

VOLUME 61 NUMBER 50

DECEMBER 12, 2020

THE KWAJALEIN HOURGLASS



THIS WEEK

CELEBRATION

ON EBEYE 2

SANTA ARRIVES

ON USAG-KA 4

HERE FOR YOU

ISLAND COUNSELING SERVICES 7

MRS. CLAUS, LEFT AND SANTA CLAUS, PREPARE TO BOARD THE HELICOPTER TO THE TREE LIGHTING CEREMONY DEC. 5.



JESSICA DAMBRUCH



ATOLL CELEBRATES BIRTHDAY OF IROIJ CHRISTOPHER LOEAK



HOURLASS REPORT

Traditional leaders, diplomats and personnel from U.S. Embassy Majuro, U.S. Army Garrison-Kwajalein Atoll and the Republic of the Marshall Islands government convened at the home of Iroijlaplap and Senator Michael Kabua for a special birthday celebration honoring Iroij Christopher Loeak.

The evening included traditional dance performances from Marshallese

community groups, including a Jobwa stick dance. Guests enjoyed a buffet of local foods, including dishes of baked shellfish, breadfruit, pandanus and coconut. Guests were pleased to be able to include visiting government dignitaries visiting from Majuro in the celebration.

1) From left: Mrs. Jeffrey Hsiao, Taiwan Ambassador to the Republic of the Marshall Islands Jeffrey Hsiao, U.S. Am-

bassador to the RMI Roxanne Cabral, Iroijlaplap and Senator Michael Kabua, Japan Ambassador to the RMI Norio Saito and members of a Jobwa stick dance team commemorate the evening with a photograph. 2) The dance team performs during the festivities. 3) Guests enjoyed a buffet of sweet and savory traditional foods. 4) Regan Bartel, left, and USAG-KA Commander Col. Jeremy Bartel were among guests at the birthday event.

THE KWAJALEIN HOURLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army's 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Garrison-Kwajalein Atoll.

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Phone: Defense Switching Network 254-5169
Local phone: 5-5169

Garrison Commander.....Col. Jeremy Bartel
Garrison CSM.....Sgt. Maj. Ismael Ortega
Public Affairs Officer.....Mike Brantley
Communications Manager.....Jordan Vinson
Communications Specialist.....Jessica "JD" Dambruch



HOBBY SHOP OPEN HOUSE IS A HOLIDAY TREAT



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

HOURLASS REPORT

Crafters in the Kwajalein community celebrated the holiday season Dec. 6 with the annual MWR Hobby Shop Open House event.

The evening featured a raffle of hand-made gifts as well as a buffet of sweet and savory treats provided by island resident and crafter Laura Alves.

While crafters enjoyed treats, several made their guess at one of several jars of candy and earned donated prizes for the closest scores.

Check out the photos from this year's Hobby Shop Open House, and call 5-1700 to learn about becoming a member in 2021.

1) MWR Hobby Shop Technician Evelyn Smith, in red, and her team of Kwaj kid volunteers call out numbers of winning patrons during the gift raffle. 2) Laura Alves, center, awards prizes following a number guessing game. Alves generously donated all of the food items for the celebration. When asked, Alves said: "I love this event. Doing the treats is my Christmas gift to myself." 3) Kwaj resident Patrick Weber found Nemo—in his gift bag. 4) Kwaj crafter Blanche Adcock holds up this snazzy hand-made coffee mug she received during the raffle. 5 – 7) For safety purposes, The Kwajalein Hourglass sampled a few of these treats: They all get four stars.



KWAJ TREE LIGHTING IS ANNUAL FAVORITE

BY JESSICA DAMBRUCH

Forget the sleigh and reindeer. On U.S. Army Garrison-Kwajalein Atoll, the Kwajalein community celebrates the arrival of Santa and Mrs. Claus in true Kwaj style—and these days, that means a grand entrance.

Eyes turned to the sky on DeMeo Field Dec. 5 as Mrs. Claus and Santa Claus touched down in a Lakota helicopter.

After greeting the many young island residents who stepped up to share holiday gift suggestions, the Claus family boarded a decorated vehicle and paraded to the downtown area to enjoy live music and dance performances provided by island volunteers. Following them were decorated golf carts and vehicles sporting tinsel and holiday swag.

Spectators in the downtown area shopped for gifts and treats at craft and food booths and enjoyed annual holiday dance performances by Karen Brady's Tiny Dancers and the Ri-Katak students. Choir groups sang a medley of seasonal tunes and Nikki Lagrone led the audience in a rendition of several of holiday songs.

USAG-KA Child and Youth Services Sports Lead Sam Partain emceed the evening in "tropical" Saint Nick attire and encouraged the audience to swap stories of their best and worst Christmas gifts. Yes, Partain reminded everyone: "Die Hard" is a holiday movie.

Finally, the big moment had arrived, and all eyes turned to the mainstage where USAG-KA Commander Col. Jeremy Bartel and Ronald Reagan Ballistic Missile Defense Test Site Director Lt. Col. David Taylor joined the senior class of Kwajalein High School to press the big red button to light the holiday tree.

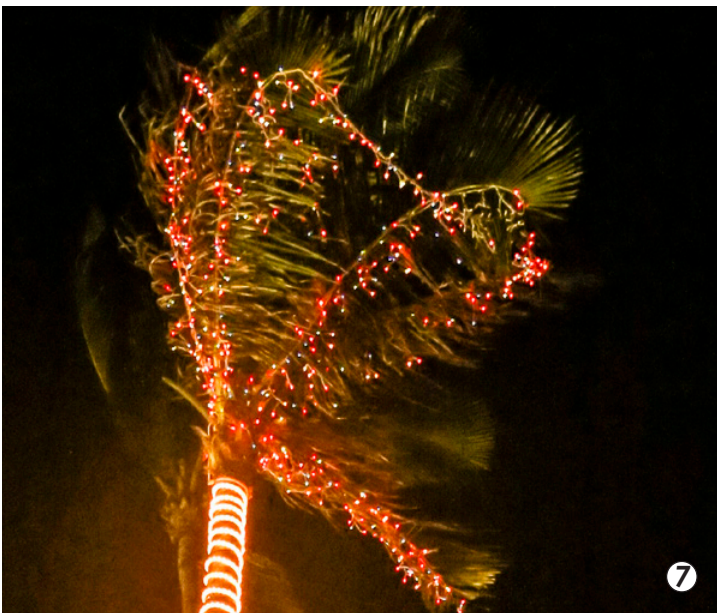
Before the evening drew to a close, Harden Lelet and Pam Sakaio took the microphone to thank the many island residents who provided treats and dinners for the Ri-Katak dancers, many of whom had been on island since the early morning to begin the school day.

The evening ended on a cheery note with island residents watching "Elf" on an inflatable outdoor movie screen and enjoying the lights, the good food and the community. The holidays had come to Kwajalein.



U.S. ARMY PHOTOS BY JESSICA DAMBRUCH

1) Santa and Mrs. Claus travel to DeMeo Field in a Lakota helicopter. 2) USAG-KA Staff Sgt. Yadira Vazquez, far left in black, and Robert Lehman, far right in blue, are visible from the air among the island residents gathered to greet Santa. 3) Mission accomplished: Maj. Benjamin Jackson signals mission success after a safe touchdown. 4) Trailed by numerous island residents, the Claus family prepares to board a vehicle in the holiday parade.



1) Personnel from the Ronald Reagan Ballistic Missile Defense Test Site joined the parade in the big, red range truck. From left: Deputy Range Director Rachel Hickman, RTS Administrative Assistant Karen Acosta and Range Director Lt. Col. David Taylor. 2) Kennedy Gaskins, center, and Ember Miller perform with Karen Brady's Tiny Dancers. 3) Students and island residents continue an age-old tradition: Chase Santa to the downtown area. 4) The Kwajalein High School

band plays festive holiday tunes during the Tree Lighting Ceremony. 5) Ri-Katak students perform during the ceremony. 6) USAG-KA Commander Col. Jeremy Bartel, left, emcee Sam Partain and members of the Kwajalein High School senior class prepare to hit the big red button to light the island's holiday tree. 7) It lit on the first try: Pictured here, the top of Kwajalein's holiday tree—a coconut palm tree—dances alight in the wind during the Tree Lighting Ceremony.

THE GIFTS WE CANNOT SEE

COMMUNITY CONNECTION / KWAJALEIN HOSPITAL

Everyone can agree that 2020 has been an interesting year.

In many ways, COVID-19 paused our lives and our sense of normalcy. What started as an opportunity to binge watch the newest series about tiger-owning zookeepers entrenched in a bizarre underworld dragged into months of continued uncertainty.

Vacations have been cancelled and trips to see our loved ones and family members have been postponed. Through it all, you see glimpses and glimmers of communities banding together, singing from their balconies or SGN—"Some Good News with John Krasinski"—creating Zoom outreach missions.

Despite Kwajalein's unique ability to avoid COVID's dangerous physical implications, we still feel the impact. The residual effects are important to be aware of. You may hear people telling you to stay grateful and appreciate what you have. We can all agree gratitude is a useful practice to stay focused on the positive and encourages the use of perspective shifting. At the same time, when we are constantly trying to see good when it feels insincere or phony, we become stagnant with our disappointments.

Creating healthy strategies to connect with our frustrations allows the feelings

to pass, getting back to seeing all the good around us.

Here are a few ideas about managing your emotions and staying connected this holiday season:

Do not pretend.

Rather than "putting on a happy face," give yourself permission to let out your feelings in a safe and helpful way. Journaling or writing a letter that you won't send, crying in the shower, exercise or strapping on the punching gloves at the Ivey.

Be gentle with yourself.

Try asking for help or allowing others to step up when you do not have it to give. Learn to say no. If you are feeling overrun with commitments, it is okay to prioritize a night for reading, watching a movie or getting some rest. Embrace the idea that less can be better. If you have experienced a loss remember you may just need to take it minute by minute until you start taking it day by day. With time, your effort will become more effortless, but do not expect to be at the end when you've only just begun.

