

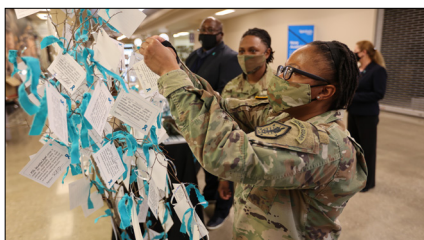
GARRISON AT A GLANCE



Photo by Charles Leftler, Fort Knox Visual Information

**REFLECTIONS:
TOP COPS
DON'T STOP ~ 2**

**GET TO KNOW:
CYNTHIA MENDY ~ 8**



Sexual Assault Awareness and Prevention Month 2022 ‘starts with you’

Although the Army is focused on sexual harassment and assault prevention all year long, April is designated as the month to enhance awareness. ([Click on this link to view the full story](#))



Experts say ‘all in to end child abuse’ is more than just a message

Child Abuse Prevention Month shares April with Month of the Military Child, and this year’s campaign message serves to connect both together. ([Click on this link to view the full story](#))



Fort Knox touts most successful energy resilience exercise to date

A group gathered at the command center of Fort Knox’s electric grid before 6 a.m. April 13 to conduct the first black start exercise of the year. Within seven minutes they ran power for the next eight hours. ([Click on this link to view the full story](#))



Second annual ‘Top Cop’ competition tests military police officers’ skills

For the second year in a row, 34th Military Police Detachment hosted the Fort Knox Top Cop Competition April 21. ([Click on this link to view the full story](#))



Fort Knox youth reel in prizes, family fun at first VFW/FMWR fishing derby

As many as 250 youth and their families from Fort Knox and the surrounding communities arrived at the 25th Anniversary VFW Post 10281 Kids Fishing Derby April 30 in search of fun, fish and family time. ([Click on this link to view the full story](#))



Military Family’s PCS ingenuity alerts DoD officials to possibilities, sparks process improvements

A former Fort Knox military family learned a valuable lesson during their most recent permanent change of station move, making national headlines and leading to DoD talks to improve processes. ([Click on this link to view the full story](#))



Five Fort Knox high school seniors recognized for completing firefighter training

Five Fort Knox Middle High School graduating seniors were honored May 10 for their efforts to become certified firefighters over the course of the 2021-22 school year. ([Click on this link to view the full story](#))



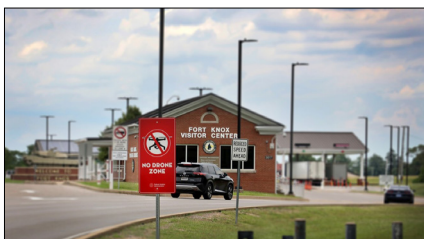
Fort Knox, Nolin RECC receive Army Partnership Awards during virtual ceremony

Fort Knox Garrison and Nolin RECC leaders joined six other installations across the Army May 19 to receive their 2021 Army Partnership Awards, albeit in an unusual fashion. ([Click on this link to view the full story](#))



Financial specialist addresses inflation, investment concerns: patience is key

ACS financial specialist Dwan Payne said her father first introduced her to investing when she was just 19 years old. Now, as she approaches retirement, she's learned is not to panic when the market is down. ([Click on this link to view the full story](#))



Army officials: military installations are a no-fly zone for unauthorized drones

As popularity in commercial drones continues to grow in the U.S., Army officials are getting the word out that any attempts to cross into military air space with these devices will be met by counter measures. ([Click on this link to view the full story](#))



Master Planning Division recognized, awarded at national level ceremony

The American Planning Association has awarded the Directorate of Public Works' Master Planning Division for its hard work, the effects of which will be seen at Fort Knox for decades to come. ([Click on this link to view the full story](#))



Army automotive expert reveals key ways motorists can improve fuel economy

Chris Nelson has been an automotive professional for over half a century – and he says there are some simple ways vehicle owners can get more bang for their buck. ([Click on this link to view the full story](#))

AWARDS & ACCOMPLISHMENTS

QUARTERLY AWARDS 3.22

Leader of the Quarter



William "Bill" Taylor
DHR

Bill is dual-hatted as the ASAP manager and the CR2I integrator, and he supervises six employees. In his role, he developed a detailed 12-page initial counseling to clearly communicate day-to-day standards. He has looked for ways to conduct business more efficiently, including combining committees that reduced time spent at meetings. He also aligned team members to establish a cohesive team and has shown care for each member, which has increased overall morale.

