



JBM-HH elevated to HPCPN Charlie Minus

The Joint Task Force-National Capital Region and US Army Military District of Washington commanding general, Maj. Gen. Omar Jones IV, declared a public health emergency late Saturday, March 21, for Forts Belvoir and Meade. The decision gives him additional authorities to protect DOD personnel and families.

He also directed that all MDW installations, to include Joint Base Myer-Henderson Hall and Fort McNair, elevate to Health Protection Condition Charlie Minus and is holding the implementation of additional specific HPCON C measures pending further public health assessments.

“Ensuring the health and safety of our Soldiers, Families and civilians is one of my greatest responsibilities,” said Maj. Gen. Jones. “We will continue to work with individual installations to make certain each post has capabilities to protect our people and mitigate the spread of the virus.”

HPCON Charlie means that there is a sustained possibility of community transmission.

As we deal with COVID-19, our priority on JBM-HH remains to protect the force, preserve readiness and mitigate the risk of transmission among personnel.

CHARLIE SUBSTANTIAL Sustained community transmission

At JBM-HH, we will continue to monitor the situation with public health officials. Garrison and tenant activities remain focused on delivery of essential services to the community and support to mission essential personnel required for mission assurance and National response efforts

Depending upon any increase of the threat of transmission in the area, we may take the following actions.

- Further cancellation of in-person gatherings -- all commercial activities such as commissaries, exchange services must keep a distance of six feet between customers.
- Further reduction of garrison and tenant services -- we are working to find ways to provide virtual services as much as possible.
- Further modification of commissary, AAFES and CYS hours and services -- we will continue to focus on mitigating the risk of transmission as much as possible.

People should take the following precautions.

- Plan activities for Family members, especially children, in case you are restricted to your home for prolonged periods of time.
- Prepare for the potential of limited access to supplies and services, including restricted access to military installations.

March 24, 2020

Protect
Support
Defend
Stay calm



SEE something  **SAY** something

Physical security is everyone's responsibility. We ask you to stay especially vigilant and remember to report any suspicious activity to the JBM-HH watch desk at (703) 588-2801.

Joint Base Myer-Henderson Hall Residents, Tenants, and Guests

Prevent the Spread of the 2019 Novel Coronavirus (COVID-19)

If you have fever, cough, or trouble breathing

AND YOU

**Traveled to China, Iran, Italy, Japan or South Korea
in the last 14 days,**

OR

**Had contact with someone who has traveled to China, Iran,
Italy, Japan or South Korea in the last 14 days
who has been sick,**

OR

**Have been in close contact with a person
known to have COVID19,**

Stay Home and call the appropriate number below.

**For Service Members/TRICARE Beneficiaries, call the Nurse Advice
Line (24/7) at 1-800-874-2273, select Option 1.**

**For non-TRICARE beneficiaries, contact your healthcare professional
or Arlington County Public Health Division at 1-877-275-8343.**

**For the latest news and information, refer to the Center for Disease
Control website at <https://www.cdc.gov/>.**

Change of Responsibility video on Facebook page

Joint Base Myer- Henderson held a small, closed ceremony with just key leaders to conduct the official Change of Responsibility followed by remarks from Col. Peeples and outgoing Command Sgt. Maj. Stephen Harris and incoming Command Sgt. Maj. Matthew Majeski. The event was shown live on the JBM-HH Facebook page. The event was both historical and virtual, with participants adhering to social distancing guidelines. The ceremony honors Army tradition and protocol while observing social distancing guidelines.

Those interested in viewing the live stream can go to the JBM-HH Facebook page at <https://www.facebook.com/jbmhh/videos/642850249828637/UzpfSTM2ODQwODU4NzA3MzoxMDE1ODMwNDQzMTCyNzA3NA/>.

You do not need a Facebook account to view. Click the link and you will be able to watch.

Exchange services

There will be no dining in at all exchange facilities, with only food "to-go" available.

- The main store will be open from 9 a.m. to 6 p.m. Monday through Saturday. Sunday hours are unchanged. Starbucks will open at normal times. All concessions at main store will close at 6 p.m.
- Precision Tune Auto Care will be open Monday to Friday from 8 a.m. to 4 p.m. and Saturday from 8 a.m. to 3 p.m.
- Panda Express will now close at 7 p.m.
- Myer Watch and Jewelry Repair is closed.
- The snack area in the Express Snack Avenue is closed.
- The Myer Optical Shop will be closed through March 28, however, an individual will be there from 11:30 a.m. to 5:30 p.m. through March 25 to dispense pre-paid customer orders only.

