

# THE KWAJALEIN HOURGLASS



## THIS WEEK

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DIVER MIKE HODGES, LEFT, AND ENGINEMAN RUDIMCH LANGIDRIK FROM THE U.S. ARMY VESSEL PATRIOT PREPARE TO HOIST THE DINGHY INTO THE WATERS OF ENIWETAK SEPT. 5.



# National Hispanic Heritage Month

## AMERICANS ALL ★ FIGHTING FOR VICTORY ★



**T**he Department of Defense joins the United States in paying tribute to Hispanic Americans who demonstrated selfless service and sacrifice in the U.S. armed forces: Army, Army Air Forces, Marine Corps, Navy, Coast Guard, National Guard and the homefront during WWII.

When war was declared on Dec. 8, 1941, thousands of Latinos were among those that rushed to enlist. They fought in every major battle in the European Theater in which the U.S. military was involved, from North Africa to the Battle of the Bulge, and in the Pacific Theater of Operations, from Bataan to Okinawa.

According to the U.S. Army Center of Military History, Hispanics were not identified as an ethnicity on military records until the Vietnam War—so the exact number who served during WWII is unknown. However, unofficial estimates range between 400,000 and 500,000.

Latinas served in spite of cultural barriers that had in the past prevented them from leaving their families or traveling unaccompanied. As linguists, nurses and Red Cross aides in the Women's Army Auxiliary Corps, the Marine Corps Women's Army Reserve, these women broke through gender and cultural barriers to serve their country.

On the homefront, as these defense industries grew, Hispanics gained entry to jobs that had been closed to them in the past and were able to move away from traditional occupations such as agriculture.

Hispanic Americans played an immeasurable role in the United States' Armed Forces during WWII, serving bravely and with distinction from the initial attack on Pearl Harbor to the last days of the Pacific Campaign.

The U.S. remains forever indebted to WWII veterans, who not only changed the course of history but who demonstrated selfless service and sacrifice in defense of global peace and security. We remember the legacy of the "Greatest Generation" by honoring the past and securing the future.



**Click the logo to read more learn more the about contributions of Hispanic Americans online at the Defense Equal Opportunity Management Institute.**

### TRUE STORIES

In the 1990s, the US Navy guided missile destroyer Sergeant Alfredo Gonzalez became the first U.S. Navy ship to be named after a Hispanic service member. Alfredo Gonzalez was a USMC Medal of Honor recipient who was killed in Vietnam on February 4, 1968.



On May 23, 1943, in Alaska's Aleutian Islands, Private Joseph P. Martinez of Colorado became the first Hispanic-American to receive the Medal of Honor for his actions during World War II. His posthumous award was for the first act of combat heroism on American soil, other than the 15 at Pearl Harbor, since the Indian Campaigns.



Ellen Ochoa, a veteran astronaut, became the 11th Director of the Johnson Space Center in 2012. Ochoa is the first Hispanic director and second female director. Ochoa became the first Hispanic woman to go to space when she served on a nine-day mission on the space shuttle Discovery in 1993. She has flown in space four times, spending almost 1,000 hours in orbit.



### THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

Contents of the Hourglass are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or USAG-KA. It is published Saturdays in accordance with Army Regulation 360-1.  
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U.S. EMBASSY MAJURO

U.S. Army Garrison-Kwajalein Atoll Commander Col. Jeremy Bartel, left, and members of the garrison command team joined personnel from U.S. Embassy Majuro and Marshallese veterans of the U.S. military for a virtual town hall with Veterans Affairs last week. They explored questions about veterans benefits. U.S. Embassy Majuro issued the following statement related to the event: "On behalf of the the American people, we thank them for their service and look forward to continuing the conversation."

## U.S. AWARDS \$1,107,654 TO KILI-BIKINI-EJIT LOCAL GOVERNMENT

EXTERNAL REPORT

Press Release by the Department of the Interior

**WASHINGTON**—The Republic of the Marshall Islands has been awarded \$1,107,654 in fiscal year 2020 grant funding through the U.S. Department of the Interior's Office of Insular Affairs' Technical Assistance Program.

This funding will support the Kili-Bikini-Ejit Local Government's efforts to build a sea wall on Ejit Island, Majuro Atoll and provide equipment and supplies for the health clinic on Kili Island.

"Secretary Bernhardt and I are pleased to support the efforts of the KBE Local Government to protect the Ejit Island community from severe weather events and to help improve basic health care services for the residents of Kili," said Interior Assistant Secretary, Insular and International Affairs Douglas W. Domenech. "Funding like this demonstrates the long-time, close relationship between our two nations."

Fiscal year 2020 Technical Assistance Program funding totaling \$1,107,654 will be provided to the KBE Local Government as follows:

**Ejit Sea Wall.** \$682,654 will be used to construct a 2,300-foot reinforced concrete sea wall along the coastline of low-lying Ejit Island, which is part of Majuro Atoll. The sea wall will protect more than 300 people of Bikini who live on Ejit Island and whose community includes a school, a church, a community center, residential housing and family graves.

Much of the coastline and the infrastructure has already experienced degradation, erosion, and flooding due to extreme weather events, of which the most recent occurred in November 2019.

The proposed sea wall will be similar to other sea walls currently in use elsewhere in Majuro Atoll and on Ebeye Island, Kwajalein Atoll, which have been constructed to protect communities from the sea, especially during extreme weather events. The proposed sea wall on Ejit will mitigate not only flooding



Waves crash into the Uliga back road sea wall in the Marshall Islands in November 2019. (Photo by Hilary Hosia)

but also the collateral damages caused in terms of disease, loss of school time, work time, agricultural loss and the cost of rebuilding damaged structures.

**Kili Health Clinic.** \$425,000 will be used on Kili Island to purchase medical equipment and supplies for the existing health clinic, which supports a population of more than 500 people of Bikini. The KBE Local Government will provide a match of \$725,000 of its own money to expand the clinic, building an emergency room, a laboratory, and an X-ray and delivery room in a mini-hospital type setting. The OIA TAP grant will be used to acquire medical equipment and supplies to improve and expand healthcare services in the new setting. The proposed expansion of the Kili health clinic will be coordinated with the Section 177 Healthcare Program provide improved health care and emergency service options in a timely manner to the residents of Kili Island, where currently only rudimentary health services are available. Many critical health situations have cost the lives of those on Kili unable to receive adequate preventive or sometimes urgent health

care while awaiting a medivac from Kili to the Marshall Islands' principal hospital in Majuro. The proposed expanded clinic will serve help improve health care and save lives on Kili.

The Assistant Secretary, Insular and International Affairs, @ASHIADomenech, and the Office of Insular Affairs carry out the Secretary of the Interior's responsibilities for the U.S. territories of American Samoa, Guam, the Commonwealth of the Northern Mariana Islands and the U.S. Virgin Islands. Additionally, OIA administers and oversees federal assistance under the Compacts of Free Association to the Federated States of Micronesia, the Republic of the Marshall Islands, and the Republic of Palau. Follow and "like" OIA on Facebook at <https://www.facebook.com/InsularAffairs>.



Click the logo to read more from the U.S. Department of the Interior.





# ENIWETAK

## KWAJALEIN'S RESTRICTED GARDEN OF EDEN

📷 U.S. ARMY PHOTO BY MIKE BRANTLEY, USAG-KA PAO

*The pristine sand and waters of Eniwetak islet is the perfect place for nesting sea turtles to lay and hatch their young, while the waters and coral provide a great habitat for crabs and conchs.*

BY MIKE BRANTLEY / USAG-KA PUBLIC AFFAIRS

**A multitude** of birds soar just over the treetops as you walk below the verdant green, punctuated with openings in the canopy revealing azure blue skies. The birds are at home, but you are not.

Welcome to Eniwetak—a lush, 15-acre conservation area of nesting birds and sea turtles, crabs and dense jungle, that is a protected and restricted area here in the atoll that the majority of people who live and work on Kwajalein will never see.

Designated as a conservation area by U.S. Army Garrison-Kwajalein Atoll, the islet near Meck provides an off-site option to compensate and mitigate potential impacts to sea birds, sea turtles, coral reef habitat and other protected resources resulting from mission activities at defense sites throughout the atoll. The Eniwetak Conservation Area Management Plan provides protocols for surveillance, biological monitoring and maintenance

of the ECA to provide for protection of sea turtle and sea bird nesting habitats.

Range Generation Next's Environmental Management team of Don Swanby and Sherrie Dallas visit the ECA each month to conduct a survey of the islet's teeming population of terrestrial species and search for and log any signs of human activity.

"Monitoring the ECA assists in safeguarding the islands intended purpose as a conservation area," said Dallas, the occupational health, safety and environmental manager for RGNEXT. "It is an important aspect of managing its delicate ecosystem."

Dallas has worked on Kwajalein since 2017, managing occupational health and environmental services in numerous industries both stateside and abroad for 30 years. Mission operations is one of the best parts of her job. They are a critical element of our nation's security, she said.

"I realized many years ago that I want-

ed to be an advocate for a safe work environment for those who were uncomfortable speaking for themselves," she said, "including my own father who, as a result of exposure in the workplace, experienced three separate types of cancer."

Another aspect of her job that she loves is working in paradise. "My job permits me to travel to all the islands where we manage work," she said. "It's a great day when I can say my office was on a tropical conservation or nature reserve in the middle of the ocean [or] in a helicopter, all the while contributing to local RMI and USAG-KA environmental measures and aspirations."

Dallas' office on Eniwetak is home to nesting sea turtles, a protected species here in the Marshalls. Cameras monitor the islet as the RMI government strictly forbids trespassing.

"I've witnessed turtle tracks and evidence of turtle nesting once," said Dallas. "Our cameras have captured evidence of turtle movement and haul out – when the hatchlings make their way from the nest across the beach and to the ocean. It's very exciting to see."

Sea turtles are not the only occupants on Eniwetak that get special treatment.

"It's typical to see black noddies and white fairy terns on every occasion, but now and again we observe other species that, as nature lovers, are magnificent to witness," said Dallas. "Every visit is a new adventure, and we are fortunate to have insight into a place that so few have had the opportunity to experience."

"Understanding the role this island used to play in support of the Reagan Test Site is also important," she said. "We've observed remnants of the past – names of people who used to work there carved into cement blocks, and knowing that the significance of the islet's transition to a conservation area is just as important and plays an imperative role in conserving RMI ecological systems."

The monthly ECA biological monitoring excursion begins on the Patriot, Kwajalein's dive boat, together with members of Kwajalein Pest Control who take measures to minimize the effects of the invasive Yellow Crazy ant (*Anoplolepis gracilipes*). "Once on shore, the team surveys the island for approximately three hours to conduct the survey on the resident Black Noddy trends, observe the presence or absence of nesting sea turtles and to track the overall species richness of the islet before the return trip to Kwajalein, she said." Some Eniwetak birds are migratory but several stay all year and make their home there, she added.

During the survey, cataloging of the nesting locations and location of popular bird "hangouts" provides an expectation to find different members of Eniwetak's feathered community, she added.

The team also observes the environment that houses the islet's terrestrial species and tabulates visible changes to the shoreline. Simple changes, however small, can mean a big impact on the ecosystem.

"The smallest impacts to the island, especially from human activity in relationship to the species that occupy it, can reduce or eliminate coconut crabs, conchs, turtles and turtle nesting populations that live, shelter or nest there, or disrupt the natural balance of the islet," said Dallas.