Employee of the Quarter



Dawn Zdral
DFMWR

As the point of contact for all medical training required at Child and Youth Services, Dawn was given less than 24 hours notice that CYS staff would be unable to conduct necessary training due to a surge in COVID cases. She single-handedly adjusted, rescheduled and conducted training to accommodate the staff. She also mobilized training, devoting nine hours a day on face-to-face training to keep CYS in compliance.

Daisa started as a part-time cook at the School Age Center. Shortly after the full-time cook resigned, she volunteered to work a full-time split to ensure the children received quality food. Part of her job involves providing food free of allergens. In the role, she developed a system for tracking children's food allergies, which greatly contributed to the health of the children. During a recent inspection, the SAC received zero deficiencies because of her work.

Team of the Quarter



SRP Plans & Ops, DHR

As members of SRP Plans and Ops planned, coordinated and executed the smooth mobilization and predeployment of 135th Expeditionary Sustainment Command from Alabama to an overseas role, they were given the hasty task of preparing V Corps for deployment to Europe. These efforts involved building and maintaining relationships among multiple agencies to successfully prepare both units for deployment.

Service Culture Campaign Employee of the Quarter



Daisa Clavon
DFMWR



AWARDS & ACCOMPLISHMENTS

MONTHLY SPOTLIGHT

APRIL



After joining the Fort Knox team as Sexual Assault Response Coordinator in the summer of 2021, Ella Foley created an immersive, interactive Sexual Harassment/Assault Response and Prevention program training tool that has people talking. In August, Foley discovered a basement full of broken and unwanted furniture while in search of a chair. Four months later with the help of a team of volunteers, she cleared and cleaned the area and converted it into an interactive training site, even capitalizing on some of the furniture. The training guides small teams of 8-10 employees through 13 progressive activities that challenge them with puzzles, scenarios and engaging Q&A. Foley has conducted 93 sessions since Jan. 21 and has trained over 98% of personnel.

MAY

The Fort Knox Training Support Center provides support to U.S. forces and foreign allies alike with thousands of training aids – many fabricated directly by the team – to provide realistic equipment that places troops as close to real-world scenarios as possible. Training Aid Devices, Simulators and Simulations houses, maintains, issues and ships equipment and teaches Soldiers how to use it. The Training Device Fabrication section – one of only four Armywide – handcrafts much of the equipment as well a variety of other items. The Virtual Training section provides simulation training with a vehicle rollover simulator, indoor Engagement Skills Trainer and a Black Hawk Aircrew Trainer. TSC's combination of extremely skilled, hard-working team members and state-of-the-art technology provide critical support to warfighter training needs, including ROTC cadets going through Cadet Summer Training.



JUNE



Besides year-round training support for all units that visit Fort Knox, BDPTMS Range Branch provides year-round direct support to the Army's largest training event – Cadet Summer Training. Planning for CST begins with analysis of all ranges, training areas and facilities. Planners coordinate with Range Branch Maintenance to identify and correct issues with facilities. Range schedulers document training requirements to ensure facilities are requested, de-conflicted, and available. When CST is live, schedulers track roughly 450 separate events. Range Branch repairs target devices, provides berm maintenance, and tackles other issues that cannot be corrected by cadre or supporting units. During CST, as range use doubles, Firing Desk operators keep track of all training, verifying with the officers in charge or range safety officers that training conditions are safe. Their adept and coordinated actions facilitate premier training for our nation's warfighters and military organizations.

GOLD STANDARD EXCELLENCE

Vincent Grewatz, IMCOM-Training director, visited Fort Knox June 1-3 to meet Garrison leaders. While here, he awarded seven civilian employees whose leaders singled them out for excellence in their organizations. Grewatz (left) provided each with an IMCOM-Training coin for their accomplishments. Two employees



— Burt Thompson, Installation Operations Center watch officer, and DPTMS Barry Turner, realty specialist, DPW — were unable to attend. Those in attendance (from left) are Jon Kelley, facility general manager, DFM-WR; Jerome Elder, supervisory management supply technician, DES; Eric Pilgrim, editor, PAO; Jaime Meyers, management and program analyst, PAIO; and James Barnes, Facility /EUSS manager, DPTMS.

