

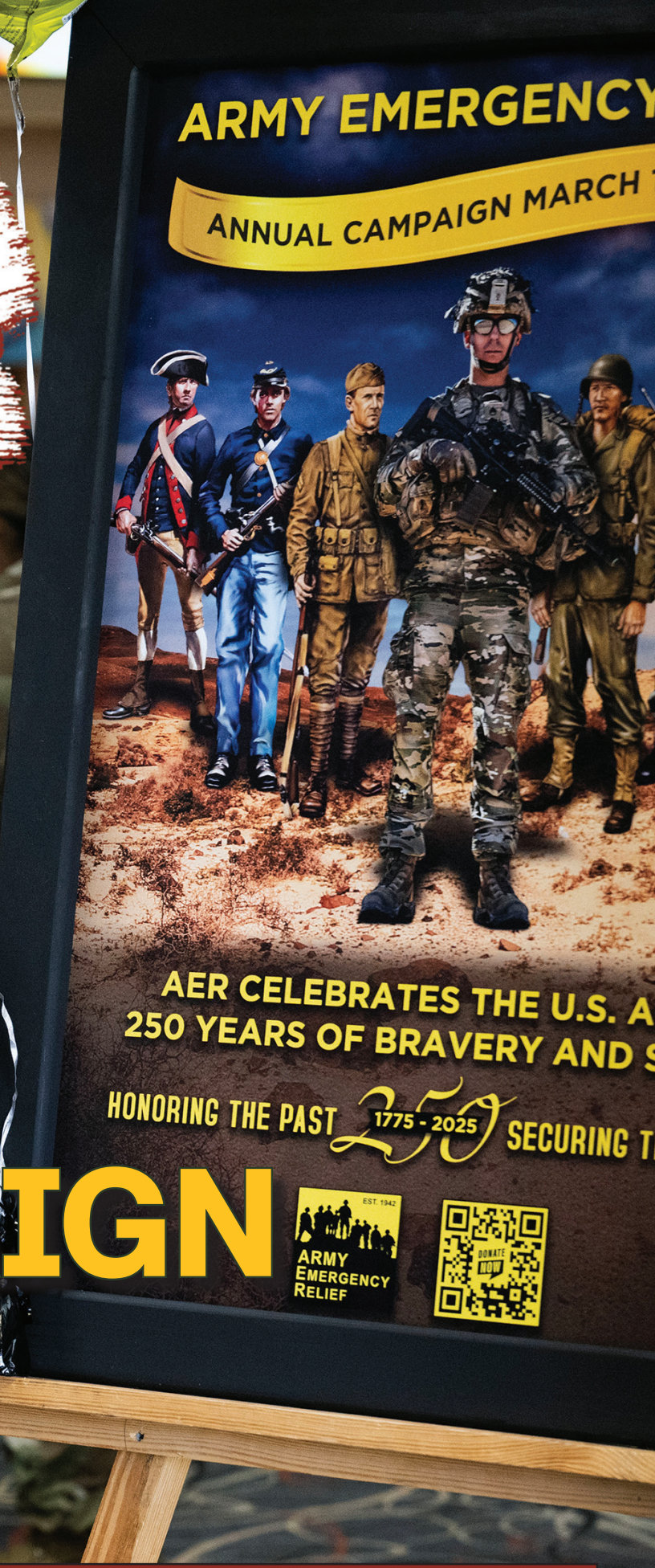
THURSDAY MARCH 6, 2025
THE FORT JACKSON
LEADER
"VICTORY IS HERE."

WANDA L. REDD
AER SPECIALIST
FORT JACKSON, SC

ARMY COMMUNITY SERVICE
ACS
COMMITMENT TO SUPPORT & CARE

I
Donated

**AER CAMPAIGN
KICKS OFF**



26th Secretary of the Army: My share of the task

By **DANIEL DRISCOLL**
Secretary of the Army

Last week, I was sworn in as your 26th Secretary of the United States Army.



DANIEL DRISCOLL
Secretary of the Army

as a cavalry scout in Iraq.

From the frostbitten morning PT at Fort Drum to the grueling mountain patrols in Dahlonga to the unforgiving heat of Baghdad, I have stood shoulder to shoulder with the finest men and women America has to offer. I will never forget the lessons we learned together. And as we move forward, I make this promise to you: The American Soldier will always be my mission and I will be the Soldier's Secretary of the Army.

Recent years have brought challenges and hardships, testing you in new and difficult ways. You have endured unacceptable housing conditions, a broken procurement system plagued by flawed industrial partnerships, and readiness strains that threaten our ability to counter emerging threats.

My commitment to this role is rooted in my family's lineage of Army service. My grandfather served during World War II as a decoder. My father served during Vietnam as an infantryman. And I fought

Yet, through it all, you have carried the weight of service with resilience and determination. You have held the line.

We will not dwell on the past. Instead, we will move toward the sound of the guns. Make no mistake — our nation faces global threats that demand us to take a more aggressive footing and re-establish deterrence.

First, we must revitalize the nation's pride in her Army. The Army is the heart of America's strength, values, and resilience. As we celebrate our 250th birthday this year, we will renew the connection between the Army and the people we serve. This will drive recruiting momentum, fortify public trust, and ensure that we never fail in our commitment to care for our Soldiers and their Families.