Create new traditions.

Plan recipes as a family then cook and eat together virtually. Play online games together such as trivia, "Words

with Friends," or charades. Mail cards or open gifts together virtually with friends or loved ones. Send flowers or food to be delivered. Go star gazing or have a picnic. Visit the Hobby Shop and create some gifts from scratch. Try an outdoor holiday movie night. Join the community in great traditions like Light up the Night event and get driven to see all the beautiful decorations around the island.

You get out what you put in.

Nourishing your body with rest, healthy foods, water and movement are the essential cornerstones of managing our emotions. Especially during the holidays, many become relaxed with food choices and alcohol consumption. The onslaught of functions and gatherings make it difficult to maintain our daily diet and exercise routines. Rather than letting activities slide by, be intentional with your time and choices. Limit yourself to one or two drinks, split a cookie or piece of cake with a family member. Bring the salad to each gathering so you know you'll have a healthy option.

It has been said many times before, the best gifts cannot be wrapped and left under a tree. Give yourself the present of presence. Be intentional with your thoughts and emotions, your time, and your choices.

If you need further assistance do not hesitate to reach out. The EAP is available by appointment, 5-5362.

WHAT IS YOUR OBLIGATION TO REPORT?

Personnel subject to the UCMJ who fail to comply with the reporting requirements of Army Regulation 381-12 Threat Awareness and Reporting Program (TARP) are subject to punishment under the UCMJ, as well as to adverse administrative or other adverse action authorized by applicable provisions of the USC or Federal regulations.

Personnel not subject to the UCMJ who fail to comply with the reporting requirements of Army Regulation 381-12 are subject to adverse administrative action or criminal prosecution as authorized by applicable provisions of the USC or Federal regulations.

CONTACT INFORMATION

KWAJALEIN RESIDENT OFFICE
BUILDING 1163
KWAJALEIN ISLAND, RMI

(805) 355-9857
(805) 355-9859

inscom.army.mil/isalute/

TARP

TECHNOLOGY PROTECTION

Threat Awareness & Reporting Program



NEED TO TALK? TRY THESE ISLAND SERVICES

CONFIDENTIAL COUNSELING WITH THE EMPLOYEE ASSISTANCE PROGRAM

PUBLIC SAFETY ANNOUNCEMENT

When the going gets tough, Kwajalein's Employee Assistance Program Counselor Mary Beth Dawicki is available to offer support, resources and an open, non-judgmental listening ear.

EAP counseling service is a free and confidential consultation available to employees and family members on Roi-Namur and Kwajalein to bolster and assist anyone working to be their best selves.

Dawicki has a few tips to share about how to best use the service and how to get through the stress of the island.

What is the goal of the Employee Assistance Program?

Our goal is to work with every aspect of your health. We have a variety of therapeutic techniques and resources we can utilize in order to support your well-being.

How many appointments can an employee make with the EAP program?

The concept of EAP as a service is designed to be a short-term therapeutic approach. We do operate under the premise that we want to work quickly to get you back to the place where you are functioning as your best self, but treatment will never be concluded without patient input and agreement.

How would you advise someone who doesn't think they can benefit from the encouragement of the EAP?

I like that word—encouragement. To me, a lot of times we have our internal dialogue that has come to be what we're comfortable with. It's hard to listen and talk at the same time. Time spent in EAP is an opportunity to hear what you are telling yourself: a chance to challenge the direction you're going in. That can help with a lot of the mental baggage we carry with us. Yes. Concerns don't stay behind. They come back with us.

How would you advise newcomers to prepare their family for being on island?

It is sometimes hard to accept that you're in a new place surrounded by new people. Anywhere you go, you're go-

ing to be challenged by different people with various perceptions. Make sure you honor your own values and beliefs and ensure the continuation of your support network. Don't let the time difference be a deterrent from communicating with the family and friends.

What are some healthy ways that families can help each other through changes?

Sometimes parents assume their kids are going to be okay instead of opening a dialogue and having conversations about what's going to happen. For me, that dialogue is the most important step.

Ask kids what they're excited about and what they think the biggest change will be. Give them positive ownership of change with tools like a scrapbook of memories, calendar countdown, and a bucket list of fun activities they can try.

Also, encourage young people to create opportunities to continue relationships they have established using social media like Facebook, Facetime or Skype or letters to friends.

Validate their feelings. It's okay to be nervous and scared: That's part of change—but so is the knowledge of what to do with that. There are also books and resources online.

For the folks who are here: Can you recommend a few strategies for adults dealing with stress?

Practice staying present and intentional with daily healthy strategies. Remember that what goes in is what comes out. Eating healthy foods, drinking water, limiting alcohol and caffeine, eliminating tobacco, getting seven to eight hours of sleep and 30 minutes of exercise five days a week are necessary cornerstones for a healthy foundation.

These basic components allow us to challenge and manage stressors as they come. Talk to friends or family, engage in your spiritual practice. Learn how to decipher the elements we can and cannot control, learning to separate from all those external forces weighing us down that we are unable to change.

Stresses are a part of life. If we don't learn how to deal with stress, we are doing ourselves a disservice. When stress happens, you have three choices. You can either let it define you, destroy you, or you can let it strengthen you.



Kwajalein EAP Counselor Mary Beth Dawicki is ready to listen. Contact the EAP Program Office at 5-5362.

What else would you like the community to know about what this office provides?

The EAP offers an opportunity to take all the chaos and confusion going on in our mind, lay it out in front of us and see the best strategies to organize and prioritize our focus.

Make sure you have someone who can help you see where you're stuck to provide an alternative and suggest new possibilities. Maybe you're feeling torn between a decision, stressed out, stuck in a negative situation, experiencing grief, issues in your relationships, difficulty managing your alcohol consumption, unmotivated or isolating.

A lot of people turn inward and think they should be able to withstand or endure negative emotions. You limit your resources when you only depend on yourself.

The Employee Assistance Program Counselor Mary Beth Dawicki is ready to listen. Contact Dawicki at 5-5235 or email at marybeth.dawicki@internationalsosgs.us to make an appointment.

Information shared during appointments is confidential. As an alternative to in-person meetings, phone consultation or virtual meetings are available utilizing a HIPAA compliant platform. Call 5-5362 for more information.

CHAT WITH A CHAPLAIN

PUBLIC NOTICE

Going through a tough time? The religious services staff at the Island Memorial Chapel are ready to listen. Kwajalein's chaplains are veterans of the U.S. military with combined skills and training in counseling, marriage

and family counseling. The chaplains are available for appointments on both Roi-Namur and Kwajalein. Contact the Chapel office at 5-3505 to schedule a meeting. Discussions in pastoral counseling are kept private, and confidentiality belongs with the client.

To make an appointment, contact the Island Memorial Chapel Office at 5-3505.



IMPORTANT INFORMATION ABOUT LEAD IN YOUR DRINKING WATER

PUBLIC SAFETY ANNOUNCEMENT

The U.S. Army Garrison - Kwajalein Atoll drinking water system is monitored annually by the Army Public Health Center at 20 locations as required by the US-AG-KA Environmental Standards. The most recent report was received on Nov. 20 from the APHC and was for samples collected in Sept. 2020.

The report revealed that three separate locations had exceeded the action level of 15 parts per billions, 15 micrograms of lead per liter of water or the equivalent of a one-pound lead fishing weight for every 7.35 million gallons of water.

This uncommon situation requires US-AG-KA to do the following: 1) immediately notify the occupants and residents of the affected locations; and 2) notify and inform the entire USAG-KA community served by the affected water system within 30 days of receipt of the report to the public. Please read this notice closely to see what you can do to reduce lead in your drinking water.

What Does This Mean?

This is not an emergency. If it had been, you would have been notified within 24 hours. Typically, lead enters water supplies by leaching from lead or brass pipes and plumbing components. New lead pipes and plumbing components containing lead are no longer allowed for this reason. However, many older buildings may contain lead pipes. Your water is more likely to contain high lead levels if water pipes in or leading to your home are made of lead or contain lead solder. The elevated levels of lead are likely due to the stagnation of water in building plumbing.

Health Information (Source: USEPA)
Lead can cause serious health problems

if too much enters your body from drinking water or other sources, especially for pregnant women and children 6 years and under. It can cause damage to the brain and kidneys. It can also interfere with the production of red blood cells that carry oxygen to all parts of your body.

The greatest risk of lead exposure is to infants, young children and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

What Should I Do?

Run water for 30 - 60 seconds to flush interior plumbing if it hasn't been used for several hours or until it becomes cold before using it for drinking or cooking. This flushes any standing lead from the pipes.

Use cold water for cooking and preparing baby formula. Do not cook with or drink water from the hot water tap; lead dissolves more easily into hot water. Do not use water from the hot water tap to make baby formula.

Do not boil water to remove lead. Boiling water will not reduce lead.

Look for alternative sources or treatment of water. You may want to consider purchasing bottled water or a water filter. Read the package to be sure the filter is approved to reduce lead or contact NSF International at 800-NSF-8010 or www.nsf.org for information on performance standards for water filters.

Be sure to maintain and replace a filter device in accordance with the manufacturer's instructions to protect water

quality.

Consider getting your child's blood tested. Contact your local health department or healthcare provider to find out how you can get your child tested for lead if you are concerned about exposure.

What is Being Done?

In response to the recent samples, we have increased our monitoring of lead from annually to every six months, and we are investigating the need for corrosion control treatment and performing additional source water and water quality parameter monitoring. Personnel have been contacted, and signs placed, at affected locations advising consumers to flush taps and water fountains prior to consumption.

Additionally, the U.S. Army is conducting an ongoing effort to protect Soldiers, civilians, and family members from exposure to lead by sampling Army Family Housing units and other locations for the presence of lead in drinking water.

This project is separate from the routine water quality sampling and is being carried out by the Installation Management Command. The goal is to sample for lead from water outlets primarily used for food preparation and as a source of drinking water and to implement corrective actions when necessary.

