



TEXT "CLUBS" to 797979 to join our text network! Visit us online at jbmhh.armymwr.com

SEPTEMBER Food To Go Menu Call 703.524.0200

1 Entree and 2 Side DIshes ... \$9.75 for a Single Meal * \$35 for a Family of 4

Tuesday, September 3

Hunan Chicken Pan Fried Pollack w/Sweet 'n Sour Sauce

Fried Rice

Steamed Vegetables

Tuesday, September 10

Thai Chicken in Coconut Red Curry Grilled Tilapia

Jasmine Rice

Stir Fried Vegetables

Tuesday, September 17

Hunan Chicken Pan Fried Pollack w/Sweet 'n Sour Sauce

Fried Rice

Steamed Vegetables

Tuesday, September 24

Thai Chicken in Coconut Red Curry Grilled Tilapia

Jasmine Rice

Stir Fried Vegetables

Wednesday, September 4

Cod Italiano Sicilian Chicken

Spanish Rice

Grilled Zucchini

Wednesday, September 11

Wednesday, September 18

Wednesday, September 25

Pollo Cacciatore Crab Stuffed Flounder

White Rice

Cod Italiano

Spanish Rice

Sicilian Chicken

Grilled Zucchini

Pollo Cacciatore

White Rice

auliflower

Crab Stuffed Flounder

Steamed Broccoli &

Steamed Broccoli & auliflower

Thursday, September 5

Minute Pepper Steak Tuna Medalions

Rice Pilaf

Thursday, September 12

Pork Spare Ribs Blackened Mahi Mahi

Mashed Potatoes

Thursday, September 19

Minute Pepper Steak Tuna Medalions

Rice Pilaf

Thursday, September 26

Pork Spare Ribs Blackened Mahi Mahi

Mashed Potatoes

Friday, September 6

Fried Chicken Salmon Cakes w/Sweet Lemon Pepper Relish

Mashed Potatoes

Green Beams

Friday, September 13

Beer Battered Cod Herb Roasted CHicken

Wild Rice

Steamed Green Beans Almondine

Friday, September 20

Fried Chicken Salmon Cakes w/Sweet Lemon Pepper Relish

Mashed Potatoes

Green Beams

Friday, September 27

Beer Battered Cod Herb Roasted CHicken

Wild Rice

Steamed Green Beans Almondine