WEDNESDAY NOV. 22, 2023 FORT JACKSON "VICTORY ...

STRENGTHENI THROUGH RESILIENCY





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IRL welcomes Roldan as new enlisted leader

Story, photo by MEL SLATER Institute for Religious Leadership

The enlisted leadership responsibility at the U.S. Army Institute for Religious Leadership has changed hands.

The Institute commandant, Chaplain (Col.) Louis DelTufo officiated the change of responsibility ceremony to formally recognize the transfer of responsibility from Command Sgt. Maj. Evelin Montealegre to Command Sgt. Maj. Thomas Roldan, Nov. 20.

The event attended by chaplains, sergeants major and other senior enlisted personnel from across the Chaplain Corps. The list of attendees included Deputy Chief of Chaplains Chaplain (Brig. Gen.) William "Bill" Green, Jr. and Regimental Sergeant Major Sgt. Maj. Meagan Bicklein. Fort Jackson Commanding General Brig. Gen. Jason Kelly and Post Command Sgt. Maj. Erick Ochs were also in attendance.

Del Tufo and the Institute acknowledged how Montealegre positively affected the Institute.

Montealegre was given high praise and gratitude for her service and contribution to the Institute, the Chaplain Corps, and the Army.

"Well, today is a big deal. And I'm proud to bear witness to this transition and I'm proud to recognize Command Sgt. Maj. Evelin Montealegre who is the real deal," said DelTufo. "You have truly led from the front, and you have exemplified 'Be, Know and Do' leadership.

"You've been a coach, teacher and mentor to so many both officer and enlisted over



Institute for Religious Leadership commandant, Chaplain (Col.) Louis DelTufo takes the unit colors from Command Sgt. Maj. Evelin Montealegre during a change of responsibility ceremony, Nov. 20.

the years and you have left your mark on the Army, our Chaplain Corps, and USA-IRL."

Montealegre, a native of Mexico, assumed the position in 2021 and is the 12th Command Sergeant Major of the Institute for Religious Leadership. She has served in many leadership positions at the Institute, from drill sergeant to team leader and finally, command sergeant major.

As the Institute's senior enlisted advisor, she was charged with overseeing enlisted Soldiers for the organization and providing input on enlisted matters to the commandant. She also served as the commandant for the Noncommissioned Officers Academy.

Montealegre retired with 30 years of active-duty service. Her retirement ceremony took place after the change of responsibility.

During the ceremony she noted the many mentors, retired sergeants major and others who came in support of their fellow sergeant major. She was also joined by her cousin, Ruby.

"It has been a rollercoaster with high emotions, laughs, deployments, the scary moments, but it also has been an honor and a privilege to serve my country in this capacity," Montealegre said. "I am grateful for the experiences, relationships and everything that I have gained through my career."

She added she has "had unique opportunities to provide spiritual support and guidance to servicemembers and their Families regardless of their religious beliefs. I will now close my military career and fade away like the old Soldier.

"I have served my nation with loyalty and humility and to the best of my ability. But make no mistake, I will continue to be a Soldier even out of uniform. I am an American Soldier."

Roldan is a native of Detroit, Michigan. He graduated from Tates Creek Senior High School in Lexington, Kentucky and entered the Army on February 16, 2000. He completed Basic Combat Training and Advanced Individual Training at Fort Jackson and holds the military occupational specialty of 56M, Religious Affairs Specialist.

He previously served as Religious Affairs Specialist AIT Instructor and Senior Developer/Writer at the Institute.

Roldan with his wife, Veronica, expressed his gladness to be back at the Institute and an eagerness to get to work.

"To my IRL teammates, this is my home. I take great pride in what we do here. How we provide the Army with educated, trained and certified religious support professionals who are capable of supporting commanders in the field and taking care of Soldiers and Families," Roldan said. "I am humbled and honored to be your command sergeant major I look forward to working with you to accomplish the mission."

ON THE COVER

A Soldier signs a banner for the Resiliency
Stand-To Fort Jackson held, Nov. 16-17.
The event was aimed at increasing resiliency on post.

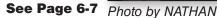




Photo by NATHAN CLINEBELLE

THE FORT JACKSON LEADER

"We Make American Soldiers"

Fort Jackson, South Carolina 29207

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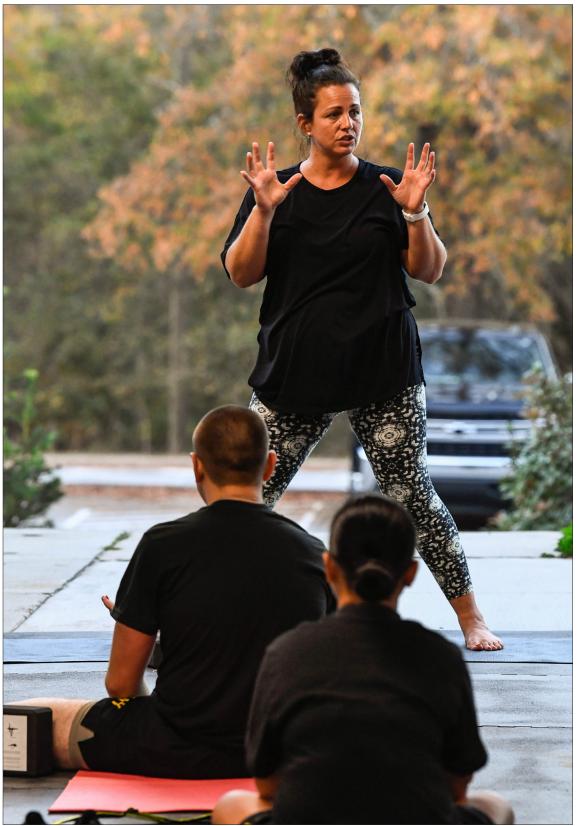
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FORT JACKSON LEADER

Volunteer yoga teacher aids separatees



Danielle Hanson, a volunteer yoga teacher leads separatees in exercises aimed at helping them prepare for life outside the military.