Where to get coronavirus updates

The Centers for Disease Control and Prevention continues to closely monitor the outbreak of 2019-nCoV. For more information and guidance, visit <https://health.mil/News/In-the-Spotlight/Coronavirus>.

Old Guard Dining Facility switches to "grab-and-go"

The Old Guard Dining Facility will take additional steps to further distance the culinary specialists from patrons. The facility is transitioning from the current "to-go" concept to a "grab-and-go" concept, meaning all food items will be labeled and prepackaged, with little to no interactions between patrons and culinary specialists. With this change, there is no impact to the current meal schedule or manning cycle. Thank you for the support and understanding in this matter.

Marine Corps Exchange moves to cashless service only

The Henderson Hall Marine Corps Exchange is currently no longer accepting cash payment as an option. To prevent hand-to-hand transmission of germs the exchange is accepting card payments only. The MCX is open from 10 a.m. to 6 p.m.



Supporting
Headquarters &
Service Battalion,
HQMC, Henderson Hall
National Capital Region

JBM-HH closures as of **March 24**

Hours may change as we continually assess the dynamic situation. Please call before visiting services not listed. Follow www.facebook.com/jbmhh and home.army.mil/jbmhh for latest updates from JBM-HH.

The following services **are closed**:

- The JBM-HH Tax Center
- Patton Hall and Spates Community Club
- The JBM-HH Community Activity Center
- The Old Guard USO lounge
- Army Community Service has suspended all classes and April observances
- All JBM-HH fitness centers
- Better Opportunities for Single Soldiers (BOSS) has suspended its programs and operations until further notice.
- The JBM-HH Bowling Center has been closed for all services until further notice except take-out food and beverage orders.
- The thrift shop on the Fort Myer portion of the joint base is closed --please do not drop off donations.
- The lobby of Armed Forces Bank is closed. Routine transactions via drive up can be made from 9 a.m. to 4 p.m.
- In person religious services at Memorial Chapel have been cancelled, although funeral services will still take place. Religious services can be viewed on the RSO Facebook page online at <https://www.facebook.com/jbmhrso>.
- Arlington National Cemetery remains closed to the public. ANC closes Welcome Center beginning Tuesday, March 24; funerals and family pass holder visitation continues with social distancing procedures and winter hours continue. Family pass holders may access for gravesite visitation from 8 a.m. to 5 p.m. 100% ID check is in place. Be mindful that the Arlington National Cemetery metro station is closed. ANC updates are provided at <https://www.arlingtoncemetery.mil/Visit/COVID-19-Updates>.



The JBM-HH Dining Facility continues to serve under normal hours. Due to the recently effects from the COVID-19, the DFAC is rapidly shifting to a grab-and go only serving style.

Monday through Friday:

Breakfast – 6:30 to 8:30 a.m.
Lunch – 11:30 a.m. to 1 p.m.
Dinner – 4:30 to 6 p.m.

Saturday and Sunday:

Brunch – 9 a.m. to noon
Supper – 4 to 5:30 p.m.

**Please call before
visiting services
not listed. The
latest updates will
be posted at
[facebook.com/
jbmhh](https://www.facebook.com/jbmhh).**

COVID-19 reporting **guidelines for JBM-HH** **personnel**

The following are instructions for reporting procedures for employees and Soldiers on Joint Base Myer-Henderson Hall. It is important to immediately notify the JBM-HH Emergency Operations Center and Rader Clinic to report any quarantined and isolated cases across the installation. This will allow us to better track and prevent further spread of the COVID-19 virus. The report needs to be sent up daily (time to be determined). Please send to the following addresses: usarmy.jbmhh.asa.mbx.dptms-ioc@mail.mil, niki.l.zimmerman.civ@mail.mil.

Guidelines

- If an employee has a history of exposure from a COVID-19 positive individual or travel to a high risk area in the past 14 days AND has no symptoms:
Employee: Call the local health department (this will depend on where you live and not where you work) or your primary care provider and follow the provider instructions. If you are quarantined, stay home and do not leave the house. If you do not live alone, separate yourself from your family (different room, linen, plates) Call your supervisor to let him or her know that you will not be able to come to your workplace for 14 days. Monitor yourself for fever (over 100.4) cough and shortness of breath. If you develop symptoms call your primary care provider and follow his/her instructions. If your symptoms are severe, call 911 and let the operator know about your exposure. If someone drives you to the emergency room, call the facility first and tell them about your exposure. Before returning to work, obtain documentation from your primary care provider stating why you were out of work and that you can safely return to the workplace.