For More Information

For more information on reducing lead exposure around your home and building and the health effects of lead, visit EPA's website at www.epa.gov/lead or contact your health care provider.

If you have any questions or concerns, or if you would like more information please contact DynCorp Environmental at 5-1134.

(Rev. 12DEC2020)

KARON NAN JUKJUK IN BED MELELE KO REAOROK IKIJEEN LEAD EO ILO DREN IN IDRAAK EO NIMOM

PUBLIC SAFETY ANNOUNCEMENT

Army Public Health Center (APHC) ej lala system eo, ak jikin komman dren in idraak eo ilo Kwajalein Atoll (USAG-KA), aolep iiō ilo (20) jikin ko, ekar ñan kakien ko an USAG-KA Environmental Standards (UES).

Report eo eliktata ekar komman ilo 20 November 2020 jen APHC, im ej kwalok kin jet sample ko rekar buki ilo September 2020 eo. Report ej kwalok kin jilu (3) jikin (locations), ekar la iloñ in jonan 15 part in billion (15 micrograms in lead jen juon lita in dren) ak jonan wot juon pound in lead in eōñwōd ilo 7.35 million gallon in dren in idraak. Menin elap an komman bwe USAG-KA en 1) mokaj in kojela'k aolep ri-jerbal/ro rej joke ilo jikin kein kenono kaki im 2) kojela'k aolep armej ion Kwajalein (USAG-KA) in me rekin idrak jen jikin kein iumwin 30 raan mootlak jen ien eo report in ekar

walok. Jouj im read i naan in keañ ilal ñan kamelele kom, kin ta ko kom maron kommane nan kadiklak lead jen dren in idraak eo.

Ta melele in men in?

Ejab emergency men in. Elañe en kar, ekwe enkar wor kojela ñan yuk 24 hour jen tore eo menin ekar walok. Ekka wot an lead dreloñe dren in idraak ko jen pipe ko ak men ko jet mottan plumbing. Moko rekaal ejelok lead pipe ak men ko jet an plumbing ejelok lead ie. Botab, moko remor, ak eto aer bed emaron wor lead ilo pipe ko ilowaer. Dren in idraak eo emaron wor lead ie jen pipe ko remor ak kein kadrep pipe ko ie. Laplok in lead ilo pipe ko emaron jen an jab maroñ drain out dren ko jen i.

Melele ko jen jikin ejmour (Source: USEPA): Lead emaroñ komman naiñin-mej nan enwbin eo elañe elap am idraak jen dren eo elap joñan lead ko ie, elap-

tata ñan kora ro reborauro im ajri ro 6 iiō im driklak. Emaroñ komman jorren ñan kōmalij eo, kidney ko im bar einwot komman an nana red blood cell ko im rej elelak oxygen nan aolep part in enbwin. Jorren ko rellap naj jelet niñiñ ko im kora ro reborauro. Scientist ro emoj loe ke jorren ko jen lead emaron jelet kōmalij eo im komman an ajri ro jab eman aer katak ilo aer dritto lak. Ritto ro im elon jorren ilo kidney im high blood pressure naj laplok an jelet er, jen ritto ro ejelok men kein ipper. Lead ej bed ilo di ko im emaron walok ilo tore ko elik. Ilo ien eo kora ej borauro, ajri eo emaron bok lead eo jen driin jinen, eo im enaj jelet an jermal kōmalij eo, ak jelet an ajri eo naj katak ilo an dritto lak.

Ta Imaron Kommane?

Kattore dren eo uumin 30 – 60 second ko nan kadriwojlok lead eo jen iloan pipe in dren ko elane rejjanin kar toor uumin

jet awa ko, ak non ne emolo mokta jen idaak and komat. Katoorlok jabdewot lead ko jen pipes ko.

Kojerbal dren eo e'molo nan komat im komman dren in bato ko an ninnin ko. Jab kojerbal dren menen eo ilo bojet eo nan idraak im komat mona. Ebidodolok an wor lead eo ilo an driwojtok menen eo ilo bojet ko. Jab keidraak ninnin eo jen bojet eo emenen.

Jab boil I dren eo jen bojet eo nan jolok lead eo, eban jako lead eo jen boil dren eo.

Bukot jokjok ko jet ilo wawein ke-jbarok dren eo. Komaron in wiaki dren ko ilo water bottle ko ak kojerbal filter in dren ko nan komman dren. Read I aolep melele ko ilo package ko filter ko rej itok iloaer elane emoj an melim kojerbale nan bobrae im jolok lead ak kirluk NSF International ar 800-NSF-8010 ak www.nsf.org nan melele ko nan kojerbal filter ilo jokjok ko emoj karoki im rekka. Jab meloklok im kokaal filter eo ekkar nan jonan karok eo im ej itok ilo kamelele ko nan karreo dren im ke-jbarok dren eo erre.

Jino am lomnak nan boklok ajiri eo nejim nan bok botoktok. Kir lok department eo an jikin ejmour ak healthcare provider eo nan eoron enaan ewi ewawein nan an ajiri eo nejim maron bok kakolkol in botoktok elane ewor am inebata kin joreen in lead ilo an jelet ajiri eo.

Ta Eaar Komman?

Uaak eo, emoj am komman bwe etale ko am ikijeen Lead im Copper en emakijikij lok jen 1 yio nan aolep lokin 6 allon, im kemij bar etale etoon im elejo ko nan am maron in jerbali im komman bwe dren in idraak eo en erre ilo am boktok kein jerbali in etale kein. Emoj lelok melele ko im komman kojela ko ilo dribin ijoko im dren ej toor ie nan kottore dren ko ilo juon jonok mokta jen idraak ak ke-jbarok.

Einwot juon mottan iaan jerbali ko an U.S. Army nan ke-jbarok ritarinae ro an, armij ro, im family ko aer jen joreen in lead, Installation Manager Command (IMCOM) ej kommani etale ko ilo imoko imon Family ko an Army nan lale elane ewor lead ilo dren in idraak ko. Kottobar eo bwe dren eo im kojerbal nan idraak im komman mona ko en erre im bwe en lon buñten ko rekka nan jerbali elane ekkar.

Nan Melele ko Jet

Nan melele ko jet nan kadriklok joreen in lead ilo belaa ko am ilo jikin jokwe ko im imoko, jibadrok EPA's website ilo www.epa.gov/lead ak kirluk jikin ejmour eo.

Elane ewor am kajitok ko ak inebata ko, ak ne kwoj konan elonlok melele, joi j kir lok DynCorp Environmental ilo 5-1134.

(Rev. 12DEC2020)

**PCSING WITH A PET?
PURCHASE A
HARD-SIDED CARRIER**

HOURLASS REPORT

Though many island residents are staying on island this holiday season, it is never too late to plan for future travels—especially if you are a pet owner.

As of Aug. 10, a change in ATI flight transport regulations requires all incoming and outgoing pets to travel in a hard-sided carrier. Pets are not authorized to travel in the cabin with their owners and will be checked onto the plane. For their safety, pets must be transported in a hard-sided carrier.

Prospective and current island residents with pets considering future travel should plan in advance to obtain a hard-sided carrier, said US-AG-KA Chief Warrant Officer 3 Alex Brown, garrison aviation officer. Military working dogs and service dogs for the blind are not bound by this rule.

Pet owners affected by 14-day quarantine in Hawaii should make advance arrangements with the



state's pet quarantine authority to have their pet's health certificate verified while they complete their own 14 days.

"Since most pets will arrive [in Honolulu] before the 14 days begins, it is suggested owners make any appointments for the health certificate about five days out from travel," said Brown. "This ensures they will not exceed the 10-day requirement which would result in having a second certificate issued."

Following completion of quarantine for both pet and owner, the certificate undergoes review by both Brown and the Kwajalein vet tech. It is a last, important piece of required paperwork required before booking travel.

Pet owners with questions about quarantine, pet travel regulations and other related inquiries may contact USAG-KA Aviation Officer Chief Warrant Officer 3 Alex Brown at 5-2140.

**DO YOU HAVE WHAT IT TAKES TO
PUNT, PASS AND KICK
WITH THE POLICE**

The Kwajalein Police Department wants you to go outside and play. Get ready to join KPD personnel for two upcoming days of fun in the sun.

Brush up on your skills during a free sports clinic at DeMeo Field Dec. 14 from 8:30 a.m. to 10 a.m.

Return to the field Dec. 16 from 3 to 6: 30 p.m. for the "Punt, Pass and Kick with the Police" event. To participate, pick up a liability waiver form from the KPD or from any on-duty patrol officer. Island residents under age 18 will require parent signature and verification.

Boys and girls will will kick in 14 age groups. Winners will be announced in

the Kwajalein Hourglass.

Want to come kick it with the KPD? Check out the schedule below:

Want to come kick it with the KPD? Check out the Dec. 16 event schedule below:

- 3 p.m. — ages 12 - 13**
- 3:30 p.m. — ages 14 - 15**
- 4 p.m. — ages 16 - 17**
- 4:30 p.m. — ages 10 - 11**
- 5 p.m. — ages 8 - 9**
- 5:30 p.m. — ages 6 - 7**
- 6 p.m. — age 18 and older**

For more information, please contact Chief Dennis Johnson at 5-8859.

KOMMOL TATA

Kommol Tata to our Kwaj community and Ri-Katak parents for a job well done in feeding 45 Ri-Katak students.

It wouldn't have been possible without your time and contribution to making the event happen. Everyone coming together to give them a good meal and yummy treats after a long day really means so much to them.

Listed are all the angels living among us who helped make this Tree Lighting and the Christmas season a memorable one for our Ri-Katak students. Kommol Tata to all who have contributed and helped in one way or another.