Second, we must reinvigorate our industrial base and revolutionize our procurement processes. We are not ready for large-scale conflict with a peer adversary. But we must be. Together, we will forge stronger partnerships with the defense industry to ensure you have the firepower to dominate our enemies. No contract, company, or bureaucratic obstacle will stand in the way of



Photo by **EMILY HIGGINS**

Vice President J.D. Vance delivers the oath of office to Daniel Driscoll as the Secretary of the Army during a swearing-in ceremony, Feb. 25.

this goal. The status quo is unacceptable. When our nation calls, we will not send you into a fair fight — we will ensure you have overwhelming superiority.

Finally, we will train as we fight. You are a part of the most lethal land-based fighting force in the history of the world. But administrative burdens and unnecessary distractions have taken you away from what matters most. We will refocus, eliminating distractions and training you to fight and win in the most contested environments.

Your country demands no less.

At this moment in world history, our nation requires her Army to move further, faster, and fight harder than any other force on Earth. We will not let our nation down.

As your Secretary, I will honor the Army's 250-year legacy of service and strength while preparing us for the future. I will stay focused on my mission and shoulder my share of the task, and I know that you will do the same.

It is good to be back home.

ON THE COVER

Wanda Redd, Army Emergency Relief Coordinator, holds up a sign during the 2025 AER Kickoff Celebration held at Century Lanes Bowling Center, Feb. 27.



Photo by **ROBERT TIMMONS**

See Page 6-7

THE FORT JACKSON LEADER

Fort Jackson, South Carolina 29207

This electronic newspaper, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is distributed online. To submit articles, story ideas or announcements, write the Fort Jackson Leader, 3330 Century Division Ave., Fort Jackson, S.C. 29207, or call (803) 751-3615 or e-mail usarmy.jackson.93-sig-bde.mbx.atzj-pao@army.mil

Commanding General Maj. Gen. Daryl O. Hood
Garrison Commander Col. Timothy Hickman
Command Information Officer Robert Timmons
Media Relations Officer Nathan Clinebelle
Social Media Manager Veran Hill

Website: home.army.mil/jackson/FortJacksonNews

Facebook: www.facebook.com/fortjackson

www.facebook.com/USArmyGarrisonFortJackson

X: www.twitter.com/fortjackson

Instagram: www.instagram.com/fortjackson

Author reads to students

Photos by Robert Timmons

C.C. Pinckney Elementary School students had a special guest March 4, as author Frank Clark read to them some of his works. Clark's visit was a part of the school's Read Across America program.

The school was awarded a \$750 grant from the National Education Association.

"So with that money we have invited a guest author, Dr. Frank Clark, to come and read to our students," said Kerrie Ammons, school speech pathologist.

Clark is also a psychologist who helps children and adults through poetry.



(Top) Frank Clark, a psychologist and author, reads to C.C. Pinckney Elementary School students, March 5 as part of the school's Read Across America activities.

(Above) Students listen intently as Clark reads his book.

(Right) Students raise their hands after Clark asked them a question.



Community Updates

ANNOUNCEMENTS

Birthday Ball Tickets on Sale

Tickets for the 250th Army Birthday Ball are on sale now. Join us in celebrating the 250th Birthday of the U.S. Army at the Army Birthday Ball. The ball takes place at 5 p.m. June 14 at the 1917 Club, 5700 Liberty Division Road. Lt. Gen. Milford "Beags" Beagle, commander, U.S. Army Combined Arms Center, will be the guest speaker. Scan the QR code for more information and to purchase tickets.



Tenant Satisfaction Survey

Your opinion matters. The Army wants to hear from you. Your feedback can make a big difference in the quality of life for Soldiers. The Army is investing significantly in barracks and unaccompanied housing improvements and survey feedback will be used to guide the Army's efforts to provide quality, safe and secure housing. The completely confidential survey will be emailed from ArmyHousingSurvey@celassociates.com. OMB Control Number: 0704-0553. OMB Expiration date: 05/31/2025

Community Strength & Themes Assessment

Fort Jackson needs your assistance. Take the Community Strengths & Themes Assessment to share with leaders your thoughts and views on improving our community's quality of life, health, and readiness, and available programs and resources. To access the survey



visit:

<https://phpubapps.health.mil/Survey/se/25113745498E6FB5>, or scan the QR code.

Safety Classes

The Installation Safety Office presents various safety training classes. To register for the Army Traffic Safety Training or Local Hazards training classes, go to the website <https://imc.army.mil/airs/default.aspx>. To register for the Unit Safety Officer training, contact your Safety Specialist.

■ **Basic Riders Course:** March 25-27 (six seats open); April 8-10 (six seats open); April 29-May 1 (six seats open)

■ **Advanced Riders Course:** April 22 (six seats open) and April 23 (six seats open)

■ **Local Hazards Course:** Monday; and March 17, 24, 31; and April 7, 14, 21, 28

■ **Intermediate Drivers Course:** March 20 (no seats open)*; and April 17 (12 seats open)

■ **Remedial Drivers Course:** May 13 (12 seats open)

■ **Unit Safety Officer Course:** April 1-2 (23 seats open)

* Those wishing to attend this date should still try to attend as there may be last minute cancellations.

