

Situation

**HPCON** 

**Example Health Protection Measures** 

Outbreak or heightened exposure risk



Moderate: Strict hygiene (no handshaking, wipe common use items); if exposed, self-isolate (wear mask or remain home); avoid contaminated water/food or risk area; vector control

## **CYS Closed Tuesday**

The JBM-HH Child and Youth Services will be closed Tuesday, March 17, at a minimum while we assess our ability to provide care. CYS will remain open for staff, but closed to children. If you are a mission essential parent, we need information from you. Please call CYS at (703) 696-3095 between 6 a.m. and 6 p.m.

## Where to get Coronavirus updates

The Centers for Disease Control and Prevention continues to closely monitor the outbreak of 2019-nCoV. For more information and guidance, visit https://health.mil/News/Inthe-Spotlight/Coronavirus.

### SEE something SAY something

Physical security is everyone's responsibility. We ask you to stay especially vigilant and remember to report any suspicious activity to the JBM-HH watch desk at (703) 588-2801.

# Military District of Washington Health Protection level Bravo

The Joint Force Headquarters-National Capital Region and U.S. Army Military District of Washington Commanding General Maj. Gen. Omar Jones IV, directed that all MDW installations go to Health Protection Bravo until further notice.

"I have taken these precautionary measures to protect the health of the force and maintain operational readiness," said Jones. "The command will continue to evaluate day-to-day operations within the National Capital Region and make decisions to ensure the safety of all of our Soldiers, Family members, and civilian personnel."

# Joint Base Myer-Henderson Hall Residents, Tenants, and Guests

# Prevent the Spread of the 2019 Novel Coronavirus (COVID-19)

If you have fever, cough, or trouble breathing AND YOU

Traveled to China, Iran, Italy, Japan or South Korea in the last 14 days,

OR

Had contact with someone who has traveled to China, Iran,
Italy, Japan or South Korea in the last 14 days
who has been sick,

OR

Have been in close contact with a person known to have COVID19,

Stay Home and call the appropriate number below.

For Service Members/TRICARE Beneficiaries, call the Nurse Advice Line (24/7) at 1-800-874-2273, select Option 1.

For non-TRICARE beneficiaries, contact your healthcare professional or Arlington County Public Health Division at 1-877-275-8343.

For the latest news and information, refer to the Center for Disease Control website at https://www.cdc.gov/.

## JBM-HH closures as of <mark>March 17</mark>

Hours may change as we continually assess the dynamic situation. Please call before visiting services not listed. Follow www.facebook.com/jbmhh and home.army.mil/jbmhh for latest updates from JBM-HH.

## The following services are closed:

- The JBM-HH Tax Center is closed as of March 18.
- All fitness centers on JBM-HH -- Forts Myer and McNair, and Henderson Hall.
- The JBM-HH Bowling Center has been closed for all services until further notice except take-out food and beverage orders. For more information, call (703) 528-4766.
- The thrift shop on the Fort Myer portion of the joint base is closed -please do not drop off donations.
- CYS is closed March 17 that so that we can assess staffing limitations and establish priority of care for children of mission essential personnel.
- Religious services at Memorial Chapel have been canceled, although funeral services will still take place.
- Buffets at Patton Hall are closed
   (Limited menu for meals-to-go at the Old Guard Lounge at Patton Hall).
- Fort McNair Clinic is closed temporarily and will be centralizing all patient care at Rader Clinic for the JBM-HH beneficiaries.
- Arlington National Cemetery remains closed to the public. Family pass holders may access for gravesite visitation from 8 a.m. to 5 p.m. Funerals will be conducted as scheduled. ANC will provide updates at https://www.arlingtoncemetery.mil/Visit/COVID-19-Updates.

Please call before visiting services not listed. The latest updates will be posted at facebook.com/jbmhh.



The JBM-HH Dining Facility continues to serve under normal hours. Due to the recently effects from the COVID-19, the DFAC is rapidly shifting to a grab-and go only serving style.

### Monday through Friday:

Breakfast - 6:30 to 8:30 a.m. Lunch - 11:30 a.m. to 1 p.m. Dinner - 4:30 to 6 p.m.

### Saturday and Sunday:

Brunch - 9 a.m. to noon Supper - 4 to 5:30 p.m.

# Shipments to Korea and Italy

Permanent Change of Stationing Soldiers and Families on orders to or from a country with a Centers for Disease Control warning level category 3 for COVID-19 (Korea and Italy) will stop movement and delay travel until May 6 or further notice, according to an Army message. If you received orders from Joint Base Myer-Henderson Hall's Military Personnel Division, please contact Douglas Russell at (703)696-3695, douglas.a.russell3.civ@usa.army.mil, with any questions.