- Joshua MacDonald
- Holly Chong-Gum Loeak
- Elizabeth Hibbs Haggerty
- Harden and Camillie Lelet
- Carl and Karen Read
- Kendra Robinson
- Rhonda Johnson
- Deirdre Wyatt-Pope
- Sel Beniamina
- Kim Bird
- Roxi Anjain
- Melissa Dethlefson
- Neda Rajcich
- Pamela Hay Carroll
- Rihna Hampson
- Tarah Yurovchak
- Linda Salmon
- Dennis Johnson
- Marcella Jonathan-Sakaio
- Michael Kaitufaamotu Sakaio
- Claire Perdue
- Anne-Françoise Hisle

—Pam Duffy Sakaio



1) A scene from one of the many lively dance numbers performed by Kwajalein's talented Ri-Katak students. 2) Mike Sakaio, left, Rhonda Johnson and Pam Sakaio prepare bagged meals and treats for Ri-Katak students participating in this year's Tree Lighting Ceremony.

U.S. ARMY GARRISON-KWAJALEIN ATOLL ASSUMPTION OF RESPONSIBILITY CEREMONY



USAG-KA COMMANDER COL. JEREMY BARTEL
INVITES THE KWAJALEIN COMMUNITY
TO ATTEND
THE ASSUMPTION OF
RESPONSIBILITY CEREMONY FOR
COMMAND SGT. MAJ. ISMAEL ORTEGA
3:30 P.M., SATURDAY, DEC. 12
AT THE
ISLAND MEMORIAL CHAPEL





DECK THE HALLS IN ISLAND STYLE

The Kwajalein holiday season is a busy time. Check back each week in the Kwajalein Hourglass for updates to this community calendar. Dates and times are subject to change. Questions about an event? Contact MWR at 5-3331.

Light Up the Night: Kwajalein Holiday Lights Tour. Dec. 13. Get ready for an annual holiday favorite: a driving tour of island quarters decorated for the holidays. While you wait for your tour, check out a vendor fair and fundraiser sales. Tours meet at the Kwajalein High School Davye Davis Multi-Purpose Room. Doors open at 7 p.m. Open-air shuttle rides begin at 7:30 p.m. Vendors are welcome to register to display gifts and items for sale in the MP Room.

Yokwe Yuk Welcome Club Cookie Exchange. Dec. 14. It's a little bit of sugar and a lot of fun. Bring two dozen

cookies and join the YYWC at the Bartel residence, qtrs. 241, Ocean Road, Dec. 14 from 1 - 3 p.m. for a fun, relaxing afternoon.

Pallet Tree Decorating Contest. Register your pallet tree with MWR by calling 5-3331. Judging will begin Dec. 15. Winners are announced Dec. 19.

2020 Boat Parade of Lights. Dec. 20 at dusk. Join the community at dusk to watch the festive Boat Parade of Lights and stay for the arrival of Scuba Santa with the Kwajalein Scuba Club.

If you wish to participate in the Parade of Lights but do not own a private boat, now is your chance. MWR will allow reservations for B-boat use for this special event to decorate boats and participate. Boat registrations are available at the Kwajalein Small Boat Marina.

For more information, contact Rick Jameson at 5-6580 or email at Richard.Jameson@dyn-intl.com.

Christmas Evening Mass. Dec. 24 at 5 p.m. in the main sanctuary at the Island Memorial Chapel.

Dessert Fellowship. Dec. 24 at 6 p.m. in the Religious Education Building. You are encouraged

Candlelight Service. Dec. 24 at 7 p.m. in the main sanctuary at the Island Memorial Chapel.

Candlelight Service. Dec. 24 at the Island Memorial Chapel. Join the community for the annual Candlelight Service. It's the perfect beginning to Christmas evening. It is recommended that attendees arrive early: seats for this annual event fill quickly. More information for this event will be announced in the coming weeks. Check back for event times.

Christmas Day Mass. Dec. 25 at 9 a.m. in the main sanctuary at the Island Memorial Chapel.

*2020 Boat Parade of Lights
Sunday, 20 December
@ Dusk
In conjunction with
Scuba Santa's
Arrival*

If you wish to participate in the Parade of Lights but do not own a private boat, now is your chance. MWR is allowing reservations for B-Boat use for this special event to decorate boats and participate.

Boat registrations available at Kwajalein Small Boat Marina. Contact Rick Jameson for details or questions @ 5-6580 or Richard.Jameson@dyn-intl.com



COMMUNITY CLASSIFIEDS

The community wants to hear from you. Send in your announcements and Classified Ads to *The Kwajalein Hourglass*. Submit ads and announcements Wednesdays by close of business to kwajaleinhourglass@dyn-intl.com.

HELP WANTED

To research and apply for government employment opportunities on U.S. Army Garrison-Kwajalein Atoll and worldwide, visit usajobs.gov. Done hiring? Write to kwajalein.hourglass@dyn-intl.com to remove your help wanted listing.

RGNext, LLC seeks qualified candidates to fill several open positions on Kwaj and Roi in engineering, technical and other areas. For more information and to apply, go to www.rgnext.com.

DynCorp International is looking for qualified candidates for various positions. Current DI open positions on USAG-KA include administrative services, data analysts, education services, aviation and airfield operations, marine operations and public works among others. To apply, go to www.dilogcap.com or contact your local HR representative.

USAG-KA Child and Youth Services is hiring coaches. No experience necessary. All children of head coaches play for free. Visit Central Registration or call 5-2158 in Building 356.

Tribalco seeks experienced and highly motivated senior, mid- and junior network technicians to join our team. Apply via <http://www.tribalco.com/jobs.html>. Email sekinat.lawal@tribalco.com and shelly.benkert@tribalco.com for additional information.

NOTICES

Alcoholics Anonymous meets Tuesdays at 6:30 p.m. in the REB, room 213 for open meetings.

Ongoing Smoking and Tobacco Cessation. Please call EAP at 5-5362 or make an appointment with a physician.

Metro Flights. Eating and drinking on Metro and helicopter flights is strictly prohibited. For your own safety and the sanitation of flights, we ask that you refrain from consuming food and beverages during flights. All drinks and snacks should be enjoyed in the air terminal

or upon arriving at your destination. We appreciate your cooperation. Contact Lee Holt at 5-2102 and Fly Roi at 5-6359.

Report non-emergencies. Send in secure reports online at the USAG-KA Police Department Facebook page. To report a non-emergency by phone, call 5-4444. For more information, visit <https://www.facebook.com/kwajaleinpolice/>.

Purchase a Home-Based Business License through USAG-KA FMWR. All vendors must hold a pre-approved home-based business license. Contact FMWR Business Liaison Teresa Mitchell at teresa.j.mitchell4.naf@mail.mil with questions or ask online at <https://www.facebook.com/usagkafmwr/>.

The Kwajalein Hospital now accepts the following five insurance providers: Geo Blue/BCBS, Tri-care, United Healthcare, Aetna and Cigna. For those patients not covered under these providers, pay and claim is in effect.

ACTIVITIES AND EVENTS

Power Walk Ex Class. Stand strong, move forward and get to stepping with Power Walk Ex Class. The class meets Thursday and Saturday from 6 - 7 a.m. Walk will begin and end at the Ivey Gym. All MWR fitness classes require a wellness class pass. For more information and to purchase your pass, visit the MWR desk at the Grace Sherwood Library or call 5-3331.

It's not too late to register your pallet tree in the MWR Pallet Tree Decorating Contest. Decorate and display your tree in a prominent location for judges to review Dec. 15. Contest winners will be announced Dec. 19. Questions about the contest or where to display your tree? Contact MWR at 5-3331.

MWR 2020 Parade of Lights in conjunction with the Scuba Santa event. Dec. 20 at dusk. If you wish to participate in the Parade of Lights but do not own a private boat, now is your chance. MWR is allowing reservations for B-boat use for this special parade



CONTACT THE USAG-KA SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION VICTIM ADVOCATE

Staff Sgt. Yadira Vazquezrodriguez SHARP Victim Advocate
Work: 805 355 0660 / 1419

USAG-KA SHARP Pager:
805 355
3243/3242/3241/0100
USAG-KA SHARP VA

DOD SAFE Helpline:
877 995 5247

event. Boat registrations are available at the Kwajalein Small Boat Marina. Contact Rick Jameson for details or questions at 5-6580 or at richard.jameson@dyn-intl.com

HOURS AND OPENINGS

Attention residents. We are happy to announce the pick-up window at the Kwajalein post office will be open on Saturday, Dec. 12 from 3 – 6 p.m. Thank you for your support!

Transient lodging and housing offices are located in the Coral BQ Room 1. Reach Housing at 5-3450 and Transient Lodging at 5-3477. To contact housing staff by email, please write to Kwaj.Housing@dyn-intl.com and Kwaj.Lodge@dyn-intl.com.

Self Help is located in Bldg. 1791. Hours of operation are Monday, Wednesday and Friday - 9:30 a.m. - 6 p.m. Visit Self Help to pick up tools to complete a number of household maintenance and up-keep projects.

FUNDRAISERS

Island Memorial Chapel is partnering with local island fundraiser Christmas Angel to collect kitchen items for the members and families of Queen of Peace on Ebeye. Donations are accepted through Dec. 14. Suggested donation items include dishes, napkins, cooking utensils, cleaning supplies, detergents and soaps, appliances, coffee, tea and paper products. Call Karen at 5-4259 for pick-ups after noon on Mondays or utilize the drop-off box in the REB foyer.

The Yokwe Yuk Welcome Club will continue traditional plant sales to raise funds for Education Assistance Committee in 2021. All varieties of potted plants accepted at sale date. Interested in donating plants? contact Julie Makovec on Facebook and email Debbie.Proudfoot@YYWCinfo@gmail.com.

HUNGRY? GRAB DINNER AT AAFES

AMERICAN EATERY

Sunday – closed
Monday – closed
Tuesday – Saturday,
8 a.m. – 6 p.m.

SUBWAY

Sunday, 11 a.m. – 6 p.m.
Monday, 11 a.m. – 7 p.m.
Tuesday, 10 a.m. – 7 p.m.
Wednesday, 8 a.m. – 7 p.m.
Thursday, 10 a.m. – 7 p.m.
Friday, 8 a.m. – 7 p.m.
Saturday, 10 a.m. – 7 p.m.

