



# RISING SUN WEEKLY

MARCH 31, 2022



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## PEAK MOVING SEASON 2022

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THE USAG JAPAN PCS GUIDE



### Nearly 140 pounds lost in annual 'Biggest Loser' contest

Out of 40 participants, 25 of them finished the competition and lost a total of 138 pounds of fat and gained 37 pounds of muscle. Participants also turned in to organizers logs that accounted for a combined 9 million steps they took during the event.



### Camp Zama's Cherry Blossom Festival returns for second consecutive year

It was a little windy and cold for a spring day, but the Camp Zama community came out despite the weather to join an event that made its second consecutive return after being canceled two years ago.



### USAG Japan leadership meets with new commander of JGSDF's 4th Engineer Group

U.S. Army Garrison Japan leadership met with Japan Ground Self-Defense Col. Kenji Honda, the new commander of the JGSDF's 4th Engineer Group during an office call March 23 at Camp Zama. They discussed various topics and pledged to continue to deepen the relationship between the U.S. Army and the JGSDF.



### USARJ celebrates Women's History Month

U.S. Army Japan spouses, Department of the Army Civilians and Service Members helped put together a Ladies Luncheon here March 22 in celebration of Women's History Month.



### Cherry Blossoms in full bloom

The cherry blossom trees in our area are at their peak right now, but the flowers are known for their short blooming period. Enjoy them while they last, and be ready for the petals to begin falling like snowflakes next week.

## CHECK OUT WHAT'S GOING ON!

### Community News Briefs

Stay informed about what's happening on our U.S. Army Garrison Japan installations by check out our new Community News and Information site! To submit your information for publication, email full details (who, what, when, where, why and how, along with contact information) to [usag.japan@gmail.com](mailto:usag.japan@gmail.com)



COMMUNITY NEWS  
AND  
INFORMATION

U.S. ARMY GARRISON JAPAN



### Things to See and Do

Arts and Crafts, Community Events, Entertainment, Food, Libraries, Travel, Sports and Fitness, Outdoor Recreation and much more! Find it all here in the MWR Bugle Magazine!