Story, photos by EMILY HILEMAN

Fort Jackson Public Affairs

At Fort Jackson, stories abound of civilians who are mostly strangers to each other, working together to overcome adversity and strife and become Soldiers in one of the largest fighting forces the world has ever known. The 10-week transformation process, called Basic Combat Training, is physically and mentally demanding; pushing trainees to become the best versions of themselves.

Unfortunately, not everyone is able to complete the transformation process and are instead sent to Company E, 120th Adjutant General Battalion, where they are processed out of the Army and sent back to their hometowns.

Although they will no longer fill the ranks at Fort Jackson and other Army units around the world, their leadership and Fort Jackson are dedicated to showing them they matter and their mental and physical health is imperative as they return to the civilian world.

Danielle Hanson, a volunteer and 500-hour registered yoga teacher was asked to help them restore balance and peace to their lives as they prepare for their upcoming transition.

"I was asked by leadership to support the mental readiness domain for Echo Company about six months ago, because the Soldiers were suffering from depression," she said. "They are on their way back to civilian life and many of them were and are quite overwhelmed and sad."

According to Military.com, about 15% of individuals fail training every year.

"They joined the Army to become something better, something different than what they were and now that feeling is fading away," Hanson said. "I agreed to support on a volunteer term on Saturday mornings and the Fitness Training Company joined us about three months ago. The FTC Soldiers are there to recover from an injury and what better way to heal than to focus 100% attention on your breathing and flow so you can grow?"

Hanson said she has subconsciously practiced yoga her entire life but began officially training in Oct. 2021 and obtained her 500-hour certification in April of this year.

"In October of 2020, Field Manual 7-22: Holistic Health and Fitness was published and I was working for the 7th Mission Support Command in Kaiserslautern, Germany. My leadership thought I would enjoy reading it because I brought us through COVID in a holistic way by providing weekly wellness trainings that supported the domains," Hanson explained.

"I fell in love with the thought that we could look at a Soldier's wellness this way, so I found a way to plug myself into all the domains - Physical, Spiritual, Mental, Sleep, and Nutritional," she elaborated. "This is Yoga."

Pvt. Angelica Arteaga-Felix is currently being separated from the Army and had little expectations of echo company but was excited to hear about the opportunity and volunteered to participate.

"I hope that it will teach me to do a couple of exercises when I'm alone and going through things," Arteaga-Felix said. "I feel like it will help me ease my mind a little bit."

Pvt. Kathleen Dubecky, another Soldier in the process of an entry-level separation from service, echoed Arteaga-Felix's sentiments and said that it makes her feel like the Army cares about her.

"Even though we're not part of BCT and we're about to be out of the Army, it's nice to know they care," she said.

Community Updates

HOLIDAY HOURS

Holiday Gate hours

Nov. 23: Only Gate 2 (Strom Thurmond Blvd. and McCrady Training Center gates open.

Gate 1

CLOSED: Dec. 20 - Jan. 1
5:15 a.m. to 5:15 p.m. (M-F)
When Open
Gate 2
Open 24/7
Gate 4
CLOSED Dec. 23-26
4:30 a.m. to 6 p.m. (M-F) When Open
Gate 5
6-8 a.m. and 4-6 p.m. (M-F) When Open

All lanes are open Dec. 18-19

Visitor Control Center (VCC): Monday-Sunday 6 a.m. to 6 p.m. (Closed Dec. 25)

Commercial Traffic will utilize Gate 2 when Gate 4 is closed (No change)
All Gates will resume normal operations
Jan. 2, 2024

Directorate of Human Resources

The Directorate of Human Resources will be closed on the following days: Thanksgiving Day – Thursday Training holiday – Friday Christmas Day – Dec. 25 Training holiday – Dec. 26

Commissary

Commissary hours of operation from Nov. 19-25 are:

Sunday: 10:30 a.m. to 6 p.m. Monday: 11 a.m.. to 6 p.m. Tuesday: 8:30 a.m. to 8 p.m. Wednesday: 9:30 a.m. to 8 p.m. Thursday: CLOSED

Friday: 9:30 a.m. to 8 p.m. Saturday: 8:30 a.m. to 8 p.m.

For more holiday closures visit: https://home.army.mil/jackson/my-fort/facili-

tv-hours-2

ANNOUNCEMENTS

Road Name Changes

Fort Jackson has renamed numerous roads and streets on post named after

Confederate leaders, battles and units. This is part of efforts to rename Department of Defense installations, streets, buildings and ships that featured names commem-



orating the Confederacy. These name changes, effective Jan. 1, 2024, have already been made by the U.S. Postal Service. To learn which road names have changed, scan the QR code or visit https://home.army.mil/jackson/about/fort-jackson-road-renaming.

Gingerbread House Contest

Gingerbread House Contest is taking place at the Solomon Center, Outdoor Recreation and the Thomas Lee Hall (Post) Library until Nov. 27. Registration is free. Kits are available at all three locations and need to be returned by Nov. 27. They will be on display at the Library for voting between Nov. 28-29. Winning houses will be at the Holiday Tree Lighting where the winner will be announced. To register call 751-4056.