Supervisor: Do not allow the employee to return to the workplace for 14 days after the last time the employee was exposed. A negative test for COVID-19 during this time is not sufficient to return an employee to work. Prior to returning to the workplace, have the employee come to the occupational health clinic with documentation from their primary care provider stating why the employee was out of work and that he/she is healthy enough to return to his/her workplace.

- If an employee has a history of exposure from a COVID-19 positive individual or travel to a high risk area in the past 14 days AND has symptoms:
Employee: Call your primary care provider and follow his/her instructions. If your symptoms are severe, call 911 and let the operator know about your exposure. If someone drives you to the emergency room, call the facility first and tell them about your exposure. If you are diagnosed by a medical profession with COVID-19 (either with a positive test or because of your symptoms and history), you will be isolated. If you are isolated, stay home and do not leave the house. If you do not live alone, separate yourself from your family. As soon as you are able, let your supervisor know that you will be out of work and why. Do not return to work until cleared to do so by your primary care provider. You will need to provide documentation from your treating provider stating that you are safe and healthy enough to return to the workplace. If you are hospitalized, either the hospital staff or your treating provider will determine when you can safely return to work.

Supervisor: Do not allow the employee to return to the workplace until the employee has been cleared to do so by his/her treating provider. Prior to returning to the workplace, have the employee come to the occupational health clinic with documentation from their primary care provider stating why the employee was out of work and that he/she is healthy enough to return to his/her workplace.

CYS update

Cody CYS Center is open for children of some mission essential parents. The CYS Center is open for children of the following family categories only: Single/dual DoD COVID-19 mission essential, and DoD COVID-19 mission essential with a spouse who works in the healthcare industry or is a first responder (i.e. emergency medical technicians, paramedics, police officers, firefighters). If you submitted a form, but your family is not in one of the above categories, we are unable to provide care at this time. Forms received at the current time will be considered on a case by case basis.

Support firefighters

Firefighters answer the calling to be first responders in matters of life, health, and safety. Let's help them accomplish the mission to protect, support, and defend the JBM-HH community. If you or a loved one is feeling ill, do not visit the JBM-HH firehouses for a medical evaluation. Instead, call your doctor or medical professional right away. Your efforts can help keep our firefighters out of quarantine, working on the front line, keeping our communities safe.

Rader Clinic update

The Rader Clinic Pharmacy has initiated a drive-thru pharmacy. When approaching the clinic, please follow the directional pattern that it set up for safety and efficiency. The clinic pharmacy new closure time is 3:30 p.m., until further notice.

For any patients or residents on either Fort Myer or Fort McNair who think they may have been exposed to COVID, please stay at home and call 1-800-TRICARE (874-2273), option 1. You can also web chat at www.mhsnurseadvice.com. You will get additional instructions from the nurse at that number on what to do. We do currently have testing capability at Rader Clinic for COVID-19.

If you have concerns or would like to inquire about testing, please call 1-800-TRICARE (874-2273) Option 1. A nurse will talk to you about whether it is appropriate to test you based on your symptoms, travel, and contact history. If you meet the criteria for testing, the nurse will give you detailed instructions. Lastly, if you do have an in person appointment at the Rader Clinic, we have a screening station set up in our main entrance. Please be prepared to answer some simple questions about your symptoms and your recent travels.



Help keep our #Team JBMHH Firefighters safe and ready to protect, support, and defend.

- If you are feeling sick, please do not visit a fire station for evaluation. Please call your medical professional right away.
- Please only utilize the 911 system only in the event of severe difficulty breathing or illness.
- Your efforts to protect our firefighters and will ensure that members can remain on the trucks where they can do the most good and continue to protect our communities.

March 24, 2020

Fort McNair clinic closed

Due to the expansion of precautions across our community surrounding the COVID-19 development, Andrew Rader U.S. Army Health Clinic will begin to limit visitor access and increase screening protocols. Fort McNair Clinic is closed and will be centralizing all patient care at Rader Clinic for the JBM-HH and McNair beneficiaries. For patients who live or work on Fort McNair, please temporarily use the Rader Main Clinic line to make your appointment (833-853-1392) for our Fort Myer location. Or, like always, you can use [tricareonline.com](https://www.tricareonline.com) or call the NCR Appointment Line at 1-855-227-6331

We ask that visitors without an appointment or need for other medical services, such as lab/pharmacy/radiology/immunizations, avoid entering Andrew Rader and Fort McNair clinics.