Department of Defense customers who are or were expected to make PCS to Korea or Italy and previously arranged to have their household goods, unaccompanied baggage and privately owned vehicle shipments and official travel tickets issued by JBM-HH are requested to contact the JBM-HH Transportation Office.

The transportation office can be reached by phone at (703) 614-7190/91 or e-mail at m\_hnhl\_hqbn\_dmo@usmc.mil. Please contact the office with any questions regarding the rescheduling or cancellation of your shipments and flights due to the travel restrictions that are currently in place for Korea and Italy.

The direct point of contact for this transportation announcement is transportation officer Kenny Hopkins, who can be reached by phone at (703) 693-8541 and by email at kenny.r.hopkins@usmc.mil.

### **Event cancellations**

As the joint base closely monitors the dynamic situation surrounding COVID-19, we will evaluate the hosting of events, prioritizing the well-being of our Soldiers, Families, civilians, and joint base community. Currently, the following events have been cancelled or postponed for safety.



All ceremonies at Conmy Hall until April 1.



**VA Education Briefing** 

Originally slated for March 17.



SFL-TAP workshops and classes through March 27 are cancelled. This includes DMV2GO. The center remains open for appointments.



What's Your Warrior? Concert originally slated for March 29.



U.S. Army Band concert at Hylton Performing Arts Center. Originally slated for April 3.



Caisson Spring Open House and Hayride set for April has been postponed.



Workforce Development Symposium Originally slated for April 14.



**Library cancellations** include Builder Day March 19 and April 16, Buffet Book Club March 31, and no Crafternoon April 5.

# Fort McNair clinic closed, Rader Clinic access guidance

Due to the expansion of precautions across our community surrounding the COVID-19 development, Andrew Rader U.S. Army Health Clinic will begin to limit visitor access and increase screening protocols. Fort McNair Clinic is closed temporarily and will be centralizing all patient care at Rader Clinic for the JBM-HH and McNair beneficiaries

We ask that visitors without an appointment or need for other medical services, such as lab/pharmacy/radiology/immunizations, avoid entering Andrew Rader and Fort McNair clinics.

Additionally, we will be enhancing our screening protocols before patients enter the building. This could cause a slight delay as you arrive. Though the screening process for most will take less than a minute, we encourage patients to arrive 10 minutes earlier than normal

# Old Post Chapel Gate closed for construction

The Old Post Chapel Gate on the Fort Myer side of JBM-HH is closed until spring. During this time all funerals are moved to Memorial Chapel and will use Memorial Gate to access Arlington National Cemetery. There is no access, including pedestrian or personnel, to the cemetery via JBM-HH. All visitors to the cemetery must enter through the ANC Visitor's Center.

# McNair road extension roving lane closure

There will be a roving temporary lane closure on the McNair road extension from Marshall Drive to Biddle Lane to complete the ANC fence project on the Fort Myer portion of the joint base. Temporary lane closures will occur Mondays through Friday up to March 27, from 7 a.m. to 3 p.m.

Travel lanes will be open and unobstructed on nights and weekends. The pedestrian path will remain open. Temporary lane closures will be approximately 400 feet long or less to ensure traffic control visibility and vehicular safety. Temporary lane closures will begin near Marshall Drive and move toward Biddle Lane and the Old Post Chapel.

# **EFFECTIVE IMMEDIATELY**

The JBM-HH Bowling Center is CLOSED for bowling and in-house dining until further notice.

We are open for take-out food and beverages ONLY.



# Metro announces reduced service

Metro and its Pandemic Task Force has further escalated its response to Phase 3 of its Pandemic Flu Plan. Phase 3 is the highest level of response and will include all subsequent mitigation steps required during the public health emergency. Metro expects to be at Phase 3 until further notice. Phase 4 is the "recovery phase" of the plan that involves Metro's return to normal operations after the situation is under control.

To help protect employees and customers, and recognizing that many of Metro's frontline employees are faced with tough choices as they balance work with their family priorities, including caring for children who are home from area schools, Metro has reduced service beginning Monday, March 16, as follows:

#### **METRORAIL**

- Monday-Friday: Trains will operate every 12 minutes on each line throughout the day
- The rail system will maintain normal hours, opening at 5 a.m. and closing at 11:30 p.m.
- Saturday: Trains will operate every 12 minutes on each line, with service from 7 a.m. until 1 a.m. (normal Saturday service).
- Sunday: Trains will operate every 15 minutes on each line, with service from 8 a.m. until 11:00 p.m. (normal Sunday service).

