[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&docid=xOLdRa1JanvflM&tbnid=-uFo3my-rDxTvM:&ved=0CAUQjRw&url=http://www.homemade-preschool.com/American-Flags-Clipart.html&ei=O3xYU5X9Jarb2QWRz4HQDg&bvm=bv.65397613,d.b2I&psig=AFQjCNG6wRQvwK6ijZZKr3DU1SzxGvjnsQ&ust=1398394290932518)

**Healthcare for Homeless Veterans**

**Community Resource Guide**

**Health Care for Homeless Veterans Program (HCHV)**

The Healthcare for Homeless Veterans (HCHV) program seeks to establish contact with homeless/at-risk Veterans to facilitate access to treatment services & available resources to improve not only housing concerns, but the issues (e.g. medical, psychiatric and/or substance abuse problems) that so often underlie a Veteran’s homelessness. The central goal of the HCHV Program is to end homelessness among Veterans.

The HCHV Clinic provides assessments & referrals to community based VA services. These include: housing, homeless prevention, employment & training services, health care, benefits, substance abuse treatment & mental health services. The HCHV Clinic is staffed Monday through Friday from 8:00 a.m. – 5:00 p.m. & is located inside of Building 106 on the 2nd floor.

The HCHV Program provides access to several transitional & permanent housing programs, each with specific eligibility criteria. The transitional housing programs are located in Richland, Lexington & Greenville counties. To find out which program you may be eligible for, consult with your intake social worker.

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&docid=sr8k3EGdB4_RcM&tbnid=esBx3xB3pf2_lM:&ved=0CAUQjRw&url=http://www.vetsupport.org/step-by-step.html&ei=ldlZU6DMIOjm8QHD04CgDQ&psig=AFQjCNE_MpLumWCva0w947Fg3Y0lbeL2HQ&ust=1398483595236503)This Community Resource booklet is a guide to agencies & services for homeless individuals. The resource guide includes contact information & services offered by agencies to assist homeless Veterans in their transition from homelessness to a safe, Affordable & stable living condition.

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**Referral Hotline**

|  |  |  |  |
| --- | --- | --- | --- |
| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Homeless Veterans Hotline | 1 (877) 424-3838  [www.va.gov/homeless/nationalcallcenter.asp](http://www.va.gov/homeless/nationalcallcenter.asp) | 24/7 | The Department of Veterans Affairs'  (VA) has founded a National Call center for  Homeless Veterans hotline to ensure that  homeless Veterans or Veterans at-risk for  homelessness has free, 24/7 access to  trained counselors. The hotline is intended to  assist homeless Veterans & their families  and VA Medical Centers. **What will happen when I call?** You will be connected to a trained VA staff member. Hotline staff will conduct a brief screen to assess your needs.  Homeless Veterans will be connected with  the Homeless Point of Contact at the nearest  VA facility. Family members & non-VA providers calling on behalf of a homeless Veteran will be provided with information regarding the homeless programs & services available. Contact information will be requested so staff may follow-up. |
| Veterans Crisis Line | 1 (800) 273-8255 Press 1  www.veterancrisisline.net | 24/7 | The Veterans Crisis Line connects Veterans in crisis & their families & friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, **online chat (via website above)** or text message to **838255. Confidential support is available 24 hours a day, 7 days a week, 365 days a year. Support for deaf & hard of hearing individuals is available.** |
| United Way 211 Information & Referral Search | 211  www.211.org |  | [**2-1-1**](http://bwcar.org/contact-us/)is an easy to remember, three-digit telephone number that connects people with important community services to meet every day needs & the immediate needs of people is crisis. It is a resource for finding assistance in your local community & can offer access to: Affordable high-quality child care/after-school care. Counseling & support groups  Health services. Food, clothing, & housing  Services for seniors & the disabled. |

**Financial & Clothing**

|  |  |  |  |
| --- | --- | --- | --- |
| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Acts Metro | 7001 Street Andrews Road,  Unit 8B  Columbia, SC 29212  (803) 476-8000  (Social Worker)  (803) 764-1207 | Mon – Fri  9:00am – 5:00pm | actsmetro.org  Wrap-around services providing basic needs, social support, financial support, emotional support, & spiritual for families in Lexington/Richland School District 5. Contact the social worker to apply. |
| Alston Wilkes Society | 3519 Medical Drive  Columbia, SC 29203  (803) 799-2490  1 (844) 297-1962 (Toll Free)  (803) 540-7223 (Fax) | Mon – Fri  9:00am – 5:00pm | [http://www.alstonwilkessociety.org](http://www.alstonwilkessociety.org/)  Financial Assistance for rent & utilities. Adult residential facilities for offenders. Transitional male youth home. At Risk youth services. Therapeutic Foster Care. Men’s Veteran Home gets referrals from the VA only & doesn’t take walk-ins for services. |
| Bible Way Church Because We Care Program | 2440 Atlas Road  Columbia, SC 29209  Andrena Rowson  (803) 647-5159 | Tue – Thu  10:00am – 1:00pm | <http://bwcar.org/contact-us/> |
| Catholic Charities | 1427 Pickens Street  Columbia, SC 29201  (855) 377-1357  (803) 771-4787 (Fax) | Mon – Fri  9:00am – 4:00pm | Clothing, shower & laundry ministries, small direct assistance payment with case manager referral. ID required. |
| Clean of Heart  1219 Laurel Street  Columbia, SC 29201  (855) 377-1357 x 90  (803) 399-9654 | Mon, Wed, & Fri  8:30 am – 12:00 pm  Tue & Thu  1:00 pm – 4:00 pm | Appointments are made starting Tue at 9:00 am for the following week. Showers & laundry service to homeless individuals. Walk in showers Tues, Thurs 1pm. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | Mon – Fri  12:00pm – 1:00pm  1st & 3rd Wed  9:00am – 11:00am  Sun  8:00am – 9:30am 7:00pm – 8:30pm | [http://christcentralministries.org](http://christcentralministries.org/)  Soup kitchen Sundays through Thus (see Section 11: Food), emergency food pantry on Wed 9:00am – 11:00am, clothing, foot care ministry on Tue, diapers, men & women Bible studies, supervision for community service hours, training for Experience Works, Benefit Bank applications, assistance with birth certificate & ID fees, referrals for medical care & health education, referrals for women’s classes, recovery, & GED assistance. |
| 108 Park Terrace Drive Columbia, SC 29212  (803) 832-7505 | Call for information |
| The Comet | 3613 Lucius Road  Columbia, SC 29201  (803) 255-7805  (803) 255-7100 (Information)  (803) 255-7123 (DART) | Information Line:  Mon – Fri  6:30am – 8:00pm | catchthecomet.org  Bus system around Columbia. DART Services are for individuals who have a disability that prevents them from using The Comet. |
| Community Action Commission – Aiken, Barnwell, & Lexington | 650 Knox Abbott Drive  Cayce, SC 29033  (803) 794-6778  (803) 794-7144 | Mon – Fri  9:00am – 5:00pm | This Community Action Agency's local office provides emergency assistance with home utility costs, clothing, housing, rent, food & medical expenses to income eligible individuals & families. They also have a job training program & a computer training center. Their mission is to reduce the causes & conditions of poverty in a geographical area. Their goal is to provide a nurturing environment in which low income families can seek assistance that helps them to become less dependent upon government assistance. They strive to give low income families a "hand up" in the direction of self-sufficiency not a "handout". Call to make an appointment. |
| The Cooperative Ministry | 3821 West Beltline Boulevard  Columbia, SC 29204  (803) 799-3853  [Info@coopmin.org](mailto:Info@coopmin.org) | Mon – Fri  9:00am – 5:00pm | Food & clothing assistance. Financial Assistance for, rent/mortgage & utilities & cars for clients who are employedonly. Furniture for homeless individuals moving into housing by referral only. Free tax prep. Affordable Care Act Premium Assistance.  Affordable Care Act Insurance Premium Payment Support. Richland, Lexington & Fairfield county residents meeting income requirements. |
| Daybreak Crisis Pregnancy Center | 2009-C Hampton Street Columbia, SC 29204  (803) 771-6634  (24/7 Hotline) | Mon – Fri  9:00am – 5:00pm | [http://www.daybreakcpc.org](http://www.daybreakcpc.org/)  Baby items (car seats, diapers, wipes, formula, etc.), family planning, free pregnancy test, free ultrasounds (between 7 & 12 weeks), maternity & baby clothes & items. Childbirth/parenting classes, dating/ relationship classes, & post abortion support. |
| Department of Health & Environmental Control (DHEC) | 2600 Bull Street  Columbia, SC 29201  (803) 898-DHEC (3432) | Mon – Fri  9:00am – 5:00pm | [www.scdehec.gov](http://www.scdehec.gov/)  Provides help to get your birth certificate & applying for WIC. |
| Department of Social Services (State Office) | 1535 Confederate Avenue  Columbia, SC 29201  PO Box 1520  Columbia, SC 29202  (803) 898-7601  1 (800) 768-5700 (Toll Free) | Mon – Fri  8:30am – 5:00pm | Verification from other states for financial assistance, Medicaid, child support services, daycare licensing, adoption/foster care, DSS personnel, complaints/concerns. |
| Department of Social Services (Lexington) | 1070 S. Lake Drive  Lexington, SC 29073  (803) 785-7333 | Mon – Fri  8:30am – 5:00pm | Temporary Assistance for Needy Families (TANF), Family Independence (FI)  Supplemental Nutrition Assistance Program (SNAP). |
| Department of Social Services (Richland) | 3220 Two Notch Road Columbia, SC 29204  (803) 714-7300 | Mon – Fri  8:30am – 5:00pm | Temporary Assistance for Needy Families (TANF), Family Independence (FI)  Supplemental Nutrition Assistance Program (SNAP). |
| God Cares Charities | 1500 Millwood Avenue  Columbia, SC 29204  (803) 799-3535 | Call for information | Wrap around services to include overcoming addiction classes, transitional housing, thrift stores & care vouchers, job training programs, court advocacy programs, mentoring, college internship programs, community service, & Stay-Out Project for ex-offenders. Also offers healthcare services including beauty makeovers & wigs for cancer/burn survivors, prostate screenings, diabetes screenings, blood pressure screenings, flu shots, diet & weight loss, & exercise & fitness. |
| God’s Helping Hands | 919 Holland Avenue  Cayce, SC 29033  (803) 791-4167 | Mon – Fri  9:00am – 12:00pm | Food, clothing, & limited financial assistance with rent, utilities, & prescriptions. |
| God’s Storehouse | 1731 Risley Road  Columbia, SC 29223  (803) 691-1622  (803) 691-4611 (Fax) | Mon – Thu  9:00am – 12:00pm | [http://godsstorehousesc.org](http://godsstorehousesc.org/)  Food from as often as every 30 days. Clothing/household items as often as every 60 days. Household items/small appliances, Baby needs, Furniture (as available). |
| Home Works | 3823 W. Beltline Boulevard Columbia, SC 29204  (803) 781-4536  (803) 233-9389 (Fax) | Mon – Fri  9:00am – 5:00pm | [www.homeworksofamerica.org](http://www.homeworksofamerica.org/)  Home repairs for those who own homes in SC who are elderly or low income. |
| Jewish Family Services | 306 Flora Drive  Columbia, SC 29223  (803) 787-2023  [cheryln@jewishcolumbia.org](mailto:cheryln@jewishcolumbia.org) | Call or email for information | jewishcolumbia.org/our-programs/jewish-family-service.  Information, assessment, referrals, food pantry, emergency financial assistance, individual & family counseling, senior programs, bereavement support, community mitzvah day, & application for federal benefits (certified Benefit Bank site) for  members of the Columbia Jewish community. |
| Jannie R. Jackson Women’s Center | 2527 Atlas Road  Columbia, SC 29209  (803) 776-6353 | Mon – Fri  9:00am – 5:00pm | [www.jrjwc.org](http://www.jrjwc.org/)  Support for women of all ages Teen pregnancy home ages 16-19. |
| Lexington Interfaith Community Service (LICS) | 216 Harmon Street  Lexington, SC 29072  (803) 957-6656  [info@licssc.org](mailto:info@licssc.org) | Mon – Fri  9:00am – 3:00pm | Food, clothing, & limited financial assistance (when available) for rent, electric bills, prescriptions, water, & automobile gas. |
| Lifeline & Link-Up Program  SC Office of Regulatory Staff | 1401 Main Street  Suite 900  Columbia, SC 29201  1 (866) 788-6565  (803) 737-0893 (TDD)  Elizabeth Ford | Mon – Fri  8:30am – 5:00pm | <http://www.fcc.gov/lifeline> [www.regulatorystaff.sc.gov](http://www.regulatorystaff.sc.gov/)  A discount on landline & cell phone.  SC residents who receive Medicaid (Healthy Connections), SNAP, LIHEAP, Section 8, or TANF. |
| The Low-Income Home Energy Assistance Program (LIHEAP) via Wateree Community Action | 2712 Middleburg Drive,  Suite 207  Columbia, SC 29204  (803) 807-9811  (803) 807-9810 (Fax)  Margaret Gibson  (803) 807-9813 x106 | Mon – Fri  8:30am – 5:00pm | [http://www.wcai.org](http://www.wcai.org/) Utility bill assistance  <http://oeo.sc.gov/help.html#wateree>  \*Use this website to find information on other nearby counties. |
|  | Satellite Location (Richland) 3220 Two Notch Road  PO Box 2688  Columbia, SC 29202  (803) 786-4250 |  |  |
| Lower Richland  Community Center Eastover | 117 Henry Street  Eastover, SC 29044  (803) 353-0741 | Mon – Fri  9:00am – 5:00pm | Heating Assistance |
| Salvation Army | 3024 Farrow Road  Columbia, SC  (803) 765-0260  7532 Irmo Drive  Irmo, SC 29063  (803) 667-4075 | Mon – Fri  8:30am – 4:15pm  Call for information | [www.doingthemostgood.org](http://www.doingthemostgood.org/)  Food Vouchers 10:00am-4:00pm (every 6 months) Clothing Vouchers 10:00am-12:00pm (every 3 months homeless, every 6 months all others) Furniture Vouchers 10:00am-2:00pm (by referral only) Financial Assistance (rental/utility/travel) (once a year). |
| SC Thrive Benefits Bank | 2211 Alpine Road Extension Columbia, SC 29223  PO Box 23503  Columbia, SC 29224  1 (800) 726-8774 (Toll Free) | Mon – Fri  8:30am – 5:00pm | <http://www.thebenefitbank.org/SouthCarolina> [contact@scthrive.org](mailto:contact@scthrive.org)  Free tax prep & sign up for: Medicaid, Medicare, SNAP, FI, FASFA, LIHEAP, CHIP, TANF, etc. |
| SC Office of Regulatory Staff | 1401 Main Street, Suite 900  Columbia, SC 29201  1 (800) 922-1531 (Toll Free)  1 (800) 334-2217 (Toll Free, TTY) | Mon – Fri  8:30am – 5:00pm | Assistance in negotiating arrangements regarding utility bills. |
| Security Federal Bank | 1185 Sunset Boulevard  W. Columbia, SC 29171  (803) 739-6105 | Mon – Fri  9:00am – 5:00pm | Budgeting classes |
| United Way of the Midlands | 1818 Blanding Street  Columbia, SC 29201  (803) 733-7312  (803) 733-5400 | Mon – Fri  9:00am – 5:00pm | 2-1-1 Information line for assistance Call #211 |
| VA – Veteran Regional Benefits Office | 6437 Garners Ferry Road Columbia, SC 29209  1 (800) 827-1000 (Toll Free)  1 (800) 827-2035 (Toll Free) | Mon – Fri  9:00am – 4:00pm | Financial Assistance to Veterans or the Vet Center (803) 765-9944 |
| Wateree Community Action | 1915 Harden Street  Columbia, SC 29204  (803) 807-9811  (803) 807-9812  (803) 807-9810 (Fax) | Mon – Fri  9:00am – 5:00pm | https://[www.wcai.org](http://www.wcai.org/)  Financial Assistance with prescriptions, rent, mortgage, & utilities. Assistance in obtaining employment, education, & removing obstacles blocking self-sufficiency. Youth Leadership Program – high school students 16-18 – character education, volunteer projects, college tours, health education, civic events, earnings potential, essay contest, back to school supplies. Programs: Nutrition – low-income elderly and/or disabled individuals. HVAC purchase or repair – homeowners 150% or less of FPL. General Emergency Assistance Program (GEAP) – rental assistance. LIHEAP – See LIHEAP entry. Employment training.  Self-Sufficiency Program – increasing self- sufficiency by supporting education & vocational training. |
| We Care Center Community Interfaith Church | 1800 Chapin Road  Chapin, SC 29036  PO Box 491  Chapin, SC 29036  (803) 345-3244 | Mon, Wed, & Fri  9:00am – 12:00pm | [www.chapinwecare.org](http://www.chapinwecare.org/)  With support of affiliated churches, they provide food, financial (utilities), gas vouchers, kerosene vouchers, thrift shop, education, Bible distribution  (upon request from clients), & holiday assistance (Thanksgiving baskets, Christmas gifts for kids). |
| Welvista | 2700 Middleburg Drive #105  Columbia, SC 29204  (803) 933-9183 (Hospital Patient Advocacy)  (803) 933-9184 (Medication Assistance & Pharmacy)  (803) 584-4803  (SMILES Pediatric Dentist) | Mon – Fri  9:00am – 5:00pm | [www.welvista.org](http://www.welvista.org/)  Welvista provides prescription medication at no cost to uninsured individuals who qualify for program. |