BURGER KING

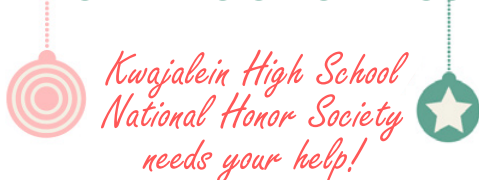
Sunday, 11 a.m. – 6 p.m.
Monday – Friday,
11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.

ANTHONY'S PIZZA

Sunday, 11 a.m. – 6 p.m.
Monday - Friday,
11 a.m. – 7 p.m.
Saturday, 11 a.m. – 8 p.m.



HOLIDAYS ON CARLOS



NHS will travel to Carlos Dec. 22 to donate supplies to form bonds with our Marshallese friends and to make their holidays a little sweeter.

In search of food items, personal hygiene items, children's clothing, toys and craft items. Donation boxes are available at George Seitz Elementary School, Kwajalein High School and USAG-KA Child and Youth Services. Contact Min-di Gerber with questions at 5-2011 and gerbermi@kwajalein-school.com

YOKWE YUK WELCOME CLUB HAWAIIAN QUILT AUCTION

It's the season of giving. Stop by the Micronesian Handicraft Shop now through Dec. 21 to place a bid on a beautiful, handmade Hawaiian quilt by Kwaj resident Lori Krueger. The quilt measures 80 by 106 inches.

Please contact YYWC President Debbie Proudfoot at 5-3565 or mproudfoot@hotmail.com with questions or to place a bid. Proceeds from the quilt auction benefit the YYWC Educational Assistance Committee.

For more information see the Saturday Nov. 21 Kwajalein Hourglass and check out the YYWC Facebook Page.



AT THE CHAPELS

SERVICE TIMES

For more information call 5-3505

Sundays, 8:15 a.m. Traditional Service in small sanctuary.

Sundays, 9:15 a.m. Catholic Service in main sanctuary.

Weekdays at 5:15 p.m. Weekday mass 5:15 p.m. in chapel offices

Saturday, 5:30 p.m. Saturday night mass in small sanctuary.

Sundays, 11 a.m. Interdenominational Service. Rock out to modern praise and worship songs.

Men's Bible Study Group meets Thursdays at 5:45 p.m. in the chapel conference room.

Sundays, 11 a.m. Kids Kingdom meets during the Interdenominational service. Children are welcome to join this fun weekly activity.

Christian Women's Fellowship. Dec. 13 from 12:30 to 2:30 p.m. in the Religious Education Building.



Enjoy a Christmas meal as CWF pauses their weekly study to celebrate the season with an annual gift exchange. This year's theme is "favorite things."

Theology on Tap. Dec. 14 at 6:30 p.m. in the Adult Recreation Center. Adults aged 21 and over are invited to bring the beverage of their choice to this discussion meet-up. Get ready to talk about this weekend's topic: forgiveness.

CHRISTMAS EVENTS

Christmas Evening Mass. Dec. 24 at 5 p.m. in the main sanctuary

Candlelight Service. Dec. 24 at 7 p.m. in the main sanctuary

Dessert Fellowship. Dec. 24 at 6 p.m. in the Religious Education Building.

Christmas Day Mass. Dec. 25 at 9 a.m. in the main sanctuary

AT THE CLUBS

Call Kwaj MWR at 5-3331 and Roi MWR at 5-6580 for updates.

COUNTRY CLUB

Enjoy Country Club Brunch every first Sunday of the month. from 10:30 a.m. - 12:30 p.m. Cost is \$20 for adults and \$12 for children. Enjoy a variety of brunch foods including fried chicken, bacon, eggs, quiche, sausage, hash browns, grits, pasta salad, pancakes, fruit and biscuits.

Menu selections are subject to change. No reservation required. Seating is limited. 45-minute time limit per table. For more information, call MWR at 5-3331.

Poetry Wednesdays. Come experience the power of the spoken word on the last Wednesday of each month from 6 - 7:30 p.m.

Uno Saturdays. Come play Uno every Saturday at 6 p.m.

OCEAN VIEW CLUB

Ladies Night Sundays. 7 - 11 p.m. Enjoy wine flights and jazz.

Men's Night Mondays. 5 - 8 p.m. Enjoy drinks and pizza specials. Purchase two medium pepperoni or cheese pizzas from the Sunrise Cafe for \$21.

Trivia Tuesdays. 5 - 6 p.m.

Happy Hour Wednesdays. 5 - 7 p.m.

Top 100 Thursdays. 7 - 11 p.m.

Reggae Fridays. 7 - 11 p.m.



Saturdays. Enjoy activities like game nights, karaoke and live music.

OUTRIGGER

Karaoke - Sunday nights at 8 p.m.

Blackened Mahi Sandwich - \$10

Six-ounce blackened mahi steak on a fresh baked bun with lettuce, onion and tomato, and a choice of side dish.

Grilled Milkfish Plate - \$10

Eight-ounce seasoned and grilled filet with rice and a choice of side dish.

Cauliflower Fried Rice - \$4

Add bacon with chicken or mushrooms for \$6.

Healthy Side Dishes

Mashed cauliflower - \$2
Cauliflower tater tots - \$2



DAYS REMAINING

THE COUNTDOWN TO 2021

HAS BEGUN.

WHAT ARE YOU LOOKING FORWARD TO?

SEND IT IN TO

KWAJALEINHOURLASS@DYN-INTL.COM

REMOVAL OF WATER FOUNTAIN FILTERS

Based on a sanitary survey conducted by the U.S. Army Public Health Center and an Environmental Performance Assessment and Assistance System audit by the U.S. Army Environmental Command, the Garrison Command made a decision to remove filters from all water fountains at USAG-KA, with the exception of water fountains at the schools.

The filters have the potential to grow bacteria if the fountains are not used regularly or are not maintained properly. The drinking water systems—potable water—on Kwajalein, Roi-Namur, and Meck meet the regulatory safe drinking water standards and, therefore, do not require additional filtration.

Contact DI Environmental with questions at 5-1134.

RMI TRAVEL BAN EXTENDED TO JAN. 5

RMI NOVEL COVID-19 UPDATED INTERIM HEALTH TRAVEL ADVISORY & RESTRICTIONS ISSUANCE 20: AS OF DEC. 3, 2020

An extension of the total suspension of international travelers coming into the RMI via air travel will continue until Jan. 5, 2021. For more information about the Republic of the Marshall Islands Issuance 20, please contact the Commander's Hotline at 5-1098 or the USAG-KA Host Nation Office at 5-5235.

ISLAND HOPPER FLIGHT SCHEDULE

United Airlines has confirmed reinstatement of the full Island Hopper flight schedule. Please note that the travel ban for the Republic of the Marshall Islands is still in effect and all flights are subject to change.

These flights are for outbound travel only. No passengers are authorized to disembark. The current RMI travel restriction is applicable through Nov. 5.

For more information, please contact United Airlines reservations at 1-800-864-8331.

DECEMBER CHECK-IN TIMES
UA 155 — 3:30 – 4:50 p.m.
UA 154 — 10:45 a.m. – 11:15 a.m.

FLIGHTS
UA 155 — Dec. 28 (HNL)
UA 154 — Dec. 29 (GUM)

FILL OUT A SURFWAY SURVEY



New comment cards are now posted near the Surfway entrance and will be reviewed on a weekly basis. Your suggestions and ideas are welcome.

The Surfway manager and USAG-KA Food Services reps are always available to speak with you and answer questions.

RECYCLE WITH CARE

Separate Your Solids. U.S. Army Garrison-Kwajalein Atoll asks that island residents separate household trash and hazardous items from recyclable items.

Please ensure that all aluminum cans are separated from household trash to prevent damage to the island incinerator. Doing your part keeps our island clean. For more information on where you can discard batteries and other specialized items, please contact DI Environmental at 5-1134.



ATTENTION RESIDENTS

The pick-up window at the Kwajalein post office will be open on Saturday, Dec. 12 from 3 – 6 p.m.

Thank you for your support!



There's a lot going on. Tuberculosis screenings. School immunizations. Occupational health. Wellness exams. Blood draws. Nutrition and personal health. Physical exams. General health. Annual check-ups. Eye Exams. Early onset arthritis. Geriatric care. Family member health benefits. Sports injuries. COVID-19. Cold Season. Flu season. Accidents around the house. Child nutrition. UV Protection. Health and fitness classes. Changes in diet. Proper hydration. Get the science first.



Have questions about the science behind masks, general health and personal well-being? Planning to start a healthy lifestyle change? Just want to ask questions? Contact Kwajalein Hospital at 5-2224.

HISTORIC HOLIDAY
POEMS FROM KWAJ—
AND A RANGE
SAFETY NOTICE

So many island residents have put up their decorations and trees up that it's certainly not too early to unleash a few historic holiday gems from the Kwajalein Hourglass archives.

Over the years, the Hourglass has received wonderful, anonymous poems written by island authors reflecting on the nuances of celebrating a winter holiday on an island blessed with perpetual summer.

Over the years, Hourglass editors have amassed a collection of many of these poems, and we're always looking for more. Please consider sharing your creative talents with the Hourglass. Send in your short pieces or creative writing about life on island, the holidays or other reflections about living here. Chances are, the little things you've observed will be treasured years from now by future generations of Kwaj residents too.

Also, not to be outdone, the Kwajalein Missile Range produced its own holiday writing: the special range safety operation notice below. Keep an eye out for the incoming sleigh and eight tiny reindeer.

