leader who provided the guidance I needed and the latitude any leader wants from their senior mission commander to execute their intent," Bartel said. "I couldn't imagine trying to command out here with anyone else at the helm."

The colonel directly addressed US-AG-KA Deputy Garrison Commander

Denise Davis, in the front row:

"I couldn't have asked for anyone else to see my blind spots and who wasn't afraid to challenge my assumptions. Besides being a phenomenal deputy to the commander, you are someone that cares for the entire Department of the Army civilian workforce. Regardless of whether they knew it or not, I've seen you fight for absolutely everyone in this organization at one point or another without exception."

Far in the back of the hangar, Bartel spied Command Sgt. Maj. Ismael Ortega in the crowd. He commended both him and former Command Sgt. Maj. Kenyatta Gaskins on their exceptional leadership: "two leaders whose outstanding competence and dedication made it impossible to fail."

Bartel thanked the many RMI ministers and leaders with whom he'd spent long hours planning projects, affirming plans and working together—perhaps none so much as one man with whom he'd also spent hours fishing.

"I have to thank my Marshallese brother, Mayor Hirata Kabua," Bartel said. "You have listened to me at all hours of the night, explained the nuances of the RMI, brought me into your home, and together we've accomplished tasks that seemed impossible. I feel like we have made our two communities closer today than they were before. The one thing that we have not accomplished was catching the marlin that you promised me over a year ago—which means I must come back. Well played, my friend."

The colonel looked once again over the crowd where, two short years ago, he'd first assumed command.

"The last piece I would like to leave our Kwajalein community with is, don't take our Marshallese brothers and sisters for granted. Cultivate your relationships both at work and in your free time. I promise it will be one of the most rewarding investments you have ever made."

Bartel wished the Pugsleys an excellent tour.

"The only advice I have for you is the same I've given you many times before," he said. "Take care of this community. Take care of the workers. Take care of the mission, and there is no doubt in my mind they won't take care of you. I'm looking forward to seeing what you accomplish as a team over the next few years. May God bless the people of the Marshall Islands, the men, women and families of Kwajalein and may God bless America—which is now and always will be the land of the free and the home of the brave. Kommol tata and De Oppresso Liber."

COMMANDER SPEAKS

As Col. Pugsley took to the podium, he was surrounded by new friends and willing helpers. A host of new challenges awaited him. He had only lived on the garrison 10 short weeks and had seen the beauty of the atoll and character of its people. He shared his first impressions of the RMI and its residents.

"I've been thoroughly impressed with





1) RMI Sen. Tony Muller, along with visitors, friends and USAG-KA personnel form a receiving line to meet Col. Thomas Pugsley and his spouse, Shawna Hughes. More than 300 guests assembled in the Kwajalein Flight Hangar to attend the ceremony, from Kwajalein, Majuro and Ebeye. 2) On USAG-KA, it's people first. Taiwan Ambassador to the RMI Jeffrey Hsiao, center, looks on as Pugsley, left, and Kwajalein Atoll local government Mayor Hirata Kabua, right, greet each other in the receiving line.

the kindness and your generosity—both from yourselves, as well as the Marshallese people," Pugsley said. "It is truly a testament to the unique and special relationship between our two countries. I would like to thank Col. Bartel and Regan for their commitment to this community, their commitment to the mission, and finally to their commitment to the Marshall Islands. The positive impact you both have made in your time here can be seen everywhere."

Pugsley thanked those who had supported him in his travels throughout the atoll as he prepared for his mission. He expressed joy about beginning his tour.

"My family and I are truly delighted to have the privilege to join this wonderful community and we greatly appreciate the warm welcome we've received from everyone. We look forward to building upon the relationships that we've established so far and we look forward to working with the entire team—from the RMI government to our Marshallese workforce to the Department of Army civilians, to our contractors, to the military personnel. All of you: We look forward to interacting, engaging and working as we achieve our nations' interests. Thank you for this opportunity to continue to serve."

THAT'S A MORAY

BY JESSICA DAMBRUCH

Local underwater photographer Heather Miller captured the inquisitive stare of a moray eel on camera.

This beautiful member of the family Muraenidae is but one member of a diverse species of finless, marine creatures that make their homes in temperate and tropical freshwater, saltwater and brackish waters alike.

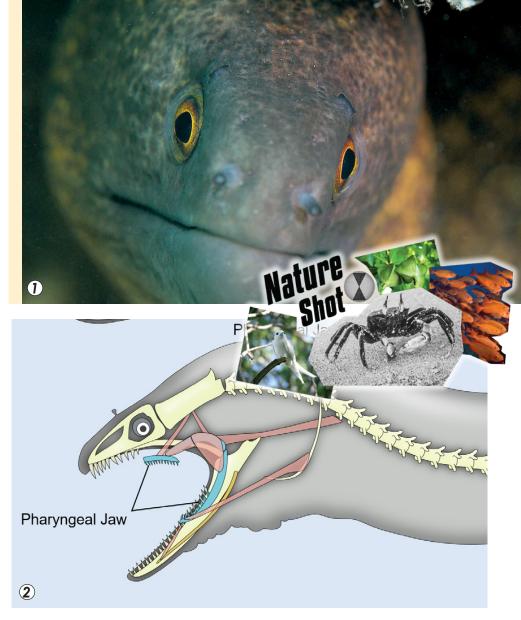
Moray eels lack pelvic and pectoral fins, which accentuates their snake-like appearance. They have distinctive epidermal patterns and excrete a mucous that toughens up the walls of their sandy homes and often prevents their collapse.

A prominent feature of the moray is, of course, its sizable mandibles: Morays essentially possess two sets of teeth. The pharyngeal jaws are located far back in the cranium, making an eel's fully-opened jaws startlingly large.

These jaws essentially act like a second set of "launchable" jaws that take hold of prey and pull it back into the throat.

While marine eels check the sand for dinner, they are not the top of their food chain. Sea snakes, barracudas and large fish like groupers keep an eye out for tasty moray eels.

Eels are carnivorous and prefer to eat small fish, squid and crustaceans. They are also known to team up with other marine animals to "scare up" dinner. Reef-hunting coral groupers have been observed to recruit giant moray eels to help them hunt. The grouper gives the signal—an actual shake of the head—to invite the eel to help. This lets morays chase down prey that groupers may not be able to catch.



Check out the waters of Kwajalein Atoll and be on the lookout for the next moray. Eels are fun to spot while snorkeling or scuba diving—even more so, when prepared with a few eel facts. 1) When the moon hits your eye like a big pizza pie, see article title. Pictured here, a moray eel displays its blue, green, orange and purple-mottled skin for the camera in this photo by Heather Miller. 2) In this National Science Foundation diagram by Zina Deretsky, it is possible to see how the eel's body stretches to accommodate pharyngeal jaws at dinnertime.

THIS WEEK IN KWAJALEIN HOURGLASS HISTORY





WALLET SHIPS HOME TO SON OF A SAILOR

KWAJALEIN HOURGLASS ARCHIVE

By Jessica Dambruch The Kwajalein Hourglassm July 4, 2020

The contents of an unassuming leather wallet lost on Kwajalein and recovered by island construction workers more than 50 years later helped a Stars and Stripes journalist in Europe locate the owner's family.

Writer Chad Garland was compelled to help Kwajalein archaeologists in their search for the Bollinger family after reading a January Kwajalein Hourglass article about the missing wallet. The find was recovered in the masonry of a heavy equipment facility. Catalogued as "Kwaj 19-111: Inadvertent Discovery," it contained identification for Seaman Recruit Homer L. Bollinger, including an immunization record, a Navy prayer card, Missouri driver's license and multiple family photographs.

Archaeologist Caitlin Gilbertson con-

ducted the initial search for Bollinger's relatives.

"Items like this don't usually last long on Kwajalein due to the harsh environment," said Gilbertson, "so the fact that everything was so well preserved is kind of amazing in its own right."

Several individuals contacted Kwajalein Archaeology with possible leads. Garland searched news from 1979 Missouri, relying on search engines, online newspapers and a little elbow grease before recovering obituaries and listings that led him to surviving members of the Bollinger family. He consulted Kwajalein Archaeology with his findings. At last, Garland had a phone call with Homer's son, Robert.

Robert was able to identify some of his family members in the wallet-sized photos, Garland said. He identified the faces of a grandparent and his father, Homer.

U.S. Army Garrison-Kwajalein Atoll Public Affairs Officer Mike Brantley arranged for the wallet's return to the Bollinger family in June. For now, Kwajalein Archaeology can call the case closed. It's a happy ending for an unlikely find.

"It's not often that we find such personal items that can be traced to a specific individual, and it's even more rare when



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Kwajalein Archaeologist Caitlin Gilbertson displays the collected contents of a wallet that belongs to Seaman Recruit Homer L. Bollinger. The wallet was lost on Kwajalein more than 50 years ago and was returned to the Bollinger family in June.

we can return the item to its rightful owner," said Gilbertson. "The wallet provided a small glimpse into a man's life in the 1950s, so we're literally holding a piece of someone's family history in our hands. To know that we can give this piece of personal history back to the family is extremely rewarding."



In this courtesy aerial photo of 1959 Kwajalein, provided by U.S. Space and Missile Defense Command, quarters, facilities and part of the island's early infrastructure are visible. The locations of buildings and worksites have changed over the years.