Additionally, we will be enhancing our screening protocols before patients enter the building. This could cause a slight delay as you arrive. Though the screening process for most will take less than a minute, we encourage patients to arrive 10 minutes earlier than normal

United we stand

The U.S. Army Band continues to serve you through a new online series focused on bringing us all (virtually) together and creating a compassionate, uplifting, and connected community centered around music.

In case you missed it, catch the concert of "United We Stand, Music to Connect" on the JBM-HH and TUSAB Facebook pages. The U.S. Army Woodwind Quintet performed in accordance with current CDC guidelines, a

program of American Classics live from Brucker Hall on Joint Base Myer - Henderson Hall. The video can be found www.facebook.com/jbmhh and www.facebook.com/usarmyband/.

Memorial Chapel services to be hosted online

Members of the joint base community are welcome to view church services live. Join JBM-HH Religious Support Office online at <https://www.facebook.com/jbmhrso>.



Autism Awareness 5K cancelled

The first race of the Henderson Hall Ooh Rah Race Series, the Autism Awareness 5K has been postponed. Once more information is available and the date is rescheduled, it will be announced here.

March 24, 2020

Transportation Advisory

Update:

The following DOD shuttles have announced modifications to their schedules:

DOD shuttles

Routes 1, 2, 7, 8, 11

Service suspended until further notice.

Route 3

Pentagon - Crystal City

Operating every 60 minutes, service starts at 8 a.m. and terminates at the Pentagon Transit Center

All other DOD Shuttle routes are currently operating on normal weekday schedules, as of Monday, March 23, 2020.

WMATA Pentagon shuttle

Route 7M

Mark Center - Pentagon:

Operating every 30 minutes

WMATA updates

Please read below for Metrorail updates. For the latest transit advisories, please visit WMATA at www.wmata.com.

Metrorail

New hours are weekdays from 5 a.m. to 11 p.m., and weekends from 8 a.m. to 11 p.m. Trains will run every 15 minutes on each line at all times, including the Red Line. All trains will operate with 8 cars, the maximum possible length, to help maintain social distancing between customers.

Metro's Rail Operations Control Centers will actively monitor trains and station platforms for any possible crowding.

Metro is reducing/cancelling track work, except emergency maintenance and inspections, to

avoid unexpected delays and maintain 15-minute intervals between trains.

Smithsonian and Arlington Cemetery Metrorail stations are closed until further notice to discourage the use of Metrorail for recreational visits to view the Cherry Blossoms around the Tidal Basin.

Metrobus

Metrobus 7M will operate normal weekday schedule.

Metrobus A4 will operate between Anacostia Station and the US Coast Guard Headquarters.

Buses will operate on a Sunday schedule, with supplemental service on selected routes to prevent crowding and ensure areas are not cut off. To view the schedule visit

<https://www.wmata.com/service/status/details/service-change-sunday-supplemental-schedule-covid19-march-18.cfm>.

IMPORTANT: Bus operators are granted the authority to bypass bus stops to maintain safe social distancing aboard the vehicle.

MetroAccess

All subscription trips are cancelled until further notice. Customers with a critical need to travel should make a separate reservation calling 301-562-5360 (TTY 301-588-7535) or via the online reservation system.

Alexandria Transit (DASH) (www.dashbus.com)

DASH has implemented an enhanced Saturday operating plan on weekdays. For information visit, <https://www.dashbus.com/schedules> and <https://www.dashbus.com/covidmods>

DASH has eliminated fares on all buses until further notice and switch to rear-door boarding to reduce the spread of COVID-19. Passengers can board through the front doors if a ramp is needed to accommodate individuals with

disabilities or strollers. *(More transit information on next page)*

(Continued from previous page)

Arlington Transit (ART)

(www.arlingtontransit.com)

ART 41, 42, 45, 51, 55, 77 and 87 will operate on Saturday schedules with the following changes:

- ART 42 & 87 will terminate at the Pentagon instead of Pentagon City
- ART 45 will start 1 hour early at 6:30 a.m.
- ART 43 will operate every 20 minutes from 6 am to 11 pm following its weekday route
- All other ART routes will not operate.
- STAR service will continue to provide normal service. Passengers are requested not to schedule medical trips if showing signs of illness.

