

THE KWAJALEIN MIRRORGLASS



THIS WEEK

SCHOOL SPIRIT
WITH NEW FLAGPOLES 2

CREATURE FEATURE
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SERVICE STORY
#WOMEN'S HISTORY MONTH 6

GEORGE SEITZ ELEMENTARY SCHOOL STUDENTS RAISE THE FLAG OF THE MARSHALL ISLANDS AT ONE OF TWO NEW FLAGPOLES RECENTLY INSTALLED BY U.S. NAVAL MOBILE CONSTRUCTION BATTALION 3, DETAIL MARSHALL ISLANDS.

 JESSICA DAMBRUCH



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

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1) George Seitz Elementary School student Ciela Bates, left, helps Donnie Jeadrik, center, and Isla Lorok, left, prepare to raise the Marshall Islands' flag during a March 12 school assembly to commemorate the construction of two new school flagpoles. U.S. Naval Mobile Construction Battalion 3, Detail Marshall Islands, completed the project this month. 2) Personnel from NMCB 3 stand at the newly constructed George Seitz Elementary School flagpoles.

RAISING THE FLAGS OVER GEORGE SEITZ ELEMENTARY SCHOOL

BY JESSICA DAMBRUCH

With some hard work from the U.S. Navy, students and teachers gathered at George Seitz Elementary School to say the Pledge of Allegiance beneath two newly installed flagpoles in a school ceremony March 12. The event commemorated the first use of the flagpoles for an official school function since personnel from U.S. Mobile Construction Battalion 3, Detail Marshall Islands, completed the construction project.

USAG-KA Commander Col. Tom Pugsley, Command Sgt. Maj. Ismael Ortega, NMCB 3 personnel, students, community members and teachers watched as members of the sixth-grade class unfolded and raised the flags of the United States and Marshall Islands.

The Kwajalein High School Marching Band performed the national anthems for each nation. Students recited the Pledge

of Allegiance, the Marshallese Pledge, and sang the school song, "We're George Seitz," before returning to classrooms.

Kwajalein School System Head of School Paul Uhren thanked the many people who contributed to the flagpoles' installation, including NMCB 3 and personnel from the USAG-KA command team, LOGCAP, KSS and the Kwajalein High School Band.

Initially delayed due to the pandemic, the flagpoles installation was completed with coordination between multiple island departments. NMCB 3 personnel completed the task while supporting their other scheduled projects.

Uhren provided ceremony attendees a brief history of the school system's post-WWII history as a Navy initiative.

In 1956, KSS was a U.S. Navy Overseas Dependent School offering instruction in grades K-eight, said Uhren. In 1961, the school was operated by contractors and

added high school grade levels.

"The original school office was located where our elementary library currently is located," Uhren said. "If you look closely, near the corner of the streets, you can still see where the original flagpole stood. In 1994, the school office building was constructed by a team of Seabees. Thanks to collaboration and support of many groups and individuals, ... we are able to raise the flags."

Following the ceremony, Lt. Gregory Kemper, NMCB 3 officer in charge, said the Navy construction team was grateful for the opportunity to contribute to the island community.

"It was a privilege for us to be able to utilize our construction skills to use in a way that is meaningful to others," Kemper said. "Watching the ceremony that the school put on and the significance for the host nation students was extremely gratifying."



WOMEN'S HISTORY MONTH

The Defense Department honors the contributions of women serving in the military and DOD civilian forces, celebrating the richness and diversity of their achievements in March and throughout the year.

Click the image to learn more about this awareness month theme at www.defense.gov.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944. The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1. Phone: Defense Switching Network 254-5169 Local phone: 5-5169

Garrison Commander.....Col. Thomas Pugsley
Garrison CSM.....Command Sgt. Maj. Ismael Ortega
Public Affairs Officer.....Mike Brantley
Communications Manager.....Randall Hisle
Editor.....Jessica "JD" Dambruch



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1) George Seitz Elementary School teacher Stephen Robinson joins students in playing the national anthem with classmate Tarzan Sheet, center. 5) KSS Head of School Paul Uhren, left, and Gabe Makovec. 6) Command Sgt. Maj. Ismael Ortega salutes during an assembly to celebrate newly installed school flagpoles. 7) The flags didn't fly over GSES without some hard work. Pictured here Feb. 23, personnel from U.S. Naval Mobile Construction Battalion 3, Detail Marshall Islands, break ground at the flagpole installation site outside the school administration office.

2) With their classmates, fifth-graders Genevieve Zink, left, and Zionne Pedro raise the American flag during the ceremony and pay tribute during the

U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

WHERE THE WILD THINGS ARE: VET TECH TIPS FOR ISLAND ANIMALS

COMMUNITY CONNECTION

By Heather St. Peters
Kwajalein Veterinary Technician

When she isn't caring for the island's pets, Kwajalein Veterinary Technician Heather St. Peters sees to the needs of Kwajalein's wildlife. Keeping both animal populations in good health requires an understanding of their nuanced medical needs and behaviors.

St. Peters recently wrote to The Kwajalein Hourglass with helpful guidelines for island residents who care about animal health and safety. Those with questions are encouraged to call 5-2017 for more information.

Kwajalein may not be known for having a highly diverse wildlife population, but there are more than 70 known species of birds—including 15 species of seabirds—known to breed throughout the Marshall Islands.

Veterinary Services and Animal Control/DES is regularly contacted when one of these birds looks distressed or injured.

Characteristics of birds in distress are:

- On the ground not moving
- Does not fly away when approached
- Easily picked up
- Extremely fluffed up feathers
- Eyes closed, squinted, crusty, weepy, swollen, bleeding
- Evidence of blood or wounds
- Obvious injured limb (dangling leg, drooping/hanging wing, wings not symmetrical)
- Tries to fly but can't

The Word on Injured Birds

Birds go into shock very easily when injured, and often die from the shock. If you find an injured bird, carefully place a towel over the bird to move it to a cool, safe place out of direct sunlight. If a bird has hit a window and is still alive, it may just need a little time to regain its senses



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Kwajalein Veterinary Technician Heather St. Peters gives a Kwaj cat a checkup in this 2021 photo at the Veterinary Clinic.

before flying away.

Do not try to force feed or give water to the bird. Give the bird time to recover and fly away. If it is still staying put after a few hours, you can call Veterinary Services for further advice and instructions.

Zoonotic Reminders

Although we may be inclined to rush to the aid of an injured bird it is good to remember that they can harbor zoonotic diseases. These are diseases that may be passed between animals and humans.

This most commonly occurs between birds, rodents, and other pest animals.

Remember: Never pick up a wild animal with your bare hands. If you find a deceased wild animal call Vector Control (5-4738) for proper disposal. If you find a deceased cat or dog call Veterinary Services (5-2017).

Feathered Friends and Their Age Groups

While baby birds may look helpless, they usually do not need your assistance unless you see clear signs of injury, such as a broken wing.

If you find a hatchling or nestling—a young bird without feathers—outside the nest, you can try to return it to its nest or create an artificial nest. The parents will not reject it if you touch it.

If you find a fledgling—a young, fully feathered bird—outside the nest, leave it alone. While it is spending some time hopping around on the ground learning how to fly, the parents are usually nearby still taking care of it.