U.S. SPACE AND MISSILE DEFENSE COMMAND HISTORY

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

Through much of its history, the Kwajalein Missile Range has been run as a government-owned and contractor-operated facility. Amentum-DynCorp International operates the current base operations support contract for what is now U.S. Army Garrison - Kwajalein Atoll.

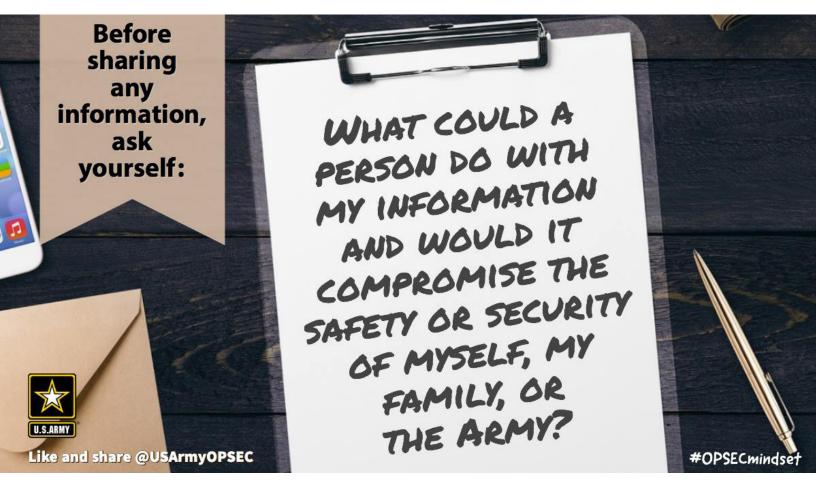
This precedent can be traced to July 1, 1959. The U.S. Navy scaled back operations at their Kwajalein base and awarded a contract to Transport Company of Texas. TCT operated and maintained all of Kwajalein's many support facilities. According to the Kwajalein Field Sta-

tion history, this was the first contact of its kind. It was determined jobs such as merchandising, transportation, maintenance and community support "were best left to civilians."

The contractor personnel replaced the military personnel who had previously performed those functions. Meanwhile, only a small staff of naval personnel remained on the island to oversee operations along with a Sea-Air Rescue unit.

In July 1964, the range operations transferred to the U.S. Army. Four months earlier, on March 1, Global Associates of Oakland, California, became the new logistics support contractor.

An excerpt from a recent contract announcement elaborates upon the scope of this type of contract which calls upon the contract to "[provide] required materials and non-personal services in the functional areas of aviation, automotive, marine, utilities, facilities engineering, housing, community services (such as dental, educational, medical, recreational, religious, etc.), food services, merchandising, fire prevention and protection, supply, and management (such as safety, quality control, configuration management, information systems, internal audit, accounting and finance, personnel administration, etc.)."



KWAJ HEALTH CONNECTION





ALCOHOLICS ANONYNMOUS ONLINE AND ON KWAJALEIN

When people arrive on Kwajalein, it's not unusual for them to discover they've overpacked. If you are struggling with alcoholism, think of it as just one more piece of baggage you're going to discard before you PCS.

Consider joining in regular Alcoholics Anonymous meetings hosted by community volunteers on Kwajalein. The meetings are free, open and occur Tuesdays at 6:30 p.m. in the REB. For those who lead a busy work-life balance, there are online options for those who want to join an Alcoholics Anonymous meetup to make personal health a priority.

Read on for tips from aa.org, provided by Island Memorial Chapel Ch. Brian Conner, also found online at https://aa.org.au/newto-aa/frequently-asked-questions/.

What is Alcoholics Anonymous?

We are a fellowship of men and women who have lost the ability to control our drinking and have found ourselves in various kinds of trouble as a result of drinking. We attempt—most of us successfully—to create a satisfying way of life without alcohol. For this we find we need the help and support of other alcoholics in AA.

How do I know if I am an alcoholic?

If you repeatedly drink more than you intend or want to, if you get into trouble or if you have memory lapses when you drink, you may be an alcoholic. It's a matter of whether your drinking is stopping you from leading the sort

of life you want to lead. If you want to control your drinking but can't, then alcoholism is a definite possibility. But as far as AA is concerned, whether you are an alcoholic is for you to decide. It's not up to anyone in AA to tell you whether you are or not.

How does going to a meeting help me with my drinking problem?

We in AA know what it is like to be addicted to alcohol, and to be unable to keep promises made to others and ourselves that we will stop drinking. We are not professional therapists. Our only qualification for helping others to recover from alcoholism is that we have stopped drinking ourselves. We have the ability to help problem drinkers because we are living proof that recovery is possible—we've done it.

Is AA a religious organization?

No. Nor is it affiliated with any religious or other organization.

There's a lot of talk about God, though, isn't there?

The majority of AA members believe that we have found the solution to our drinking problem not through individual willpower, but through a power greater than ourselves.

However, everyone defines this power as he or she wishes. Many people call it God, others think it is the AA group. Still others don't believe in it at all. There is room in AA for people of all shades of belief and nonbelief.

Your questions about alcohol and health deserve an answer. For more information, contact the Kwajalein Hospital at 5-2223. To speak with the Employee Assistance Program counselor or to make an appointment, call 5-5362.

JOIN THE CONVERSATION

Have a question?

The Health Connection supports the Commander's Ready and Resilient Council, an Army-wide initiative focused on the health and resiliency of Soldiers, family members and civilians. CR₂C implements initiatives to address behavioral, physical, spiritual and environmental issues identified in the community.

Join the Conversation

The USAG-KA CR₂C team encourages community members to ask questions about general health, wellness and well-being.

Please send your question to kwajaleinadministration@internationalsosgs.us. Responses will be published in the Kwajalein Hourglass Health Connection after being reviewed by International SOS staff members. Names of respondents will not be published.

Examples of topics CR2C can address are as follows:

- What sea creatures should I avoid?
- Where can I learn First-Aid on Kwajalein?
- How do I get my spiritual needs met on Kwajalein?
- How does a Kwajalein medevac work?
- What will I be billed for at the Kwajalein Hospital?

For More Information

For questions about CR2C, Kwaja-lein Hospital at 5-2223.

* On USAG-KA, the CR2C program is administered by the USAG-KA Health Systems Specialist and implemented by LOGCAP IV contract and subcontract personnel. The U.S. Army does not endorse information included in the column or informational materials provided by International SOS or Amentum-DI.



WHAT WE CAN DO

EDITORIAL / JESSICA DAMBRUCH

When a member of a small community falls prey to their demons, the effects are felt far afield. Kwaj is no exception.

Excessive alcohol consumption is as common and unhealthy on Kwajalein as it is in other parts of the globe.

If you are currently fighting a drinking problem, keep trying. Know we support you and that you are not alone. Know it's not you alone I'm addressing in this article. It's the people around you.

Everyone: Don't forget to support these people in their fight while you're focused on living the dream. Look out for each other.

Turning a blind eye to those struggling with alcoholism is an exercise in fantastical self-indulgence. Willful blindness does not make a problem disappear.

We have the right to drink responsibly. We have a responsibility to keep alcohol from blending into the scenery.

Ask yourself if alcohol is part of your scenery. Maybe cash bars at community events cease to challenge you. Social wine nights have become a given. So what if an office culture encourages drinking. So what if the sports team buddies end each practice with a beer. So what if a friend passed out on the way home from the Ocean View Club—again. We're missing out on Kwaj life if we don't raise a glass. Our ship has come in: We can't miss out. We're all living the dream.

Well, some of us are.

Allow me to introduce a few Kwajalein friends I've lost.

Picture a "techie" with a shock of wild blonde hair and a brain like a steel trap.



these people in their fight

while you're focused on

living the dream. Look out for each other."

At work, he was a patient guy. He grew up on this island. He was a star athlete. Everyone liked him.

He seemed just fine—right up until he wasn't.

In hindsight, friends shared warning signs they'd noticed over many months.

We friends could have done something. None of us put the pieces together in time. We live with that.

When people leave, they leave big voids in island life and work.

There are other kinds of loss. In extreme cases, island "Don't forget to support

treme cases, island employees exhibiting public drunkenness can and have been barred per the island's zero-tolerance regulations and lose both em-

ployment and an opportunity to work through substance abuse issues while on island.

The island's Safety Council—reach out to your organization's members for specific data—has identified an increased number of incidents involving alcohol use. The truth is, we have only so many vehicles and employees to go around. We should keep them in good working order.

It's not all bleak. I lost another friend—though not in the ways you might ex-

pect—who drank heavily for years.

I listened carefully as months before he left, he'd begun to whisper, and then repeat, one phrase: "I have to get out of here."

Longtime friends encouraged him to whatever the change would be. It was the right thing for him.

One night two years ago, I stood outside the Ocean View Club—ironic, I know—after his PCS party.

He stared at the bottle in his hand, it was mineral water—looked back up at

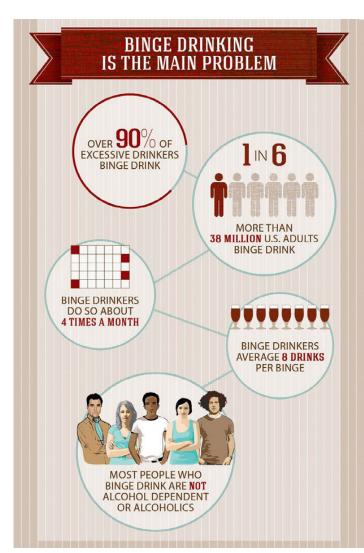
the stars and finished his thought.