AWARDS & ACCOMPLISHMENTS

April Leadership Academy class graduates 16

Sixteen employees graduated from the Fort Knox Garrison Leadership Academy April 21. The professional development forum spanned eight weeks and provided a multifaceted approach to helping participants learn a wide range leadership and teamwork concepts.



CES comes to Fort Knox

Workforce Development specialist Laurie Majcher saw a need and filled it. She successfully worked to get an AMSC mobile training team to Fort Knox for CES Intermediate. This is the first such in-residence phase training here, with another set to return in March 2023.

Two receive Order of White Plume

Two of Fort Knox's own have received the Army's highest medal of achievement in support of Family and Morale, Welfare and Recreation programs.

Betsy Faber and Melinda Roberts were awarded the Order of the White Plume award during a DFMWR town hall ceremony in Waybur Theater June 10 for their contributions to the Fort Knox Family and Morale, Welfare and Recreation.

Roberts, former Army Community Service director, and Faber, chief of Fort Knox FMWR Non-Appropri-

ated Funds (NAF) Support Services, were recognized as passionate professionals who put the needs of Soldiers and Families above their own needs. The award recognized them for continuous exceptional service and significant long-term contributions: specifically, the development of Team Member Orientation and OPEX training, which enhanced FMWR programs and activities throughout the Army. Faber and Roberts' selfless service to the nation and the Army family fully embodies the spirit of the order.





Garrison Organization Day 2022

Organization Day on May 26 was a huge hit by all accounts, and we have you to thank for it. Our outstanding VIOS photographers captured over 360 photos of fun. Go to the Fort Knox official Flickr page at <https://www.flickr.com/photos/fort-knoxky/albums/72177720299607647> and relive the moments.



CYNTHIA MENDY



1: Q: When did you join the US-AG-Fort Knox team?

A: June 2015, prior to joining the US-AG-Fort Knox, I worked at HRC-Fort Knox and DFAS-Military Pay Office-Finance.

2: Q: Where are you from?

A: I was born in Virginia, migrated to New Orleans, and eventually landed in Kentucky.

3: Q: What is your favorite part about working at USAG-Fort Knox?

A: I love assisting and interacting with survivors, making sure they receive all applicable benefits. Working in Casualty is not an easy job, and anyone working in Casualty needs a high level of compassion to interact caringly and professionally with survivors. I find my job rewarding, and I believe God placed me in this current position for a reason.

4: Q: What do you like to do outside of work?

A: When I am not at work, I enjoy researching and working on my personal writing projects, dealing with urban renewal and my family's history. I also enjoy reading nonfiction and historical fiction books, and trail walking to relish in the beautiful scenes of nature. Finally, I also enjoy 'attempting' to dance the way

I did when I was in younger.

5: Q: Who has been your biggest influence and why?

A: My mother has been the biggest influence in my life because she always found the strength to stand back up and keep pressing forward even though life's challenges knocked her down so many times in her life. Additionally, her husband's (my father's) community activism with social justice issues helped develop my social consciousness. During difficult periods in my life, I find strength in God and also by remembering my mother's strength in dealing with challenges in life.

6: Q: What would you do if you won the lottery?

A: I would continue to work if I

won the lottery.

However, I would invest more, give a portion of winnings to each immediate family member, a few close friends, and some charitable organizations that focus on socioeconomic-political-justice issues. Traveling would be last on my list because I have traveled globally and domestically.

7: Q: What type of music is on your radio or audio streaming device?

A: Besides listening to talk radio, especially National Public Radio and BBC World News, I enjoy listening to a wide array of music, especially violin music, legendary singer Frankie Beverly, gospel music and Soul Town on Sirius XM.

8: Q: Where all have you lived?

A: I have lived in Virginia, Louisiana and Kentucky.

9: Q: What is an ability you wish you had?

A: I wish I had the ability to globally eradicate hatred — especially racial hatred — poverty, injustices and incurable diseases. On a personal level, I wish had the ability to regain and maintain the figure I had from high school to graduate school, but it appears that "a moment on the lips / forever on the hips" continues to challenge me.



