



JOINT BASE MYER-HENDERSON HALL BASE GUIDE 2023

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TABLE OF CONTENTS

6 WELCOME TO JOINT BASE
MYER-HENDERSON HALL

7 A LITTLE HISTORY

10 MISSIONS, HEADQUARTERS,
DEMOGRAPHICS

11 HEADQUARTERS BATTALION, U.S. ARMY,
FORT MYER, VIRGINIA

12 IN-PROCESSING

13 SERVICES

30 DIRECTORATE OF FAMILY, MORALE,
WELFARE AND RECREATION

32 MARINE CORPS
COMMUNITY SERVICES

36 PARTNERS

46 AREA ATTRACTIONS

INSTALLATION MAPS

TELEPHONE DIRECTORY

SHOPPER'S GUIDE

JOINT BASE MYER-HENDERSON HALL

Joint Base Commander – Col. Dave Bowling
Command Sergeant Major -
Command Sgt. Maj. Matthew Majeski

Editor – Denise Caskey

Contributors –
Sherry Kuiper, Rachel Everett, Pamela Kulokas

DC MILITARY

29088 Airpark Dr, Easton, MD 21601
301-848-0175 | www.dcmilitary.com

Publisher – John Rives

Sales Consultant – Ryan Ebaugh

Graphic Designer – Bobby Miller

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On the Cover

Joint Base Myer-Henderson Hall
A History of Innovation • A Future of Success
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WELCOME TO **JOINT BASE MYER-HENDERSON HALL**



Look for details inside this guidebook, prepared to introduce you to the joint military environment in the National Capital Region, but also to acquaint you specifically with the services and facilities that will make you feel at home.

You are serving at the center of the nation's treasure, wrapped in the history of yesterday and poised for the innovations of tomorrow.

There are very few service-unique functions at Joint Base Myer-Henderson Hall. If a function can be shared, and it is in the best interests of those served to do so, the function is shared.

Both services maintain the traditions and unique history that speak "Soldier" and "Marine."

Again, welcome to Joint Base Myer-Henderson Hall located in Virginia and in Washington, District of Columbia.

A HISTORY OF INNOVATION • A FUTURE OF SUCCESS

A LITTLE HISTORY

Joint Base Myer-Henderson Hall is made up of Fort Myer and Henderson Hall in Virginia, and Fort Lesley J. McNair in Washington, D.C.

FORT MYER

Fort Myer, Virginia, traces its origins to the Civil War and since then, has been a Signal Corps post, a showcase for Army cavalry and site of the first flight of an aircraft at a military installation.

The acreage that is Fort Myer and Arlington National Cemetery was once called Arlington Heights when owned in the late 1850s by Mary Anna Randolph Custis, daughter of George Washington Parke Custis, Martha Washington's grandson.

Mary Anna married young Army Lt. Robert E. Lee in 1831. Lee, who had graduated second in his West Point class of 1829, later helped rescue the estate from financial ruin in 1860. The Lees left the area in the spring of 1861, and Lee became military advisor to Confederate President Jefferson Davis, and later, commander of the Army of Northern Virginia. He never returned to Arlington.

The government confiscated the land in 1864, when Mrs. Lee did not pay her property taxes in person. Part of the estate became Arlington National Cemetery. The remainder of the estate consisted of Fort Cass (named by the Union Army's 9th Regiment Massachusetts Volunteer Infantry Soldiers for their commander Col. Thomas Cass), built in 1861, where the Fort Myer Thrift Shop now stands; and Fort Whipple – built in May 1863 – now Whipple Field. Fort Whipple was named in honor of Maj. Gen. Amiel Whipple, a West Point graduate of the class of 1841. A Union officer, Whipple fought in the Civil War battles of Fredericksburg and Chancellorsville in Virginia. He died of wounds sustained at Chancellorsville in 1863.

Fort Whipple was one of the stronger fortifications built to defend the Union capital across the Potomac River. Units stationed there lived in tents and temporary frame structures. The fledgling post's high elevation made it ideal for visual communication, and the Signal Corps took it over in the late 1860s. Brig. Gen. Albert J. Myer commanded Fort Whipple and, in 1866, he was appointed



Soldiers of the 15th Cavalry raise their swords on Summerall Field for a photo. Fort Myer was a showcase for the U.S. Cavalry. With about 1,500 horses serving the field artillery and the cavalry, there were once many stables on the post. The stable far back on the right is where The Old Guard's Caisson Platoon currently houses the horses which provide funeral services for veterans in Arlington National Cemetery.

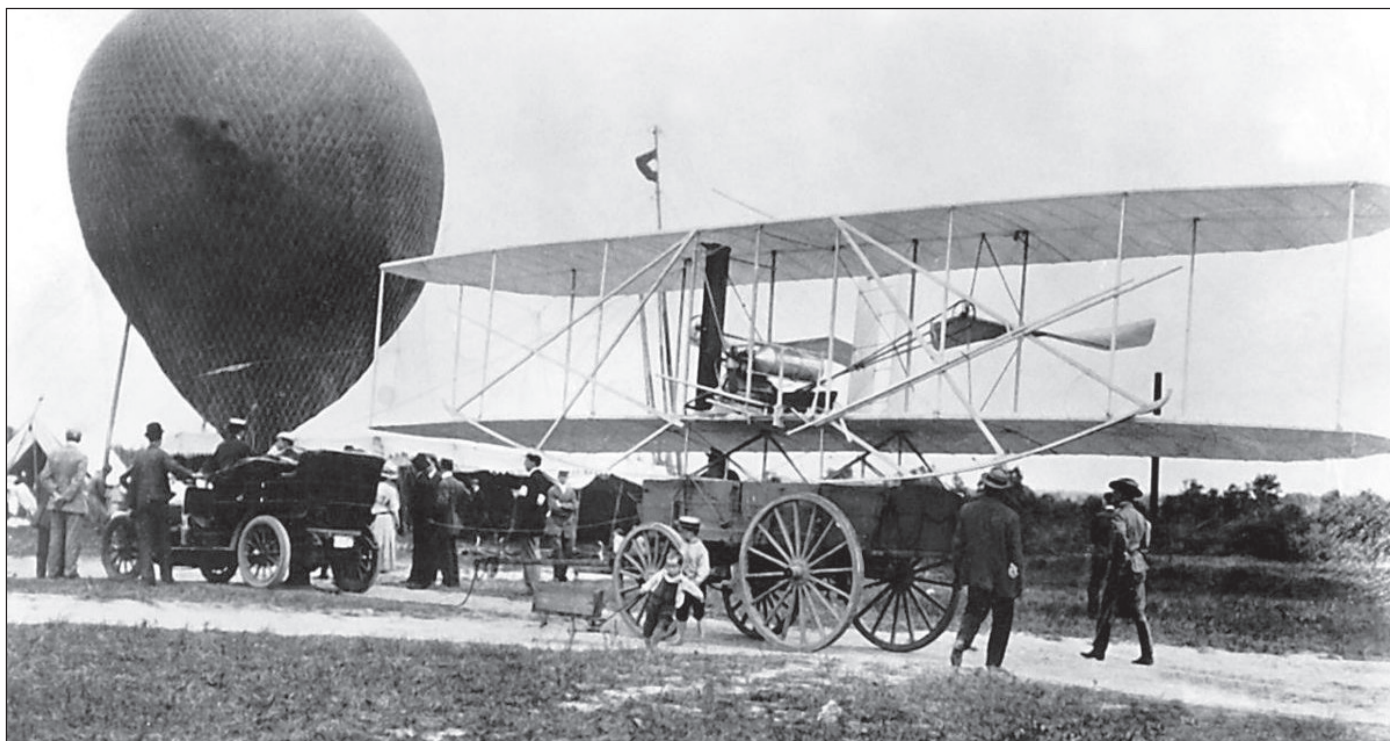
the Army's first chief signal officer, a post he held until his death in 1880. The post was renamed Fort Myer the next year in his honor.

In 1886, Gen. Philip H. Sheridan, the Army's commanding general, directed Fort Myer to become the nation's cavalry showplace. Signal Corps personnel moved out and cavalymen moved in, including the 3rd Cavalry Regiment between World Wars I and II, supported by the 16th and 55th Field Artillery Battalions. Some 1,500 horses were stabled at Fort Myer in 1940, and Army horsemanship had become an important part of Washington's official and social life.

Most of the buildings at the north end of Fort Myer were built between 1892 and 1908. Quarters One was completed in 1899, as the post commander's house, but since 1908, it has been the home of Army chiefs of staff, including Gens. George C. Marshall, Omar N. Bradley, Douglas MacArthur and Dwight D. Eisenhower.

The first military test flight of an aircraft was made from the Fort Myer parade ground on Sept. 9, 1908, when Orville Wright kept the Wright Flyer in the air for a minute and 11 seconds. The 13th test flight ended in tragedy when after three minutes aloft, the aircraft crashed. Wright was severely injured, and a passenger, Lt. Thomas Selfridge, became the first powered aviation fatality.

Defense troops were stationed at Fort Myer during World War II, when it also served as a processing station for Soldiers entering and leaving the Army. The U.S. Army Band (Pershing's Own) and the U.S. Army School of Music moved to the post in 1942, joined later by the U.S. Army Chorus. The Army's oldest infantry unit, the 3d U.S. Infantry Regiment (The Old Guard) was reactivated in 1948, and assigned to Forts Myer and McNair (D.C.) to become the Army's official ceremonial unit and security force in the Washington metropolitan area.



The Wright Military Flyer arrives at Fort Myer, Virginia, aboard a wagon, attracting the attention of children and adults, Sept. 1, 1908. In addition to military aviation trials, Fort Myer is also the home of U.S. Army Observation Balloon training from 1902-1927. #HistoryOfInnovation

FORT MCNAIR

Fort Lesley J. McNair, on the point of land where the Potomac and Anacostia rivers join in Washington, D.C., has been an Army post for more than 200 years, third only to West Point and Carlisle Barracks, Pennsylvania, in length of service. The military reservation was established in 1791, on about 28 acres of what then was called Greenleaf Point. Maj. Pierre C. L'Enfant included it in his plans for "Washington, the Federal City," as a major site for the defense of the capital. An arsenal first occupied the site in 1801; earthen defenses had been there since 1791.

The fortifications did not halt the invading British in 1814. With the British coming overland toward Bladensburg, Maryland, Soldiers at the arsenal evacuated north with as much gunpowder as they could carry, hiding the rest in a well as the Redcoats approached from two directions. About 45 British soldiers were killed and wounded from an accidental explosion when a spark ignited an open barrel of black powder.

"A tremendous explosion ensued," a doctor at the scene reported, "whereby the officers and about 30 of the men were killed and the rest most shockingly mangled." The remaining British destroyed the arsenal buildings, but the facilities were rebuilt after the war.

Land was purchased north of the arsenal in 1826, for the first federal penitentiary where the conspirators accused of assassinating President Abraham Lincoln were imprisoned in 1865; after a trial found them guilty, four were executed there by hanging.

Among them was Mary Surratt, the first woman to be executed under federal orders.

The movie "The Conspirator," recalling these events, came out in 2011.

A hospital was built next to the penitentiary in 1857, and Civil War Soldiers who were wounded were treated at what then was called the Washington Arsenal. President Lincoln was a frequent visitor to the arsenal, coming to observe ordnance tests on new weaponry. He also attended the funeral for 21 women war workers who on June 17, 1864, were killed by the explosion of a bin of gunpowder in

the room in which they were assembling cartridge cases by hand. A spark ignited fireworks drying outside the building causing the explosion, one of the worst catastrophes to occur in the city of Washington.

The arsenal was closed in 1881, and the post was transferred to the Quartermaster Corps. It was known by the name Washington Barracks. A general hospital was located at the post from 1898 until 1909. Maj. Walter Reed worked there and found the area's marshlands an excellent site for his research on malaria. The major died of peritonitis after an emergency appendectomy operation at the post in 1902.

The post dispensary now occupies the buildings where Reed worked and died.

About 90 percent of the present buildings on the post's 100 acres were built, reconstructed or remodeled after 1903.

The post was renamed in 1948 to honor Lt. Gen. Lesley J. McNair, commander of Army Ground Forces during World War II. McNair, who had been headquartered at the post, was killed in Normandy, France, July 25, 1944.

HENDERSON HALL

Henderson Hall is located in Arlington, Virginia, directly across the Potomac River from the nation's capital.

Henderson Hall is situated on Southgate Road on the southern border of Arlington National Cemetery, next door to the Army's Fort Myer. The Pentagon is a short distance to the east, with the Air Force Memorial immediately to the east.

Built on land acquired through deeds and other actions between 1943 and 1952, Henderson Hall officially became U.S. government property on Feb. 15, 1954, when the governor of Virginia executed a Deed of Cession of Political Jurisdiction.

With the move of Headquarters Marine Corps to the Navy Annex in November 1941, and Marine Corps expansion following the outbreak of World War II, a Headquarters and Service Company was organized at Henderson Hall on March 1, 1942.

Subsequently, the unit was designated Headquarters Battalion on April 1, 1943. A section of Headquarters Battalion of Women Marine Reserves was organized in September 1943, to provide barracks for a portion of the 2,658 women assigned to the Washington, D.C., area. During August 1946, a substantial number of female Marines were released from active duty, making Henderson Hall barracks available for billeting male Marines.

Henderson Hall owes its name to Col. (Brevet Brig. Gen.) Archibald Henderson, fifth commandant of the Marine Corps. Born in Colchester, Virginia, Jan. 21, 1783, he was appointed a second lieutenant in the Marine Corps June 4, 1806; promoted to first lieutenant March 6, 1807; to captain April 1, 1811; and was appointed a major, by brevet, in the year 1814.

As a captain during the War of 1812, Henderson participated in the engagements with the British war ships HMS Cyane and HMS Levant on April 20, 1815. He received a silver medal and was included in the thanks of Congress to the officers and men of the USS



Soldiers assemble on Fort Myer's Summerall Field for Officer Training Camp in 1917.

Constitution for gallant service. He was later presented with a jeweled sword by the Commonwealth of Virginia.

During the years subsequent to the second war with Great Britain, until the year he was appointed commandant, Brevet Maj. Henderson was on duty at such posts and stations as Boston, Portsmouth, Headquarters, U.S. Marine Corps; and at New Orleans.

On Oct. 17, 1820, at the age of 37, Lt. Col. Henderson was appointed as commandant of the Marine Corps. He served in the position for more than 38 years – the longest of any officer to hold that position.

During the 1836-37 war with the Seminole and Creek Indians in Georgia and Florida, in which the Marine Corps took an active part, Col. Henderson, as commandant, went in person into the field with his command sharing in the dangers and exposures of that campaign. For his services in checking Indian hostilities, he was advanced to the brevet rank of brigadier general.

During the Mexican War, which was preceded by much military activity on the part of the Marine Corps during

the years 1845-46 on the West Coast, Henderson administered the affairs of the Marine Corps. The success attained by the Corps during the war, including its expansion and development from a small fighting force into a well-recognized and very formidable arm of the nation's military forces, was due in no small measure to the leadership and ability of its commandant.

In 1857, Marines were ordered at the request of the mayor of Washington, D.C., to suppress an armed mob of "hired roughs and bullies" that had been imported from Baltimore to take possession of the election booths. During the riot, when a cannon was put into position by a large crowd who threatened the Marines, Henderson deliberately placed his body against the muzzle, thereby preventing it from being aimed at the Marines, just at the moment when it was about to be discharged.

He died Jan. 6, 1859. His remains were interred in the Congressional Cemetery in southeast Washington, D.C. The Navy transport the USS Henderson, was named in his memory.



MISSIONS, HEADQUARTERS, DEMOGRAPHICS

Joint Base Myer-Henderson Hall secures its joint community, sustains infrastructure and supports installation partners and special events in order to support the Joint Task Force - National Capital Region and U.S. Army Military District of Washington mission and contingency operations.

On order, JBM-HH supports MDW and JTF-NCR homeland defense, defense support of civil authorities, and other contingency operations in the NCR.

The joint base, headquartered at Fort Myer, provides some 150,000 active duty, reserve component, and retired military personnel, Family members, and civilian workforce with modern, clean, safe facilities and services.

Amid history and pageantry, JBM-HH provides administrative, housing, recreation, and support to active duty, reserve component, retired military, and Department of Defense civilian personnel stationed or living in the NCR.

ARMY

The U.S. Army Military District of Washington commanding general serves as the senior commander for Joint Base Myer-Henderson Hall providing for the care of service members, Families, and civilians and enabling unit readiness. The CG, USAMDW, also serves as the commander of Joint Task Force - National Capital Region. JTF-NCR plans, partners, maintains situational awareness, and as directed, employs forces to conduct homeland defense and civil support operations to defend and secure the National Capital Region. As a Direct Reporting Unit to Headquarters, Department of the Army, USAMDW provides executive, operational, ceremonial and musical support across a full spectrum of worldwide responsibilities to support our nation's leaders, while also serving as the Army forces component to, and core staff element of, the Joint Task Force-National Capital Region.

U.S. ARMY INSTALLATION MANAGEMENT COMMAND

Installation Management Command was

formally acknowledged as a major subordinate command of Army Materiel Command.

The transition establishes unity of command and effort on installations, improves the readiness of Soldiers and formations, and strengthen the well-being of Soldiers, civilians and Families.

The move, part of the Army's aggressive ongoing reforms, was made to free up resources for readiness and modernization efforts and to improve overall efficiency.

Gen. Edward M. Daly is Commanding General of Army Materiel Command, based at Redstone Arsenal, Alabama.

Lt. Gen. Douglas M. Gabram, IMCOM commanding general, serves from Fort Sam Houston, Texas.

Joint Base Myer-Henderson Hall is one of the 17 installations in the Installation Support Directorate Sustainment. The Central and Atlantic Regions of IMCOM recently transformed to three Installation Support Directorates, each co-located with the ACOM it supports: Readiness, Sustainment, and Training.

No military or civilian personnel moves are expected at this time due to the realignment. IMCOM has 50,000 employees worldwide.

Army installations play a vital role in establishing military might and sustaining troops, and praised IMCOM professionals for their work.

IMCOM is the 10th command aligned under AMC. Its realignment reinforces the Army's priority of readiness, ensuring all installations are postured to provide the best support, services and facilities.

AMC performs installation support and service functions, from management of installation power-projection platforms to installation contracting services.

This realignment consolidates base operations and other similar support functions under one command and leverages the Army's existing expertise in logistics, sustainment and services.

This effort is one of the ongoing reforms of management and headquarters to make the Army as efficient as possible and ensure the prioritization of resources to readiness and modernization.

The Army continues to focus on reform to modernize the force and increase lethality in support of multi-domain operations.

MARINES

Headquarters and Service Battalion, Headquarters Marine Corps, Henderson Hall, in Bldg. 29 on the Henderson Hall portion of the joint base, provides administrative, operational, and logistical and quality of life services in support of over 2,000 Marines and civilians of Headquarters Marine Corps. Additionally, Henderson Hall serves to support all of the retired service members and Family members who live in the National Capital Region.

Some 450 Marines and civilians work in the confines of the joint base, and the remainder is spread throughout the Pentagon, Navy Yard, Crystal City, and other dispersed locations in five counties surrounding Washington, D.C.

DEMOGRAPHICS

2,020 Assigned Active Duty Military Personnel
5,900 Attached Active Duty Military Personnel
5,608 Civilian Workforce
120,000 Military Family Members, Retirees, Spouses

TWO INSTALLATIONS

- Fort Myer and Henderson Hall portions of JBM-HH – Arlington County, Virginia – 270 acres.
- Historic District – 74 acres in 182 buildings; one historic landmark (Quarters 1)
- Fort Lesley J. McNair portion of JBM-HH – Southwest Washington, D.C. – 108 acres.
- Historic District – 89 acres in 66 buildings; one historic landmark (Roosevelt Hall, National War College)
- Joint Basing – Full Operating Capability – Oct. 1, 2009.

We have a history of partnering: Joint services housing since 1987; gate removed between Henderson Hall and Fort Myer in 2005; consistent force protection – 2006; JBM-HH is the first Army-led joint base reaching full operating capability Oct. 1, 2009, under Base Realignment and Closure 2005, Section 146.

HEADQUARTERS **BATTALION**, U.S. ARMY, FORT MYER, VIRGINIA

Headquarters Battalion, U.S. Army is the premier headquarters command unit in the U.S. Army, and its motto is “Leadership and Service.” It is the Army’s largest battalion with approximately 6,000 active duty and reserve component Soldiers serving in the National Capital Region and conducting worldwide operations.

Headquarters Battalion, U.S. Army’s primary mission is to:

Ensure the accountability, discipline, and individual readiness of more than 6,000 assigned and attached Soldiers serving in 62 agencies around the National Capital Region.

Other missions include supporting Joint Base Myer–Henderson Hall in Virginia and Fort McNair in the District of Columbia. The Headquarters Battalion, U.S. Army partners with the Fort Belvoir, Virginia, and Fort Meade, Maryland, headquarters battalions to provide unparalleled support to more than 11,000 Soldiers assigned and attached to the Military District of Washington.

The battalion’s Soldiers and Families live and work in a large geographic area which includes Virginia, Maryland, Pennsylvania, West Virginia, and the District of Columbia. For National Guard and U.S. Army Reserve Soldiers on temporary orders, their Families are spread throughout the 50 states and numerous territories as well. This is a unique challenge, and as the National Capital Region transforms, the battalion provides a critical link in Soldier and Family readiness as we partner with numerous Army, joint and civilian service providers. As the single most efficient integrator of services and information, the battalion is an invaluable asset to the Army.

The battalion plays a critical role in the NCR one-stop inprocessing of Soldiers, readiness tracking, Soldier and Family support services, and numerous family advocacy and substance abuse programs. The battalion assists 62 agencies as the sole vested UCMJ chain of command authority for Soldier issues for the commanding general, U.S. Army Military District of Washington. The battalion provides predeployment training, deployment, and post-deployment support,

mandatory Army Warrior Training, Army Physical Fitness Tests, weapons qualification, and other training opportunities. The battalion runs all NCO school order of merit lists and required counseling, operates a robust NCO Mentorship Program, and facilitates promotion boards, Soldier and NCO of the Quarter Boards, and NCO professional development.

The Headquarters Battalion, U.S. Army was activated as a provisional headquarters on June 1, 1992 at Fort Myer, Virginia, with four companies and approximately 1,000 Soldiers. In October 1993, the battalion was designated a permanent unit and aligned with the U.S. Army Military District of Washington. Under Department of the Army General Order Number 1977-16, all forces in the National Capital Region are aligned under the senior commander responsibility of the commanding general, U.S. Army Military District of Washington. Thus, Headquarters Battalion, U.S. Army functions as a summary court-martial convening authority for MDW. As a result, 62 separate agencies and offices in the NCR — consisting of more than 300 units and subunits — have been aligned under the Headquarters Battalion, U.S. Army for leadership, command and control, accountability, command climate, command discipline, UCMJ, individual readiness, and training in accordance with AR 600-20, AR 350-1, and other applicable regulations.

Since 1992, the battalion has continually transformed and grown into its present day configuration. Today, the battalion consists of two companies: Headquarters Company, United States Army; and Headquarters & Headquarters Company, United States Army Garrison, Joint Base Myer–Henderson Hall. Both companies are co-located with the battalion in Bldg. 417 on Joint Base Myer–Henderson Hall.

Headquarters Company, United States Army is the largest company in the U.S. Army and consists of approximately 3,500 uniformed personnel in Headquarters, Department of the Army — the secretariat and the Army Staff. The company also support Soldiers

in the National Guard Bureau, the Army Reserves, and the Army National Military Cemeteries (including Arlington National Cemetery). Initially established by the U.S. Army Military District of Washington on May 10, 1955, it is the only company in the U.S. Army authorized its own distinctive guidon, unit crest, and shoulder patch (in the shape of the Pentagon).

Headquarters & Headquarters Company, United States Army Garrison, Joint Base Myer–Henderson Hall is the second largest company in the U.S. Army and supports all joint activities in the National Capital Region, to include approximately 2,500 uniformed personnel in the Office of the Secretary of Defense, the joint staff, the White House agencies, the State Department, the National Security Council, and many others. Initially established along with the original Fort Myer in the post-Civil War 19th century, all Soldiers assigned official billets to the company now wear the Army Materiel Command patch.

The Headquarters Battalion, U.S. Army is a unique unit with a challenging mission. It takes pride in leading and serving the tens of thousands of Soldiers and Family members in the National Capital Region and around the world. The Soldiers and civilians in the battalion fully understand that to accomplish the Army’s missions, they have two important tasks: to assist in training Soldiers and ensuring that they are ready for any contingency operation worldwide, and to take care of the Soldiers and the Family members themselves. Everything we do supports one of these two critical tasks.

The battalion is unique in that it has two distinct command channels — the U.S. Army Military District of Washington and the U.S. Army Installation Management Command, recently aligned under Army Materiel Command. All Soldiers assigned official billets to the battalion staff wear the AMC patch and uphold the mottos of “Sustain, Support, and Defend!” and “Leadership and Service!”



INPROCESSING

The first contact military, civilian personnel, and Families make at a new duty station sets the tone for the tour that follows. Joint Base Myer-Henderson Hall personnel recognize this and seek to smooth the transition in numerous ways. Here, under “Inprocessing,” is a set of services you may need right away. An all-inclusive list of services available follows this section. See the center of this guide for maps of JBM-HH and the Washington, D.C., and northern Virginia communities.

SOLDIER INPROCESSING

JBM-HH Army personnel and finance inprocessing is held daily from 8 to 11:15 a.m. in Bldg. 230, room 117, on the Fort Myer portion of JBM-HH.

The installation level inprocessing program — also known as “Start Right” — is held every Thursday from 11:15 a.m. to 3:30 p.m. in Bldg. 230, room 117.

On Thursdays, all of the JBM-HH community programs are presented to Soldiers and Family members. To save time and frustration, personnel new to the JBM-HH community and Pentagon agencies — including military personnel and Family members — should attend this program that brings together inprocessing services, legal assistance, Child and Youth Services and Tricare.

Attendance at “Start Right” is not mandatory for general officers, colonels in command, and equivalent command sergeants major per local command policy. Colonels not in command and below are required to attend “Start Right.” Newly assigned Soldiers should attend “Start Right” on the first Thursday after their arrival.

Soldiers are required to turn in military personnel, medical and dental records, permanent change of station orders, duty memorandum, and DA Form 31 (leave form signed by their incoming

agency). It is critically important to make sure the date signed out from losing organization and date signed in to new organization is 100% accurate on DA Form 31. Soldiers experience delays in receiving military pay when documents are not properly authenticated and contain incorrect information. The proper uniform is BDU, ACU, or Class B uniform during inprocessing. For more information, call 703-696-0343.

MARINE INPROCESSING

New-join personnel should report to Henderson Hall Consolidated Administrative Center, Bldg. 29, 703-614-7171, during work hours or to the duty officer at the Duty Hut in Bldg. 29, 703-614-2014, after work hours. A “Welcome Aboard” orientation is mandatory for personnel O-3 and below. Family members are welcome and civilian attire is recommended. The orientation is given on the last Tuesday of the month from 8 to 10:30 a.m. on board Henderson Hall. Call Marine and Family Programs at 703-693-9197 or visit www.mccsHH.com

ARMY CIVILIAN NEWCOMERS ORIENTATION

A “Newcomers Orientation” specifically for Army civilian employees is usually held the second Wednesday of every other month from 8 a.m. to noon in the Education Center, Bldg. 417. This orientation introduces new civilian employees to the JBM-HH community and provides information on the JBM-HH mission, functions, current policies, and procedures. Additionally, it introduces key support staff and outlines programs and available resources. Appropriated and nonap-

propriated employees are welcome. For more information and to sign up for the orientation, call 703-696-3520.

HOUSEHOLD ITEMS TO GET YOU STARTED

The Army Community Service Lending Closet, Bldg. 201, Fort Myer, and the Marine Corps Community Services Lending Locker, Bldg. 12, Henderson Hall, provide temporary loan of household items to permanent change of station Families — arriving or departing personnel — who are without their household items.

The Lending Closet offers basic essentials such as pots and pans, dishes, irons, sleeping mats, folding tables, chairs, and baby items. Linens are not provided.

The Lending Locker has futons, pots and pans, ironing boards and irons, coffee makers, plates with silverware, alarm clocks, and vacuum cleaners.

These items are available to active duty military members and their Families; DOD civilians with a CAC are also eligible. Be sure to bring your military or Family member ID card to check out items.

For more information, for Marines call 703-614-7202 or 703-614-7200 at Henderson Hall for the Lending Locker; Army personnel call 703-696-3510 for the Lending Closet at Fort Myer.