**Employment**

|  |  |  |  |
| --- | --- | --- | --- |
| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Action Labor | 2111 Wayne Street  (803) 256-6010 | Mon – Fri  6:00am  Sat  6:30am | General labor, cooks, maids, etc. |
| Able SC | 136 Stonemark Lane,  Suite 100  Columbia, SC 29210  (803) 779-5121  1 (800) 681-6805 (Toll Free)  (803) 779-0949 (TTY) | Mon – Fri  9:00am – 5:00pm | Disability Support for Clients towards Independent living skills, Peer Support, Assistive Technology, Youth Transition Services, & Outreach & Training. |
| Carolina Community Actions, Inc. | Chester County  (803) 385-5205  Fairfield County  (803) 635-3606  Lancaster County  (803) 285-2034  Union County  (864) 427-0336  York County  (803) 329-5195 | Mon – Fri  9:00am – 5:00pm | [www.scacap.org](http://www.scacap.org/)  Serves Fairfield, Chester, Union, Lancaster, & York counties. CCA, Inc. administers the LIHEAP program which assists low-income families with home energy needs including weatherization of homes to reduce energy costs. |
| SC Works Midlands Center | 700 Taylor Street  Columbia, SC 29202  (803 )737-0188  (803) 737-0255 | Mon – Thu  8:00am – 8:00pm  Fri  8:00am – 5:00pm | [Adult & youth WIOA,](http://fsconline.wordpress.com/programs/adult-wia/) [Children & Adult](http://fsconline.wordpress.com/programs/children-adult-dental-clinics/) [Dental Clinics,](http://fsconline.wordpress.com/programs/children-adult-dental-clinics/) [Children Unlimited,](http://fsconline.wordpress.com/programs/children-unlimited/) [Adoption,](http://fsconline.wordpress.com/programs/children-unlimited/adoption/)  [Consumer Credit Counseling Services](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/), [Bankruptcy](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/bankruptcy-education/) [Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/bankruptcy-education/) [Basic Financial Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/basic-financial-education/) [Credit](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/credit-education/) [Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/credit-education/) [Debt Management Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/debt-management-education/) [Reverse](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/reverse-mortgages/) [Mortgages](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/reverse-mortgages/)  [Store](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/store/). |
| Lexington Workforce Center | 714 South Lake Drive,  Suite 140  Lexington, SC 29072  (803) 359-6131 | Mon – Fri  8:30am – 5:00pm |
| Experience Works | (803) 252-1240 | Mon – Fri  9:00am – 5:00pm | Helps low-income seniors who are 55 or older with multiple barriers to employment. |
| Goodwill’s - The Senior Community Service Employment Program (SCSEP) | Alicia Kearse  (803)-609-4596  [akearse@goodwillsc.org](mailto:akearse@goodwillsc.org) | Mon – Fri  9:00am – 5:00pm | Helps seniors find work, develop new skills & talents, & build their financial security. |
| Goodwill’s Job Connection Services | 555 Street Andrews Road Columbia, SC 292910  (803) 772-7900 | Mon – Fri  9:00am – 12:00pm;  1:00pm – 5:00pm  (All locations) | [www.goodwillsc.org](http://www.goodwillsc.org/)  Resume & cover letter construction, advice, & guidelines, job leads & referrals for local employers, interviewing practice & employability advice, employer cold calling preparation, State Criminal Background checks, job fairs.  Certified Nurse Aide (CNA), Contact/Call Center, Custodial Services, Forklift Safety Certification, Food Service Certification, Retail Training Certification, Sex Offenders-Employment First. |
| 2744 Decker Boulevard  Columbia, SC 29206  (803) 865-1770 |
| 6642 Garners Ferry Road Columbia, SC 29209  (803) 783-0323 |
| 111 Highland Center Drive Columbia, SC 29203  (803) 509-8394 |
| 7138 Broad River Road Columbia, SC 29063  (803) 749-6621 |
| Hispanic Outreach | Ivan Segura  (803)-737-0792  [isegura@midlandsworks.org](mailto:isegura@midlandsworks.org) | Call for information | Connecting People to Jobs aims to move low- income Hispanic/Latino Midlands residents out of poverty & into living wage. Free counseling & referrals for legal, social, health, employment & educational services in Spanish. |
| Hope Center | 6 Hickman Street  Graniteville, SC 29829  (803) 646-4249  (803) 522-4081 | Call for information | Enrich community through Building Tomorrow’s Workforce through education, job skills training, & medical services. Help unemployed to reach academic capacity, develop skills towards self- sufficiency & self-employment. |
| Home Builders Institute | 1801 Taylor Street  Columbia, SC 29201  (803) 768-2371  Reginald Alexander  (803) 251-3315  [ralexander@hbi.org](mailto:ralexander@hbi.org) | Mon – Fri  9:00am – 5:00pm | Dedicated to the advancement & enrichment of education & training programs serving the needs of the building industry: certification, skills training, instruction in safety & first aid, job search & placement assistance. |
| Labor Finder | 1225 Rosewood Drive  (803) 799-1210 | Mon – Fri  6:00am  Sat  6:30am | Work (rubber) boots, hard hats, safety glasses. |
| Lighthouse | Lyn Thomas-Manigo  (803) 737-4374  [lighthouse90506@aol.com](mailto:lighthouse90506@aol.com) | Mon – Fri  9:00am – 5:00pm | Provides staffing to all business sectors in the Midlands, with a primary focus on the home health care & respite care professions. |
| Midlands TechHire | Rose-Lynn Heath [heathrl@midlandstech.edu](mailto:heathrl@midlandstech.edu) (803) 691-3829  (803) 691-3917 (Fax) | Email for information | TechHire provides IT scholarships, paid internships & job opportunities to young adults ages 17-29. |
| Midlands Workforce Development Board | Columbia OneStop Center  700 Taylor St  Columbia, SC 29201  (803) 737-5627  Lexington OneStop Center (803) 359-6131  WIA Program | Mon – Thu  8:00am – 6:30pm  Fri  8:30am – 5:00pm | [http://www.midlandsonestop.org](http://www.midlandsonestop.org/) Employment assistance. |
| Midlands Works | 700 Taylor Street  Columbia, SC 29201  (803) 978-0190 (TTY)  (803) 978-0191 | Mon – Thu  8:00am – 8:00pm  Fri  8:00am – 5:00pm | midlandsworks.org  Workforce Innovation & Opportunity Act [(WIOA)](http://fsconline.wordpress.com/programs/adult-wia/) SC Department of Employment & Workforce (DEW). Online services & workshops, lots of programs available. |
| MTC QuickJobs | (803) 732-0432 | Call for information | Midlandstech.edu/quickjobscholarship  Information about eligibility & application process for QuickJobs program. Training program. |
| Project Nu Beginnings | 300 Peachtree Drive  Irmo, SC 29063  (803) 319-0611 | Mon – Fri  9:00am – 5:00pm | Ex-offenders |
| Richland Library Business & Job Center | 1431 Assembly Street  Columbia, SC 29201  (803) 799-9084 | Mon – Thu  9:00am – 9:00pm,  Fri – Sat  9:00am – 6:00pm  Sun  2:00pm – 6:00pm | richlandlibrary.com/business-and-job-center Computer access to look for job opportunities, resume assistance, interview practice, one-on-one appointments with a career coach, educational classes. |
| SC Assistive Technology Resource Center | Poplar Building  Midlands Center  8301 Farrow Road  Columbia SC 29203 | Mon – Fri  8:00am – 5:00pm | Assistive technology program for individuals with a disability. |
| SC Department of Employment & Workforce | 700 Taylor Street  SC Works Center  Columbia, SC 29201  (803) 737-5627 | Mon – Thu  8:00am – 8:00pm  Fri  8:00am – 5:00pm | [www.dew.sc.gov](http://www.dew.sc.gov/)  Job placement, listings of current job openings, resumes tips, services to residents of Fairfield,  Lexington & Richland counties. |
| SC Employment Security Commission Labor Market Information Department | 631 Hampton Street  Columbia, SC 29202  (803) 737-2660 | Mon – Fri  8:00am – 5:00pm | [www.sces.org/lmi](http://www.sces.org/lmi)  Jobs that do not require a college degree. |
| SC Vocational Rehabilitation Department | 1410 Boston Ave.  PO Box 15  West Columbia, SC 29171 | Mon – Fri  8:00am – 5:00pm | Job shadowing, mentoring, job tryouts, interpreter services, training, job search/placement, job retention services, Pain management, Brain injury program, Muscular Development Center. |
| Telamon Corporation Transition Resource Corporation | 2000 Park Street, Suite 103  Columbia, SC 29201  (803) 256-7411  Yasmine Tzul  (803) 904-2534 | Call for information | [www.telamon.org](http://www.telamon.org/)  Empowering individuals, improving communities. Early childhood & family support, employment & training, housing & financial empowerment, & community services. Homeless Veterans’ Reintegration – for homeless veterans or those fleeing domestic violence. Assessment, career guidance & planning, occupational training, classroom training, on-the-job training, job readiness assistance, resume development, job search & placement, job coaching, housing referrals, & benefits assistance. |
| Urban League, Inc. | 1400 Barnwell Street  Columbia, SC 29201  (803) 799-8150  (803) 254-6052 (Fax) | Mon – Fri  8:30am – 5:00pm | Columbiaurbanleague.org  Catering to the youth. Summer work, camps, mentor services, tutoring, health programs, leadership development, scholarship programs  Job training ages 12-21 years old, summer internships. |
| Vocational Rehabilitation | 516 Percival Road  Columbia, SC 29206  (803) 782-4239 (Office/TDD)  1 (866) 206-5280 (Toll Free) | Mon – Fri  8:30am – 5:00pm | [www.scvrd.net](http://www.scvrd.net)  Vocational evaluation with mental & physical disabilities to find employment. |
| 1430 Confederate Avenue  Columbia, SC 29202  (803) 898-8866 |
| 201 Corporate Park Boulevard Columbia, SC 29223  (803) 691-8284 |
| Work in Progress | 1413 Calhoun Street  Columbia, SC 29201  (803) 758-0066 | Mon – Fri  8:30am – 5:00pm | [www.workinprogresscolumbia.com](http://www.workinprogresscolumbia.com/)  Employment opportunities & coaching for those referrals coming from Columbia or Lexington Area Mental Health. |
| Youth Build | Benedict College  1600 Harden Street  Columbia SC 29204  (803) 253-5121 | Mon – Fri  8:00am – 5:00pm | 16 & older, job training. |