ART and STAR services will be monitored daily and may be subject to change in response to the latest conditions. Please visit <https://www.arlingtontransit.com/rreduced-service> for details.

DC Circulator (www.dccirculator.com)

DC Circulator has suspended fares on all routes during the public health emergency. Suspension of fares will allow passengers to board the bus from all doors in support of social distancing practices recommended by the Centers for Disease Control and Prevention. Passengers who require wheelchair access may still use the front door to board. Service has been suspended on the National Mall Route.

Please visit <https://www.dccirculator.com/ddot-suspends-dc-circulator-fares/> for details.



Connect with Army Community Service

To keep all of us safe and healthy Joint Base Myer-Henderson Hall Army Community Service is closed for general services, but will continue providing services telephonically and digitally.

There are several ways to contact ACS:

1. Call (703) 696-3435 to reach someone who will get you the service you are looking for or
2. Scan the QR code below to be taken directly to the email link and you will be contacted.
3. You can still come by in person to ACS, building 201 to request services, but your request will be routed to a provider who will contact you by phone or email.

Online resources such as Army One Source (myarmyonesource.com) and the Community Resource Guide linked to the JBMHH homepage are available as well.

Follow the QR code to connect with JBM-HH Army Community Service!



Henderson Hall Career Resource classes suspended

All in-person classes at the Henderson Hall Career Resource Management Center are suspended until further notice. Please contact your Unit Transition Coordinator for the most current guidance on completing your transition readiness seminar requirements.

Staff will remain available via email and telephone to complete individual counseling and capstone review appointments and related transition services. For transition support, please contact our office during normal business hours, 8 a.m. to 4:30 p.m. For more information on these services, visit the Henderson Hall CMRC online at <http://www.mccshh.com/crmc.html>.

JBM-HH Library is open

The JBM-HH Library is open with limited services. Library access is limited to 10 patrons at a time, over the age of 18, for the check-out/check-in of library materials only. Computer use, group meetings, lounging, copying, and printing have been suspended until further notice.

Auto Skills Craft Shop

The Auto Skills Craft Shop is open Fridays only from 1 to 8 p.m., Saturdays and Sundays from 10 a.m. to 5 p.m.

Henderson Hall Car Wash is open

The Henderson Hall car wash is open at this time.

Directorate of Human Resources curtailed service

The Directorate of Human Resources Services have curtailed the following services.

- ID cards and services for DEERS are being done by appointments and walk-in are being done on as emergency and by certain exceptions. If an individual has an ID card that will expire before June 1, he or she will be serviced.
- Transition services has suspended its walk-in services. Transitioning customers, which includes ETS, retirement and chapters are being services using telephonic and automated systems. All separations actions will be serviced through the transition mailbox and individual email. SBP processing will be serviced through the mailbox, email and telephone.
- Casualty operations have been curtailed and suspended its walk-in customer service. Customers will be briefed telephonically and forms will be emailed for signature where feasible with walk-in appointments by exception. At this time, the only people allowed to report to the CAC is the noncommissioned officer in charge of the Funeral Honors Team.

Education Center **curtailed Services**

The JBM-HH Education Center has curtailed their services. The education center will shift to virtual service delivery in the following areas:

- Guidance and counseling
- Tuition assistance and GoArmyEd assistance.
- Credentialing assistance
- Career Skills Program
- College program advising and enrollment
- On-post college representatives and all classes are in online delivery format
- Transition counseling and accessing higher education track course
- Miscellaneous memorandums, transcript evaluations, course withdrawals, ETPs and helpdesk cases.

The following services will not be available at the education center:

- Testing
- Learning center and computer lab
- Classroom management
- Basic Skills Education Program

For more information about JBM-HH TA, CA and GoArmyEd, please call (703) 696-3178/1541/1588/1579; Fort Belvoir TA, CA and GoArmyEd, please call (703) 805-9268/9267; or Fort Meade TA, CA, GoArmyEd, please call (301) 677-5414/2064. For questions or information about the education center, please contact the education officer at (703) 696-3195, mobile (703) 402-8007 or by email at

usarmy.jbmhh.asa.mbx.education-center@mail.mil.