Pharmacy updates

Beginning on May 1, the Moncrief Main Pharmacy and the PX Refill Distribution Center will change schedules. The new hours will be Monday – Friday 8 a.m. to 5 p.m., closed on the weekends and federal holidays, and closed after 1 p.m. on the third Thursday of each month.

COMMUNITY EVENTS

TODAY

EFMP presentation

10-11 a.m., MS Teams. Join the Fort Jackson Exceptional Family Member Program for a presentation to Provide information on what resources, and services available to family of children and adults with special needs and/or disabilities in the surrounding community. For more information, call (803) 751-5256 (Option 3).

Investing in the Digital Age Webinar

9-10:30 a.m., MS Teams. Army Community Service, in partnership with the U.S. Security and Exchange Commission will provide valuable information on the basics of saving and investing, including steps to start to grow wealth and diversification. Webinar, via Microsoft Teams, will also cover the red flags of fraud and cryptocurrency investment and risks. Registration is required. For more information or to register, call (803) 751-5256 (option 3).

SATURDAY

Offshore Fishing Trip

5 a.m., Marion Street Station. Join Outdoor Recreation on a trip to Hilton Head, S.C., for a deep sea fishing trip. The trip will go 3-5 miles offshore for black sea bass, macrakerel, black drum, red fish, bluefish and maybe even a shark. Outdoor Recreation will provide the transportation and coolers for you to transport your catch back home. Cost covers transportation, license, bait, tackle and trip. Pre-registration is required. For more information, call (803) 751-3484.

FJ Memorial Bataan Death March

Fort Jackson Movie Schedule

3319 Jackson Blvd.

Phone: 751-7488

SATURDAY, MARCH 8

■ No Showing

WEDNESDAY, MARCH 12

■ Flight Risk (R) 2 p.m.

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule are subject to change without notice.

6 a.m., Hilton Field Sports Complex. Honor the heroic service members who defended the Philippine Islands during World War II. Participants can select from a full route 26.2 miles or honorary route 14.2 miles. A 35-pound rucksack is optional both male and female. The first 25 to register online get a free t-shirt. For more information, call (803) 751-3700.

MARCH 14

Community Information Exchange

11:30 a.m. to 1 p.m., 1917 Club. Join Col. Timothy Hickman, garrison commander, and representatives from on-post directorates and Partners in Excellence as they

See **EVENTS:** Page 10

THE FORT JACKSON LEADER

SEND ALL
SUBMISSIONS TO

usarmy.jackson.93-sig-bde.mbx.atzj-pao@army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following

Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. All submissions will be edited and published using Associated Press Style.

Questions? Call (803) 751-3615.



Photos by NAVY PETTY OFFICER 1ST CLASS ALEXANDER KUBITZA
Defense Secretary Pete Hegseth signs a memorandum to rename Fort Moore, Ga. to Fort Benning at the Pentagon, Washington, D.C., March 3.

Back to Benning: Hegseth orders post name change

By MATTHEW OLAY
 DOD News

Defense Secretary Pete Hegseth signed a memorandum today directing Fort Moore, Georgia, to be renamed Fort Benning.

The installation will now be renamed in honor of Army Cpl. Fred G. Benning, who “served with extraordinary heroism during World War I with the United States Army, and in recognition of the installation’s storied history of service to the United States of America,” the memo reads.

Originally established and named Camp Benning in October 1918 after Civil War-era Confederate Gen. Henry L. Benning, the installation kept Benning’s name until being renamed Fort Moore — after Army Lt. Gen Hal Moore and his wife, Julia Compton Moore — in May 2023.

A native of Norfolk, Nebraska, Cpl. Benning enlisted

in the Army in April 1917 at the age of 17. After completing basic training, Benning deployed to Europe and “served with distinction with the 16th Infantry Regiment,” according to the memo.

The Army awarded the Distinguished Service Cross to Benning for “extraordinary heroism in action” during events that took place Oct. 9, 1918, south of Exermont, France. (Benning received his award via U.S. mail, as he declined to have it presented to him with military honors. Officers at Benning’s local recruiting office stated that such modesty was emblematic of the spirit of Soldiers who have merited such awards, according to a local newspaper clipping from the time).

“After the enemy killed his platoon commander and disabled two senior non-commissioned officers, Cpl. Benning took command of the surviving 20 men of his company

and courageously led them through heavy fire to their assigned objective in support of the Meuse-Argonne Offensive,” the memo reads, adding that Benning “continued his selfless service” after returning home from the war Sept. 3, 1919, and ultimately going on to serve as the mayor of Neligh, Nebraska.

Benning died in May 1974. “Cpl. Benning was the living embodiment of the Infantryman’s Creed, as he never failed his country’s trust and fought to the objective to triumph for his unit and his country,” the memo reads, adding that the directive to rename the installation after Benning both “recognizes the heroes who have trained for decades at the installation” and “honors the warfighter ethos.”

The Columbus, Georgia, Army installation supports more than 120,000 active-duty

Army seeks tenant satisfaction

Army Public Affairs

The U.S. Army has announced the start of its annual Tenant Satisfaction Survey to gather crucial feedback from Soldiers and their families about their housing experiences. This survey is part of the Army’s ongoing commitment to ensure Soldiers and families are heard and improve living conditions in Army housing. Safe, quality and affordable housing ensures that our warfighters are able to maintain their focus on ensuring Army readiness.