TEMPORARY LODGING

There is temporary lodging at Joint Base Myer-Henderson Hall’s Wainwright Hall, on the Fort Myer portion of JBM-HH — Intercontinental Hotels Group — open 24 hours, seven days a week. Phone them at 703-696-3576/3577, DSN 426-3576/3577. The website: www.IHG.com. Also, see the Marine Corps Community Services web page for “Relocation” at www.mccsHH.com.

SERVICES

ADMINISTRATIVE SERVICES DIVISION

The Administrative Services Division, part of Joint Base Myer-Henderson Hall Human Resources Directorate on the Fort Myer portion of Joint Base Myer-Henderson Hall, is open Monday through Friday from 8 a.m. to 4 p.m. ASD comprises the following programs and services:

★ Freedom of Information/Privacy Act

Individuals wishing to request information pertaining to Joint Base Myer-Henderson Hall or U.S. Army Military District of Washington activities may submit requests under the FOIA/PA program. The JBM-HH home page has a link to the FOIA reading room where procedures are outlined for submitting requests. For more information, call 703-696-8516/7096.

★ Army Records Information Management System

The Installation Records Manager offers assistance in setting up ARIMS accounts; provides training on the use of ARIMS; conducts staff assistance visits on request to help units properly set up and maintain their ARIMS filing system; and conducts triennial inspections. For more information, call 703-696-7096.

★ Records Holding Area Operations

The installation records manager maintains a local records holding area for long-term records storage under the ARIMS system for those organizations to which we provide support. For more information, call 703-696-7096.

★ Publications and Forms Ordering/Stockroom

The pubs/forms manager manages all requests for publications accounts made on DA Form 12-R; provides training to users on how to use the Army Publications website and the Publications Product and Index Ordering System to order publications and forms; assists users in locating hard-to-

find items; maintains a stockpile of DD and DA certificates for customer use. For more information, call 703-696-4592.

★ Local Publications and Forms Preparation

The local pubs/forms manager provides guidance and assistance to customers on the preparation and proper format of locally-generated policy memorandums, regulations/pamphlets, and forms (to include e-forms); assigns numbers to policies, regulations/pamphlets and forms; coordinates posting of applicable locally-generated publications on the JBM-HH website. For more information, call 703-696-7096.

★ Print Program

The Print Control Program oversees all appropriated fund print jobs for JBM-HH and MDW activities; obtains cost estimates and most cost-effective route for print jobs; assigns control numbers and transmits print jobs to the Defense Automated Print System; assists customers in obtaining support for unusual or short-notice print jobs. The Print Control Program services are also available to nonappropriated fund activities as requested by those activities. For more information, call 703-696-4592.

★ Joint Base Copier Management Program

ASD handles all procurement and maintenance/supply issues for the joint base copiers. If your office is contemplating getting a copier, ASD can help you in starting the process. Call 703-696-7096. In addition, those offices that already have copiers and need repairs or resupply can contact ASD to order the items at 703-696-4592/8516/7096.

★ Official Mail and Distribution Management

ASD operates two mail and distribution centers, one on the Fort Myer and one on the Fort McNair portion of JBM-HH. The centers receive and sort all inbound official mail for the units on the installations; provide metering service for outbound official mail being sent through the U.S. Postal Service; provide waiver

letters for the use of private carriers such as UPS and FEDEX; maintain a stock of USPS mailing boxes and labels for customer use. In addition, the official mail manager conducts annual inspections of unit mailrooms, conducts training for mail handlers, and assists units with deployment/redeployment postal planning. For more information, call 703-696-8516.

★ Office Symbol Management

Organizations down to branch level submit requests for office symbols to the ASD. For more information, call 703-696-7096.

★ USPS Liaison for Military Personnel in Barracks

The official mail manager and chief of ASD provide liaison functions between Soldiers and Marines in the barracks and the USPS, to include participating in the planning phases of new mailbox installation; assisting Soldiers whose mail is not deliverable as addressed.





ARMY SUBSTANCE ABUSE PROGRAM

The Joint Base Myer-Henderson Hall Army Substance Abuse Program provides classes, presentations, orientation briefings and information on substance abuse and its negative consequences.

JBM-HH ASAP also conducts assessments and makes referrals for civilian employees on all personal problems and provides training on prevention of violence in the workplace.

The JBM-HH Army Substance Abuse Program is at Bldg. 230 on the Fort Myer portion of JBM-HH. For more information, call 703-696-6860/3787/3901/3900/8773/7596/3446 fax 703-696-3609. Office hours are from 7 a.m. to 4 p.m., Monday through Friday.

CIVILIAN PERSONNEL ADVISORY CENTER

CPAC support services include appropriated fund and nonappropriated fund recruitment, staffing, position management, classification, labor relations, management-employee relations, workforce planning and benefits and entitlements.

Appropriated fund support is provided by the Fort Belvoir CPAC located at 5800 Putnam Rd., Bldg. 320, Fort Belvoir, VA 22060. They can be reached at 703-704-3010. Hours of operation are Monday through Friday from 7:30 a.m. to 4 p.m.

Labor Management and Employee Relations is at Putnam Road, Bldg. 320, Fort Belvoir, VA 22060. Call them at 703-704-1979.

Nonappropriated fund support is provided by the HQDA CPAC located at 2530 Crystal Dr., Taylor Building/eighth floor, Crystal City, VA 22202, 703-545-6898. Hours of operation are Monday through Friday from 8 a.m. to 4 p.m. NAF is also available on the Fort Myer portion of the joint base Tuesday and Thursday, 101 Bloxon St., Bldg. 203, room 310. Call them at 703-696-0774.

CENTRAL ISSUE FACILITY

The Central Issue Facility (military clothing) is a Logistics Readiness Center branch of the Supply and Services Division and also features clothing equipment repair and alterations.

On the Fort Myer portion of JBM-HH in Bldg. 313, CIF hours are Monday-7:30 to 3 p.m., Tuesday-7:30 a.m. to noon; Wednesday-closed except for new Old Guard Soldiers, Thursday-7 a.m. to noon, and Friday-7 a.m. to 3 p.m.

The CIF is closed from noon to 1 p.m. daily for lunch.

Call 703-696-3344 for more information

MILITARY CLOTHING SALES (ARMY AND AIR FORCE EXCHANGE SERVICE)

Open 9 a.m. to 6 p.m. Monday-Friday; Saturday from 9 a.m. to 4:30 p.m.; closed Sunday and holidays. The "Alterations" section is open Monday through Friday, from 9 a.m. to 6 p.m. and Saturday from 9 a.m. to 4:30 p.m.

The Clothing Sales Store is in Bldg. 450, the Exchange on the Fort Myer side of JBM-HH. Call 703-696-3515 for more information.

CREDIT UNIONS AND BANKS

Several banks and credit unions have offices on base to serve military personnel, family members, and federal employees:

★ Armed Forces Bank

Bldg. 451, Fort Myer portion of JBM-HH. Main branch hours for lobby – Monday through Friday from 9 a.m. to 4 p.m.; drive-through – Monday through Friday from 8 a.m. to 4 p.m.; lobby and drive-through – Saturday from 9 a.m. to 1 p.m. Call 571-388-5190 for more information.

★ Pentagon Federal Credit Union

Bldg. 450, Fort Myer portion of JBM-HH. See www.penfed.org for details. Call 1-800-247-5626 to bank online and get more information.

★ Pentagon Federal Credit Union, Pentagon Concourse Room 2D103

See www.penfed.org for details. Call 1-800-247-5626 to bank online and get more information.

★ State Department Credit Union, Fort McNair, D.C.

Fort McNair, D.C., portion of JBM-HH Bldg. 41 – open Monday through Friday from 8:30 a.m. to 4 p.m.; Saturday – open from 9 a.m. to noon.

Call 703-706-5127 for more information.

EDUCATION CENTER

The education division provides adult education opportunities and services for active duty and reserve component Soldiers and for others on a space-available basis.

Programs include Functional Academic Skills Training; college programs at the associate, baccalaureate and graduate level; Armed Personnel Testing; and Defense Activity for Non Traditional Education Support, end of course examinations, vocational and aptitude testing. Educational counseling and academic advisement are available.

An Army learning center is available with a loan library of military publications, microcomputers for in-house use, software to assist in student loan and college searches, and numerous paper-based self-development materials.

The education center is located in the Combined Operations Facility, Fort Myer portion of JBM-HH, Bldg. 417, room 216. Hours are from 7:30 a.m. to 4 p.m. Monday through Friday. Call them at 703-696-3070.

DIRECTORATE OF EMERGENCY SERVICES

The Directorate of Emergency Services is made up of the Office of the Provost Marshal and the JBM-HH Fire Department.

The purpose of provost marshal's office is to provide law enforcement, physical security, installation security and ceremonial support to the Joint Base Myer-Henderson Hall com-

munity, Arlington National Cemetery and the U.S. Army Military District of Washington. Fire and emergency services provides broad-based fire, rescue and emergency medical services to those entrusted in our care, preventing harm to people, government property and the environment through education, training and prevention programs.

★ Police Operations

The police operations section is responsible for the daily operations of law enforcement patrols, emergency response dispatching and the JBM-HH Police Station. These functions include police patrolling, desk operations, emergency 911 dispatching, traffic accident investigations, criminal investigations, military working dog services, animal control assistance, specialized law enforcement requests, installation perimeter security, funds escort, and community support.

These functions are completed by a staff of Department of the Army Civilian Police Officers, Department of the Army Security Guards and military police Soldiers. The Soldiers are from the 289th MP Company, 3d U.S. Infantry Regiment (The Old Guard).

Police patrols are responsible for enforcing all laws, regulations and policies; deterring crime through patrolling; responding to calls for assistance; assisting stranded motorists; and promoting a positive image of JBM-HH.

The police desk is responsible for receiving, coordinating and dispatching all emergency responders to JBM-HH incidents. The police desk also assists individuals with general information requests.

★ Physical Security

The JBM-HH Physical Security section is dedicated to upholding the physical measures designed to safeguard personnel and to prevent

unauthorized access to the installation, equipment, material and documents. The physical security section strives to safeguard the community against espionage, sabotage, damage, and theft.

The physical security section provides a number of services to include intrusion alarm coordination, key and lock control, security surveys and inspections of facilities and restricted areas as well as reviewing construction and additional projects for security compliance.

★ Private Weapons Registration

Individuals living on JBM-HH must register their privately-owned weapons with the Directorate of Emergency Services within 72 hours after establishing residency on JBM-HH. Proof of ownership is required for registration. Proof of registration must





be provided to law enforcement personnel upon request at any time the weapon is out of an approved storage location and being transported on the installation. For additional information regarding privately owned weapons or registration, call 703-588-2800.

★ Private Weapons Storage

Weapons and other projectile firing weapons stored in quarters will be unloaded and will be secured in a locked container (such as a gun cabinet, lockable closet, or gun case) or have a trigger-locking or action-blocking device on the weapon. Weapons and projectile firing weapons that cannot be stored in this manner will be stored in the unit's designated arms room. Weapons and other projectile firing devices will not be stored in barracks rooms. Ammunition will be stored separately from the container in which the firearm or weapon is stored. Lost or stolen weapons should be reported to DES immediately at 703-588-2800.

Privately owned weapons, firearms or projectile firing devices transported in a vehicle will be secured in the trunk. For vehicles without a trunk, weapons will be encased in a container other than the glove compartment/

console or additional vehicle compartments and stored in such a manner that they will not be accessible to the driver or passenger(s). If transporting a weapon while operating a motorcycle, the weapon must be cased and may not be carried on the physical person in any manner. Commercially available trigger locks and other security devices are strongly recommended. All firearms or projectile firing devices will be unloaded. Carrying a loaded firearm or other projectile firing device is absolutely prohibited.

Carrying concealed weapons, of any type, on the installation is prohibited regardless of whether a state or county permit has been obtained.

For additional information regarding physical security, call 703-696-8887.

★ Visitor Control Center

Located in Bldg. 415 on the Fort Myer portion of Joint Base Myer-Henderson Hall, the Visitor Control Center serves to accept and process automated installation entry pass applications for those visitors and contractors who do not qualify for a DOD ID card. Open Monday through Friday 6 a.m. to 5 p.m.,

and Saturday 10 a.m. to 3 p.m. the VCC is closed on Sunday.

Because of mandated security requirements, all non-DOD- and nonfederally-affiliated ID card holders and drivers of commercial delivery vehicles MUST use Hatfield Gate, located at 2nd Street, South, Fort Myer, VA 22211 to access Fort Myer and Henderson Hall.

To view and print a pass application, go to home.army.mil/jbmhh and click on the "visitor access" icon and click on "Access control: Updates, questions, answers" in the center of the page above a photo of a Department of Army gate guard. Under Related Links choose Visitor Pass Application or Contractor Pass Application.

JBM-HH and other U.S. Army Military District of Washington installations no longer issue decals or register vehicles. All privately owned vehicles must be licensed, registered, inspected, and insured according to state and local laws.

Call 703-696-0186 or 703-696-0185 for more information.

★ Motorcycles

To register motorcycles, successful completion of a DOD Motorcycle Safety Foundation Course is only required for all military members. Evidence of course completion from other areas will be accepted and must be carried at all times while operating a motorcycle on the installation. Telephone the JBM-HH Safety Office at 703-696-6996 for training class availability and more information. Civilians only need to have the motorcycle endorsement on their driver's license.

HEALTH

Primary health care needs are met by two outpatient facilities: Andrew Rader U.S. Army Health Clinic and the Fort Lesley J. McNair Health Clinic. The Rader Clinic is the primary facility and located in Bldg. 525, Joint Base Myer-Henderson Hall. The main entrance for Rader Clinic faces the commissary on MacArthur Circle. The McNair Health Clinic supports those stationed on Fort McNair, and those enrolled War Colleges on Fort McNair. Effective June, 2014, beneficiaries other than those specified may enroll for care at the McNair Clinic on a space available basis. Other health care options exist throughout the National Capital Region. Sponsors need to ensure Family members are



enrolled in the Defense Enrollment Eligibility Reporting System prior to contacting Tricare for enrollment to a primary care manager within one of our military treatment facilities. Please contact Humana at 1-800-444-5445 to enroll to a PCM at Rader or McNair Clinic.

★ Performance Triad

The Performance Triad is a comprehensive plan to improve readiness and increase resilience through public health initiatives and leadership engagement. The triad is the foundation for Army Medicine's transformation to a system for health, a partnership among Soldiers, Families, leaders, health teams, and communities to promote readiness, resilience, and responsibility. The system for health: MAINTAINS health through fitness and illness/injury prevention, RESTORES health through patient-centered care, and IMPROVES health through informed choices in the lifespace. The focus of the Performance Triad is on sleep, activity, and nutrition — key actions that influence health in the "Lifespace" of time that isn't spent with a health care provider. As a result, the biggest impact on health is made by making better choices in our lifespace. For more information, visit the Army Medicine Performance Triad website at: <http://army-medicine.mil/Pages/performance-triad.aspx>.

★ Andrew Rader U.S. Army Health Clinic

The mission of Andrew Rader U.S. Army Health Clinic is to promote health and build resilience for warriors, military Families, and all those entrusted to our care. Our vision is to provide you with a premier "Home" for your health as a patient centered medical home. Our legendary customer service, delivered by exceptional providers and support staff make us the first choice for care. Here at Rader Clinic we value teamwork, transparency, accountability, efficiency, evidence-base, compassion, empathy, customer-focus, and integrity. Rader Clinic has a detachment of 41 Soldiers and more than 100 civilian personnel. Facility hours are 7:30 a.m. to 4 p.m. Monday through Friday with one exception: Rader Clinic, including the pharmacy, is closed for staff training the first Wednesday of every month.

The pharmacy will remain open from 7:30 a.m. to 4 p.m. every day of the week, except the first Wednesday of each month when it will be closed for staff training. For more information, call 1-833-853-1392 the facility is closed Saturday, Sunday, and all federal

holidays. For appointments and to check on pending referrals, call the Integrated Referral Management and Appointing Center at 855-227-6331 or 855-CAPMED-1.

★ Patient-Centered Medical Home Model

We are proud to operate from a patient centered medical home framework. The PCMH model means that your enrollment results in you being assigned to a team of health care professionals (to include behavioral health specialists and clinical pharmacists) who work with your PCM to provide you with top notch medical care. The team concept allows us to coordinate your care from the moment you enter into the medical system until you depart, each and every time, and across visits. Having the same team address your medical needs over time allows us to provide you with a consistent relationship with your health care team, giving you the comfort of getting to know the members of your team over time. Your team will be your "medical home" and you will be the center of our efforts.

★ Secure Messaging

Accessing your health care team has never been easier. The Army Medicine Secure Messaging Service, Powered by Change Healthcare, brings your health care team to you and allows you to communicate with your doctor through secure email about non-urgent health care matters. Wherever you are, any time of day, you have the ability to check lab results, refill or renew prescriptions, request an appointment, or just ask a question. Your doctor or another care team member will respond within two business days. With this new service, you can save yourself the time and hassle of making a phone call, and you may even be able to have your health care needs addressed without a visit to the clinic. Be sure to ask your PCM to sign you up for Secure Messaging.

★ Services Available at Rader Clinic

Services available at Rader Clinic include primary care and Family practice Primary care services are provided by two teams:

- Beneficiaries age 9 and older
- Team Patton
- Team Bradley

• Pediatrics

Specialty care includes: Immunization Clinic, Optometry, Derma-tology, Nutrition, Medical Management, and Well-woman care. Active duty only services: Physical Therapy, Behavioral Health services, and Periodic Health Assessments/Physical Exams. Additional services include: Laboratory, Radiology, Pharmacy, Occupational Health, Public Health, and Exceptional Family Member Program. For additional information, please visit our website: <https://kimbrough.tricare.mil/Clinics/Andrew-Rader-Meyer-Henderson-Hall> Please note that Rader Clinic does not have an emergency room and provides no emergent care. In the event of an emergency, at JBM-HH dial the military police at 703-696-3525/26/27; at Fort McNair call 202-685-3139. You may also dial 911 on each installation from an on post phone; make sure you indicate your location to the 911 operator who will forward the call to the respective installation emergency desk. Off-post, dial 911.

★ Primary Care

Our team of general practitioners, family physicians and nurses are the first contact and principal point of continuing care for patients. They coordinate other specialist care that patients may need. Depending on the nature of the health condition, patients may then be referred for secondary care. We aim to improve the health of our military members, retirees and their Families by providing unparalleled customer service — and community-oriented care for our patients.

★ Pediatrics

Our pediatric clinic cares for newborns to adolescents up to the age of 17. Our doctors, nurses, and staff are specially trained to work with children, to include those with special needs. We provide services for well-baby visits, school physicals, and immunizations. In addition, screenings and physical exams are provided for the Child Development Center and Child Youth Services.

★ Community Health Nurse (Public Health Nurse)

The community health nurse manages the tuberculosis, sexually transmitted infection and communicable disease programs and serves



as a health consultant for the Child Youth and School Services. The CHN also plays a key role in the management of the annual influenza vaccination campaign. The nurse is responsible for tracking animal bites, outbreaks and reportable medical conditions. Much of this work is “behind the scenes” epidemiologic data collection and interpretation to identify potential health threats to the community. The CHN also offers many health education programs. The Rader Clinic CHN can be reached at 1-833-853-1392, Option 0, 5.

★ Behavioral Health Services

Behavioral health provides comprehensive individual counseling; counseling on child and spouse abuse; domestic violence; and stress. Services include crisis intervention and referral to appropriate civilian agencies. Behavioral health services are limited to the active duty enrollees of Rader Clinic. Command consultation concerning potential or actual psychiatric problem areas is also provided. Services are by appointment; however, emergency situations are handled on a walk-in basis. Call 1-833-853-1392 Option 4 for an appointment or for more information. Hours are Monday through Friday from 7:30 a.m. to 4 p.m., closed for staff training the first Wednesday of every month.



★ Dermatology Services

Our dermatology staff provides services

to pediatric and adult patients. We offer skin cancer screening to include full body examinations for skin cancer. Some of the procedures performed include shave biopsy, punch biopsy, intralesional steroid injections, electrodesiccation, cryotherapy and curettage.

Cosmetic procedures such as laser therapy, dermabrasion, liposuction and sclerotherapy are not performed. Appointments to dermatology are by referral only.

★ Well-Women's Clinic

The Well-Women's Clinic provides gynecological health care for females 13 years of age through post-menopausal years. Services include but are not limited to contraception and counseling, sexually transmitted infections, pregnancy testing, post-partum exam, and infertility, morning after pill, IUD removal, menstrual disorders, urinary tract infections, vaginitis, dysmenorrhea, health maintenance, perimenopause/menopause/hormonal replacement therapy and osteopenia / osteoporosis. Referrals are given for infertility work up, mammograms, bone density screening, colonoscopy screening and HPV vaccines (ages 9-26).

★ Laboratory

We strive every day to deliver the best diagnostic laboratory support to your PCM in a team effort to provide you with the best care anywhere. Our standard is to continuously exceed the MEDCOM standard for patient wait times, ensuring

that you not only receive quality service but also don't have to wait very long to get it. Our lab is frequented by patients from throughout the National Capital Region because of our reputation for both speed and accuracy in obtaining specimens from our patients with courteous and patient centered service, a reputation we work hard to uphold every day. These tests are completed in our laboratory and are usually ready within 24 hours. Tests include: Basic metabolic panel, complete blood count, urinalysis panel, erythrocyte sedimentation rate, human chorionic gonadotropin-qualitative, mononucleosis spot test (Mono Spot), rapid group A, streptococcus test (rapid strep), rapid influenza antigen test, and fecal occult blood test (hemoccult).

★ Pharmacy

The Pharmacy provides service for all Tricare beneficiaries. We offer same-day services for computer entered, and hardcopy prescriptions. Our refill call-in line and hardcopy prescription drop off service have a two-day turn around. We are happy to help you with your pharmacy needs. For assistance, call 1-833-85301392, Option 3 during business hours. The pharmacy refill line within the National Capital Region is 800-377-1723.

★ Immunizations

The Rader Immunizations Clinic is able to assist you with any questions you may have and provide you with relevant information



regarding shots and vaccines. Services provided include: vaccinations for shingles, influenza, well-baby, and necessary shots for school as well as travel. Tuberculosis skin testing is also available. Services provided in the Immunization Clinic are by appointment only. There are no allergy services at this clinic.

★ Physical Exams

Services provided in this section are for active duty or active Guard and Reserve personnel. Active duty or active Guard Reserve Army personnel who are assigned to an Air Force base or Navy base within the national capital area, or a health care facility that does not have MEDPROS or PHA entry capability may be seen here. Navy personnel and Marines requiring any type of special physical (schools, demobilization, etc.) should provide their services' requirements for those exams upon arrival. DOD civilians are eligible to complete pre deployment physicals, however, they must be enrolled in Tricare before scheduling an appointment. All DOD civilians are required to provide all forms necessary for the physical and a list of requirements. Foreign nationals enrolled at ARUSAHC are eligible. They should provide any host nation forms required for the physical examination as well as a list of requirements. All other situations will be considered on a case-by-case basis.

★ Optometry

We provide routine eye exams, pre and post refractive surgery care to active duty and retired military personnel, who are enrolled to Rader Clinic. Active duty and retired military personnel are eligible to order spectacles in the clinic. Our optical shop offers services during working hours on a walk-in basis. Family members are not eligible for this service. Retirees are limited to certain selections and are authorized one frame every 12 months. We offer limited contact lens service to active duty Soldiers with commanders' authorizations.

★ Radiology

We only provide computerized radiography standard images. We do not provide the following services MRI, CT Scans, DEXA scans, EBCT, ultrasounds, bone density, fluoroscopy, MAMMO or nuclear medicine services. All of our diagnostic services are performed on a "walk-in" basis with a valid order from your PCM or referring physician.

★ Physical Therapy

Patients must have a physical therapy referral (SF513 Consultation or a referral placed in the electronic medical record) to utilize our service. Consults or referrals greater than 30 days old will not be honored and will require renewal by the referring provider unless arranged through the chief of physical therapy. Treatment appointment frequency will be determined by your physical therapist. All treatment appointments are scheduled on a weekly basis. A follow up with your physical therapist is required every 30 days while you are receiving treatments in our facility.

★ Nutrition Services

The Rader Nutrition Clinic is a self-referral clinic, therefore a referral from your PCM is not required. Adult medical nutrition therapy appointments are available for weight management, nutrition supplements, Army Weight Control program, food allergies/intolerances, diabetes, prediabetes, hypertension, and high cholesterol. Patient education classes are held alternating Thursdays, morning and afternoon. Classes are open to all beneficiaries of the military health system, registration is required.

★ After Hours/Weekend/Holiday Care

After Hours call the Tricare Nurse Advice Line to speak with a triage nurse by dialing 800-874-2273. Tricare approved urgent care facilities can be used; however a follow-up call to your PCM or PCMH team must be made within 72 hours of the visit to receive a retroactive referral.

DENTAL SERVICES

Military personnel on active duty can get their annual dental check-ups during their birth month at several clinics throughout the National Capital Region. Rader Dental Clinic - call 703-696-3460 Monday through Friday 7:30 a.m. to 4 p.m. In an emergency, report to Walter Reed National Military Medical Center - Bethesda, MD 20889-5600, 301-295-4810 or Fort Belvoir Community Hospital, Fort Belvoir - 703-805-0414. In a life-threatening situation, report to the nearest emergency room.

FAMILY HEALTH CENTERS

Patients must be registered with Fairfax Health Center prior to seeking care at the clinic. The hours of operation for this clinic are Monday – Friday, 7 a.m. to 8 p.m. and Saturday 7 a.m. – 2 p.m. For more information, call 571-432-2600; for appointments, call 571-432-2700. See <https://belvoirhospital.tricare.mil/Clinics/Fairfax-Health-Center> Dumfries Health Center is located at 3700 Fetter Park Dr. in Dumfries, Virginia. It is a military treatment facility serving the communities of Dumfries, Woodbridge, Lake Ridge, and other areas south of the Occoquan River, as well as the southern parts of Burke, Fairfax Station, Clifton, and Springfield. Patients must be registered with Dumfries Health Center prior to seeking care at the clinic. The hours of operation for this clinic are Monday-Friday, 7 a.m. to 8 p.m. and Saturday 7 a.m. – 2 p.m. For more information, call 703-441-7500; for appointments, call 703-441-7600. See <https://belvoirhospital.tricare.mil/Clinics/Dumfries-Health-Center> The following are other Family clinics in the area: Naval Health Clinic Quantico serves active duty military and their families attached to Marine Corps Base at Quantico. The NHCQ is located at 3259 Catlin Ave, Quantico, VA 22134 and can be reached at 703-784-1725. See <https://quantico.tricare.mil>.

Fort Belvoir Community Hospital is located at 9300 DeWitt Loop, Fort Belvoir, VA 22060. For information, call 571-231-FBCH (3224). For appointments, call 855-227-6331. See <https://belvoirhospital.tricare.mil/> The Family Health Center of Fairfax is located at 4375 Fair Lakes court Fairfax, VA 22033. It is a family clinic of Fort Belvoir Community Hospital serving the communities of Annandale, Centreville, Fairfax, Vienna, portions of Burke and West Springfield, Virginia.

UNDERSTANDING TRICARE'S ACCESS TO CARE STANDARDS

To ensure beneficiaries who use the Department of Defense Military Health System receive medically necessary care when they need it, DOD leadership developed access standards for Tricare Prime enrollees. What's important is ensuring that access to care is easy, fast and logical. Tricare's standards for access are easy:

Other Tricare Access standards include:



- Wait time while in the waiting room no more than 30 minutes
- Travel time from home to Tricare Prime enrollment site 30 minutes or less
- Travel time from home to specialty care no more than an hour

Emergency services are available and accessible within the Tricare Prime service area 24 hours a day, seven days a week. In an emergency, Tricare beneficiaries should call 911 or go to the nearest emergency room. For urgent or acute care listed above while traveling away from home requires the authorization

of a primary care manager. If care is received during off-duty hours, please follow up with your PCMH the next available business day.

Access standards give DOD health care leaders a tool to measure the actual waiting and drive times beneficiaries experience and to fix problems when they occur. By measuring access to care, DOD leaders can improve customer service. Their goal is to provide beneficiaries the world's best access to health care and ensure they receive evaluation of illness in a timely manner.

Besides making access to care easy to track and improve, DOD leaders also realize those

long waits at the provider's office squander away valuable time. That's why the standards for access also measure how fast beneficiaries receive care for nonemergency situations at the provider's office. Tricare's goal of beneficiaries being treated within 30 minutes of their arrival at the provider's office is very ambitious compared with other health plans.