Remote SFL-TAP **offerings**

The SFL-TAP program will provide remote or virtual services in the following areas:

- Initial counseling (one-on-one counseling)
- Pre-separation briefing
- Financial counseling
- VA benefits counseling
- Capstone (completion of DD 2648)
- SFL-TAP will provide guidance on completing any requirements through JKO online
- VA claims information and orientation

Although SFL-TAP will provide some services remotely or virtually, the program will continue to respond to any inquiries and conduct business via email, telephone or videoconferencing.

Soldiers who complete capstone while the center is closed will be automatically cleared by the program manager, Carlos Rodriguez, once DD 2648 is processed and signed electronically.

Soldiers will ensure they get a copy of DD 2648 during their capstone appointment. For more information about the virtual and remote service being provided by SFL-TAP, please call (703) 696-0973, (703) 794-5986 or email

[usarmy.jbmhh.asa.mbx.sfl-tap-center-](mailto:usarmy.jbmhh.asa.mbx.sfl-tap-center-myler@mail.mil)

myler@mail.mil. For more information about VA claims, please contact Eleonore Richards at (202) 641-6481 or by email at

eleonore.richards@serco-na.com. For VA claims orientation, contact Chris Guthrie at (202) 480-0077 or by email at cguthrie@vfw.org.

Shipments abroad

Permanent Change of Stationing Soldiers and Families on orders to or from a country with a Centers for Disease Control warning level category 3 for COVID-19 (Korea and Italy) will stop movement and delay travel until May 6 or further notice, according to an Army message. If you received orders from Joint Base Myer-Henderson Hall's Military Personnel Division, please contact Douglas Russell at (703)696-3695, douglas.a.russell3.civ@usa.army.mil, with any questions.

Department of Defense customers who are or were expected to make PCS to Korea or Italy and previously arranged to have their household goods, unaccompanied baggage and privately owned vehicle shipments and official travel tickets issued by JBM-HH are requested to contact the JBM-HH Transportation Office.

The transportation office can be reached by phone at (703) 614-7190/91 or e-mail at m_hnhl_hqbn_dmo@usmc.mil. Please contact the office with any questions regarding the rescheduling or cancellation of your shipments and flights due to the travel restrictions that are currently in place for Korea and Italy.

The direct point of contact for this transportation announcement is transportation officer Kenny Hopkins, who can be reached by phone at (703) 693-8541 and by email at kenny.r.hopkins@usmc.mil.

Commissary Changes

There are now 100-percent ID card checks at the Fort Myer Commissary. No visitors will be allowed in. Also, the commissary will not be open to visitors. The commissary is open normal hours except that they are not opening for early bird shopping to give more time to cleaning and restocking shelves. Normal open hours are 8:30 a.m. to 7:30 p.m. Monday through Friday, 7 a.m. to 6:30 p.m. on Saturday and 8:30 a.m. to 6 p.m. on Sunday.

Old Post Chapel Gate closed for construction

The Old Post Chapel Gate on the Fort Myer side of JBM-HH is closed until spring. During this time all funerals are moved to Memorial Chapel and will use Memorial Gate to access Arlington National Cemetery. There is no access, including pedestrian or personnel, to the cemetery via JBM-HH.



Event cancellations

As the joint base closely monitors the dynamic situation surrounding COVID-19, we will evaluate the hosting of events, prioritizing the well-being of our Soldiers, Families, civilians, and joint base community. Currently, the following events have been cancelled or postponed for safety.



All ceremonies at Conmy Hall until April 1.



SFL-TAP workshops and classes through March 27 are cancelled. This includes DMV2GO. The center remains open for appointments.



What's Your Warrior? Concert originally slated for March 29.



U.S. Army Band concert at Hylton Performing Arts Center. Originally slated for April 3.



Caisson Spring Open House and Hayride set for April has been postponed.



Workforce Development Symposium Originally slated for April 14.



Library cancellations include Builder Day April 16, Buffet Book Club March 31, and no Crafternoon April 5.

Message from the JBM-HH Client Legal Services and Tax Center

Client Legal Services

Due to current operating restrictions JBM-HH Client Legal Services are no longer providing walk-in Power of Attorney or notary services and all appointments scheduled will be telephonic. If an individual would like to schedule a telephonic appointment, please call back during business hours which are Monday through Wednesday 8 a.m. to noon and 1 to 4 p.m., Thursdays from 1 to 4 p.m., and Friday from 8 a.m. to noon and 1 to 4 p.m. at (703) 696-0763. You may email Client Legal services at usarmy.jbmhh.mdw.mbx.jbmhh-clc@mail.mil. Additional updates can on Facebook at the Joint Base Myer-Henderson Hall Client Legal Services page.