**Educational**

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| **AGENCY** | **LOCATION** | | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Allen University | 1530 Harden Street  Columbia, SC 29202  (803) 376-5700  (803) 456-7890  (Campus Police) | | Call for information | Allenuniversity.edu  Private, Historically Black College & University Majors include mathematics, natural sciences, humanities, business administration, religion, & social sciences. Requirements, tuition, financial aid, & application found on their website. |
| Alston Wilkes Society | 3519 Medical Drive  Columbia, SC 29203  (803) 799-2490  1 (844) 297-1962 (Toll Free)  (803) 540-7223 (Fax) | | Mon – Fri  9:00am – 5:00pm | [http://www.alstonwilkessociety.org](http://www.alstonwilkessociety.org/)  Financial Assistance for rent & utilities. Adult residential facilities for offenders. Transitional male youth home. At Risk youth services. Therapeutic Foster Care. Men’s Veteran Home gets referrals from the VA only & doesn’t take walk-ins for services. |
| Benedict College | 1600 Harden Street  Columbia, SC 29204  (803) 253-5000  (Campus Operator)  (803) 705-4910 (Admissions)  (803) 705-4418  (Financial Aid) | | Call for information | Benedict.edu  Private, liberal arts institution, Historically Black College Majors include business, economics, education, health & human services, humanities, social sciences, arts, science, technology, engineering, & mathematics. Requirements, tuition, financial aid, & application found on their website. |
| Centura College | 7500 Two Notch Road Columbia, SC 29223  (803) 754-7544  1 (877) 523-9528 | | Call for information | Centuracollege.edu Private, career college  Programs include health sciences, business, legal studies, technology, skilled trades, & degree completion. Request additional information online. |
| Christ Central Institute College of Community Missions | 159 Church St NE  Wagner, SC 29164  1 (803) 564-5902 | | Call for info | [www.ccins.org](http://www.ccins.org/)  Program offering one-year certificate in Community Missions, two-year Associates Degree in Community Missions, & possible internships. Apply online for “fully funded college experience”. |
| City Year of Columbia | 1919 Hampton Street  Columbia, SC 29201  (803) 254-3349  (803) 254-1297 Fax | | Mon – Fri  9:00am – 5:00pm | <http://www.cityyear.org/columbia> Tutoring- in & after school. |
| Columbia Workforce Center | 700 Taylor Street  Columbia, SC 29202  (803) 737-0188 | | Mon – Thu  8:00am – 8:00pm  Fri  8:00am – 5:00pm | [Adult & youth WIA,](http://fsconline.wordpress.com/programs/adult-wia/) [Children & Adult](http://fsconline.wordpress.com/programs/children-adult-dental-clinics/) [Dental Clinics,](http://fsconline.wordpress.com/programs/children-adult-dental-clinics/) [Children Unlimited](http://fsconline.wordpress.com/programs/children-unlimited/) , [Adoption,](http://fsconline.wordpress.com/programs/children-unlimited/adoption/)  [Consumer Credit Counseling Services](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/) , [Bankruptcy](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/bankruptcy-education/) [Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/bankruptcy-education/) [Basic Financial Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/basic-financial-education/) [Credit](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/credit-education/) [Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/credit-education/) [Debt Management Education,](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/debt-management-education/) [Reverse](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/reverse-mortgages/) [Mortgages](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/reverse-mortgages/) [Store](http://fsconline.wordpress.com/programs/consumer-credit-counseling-services/store/). |
| Lexington Workforce Center | 714 South Lake Dr, Suite 140 Lexington, SC 29072  (803) 359-6131 | | Mon – Fri  8:30am – 5:00pm |
| Club Z | 1 (866) 448-8867 | | Mon – Fri  9:00am – 6:00pm | https://[www.clubztutoring.com/local-landing](http://www.clubztutoring.com/local-landing)  pre-k through adult, tutoring in home. |
| Columbia Academy of Cosmetology | 1221 Sunset Boulevard  West Columbia, SC 29169  (803) 796-9986  (803) 796-9987 (fax) | | Call for information | Columbiaacademyofcosmetology.com Cosmetology program. Offers evening classes.  Requirements, tuition, financial aid, & application found on their website. Request additional information online. |
| Columbia College | 1301 Columbia College Drive Columbia, SC 29203  (803) 786-3871  1 (800) 277-1301 (Toll Free) | | Call for information | Columbiasc.edu  Private, liberal arts institution for women.  Majors include arts, communication, behavioral studies & human inquiry, business, mathematics, science, education, languages, literature, & general education. Offers evening & online classes. Requirements, tuition, financial aid, & application found on their website. |
| Columbia International University | 7435 Monticello Road  Columbia, SC 29203  1 (800) 777-2227 (Toll Free)  (803) 754-4100  (Switchboard)  (803) 807-5024 (Admissions)  (803) 807-5036 (Financial Aid) | | Call for information | Ciu.edu  Private, Christian institution. Majors include arts & sciences, education, intercultural studies, & seminary & ministry. Offers online classes. Requirements, tuition, financial aid, & application found on their website. |
| Columbia Literacy Council Turning Pages | 2062 N. Beltline Boulevard Columbia, SC 29202  (803) 782-1210 | | Tue – Thu  9:00am – 5:00pm | One-on-one Tutoring for adults who want to improve literacy. [literacycolumbia@gmail.com](mailto:literacycolumbia@gmail.com)  [www.turning-pages.org](http://www.turning-pages.org/) |
| Communities in Schools | 2712 Middleburg Drive,  Suite 219  Columbia, SC 29204  (803) 254-9727 | | Mon – Fri  8:30am – 5:00pm | [http://www.cism.org](http://www.cism.org/)  In Richland County only-these schools are rotating & you must check with them to see which schools are being represented at the time. \*school supplies, GED & tutoring\* |
| Community Resource Center  (inside LRADAC) | 2711 Colonial Drive  Columbia, SC 29203  (803) 726-9411 | | Tue – Thu  8:30am – 5:00pm | A community library where clients can check out books, DVDs, CDs, & obtain free pamphlets & information about community resources. |
| Connections Academy | 220 Stoneridge Dr #403  Columbia, SC 29210  (803) 212-4712 | | Mon - Fri  8:30am – 4:30pm | [www.connectionsacademy.com](http://www.connectionsacademy.com/) Online School, tuition free for K-12. |
| CR Neal Dream Center Midlands community development center | 2430 Atlas Road  Columbia, SC  (803) 647-9111 | | Mon - Fri  8:30am – 10:00pm  Sat  9:00am – 5:00pm | GED Program, Personal & Educational, Development, Comprehensive Health Care, Employment, Economic Development, Housing. |
| Duplicate GED Transcript & Diploma Office | 1429 Senate Street  Columbia, SC 29201  (803) 734-8347 | | Mon – Tue  1:00pm – 4:30pm  Wed. – Thu  11:00am – 4:30pm  Fri  8:30am – 5:00pm | <http://ed.sc.gov/agency/programs-> services/92/documents/TranscriptRequestForm.pdf  Duplicates for GED & diploma certificates. |
| ECPI College of Technology | 250 Berryhill Road #300  Columbia, SC 29210  (803) 610-4111  1 (844) 611-0668 (Toll Free)  (803) 772-2922 (Fax) | | Call for information | Ecpi.edu  For-profit college. Programs include technology, health services, & nursing. Business & criminal justice offered online. Offers online classes. Tuition & financial aid information found on their website. Request additional information online. |
| FAMCare CONNECT | 211 E. Calhoun Street Anderson, SC 29621  (864) 305-2162 | | Call for information | [www.FAMCareCONNECT.com](http://www.FAMCareCONNECT.com/)  Serves the needs of children & families with case management, counseling, health care monitoring, & risk prevention services. |
| Fortis College | 246 Stoneridge Drive, Suite101  Columbia, SC 29210  (803) 678-4800 | | Call for information | Fortis.edu  For-profit, technical institutions Programs include nursing, dental, healthcare/medical, & skilled trades. Request additional information online. |
| Goodwill Training Programs | 2744 Decker Boulevard  Columbia, SC 29206  (803) 731-1786  (803) 865-1770 | | Mon – Thu  9:00am – 12:00pm  1:00pm – 4:00pm | <http://www.goodwillsc.org/jobtraining/certifications> Certified Nurse Aide (CNA), Contact/Call Center, Custodial Services, Forklift Safety Certification, Food Service Certification, Retail Training Certification, Sex Offenders-Employment First. |
| Granby Education Center | 2325 Flat Springs Road  West Columbia, SC 29169 (803) 739-4048 | | Mon-Thu  8:30am – 1:30pm  Tue & Thu  5:30pm – 8:30pm | Adult Education  GED & High School Diploma. |
| Greater Columbia Literacy Council | (803) 782-1210 | | Tue  9:00am – 5:00pm  Wed  9:00am – 1:00pm  Thu  9:00am – 5:00pm | [http://turning-pages.org](http://turning-pages.org/)  Tutoring one-on-one or small groups usually at local library. |
| Home School Foundation | (540) 338-8688  PO Box 1152  Purcellville, VA 20134 | | N/A | [www.homeschoolfoundation.org](http://www.homeschoolfoundation.org/)  Provides financial support to the homeschool community. |
| Katheryn M. Bellfield Booker Washington  Heights Center | 2611 Grant Street  Columbia, SC 29203  (803) 255-8161 | | Call for information | GED classes, parenting classes, health education classes, pre-natal classes, one stop application for SNAP, AFDC services. |
| Kenneth Shuler School of Cosmetology | 1630 Browning Road  Columbia, SC 29210  (803) 798-8515 | | Call for information | Kennethshuler.com Cosmetology program  Program details & financial information found on their website. |
|  | 449 Street Andrews Road Columbia, SC 29210  (803) 772-6042 | |  | Request additional information online. |
|  | 7474 Garners Ferry Road Columbia, SC 29209  (803) 776-9100 | |  |  |
| Lexington Adult Education | Miles Newman or  Barbara Weed  (803) 359-6131 | | Mon – Fri  9:00am – 5:00pm | School District One of Lexington offers courses for HS diploma, HS equivalency (GED), WorkKeys test preparation, or ESL. |
| Midlands Technical College | PO Box 2408  Columbia, SC 29202  (803) 738-8324  1 (800) 922-8038 (Toll Free)  (803) 738-7784 (Fax)  Chris McNamara or  Kenya Robinson  (803) 737-1824  robinsonkn@midlandstech.edu | | Mon – Thu  8:00am – 7:00pm  Fri  8:00am – 1:30pm | Midlandstech.edu Public, two-year college  7 Campuses: Airport, Beltline, Batesburg-Leesville, Fairfield, Fort Jackson, Harbison, & Northeast Programs include arts & sciences, business, education & human services, engineering technology, healthcare, industrial technology, information technology, paralegal & criminal justice, & general education.  Offers online & evening classes.  Requirements, tuition, financial aid, & application found on their website. Request additional information online. |
| Midlands Technical College Education Opportunity Center | LaKeshia Summers  (803) 822-3257 | | Mon – Fri  9:00am – 5:00pm | Counseling & information on college admissions to qualified individuals who want to begin or continue a college education. |
| Midlands Technical College QuickJobs  Courses, Work It Up | (803) 545-3767  [jobtraining@columbiasc.net](mailto:jobtraining@columbiasc.net) | | Mon – Fri  9:00am – 5:00pm | Training Scholarship Program is a grant funded program designed to help individual’s gain job  training. |
| Midlands Tech Workforce Initiative Act Program (WIA) | 701 Hampton Street  Columbia, SC 29201  (803) 738-7630  (803) 822-3383  (803) 738-8324 | | Mon. – Wed  8:00am – 5:00pm  Thu  8:00am – 5:30pm  Fri  8:00am – 1:30pm | Ages of 17-21  GED, 2-year degree, Short term courses. |
| Midlands Workforce Development Board | 100 Executive Center Drive Columbia, SC 29210  (803) 744-1670 | | Mon – Thu  8:00am – 8:00pm  Fri  8:00am – 5:00pm | [http://www.midlandsworkforce.org](http://www.midlandsworkforce.org/)  ages 16-21 tutoring, work experiences, GED. |