Another practical feature of Tricare is the Tricare Mail Order Pharmacy Program. DOD offers this convenient benefit so that Tricare beneficiaries don't have to drive to a pharmacy every month to receive drugs for chronic conditions. To use the TMOP, beneficiaries simply call Express Scripts at 1-866-363-8667 to determine eligibility and obtain mail order envelopes with order forms. For a nominal co-payment, beneficiaries may obtain up to a 90-day supply of drugs. That's the kind of convenient access to care Tricare leaders like to promote. For additional information on this convenient benefit, go to <http://tricare.mil/mybenefit/home/Prescriptions/FillingPrescriptions/TMOP>.

Tricare offers a very powerful internet resource that can link you to health care services and resources called Tricare Online. TOL provides a wealth of information and functionality including the ability to:

- Schedule appointments at any time online
- Submit pharmacy refill requests and check their status
- Check on a prescription status or access the
- View MTF directions, maps, contact information and clinic hours
- View information about Tricare Programs such as dental and pharmacy services
- Access trusted health information
- Access benefits information
- And much more

Registration for TOL is just a click away at www.tricare.mil.

★ DiLorenzo Tricare Health Clinic, Pentagon

Open Monday-Friday, 7 a.m. to 4 p.m. For more information and to make appointments, call 855-27-6331 or 800-433-3574.

Dental Clinic: Open Monday-Friday, 7 a.m. to 3:30 p.m.

Walk-in sick call hours are from 7 to 9 a.m. and from 12:30 to 1:30 p.m. For more information and to make appointments, call 703-692-8700.

For emergencies during nonduty hours, go to:

- Walter Reed National Military Medical



Center, Bethesda, MD 20889-5600
301-295-4810

- Malcolm Grow Medical Center, Andrews Air Force Base, Maryland – 240-857-2333
- Fort Belvoir Community Hospital Emergency room, Fort Belvoir, Virginia – 571-231-3124.

In a life-threatening situation, report to the nearest emergency room.

ON BASE HOUSING

★ Executive Management and Housing Directorate

This directorate in Bldg. 205, first floor, on the Fort Myer portion of JBM-HH, is available to assist with on post housing.

- **Administrative Office**
703-696-1152
- **Army Family Housing**
703-696-9611
- **Customer service – all services/ barracks/off post referrals**
703-696-3557/3558/3559
- **Facility manager**
703-696-7007
- **Family housing service orders (24/7)**
703-696-2623
- **MP Desk Sergeant (Bldg. 415)**
703-288-2800.

★ Barracks

Unmarried personnel, staff sergeant (E-6) and above are not required to live in the barracks and are not required to get approval to live off post. Single personnel in the rank of E-5 and below are required to live in the barracks. Single personnel who are unable to be housed or who request to live off base, must get an exception to policy approved and signed by the Joint Base Myer-Henderson Hall commander through the chain of command.

Once approved, the Housing Management Office will issue a certificate of non-availability to start BAH. The service member is responsible for submitting paperwork to finance/PAC for processing.

Call 703-696-3557/3558/3559 or visit the

JBM-HH Housing Office, Bldg. 205, on the Fort Myer portion of the joint base.

★ Off base housing

Off base housing is available through the Rental Partnership Program, once known as the “Set Aside” program. Under this program, apartments are available at reduced rent with no security deposits, no credit check, no application fee, and no minimum income requirement. The service member agrees to pay the rent through payroll allotment and signs a one-year lease. To apply for family housing, get off post housing listings or find out more about the RPP, visit or call EMHD, Bldg. 205, 703-696-3557/3558/3559.

JBM-HH is a part of the Department of Defense Automated Housing Referral Network – www.ahrn.com, a web-based service that allows relocating military Families to find available housing (rental or purchase) in their new location before they move. An integral part of the military’s permanent change of station process, AHRN facilitates home finding at any time of day from anywhere in the world – 24/7.

HOUSEHOLD GOODS TRANSIT

The Joint Personal Property Shipping Office — Washington Area, is one of nine JPPSOs serving Department of Defense. It is a jointly-staffed organization assigned to the U.S. Military District of Washington in the District of Columbia.

Located in Bldg. 1466, Gunston Road, Fort Belvoir, the JPPSOWA mission is to provide consolidated traffic management services for shipment, receipt and storage of personal property for service members and DOD civilians moving into, within and out of the District of Columbia, eight independent cities and 24 counties in Virginia, nine counties in West Virginia, and three counties in Maryland.

JPPSOWA’s hours of operation are 8 a.m. to 4:30 p.m. Monday through Friday. The office can be contacted at 703-806-4900; however, the Automated

Voice Response Unit can be reached 24 hours a day at 703-806-4900, to check on inbound, outbound and nontemporary storage shipments. The office also uses beepers to alert personnel of shipment arrivals and a web page through which much of the interaction with JPPSOWA can be completed.

Regardless of branch of service, service members may contact any of the following processing offices to arrange shipment of household goods:

- **Fort Belvoir, Virginia, Bldg. 1466**
703-806-4900
DSN 656-4900
800-766-7686
- **Joint Base Myer-Henderson Hall, Distribution Management Office - Henderson Hall portion of the joint base**
703-614-7190/7091

IDENTIFICATION CARDS

ID cards for military personnel, Family members, and civilian employees can be obtained at one of the ID card sections in the National Capital Region. The ID card sections also handle DEERS enrollment for Family members. Soldiers in the rank of E-4 and below who lose their ID cards are required to obtain a counseling statement from their commander prior to visiting the ID card facility for a replacement ID card.

All customers age 21 and older are required to have two forms of identification in their possession upon arrival at the ID card facility in order to receive an ID card.

ID must consist of two photo IDs or one photo ID and a non-photo ID. Valid photo and non-photo IDs consist of a state driver’s license, passports or any other government ID, Social Security card, birth certificate or voter’s registration card.

Full-time students over age 21 must have a letter from the university registrar’s office or the student online clearinghouse showing their expected graduation date.

Family members need to obtain DD



Form 1172 from the ID card office, have it signed by the sponsor and notarized or signed by a verifying office. Family members who are not enrolled in DEERS should be enrolled by their sponsors. Sponsors are required to bring in proof of relationship for all dependents they wish to enroll. These documents may include birth certificates, marriage certificates, court documents, etc. Documentation needed is based on the relationship of the dependent to the sponsor.

Individuals who lose their ID cards are required to present documentation from the local security office or ID card sponsor confirming that the CAC ID card has been reported lost or stolen when they arrive at the ID card facility for a replacement ID card.

The DEERS/ID card section on the Fort Myer portion of JBM-HH, Bldg. 202, room B19, now accepts appointments online. Appointments can be

made by visiting <https://idco.dmdc.osd.mil/idco/#/>. Available appointment dates are annotated in green on the site. Customers merely select the available date and appointment time, input a few details, and click “submit.” This new system allows customers to lock in an appointment online. Appointments can only be made using the online scheduler; call 703-696-3030 for more information.

A two-station facility is on the Henderson Hall portion of JBM-HH in Bldg. 29, room 300. Call 703-693/614-7152 for more information.

The following are additional National Capital Region ID card issue facilities

- **Joint Base Anacostia-Bolling, D.C.**
202-433-4012
- **Joint Base Andrews Naval Air Facility**
Washington, Maryland

301-981-2277

- **Walter Reed National Military Medical Center, Bethesda, Maryland**
301-295-0103
- **Fort Belvoir, Virginia**
703-805-5578
- **Dahlgren, Virginia (Navy)**
540-653-7372
- **Fort Meade, Maryland**
301-677-3342
- **Pentagon**
703-697-4110
- **Quantico Marine Corps Base, Virginia**
703-784-2758/2750/2759

INSPECTOR GENERAL

Complaints and requests for help should be made to the Military District of Washington’s inspector general. This office is in Bldg. 31 on the Fort McNair, D.C., portion of JBM-HH. Hours are Monday

through Friday, 7:30 a.m. to 4:30 p.m.

Call 202-685-3321/3322 for more information.

INTERACTIVE CUSTOMER EVALUATION SYSTEM

ICE is a web-based customer feedback system available at JBM-HH. You can make comments and provide well deserved compliments or log suggestions, all with the click of a mouse for any service provider on JBM-HH. This feedback system allows for real-time customer satisfaction reporting.

Your response is automatically emailed to the service provider/activity manager and immediately tabulated into an overall report. If you want a response to your comments, you can add your name, phone number and/or email address, and the manager will get back to you.

Use any personal computer or mobile device to log on to <https://ice.disa.mil/> or home.army.mil/jbmhh and select the ICE logo on the left side, and you are in. Click on the "Show all the service providers for JBM-HH" link and select the service provider you wish to comment on.

Your opinion is valued.

LEGAL ASSISTANCE

Free legal counseling and document preparation is available by appointment to active duty and retired service members and their Families. Legal subjects covered include most types of civilian legal issues such as wills, divorce, child support, child custody, car contracts, landlord/tenant issues, real estate and military administrative matters.

★ Legal Assistance, Staff Judge Advocate

(Bldg. 32, Fort McNair portion of JBM-HH)
202-685-3035

- **Administrative Law**
202-685-4949
- **Contracts**
202-685-4931
- **Labor and Employment Law**
202-685-5229

★ Legal Services

(Bldg. 201, Fort Myer portion of JBM-HH)

- **Claims**
703-696-0761
- **Legal Assistance**
703-696-0761
- **Notary Services**
703-696-0761/62
- **Victim-Witness Liaison**
Bldg. 32, Fort McNair portion of JBM-HH
202-685-4582
- **TOG Legal**
Military Law, Fort Myer portion of JBM-HH
703-696-4886
- **Trial Defense Service**
Bldg. 229, Fort Myer portion of JBM-HH
703-696-6700

★ Pentagon Army and Air Force Legal Assistance Office

2200 Army Pentagon, room 5B1058A
Washington, D.C. 20310 703-571-3114

Hours: Monday, Tuesday, Thursday, Friday 8 a.m. - 4:30 p.m.; Closed Wednesday afternoon from 1 p.m. to 4:30 p.m.

Legal assistance is by appointment only; notary services and powers of attorney are done on a walk-in basis.

LIBRARY

The Joint Base Myer-Henderson Hall Library which is managed by the Directorate for Family and Morale, Welfare and Recreation (DFMWR) is fully committed to the support of military and civilian personnel.

The library has a versatile collection of books, audio and visual materials and magazines for adults and children. This collection supports general and professional interests, recreational reading and academics. In addition, there are 11 public computers equipped with Microsoft Office (Word, Excel, Publisher) and internet access. The library staff provides real-reference services and can borrow materials through a network of special, public

Access to Care Category for Prime Enrollees	Standards for Access to Care	Definition
OPAC/Open Access	Within 24 hours	Medical attention for a condition that, while not life or limb threatening, could become more serious if not treated. Examples include: eye or ear infections and suspected bladder infections.
Established Patients	28 days or less	Established patients with follow-up appointments.
Wellness Care	Four weeks or less	Medical care to promote health maintenance and prevention, for example PAP tests, physicals, periodic health assessments (PHA).
Specialty Care	28 days or less	Care provided by a specialist in a military treatment facility or TRICARE's civilian network after referral by the patient's Primary Care Manager (PCM).



and academic libraries. Check the library at <https://jbmhh.armymwr.com/programs/library>.

The library is located in Bldg. 417 on the Fort Myer portion of the joint base; Hours are Sunday 12-5, Monday 10-6, Tuesday-Thursday 10-4:30 pm; Closed Fridays, Saturdays and Federal Holidays.

Guests can search online for materials using the library catalog: <http://mylibrary.us.armybiznet.com/search~S41/> Library email address: usarmy.jbmhh.asa.mbx.library@mail.mil For more information, call 703-696-3555.

ARMY SUSTAINMENT COMMAND LOGISTICS READINESS CENTER

The mission of the Logistics Readiness Center is to provide professional, responsive and adaptive logistical support services which facilitate mission readiness and promote well-being for those who serve, represent and lead the nation.

The ASC LRC aims to be a proven, trusted and empowered organization, committed to providing premier logistical support services

- **Central Issue Facility**
Bldg. 313, Fort Myer
portion of JBM-HH
703-696-3344
- **Dining Facility**
Bldg. 330, Fort Myer
portion of JBM-HH
703-696-2087/1068
- **Transportation**
Bldg. 404, Fort Myer
portion of JBM-HH
703-696-7136

For more details, see www.jbmhh.army.mil/WEB/JBMHH/Directorates/logistics.html.

MILITARY PAY

Joint Base Myer-Henderson Hall's branch of the Defense Military Pay Office — National Capital Region — provides assistance and information on military and travel pay. The finance office is located in Bldg. 202 on the Fort Myer portion of the joint base.

The hours of operation are Monday, Tuesday, Thursday and Friday 7:30 to 11:30 a.m. and 12:30 to 3 p.m. (closed 11:30 a.m. to 12:30 p.m. for lunch); Wednesday open from 7:30 to 11 a.m. and closed Wednesday afternoon for training. Call 703-696-3021 for more information.

All Marines who require assistance with military and travel pay should contact the Consolidated Administrative Center aboard Henderson Hall in Bldg. 29 or at 703-614-7171.

In addition, call Defense Finance and Accounting Service at 1-888-332-7411 and listen to the prompts for assistance.

ANNUITANT AND RETIRED PAY

Call 1-800-321-1080 and follow the prompts for assistance.

CIVILIAN PAY

Civilian pay technicians are in Bldg. 59, on the Fort Myer portion of JBM-HH, available 6:30 a.m. to 4 p.m. Monday through Friday. Call 703-696-3035/0275 for more information.

DIRECTORATE OF PUBLIC WORKS

The mission is to provide facilities, utilities and engineering services necessary to support and sustain military personnel and their Families; to support ceremonial events in harmony with the environment and our natural resources; to provide facilities within our allocated resources that will allow the ability to execute and carry out organizational missions; and continuously strive to improve our workforce, daily processes and craftsmanship to enhance our ability to provide exceptional services to our customers.

★ Work/Service Orders:

- DPW Work Management Branch customer service office hours for "walk-in" assistance with work orders (DA4283's) are Monday through Friday from 7:30 to 4 p.m.
- Service orders will be taken from 7

a.m. to 4:30 p.m. Monday through Friday by calling 703-696-3263.

- For holidays and after duty "emergencies only," the phone number automatically transfers to the "On call DPW supervisor."

Customer Service Self Help Program — The self-help program offers supplies and tools to repair minor facility maintenance items for Soldiers and Marines living and working on JBM-HH. In addition to the tools and equipment needed to get the job done, employees supporting the program will also offer advice on how to get the work done properly.

Numerous items for small maintenance projects may be acquired from the self help such as ceiling tiles, light bulbs, filters, paint, spackling compound, weather stripping, faucet washers, etc. Self-help is currently available through the work management branch customer service in Bldg. 313, Stewart Road, second floor. DPW Work Management Branch will take self help requests Monday through Friday from 8 a.m. to 3 p.m.; the office is closed for lunch from noon to 12:30 p.m. and closed weekends. Supplies will be ordered and charged to the appropriate activity. Call 703-696-3263.

ENVIRONMENTAL MANAGEMENT DIVISION

The DPW Environmental Management Division promotes environmental stewardship within the JBM-HH community by ensuring that sustainable methods and business practices are considered in daily decision-making. Our overall objective is to manage, reduce and eliminate environmental risks to the installation and to the environment.

The environmental program has been implemented and is validated by the Army's four environmental pillars of compliance, restoration, pollution prevention, and conservation; as such, EMD commits to complying with applicable federal, state, Department of Defense, Army, and local environmental policy; conserving the distinctive cultural resources present on the installation; cleaning up environmental damage; and taking advantage of pollution prevention opportunities.

EMD staff administers the following major program areas: air quality, storm water management, hazardous & non-hazardous waste disposal, hazardous materials management, storage tanks, historic preservation, and environmental impact assessments.

The office is located on 111 Stewart Rd., Bldg. 321, on the Fort Myer portion of JBM-HH. Call 703-696-8055 for assistance in all environmental matters.

RELIGIOUS SUPPORT

The chaplains, religious affairs specialists and staff of the Joint Base Myer-Henderson Hall Religious Support Office, provides a wide range of services to the U.S. Marine Corps Services and Support Battalion and the 3d Infantry Regiment and portions of the joint base. Chapel programs include weekday and weekend worship, Sunday school, adult religious education, family counseling and pastoral care. For more information about religious activities, please call:

- **JBM-HH Religious Support Office (RSO)**
Memorial Chapel
703-696-3535 / 7671 / 7672
- Old Post Chapel
703-696-3535 / 7671 / 7672
- **Duty hours**
703-696-6635
- **After hours**
202-236-4901
- **3d US Infantry (The Old Guard) Chaplain**
703-696-4850
- **Arlington National Cemetery**
877-907-8585
- **Headquarters & Service Battalion, Marines (Henderson Hall)**
703-614-9280/703-693-4732
- **U.S. Army Military District of Washington (Fort McNair, D.C) Command Chaplain's Office - Bldg. 48 Annex**
202-685-2856

RETIREMENT SERVICES

Retirement services also assists transitioning Soldiers and retirees by providing information on benefits and their retirement eligibility. The retirement services office is in Bldg. 202 on the Fort Myer portion of JBM-HH. Hours are 8 a.m. to 3:30 p.m. weekdays except for the first Tuesday of each month, when the preretirement briefing is held.

Call 703-696-5948 or email usarmy.jbmhh.asa.mbx.hrd-rso@mail.mil for more information and see <https://home.army.mil/jbmhh/index.php/teamJBMHH/about/Base/SFL-TAP>.

SCHOOLS

There are nine major public school systems in the Washington metropolitan area with kindergartens and grades one through 12. Many private schools serve some or all of these grades as well.

A birth certificate, proof of vaccination, and other medical immunizations are required for registration. If transferring from another school, the student's latest report card or a transfer form is required as well.

Telephone the district or school for specifics:

★ Public Schools

- **District of Columbia:**
202-442-5885
<http://dcps.dc.gov>
- **Montgomery County, Maryland:**
301-279-3391, 301-279-3100
www.montgomeryschoolsmd.org
- **Prince George's County, Maryland:**
301-952-6300
www.pgcps.org
- **City of Alexandria, Virginia:**
703-824-6675
www.acps.k12.va.us
- **Arlington County, Virginia:**
703-228-6000
www.apsva.us
- **Fairfax County, Virginia:**
571-423-3000
www.fcps.edu
- **Falls Church City, Virginia:**
703-248-5600:
www.fccps.org

- **Loudon County, Virginia:**
571-252-1000
www.loudoun.k12.va.us
- **Prince William County, Virginia:**
703-791-7200
www.pwcs.edu
- **City of Fairfax, Virginia:**
703-246-8100
www.fairfaxva.gov
- **Fairfax County, Virginia:**
571-423-1000
www.fcps.edu

SHOPPING

★ Military Exchanges

Along with the many shopping opportunities in the National Capital Region, there are a number of base and post exchanges including Army and Air Force Exchange Service and Marine Corps Community Services in base stores. The following lists a few:

- **Marine Corps Exchange (Henderson Hall side of JBM-HH)** Monday – Friday from 10 a.m. to 8 p.m.; Saturday from 9 a.m. to 8 p.m.; Sunday from 10 a.m. to 6 p.m. Call 703-979-8420 for more information. See pages 27-29 for a complete list of MCCS/MCX activities, retail stores.
- **Main Exchange (Fort Myer side of JBM-HH, Bldg. 450)** Monday – Saturday from 9 a.m. to 7 p.m.; Saturday from 9 a.m. to 7 p.m.; Sunday from 10 a.m. to 6 p.m. Call 703-522-4575/77 for more information.
- **Military Clothing Sales – in Bldg. 450, the main Exchange on the Fort Myer side of JBM-HH (Army merchandise only)** Monday-Friday from 9 a.m. to 6 p.m.; Saturday from 9 a.m. to 4:30 p.m. Call 703-696-3515 for more information. Alterations (inside the Military Clothing Sales Store, Bldg. 450) – open Monday-Friday from 9 a.m. to 6 p.m.; Saturday from 9 a.m. to 4:30 p.m. Call 703-741-0777 for more information.



JOINT BASE MYER-HENDERSON HALL

- **Military Clothing Sales (Pentagon)**
Open Monday – Friday from 8 a.m. to 4 p.m. Call 703-695-6446/7637 for more information.
Alterations (inside the Military Clothing Sales Store, Pentagon)
Monday – Friday from 8 a.m. to 4 p.m.
Call 202-562-1237 for more information.
- **Mini Mart (Fort McNair portion of the joint base)**
Monday – Friday from 7:30 a.m. to 5 p.m.;
Saturday and Sunday – closed. Call 202-554-7064 for more information.
- **Express (Fort Myer portion of the joint base)**
Monday – Friday from 6 a.m. to 10 p.m.;
Saturday and Sunday from 8 a.m. to 9 p.m. Call 703-696-9241/44 for more information.

Concessions

- **Barber Shop (Fort Myer portion of the joint base)**
Monday – Friday from 8 a.m. to 7 p.m.;
Saturday from 9 a.m. to 5 p.m.; Sunday
from 10 a.m. to 4 p.m. – 703-351-6569
- **Barber Shop (Fort McNair portion of the joint base)**
Monday – Thursday from 9 a.m. to 5 p.m.
– 202-484-7019
- **Dry Cleaners/Alteration (Fort Myer portion of the joint base)**
Monday – Saturday from 9 a.m. to 7 p.m.;
Sunday from 10 a.m. to 4 p.m. – 703-243-4986
- **Flower Shop (Fort Myer portion of the joint base)**
Monday – Friday from 9 a.m. to 6 p.m.;
Saturday from 9 a.m. to 5 p.m. – 703-525-0489
- **GNC – (Fort Myer portion of the joint base)**
Monday – Friday from 9 a.m. to 7 p.m.;
Saturday from 9 a.m. to 5 p.m.; Sunday
from 10 a.m. to 4 p.m. – 703-522-6786
- **Optical (Myer)**
Monday through Friday from 9 a.m. to 6 p.m.;
Saturday from 9 a.m. to 5 p.m. – 703-528-9122
- **Subway – Bldg. 450 Fort Myer**
Monday through Friday from 6:30 a.m. to 7 p.m.;
Saturday from 8 a.m. to 7 p.m.; and
Sunday from 9 a.m. to 6 p.m. Call 703-243-1786 for more information.
- **Firestone – Bldg. 452, Fort Myer**

Monday through Saturday from 7 a.m. to 6 p.m.;
Sunday from 8 a.m. to 5 p.m. Call 703-664-1004

- **Starbucks – Bldg. 450, Fort Myer**
Monday through Saturday from 7 a.m. to 6 p.m.;
Sunday from 8 a.m. to 5 p.m. Call 703-664-1004
- **Joint Base Andrews Naval Air Facility-Washington**
301-568-150
- **Joint Base Anacostia-Bolling**
202-562-3000
- **Fort Belvoir**
703-806-5416
- **Fort Meade**
410-674-7170

TRANSITION ASSISTANCE PROGRAM

The JBM-HH Soldier for Life - Transition Assistance Program (formerly Army Career and Alumni Program) is located on the Fort Myer portion of the joint base, Bldg. 404. SFL-TAP assists transitioning military personnel, their Family members and certain Department of Defense civilian employees by providing job search assistance, a variety of general transition assistance courses, seminars and one-on-one job search, financial, and career counseling.

Services offered include federal and civilian resume writing, networking, interviewing skills, conducting job market research, dress for success, salary negotiations, how to start a business, franchise opportunity, financial planning, how to pursue higher education, how to pursue technical training, and marketing your skills.

For more information regarding SFL-TAP program operations, call 703-696-0973. SFL-TAP is open Monday through Friday from 7:30 a.m. to 4 p.m.

To register for classes, call the SFL-TAP center staff at 703-696-0973 or stop by the office in Bldg. 404 on the Fort Myer side of the joint base.

See www.jbmhh.army.mil/WEB/JBMHH/Services/ArmyCareerAlumni.html.

TRANSPORTATION

The Joint Base Myer-Henderson Hall Logistics Readiness Center provides shuttle service (from the Henderson Hall and Fort Myer portions of JBM-HH) between the base and the Pentagon from 5:15 to 8:10 a.m.

and from 4:25 to 6:45 p.m. Monday through Friday. Call 703-696-7109/7132 and see:

- www.jbmhh.army.mil/WEB/JBMHH/Directorates/logistics.html.
- www.whs.mil/our-services/transportation/shuttle-bus-system.
- Mass Transit Subsistence: www.whs.mil/MTBP/index.cfm
- Ticket Pick Up Schedule: www.whs.mil/MTBP/instructionsforreceivingelectronicfaremedia.cfm
- FAQ: www.whs.mil/MTBP/smartBenefitsFAQ.cfm

Carpooling: The National Capital Region is heavily congested by commuters trying to get in and around the area. Carpooling is available in the area. Call 1-800-745-RIDE (7433) for details.

★ Fort Myer Thrift Shop

The Thrift Shop on the Fort Myer portion of JBMThrift Shop on the Fort Myer portion of JBM-HH offers two buildings filled with items including clothing, shoes, furniture, housewares, uniforms, linens, tools, and seasonal items just to mention a few things. The general public is welcome to purchase at the Thrift Shop.

The boutique has upscale clothing along with fashion, gold and sterling silver jewelry, purses, military memorabilia, and other collectible décor items.

Through consignments and donations received daily from a large military community, our inventory is constantly changing.

The Thrift Shop in concert with the Army Officers Wives Club of the Greater Washington Area supports an annual disbursement of its profits through community grants and scholarships. The Thrift Shop is located in Bldgs. 224 and 225, Forrest Circle.

Hours are Tuesday, Wednesday, and Thursday, 10 a.m. to 2:30 p.m. and the first Saturday of each month, 10 a.m. to 3 p.m.

Call 703-527-0664 and see www.fortmyerthriftshop.org for more information.

UNITED SERVICE ORGANIZATION

The USO of Metropolitan Washington is a private, nonprofit organization dedicated to “Serving those who serve, and their Families” in Washington, D.C., Maryland and Northern Virginia. USO-

Metro provides programs and services for active duty troops and their families at the area's military hospitals; through its Mobile USO program; five USO centers and four airport lounges.

USO-Metro has proudly served the Joint Base Myer-Henderson Hall area since 1979. The recently renovated USO Honor Guard Lounge is located at 228 McNair Rd. in the Community Center. The lounge is staffed by knowledgeable USO volunteers and offers complimentary services to service members and their families including:

- A gaming center complete with an Xbox 360, a Wii system with four wireless gaming chairs, a 52-inch plasma TV, and a variety of popular games
- Five computer workstations, wireless internet, and printing capabilities
- A movie theater with leather recliners and a 72-inch, 3D high-definition television
- Variety of snacks and beverages
- DVD and book libraries

In addition, the USO-Metro Ticketline program offers free tickets to music, theater, sporting, and other area events. Call 571-267-2090 for updates on available tickets.

The Mobile USO is based out of USO-Metro's headquarters at Bldg. 405 on the Fort Myer portion of JBM-HH, and travels to

various military community events, training exercises, deployments, and homecomings as well as to special requested events from military installation commanders.

USO-Metro provides emergency services that include housing and food assistance. USO-Metro offers free furnished apartment units to military service members and their Families who are in extreme financial hardship or to Families of service members who are critically or terminally ill and require treatment at area military hospitals. USO-Metro also has a limited supply of food and food certificates for military Families in need.

For more information about USO-Metro's programs, services, and upcoming events visit, www.usometro.org or call 703-696-2628.