ArmylgnitED 101

Are you new to tuition assistance or credentialing assistance? Maybe you are looking for some refresher training. The Fort Jackson Army Continuing Education System is holding ArmylgnitED 101 briefs every second and fourth Mondays and Wednesdays of each month. The briefing are held virtually, starting at 10 a.m. Mondays, and in person at the Education Center (4600 Strom Thurmond Blvd.) beginning at 10 a.m. Wednesdays. To sign up email your attendance re-

quest to usarmy.jackson.93-sig-bde.mbx. dhr-jacksonedcenter@army.mil. Walkins are welcome.

Fort Jackson Golf Club Guest Days

Fort Jackson Golf Club members are now permitted to bring up to three guests on guest days. Green fees are waived for a member's guest(s), but each guest must pay cart and user fees. Upcoming Guest Days are: Nov. 26; Dec. 2, 8, 14 and 20.

Coffee, Donuts and Purpose

Coffee, Donuts, and Purpose allows retirees (with drill experience) to connect with current drill sergeants and those who are about to start their time on the trail. This common bond event allows retirees and today's Army members to connect and give back to one another making each other stronger through their shared service, passion, weaknesses, and strengths. For more information, email Tabatha Baker, 193rd Health Educator, at tabatha.l.baker2.civ@army.mil.

Yoga and Stretching Classes

DS Timothy Kay Soldier Performance Readiness Center, 12650 Jackson Blvd. Soldiers, Department of the Army Civilians, Family members and veterans are welcome to take free yoga and stretching classes. The schedule of classes is: Mondays - Movement & Mobility - 11:30 a.m. to 12:15 p.m.; Power 30 - Tuesdays from 7:30-8 a.m.; Wednesdays - Power Flow from 6-7 a.m. and Mindful Movement and Meditation from 12:15-1 p.m.; and Thursdays - Plyometrics & Deep Stretch from 7:30-8 a.m. and Power Flow from 11:45 a.m. to 12:45 p.m. For more information, email nicole.a.topakas.civ@army.mil

COMMUNITY EVENTS

DEC. 1Holiday Tree Lighting

See **EVENTS:** Page 10



Fort Jackson Movie Schedule

3319 Jackson Blvd. *Phone: 751-7488*

NOV. 24

■ WISH (PG) 2 p.m.

NOV. 25

■ Silent Night (R) 2 p.m. - Free Screening

NOV. 29

- WISH (PG) 2 p.m.
- Ticket sales open 30 minutes before each movie.
- Movie times and schedule are subject to change without notice.

THE FORT JACKSON

LEADER

SEND ALL SUBMISSIONS TO

usarmy.jackson.93-sig-bde.mbx.atzj-pao@ army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will we be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. All submissions will be edited and published using Associated Press Style

Questions? Call 751-6739.

FORT JACKSON LEADER

Do you know who post HQ is named after?

By KATIE LANGE DOD News Service

Do you know who Fort Jackson's headquarters building is named after? Building 2400, or officially named Mabry Hall, is named after Medal of Honor recipient Maj. Gen. George Lafayette Mabry Jr.

During the U.S. Army's push toward Berlin in World War II, Mabry nearly single-handedly forced his way through enemy fortifications to clear an area of German forest for Allied troops. His valor and leadership made him one of the most decorated soldiers of the war, including having earned the Medal of Honor.

Mabry was born Sept. 14, 1917, in the little town of Stateburg outside Sumter, South Carolina. He had two brothers and a sister.

After high school, Mabry went to Presbyterian College in Clinton, South Carolina, where he majored in English and minored in psychology in the hopes of becoming a teacher. He also worked as a farm manager and played semi-pro baseball before graduating in June 1940. Everyone who attended the school was also required to be in ROTC, so when Mabry joined the Army, he was commissioned as a second lieutenant.

According to a Presbyterian College blog from 2020, Mabry later said that, while he didn't become a teacher, his studies in psychology helped him deal with stressed out soldiers.

After training, Mabry was assigned to the newly activated 4th Infantry Division's 8th Infantry Regiment. After about a year in the service, he married Eulena Myers. The pair went on to have a daughter and two sons, including one, George, who followed in his father's footsteps and eventually



Leader file photo

Fort Jackson moved its post headquarters into Mabry Hall, named after retired Maj. Gen. George Lafayette Mabry Jr. in 2016.

became an Army officer.

Mabry remained in the states until January 1944, when he was deployed to England. He and his 4th ID brethren took part in the D-Day landings on Utah Beach in Normandy on June 6. His valor that day earned him the Distinguished Service Cross and, later, a Silver Star.

Throughout the summer of 1944, the 4th ID pushed through occupied France, liberating towns along the way. By autumn, they and other Allied forces had made it to Germany's western border, the Siegfried Line, which was fortified for hundreds of miles with minefields, foxholes and other obstacles that the Allies would spend months trying to breach.

One of those areas was the Hurtgen Forest near Schevenhutte, Germany. Army historians say the forest was tough to maneuver: it had 100-foot tall



Mabry

fir trees that were closely spaced, saturated ground and dramatic elevation changes. Tanks and other supply vehicles struggled to get through its narrow dirt roads and trails.

Early in November 1944, parts of the 4th ID were tasked with clearing the southern part of the forest. However, those troops weren't able to penetrate enemy lines, so the rest of the division, including Mabry's unit, were told to push east to make a clearing and secure about three miles worth of roads between towns.