| National Association for the Education of Homeless Children & Youth | Online Resource | Visit the website for more information | | [http://www.naehcy.org/educational-](http://www.naehcy.org/educational-resources/higher-ed) [resources/higher-ed](http://www.naehcy.org/educational-resources/higher-ed).  The National Association for the Education of Homeless Children & Youth (NAEHCY) has a ton of information & guides. They have links to the College Cost Reduction & Access Act (CCRAA) , the Higher Education Opportunity Act, which focuses on homeless & foster kiddos, Dear Colleague Letter, & updates from the Every Student Succeeds Act (ESSA) that added components that will directly assist homeless students’ transition to higher education, including new requirements that school counselors provide advice to homeless youth to prepare & improve their readiness for college, & that school district homeless liaisons ensure that unaccompanied homeless youth are informed of their status as independent students for college financial aid & obtain verification for the FAFSA. They even have a higher education helpline, webinars, & podcasts on higher-ed for our kiddos. |
| National Center for Homeless Education | Online Resource | Visit the website for more information | | [http://nche.ed.gov/ibt/higher ed.php](http://nche.ed.gov/ibt/higher%20ed.php)  Serves as the US Education Department's technical assistance & information center for the federal Education for Homeless Children & Youth (EHCY) Program. NCHE provides research, resources, & information enabling communities to address the educational needs of children experiencing homelessness. The Center also supports educators & service providers through producing training & awareness materials & providing training at regional & national conferences & events. |
| Palmetto Luna Arts | 3400 Colonial Drive  Columbia, SC 29240  (803) 400-1178 | Call for information | | [www.palmettoluna.org](http://www.palmettoluna.org/)  Palmetto Luna Arts’ mission is to foster an understanding of the Hispanic/Latino culture by  promoting artistic creation & providing opportunities for cultural expression. |
| Paul Mitchell School | 700 Gervais Street, Suite D  Columbia, SC 29201  (803) 772-2232 | Call for information | | Paulmitchell.edu Cosmetology program  Program details found on their website. Request additional information online. |
| Pendergrass-Fairwold School | 5935 Token Street  Columbia, SC 29201  (803) 735-3435 | Mon – Fri  7:00am – 4:00pm | | Education to special needs students ages 3-21 while follows Richland School District One. |
| Pinehurst Park After- School Tutoring | 2315 Pinehurst Road W Columbia, SC 29169  (803) 733-8449 | Mon – Thu  2:00pm – 9:00pm  Wed  11:00am – 9:00pm  Fri  2:00pm – 8:00pm  Sat  10:00am – 6:00pm  Sun  2:00pm – 7:00pm | | Tutoring |
| Palmetto Health – Project L.E.A.D. | PO Box 2266  Columbia, SC 29202  (803) 296-3764 | Call for Information | | A pregnancy & disease prevention program for young women. |
| Project HOPE (through DSS) | PO Box 1520  Columbia, SC 29202  (803) 898-9090 | Mon – Fri  8:30am – 4:30pm | | Obtain healthcare certificates & degrees. |
| Regency Beauty Institute | 260 Harbison Boulevard,  Unit 20  Columbia, SC 29212  (803) 678-4195  1 (800) 787-6456 (Toll Free) | Call for information | | Regency.edu Cosmetology program  Application found on their website. Request additional information online. |
| Remington College | 607 Bush River Road Columbia, SC 29210  (803) 265-4398 | Call for information | | Remingtoncollege.edu  Nonprofit, educational institutions  Programs include business, cosmetology & massage, criminal justice, heating & air, electronics, graphic design, healthcare, & information technology. Offers online classes.  Requirements & financial aid found on their website. Request additional information online. |
| Richland Library/SC DHEC | (803)-231-6368 | First Fri: Street Andrews Second Fri: Southeast  Third Mon: Business & Job Center, Main  Fourth Fri:  Northeast | | Acts as a bridge between services: health care, housing, shelter, food, etc. Goes out to all branches. Creates programs for health literacy across all age spans using food, books, music, internet, computer games, etc. Brings expert speakers to talk/demonstrate health-related topics for Richland Library customers. |
| Richland Library – Tutor.com | Online | Live Tutor  3:00pm – 11:00pm | | Free Live homework help, GED prep & career help given in both English & Spanish. All ages & can also connect with smart phone & tablet. |
| Richland School District | 2612 Covenant Road | Mon – Fri | | [www.richlandone.org](http://www.richlandone.org/) |
| One Adult & Community Education | Columbia, SC 29204  (803) 343-2935 | 8:00am – 4:00pm  Tue & Thu  6:00pm – 8:00pm | | High School Diploma, GED, Computer Technology Classes, English as a second language courses, Occupational & Career classes, Adult Basic Education & Workplace Education. Must be at least 17 years of age |
| SC Department of Education | Colleen Clark  1401 Senate Street, Room 105  Columbia, SC 29201  (803) 734-8347  (803) 734-0067 (Fax)  [clclark@ed.sc.gov](mailto:clclark@ed.sc.gov) | Mon – Fri  8:30am – 5:00pm | | <http://ed.sc.gov/instruction/adult-education/general-> education-development-ged/  GED, high school diploma |
| SC Virtual School Program | (803) 734-5126 | Online | | https://scvspconnect.ed.sc.gov  Online school |
| South University | 9 Science Court  Columbia, SC 29203  1 (866) 629-3031 | Call for information | | Southuniversity.edu  Private, for-profit university. Programs include business, healthcare, arts & sciences, & nursing & public health. Requirements & financial aid found on their website. Request additional information online. |
| Southeastern Institute | 1420 Colonial Life Boulevard, Suite 80 & Suite 280  Columbia, SC 29210  (803) 798-8800  (803) 798-0003 (Fax) | Call for information | | Southeasternsinstitute.edu  Nonprofit educational institutions. Programs include clinical massage, medical billing & coding, medical assistance, & pharmacy technology. Program requirements online.  Request additional information online. |
| Strayer University | 200 Center Point Circle,  Suite 300  Columbia, SC 29210  (803) 750-2500  (803) 753-9126 (Fax) | Call for information | | Strayer.edu  Private, for-profit university.  Programs include business & finance, criminal justice, education, health services, information technology, & nursing.  Requirements, tuition, financial aid, & application found on their website. Request additional information online. |
| Sustainable Midlands | 701 Whaley Street, Suite 209  Columbia, SC 29201  (803) 381-8747 | Call for information | | [www.sustainablemidlands.org](http://www.sustainablemidlands.org/)  Fosters & advocates for sustainable, healthy communities in the Midlands of SC by providing educational resources & facilitating communication among citizens, community leaders, & elected officials |
| Trio Programs | 1400 Wheat Street  Columbia, SC 29201  (803) 777-5125  (803) 777-7380 (Fax)  (803) 737-0743 USC  (803) 822-3628 Mid. Tech | Mon – Fri  8:30am – 5:00pm | | TRIO Programs are dedicated to addressing the needs of those low-income, working-class citizens who are interested in pursuing college degrees.  Academic tutoring, cultural enrichment, financial aid counseling, on-campus residency programs, admissions counseling, & student mentoring. |
| Turning Pages | 4840 Forest Drive, Suite 6-B PMB 267  Columbia, SC 29206  (803) 782-1210 | Tue & Thu  9:00am – 5:00pm  Wed  9:00am – 1:00pm | | [www.turning-pages.org](http://www.turning-pages.org/) for adults Reading, math, basic computer skills, GED attainment, English (how to speak). |
| University of SC | Undergraduate Admissions Leiber College  902 Sumter Street  Columbia, SC 29208  (803) 777-7700  1 (800) 868-5872 (Toll Free)  [Admissions-ugrad@sc.edu](mailto:Admissions-ugrad@sc.edu) | Call or email for information | | SC.edu Public, co-educational research university Programs include arts & sciences, business, education, engineering, hospitality & retail management, information & communications, law, medicine, music, nursing, pharmacy, public health, & social work. More specific majors within these categories. Requirements, tuition, financial aid, & application found on their website. |
| Urban League, Inc. | 1400 Barnwell Street  Columbia, SC 29201  (803) 799-8150  (803) 254-6052 (Fax) | Mon – Fri  8:30am – 5:00pm | | Columbiaurbanleague.org  Catering to the youth. Summer work, camps, mentor services, tutoring, health programs, leadership development. Job training ages 12-21 years old, summer internships. |
| The USAA Educational Foundation | 1 (800) 531-6196 (Toll Free) | N/A | | [www.usaaedfoundation.org](http://www.usaaedfoundation.org/) Financial education |
| Virginia College | 7201 Two Notch Road Columbia, SC 29223  (803) 509-7100 | Call for information | | Vc.edu  Private, for-profit colleges. Programs include business, cosmetology, massage, healthcare, & information technology & media arts.  Requirements, tuition, financial aid, & application found on their website. Request additional information online. |
| Vocational Rehabilitation | 516 Percival Road  Columbia, SC 29206  (803) 782-4239 (Office/TDD)  1 (866) 206-5280 (Toll Free) | Mon – Fri  8:30am – 5:00pm | | scvRoad.net  Vocational evaluation with mental & physical disabilities to find employment. |
|  | 1430 Confederate Avenue  Columbia, SC 29202  (803) 898-8866 |  | |  |
|  | 201 Corporate Park Boulevard Columbia, SC 29223  (803) 691-8284 |  | |  |
| Watkins Nance | 2525 Barhamville Road  Columbia, SC 29204  (803) 733-4321 | Mon – Fri  7:15am – 4:00pm | | [www.richlandone.org](http://www.richlandone.org/)  After school tutoring. |
| Webster University | 100 Gateway Corporate Boulevard  Columbia, SC 29203  (803) 699-0900 | Call for information | | Webster.edu  Nonprofit, private university. Programs include arts & sciences, business & technology, fine arts, communication, & education. Dozens of majors within these categories. Requirements, tuition, financial aid, & application found on their website. Request additional information online. |
| Workforce Investment Act | Bridget Richburg  (803) 737-0206 | Mon – Fri  9:00am – 5:00pm | | Serves Youth, Adults, & Dislocated Workers. WIA is an employment program seeking to assist individuals serious about obtaining a job. This program also provides Federally-funded training assistance to qualified enrollees, including GED training, certifications & other job-skills training, to enhance their marketability in the workforce. |
| Wil Lou Opportunity School | 3300 W Campus Road  West Columbia, SC 29170  (803) 896-6480 | Mon – Fri  8:30am – 5:00pm | | Clubs, Activities on the weekends, Sports, JROTC, Religious affiliated Lectures & activities, tutoring. Requirements: 16-19 ages. |
| WorkKeys | Columbia SC Works Center  700 Taylor Street  Columbia, SC 29202  (803) 737-5627 | Mon – Fri  9:00am – 5:00pm | | Foundational Skills assessments provide reliable, relevant information about workplace skill levels. WorkKeys assessments measure cognitive abilities such as applied mathematics, |
|  | Lexington SC Works Center  201 Duffie Drive  Lexington, SC 29072  (803) 359-6131 |  | | reading for information, & locating information. |
|  | Winnsboro SC Works Center 1009 Kincaid Bridge Road Winnsboro, SC 29180  (803) 635-2292 |  | |  |
|  | Fairfield Transition Center  414A South Congress Street Winnsboro, SC 29180  (803) 815-0627 |  | |  |
| YouthBuild Columbia | 2601 Read Street  Columbia, SC 29204  (803) 705-4365  (803) 705-4361 | Call for Information | | Helps youth choose a more productive path toward self-sufficiency by enabling them to gain marketable skills for employment.  Ages 16-24; Assist with obtaining GED/High School Diploma, construction training, classroom training, career counseling, job placement assistance & other supportive services. |