VETERINARY SERVICES

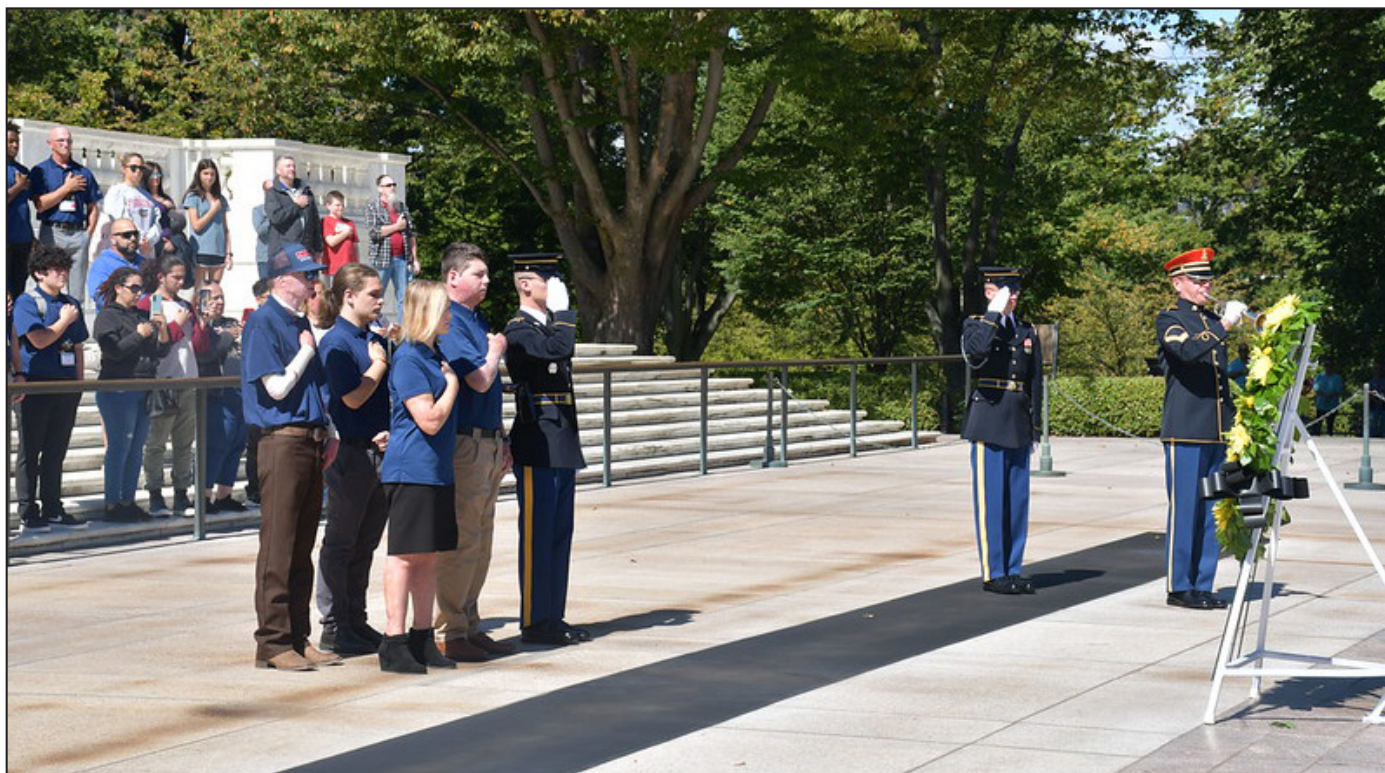
Veterinary services at Joint Base Myer-Henderson Hall has a three-part mission: to provide full-time routine and emergency care to our Military Working Dogs and Caisson Platoon horses, to provide safe and wholesome food to military personnel and the JBM-HH community, and to provide preventive medicine and routine care to pets belonging to past and present warriors in the National Capital Region.

Very limited emergency services are provided for privately-owned animals. Services available by appointment only are vaccinations, micro chipping, well-pet exams, minor sick call, health certificates, heartworm tests, fecal exams, toe nail trims, assistance with preparing pets for CONUS or OCONUS moves, and dispensing medications such as heartworm preventative, flea and tick preventative, and prescription diets. Due to the limited services available, we strongly encourage pet owners to have a civilian veterinarian to provide emergency and additional routine care.

The Veterinary Treatment Facility is located at 101 Jackson St., Bldg. 239 (behind Conmy Hall and the water tower) on the Fort Myer portion of the joint base. The VTF is open Monday through Friday from 8 a.m. to noon and from 1 to 3:30 p.m. for over-the-counter sales; closed federal holidays and the last business day of each month. Patients are seen by a veterinarian by appointment only.

Due to military obligations and the government owned animal mission, the VTF may be closed at any time, so please call before coming.

For more information or to make an appointment, please call 703-696-3604





DIRECTORATE FOR **FAMILY** AND **MORALE, WELFARE** AND **RECREATION**

A variety of programs, services and facilities are available at Joint Base Myer-Henderson Hall and Fort McNair. Services and programs are offered through Army Community Service (ACS), Child and Youth Services (CYS) and the Business Recreation Division (BRD) within the Directorate for Family and Morale, Welfare and Recreation.

ARMY COMMUNITY SERVICES (ACS)

The ACS center, located in Bldg. 201 on the Fort Myer portion of JBM-HH, offers a number of programs designed to provide real-life solutions for successful living. Whether it's essential household items from our lending closet, post orientation, information about military or civilian agencies in the area, financial planning, parenting and relationship skills, or information about employment opportunities, ACS is available to assist you with your needs.

The hours of operation are 7:30 a.m. to 4 p.m., Monday through Friday. The main telephone number is 703-696-3510, DSN: 426-3510, FAX: 703-696-0159. ACS programs and services are available to all single or married, active duty, retired, reserve component service members, civilian employees and all Family members, including surviving Family members of military personnel who died while on active duty, and Family members of POW or MIA personnel. For more information, go to www.jbmhhmwr.com/army-community-service-acs or www.facebook.com/jbmhhacs.

Army Community Service offers the following programs:

★ **Information and Referral**

ACS maintains extensive resource listings for the surrounding military and civilian communities. The resource files consist

of community resources, such as, social services, food stamps, schools, elder care, and much more. For more information, call 703-696-3510.

★ **Financial Readiness Program (FRP)**

The Financial Readiness Program promotes readiness by counseling and educating service members and their Families in all areas of consumer and financial topics and ensures that emergency assistance is available when needed. The mission of FRP is to reduce indebtedness and requests for emergency financial assistance and to prevent financial difficulties before they arise. Contact 703-696-0163 for more information.

Personal Financial Management Training is an eight-hour course providing tools necessary to handle money wisely and to make informed purchasing decisions. The course is mandatory for Army specialists/corporals (E-4) and below assigned to his or her first permanent duty station. PFMT is offered weekly in one full-day session. Contact 703-696-0163 for more information.

★ **Family Advocacy Program (FAP)**

The Family Advocacy Program provides services and education for Families in the prevention of domestic violence and child abuse through community awareness campaigns, life skill education classes, professional education and troop and commander briefings. FAP is divided into two areas: the enrichment program and support services, located at ACS – 703-696-3512 and intervention services (counseling), located at the Andrew Rader Clinic – 703-696-3457.

Topics offered in the enrichment program include couple and parent-child communication skills; effective management of children's behavior; conflict management; and effective management of stress and anger in relationships.

Special programs that fall under Family Advocacy are the New Parent Support Program and Victim Advocacy Program.

NPSP assists parents in coping with demands of parenthood while increasing their parenting knowledge and skills, to enhance the lives of their children and reduce the occurrence of child abuse and neglect. For more information, call 703-696-6368.

The VAP mission is to protect the victims of abuse and provide services to ensure that each person who is a victim of domestic violence, is provided support and assistance with safety planning, emergency shelter, assistance with court and their legal rights, and support group resources and information. For more information, call 703-696-3512.

★ **Exceptional Family Member Program (EFMP)**

To enhance readiness and Family resiliency, EFMP enrollment is required by AR 608-75 for all active duty Family members with medical and/or educational special needs. Updates are required at a minimum of every three years or sooner, as changes occur, in order for Human Resources Command to consider all aspects of the Family member's special needs in the assignment process and avoid Family member travel to areas that cannot support their special needs. Medical treatment facility EFMP case coordinators worldwide can assist Families with the enrollment process during its initial, update, or disenrollment phases. Army Community Service EFMP managers navigate Families through the maze of military and civilian local/national resources, and ensure a warm transition during PCS. Let EFMP be the main conduit for accessing resources to meet Family needs, such as, but limited to, respite care, support groups, information/followup, and training during inprocessing, tour of duty, and outprocessing. For more information, call 703-696-8467/0783.

★ Army Emergency Relief (AER)

A Soldier must always be ready for whatever the mission requires. AER helps ensure financial emergencies do not interfere with readiness. The program helps to prevent lack of such basic needs as food, shelter and utilities through loans, or in dire circumstances, grants. For more information, call 703-696-8435.

★ Army Volunteer Corps

Army Volunteer Corps links volunteers with programs and community agencies that offer volunteer opportunities. Volunteering provides an opportunity to experience new career fields, gain additional training and become involved in meaningful work experiences. Contact 703-696-3510 for more information.

★ Survivor Outreach Services

Survivor Outreach Services demonstrates the Army's commitment to Families of the fallen by supporting them for as long as they desire. Our mission is to provide enhanced services to surviving Families by delivering services that help them manage their bereavement and financial needs by using a holistic and multiagency approach. Service delivery is provided closest to where the survivor resides or desires. Contact 703-696-8846.

BUSINESS RECREATION DIVISION (BRD)

★ Leisure Travel Services (LTS)

The Leisure Travel Services office is located in the Community Activities Center in Bldg. 405 on the Fort Myer portion of JBM-HH and is the place to go for travel information on sites around the National Capital Region or around the world. Get deals on tickets for sports games, local movies, theme parks and other events, games and trips and take various classes like the "Never Too Late Senior Fitness Class."

The LTS is open Wednesday-Thursday from 4-8 p.m., Friday 1-8 p.m. and Saturday 10-5 p.m. Closed on Sundays, Mondays, Tuesdays and federal holidays. For more information, call 703-696-3471/3469 and visit <https://jbmhh.armymwr.com/>.

★ Community Activities Center (CAC)

The Community Activities Center, in Bldg. 405 on the Fort Myer portion of JBM-HH, provides social, leisure and recreational opportunities. The center features a wide screen television, billiards, table tennis, an activity area equipped with tables for chess, checkers, backgammon and other board games and a check-out desk offering numerous games and other items for use within the center. The center boasts an Armed Forces Bank ATM 24 hours a day, seven days a week. The main ballroom accommodates activities such as job fairs, concerts, classes and exhibits. A large outdoor patio with tables and chairs is available.

The center is open Wednesday-Thursday from 4-8 p.m., Friday 1-8 p.m. and Saturday 10-5 p.m. Closes on Sundays, Mondays, Tuesdays and federal holidays. For more information, call

703-696-3471/3469/7868 and visit <https://jbmhh.armymwr.com/>.

★ Patton Hall Community Club and Conference Center

Patton Hall is a repeat winner of the U.S. Army's Carroll Award. The quality of food, entertainment and diverse catering has made this large facility a very attractive place to socialize, have promotions, retirement ceremonies, weddings or other functions, receptions and celebrations. Private, elegant rooms for catering functions accommodate from 25 to 300 people and are available for all occasions on a first come, first serve fee based reservation basis. Patton Hall reservation office is open Monday thru Friday from 9-5:00 p.m.

Patton Hall is located in Bldg. 214 on Jackson Avenue next to the DFMWR Pool Complex. For general information and reservations, call 703-524-0200; visit <https://jbmhh.armymwr.com/>.

★ Spates Community Club and Conference Center Annex

Spates Community Club and Conference Center Annex has a variety of services, activities, food and entertainment options. The club is available 7 days a week by reservation. The Spates Annex has a large Ballroom, Skylight Room and Executive Room available on a first come, first serve

fee based reservation basis.

The Spates Annex is located in Bldg. 407 on McNair Road. For general information and reservations, call 703-524-0200; visit <https://Jbmhh.armymwr.com/>.

★ Five Star Catering

Whether you want to use the Patton Hall Community Club and Conference Center or the Spates Community Club and Conference Center Annex, Five Star Catering offers flexibility, value and the highest quality for your special function. Five Star Catering specializes in wedding packages, formal functions, meetings, receptions and conferences. Call for a catering menu or visit www.jbmhhmwr.com for more information.

The Patton Hall Community Club facility has a dedicated catering office to serve you.

Patton Hall's Catering Office operates Monday - Friday from 9-5:00 p.m. Call 703-524-0200 to make an appointment or visit <https://jbmhh.armymwr.com/> for more information.

★ MWR Auto Center

The MWR Auto Center, in Bldg. 227 on the Fort Myer portion of JBM-HH, provides a wide variety of auto detailing services. Car Detailing Services are available to be scheduled via Email at: usarmy.jbmhh.imcom-fmwr.com.cacreservations-and-requests@mail.mil or call 703-696-7863/7868.

Service Appointments & Transaction Hours at the Community Activity Center, Bldg. 405 are Wed & Thur 4-8pm, Fri 1-8pm, Sat 10am-5pm, and Closed Sun, Mon & Tues. CAR DROP OFF - Vehicle must be scheduled for an appointment prior to dropping off; then, drop keys into drop box on the front door of the MWR Auto Center, Bldg. 227- Forest Circle, Fort Myer, VA 22211; park vehicle in an empty parking slot and you will be contacted by the vendor for further details and information. All payments for Car Detail Services are to be made directly to a Family & MWR staff member at the Community Activity Center, Bldg. 405. All payments must be paid by credit card. Payment will not be made directly to the contractor.

★ Better Opportunities for Single Soldiers Program

Better Opportunities for Single Soldiers is a program designed to enhance the morale and welfare of single soldiers, increase



retention and sustain combat readiness. It helps Commanders address the wellbeing and morale issues of the single and unaccompanied Soldiers in their commands. The program focuses on improving the quality of life; the development of lifelong skills; community service; recreation and leisure pursuits.

BOSS holds a meeting every month in Bldg. 405 on the Fort Myer portion of JBM-HH, at the Community Activities Center. At these meetings, open forums, ideas for classes, trips, and other activities are discussed. Call 703-696-3471/3469 for more information.

★ Bowling Center

The Bowling Center, Bldg. 411 at 224 McNair Road on the Fort Myer portion of the joint base, offers tournament, adult and youth league play, and affordable open bowling. Equipped with 20 lanes and a “vector plus” scoring system, “glow” bowling and the Strike Zone Snack Bar which offers wonderful breakfast, lunch and dinner and beverage options at affordable prices. The center is also available for bowling parties and private events at attractive rates on a reservation basis. Further, the center has an arcade amusement room, shoe and locker rentals and a pro shop.

It is open Mondays 7 a.m.-7 p.m., Tues-Fridays 7-9 p.m. Call 703-528-4766/4767 and visit <https://jbmhh.armymwr.com/> for more information.

★ Physical Fitness Centers (PFC)

The Fort Myer Physical Fitness Center, Bldg. 414, is open Monday-Friday from 5 a.m. to 8 p.m., and Saturday, Sunday and holidays from 7 a.m. to 3 p.m. The Fort Myer PFC offers a modern, fully-equipped and professionally staffed fitness facility for the use of the military community, offering classes programs, services and sports competitions. For more information, call 703-696-7868/7865/7864.

The Fort McNair PFC, Bldg. 69, is open 24/7. Registration for access is available every Monday (except Holidays) from 0900-1300. For more information, call 703-696-7868/7864/7861.

★ DFMWR Swimming Pool Complex

Swimming classes, lap swimming, and

swim team practices are offered at the DFMWR Pool Complex. The pool complex features several pools with lap lanes, a water slide, a diving board, a children’s wading pool, outdoor grill, recreational games and canopy rentals for patrons, parties and special events.

Pool hours of operation are from 11 a.m. to 8 p.m. seven days a week from Memorial Day to Labor Day. For more information, call 703-696-0594.

★ Team Sports

One of the most important missions of Family and Morale, Welfare and Recreation are organized sports and athletic programs. Participate in flag football, basketball, volleyball, softball, soccer and more. Unit and Community level competitions are planned throughout the year. For more information, call 703-696-7867/7868.

CHILD AND YOUTH SERVICES

★ Child Care

Child and Youth Services (CYS) has a variety of options for meeting child care needs. The Cody Child Development Center, Bldg. 483 on the Fort Myer portion of the joint base, provides educational programs to enhance and support children’s physical, social, emotional, and intellectual development and provides full day, hourly and instructional programs as well as referral services through Parent and Outreach Services

The facility is open daily, Monday through Friday, 6 a.m. to 6 p.m. with program specifics listed below. Under COVID-19 operations, hours will be limited to 7 a.m. to 5:30 p.m. Call ahead to confirm hours.

Child Development Center full day – 6 a.m. to 6 p.m.

School Age Center before/after school – 6 to 9 a.m. and 2:30 to 6 p.m.

Middle School/Teen – before/after school – 6 to 8:30 a.m. and 3 to 6 p.m.

The program is closed weekends and federal holidays; and closed twice yearly for training.

For more information about any or all

program offerings, please call Parent and Outreach Services at 703-696-8850/0575. Parent and Outreach is also located within the DFMWR Bldg. 203 and is open 8 a.m. to 5 p.m. Mon-Fri.

★ Youth Services

Youth Services provides activities for JBM-HH youth in kindergarten to 12th grade. Activities include camps, youth sports, social and leisure activities, and youth development opportunities. Youth Services is located in the Cody Child Development Center, Bldg. 483 on the Fort Myer portion of JBM-HH. Phone 703-696-3712 for more details.

★ Parent Feedback and Participation

Programs welcome parents through an open door policy, and we believe that a strong partnership with Families is essential to a strong and successful program. Parents may provide feedback through a variety of ways to include directly to the program managers or by using one of the kiosks in the lobby to access the Interactive Customer Evaluation system. This is also available online at <https://jbmhh.armymwr.com/>. All parents are also welcome to attend monthly Parent Advisory Council meetings that are generally held the first week of every month. Suggestions for agenda items are welcome; please provide these in advance of the meeting when possible.

Child and Youth Services also has a Parent Participation Program in which participants may earn points through volunteering in program activities for which they earn points toward an eventual 10% discount off monthly tuition payments. Please see program directors for details.

★ School Liaison Services

The school liaison officer serves as the liaison between the joint base commander, military agencies, and school organizations by providing assistance in matters pertaining to student education and school operations and implements the Strategic Planning for Education Advocacy recommendations in order to ensure a quality educational program

for all military students. The SLO is the focal point of contact between the military installation, the local school administration, parents and the community at large. Specific responsibilities include advising the commander on all matters concerning student education and school operations; fostering a responsive, cooperative relationship between school representatives and the military community; and maintaining school transition support for military children. For more information, call 703-696-3712. The SLO is located in Bldg. 483 on the School Age side of the Cody facility.

★ Sports and Fitness

The Joint Base Myer Henderson Hall

Youth Sports and Fitness Program provided by the Directorate for Family and Morale, Welfare and Recreation (DFMWR) is dedicated to providing quality sports and fitness activities for children ages 3-18. Currently, there is a wrestling and running club in addition to a functional fitness program for preschool age children.

Youth Sports and Fitness Program provides our youth with an environment that is appropriate and consistent with basic growth and development characteristics of youth. The program emphasizes fun, maximum participation, rules knowledge, and physical conditioning. The Youth Sports and Fitness Program firmly supports the “Win-Win” philosophy of play, established by the Department of the Army.

★ CYS Phone Numbers

- **Child and Youth Services Administration**
703-696-3712
- **Cody Child Development Center**
703-696-3095
- **Parent and Outreach Services**
703-696-8850/0575
- **School Age Care Program**
703-696-3712
- **Youth Center (Middle School Program & Teen Program)**
703-696-3712
- **Sports and Fitness**
703-696-3712
- **School Liaison Officer**
703-696-7620





MARINE CORPS COMMUNITY SERVICES

Marine Corps Community Services serves Marines and their Families as well as other service members and their Families throughout the National Capital Region. For information on our programs and activities, please read ahead and be sure to visit our comprehensive website, www.mccsHH.com, for detailed up-to-date information. We also invite you to follow us on Twitter @mccsHH and like us on Facebook.com/mccsHH

SUPPORT DIVISION

Support to our community and to our organization includes administration, human resources, finance, operations, contracting, and marketing. The MCCS administrative offices on the Henderson Hall portion of Joint Base Myer-Henderson Hall unless otherwise noted, are open Monday to Friday 8 a.m. to 4:30 p.m. For more information, please call 703-979-8420 ext. 323.

★ Human Resources

MCCS Henderson Hall continues to provide support services to our Marines and their Families. Our success is directly related to our greatest resource — our employees. Looking to work with us? Positions may be available in retail sales, food service, counseling, administrative, and recreation. Please visit our recruitment page at www.usmc-mccs.org/careers/ for open positions at Henderson Hall.

MCCS offers regular nonappropriated fund employees a complete benefits package including medical, dental, life, retirement, 401(k) with employer match, a 24/7 employee assistance program, long-term care insurance, a flexible spending account, free use of the gym and pool, a Civilian Employee Wellness Program, and credit union membership.

The package also offers a choice of a public transportation subsidy or free on-site parking. For human resources, please call 703-979-8420 ext. 306 or 307.

★ Marketing Branch

The Marketing Branch is located beside the Marine Corps Exchange in Bldg. T26. The branch serves as the communication portal through which MCCS programs and activities are publicized in print, electronic and social media and on our website, www.mccsHH.com. The branch includes a graphics department and a commercial sponsorship and advertising department. Looking to reach our market? Consider sponsoring an event or advertising on our website. Marketing also administers the online Interactive Customer Evaluation program — be sure to let us know how we are meeting your needs at ice.disa.mil. Like mcsHH on Facebook and follow us on Twitter. We may be reached at 571-483-1951.

MARINE AND FAMILY PROGRAMS

Marine and Family are your partners in the community serving all commands in the National Capital Region. We understand that Marine Corps lifestyle can be stressful and challenging at times, and want to support you in your strategy of developing strong resiliency skills. While we are located at Joint Base Myer-Henderson Hall, we also travel to the Pentagon, and other Marine commands throughout the NCR. Our hours of operation are Monday-Friday from 7:30 a.m. to 4:30 p.m.

For additional information, please call 703-614-7200/7201 or visit us on the web at mccsHH.com. From communication workshops to Family readiness trainings our team looks forward to tailoring our

quality of life workshops to meet your needs and those of your command.

★ Community Counseling Center, Family Advocacy, Prevention and Education, Intervention and Treatment Programs

The National Capital Region is a fast-paced, congested area with a high cost of living. As a result, Marines and their Families may experience stressors related to transitions to new working environments, neighborhoods, schools, or post-deployment impact on relationships and Family communication. Mental health professionals are available to assist Families, couples, and individuals with the stress associated with adjusting to their new environment. Relationship and interpersonal problems and other nonmedical concerns are addressed in short-term individual, marital and family counseling and prevention, and education workshops. The program also includes domestic abuse and child abuse intervention, victim advocacy, information on transitional compensation for victims of domestic violence, command briefings, and treatment groups. For additional information, please call 703-614-7204. Victim advocate services are available 24/7 via the Domestic Violence Hotline at 202-439-6038. The military and family life counselor may be contacted at 703-414-9885.

★ Education and Career Services

Education and Career Services provides adult education opportunities and services for active duty and reserve component Marines and their Families. Programs and services include academic and military education benefits guidance counseling (TA and GI Bill), the Joint

Services Transcript, and academic and military testing. Programs such as the United Services Military Apprenticeship Program, Online Academic Skills Course, Marine Corps Credentialing On Line, and the Leadership Scholar Program are also available for active duty service members. Representatives from seven colleges and universities keep office hours at the center for information, academic counseling, creating degree plans, and course registration. Please call 703-614-9104 for additional information.

★ **Exceptional Family Member Program**

The Exceptional Family Member Program offers assistance to military Family members with long-term health issues or special education needs before, during, and after relocation. The EFMP staff provides information on medical and educational resources, DOD EFMP enrollment, advocacy, local workshops, and support groups. The EFMP Respite Care Reimbursement Program provides subsidized respite care for eligible EFMP Families (level of need 3 and 4). For additional information, please call 703-693-6368/5353/7195.

★ **Information and Referral Program**

The Information and Referral Program provides information and referral to resources in the military and civilian communities. Brochures, flyers, and guides are available on such topics as Tricare (medical and dental), Military One Source, USO, active duty benefits, veterans' benefits, commuting, food stamps, immigration, and more. Relocation assistance such as permanent change of station workshops, a monthly "Welcome Aboard" orientation given on the last Tuesday of the month. Personalized welcome aboard packages may be requested as well as information on schools, housing, Set Aside Program, county and state resources, and military bases worldwide. For additional information, please call 703-693-5197.

★ **Marine Corps Family Team Building**

Marine Corps Family Team Building supports four Family readiness programs: Family readiness training which supports the Unit Personal and Family Readiness programs; Lifestyle Insights, Networking, Knowledge, and Skills workshops for spouses, children, Marines and extended Family members; LifeSkills, which includes workshops on Family care plans, leadership, communication, 7 Habits of Highly Effective Military Families® and 7-Habits of Highly Effective People® Foundations; Deployment Support programs/return and reunion briefs. For additional information, please call 703-693-4840.

★ **New Parent Support Program**

The New Parent Support Program is a resource for parents with children up to 5 years old. Staff members are licensed mental health professionals who provide home visitation services, nurturing parenting, and other parent education classes for Marines and their Families. Baby Boot Camp, a hands-on, one-day class for expectant parents in their third trimester, is offered monthly. In addition, we regularly offer 1-2-3 Magic™, a discipline program for parents of children 2 to 12 years old, a cooperative parenting workshop for separating and divorcing parents, and Infant Massage for parents to learn how they can bond and soothe their newborn. For additional information, please call 703-614-7204.

★ **Personal Financial Management Program**

The Personal Financial Management Program provides education, counseling, information and referral support on the full range of personal financial management topics. Assistance and classes are available on core topics to include: income, expenses, savings, credit management, insurance, consumer issues, car buying, home buying, educational funding, investments, and retirement planning. For additional information, please call 703-614-6950.

★ **School Liaison Program**

The mission of the USMC School Liaison Program is to identify and coordinate community resources to reduce the impact of the mobile military lifestyle on military school-age (kindergarten-12th grade) children and Families; to implement predictable support services that assist children/youth with relocations, life transitions, and achieving academic success; and to provide a wide range of resources that facilitate school transitions to parents, students, schools, commanders, and communities. Services include kindergarten-12th grade transition support for inbound/outbound Families; information, resource and referral for educational resources; information on the Interstate Compact for the Education of Military Children; post-secondary preparation including SAT/ACT prep, scholarships and financial aid; kindergarten registration; home school linkage and support; and managing MCCS Henderson Hall's Partner in Education Program. For additional information, please call 703-693-8378.

★ **Substance Abuse Combat Center**

The Substance Abuse Combat Center operates from the prevention premise that Marines should be proactive. "Protect What You've Earned." SACC facilitates adherence to commandant of the Marine Corps policy guidance which states that substance abuse/misuse undermines the performance of Marines, is contrary to the Marine Corps mission, and will not be tolerated. SACC seeks to facilitate a positive climate conducive to reducing substance abuse related incidents. Key elements in this effort include edgy, multi faceted prevention initiatives executed in conjunction with timely unit-sponsored intervention. SACC provides prevention classes, as well as SACO/UPC training and outreach. SACC also provides direct services such as screenings, assessments, referrals, outpatient treatment and aftercare. For more information or to obtain an appointment, please contact your unit SACO or call SACC at (703) 614-8962.



★ **Transition and Family Member Employment Assistance Program**

Transition and Family Member Employment Assistance offers support for transitioning service members and their Families. Services include transition and personal readiness seminars, capstone screenings, career and education fairs, individual career counseling, skills assessment, individual transition plan development, résumé review, federal application process assistance, and a career resource library. Personal readiness seminars are administered by personal and professional development branch staff, and is required for all Marines at their first permanent duty station. Transition readiness seminars, also administered by P and PD staff, as well as the U.S. Department of Labor, provide information on benefits and entitlements available upon separation/retirement from active military service and all matters relevant to employment readiness for transitioning service members and their spouses. The Family Member Employment Assistance Program is designed to meet the unique needs of the military spouse and other Family members in seeking portable careers. Career fairs are held twice a year. For additional information, please call 703-614-6828.

★ **Navy Marine Corps Relief Society**

The Navy-Marine Corps Relief Society provides financial, educational, and other assistance to members of the Naval Services (Navy/Marine Corps) of the United States and their eligible family members and survivors, when in need. Counseling, loans, grants, various services, and referral to other community resources are available to help families. For more information, call 202-433-3364, or www.nmcrrs.org.

RETAIL OPERATIONS AND SERVICES

★ **American Clipper Barber Shop**

The American Clipper Barber Shop, located across from the Marine Corps Exchange, Henderson Hall, serves Marines, other service members and civilians Monday through Friday 8:30 a.m. to 5:30 p.m.; Saturday 9:30 a.m. to

4:30 p.m.; and Sunday 10 a.m. to 4:30 p.m. For additional information, please call 703-271-8177.

★ **Marine Corps Exchange Main Store**

The Marine Corps Exchange, is one of the National Capital Region's finest military shopping destinations. Whether you are seeking the area's most upscale exchange or looking for quality merchandise on a budget, check the MCX first.

Our Exchange features designer brand name apparel for ladies and men, shoes, cosmetics, and accessories. The store also includes a luggage department, a fine jewelry department, a home store featuring the Martha Stewart Home line, an electronics department, and seasonal merchandise to include barbeque grills. The uniform department stocks official Marine uniforms and accessories as well as a great selection of logo merchandise suitable for gift giving. The gourmet food department offers treats from around the world, and the Emporium is your destination for health and beauty aids, greeting cards, discounted books and magazines, and convenience items.