The 2025 survey launches March 3, 2025, and will reach more than 200,000 tenants residing in Army privatized, government-owned, and government-leased family and permanent party unaccompanied housing.

Administered by CEL & Associates Inc., a neutral third-party firm, the survey seeks to gain insights that will inform future improvements to housing quality, resident services, and community amenities.

Lt. Gen. David Wilson, Deputy Chief of Staff for G-9, emphasized the survey’s importance, stating, “As we learned from last year’s survey, investing in housing im-

provements that provide safe, secure, quality housing is important for our Soldiers and their families. This survey is an important tool for the Army to understand their needs to provide the best housing possible and enable our focus on warfighting.”

The survey, which is confidential and voluntary, will be available online for 60 days, and residents are encouraged to take the survey as soon as they receive the link. The Army intends to use the survey results to identify ways to enhance communication with residents, address deficiencies, and prioritize areas most important to the community’s well-being.

Lt. Gen. Wilson continued, “This survey, and our continued housing improvement efforts, highlight our continued commitment to the health and welfare of our Soldiers and their families, which we know directly impacts Army readiness.”

Tenants who do not receive the survey email should contact their local garrison housing offices.

The Army will make the survey results publicly available to uphold its commitment to transparency and responsiveness to Army Families.

See **BENNING:** Page 9



Jackson bowls strikes for Army Emergency Relief

Story, photos by
ROBERT TIMMONS
Fort Jackson Public Affairs

Fort Jackson got a head start on the 2025 Army Emergency Relief campaign when it kick started its annual fundraiser with a bowling tournament at Century Lanes, Feb. 27.

The AER campaign officially began March 1.

Participants heard from AER and post leadership about the campaign’s importance before any ball was rolled down a lane.

Retired Sgt. Maj. of the Army Tony Grinston, and AER president, said AER receives no federal funding and helps more than 30,000 Soldier annually through donations.

“The purpose of the campaign is to bring awareness to the AER program and to give Soldiers an opportunity to donate,” said Capt. Cedric Poku-Dankwah. “For 83 years AER provided continued support to active duty and retired Soldiers and their Families.”

AER is a private, nonprofit organization that was created in 1942 to help Soldiers, retirees and their Family members who experience financial emergencies. AER provides funds to help with immediate financial needs such as rent/mortgage, POV payments, utilities, emergency travel, minor home repairs, etc.

According to Fort Jackson’s Army Community Services office, the post in 2024 provided more than \$1 million to

550 applicants during their time of need.

AER has given more than \$21 million in grants, over \$45 millions in zero interest loans, said AER’s chief operating officer during the event.

Retired Col. Brandon Robbins spoke at the event said events like these “bring things together.”

When talking about AER it is good to “communicate in every direction,” Robbins said. “Talk to everybody ... Just let them know what it is. Here is AER and how they help.”

The goal is having 25% of active-duty participation donate.

Fort Jackson will help AER meet its goal, said Post Command Sgt. Maj. Erick Ochs during the event.

“Two years ago, they said we couldn’t solve the recruiting crisis and now they’re saying we can’t send you enough (trainees) because you just keep training them,” Ochs said. “So, every challenge that comes to Fort Jackson, we exceed the standard and now we have another challenge.”

AER is the Army’s own emergency financial assistance organization, and it’s dedicated to “Helping the Army

Take Care of its Own.”

AER has always served the Army in times of need as even the best Soldiers and Retirees need help. Financial emergencies seem to occur at the worst times but AER’s ability to provided interest-free loans and grants can greatly reduce the stress of unforeseen problems.

For more information, call (803) 751-5256, option 3.



A bowling trophy waits for the winner of the 2025 AER kick off bowliing tournament winner to be announced.

(Top left) A bowler aims to pick up a spare during the Army Emergency Relief campaign kick off event, Feb. 27.

(Top right) Tahira Herring, a Family Advocacy Program specialist with Army Community Service, looks for the right ball.

(Left) Bowlers practice their skills during the event.

(Middle left) Retired Col. Brandon Robbins, AER chief operating officer, speaks about the program.

(Far left) Bowling shoes wait for the right bowler to come along.

Did you know the Army invented these gadgets?

By JONATHAN ALLEN
Army News Service

(Editor's note: This article is part of a recurring column honoring Army during the service's 250th birthday)

You might be surprised by the number of things you use or rely on in work and play can be traced back to Army ingenuity or investment.

Check out this list to discover some of the many things created for or by the Army.

Food preservation - The Army is renowned for food preparation research. The U.S. Army Natick Soldier Systems Center in Massachusetts specializes in, among other things, sustaining the military's food.

Anastacia Marx de Salcedo, author of "Combat-Ready Kitchen: How the U.S. Military Shapes the Way We Eat," says much of the processed food we eat today originated through experiments in an Army laboratory.

The Army's Quartermaster Corps funded research at the USDA early in World War II to resolve a problem that had stymied Army food scientists - they couldn't dehydrate cheese to feed Soldiers.

USDA scientist George Sanders came up with the solution, and after the war his method of powdered cheese was used to flavor Cheetos.

The Army also expanded research into high-pressure processing, which de Salcedo says is the application of high pressure to eliminate bacteria in food. Once the food industry adopted the Army's techniques, it began using them on foods that are produced for public consumption.