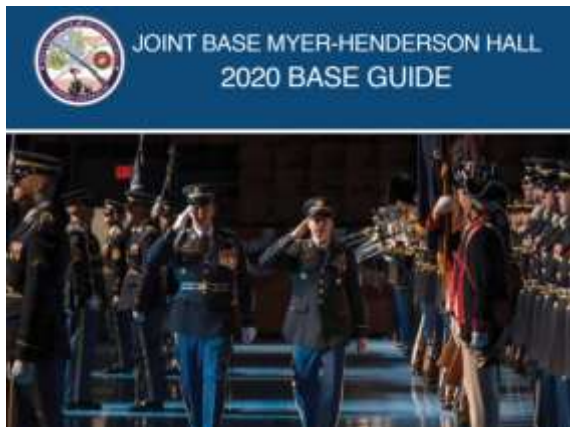
We apologize for any inconvenience this causes and we appreciate your patience and understanding while we all try to navigate these changes. Please do not leave a message as this voicemail is not currently being monitored.

Tax Center

Due to current operating restrictions, all Tax Center operations are suspended. Those with scheduled appointments will not be rescheduled and the JBM-HH Tax Center is unable to book any new appointments at this time. Taxpayers who have already been seen this tax season and whose returns are currently in-progress will be individually contacted. Active Duty Service members and their dependents are encouraged to use MilTax, a free online tax preparation service through Military OneSource, available online at <https://www.militaryonesource.mil/financial-legal/tax-resource-center/miltax-military-tax-services>.

2020 guidebook online

The JBM-HH 2020 Base Guide is now available online. Visit home.army.mil/jbmhh scroll down and click on the JBM-HH 2020 Base Guide icon.



Myer Thrift Shop **applications for** **scholarships**

The Fort Myer Thrift Shop has begun accepting applications for the 2020 academic year. Scholarships are awarded based on merit and are available for children and spouses of U.S. Army personnel – active duty who either live or are deployed from this area, retired or deceased. Applicant must have a valid military dependent ID card. Dedicated volunteers and staff give generously of their time involving numerous hours every year to raise the funds for this program. Information with instructions and application along with a checklist are available on the Fort Myer Thrift Shop website at www.fortmyerthriftshop.org under scholarships. Applications must be postmarked by March 31. Questions may be emailed to scholarshipsfmts@gmail.com.

Fort Myer Thrift Shop **community grants**

The Fort Myer Thrift Shop is now accepting applications for community grants to organizations that provide services and/or support to military organizations, personnel and their Families. Requests are accepted from 501 c (3) and government entities in this area. Additional information and application forms are available online at www.fortmyerthriftshop.org under community grants. Requests must be postmarked by April 23. Questions may be emailed to communitygrantsfmts@gmail.com.

Civilian leave assist

JBM-HH Directorate of Public Works employee Lisa Barnes has been approved to receive leave under the Volunteer Leave Program.

Department of the Army civilian employees who would like to donate annual leave can fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)," at www.opm.gov/forms/pdf_fill/opm630a.pdf.

For federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)," at www.opm.gov/forms/pdf_fill/opm630b.pdf.

For those who wish to donate, please be sure to populate the form with the recipient's name specifically. Send completed form to Maribel Rodriguez at maribel.rodriguez.civ@mail.mil.

March 24, 2020

Joint Base Myer-Henderson Hall Dining Facility



March 23 to 27

Breakfast \$3.50 Lunch \$5.65 Dinner \$4.90

Daily Breakfast Menu

Eggs and Omelets to Order - Scrambled Eggs - Hard Boiled Eggs - Pork Bacon - Pork Sausage - Turkey Bacon
Home Fried Potatoes - Creamed Beef w/ Biscuits - Oatmeal - Grits - Waffles, French Toast, or Pancakes
Fresh Fruit - Assorted Breakfast Pastries

Daily Short Order Menu

Grilled Hamburgers - Grilled Cheeseburgers - Grilled Cheese - Grilled Ham and Cheese - Chili - Baked Beans Self-Serve
Hot-Dogs - **One Short Order Specialty Item** (i.e. Pizzas, Corn Dogs, Mozzarella Cheesesticks, etc.)