It wasn't an easy task.

On Nov. 20, 2023 then-Lt. Col. Mabry was commanding the 8th Infantry's 2nd Battalion when they were attacked, and the forward elements of his battalion were immobilized by a minefield and heavy hostile fire. Mabry pushed forward alone through the minefield to set up a safe route for the rest of his soldiers.

He then moved ahead of his forwardmost scouts to personally lead the attack before he was stopped by razor wire laden with explosives. With help, Mabry disconnected the explosives and cut a path through the wire. When he got to the other side, he saw three enemy foxholes and captured their occupants using his

bayonet

Mabry kept moving forward and, racing ahead of his men again, found three log bunkers. The first bunker was deserted, so he pushed onto the second and was suddenly confronted by nine enemy soldiers. Mabry managed to take out one of them using the butt of his rifle and he bayonetted a second before his scouts joined him to neutralize the rest.

With reinforcements by his side, Mabry then charged the third bunker — despite point-blank fire coming at him — and led the way inside to clear out its six enemy inhabitants.

Once that area was secure, Mabry led his battalion across 300 yards of fire-laden terrain to gain higher ground. There, they set up a defensive position that helped them take out the enemy on both flanks, giving them a solid foothold in the area. Within days, Mabry's division had secured two roads and had taken the town of Grosshau.

The four-month Battle of Hurtgen Forest, while not well-known among World War II battles, cost the Army a lot. More than 33,000 men died or were wounded. The 4th ID, which spent about one month fighting there, suffered more than 6,000 casualties.

Four days after Mabry's heroics, the 4th ID was relieved by another division. Two weeks later, however, they helped repel German troops during the Battle of the Bulge, the bloody campaign that was Germany's last major stand of the war.

On Aug. 23, 1945, Mabry was awarded the Medal of Honor for his courage and leadership during the Battle of Hurtgen Forest. He received the honor from President Harry S. Truman during a

See **HQ:** Page 9



Photo by NATHAN CLINEBELLE

(Top) Col. Mark Huhtanen, Army Training Center and Fort Jackson deputy commander, introduces retired Maj. Gen. Gregg Martin to a group of Soldiers at the Institute for Religious Leadership auditorium during the post's Resiliency Stand-To, Nov. 17. The stand-to sought to empower individuals, encouraging them to turn adversity into positivitty while reminding them that they don't have to face their problems alone.

(Right) Marilynn Bailey, Army Community Service specialist, speaks to a Soldier during the stand-to. Fort Jackson chose to have a stand-to instead of a stand down because standing to refers to assuming positions of readiness for possible attack. U.S. Army Garrison activities, training brigades and partners in excellence opened their doors to highlight the various activities available to help the community cope with difficult times.



Photo by NATHAN CLINEBELLE

'Prehab is always better than rehab' Strengthening Fort Jackson through resiliency

By EMILY HILEMAN Fort Jackson Public Affairs

In a proactive move to prioritize the well-being of Soldiers, their Families, retirees, and the Fort Jackson Community, the post hosted a Resiliency Stand-To Nov. 16-17.

The event led and organized, by Capt. Holly Kauer, training officer of the G35; Theresita Moses, Suicide Prevention Coordinator; and the Rea comprehensive array of resources and support.

'AN OUNCE OF PRE-

VENTION IS BETTER

THAN A POUND OF

- Lt. Col. John Baker

4th Battalion, 39th Infantry

commander,

HINDSIGHT' AND

THAT'S EXACTLY

TRUE.

Their goal was clear: make the Resiliency Stand-To a robust resource for military community members, equipping them with tools to overcome challenges and navigate successful transitions.

"Resiliency is about your ability to overcome difficult situations and to continue to move in a forward direction with your life," Kauer said. "It's your ability to turn the negative situations into a positive outcome. So, I really wanted to make this a big

event and have all the resources available to the service members and retirees in our community."

The stand-to sought to empower individuals, encouraging them to turn adversity into positivface tough times alone.

In the Army, Soldiers and their Families are used to hearing about stand down days, specifically for safety, but those are events lasting most of a day where Soldiers cease working and receive education and training on specific topics.

A stand-to, however, means to assume positions to resist a possible attack. The Resiliency Stand-To stands to do just that: Prepare Soldiers, their Families and retirees with the proper resources to withstand any attack that life may throw at them, whether personal or Army-related.

"Following a crisis involving Soldiers, civilians or Families, we often perform a reactive stand down to review the facts, determine the appropri-

ate steps necessary to avoid a particular crisis and prevent it from happening again in the future," said Post Command Sgt. Maj. Erick E. Ochs.

He added that "during our planning for this event ... we felt it was much more suitable and effective to establish a proactive stand-to in our approach to demonstrate commitment to resiliency preparedness and readiness by informing our Soldiers and community about the many programs and services that we have available here siliency Stand-To Committee, aimed to provide on Fort Jackson and in our greater surrounding community."

> Lt. Col. John Baker, 4th Battalion, 39th Infantry Regiment commander, expressed enthusiasm for the proactive measures taken at the

"As Command Sgt. Major Ochs mentioned in his opening statement, 'an ounce of prevention is better than a pound of hindsight' and that's exactly true," he said. "Solving problems when they're small problems is much better than waiting for folks to suffer in

Baker also stressed the importance of addressing issues before they escalate, highlighting that "prehab is always better than rehab." He commended the event for bringing crucial conversations to the forefront of everyity and reminding them that they don't have to one's minds and praised the wealth of resources know the resources available to them.