U.S. ARMY PHOTOS BY MIKE BRANTLEY, USAG-KA PAO

1) Eniwetak islet is a 15-acre conservation area within Kwajalein Atoll. It is an ideal nesting territory where seabirds, shorebirds, sea turtles and other animal species can thrive or convalesce undisturbed. Small sprouting coconuts and the frail husks of fallen trunks stretch and spread across the floor of the islet's lush interior. Nests of black noddies hang from the trees on Eniwetak. In addition to the black and brown noddies, white fairy terns and large frigate-birds also call the islet home. Of particular interest are the black noddies. Staff conduct surveys are conducted (counting them both in and out of the incubation posture), to gather information on the resident black noddy nesting trends and to track the overall species richness of the islet. 2) Kyle Little, a diver with the Patriot, brings the rope back before the team departs Eniwetak. 3) The dense, lush jungle of Eniwetak is largely undisturbed, and thanks to US-AG-KA regulations protecting the island habitat, it should stay that way. 4) Visitors cleared for an official visit are pulled to shore in a dinghy by Little, off camera.



### Restrictions for the Eniwetak Conservation Area

In accordance with USAKA Policy 200-1, In accordance the following is prohibited within the Eniwetak Conservation Area and its surrounding reef:

- Approaching or anchoring within 300 meters of Eniwetak Islet
- Accessing Eniwetak Islet without authorization
- Fishing, boating, diving, snorkeling, or skin diving within the ECA
- Taking, killing, harvesting, harassing or endangering any marine or terrestrial wildlife resource, habitat, or part therein, within the ECA
- USAKA Policy 200-1 is applicable to all USAKA persons including:
- USAKA residents, personnel and

visitors

- Persons present for any reason on U.S.-controlled defense sites (those persons granted access to USAKA under provisions of USAKA Regulation 109-10, Entry and Exit Procedures)
- Violation of USAKA Policy 200-1 may result in administrative actions such as:
- Termination of employment at USAKA
- Denial of access to USAKA (administrative bar)
- Termination of recreational privileges to include boating or diving



# SERVICE NOTES

USMC SGT. MAJ. CARLOS PEREZ, RET.

BY JESSICA DAMBRUCH

Visit with retired U.S. Marine Corps Sgt. Maj. Carlos Perez for an afternoon and you will learn about family and honor.

After retiring with 27 years of service, Perez traveled, wrote and worked throughout the world before arriving on Kwajalein to work as the LOGCAP director of services. The Kwajalein Hourglass is pleased to **share his stories and reflections** on life and service in this installment of Service Notes.

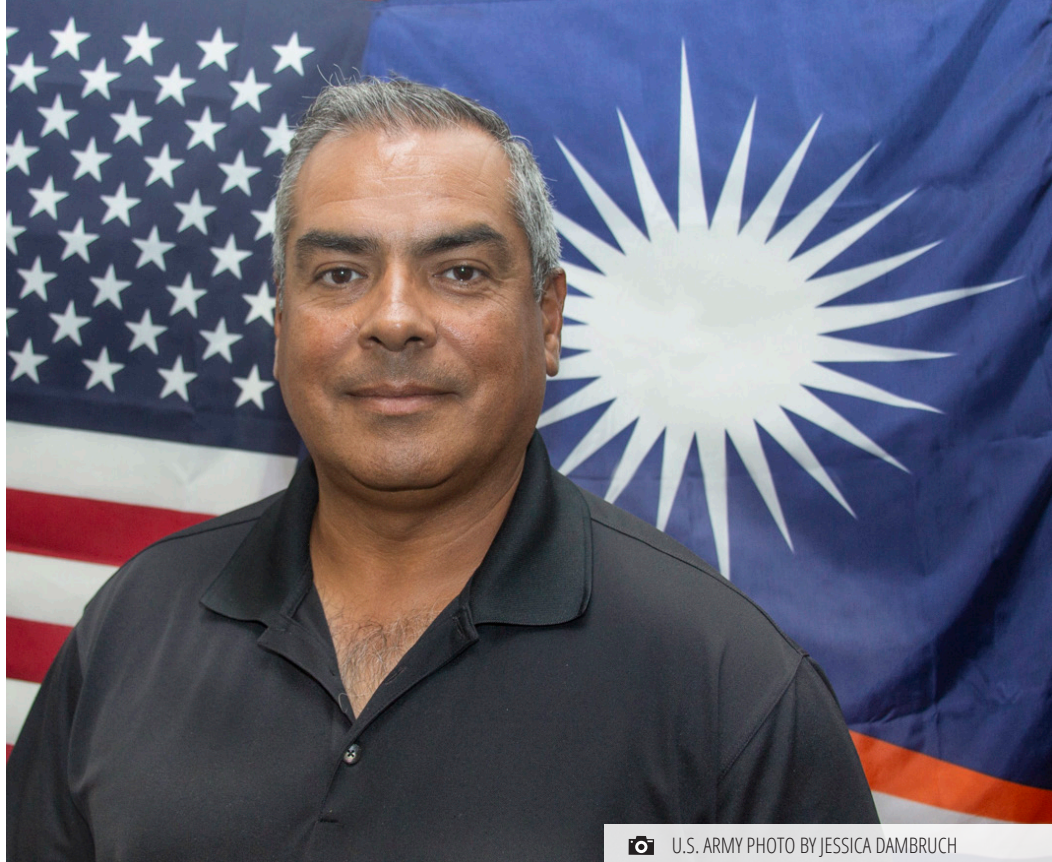
Service Notes is a project focused on sharing the stories of active duty and veteran members of the U.S. military. If you would like to participate, please contact [kwajaleinhourglass@dyn-intl.com](mailto:kwajaleinhourglass@dyn-intl.com).

**Jessica Dambruch:** Please describe the journey that led you to join the United States Marine Corps.

**Carlos Perez:** This is a funny story. I was 17 years old and had no intention of joining the military, much less the Marine Corps. A friend of mine had set up an appointment with a Marine recruiter, and he wanted me to go with him because he was scared. I went with him and the next thing you know I was the one getting recruited. I enlisted and remained in the Corps for 27 years. Who would have known?

**JD:** Please tell me about learning to lead others and how military service helped shape your life.

**CP:** The military—especially the Marine Corps—is an organization that relies on leadership. In the Marines, we are all put in leadership situations starting in boot camp. When one is placed in leadership situations early on, we tend to make mistakes and learn from them. As we progress through the ranks, we sharpen our leadership skills. The Marine Corps re-



U.S. ARMY PHOTO BY JESSICA DAMBRUCH

*Kwajalein's LOGCAP Director of Services Carlos Perez retired from the U.S. Marine Corps after 27 years of service.*

lies heavily on decentralized command; therefore, our leadership and technical skills must be ingrained into our training so we are ready for any situation.

**JD:** What are a few pieces of advice you consider indispensable, for leaders?

**CP:** First, leaders need to understand the objectives of leadership. I've been taught there are only two: mission accomplishment and the welfare of the troops. In civilian terms, it is no different.

Leaders must find a way to accomplish their assignment and take care of their employees. Additionally, leaders must always set a positive example for their followers to emulate.

Lastly, it is imperative leaders know their people and their capabilities to ensure they know how to task organize the assignment or mission. There are many more examples, but these are a few I believe are critical to leadership.

**JD:** Many of those who served recall a knowledgeable chief or sergeant major who was a guiding

figure for them. Describe how you value enlisted personnel in the U.S. Marine Corps.

**CP:** There is no person more important than the individual that serves under you. A senior leader is there to serve his or her subordinates by providing sound leadership and ensuring there is confidence in the overall leadership of the organization. This ensures immediate response to orders, which leads to unit success.

Senior leaders must be able to maintain discipline through strict adherence of orders and policies and just as importantly, maintain a high level of motivation by training as a team.

**JD:** I recently learned that you are also an author. What inspired you to begin writing fiction?

**CP:** I think I started getting interested in writing fiction after having discussions with my father. We would sit and discuss hypothetical world and political situations that led me to developing a story which I put on paper.



1



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

2

1) "Oorah!" Perez sports his Marine Corps Combat Utility Uniform in this courtesy photo while serving on active duty. 2) Perez, left, thanks a member of the Alutiiq Security and Access Control Contract team at a November 2019 ceremony to recognize members of the island's fire and emergency services teams.



**JD: You are a Marine, a writer and a father. You have traveled the world. What lessons have you worked to impart to your children?**

**CP:** This is an awesome question. One would think leading one's own children would be easier than leading a battalion of infantry men into combat. Not so—I found it much more challenging trying to teach or impart my life lessons to them.

The teenage years are obviously the most challenging for any parent, but I found it to be more challenging since my children did not want to hear about my experiences. However, they have grown and are adults now. The things they tell me they learned were [the following]: Never, ever be late to anything. It is disrespectful. Always be 15 minutes early. They always quote me: "Dad always says if you are early you can never be late."

Also, I taught them to respect and take pride in the United States. I told them their goal was to have a better life than mine. I can't take all the credit; my wife did a wonderful job with the kids.

**JD: There is a gentle rivalry between branches of service. Can you share a few of your favorite "service jokes?"**

**CP:** First, let me say I have the utmost respect for our sister services. The rivalry between services is healthy and builds rapport and camaraderie. The Army and the Marines seem to have the biggest rivalry since "they try to do" most things Marines do. The Navy is pretty good at being the Uber for the Corps. When we need to get to war, they will at least take us to about 5 miles offshore. And the Air Force—well, let's just leave it at that.

**JD: No two people have ever described their Hispanic identity in the same way. Some have called it the confluence of history and heritage. How would you describe it?**

**CP:** I like this question. My parents brought us to the U.S. from Mexico in 1971 when I was 5 years old. They were conservative and traditional parents who raised us to take pride in our country. We did. My older brother enlisted in the Army National Guard and went on to earn a commission. I was next to join the Marines, and then my younger brother also enlisted. Myself and my younger brother are both combat veterans. I became a naturalized citizen in 1999.

There are some social pressures put on many Hispanics to remember where they came from. I never forgot where I came from, and I also will never forget what country gave me what I have. I became a U.S. citizen to swear allegiance to the country where I was raised. I'm an American, who was born in Mexico, and fortunate to be proud of both heritages.

**JD: Sometimes the most rewarding part of work is also our greatest challenge. Please tell me about**



**Keeping traditions strong: November 10 marks the celebration of the USMC birthday. In 2019, Perez organized the annual celebration on island and invited the island's Marines to share. In keeping with tradition, the youngest Marine passes cake to the oldest Marine. Carlos, right, serves cake with Salina Lujan, left, the island's youngest Marine. Not pictured: the island's oldest Marine, Larry Conyers of San Juan Construction.**

**your experience as the LOGCAP director of services on USAG-KA.**

**CP:** The director of services is challenging to say the least. We rely heavily on logistics and transportation to deliver the materials and products needed to service the people on the atoll. My department includes all of the dining facilities, fuels, the airfields, fire and emergency services, the post offices, both the Kwaj and Roi Surfways and dry and cold storage.

Managing all these entities is a challenge in itself. Therefore, sound leadership becomes important. I must have the confidence each department manager can complete their task. When they struggle, I will struggle with them. I will not let them fail; in the same way they will not let me or LOGCAP fail.

**JD: One of the things I most admire about your work is the abiding respect and dignity with which you treat everyone. Please tell me about this philosophy you bring to your work.**

**CP:** This goes back to one of your earlier questions. One must understand the most important asset to an organization is the employee. If we treat each other with dignity and respect, then the desire to meet the organizational tasks will be easier to accomplish.

