

# E.D.I.T.H. Lesson Plan

## Exit Drill In The Home Lesson Plan

### Learning Objectives:

- Identify what to do in the event of a home fire.
- Identify the importance of a home fire escape plan.

**Materials:** Escape plan maze and diagrams

### Activity:

1. Ask students if they have ever wondered what they would do if there was a fire in their home.
  - Stress that it's important to get out fast.
  - They should never hide or take time to gather up their toys or other belongings.
  - Fires are scary and confusing.
  - They can be loud, burn very fast and their smoke can make a room or home very dark.
  - It helps to have a plan to know what to do if there is a fire and to get out fast don't wait until a fire happens to decide to have a plan, there is too much panic and confusion, have a plan now and practice, **and know what you're going to say to the emergency dispatcher.**
2. Ask students if they know what a home fire escape plan is. Be sure to stress the importance of planning for two ways out in case one means of egress is blocked by fire.
3. Ask students why they think a home fire escape plan is important, and stress the importance of a smoke detector and how it helps alert them of smoke, fire and smoke will not wake you up it will actually put you in a deeper sleep, because of carbon monoxide and lack of oxygen.

Students will probably conclude that home fire escape plans help them to get out quickly and safely in the event of fire.

4. Ask students if they have a home fire escape plan and if they practice it regularly with an adult.
5. Escape maze. Ask students to find two ways out of the escape maze. **Remind them that just like the maze, good home fire escape plans have two ways out.**

6. Escape plan diagrams:

- Using a small space, ask students to draw a picture of their bedroom. Have mark where the doors and windows are, and then make an escape plan by drawing arrows to show two ways out. Remind students that the first way out should be the door.
- Using a larger space, have the students draw their home, showing the location of windows and doors they can use to escape. Remind students that every way needs to be planned and practiced with an adult.

7. Review the fire escape plans with the class, emphasizing following these fire safety tips.

- Before opening any door in a fire, feel the door first. If it's hot, there may be fire on the other side. Try to get out another way.
- Crawl low on the floor to avoid heat and smoke.
- Pick a safe and easy-to-remember place outside the home to meet with the family. This way everyone knows where everyone is.
- Call 911 after escaping the fire.
- Stay outside no matter what; don't go back in for anything.
- Conclude the lesson by asking students to practice their home fire escape plans with an adult when they go home and to check their smoke detectors.