> Reflecting on military training experiences, Baker emphasized that resilience is rooted in a strong mental approach and determination.

> "Resiliency is the key to everything. Throughout my training, folks have asked me about various things that I've done like, 'Was it hard?' or 'How did you get through it," Baker recounted.

> "I think the assumption is that those who complete trainings like Ranger School are stronger or they're more this or that, but the mental approach is the most important part. So, that mindset is critical."

> Army resources that are readily available to support one or more domains of the Holistic



Photo by NATHAN CLINEBELLE

Capt. Diego Caula, battalion operations officer for 4th Battalion, 39th Infantry Regiment, checks the strength of his grip during the Resiliency Stand-To, Nov. 16.

Health and Fitness program such as the Armed Forces Wellness Center and Army Community Service were onsite and delivered valuable information and demonstrations to help everyone

The stand-to wasn't just filled with resources from the Army community, but also more than 15 people and organizations in the greater Columbia area dedicated to health, resiliency and

"I'm so excited to be here and I've got a lot a of my team here as well. It's awesome," Baker said. "I was aware of maybe 40% of the resources here, so I think this is great. For me personally, I am walking away with a small library of handouts and resources that I can take with me and integrate into our approach to individual wellness

Throughout the first day, breakout sessions such as Sexual Harassment/Assault Resistance toring versus being a mentor."

and Prevention Jeopardy and individual physical health coaching sessions were also available for

Master Resiliency Trainers from the Leader Training Brigade hosted four half-hour MRT demonstrations during the breakout sessions to help attendees avoid thinking traps, detect thinking icebergs, learn about assertive communication and active constructing responding.

"Master Resiliency Training has been around for a while and I was actually in one of the first classes for MRT back in March 2010 and I've been teaching it since then," said 1st Sgt. Catherine Tripp, Company D, 1st Battalion, 61st Infantry Regiment. "This is also a good opportunity to see how these other programs are affordable for military dependents and Family members. It also helps you integrate with your Soldiers; to better assist with the problems versus training and tu-

WHY I SERVE

4TH BATTALION, **39TH INFANTRY REGIMENT**

SPC. GARRISON WOLFORD, 24

Wake Forest, North Carolina

"My sister influenced me to join through her service. My father also played a large role in influencing me to join Army aviation through his passion for aviation."

"I imagined Basic Combat Training would be drill sergeants hounding trainees 24/7 and constant corrective exercise like in movies such as 'Full Metal Jacket' and 'Jarheads.'"



The most challenging part of BCT was, "finding motivation to push through adversity and keeping a positive attitude around others."

"My MOS is 15P - Aviation Operations Specialist. I chose this MOS for the opportunity to support the best aviators in the world."



"I was most influenced by all the men in my Family to join the Army. Seeing how tall those men stood and the respect/love they had for our great nation influenced me."

"The most challenging part of BCT was having to coexist with young men and women who have never had real responsibilities yet. Then, trying to help instill discipline and

respect." "My MOS is 25B - Information Technology Specialist. I chose this MOS to attempt to get a base level knowledge of electronics and information technology prior to reclassing to cybersecurity."



"My children and parents influenced me to join the Army. They are worth me putting my life on the line."

"The most challenging part of Basic Combat Training was learning to follow again and not being quick to speak, but instead listen, even if I felt I was right."

"Advice I would give to a future trainee is to be a sponge, learn

as much as you can and be a great battle buddy. Lastly, network even though it's BCT."

"My MOS is 25B - Information Technology Specialist. I chose this MOS because I want to be a 17C - Cyber Operations Specialist, but since they didn't offer it, I knew this would still be a great opportunity to do what I enjoy."



SPC. AUSTIN TOOTHMAN, 23

Morris, Oklahoma

"I was influenced to join the Army by close Family and friends."

"I expected Basic Combat Training to be about what it was, maybe with a little more yelling. All in all, it was what I had in mind."

"The ruck marches were the most challenging part of BCT. The rucks aren't only physically demanding, but also mentally, especially the final ruck."

"My MOS is 91B - Wheeled Vehicle Mechanic. I worked on a vehicle with my dad for the first time when I was 13 and I instantly fell in love with it. I decided that day that I wanted to be a mechanic for the rest of my life."



SPC. MEGHAN TURNER, 29

Bedford, New Hampshire

"My parents and siblings, who are all veterans, influenced me to join. Seeing them serve selflessly inspired me to do the same."

"I imagined Basic Combat Training would be difficult both physically and mentally. I'm 29, so my body isn't as young as some of the other Soldiers. The mental challenge of getting through every

day without getting injured was the most challenging part of BCT."

"My MOS is 09S - Commissioned Officer Candidate. I come from a Family of officers, so I wanted to live up to their examples."



PVT. AMON-RE PAYNE, 23

Houma, Louisiana

"I joined the Army because of my great grandfather, my nephew, and my aunt. My great grandfather and aunt paved the way by showing leadership and bravery to become a Soldier. I also joined because I wanted to make a safe life for my nephew. He's my pride and joy."

"The most challenging part of BCT was being away from home

and my Family. I continued to pray to God, and he made a way for me to fight through and make it out."

"My MOS is 92Y - Unit Supply Specialist. I chose this MOS because I want to have an outstanding career in logistics."



Smokeout aims to snuff tobacco

By CAPT. ANTOINETTE DINGLEMoncrief Army Health Clinic

Did you know that tobacco use is the primary cause of preventable illness and death in the United States, increasing the risk for cardiovascular diseases, lung diseases, various cancers, and other chronic conditions? According to the Centers for Disease Control and Prevention, cigarette smoking is responsible for more than 480,000 deaths per year, including more than 41,000 secondhand smoke exposure deaths.