During my travels throughout the world, I learned it is a sign of respect to try to learn the language of the country you are visiting. While serving as a site manager for DI in Afghanistan, I learned how to greet every employee who served with me in their native tongue. I believe I had to learn over eight different ways to greet them. Being here in the Marshall Islands is no different.

**JD: In his book "Hunger for Memory," the writer Richard Rodriguez discusses how the sound of Spanish becomes an important connec-**

**tion to his heritage after his family moves to 1950s San Francisco: "My parents would say something to me and I would feel embraced by the sounds of their words. Those sounds said: 'I am speaking with ease in Spanish. ...You belong with us. In the family.'" Please tell us about your own experience growing up bilingual.**

**CP:** It's interesting. I grew up in a predominantly Mexican community. The people there ranged from first generation immigrants to several generations removed from Mexico. I learned to speak English in kindergarten and throughout my early years in elementary school. I spoke English at school and Spanish at home. It wasn't until my middle school and high school years that I realized I was losing my ability to speak Spanish. In high school, it wasn't cool to speak it. People would call you names if you did, so you just didn't do it.

After I joined the military, I was stationed in North Carolina and realized I missed being around the Mexican culture. I asked my parents to send me Mexican music and relearned the Spanish language. But like most other Hispanics who have grown up in the U.S. we adopted the Spanglish way of speaking. I'm fortunate to be bilingual and recommend others to try to learn a different language.

**JD: I am positive I have not asked everything there is to ask. Please feel free to add anything you would like.**

**CP:** I think heritage is important. However, it should not supersede the duty of being an American. My parents brought us to the U.S. to ensure we had a better start in life. It allowed me to be successful and to raise a great family. The U.S. gave me everything I have, but never took away my heritage. I am fortunate to be a part of both cultures.





U.S. ARMY PHOTO BY JESSICA DAMBRUCH

Leigh Ewbank and Kwajalein residents practice a yoga tree pose before the Kwajalein Scuba Club Women's Dive in July 2018.

# THOUGHTS ON YOGA

BY JESSICA DAMBRUCH

**The lifelong benefits of yoga** can help build healthful minds and bodies. In honor of September as National Yoga Awareness month, Kwaj volunteer yoga instructor Leigh Ewbank shared her thoughts on the power of yoga. Why not start a new health plan in October with yoga?

**“Come be a tree** with me,” read a recent reminder for Leigh Ewbank’s yoga meetup.

Sunday mornings at 9 a.m. near the Emon Beach big pavilion you can find Ewbank on a yoga mat with a group of dedicated yoga practitioners enjoying the sun and the stretch.

Ewbank’s free yoga meetups are advertised through island Facebook groups and word of mouth. They are open to anyone who is curious to try out the immersive fitness activity.

Ewbank’s inspiration to begin practicing yoga came from her mother when Ewbank was a young adult.

“My sister is a yoga teacher, so we have often encouraged each other,” said Ewbank of her family. “I came and went with different classes and instructors

over the years as I looked for the right fit of availability, class offerings, and my sometimes-unsupportive budget. Then I came to Kwaj: this fascinating community where people so often offer to share their knowledge and experience freely. I started going to a fantastic class out here a few times a week taught by one of the emergency medical technicians.”

The class was an encouragement for Ewbank. She continued to attend even while pregnant with her daughter. Later on, she volunteered to pick up and teach the island’s Sunday morning yoga class when the teacher PCS’d.

“Now my week isn’t complete without it,” said Ewbank. “I love to practice yoga because of the way it helps me to quiet my mind and get back in touch with my body. I try to frame a lot of the intention of our Sunday morning group as using yoga practice to have a conversation with our bodies.”

Yoga is as much about physical fitness as it is attuning the mind to the body, said Ewbank.

“As we move through poses, we check in,” she said. “How does this pose feel today? This not only helps us to stay safe during practice, but it encourages us to listen to our own bodies with respect. For me, showing compassion to myself during my practice plants the seed of compassionate communication with others.”

Thinking about taking up yoga? Ewbank has a few reasons why you should give it a try.

“The way we live our lives makes patterns in our bodies and minds,” said Ewbank. “The way we sit at a desk, lift or build things, run, play soccer, tennis, golf, whatever, creates habits in our muscles that knocks our bodies off-balance. The way we absorb information from the news, social media, our friends and family, our workplace, creates habits of response in the mind that sends our emotions off-balance. Practicing yoga, with its deep stretches and mindful breathing helps, over time, to smooth out those roadblocks in the muscles and the mind and get us back to center, symmetry and balance, which for me is a happier way to live.”

“I encourage people to look at practicing yoga as an adventure. We can see our struggle with poses or focus as steps on the path. We can learn to look at challenges as opportunities instead of failures. As we keep walking that yoga path, our confidence builds, we find more joy in the practice, and maybe even have a little fun. As we learn to respect ourselves and our own journeys, our empathy for others’ journeys grows. The more we generate joy and compassion in ourselves, the more loving kindness we bring to the world.”

## Slipping, Tripping and Falling: Each year, thousands of Soldiers and civilian employees are hurt in slip, trip and fall accidents. How do we reduce the risk?

- Slow down and pay attention
- Wear protective footwear
- Use the correct ladder
- Report workplace hazards
- Remove trip hazards such as electrical cords and cables
- Report ice, snow or water accumulation on walking surfaces

WATCH YOUR STEP!







U.S. ARMY PHOTO BY JORDAN VINSON



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U.S. ARMY PHOTO BY MIKE BRANTLEY

1) Jordan Vinson captured this nice shot of a anemone on a recent sailboat trip. 2) Teresa Mitchell holds up a raffle ticket at the annual Yokwe Yuk Women's Club meet and greet last week. 3) Straight out of quarantine and into the winner's circle, Amber Bates, right, accepts a donated prize during the YYWC raffle. 4) A delicious spread of treats awaited YYWC members at the meet and greet event. 5) Birds fill the skies above Eniwetak, Kwajalein Atoll's restricted mission mitigation island.



# ISLAND REORIENTATION

September is Preparedness Month and an excellent time to preplan for success and safety when facing unexpected circumstances posed by natural disasters. Have questions about island safety? Contact USAG-KA Safety Officer Deirdre Wyatt-Pope at 5-1442.

## Kwajalein Resident Evacuation Plan

- A — Kwajalein High School
- B — Dental Facility, Bldg. 357
- C — Warehouse, Bldg. 602
- D — All bachelor quarters
- E — Kwajalein Hospital
- F — Jabro Transient Facility, or Macy's, Bldg. 704
- G — Grace Sherwood Library, Bldg. 805
- H — Religious Education Building, Bldg. 671
- I — Kwaj Lodge, Bldg. 908

### Shelter Locations for Zones 1 – 11

- Zone 1: Kwajalein High School, Bldg. 361
- Zone 2: Grace Sherwood Library
- Zone 3: Jabro Transient Facility, or Macy's
- Zone 4: Floors 2 and 3 of bachelor quarters
- Zone 5: Public Works Administration, Bldg. 804
- Zone 6: Jabro Transient Facility, or Macy's, Bldg. 704; Religious Education Bldg. 671
- Zone 7: Dehumidified Warehouse, Bldg. 993
- Zone 8: Kwajalein Fire Department, Bldg. 904
- Zone 9: Reagan Test Site, Bldg. 1010
- Zone 10: None
- Zone 11: DCCB, Bldg. 1500

The shelter evacuation plan for Kwajalein housing residents and during off-duty hours is limited to three primary locations: Bldg. 361, 805 and 704.

The upper floors of bachelor quarters will also serve as residential shelter locations for BQ residents on lower floors, and the senior resident for each BQ will serve as the warden. BQ's will not normally store shelter kits prior to any emergency.

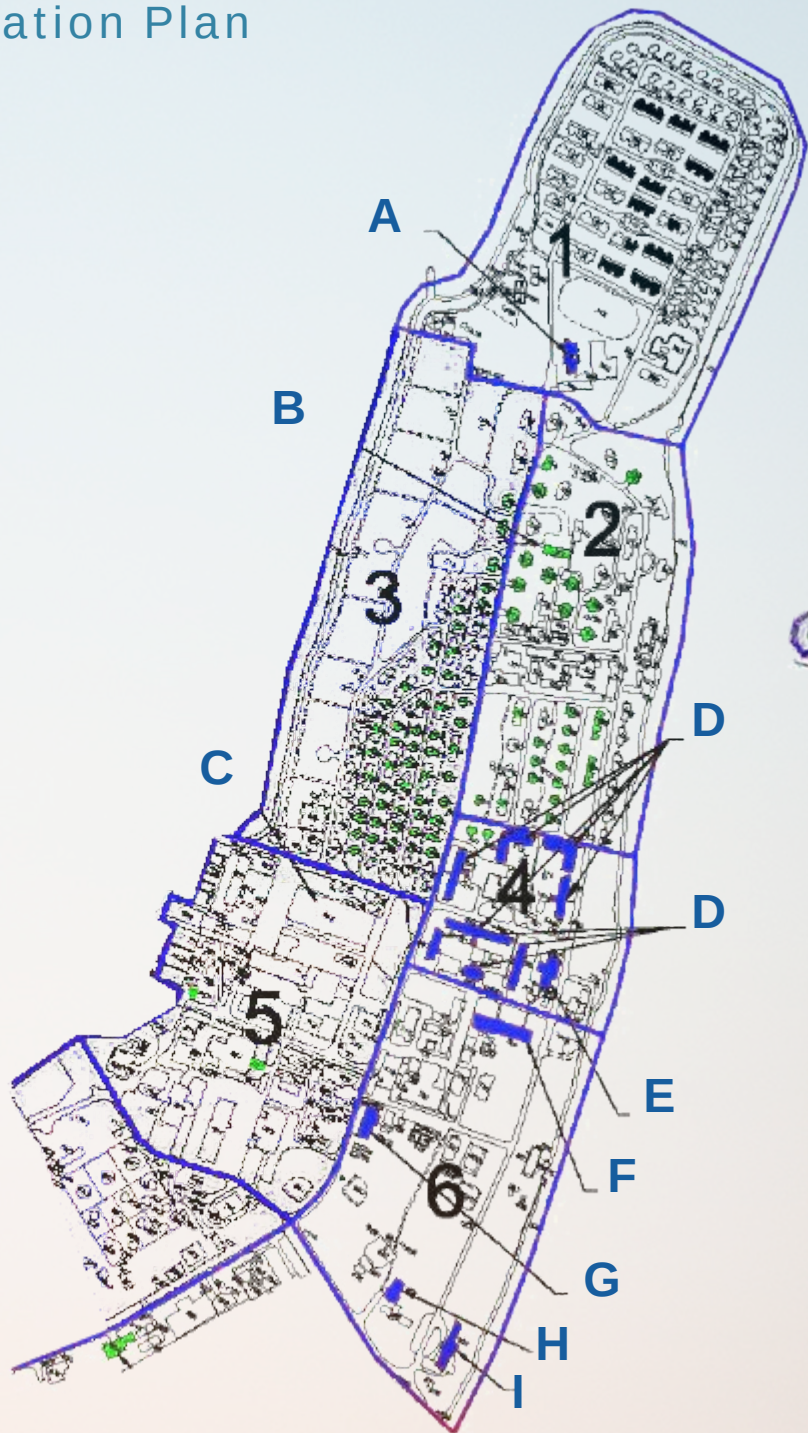
In addition, residents are encouraged to utilize residential two-story quarters listed in the Kwajalein Hourglass Aug. 29. If an emergency occurs during hours of business, all shelters will be available, and the senior government or contractor will act as the warden.