Should you find a fledgling near a road or exposed to danger, it can be moved to a safer, sheltered location nearby. Young birds naturally have a lower survival rates, which keeps populations in balance with available resources.

In cases where a wild bird or other wild animal is sick and suffering Veterinary Services can provide humane euthanasia services. Although Veterinary Services may be able to occasionally release an injured animal back into the wild, a federal permit is required to care for migratory birds, songbirds and waterfowl.

Community Cats

On Kwajalein, the other vast population of animals we all know well are the numerous black and white cats meandering around the island. It is imperative to their long-term health and wellness that these community cats be brought into Veterinary Services.

During a visit, they will be assessed for injury or illness, and then vaccinated and altered. Kwajalein Animal Control/DES and Veterinary Service can help coordinate efforts to humanely trap these "Kwaj cats" as they are often referred.

If a cat is deemed feral, meaning the cat is unwilling to become domesticated, it will be released back into the community, usually where it was originally



PHOTO COURTESY OF HEATHER ST. PETERS

Kwaj cat Peggy Sue came into Veterinary Services with a missing foot and was successfully adopted to a loving home. She can be seen on Thirsty Thursdays at the Kwajalein Yacht Club with her new family,



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

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PHOTO COURTESY OF HEATHER ST. PETERS

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captured. These cats will have their right ear “tipped,” meaning the right ear will have the tip cut flat for easy recognition it has been vaccinated and altered.

Unless sick or injured, these cats do not need to return to Veterinary Services if accidentally re-captured.

Cat Adoptions

In cases where community cats are tame and will be good adoption candidates to awaiting families, Veterinary Services should be informed promptly. The cat needs to be transported to Veterinary Services for medical care and altering before being permanently placed in a home.

Failure to report an unregistered animal in your care is a violation of the USAG-KA Animal Control Regulations and could result in administrative and/or legal action.

If you are interested in adopting the cat yourself, you will need to contact Veterinary Services and follow the application and approval process before you can permanently house the cat.

Dog Do’s and Don’ts

There have been rare occasions where unregistered dogs have been found on Kwajalein. It is critical that these dogs be reported to Veterinary Services and/or Animal Control/DES immediately. Stray dogs from Ebeye or other outlying islands do not have access to veterinary medical care.

Until these stray dogs are assessed and treated, they can potentially bring contagious illnesses and parasites to our community dog population.

Please always keep in mind that bringing animals to Kwajalein from Ebeye or any of the other outlying islands is against garrison policy. If violated, this can lead to administrative and/or legal action.

If you have further questions about Animal Control Policy, please contact Veterinary Services at 5-2017 or email kwajaleinveterinaryclinic@internationalsos.gs for with questions or to request a digital copy of the USAG-KA Animal Control Regulations.

1) A young white tern looks down from its perch in a pandanus tree. 2) New brothers Nacho (the dog) and Hydrox (the cat) relax together on a comfortable bed. Hydrox was recently adopted into the Lundberg household and gets along well with his big brother. 3) The buff-breasted Sandpiper is a common sight on Kwajalein.

Coco-Notes

Coconut water can be a substitute for blood plasma. Its sugars and salts make it possible to add to the bloodstream, similar to how an IV solution works.

Replacing plasma with coconut water was a field medicine practice for emergency transfusions in tropical regions during WWII.





THIS IS MY STORY

KWAJALEIN HOURGLASS CELEBRATES #WOMEN'S HISTORY MONTH

U.S. ARMY PHOTO BY JESSICA DAMBRUCH

BY JESSICA DAMBRUCH

In March, the Department of Defense recognizes the contributions of women to American history and the U.S. military. This week, The Kwajalein Hourglass is pleased to present services stories from Kwajalein resident Lois Richardson.

If there's one thing the Army teaches you, it's to avoid the shortcuts, says Lois Richardson. As a Department of the Army Civilian employee, Richardson supports the USAG-KA Resource Management Office at garrison command headquarters.

A native of San Diego, California, Richardson has worked and lived on U.S. Army Garrison-Kwajalein Atoll for eight months. She

adores reading and singing. On Sundays, you may find her at the Island Memorial Chapel.

Richardson, who retired after 26 years of Army service as a logistician, 92Y, Supply, recently visited the AFN Studio to share her stories on the air during a live broadcast. Listen to the full interview online at the official USAG-KA YouTube Channel.

Jessica Dambruch: Please share with us some of the duty stations and activities that you have served at before arriving on the atoll.

Lois Richardson: I've been to Germany twice, Korea, and Hawaii. Stateside, I've mostly been a west coast baby—I've been stationed twice at Fort Lewis, Fort

Irwin and Fort Bliss. I was also an assistant inspector general at Fort Irwin, the non-commissioned officer in charge of the Inspections Branch and a drill sergeant at the beginning of the first Gulf war.

JD: Tell us about the journey that led you to join the U.S. military.

LR: It was the quickest way to get out of my mom's house, and the Army recruiter was the only person in the recruiting station when I went.

I went in on a Tuesday and was on my way to basic training on Sunday. I was offered [the opportunity] to come in as a cable dog with a bonus, but since I wouldn't be able to leave home for three months, I took 76Y to leave home by the end of the week.

My recruiter told me it would be difficult at times and I'm glad he was honest, but I discovered growing up with four brothers was way worse.

Army Basic Combat Training was pretty good. I learned to follow instructions and not to bring attention to myself. It also helped that my class was the first female class for our drill sergeant—this was 1981—and he was very apprehensive to discipline us. I was a drill sergeant in the same company in which I went to Advanced Individual Training.

JD: Please share a story from your service.

LR: When I was in basic training, we did battle drills. Our platoon was crossing the road.

We were going across a road in buddy teams. I noticed everyone before me was taking a longer way to cross the road.

We'll, I've always been told the quickest point from A to B is a straight line. I decided I was going to take a shorter route.

Needless to say, I got to the road—looked left, and looked right, and looked left again—and standing, at running height, I ran smack into a tree branch.

My drill sergeant said it was like watching a cartoon: My rifle went one way, and I went another.

I have a scar across my nose that reminds daily; taking a shortcut is not always the right way.

JD: Who are some inspiring figures who guided you along the way?

MARCH IS #WOMEN'S HISTORY MONTH

Click the image for information about the Department of Defense observance of Women's History Month and the tradition of honor and excellence with which American women continue to support the DOD each day.



LR: I've been really blessed to have some amazing mentors, my first sergeant in Germany was the one who encouraged me to submit my drill sergeant packet.

I had been an E-5 for 12 years, recently divorced, and just got extended for another year. I don't remember his name but everything he said had "goat smelling" in it. That started my trajectory of being in leadership positions.

In my last assignment in 32nd Army Air and Missile Defense Command at Fort Bliss as the senior supply sergeant (S4 NCOIC), my property book officer at the time was Chief Warrant officer 3 Janice Harrison. She was so knowledgeable of the supply system; that was my first time working up close and personal with a warrant officer.

Her technical skills just blew my mind. I wanted to emulate that knowledge base.

JD: What did you enjoy about serving the U.S. military?

LR: Being in supply was a great job for me. I was able to interact with everyone, and I was in charge.

