

## **Suicide Prevention Program**

### **For Immediate Concerns**

The Suicide Prevention Program Office is not a crisis center and does not provide counseling services. If you are feeling distressed or hopeless, thinking about death or wanting to die, or, if you are concerned about someone who may be suicidal, please contact the **National Suicide Prevention Lifeline at 1 (800) 273-TALK (8255)**.

**Military Crisis Line: 1 (800) 273-8255 press 1.**

**Emergency: 911**

### **Helpful Resources**

**National Suicide Prevention Lifeline:** <https://suicidepreventionlifeline.org/>

**Military One Source:** 1 (800) 342-9647

**Behavioral Health:** (502) 626-6187/6170

**Lincoln Trail Behavioral Health System:** 1 (800) 274-7374 or (270) 351-9444

**Fort Knox Religious Support Office:** (502) 624-5255;

- **After Hours Emergencies:** (502) 624-2707

**Your Unit Chaplain**

**Your Chain of Command**