The MCX offers Western Union at the cash cage and two Navy Federal Credit Union ATMs. A watch and jewelry repair vendor is available select weekdays and Saturdays, as are tailor services for civilian and military clothing. Competitive prices and brand names are only part of the MCX total commitment to customers, which includes our hallmark outstanding customer service, "Keep it New" program, and price match guarantee. New additions as a result of a 2014 expansion project include children's clothing and select accessories, a Navy Exchange Uniform Center, and a firearms department. The MCX hours of operation are Monday to Friday 7 a.m. to 8 p.m.; Saturday 9 a.m. to 8 p.m.; Sunday 10 a.m. to 6 p.m. We are open expanded hours during the winter holiday season and open most federal holidays. We are closed Thanksgiving Day, Christmas Day, and New Year's Day. For more information, please call 703-979-8420.

★ **Car Wash**

A self-service car wash, is open 24/7, 365 days a year. The car wash has two bays, one covered and one uncovered with steps to reach the tops of SUVs, vans and trucks. The car wash is coin operated and takes quarters only; a machine to change bills to quarters is on site. The car wash has three vacuum cleaners and several vending machines with assorted cleaning accessories.

★ **Navy Exchange Uniform Center**

The NEX Uniform Center in the MCX offers a large assortment of uniforms and Navy pride items. A tailor is onsite weekdays. Dry cleaning service is available: clothing left Tuesday before 11:30 a.m. will be returned Thursday at 11:30 a.m.; clothing left Thursday by 11:30 a.m. will be returned Tuesday 11:30 a.m. Military and civilian clothing is accepted. Hours of operation are Monday through Friday from 8 a.m. to 6 p.m.; Saturday 9 a.m. to 6 p.m.; Sunday closed. Phone: 301-252-8143.

★ **Services Branch**

The Services Branch manages vending and concessionaire opportunities at Henderson Hall and Marine Barracks Washington. Contact our Services Branch at 571-483-1941 if you are interested in selling at these venues.

★ **The Vineyard Wine and Spirits**

The Vineyard Wine and Spirits is your premier full-service package store in the National Capital Region. Located directly across from the Marine Corps Exchange, Henderson Hall, The Vineyard offers a spacious and upscale shopping venue, complete with a chilled beer cave; walk-in cigar humidor; an expansive selection of craft beers and Virginia wines; and an assortment of nonalcoholic beverages. Bar accessories, gifts, and wine bags are also for sale.

The Vineyard operates Monday through Friday from 10 a.m. to 8 p.m.; Saturday from 9 a.m. to 8 p.m.; Sunday 10 a.m. to 6 p.m. We are open expanded hours during the winter holiday season and open most federal holidays. We are closed Thanksgiving Day, Christmas Day, and New Year's Day. For more information, please call 703-979-8420, ext. 105.



SEMPER FIT

Semper Fit provides a diversified program of athletic and recreational activities. To accomplish this mission, Semper Fit places emphasis on the Marine Corps' continuing program of physical fitness, safety and good community relations. The administrative offices at Henderson Hall are open 8 a.m. to 4:30 p.m. For more information, call 703-614-3859.

★ Smith Gymnasium

The Cpl. Terry L. Smith Gymnasium, Henderson Hall, has everything you need for a great workout, including a basketball and volleyball court, workout rooms, a weight room, racquetball courts, High Intensity Tactical Training Program, and men's and women's locker rooms. The gym is open Monday through Friday 4 a.m. to 7 p.m. and Saturday and Sunday 7:30 a.m. to 3 p.m. For gym information, call 703-614-7214.

★ Outdoor Recreation Equipment Issue

Get out and enjoy the outdoors. The Outdoor

Recreation Equipment Issue offers camping gear, sports equipment, mountain bikes, golf sets, and much more to all active duty, retired, and DOD authorized personnel. Please allow us 24 hours' notice to prepare your camping gear. A complete list of items is online at www.mccsHH.com. For current hours of operation and more information, call 703-693-4730.

★ Athletics

Patrons can compete at an intramural or varsity level in a variety of sports while stationed at Joint Base Myer-Henderson Hall. Basketball, softball, volleyball, dodge ball, flag football, and golf are just some of the activities offered. Call 703-697-2706 to find out more.

★ Swimming Pool

The Maj. Douglas A. Zembiec Pool, Henderson Hall, maintains year-round aquatic fitness operations in support of our Marines and other Department of Defense personnel. For more information on the programs offered, rules and regulations, or current hours of operation

please visit www.mccsHH.com or follow the pool on Facebook at Henderson Hall Aquatics Program. Call 703-693-7351 for more information.

★ Single Marine Program

Don't miss out on a great opportunity to get out of the barracks and have fun with fellow Marines. The Single Marine Program offers a wide variety of day and weekend recreation trips, along with volunteer events that foster a positive relationship between the community and single Marines. Past events have included cruises to the Caribbean, dinner and a movie at Zembiec Pool, and volunteering with local community organizations. Most importantly, the Single Marine Program provides a forum for Marines to address quality-of-life issues that need to be heard and resolved by the chain of command. Activities and events are open to single or unaccompanied Marines and Sailors; some events welcome all service members. The "Home of the SMP" — the "Kickback" lounge — is in Bldg. 416, Fort Myer. For more information, please call 703-695-1591.



PARTNERS

U.S. ARMY MILITARY DISTRICT OF WASHINGTON

The U.S. Army Military District of Washington, headquartered at Fort Lesley J. McNair in Washington, D.C., is the largest partner supported by Joint Base Myer-Henderson Hall and represents the Army in the National Capital Region. USAMDW serves as the Army Forces Component to, and core staff element of, the Joint Task Force-National Capital Region, and provides executive, operational, ceremonial and musical support across a full spectrum of responsibilities to support our nation's leaders. It accomplishes this mission in partnership with the other services and its five major subordinate units: The Army Aviation Brigade (TAAB), the 3d Infantry Regiment (The Old Guard), The United States Army Band "Pershing's Own," The United States Army Field Band, and the U.S. Army Transportation Agency (White House).

USAMDW Soldiers are familiar sights in the National Capital Region, daily demonstrating the excellence of the U.S. Army to the nation during arrival ceremonies for visiting dignitaries, memorial affairs in Arlington National Cemetery and other official ceremonies and outreach events.

The Army Aviation Brigade (TAAB) provides executive support to Army leadership, regionally through rotary-wing assets and globally through fixed-wing aircraft. TAAB operates Davison Army Airfield at Fort Belvoir and provides air traffic services to the Pentagon helipad. Additionally, TAAB has the 911th Technical Rescue Engineer Company, a unique, one-of-a-kind capability with the DoD.

The 3d U.S. Infantry Regiment is the oldest active duty infantry unit in the Army and is the Army's official ceremonial unit and escort to the president. In that capacity, Old Guard Soldiers are responsible for conducting memorial affairs missions and official military ceremonies at the White House, the Pentagon, national memorials and elsewhere in the nation's capital. Soldiers of the 3d U.S. Infantry Regiment maintain a faithful 24/7 vigil at the Tomb of the Unknown Soldier in Arlington National Cemetery. The Old Guard also provides defense support of civil authorities as an initial operating force to the Joint Task

Force-National Capital Region.

"Pershing's Own" is the Army's premier musical organization and through musical excellence, connects the Army to the American public. TUSAB provides musical support to senior leadership and a wide spectrum of federal agencies and recruiting initiatives, while also conducting memorial affairs operations honoring the fallen at Arlington National Cemetery, and supporting a wide spectrum of national and international events.

The U.S. Army Transportation Agency (USATA) is dedicated to providing premier, world-wide ground logistical support to White House officials. Their mission support includes 24/7 planning and execution with interagency partners. USATA is the only all-Army unit under the direction of the White House Military Office and each member earns a Presidential Service Identification Badge.

The U.S. Army Field Band (TUSAFB) is the premier touring musical organization for the U.S. Army, traveling thousands of miles each year as Musical Ambassadors telling the Army story. Their mission of public outreach includes media appearances and performances at secondary schools and universities nationwide.

USAMDW exercises senior commander responsibilities for four installations (JBM-HH, Fort Belvoir, Fort A.P. Hill, and Fort George G. Meade), the Soldier Recovery Brigade National Capital Region, the Joint Air Defense Operations Center, and the U.S. Army Medical Department Activity at Fort George G. Meade.

USAMDW also has the responsibility of providing General Court Martial Convening Authority for more than 400 Army agencies distributed across the globe.

Among USAMDW's many ceremonial missions is the U.S. Army's Twilight Tattoo, an action-packed military pageant featuring Soldiers from the U.S. Army Military District of Washington's ceremonial units, the 3d U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band "Pershing's Own." The show features performances by The U.S. Army Blues, The U.S. Army Band Downrange, The U.S. Army Chorus, the Commander-in-Chief's Guard, The U.S. Army Old Guard Fife and Drum Corps, and

The U.S. Army Drill Team. Twilight Tattoo is presented during the summer months at JBM-HH. Times and locations for Twilight Tattoo and other public USAMDW events are available at <https://mdwhome.mdw.army.mil/> or twilight.mdw.army.mil.

JOINT TASK FORCE - NATIONAL CAPITAL REGION

Joint Task Force-National Capital Region (JTF-NCR) is a joint command subordinate to U.S. Northern Command. It was established in the aftermath of the Sept. 11, 2001 attacks to address threats to the National Capital Region and to provide Department of Defense support to civil authorities. JTF-NCR is part of a collaborative, regional team focused on safeguarding the National Capital Region. JTF-NCR coordinates Army, Navy, Air Force, Marine Corps, and Coast Guard forces in support of a lead federal agency during National Special Security Events and consequence management missions.

For more information, see <https://mdwhome.mdw.army.mil/>.

In a contingency situation the JFHQ-NCR will become a Joint Task Force and coordinate Army, Navy, Air Force, Marines and Coast Guard forces in support of the lead Federal agency in charge of handling the event. As an example, a JTF was formed in 2016 in support of the 58th Presidential Inauguration, and was charged with coordinating all military ceremonial support and providing civil support operations for the inaugural period.

JTF-NCR is a part of U.S. Northern Command and engages its federal, state, and local partners constantly to ensure a coordinated response if it is ever necessary. Situationally aware 24 hours a day, seven days a week, JFHQ-NCR monitors security requirements and coordinates with the military services, the Department of Homeland Security and local first responders in identifying capabilities the military can provide in case of an emergency or national special security event.

For more information, see <https://mdwhome.mdw.army.mil/>.

For more information call, 703-696-7107, Bldg. 205, on the Fort Myer portion of the joint base.

3D U.S. INFANTRY REGIMENT (THE OLD GUARD)

The 3d U.S. Infantry Regiment (The Old Guard) is the oldest active infantry unit in the Army. Founded in 1784, it even predates the Constitution of the United States. Since 1948, The Old Guard has been stationed in the Washington, D.C., area at Joint Base Myer-Henderson Hall at Fort Myer, Virginia.

As a Military District of Washington unit, the 3d U.S. Infantry Regiment is charged with the unique mission of serving as the U.S. Army's official escort to the president of the United States and our nation's premier Memorial Affairs and Ceremonial unit, as well as performing tactical infantry missions whenever and wherever necessary and providing security for the nation's capital.

THE OLD GUARD OF THE ARMY

The unit received its name from Gen. Winfield Scott at the victory parade in Mexico City in 1848 following several hard-fought victories during the Mexican War. As the 3d Infantry approached the reviewing stand, Scott removed his hat and said of the unit that had so distinguished itself in that campaign, "Gentlemen, take off your hats to The Old Guard of the Army."

Since World War II, The Old Guard has served as the official Army Honor Guard and escort to the president of the United States. In that capacity, Old Guard Soldiers are responsible for conducting military ceremonies at the White House, the Pentagon, national memorials and elsewhere in the nation's capital. In addition, Soldiers of The Old Guard maintain a 24-hour vigil at the Tomb of the Unknown Soldier, provide military funeral escorts at Arlington National Cemetery and participate in parades and ceremonies nationwide.

The black and tan "buff strap" worn on the left shoulder by each member of the 3d U.S. Infantry Regiment is a replica of the knapsack strap used by the 19th-century predecessors of the unit to display its distinctive colors and distinguish its members from other Army units. The present buff strap continues to signify an Old Guard



Soldier's pride in personal appearance and precision performance that has marked the unit for more than 200 years.

A further distinction of The Old Guard is the custom of passing in review with fixed bayonets at all parades and ceremonies. This practice, sanctioned by the War Department in 1922, also dates to the Mexican War in 1847, when The Old Guard led a successful bayonet charge against the enemy at Cerro Gordo. Today, this distinction is reserved for The Old Guard alone.

The Old Guard maintains a constant readiness for its security role and the deployment of its Soldiers by conducting a year-round tactical training program culminating with intensive training at various combat training centers. Since 2004, The Old Guard has deployed three companies in support of overseas contingency operations in the Middle East. Recently, a company of The Old Guard returned from a deployment to Camp Taji, Iraq.



1ST BATTALION, 3D U.S. INFANTRY REGIMENT (THE OLD GUARD)

The Old Guard's 1st Battalion (One Legion) conducts memorial affairs in Arlington National Cemetery to honor our fallen comrades as well as military ceremonies in the National Capital Region to instill confidence in our civilian leaders, foreign partners, and the American people in the professionalism of the U.S. Army. On order, 1st Battalion supports local authorities in defense of the nation's capital and in times of national emergency.

4TH BATTALION, 3D U.S. INFANTRY REGIMENT (THE OLD GUARD)

The Old Guard's 4th Battalion conducts memorial affairs to honor our fallen comrades, and ceremonies and special events to represent the Army, communicating its story to our Nation's citizens and the world. On order, conducts defense support of civil authorities in the National Capital Region.

SPECIALTY UNITS OF THE OLD GUARD 289TH MP COMPANY

The 289th Military Police Company provides direct law enforcement and force protection on Joint Base Myer Henderson Hall within the U.S. Army Military District of Washington (USAMDW). The organization delivers passive ceremonial support to America's oldest active infantry regiment "The Old Guard" by setting conditions for ceremonial excellence to occur. This diverse Military Police Company is a direct reporting unit providing Defense Support to Civil Authorities to protect federal property, personnel, and/or prevention of human suffering in support of the Joint Task Force-National Capital Region (JTF-NCR). On order, the Military District of Washington's Special Reaction Team provides no-notice twenty-four-hours-a-day, two-hour response to critical incident / crisis response and / or serves as a Quick Response Force (QRF) to designated Headquarters Department of the Army, USAMDW, and installation



special events within in JTF-NCR.

947TH MILITARY POLICE MWD DETACHMENT

The 947th Military Police Detachment is attached to the 289th Military Police Company that falls under the command of the 4th Battalion, 3d U.S. Infantry Regiment (The Old Guard). This diverse Military Police Detachment is the second largest Military Working Dog kennels in the continental United States. This unit has assigned 24 MWDs with a variety of skills from Patrol Explosive Detection Dog, Patrol Narcotic Detection Dog, and Specialized Search Dog. The Soldiers who fall under this diverse detachment are the warriors behind the scene on many highly visible missions with their four legged partners. They work closely with the U.S. Secret Service, sister military services, and local law enforcement agencies. These Soldiers of the 947th Military Police Detachment support missions for the president of the United States, vice president, and foreign visiting dignitaries. These missions range from working at Arlington National Cemetery, Camp David, the U.S. Capital Building, the National Archives, the United Nations, and other places within the East Coast region where the president, vice president and foreign visiting dignitaries might visit in their official capacities. When not conducting mission for high-ranking officials, some Soldiers within the detachment provide 24-hour law enforcement duties

for the Directorate of Emergency Services on Joint Base Myer Henderson Hall (Fort Myer), Virginia, and Fort Leslie J. McNair, Washington, D.C. While not conducting mission within the National Capital Region or other parts of the east coast they have an opportunity to train at some very different locations compared to fellow kennels in the military police regiment. In the past, the kennels have conducted training at places such as RFK Stadium, Verizon Center (where the Washington Capitals and Wizards play), National Stadium (the home of the Nationals), the various museums of the Smithsonian Institute, the International Airport of Dulles, the Ronald Reagan National Airport, and many more locations in the NCR.

THE U.S. ARMY OLD GUARD FIFE AND DRUM CORPS

Founded in February 1960, the men and women of The U.S. Army Old Guard Fife and Drum Corps carry on traditions that accompanied the birth of our nation. The FDC is the only musical unit of its kind in the United States military with the mission to represent the United States Army at military and civilian ceremonies, parades, schools, and other functions throughout the nation and world. The Corps showcases the professionalism of the U.S. Army Soldier musician and serves to revive the country's musical heritage. The musicians of this unit recall the days of the American Revolution as they perform in uniforms patterned after those worn by the musicians

of Gen. George Washington's Continental Army. Military musicians of the period wore the reverse colors of the regiments to which they were assigned. The uniforms worn by the members of the Corps are dated circa 1781, and consist of black tricorn hats, white wigs, waistcoats, colonial coveralls, and red regimental coats. As an official representative of the U.S. Army, the Corps averages approximately 500 performances annually. The Corps has entertained millions of people in major parades, pageants and historical celebrations throughout the United States; and has served America as a goodwill ambassador as far away as Europe, Australia and Canada. Major sporting events the Corps has performed at include NCAA bowl games, NBA games, NFL games including Super Bowl XVI, the Kentucky Derby, the Indianapolis 500, and the 1980 Winter Olympics in Lake Placid, New York. In support of the president, the Corps performs at all armed-forces arrival ceremonies for visiting dignitaries and heads of state at the White House, and has participated in every Presidential Inaugural Parade since President John F. Kennedy's in 1961.

CAISSON PLATOON

The United States Army Caisson Platoon of the 3d U.S. Infantry Regiment (The Old Guard), began in 1948 to carry senior fallen military officials, U.S. Presidents, and POW/KIA service members to their final resting place. Additionally, Caisson supports State Funeral operations by conducting transfers of deceased presidents through Washington D.C. to the National Capitol. Each team consists of seven horses that are either black or gray and four military horsemen that pull converted 1918 artillery wagons, known as caissons. For Colonels and above, senior U.S. government officials, and U.S. Presidents, a Caparison Horse (Cap Horse) is outfitted with a pair of boots facing backwards, saber, and insignia signifying the fallen individual's final ride. A Cap-walker, guides the horse in step and on foot, following the caisson to the final resting place.

The stables that currently house the platoon were constructed in 1908 on a former Union horse farm; after being remodeled, the platoon took old hitching posts and created the current floor of their museum. Notable horses within the platoon include: Black Jack, who served as the Caparison horse in five State Funerals to include John F. Kennedy, Lyndon B. Johnson, and Herbert Hoover; he was retired and buried on Summerall Field at JBM-HH in 1976. Mark



and Klinger who impacted the lives of individual families during a mission within ANC that prompted children's books to be written after them. Finally, SGT York who is the longest living Caparison horse to serve the platoon, serving as the Caparison horse for Ronald Regan and several four-star Generals.

Additional missions outside of Arlington National Cemetery include State Fairs within the NCR, military and first responder horse shows, Haunted Stables, and Caisson Spring Open House; all of which serve as outreach opportunities for the surrounding area. Caisson is an integral piece in serving the U.S. Army, families, and government officials as the last full-time military equestrian unit within the Department of Defense.

TOMB OF THE UNKNOWN SOLDIER

The Tomb of the Unknown Soldier in Arlington National Cemetery is guarded year-round, 24 hours a day by Sentinels of The Old Guard. The guard is changed in an impressive ceremony at the tomb every half hour April through Sept. 30. During the winter months, the guard is changed hourly. The Tomb Sentinel crosses the 63-foot walkway in a special measured cadence of exactly 21 steps. The Sentinel faces the tomb for 21 seconds before retracing their steps. The number 21 corresponds to the highest salute afforded to dignitaries in military and state ceremonies: the 21-Gun Salute. As a gesture against intrusion on his

post, the weapon is always carried on the shoulder farthest from the tomb. Only under exceptional circumstances may the Tomb Guard speak or alter this silent measured tour of duty. Since midnight on July 2nd, 1937, the Tomb Guards have never left their post. The Sentinels take pride in maintaining a constant vigil as a way to honor those who have made the ultimate sacrifice in defense of their country. For more information, please visit: <https://oldguard.mdw.army.mil/specialty-platoons/tomb-of-the-unknown>.

COMMANDER-IN-CHIEF'S GUARD

In 1776, Gen. George Washington, commander in chief of the Continental Army, issued an order to select exemplary men for his personal guard. This unit became the Commander-in-Chief's Guard.

Company A of The Old Guard organized an updated version of the Commander-in-Chief's Guard to honor this historically famous unit. The guard is organized as prescribed by Revolutionary War Gen. Baron Friedrich Von Steuben. The color team bears a duplicate of the flag Washington's headquarters carried throughout the Revolutionary War. Members of Company A also appear at different times in other historically accurate uniforms once worn by Soldiers. The "tab actors" help to portray to the public the contributions America's Army has made.



CONTINENTAL COLOR GUARD

With a heritage tracing back to the early days of our nation, the Continental Color Guard is a 3d Infantry tradition. Regimental records show that the color sergeants and the drum major of the 3d Infantry Band wore Revolutionary War-style uniforms at Fort Snelling, Minnesota, in 1922. A contemporary description stated that the purpose of the unit was “to recall to the mind of every member of the 3d Infantry the long and honorable history of the regiment ... from a period which followed closely upon the Revolutionary War.” The Continental Color Guard Team serves the same function today. The five-man unit is comprised of two armed guards and three color ensigns, who carry the national color, the U.S. Army Color, and the color of their parent unit, the 3d U.S. Infantry Regiment (The Old Guard). The team carries the national color in the place of honor on the right, the United States Army flag directly to its left, and the 3d U.S. Infantry Regimental colors on the far left. The armed guards flank the colors on either side and are responsible for protecting the honor of “The Star Spangled Banner.” The U.S. Army Color bears 172 campaign streamers, representing every campaign in which the Army has participated. The 3d U.S. Infantry Regimental Color bears 55 campaign streamers, earned by the unit’s participation in major conflicts, the Meritorious Unit Citation and two Superior Unit Awards. The uniforms worn by the Color Team are replicas of the 1784-style infantry uniforms worn by The Old Guard’s predecessor, the First American Regiment. The pattern of the uniform for wear by all infantry units of the Continental Army was approved by Gen. George Washington in 1782. It consisted of a blue coat faced with a red collar, cuffs and lapels, white buttons and lining, long-fitting overalls, and a black cocked hat with cockade. The Continental Color Guard displays the colors in numerous parades and ceremonies throughout the year. The team has performed in such notable events as presidential inaugurations, the Olympics, and the Super Bowl.

PRESIDENTIAL SALUTE BATTERY

The Presidential Salute Battery or PSB, began in 1953 to fire cannon salutes in and around the National Capitol Region (NCR) for U.S. and foreign dignitaries, senior military personnel, Presidents, and the rendering final honors for



General and Flag services within Arlington National Cemetery. PSB plays a significant role during State Funerals, honoring the passing of a President by rendering honors during their arrival and departure into the NCR as well as the National Capitol where the President lies in State. Some of the major ceremonies that the platoon supports are laying of wreaths at the Tomb of the Unknown Soldier, retirements, the 1812 Overture Concert, the Capitol Fourth Celebration, Twilight Tattoo, Salute to the Nation, and the Memorial Day Salute.

The guns that the platoon uses for all ceremonies and services are modified 75mm, M5 cannons from WWII. Known as the “Tank Destroyers,” each of the guns saw active service in North Africa, Italy, and Northwest Europe against the Axis Powers.

In addition to ceremonial support, the mortarmen provide 81-mm mortar indirect-fire support during the tactical training of Old Guard units, these Soldiers hold themselves to an elite standard in order to provide ceremonial excellence in everything that they do. “Seek, Strike, Destroy.”

U.S. ARMY DRILL TEAM

The U.S. Army Drill Team has earned international acclaim through its breathtaking routines with bayonet-tipped 1903 Springfield rifles. The members of the drill team are goodwill ambassadors for the Army and participate in major military

and civic functions. The team’s intricate maneuvers are the result of discipline, training and constant practice. The dangerous drills are performed without vocal cadence, command or musical cues. This team supports the Military District of Washington’s ceremonial commitments and Army recruiting from its home at Joint Base Myer-Henderson Hall at Fort Myer, Virginia.

Competition is intense for a place on this elite team, and a vacancy is filled only after months of drill practice. The strength and dexterity to handle the rifle along with a trim, polished military bearing are essential. For more information on the U.S. Army Drill Team, please visit: <https://oldguard.mdw.army.mil/specialty-platoons/us-drill-team>.

THE UNITED STATES ARMY BAND “PERSHING’S OWN”

The United States Army Band “Pershing’s Own” has been the premier musical organization of the U.S. Army since 1922 when Army Chief of Staff Gen. of the Armies John J. “Black Jack” Pershing directed a band be formed to emulate the premier European military bands he had heard during World War I. Today, “Pershing’s Own” provides musical support for the leadership of the United States — to include all branches of government — and to a wide spectrum of national and international events in support of Soldiers and their Families, public diplomacy, community and international

relations, recruiting initiatives, and music education programs. Our mission is to help connect the Army with the American people as we represent all of the heroic men and women who stand around the world in defense of our freedom. Through music, the Soldiers of “Pershing’s Own” represent the excellence that is found across America’s Army.

Even in its early years, The U.S. Army Band has played an important role in events of national and international significance, staging performances from the battlefields of Gettysburg and World War II, to our nation’s capital. In 1925, “Pershing’s Own” led its first inaugural parade – that of President Calvin Coolidge – a tradition that continues today. Starting in 1923, the band became widely known and critically acclaimed for its featured radio broadcasts on networks such as RCA, CBS, and the Mutual Broadcasting Network. Between 1928 and 1931, these musicians completed four national tours and became highly respected for their performances during a trip to Spain for the Ibero-American Exposition in the spring of 1929.

During World War II, The U.S. Army Band performed first in North Africa in June 1943, then continued into battle-weary Europe, returning to U.S. soil in June 1945. For its efforts during this Rhineland Campaign, “Pershing’s Own” received a battle streamer and, until recently, was the only Washington-based military band to have participated in a theater of foreign combat operations.

The period following World War II saw The U.S. Army Band expand in scope and diversity to meet an increasing demand for a variety of more specialized assignments. To meet this demand, The U.S. Army Ceremonial Band, The U.S. Army Chorus, The U.S. Army Herald Trumpets, and The U.S. Army Strings were established as official performing units. This chapter also saw numerous well-known artists and composers perform with “Pershing’s Own,” many as part of the highly successful Freedom Sings concert series which started in 1950, and continued into the 1960s. Similarly, several popular entertainers and recording artists became band members during this period. Bandsmen Eddie Fisher, Robert Dini, and Steve Lawrence were very popular singers during the 1950s, as were harpist Lloyd Lindroth, future Metropolitan Opera tenor George Shirley, and announcer Charles Osgood.

Throughout the ’60s, ’70s, and ’80s, The U.S. Army Band continued to perform and serve with distinction. In 1963, “Pershing’s Own” participated in the funeral of President John F. Kennedy with Army Band bugler, Keith Clark, performing taps at the graveside service in Arlington National Cemetery. It was during this era that The U.S. Army Blues and The U.S. Army Chorale were established as official performing ensembles.

Today, the Soldiers of “Pershing’s Own” carry forward its founder’s intent for a band of international stature. The U.S. Army Band has thrilled crowds in Canada, Japan, Sweden, The Netherlands, Turkey, Nova Scotia, Australia, Norway, and most recently Cuba, in the some of the most prominent concert halls in the nation and around the world. In 1984, the band participated in the filming of Francis Ford Coppola’s movie “Gardens of Stone,” and 10 years later made a cameo appearance in John Avildsen’s film “The Next Karate Kid.”

After Sept. 11, 2001, the organization assisted in the recovery efforts at the Pentagon, providing technical, logistical, and musical support for the efforts. In October of that year, vocalists performed for the memorial service at the Pentagon while the band and chorus performed for a tribute to the citizens of New York City at Lincoln Center followed by a memorial service at Ground Zero the following day.

In December 2002, a contingent from The U.S. Army Band took part in a six-day sergeant major of the Army/USO tour of Kuwait, Afghanistan, and Uzbekistan in support of Operation Enduring Freedom. This was the first time “Pershing’s Own” had performed in a theater of foreign combat operations since World War II. From its start until 2010, this tour was an annual event for the popular music contingent of The U.S. Army Band which in 2008, became officially known as The U.S. Army Band Downrange.

The U.S. Army Band received national attention in 2004, for its participation in the state funeral of former President Ronald Reagan. Then, in 2006 and early 2007, “Pershing’s Own” played an integral role in the state funeral of former President Gerald R. Ford.