#### **METROBUS**

• On weekdays, bus service will operate on a Saturday schedule. Weekend bus schedules are unchanged.

IF YOU ARE NOT FEELING WELL, DO NOT TAKE PUBLIC TRANSPORTATION. Call your healthcare provider before you leave your home and follow their guidance.

The service reduction also allows for additional disinfecting of railcars and buses, including the use of electrostatic fogging on a weekly basis across Metro's fleet of 1,200 railcars and 1,500 buses. The electrostatic process addresses inaccessible surfaces in the vehicle, such as air ducts and compartments.

Due to the service adjustment, please note that Metro's Rush Hour Promise has been suspended until further notice (i.e. until regular service levels are restored).

MetroAccess service will continue to operate during the same hours as rail and bus services. Metro continues to emphasize that customers must not use MetroAccess to travel to health care appointments if they are showing signs of illness for the safety of our employees and other passengers. If you are ill, call your health care provider and make transportation arrangements that do not involve public transportation. In addition, the MetroAccess Eligibility Center is closed until further notice.

Metro will continue to be guided by the advice of public health authorities and its Pandemic Flu Plan, which was activated 44 days ago at the first signs of a potential pandemic. The early activation allowed Metro to convene its Pandemic Task Force and take immediate action to stockpile critical items, such as hand sanitizer, masks, gloves, and hospital-grade disinfectant. The task force is led by Metro's chief safety officer, with support from Metro's chief medical officer and key senior officials from across the authority.

For complete details of this advisory, please visit https://www.wmata.com/about/news/Metro-announces-additional-COVID-19-changes.cfm.

# Message from the JBM-HH Client Legal Services and Tax Center

# Client Legal Services Voicemail Message/Facebook/Website

Due to current operating restrictions related to the spread of COVID-19, JBM-HH Client Legal Services are no longer providing walk-in Power of Attorney or notary services and all appointments scheduled will be telephonic. If an individual would like to schedule a telephonic appointment, please call back during business hours which are Monday through Wednesday 8 a.m. to noon and 1 to 4 p.m., Thursdays from 1 to 4 p.m., and Friday from 8 a.m. to noon and 1 to 4 p.m. at (703) 696-0763. You may email Client Legal services at usarmy.jbmhh.mdw.mbx.jbmhh-cls@mail.mil. Additional updates can on Facebook at the Joint Base Myer-Henderson Hall Client Legal Services page.

We apologize for any inconvenience this causes and we appreciate your patience and understanding while we all try to navigate these changes. Please do not leave a message as this voicemail is not currently being monitored.

# Tax Center Voicemail/Facebook

Due to our current operating restrictions related to the spread of COVID-19, all Tax Center operations are suspended as of March 18 Those with scheduled appointments will not be rescheduled and the JBM-HH Tax Center is unable to book any new appointments at this time. Taxpayers who have already been seen this tax season and whose returns are currently inprogress will be individually contacted. Active Duty Service members and their dependents are encouraged to use MilTax, a free online tax preparation service through Military OneSource, available online at

https://www.militaryonesource.mil/financial-legal/tax-resource-center/miltax-military-tax-services.

We are deeply sorry for the inconvenience we know this causes, and we appreciate your patience and understanding as we navigate these changes.

## 2020 guidebook online

The JBM-HH 2020 Base Guide is now available online. Visit home.army.mil/jbmhh scroll down and click on the JBM-HH 2020 Base Guide icon.



# Myer Thrift Shop applications for scholarships

The Fort Myer Thrift Shop has begun accepting applications for the 2020 academic year. Scholarships are awarded based on merit and are available for children and spouses of U.S. Army personnel – active duty who either live or are deployed from this area, retired or deceased. Applicant must have a valid military dependent ID card. Dedicated volunteers and staff give generously of their time involving numerous hours every year to raise the funds for this program. Information with instructions and application along with a checklist are available on the Fort Myer Thrift Shop website at www.fortmyerthriftshop.org under scholarships. Applications must be postmarked by March 31. Questions may be emailed to scholarshipsfmts@gmail.com.

# Fort Myer Thrift Shop community grants

The Fort Myer Thrift Shop is now accepting applications for community grants to organizations that provide services and/or support to military organizations, personnel and their Families. Requests are accepted from 501 c (3) and government entities in this area. Additional information and application forms are available online at www.fortmyerthriftshop.org under community grants. Requests must be postmarked by April 23. Questions may be emailed to communitygrantsfmts@gmail.com.