**Parenting, Early Intervention & Afterschool Programs**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| ABC Child Care Special Needs Program | (803) 935-5238/5281 | | Call for information | SC parent with children who meet special needs criteria & meet income guidelines may be eligible for assistance with the cost of their weekly child care. Income eligible parents must be working, in school, or in training programs. |
| Advocates for Better Childcare | 1525 Confederate Avenue Columbia, SC  1 (800) 763-2223 (Toll Free)  (803) 714-7300  (803) 898-2570 | | Mon – Fri  8:00am – 5:00pm | ABC Voucher |
| Answered Prayer 24-hour Day/Night Child Care | Contact for Location Info: Vannette James, MSW, Director.  (803) 477-8753 or 957-3968 | | Mon – Fri  6:30am – 6:00am | Quality Care, Nutritious Meals, Full-Time, Part-time, & Drop-Ins are all welcome. |
| Atlas Road Dream Center | 2430 Atlas Road  Columbia, SC 29209  (803) 647-0178 | | Mon – Fri  2:30pm – 6:30pm | Tutoring & academic help to elementary & middle school students. Transportation is provided from select schools in Richland School District One. |
| BabyNet with SC First Steps School Readiness | 1300 Sumter Street  Columbia, SC 29201  1 (877) 621-0865  (803) 734-0479 | | Mon - Fri  8:30am – 5:00pm | <http://www.scfirststeps.org/babynet.html> Development assessment of child (ren) birth-3 years. Provides speech, occupational, & physical therapy. |
| Bethany | 1 (844) 824-6673 | | 24/7  Nationwide Crisis Pregnancy Line | Free Pregnancy counseling for men & women. Parenting, adoption & abortion. |
| Bethlehem Community Center | 344 McRae Street  Columbia, SC 29203  (803) 807-9582 | | Call for information | Afterschool programs |
| Big Brothers Big Sisters | 4300 North Main Street,  Suite 200  Columbia, SC 29203  (803) 691-5700 | | Mon – Fri  9:00am – 5:00pm | [www.bbbsgc.org](http://www.bbbsgc.org/)  Mentoring 5-13 years old. |
| Bluff Road Park Summer Camp | 148 Carswell Road  Columbia, SC 29209  (803) 776-8698 | | Mon – Fri  7:30am – 12:00pm | Call for Information. |
| Blythewood Park After School Program | 126 Boney Road  Blythewood, SC 29016  (803) 691-9786 | | Mon – Fri  2:00pm – 6:00pm | Ages 5-13; Call for more information. |
| Boys & Girls Club of the  Midlands – Ben Arnold Memorial | 1100 S Holley Street  Columbia, SC 29205  (803) 231-3301 | | Mon – Fri  2:30pm – 8:00pm | Ages 5-18; Call for more information. [www.bgcmidlands.org](http://www.bgcmidlands.org/) |
| Boys & Girls Club of the Midlands | 500 Gracern Road  Columbia, SC 29210  (803) 733-5492 | | Mon – Fri  8:30am – 5:00pm | [www.bgcmidlands.org](http://www.bgcmidlands.org/)  6- 12 years old. The club offers education & career development. Arts, sports, fitness, recreation, & homework assistance. |
| Boys & Girls Club of the Midlands - Greenview | 5935 Token Street  Columbia, SC 29203  (803) 231-3304 | | Mon – Fri  2:30pm – 6:30pm | Ages 5-12; Call for more information. |
| Brett’s Rainbow – Palmetto Health Hospice | Westwood High School  180 Turkey Farm Road  Blythewood, SC 29016  (803) 296-3100 | | Call for information | [http://campsite.palmettohealth.org](http://campsite.palmettohealth.org/)  Serves children 5-18 & a caregiver going through bereavement/grief with a one-day camp in October. |
| Birthright of Columbia | 1405 Gregg Street  Columbia, SC 29201  (803) 765-0165  1 (800) 550-4900  (International Hotline) | | Mon – Fri  9:00am – 6:00pm | [www.birthrightofcolumbia.org](http://www.birthrightofcolumbia.org/)  Call to make an appointment or to make sure people are on-site if you want to walk-in.  Offers confidential support & encouragement in making decisions about pregnancy, pregnancy tests, health care items, & baby & maternity clothes. Referrals for prenatal care, medical assistance, parenting skills, & education. |
| Bright Start | 720 Gracern Road, Suite 450  Columbia, SC 29210  (803) 929-1112 | | Mon – Fri  8:00am – 4:30pm | children ages 0-21 with special needs. |
| Child Support Services (Department of Social Services) | Brenda Cummings,  Child Support Specialist  3150 Harden Street Extension Columbia, SC 29202  (803) 898-9279  (803) 898-9282  (803) 9465 (Fax) | | Mon – Fri  8:30am – 5:00pm | Must have ID & $25 for application fee. |
| Child & Family Program | 1233 Washington Street,  2nd Floor  Columbia, SC 29208  (803) 978-7413 | | Call for information | [childfamily@sc.edu](mailto:childfamily@sc.edu)  Through the Triple P program learn step-by-step solutions that are simple, sensible, & easily adapted to meet a variety of family situation. Solve disruptive child behavior, such as disobedience, fighting, tantrums, & bedtime problems. For kids 3-7. |
| Children’s Center at USC | 1530 Wheat Street  Columbia, SC 29208  (803) 765-2666 | | Mon – Fri  7:00am – 6:30pm | <http://www.sc.edu/childrenscenter>  Children 6 weeks – pre-K; Afterschool, holiday & summer programs are available for children up to 8 years of age. |
| Children’s Garden | 4801 Colonial Drive  Columbia, SC 29203  (803) 333-0608 | | Mon – Fri  7:00am – 5:30pm | Ages 6 weeks-5 years  Of families in crisis such as homelessness. |
| Columbia Federal Child Development Center | 1835 Assembly Street,  Suite 113  Strom Thurmond Building Columbia, SC 29201  (803) 253-3050 | | Mon – Fri  7:00am – 6:00pm | http://child-care-preschool.brighthorizons.com/SC/Columbia/columbia  Children up to 5 years old; Infant, Toddler,  Preschool, & Kindergarten Prep programs. |
| CR Neal Dream Center | 2430 Atlas Road  Columbia SC 29209  (803) 647-9111 | | Mon – Fri  9:00am – 5:00pm | Personal & educational development, comprehensive health care, senior care, after- school programs, community-oriented services. |
| Department of Social Services – Child Support Enforcement Division | 3150 Harden Street Extension Columbia, SC 29203  (803) 898-9210 | | Call for information | Childcare services.  Provides services to locate absent parents establish paternity & enforce support obligations. People who receive assistance under TANF, Foster Care & Medicaid receive CSE services automatically. |
| Dickerson Children’s Advocacy Center | 1615 Augusta Road  West Columbia, SC 29169 (803) 791-1511 | | Call for information | Strengthening Families Program a place where healing begins. |
| D.I.V.A. International, Inc. Dedicated Individually to Valiantly Assist | 1111 Belleview Street,  Suite 101  Columbia, SC 29201  (803) 391-2764 | | Mon – Fri  9:00am – 5:00pm | [www.diva.international.org](http://www.diva.international.org/)  Girls group 8-17. |
| Epworth Early Intervention Center | 2900 Millwood Avenue  Columbia, SC 29205  (803) 212-4768 | | Mon – Fri  8:30am – 5:00pm | Tutoring, residential care, counseling individual  family counseling, family education center, church services. |
| FAMCare CONNECT | 211 E. Calhoun Street  Anderson, SC 29621  (864) 305-2162 | | Call for information | [www.FAMCareCONNECT.com](http://www.FAMCareCONNECT.com/)  Serves the needs of children & families with case management, counseling, health care monitoring, & risk prevention services. |
| Girls on The Run of Columbia | 1625 Charleston Hwy, Suite C  West Columbia, SC 29169 (803) 381-0482 | | Call for information | [www.gotrcolmbia.org](http://www.gotrcolmbia.org/)  Training for 5k run/walk through 12-week sessions. Three-part curriculum to boost 3Road-5th grade girls’ knowledge of health, fitness, & self-esteem. |
| Girls Rock Columbia | Call for information | | Call for information | One-week long day camp to foster a community of girls ages 8-17 through music, performance, & educational workshops. Their ultimate goal is to empower everyone involved. |
| Growing Home Southeast | 440 Knox Abbott Drive,  Suite 250  Cayce, SC 29033  (803) 791-5513  1 (800) 344-5498 (Toll Free) | | Call for information | [www.growinghomese.com](http://www.growinghomese.com/)  Enabling at-risk children, youth & families to realize their potential & contribute to their community. Foster Care, Group Conferencing, adoption recruitment, etc. |
| Head Start | PO Box 1520  Columbia, SC 29202  (803) 898-2550 | | Mon - Fri  8:30am – 5:00pm | 3-5 yrs. School readiness. |
| Katheryn M. Bellfield Booker Washington  Heights Center | 2611 Grant Street  Columbia, SC 29203  (803) 255-8161 | | Call for information | Wellness screenings for children. |
| Midlands Fatherhood  Coalition | 1821 Hampton Street  Columbia, SC 29201  (803) 933-0052 | | Call for information | [www.midlandsfathers.com](http://www.midlandsfathers.com/)  Mentoring, groups, case management. |
| Palmetto Association for Children & Families | 3710 Landmark Drive,  Suite 100  Columbia, SC 29204  (803) 834-4921  (803) 251-9000 (Fax) | | Call for information | [www.pafcaf.org](http://www.pafcaf.org/)  Created to unite the different agencies that serve children “living outside their family homes” so they can “exchange ideas, gain knowledge, & work to address issues related to quality care.” Children served by agencies in the association include neglected, abused, medically fragile, mental & physically disabled, behavioral issues, & delinquent. |
| Palmetto Healthy Start Fatherhood Involvement Initiative | 223 Stoneridge Drive, Suite B Columbia, SC 29210  (803) 296-3780  (803) 296-3790 (Fax) | | Call for information | [www.palmettohealth.org/healthystart](http://www.palmettohealth.org/healthystart)  Support to fathers. |
| Palmetto Healthy Start | PO Box 2266  Columbia, SC 29202  (803) 249-4340 | | Mon – Fri  8:30am – 5:00pm | palmettohealth.org/healthystart  Parenting classes: Prenatal care, pregnancy’s do’s & don’ts, nutrition, infant care & parenting. |
| Richland County First Steps | 2008 Marion Street  Columbia, SC 29201  (803) 553-1814 | | Mon – Fri  8:00am – 4:30pm | [http://www.rcfirststeps.org](http://www.rcfirststeps.org/)  Parents as Teachers-parents are taught a curriculum in their home. Early Head Start is for children 0-3 years old & is the precursor to Head Start. Nurse Families Partnerships. |
| SC Child Care Resource & Referral Network | 1800 Main Street  Columbia, SC 29201  (803) 758-6988 (Richland Cty)  (864) 467-4800 (Lexington Cty)  1 (888) 335-1002 (Toll Free) | | Mon – Fri  8:00am – 5:00pm | Services offered: Assists individuals in finding child care providers. |
| SC Healthy Connections | 1 (877) 552-4642 | | Call for information | [www.scdhhs.gov](http://www.scdhhs.gov/)  Health care for children whose families whose income is less than 200% of the Federal Poverty level. Children ages 1-18. |
| Richland Library-Here Comes Kindergarten | Program is at several different locations, call for info  (803) 929-3417 | | Mon – Fri  8:00am – 6:00pm | Gives parents, caregivers & preschool teachers in these areas the skills & tools they need to get their children ready to succeed in school. |
| SC Fatherhood Initiative | 2711 Middleburg Drive,  Suite 111  Columbia, SC 29204  (803) 227-8800 | | Mon – Fri  8:00am – 5:00pm | [www.scfathersandfamilies.com](http://www.scfathersandfamilies.com)  Training, referrals, & support to improve employment, parenting, & healthy relationships-all aimed at strengthening fathers. |