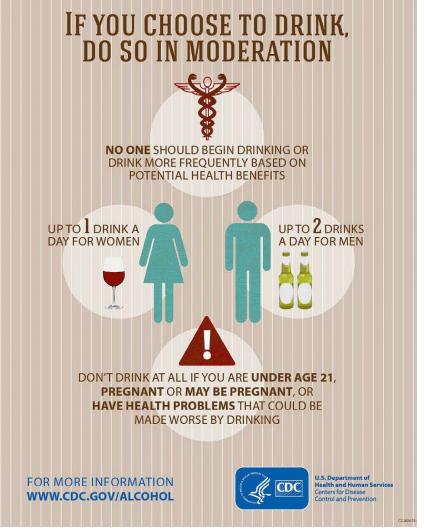
"I have to get out of here," he said. "This isn't healthy. I want to be healthier."

We friends lost him to a new horizon. He's out there traveling the world. Along the way, he lost more than 60 pounds. He's doing great. The work took him years to start and longer to fulfill, but he did it. It can be done.

If you aren't drinking responsibly yet, seek help. A ship in a bottle can't sail.

If you can help someone by listening or connecting them to a resource, do not fail to act. Communal apathy in place of helpful action abandons the most vulnerable members of our community to a road well-traveled.





FIRST SOLDIERS, SAILORS, MARINES SELECTED FOR TRANSFER TO THE SPACE FORCE

EXTERNAL REPORT

By the Air Force News Service

Arlington, Virginia—Working with the Army, Navy and Marine Corps, the United States Space Force has selected 50 active-duty volunteers from those Services to transfer into the USSF beginning July 2021. This initial group of Soldiers, Sailors and Marines will test out the integration efforts established by the Services to pave the way for a larger group of volunteers transferring in fiscal year 2022.

These transfers are the latest in a series of collaborative efforts amongst the Space Force, Air Force, Army, Navy and Marine Corps since the creation of the new service in December of 2019. More than 3,700 officers and enlisted members from the Army, Navy and Marine Corps submitted transfer applications during the month of March to compete for this transfer opportunity.

"We are overwhelmed by the number of applicants, and the outpouring of support our sister services have provided as we've partnered together to design the Space Force," said Gen. David D. Thompson, vice chief of Space Operations. "We are excited to have Guardians from these Services join more than 5,200 Air Force transfers, and look forward to the new experience, perspective

and culture they will bring as we continue to build the Space Force."

In addition to the 50 just selected as the initial group to "beta test" the transfer process, approximately 350 more will be selected for transfer in July; each will be matched to positions in specific Space Force specialties—space operations, intelligence, cyber, engineering and acquisition. Members who previously applied do not need to take any action to be considered in this next selection board. Those additional selections will be announced in the coming months.

"The competition for selection has been tough. So many of the applicants are top performers with experiences and skillsets well-suited for the Space Force," said Patricia Mulcahy, Space Force Chief Human Capital Officer. "With help from our sister services, we had the tough job of reviewing the applications to select the 50 candidates for this first transfer opportunity, and will use a similar process for the remainder."

This inter-service transfer program is separate from a second effort to identify space missions and units from the other Services to realign to the Space Force in fiscal years '22 and '23. Several hundred members currently assigned to those units will also be offered an opportunity to volunteer to transfer to the Space Force.



Gen. David D. Thompson, vice chief of Space Operations for the U.S. Space Force, described the large volume of transfer applications from other branches within the U.S. armed forces in a recent statement published by the Air Force News Service.



Congratulations to the USSF selectees. Visit https://www.spaceforce.mil/Portals/1/IST%20TRANCHE%201%20PUBLIC%20RELEASE%20

%2830%20Jun%2021%29.pdf for a list of the 50 new members or visit the site by clicking the USSF insignia.

ARMY PUBLISHES 2021 POLICY ON TRANSGENDER MILITARY SERVICE

EXTERNAL REPORT

Provided by Headquarters, Department of the Army, Deputy Chief of Staff, G-1

What is it?

- The U.S. Army has released service-level guidance supporting the 2021 DoD Instruction 1300.28 on transgender military service.
- The policy ensures that no person, solely based on his or her gender identity, will be denied accession into the Army; involuntarily separated or discharged from the Army; denied reenlistment or continuation of service; or subjected to adverse action or mistreatment.

The revised Army policy for transgender military service:

- Permits those who meet appropriate training and readiness standards to access and serve in their self-identified gender.
- Incorporates several minor additions to better streamline policy, provide more flexibility to military services based on lessons learned in the field, and where necessary, includes additional clarification in terminology.

What are the current and past efforts of the Army?

The 2021 Army transgender policy:

- Prohibits discrimination based on gender identity or an individual's identification as transgender
- Provides a means by which to access into the military in one's self-identified gender provided all appropriate standards are met
- Provides a path for those in service for medical treatment, gender transition, and * recognition in one's self-identified gender
- Seeks to protect the privacy of all Service members and to treat all Service members with dignity and respect

What continued efforts does the Army have planned?

 All applicants for Army service and every Soldier will be always treated with dignity and respect. The Army will continue to sustain force readiness by implementing policy changes that support recruiting, developing, employing, and retaining the best talent unrelated to an individual's gender identity.

- The Army will train the force to remain consistent with regulations that afford all Soldiers equal opportunity in an environment free from harassment and unlawful discrimination based on race, color, national origin, religion, sex, gender identity, or sexual orientation.
- Training the force on this new policy will commence in a three-tier model, which will be completed no later than June 2022. By September 2022, Army blocks of instruction will include training and education on persons with gender dysphoria and the related policies.

Tier 1: trains Special Staff from the Judge Advocate General's Corps, Medical Corps, Chaplain Corps, and the Inspector General.

Tier 2: trains leaders and supervisors. **Tier 3:** trains Army Units and Soldiers

Why is this important to the Army?

The all-volunteer Army thrives when it is comprised of diverse Soldiers who can meet the high standards for military service in an inclusive military force that strengthens the national security posture.



Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special "Movies Under the Stars" events.

KWAJALEIN YUK THEATER

Saturday, July 3 "The Call of the Wild" (PG) 100 min. Harrison Ford, Omar Sy

Buck is a big-hearted dog whose blissful domestic life gets turned upside down when he is suddenly uprooted from his California home and transplanted to the exotic wilds of the Alaskan Yukon in the 1890s. As the newest rookie on a mail-delivery dog sled team, Buck experiences the adventure of a lifetime as he ultimately finds his true place in the world.

Sunday, July 4 "The Unholy" (PG-13) 100 min. Cricket Brown, Jordana Brewster

A girl inexplicably gains the power to heal the sick after a supposed visitation from the Virgin Mary. As word spreads and people flock to witness her miracles, a disgraced journalist visits the small New England town to investigate. However, when strange events start to occur, he soon wonders if these phenomena are the result of something more sinister.

Monday, July 5
"The Invisible Man"
(R) 124 min.
Elisabeth Moss, Aldis Hodge

After staging his own suicide, a crazed scientist uses his power to become invisible to stalk and terrorize his ex-girlfriend. When the police refuse to believe her story, she decides to take matters into her own hands and fight back.

Saturday, July 10
"A Quiet Place"
(PG-13) 90 min.
John Krasinski, Emily Blunt
If they hear you, they hunt
you. A family must live in

silence to avoid mysterious creatures that hunt by sound. Knowing that even the slightest whisper or footstep can bring death, Evelyn and Lee are determined to find a way to protect their children while desperately searching for a way to fight back.

Sunday, July 11 "The Art of Racing in the Rain" (PG) 109 min. Amanda Seyfried, Kevin Kostner

Denny Swift is a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to successfully navigate everyday life. Besides his career, Denny has three loves of his life—his beautiful wife, their young daughter and his best friend, which is a dog that wants to be reincarnated into a human.

Monday, July 12
"Black and Blue"
(R) 108 min.
Naomi Harris, Tyrese Gibson

A rookie policewoman in New Orleans inadvertently captures the shooting death of a young drug dealer on her body cam. After realizing the murder was committed by corrupt cops, she teams up with the only person from the community who's willing to help her. Now, she finds herself on the run from both the vengeful criminals and the lawmen

who desperately want to destroy the incriminating footage.

ROI - NAMUR C-BUILDING

Saturday, July 3 (PG-13) 95 min. "Yellow Rose" (PG-13) 95 min. Eva Noblezada, Dale Watson Yellow Rose is a 2019 American-Fillipino musical drama film chronicling the bittersweet struggle of one Filipina's quest to be a country music star.

Sunday, July 4 "Long Shot" (R) 165 min.

Charlize Theron, Seth Rogan Fred Flarsky is a gifted and free-spirited journalist who has a knack for getting into trouble. Charlotte Field is one of the most influential women in the world—a smart, sophisticated and accomplished politician. When Fred unexpectedly runs into Charlotte, he soon realizes that she was his former babysitter and childhood crush. When Charlotte decides to make a run for the presidency,

she impulsively hires Fred as her speechwriter—much to the dismay of her trusted advisers.