During normal hours, the south entrance to Bldg. 1010 will be opened and those without normal building clearance will be escorted to a safe location on the second floor.

The following instructions are a guide to be used by all shelter wardens prior to and during an emergency. In the event the primary shelter warden is unavailable, a secondary warden will be identified and fulfill this function.

### Shelter Warden Instructions

1. Ensure any shelter kits at your shelter are secure, fully stocked, and within expiration dates. This will be checked quarterly and discrepancies reported to the contract emergency manager and USAG-KA Emergency Manager.
2. Designate a pet area or pet room for those residents with pets.

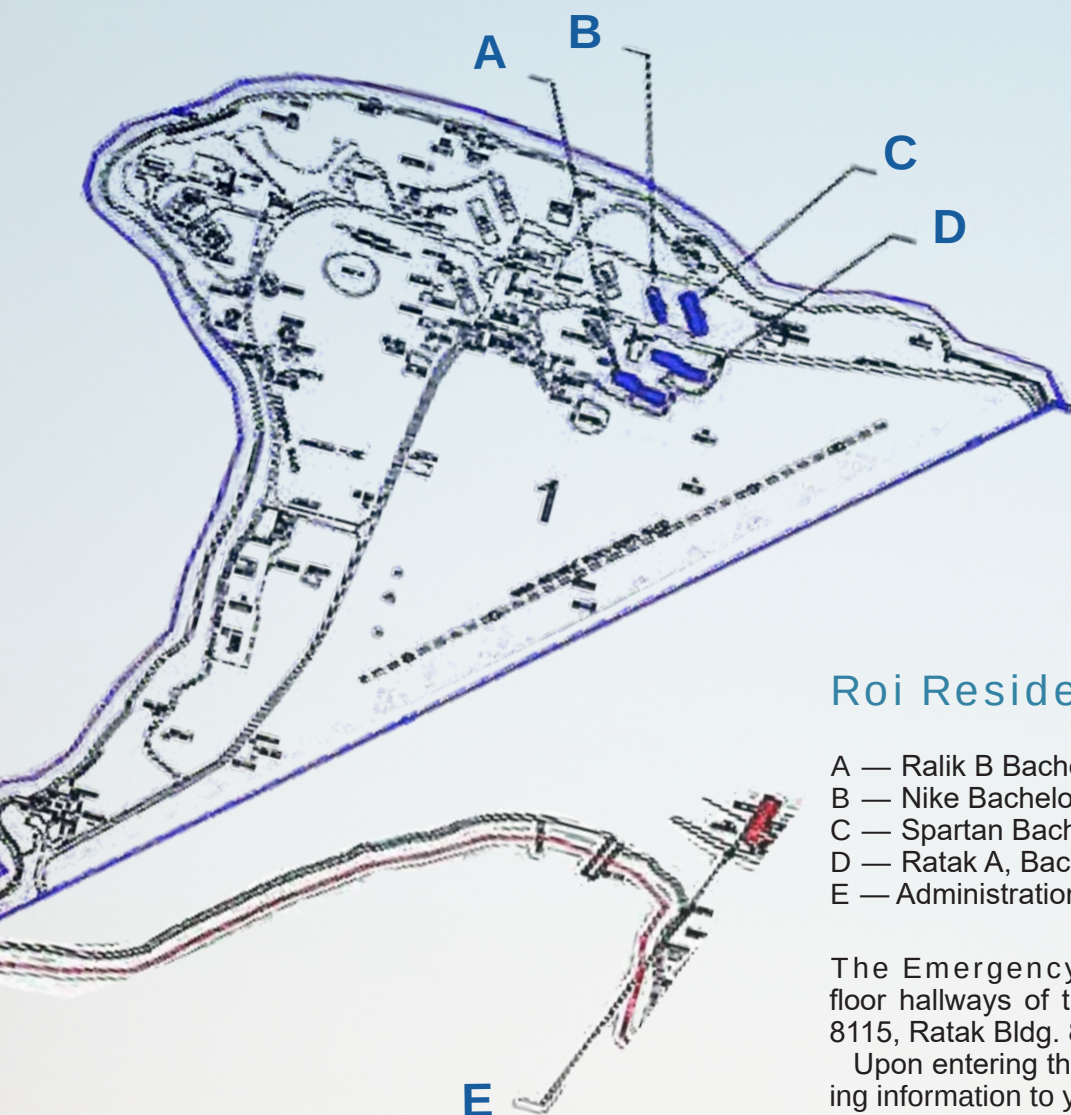


3. Test telephone and e-mail contacts for emergency management personnel and update your contact information as required.
4. Ensure facility keys are functional.
5. Ensure the facility has a working television and radio for use during an emergency.

### During An Emergency

1. At the onset of impending disaster notification via siren or other means, the shelter warden will immediately evacuate to and open the designated shelter. This will be conducted whether the warden is notified directly or not, or whether the impending disaster siren has been sounded. There may not be time to contact each warden to open shelters. The fire department may assist with opening shelters, as required.
2. The shelter warden is responsible to ensure all residents are aware that safety is a personal responsibility and that sponsors are responsible





## Roi Resident Evacuation Plan

- A — Ralik B Bachelor's Quarters, Bldg. 8213  
 B — Nike Bachelor's Quarters, Bldg. 8114  
 C — Spartan Bachelor's Quarters, Bldg. 8115  
 D — Ratak A, Bachelor's Quarters, Bldg. 8213  
 E — Administration Bldg. 8035

The Emergency Roi-Namur Shelters are second floor hallways of the Nike Bldg. 8114, Spartan Bldg. 8115, Ratak Bldg. 8211 and Ralik Bldg. 8213.

Upon entering the shelter, please provide the following information to your shelter warden:

- **Your quarters number**
- **Names of all members in your group**
- **Names of any family members who are not present**

Medical personnel will be assigned to the emergency shelters. Only personnel who may require emergency medical treatment, as predetermined by the medical officer, will be sheltered in the hospital.

An officer in charge will be assigned to each emergency shelter. You are expected to cooperate with the OIC.

It is important that shelter assignments be followed.

The emergency shelter for all personnel east of the runway will be the Administration Bldg. 8035. For all personnel west of the runway, the second floor hallways of the Nike, Spartan, Ratak and Ralik bachelor quarters will serve as shelters.

### POC Information for Shelter Wardens and Officers In Charge During Emergencies

Emergency Operations Center:  
 5-1777 or 5-1526

**USAG-KA Operations Office:**  
 5-4417 or 5-4471

**USAG-KA Safety Officer:** 5-1442

**Questions? Call the Commander's Hotline at 5-1098 or send a private message on the official USAG-KA Facebook page.**

for the behavior and safety of their children, family, guests and pets. Residents may depart the shelter prior to the "all clear" but the warden shall inform them that they do so at their own risk. Unruly residents and sponsors will be reported to the authorities.

3. You will ensure any shelter kit(s) delivered to your location is complete and within expiration dates. This includes kits delivered and stored at your location ahead of time and at the time a disaster is likely to occur or is occurring.

4. You will report via telephone, e-mail, or runner as appropriate to the Emergency Operations Center at (5-1526/1777) your total occupant and pet numbers and keep track of residents by name of sponsor and those sponsored. (ex. Capt. Smith, spouse, two children and one dog).

5. You will ensure communication to shelter occupants is timely and accurate via television, radio, or through reports you receive during a crisis.

6. A representative from the EOC will bring a radio (CH 13) to your shelter location so you may communicate with the EOC for critical emergency information and updates, as required.

7. Reassure residents during a crisis and maintain a calm and civil atmosphere.

### After An Emergency

1. Ensure any shelter kit items used during the crisis are accounted for and reported through USAG-KA Operations for restocking.

2. Ensure shelter is clean, orderly and secure prior to departure.

3. Report closure of shelter to USAG-KA Ops and emergency management personnel.

4. Turn in radio to EOC or maintain until it can be picked up from you.



# COMMUNITY CLASSIFIEDS

The community wants to hear from you. Send in your announcements and Classified Ads to *The Kwajalein Hourglass*. Submit ads and announcements Wednesdays by close of business to [kwajaleinhourglass@dyn-intl.com](mailto:kwajaleinhourglass@dyn-intl.com).

## HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit [usajobs.gov](http://usajobs.gov). Done hiring? Write to [kwajalein.hourglass@dyn-intl.com](mailto:kwajalein.hourglass@dyn-intl.com) to remove your help wanted listing.

**Atmospheric Science Technology** seeks electronic technician candidates for open positions on Kwajalein. These are full-time contracted positions with benefits. Call Chief Meteorologist Jason Selzler at 5-1508 or see [www.aq-ast.com/careers](http://www.aq-ast.com/careers) to apply.

**RGNext, LLC** seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to [www.rgnext.com](http://www.rgnext.com).

**DynCorp International** is looking for qualified candidates for various positions. Current DI open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works among others. To apply, go to [www.dilogcap.com](http://www.dilogcap.com) or contact your local HR representative.

**Kwajalein School System** seeks substitute teachers. If you enjoy having a flexible schedule and working with children, we have the perfect opportunity for you. Contact Tarah Yurovchak at 5-2011.

**USAG-KA Child and Youth Services** is hiring coaches. No experience necessary. All children of head coaches play for free. Coaches are needed for the following activities and age groups: Smart Start (ages 3-5 years): Soccer, Yoga, Tumbling and Wet-n-Wild. K-6: Soccer, Ninja Warrior Challenge, Field Hockey and Inner Tube Water Polo. Visit Central Registration or call 5-2158 in Building 356.

**San Juan Construction** is hiring a Facilities Maintenance Manager. Please visit [www.sanjuan-construction.com](http://www.sanjuan-construction.com) to apply. For questions, contact Lanie Allen at

[allen@sjcco.com](mailto:allen@sjcco.com) or 5-1006.

## RELIGIOUS SERVICES

For more information call 5-3505

**Men's Bible Study Group** meets Thursdays at 5:45 p.m. in the chapel conference room.

**Kids Kingdom** meets during the 11 a.m. Interdenominational service. Children are welcome to join this fun weekly activity. Contact the IMC Chapel office for more information.

**Farewell Picnic.** Kristen Smith is Pcsing. Join us at the A-Frame pavilion Sept. 27 at 6 p.m. to bid a her a fond farewell.

**Prayer and Praise** meets Oct. 4 at 7 p.m. in the large chapel. Join the chapel community for singing and prayer.

**Youth Fellowship** meets Oct. 5 at 7 p.m. in the main sanctuary.

Island ladies are invited to attend the **Christian Women's Fellowship Luncheon** Oct. 11 at 12:30 p.m. in the Religious Education Building.

Join the Island Memorial Chapel Oct. 18 at 7 p.m. for **Family Movie Night** for a special screening of "God's Not Dead 3: A Light in the Darkness."

**Theology on Tap** meets Oct. 19 at 6:30 p.m. in the Adult Recreation Center. Bring a beverage of your choice and prepare to discuss "Saints and Sinners."

Need bike repairs? Bring your bike to Emon Beach Oct. 26 from noon to 3 p.m. for the free **Bike Blessings** repair event and join the Island Memorial Chapel for a **Welcome Back Picnic**.