One popular product that relies on the pressure process is ready-to-eat guacamole.

In a 2015 interview with National Public Radio, de Salcedo said she realized "that everything in my kids' lunchboxes had military origins or influence - the bread, the sandwich meat, juice pouches, cheesy crackers, Goldfish Crackers and energy bars," she said. "In a large sense, I estimate that 50 percent of items in today's markets were influenced by the military."



Pringles - The USDA and the Army Quartermaster Corps worked to develop dehydrated potato flakes, which led directly to the production of Pringles potato crisps.

Super Glue - Cyanoacrylate adhesives were initially discovered during World War II by a scientist at Eastman Kodak Company.

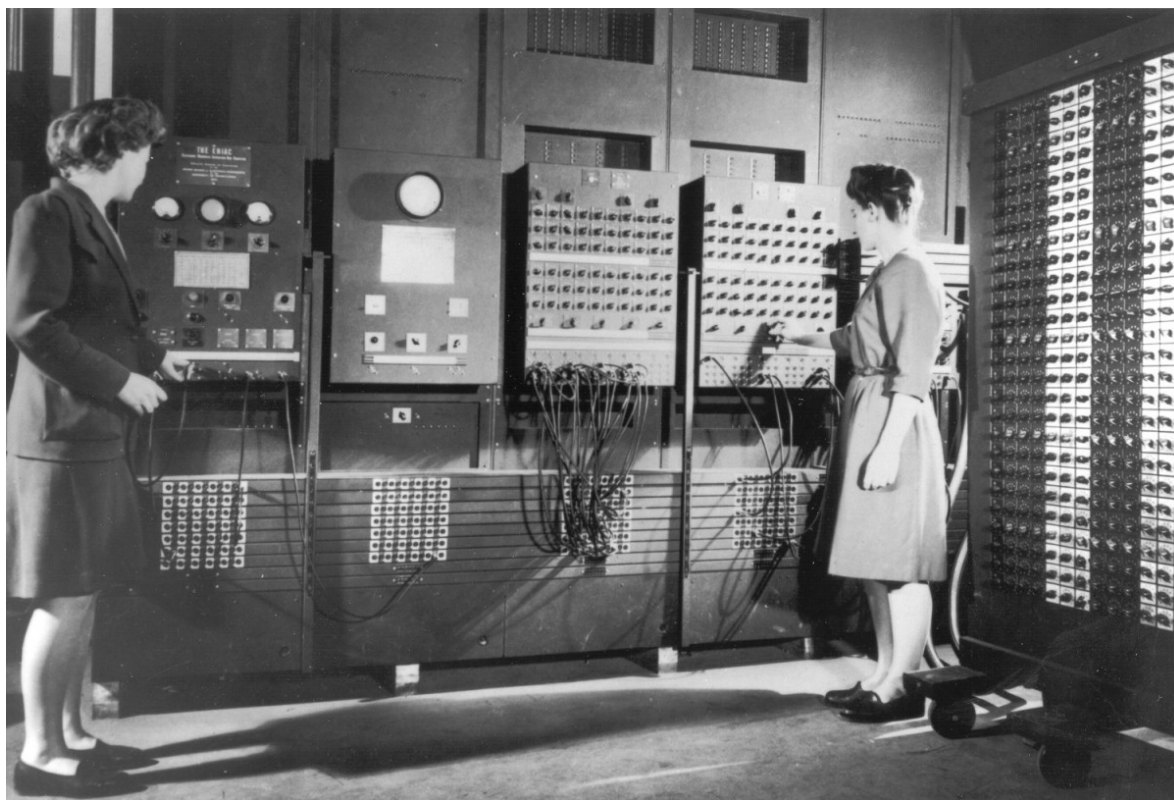
Dr. Harry Coover initially created the new compound in 1942, while striving to create a clear plastic gun sight for Soldiers.

Believing the substance was too sticky, Coover shelved the idea for a decade, but later revisited it while researching material to make jet canopies. This time he realized he had created a super glue, and he filed for a patent.

During the Vietnam War, medical teams caring for severely injured Soldiers realized the material, marketed as Super Glue, was helpful for sealing bloody wounds and to stop bleeding until the patient could be transported to a medical unit for more advanced treatment. Cooper said he took great pride in the fact that his glue saved the lives of many Soldiers injured in combat.

The computer - The Army funded research by John Mauchly and J. Presper Eckert at the University of Pennsylvania into the Electronic Numerical Integrator and Computer. This was the first electronic computer used for general purposes. The Army wanted to calculate artillery firing tables for its Ballistic Research Laboratory. Construction began in 1943. Six women, recruited in 1942 for their math skills, programmed ENIAC.

Electric Razors - A retired Army colonel invented the first electric razor that



U.S. Army photo

Programmers Betty Jean Jennings, left, and Fran Bilas, right, operate ENIAC's main control panel at the Moore School of Electrical Engineering, circa 1945.

could be easily manufactured. Jacob Schick patented his invention in 1928.

Duct Tape - In 1943, an Illinois woman with two sons in the military during World War II first visualized how to make a waterproof cloth tape to seal boxes of ammunition.

Vesta Stoudt worked at the Green River Ordinance Plant near Amboy, Illinois. According to Margaret Gurowitz, the chief historian with Johnson & Johnson, workers at the plant saw that the paper tape used to seal boxes of rifle ammo was inferior and hampered how Soldiers in combat opened the boxes, often while under fire.