Saturday, July 10 "The Unholy" (PG-13) 100 min. Cricket Brown, Jordana Brewster

A girl inexplicably gains the power to heal the sick after a supposed visitation from the Virgin Mary. As word spreads and people flock to witness her miracles, a disgraced journalist visits the small New England town to investigate. However, when strange events start to occur, he soon wonders if these phenomena are the result of something more sinister.

Sunday, July 11 "The Invisible Man" (R) 124 min.

Elisabeth Moss, Aldis Hodge After staging his own suicide, a crazed scientist uses his power to become invisible to stalk and terrorize his ex-girlfriend. When the police refuse to believe her story, she decides to take matters into her own hands and fight back.





DON'T LEAVE HOME WITHOUT IT

Stand to, everyone. Command Sgt. Maj. Ismael Ortega is on the lookout for "uniformity." Active duty service members are expected to follow regulations for arrangement and presentation of uniform pieces and regalia at all times. Please be sure you are assembled and ready before all official Command photographs.

CYS JUNE SPOTLIGHT

U.S. ARMY GARRISON-KWAJALEIN ATOLL CHILD AND YOUTH SERVICES

SCHOOL-AGE CARE

Summer Camp runs through Aug. 7, Tuesday through Saturday from 8:30 a.m. - 4:30 p.m. Register in Central Registration.



July - 6 - July 10 STEM Express



July 13 - July 17 Sports Hall of Fame



July 20 - July 24 Harry Potter



July 27 - July 31 Space and Beyond

Aug. 3 - Aug. 7 Mini City

NAMO WETO YOUTH CENTER

Tuesdays

Closed

Wednesdays

Water Wednesday - 12:30 p.m. Tremendous Trivia - 4:30 p.m.

Thursdays

Movies with Popcorn - 4 p.m.

Fridays

Frappaccinos - 4 p.m.

Saturdays

Smoothies - 3:30 p.m.

Sundays

Surprise - 6 p.m.

YOUTH CENTER SPECIAL EVENTS

Now through July 28

Commander's Challenge

July 7 - MIT Summer Institutes Begins - Tuesdays - Fridays - 1 - 5 p.m.

July 7 - Water Wednesday - Paddleboards - 12:30 pm

July 9 - B-Boat Trip - 7:30 a.m.

July 11 - Surprise Sunday - Bob Ross Painting

July 16 - B-Boat trip- 7:30 a.m.

July 17 - Water Wednesday - Ski Steps Snorkel - 12:30 p.m.

July 18 - Surprise Sunday -Solar Oven S'mores - 4 p.m.

July 21 - Water Wednesday - North Point Rapids - 12:30 p.m.

July 25 - Surprise Sunday - Kool-Aid Playdough - 4:30 p.m.

July 28 - Water Wednesday - Japanese Tide Pools - 12:30 p.m.

CHILD DEVELOPMENT CENTER

Baru Classroom

Fridays are Water Play Days for infants and young toddlers. Saturdays are Water Play Days for toddlers. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

Bako Classroom

Tuesdays - STEAM Swim Day. Please send your child with water clothes, dry clothes, a towel and swim diaper (if needed).

Wednesdays - STEAM Functional Fitness

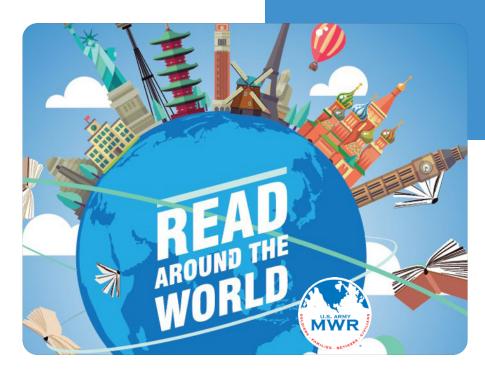
Thursdays -STEAM Library

Parent Information

CYS will be closed July 6 in observance of Independence Day.

Parent Advisory Board Open House - Please come and get information on upcoming events and register for activities on Saturday, July 3, all day in Central Registration.

Visit USAG-KA CYS on Facebook for pictures and information about our events and programs. https://www.facebook.com/USAGKACYS/.



Join the reading challenge this summer at the Grace Sherwood Library

Get ready to read around the world.

This fun activity runs through July 28 and is open to all Kwajalein children finishing grades K – 6.

Enjoy travel-themed story time and crafts every Wednesday at 10:30 a.m. and 3:30 p.m., and a reading challenge and weekly scavenger hunt for readers in grades K - 6.

Enter for the chance to earn prizes in each age group (grades K - 1, 2 - 3, 4 - 5, and 6) for the most books and/or pages read.

To participate, pick up reading

logs at the GSL, fill them out and return them to a library staff member.

July 7: South America

July 14: Africa July 21: Europe

July 28: Reading celebration

For more information, call the MWR desk at the Grace Sherwood Library at 5-3331 or 5-3332.

CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@dyn-intl.com Wednesday by close of business. Ads received after deadline will be published in the next issue of the Kwajalein Hourglass.

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Done hiring? Write to kwajalein. hourglass@dyn-intl.com to remove your help wanted listing.

Truestone, an AKIMA company, seeks a telephone operator. For more information about this position and to apply, please click the URL below to visit https://akima.taleo.net/careersection/akimallc_cs/jobdetail.ftl?job=TRU01055&tz=G-MT-05%3A00&tzname=.

Substitute teachers wanted. Kwajalein School System seeks student-centered adults available from 8 a.m. - 3:30 p.m. to serve as substitute teachers or teacher aids. Contact Paul Uhren for more information at uhrenp@kwajalein-school.com or 5-3601.

USAG-KA Child and Youth Services seeks a Lead Preschool Teacher. Send your resume to CYS Coordinator Dr. Stephanie Mc-Cutcheon at stephanie.mccutcheon@dyn-intl.com.

USAG-KA CYS seeks a Sports and Fitness teacher. This position is unaccompanied. Requirements: Earned undergraduate degree in physical education, recreation or related field with six months' experience in a sports program or two years in a similar program with individual and team sports. Send resumes to stephanie.mccutcheon@ dyn-intl.com and apply online at requisition WRSSrecruiting.com, ID: 2101305.

Community Bank seeks a parttime Banking Center Service Specialist, or teller. Submit applications and resumes to www.dodcommunitvbank.com. Contact Rita Pvne at 5-2152 for more information.

Nan Inc. seeks a qualified quality control manager and site safety and health officer. To apply, visit www.nanhawaii.com and contact Clint Ueatari or Kevin Short at 5-2632, 5-1260 or 5-2998.

Tribalco seeks experienced and highly motivated senior, mid- and junior network technicians to join their team. Apply via http://www. tribalco.com/jobs.html.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

Amentum seeks qualified candidates for various positions. Current open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works, among others. To apply, contact your local HR representative.

USAG-KA Child and Youth Services is hiring coaches. No experience necessary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

ACTIVITIES AND EVENTS

Kwajalein Ukulele Club. The Kwajalein Ukulele Club is open to ukulele enthusiasts of all ages and skill levels. Bring your uke and join us for a strum-along each Friday in CRC room 6 from 6 – 7:30 pm.

This club is free for everyone. Join the mailing list to receive updates sheet music: kwajukeclub@ gmail.com.

The Kwajalein Girl Scouts are open to all school-aged K-12 girls on Kwajalein (USAGSO.org). Membership fees are \$45. Also seeking adult volunteers. For registration questions or more information contact Carrie Aljure at whatacod@

Kwaialein Golf Association Presents the Coral Open. Sunday, July 11 and 18. Register at the Vet's hall Saturday, July 10 at 4 p.m. or by emailing Suzanne Bussey suzannewells711@icloud. com or Shelly Benkert at shellybenkert@yahoo.com.

Walk-up registration is not per-mitted on event day. Registration fee is \$60 for members and \$80 for non-members. Tournament tee times vary between 7 a.m. and 9 a.m. Format: 18 holes per Sunday, course rules apply.
U.S. Golf Association handicap-

ping rules apply. Carts are allowed for exempt individual players only –not for whole team. Shirts will be provided. Enjoy hotdogs and brats on both tournament days. Club-house cash bar is be open 7 a.m. to 5 p.m. Water and select adult beverages will be provided.

Contact Suzanne Bussev suzannewells711@icloud.com or Shelly Benkert atshellybenkert@yahoo. com for more information or to reg-

Summer Softball Tournament. Come on out to support summer softball July 13 through Aug. 4. Teams require a minimum of eight players. Only 16 teams will be eligible to play. Cost of registration is \$50. Register and pay participation fees in the Grace Sherwood Library, Bldg. 805. Questions, call 5-3331.

The George Seitz Elementary School Office will be open Tuesday through Saturday from 8 a.m.

HOURS OF OPERATION

to 4 p.m. and closed during lunch until August. The Kwajalein High School office will be closed until Aug. 6. Call 5-3601 or email uhrenp@kwajaleinschool.com with school questions.

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. 6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and upkeep projects.

Kwajalein Furniture Warehouse. To schedule deliveries and pickups of Family Housing or BQ furniture please call the Army Housing Office at 5-3450.