## NOTICES

**Alcoholics Anonymous** meets Tuesdays at 6:30 p.m. in the REB, room 213 for open meetings.

**Ongoing Smoking and Tobacco**



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE

**Staff Sgt. Yadira Vazquezrodriguez SHARP Victim Advocate**  
Work: 805 355 0660 / 1419

**USAG-KA SHARP Pager:**  
805 355  
3243/3242/3241/0100  
USAG-KA SHARP VA

**DOD SAFE Helpline:**  
877 995 5247

**Cessation.** Please call EAP at 5-5362 or make an appointment with a physician.

**Metro Flights.** Eating and drinking on Metro and helicopter flights is strictly prohibited. For your own safety and the sanitation of flights, we ask that you refrain from consuming food and beverages during flights. All drinks and snacks should be enjoyed in the air terminals or upon arriving at your destination. We appreciate your cooperation. Contact Lee Holt at 5-2102 and Fly Roi at 5-6359.

**Report non-emergencies.** Send in secure reports online at the USAG-KA Police Department Facebook page. To report a nonemergency by phone, call 5-4444. For more information, visit <https://www.facebook.com/kwajaleinpolice/>.

**Internet customers** can access their account and pay online. Simply, visit [KwajNetBilling.dyn-intl.com](http://KwajNetBilling.dyn-intl.com) to log in and pay via our secure, online payment gateway us-

ing the payment method of your choice. You may also pay online for future months in advance. For support, contact us at 5-0843 or email [KwajNet.Billing@dyn-intl.com](mailto:KwajNet.Billing@dyn-intl.com).

The **Vet's Hall** is restricted to members only until further notice. Those visiting must hold a current American Legion membership card indicating they are a member of Post #44.

Spouses, significant others and immediate family are welcome to come to the Hall with their member.

Social distancing guidelines are to be observed at all times. This is a temporary restriction in light of COVID-19 concerns. Contact Dan Farnham at 5-5319.

**Purchase a Home-Based Business License** through USAG-KA FMWR. All vendors must hold a pre-approved home-based business license. Contact FMWR Business Liaison Teresa Mitchell at [teresa.j.mitchell4.naf@mail.mil](mailto:teresa.j.mitchell4.naf@mail.mil) with questions or ask online at <https://www.facebook.com/usagkafmwr/>.

## HUNGRY? GRAB DINNER AT AAFES

### AMERICAN EATERY

**Sunday** – closed  
**Monday** – closed  
**Tuesday – Saturday,**  
8 a.m. – 6 p.m.

### SUBWAY

**Sunday,** 11 a.m. – 6 p.m.  
**Monday,** 11 a.m. – 7 p.m.  
**Tuesday,** 10 a.m. – 7 p.m.  
**Wednesday,** 8 a.m. – 7 p.m.  
**Thursday,** 10 a.m. – 7 p.m.  
**Friday,** 8 a.m. – 7 p.m.  
**Saturday,** 10 a.m. – 7 p.m.

### BURGER KING

**Sunday,** 11 a.m. – 6 p.m.  
**Monday – Friday,**  
11 a.m. – 7 p.m.  
**Saturday,** 11 a.m. – 8 p.m.

### ANTHONY'S PIZZA

**Sunday,** 11 a.m. – 6 p.m.  
**Monday - Friday,**  
11 a.m. – 7 p.m.  
**Saturday,** 11 a.m. – 8 p.m.



## AT THE CLUBS

### COUNTRY CLUB

**Country Club Brunch meets Oct. 11 from 10:30 a.m. - 12:30 p.m. Cost is \$20 for adults and \$12 for children.**

Enjoy a variety of brunch foods including fried chicken, bacon, eggs, quiche, sausage, hash browns, grits, pasta salad, pancakes, fruit and biscuits.

Menu selections are subject to change. No reservation required. Seating is limited. 45-minute time limit per table. For more information, call MWR at 5-3331.

**Poetry Wednesdays.** The last Wednesday of each month from 6 - 7:30 p.m.

**Uno Saturdays.** Come play Uno every Saturday at 6 p.m.

### OCEAN VIEW CLUB

**Ladies Night Sundays.** 7 - 11 p.m.  
Enjoy wine flights and jazz.

**Men's Night Mondays.** 5 - 8 p.m.  
Enjoy drinks and pizza specials. Purchase two medium pepperoni or cheese pizzas from the Sunrise Cafe for \$21.

**Trivia Tuesdays.** 5 - 6 p.m.

**Happy Hour Wednesdays.** 5 - 7 p.m.

**Top 100 Thursdays.** 7 - 11 p.m.

**Reggae Fridays.** 7 - 11 p.m.

**Saturdays.** Enjoy activities like game nights, karaoke and live music.

### OUTRIGGER

**Monthly Special. Beer-battered chicken strips - \$8.**

**Scottish History Trivia Saturdays.** Think you know haggis from cullen skink? Prove it at 8 p.m. on Saturdays at the Outrigger.

**Karaoke** - Sunday nights at 8 p.m.



**CLASSES AND SIGN-UPS**  
**Sign up now for CYS Basketball.** Participants in eligible age groups and grades can register. Grade K-6 Season runs through Sept. 29 on Tuesdays, Thursdays and Saturdays from 4:30 - 5:15 p.m. Call 5-2158 for more information.

Water Safety and Swimming Courses  
 5-2848 for registration and questions. For more information, contact Cliff Pryor at 5-2848 or clifford.pryor@dyn-intl.com.

**Water Safety Instructor Course.** Session Dates and Times: Sept. 27, Oct. 4: 1 - 5 p.m. Sept. 27, 28, Oct. 5: 8 a.m. - noon. Cost: \$200. Participants must be at least 16 years old by the end of the course.

**Learn to Swim (ages 4 - 18).** Meets Oct. 6 - 20. No practice on Thursdays or Oct. 17 due to the Shaving Cream Social. Levels III, IV and V meet 3:45 - 4:15 p.m. Levels I and II meet 4:30 - 5 p.m. Cost is \$45 per participant. Participants must be at least four years old and fully registered with USAG-KA CYS.

**ARC Lifeguard Recertification Training.** Refresher Course for those holding current certification in American Red Cross Lifeguarding and do not expire before March 31, 2021. Nov. 9 from 8 a.m. - 2 p.m. Cost: \$50.

**American Red Cross Lifeguard Class.** Session Dates: Nov. 29 - 30 and Dec. 6 - 7 and 13 - 14. Pre-requisite Swim Tests: Tue. Nov. 17 from 5 - 7 p.m. at the Millican Family Pool; Classes meet Sun. Nov. 29, Dec. 6 and 13: 1 - 5 p.m.; Mon. Nov. 30, Dec. 7 and 14: 8 a.m. - noon. Cost: \$150 (includes online class, pocket mask, and certification fees) Registration open Nov. 3 - 14. Course fee due after the prerequisite skills session. Participants must be at least 15 years old by the last day of the course.

**Volleyball Registration.** Season runs Oct. 13 through Nov. 12. Teams with a minimum of five players must register by Oct. 1. Cost is \$100 per team. Register at the MWR desk at the Grace Sherwood Library, Bldg. 805. For more information, contact MWR at 5-3331.

**ACTIVITIES AND EVENTS**  
**Power Walk Ex Class.** Stand strong, move forward and get to stepping with Power Walk Ex Class. The class meets Thursday and Saturday from 6 - 7 a.m. Walk will begin and end at the Ivey Gym. All MWR fitness classes require

a wellness class pass. For more information and to purchase your pass, visit the MWR desk at the Grace Sherwood Library or call 5-3331.

**Kwajalein Jr. - Sr. High School Math Help.** Math Clinic, 3 - 4 p.m. Tuesdays and Thursdays at Mr. Engen's room. No appointment needed. Anyone needing math help is welcome. Show up with your math questions.

**PSAT/ACT/SAT MATH PREP.** 1 - 3 p.m., Sundays. Anyone planning to take the PSAT or ACT or SAT this year can sign-up in Mr. Engen's room and pick up a practice PSAT/ACT/SAT test.

**Manit Day.** Join the Kwajalein community for a celebration of Marshallese culture Sept. 28 from 4 - 7 p.m. at the Marshallese Cultural Center.

**Kwajalein High School Fall Band Concert.** Thursday, Oct. 1 at 6:30 p.m. in the Davye Davis Multi-Purpose Room. Enjoy performances by the stage band, junior band and concert band. Priority seating for the first 40 guests that bring a box of breakfast bars as a donation for the Ri'Katak program.

**HOURS AND OPENINGS**  
**Kwajalein School System** offices are open 7:30 a.m. to 4:30 p.m. Please contact Paul Uhren at uhrenp@kwajalein-school.com with KSS questions.

**Transient lodging and housing offices** are located in the Coral BQ Room 1. For more information, call Housing at 5-3450 and Transient Lodging at 5-3477.

The organizational email addresses for **Kwaj Lodge** and Kwaj Housing office are as follows: Kwaj. Housing@dyn-intl.com and Kwaj. Lodge@dyn-intl.com.

**Self Help** is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. - 6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and up-keep projects.

The **Namo Weto Youth Center** is open Tuesday, 3 - 4 p.m. for recreation hour; Wednesday, 2 - 6 p.m. supporting early release; Thursdays through Saturdays from 3 - 6 p.m.; and Sundays from 4 - 8 p.m.

# Embrace Your Voice

A NIGHT OF POETRY AT THE COUNTRY CLUB

Last Wednesday of every month  
 from 6 - 7:30 p.m.

Come and enjoy an evening devoted to the appreciation of poetry.






## VOLLEYBALL REGISTRATION

SEASON RUNS OCT. 13 - NOV. 21

REGISTER YOUR TEAM BY OCT. 1.  
 \$100/TEAM FOR A MINIMUM 5 PLAYERS

POC: CALL 5-3331  
 REGISTER AT THE MWR DESK IN THE  
 GRACE SHERWOOD LIBRARY, BLDG. 805

Creep over to the Bargain Bazaar's  
**HALLOWEEN BOO-tEeeek & Bake Sale**

At the REB, following services,  
 Sunday, Oct. 18, noon-2 p.m.

Do you have unwanted Swashbuckler and Halloween costumes and décor to donate? Please drop them off at the REB on Sunday, Oct. 18, before services.

**Bakers Needed!**

Please PM @Kelly Redmond for details, or email YYWCinfo@gmail.com.  
 Proceeds go to the YYWC education fund.

## 2020 SHAVING CREAM SOCIAL

SATURDAY, Oct. 17 at the Richardson Ravine

4:30 - 4:40 p.m. Pre-School\*  
 \*Must be accompanied by an adult in the ravine.

4:40 - 5 p.m. K - 2 Grade

5:10 - 5 p.m. 3 - 6 Grade

5:40 - 6 p.m. Jr. and Sr. High

Each participant will receive 1 free can of shaving cream. Participants are encouraged to wear goggles. No gel, menthol, or mint creams Allowed.




## CALLING ALL VENDORS

Reserve a table to sell your crafts and/or goods at the  
**FALL HOLIDAY BAZAAR**  
 October 19th, 2020

To be a vendor or for information contact  
 Karen Acosta - ckacosta@hotmail.com





# USAG-KA WEATHER WATCH

RTS WEATHER STATION STAFF

**WEATHER DISCUSSION:** Rainfall this September has been about average. This upcoming weekend should have below normal precipitation. Lack of wind and clouds makes it great beach days. Mid-week will have increase in rain activity and return of some easterly trade winds.