In 2009, then Chief of Staff Gen. George W. Casey initiated a military-to-military exchange program between various military operations within the U.S. Army and the People’s Liberation Army of China. The Military Band of the PLA of China travelled

to the United States in May 2011, to perform four joint concerts with “Pershing’s Own”: Washington, D.C. (The Kennedy Center for the Performing Arts), Philadelphia (The Academy of Music), and New York City (on the floor of the General Assembly of The United Nations, and Lincoln Center’s Avery Fisher Hall). In reciprocation, “Pershing’s Own” then reciprocated with a visit to China in 2012, as the final part of this historic cultural exchange entitled: Friendship and Cooperation Through Music.

Despite its international reputation and occasional tours, The U.S. Army Band is easily heard almost weekly in and around the National Capital Region throughout the year. During the summer months, large crowds flock to outdoor concerts on the West Side of the U.S. Capitol, the Washington Monument’s Sylvan Theater, and numerous parks and concert venues throughout the Washington Metro area. Summers also highlight “Pershing’s Own” and the 3d U.S. Infantry Regiment (The Old Guard) as they present “Twilight Tattoo,” the outdoor military pageant which tells the history of the U.S. Army through music and live reenactments. In the early fall, the show goes on the road for “Spirit of America,” travelling to various arena-venues within the continental U.S. During the cooler months, concerts and recitals are presented in local indoor venues and inside Brucker Hall, home of The U.S. Army Band located at Joint Base Myer-Henderson Hall in Arlington, Virginia.

The U.S. Army Band performs for nearly 6,000 events annually and is made up of 12 versatile musical ensembles: The U.S. Army Concert Band, The U.S. Army Ceremonial Band, The U.S. Army Herald Trumpets, The U.S. Army Strings, The U.S. Army Chorus, The U.S. Army Blues (jazz/swing), The U.S. Army Band Downrange (pop/rock), The U.S. Army Voices, The U.S. Army Brass Quintet, The U.S. Army Woodwind Quintet, The U.S. Army Band Saxophone Quartet, and The U.S. Army Band Clarinet Quintet. Musicians from all of these groups combine to create small combos and The U.S. Army Orchestra, which is featured in area concerts and special holiday performances at DAR Constitution Hall in Washington, D.C.

Visit usarmyband.com for the full concert event schedule and for more information.



ARLINGTON NATIONAL CEMETERY

Arlington National Cemetery, across the Potomac River from Washington, D.C., is high on everyone's list of places to visit when they come to the National Capital Region.

The cemetery is open 365 days a year and receives between 3 and 4 million visitors annually. Many people come to pay their final respects at one of the more than 100 graveside services conducted weekly. In total, approximately 400,000 people are interred, inurned or memorialized at Arlington National Cemetery.

Many of the graves date back to the cemetery's establishment during the Civil War; however, now there are veterans from each branch of service and every major conflict in which the United States has fought. Even Soldiers from the American Revolution, the War of 1812 and the Mexican-American War have been re-interred here. Arlington is the final resting place for many service members who have died while serving on active duty during the current conflicts as well.

There are between 27 and 30 funerals each weekday and between six and eight services Saturdays. Last year, more than 6,000 funerals were conducted at Arlington National Cemetery. Coupled with more than 3,000 other ceremonies, including wreath laying, and memorial tree plantings, the cemetery plays a very active memorial and ceremonial role in the country's remembrance of those who fought for America's freedom.

A focal point of the cemetery's ceremonial activities is the Memorial Amphitheater, which was dedicated May 15, 1920. Today, the 5,000-seat white marble amphitheater is the site of official ceremonies on Memorial Day and Veterans Day honoring the sacrifice and the service of America's men and women in uniform.

Adjacent the amphitheater, on an elevation overlooking a terraced mall, is the Tomb of the Unknown Soldier. The Tomb has been guarded 24 hours a day, 365 days a year since 1937, and by the 3d U.S. Infantry Regiment (The Old Guard) since April 6, 1948. The tomb guard is changed every hour during daylight from Oct. 1 to March 31, every half hour from April 1 to Sept. 30, and every hour at night.

The tomb contains unidentified remains of American service members from three major



20th century conflicts. First to be buried was an Unknown Soldier from World War I, placed under a large marble sarcophagus Nov. 11, 1921, known then as Armistice Day. Unknown service members from World War II, and the Korean War were added Memorial Day 1958, which was still celebrated May 30 at the time) in their own crypts.

A third crypt sits empty, dedicated with the inscription "Honoring and keeping faith with America's missing servicemen, 1958-1975" on its stone entablature, and was the resting place for nearly 14 years of an unknown who fought in the Vietnam War. Solemnly interred as the Vietnam unknown Memorial Day 1984, Air Force 1st Lt. Michael Blassie was solemnly disinterred May 14, 1998, after the remains were identified through DNA analysis. The present dedication was conducted on National Prisoner of War/Missing in Action Recognition Day Sept. 17, 1999.

Nearby, an eternal flame marks the site where John F. Kennedy, the nation's 35th president, is buried alongside two of his children, and his widow Jacqueline Kennedy Onassis, who died in 1994. The president's brother, former U.S. attorney general and Sen. Robert F. Kennedy, was laid to rest nearby in 1968; and Sen. Edward M. Kennedy was laid to rest near his brothers Aug. 26, 2009. A memorial marker for Joseph P. Kennedy Jr., the oldest of the Kennedy brothers and whose remains were never recovered after his bomber exploded in World War II, was recently added to the area. The Kennedy graves are among the most-frequently visited

graves in the United States.

Arlington is one of more than 130 national cemeteries throughout the United States and is administered by the Department of the Army. The U.S. Soldiers' and Airmen's Home National Cemetery in Washington, D.C., also falls under the administration of the Army.

The 624 acres of Arlington National Cemetery were once part of the 1,100-acre Arlington estate owned by George Washington Parke Custis, George Washington's adopted son. His daughter, Mary Anna Randolph Custis, was willed the property where she lived with her husband U.S. Army (and later Confederate general) Lt. Robert E. Lee at Arlington House for 30 years.

Lee resigned his commission in 1861, when the Civil War seemed certain, and he left the estate forever, rather than fight against his native Virginia. Federal troops crossed the Potomac not long after, fortified the estate's ridges and turned the home into the headquarters of the Army of the Potomac. Arlington House and the estate were confiscated in May 1864 and sold to the federal government when the Lees failed to pay \$92.07 in property taxes in person.

Union forces built three fortifications on the land, and 200 acres were set aside as a national cemetery June 15, 1864. By that time, more than 1,000 Soldiers had already been buried here beginning on May 13, 1864. By the end of the Civil War, more than 16,000 markers dotted Arlington's rolling hills.

Freedman's Village, formally established at the

estate in December 1863, provided food, housing, medical care, employment training and education for former slaves who migrated to the area. More than 3,800 residents of similar villages in nearby counties are buried at Arlington, their headstones noting their names and the words “civilian” or “citizen.”

The village continued in existence for more than 20 years, but in 1882, the Supreme Court ruled that the government unlawfully confiscated the Arlington estate. Forced to make compensation, the government paid the descendants of the former owners for the site and turned it over to the military. The final residents left the village in the late 1890s.

Today, visitors can visit Arlington in person or “virtually” with the help of the cemetery’s app, “ANC Explorer.” The app enables users to locate gravesites, events or other points of interest throughout the cemetery; view front-and-back photos of headstones or points of interest, and receive walking directions to these locations. Users can also save searched burial records to their mobile device, view self-guided tours, and link to social media. The app is free and available for download for use in different formats. See “ANC Explorer” at www.arlingtoncemetery.mil.

Visitors can get to the cemetery by car, subway, bus, taxi or via a stop on many local tour guide itineraries. An on-site parking garage and interpretative bus service are available for a fee. The Welcome Center includes exhibits and displays, restrooms, water fountains and a bookstore. Information specialists can also assist visitors with questions, directions, and gravesite locations.

Visit www.arlingtoncemetery.mil for more information.

NATIONAL DEFENSE UNIVERSITY

The National Defense University is the premier national security institution focused on advanced joint education, leader development, and scholarship. Under the direction and leadership of the chairman of the Joint Chiefs of Staff, NDU offers a collegial and collaborative academic environment to support the joint war fighter by providing rigorous joint professional military education to members of the U.S. Armed Forces and select others in order to develop leaders who have the ability to operate

and creatively think in an unpredictable and complex world.

Students are selected for their leadership potential and attend classes at Fort McNair in Washington, D.C.; the Joint Forces Staff College in Norfolk, Virginia; and at the John F. Kennedy Special Warfare Center and School at Fort Bragg, North Carolina. A variety of online courses are offered as well.

NDU is the leader for joint, interagency, intergovernmental and multinational education. University components include the National War College, Dwight D. Eisenhower School for National Security and Resource Strategy, Joint Forces Staff College, the Information Resources Management College, and the College of International Security Affairs. A number of associated regional and functional components and centers are also housed on the Washington and Norfolk campuses.

Last year more than 3,400 students attended university academic courses and programs. NDU is an accredited graduate-level university awarding over 600 Master of Arts degrees each year. Many NDU alumni have gone on to senior leadership positions in their service, agency and country.

At NDU, students are taught to think critically, creatively and disruptively in order to anticipate and overcome future challenges to national security. The curriculum combines information technology and classroom experience among many other aspects such as international travel and exposure; interaction with industry, members of the interagency community and international allies and partners; and participation with local and national consortia of national security academic institutions.

Through lecture and seminar programs, students gain important insights from top military, government, industry and international leaders to include the president of the United States, cabinet-level officials, the joint chiefs of staff, commanders from major military commands, members of Congress, other civilian leaders and foreign ministers of defense. Speakers talk frankly with students under the university’s nonattribution policy to facilitate a free exchange of ideas.

The award-winning NDU Press produces

numerous publications, which address national security issues. The NDU Library is the definitive source for information about national security policy, military strategy, defense resource management and industry studies with a collection of more than 500,000 bound items, audio-visual materials, classified documents, and online services.

The National Defense University is a true national treasure — the premier national security institution in the heart of Washington, D.C., the center of interagency and intergovernmental activity. As such, NDU is uniquely positioned to bring together the many disparate elements of national and international power. Former Secretary of State Hillary Rodham Clinton noted: “NDU is a perfect example of whole-of-government education.”

THE INTER-AMERICAN DEFENSE COLLEGE

The Inter-American Defense College, located on the Fort Lesley J. McNair portion of JBM-HH, officially opened its doors Oct. 9, 1962, when U.S. secretary of state, Dean Rusk, presented them with the facility and interior furnishings on behalf of the U.S. federal government. Dr. José A. Mora, secretary general of the Organization of American States, at the time, was the keynote speaker at the official opening ceremony.

The IADC is an international educational institution operating under the aegis and funding of the OAS and the Inter-American Defense Board. It provides a professionally oriented, multidisciplinary, graduate-level course of study, an 11-month program providing senior military and government officials with a comprehensive understanding of governmental systems, the current international environment, structure and function of the Inter-American system and an opportunity to study broad-based security issues affecting the Hemisphere and the world.

The development of these concentrations is accomplished through the detailed study of political, economic, psychosocial and military factors of power. Faculty and students also engage in research and publishing. The IADC is unique in the Western Hemisphere in that the faculty



and the student body are international. The academic curriculum and close association of faculty and students representing a diversity of ideas and backgrounds fosters close professional and personal cooperation.

For more information, see www.jid.org.

ANDREW RADER U.S. ARMY HEALTH CLINIC

The mission of Andrew Rader U.S. Army Health Clinic is to promote health and build resilience for warriors, military Families, and all those entrusted to our care. Our vision is to provide you with a premier 'Home' for your health as a Patient Centered Medical Home. Our legendary customer service, delivered by exceptional providers and support staff make us the first choice for care. Here at Rader Clinic we value teamwork, transparency, accountability, efficiency, evidence-base, compassion, empathy, customer focus, and integrity.

Rader Clinic has a detachment of 41 Soldiers and more than 100 civilian personnel.

Facility hours are 7:30 a.m. to 4 p.m. Monday through Friday except for Thursday afternoon when the entire clinic closes at 3 p.m. for training. The pharmacy remains open until 5 p.m. every weekday, except Thursday.

The facility is closed Saturday, Sunday and all federal holidays.

For appointments and to check on pending referrals, call the Integrated Referral Management and Appointing Center at 855-227-6331 or 855-CAPMED-1.

CENTER OF MILITARY HISTORY

The Center of Military History, on the Fort McNair portion of Joint Base Myer-Henderson Hall, reports to the Administrative Assistant to the secretary of the Army, and is responsible for the appropriate use of history throughout the United States Army.

Traditionally, this mission has meant recording the official history of the Army in peace and war, while advising the Army staff on historical matters. In terms of this tradition, the center traces its lineage back to those historians under the secretary of war who compiled the official records of the rebellion, a monumental history of the Civil War begun in 1874, and to a similar work on World War I prepared by the Historical Section of the Army War College.

The modern organization of the Army's historical efforts dates from the creation of the general staff historical branch in July 1943, and the subsequent gathering of a large team of historians, translators, editors, and cartographers to record the official history of World War II. This team began publication of the United States Army in World War II series (the well-known "green books"), which numbers 79 volumes. Since then, CMH has produced detailed series on the Army's role in the Korean and Vietnam wars and has begun a series on the U.S. Army in the Cold War. Since its formation, CMH has provided historical support to the Army secretariat and staff, contributing essential background information for decision-making, staff actions, command information programs and public statements by Army officials. It also has progressively expanded its role in the vital areas of military history education, the management of the Army's museum system and the introduction of automated data-retrieval systems.

The center's work with Army schools ensures the study of history is a significant part of the training of officers and noncommissioned officers. It also supports the use of history to foster unit pride and give today's Soldiers an understanding of the Army's past. Much of this educational work is also performed at field historical offices and in Army museums. The Center thus provides all levels of the Army, as well as other services, government agencies, and the public, with a growing awareness of history that goes well beyond publications alone.

See www.history.army.mil for more information.

WASHINGTON CRIMINAL INVESTIGATION DIVISION BATTALION

The Washington Criminal Investigation Division is headquartered at the Fort Myer portion of Joint Base Myer-Henderson Hall.

This office and its nine subordinate units provide criminal investigative support to all Army elements within the states of Connecticut, Delaware, New Hampshire, New York, New Jersey, Maryland, Pennsylvania, Rhode Island, portions of West Virginia, and the District of Columbia.

Higher headquarters, the 3rd Military Police Group is located at Fort Gillem, Georgia.

For more information, call 703-696-1708.

MARINE BARRACKS WASHINGTON

Established in 1801, Marine Barracks, Washington, D.C., also known as "8th and I," is the oldest post of the Corps and has been the residence of every commandant of the Marine Corps since 1806. The selection of the site for the barracks was a matter of personal interest to President Thomas Jefferson, who rode through Washington with Lt. Col. Commandant William Ward Burrows in search of a suitable location. The site now occupied was approved since it lay near the Navy Yard and within easy marching distance of the Capitol.

The early 19th century barracks was arranged in a quadrangle as it is today, and the use of the building was similar. The areas on the south and east side of the quadrangle were used for offices, maintenance facilities and living spaces for troops, and a building on the west was the location of the officers' quarters. The Commandant's House at the north end of the barracks was completed in 1806, and is the only original building still standing. It is the oldest public building in continuous use in the nation's

capital. The rest of the barracks was rebuilt between 1900 and 1907.

The training of new officers and recruits started at the barracks soon after it was established and continued throughout the 19th century. Until 1901, it was also the location of Marine Corps Headquarters. Marines from the barracks participated in the defense of Washington in the War of 1812, and served in the Indian Wars of 1826-37, the War with Mexico, the Civil War and the Spanish American War. Most recently, Marines from the barracks deployed to Southwest Asia and participated in Operations Desert Shield and Desert Storm, Operation Iraqi Freedom, and Operation Enduring Freedom.

The Marine Barracks has also been home of the United States Marine Band since 1801. Shortly after its formation, the band was requested to play for President John Adams at the Executive Mansion. This White House engagement began a tradition which became so established that today the names “Marine Band” and “President’s Own” are synonymous. It was at the barracks that John Philip Sousa, during the time he was the director of the Marine Band, wrote many of his immortal marches.

To experience the history of Marine Barracks Washington, tours are available on Wednesdays at 10 a.m., at the Main Gate of Marine Barracks Washington, no appointment necessary.

For questions regarding the “Sunset” or “Evening Parades” as well as ticketing or reservations, call 202-433-4073 or log on to <https://www.barracks.marines.mil/>.

THE PENTAGON

The Pentagon is not a Joint Base Myer-Henderson Hall facility or partner, but is a near neighbor. JBM-HH supports many of the military and civilian personnel who work there.

The Pentagon was conceived as a temporary solution to the War Department’s critical shortage of space during the summer of 1941. At the time, 24,000 War Department personnel were scattered among 17 different buildings in Washington, D.C., working to mobilize

U.S. Armed Forces as war raged in Europe and Asia.

Brig. Gen. Brehon B. Somervell, chief of the construction division of the Office of the Quartermaster General, envisioned a single structure in which all components could be housed.

The Pentagon groundbreaking took place Sept. 11, 1941. Three shifts worked 24 hours a day, every day, building the Pentagon, wedge by wedge. Some 1,000 architects worked in a hangar at Hoover Airport producing blueprints to stay ahead of the 14,000 construction workers.

The building displaced an airport, a racetrack, factories and a low-income neighborhood known as Hell’s Bottom. The idea for five sides came from the original location at Arlington Farms, which was bordered by five roadways. Concern that the massive structure would interfere with the view between Arlington National Cemetery and the city of Washington caused President Franklin Roosevelt to direct it be moved three-quarters of a mile down river.

An oddity when it was constructed, the building has a design that requires only seven minutes or less walking from any point in the building to another — provided you know your way. The efficiency of the design was carried through in its construction.

Today, more than 25,000 service members and civilian employees, from the secretary of defense to mail clerks, and from the four-star chairman of the Joint Chiefs of Staff to junior enlisted service members, work at the Pentagon, occupied 24 hours a day, seven days a week, 365 days a year.

There are nearly 6.5 million square feet of space in the Pentagon and 17.5 miles of corridors. The building features enormous cafeterias, snack bars, and executive dining rooms; a post office; a shopping concourse; Metro bus and rail stop; dispensary and dental clinics; and every other facility and service one might expect in a city of its size and population.

Sixty years to the day after the initial Pentagon groundbreaking, America suffered a devastating terrorist attack. Memories of Sept. 11, 2001, when

hijacked commercial airplanes crashed into New York City’s Twin Towers, the Pentagon and a field at Shanksville, Pennsylvania, are still fresh 19 years later, but the nation’s collective spirit and the Pentagon structure are stronger today than ever before.

Original estimates were that demolition of the area of the Pentagon damaged 9/11 would take up to eight months, but Pentagon renovation workers took down the damaged portion of the building in one month and one day.

Reconstruction began Nov. 19, 2001. Six months after the attack, due to the efforts of workers who toiled at first in three shifts, 24 hours a day, seven days a week, new five-story walls had risen from the ashes at the site dubbed the Phoenix Project. About 600 workers a day rebuilt the Pentagon, and as promised, with the most visible construction complete and employees at work in the building on the E Ring where the aircraft hit, a dedication ceremony was held Sept. 11, 2002.

See the Pentagon’s official website at pentagontours.osd.mil.

THE OFFICE OF THE CHIEF, ARMY RESERVE – LEGISLATIVE AFFAIRS DIVISION

The Legislative Affairs Division is a directorate under the Office of the Chief, Army Reserve. Members assist the chief, Army Reserve in meeting statutory requirements to Congress. LAD is responsible for informing members of Congress and other legislative stakeholders of Army Reserve operations, readiness and modernization efforts, and facilitates responses to Congressional inquiries related to Army Reserve programs, operations, facilities and Soldiers. LAD is also tasked with building and maintaining advocacy for the Army Reserve, and assisting the CAR in obtaining required authorities and resources.

For more information call, 703-696-7107, Bldg. 205, on the Fort Myer portion of the joint base.



AREA ATTRACTIONS

Washington, D.C.

The Washington, D.C., Metropolitan Area is made up of the District of Columbia and the adjacent areas of Maryland and Northern Virginia.

Living and working in this community affords many opportunities to visit some of the most unique and exciting places our country has to offer.

WASHINGTON NATIONALS

washington.nationals.mlb.com

A major league baseball team is centered right here in Washington, D.C.

FORD'S THEATRE AND LINCOLN CENTER

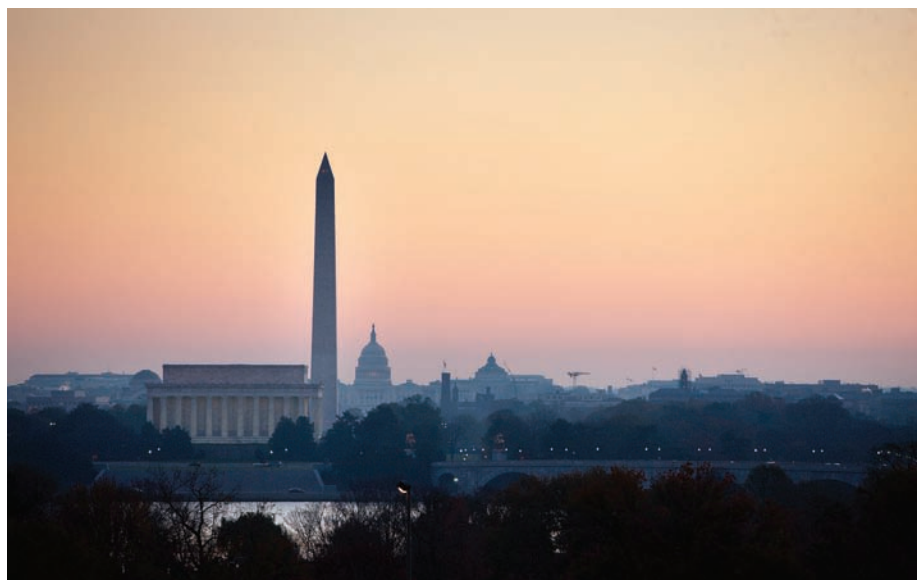
www.fordstheatre.org

Theatre entrepreneur John T. Ford leased the First Baptist Church in 1861, and converted it into a music hall. "Ford's Atheneum" grew in popularity and was poised for tremendous success when the building was destroyed by fire. Undaunted, the entrepreneur immediately began reconstruction and opened Ford's "New Theatre" in August 1863. On the evening of April 14, 1865, President Abraham Lincoln, his wife and two guests attended "Our American Cousin." That night, John Wilkes Booth fired a shot that plunged the nation into mourning and a theatre into darkness. John Ford tried to reopen the theatre but threats of arson closed its doors. The government bought the theatre in 1866, and over the next 90 years it was an office building, warehouse, and museum.

FRANKLIN DELANO ROOSEVELT MEMORIAL

www.nps.gov/frde/index.htm

The Franklin Delano Roosevelt Memorial is a landscape of four outdoor rooms with granite walls, statuary, inscriptions, waterfalls and thousands of plants, shrubs and trees along the famous Cherry Tree Walk



on the Tidal Basin in West Potomac Park. Each of Roosevelt's four terms in office are portrayed by American sculptors whose works in bronze bas relief and sculptured figures relate memories of the man and his times to an enclosed landscape emphasizing ornamental trees and shrubs native to the Mid-Atlantic region.

JOHN F. KENNEDY CENTER FOR THE PERFORMING ARTS

www.kennedy-center.org

Overlooking the Potomac River in the nation's busiest arts facility, presenting more than 3,300 performances each year for audiences numbering more than 2 million, the Kennedy Center continues to fulfill his vision by producing and presenting an unmatched variety of theater and musicals, dance and ballet, orchestral, chamber, jazz, popular and folk music, and multimedia performances for all ages. The Kennedy Center contains the Opera House, Concert Hall, Eisenhower Theater, the Terrace Theater, Hall of Nations, and the American Film Institute Theater.

LIBRARY OF CONGRESS

www.loc.gov/index.html

Housing more than 84 million items in 470 languages, the Library of Congress is one of the world's largest library systems.

Congress established the library in 1800, for its own use, but has extended its services over the years and the library is now open to the general public. The library also features rotating exhibits, concerts, poetry readings, and public lectures.

NATIONAL AIR AND SPACE MUSEUM

www.nasm.si.edu

Plan your visit to the National Air and Space Museum's two locations — the National Mall building in downtown Washington, DC and the Steven F. Udvar-Hazy Center near Washington Dulles International Airport.

NATIONAL GALLERY OF ART

www.nga.gov

Take a taste of the finer things in life and view the collection of Renaissance paintings, Dutch masterworks, French impressionism, as well as 20th century paintings and sculptures in this national gallery.

Maryland



The State of Maryland surrounds almost three-quarters of Washington, D.C., and is a cornucopia of interesting places to visit. From life on the Chesapeake Bay with its tasty fresh crab to the U.S. Naval Academy in Annapolis that prepares young men and women to become professional officers in the U.S. Navy and Marine Corps, from the great city of Baltimore with its major league football and baseball teams to the Eastern Shore with its beautiful beaches and shoreline, Maryland offers the chance for an exciting new excursion every weekend.

BALTIMORE'S INNER HARBOR

www.baltimore.org

One of America's oldest seaports and one of the world's newest travel destinations, Baltimore Harbor was established in the 17th century. Baltimore Harbor has a rich maritime heritage and today is complemented by exciting attractions such as the National Aquarium and the Maryland Science Center.

The Inner Harbor is close to Fells Point and Little Italy with water taxis providing the opportunity to view the Baltimore's dramatic skyline on a leisurely cruise as well as transport to other exciting city locations.

THE BSO AT STRATHMORE

www.strathmore.org

The Baltimore Symphony Orchestra has astonished audiences round the globe. The Center's dazzling architecture is nothing short of captivating. Its 2,000-seat concert

hall houses the highest caliber acoustics, and its location is convenient and easy to get to with plenty of complimentary parking available for ticketed events. It's clear this concert hall for the BSO at Strathmore is becoming the cultural center of Montgomery County.

BALTIMORE RAVENS

www.baltimoreravens.com

This professional football team, established in 1996, is an addition to sports in Baltimore. Built in 1998, the stadium is located just south of Oriole Park at Camden Yard.

THE MARYLAND ZOO IN BALTIMORE

www.marylandzoo.org

Currently the Zoo's animal collection encompasses more than 1,500 birds, mammals, amphibians, and reptiles, representing nearly 200 species. Animals are displayed in natural settings replicating their native habitats.

MARYLAND RENAISSANCE FESTIVAL

www.rennfest.com

The Maryland Renaissance Festival is a recreation of a 16th century English village. Their village is named Revel Grove, and is set on a beautiful 25-acre wooded site with 85 acres of free parking. The village consists of craft and food booths, five pubs, eight major stages, a Jousting Arena and lots

of games. The Festival is a perfect family outing, in easy reach from both Baltimore and Washington, D.C.

NATIONAL AQUARIUM IN BALTIMORE

www.aqua.org

The Aquarium features hundreds of exhibits featuring more than 16,500 animals. The National Aquarium Institute will inspire our visitors and partners to celebrate and nurture the world's aquatic habitats from tropical rain forests to coral reefs; from our Chesapeake Bay to the world's oceans.

OCEAN CITY

www.ococean.com

Maryland's 30 miles of Atlantic Ocean seashore include a large resort center, Ocean City, and two oceanside parks, Assateague National Seashore Park and Assateague State Park, both located a few miles south of Ocean City.

ORIOLE PARK AT CAMDEN YARDS

www.theorioles.com

Oriole Park at Camden Yards, the beautiful baseball-only facility in downtown Baltimore, became the official home of the Orioles April 6, 1992. Oriole Park is state-of-the-art yet unique, traditional and intimate in design, blending with the urban context of downtown Baltimore while taking its image from baseball parks built in the early 20th century. The ballpark seats 48,876. A light rail system brings fans directly to the park.

SIX FLAGS AMERICA

www.sixflags.com

Six Flags America theme park features thrilling world-class roller coasters including hyper-coaster Superman: Ride of Steel, one of the tallest coasters on the East Coast; Batwing, Maryland's first flying coaster; and the classic wooden Wild One, celebrating its 95th year of thrills in 2012.



Virginia

Virginia is home to a wealth of interesting historical sites such as Arlington National Cemetery, the Iwo Jima Memorial, the Pentagon, Reagan National Airport, Old Town Alexandria, Mount Vernon, and the Manassas National Battlefield Park, offering history lovers a never-ending choice of places to visit.

AIR FORCE MEMORIAL

www.airforcememorial.org

The Memorial, composed of three bold and graceful spires soaring skyward to a height of 270 feet, is dedicated and given to the nation by the U.S. Air Force. Sitting on the 3-acre promontory adjacent to Arlington National Cemetery and a short walk from the Pentagon.

