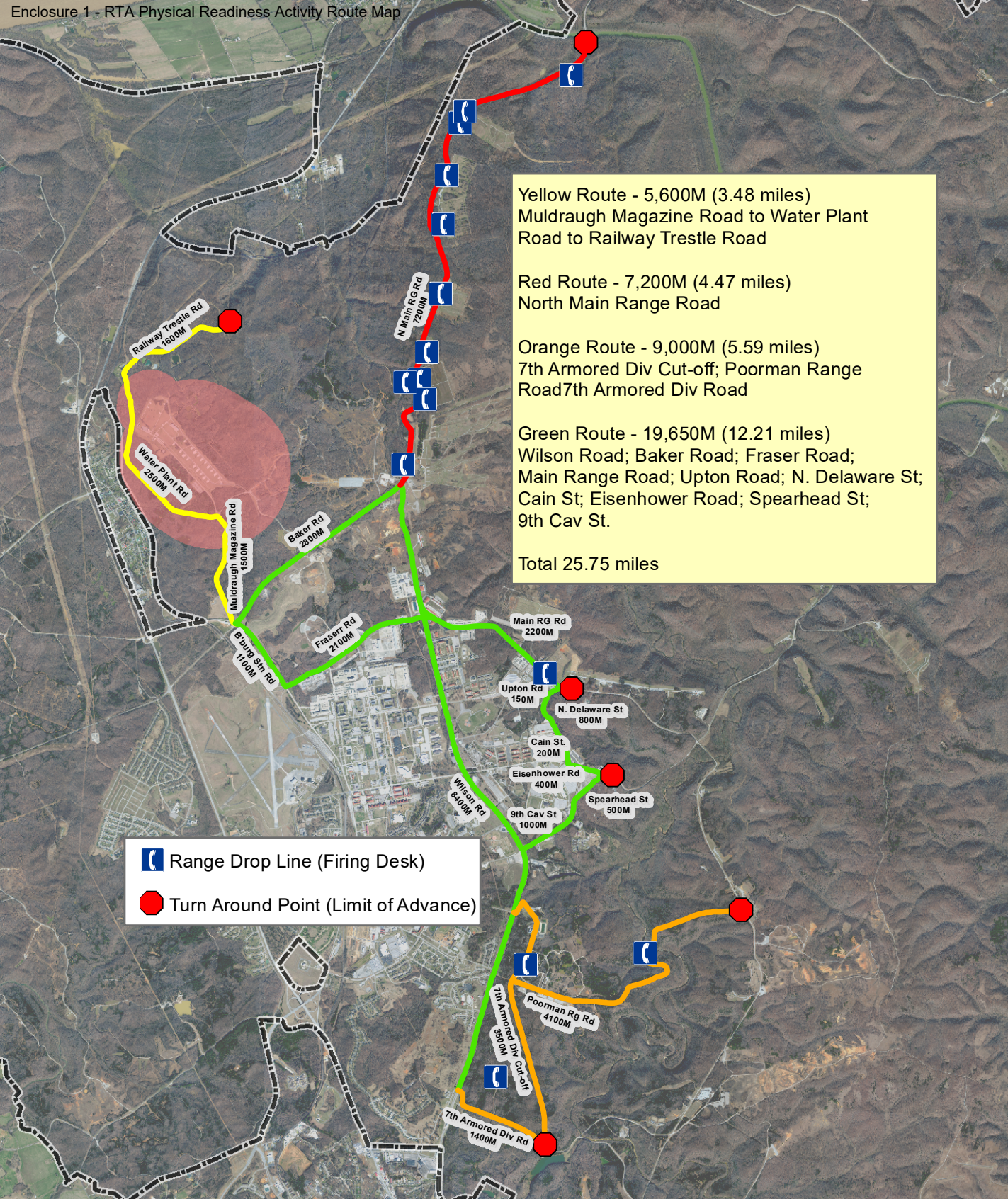Enclosure 1 - RTA Physical Readiness Activity Route Map