**SATURDAY:** Mid-day showers giving way to a pleasant evening. Winds ESE-SSE at 5-10 knots.

**SUNDAY:** Partly to mostly sunny with isolated showers. Winds variable at 5 knots.

**MONDAY:** Partly cloudy with widely scattered showers. Winds ENE-ESE at 5 knots.

**MID-WEEK:** Possible disturbance causing accumulating rain on Tuesday/Wednesday.

|  <b>SUN-MOON-TIDES</b> |                        |                        |                                  |                                      |
|---------------------------------------------------------------------------------------------------------|------------------------|------------------------|----------------------------------|--------------------------------------|
|                                                                                                         | SUNRISE<br>SUNSET      | MOONRISE<br>MOONSET    | HIGH TIDE                        | LOW TIDE                             |
| SUNDAY                                                                                                  | 6:38 a.m.<br>6:42 p.m. | 3:37 p.m.<br>2:41 a.m. | 1:36 a.m. 3.0'<br>2:30 p.m. 2.6' | 8:23 a.m. 0.4'<br>8:11 p.m. 0.7'     |
| MONDAY                                                                                                  | 6:37 a.m.<br>6:41 p.m. | 4:23 p.m.<br>3:34 a.m. | 2:25 a.m. 3.4'<br>3:00 p.m. 3.0' | 8:55 a.m. 0.0'<br>8:49 p.m. 0.3'     |
| TUESDAY                                                                                                 | 6:37 a.m.<br>6:41 p.m. | 5:06 p.m.<br>4:23 a.m. | 3:00 a.m. 3.7'<br>3:26 p.m. 3.4' | 9:21 a.m. -0.3'<br>9:20 p.m. -0.1'   |
| WEDNESDAY                                                                                               | 6:37 a.m.<br>6:40 p.m. | 5:46 p.m.<br>5:11 a.m. | 3:29 a.m. 3.9'<br>3:49 p.m. 3.7' | 9:44 a.m. -0.5'<br>9:48 p.m. -0.4'   |
| THURSDAY                                                                                                | 6:37 a.m.<br>6:40 p.m. | 6:24 p.m.<br>5:57 a.m. | 3:55 a.m. 4.1'<br>4:13 p.m. 4.0' | 10:07 a.m. -0.6'<br>10:14 p.m. -0.6' |
| FRIDAY                                                                                                  | 6:37 a.m.<br>6:39 p.m. | 7:02 p.m.<br>6:40 a.m. | 4:20 a.m. 4.2'<br>4:36 p.m. 4.1' | 10:29 a.m. -0.7'<br>10:41 p.m. -0.6' |
| OCTOBER 3                                                                                               | 6:37 a.m.<br>6:39 p.m. | 7:40 p.m.<br>7:25 a.m. | 4:45 a.m. 4.1'<br>5:00 p.m. 4.2' | 10:51 a.m. -0.7'<br>11:08 p.m. -0.6' |

Click the logo to visit RTS Weather online.



## MANIT DAY

Monday, Sept. 28  
4 - 7 p.m.  
Marshallese Cultural Center

*lokwe Aolep. Visit the Marshallese Cultural Center to experience the culture and beauty of the Marshall Islands at the 2020 Mani Day celebration. Try out weaving, coconut husking, Marshallese dance, music and traditional foods.*

*The MCC is located across from the Kwajalein Air Terminal. For more information, please contact the USAG-KA Host Nation Office at 5-2103.*



*This event is presented by U.S. Army Garrison-Kwajalein Atoll, the RMI Liaison Office and the Marshallese Cultural Society. For questions, please contact the USAG-KA Public Affairs Officer at 5-4848.*



# CLICK THE 7TH INFANTRY DIVISION LOGO TO CHECK OUT PHOTOS FROM THE KWAJALEIN HOURGLASS ONLINE.





# UXO REMINDER

## PUBLIC SAFETY ANNOUNCEMENT

**Remember the three Rs of UXO: Recognize** an item as possible Unexploded Ordnance. **Re-treat** from the area of the UXO. **Report** suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc). Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwo-pej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.). Til-jek kon UXO kein einwot am kojparok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe. Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.

# USAG-KA SPORTS SOCCER

Sept. 16  
**Spartans Men 1 tie Nutmeg...Sub!!!** 4 - 4  
**White def. Spartans Men 2** 3 - 0

Sept. 17  
**Go Green Go!!! def. Spartans Women 2** 7 - 1  
**Spartans Coed def. Spartans Women 1** 0 - 5

Sept. 18  
**Bako def. White** 8 - 1  
**Spartans Men 2 def. Spartans Men 1** 0 - 6

Sept. 19  
**Likatus def. Spartans Women 1** 0 - 5  
**Spartans Coed def. Spartans Women 2** 5 - 1

# KWAJ ARTISTS WANTED FOR OUTDOOR MURAL

## PUBLIC NOTICE

**Help USAG-KA MWR** leave a lasting impression by lending a hand to the creation of a public mural.

Volunteers are needed for each stage of the design process. The wall is located downtown near the Bali Shop. When finished, the mural will feature art from Kwajalein's private clubs and organizations, complemented by island-inspired designs.

Individuals, groups, youth and families are invited to participate in this community art project. Help with the following tasks is needed:

Plotters: Graph the to-scale mural sections onto the wall.

Sketchers: Sketch the individual designs into the various sections. Basic art skills are helpful for this part of the mural project.

Painters: Painting inside the lines. This activity is perfect for volunteers of all ages and skill levels.

Private organizations interested in securing mural space should contact their club liaison. Draw up a simple sketch to represent your group and send it in for review and section assignment. If your group would like assistance rendering your design, your liaison will connect you with the island's creative vendors.

Please express interest soon as supplies and paint are limited. Interested parties should contact Teresa Mitchell, FMWR Support business and nonprofit liaison at 5-3400, 5-1657 and also at [teresa.j.mitchell4.naf@mail.mil](mailto:teresa.j.mitchell4.naf@mail.mil).

ONCE A KWAJ RESIDENT,  
ALWAYS A KWAJ RESIDENT.  
HELP US PROTECT THE MISSION.  
OPSEC DOESN'T END WHEN YOU PCS.  
PLEASE THINK BEFORE POSTING PHOTOS  
AND VIDEOS TO SOCIAL MEDIA.

# NOT SURE? DON'T SHOOT.

HOBBIES SHOULDN'T  
COMPROMISE OPSEC.



CLASSIFIED/  
CRITICAL/SENSITIVE

All visitors and residents on U.S. Army Garrison-Kwajalein Atoll must abide by applicable physical security regulations for island photography. Please contact an island security representative for more information about how you can do your part to take great pictures while supporting the mission of the U.S. Army.





# CYS OCTOBER SPOTLIGHT

U.S. ARMY GARRISON-KWAJALEIN ATOLL  
CHILD AND YOUTH SERVICES

## Child Development Center

### Baru Classroom

Saturdays are Water Play Day. Please send your child with water clothes, a towel, swim diaper if needed and dry clothes.

### Bako Classroom

**Tuesdays** - Pre- K Music Class

**Tuesdays** - STEAM Swim Day. Please send your child with water clothes, a towel and dry clothes.

**Wednesdays** - STEAM Functional Fitness

**Thursdays** - Pre-K Music Class

**Thursdays** - STEAM Library

**Saturdays** - Pre-K Music Class

**Saturdays** - STEAM Reading Buddies

### Important Dates

**Oct. 2** - STEAM Yoga

**Oct. 31** - Halloween Event

### Start Smart Sports

**Learn to Swim** - Oct. 6 - 20

**Soccer** - Registration opens - Oct. 1 - Oct. 15

- Season begins Oct. 22 - Nov. 12

## School-Age Care

**Tuesdays** - Art

**Wednesdays** - Functional Fitness - 2:30 p.m.

**Thursdays** - STEM

**Fridays** - Recreation

**Saturdays** - Character

**4 - H - Every Wednesday and Friday - 4:30 - 5:30 p.m.**

**October Theme** - Photography

### Sports

**Learn to Swim** - Oct. 6 - 20

**Soccer** - Register Oct. 1 through Oct. 15.

Season runs Oct. 20 - Nov. 14

## Namo Weto Youth Center

**Tuesdays** - Recreation - 3:15 - 4:15 p.m.

**Keystone Meetings** - 11:40 a.m.

**Wednesdays** - Trivia and Game Night - 5 p.m.

**Youth Action Council Meeting** - 4 p.m.

**Thursdays** - Ted Talks - 4 p.m.

**Fridays** - Fitness Challenge

**Saturdays** - Smoothies - 4 p.m.

**Sundays** - Keystone Officers Meeting - 4:15 p.m.

**Yoga** - 6 p.m.

### Special Events

**Sept. 27 - Yoga - 5 p.m.**

**Oct. 1** - Enjoy pumpkin spiced lattes while decorating cookies - 4 p.m.

**Oct. 2 and 3 - UPS Road Code - 3 p.m. - 6 p.m.**

**Oct. 8 and 9** - Piñata Party - 4 p.m.

**Oct. 9** - Push Up Challenge - 5 p.m.

**Oct. 16** - Sit Up Challenge - 5 p.m.

**Oct. 23** - Pull-Up Challenge - 5 p.m.

**Oct. 24** - Frida Kahlo Face Painting

**Oct. 25** - Haunted House

**Oct. 30** - Pumpkin Carving

**Oct. 31** - Frida Kahlo Face Painting

Movies at 7 p.m.

**Sept. 27 - The Mandalorian 3 - 5 p.m.**

**Oct. 4 - The Mandalorian Ep. 4**

**Oct. 11 - The Mandalorian Ep. 5**

**Oct. 18 - The Mandalorian Ep. 6**

**Oct. 25 - The Mandalorian Ep. 7**

### Parent Information

Parent Advisory Board Open House - Please come and get information on upcoming events and to register for activities on Saturday Oct. 3rd all day in Central Registration.

\*All CYS Facilities will be closed Oct. 13 for Columbus Day\*



THE FUTURE STARTS WITH QUESTIONS.  
BE PART OF THE ANSWER.

## THIRD ANNUAL KWAJALEIN HIGH SCHOOL COLLEGE AND CAREER FAIR

OCT. 7 FROM 6 - 8 P.M.,

CORLETT RECREATION CENTER GYM

Please consider participating in the third annual College and Career Fair. We are looking for people in the Kwajalein and Ebeye communities to represent their alma mater, trade school or any other type of educational institution or school for an evening of exploration for the Kwajalein High School students.

Volunteers are welcome to bring school swag, brochures, personal pictures, tools, equipment or whatever best represents your journey. Team up with alumni from your school or participate with a team of people from your department. Whether your journey was traditional or non-traditional we want you.

To participate, contact Masina McCollum at  
mccollmm@kwajalein-school.com.



LATTES, AMERICANOS,  
HOT CHOCOLATE, FRAPPUCINOS,  
MUFFINS, ORANGE JULIUS

## SPARTAN EXPRESSO



Saturday, Oct. 3

6:45 a.m. - 7:45 p.m.

Kwajalein High School  
Multi-Purpose Room

BRING YOUR OWN PERSONAL CUP OR MUG  
TO RECEIVE A PUNCH CARD. ONCE YOU HAVE  
FIVE PUNCHES YOU WILL RECEIVE  
A FREE DRINK.