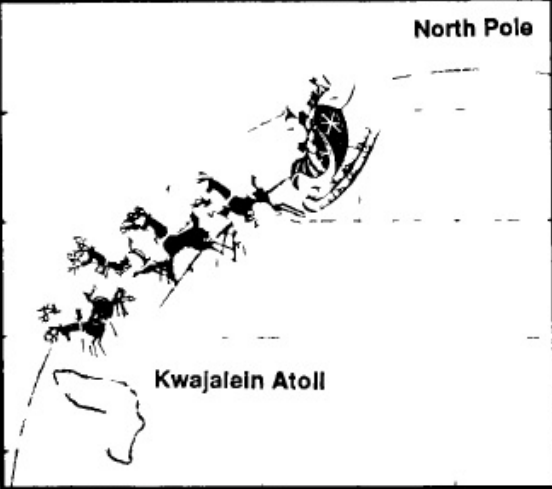
Range Operation

A special Christmas range operation is scheduled for Christmas Eve

In connection with this operation, caution areas and TAKE-COVER requirements exist for all children on the island of Kwajalein

Unless specifically authorized, all boys and girls must take shelter UNDER THE COVERS when directed by their parents or remain out of the living-room caution area between the hours of 9 p m Christmas Eve and 6 a m Christmas morning, or until reindeer hoofs are heard leaving the roof

See the map below for the route of the Santa Claus mission



Kwajalein Christmas

We haven't got rooftops all covered with snow,
Or horse-drawn sleighs with our families in tow,
Our windows aren't frosty from wintery winds,
We do have sandcastles, but we haven't snowmen.
The carolers we see wear shorts and T-shirts
Our fake Christmas trees have never seen dirt.
Nothing is sacred here anymore, I mean—Santa Claus—barefoot!
Now, that's really poor.
Okay, let's be honest. We dream now and then
About a white Christmas, but well, then again
When we've finished with presents
And all those great things
We couldn't go diving or water skiing
Or go to the beach to work on our tan

Or take kids to Emon to play in the sand.
And how could we miss the day-after barbecues
Or a Commander who plays Father Christmas, not Scrooge,
And where else can you ride your bike in a tux
To go have pupus at a place called the Yuk?
Now, why would you want all the ice and the snow,
The hustle and bustle with folks on the go
With no time for stopping your bike for a spell
To chat with a neighbor to see if they're well?
And what would happen to your Christmas mood
If you shopped in a mall crowded with people who're rude?
So, stop thinking how sad to be stuck in the sun.
People pay thousands for our Kwaj Christmas fun!

Thursday
December 24, 1992

The Kwaj Night Before Christmas

'Twas the night before Christmas the atoll was dark
Not a creature was stirring, not even a shark
The stockings were hung on the bookcase with care
In lieu of a chimney which just wasn't there
The children were finally asleep in their beds
While visions of "Toyland" danced in their heads
Mamma in her muumuu and I in my cap
Had just settled down for a long winter's nap
When out on the reef there arose such a clatter
I sprang from my bed to see what was the matter
Away to the window, my go-aheads flopping
I drew back the curtains to see what was popping
The moonlight a glitter on white coral sand
Looked almost like snow in this tropical land
When what to my wonderings eyes did appear
But an outrigger canoe and eight tiny reindeer
With a little old driver so lively and quick
I knew in a moment it must be Saint Nick
More rapid than Spartan his coursers they came
And he whistled and shouted and called them by name,
"Now Dasher, now Dancer, now Prancer and Vixen
On Comet, on Cupid, on Donner, on Blitzen
Fly over the palm and the pandanus tree
To each trailer and house that's awaiting for me
And then in a twinkling I heard on the roof,
The prancing and pawing of each tiny hoof
Before I could move to turn myself round
Old Santa appeared in the room with a bound
His holiday clothes really brightened the scene —
An aloha shirt in bright silky green
With red plaid Bermudas —a colorful set —
And the bag for his toys was a huge fishing net
Sandals he wore instead of his boots
And he puffed on a pipe made of monkey-pod roots
A jaunty straw hat he wore perched on his head,
And his rosy red cheeks had a tanned look instead
He spoke not a word but went straight to his work
And he filled all his stockings then turned with a jerk
He smiled then he turned with a bow,
And disappeared quickly, I don't quite know how
Then through the window I managed to view
Santa speeding away in his flying canoe
And I heard him exclaim as I took a last look
"Merry Christmas to all, and to all Yokwe Yuk"



***Join us in the new year.
The Marshallese Trade Fair has
been postponed until January
2021, date to be determined.***

***All are welcome. Cash sales only. For more information, please
contact the USAG-KA Host Nation office at 5-2103.***

THIS WEEKEND GO WITH THE GLOW

Light Up the Night KWAJALEIN'S ANNUAL HOLIDAY LIGHTS TOUR

Grab a thermos of hot chocolate and get ready for an annual holiday favorite: a driving tour of island quarters decorated for the holidays.

Open-air shuttle rides begin at 7:30 p.m. at the Kwajalein High School Multi-Purpose Room. While you wait for your tour, check out a vendor fair and fundraiser sales beginning at 7 p.m. Vendors are welcome to register to display gifts and items for sale in the MP Room.

Think you've got what it takes to make your quarters the most festive holiday home? Join the tour. Contact MWR at 5-3331 by Dec. 5 to register your home or BQ window for the tour.

WANT TO GO?

Dec. 13

**Kwajalein High School
Multi-Purpose Room**

Doors open at 7 p.m.

Tours begin at 7:30 p.m.



CYS DECEMBER SPOTLIGHT



U.S. ARMY GARRISON-KWAJALEIN ATOLL
CHILD AND YOUTH SERVICES

Child Development Center

Baru

Saturdays - Water Play Day

Bako

Tuesdays - Pre-K Music Class

Tuesdays - STEAM Swim Day. Send your child with water clothes, a towel and dry clothes

Wednesdays - STEAM Functional Fitness

Thursdays - Pre-K Music Class

Thursdays - STEAM Library

Saturdays - Pre-K Music Class

Saturdays - STEAM Reading Buddies

Important Dates

Dec. 19 - Christmas PJ Day

Dec. 19 - Jan. 5 - Pre-K Vacation.

Care will be available.

Dec. 31 - CDC New Year's Party

Start Smart Sports

Parent and Child Yoga - Registration is Dec. 22 - Jan. 5.

Season runs Jan. 14 - Feb. 4

School-Age Care

Tuesdays - Art

Wednesdays - Functional Fitness - 2:15 - 3:15 p.m.

Thursdays - STEM

Fridays - Recreation

Saturdays - Character Counts

SAC Sports

Ninja Warrior Challenge - Registration is Dec. 22 -

Jan. 5. Season runs Jan. 12 - Feb. 9

Important Dates

Dec. 18 - Jan. 5 - Winter Camp

Namo Weto Youth Center

Tuesdays - Recreation, 3:15 - 4:15 p.m.

Keystone Meetings - 11:40 a.m.

Wednesdays - Tremendous Trivia and Game Night, 4:30 p.m.

Youth Action Council Meeting - 4 p.m.

Thursdays - Ted Talks - 4 p.m.

Fridays - Frappucinos - 4 p.m.

Saturdays - Smoothies - 4 p.m.

Sundays - Keystone Officers Meeting, 4:15 p.m.

Sundays - Dungeon Masters - 4 p.m.

Sundays - Yoga - 6 p.m.

Special Events

Dec. 18 - Gingerbread houses

Dec. 19 - Caregiver Course Day 1 from noon - 3 p.m.

Dec. 22 - Caregiver Course Day 2 from noon - 3 p.m.

Dec. 23 - Caregiver Course Day 3 from noon - 3 p.m.

Dec. 23 - Holiday Party from 6 - 9 p.m.

Parent Information

The Namu Weto Youth Center will be closed Dec. 24 - 26 for Christmas. *All CYS Facilities will be closed Dec. 25 for Christmas Day and Jan. 1 for New Year's Day.

For CDC activities at the Millican Family Pool, parents are reminded to send children with water clothes, a towel, dry clothes and swim diaper if needed.

WINTER BREAK READING CHALLENGE

How many books can you read during winter break?

The Grace Sherwood Library invites young Kwaj residents enrolled in grades K - 6 to join a fun reading challenge over the winter holiday. Prizes will be awarded for the most books and pages completed in each of four age groups:

K – 1st grade
2nd – 3rd grade
4th – 5th grade
6th grade

The reading challenge begins on Dec. 18 at 11:30 a.m. and ends Jan. 5 at 5 p.m.

To register, visit the MWR Desk in the Grace Sherwood Library. For more information, call 5-3331.



Kwaj Current. Catch the latest episode of Kwaj's local TV show on KTV 20-2.



Saturday. Check out this original, Kwaj radio show on AFN 99.9 The Wave at 5 p.m. Saturdays and noon on Tuesdays. Listen on the AFN roller channel, 19-5 for Kwaj and 45-1 for Roi.

KWAJALEIN AT THE MOVIES

Join Kwajalein at the movies. Unless otherwise indicated, all movies begin at 7:30 p.m. Contact MWR at 5-3331 for more information. Showtimes may vary for special “Movies Under the Stars” events.

KWAJALEIN YUK THEATER

SATURDAY, DEC. 12
“THE NUTCRACKER AND THE FOUR REALMS”
(PG) 99 MIN.

Mackenzie Foy and Kiera Knightley
Young Clara needs a magical, one-of-a-kind key to unlock a box that contains a priceless gift. A golden thread leads her to the coveted key, but it soon disappears into a strange and mysterious parallel world. In that world, she meets a soldier named Phillip, a group of mice and the regents who preside over three realms. Clara and Phillip must now enter a fourth realm to retrieve the key and restore harmony to the unstable land.

SUNDAY, DEC. 13
“THE SNOWMAN” (R) 119 MIN.

Rebecca Ferguson and Val Kilmer
For Detective Harry Hole, the death of a young woman during the first snowfall of winter feels like anything but a routine homicide. His investigation leads him to “The Snowman Killer,” an elusive sociopath who continuously taunts Hole with cat-and-mouse games. As the vicious murders continue, Harry teams up with a brilliant recruit to try and lure the madman out of the shadows before he can strike again.

MONDAY, DEC. 14
“BLINDED BY THE LIGHT” (PG-13) 117 MIN.