Seriously, so many things—but definitely, traveling all over the world and being able to have my mother visit everywhere I was stationed. She even came to my graduation from drill sergeant school.

JD: Why do you feel it is important that we continue to recognize the contributions of female service members?

LR: When I was stationed in Baumholder, Germany, I was the only female non-commissioned officer in the battalion (293d Engr.). Every time they had a urinalysis, I had to monitor females. At the time, I thought that was the worst assignment of my career. Even though it was a construction company there weren't and females NCOs in it. Representation matters:

There is a sense of pride when you see someone that not only looks like



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Above: USAG-KA Commander Col. Tom Pugsley, left, awarded Richardson a certificate recognizing her 40 years of service to the Department of Defense in a recent ceremony.

you but is also good at what they do. It's important, and it gives you hope. The struggles from person to person are different, but seeing someone like me, pushed me to say if they did it and survived, so can I.

Jessica Dambruch: Is there a message you would like to give to young people looking to connect with a career in the U.S. military?

LR: For me, the adventure is phenomenal. I've met some amazing people along the way and have made lifetime friends.

The military allows you to interact with people with different values, ideas and upbringing; you discover that although they may not look like you, there may be more things you have in common than what you don't. I didn't join for a career.

As I mentioned before, I was just ready to leave my mom's house, and it was the quickest way. It was the best decision I ever made. The camaraderie, especially while stationed overseas, is unmatched.

There's a brother and sisterhood like no other. If you put in the work, it can be an amazing experience.

**OPSEC
IS NOT
RETROACTIVE.
THINK BEFORE
YOU SHARE
INFORMATION.
ONLINE AND OFFLINE.**



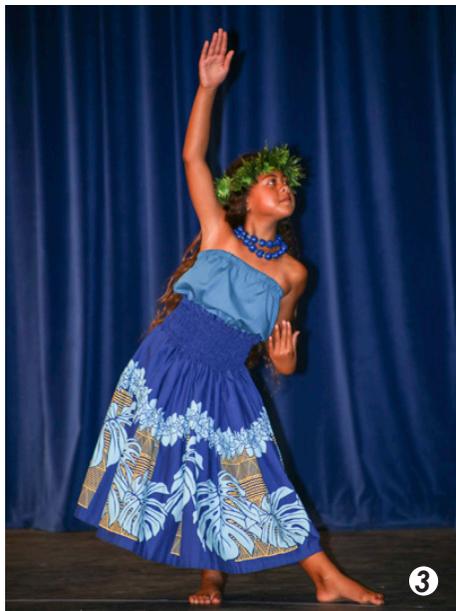
THE GEORGE SEITZ ELEMENTARY SCHOOL TALENT SHOW



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The annual Parent Teacher Organization-produced George Seitz Elementary School talent show drew families and friends of the Kwajalein School System community to the Davye Davis Multi-Purpose Room at Kwajalein High School for an evening of skits and music and dance performances. Here are just a few shots from the action onstage. Special thanks to all of the talented performers who made this year's show a success.

1) GSES teachers sit on an invisible bench during a skit. 2) Rachel Melody performs an original dance routine with a gymnastics ribbon. 3) Layleen Sakaio performs a hula with musical accompaniment from her father, Mike Sakaio (not pictured). 4) Sofia Sadowski gave a solo vocal performance. 5) Juliet Delisio plays a piano tune. 6) Sixth-graders perform a self-described, low-budget version of Disney's "Moana." 7) Fourth-grade students perform a full-class dance number to "We Don't Talk About Bruno," from Disney's "Encanto."



It's a good thing we have the Ocean View Club. USAG-KA Morale, Welfare and Recreation moved the Saggie G-String Band concert indoors March 13 due to inclement weather. So, while attendees couldn't bob in the Adult Pool as planned, the audience enjoyed favorite classic rock, grunge and alternative rock tunes with some much-needed shelter from the wind and rain. Check out these photos from the performance.

1) The Saggie G's perform at the Ocean View Club. 2) Saxophonist Kyle Miller. 3) Vocalist Nate Rios. 4) Ukulele player and Kwaj kid John Thygerson. 5) Dave Bates, right, on bass, lays down the pulse with guitarist Derek Miller. 6) Greg Binford holds up his cellphone during the concert. 7) When fans spontaneously start dancing, you know you've got a winning band. Pictured here, Liz Mefford, left, and Kristin Miller twirl on the dancefloor.



E-WARENESS PETROLEUM PRODUCT STORAGE TANK MANAGEMENT

Each department owner of petroleum product storage tanks is required to:

- Designate trained storage tank custodians.
- Conduct weekly storage tank inspections.
- Conduct annual storage tank inspections.
- Document storage tank inspection deficiencies and perform associated corrective actions or contact the Service Desk (5-3550) for support

Owner eo ilo department eo an petroleum product storage tank ko ej aikuj:

- Kolaajrake rijerbal ro ekkar nan tank ko remaron jerbale ie
- Etale storage tank ko aolep week.
- Komman ien nan jeek e storage tank ko aolep yio.
- Jeiki aolep jorren im likjab ko rar walok im pikwot kilen jerbale jorren ko. Ne ejab, kir lok Service Desk ilo 5-3550.

#36

RMI TRAVEL ISSUANCE

Effective Feb. 28, the Republic of the Marshall Islands government has instituted Travel Issuance 36. This travel restriction applies through March 31.

UNITED AIRLINES FLIGHTS

FEBRUARY-MARCH FLIGHTS

Monday

UA155 (HNL)

Flight: 6:15 p.m.

Check-in: 3:30 – 4:45 p.m.

Tuesday

UA154 (GUM)

Flight: 12:50 p.m.

Check-in: 10:45 – 11:20 a.m.

For Optical Care

Call the Kwajalein Hospital to express your interest in securing a future optometry appointment at 5-2223.

For Veterinary Care

Call 5-2017 or email the Kwajalein Veterinary Clinic at kwajaleinveterinaryclinic@internationalsosgs.us to get on the list or make an appointment for prescreening conditions like dental care, diabetes, eye issues, lab work and medication.

Notice of Availability USAG-KA Draft Document of Environmental Protection for the Protection of Cultural Resources

The U.S. Army Kwajalein Atoll Environmental Standards require specific USA-KA activities with the potential to affect public health and the environment must be defined in a Document of Environmental Protection (DEP). The UES further provides a review and comment period by the public and the regulatory agencies on the draft DEP.

The Draft DEP for the continued activity of the Protection of Cultural Resources provides the guidelines for Cultural Resource protection during ongoing operations, maintenance, construction, and mission activities at the U.S. Army Garrison – Kwajalein Atoll. This document focuses on guidelines for Cultural Resource consultation procedures.

The public is invited to review and comment on the Draft DEP. The Draft DEP and the UES are available for review at the Grace Sherwood Library, the Roi-Namur Library, and the RMI Environmental Protection Authority (RMIEPA) offices on Ebeye and Majuro.

Written comments regarding the Draft DEP can be directed to:

Patrick Chauvey
U.S. Army Garrison-Kwajalein Atoll
Attn: USAG-KA Environmental
Coordinator
PSC 701 - Building 730
APO AP 96555-9998

Or sent electronically to:

Patrick.R.Chauvey.civ@army.mil

A period of at least 30 days will be provided for public comment. Comments on the Draft DEP should be postmarked no later than April 11, 2022.