Quitting tobacco use is not easy, and it takes time. Let the Great American Smokeout event, observed on the third Thursday in November, be your day to start the journey toward a smoke-free life. Join thousands of people who smoke nationwide in taking an essential step toward a healthier life and reducing the cancer risk.

For U.S. military members, the prevalence of smoking is higher than that of the general population and even higher among veterans. Contributing factors to these higher rates include deployments, combat exposure, and other stressors related to military service obligations. Tobacco use among military members negatively impacts productivity, physical fitness test performance, chronic respiratory health, and mission readiness.

Again, quitting smoking is not easy, but you can do it. To have the best chance of quitting and remaining smoke-free, you need to know what you're up against, what your options are, and where to go for help. The Department of Defense tobacco cessation program is available. It offers the necessary tools and resources to effectively address their cigarette addiction and enhance their overall health and well-being. The program also provides a variety of interventions, including counseling, support groups, and prescribed medications. YouCanQuit2 is a Defense Department education campaign, aligned to the Defense Health Agency, to help Service members quit tobacco — for themselves and their loved ones.

At Fort Jackson, the Armed Forces Wellness Center offers tobacco education classes. It refers those ready to quit to the Community Health Clinic located at Moncrief Army Health Clinic. Available classes are on social media at https://www.facebook.com/FortJacksonAWC/ or under the profile of @FortJacksonAWC on Instagram, Twitter, and Facebook. Other tobacco cessation resources in the community include:

- South Carolina's free Tobacco Quitline (1-800-QUIT-NOW).
- Offering 24/7 support to all state residents.
- Offering free over-the-counter nicotine replacement therapy products.
- A free mobile application called QuitStart and a national text support line (by texting QUITNOW to 333888) provide tailored tips, inspiration, and challenges.

Are you thinking about quitting tobacco but need help figuring out where to start? Contact the Fort Jackson Department of Public Health at 751-5251. For more information on the program visit: https://www.cdc.gov/tobacco/quit_smoking/index.htm

SALUTING THIS BCT CYCLE'S HONOREES

4th Battalion, 39th Infantry Regiment

ALPHA COMPANY SOLDIER LEADER

OF THE CYCLE

Spc. Garrison Wolford

SOLDIER OF THE CYCLE Pfc. John Mangarillo

BRAVO COMPANY SOLDIER LEADER OF THE CYCLE

Pfc. Zachary Sheets

SOLDIER OF THE CYCLE Pvt. Amon-Re Payne

CHARLIE COMPANY SOLDIER LEADER OF THE CYCLE Spc. Meghan Turner **SOLDIER OF THE CYCLE**Spc. Austin Toothman

DELTA COMPANYSOLDIER LEADER
OF THE CYCLE
Spc. Joshua Hodge

SOLDIER OF THE CYCLEPfc. Andrew Rockwell

ECHO COMPANY SOLDIER LEADER OF THE CYCLE Spc. Edward Hurley

SOLDIER OF THE CYCLEPfc. Samuel Castro



DRILL SERGEANT OF THE CYCLE

HQ

Continued from Page 5

White House ceremony. Two other soldiers who fought in the battle were awarded the Medal of Honor: 1st Lt. Bernard Ray and Pfc. Marcario Garcia.

Continuing Service

After the war, Mabry decided to make a career out of the Army. He spent several non-consecutive years serving in the Panama Canal Zone, where he helped establish the Army's Jungle Warfare Training Center and, in the 1960s, was put in charge of developing and maintaining plans to protect and defend the canal.

Mabry spent time commanding troops in Korea after that conflict ended, and he also served two tours in Pentagon positions. In 1966, Mabry was selected to head a team to study combat effectiveness in Vietnam before becoming the commanding general of the Army Combat Developments Experimentation Command at Fort Ord, California.

In April 1969, after he'd attained the rank of major general, Mabry returned to Vietnam. While there, he had to deal with an incident involving a murder cover-up by a number of Green Berets. Mabry was the general court

martial convening authority at the time and had decided to move forward with prosecuting the men involved. However, the case was eventually derailed by politics and a lack of cooperation by various parties involved, and the charges were dismissed.

In December 1970, Mabry left Vietnam and returned to the Panama Canal Zone one more time to head U.S. Army Southern Command. In January 1975, he took the reins of Army Readiness Region V at Fort Sheridan, Illinois, his final assignment before retiring in August 1975

Mabry returned home to South Carolina and settled in Columbia, where he was active in the community, especially among youth and veterans' groups. He often spoke publicly about his time in World War II and other military-related events.

Mabry died July 13, 1990, of prostate cancer that had spread, one of his sons told the New York Times. He is buried in Holy Cross Episcopal Church Cemetery in Stateburg, South Carolina.

Mabry's name is well-known among Soldiers and South Carolinians today. At Fort Carson, Colorado, a mile-long obstacle course is called the Mabry Mile in his honor. In 2016, Fort Jackson moved its post headquarters into a building named after him, as was a memorial highway that runs through the county of his birth.

FORT JACKSON LEADER

Events

Continued from Page 4

5 p.m., Patriots Park. Join Fort Jackson as children help Brig. Gen. Jason Kelly light the tree. There will be food trucks, a live ice sculptor, selfie stations, winners of the gingerbread competition annouced, and live music. The Clauses will also stop by for photographs.