Viveik Kalra and Nell Williams
Javed is a Pakistani teenager who experiences racial and economic turmoil while living in Luton, England, in 1987. He writes poetry as a way to escape the intolerance of his hometown and the stubborn views of his traditional father. When a classmate introduces him to the music of Bruce Springsteen, Javed sees parallels between the singer’s powerful lyrics and his own working-class environment. Springsteen’s melodies soon inspire Javed to find his own voice and follow his dreams.

SATURDAY, DEC. 19
“THE GRINCH”
(R) 85 MIN.

Benedict Cumberbatch and Cameron Seely
The Grinch and his loyal dog, Max, live a solitary existence inside a cave on Mount Crumpet. His main source of aggravation comes during Christmastime when his neighbors in Whoville celebrate the holidays with a bang. When the Whos decide to make Christmas bigger and brighter, the disgruntled Grinch realizes there is one way to gain peace and quiet. With help from Max, the green grump hatches a scheme to pose as Santa Claus, steal

Christmas and silence the Whos’ holiday cheer once and for all.

SUNDAY, DEC. 20
“THE NEW MUTANTS”
(PG-13) 94 MIN.

ANYA TAYLOR-JOY AND MAISIE WILLIAMS
Five teenage mutants -- Mirage, Wolfsbane, Cannonball, Sunspot and Magik—undergo treatments at a secret institution that will cure them of their dangerous powers. Invited by Dr. Cecilia Reyes to share their stories, their memories soon turn into terrifying realities as they start to question why they’re being held and who’s trying to destroy them.

MONDAY, DEC. 21
“LAST CHRISTMAS”
(PG-13) 102 MIN.

Emilia Clarke and Henry Golding
Nothing seems to go right for young Kate, a frustrated Londoner who works as an elf in a year-round Christmas shop. But things soon take a turn for the better when she meets Tom—a handsome charmer who seems too good to be true. As the city transforms into the most wonderful time of the year, Tom and Kate’s growing attraction turns into the best gift of all— a Yuletide romance.

**ROI-NAMUR
TRADEWINDS THEATER**
SATURDAY, 12 DEC:
“BLADE RUNNER 2049” (R) 165 MIN.
RYAN GOSLING AND HARRISON FORD

Officer K a new blade runner for the Los Angeles Police Department, unearths a long-buried secret that has the potential to plunge what’s left of society into chaos. His discovery leads him on a quest to find Rick Deckard, a former blade runner who’s been missing for 30 years.

SUNDAY, DEC. 13
“CAPTAIN MARVEL” (PG-13) 124 MIN.

Brie Larson and Jude Law
Captain Marvel is an extraterrestrial Kree warrior who finds herself caught in the middle of an intergalactic battle between her people and the Skrulls. Living on Earth in 1995, she keeps having recurring memories of another life as U.S. Air Force pilot Carol Danvers. With help from Nick Fury, Captain Marvel tries to uncover the secrets of her past while harnessing her special superpowers to end the war with the evil Skrulls.

SATURDAY, DEC. 19
“THE SNOWMAN” (R) 119 MIN.

Rebecca Ferguson and Val Kilmer
For Detective Harry Hole, the death of a young woman during the first snowfall of winter feels like anything but a routine homicide. His investigation leads him to “The Snowman Killer,” an elusive sociopath who continuously taunts Hole with cat-and-mouse games. As the vicious murders continue, Harry teams up with a brilliant recruit to try and lure the madman out of the shadows before he can strike again.

SUNDAY, DEC. 20
“BLINDED BY THE LIGHT” (PG-13) 117 MIN.

Viveik Kalra and Nell Williams
Javed is a Pakistani teenager who experiences racial and economic turmoil while living in Luton, England, in 1987. He writes poetry as a way to escape the intolerance of his hometown and the stubborn views of his traditional father. When a classmate introduces him to the music of Bruce Springsteen, Javed sees parallels between the singer’s powerful lyrics and his own working-class environment. Springsteen’s melodies soon inspire Javed to find his own voice and follow his dreams.

ON “THE NUTCRACKER AND THE FOUR REALMS”: This visually compelling adaptation should please younger holiday-movie fans, but even Misty Copeland’s ballet performances may not be enough to enthrall those without kids. **–Sandie Angulo Chen, Common Sense Media**

ON “THE SNOWMAN”: A case of a missed opportunity. It references all the right films, but The Snowman comes off as a pale imitation. **–Jonathan Pile, Empire**

ON “BLINDED BY THE LIGHT”: Blinded by the Light is steeped in meaning, and its social turbulence feels undeniably relevant. **–Siddhant Adlakha, Firstpost**

ON “THE GRINCH”: “This version of the Grinch’s tale is well made, as clean as a crisp snow on a Sunday morning. **–Plugged In Staff**

ON “THE NEW MUTANTS”: Despite a game cast, The New Mutants’ horror elements aren’t very scary and as a superhero movie it fails to truly excite. A disappointing finale to Fox’s X-Men franchise. **–Amon Warmann, Empire**

ON “LAST CHRISTMAS”: A recognizable cast—including “Game of Thrones” star Emilia Clarke and “Crazy Rich Asians” actor Henry Golding—can’t save “Last Christmas,” a holiday rom-com that is neither romantic nor funny. **–Johnny Oleksinski, New York Post**

ON “BLADE RUNNER 2049”: When K and Deckard finally meet—Gosling and Ford are double dynamite together—the film takes on a resonance that is both tragic and hopeful. **–Peter Travers, Rolling Stone**



It's a little sugar and a lot of fun

YOKWE YUK WELCOME CLUB HOLIDAY COOKIE EXCHANGE

**MONDAY, DEC. 14 FROM 1 – 3 P.M.
THE BARTEL RESIDENCE
QTRS. 241, OCEAN ROAD**

It's a little sugar and a lot of fun. The Yokwe Yuk Welcome Club will host a cookie exchange at the Bartel residence Dec. 14 from 1 - 3 p.m. You are encouraged to participate in

this afternoon holiday event. Please bring two dozen cookies to share and join the YYWC. To learn more and to RSVP, please contact Liz Haggerty at L_a_haggerty@yahoo.com.



George Seitz Elementary School Annual Winter Concert

The community is invited to attend the final concert in this semester's Kwajalein School System annual winter music concert series at the Kwajalein High School Davye Davis Multi-Purpose Room.

Thursday, Dec. 17 from 5:15 p.m. - 6:15 p.m.

Featuring students in pre-K through 4th grade accompanied by Kwajalein High School students and faculty.

For more information, please contact Paul Uhren at 5-3484



HISTORY WITH U.S. SPACE AND MISSILE DEFENSE COMMAND

BY SHARON WATKINS-LANG, USASMDC HISTORIAN

On Dec. 5, 1962, in only its second attempt, the Nike-Zeus program successfully completed the first intercept of an intercontinental ballistic missile or ICBM. Launched from Mt. Olympus on Kwajalein Island, the first Zeus missile in the two-missile salvo and successfully intercepted the target, an Atlas D target launched from Vandenberg Airforce Base, California.

As the Zeus was designed as a nuclear interceptor, in this instance the missile intercept was not a kinetic kill but rather "occurred with a miss distance well within acceptable limits."

The test was repeated 10 days later with another successful intercept. In both tests, the second missile failed to launch due to instrument failures. The official press release emphasized that the Zeus-Atlas tests "do not represent an offensive-defensive contest."

The released added that "the capability of intercepting single ICBM's under research and development conditions is a valuable contribution to our understanding of the basic factors involved in problems in this field." Two months after the Cuban Missile Crisis, however, the response of the press was more triumphant as one headline announced: "ZEUS Nails ICBM."

On Dec. 10, 1997, Gen. William H. Hartzog, commander of the U.S. Army Training and Doctrine Command officially chartered the Space and Missile Defense Battle Lab.

The Certificate of Charter was presented to Lt. Gen. Edward G. Anderson III, commander of the U.S. Army Space and Missile Defense Command as the director of the Battle Lab.

The Space and Missile Defense Battle Lab was "designated as an externally organized and resourced entity authorized to perform experimentation in the domains of space and missile defense—national missile defense, theater missile defense and cruise missile defense)."



UXO REMINDER

PUBLIC SAFETY ANNOUNCEMENT

Remember the three Rs of UXO: Recognize an item as possible Unexploded Ordnance. Retreat from the area of the UXO. Report suspected UXO immediately by notifying EOD (5-1433) or CPS (5-4445).

Provide the following information: Location (building #, GPS, landmarks, etc); Size (compared to common items - football, scuba cylinder, etc).

Treat UXO like you would treat dangerous sea creatures. Look but do not touch. For a detailed refresher, please

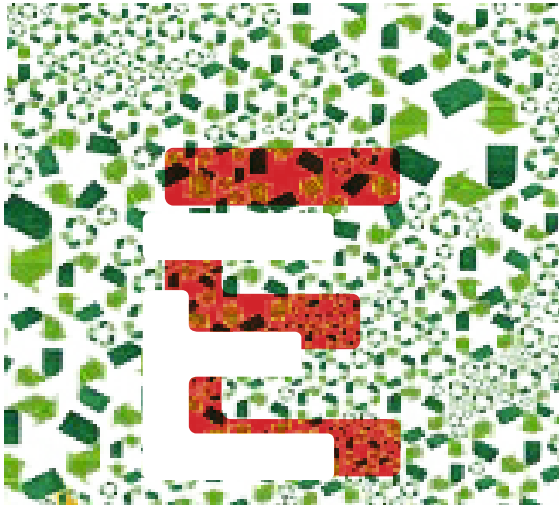
attend the Island Orientation Briefing on the fourth Wednesday of every month.

Kemejmej R ko 3. Recognize (kile) juon kwopej bajjok emaron Bokutan ak kein kabokkolok (UXO). Retreat (Jenliklik) bed ettolok im jab kepaak UXO eo. Report (Ripoot e) boktun ak kein kabokklok eo ien eo emokajtata non EOD ilo nomba kein (5-1433) ak CPS (5-4445).