**Healthcare**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| The Cooperative Ministry | | 3821 West Beltline Boulevard Columbia, SC 29204  (803) 799-3853  [Info@coopmin.org](mailto:Info@coopmin.org) | Mon – Fri  9:00am – 5:00pm | Food & clothing assistance. Financial Assistance for, rent/mortgage & utilities & cars for clients who are employed only. Furniture for homeless individuals moving into housing by referral only. Free tax prep. Affordable Care Act Premium Assistance. Affordable Care Act Insurance Premium Payment Support. Richland, Lexington & Fairfield county residents meeting income requirements. |
| Advicare SC Managed Care Organization | | 1 (877) 552-4642  (888) 781-4371 | Call for information | [www.advicarehealth.com](http://www.advicarehealth.com/)  Our Managed Care Organization members receive a local SC provider based health plan. Access to a dedicated care manager, access to patient advocate 24 hours/day & 7days/week. Access to a personal doctor when or your child gets sick or needs a check-up. |
| American Cancer Society | | 128 Stonemark Lane  Columbia, SC 29210  (803) 750-1790 | Mon – Fri  8:00am – 5:00pm | [www.cancer.org](http://www.cancer.org/)  Free: rides to treatment for cancer patients, one-on- one support for women undergoing breast cancer, sessions for women on how to look pretty during treatments, help from registered dieticians & temporary lodging for individuals undergoing treatment. |
| Ballentine Family Medicine | | 1079 Dutch Fork Road  Irmo, SC 29063  (803) 749-8900 | Mon & Thu  8:00am – 5:00pm  Tue, Wed, Fri  7:00am – 7:00pm | Provide health services for the community. A design that maximizes patient comfort & privacy. |
| Bethany Christian Services | | 1612 Marion Street  Columbia, SC 29201  (803) 779-0541 | Mon – Fri  8:00am – 5:00pm | [www.bethany.org/columbia](http://www.bethany.org/columbia)  Expectant mothers needing a place to live during their pregnancy, counseling. |
| Birthright of Columbia | | 1405 Gregg Street  Columbia, SC 29201  (803) 765-0165  1 (800) 550-4900  (International Hotline) | Mon – Fri  9:00am – 6:00pm | [www.birthrightofcolumbia.org](http://www.birthrightofcolumbia.org/)  Call to make an appointment or to make sure people are on-site if you want to walk-in.  Offers confidential support & encouragement in making decisions about pregnancy, pregnancy tests, health care items, & baby & maternity clothes. Referrals for prenatal care, medical assistance, parenting skills, & education. |
| “CareLink” – A product of Health.com | | 1 (800) 525-6237 (Toll Free) | Call for information | A personal emergency response system designed to reduce complications associated with fall or other health-related emergencies by ensuring prompt assistance. |
| Children’s Dental Clinic | | Lexington & Richland County Health Departments  2000 Hampton Street  Columbia, SC 29204  (803) 576-2739 | Tue – Fri  8:30am – 1:00pm | Preventive & restorative dental services to children & youth five years old & older enrolled in Lexington & Richland County public schools. |
| Clinica El Buen Samaritano | | **Lexington**  1316 Leaphart Street  West Columbia, SC 29169 (803) 796-4484 | Call for information | **SC Healthy Connections**  Free clinics are volunteer-based, safety-net health care organizations that provide a range of medical, dental, pharmacy, and/or behavioral health services to economically disadvantaged individuals who are predominately uninsured. |
| **Richland**  7915 Old Percival Road Columbia, SC 29223  (803) 790-0239 |
| Columbia Free Medical Clinic | | 1875 Harden Street  Columbia, SC 29204  (803) 765-1503 | Mon – Thu  8:00am – 5:00pm  Fri  8:00am – 1:00pm | freemedclinic.org  Primary Care, medication, diabetic supplies, referrals to opticians & dentists, & pharmaceutical needs. Services that are not given are pregnancy tests, shots, & routine exams. Services are based on household income must be at least 18 with no insurance. |
| Columbia Oral Health  Clinic | | 3425 ½ North Main Street  Columbia, SC 29201  (803) 779-4795 | Mon – Thu  9:00am – 2:00pm | Dental Services for HIV/AIDS Clients. |
| Daybreak Adult Care Services, INC | 123 Library Hill Ln, Suite A Lexington, SC 29072  (803) 356-4451 | | Call for information | [www.daybreakcare.com](http://www.daybreakcare.com/)  Provides personal care in the privacy & security of your own home. |
| Daybreak Crisis Pregnancy Center | 2009-C Hampton Street Columbia, SC 29204  (803) 771-6634  (24/7 Hotline) | | Mon – Fri  9:00am – 5:00pm | [http://www.daybreakcpc.org](http://www.daybreakcpc.org/)  Baby items (car seats, diapers, wipes, formula, etc.), family planning, free pregnancy test, free ultrasounds (between 7 & 12 weeks), maternity & baby clothes & items. Childbirth/parenting classes, dating/relationship classes, & post abortion support. |
| Disabilities & Special  Needs | Help Line-no address  (803) 252-5179 | | Mon – Fri  8:00am – 4:30pm | Children with Special Health Care Needs. |
| Eau Claire Cooperative Health Services, Inc. | Multiple locations  1228 Harden Street  Columbia, SC 29204  (803) 733-5969 | | Mon – Fri  8:00am – 5:00pm | [www.ecchc.org](http://www.ecchc.org/)  Family medicine, pediatrics, Internal Medicine, OB/GYN, Dental, X-Rays Counseling & Behavioral Medicine, Pharmacy, Podiatry, Referrals. Transitions Homeless Shelter has an on-site clinic for clients. |
| Eau Claire Family Dentistry | 3800 North Main Street, Suite C  Columbia, SC  (803) 705-3169 | | Mon – Fri  8:30am – 4:30 | Accepting new pediatric & adult patients. Please call today to schedule your appointment we look forward to helping you maintain a healthy smile. |
| Family Planning | To find a clinic near you, call 1 (800) 868-0404 (Toll Free) | | Call for information. | http://www.opclearinghouse.org.db\_search. asp Provides high quality & confidential reproductive services to women, men, & teens at Affordable rates. |
| Family Service Center Dental Clinic | Richland: 2000 Hampton Street  Lexington: 1070 South Lake Drive  (803) 785-6651 | | Mon  8:00am  Tue – Fri  8:30am – 1:30 pm | Serves low-income adults (at least 21 years old) in Richland or Lexington County. Adults must have no dental insurance. Transportation Service-Traveler’s Aid. |
| GlaxoSmith Kline | 1 (866) 475-3678 | | Call for information | [www.gskforyou.com](http://www.gskforyou.com/) Rx Assistance |
| Good Samaritan Clinic | 7915 Old Percival Road Columbia, SC 29223  (803) 790-0239 | | Tue  3:00pm – 9:00pm | Provides free medical attention & counseling to anyone in need. |
| Homewatch Caregivers of Columbia, SC | 1 Windsor Cove, Suite 210  Columbia SC 29223  (803) 736-5959 | | 24-hour Care | Homewatchcaregivers.com  This includes comprehensive personal care, quality of life care, & transportation. |
| Joseph H Neal Wellness  Center | 1813 Laurel Street  Columbia, SC 29201  (803) 849-8430 | | Mon – Fri  9:00am – 5:00pm | [www.schivaidscouncil.org](http://www.schivaidscouncil.org/)  Education, prevention, STD testing & treatment. |
| Katheryn M. Bellfield Booker Washington  Heights Center | 2611 Grant Street  Columbia, SC 29203  (803) 255-8161 | | Call for information | To provide access to beneficial resources & services that will help them maintain a healthy & productive lifestyle; diabetes screening. |
| Lilly Medicare Answers | 1 (877) 795-4559 | | Call for information | [www.lillymedicareanswers.com](http://www.lillymedicareanswers.com/)  Rx assistance. |
| Lions Club | 234 Outlet Pointe Boulevard, Suite C  Columbia, SC 29210  (803) 457-7077 | | Mon – Fri  8:30am – 5:00pm | [http://sclions.org](http://sclions.org/)  Hearing aids, glasses, etc. |
| Logisticare (Medicaid Bus) | 1 (866) 910-7684 | | Mon – Fri  8:00am – 5:00pm | [http://www.logisticare.com](http://www.logisticare.com/)  Transportation to medical appointments. |
| March of Dimes | 240 Stoneridge Drive,  Suite 206  Columbia, SC, 29210  (803) 403-8530 | | Mon – Fri  9:00am – 5:00pm | http://www.marchofdimes.com/southcarolina Family Planning, preterm labor advocacy[.](http://www.marchofdimes.com/southcarolina) |
| Medicaid Bus | 1 (866) 431-9635 | | Call for information | Medical Transportation, schedule appointment. |
| Midland Care Consortium | Four Medical Park, Suite 200 (803) 252-2135 | | Mon – Fri  8:00am – 4:30pm | Provides medical services, prescription assistance, STD testing, counseling, & referrals for HIV/AIDS clients. |
| Midlands Dental Initiative **(**Operated by Palmetto Health) | (803) 296-6068 | | Mon – Fri  9:00am – 5:00pm | Uninsured patients: Must live in Richland or Lexington County at 200% or below Federal Poverty Level. Emergency extractions only. |
| Midlands Eye Care Clinic  **(**Operated by the United Way of the Midlands) | 2000 Hampton Street,  3rd Floor, Suite 3014,  Columbia, SC 29204  (803) 576-2847 | | 1st & 3rd Tue  12:00 – 5:00 PM  To set appointments,  call (803) 576-2847  Thu  9:00am – 4:00pm | <http://www.uway.org/our-work/health/midlands-> eye-care-clinic  Uninsured patients: Must live in Richland or  Fairfield County at 200% or below Federal Poverty Level. Free comprehensive eye exam & glasses as needed. First come, first serve but must call for an appointment. |
| NeedyMeds | PO Box 219  Gloucester, MA 01931  1 (800) 533-6897 | | N/A | [www.needymeds.com](http://www.needymeds.com/)  Website that provides information about patient assistance programs which provide free prescription medications to eligible participants. |
| Nurse-Family Partnership of Lexington/Richland  County | 2000 Hampton Street  Columbia, SC 29204  (803) 576-2757 | | Mon – Fri  8:30am – 5:00pm | Home medical support for pregnant women. |
| Palmetto AIDS Life Support Services (PALSS) | Two Notch Road, Suite 108 Columbia, SC 29204  (803) 779-7257 | | Mon – Fri  8:30am – 5:00pm | HIV/AIDS testing, condoms. |
| Palmetto Health Care Call | 1801 Sunset Drive  Columbia, SC 29203  (803) 296-2273 | | Call for information | Yearly pap smear & mammogram to individuals who do not have health insurance. |
| Palmetto Health Financial Assistance Program | (803) 296-5153  (803) 434-2824 | | Mon – Fri  9:00am – 5:00pm | Financial Assistance for health insurance for residents of Richland, Lexington & Fairfield Counties who do not qualify for Medicaid or  government insurance & are less than 100% FPL. |
| Palmetto Health Spine Center | 100 Palmetto Health Pkwy, Suite 250  Columbia, SC 29212  (803) 907-7675 | | Call for information | [www.PalmettoHealth.org/SpineCenter](http://www.PalmettoHealth.org/SpineCenter)  Offers immediate treatment for acute back pain. The only back pain specialty center in the area. |
| Palmetto Healthy Start | 223 Stoneridge Dr. Suite B Columbia, SC 29210  (803) 296-3780  Lexington (803) 905-4343 | | Mon – Fri  8:30am – 5:00pm | Monthly parenting classes, family planning, childbirth classes, transportation, fathers group. |
| Palmetto Senior Care – Palmetto Health | 5 Medical Park Drive Columbia, SC 29203 | | 24/7 Assistance | For seniors 55 & older providing medical & support services with a distinct preventive care focus. Helps participants avoid the illnesses &  costly hospitalization. |
| Partnership for Rx  Assistance | 1 (888) 477-2669 | | Call for information | [www.pparx.org](http://www.pparx.org/) |
| PASOs | (803) 777-5466 | | Call for information | [www.scpasos.org](http://www.scpasos.org/)  Community-based organization that works with Latino communities & health professionals to build healthy Latino families & ensure early childhood services. |
| Pfizer Helpful Answers | 1 (866) 706-2400 | | Call for information | [www.pfizerhelpfulanswers.com](http://www.pfizerhelpfulanswers.com/) |
| Planned Parenthood | 2712 Middleburg Drive,  Suite 107  Columbia, SC 29204  (803) 256-4908  (803) 256-4900 (Fax) | | Mon, Tue, & Fri  9:00am – 5:00pm  Wed – Thu  11:00am – 7:00pm  Sat  9:00am – 1:00pm | Provides family planning counseling, sexual health education, yearly pap smears, STD checks, birth control, & abortion services. |
| Regency Hospice Southern Care Hospice | 140 Stoneridge Drive,  Suite 130  Columbia, SC 29210  (803) 765-0099 | | Call for information | Terminal care support. |
| Richland Care | 111 Doctor’s Circle  Columbia, SC 29203  (803) 296-2220 | | Call for information | Provides medical care & prescription assistance to low-income residents of Richland County who meet eligibility requirements. Applicants cannot have or be eligible for any type of health insurance. Medical care is provided at selected doctor’s offices and  community health centers. |
| Richland County Coroner’s Office | 1931 Pineview Drive  Columbia, SC 29209  (803) 576-1799  (803) 576-1798 (Fax) | | Mon – Fri  9:00am – 5:00pm | [www.rccosc.com](http://www.rccosc.com/)  Office dedicated to investigating the nature of deaths of residents of Richland county. |
| Richland Primary Health Care | 1520 Laurel Street  Columbia, SC 29201  (803) 799-8407 | | Mon – Fri  8:00am-5:00pm | Provides medical care & prescription assistance to individuals with or without health insurance. |
| SC Contraceptive Access Campaign | (803) 765-9033  (803) 765-9032 | | Mon – Fri  8:30am – 5:00pm | [http://www.southcarolinasafersex.org](http://www.southcarolinasafersex.org/)  Emergency contraceptive, condoms, sexual health information. |
| SC Healthy Connections Choices | PO Box 8691  Columbia, SC 29202  1 (877) 552-4642 | | Mon – Fri  8:00am – 6:00pm | [www.SCchoices.com](http://www.SCchoices.com/)  Program that helps Medicaid members enroll in health plans. |
| Senior Directory | (800) 955-8510 | | Call for information | [www.senioRoadirectory.com](http://www.seniordirectory.com/)  Senior Directory list resources for seniors  throughout the SC & surrounding areas. |
| Sexual Trauma Services of the Midlands | 3830 Forest Drive, Suite 201  Columbia, SC 29204  (803) 790-8208  (803) 771-7273  (24/7 Hotline)  (803) 790-8282 (Fax) | | Mon – Fri  8:30am – 5:00pm | stsm.org  Counseling, group support, advocacy, legal support for survivors of sexual assault. |
| “TEXT4BABY” | N/A | | Call for information | [www.Text4baby.org](http://www.Text4baby.org/)  Receive free health & safety tips on your cell phone. Text the word BABY (or BeBe for Spanish) to 511411 to receive three free text messages a week, timed to your due date or your baby’s birth day, through pregnancy & up until the baby’s first birthday. |
| Together Rx Access | 1 (800) 444-4106 | | Call for information | [www.togetherrxaccess.com](http://www.togetherrxaccess.com/) |
| VA Health Care for Homeless Veterans | 6439 Garners Ferry Road Columbia, SC 29209  (803) 776-4000 | | Call for information | <http://www.va.gov/homeless/hchv.asp> Medical, mental health, vocational, & social services, Case management, Orientation and  educational groups for homeless veterans. |
| WellPartners | Richland County  2000 Hampton Street,  Suite 3145  Columbia, SC 29204  (803) 888-1590  (Children’s Dental Clinic)  (803) 888-1690  (Adult Dental Clinic)  (803) 888-1692  (Adult Eye Clinic  (803) 888-1691 (Fax)  Michelle McCauley | | Mon – Thu  8:30am – 5:00pm  Fri  8:30am – 12:00pm | [www.wellpartners.org](http://www.wellpartners.org/)  Free dental & vision care for 18 years older without health insurance & kids, ages 5-17. Find application outside the door at each location & online.  Lee Patterson at the library can assist with applications. |
|  | Lexington County  1070 S. Lake Drive Suite B  Red Bank Crossing,  Lexington, SC 29073  (803) 785-6651  (Children’s Dental Clinic)  (803) 785-6653  (Adult Dental Clinic) | |  |  |
| Welvista | 2700 Middleburg Drive #105  Columbia, SC 29204  (803) 933-9183  (Hospital Patient Advocacy)  (803) 933-9184 (Medication Assistance & Pharmacy)  (803) 584-4803  (Pediatric Dentist) | | Mon – Fri  9:00am – 5:00pm | [www.welvista.org](http://www.welvista.org/)  Welvista provides prescription medication at no cost to uninsured individuals who qualify for program. |