Naan In Kokabiloklok USAG-KA Draft In Ikijen Wewein Ad Kojbarok Jukjukin Ped Eo Kab Men ko Bwinnid

USAG-KA Environmental Standards (UES) ej aikuj bwe aolep makitkit ko an USAG-KA make im remaron jelet ejmour eo an jukjukin ped eo ren alikkar ilo draft eo naetan Document of Environmental Protection (DEP). UES eo ej bareinwot laajrake juon ien nan an public im agency ko kenono im bok melele ko ikijen draft in..

DEP in ej nan makitkit ko rej jiban ke-jbarok jukjukin ped eo im ej nalomen karrok ko nan makitkit ko einwot operations, maintenance, construction, im mijen ko an USAG-KA. Draft in ej focus nan karrok ko nan jelmae karrok ko rekkan nan jukjukin ped eo im men ko bwinnid.

Aolep rej ruwainene nan kenono im bok melele ko ikijen darft in. DEP in kab UES ko jimor rebellok nan adwoj riit im lale bwe jen melele kaki ilo library ko ad ilo Kwajalein – Grace Sherwood Library im Roi-Namur Library, im bareinwot ilo opij ko an RMI Environmental Protection Authority ilo Ebeye Kab Majuro.

Kakobaba ko nan Draft DEP in remaron etal non:

Patrick Chauvey
U.S. Army Garrison-Kwajalein Atoll
Attn: USAG-KA Environmental
Coordinator
PSC 701 - Building 730
APO AP 96555-9998

Ak jilinlok ilo email:

Patrick.R.Chauvey.civ@army.mil

Enaj belok iumwin 30 raan non jabdrewot eo ekonaan likit melele ko ak wawein im lemnak ko kin DEP Draft in. melele kein rej aikuj postmark mokta jen April 11, 2022.

3-1-1 for Carry-ons

Prepare for Take-off →

3 **3.4 ounces** or smaller containers of liquid or gel
More than 3.4 ounces permitted in checked baggage

Container size is a security measure



1 **1 quart-size**, clear plastic, zip-top bag holding 3.4 ounces or smaller containers

Bag limits total volume per person



1 **1 bag** per traveler placed in the security bin

Isolating liquids speeds screening



THE LIBERTY PASS

Kwaj Weekend and Activity Guide

22ND ANNUAL

SPRING BREAK MUSIC FEST

Sunday, April 3 at 3 p.m.
at the Kwajalein Yacht Club
and Camp Hamilton

Live Music
Sunfish Regatta
Fish Tacos by the Kwajalein Atoll
Sportfishing Club
Water activities supported by the
Small Boat Marina



Coming Up Next

MWR St. Patrick's Day Party
Saturday, March 19
8 p.m. - midnight
Ocean View Club

Éire go Brách! Get your green on at this fun St. Patrick's Day party for island residents aged 21 and up. Select drink specials will be available for sale.

Kwajalein Scuba Club's Spring Equinox Dive and Dine
Sunday, March 20
Splash at 8:30 a.m.

Brunch at the A-Frame immediately following the dive. Please bring a dish to share.

Salsa Night
Saturday, March 26
9 p.m. - midnight
Ocean View Club

Dress to impress, and enjoy special prices on select beverages.

Kwajalein Art Guild Spring Craft Fair
Monday, March 28
9 a.m. - 1 p.m.

Kwajalein High School Davye Davis Multi-Purpose Room
Enjoy this annual fun family event to purchase Kwaj-unique items homemade by Kwajalein's artisans.

Talks on the Rock: "Days for Girls," featuring Katie Suderno
Monday, March 28
7 - 8 p.m.

Island Memorial Chapel
Celebrate Women's History Month with the YYWC and a special presentation featuring Days for Girls Ebeye chapter leader Katie Suderno. Learn more about supporting women to empower others by turning periods into pathways.

Did you know that by posting any personal information online, you are creating an electronic footprint that may be accessed for years to come?

@USArmyOPSEC

#OPSECmindset



At The Movies

Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special "Movies Under the Stars" events.

Yuk Theater Kwajalein

Saturday, March 19
"Toy Story 3"
(G) 93 min

Sunday, March 20
"Pitch Perfect 2"
(PG-13) 115 min.

Monday, 21 March: "Hangover III"
(R) 100 min.

Saturday, March 26
"Up"
(PG) 96 min.

Sunday, March 27
"Venom: Let There Be Carnage"
(PG-13) 97 min.

Monday, March 28
"The Protégé"
(R) 109 min.

C-Building Roi-Namur

Saturday, March 19
"Shazam!"
(PG-13) 132 min.

Sunday, 20 March
"The Last Shift"
(R) 91 min.

Saturday, March 26
"Pacific Rim Uprising"
(PG-13) 111 min.

Sunday, March 27
"Beirut"
(R) 109 min.



QUARANTINE DELIVERY PICK-UP TIMES

Package pick-up for deliveries to personnel in quarantine will depart from Macy's on Mondays at 10 a.m. and Surfway on Thursdays at 2 p.m. A delivery vehicle will arrive 30 minutes before departure. Please ensure all deliveries are securely packed and labeled with the recipient's name and quarters number. Questions? Please call Pat Dobson at 5-0506, or Mike Snyder at 5-3929.



Yokwe Yuk Welcome Club presents
Talks on the Rock
"Days for Girls"
Celebrating Women's History Month
featuring
Katie Suderno
Days for Girls Team Leader for the Ebeye Island Chapter

Learn more about supporting women to empower others by turning periods into pathways.

Monday, March 28, 7 -8 p.m.
Island Memorial Chapel



TIE-DYE

Come support the 10th grade class from Kwajalein High School!



Sunday, April 3
11 a.m. - 4 p.m.
Spring Break Music Fest
at Camp Hamilton

Prices:
\$5 - dye (bring your own shirt)
\$10 - dye and shirt included

HELP KEEP OUR BARGAIN BAZAAR & MIC SHOP OPEN!



VOLUNTEERING FOR
ONLY 2 HOURS A MONTH
IS ALL IT TAKES!

PLEASE EMAIL YYWCINFO@GMAIL.COM
TO LEARN MORE

DOWNWIND DASH

Ready to run your fastest mile ever?

The Downwind Dash is a one mile run along the airfield road with the wind at your back. The race is on **Monday, March 21, 5:00pm** on Ocean Road near the Golf Club House. Show up 10 minutes early to sign in. For questions, contact Bob or Jane Sholar at 5-1815.

COMMUNITY CLASSIFIEDS

The community wants to hear from you. Email announcements and advertisements to kwajaleinhourglass@amentum.com Wednesdays by close of business. Ads received after deadline will be published in the next issue of The Kwajalein Hourglass.

ARMY REGULATIONS

TOBACCO USE. USAG-KA Policy Memorandum 600-8 protects others from the negative impact of tobacco use. On USAG-KA, smoking is permitted in designated smoking areas only. Smoking and cigarette butt receptacles must be at least 50 feet from the entrance of facilities.

CANDLES and open flames are not permitted in BQ rooms. The Kwajalein Fire Department thanks you for keeping your neighbors safe.