Stoudt told others how the tape could be improved but didn't get help from her supervisors. So, she wrote a letter to President Franklin D. Roosevelt, explaining the problem and detailing her idea to solve it with a better tape. According to Johnson & Johnson company history, the president passed her letter on to the War Production Board.

The board approved of the change and asked a Johnson & Johnson operating com-

pany to make the product based on its experience in making tape.

The Jeep - The brainstorm for a quarter-ton, four-wheel drive truck designed as a cross-country tactical vehicle originated just before World War II for the infantry. The military considered numerous prototypes from America's automakers, and during the war, Willys-Overland and Ford Motor Company produced 643,000 Jeeps for Allied forces.

Two-way portable radio - The Army asked Galvin Manufacturing Corporation, (now Motorola) to make a radio that would allow World War II Soldiers on the move to communicate with each other.

The EpiPen - The roots of a self-directed auto injector go back to 1973, when the Army asked a researcher to create an easy-to-use device to treat chemical warfare exposure for troops in the field. Soon after, experts in the medical industry realized that the auto injector device filled with epinephrine could be carried by civilians who suffer severe allergic reactions.

DOD Numbers for Traumatic Brain Injury Worldwide

2000-2024 Q2

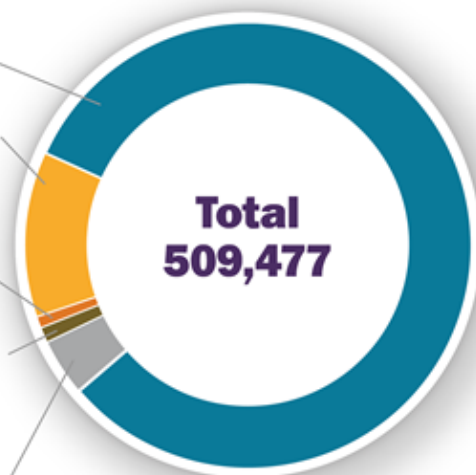
Mild: 81.9%

Moderate: 11.9%

Severe: 1.0%

Penetrating: 1.1%

Not Classifiable: 4.1%



Penetrating: 5,855

Severe: 4,950

Moderate: 60,626

Mild: 417,341

Not Classifiable: 20,705

Source: Defense Medical Surveillance System, Theater Medical Data Store provided by the Armed Forces Health Surveillance Division. Prepared by the Traumatic Brain Injury Center of Excellence. *Percent may not add to 100% due to rounding. 2000-2024 Q2, as of August 9, 2024



Benning

Continued from Page 5

military, reserve component soldiers, family members, civilian employees and retirees.

The installation is home to the U.S. Army Maneuver Center of Excellence, the U.S. Army Armor School, the U.S. Army Infantry School, the 1st Security Force Assistance Brigade, elements of the 75th Ranger Regiment and multiple other tenant units. vilian employees and retirees.

This is the second military installation that Hegseth has directed to be restored to its previous surname, albeit honoring separate individuals.

On Feb. 11, 2025, Hegseth directed Fort Liberty, North Carolina, to restore its name to Fort Bragg in honor of World War II Army Pfc. Roland L. Bragg, an airborne infantryman.

The unseen battle: Understanding traumatic brain injury

By **CAPT. ANTIONETTE DINGLE**
Army Public Health Nurse

As we continue to honor the courage and sacrifices of our military personnel, it's crucial to acknowledge the invisible wounds many Soldiers carry. Traumatic Brain Injury is a condition with life-altering consequences. The Department of Defense considers protecting, treating, and optimizing brain health a top priority.

It occurs when a sudden trauma disrupts brain function, commonly caused by:

- Explosive blasts
- Falls
- Motor vehicle accidents
- Sports-related injuries
- Physical assaults

TBI symptoms can be subtle, including cognitive impairments, emotional changes, sleep disturbances, headaches, and speech difficulties. It is often referred to as the "signature wound" of modern warfare, but its impact extends beyond the battlefield. Civilians, especially athletes, children, and the elderly, are also at risk.

Did you that that in the military approximately 20% of veterans from recent conflicts have experienced mild TBI.

It is a leading cause of disability and in-

creases the risk of mental health issues like PTSD and depression. TBI, considered one of the signature wounds of war in the 21st century, presents complex and challenging problems for many of our service members. Health.mil highlights the following statistical data among our military members.

More than 509,000 DOD TBI numbers have been reported since 2000 by service members according to reports from the Traumatic Brain Injury Center of Excellence. 81.9% are categorized as TBI, also known as concussion. Only 16.9% of TBIs occur in the deployed setting. TBICOE produces two podcast series focused on various TBI-related topics.

Service members can sustain TBI during day-to-day activities, while playing sports or participating in recreational events, military training and during military deployment. Most traumatic brain injuries in U.S. armed forces members are classified as mild TBI, or concussion.

For civilians, falls are the primary cause, especially among the elderly and young children. Sports-related concussions are a growing concern in youth athletics. A

ccording to the Centers for Disease Control and Prevention, roughly 214,110 TBI-related hospitalizations in 2020 and 69,473 TBI-related deaths in were reported in 2021. This

represents more than 586 TBI-related hospitalization and 190 TBI-related deaths per day.