**Counseling, Mental Health & Special Needs**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Able SC | 136 Stonemark Lane, Suite 100  Columbia, SC 29210  (803) 779-5121  1 (800) 681-6805 (Toll Free)  (803) 779-0949 (TTY) | | Mon – Fri  9:00am – 5:00pm | Disability Support for Clients towards Independent living skills, Peer Support, Assistive Technology, Youth Transition Services, & Outreach & Training. |
| Abuse Hotlines | Varies | | 24/7 | National Child Abuse Hotline (800) 4-A-CHILD (422-4453); National Domestic Violence Hotline (800) 799-SAFE (799-7233) |
| Affiliated Family Services- Dr. Sally King | 2016 Assembly St  Columbia, SC 29201  (803) 252-5300 | | Mon – Fri  9:00am – 5:00pm | Counseling |
| Alzheimer’s Association | Midlands Area Office  3223 Sunset Boulevard,  Suite 100  West Columbia, SC 29169 (803) 791-3430  1 (800) 636-3346  (803) 791-3430 Fax | | Mon – Fri  9:00am – 5:00pm | Support to families. |
| Arc of the Midlands | 807 South Lake Drive Lexington, SC 29073  (803) 693-5746 | | Mon – Fri  9:00am – 5:00pm | Arcmidlands.org  Statewide employment placement for clients with intellectual/developmental disabilities.  Training & staff support to ensure the safety & well-being of home quality of life. Residents & staff will work together to maintain a comfortable, safe, & healthy home environment. Information & training on the topic of people with disabilities as victims, witnesses & suspects or offenders of crime. |
| Ayana Health Services | 2025 Ebenezer Road Suite H Rock Hill, SC 29732  (803) 328-0210 | | Call for information | [www.services4nola.com](http://www.services4nola.com/)  Provide Medicaid funded Mental Health  Rehabilitation services. Counseling, treatment, court ordered services, etc. |
| Bethany Christian Services | 1612 Marion Street  Columbia, SC 29201  (803) 779-0541 | | Mon – Fri  8:30am – 5:00pm | Adoption Services, Unplanned Pregnancy, Foster Care. |
| Big Red Barn Retreat | 8024 Winnsboro Road  Blythewood, SC 29016  (803)-397-1573 | | Call for information | [www.pathwaysglc.com](http://www.pathwaysglc.com/)  Equine Assisted Psychotherapy. |
| Brett’s Rainbow Palmetto Health | (803) 269-3331  Karen Brazilla | | Call for information | Serves children 5-18 & a caregiver going through bereavement/grief with a one-day camp in October. |
| Client Assistance Program (CAP) | 1205 Pendleton Street  Columbia SC 29201  (803) 734-0285 | | Call for information | [cap@oepp.sc.gov](mailto:cap@oepp.sc.gov)  Advocating for persons with disabilities who are dissatisfied with services from Vocational Rehabilitation Department, Commission for the  Blind & Independent Living programs. |
| Child & Family Program | 1233 Washington Street, 2nd Floor  Columbia, SC 29208  (803) 978-7413 | | Call for information | [childfamily@sc.edu](mailto:childfamily@sc.edu)  Through the Triple P program learn step-by-step solutions that are simple, sensible, & easily adapted to meet a variety of family situation. Solve disruptive child behavior, such as disobedience, fighting, tantrums, & bedtime problems. For kids 3-7. |
| Children Services | 2715 Colonial Drive  Columbia, SC 29204  (803) 898-4777 | | Mon – Fri  8:30am – 5:00pm | Counseling Treatment. |
| Choices Counseling Center | 5755 Edmund Highway  Lexington, SC 29073  (803) 755-0681 | | Mon – Fri  9:00am – 5:00pm | [www.choicescounselingcenter.info](http://www.choicescounselingcenter.info/)  Crisis intervention counseling. |
| Court Appointed Special Advocates | 1701 Main Street, Room 407 Columbia, SC 29201  (803) 576-1735 | | Call for information | [www.rccasa.org](http://www.rccasa.org/)  Volunteers who are appointed by a judge to help find the best outcome for an abused or neglected child’s future. |
| Department of Mental Health  (Columbia Area Mental Health) | Child, Adolescent, & Family Services  Monica McConnell  2715 Colonial Drive, Suite 100a Columbia, SC 29203  (803) 898-4777  (803) 898-4855 (Fax)  (803) 898-8888 (Hotline) | | Mon – Fri  8:30am – 5:00pm | [www.state.sc.us/dmh/camhc](http://www.state.sc.us/dmh/camhc)  Counseling Treatment & Evaluations. |
|  | Insights Young Adult Program  Kathy Hugg  90 Brighton Hill Road Columbia, SC 29223  (803) 898-0200  (803) 898-0215 (Fax) | |  |  |
| Dickerson Children’s Advocacy Center | 1615 Augusta Road  West Columbia, SC 29169  (803) 791-1511 | | Evening classes 5:30 Mon | Strengthening Parents Program: Parenting classes with children ages 6-11. |
| Disability Action Center, Inc. (DAC) | Brooke Everhart  (803) 779-5121  [beverhart@dacsc.org](mailto:beverhart@dacsc.org) | | Call for information | Center for Independent Living (CIL) that provides an array of services to people of all ages with all types of disabilities. |
| Epworth Early Intervention Center | PO Box 50466  Columbia, SC 29250  (803) 212-4768  Email: [info@epwortheic.org](mailto:info@epwortheic.org) | | Mon – Fri  9:00am – 5:00pm | Preschool services for children, ages 1-4 years, who have developmental delays or at risk for it. Home- based family training & service coordination services for children ages birth to five years who are eligible for Babynet. |
| Fair World Learning Center | 5935 Token Street  Columbia, SC 29201  (803) 735-3435 | | Mon – Fri  7:00am – 4:00pm | Provides education to special needs students ages 3-21 while following the Richland School District One curriculum. |
| FAMCare CONNECT | 211 E. Calhoun St  Anderson, SC 29621  (864) 305-2162 | | Call for information | [www.FAMCareCONNECT.com](http://www.FAMCareCONNECT.com/)  Serves the needs of children & families with case management, counseling, health care monitoring, & risk prevention services. |
| Family Connection of SC | 2712 Middleburg Drive, Suite103B  Columbia, SC 29204  (803) 252-0914 | | Mon – Fri  8:00am – 5:00pm | Parent Counseling, Parenting/Family Support Groups, Mental Health Support Groups, Benefits Screening. |
| Family Service Center | 2712 Middleburg Drive, Suite207A  Columbia, SC 29204  (803) 733-5450 | | Call for information | [info@fsc-online.org](mailto:info@fsc-online.org)  Provides individual, family, marital, & financial counseling services. |
| Federation of Families for Children’s Mental Health of SC | 810 Dutch Square Boulevard, Suite 205  Columbia, SC 29210  (803) 772-5210 | | Mon – Fri  8:30am – 5:00pm | [www.fedfamsc.org](http://www.fedfamsc.org/) |
| Good Samaritan Clinic | 7915 Old Percival Road Columbia, SC 29223  (803) 790-0239 | | Tue  3:00pm – 9:00pm | Free medical attention & counseling to anyone in need. |
| Grief Support |  | |  | <http://joyinthemourningcenter.org/supportgroups.ht>ml |
| Growing Home Southeast | 440 Knox Abbott Drive,  Suite 250  Cayce, SC 29033  (803) 791-5513  1 (800) 344-5498 (Toll Free) | | Call for information | [www.growinghomese.com](http://www.growinghomese.com/)  Enabling at-risk children, youth & families to realize their potential & contribute to their community. Foster Care, Group Conferencing, adoption recruitment, etc. |
| Heartbeat of the City Gateway Outreach, Inc. | 121 Long Ridge Drive  Columbia, SC 29229  (803) 788-2905 | | Mon, Wed, Fri  10:00am – 2:00pm | Counseling, phone prayer, Care packages/toiletries. |
| Helpline of the Midlands | PO Box 6336  Columbia, SC 29260-6336  (803) 790-4357 | | 24/7 | Suicide Prevention. |
| Hidden Wounds | 4840 Forest Drive,  Suite 6B #317  Columbia, SC 29206  (803) 403-8460 | | Mon – Fri  9:00am – 5:00pm | [www.hiddenwounds.org](http://www.hiddenwounds.org/)  Veteran Counseling. |
| Lexington County Mental  Health Center | (803) 739-8600  (803) 996-1500 | | 24/7 | Counseling, Substance Abuse |
| Mental Illness Recovery Center, Inc. (M.I.R.C.I) | 3809 Rosewood Drive  Columbia, SC 29205  (803) 786-1844 | | Mon – Fri  8:30am – 5:00pm | [http://www.mirci.org](http://www.mirci.org/)  Home based program counseling, parenting classes, & financial budgeting. |
| Midlands Fatherhood Coalition | 1821 Hampton Street  Columbia, SC 29201  (803) 933-0052  106 Fabristers LN, Suite J, Lexington, SC 29072  (803) 996-2114 | | Mon – Fri  8:30am – 5:00pm | A free 6-month program, weekly group sessions, father/child events, parenting classes, Anger Management, Financial Management, & job training. Must be a father 18-year-old or older. |
| Mindful Behavior Community Mental Health Service | 2712 Middleburg Drive  Suite 104 & 105  Columbia, SC 29204  (803) 451-3339 (104 Office)  (803) 569-1789 (105 Office)  (803) 864-3672 (104 Fax)  (803) 462-4972 (105 Fax) | | Call for information | Services & programs for people struggling with mental illness & substance abuse. Different levels of intensity of program available including intensive outpatient & partial hospitalization. Financial counselors available to assist with payment. |
| National Alliance on Mental Illness | PO Box 2526  Columbia, SC 29202  Office: (803) 206-2916 | | Mon – Fri  8:30am – 5:00pm | [www.namimidcarolina.org](http://www.namimidcarolina.org)  Our mission us to improve the treatment & situation of those suffering from mental illness & their families through support & advocacy for services through education & information. |
| Palliative Care – Palmetto Health | Call for information | | Call for information | Focuses on the relief of pain, symptoms & stress of serious illness. Goal is to prevent & relieve suffering. |
| Palmetto AIDS Life Support Service | 2638 Two Notch Road,  Suite 108  Columbia, SC 29204  (803) 779-7257 | | Mon – Fri  8:30am – 5:00pm | Case management, housing assistance, emergency food, clothing, women & men support groups, free HIV testing, & educational groups. |
| Palmetto Baptist Medical Center Behavior Health | 720 Gracern Road  Columbia, SC 29210  (803) 988-8765 | | Mon – Fri  8:00am – 4:30pm | Insurance or self-pay day treatment Outpatient services. |
| Parentwise | Columbia, SC 29211  (803) 256-4670 | | Mon – Fri  8:00am – 4:30pm | Parenting Support & Education. |
| Pro Parents | 652 Bush River Road Columbia, SC 29210  (803) 772-5688 | | Mon – Fri  8:30am – 5:00pm | [www.proparents.org](http://www.proparents.org/)  Information/Training for People with Disabilities. |
| Rape, Abuse, & Incest National Network (RAINN) | 1 (800) 656-HOPE (4673)  (24/7 Crisis Hotline)  Online.rainn.org  (24/7 Online Crisis Chat) | | Call or go online for assistance. | Provides one-on-one crisis counseling (via telephone or online chat) for survivors of sexual  assault. Helps survivors connect to local resources including therapy & legal support. |
| Richland County Sheriff’s Department Victims Assistance | 1931 Pineview Road  Columbia, SC 29209  LT. Heidi Jackson  (803) 576-3113 | | Call for information | <http://www.rcsd.net/inv/vicassistance.htm>  Provide support, conduct crisis intervention, act as liaison, arrange counseling & support groups, provide information & referral, help prepare victims for court while providing advocacy & accompaniment, assist domestic violence victims in obtaining Orders of Protection & emergency housing. |
| Richland/Lexington Disabilities & Special Needs | 420 Rivermont Drive  Columbia, SC 29210  (803) 252-5179 | | Mon – Fri  8:30am – 5:00pm | [www.rldsnb.org](http://www.rldsnb.org/) Autism  Intellectual Disabilities & Related Disabilities Traumatic Brain Injuries & Spinal Cord Injuries & Similar Disabilities. |
| Senior Resources | 2817 Millwood Avenue  Columbia, SC 29205  (803) 252-7734 | | Call for information | [www.seniorresourcesinc.org](http://www.seniorresourcesinc.org/)  Provides coordinated services, resources & personal choices to promote healthy, independent living through the support of staff & volunteers. |
| SC Commission for the Blind | Amanda Crooks [acrooks@sccb.sc.gov](mailto:acrooks@sccb.sc.gov) | | Call for information | A state agency created to provide rehabilitation services, adjustment to blindness training, prevention of blindness, independent living services & various other services to blind & severely visually impaired citizens of SC. |
| SC Fatherhood Program | 2711 Middleburg Dr, Suite111  Columbia, SC 29204  (803) 227-8800 | | Call for information | [www.scfathersandfamilies.com](http://www.scfathersandfamilies.com/)  Offers training, referrals, & support to improve employment, parenting, & relationships-all aimed at strengthening fathers. |
| SC Office of Victims Assistance (SOVA) | Statehouse Complex Edgar A. Brown Building  1205 Pendleton Street,  Room 401  Columbia, SC 29201  (803) 734-1900  1 (800) 220-5370 (Toll Free) | | Mon – Fri  8:30am – 5:00pm | [http://www.sova.sc.gov](http://www.sova.sc.gov/)  Medical & dental services, Counseling services, lost wages/loss of support, funeral expenses. All other avenues of compensation must be exhausted before use. |
| Sexual Trauma Services of the Midlands | 3830 Forest Drive, Suite 201  Columbia, SC 29204  (803) 790-8208  (803) 771-7273 (24/7 Hotline)  (803) 790-8282 (Fax) | | Mon – Fri  8:30am – 5:00pm | stsm.org  Counseling, group support, advocacy, legal support for survivors of sexual assault.  ***Education & Outreach Program***  Educates the Midlands community about sexual violence. Strive to decrease the stigma surrounding this issue, increase survivor’s ability to access resources & seek help, & prevent/eliminate sexual violence in our community. Call for information. |
| Sistercare Inc. | (803) 765-9428  (24/7 Hotline) | | 24/7 Hotline | [www.sistercare.com](http://www.sistercare.com/)  Advocacy & prevention of domestic violence Provide shelter, legal information, court advocacy, counseling & crisis intervention to battered women & their children. |
| SC Mentor | 3600 Forest Drive Suite 100  Columbia, SC 29204  (803) 799-9025 | | Mon – Fri  8:30am – 5:00pm | Parenting Classes, home services provider, programs to youth with emotional/behavioral  challenges, & adults & children with intellectual & developmental disabilities. |
| SC Respite Coalition | PO Box 493  Columbia, SC 29202 | | Call for information | [www.screspitecoalition.org/](http://www.screspitecoalition.org/)  The SCRC provides information about respite to families & professionals, strives to increase awareness among family members, policy makers & the general public, & ultimately increase respite all over the state. |
| SC Talking Book Services | 1500 Senate Street  Columbia SC, 29201  Toll free: 1 (800) 922-7818  Local: (803) 734-4611 | | Call for information | Free library services for those who cannot read a printed book due to visual or physical limitations. |
| SC Tobacco- Free Collaborative | 2711 Middleburg Drive  Columbia, SC 29204  (803) 251-0130  (803) 253-4148 (Fax)  1 (800) 784-8669 (24/7 Quiteline) | | Call for information | [www.sctobaccofree.org](http://www.sctobaccofree.org/)  24-hour telephone behavioral support for quitting smoking.  Assistance receiving smoking cessation products. |
| SC Youth Advocate Program (SCYAP) | 140 Stone Ridge Drive #350  Columbia, SC 29210  (803) 779-5500  1 (800) 882-5513 (Toll Free)  Mellissa Welch Admissions Director [mwelch@scyap.com](mailto:mwelch@scyap.com) | | Mon – Fri  9:00am – 5:00pm | [www.scyap.com](http://www.scyap.com/)  Must be a Medicaid beneficiary & 21 or younger. Services are provided within the youth’s home or community at times that are most convenient to them. WRAP Services including behavior modification, psychosocial rehabilitation, family support services, crisis management, & transportation. Youth Opportunities Program available for 16-21 provides independent living skills. Mental health services include diagnostic assessments, individual therapy, & family therapy. |
| Specialized Alternatives for Families & Youths (SAFY) | 800 Dutch Square Boulevard, Suite 205  Columbia, SC 29210  (803) 791-7328 | | Mon – Fri  9:00am – 5:00pm | Foster children ages 0-21. Therapy for trauma,  severe behaviors, medical fragile treatment foster parents, in-home programs-Medicaid sponsored. |
| The Nurturing Center | 1332 Pickens Street,  Columbia SC 29201  (803) 771-4160 | | Center Based Program:  Tue, Wed, & Thu  9:00 – 2:00pm  Teen Parenting Program: Fri  (12 – 2:30pm, summer 10 – 1pm) | [www.thenuturingcenter.org](http://www.thenuturingcenter.org/)  Intensive day parenting classes for parents with under school aged children ages 6 weeks to 4 & their parents together. Transportation & lunch provided Parenting skills, child development, therapy, home-based services, case management, & donation closet. |
| Renewed Mind Behavioral Health | 1634 Van Heise Street Columbia, SC 29204  (803) 764-2300 | | Mon - Fri 9:00-6:00pm  or by apt | Children, adolescents, adults & families. |
| Together We Care | 6831 Brookfield Road  7500 Brookfield Road  Columbia, S.C. 29206  (803) 462-7072 | | Call for information | Counseling, multi-family groups, extern training, community service leadership training, transitioning programs, intervention services, etc. |
| Transportation Service 5 Points Wheels | Park Circle  Columbia, SC 29201  (803) 779-1971 | | Tue & Wed  9:30am – 12:00pm | Riders must be 50+ or disabled. Anyone who is  disabled & under 18 must have a parent or guardian with them. |
| Vet Center | 1513 Pickens Street  Columbia, SC 29201  (803) 765-9944 | | Mon – Fri  9:00am – 5:00pm | Provides counseling & other services for veterans. |
| Vocational Rehabilitation | 516 Percival Road  Columbia, SC 29206  (803) 782-4239 (Office/TDD)  1 (866) 206-5280 (Toll Free) | | Mon – Fri  8:30am – 5:00pm | [www.scvrd.net](http://www.scvrd.net)  Vocational evaluation with mental & physical disabilities to find employment. |
| 1430 Confederate Avenue  Columbia, SC 29202  (803) 898-8866 | |
| 201 Corporate Park Boulevard Columbia, SC 29223  (803) 691-8284 | |
| We Factory | 989 Knox Abbott Dr #111  Cayce, SC 29033  (803) 233-3199 | | Mon – Fri  9:00am – 4:30pm | Parenting Classes. |
| Work in Progress | 1413 Calhoun Street  Columbia, SC 29201  (803) 758-0066 | | Mon – Fri  8:30am – 5:00pm | [www.workinprogresscolumbia.com](http://www.workinprogresscolumbia.com/)  Employment opportunities for those with documented mental health. |