Small Boat Marina Summer 2021 Hours of Operation are now through Oct. 31 from 8 a.m. - 6:30 Questions? Call the Small Boat Marina at 5-3643.

NOTICES
Alcoholics Anonymous open meetings are Tuesdays at 6:30 p.m. in the REB, Room 213.

Ongoing Smoking and Tobacco Cessation. Please call EAP at 5-5362 or make an appointment with a physician.

Tobacco Use on USAG-KA. Smoking permitted only in designated smoking areas. All smoking and cigarette butt receptacles must be at least 50 feet from entrance of facilities. USAG-KA Policy Memorandum 600-8 sets forth specific policies designed for the protection from the negative impact of tobacco use. Smoking cessation programs are available. Contact Mary Beth Dawicki at 5-5362 or Marybeth.Dawicki@internationalsosgs.us.

Register with the Grace Sherwood Library. The new card cat-alog system is ready and Grace Sherwood Library staff need your help. Please visit the library to sign up for an account to begin check ing out books. Information needed includes the following: ID badge, quarters number, mailbox number and email address. Individual and family accounts are available. Contact the Grace Sherwood Library with questions at 5-3331.

PCS'ing with a Pet. Depending on your final destination please notify vet services to discuss travel planning for your pet(s) during the recommended timeframes below: CONUS, 45+ days prior to PCS; Honolulu and Guam, three to six months prior to PCS; and other countries, six months or more prior to PCS. If you plan to PCS in the next six months, contact Kwajalein Veterinary Services at 5-2017 to ensure your pet is up to date on annual diagnostics and vaccinations. For more, email the Kwajalein vet tech at kwajaleinveterinaryclinic@ internationalsosgs.us.

Electric bikes are not allowed on the garrison per USAG-KA Regulation 56-4. You are authorized use of the bike on USAG-KA If you disconnect the motor. For more information, contact the PMO at 5-3530.

TRAINING

Building Manager Evacuation Coordinator Training (Required for all managers by AR 420-1). Kwajalein training occurs on the first and third Wednesdays of each month beginning at 10 a.m. in the Religious Education Building. Roi-Namur training occurs on the second Wednesday each month at 9:30 a.m. at the C-building. Call 5-3364 to register.

COUNSELING SERVICES

Chapel Counseling Services. The IMC chaplains are available for appointments on Roi-Namur and Kwajalein. Contact the Chapel office at 5-3505 to schedule a meeting. Discussions are kept private. Confidentiality belongs with

Counseling Available. Schedule an appointment with the Employee Assistance Program by calling Mary Beth Dawicki at 5-5235 or emailing marybeth.dawicki@inmarybeth.dawicki@internationalsosgs.us. Information shared in appointments is confi-dential. As an alternative to in-person meetings, phone consultation or virtual meetings are available utilizing a HIPAA compliant plat-form. Call 5-5362 for more information

ENVIRONMENTAL NOTICES

Recycle Safely. Please ensure that all aluminum cans are separated from household trash to prevent damage to the island incinerator. Doing your part keeps our island clean. For more information, contact DI Environmental at 5-1134.



Please return books and DVDs to the Grace Sherwood Library so other patrons can enjoy them. Visit the Grace Sherwood Library during business hours to learn more about upcoming library activities. For information, call 5-3331.



Unless otherwise noted, all classes are held in CRC Room 7 and are subject to change without notice. All classes require an MWR fitness pass. Passes can be purchased at the MWR Desk in the Grace Sherwood Library. For more information, please call MWR at 5-3331.

Yoga

Tuesday and Thursday at 5:30 p.m. in CRC Room 7

Water Aerobics

Tuesday and Thursday at 9:15 a.m. at the Adult Pool

Zumba Toning

Wednesday at 9:15 a.m. in CRC Room 7

Zumba Dance

Wednesday and Saturday at 6 p.m.; Friday at 9:15 a.m. in CRC Room 7

Spin

Tuesday at 6:40 p.m.; Thursday and Saturday at 5:30 a.m.



Contact the Island Memorial Chapel office at 5-3505 for more information about religious services and activities on U.S. Army Garrison-Kwajalein Atoll.

The Church of Jesus Christ of Latter-day Saints Services

Sundays at 10 a.m. in CRC Room 1.

Please contact Conrad Acosta at 5-2965 for more information.

Protestant Services

- Sundays at 8:15 a.m. in the small sanctuary and 11 a.m. in the main sanctuary.
- Kingdom Kids children's program meets during Protestant services at 8:15 a.m. and 11 a.m.

Catholic Services

- Sundays at 9:15 a.m. in the IMC main sanctuary.
- Weekdays at 5:15 p.m. in the IMC chapel offices
- Saturdays at 5:30 p.m. in the IMC small sanctuary.
- Children's program meets Sundays during the 9:15 a.m. Catholic Mass.

Activities

Men's Bible Study meets Thursdays at 5:45 p.m. in the chapel conference room.

Ladies' Bible Study meets 9:15 a.m. Thursdays at Qtrs. 405-B Taro. Contact Sally Bulla at 5-9804 for more information.



Contact MWR at 5-3331 for updates, activities and events about the garrison's bars and clubs.

COUNTRY CLUB

Birthday Bash

Come celebrate island birthdays with MWR every third Sunday from 6 - 9 p.m. Enjoy complimentary shuttle service available from the Ocean View Club every 30 minutes from 5 - 9 p.m.

Saturday

Enjoy happy hour and play Uno every Saturday at 6 p.m.

Brunch

Country Club Brunch typically meets on the first Sunday of the month from 10:30 a.m. - 12:30 p.m., though times and dates may vary for special brunch events. Enjoy a variety of sweet and savory brunch foods. Cash only; monthly prices and menu items are subject to change. No reservation required. Seating is limited. Shuttle service available every 30 minutes. Customer pick-up is in front of the Food Court starting at 10 a.m. There is a 45-minute time limit per table.

Shuttle service will be provided from the food court to the Country Club from 10 a.m. to 12:30 p.m. Contact MWR with questions at 5-3331.

OCEAN VIEW CLUB

Wednesdays

Raise your glass and toast Wednesday at happy hour from 5 - 7 p.m.

Saturdays

Enjoy fun activities like game nights, karaoke. theme nights and live music.

Mondays

Enjoy Monday meal deals on Men's Night from 5 - 7 p.m.

SHUTTLE SERVICE

MWR offers shuttle service to and from the Country Club every 30 minutes from 5 - 8 p.m. Saturdays. For more information, contact Nikeya Lagrone at 5-9205 or 5-3331.

OUTRIGGER CLUB

Check with MWR for meal specials and activities at the Outrigger Club by calling 5-3331.



NO-SMOKING REMINDER

PURIUC NOTICE

Kwajalein residents, smoking is permitted only in designated smoking areas.

All smoking and cigarette butt receptacles must be at least 50 feet from entrance of facilities.

USAG-KA Policy Memorandum 600-8 sets forth specific policies designed for protection from the negative impact of tobacco use.

Smoking cessation programs are available. For more information, contact Mary Beth Dawicki at 5-5362 or by email at Marybeth. Dawicki@internationalsosgs.us.



SMOKE ALARMS PROVIDE A SOUND YOU CAN LIVE WITH

Test your household smoke alarms at least once per month. For your safety, never remove or disable smoke alarms.

If an alarm "chirps," it is a warning that the battery is low and should be replaced immediately.

Contact the Public Works Service Desk at 5-3550 if the smoke alarm is not functioning properly.

Call the Kwajalein Fire Prevention Office at 5-2137 with questions about fire safety and smoke alarms on Kwajalein.



CONSTRUCTION AT RICH THEATER

U.S. Naval Mobile Construction Battalion 4, Detail Marshall Islands will continue work at the theater foundation from 7:30 a.m. to 5 p.m. Tuesday through Saturday. Please adhere to the caution tape and safety barriers around the site and keep the area clear.

Special thanks to NMCB 4 for rebuilding a Kwajalein community landmark. Please contact Deirdre Wyatt-Pope at 5-1442 with any questions.

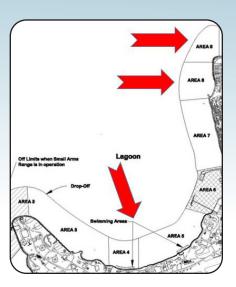


All routine service order requests for bachelor quarters and Army Family Housing are to be reported through ArMA. Reporting jobs using ArMA provides residents with the ability to send pictures and have permanent records of their issues. Register for your account and submit tickets at https://www.armymaintenance.com

IMPORTANT: To report emergency service order requests, call 5-3550. Examples of emergency SORs include major water leaks, loss of all AC, no operational toilets, inoperable appliances, plumbing, smoke detectors or door locks. For ArMA questions, contact Scott Hill at 5-0133 or michael.s.hill86.civ@mail.mil

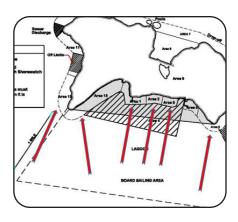
SWIM SAFETY

Check out the maps below to reaquaint yourself with where it is okay to swim around Kwajalein and Roi-Namur. Forward any questions to USAG-KA Safety at 5-1442 or FMWR at 5-3400.