DEC. 2

Go Shopping with Outdoor Rec

8:30 a.m. to 5 p.m. Marion Street Station. Go shopping at Concord Mills, in Corcord, North Carolina. Cost is \$20 per attendee. For more information, call 751-3484.

Holiday Ornament Class

10 a.m. to noon, Solomon Center. Create your own holiday ornaments in a class held by the Directorate of Family and Morale, Welfare and Recreation. Cost is \$15 per person. Registration required by Nov 29. For more information, call 751-4056.

DEC. 15Holiday Paint & Sip

5:30-7:30 p.m., Solomon Center. Create a holiday masterpiece for \$30 per person. For those 10 years or older.. Registration required by Dec 13. For more information call 751-4056.

Commentary: Jackson reaches its data-centric objective

By CAPT. AMY OWENS

Artificial Intelligence Integration Center

A data-centric Army is the future, Secretary of Defense Kathleen Hicks said in May 2021.

Fort Jackson has partnered with the Artificial Intelligence Integration Center to develop a data-forward application that automates semi-annual reports for Basic Training.

"Transformation is in full effect at Fort Jackson. I'm excited about what we're doing in this space. This effort is part of our continued quest for better in the way we make American Soldiers," said Brig. Gen. Jason Kelly, Army Training Center and Fort Jackson commander. "The Future of Fort Jackson: Our Role in Building the Army of 2030 and Beyond" whitepaper sets a goal that Fort Jackson "will operate in a data-centric environment" by 2030.

"Leaders must ensure all (Department of Defense) data is visible, accessible, understandable, linked, trustworthy, interoperable, and secure," Hicks said. AI2C's application, VIRTUS (Visual Intelligence for Ready, Trained Units and Soldiers), aims to



Photo by NATHAN CLINEBELLE

Brig. Gen. Jason E. Kelly, Fort Jackson commander, recognizes Michael V. Camacho, 165th Infantry Brigade, training technician, for his close and dedicated relationship with the Artificial Intelligence Integration Center.

accomplish more than automating reports. VIRTUS aims to ensure Fort Jackson will realize its goal of a data-centric future.

VIRTUS accesses multiple Army systems of records, such as the Digital Training Management System and the Integrated Personnel and Pay System - Army, through Army Vantage to ensure commanders at

multiple echelons can access unit data and understand performance metrics.

Under the Sustainment Portfolio at AI2C, the VIRTUS team has gathered the data from separate systems to be collated and communicated effectively. Fort Jack-

See **OBJECTIVE:** Page 11

DID YOU KNOW: Most common causes of trainee cold weather illnesses/injuries at Fort Jackson stems from not staying dry. For more information visit: safety.army.mil.

ш	FAITH GROUP	DAY	TIME	PLACE
	CATHOLIC MASS	SUNDAY	9:30-10:30 A.M.	MAIN POST CHAPEL
	CATHOLIC MASS	MON-FRI	NOON	MAIN POST CHAPEL
	GOSPEL SERVICE	SUNDAY	10:30 A.M.	DANIEL CIRCLE CHAPEL
ш	GENERAL PROTESTANT	SUNDAY	11 A.M. TO NOON	MAIN POST CHAPEL
7	REVIVE SERVICE	SUNDAY	5 P.M.	MAIN POST CHAPEL
U	INITIAL ENTRY TRAINING	DAY	TIME	PLACE
	CATHOLIC MASS	SUNDAY	8-9 A.M.	SOLOMON CENTER
Ū	PROTESTANT CONSOLIDATED SERVICE	SUNDAY	9:30-10:30 A.M.	SOLOMON CENTER
-5	CHURCH OF CHRIST	SUNDAY	10:30-11:30 A.M.	MAGRUDER CHAPEL
	HISPANIC PROTESTANT SERVICE	SUNDAY	8:30-10 A.M.	POST THEATER
S	ISLAMIC SERVICE	SUNDAY	8-9 A.M.	DANIEL CIRCLE CHAPEL
	JEWISH SERVICE	SUNDAY	10:15-11:30 A.M.	LIGHTNING CHAPEL
C	THE CHURCH OF JESUS CHRIST OF			
2	LATTER DAY SAINTS	SUNDAY	10:30 A.M NOON	ANDERSON CHAPEL

Objective

Continued from Page 10

son has maintained a close working relationship with AI2C to ensure data-centric objectives are met by utilizing records systems, communicating business intelligence and processes, and incorporating user feedback to ensure usability.

VIRTUS internalizes the Army Chief of Staff Gen. Randy George's objectives to strengthen the profession by "enforcing standards and ensuring accountability."

VIRTUS connects directly to systems of records and standardizes ATC metrics across all units and echelons, imposing uniformity. The application minimizes human interaction with the creation of semi-annual reports. This application, in turn, can save staff hours and protect the integrity of metrics presented, maintaining trust.

The 165th Infantry Brigade successfully used VIRTUS live for their recent semi-annual training brief, allowing commanders to experience how the application can show their units' metrics.

Lt. Col. Thomas Dirienzo, Lt. Col. Andrew Ziskin, and I lead the application's development in partnership with contractors and ATC's assistant

chief of staff, G6, Margaret Good.

I am an AI Technician at AI2C and recently completed the Artificial Intelligence Technician Program. Students in AITP complete a 32-week certificate program, suitable for those with little to no computer science or data analysis experience.

AI2C additionally offers the Artificial Intelligence Scholar Program where students complete a master's or doctoral degree program in data science, data engineering, and autonomous systems engineering with Carnegie Mellon University. Personnel in pay grades E-4 and higher can attend AITP. Promotable second lieutenants and higher can attend AISP.