Benefits Coordinator

Fort Knox Directorate
of Human Resources

Casualty Assistance
Center

HAIL & FAREWELL

WELCOME!

Haley Campbell + DES
Corey Cole + DES
David Crigler + DPTMS
Jeremy Folkerts + PAIO
Kelly Frank + FMWR
Jared Goss + DES
Stephen Hawkins + DES
Jeremy Herring + DPTMS
Nathan Holcomb + DPW

Savannah Kelly + USAG-HQ
Lawrence McGuire + DES
Elizabeth Mills + DPW
Joshua Phillips + DES
Joshua Poynter + DPTMS
Matthew Rutkowski + EEO
Mathew Senesi + DES
Paul Speelman II + DES
Jalissa Washington + DES
William Wells + DES
Daniel Widman Jr + DPTMS

THANK YOU!

Pamela Binnie – DHR
Rella Braxton – DHR
Ricky Cathers – DES
James Crain – DPTMS
Ralph Duncan – DPW
Terry Grimsley – DRM
Joseph Harper – DES
R. Criss Helmkamp – DPW
Ryan Horst – DES

Rachel Kowalski – USAG-HQ
Roessler Lane – DPTMS
Benjamin Lomas – DES
Joseph Mills – DES
Zachary Morris – DES
Richard Poblano – DES
Jay Schiedewitz – DES
Chris Stropkey – DES
Edward Taylor – DES

LOOKING FORWARD ...

JULY

WEEKS

- 28-Aug. 11 – Drive/Ride Sober or Get Pulled Over

DAYS

- **4 – Independence Day**
- 9 – Green River Paddle Day
- 14 – Authors at Your Library author David Bell
- 15 – Sam Adams Freedom Run 5K
- 15 – Right Arm Night
- 16 – Summer Concert Series
- 16 – Bluegrass Parent/Jr Tournament
- 22 – Motorcycle Mentorship Ride to Rough River
- 25 – Christmas in July
- 25-29 – Vacation Bible School
- 26 – Community Information Exchange
- 29 – Right Arm Night

AUGUST

- 20 - Feb. 28, 2023 – Squirrel hunting season

MONTHS

- National Immunization Month
- Antiterrorism Awareness Month

WEEKS

- 15-19 – National Aviation Week

DAYS

- 1 – Gold Star Children's Day
- 5 – Alien Invasion Fun Run 5K
- 6 – Summer Concert Series
- 6 – Youth Sports opening ceremony
- 8 – First day of 2022-23 Fort Knox Schools K-12
- 12 – Right Arm Night

- 13-14 – Club Championship
- 17-18 – Fort Knox Retiree Transition Summit
- 18 – Cadet Summer Training season ends
- 22 – First day of 2022-23 Fort Knox Pre-K
- 26 – Women's Equality Day
- 26 – Right Arm Night

SEPTEMBER

- 1 - TBD – Dove hunting season
- 10 - Jan. 9, 2023 – Fall archery deer season
- 10 - Jan. 23, 2023 – Fall archery turkey season

MONTHS

- National Preparedness Month
- Suicide Prevention Month
- National Hispanic Heritage Month (Sept. 15-Oct. 15)

WEEKS

- 5-11 – National Suicide Prevention Week

DAYS

- 1 – 2023 Combined Federal Campaign starts
- **5 – Labor Day**
- 9 – 4th final season Motorcycle Mentorship Ride
- 10 – Annual Pooch Plunge
- **11 – Patriot Day**
- 15 – Career and Education Fair
- 17 – National POW/MIA Recognition Day and U.S. Constitution Day
- 19-23 – Operation Golden Response Exercise
- 25 – Gold Star Mother's and Family's Day
- 23 – National Hispanic Heritage celebration
- 23 – Oktoberfest
- 30 – Right Arm Night

NOTES: Information/dates are subject to change, and other major Garrison-related activities may be scheduled later. Also, the federal holidays listed above (in blue) are for the dates in which they are observed for leave and pay purposes.



For more of the latest updates, views and information from Central Kentucky's leader in military news, go to **Fort Knox News** at www.army.mil/knox.