KWAJALEIN

- The highlighted areas are the only unrestricted swimming areas at Kwajalein (Coral Sands, Camp Hamilton, Emon Beach and North Point).
- Flotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.



ROI-NAMUR

- The highlighted areas are the only unrestricted swimming areas at Roi-Namur (Areas 1, 2, 3, 6, 12 and 13).
- Flotation device recommended 100 feet from shore and required more than 300 feet from shore.
- Buddy system or shore watch is required.



- Deployment status
- Home address
- Telephone numbers
- Location information
- Schedules





FLIGHT INFORMATION

UNITED AIRLINES FLIGHTS

United Airlines has confirmed reinstitution of the full Island Hopper flight schedule. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change.

For more information, please contact United Airlines reservations at 1-800-864-8331.

WEEKLY JULY-OCTOBER

Check-În Times UA 155 - 3:30 - 4:45 p.m. UA 154 - 10:45 - 11:15 a.m.

WEEKLY JULY-OCTOBER FLIGHTS

Mondays- UA 155 - (HNL) Tuesdays- UA 154 - (GUM)

GUAM CUSTOMS AND QUARANTINE AGENCY FORM IS NOW ELECTRONIC

The Guam Customs and Quarantine Agency form has transitioned to an Electronic Declaration Form. All passengers and crew arriving and processing into the Guam International Airport Main Terminal will fill out the EDF on their mobile devices or desktop computers, 72 hours prior to their arrival into Guam.

United encourages everyone to take advantage of the 3-day eligibility window prior to boarding for a completely touchless entry process with Guam Customs. Links are as follows:

Mobile device link: https://traveller.guamedf.landing.cards

Desktop computer: https://guamedf. landing.cards

The EDF kiosks are accessible in Guam airport baggage claim area for passenger's convenience.

ATI FLIGHTS

ATI flights now occur on a twice weekly basis. Additional flights are for cargo movement. Check with your ATI flight representative to confirm check-in and flight departure times.

What does this mean for the community?

- Guidelines for incoming passengers remain the same
- Outbound passengers will have more opportunities to depart
- Travel remains official for duty only. Please note the RMI travel ban is still in effect

OUTBOUND ATI SCREENING PROCESS

The ATI medical screening process has changed.

- You must visit the hospital to complete your medical clearance on the last business day before your flight.
- Monday and Tuesday departures will be screened Saturday from 8 a.m. - 1 p.m.

For more information, contact the Kwajalein Hospital at 5-2223.

RMI TRAVEL BAN APPLIES THROUGH JULY 31, 2021

RMI COVID-19 TRAVEL ADVISORY & RESTRICTIONS ISSUANCE 27: JULY 1, 2021

An extension of the total suspension of international travelers coming into the RMI via air travel will continue until July 31, 2021.

For more information about the Republic of the Marshall Islands Issuance 25, please contact the Commander's Hotline at 5-1098 or the USAG-KA Host Nation Office at 5-5235.

OUTBOUND COVID TEST, FLIGHT REQUIREMENTS

FLIGHT REQUIREMENTS

No Covid-19 flight test is required if flying on the ATI or United Airlines if you are flying with official government orders.

- All other UA passengers must have a negative Covid-19 test one to three days before traveling.
- This testing requirement is mandated by the Centers for Disease Control and Prevention.

GETTING YOUR COVID-19 TEST

To schedule a test on Kwajalein, call the Kwajalein Hospital at 5-2224.

- Tests cost \$125.
- Please bring a copy of your UA flight itinerary to testing.

The Kwajalein Hospital is not a trusted partner for Hawaii. All travelers extending stay in Hawaii must verify safe quarantine requirements with the State of Hawaii's Safe Travels site.

All destinations and hotels have their own Covid testing and documentation requirements.

It is the responsibility of the traveler to verify requirements before travel.

OUTBOUND UNITED AIRLINES PASSENGERS WITHOUT GOVERNMENT ORDERS

Passengers will visit the Kwajalein Hospital on the last hospital business day before their flight departs.

- Testing hours: 9 11 a.m.
- Results pick-up time is 4 p.m. on the day of testing. The Kwajalein Hospital closes for the weekend at 4:30 p.m. No test results will be given after 4 p.m.

These CDC requirements do not change or impact the state of Hawaii's testing requirement or quarantine procedure.

NOTE: These documentation requirements do not apply to customers flying from U.S. territories such as Guam to the mainland.

UNITED AIRLINES DEPARTURE POLICIES

Customers at Kwajalein's airport boarding United Airlines flights need to present the items described below:

Customers with a negative test result must present written or electronic documentation of the following:

- **Customer name.** (The customer name and any other personal identifiers must match the customer ID).
- **Date the test was taken.** Test must be taken within three calendar days of flight.
- Type of test. The CDC rule requires a viral test, which means a molecular COVID-19 test (such as PCR or LAMP) or antigen test.
- Results must state "negative," "SARS-CoV-2 RNA not detected" or "SARS-CoV-2 antigen not detected." A test marked "invalid" is not acceptable

Customers who have previously tested positive must present written or electronic documentation, dated within the last 90 days, of recovery from COVID-19 after previous infection. These items must be submitted in the form of a positive viral test result and a letter on official letterhead that contains the name, address and phone number of a licensed healthcare provider or public health official stating that the passenger has been cleared for travel.

All United customers must also comply with the following requirements:

- Presentation of a disclosure and attestation form. The form can be found on the CDC website and will also be available at the departure airport. Customers are encouraged to print and complete the form prior to arriving at the airport.
- Check-In. All international originating customers will be required to check-in with a Customer Service representative to verify digital or paper documentation. This mirrors the process we've set up within the U.S. for many international destinations.
- Failure to Comply Will Result in Boarding Denied. Customers who do not show proof of a test or refuse to test prior to travel will be denied boarding. Denied boarding compensation will not be paid. Customers in this situation shall be offered a refund or rebooked for a later date at no additional charge.



ISLAND DINING FACILITIES

CAPT. LOUIS. S. ZAMPERINI CAFETERIA - KWAJALEIN (5-3425)

TUESDAYS - SATURDAYS*

5:30 - 8 a.m. 11 a.m. - 1 p.m. 4:30 - 7 p.m. SUNDAYS AND HOLIDAYS*

6:30 a.m. - 9:30 a.m. 11 a.m. - 1 p.m. 4:30 - 7 p.m. **MONDAYS***

6 - 9 a.m. 11 a.m. - 1 p.m. 4:30 - 7 p.m.

*Families are welcome to dine at the Zamperini Cafeteria on Tuesdays, Thursdays, Sundays and Mondays.

Want to receive a daily copy of the menu? Contact Asia Williams at asia.williams@dyn-intl.com to be added to the weekly emailed menu.

CAFE ROI - ROI-NAMUR (5-6535)

TUESDAYS -SATURDAYS

5:30 - 8 a.m. 10:45 a.m. - 12:30 p.m. 5 - 6:45 p.m. SUNDAYS AND HOLIDAYS

7 - 9 a.m. 10:45 a.m. - 12:30 p.m. 5 - 6:45 p.m. **MONDAYS**

6 - 8:30 a.m. 10:45 a.m. - 12:30 p.m. 5 - 6:45 p.m.

DINING DOWNTOWN

SUNRISE BAKERY (5-3445) SUNRISE BAKERY PIZZA KITCHEN (5-3445)

Tues - Thursday 6 a.m. - 2 p.m.

Friday, Saturday and Sunday, 5 - 9 p.m.

Monday, 5 - 9 p.m.

Don't forget about the late-night menu of rotating specials at the Roi-Namur Outrigger Club and Ocean View Club. For more information, please see the "Bars and Clubs" page.

AAFES - KWAJALEIN DINING LOCATIONS

AMERICAN EATERY

Located at the Kwajalein Dock Security Checkpoint (5-1605)

Sunday – closed Monday – closed Tuesday – Saturday, 8 a m. – 6 p.m

BURGER KING

Located at the AAFES Food Court (5-3402)

Sunday, 11 a.m. – 6 p.m. **Monday – Friday,** 11 a.m. – 7 p.m. **Saturday,** 11 a.m. – 8 p.m.

ANTHONY'S PIZZA Located at the AAFES Food Court (5-2735)

Sunday, 11 a.m. – 6 p.m. **Monday - Friday,** 11 a.m. – 7 p.m. **Saturday,** 11 a.m. – 8 p.m.

SUBWAY

Located at the AAFES Food Court (5-3402)

Sunday, 11 a.m. - 6 p.m. **Monday,** 11 a.m. - 7 p.m. **Tuesday,** 10 a.m. - 7 p.m. **Wednesday,** 8 a.m. - 7 p.m. **Thursday,** 10 a.m. - 7 p.m. **Friday,** 8 a.m. - 7 p.m. **Saturday,** 10 a.m. - 7 p.m.

TECHNOLOGY PROTECTION

Threat Awareness & Reporting Program

Contact Information

Kwajalein Resident Office Building 1163 Kwajalein Island, RMI (805) 355 - 9857 (805) 355 - 9859

For more information, please visit inscom.army.mil/isalute/

Personnel subject to the UCMJ who fail to comply with the reporting requirements of ARMY Regulation 381-12 Threat Awareness and Reporting Program are subject to punishment under the UCMJ, as well as to adverse administrative or other adverse action authorized by applicable provisions

of the USC or Federal regulations. Personnel not subject to the UCMJ who fail to comply with the reporting requirements of Army Regulation 381-12 are subject to adverse administrative action or criminal prosecution as authorized by applicable provisions of the USC or Federal regulations.