The Memorial honors the millions of men and women who have served in the U.S. Air Force and its predecessor organizations, including the U.S. Signal Corps, the Army Air Corps, and the Army Air Forces. It pays tribute to the dedication, sacrifice and contributions of those who pioneered the skies, those who shape the air, space and cyberspace victories of today, and those who will continue to do so in the future.

The Memorial hosts a paved “Runway to Glory” at the site entrance, a larger-than-life bronze Honor Guard statue, two granite inscription walls located at either end of a central lawn and a glass contemplation wall that reflects the missing man formation, the final tribute given to fallen Airmen.

FREDERICKSBURG AND SPOTSYLVANIA NATIONAL MILITARY PARK

www.nps.gov/frsp

Approximately 110,000 casualties occurred during the four major battles fought in the vicinity of Fredericksburg, making it the bloodiest ground on the North American continent. In 1927 the U.S. Congress established Fredericksburg and Spotsylvania County Memorial National Military Park to commemorate the heroic deeds of the men engaged at the battles of Fredericksburg, Chancellorsville, Wilderness,



and Spotsylvania Court House. Today the park also includes the historic structures of Chatham, Ellwood, Salem Church, and the “Stonewall” Jackson Shrine.

GREAT FALLS PARK

www.nps.gov/grfa

Great Falls Park is one of the capital area’s most scenic views of the Potomac River. This 800-acre park has extraordinary views of Great Falls, 14 miles upriver from Washington D.C., with 15 miles of hiking trails and 5 miles of horseback riding and biking trails. The park is known for two things — its scenic beauty at the head of Potomac River fall line and the historic Patowmack Canal. Note: Great Falls Park waters are OFF LIMITS to all swimmers and waders. See www.nps.gov/grfa for more information.

MARINE CORPS MEMORIAL

www.nps.gov/gwmp/marinecorp-swarmemorial.htm

Based on Joe Rosenthal’s Pulitzer Prize-winning photograph of six Marines raising

the stars and stripes American flag on Mount Suribachi in Iwo Jima, this 78-foot memorial, created by Felix de Weldon, commemorates all the Marines who have died in battle since 1775. Open daily from 8 a.m. to midnight. Route 50 at Arlington Boulevard and Ridge Road.

SHENANDOAH NATIONAL PARK

www.visitshenandoah.com

Take a drive along the winding roads of the beautiful 105-mile Skyline Drive that offers one of the finest scenic trips in the East. The drive twists and turns throughout the 80-mile long park that ranges from 2 to 13 miles wide. Seventy overlooks allow any lover of nature to stop and view the Blue Ridge, Piedmont, and Shenandoah River Valley.

Fall is the ideal time to visit the park, as the autumn colors envelop the scenery. The park is open year-round, with lodging and cottage accommodations. The park headquarters is located 5 miles east of Luray on US 211.



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Price, offers, financing and availability are subject to change without notice.





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HEADQUARTERS

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Fort Myer, VA 22211-1199
www.ice.disa.mil

FORT MYER DSN: 426
FORT MCNAIR DSN: 325
HENDERSON HALL DSN: 224

Command Group 703-696-3100
Commander 703-696-3250
Command Sergeant Major 703-696-3250
Deputy Base Commander.....703-696-1318
Chief of Staff703-696-7610
Executive Officer 703-696-5871
Executive Assistant 703-696-1360
Assistant to the
Command Sergeant Major 703-696-3249

EMERGENCY NUMBERS

★ Fire and Medical

Fort Myer911
Henderson Hall.....911
Fort McNair.....911

Police Department Non-Emergency (24/7)

Fort Myer, McNair/Henderson Hall . 703-588-2800/2801

Fire Department Non-Emergency

Fort Myer/Henderson Hall/Fort McNair
Dispatch (24/7)..... 703-685-3139
Fort Myer Fire Station703-696-3483
Fort McNair Fire Station 202-685-1444/1445

★ After Hours Duty Phones

Installation Operations Center (IOC).....
703-447-4857 (on call)
Henderson Hall. . . . 703-614-5973/202-439-6136 (cell);
703-693-7352/202-439-5941 (cell) Staff Duty NCO
The Old Guard 703-696-3003
Anti-Terrorism..... 703-696-3293
Emergency Management..... 703-696-8340
Operations 703-696-3290/91
Plans 703-696-7572

★ After Hours Work Orders

Barracks, clubs, business activities 703-696-3263/64/65
All single Family housing residents. . . . 703-696-2623

★ Chaplains.....703-696-3535/7671/7672

★ Financial Assistance

Army Emergency Relief 703-696-8435/3510
Navy Marine Corps Relief Society 202-433-3364

★ Lodging (Temporary)

Intercontinental Hotel Group..... 703-696-3576/77
Army 703-696-3525/2623
Marines..... 703-696-3577
All Services..... 703-696-3525, 703-696-2623

★ Military Police Stations

Fort Myer, McNair/Henderson Hall 703-588-2801

Red Cross.....877-272-7337

★ Domestic Violence Hotlines

Army703-919-1611
Marines..... 703-693-6611

★ Sexual Harassment/Assault Response and Prevention

24 Hour Hotline..... 202-498-4009 (Army)

★ Sexual Assault Prevention and Response

24 Hour Hotline..... 571-205-1298 (Marines)

★ Suicide Prevention

Lifeline.....1-800-273-TALK (8255)

FREQUENTLY CALLED NUMBERS

★ Assistance to Soldiers, Marines and their Families

Army Community Service 703-696-3510
 Army Emergency Relief 703-696-8435/3510
 Lending Closet
 Army Community Service 703-696-3510
 Lending Locker
 Marine Corps Community Services 703-614-7202
 Marine and Family Services 703-614-7200/7201
 Navy - Marine Corps Relief Society 202-433-3364
 Navy Mutual Aid Association 703-945-1440

★ **Bowling Center** 703-528-4766/4767

★ **Chaplains** 703-696-0313/4942/5313/3764

★ **Child Care** 703-696-3096/3712

★ **Parent and Outreach Services**
 703-696-8850/0575

★ Clothing Sales Stores - Military

Army 703-696-7196
 Marines 703-979-8420, Ext. 104/131
 Navy 703-528-1762

★ Clubs

Patton Hall/Spates Community Club and Conference
 Center Annex 703-524-0200

★ Commissary

(Fort Myer portion of JBM-HH) 703-696-3674

★ Community Activities Center

(Fort Myer portion of JBM-HH)
 703-696-3469/3470/7868

★ Computer and Telephone

(Army Network Enterprise Center)
 Help Desk 1-866-335-2769
 Navy Marine Corps Intranet - NMCI)
 Help Desk 1-866-843-6624

★ Dining Facility

(Fort Myer portion of JBM-HH) 703-696-3671

★ Education Centers

Army 703-696-3070
 Marines 703-614-9104

★ Fitness Centers

Fort Myer 703-696-7868
 Fort McNair 703-696-7836/7868
 Cpl. Terry L. Smith Gymnasium 703-614-7214

★ Health Clinics

Rader U.S. Army Health Clinic, Fort Myer. 1-833-853-1392
 Fort McNair Health Clinic 202-685-3100

★ **Housing (permanent)** 703-696-3558,
 703-696-3557, 703-696-9611, 703-696-1152

★ Housing (temporary)

Intercontinental Hotel Group 703-696-3576/77
 Army 703-696-3525, 703-696-2623
 Marines 703-696-3577
 All Services 703-696-3525, 703-696-2623

★ **Household Goods** 800-521-9959

ID Cards 703-696-3030, 703-614-7152

Online appointments: <http://go.usa.gov/cY5qV>, or call
 703-696-3030 3350; 703-614-7152; see pages 22, 23
 for more ID card centers

★ Information

Department of Defense
 Telephone Information 703-545-6700

★ **Library** 703-696-3555

★ Military Police Stations

Fort Myer 703-588-2800/2801
 Fort McNair 202-685-3139

★ Pay, Personnel

Defense Military Pay Office (Army) . . 703-696-3522/23
 Adjutant/S-1 (Marines) 703-614-2014

★ Retirement Services Offices

Army 703-696-5948
 Marines (Quantico) 703-784-9317

★ Shopping

Exchange 703-522-4575
 Marine Corps Exchange (Quantico) 703-979-8420

★ **Visitor Control Center** 703-696-0063

★ **Veterinary Clinic** 703-696-3604



JOINT BASE MYER-HENDERSON HALL

Fort Myer, VA | Fort McNair, D.C. | Henderson Hall, VA

★ Headquarters

204 Lee Avenue, Bldg. 59

Fort Myer, VA 22211-1199

Base Information 703-696-3250

★ DSN

Fort Myer DSN 426

Fort McNair DSN 325

Henderson Hall DSN 224

★ JBM-HH Commander's Office

Bldg. 59

Administrative Office 703-696-3250

Commander 703-696-3250

Command Sergeant Major 703-696-3250

Deputy Joint Base Commander 703-696-3250

Chief of Staff 703-696-3250

Executive Officer 703-696-3250

Fort McNair Commander's

Representative 202-685-3720

★ Chaplains

(On Call, 24/7, Duty Chaplain - 202-236-4901)

3d U.S. Infantry Regiment

(The Old Guard) 703-969-13333

Arlington National Cemetery ... 1-877-907-8585, press 3

Headquarters & Service Battalion,

Marines (Henderson Hall) 703-614-9280

(emergency - 202-772-4868)

JBM-HH Religious Support Office (RSO),

Memorial Chapel 703-696-3535/7671/7672

Old Post Chapel, Bldg. 335. . 703-696-3535/7671/7672

Military District of Washington Chaplain

Fort McNair, D.C., Bldg. 48 Annex 202-685-4815

★ Civilian Personnel Advisory Center

Appropriated Fund

5800 Putnam Road, Bldg. 320, Fort Belvoir, VA 22060 .

703-704-3010

Labor Management and Employee Relations (AF)

5800 Putnam Road, Bldg. 320, Fort Belvoir, VA 22060 .

703-704-1979

Nonappropriated Fund

2530 Crystal Dr., Taylor Bldg./eighth floor, Crystal City,

VA 22202. 703-545-6898

NAF is also available at Fort Myer, Tuesday and Thursday,

101 Bloxon St., Bldg. 203, room 310 703-696-0774

Commissary (Bldg. 523) 703-696-3674

★ Contracting

(Mission Installation Contracting Command,

Fort Belvoir, Virginia) 703-806-4416

www.micc.army.mil/installations/belvoir

★ Emergency Services

Bldg. 415 Police and Fire on the Fort Myer/Henderson Hall portion of JBM-HH

Bldg. 32 Police on the Fort McNair portion of JBM-HH

Bldg. 28AB Fire on the Fort McNair portion of JBM-HH

Police Department Non-Emergency (24/7)

Fort Myer/Henderson Hall/McNair. 703-588-2800/2801

Fire Department Non-Emergency

Fort Myer/Henderson Hall/Fort McNair

Fort Myer Fire Station 703-696-3483

Fort McNair Fire Station 202-685-1444/1445

Visitor Control Center

Bldg. S-507 on the Fort Myer/Henderson Hall portion of JBM-HH

Bldg. 65 on the Fort McNair portion of JBM-HH

Fort Myer/Henderson Hall 703-696-0185/0186

Fort McNair 202-685-7762

★ Employee Unions

American Federation of Government Employees

District 14, Local 2 Union, Bldg. 305,

Fort Myer portion of JBM-HH office. . . . 703-696-2553

cell. 240-210-3626

fax 703-696-6779

International Association of Fire Fighters

Local F-253 Union, Bldg. 305, Fort Myer portion of

JBM-HH 703-696-3010

Laborers International Union of North America

Local 572, Bldg. 321 Fort Myer portion

of JBM-HH 202-578-3222 or 202-302-2500

★ Employment Opportunity

(Bldg. 203). 703-696-6258/6271/6296

★ Equal Opportunity Office

(Bldg. 203). 703-696-2964/8729

**★ Directorate for Family and Morale,
Welfare and Recreation (DFMWR)**

(Bldg. 203, Fort Myer at JBM-HH) .. 703-696-3305/3306

Army Community Service (Bldg. 201)703-696-3510

Army Emergency Relief 703-696-3510

Domestic Violence Hotlines (24/7)

Army703-919-1611

Marine..... 703-693-6611

Exceptional Family Member

Program 703-696-3510/8467/0783

Family Advocacy Program.703-696-3510/3512

Financial Readiness Program/Financial

Counselor703-696-3510/0163

Military Family Life Counselor.....
571-733-0251/571-205-0237

New Parent Support

Program703-696-3510/3512

Survivor Outreach Services Financial

Counselor.....703-696-3510/8846

Victim Advocacy Program... 703-696-3510/6611/6368

Bowling Center (Bldg. 411, Fort Myer) .. 703-528-4766

Patton Hall Community Club and Conference Center,
Spates Annex and Five Star

Catering 703-524-0200

Child and Youth Services

Administrative Offices (Bldg. 483,

Fort Myer side of JBM-HH) 703-696-3712

Cody Child Development

Center 703-696-3095

Parent and Outreach Services ... 703-696-8850/0575

School Age Center..... 703-696-3712

Youth Center..... 703-696-3712

Sports and Fitness

SKIES Unlimited..... 703-696-3728

School Liaison Officer 703-696-7633

Community Recreation Division

Auto Crafts (Bldg. 227, Fort Myer). 703-696-3470

Better Opportunities for Single Soldiers

BOSS (Bldg. 405, Fort Myer) 703-696-3471/3469

Community Activities Center

(Bldg. 405, Fort Myer) 703-696-3470/3471

★ Fitness Centers

Fort Myer Fitness (Bldg. 03 on the Henderson Hall
side of the joint base). 703-696-7868/7864

Fort McNair Fitness (Bldg. 69) .. 703-696-7863/7868

Cpl. Terry L. Smith Gymnasium

(Bldg. 27, Henderson Hall)..... 703-614-7214

Library (Bldg. 417, Fort Myer) 703-696-3555

**★ NAF Support Services Division
(NSSD)**

Marketing (Bldg. 203). 703-696-0581

Advertising, Sponsorship (Bldg, 203) ... 703-696-0581

★ Finance

Army (Bldg. 202, Fort Myer). 703-696-3522/3523

Marines (Bldg. 29, Henderson Hall) 703-614-7171

**★ Headquarters Battalion, U.S. Army, Army
(Bldg. 417, 2nd floor, Fort Myer at JBM-HH)**

Commander/CSM703-696-2974/2975

HHC, U.S. Army Garrison 703-696-3409/3358

HQ Company, U.S. Army 703-696-3659/8735

S-1..... 703-696-8169/8875

S-3703-696-2619/3131

S-4..... 703-696-3165

Retention (Bldg. 230)703-696-1321-3083

**★ Headquarters & Services Battalion,
Headquarters, Marine Corps, Henderson Hall
(Henderson Hall at JBM-HH)**

Budget and Accounting (Bldg. 28..... 703-614-2603

Career Planner's Office, Deck 3,

rooms 306 and 307703-614-9278/9208

Chaplain 703-614-9280

On Call, 24/7, Duty Chaplain 202-236-4901

Commander (Bldg. 29 703-614-2014

Garrison Property 703-614-8668

Retired Activities Office..... 703-693-9197

Safety (Bldg. 29).....703-614-1900/7264

Sexual Assault Response

Coordinator 703-693-4733

Sexual Assault Prevention and Response

24 Hour Hotline (Marines) 571-205-1298

Sexual Harassment/Assault Response and Prevention

24 Hour Hotline (Army). 202-498-4009

Supply (Property) 703-614-7131

Headquarters Company 703-614-7140/7145

S-1 703-614-2014

DEERS/RAPIDS/ID Cards 703-693-7152

Family Readiness Officer. 703-697-7342

Legal (Military) 703-614-3800

Legal (Civil Law) Room 301 703-614-1266

Legal (Civil Law) Fax 703-697-4836

Mail Room, Deck 1..... 703-614-6157

Voting Officer 703-614-2014

S-3703-693-8343

Anti-Terrorism/Force Protection703-614-1471

Civil Information Officer..... 703-693-3693



Substance Abuse Control Officer 703-614-8932
Training Officer 703-693-8343

S-4 703-695-4909

Distribution Management Office
Household Goods - (Bldg. 29) 703-614-7190/91

S-6

Information Systems Management 703-614-8670
Consolidated Administrative
Center 703-614-7171

★ Marine Corps Community Services

Retail Operations

(Henderson Hall portion of JBM-HH)

Barber Shop (Bldg. 26) 703-271-8177
Marine Corps Exchange
Customer Service 703-979-8420, Ext. 101
Marine Military Clothing Sales Store
(Bldg. 26) 703-979-8420
Navy Exchange Uniform Shop
(Bldg. 26) 703-528-1762; 301-252-8143
Marine Corps Exchange (Bldg. 26) 703-979-8420
Services 703-979-8420, Ext. 310
The Vineyard 703-979-8420, Ext. 105

★ Marine Family Services . . . 703-614-7200/7201

Children, Youth and Teen Program
(Bldg. 12) 703-614-7332
Counseling Services 703-614-7204
Exceptional Family Member Program . . 703-693-6368
Family Advocacy 703-614-7204
Semper Fit
(Bldgs. 29 and 27) 703-695-1591/703-614-3859
Athletics and Sports 703-697-2706
Cpl. Terry L. Smith Gym 703-614-7214/8759
Outdoor Recreation Issue 703-693-4731
Single Marine Program 703-614-4947
Lifelong Learning Center (Bldg. 29) . . . 703-614-9104
Marine Corps Family Team Building
(Bldg. 29) 703-693-4840
Military Family Life Consultants
(Bldg. 12) 703-614-7204
New Parent Support Program 703-614-7206
Personal Financial
Management Program 703-696-6950
Relocation Assistance 703-614-7202
Retired Activities Office (Bldg. 29) 703-693-9197
School Liaison Office 703-693-8378
Substance Abuse Combat Center
(Bldg. 12) 703-614-8961/8962
Transition and Family Member
Employment Assistance
(Bldg. 29) 703-614-6828
Victim Advocacy 703-614-7204

Victim Advocate Hotline 703-693-6611

★ Health Care

Andrew Rader U.S. Army Health Clinic
(on the Fort Myer portion of JBM-HH) .1-833-853-1392
Appointment Line 1-855-227-6331
Andrew Rader U.S. Army Dental Clinic . . 703-696-3460
Fort McNair – Health Clinic 202-685-3100
Pentagon (DiLorenzo)
Health Clinic 703-692-8800
Pentagon Tri-Service Dental Clinic 703-692-8700

★ Housing – Permanent Executive Management and Housing Directorate (Bldg. 205, Fort Myer side of JBM-HH)

Administrative Office 703-696-1152
Customer Service 703-696-3558/3557
Family Housing Service Orders (24/7) . . 703-696-2623

★ Housing – Temporary

(Fort Myer side of JBM-HH)
Wainwright Hall
(IHG, Bldgs. 48, 50) 703-696-3576/77

★ Housing – All Services

Housing Division, Bldg. 205,
Fort Myer side of JBM-HH . . 703-696-3557/3558/3559
MP Desk Sergeant, Bldg. 415,
Fort Myer side of JBM-HH 703-696-3525

★ Human Resources

Director
(Bldg. 203, Fort Myer side of JBM-HH) . . . 703-696-5779
Management Analyst (Human Capitol) . . 703-696-4592
Workforce Development Specialist 703-696-3520
Chief, Records Management Branch . . . 703-696-8516
Casualty Assistance Center 703-696-3238
(Bldg. 202) 703-696-3237
Transition Assistance Program 703-696-9603
(Bldg. 404, Fort Myer at JBM-HH) 703-696-0973
Career Planner's Office (Bldg. 29, Henderson Hall),
Deck 3, Rooms 306 and 307 703-614-9278/9208
Career Resource Management Center
(Bldg. 29, Henderson Hall) 703-614-6828
DEERS/RAPIDS/ID Cards
(Bldg. 202, Fort Myer at JBM-HH). 703-696-3030/3350
DEERS/RAPIDS/ID Cards
(Bldg. 29, Henderson Hall at JBM-HH) 703-693-7152
Education Division (Bldg. 417, Room 216,
Fort Myer at JBM-HH) 703-696-3070/1653/1588
Education Center (Bldg. 29, Room 204, Henderson

Hall at JBM-HH) 703-614-9104

Mail and Distribution Centers (Bldg. 203, Fort Myer side of JBM-HH). 703-696-7801

Fort McNair
(Bldg. 48, Fort McNair at JBM-HH). 202-685-2916

Military Personnel Division
(Bldg. 202, Fort Myer side of JBM-HH). 703-696-3695

Retirement Services Office (Bldg. 202). 703-696-5948

Retirement Services Office Fax 703-696-2780

Retired Activities Office (Bldg. 29, Room 203, Henderson Hall at JBM-HH) 703-693-9197

Retired Activities Fax. 703-614-7848

Substance Abuse Counseling Center
(Bldg. 12, Henderson Hall). 703-614-8962

Army Substance Abuse Office
(Bldg. 230, Fort Myer at JBM-HH). 703-696-6860/3900/8773

Voting Assistance Officer
(Bldg. 202, Fort Myer) 703-696-6361

Voting Officer
(Bldg. 29, Room 300, Henderson Hall) 703-614-2014

Chief, Transition Assistance (Military Requirements) 703-696-0296/6392

Chief, Reassignments Center. 703-696-0004

Out-processing/ Records Sections 703-696-0343

Chief, Army Continuing Education System. . . 703-696-3195

**★ Information Management -
Computers, Telephones**

Army Enterprise Center Help Desk. . . 1-866-335-2769

Navy Marine Corps Intranet
Help Desk 1-866-843-6624

★ Inspector General

(Bldg. 18, Fort McNair 202-685-3321/3322

★ Internal Review and Audit Compliance

(Bldg. 59). 703-696-7062

★ Legal Services – Staff Judge Advocate

(Bldg. 32, Fort McNair)

Administrative Law. 202-902-0193

Contracts 202-902-0417

Labor and Employment Law 202-902-0097

Military Justice. 202-902-0098

Victim-Witness Liaison 202-902-0198

★ Legal Services - Army

(Bldg. 201, Fort Myer at JBM-HH)

Legal Assistance/Claims 703-696-0761

Notary Services. 703-696-0761/62

Wills, Notaries, POAs, and other Legal Assistance appointments can be requested via email at usarmy.jbmhh.mdw.mbx.jbmhh-cla@mail.mil

Trial Defense Service (Bldg. 229) 703-696-6700

★ Library

(Bldg. 417, Fort Myer). 703-696-3555

**★ Army Sustainment Command Logistics
Readiness Center**

(Bldg. 205, Fort Myer) 703-696-7009

Central Issue Facility 703-696-3344

Food Services 703-696-3671

Military Clothing and Equipment. 703-696-3669

Transportation Motor Pool 703-696-7136

★ Defense Military Pay Office

(Fort Myer) 703-696-3522/3523

National Capital Region (Fort Belvoir) . . 703-805-2501

Pentagon Office 703-695-2338

★ Mail and Distribution Centers

(Bldg. 203, Fort Myer) 703-696-7801

(Bldg. 48, Fort McNair). 202-685-2916

★ Plans, Analysis and Integration

(Bldg. 59, Fort Myer)

Director. 703-696-3252

Analysts . . 703-588-0178/703-696-9608/703-696-2682

Plans and Integration Branch 703-588-0178

★ Directorate of Operations

(Bldg. 59). 703-696-3290/3291/7567/8338/8323/8340/8341/3101

Personnel Security Manager. 703-696-0756

★ Public Affairs Office

(Bldg. 59, Fort Myer at JBM-HH)

Director. 703-967-4782

Pentagram 703-859-0515

Community Relations 703-967-4782

★ Public Works

(Bldg. 313, Fort Myer
at JBM-HH). 703-696-1222

Engineer Operations 703-696-1224

Environmental Management Division (Bldg. 321, Fort Myer) 703-696-8055

Operations and Maintenance 703-696-1254



Service Order Desk703-696-3263/3264/3265

★ Resource Management

Army (Bldg. 59, Fort Myer
at JBM-HH)..... 703-696-0758/6292

Resource Management – Budget and Accounting

Marines (Bldg. 28, Henderson Hall) 703-614-2603

★ Safety Office

Army (Bldg. 59, Fort Myer
at JBM-HH)..... 703-696-6996/0828

Marines
(Bldg. 29, Henderson Hall).....703-614-1900/7264

PARTNER ORGANIZATIONS

★ 3d U.S. Infantry Regiment (The Old Guard)

Public Affairs 703-696-2784

3rd U.S. Infantry Regiment (The Old Guard)
Fort Myer (Bldg. 242) 703-696-3003

Caisson (Horses,Barn) Open to public noon-4 p.m.,
daily except Mondays and Christmas (more than 10,
please make a reservation703-696-2153/6674

★ Arlington National Cemetery

General Information Line..... 703-607-8000

★ Armed Forces Bank

NA 571-388-5190

★ Pentagon Federal Credit Union. .703-525-5950

★ PFCU – Pentagon Concourse . .703-838-1337

★ State Department Credit Union...703-706-5127

★ Army/Air Force Mutual Aid703-522-3060

★ Navy Mutual Aid 800-628-6011

★ Army/Air Force Exchange Service

(Fort Myer portion of JBM-HH, Bldg. 450)

Alteration703-741-0777

Dry Cleaners..... 703-243-4986

Exchange 703-522-4575

Express.....703-696-9241/44

Food Court 703-528-1039

Military Clothing Sales..... 703-696-3515

Military Clothing Sales (Pentagon) 703-695-6446

Mini Mart (McNair) 202-484-5823

Barber Shop 703-351-6569

Barber Shop (McNair) 202-484-7019

Dry Cleaners/Alteration..... 703-741-0340

Firestone 703-522-2584

Flower Shop 703-525-0489

GNC..... 703-522-6786

Optical 703-528-9122

Starbucks 703-527-0100

★ Commissary – Defense Commissary Agency

(Bldg. 523 on the Fort Myer side
of JBM-HH) 703-696-3674

★ U.S. Army Corps of Engineers, Baltimore District, housing

Fort Myer Resident Office
(Bldg. 313)..... 703-696-3186/3270

Project Engineer..... 703-696-3268/6315/6340/3169

★ Inter-American Defense College

(Bldg. 52, Fort McNair)

Director 202-646-1337

Personnel 202-646-1319

Public Relations 202-314-2838

★ Joint Task Force - National Capital Region and U.S. Army Military District of Washington

(Bldg. 39, Fort McNair)..... .202-685-2807/2817

12th Aviation Battalion (Fort Belvoir) ... 703-806-7505

Ceremonies and Outreach Division

(Bldg. 47, Fort McNair)..... 202-902-0223

Chaplain (Bldg. 41, Fort McNair) ... 202-902-0213/0210

Force Protection (Fort McNair) 202-685-0048

Inspector General

Bldg. 31, Fort McNair) 202-902-0201-0203

Joint Operations Center

(Bldg. 46, Fort McNair) 24/7 202-685-3747

Provost Marshal

(Bldg. 45, Fort McNair)..... .202-902-0050

Public Affairs Office

(Bldg. 47, Fort McNair)..... 202-685-0445

Safety 202-902-0453

Security..... 202-902-0386

Staff Judge Advocate

(Bldg. 32).....202-902-0092/0095/0096

J1/G1 (Bldg. 39, Fort McNair) 202-902-3351

J3/G3 (Bldg. 46, Fort McNair) 202-695-3747

J4/G4 (Bldg. 47, Fort McNair)202-902-0042

J6/G6 (Bldg. 39, Fort McNair) 202-902-4000

J8/G8 (Bldg. 39, Fort McNair) 202-902-0080

★ Center of Military History

(Bldg. 35, Fort McNair)

Circulation desk and archives..... 202-685-4042

Inquiry - Historical Support..... 202-685-2194

Inquiry - Public..... 202-685-3572

★ National Defense University

(Bldg. 62, Fort McNair)

Africa Center for Strategic Studies

(Bldg. 21)..... 703-602-2830

Center for Hemispheric Defense Studies

(Bldg. 64)..... 202-685-4669

Strategic Communications 202-685-3140

Eisenhower School (Building 59)..... 202-685-4785

Information Resource Management College

(Bldg. 62)..... 202-685-6300

Joint Forces Staff College (Norfolk, VA) ..757-443-6076

Library (Bldg. 62) 202-685-6100

National War College (Bldg. 61)..... 202-685-3715

Operations (Bldg. 62)..... 202-685-2387

Personnel (Bldg. 62)..... 202-685-2650

President (Bldg. 62) 202-685-3922

Security Operations Center (Bldg. 62) .. 202-685-3768

Near East-South Asia Center for Security Studies

(Bldg. 62)..... 202-685-4127

Institute for National Strategic Studies

(Bldg. 62)..... 202-685-2831/3069

★ Fort Myer Thrift Shop

(Bldgs. 224, 225, Fort Myer at JBM-HH) .. 703-527-0664

★ The U.S. Army Band “Pershing’s Own” (Fort Myer at JBM-HH)