IF ORDERING MORE THAN ONE DOZEN MUFFINS,  
PLEASE E-MAIL KRISTEN HOSEK AT  
HOSEKK@KWAJALEIN-SCHOOL.COM

\*DISCOUNT FOR ALL NURSES, FIREFIGHTERS  
AND POLICE AND SECURITY PERSONNEL

PROCEEDS WILL BE DONATED TO  
WEST COAST FIRES





**KWOJ RIWANENE NAN JUON**

# POWER VIRTUAL CONFERENCE

**EMPOWERING WOMEN IN BUSINESS HANDICRAFT — AMIMONO**  
**FEATURING SPEAKERS FROM THE UNITED STATES AND PACIFIC REGION**

**HOSTED BY**  
**U.S. EMBASSY MAJURO**  
**MINISTRY OF NATURAL RESOURCES AND COMMERCE**  
**INTERNATIONAL ORGANIZATION FOR MIGRATION**  
**POWER**

**OPENING DAY: TUESDAY, SEPT. 29 2020**  
**MARSHALL ISLANDS RESORT — LOMALO ROOM**

**WEDNESDAY, SEPT. 30, 2020**  
**8:30 A.M. — 3:30 P.M.**

## **IOKWE AOLEP.**

**TO ATTEND POWER VIRTUALLY, VISIT THE**  
**U.S. EMBASSY MAJURO FACEBOOK PAGE AT**  
**[HTTPS://WWW.FACEBOOK.COM/USEMBASSY-](https://www.facebook.com/USEMBASSY-MAJURO/)**  
**MAJURO/**

**FOR MORE INFORMATION, CONTACT**  
**RALPHOJEADRIK@STATE.GOV AT 455.4490 OR**  
**MOMOTAROAV@STATE.GOV — 455.6647.**  
**SEATING IS LIMITED.**  
**PLEASE RSVP AT 692 — 247 — 4011.**

**“The goal of POWER is to connect U.S. women entrepreneurs and business owners with women entrepreneurs overseas. We want to create relationships where women will be able to promote each other’s successes—whereby training, investing or promoting their enterprises.”**

**—Assistant Secretary Singh, 2019**

**Kajuur in kōtōbar jen jemdoon ipan lal ko jet, kin douluul in an kōra ro rej business ñan kwalok jela eo am ikikien ekatak ko, kein jiban ko ak karelel kon business eo am.**



**REPUBLIC OF THE**  
**MARSHALL ISLANDS**  
**MINISTRY OF NATURAL**  
**RESOURCES AND COMMERCE**





# PUBLIC NOTIFICATION: IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

## PUBLIC SAFETY ANNOUNCEMENT

### Meck Drinking Water Total Trihalomethanes MCL Violation

The Meck drinking water system recently exceeded a drinking water standard. This incident is not an emergency. However, public notification is required to meet the requirement in the USAKA Environmental Standards. The information below is a summary of cause of non-compliance and actions taken to ensure drinking water quality.

- Testing results from the second quarter of fiscal year 2020 (2QFY20; January – March 2020) show the Meck Island drinking water system exceeds the standard, or maximum contaminant level, for the TTHM locational running annual average.
- The standard, or MCL, for the TTHM LRAA is 0.080 mg/L determined by averaging the results of samples collected at each sampling location for the past four quarters. The level of TTHM averaged at each of two locations for 2QFY20 were 0.083 and 0.084 mg/L.

#### What should I do?

- Nothing. You do not need to boil your water or take other corrective actions.
- If you have a severely compromised immune system, are pregnant, or are elderly, you may be at increased risk and should seek advice from your health care providers about drinking this water.

#### What does this mean?

- This is not an emergency. TTHM are four volatile organic chemicals which form when disinfectants, such as chlorine, react with natural organic matter in the water.
- Long term consumption of water with levels of TTHM in excess of the MCL may result in issues with liver, kidney, or nervous system, and an increased risk of cancer.
- Short term exposure has not been

shown to lead to adverse health effects.

- Potential exposure to Meck personnel is considered short term due to the limited time the MCL has been exceeded.

#### What is being done?

- The Meck Island water system includes a Granular Activated Carbon filter system, which treats the entire Meck drinking water supply to remove naturally occurring organic compounds before the water is disinfected with chlorine reducing the resulting TTHMs to minimal levels.
- An investigation of the Meck GAC system revealed a broken valve allowing a portion of the raw water to bypass the filtration unit.
- The valve was replaced in January 2020 and preliminary test results indicate the GAC is currently operating correctly and the presence of TTHMs in Meck Island drinking water has been significantly reduced to acceptable levels.

Contact DynCorp Environmental, at 5-1134.

### MELELE KO RAUROK KIN DREN IN IDRAAK EO ILO MECK

Jonan Total Trihalomethanes (TTHM) ilo dren in idraak eo ilo Meck ekar le jen jonak eo emoj an kien karoke (MCL).

Dren in idrak eo ion Meck emoj an la ilon in standard eo an dren in idrak. Joraan in ejjab juon idin. Botab, karon jukjuk in bed in ej juon requirement ilo USAKA Environmental Standards me ej aikuj komane. Ilal ej melele ko ikijien likjab in im ta bunton ko emoj ejaki non bobrae likjab in.

Result in taaj ko jen kuwata 2 eo an iio eo 2020 (2QFY20; January – March 2020) ej kwalok ke dren in idrak eo ion Meck emoj an la ilon in kakien eo, ak jonok ko (MCL non TTHM LRAA).

Jonok eo, ak MCL non TTHM LRAA ej

0.080 mg/L eo me ej walok jen sample ko emoj boki jen jikin ebok sample ko jen kuwata ko 4 remootlok.

Jonan level in TTHM ebed ilo kajojo ruo jikin ilo 2QFY20 ekar 0.083 mg/L.im 0.0084 mg/L.

#### Ta eo kwoj aikuj in komane?

- Ejelok men kwoj aikuj komane. Kwojjab aikuj boil i dren eo ak komane jabdrewot.
- Ne kwojjab ejmour, ak elon nejim ninnin, ko boraro/kwoj naninmej, ak ko rutto(lillap im lollap), emaron bidodo am bok naninimej im kwoj aikuj kebaak takto eo am im bok melele ko relap lak ne e safe non am maron draak e dren in.

#### Ta melele in?

- Ejjab emergency ak menin idin.
- TTHM ej emen volatile organic chemicals ko im rej walok ne jej kojerbal jerajko non karreo dren in idraak.
- Jorren ko im remaron walok ne aitok kitien am idraak dren eo im elap level in TTHM ej jorren non aj im kidney ak naninmej in cancer.
- Ejanin wor enaan in joraan ko emoj an walok me emaron jelet jikin ejmour.
- Kakolkol ko rej walok non armej in Meck ej bed wot ilo ien eo ekadru.

#### Te eo emoj komane?

- Dren in drak eo ion Meck im ekoba filter system eo naetan Granular Activated Carbon (GAC) ej kio kareo dren mokta jen an driwojlok kin reverse osmosis (RO).
- Ekar wor juon jorren ilo GAC system eo ilo Meck ikijen an rub juon ian valve ko im ear komman bwen wor jidrik rej riwojlok ilikin filter eo.
- Ak kio emoj an valve eo janij iloon January 2020 im Granular Activated Carbon (GAC) ebar rol im jerbal einwot mokta kin jimwe in jonan level in TTHMs ko rej ped ilo dren in drak eo ilo Meck.

Ne elon am kajitok, jouj im kurlok DI Environmental ilo 5-1134.

## E-WARENESS: OIL/WATER SEPARATOR

#### What is an Oil/Water Separator?

An OWS is a device used to separate oils and greases from industrial wastewater discharges.

The effluent (mostly water) discharges to the wastewater treatment plant (WWTP).

Properly utilize and maintain OWSs to prevent environmental pollution and upsets at the WWTP.

#### Ta in Oil/Water Separator (OWS)?

OWS rej kein jerbal ko im rej kajenolok oil im grease jen dren ko retoo. Etoon kein jen OWS rej driwojlak ak etal non wastewater treatment plant (WWTP) eo. Elap an aurok bwe en jerbal OWS non bobrae an etoon im jorren ijoko ibelakid im ilo wastewater treatment plant (WWTP) eo.

E-Wareness is a weekly product of DI Environmental. Contact the team at 5-1134. Elane elon am kajitok, jouj im kurlok DI Environmental ilo 5-1134.



# USAG-KA QUARTERS INSPECTION SCHEDULE

## BACHELOR QUARTERS INSPECTIONS

Beginning the week of Oct. 2, the U.S. Army Garrison Kwajalein Atoll Housing Office will conduct the annual 100 percent Army Housing Inspection beginning with all bachelor quarters on Roi-Namur. Inspections of Kwajalein BQs will follow.

### Intended Roi-Namur Schedule

**Oct. 2**

Ratak A

**Oct. 3**

Ralik B and Sprint

**Oct. 6**

Ajax and Apache

### Intended Kwajalein Schedule

**Oct. 7 - 8**

Oceans BQ

**Oct. 7 - 8**

Palm BQ

**Oct. 9 - 10**

Coral BQ

**Oct. 9 - 10**

Tropics BQ

**Oct. 14 - 15**

Shell BQ

**Oct. 14 - 15**

Reef BQ

**Oct. 24**

Surf BQ

**Oct. 27**

Sands BQ

A notice will be posted on BQ doors stating the day and approximate time of the inspection. Please complete the information beforehand and have it available for the inspectors.

If you are unable to be present, please leave the completed form inside your

quarters for collection. To help the inspection go quickly, please ensure the white tags on your furniture are visible or easily accessible.

## USAG-KA FAMILY HOUSING INSPECTION SCHEDULE NOTICE

Beginning Oct. 16, the U.S. Army Garrison Kwajalein Atoll Housing Office will conduct the annual 100 percent Army Housing Inspection for all Family Housing.

If you wish to make an appointment to have this inspection take place at a specific time, please call the housing office at 5-3450 or email KwajHousing.ctr@mail.mil. We will start making appointments through Sept. 23.

The houses that are not on an appointment schedule prior to Sept. 20 will fall into the general schedule below. If you are present at the start time of the scheduled day for your area, please come outside to the front of your house and look for the Housing Office Team. We will inspect houses first if we know you are waiting.

**Oct. 16:**

**8:30 a.m. – noon:** 490 - 495, 402, 404, 406, 408, 410, 412, 414, 415, and 418

**1:30 p.m. – completion:** 413, 415, 417, 419, 420, 405, 407, 409, 411, 427, 496 and 497

**Oct. 17:**

**8:30 a.m. – noon:** 104, 102, 227, 225, 226, 224, 222, 216, 204, 206, 208, 210, 212 and 214

**1:30 p.m. – completion:** 229, 209, 213, 223, 106, 203, 226, 207, 211, 103,

105, 205, 217 and 219

**Oct. 20:**

**8:30 a.m. – noon:** Dome 166 -191

**1:30 p.m. – completion:** New Family Housing 134 -139 and 125, 126, 120, and 122

**Oct. 21:**

**8:30 a.m. – noon:** 457, 459, 460 - 466, and 468

**1:30 p.m. – completion:** 479, 481, 483, and 485 - 489

**Oct. 22:**

**8:30 a.m. – noon:** 421, 423 - 426, and 436 - 440

**1:30 p.m. – completion:** 449 - 456, and 458

**Oct. 23:**

**8:30 a.m. – noon:** 428-435, 442, 444, 446, and 448

**1:30 p.m. – completion:** 441, 443, 445, 447, 470 - 472, 476, 486, and 487

A notice will be posted on each Family Housing front door approximately 72 hours prior to the inspection time. Please complete the information beforehand and have it available for the inspectors. If you are unable to be present, please leave the completed form inside your quarters for collection. To help the inspection go quickly, please ensure the white tags on your furniture are visible or easily accessible. Thank you for your cooperation and assistance in this process.