Ken melele kein: Ia eo (nomba in ijo, GPS, kakolle in ijo, etc.); Jonan (jonan e ibben jet kain mweik - football, taan in turan, etc.).

Tiljek kon UXO kein einwot am koprok menin mour in lojet ko rekauwotata. Kalimjek wot jab jibwe.

Non bar kakemejmej eok, eokwe jouj im koba lok ilo Island Orientation allon otemjej.



E-WARENESS REDUCE, REUSE AND RECYCLE

This Christmas, give a gift to the world:

- Reduce waste
- Reuse materials
- Recycle metals, glass, and yard waste

For more information contact DI Environmental at 5-1134.

Ilo Christmas in, menin lelak non LAL in ad:

- Kadrik lok kwobej
- Bar Kojeral men kein
- Kojonolok Metals, Glass im kwobej ko ilo yard ko

Nan melele ko relaplok, call e DI Environmental ilo 5-1134.

USAG-KA WEATHER WATCH

RTS WEATHER STATION STAFF

SUN - MOON - TIDES

WEATHER DISCUSSION: After a limited look at dry season conditions, some moisture is expected to develop within the region during the weekend. Early Saturday, speed convergence is expected to create widely scattered showers within the Kwajalein Atoll area.

After that, periods of isolated to widely scattered showers are expected to persist with localized convergence from occasional to frequent higher gusts over the weekend. Fresh breezes are to be expected and approach Small Craft Advisory criteria. Next week, drier conditions are expected with an influx of dry trade winds into the area.

SATURDAY: Partly sunny to mostly cloudy with isolated

showers. NE-E at 14 - 19 knots with occasional higher gusts.

SUNDAY: Mostly cloudy with isolated to widely scattered morning showers becoming partly sunny with isolated showers. Winds NE-E at 14-19 knots with occasional higher gusts.

MONDAY: Mostly cloudy to partly sunny with isolated to widely scattered showers. Winds NE-E at 15-20 knots becoming 16-21 knots with occasional to frequent higher gusts.

MID-WEEK: Limited precipitation expected for most of the week with winds NE-E 16-21 knots. Localized convergence may create periods of isolated showers within the region.

	SUNRISE SUNSET	MOONRISE MOONSET	HIGH TIDE	LOW TIDE
SUNDAY	6:54 a.m. 6:32 p.m.	5:02 a.m. 5:06 p.m.	2:56 a.m. 3.6' 3:19 p.m. 4.6'	8:56 a.m. -0.6' 9:43 p.m. -0.7'
MONDAY	6:55 a.m. 6:32 p.m.	6:03 a.m. 6:03 p.m.	3:41 a.m. 3.6' 3:59 p.m. 4.9'	9:36 a.m. -0.7' 10:26 p.m. -0.9'
TUESDAY	6:56 a.m. 6:33 p.m.	7:07 a.m. 7:04 p.m.	4:24 a.m. 3.6' 4:38 p.m. 4.9'	10:15 a.m. -0.7' 11:08 p.m. -0.9'
WEDNESDAY	6:56 a.m. 6:33 p.m.	8:10 a.m. 8:06 p.m.	5:05 a.m. 3.4' 5:17 p.m. 4.8'	10:53 a.m. -0.6' 11:49 p.m. -0.7'
THURSDAY	6:57 a.m. 6:34 p.m.	9:10 a.m. 9:06 p.m.	5:45 a.m. 3.2' 5:56 p.m. 4.5'	11:31 a.m. -0.4' -----
FRIDAY	6:57 a.m. 6:34 p.m.	10:05 a.m. 10:03 p.m.	6:25 a.m. 3.0' 6:35 p.m. 4.2'	12:29 a.m. -0.5' 12:09 p.m. -0.1'
DECEMBER 19	6:58 a.m. 6:35 p.m.	10:55 a.m. 10:56 p.m.	7:06 a.m. 2.8' 7:15 p.m. 3.7'	1:09 a.m. -0.2' 12:48 p.m. 0.3'



Click the logo to visit
RTS Weather online.

OPSEC SAVES LIVES

TO LEARN MORE, ASK YOUR SECURITY OFFICER.

USAG-KA SECURITY MANAGER JASON RANDALL: 5- 2110

RTS SECURITY MANAGER BRAD REED: 5-2272

NEED TO TALK?

WE'RE HERE FOR YOU.

You are hardworking, resilient and positive. Those qualities helped you move to Kwajalein, and they're sustaining you now through one tough year.

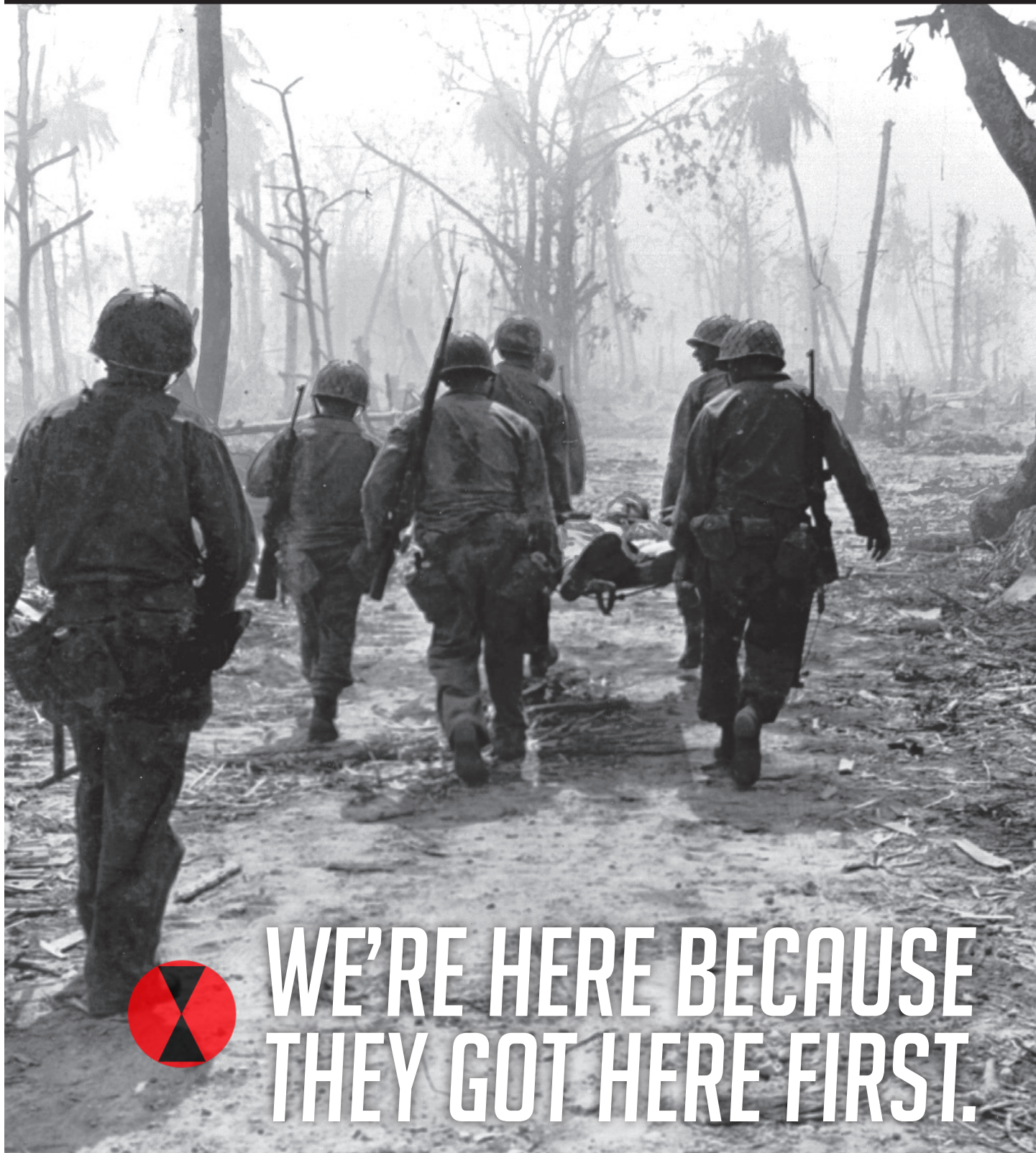
YOU DON'T HAVE TO DO IT ALONE.

Your confidential helping hand is just one phone call away. Contact the Kwajalein Employee Assistance Program, and the Island Memorial Chapel.

The island's counselors and chaplains are available for free consultations on Roi-Namur and Kwajalein. All consultations are confidential and information shared during a visit is not shared with your employer.

START 2021 OFF RIGHT. HELP IS ONE PHONE CALL AWAY.

**CONTACT THE EMPLOYEE ASSISTANCE PROGRAM OFFICE AT 5-5362
AND EMAIL MARYBETH.DAWICKI@MS.INTERNATIONALSOSGS.COM.
FOR MORE INFORMATION ON CHAPEL COUNSELING, OR TO SPEAK WITH A
CHAPLAIN, CONTACT THE CHAPEL OFFICE AT 5-3505.**



WE'RE HERE BECAUSE THEY GOT HERE FIRST.

How our newspaper got its name

The shoulder sleeve insignia of the 7th Infantry Division consists of two black, equilateral triangles placed vertically on a red circular disc giving it an hourglass shape.

The hourglass of the insignia was consequently used in the title of the island newspaper, The Kwajalein Hourglass.

#SALUTETHE7TH

GET THE WORD OUT. SEND ANNOUNCEMENTS, COMMUNITY UPDATES AND EVENT FLIERS TO KWAJALEINHOURLASS@DYN-INTL.COM WEDNESDAYS BY 5 P.M.

FOR MORE INFORMATION, CONTACT USAG-KA PUBLIC AFFAIRS OFFICER MIKE BRANTLEY AT 5-4848.



CLICK THE 7TH INFANTRY DIVISION LOGO TO CHECK OUT PHOTOS FROM THE KWAJALEIN HOURLASS ONLINE.