## Civilian leave assist

JBM-HH Directorate of Public Works employee Lisa Barnes has been approved to receive leave under the Volunteer Leave Program.

Department of the Army civilian employees who would like to donate annual leave can fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)," at www.opm.gov/forms/pdf\_fill/opm630a.pdf.

For federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)," at www.opm.gov/forms/pdf\_fill/opm630b.pdf.

For those who wish to donate, please be sure to populate the form with the recipient's name specifically. Send completed form to Maribel Rodriguez at maribel.rodriguez.civ@mail.mil.



# Joint Base Myer-Henderson Hall Dining Facility









### March 16 -20

Breakfast \$3.50 Lunch \$5.65 Dinner \$4.90

#### Dail Breakfast Menu

Eggs and Omelets to Order - Scrambled Eggs - Hard Boiled Eggs - Pork Bacon - Pork Sausage - Turkey Bacon Home Fried Potatoes - Creamed Beef w/ Biscuits - Oatmeal - Grits - Waffles, French Toast, or Pancakes Fresh Fruit - Assorted Breakfast Pastries

#### Daily Short Orber

Grilled Hamburgers - Grilled Cheeseburgers - Grilled Cheese - Grilled Ham and Cheese - Chili - Baked Beans Self-Serve Hot-Dogs - One Short Order Specialty Item (i.e. Com Dogs, Mozzarella Cheesesticks, etc.)

#### Sandwich Bar

### MainMenu

Baked Spaghetti & Meatsauce - Italian Herb Roasted Pork-Loins - Buttered Ziti Noodles Roasted Red Potatoes - Sautéed Asparagus - Butternut Squash - Italian Pasta Salad - Garlic Breadsticks Cheesecake with Strawberry Topping - Oatmeal Raisin Cookies - Yellow Cake with Chocolate Icing

### THESTED

Ground Beef Taco (Hard and Soft Shells) - Pork and Rice Burritos - Spanish Rice - Refried Beans Mixed Vegetables - Steamed Broccoli - Chicken Quesadillas (Grill to Order) - Fruit Salad - Jalapeño Combread Apple Filled Churros - Sugar Cookies - Chocolate Cake With Chocolate Icing - Nacho Bar

Orange Chicken - Beef and Broccoli - Lo Mein Noodles - Steamed White Rice - Sautéed Green Cabbage Steamed Cauliflower - Vegetable Egg Rolls - Cucumber and Onion Salad - Dinner Rolls - Apple Pie White Chocolate Macadamia Nut Cookies - Spice Cake with White Icing - Wing Wednesday

### Thursday

### WOMEN'S HISTORY MONTH MEAL

Beef Pot Pie with Biscuit Top - Herb Rotisserie Chicken - Grilled Salmon - Buttered Mashed Potatoes Wild Rice - Seasoned Green Beans - Sweet Corn - Potato Salad - Dinner Rolls - Cherry Pie Chocolate Chip Cookies - Angel Food Cake - Build Your Own Burger Bar

During this time, due to current events, the DFAC is rapidly shifting to a grab-and-go only serving style, while maintaining the same meal schedule. Starting March 18, the DFAC will operate strictly with to-go plates, with no dining in option.

### JBM-HH Dining Facility hours and pricing

#### Monday through Friday:

**Breakfast** – 6:30 to 8:30 a.m. (\$3.50) **Lunch** – 11:30 a.m. to 1 p.m. (\$5.65) **Dinner** - 4:30 to 6 p.m. (\$4.90)

#### Saturday and Sunday:

Brunch - 9 a.m. to noon (\$6.30) Supper – 4 to 5:30 p.m. (\$7.70)

# JBM-HH Dining Facility

Women's History Meal Menu

Thursday, March 1911:30 a.m. to 1 p.m.

- > Grilled Steaks
- > Oven-Baked Pineapple Pork Chops
  - > Garlic Buttered Shrimp
  - > Red Skin Potatoes Wedges
    - > Rice Pilaf
    - > Brussel Sprouts
    - > Fiesta Sweet Corn
    - > Sweet Butter Hot Rolls
      - > Assorted Pastries
- > (Cheese and Carrot Cake, Macadamia Nut Cookies, Banana Pudding)
  - > Ice Cream Bar
  - > Build Your Own Burger Bar

March is W Meal Price: \$5.65

March is W Discount Rate \$4.30 Ty Month

(Dependents of E-4 & Below)

## STOP THE SPREAD OF GERMS

### Help prevent the spread of respiratory diseases like COVID-19.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19