WHO IS AT RISK?

Cleared defense contractors and scientific researchers—because of who you are, what you research, and your knowledge of manufacturing processes, prototypes, and developed products.

WHO ARE THEY?

Traditional Collectors | Foreign Governments and Foreign Businesses whose intent is to illegally acquire information or trade secrets.

Non-Traditional | Can be anyone: scientists, researchers and developers, students, or sometimes our trusted colleagues who work along side us.

WHAT MAKES YOU A VALUABLE TARGET?

You have access to valuable insider and proprietary information. In the hands of the adversary, it can shorten their R&D efforts, counter our tech advantage, and cost us untold billions of dollars.

HOW WILL THEY APPROACH YOU OR GAIN ACCESS?

Official Foreign Visitors | Collectors may pose as members of a foreign government organization, or an intelligence or security service. Vetted Official Foreign Visitors and their entourage may include last minute, unvetted substitutions.

Conference/Expo/Tradeshow | Public venues align new technologies and Subject Matter Experts. The adversary can collect personal information through registration and/or sign-in.

Academic Solicitation | "Innocent" requests for information may come from students, professors, scientists, or researchers; a foreign affiliation may not be readily apparent.

Unsolicited Contact/Email | The adversary may use the name of a well known company to send requests for military-related information. This method is fast and often undetected.

Joint Research Ventures | Alerts an adversary to current scientific initiatives and the military's latest activities, allowing for tailored contact attempts.

Front Companies | The adversary may shield their true identity by using a shell company or subsidiary typically financed by a foreign bank and with connections to a foreign business or embassy.

UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea crea-

Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445). Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe.



Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon

USAG-KA WEATHER WA

WEATHER DISCUSSION: A strong subtropical ridge to the north-northwest continues to limit precipitation in the Kwajalein Atoll region. Over the last few weeks, conditions have resembled typical dry season set-tings, which have produced beautiful days with sparse cloud cover.

Fronts stretching from the north-ern Pacific have been able to keep wind speeds moderate, instead of the winds that cause small craft advisories seen during the dry season.

Subtle waves within the flow and nocturnal instability have created periods of sparse rain showers in the area, mostly during the night and

early morning hours.

This is expected late Saturday into Sunday morning, as well as late Sunday-early Monday. Isolated morning showers are expected to continue into the beginning of next week; however, late in the week, the subtropical ridge is expected to re-

The recession will allow the ITCZ and waves within the flow to cause widely scattered to scattered show-

ers from the middle through the end of the week. There will be an uptick in winds when showers are in the area during the morning hours, as well as pockets of winds in the upper teens late in the week.

SATURDAY: Mostly to partly sunny with isolated morning showers. NE-E at 11-16 knots with higher gusts near showers.

SUNDAY: Partly sunny with slight chance of morning showers becoming isolated showers. NE-E becoming ENE-E at 11-16 knots with higher gusts near showers.

MONDAY: Partly sunny to mostly cloudy with slight chance of showers. ENE-ESE at 12-17 knots with higher gusts near showers.

NEXT WEEK: Average to above average precipitation, particularly from the middle of the week into the weekend. NE-E winds at the beginning of the week in the mid-teens becoming ENE-ESE in the mid to upper teens with gusts in the 20s near showers.

USAG-KA Independence Day Celebration



USAG-KA MWR invites you to celebrate July 4 with special events on Kwajalein and Roi

ROI-NAMUR EVENTS 2 – 10 p.m. at the Roi-Namur Pool

Independence Day Blowout

Join us by the pool for food, fun and beverages, with Outrigger grill food delivery, a poolside bar and a live DJ.

2 p.m. - Inflatable obstacle course opens 4 p.m. - Sand Volleyball tournament 6 p.m. - Cannonball Competition

For more information, please call Roi MWR at 5-6580

KWAJALEIN EVENTS 5 - 10 p.m. at Emon Beach

MWR Beach Party

Emon Beach

5 - 10 p.m.

Eat, drink, be patriotic and come celebrate with us. Enjoy a pie-eating contest, limbo contest, door prizes, paddle boats, bounce houses, games, vendor sales, a live DJ and more.

Bike Parade

North side of Namo Weto Youth Center 4:30 p.m. - Decorations available at the Namo Weto Youth Center

5 p.m. - Bike Parade begins

Decorate your bike and join the parade to kick off the Kwajalein Independence Day Beach Bash. The bike parade begins on the north side of the Namo-Weto Youth Center

Outdoor Movie Night: JAWS Emon Beach

Bring your floaties to Emon Beach and join the community in the lagoon for a special outdoor movie night event—if you dare.

For more information, please call Kwajalein MWR at 5-3331



	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:35 a.m.	1:56 a.m.	12:07 a.m. 2.9'	6:22 a.m. 1.3'
	7:12 p.m.	2:28 p.m.	12:09 p.m. 2.6'	6:25 p.m. 1.0'
MONDAY	6:35 a.m.	2:35 a.m.	1:09 a.m. 3.1'	7:34 a.m. 1.1'
	7:12 p.m.	3:14 p.m.	1:19 p.m. 2.6'	7:19 p.m. 0.9'
TUESDAY	6:35 a.m.	3:15 a.m.	1:57 a.m. 3.4'	8:26 a.m. 0.8'
	7:12 p.m.	4:01 p.m.	2:14 p.m. 2.7'	8:05 p.m. 0.7'
WEDNESDAY	6:35 a.m.	3:58 a.m.	2:37 a.m. 3.7'	9:08 a.m. 0.5'
	7:12 p.m.	4:50 p.m.	2:58 p.m. 2.9'	8:46 p.m. 0.5'
THURSDAY	6:36 a.m.	4:44 a.m.	3:14 a.m. 3.9'	9:44 a.m. 0.2'
	7:13 p.m.	5:41 p.m.	3:37 p.m. 3.0'	9:23 p.m. 0.3'
FRIDAY	6:36 a.m.	5:34 a.m.	3:49 a.m. 4.2'	10:19 a.m0.1'
	7:13 p.m.	6:33 p.m.	4:12 p.m. 3.2'	9:59 p.m. 0.1'
JULY 10	6:36 a.m.	6:25 a.m.	4:23 a.m. 4.3'	10:52 a.m0.2'
	7:13 p.m.	7:25 p.m.	4:47 p.m. 3.3'	10:34 p.m. 0.0'



Click the logo to visit RTS Weather online.



NOTICE OF AVAILABILITY FINAL ENVIRONMENTAL STUDY ON GROUND BASED STRATEGIC DETERRENT ICBM RECAPITALIZATION TEST PROGRAM

The Department of the Air Force announces the availability of the Final Environmental Assessment/Overseas Environmental Assessment for the Ground Based Strategic Deterrent Test Program and the program's Mitigated Finding of No Significant Impact. The analysis can be found at http://gbsdtesteaoea.govsupport.us

The GBSD program would modernize the aging U.S. land-based intercontinental ballistic missile Minuteman III system.

The Air Force plans to modernize the land-based leg of the nuclear triad, recapitalizing its ICBM fleet while upgrading the weapon system technology, supporting infrastructure, and command and control functions. Test program-related actions would occur primarily at Hill Air Force Base, Utah, and at Vandenberg Space Force Base, California. Such tests would include conducting missile launches from Vandenberg Space Force Base with flights over the Pacific Ocean in the Western Test Range. Additional test support activities would occur at U.S. Army Dugway Proving Ground, Utah. The environmental assessment also includes analysis of the proposed GBSD Formal Training Unit/Schoolhouse at Vandenberg Space Force Base. The GBSD and Minuteman III test demonstrations are proposed to occur at U.S. Army Garrison-Kwajalein Atoll and within the Republic of the Marshall Islands territorial waters. The analysis of overseas environmental impacts is also included in the assessment. Test activities would comply with the U.S. Army Kwajalein Atoll environmental standards.

For more information visit: http://gbsdtesteaoea.govsupport.us or contact Air Force Global Strike Command at AFGSC.PAWorkflow@us.af.mil

KOJJELA KE EWŌR

Air Force ej kojjelaik ro reitok limo ke emoj an pojkak ripoot in katak eo rar kommane ikkijen pirokiram eo aer naetan Ground Base Strategic Deterrent ICBM recapitalisation Test Program ak Pirokiram GBSD

Ra eo an Air Force ej kojjelaik ke epojak ripoot kaal eo aer ikkijen aer kar etale ta ko remaroñ walok im jelet ak jab jelete jukjuk im bed eo im belaak ko belakid. Katak kain repojak ñon am liñiri ilo ripoot eo naetan: Final Environmental Assessment for Overseas Environmental Assessment for the Ground Based Strategic Deterrent Test Program and the program's Mitigated Finding of No Significant Impact. Komaroñ etale katak in ilo am etal online ñon: http://gbsdtesteaoea.govsupport.us

Pirokiram in GBSD ej kottopar eo an bwe en kokaal kain jerbal in nuclear triad ko aer, ko im rj bed ion ene, kejenolak im kolaplak jaan ko ñon aer kolla wonaan kokaali wa ko naetan ICBM fleet im kokaal kain tarinae ko, im ko rej jibañ jerbal kain an GBSD, koba jerbal ko naetan command im control.