Sandwich Bar

Main Menu

Monday

Spinach Lasagna - Chicken Parmesan - Buttered Ziti Noodles - Roasted Red Potatoes
Sautéed Summer Squash - Fresh Green Beans - Italian Pasta Salad - Garlic Breadsticks
Cheesecake with Strawberry Topping - Oatmeal Raisin Cookies - Yellow Cake with Chocolate Icing

Tuesday

Mexican Chicken - Beef and Bean Burritos - Spanish Rice - Refried Beans - Mexican Corn
Steamed Carrots - **Chicken Quesadillas (Grill To Order)** - Fruit Salad - Jalapeno Cornbread
Apple Filled Churros - Sugar Cookies - Chocolate Cake With Chocolate Icing - **Nacho Bar**

Wednesday

Sweet and Sour Chicken - Beef Yakisoba - Pork Fried Rice - Steamed White Rice - Sautéed Cabbage
Steamed Broccoli - Vegetable Stir Fry - Vegetable Egg Rolls - Carrot and Pineapple Salad - Dinner Rolls
Apple Pie - White Chocolate Macadamia Nut Cookies - Spice Cake with White Icing



Wing Wednesday

Thursday

Barbecue Chicken - Braised Spareribs - Fried Catfish - Candied Sweet Potatoes - Macaroni & Cheese
Collard Greens - Corn on the Cob - Mustard Potato Salad - Cornbread Muffins - Peach Pie
Peanut Butter Cookies - Bread Pudding with Carmel Sauce - **Potato Bar**



Friday

Yankee Pot Roast - Rotisserie Chicken - Mashed Potatoes - Rice Pilaf - Glazed Carrots
Sautéed Summer Squash - Cucumber and Onion Salad - Dinner Rolls - Cherry Pie
Chocolate Chip Cookies - Angel Food Cake - **Build Your Own Burger Bar**

During this time, due to current events, the DFAC is rapidly shifting to a grab-and-go only serving style, while maintaining the same meal schedule. Starting March 18, the DFAC will operate strictly with to-go plates, with no dining in option.

JBM-HH Dining Facility hours and pricing

Monday through Friday:

Breakfast – 6:30 to 8:30 a.m. (\$3.50)

Lunch – 11:30 a.m. to 1 p.m. (\$5.65)

Dinner - 4:30 to 6 p.m. (\$4.90)

Saturday and Sunday:

Brunch – 9 a.m. to noon (\$6.30)

Supper – 4 to 5:30 p.m. (\$7.70)

The handout below provides general fire safety tips to review while we may be spending more time in our homes teleworking, home schooling, or being self-quarantined. It is to be used as general guidance for home fire safety. The JBM- HH Fire and Emergency Services recommends you check with your local Government websites or fire departments for additional information. It is important to note most fire departments are restricting access inside buildings during the current pandemic. If you cannot find answers online then call them on the phone.



Emergencies Call

911

**JBMHH
Fire Department
Non-Emergency
(703) 696-3483**

**Additional
Resources**

NFPA.org

USFA.FEMA.org

Ready.gov

NSC.org

Home Fire Safety

Have a Home Fire Exit Plan with Two Ways Out of Every Room

Fire Safety While Teleworking or Self Quarantined

Handout provides general fire safety tips to review while we may be spending more time in our homes teleworking, home schooling, or self quarantined. It is to be used as general guidance for home fire safety.

General Fire Safety

Check Home Smoke Detectors

- If older than 10 years replace the detector.
- Replace batteries annually, unless 10 year batteries are installed.

Cooking Safety

- Stay in the kitchen when cooking. No unattended cooking.
- Pot handles are always turned toward the back of the stove.

Electrical and Appliance Safety

- All electrical cords are in good condition and not broken or cut.
- Clean the dryer lint after every use.

Carbon Monoxide Alarms

- Carbon monoxide alarms are located on each level of the home.
- Carbon monoxide alarms are less than 7 years old.

Space Heaters

- Confirm heater has a seal from a qualified testing laboratory (UL, ETL, etc...).
- Place on solid flat surface.
- Plug directly into the wall outlet. Never use an extension cord or power strip.

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Fire Prevention Office Contact Information

James Dansereau
Fire Inspector
James.m.dansereau.civ@mail.mil

Joe Barrow
Fire Inspector
Joseph.l.barrow2.civ@mail.mil

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19