Public Affairs571-867-4040

Concert Line..... 703-696-3399

★ The Office of the Chief, Army Reserve - Legislative Affairs Division

(Bldg. 205, Fort Myer campus of JBM-HH)
703-696-7107

★ United Services Organization – USO

(Fort Myer portion of JBM-HH) ... 703-696-2628/2552

Ticket Line 571-267-2090

★ Veterinary Services

(Bldg. 239,
Fort Myer portion of JBM-HH) 703-696-3604

NCOIC..... 703-696-3606

OIC 703-696-3727

Veterinary Clinic..... 703-696-3604

★ Criminal Investigation Division

Fort Myer CID Office (Report a crime) .. 703-696-1708

Washington Battalion (CID) BN S1 .. 703-696-3495/3149

NATIONAL CAPITAL AREA ACTIVITIES

★ Arlington National Cemetery

General Information Line.....1-877-907-8585

Group (school, other) participation in Wreath Laying
Ceremonies www.arlingtoncemetery.mil

Wreath Laying Ceremonies..... 703-614-0619

Armed Forces Hostess Association - Pentagon,

Room 2E1087 703-614-0350

★ Armed Forces Retirement Home - Washington

Information 202-730-3000

Volunteer Services..... 202-730-3410

★ Joint Personal Property Shipping Office (Fort Belvoir)

Household Goods Moving ..703-806-4900/800-762-7186

★ Soldiers’ and Airmen’s Home National Cemetery (Washington, D.C.)202-829-1829

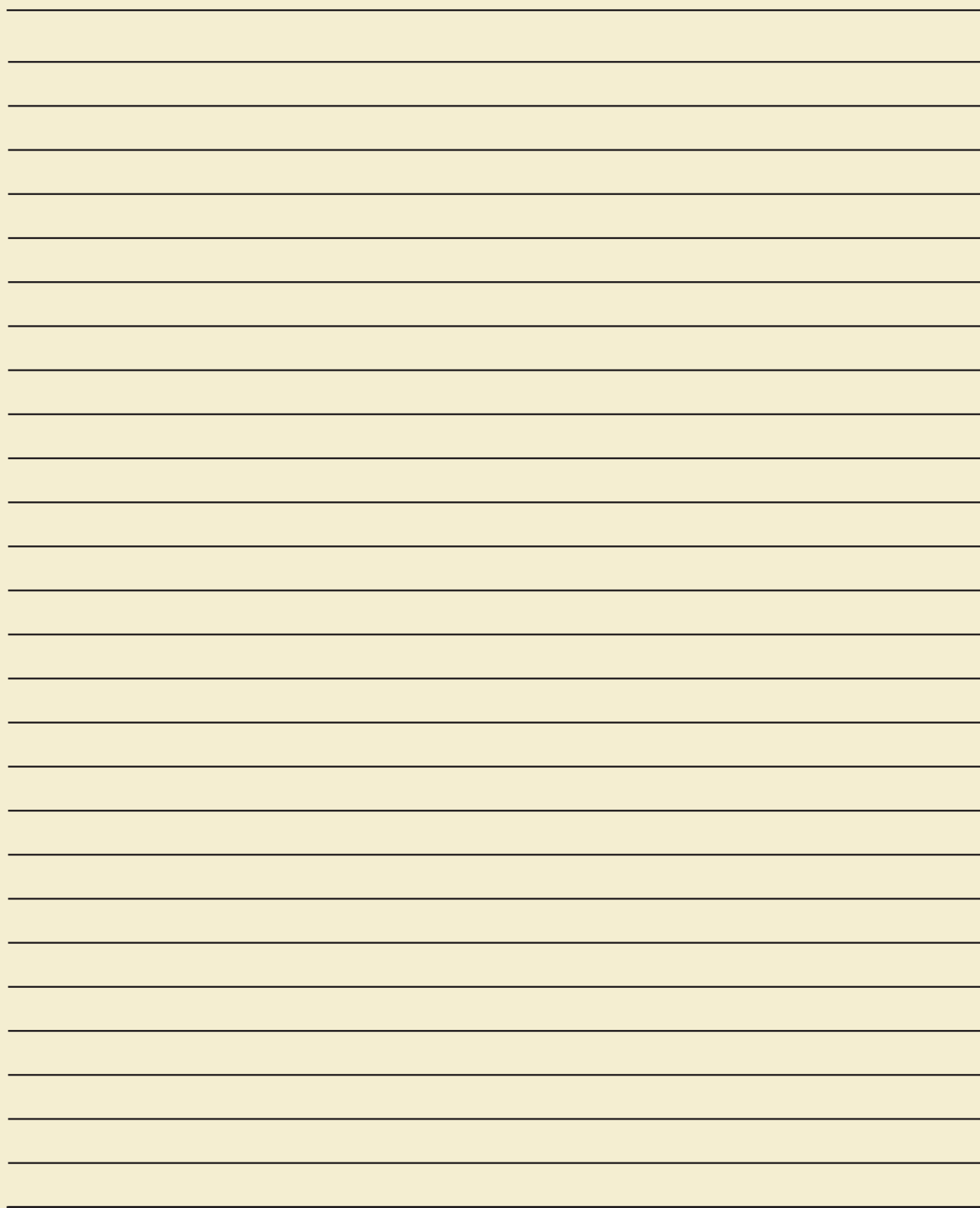
★ White House Transportation Agency - Washington

Command Operations Center202-757-0710

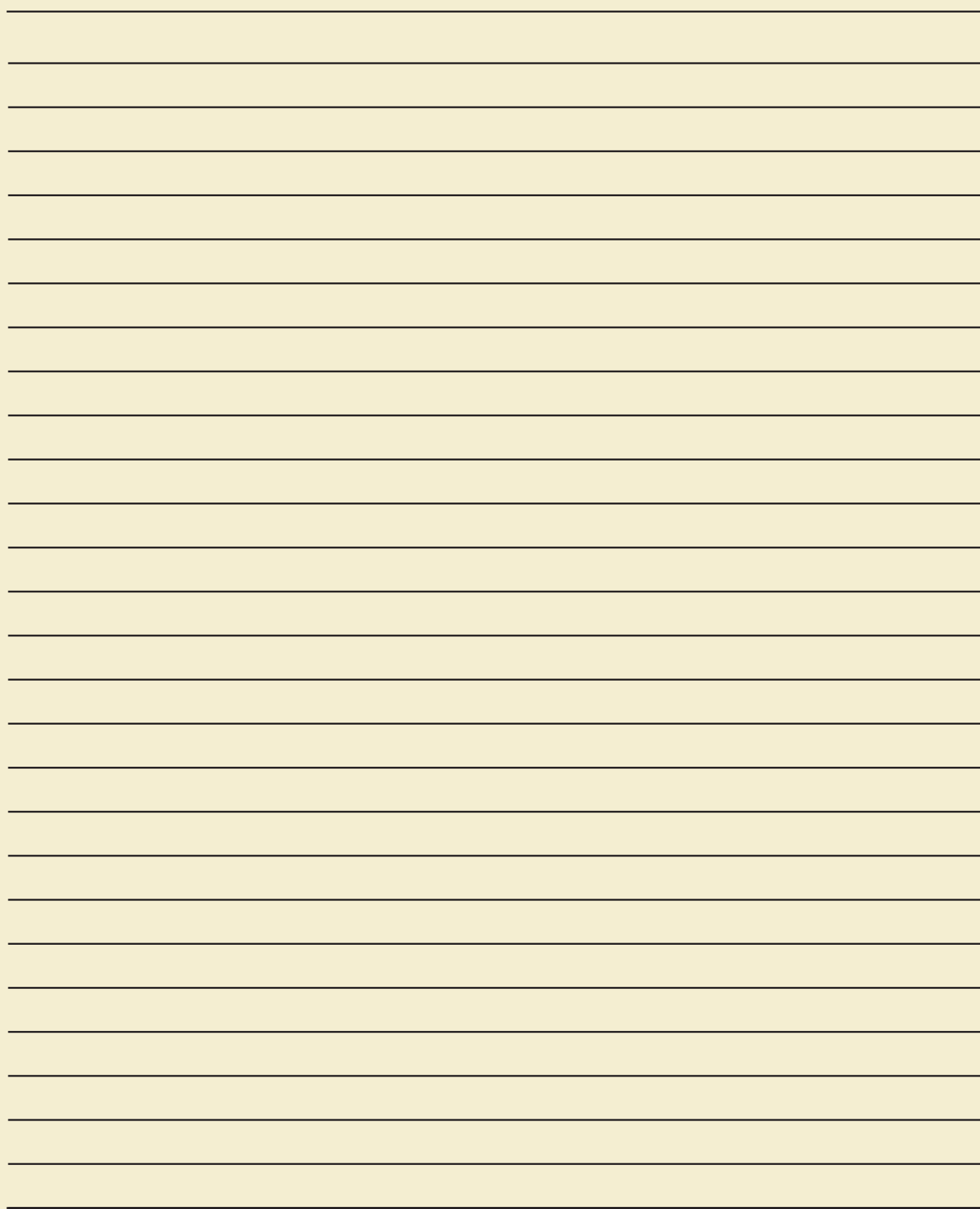
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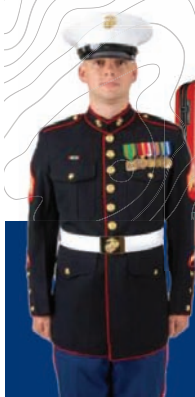
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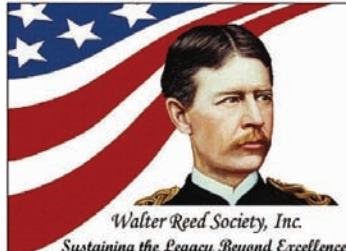
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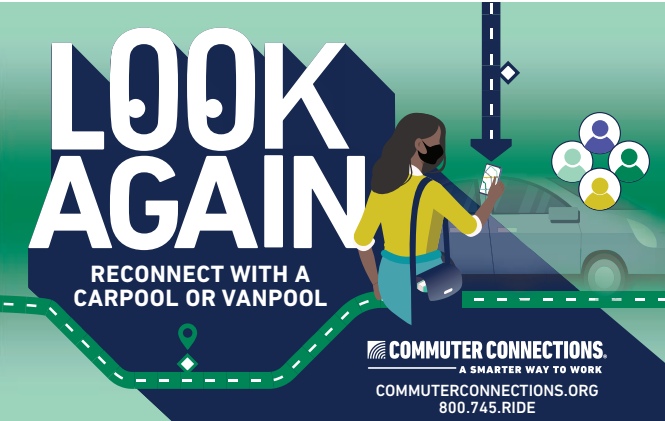
Membership is accessible and encouraged for all who desire to contribute to the mission of the Society to support active duty military, veterans, Wounded, Ill and Injured (WII) and their families, as well as the staff members of the Military Health System who care for them in their time of need.

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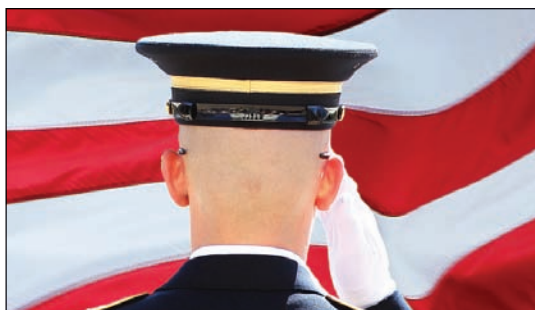


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JOINT BASE MYER-HENDERSON HALL

2023 MAP

1-3 Infantry Battalion (The Old Guard)	216, 228
3rd U.S. Infantry Regiment (The Old Guard)	242
AAFES, Administration	322
AAFES, EXPRESS/Class VI/ Gas Station	441, 453
AAFES, Post Exchange	450
ACS Education Center	21
Army and Air Force Mutual Aid Association	468
Army Community Service	201
Army Substance Abuse Program	230
Auto Craft Shop	227
Automated Teller Machine	405
Bank, Armed Forces	451
Better Opportunities for Single Soldiers (BOSS)	405
Bowling Center	411
Brucker Hall, The U. S. Army Band	400
Car Wash	33
Casualty and Mortuary Affairs	202
Catering, Five-Star Catering	14

Chapel, Memorial	480
Chapel, Old Post	335
Child Development Center	483
Civilian Personnel Advisory Center	205
Clinic, Andrew Rader Dental Clinic	525
Clinic, Andrew Rader Health Clinic	525
Clothing Sales	450
Commissary	523
Club, Community Activities (Rec) Center	405
Club, Patton Hall	214
Club, Spates Community	407
Conmy Hall	241
Credit Union, Pentagon Federal	450
Criminal Investigation, Washington CID Battalion	305
Dining Facility	404
Distance Learning Center	404
DPTMS (Directorate of Plans, Training, Mobilization, Security)	59

DPW (Directorate of Public Works)	313
DPW Roads & Grounds (Ice Melt)	325
DPW Service Order Desk	313
DPW Storage/Weather Resources	447
DRM (Directorate of Resource Management)	59
Education Center	230, 232, 417
Emergency Services (Provost, Fire, Police, MPs)	415
Environmental	321
Equal Employment Opportunity	203
Equal Opportunity Office	203
Family Morale, Welfare and Recreation (FMWR)	203
Fife and Drum Corps, Old Guard	231
Finance Office	202
Fitness Center	414
Gymnasium, Cpl. Terry L. Smith	27
Headquarters (H&S BN, HQMC)	29
Headquarters Command Battalion	417
Headquarters Company, U.S. Army	4

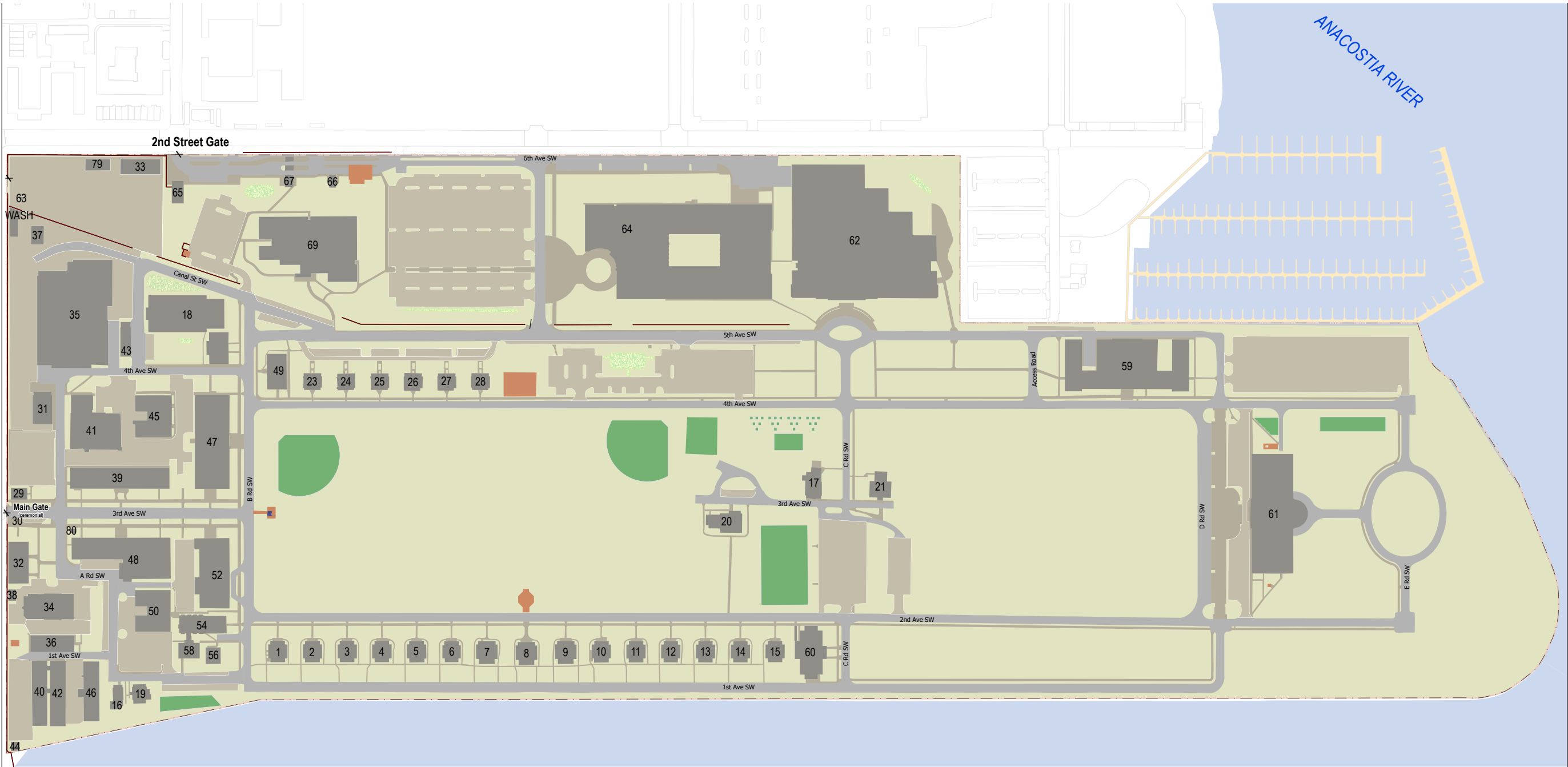
Headquarters & Headquarters Company, USAG	417
Headquarters Joint Base Myer-Henderson Hall	59
Historic Meigs Modular Home (Built 1877)	42
Honor Guard Lounge	405
Housing Division	205
ID Card Section	202
Kennels	272, 273
Legal Assistance and Claims	201
Library	417
Lifelong Learning, Career Resource	29
Lodging, Wainwright Hall (InterContinental Hotels Group)	48, 50
Logistics Readiness Center	205
Mail and Distribution Center	203
Marine and Family Services	12
Marine Corps Exchange	26
Marine Corps Exchange (Vineyard, Barber Shop)	31
Marine Corps Family Team Building	28
Marine Uniform Shop	26
Medical (Non-Emergency)	
Rader Health Clinic	525
Rader Dental Clinic (2nd Floor)	525
Military Personnel Service Center	202
Motor Pool, The Old Guard	314
Motor Pool, JBM-HH Transportation	330
Motor Pool, JBM-HH Vehicle Maintenance	325
MP Company, The Old Guard	417
Navy Exchange Uniform Shop	26
Navy Mutual Aid Association	29
NEC (Network Enterprise Center)	205
Panda Express	441
Pentagram	59
Photos, Official DA Stand-up	201
Pool, Maj. Douglas A. Zembiec	11
Post Office	217
Precision Tune Auto Care (PTAC)	452
Public Affairs Office, Joint Base Myer-Henderson Hall	59
Public Affairs Office, The Old Guard	410
Retirement Services	202
Safety Office	59
SHARP (Sexual Harassment/Assault Response & Prevention)	305
Soldier for Life - Transition Assistance Program (SFL-TAP)	209
Stables, The Old Guard Caisson Platoon	233, 236
Theater, Joe Rosenthal	29A
Thrift Shop	24, 225
Town Hall	243
Traffic Accident Investigation Division, JBM-HH	29
Transition Services	02
Trial Defense Service	229
USO	59, 405
Veterinary Services	238, 239
Visitor Control Center	S-507
Warehouse, Supply	28
Youth Services	483



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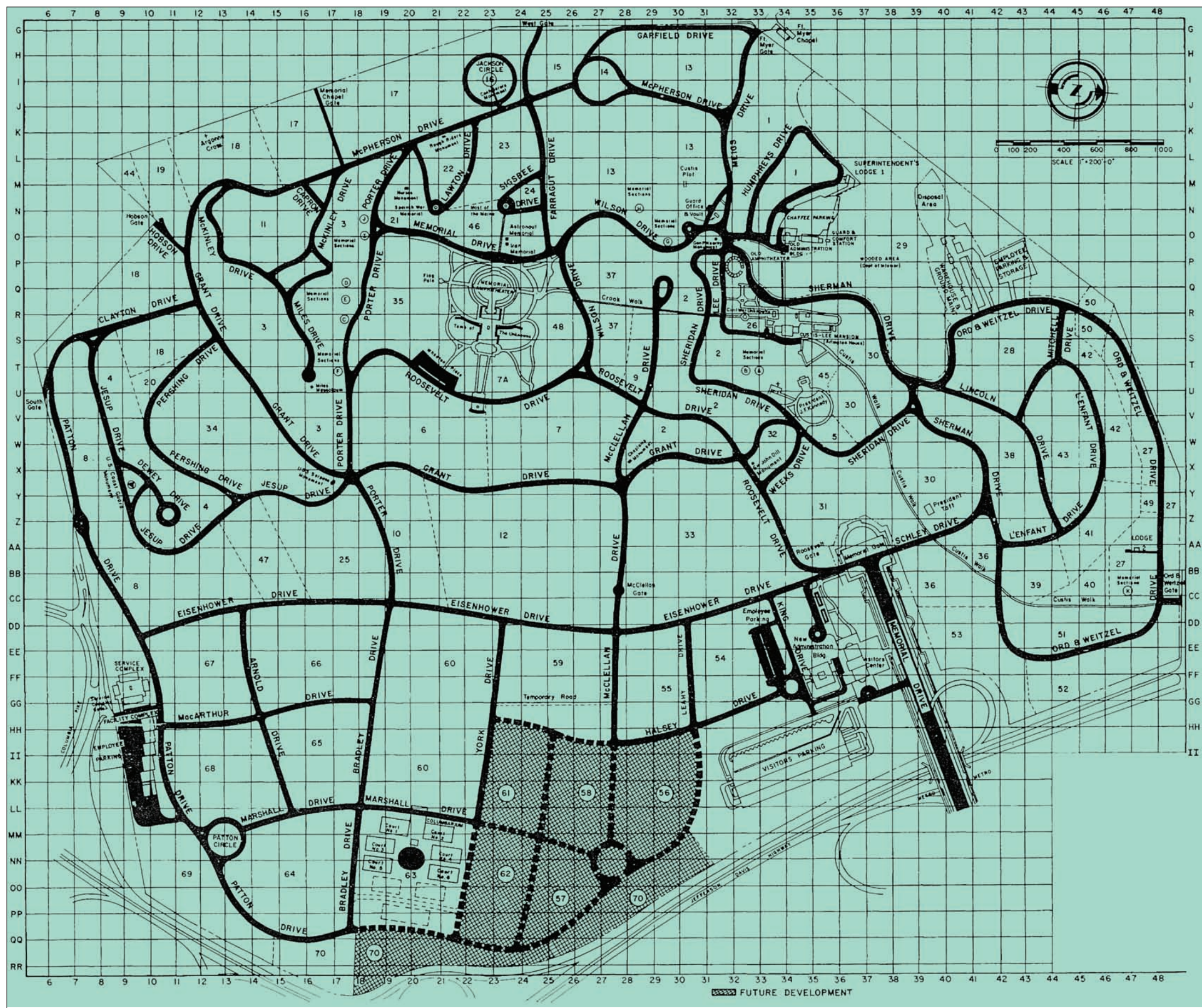
2023 MAP

Africa Center for Strategic Studies, Davis Hall	21	Equal Opportunity Office	48	J/G3 Joint Operations Center	46	Post Office	29
Africa Center for Strategic Studies Annex	17	Fire Department	28, A&B	J/G4 Logistics/Engineering Directorate	48	Provost Marshal	45
Army Ten Miler Office	39	Fitness Center	69	JFHQ-NCR/MDW	39	Public Affairs, JFHQ-NCR/MDW	47
Automated Teller Machine	41,62	Fort McNair Joint Base Commander's Representative	45	Joint Operations Center	46	Public Works	34, 34, 40
Barber Shop	41	Historic Federal Penitentiary Building (Built 1826)		Library (NDU)	62	SHARP (Sexual Harassment/Assault Response & Prevention)	47
Center for Technology & National Security Policy (CTNSP)	64	Courtroom, 3rd Floor	20	Mail & Distribution Center	48	Shoppette / Gas Station	43
Center of Military History, U .S. Army	35	Dwight D. Eisenhower School for National Security		Military Police Station	32	Staff Judge Advocate, Court Room	32
Ceremonies and Operations Directorate	47	and Resource Strategy	59	National Defense University Foundation	62	Visitor Control Center	65
Chaplain's Office	Annex 48	Inspector General	31	National Defense University, George C . Marshall Hall	62	U.S. Army Transportation Agency	18, 33
Clinic, Health	58	Inter-American Defense College	50, 52, 56	National Defense University, Lincoln Hall	64		
Credit Union, State Department Federal	41	J/G1, J/G6, J/G8 Offices	39	National War College, Roosevelt Hall	61		



ARLINGTON NATIONAL CEMETERY

2023 MAP



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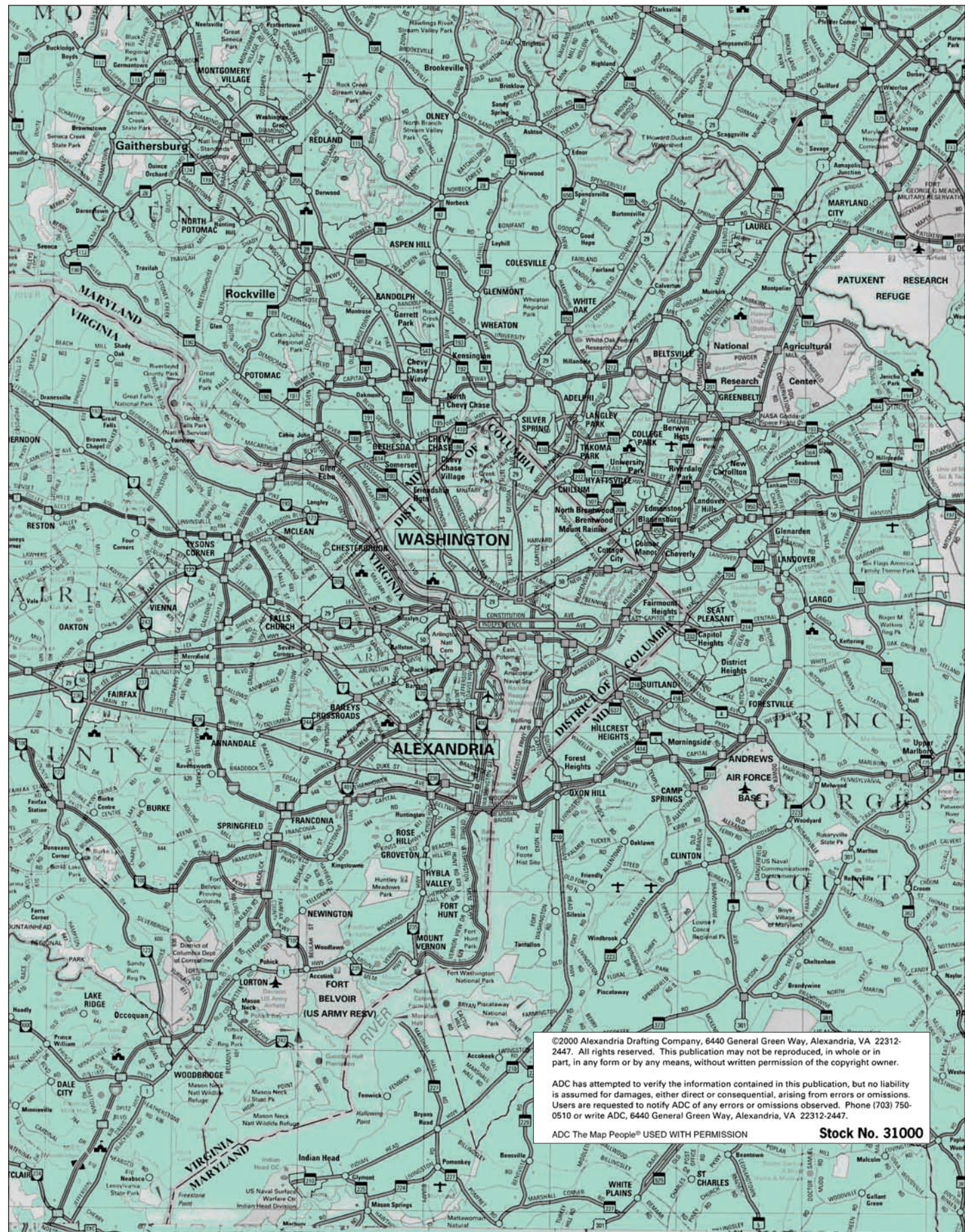
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