

Fort Knox Retiree Bulletin



Message from the Garrison Commander

Hello, retirees and Family members!

We have had a dynamic year thus far at Fort Knox. From the onset, we have been engaged in supporting Fort Knox-based U.S. Army Recruiting Command as the entire recruiting enterprise undergoes transformational change. There are still some decision points in terms of overall structure, but USAREC is being elevated to a three-star command and its footprint on the installation stands to expand as a result. We anticipate this work will continue in earnest for at least the next two years.



16 August 2024

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In May, we officially reopened our largest range – Yano Range – after it underwent 5-year overhaul to become one of just three Digital Air-Ground Integration Ranges in the continental United States. Formerly a tank range, the DAGIR does a superb job of integrating air and ground assets so that troops can better train as they fight. The range's feedback mechanisms are top-of-class as well. For a video on this new range and its capabilities, scan the following QR code.



We also had another opening in May – Castle Lake. Our Directorate of Public Works and 19th Engineer Battalion teamed up to build a 7-acre fishable lake near our cantonment (city) area. Construction started in summer of 2021, and now we have bluegill, redear sunfish, largemouth bass and channel catfish of catchable sizes. We encourage you to come out and take advantage of this recreational opportunity. Visit ftknox.isportsman.net for on-post fishing requirements. To hear all about Castle Lake



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from our Fort Knox Natural Resources Branch chief, scan the following QR code.



Over the course of the summer, we hosted yet another successful Cadet Summer Training event. Make no mistake, this is a massive undertaking, especially for U.S. Army Cadet Command, the Fort Knox Garrison and Logistics Readiness Center. After all, it is the Army's single-largest annual training event. However, our professionals often make it all look seamless because of their level of commitment to providing all 10,000 cadets a first-class and impactful training experience. I'm proud of the total team effort, and that extends to the area community members at large who made the cadets and their visiting families feel welcome. Because of everyone's support, we continue to successfully produce our Army's next great generation leaders.

In celebrity news, Gary Sinise and the Lt. Dan Band rocked Fort Knox with a free concert in July. It was a phenomenal time for all those who came out to Brooks Parade Field for the show. While Gary was here, he and his team took the time to also serve free BBQ to several hundred of our Soldiers. We are privileged to have someone like Gary in our corner, as he has given so much in the way of time, advocacy and resources to support our troops.

In mid-August, we cut the ribbon on a new DoDEA Van Voorhis Elementary School. It has a modular design so it can be reconfigured to meet various learning needs, and it even has a multimedia studio. Needless to say, the days of green chalk boards are well in the past. Nostalgia notwithstanding, I couldn't be happier for our young students because it is tailor made to provide a leading-edge educational experience.

Lastly, it's my sincere hope that you can partake in Fort Knox's Retiree Appreciation Day on Oct. 18. It won't do justice when it comes adequately conveying our thanks for your service and sacrifice as well as your continued support of our military. However, we do hope you find RAD and our related activities to be welcoming, informative and convenient. We have a team of teams here working to deliver on exactly these priorities.

See you soon!

Strength Starts Here!

COL Chris Ricci
Fort Knox Garrison Commander

Message from Ireland Army Health Clinic Commander

Dear Heroes,

I have enjoyed a busy and rewarding first year of command at Ireland Army Health Clinic. The opportunity for our entire team to serve the community and provide outstanding healthcare services is a great privilege. Much has changed in the last year, and I'd like to start by welcoming our newest members of the Ireland Army Health Clinic command team. CSM Bradford Webster joined our team from Public Health Command, Pacific and replaced CSM Manuel Cruz as our new Command Sergeant Major. LTC Holly Archer arrived from SHAPE/ NATO in Belgium and is now on board as our new Deputy Commander for Nursing Services, replacing LTC Alex Martinez Suarez. We look forward to the wealth of knowledge and experience our new leadership brings to the team.