Jerbal in teeje pirokiram kain renaaj komman ilo Utah ilo jikin eo naetan Hill Air Force Base, im ilo Vandenberg Spece Force Base ilo California. Teej kain renaaj koba kakelak missile ko jen Vandenberg Space Force Base ñon malo in Pacific in ilo jikin eo emoj aer jiton naetan Western Test Range. Enaaj bar wor teej ko renaaj komman jen jikin eo ilo Utah naetan U.S. Army Dugway Proving Ground. Ripoot in katak eo ikkien ta ko remaroñ ak remaoñ jab walok ñon jukjuk im bed eo ej bar katabuuj ak kobaik melele ko ikkijen ijo komelmel kein renaaj komman ilo mon jikuul eo ak ijo emoj aer kotamene naetan GBSD Formal Training Unit/Schoolhouse at Vandenberge Space Force Base. Kamelmelko naetan GBDS im Minuteman III rej karok bwe ren kab komman ilo U.S. Army Garrison-Kwajalein Atoll ilowan malo eo an Majol ak Republic of the Marshall Islands. Ripoot eo ikkijen ta ko remaron ak remaron jab walok ñon belak ko belakid eo ñon lal ko ilikin Amerika ej borainwot mwein koppan ripoot ak katak in emoj kepoj. Teej kein renaaj lore kakien ko ikijjen kojparok ko ñon jukjuk im bed eo im belaak ko belaakin U.S. Army Kwajalin

Non melele ko relaplak etal online non: http://gbsdtesteaoea.govsupport.us ak ñejab, kebat Air Force Global Strike

Command ilo am email lak AFGSC.PAWorkflow@us.af.mil



2020 Water Quality Report Is Now Available

The 2020 Water Quality Report is now available to all USAKA residents with important information about drinking water at USAG-KA. Contact Environmental at 5-1134 for information.

Available at Kwajalein and Roi-Namur:

- Post Offices
- Libraries
- Air Terminals
- Dock Security Check Points

2020 Water Quality Report ebojak non aolep armij ro ilo USAKA lale ej kwalok kin melele ko raurok kin dren in idrak eo ion USAG-KA

Ebojak ilo Kwajalein im Roi-Namur:

- Post Offices
- Libraries
- Air Terminals
- Dock Security Check Points



Overpack containers may be utilized as secondary containment for hazard-ous materials, wastes and petroleum products. This is acceptable if the storage area is protected and clearly marked; if safety data sheets are readily available; and if containers are properly labeled.

Overpack container ko remaron in bar jerbal nan kakonkon ak kejbarok HMWPP elane ijoko jikier rebolemeir im alikar kin kokalle ko, safety data sheets ko rej aikuj in alikar im melele nan read, im label ko ren eddeb im alikar ilo container ko.

E-Wareness is a weekly product of Amentum Environmental. Contact the team at 5-1134. Elane elon am kajjitok, jouj im kurlok DI Environmental ilo 5-1134.



New Schedule



MWR FITNESS CLASSES

TUESDAY	*CRC1 ZUMBA DANCE 9:15 A.M., YOGA 5:30 P.M., SPIN 6:40 P.M.		
WEDNESDAY	HIIT (High Intensity Interval Training) 5:30 A.M. *CRC1 ZUMBA TONING 9:15 A.M., *CRC1 ZUMBA DANCE 6 P.M.		
THURSDAY	SPIN 5:30 A.M., WATER AEROBICS (ADULT POOL) 9:15 A.M. YOGA 5:30 P.M.,		
FRIDAY	HIIT (High Intensity Interval Training) 5:30 A.M. *CRC1 ZUMBA TONING 5:30 P.M., SPIN 6:40 P.M.		
SATURDAY	SPIN 5:30 A.M., WATER AEROBICS(ADULT POOL) 6 P.M.		

ZUMBA DANCE AND ZUMBA TONING WILL HELD IN CRC1. ALL OTHER FITNESS CLASSES WILL BE HELD IN CRC 7 UNLESS NOTED

*ALL CLASSES REQUIRE AN MWR FITNESS PASS THAT CAN BE PURCHASED FROM THE MWR DESK AT THE LIBRARY

*ALL CLASSES SUBJECT TO CHANGE WITHOUT NOTICE

*FOR MORE INFORMATION, PLEASE CALL MWR AT 5-3331



APO postal operation changes



We are switching to the AMD (AMPS Mobile Device) scanner at the APO.

What does that mean for the customer?

- Ensure that your email and contact information is up to date at the post office.
- You will now receive emails to notify you when packages are available (no more yellow slips)
- ➤ You will still sign for your packages but now it will be on the AMD scanner.



When shopping, pick up meat, poultry, and seafood last and separate them from other food in your shopping cart and grocery bags.

Keep meat,

poultry, and seafood refrigerated until ready to grill. When transporting, keep below 40°F in an insulated cooler.



Clean

Wash your hands with soap before and after handling raw meat, poultry, and seafood. Wash work surfaces, utensils, and the grill before and after cooking.



Cook

Use a food thermometer to ensure meat is cooked hot enough to kill harmful germs. When smoking, keep temperature inside the smoker at

225°F to 300°F to keep meat at a safe temperature while it cooks.

145°F beef, pork, lamb, veal (then let rest 3 minutes before serving)

145°F fish

160°F hamburgers and other ground meat

165°F poultry



Don't cross-contaminate

Throw out marinades and sauces that have touched raw meat juices. Put cooked meat on a clean plate.





Refrigerate

Divide leftovers into small portions and place in covered, shallow containers. Put in freezer or fridge within two hours of cooking (one hour if above 90°F outside).





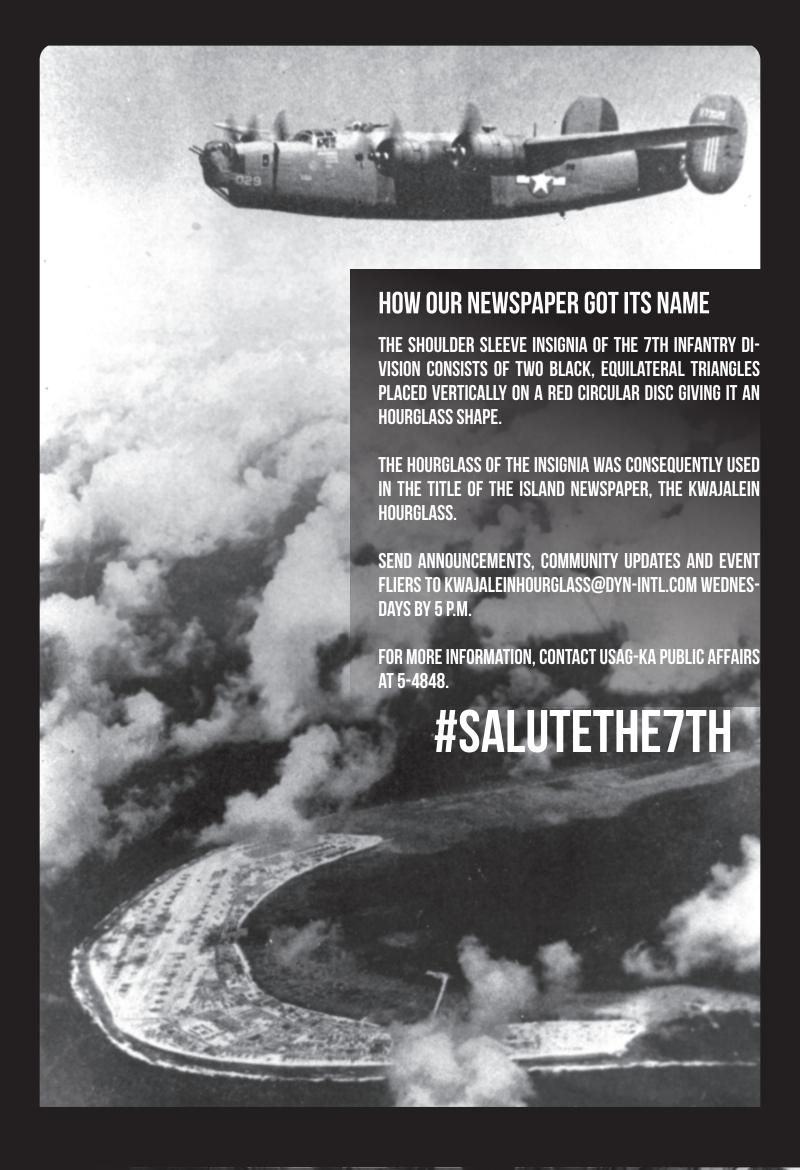
www.cdc.gov/foodsafety

Accessible version: https://www.cdc.gov/foodsafety/communication/bbq-iq.html

CS296044A



School is just around the corner, but it's not too late to check out summer programming for family members and young island residents at the USAG-KA Family and MWR Facebook Page. Click the MWR logo to learn more. Contact MWR at 5-3331 with questions.





CLICK THE 7TH INFANTRY DIVISION LOGO TO CHECK OUT PHOTOS FROM THE KWAJALEIN HOURGLASS ONLINE.