With proper diagnosis and treatment, individuals can manage symptoms and regain quality of life. Organizations like the Wounded Warrior Project and Brain Injury Association of America provide crucial support.

TBI's widespread impact can be addressed by the following actions:

- Enhancing public awareness and education
- Advocating for increased research funding
- Supporting organizations assisting TBI survivors
- Recognizing the resilience of those living with TBI

By deepening our understanding of TBI and addressing its challenges head-on, we can better support those affected by this invisible yet profound injury. The battle against TBI requires collective effort, compassion, and a commitment to improving the lives of all those impacted by this condition.

Even a mild traumatic brain injury can impact mission readiness and the ability to deploy. #BeABrainWarrior by understanding the signs and symptoms of TBI and knowing when to seek care. TBI is treatable and recovery is possible

SALUTING THE CIVILIAN OF THE QUARTER

The Army Training Center
and Fort Jackson civilian
of the first quarter of Fiscal
Year 2025 is:



RONICA MOSES

Army Training Center, G-4

Events

Continued from Page 4

update the community about on-post happenings.

MARCH 19

Housing Town Hall
6 p.m., Victory Hall, 3630 Inchon Road. On-post housing residents the Installation Housing Office wants to hear from you.

MARCH 22-23

Spring Family Campout
4 p.m. March 22 to 10 a.m. March 23, Twin Lakes Park. This family-friendly overnight primitive camping event will include these fun activities: games, fishing, s'mores, connect four, arts & crafts and more. Rental items available: tents, cots, sleeping bags and more. Event costs \$20 per adult and \$15 per child. For information and to sign up, call Marion Street Station at (803) 751-3484.

MARCH 22

Olympic Weightlifting Meet
Vanguard Gym. For more information ,call (803) 751-4256

MARCH 27

Arm Wrestling Competition
5:30 - 7 p.m., Vanguard Gym. Come out and try your hand, or arm, in the Sports and Fitness Arm Wrestling Competition. For more information, call (803) 751-4256.

APRIL 5

Youth Golf Fun
9 a.m. to noon, Fort Jackson Golf Club. Youth golfers will go through three stations available (Putting, Chipping & Driving range). Please bring clubs (not required to participate). Pre-registration March 31. For more information and to register call (803) 751-4344.

APRIL 12

Earth Day 5K
8 a.m., Hilton Field Sports Complex. Come join this 5K fun run. Register by

March 28. Register at any gym, or call (803) 751-3700.

APRIL 13

Passover Seder
6 p.m., Main Post Chapel. The Passover Seder will be held April 13 and is open to all. RSVPs are required. To RSVP email dovid.egert.mil@army.mil.

APRIL 18

Youth Archery Class
10 a.m. to noon. This class shows youths ages 8-17 the proper form and technique to safely shoot. Register at marion Street Station, or call (803) 751-3484.

APRIL 19

Easter Egg Hunt
10 a.m. to noon, Twin Lakes Park. Join Fort Jackson for an exciting Easter weekend with an egg hunt for kidswith more than 2,000 eggs,. There will be inflatables at the event. Can you find the golden ticket? Participants must bring their own basket or bag. For more information, call

(803) 751-3484.

APRIL 25

CYS Family Fun Fair
4:30-6:30 p.m., Patriots Park. Come and join the fun for the whole family. There will be food trucks, games, rides and more. For more information, call (803) 751-4824.

APRIL 26

Drug Take Back Day
10 a.m. to 2 p.m., The Exchange. Fort Jackson's Directorate of Emergency Services is holding a drug take back dayto continue to enhancing the safety of our neighborhoods by building, strengthening, and reinforcing positive relationships with the community and first responders.

Youth Fishing Derby

8 a.m. to 1 p.m., Heise Pond. Join Outdoor Recreation for the annual youth fishing derby. The event is for youths 5-16 years old. Enjoy some food, fish and fun at the event. There is a five pound fish limit. For more information, call (803) 751-3484.

DID YOU KNOW: Cadre are required to receive annual/recertification Heat Injury Prevention training by April 1 from certified unit HIP trainers. Unit Safety Officers are required to maintain documentation for one year.

WORSHIP SCHEDULE

FAITH GROUP

CATHOLIC MASS
CATHOLIC MASS
GOSPEL SERVICE
GENERAL PROTESTANT
REVIVE SERVICE
JEWISH SHABBOS SERVICE

DAY

SUNDAY
MON-FRI
SUNDAY
SUNDAY
SUNDAY
FRIDAY

TIME

9:30-10:30 A.M.
NOON
10:30 A.M.
11 A.M. TO NOON
5 P.M.
6-7 P.M.

PLACE

MAIN POST CHAPEL
MAIN POST CHAPEL
KINGS MOUNTAIN CHAPEL
MAIN POST CHAPEL
MAIN POST CHAPEL
LIGHTNING CHAPEL

INITIAL ENTRY TRAINING

CATHOLIC MASS
PROTESTANT CONSOLIDATED SERVICE
CHURCH OF CHRIST
HISPANIC PROTESTANT SERVICE
ANGLICAN
ISLAMIC SERVICE
JEWISH SERVICE

DAY

SUNDAY
SUNDAY
SUNDAY
SUNDAY
SUNDAY
SUNDAY
SUNDAY

TIME

8-9 A.M.
9:30-10:30 A.M.
10:30-11:30 A.M.
8:30-10 A.M.
8-9 A.M.
8-9 A.M.
10:15-11:30 A.M.