CLASSES

ALCOHOLICS ANONYMOUS. Open meetings for this group are Tuesdays at 6:30 p.m. in the REB, Room 213.

BLDG. COORDINATOR TRAINING. This training for building managers is required by AR 420-1. Kwaj training occurs on the first and third Wednesdays of each month beginning at 10 a.m. in the Religious Education Building. Roi-Namur training occurs on the second Wednesday each month at 9:30 a.m. in the C-building. Call 5-3364 to register.

SMOKING CESSATION. Ongoing smoking and tobacco cessation counseling is available. Please call the EAP at 5-5362 or email Marybeth.Dawicki@internationalosgs.us

for more information.

FACILITIES

RACQUETBALL COURT CODE. Residents can obtain the door code from the MWR Desk at the Grace Sherwood Library. The code will not be given out over the phone. Contact MWR at 5-3331 with questions.

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Write to kwajalein.hourglass@amentum.com to remove your listing.

ADMINISTRATIVE ASSISTANT. This position provides daily administrative task support for operations at the Island Memorial Chapel. For questions or to submit a resume, please call 5-3505, and send to kwajchapel@gmail.com and Ch. Brian Conner at brian_conner@sbc-global.net.

AMENTUM seeks qualified candidates for various positions. Current open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works, among others. To apply, contact your local HR

representative.

CALIBRE seeks a Military Material Specialist. For more information, or to apply, visit <https://jobs.silkroad.com/calibresys/https://calibresysca-reerssilkroadcom/jobs/4013>.

INTERNATIONAL SOS seeks a dental assistant and applicants for administrative positions. Send your resume to marykathleen.bryan@internationalos.com.

KAIHONUA is hiring for multiple positions. For more information or to apply, please contact Tribalco Human Resources at 5-4344 and visit <https://honoservices.jobs.net/page/kaihonua>. Applicants must meet job requirements.

NAN, INC. seeks a welder and welding inspector. To apply, visit www.nanhawaii.com and contact Clint Ueatari or Kevin Short at 5-2632, 5-4995 or 5-4996.

TRUESTONE is hiring for multiple positions. Contact Tribalco Human Resources at 5-4344 and visit <https://www.akima.com/careers/>. Applicants must meet job requirements. For more information, visit www.tribalco.com/careers.html.

RGNEXT, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

USAG-KA CYS has openings for new employees and coaches. Required experience levels vary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

MWR REFEREES WANTED. Paid and volunteer positions are available for soccer, volleyball, basketball and softball. Schedules are flexible. Contact Dolly Bakhsh at 5-3872 or dolly.bakhsh@amentum.com for more information.

NEW ON ISLAND?

WANT TO GET INVOLVED IN SUPPORTING EDUCATION IN THE MARSHALL ISLANDS & MICRONESIA?

Join the Yokwe Yuk Welcome Club!

OPPORTUNITIES AT THE MIC SHOP, BARGAIN BAZAAR, FUNDRAISING & CULTURAL EVENTS

PLEASE CONTACT YYWCINFO@GMAIL.COM



HOURS OF OPERATION

COMMON ACCESS CARD OFFICE is open Tuesday through Saturday from 8 a.m. to 4 p.m. Schedule appointments at <https://idco.dmdc.osd.mil/idco.w>

The **SELF HELP CENTER** is in Bldg. 1791. Hours of operation are Monday, Wednesday, and Friday, 9:30 a.m. - 6 p.m. Visit Self Help for tools and materials for household upkeep projects.

ORGANIZATIONS

KWAJALEIN AMATEUR RADIO CLUB. Looking for active members and leadership positions to take the club to new heights. Contact the club at 5-2501 or email kwajradioclub@gmail.com to learn more.

UKULELE CLUB. The Kwajalein Ukulele Club is a free club open to ukulele enthusiasts of all ages and skill levels. Bring your uke and join us for a strum-along each Friday in CRC room 6 from 6 - 7:30 p.m. Sign up for the mailing list to receive updates and sheet music by writing to kwajukeclub@gmail.com.

KWAJALEIN GIRL SCOUTS. The Kwajalein Girl Scouts are open to all school-aged K-12 girls on Kwajalein (USAGSO.org). Membership fees are \$45. Also seeking adult volunteers. For registration, questions or more information contact Carrie Aljure at whatacod@aol.com.

SAFETY

HOSPITAL DOOR REPAIRS. Please use the north end/Pharmacy doors to enter the Kwajalein Hospital from March 5 - 9 until construction at the front entrance is complete. Thank you for your patience.

SAFETY REMINDER. The community is reminded to avoid dead marine mammals that may wash up onshore. They can pose a human health risk and may attract sharks and other marine predators. For more information, speak with your Environmental department representatives.



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE



Sgt. 1st Class Effie Banks
SHARP Victim Advocate

Work: 805-355-0600

or 805-355-1419

USAG-KA SHARP Pager:

805-355-3241 #0100

DOD SAFE Helpline:

877-995-5247



MAIN EBEYE OFFICE: 625-4296

455-1724, 456-1724 AND 456-6409 TO GET HELP.

ONCE A KWAJ RESIDENT,
ALWAYS A KWAJ RESIDENT.

HELP US PROTECT THE MISSION.
OPSEC DOESN'T END WHEN YOU PCS.
PLEASE THINK BEFORE POSTING PHOTOS
AND VIDEOS TO SOCIAL MEDIA.

PAVILION CLOSED. The site of the former Emon Beach main pavilion site is closed for maintenance. Please avoid the area while work is being completed. Call MWR at 5-3331/2.

TWO LIFEGUARDS REQUIRED. For safety reasons, an extra lifeguard is required for parties held at the Millican Family Pool. Questions, or to reserve the pool, contact Cliff Pryor at Clifford.PryorJr@amentum.com or 5-2848.

NO NEW PETS IN BQ ROOMS. Except for cats already adopted and currently residing with their owners, no animals or pets are allowed in BQ rooms. If you see an animal in distress, contact the Vet Tech at 5-2017 or kwajaleinveterinaryclinic@internationalsofsgs.us.

METAL DETECTORS are not allowed on Kwajalein according to Army Regulation. Unexploded Ordnance exists and could be dangerous if disturbed. Contact Deirdre Wyatt-Pope at 5-1442.

MILITARY WORKING DOGS. The community is advised to follow these tips for safety around military working dogs. WDs will conduct inspections at locations like BQs, transient facilities and other areas.

- Maintain a distance of five feet at all times.
- Do not attempt to pet or agitate the Working Dogs on patrol or at the K-9 kennel area

- Follow all instructions from the Kwajalein Police Department and K-9 dog handlers at all times.
- Questions? Contact the Provost Marshal's Office at 5-2109, 5-8859 and 5-3530.

MWR RENTALS

MWR RENTALS. When requesting a tent, two weeks' notice is required for dig permit approval. To request tables, linens, chairs, bounce houses, or MWR equipment, call 5-3331/3332 or visit the Grace Sherwood Library in Bldg. 805 Tuesday through Friday from 8 a.m. – 5 p.m.