Graduates of both programs complete a 24- to 36-month utilization tour, enhancing their education with hands-on experience to build and deploy data-driven AI products that solve Army problems and deliver valuable capabilities to Soldiers. Owens started her utilization tour in August 2023 and has worked on VIRTUS since then.

AI2C and CMU periodically host a Data-Driven Leadership Summit. The summit is a five-day course where Army leaders can learn about data maturity, AI, data engineering, and other topics that will empower them to enforce data-centricity.



Family and MWR 2023-24 Holiday Activities Hours of Operation

Army Community Service

Nov.23,24	Closed
Dec. 22,25	Closed
Dec. 29, Jan.	1Closed
Jan.2	. Normal Hours

Auto Craft Shop - Dec. 20 - Jan. 2 Block leave hrs 8 a.m. to 4 p.m.

Nov.23,24	Closed
Dec. 22,25	Closed
Dec. 29, Jan. 1	Closed
Jan. 4	lormal Hours

Century Lanes Bowling Ctr

Nov. 23,24	Closed
Dec. 19-21	Closed
Dec. 22	5-10 p.m.
Dec. 23	12-8 p.m.
Dec. 24-28	Closed
Dec. 29	5-10 p.m.
Dec. 30	12-8 p.m.
Dec. 31, Jan. 1.	12-6 p.m.
Jan. 5No	ormal Hours

Child Youth Services CDCs and SACs

Youth Center

Nov. 23-24	Closed
Dec. 20-29	.6 a.m. to 6 p.m.
Dec 25 Jan 1	Closed

Parent Central Services

Nov. 23-24	Closed
Dec. 25-29	Closed
Jan. 1	Closed

Lee Rd Extended Care Ctr

Nov. 22 c	loses at midnight
Nov. 23	Closed
Nov. 24	opens at 6 p.m.
Dec. 20 to	Jan. 2Closed

Fitness Classes

Nov. 23,24	Closed
Dec. 19	(last class
4 p.m. at	Vanguard)
Dec. 20 to Ja	an. 1Closed
Jan. 2	. Normal Hours

NCO Club

Nov. 23-27	Closed
Dec. 18 - Jan. 8.	Closed
Jan. 9-11 Lunc	h Open short
order only	

Down Range Bar

Nov. 23-27	Closed
Dec. 18 to Jai	n. 16Closed
Jan. 17	Normal Hours

Palmetto Greens, 512 Trolley

Open Family Days Only *Solomon Center, Palmetto Greens 512 Trolley will be open to accommodate any VBL activities.

Solomon Center

Nov. 23-24	Closed
Dec. 20 to Jan. 1	Closed
Jan. 2	Iormal Hours

Fort Jackson Golf Club

IAOA	.23	• • • • • • • •	••	• • •	• • •	
Dec	. 25	·	•••	•••	•••	Closed
		٠.				

Marion Street Station

Nov. 22	.10 a.m. to 2 p.m.
Nov. 23-24	Closed
Dec. 18-22	.11 a.m. to 4 p.m.
Dec. 23-25	Closed
Dec. 26-29	.11 a.m. to 4 p.m.
Dec. 31 to Jar	n. 1Closed
Jan 2	Normal Hours

Aachen Range

Nov. 24	Closed
Dec. 26	Closed
Jan. 2	Closed

Victory Bingo

Nov. 24	Ciosea
Nov. 25-27Nor	mal Hours
Dec. 24,25	Closed
Dec. 31 to Jan. 1	Closed

Victory Travel Center

Nov. 22-24	Closed
Dec. 18-22	9 a.m. to 2 p.m
Dec. 25,26,2	9Closed
Dec. 27-28	9 a.m. to 2 p.m
Jan. 1	Closed
Jan 2	Normal Hours

Perez Fitness Center

Nov. 23,24	Closed
Dec. 20-22	6 a.m. to 3 p.m.
Dec. 23,24	9 a.m. to 3 p.m.
Dec. 25	Closed
Dec.26-29	6 a.m. to 3 p.m.
Dec. 30-31	.9 a.m. to 3 p.m.
Jan. 1	Closed
Jan. 2	Normal Hours

Vanguard Gym

Nov. 23,24	Closed
Dec. 20 - Jan	. 1Closed
Jan. 2	Normal Hour

Coleman Gym-Open 24 hrs

Nov. 23,24	Unstaffed
Dec. 18 - Jan. 1.	Unstaffed
Jan. 2N	lormal Hour

Thomas Lee Hall Library

Nov. 23-26	Closed
Dec. 23-25	Closed
Dec. 30 - Jan.	IClosed
Jan. 2	.Normal Hours

Knight Pool

Nov. 23-26	Closed
Dec. 20 - Jan. 1	Closed
Jan. 2	.Normal Hours

Weston Lake

Nov. 23-26	Closed
Dec. 30	10 a.m. to 3 p.m.
Dec. 31 - Ja	an.1Closed
Jan. 2	Normal Hours

Recycle Center

Nov. 23,24	Closed
Dec. 25	Closed
Jan. 1	Closed
Jan.2	Normal Hours

Videorama

Nov. 24, 25	Closed
Dec. 19 - Jan.2	Closed

(Current as of Nov. 9, 2023)

VICTORY... STARTS HERE



An attendee looks at a table of information during a tour of the Main Post Chapel during the Resiliency Stand-To, Nov. 17.

Photo by NATHAN CLINEBELLE