PLACE

SOLOMON CENTER
SOLOMON CENTER
CENTURY DIVISION CHAPEL
POST THEATER
SOLOMON CENTER
KINGS MOUNTAIN CHAPEL
120TH AG BN (for trainees in 120th only)

THE CHURCH OF JESUS CHRIST OF
LATTER DAY SAINTS
HEATHEN/PAGAN

SUNDAY
SUNDAY

10:30 A.M. to NOON
8:30-9:30 A.M.

WASHINGTON ROAD CHAPEL
CENTURY DIVISION CHAPEL

Warmer weather brings new driving hazards

Installation Safety Office

Most people are aware of the hazards of winter driving for snow, rain and ice which are common cold-weather threats to driver safety. However, summer brings its' own set of dangers that for the most part is not given the same degree of consideration.

According to the National Highway Traffic Safety Administration, South Carolina has some of the most dangerous roadways in the United States.

In 2022 state highway patrol reported 971 fatalities; knowing how to prepare for summer traveling is very important. Summer vacationers are just one cause which increases traffic risk for travelers.

Road construction and sun glare also pose hazards for vehicle drivers and motorcycle operators. Traffic volume and unfamiliar use of vehicle navigation systems are another hazard travelers encounter. Unpredictable weather hazards also increase risk for those traveling.

Summer and fall can be the most tumultuous times of the year for drivers, with July and August being the most hazardous time for summer road travel.

Here are some thoughts to help you ensure you have a safe summer trip whether you're driving an automobile or riding a motorcycle.

No. 1: Pay Extra Attention to Vehicle and Bike Maintenance

Extreme heat takes a toll on vehicles. It can lead to tire blowouts and can affect your vehicle's braking ability. It can cause your engine to overheat more easily if your cooling system is not maintained. It also places increased stress on just about every mechanical function your vehicle performs most notably the added strain on the engine while the air conditioner is running. Be aware of the engine temperature while stopped in traffic with the air-conditioning running this can cause to excessive overheating.

No. 2: Watch Out for Distracted Drivers

Whether it's families on vacation or students heading toward the beach, summer roads are filled with drivers / operators who are more distracted than usual. Distracted driving is a not a new threat. While drivers still can be observed texting on their phones, applying their make-up, eating their lunch are already a threat on the roads, summer can bring more distractions than usual as there are new sights to see along the roadway. Watch out for drivers and motorcyclist who aren't watching out for you. If you see a distracted driver, try to avoid being near them



Photo courtesy of the U.S. ARMY COMBAT READINESS CENTER

Fort Jackson safety officials are warning the community that warmer weather brings a new set of safety concerns for drivers. The officials offer eight steps to ensure a safe drive.

on the road.

No. 3: Pay Attention to Weather Forecasts

Depending on what part of the country you're in, your summer weather patterns could include thunderstorms, downpours that result in flash flooding, tornadoes and more. These often can happen with little to no warning, so make sure you know the forecast for the area you're driving each day and check in periodically just to make sure nothing has changed. If you are caught in a down pour or a serious electrical storm, pull over under an overpass until the storm is over.

No. 4: Keep an Eye on the Calendar, Too

Some days are more dangerous than others; weekends and certain holidays are associated with an increase in drinking and driving. On the weekends, the highest number of fatal crashes happen between 3 and 7 p.m., so be aware of increased risk when you're behind the wheel — and take extra safety precautions as needed.

No. 5: Take Care of Those Eyes

Driving can be hard on the eyes, period. But during summer months, when the sun is out in full force, there is also an increased amount of sun glare coming off the road and other vehicles. This can be particularly dangerous during the early morning and late evening, so consider investing in a good pair of polarized sunglasses. They'll help protect your eyes from fatigue and damage and cut

down on glare, making it easier to see clearly.

No. 6: Increase Following Distance

Whether you're driving an electrical vehicle or Honda Civic, or Big Ford F150, or pulling a camper, increasing your following distance can help offset the dangers brought by heavier traffic, construction zones and vacationing drivers who are traveling in unfamiliar areas.

No. 7: Respect the Effects of Heat

It is easy to dismiss just how much the sun can affect us, but it's important to pay attention to how it affects both vehicle drivers and motorcyclist. Heat stress can make drivers feel drowsy, and an overheated vehicle can leave them stranded. Don't push yourself or your vehicle past the limit — that only makes it unsafe for everyone on the road. You can combat fatigue by taking frequent breaks, continually checking your vehicle and paying attention to possible vehicle warning signs which can prevent breakdowns and malfunctions. Do not forget to have a food and water travel kit in case you have a breakdown on the side of the road.

No. 8: Ensure You Get Plenty of Rest

Your summer activities maybe more intense in physical activities than what you are normally accustomed to. do not try to cram a years' worth of activity in one or two weeks. Pace yourself, so that you can accomplish all your planned activities in a safe manner.

VICTORY... STARTS HERE



AJ 'Anthony' Mercer, a third grader at C.C. Pinckney Elementary School listens intently as author and psychologist Frank Clark reads a book during the school's Read Across America event, March 4.

Photo by ROBERT TIMMONS