VOLUNTEERS WANTED

YOKWE YUK WELCOME CLUB seeks a MIC Shop buyer to maintain shop handicrafts; and a chairperson to be the shop's point of contact. Volunteers receive a 25 percent discount on all shop goods and can volunteer time on their own schedules. Training is available now through March 1. Contact Diane Swanby at 5-1684 or kwajhandicrafts@gmail.com for more information.

BARGAIN BAZAAR seeks volunteers and donations. Email yywcinfo@gmail.com or visit the Bargain Bazaar Facebook page @KwajBargainBazaarYYWC for information. Proceeds benefit the Education Assistance Fund and support education grants.

LOOKING TO MAKE A DIFFERENCE?

The Micronesian Handicraft Shop is currently looking to fill the following positions

- POHNPEI HANDICRAFT BUYER
- TREASURER
- MIC SHOP CHAIRPERSON



Opportunity to Train!



PLEASE CONTACT YYWCINFO@GMAIL.COM



LIVE YOUR BEST ISLAND LIFE WITH THE MWR FITNESS PASS

Available for sale now, passes are required for all MWR fitness classes. Enjoy water aerobics, Zumba, high-intensity interval training and more with a pass that fits your work-lifestyle.

- Annual Pass: \$150
- Six-Month Pass: \$75
- Eight-Class Pass: \$25

Purchase your pass at the MWR Desk at the Grace Sherwood Library. For information, call 5-3331.

RELIGIOUS SERVICES ISLAND MEMORIAL CHAPEL

Join the congregations of the Island Memorial Chapel for weekly services and opportunities to join in fellowship and praise activities.

Be sure to keep an eye on Kwajalein social media for event announcements for the island's fellowship groups. Check out additional community services provided by the chapel team. Call 5-3505 to speak with a religious services team member about your specific worship needs.

PRAYER REQUESTS

Send prayer requests electronically to: m.me/IMCKwajalein

COUNSELING SESSIONS

Counseling sessions are available by appointment. Call 5-3505.

CATHOLIC SERVICES

Morning Services

Sunday, 9:15 a.m.
Main Sanctuary

Daily Mass

Tuesday through Friday
5:15 p.m.
Chapel office

Saturday Evening Mass

5:30 p.m.
Small chapel

ROI SERVICES

Protestant Services
1st & 3rd Fridays
at 6:30 p.m.

PROTESTANT SERVICES

Early Sunday Services

Sunday, 8:15 a.m.
Traditional Worship
Small Chapel

Mid-morning Services

Sunday, 11 a.m.
Contemporary Service
Main Sanctuary

CHAPEL ACTIVITIES

Youth Fellowship

April 4 - REB, 6 p.m.
April 18 - A-Frame, 6 p.m.

Night of Prayer and Praise

Join the Island Memorial Chapel for a night of worship. Event meets monthly at 7 p.m. on first Sundays in the IMC main sanctuary.

Stations of the Cross

6 p.m. in the small chapel on Friday, March 25.



SHARE YOUR GREAT IDEAS.

The Garrison Commander team wants to hear from you.

U.S. Army Garrison-Kwajalein Atoll is looking for great ideas to help make innovations and improvements to our island community life. You can help.

You can win the Quarterly Innovation Challenge.

Winners will receive an official innovator's award and a special AAFES gift card presented by Col. Tom Pugsley.

Submit your great idea:

- Call the Commander's Hotline at 5-1098
- Send an email to USAG-KA Public Affairs Officer Mike Brantley, at james.m.brantley4.civ@army.mil



* USAG-KA Command thanks AAFES for supporting this special community initiative.



COLLEGE AND CAREER FAIR VOLUNTEERS WANTED

College, Career and Military Fair
March 24, 2022, 1:30 - 3:30 p.m.
Kwajalein High School

Attention, Professionals in the Kwajalein Community:

Each year, the Kwajalein School System holds career fairs to help equip students with knowledge about professional options for college, careers and military service.

Students enrolled in grades seven through 12 are invited to learn about exciting pathways to the future at the annual Kwajalein High School College, Career and Military Fair.

Students visit with volunteer presenters during the trade show/poster session event to learn about the many varied careers and expertise on Kwajalein. Share with students how you picked your goal and adapted to face the challenges of the changing workplace to balance work, life and higher education.

KSS invites you to share your professional journey with Kwajalein's students on March 24 during the College, Career and Military Fair. To register in advance, email Wallachl@kwajalein-school.com.

Your presentation can explore any of the items below:

- requirements for a variety of careers
- various roads to specific careers
- various working conditions and opportunities available
- financial and other benefits
- your insights and enjoyment of your chosen career

If you would prefer to highlight your college or military experiences, consider providing students with the following:

- your motivation
- pros and cons of your decision
- variety of options gained
- program of study and timelines
- Benefits, costs, and scholarships

Table Design

Be creative! Tables can reflect your personality or career. Presenters are encouraged to bring in college swag, military memorabilia, and multimedia and informational tools you can use to share your journey with students.

MWR FITNESS CLASSES

New Schedule begins March 1

| TUESDAY | THURSDAY |
|-----------------------------------|--------------------------------------|
| 9:15 a.m. ZUMBA DANCE CRC1 | 5:30 a.m. SPIN |
| 5 p.m. YOGA | 10:30 a.m. WATER AEROBICS ADULT POOL |
| 5:30 p.m. KICK BOXING & CORE CRC1 | 5 p.m. YOGA |
| 6:40 p.m. SPIN | 5:30 p.m. KICKBOXING & CORE CRC1 |
| WEDNESDAY | FRIDAY |
| 5:30 a.m. YOGA | 9:15 a.m. STEP & CORE CRC1 |
| 9:15 a.m. ZUMBA TONING CRC1 | 5:30 p.m. ZUMBA TONING CRC1 |
| 6 p.m. ZUMBA DANCE CRC1 | 6:40 p.m. SPIN |
| SATURDAY | |
| 10:30 a.m. WATER AEROBICS | |
| 5:30 p.m. STEP & CORE CRC1 | |

CONNECT WITH YOUR COMMUNITY

Get your installation services and post information on the **NEW** Digital Garrison app on your smartphone or tablet.

DIGITAL GARRISON
POWERED BY

MAKE THE CONNECTION

Download on the App Store

GET IT ON Google play

GLOBAL CAREERS WITH VECTRUS



FOR MORE THAN 70 YEARS, Vectrus has led large-scale IT, logistics, and infrastructure services to enable customer success. Join our 9,000 employees across the U.S. and the world to advance your career with our global opportunities, our expertise in mission-critical problem-solving, and our extensive Vectrus university and Vectrus cyber academy programs.

BENEFITS OFFERED BY Vectrus are comprehensive and designed to meet the needs of all our employees:

- Medical insurance
- Dental Insurance
 - Vision Insurance
 - Life Insurance
 - Paid Vacation
 - Paid Holidays

HOW TO GET STARTED

- Visit Vectrus' career site!
- Create a profile at <https://careers.vectrus.com/why-vectrus> or scan the QR code at the bottom of this flyer.
- Upload your resume and any certifications you may have
- Let us know you are interested in joining the Vectrus team by signing up for the "LOGCAP V—Marshall Islands - Interested Incumbent Only" Talent Pool
- We will send notifications through the talent pool to let you know when positions are available.