**Robert H. Kent, Acting USAG-KA Housing and Billeting Manager**

## Taking a Trip? Anticipate Your Travel Needs

If you take a trip, be sure to get all routine care before you go, but if you need urgent care, call the Nurse Advice Line first at 1-800-TRICARE, option 1.



It's also important to anticipate your travel needs during the COVID-19 pandemic:

- If you have regular prescriptions, pack enough to last you for the entire trip.
- Pack alcohol-based hand sanitizer (at least 60% alcohol), and keep it within easy reach.
- Bring cloth face coverings to wear in public places.
- Pack food and water for your trip in case restaurants or stores are closed.
- If staying in a hotel, motel or other lodging, see guidance from the Centers for Disease Control and Prevention on how to clean and disinfect your room.





On 30 January 2020, World Health Organization declared the current novel coronavirus (COVID-19) outbreak a Public Health Emergency of International Concern. The virus was first detected in Wuhan City, Hubei Province, PRC, and subsequently cases of COVID-19 have been detected in 213 countries and territories.

The new virus is a coronavirus, which is a family of viruses that include the common cold, and viruses that cause severe respiratory infections. The virus can be transmitted from person to person, similar to other influenza viruses.

In response to the declaration of PHEIC, the Republic of the Marshall Islands' (RMI) former COVID-19 travel advisories and restrictions. The new virus is a coronavirus, which is a family of viruses that include the common cold, and viruses that cause severe respiratory infections. The virus can be transmitted from person to person, similar to other influenza viruses.

In response to the declaration of PHEIC, the Republic of Marshall Islands' (RMI) former COVID-19 travel advisories and restrictions (Issuance 1: 24 January 2020, Issuance 2: 31 January 2020 and Proclamation declaring State of Emergency dated 7 February 2020, Issuance 3: 13 February 2020, Issuance 4: 26 February 2020, Issuance 5: 25 February 2020, Issuance 6: 3 March 2020, Issuance 7: 5 March 2020, Issuance 8: 7 March 2020, Issuance 9: 8 March 2020, Issuance 10: 17 March 2020, Issuance 11: 2 April 2020, Issuance 12: 30 April 2020, Issuance 13: 7 May 2020, Issuance 14: 2 June 2020 and Issuance 15: 3 July 2020); 30 July 2020 (Issuance

16) have been reviewed and updated as of 4 September 2020 (Issuance 17) with the following interim inbound and outbound travel restrictions for all visitors to RMI. Because COVID-19 is a national threat these requirements will come into effect immediately.

An extension of the total suspension of international travelers coming into the RMI via air travel until 5 October 2020. All aircraft that need to land in the RMI for refueling purposes must adhere to the National Disaster Committee approved Amata Kabua International Airport Standard Operating Procedures (SOP) Periodic spot checks will be conducted on airport ground crew handling aircraft in the RMI. Ground crew not adhering to the strict no human-to-human contact protocols will be subject to an immediate minimum 14-day quarantine.

*Suspension of all domestic passenger travel between Kwajalein and Majuro and international airlines. Air travel between Kwajalein and Majuro on Air Marshalls is still permitted.*

*At the discretion of NDC, any persons entering the RMI without official clearance shall either be removed or placed immediately under quarantine in a secure RMI government-approved facility and submit to all testing at the direction and discretion of RMI medical personnel no less than 21 days from arrival.*

*All cruise ships including live aboard vessels and yachts at this time are suspended from visiting the RMI until further notice.*

*All fishing vessels that have transited through or departed from COVID-19 infected countries are suspended from entering the RMI ports until further notice.*

To ensure continuity of transshipment services, a limited number of carrier vessels shall be exempt. However, these carrier vessels are strictly required to spend fourteen (14) days at sea prior to port entry and only after clearance by MoHHS, RMI Ports Authority, MIMRA and the RMI Immigration Division. Transshipment shall be limited to twenty (20) purse seiners and ten (10) carriers at any one time. Vessels within the transshipment area are subject to RMI Ports Authority's coordination of entry and exit, including access to the wharf for provisioning purposes.

*Fishing companies are required to produce company policy and/or SOPs in compliance with the travel advisory and the Maritime SOP requirements, such as no human-to-human contact, etc. Said SOPs shall be amended as per this updated travel advisory and shall remain in effect unless otherwise revised by the Maritime Working Group (MoHHS, RMI Ports Authority, MIMRA and the RMI Immigration Division). MIMRA shall provide a list of eligible fishing vessels and carriers for entry purposes. Vessels not on the list may appeal to the NDC through the Maritime Working Group for entry prior to departure from their originating port.*

*To make sure that we can continue to allow food and supplies to enter the country, all container vessels and fuel tankers are exempt but are strictly required to spend 14 days outside of the RMI after departure and prior to arrival at the RMI Pilot Station. All container vessels and fuel tankers must adhere to the National Disaster Committee approved Standard Operating Procedures-Maritime (SOP). Human-to-human contact is strictly prohibited.*

*Citizens and residents of the RMI with plans to travel abroad are strongly advised to postpone their*

*travel arrangements. If travel arrangements cannot be postponed, individuals should be aware that they may be subject to restrictions on reentering the RMI. It is also strongly advised that at this time all citizens and residents currently residing on Majuro or Ebeye who are intending to travel to the outer islands to reside or work, do so as soon as possible.*

*All GRMI officials, including elected officials, SOEs and auxiliary bodies, are required to suspend all international trips paid for by the GRMI or sponsored by outside agencies or organizations with the exception of patients approved by the RMI Medical Referral Committee.*

*The Chief Secretary, as the head of the National Disaster Committee, together with the Secretary of Health and Human Services, based on recommendations from the RMI Public Health division and the National Disaster Committee, reserve the right to make exceptions to any of the above restrictions to allow for essential services. All safety protocols developed by the Ministry of Health and Human Services in compliance with WHO and CDC guidelines will be followed in these instances.*

Any failure to comply with the terms set forth in this Travel Advisory #13 shall be subject to the Emergency Order on Fines and Penalties.

These are interim travel restrictions, which have been introduced by the Government of the RMI as part of current health emergency preparedness measures for COVID-19. These restrictions will be reviewed and updated as needed and communicated to the public.

**Kino S. Kabua     4 Sept., 2020**  
**Chief Secretary, Chair,**  
**National Disaster Committee**

# ISLAND HOPPER FLIGHT SCHEDULE

**United Airlines has confirmed reinstatement of the full Island Hopper flight schedule for October 2020. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change.**

**These flights are for outbound travel only. No passengers are authorized to disembark. As a reminder, the current RMI travel restriction is applicable through Oct. 5.**

**For more information, please contact United Airlines reservations at 1-800-864-8331.**

## October Flights

UA155 - Oct. 16 (HNL)  
UA154 - Oct. 17 (GUM)

UA155 - Oct. 30 (HNL)  
UA154 - Oct. 31 (GUM)







# oktoberfest



***Sunday, Oct. 4  
6 - 11 p.m. at Camp Hamilton***

*Adults aged 21 years and over are invited to celebrate Kwajalein Oktoberfest. Enjoy games, music, dancing and a special event menu.*

**\$8**

***Zigeunerschnitzel Kaese Spaetzle***

*Pork Roast in a spicy mushroom, tomato gypsy sauce*

**\$6**

***German Brats with Rotkohl***

*Pulled pork sandwich (Roasted Pig)*

**\$4**

***Auberginen Boote***

*Stuffed eggplant, ground beef, caramelized onion, peppers and cheese*

**\$3**

***Kaese Spaetzle***

*Macaroni and cheese with caramelized onion, tomato, and Swiss cheese*

**\$3**

***Rotkohl***

*Sautéed cabbage*

**\$3**

***Cole Slaw***

**\$1.50**

***Large pretzel***  
*with cheese sauce*

**\$1.50**

***Schneckenkuchen***

*Cinnamon roll with dates, raisins, walnuts, and cranberries*

***For event information, contact MWR at 5-3331***





**Express Yourself & Express Mail Your Vote**

**Free ballot tracking and fast delivery for absent overseas military voters and their family members.**

Label 11 - DOD Express Mail labels are available at APO/FPO locations for you to "Track Your Vote"  
Uniformed Services personnel, their voting age dependents and civilians stationed overseas may Express return their absentee ballots FREE of charge from any APO/FPO with this label

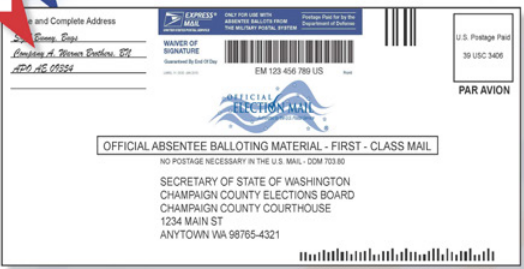
RECOMMENDED MAILING DATE FOR THIS LOCATION: **23 October 2020**

Go to your local APO/FPO to have Label 11-DoD affixed to your voted absentee ballot



**APO/FPO personnel affix the label on your voted ballot**

**LABEL 11 - DOD**



**ENVELOPE FRONT WITH LABEL 11 - DOD**

**Retain your tracking number**



**Express Your Vote Checklist**

- ☐ Submit your Federal Post Card Application (SF-76) and / or update your mailing address on a yearly basis and send to your election official.
- ☐ Election official approves your registration or ballot request and mails your ballot to you. If you don't receive the ballot from your state use the back-up Federal Write-In Absentee Ballot at FVAP.gov
- ☐ Complete the absentee ballot and prepare for mailing to your local election office.
- ☐ Use the Label 11-DoD on voted Absentee Ballots mailed from Military Post Offices in regularly scheduled general election for Federal office.
- ☐ Go to your local APO/FPO to have Label 11-DoD affixed to your voted Absentee Ballot.
- ☐ Track your absentee ballot online at [www.usps.com](http://www.usps.com).

For more details see your local postal voting representative:



**GO ONLINE TO [WWW.USPS.COM](http://WWW.USPS.COM) TO TRACK YOUR VOTE**



Saturday. Check out this original, Kwaj radio show on AFN 99.9 The Wave at 5 p.m. Saturdays and noon on Tuesdays the AFN roller channel.



Kwaj Current. Catch the latest episode of Kwaj's local TV show on KTV 20-2.



**Manit Day  
Sept. 28  
4 – 7 p.m.**



Due to Manit Day celebration quickly approaching, the Police Admin section and Entry and Exit are receiving a higher-than-normal volume of 55R and 480 requests from our HN participants and guests. This could result in a delay in processing individual requests as our HN requests will take precedence. We are operating with a reduced staff and we appreciate your patience as we try to meet all our customer's needs.





# WE'RE HERE BECAUSE THEY GOT HERE FIRST.



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## How our newspaper got its name

The shoulder sleeve insignia of the 7th Infantry Division consists of two black, equilateral triangles placed vertically on a red circular disc giving it an hourglass shape.

The hourglass of the insignia was consequently used in the title of the island newspaper, The Kwajalein Hourglass.

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## #SALUTETHE7TH

**GET THE WORD OUT.** SEND ANNOUNCEMENTS, COMMUNITY UPDATES AND EVENT FLIERS TO [KWAJALEINHOURLASS@DYN-INTL.COM](mailto:KWAJALEINHOURLASS@DYN-INTL.COM) WEDNESDAYS BY 5 P.M.

FOR MORE INFORMATION, CONTACT USAG-KA PUBLIC AFFAIRS OFFICER MIKE BRANTLEY AT 5-4848.