Since our transition to the new Electronic Health Record, MHS GENESIS in the summer of 2023, we have continued to refine our processes to improve and simplify your healthcare experience. For pharmacy services, we continue to encourage use of electronic prescriptions for all medications, including DEA Schedule II-V controlled substances. Handwritten prescriptions are no longer needed from off-post prescribers, and electronically transmitted prescriptions are the preferred method of delivery to help our pharmacy maximize both the safety and efficiency of our services. As a reminder, transferring prescriptions between military pharmacies using MHS GENESIS is no longer necessary. If you are traveling or move to a location close to another military installation, active prescriptions with remaining refills can be processed at any military pharmacy using MHS GENESIS.

While our team continues to gain familiarity and proficiency with the new system, we have also incorporated a few changes to allow greater flexibility and reduce your time spent waiting in the pharmacy lobby. Remote check-in is now available for new or renewed prescriptions sent to us electronically. You can activate new or renewed prescriptions with a simple text message from your phone. Just scan the QR Code included below or text "Get in line" to (833) 488-1684 to get started. If you prefer to speak to a pharmacy staff member, renewed or new prescriptions may also be activated by calling the Binter Street Pharmacy at (502) 624-9222.

For prescription refill requests, we have also added a new feature for online requests using the MHS GENESIS Patient Portal (<https://my.mhsgenesis.health.mil>). For active prescriptions with remaining refills, you can take advantage of this much simpler process by logging on to the Patient Portal and selecting the prescriptions you want refilled at our pharmacy. We continue to offer text message notifications when prescriptions are ready for pickup; if you are not receiving notifications and would like to, please ask one of our pharmacy team members for assistance. Prescription refills may still be requested using the automated AudioCare call-in system, which can be found on our prescription labels.

Rest assured; our free services are still available. Retirees can access lab and radiology services at Ireland Army Health Clinic on a space-available basis. Binter Street Pharmacy also remains open for retirees. Lastly, we are in the final stages of funding and approval for a new MRI service that we expect to arrive at Fort Knox in the near future. We are excited for this upcoming change and look forward to communicating with you as we begin the journey of establishing this new service for our beneficiaries.

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For your convenience, a list of all local network providers can be accessed on the TRICARE website at <https://Tricare.mil> or the Humana Military website at <https://www.HumanaMilitary.com>. Please also consider visiting our website at <https://ireland.tricare.mil> and follow us on Facebook <https://www.facebook.com/IrelandACH/> to receive up to date information about our services.

On behalf of the entire team at Ireland Army Health Clinic, we wish you good fortune and health during this year. Please call and also utilize the education and health services provided at the Armed Forces Wellness Center on Fort Knox at (502) 626-0408. Lastly, we extend our most humble gratitude to all our Soldiers for Life and their families for their past and continued service to our nation.



Because We Care!

Sincerely,

Colonel Scott M. Farley

Receiving a Prescription?

See below for Fort Knox pharmacy activation instructions

<p>Is this a new prescription?</p> <p>Try our new activation solution:</p> <p><i>Q-Anywhere</i></p>	<div> SCAN ME OR  TEXT</div> <div></div> <div><p>“Get in line”</p><p>to</p><p>(833) 488-1684</p></div>
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And now a word from the RETIREE COUNCIL CHAIRMAN

The Fort Knox Retiree Council continues their work to support the retiree communities in each of the five states we represent: Kentucky, Illinois, Indiana, Ohio and West Virginia. This year has continued to present many challenges to all of us. As Chairman of the Retiree Council, I want to ensure you that we have continued our work in support of all Retirees in our Region. We have continued with our quarterly meetings, using both live and teleconferencing. The Council has seen more and more interest as we stand up local State Councils. Kentucky, Ohio, and West Virginia all continue to have their own local Retiree Councils to better represent their states. Ohio is planning to have, in conjunction with the State RSO, a Retiree Appreciation Day (RAD) in the Spring of 2025. I urge all Retirees to contact your local representatives and to get involved in your local activities. There is much more individual states can do to support



Retirees and the more involvement the better the chance of a positive outcome. Your state representatives have continued to work with your State Legislatures to press for more support for both Veterans and Retirees. It appears that all five states again have pending legislations, that if passed will benefit our community.