Check these exciting opportunities with Vectrus' Subcontractors in the Republic of the Marshall Islands. Interested parties can also look up these positions on www.indeed.com, www.glassdoor.com, www.linkedin.com and www.monster.com.



Berry Aviation (Aviation Positions) – please apply at <https://www.berryaviation.com/job-listings>



Quantum Dynamics Inc. (Ground Maintenance, Movement Control, Transportation Motor Pool, Custodial) is accepting resumes for open positions on Kawjalein and Roi-Namur. Please apply to specific opportunities at <https://qdyncorp.com/home/careers/>



ISOS (medical, Surgical, Optometry, Dentistry and Veterinary Services) – please apply at <https://www.internationalsos.com/careers>



Wolf Creek (PrevMed, Ground Transportation, Retail Svcs., and Watercraft Operations) – please apply at www.chugachgov.com/careers



Louis Berger Services (Engineering, Electrical Utility Services, Airfield and Retail Fuel Operations) – please apply at <https://phe.tbe.taleo.net/phe01/ats/careers/v2/jobSearch>



Tech Systems (SSA Operations, FRB, and Ammunition and Munition Operations) – please apply at <https://tsi4usa.com/careers/>



MidWest ATC (Air Traffic control) – please apply at <https://atctower.com/careers>



careers.vectrus.com

PROTECT YOUR WORKERS FROM HEAT STRESS

Learn more about heat stress at: www.cdc.gov/niosh/topics/heatstress

DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Institute for Occupational Safety and Health



Develop an acclimatization plan

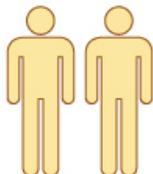
Acclimatization is the result of beneficial physiological adaptations (e.g., increased sweating efficiency and stabilization of the circulation) that occur after gradual increased exposure to a hot environment.

| <p>TIP 1</p> <p>Gradually increase the time spent in hot environmental conditions over a 7-14 day period.</p> | <p>TIP 2</p> <p>For new workers, the schedule should be no more than 20% exposure to heat on day 1 and an increase of no more than 20% exposure on each additional day.</p> | <p>TIP 3</p> <p>For workers who have had previous experience with the job, the acclimatization schedule should be no more than:</p> <table border="1"> <thead> <tr> <th>DAY 1</th> <th>DAY 2</th> <th>DAY 3</th> <th>DAY 4</th> </tr> </thead> <tbody> <tr> <td>50% EXPOSURE</td> <td>60% EXPOSURE</td> <td>80% EXPOSURE</td> <td>100% EXPOSURE</td> </tr> </tbody> </table> | DAY 1 | DAY 2 | DAY 3 | DAY 4 | 50% EXPOSURE | 60% EXPOSURE | 80% EXPOSURE | 100% EXPOSURE |
|--|--|---|---------------|-------|-------|-------|--------------|--------------|--------------|---------------|
| DAY 1 | DAY 2 | DAY 3 | DAY 4 | | | | | | | |
| 50% EXPOSURE | 60% EXPOSURE | 80% EXPOSURE | 100% EXPOSURE | | | | | | | |

Set up a buddy system

Check your workers routinely to make sure...

- they make use of readily available water and shade.
- they don't have heat-related symptoms.



Schedule and encourage frequent rest breaks...

...with water breaks in shaded or air-conditioned recovery areas.



Emphasize the need for appropriate clothing

Encourage workers to wear clothing that is...



Cotton clothing can be soaked in water to aid cooling.

⚠ Be aware that protective clothing or personal protective equipment may increase the risk of heat stress.



Encourage workers to drink plenty of fluids...

...such as drinking small amounts of water before becoming thirsty.

During moderate activity in moderately hot conditions, workers should drink about...



CAUTION

Construction will be performed at the Richardson Theater Tuesday through Saturday from 7:30 a.m. to 5:30 p.m. Please adhere to the caution tape and/or barriers, and please keep clear of the area.

Please contact Deirdre Wyatt-Pope at 5-1442 with any questions or concerns.

REMINDER FOR RADIO FREQUENCY SAFETY

PUBLIC SAFETY ANNOUNCEMENT

All use of radio frequencies or related equipment must be verified by the NETCOM Spectrum Management Office prior to purchase or activation.

The NETCOM SMO will verify adherence to Army, U.S. and international regulations and standards and ensure that proper approvals are in place to use specified frequencies.

Failure to gain approval prior to purchase may result in equipment shut down and wasted funds. This extends to all users within a 200-mile radius of Kwajalein and includes TDY visitors.

Lead times for approval may be from 120-days for simple frequency use to up to two years for equipment approval.

Approved U.S. electronics for home use are exempt from this process.

Any instance of interference should be reported immediately; the SMO will assist in resolving interference issues. Please contact the SMO at 5-2498 with any questions.



NO-SMOKING REMINDER

PUBLIC NOTICE

Kwajalein residents, smoking is permitted only in designated smoking areas.

All smoking and cigarette butt receptacles must be at least 50 feet from entrance of facilities.

USAG-KA Policy Memorandum 600-8 sets forth specific policies designed for protection from the negative impact of tobacco use.

Smoking cessation programs are available. For more information, contact Mary Beth Dawicki at 5-5362 or by email at Marybeth.Dawicki@internationalsogs.us.

RTS WEATHER STATION STAFF

WEATHER DISCUSSION

High pressure building north of the region will begin to usher in windier conditions on Saturday. Wind gusts from Saturday into early next week could be near 30 knots at times, especially near any showers. Seas will become increasingly rough, with hazardous surf of 7-10 feet into next week. Spring tides are occurring with the March 18 full moon, and minor splash-over at more vulnerable spots along the east reef will be possible around times of peak tides, especially on March 21. With the windier conditions and rough seas, a Small Craft Advisory may be required. There will be occasional passing showers accompanied by gusty winds, with expected rainfall accumulations through the weekend near or below a quarter of an inch.

SATURDAY THROUGH MONDAY

Partly sunny and windy with isolated showers. Winds NE-E at 17-22 knots with frequent higher gusts. Some gusts could be near 30 knots, especially near showers.

NEXT WEEK

Breezy trade winds continue, gusty at times, from the NE-E at 15-22 knots. Chances for more significant rainfall could improve beginning Wednesday as the Intertropical Convergence Zone inches northward.



Click the logo to visit RTS Weather online.



U.S. PASSPORT PROCESSING

U.S. passport processing services will begin Tuesday, March 29, through Friday, April 1 during afternoons at USAG-KA Command headquarters, Bldg. 730.

For more information or to schedule an appointment, please contact the U.S. Army Garrison-Kwajalein Atoll Directorate of Host Nation Activities at 5-2103 or 5-5325.

ShopMyExchange.com Access

Who is eligible to shop at AAFES?

