



DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY CADET COMMAND AND FORT KNOX
1st CAVALRY REGIMENT ROAD
FORT KNOX, KENTUCKY 40121-5123

ATCC-ZA

JUL 11 2019

MEMORANDUM FOR

Commanders, Fort Knox Partners in Excellence
Commanders, All Units Reporting Directly to this Headquarters
Directors and Chiefs, Staff Offices/Departments, the Headquarters

SUBJECT: Policy Memorandum 32 - Use of Range and Training Area Complex Roads for Physical Readiness Activities (Cycling, Running and Ruck Marching).

1. References.

- a. AR 350-1, Army Training and Leader Development, 10 December 2017.
- b. FM 7-22, Army Physical Readiness Training, 26 October 2012.
- c. AR 385-63, Range Safety, 30 January 2012.
- d. DA PAM 385-63, Range Safety, 16 April 2014.
- e. AR 385-10, The Army Safety Program, 24 February 2017.
- f. FK Reg. 385-10, Installation Safety Program, 27 February 2018.
- g. FK Reg. 385-22, Range Regulation (Training / Impact Area), 1 December 2000.

2. Purpose and Goal.

a. The purpose of this policy is to define requirements for military personnel to conduct physical training - specifically road cycling, endurance running and ruck marching - within the Fort Knox range and training area (RTA) complex and the routes designated for these activities.

b. My goal is to provide authorized routes to military distance cyclists, runners and ruck marchers to support overall physical readiness.

3. Applicability. This policy is applicable to all personnel stationed or assigned at Fort Knox.

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4. Policy.

a. Authorized personnel are permitted to road cycle, endurance run, and ruck march along the designated routes (Yellow, Red, and Orange) in the RTA complex year round weather permitting. (See enclosure 1, RTA Physical Readiness Activity Route Map). Routes will be open from Sunrise (as listed on the Fort Knox Weather Mission Execution Forecast available at <https://www.knox.army.mil/partners/weather/>), but no earlier than 0530 to 1000 daily (including weekends and holidays) and from 1630 until 2000 or until sunset whichever is earlier. There will be no access to unpaved roads, trails, training areas or ranges. All users are required to check the status of these routes on the Fort Knox website (<https://www.knox.army.mil>) prior to beginning their training.

b. Authorized users must be aware of the possibility of training traffic occurring on the same road network. This traffic includes ammunition movement to ranges and training areas, road marches – tactical and personnel; weapons firing.

5. Requirements.

a. Safety Briefing. Prior to utilizing the RTA complex for the authorized physical training events, their commander must issue the individual a safety briefing. This briefing will be included in the range safety class and Commander/1SG Course.

b. Accident Reporting. For accidents occurring within the cantonment footprint where emergency services are required, dial 911. For accidents occurring within the RTA complex requiring emergency services, contact Range Operations at 502-624-2125 or pick up a range telephone located near the base of the tower on some small arms ranges. Input all accidents into the online Army Accident Report It System at <https://reportit.safety.army.mil/>. For a mechanical issue or minor injury, contact your organization. Commanders are responsible to notify their command's Safety Office immediately. Personnel incident and injury reports and accountability are the responsibility of the individual's assigned organization.

c. Property Liability. Cyclists, runners and other authorized users are responsible for the reasonable use of their personal property.

d. Uniform. All riders will wear an approved safety helmet. Cyclists, runners and other authorized users will wear some sort of high visibility attire (clothing/reflective device/vest/etc.). Eye protection is highly recommended. Each member of the group must be in possession of a military identification card and will comply with instructions from game wardens and range staff when asked to produce identification and unit of

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assignment. Cyclists, runners and other authorized users are not permitted to wear earphones or like devices that might impair their ability to hear hazards.

e. Safety Equipment. Every riding party is encouraged to have some form of bicycle repair kit to include equipment for repairing a flat tire as well as a first aid kit.

f. User Party. This policy does not permit solo users on the RTA routes (Yellow, Red, and Orange). Users must be a minimum of two cyclists, runners, or marchers to conduct physical training on the designated routes within the RTA complex.

g. Communication. Participants will ensure there is at least one cellular phone in the group's possession containing a full battery charge at the beginning of the exercise event. Participants are reminded that cellular phone reception is poor or non-existent in some areas.

h. Weather Considerations. The authorized routes will be closed during periods of inclement weather. All participants are required to check with Godman weather at phone 624-5517 or the Fort Knox Weather Website (<https://www.knox.army.mil/partners/weather/>) for the current weather forecast prior to executing any cycling, running, or marching within the training area to ensure safety while conducting training. Physical fitness training within the RTA complex is not authorized while there is an active weather warning or lightning advisory for Fort Knox in effect.

i. Road Rules. Cyclists will comply with all Kentucky traffic laws and regulations when operating a bicycle on Fort Knox roadways. Cyclists, runners and other authorized users will adhere to all posted road signs. Runners will run against traffic. Failure to adhere to posted road signs will be cited similar to a motor vehicle. Cyclist and runners will not deviate from specified routes. Routes are limited to paved roads only - dirt/gravel trails, training areas and ranges are off limits. Military vehicles have priority on RTA routes.

j. Accountabilities.

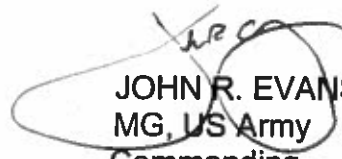
(1) Accountability and disciplinary actions for failure to comply with the requirements outlined within this policy are left to the discretion of the individual's unit commander. Additionally, the Senior Commander or Installation Range Management Authority may deny any or all members access the range routes temporarily or permanently because of any non-compliance with the provisions of AR 385-63, DA PAM 385-63, AR 385-10, FK Reg. 385-22 and this policy memorandum.

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(2) Violators of this policy will be barred from the RTA complex and remanded to the custody of the Directorate of Emergency Services.

6. Point of contact for this policy is the USAG Fort Knox, Director of Plans, Training, Mobilization, and Security at (502) 624-3681.


JOHN R. EVANS, JR.
MG, US Army
Commanding

3 Enclosures

1. RTA Physical Readiness Activity Route Map
2. Unit Commanders Safety Briefing Card
3. Deliberate Risk Assessment Worksheet