This year's annual Retiree Appreciation Day (RAD), is scheduled for Friday, 18 October 2024 at Sadowski. The timeline for the event is approximately from 0900 to 1300. There will be some opening remarks by Senior Leadership, followed by a quick question-and-answer session. Representatives from the Garrison, the Commander, Ireland Army Health Clinic, Casualty Assistance, TRICARE and the VA will have tables where you can obtain any information you need.

As usual, vendors from the local area will have tables. If you have been to a RAD before, this year should look the same.

Just a reminder, you can find the Retiree section on the Fort Knox home page. Just enter <http://www.knox.army.mil/>. There is a direct link from that page to the Retiree section. You can also visit any of our six Facebook sites. Our quarterly minutes are also available there.

The Council believes that a lot of useful information will be available to educate Retirees of their benefits. All the Council members will be at the RAD and can be easily identified. If you have any questions or suggestions, please pass them along to one of them. If you want to talk to your state representative a list will be available for you. The Council is looking forward to seeing you in October and to continuing to work for your best interests as Retirees.

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I want to extend to all of you my invitation to attend the RAD and to become more involved in the work of the Council. We all benefit from the hard work. I look forward to seeing many of you in October 2024.

Soldiers for Life!

Charles D. Estes, Brigadier General, US Army, Retired
Chairman, Fort Knox Retiree Council

The Fort Knox Identification Branch provides service to Active Duty, Retirees, Family members, Contractors, and Civil service. The following services are provided:

- Enrollments/Disenrollments
- Common Access Cards
- USID cards
- Order Activation
- all other DEERS related issues

Their mission is to ensure Service Members, Family members, Contractors, and Civil Service are receiving benefits and privileges they are entitled to.

Hours of operation

Walk-in hours: Monday-Thursday 0800-1000, Friday 0830-1000

Appointments: 1030-1530 daily

To schedule a future appointment or questions, please contact us at
502-624-1526

NOTES FROM THE RSO

Hello! Greetings from the Fort Knox Retirement Services Office. We are located in White Hall, 25 West Chaffee Avenue, building 1384, room 103. We assist Soldiers and their Family as they make the decision to retire. Once retired, we'll keep you updated on your rights, benefits, and privileges. We are here to assist you with DFAS issues/concerns, such as allotments or beneficiary information. We can assist with understanding the difference between Combat Related Special Compensation and Concurrent Receipt. We are here to assist your Family members apply for their Survivor Benefits. In other words, your Retirement Services Office is here to assist you in all phases of retirement

Our operating hours are 0800 - 1600, Monday through Thursday and 0830 - 1600 on Friday. We are closed for lunch every day from 1130-1230. You can call us at (502) 624-6419, (502) 624-1280, (502) 624-4315, or (502) 624-7236. You can also email us at usarmy.knox.rso@mail.mil

If you are a Gray Area Retiree and you're approaching your 59th birthday, you must apply to receive your retired pay. You can download a retirement application at <https://www.hrc.army.mil/content/Gray%20Area%20Retirements%20Branch> or you can email to usarmy.knox.hrc.mbx.tagd-ask-hrc@army.mil. If you have any questions you can reach out to the Gray Area Retiree (GAR) Branch at (502) 613-8950.

Retiree Appreciation Day (RAD) is fast approaching!. This year RAD is on Friday, 18 October from 0900 - 1300 at Sadowski Center, 6607 Wilson Road, Fort Knox. RAD is a way to say thank you to all our Retirees, their Spouses and Family members.

Thank you!





Fort Knox
Retiree Appreciation Day
Friday, October 18, 2024
9 a.m. ~ 1 p.m.
Sadowski Center
6607 Wilson Road, Fort Knox

Retired Soldiers, their Family members and surviving Spouses are invited to come and receive information from different organizations

For information: (502) 624-6419 or (502) 624-1280
Email: usarmy.knox.rso@army.mil