- U.S. Citizen Employees of firms under contract to the DoD when employed outside the U.S.
- U.S. Civilian DoD employees when stationed outside of the U.S.
- Full list of eligibility available at shopmyexchange.com

For more information, request an account form from Ian Morales at moralesic@aafes.com. Hardcopies are also available at the store. Accounts are good for up to two years. These forms can be reactivated after employment verification.

| | SUNRISE SUNSET | MOONRISE MOONSET | HIGH TIDE | LOW TIDE |
|------------------|------------------------|--------------------------|----------------------------------|--------------------------------------|
| SUNDAY | 6:54 a.m. 7:00 p.m. | 8:43 p.m. 8:10 a.m. | 5:27 a.m. 4.7' 5:39 p.m. 4.7' | 11:32 a.m. -0.7' 11:48 p.m. -0.7' |
| MONDAY | 6:53 a.m. 7:00 p.m. | 9:36 p.m. 8:54 a.m. | 5:57 a.m. 4.7' 6:10 p.m. 4.4' | 12:06 p.m. -0.5' ----- |
| TUESDAY | 6:53 a.m. 7:00 p.m. | 10:33 p.m. 9:41 a.m. | 6:29 a.m. 4.5' 6:42 p.m. 3.9' | 12:16 a.m. -0.5' 12:42 p.m. -0.2' |
| WEDNESDAY | 6:52 a.m. 7:00 p.m. | 11:33 p.m. 10:32 a.m. | 7:04 a.m. 4.3' 7:17 p.m. 3.3' | 12:45 a.m. -0.1' 1:23 p.m. 0.2' |
| THURSDAY | 6:51 a.m. 7:00 p.m. | ----- 11:28 a.m. | 7:45 a.m. 3.8' 7:59 p.m. 2.6' | 1:16 a.m. 0.3' 2:14 p.m. 0.7' |
| FRIDAY | 6:51 a.m. 7:00 p.m. | 12:35 a.m. 12:28 p.m. | 8:43 a.m. 3.3' 9:27 p.m. 2.0' | 1:54 a.m. 0.8' 3:46 p.m. 1.2' |
| MARCH 26 | 6:50 a.m. 7:00 p.m. | 1:37 a.m. 1:30 p.m. | 10:52 a.m. 3.0' ----- | 3:03 a.m. 1.4' 7:08 p.m. 1.1' |

THE THREE R'S OF UXO

PUBLIC SAFETY ANNOUNCEMENT

Unexploded ordnance should be treated like dangerous sea creatures: **Look, but do not touch. You can play an important role in keeping Kwajalein safe by knowing what to do when you spot unexploded ordnance.**

Remember the three R's of UXO:

- **Recognize** an item as possible unexploded ordnance;
- **Retreat** from the area of the UXO; and
- **Report** suspected UXO immediately.

If you discover an object that could be UXO, notify Kwajalein Explosive Ordnance Disposal immediately by calling 5-1433. You can also call CPS at 5-4445. Provide the following information about what you found:

- **Location.** Note helpful details like the building number, GPS coordinates and any prominent landmarks
- **Size of the UXO** as compared to common items like a football or scuba air cylinder

Kemeymej R ko 3.

- **Recognize (kile)** juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO).
- **Retreat (Jenliklik)** bed ettolok im jab kepaak UXO eo.
- **Report (Ripoot e)** boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemeymej eok, eokwe jout im koba lok ilo Island Orientation allon otemjej.

For a detailed refresher on UXO safety, attend the new island orientation or call Kwajalein EOD at 5-1433.

UXO AWARENESS AND SAFETY CLASSES

Kwajalein Explosive Ordnance Disposal will be conducting monthly UXO hazard awareness classes on the first Wednesday of every month. Classes will not meet on holidays.

This class is a 30-minute new hire and refresher UXO class explaining specific dangers on Kwajalein. Meetings are scheduled for the first Wednesday at each month at 1 p.m. in Building 1025.

How to Register

Call 5-1550 to sign up. A maximum of 18 people may register for each class. For departments with a large group of employees we can come to your location. Call 5-1550 to schedule a class, to speak with a technician or for more information.



SHARING STORIES FROM THE MISSION. THE KWAJALEIN HOURGLASS



HOW OUR NEWSPAPER GOT ITS NAME

The shoulder sleeve insignia of the 7th Infantry Division consists of two black, equilateral triangles placed vertically on a red circular disc giving it an hourglass shape. The hourglass of the insignia was consequently used in the title of the island newspaper, The Kwajalein Hourglass.

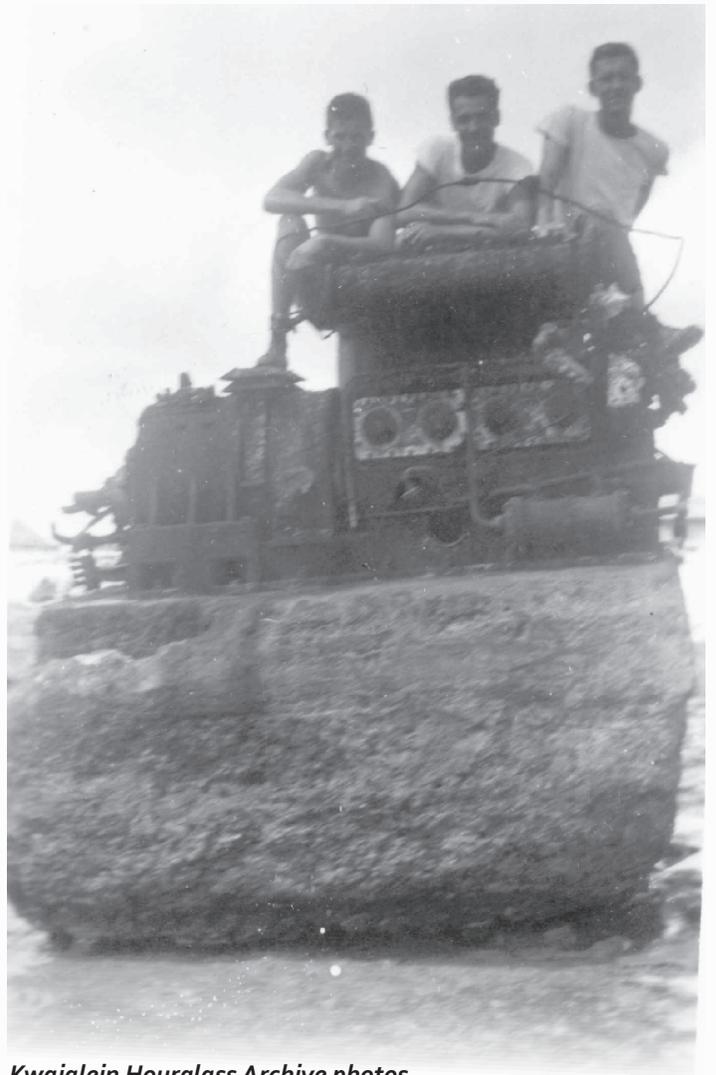
Get The Official Word Each Week

USAG Kwajalein
<https://home.army.mil/kwajalein/index.php>

USAG-KA Garrison Facebook
<https://www.facebook.com/USArmyKwajaleinAtoll/>

U.S. Space and Missile Command
<https://www.smdc.army.mil/>

Be Part of The Hourglass Story
Send announcements, community updates and event fliers to kwajaleinhourglass@amentum.com Wednesdays by 5 p.m.



Kwajalein Hourglass Archive photos



CLICK THE 7TH INFANTRY DIVISION LOGO TO VIEW PHOTOS FROM THE KWAJALEIN HOURGLASS ONLINE.