**Support Groups**

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| **TOPIC** | **NAME, DATE, & TIME** | **LOCATION** | **CONTACT** |
| Death of a Loved One | ***Pathfinders***  1st Tue 5:30pm – 7:30pm Adults | Palmetto Baptist Hospital Private Dining Room Taylor @ Marion Street  Columbia, SC 29201 | Peggy Copulsky (803) 296-3100  [peggy.copulsky@palmettohealth.org](mailto:peggy.copulsky@palmettohealth.org)  Karen Brazell 1 (800) 238-1884 (Toll Free)  [karen.brazell@palmettohealth.org](mailto:karen.brazell@palmettohealth.org) |
| ***Southern Care Support Group***  2nd Tue 2:00pm  Adults | 720 Gracern Road,  Suite 122  Columbia, SC 29210 | Patrick Plunkett  (803) 750-9600 |
| ***Widows of Opportunity***  Last Tue of each month  Women | Long Creek Church of Christ  720 Longtown Road  Columbia, SC 29229 | Kimberly Richardson  (803) 788-7997  [www.widowsofopportunity.com](http://www.widowsofopportunity.com/) |
| ***Overcomers*** (for Widows) 2nd & 4th Tue  5:30pm – 7:30pm Adults | Fellowship Baptist Church  4238 Augusta Road  Lexington, SC 29073 | Anne Watson  (803) 791-5849 |
| ***Young Widows Group***  Individual Support Adults | Call for information | Jackie Linder  (803) 345-5938 |
| ***Gleaners for Life*** (Widows/Widowers) 3rd Fri  6:30pm – 8:30pm | Call for information | Jackie Fleshman  (803) 788-2969  (803) 622-4464 |
|  | **Adults** |  |  |
| ***Good Grieving*** Registration Required Adults & Children | Palmetto Health Children’s Hospital  7 Medical Park Road Columbia, SC 29203 | Lynne Bridges  (803) 434-4566  [lynne.bridges@palmettohealth.org](mailto:lynne.bridges@palmettohealth.org) |
| ***Brett’s Rainbow Bereavement Camp***  Registration Required Adults, Teens, & Children | Westwood High School 180 S-40-1694  Blythewood, SC 29016 | Peggy Copulsky  (803) 296-3100  [peggy.copulsky@palmettohealth.org](mailto:peggy.copulsky@palmettohealth.org)  Karen Brazell  1 (800) 238-1884  [karen.brazell@palmettohealth.org](mailto:karen.brazell@palmettohealth.org) |
| ***From Grief to Joy*** 3rd Tue 7:00pm – 8:30pm  Adults | Emmanuel Baptist Fellowship  117 Park Road, Unit B  Lexington, SC 29072 | Linda Gill  (803) 407-3185  (803) 413-2199  [www.joyinthemourning.com](http://www.joyinthemourning.com/) |
| ***LMC-Chaplain’s Office*** Support Group  1st Thu 7:00pm | Lexington Medical Center Granby Room  2720 Sunset Boulevard West Columbia, SC 29169 | Gloria Shull  (803) 791-2901 |
| **Leeza’s Care Connection**  201 St. Andrews Road  Columbia, SC 29210  (803) 888-7525 | Mon - Fri  9a-5:00pm | Leeza’scareconnection.org Support & education to caregiver of a chronically ill family member. |
| ***Journeys***  1st Sat  10:15am – 11:30am Adults | The Waterford at Columbia  9370 Windsor Lake Boulevard  Columbia, SC 29223 | Emma Riley |
| Suicide or Homicide | ***Survivors of Suicide***  1st Tue  7:00pm – 8:30pm Adults | Westminster Presbyterian Church  1715 Broad River Road Columbia, SC 29210 | Kathy Neeley  (803) 356-2874 |
| ***Parents of Murdered Children & Other Survivors of Homicide***  3rd Tue 6:00pm – 8:00pm | Washington Street United Methodist Church  3rd Floor Youth Room 1401 Washington Street  Columbia, SC 29201 | Marvin Bryant  (803) 414-4491 |
| Grieving the Death of a Child | ***Wee Remember***  (Pregnancy & very early infant loss)  4th Tue  6:30pm – 8:00pm Adults | Palmetto Health Basement Seminar Room  1501 Sumter Street  Columbia, SC 29201 | Rosalee Blair  (803) 296-5636  (803) 296-5580 |
| ***When the Bough Breaks***  (Late pregnancy loss & loss of young children)  2nd Tue 7:00pm – 8:30pm  Adults | 2220 Lake Murray Boulevard  Columbia, SC 29212 | Lina Gill  (803) 407-3185  (803) 413-2199  [www.joyinthemourning.com](http://www.joyinthemourning.com/) |
| ***Memories*** (Pregnancy loss) 2nd Tue 7:00pm – 8:15pm | Lexington Medical Center North Entrance  Outpatient Registration Area | Corrine Barbian  (803) 783-1003 x 3  [clbarbian@msn.com](mailto:clbarbian@msn.com) |
| ***Naomi’s Circle***  (Pregnancy & infant loss & pregnancy after loss)  2nd Tue 6:30pm – 7:45pm  Adults | Spring Valley Baptist 91 Polo Road  Columbia, SC 29223 | Kristi Bothur  (803) 728-1162  [naomiscircle@gmail.com](mailto:naomiscircle@gmail.com) |
| ***Compassionate Friends of the Midlands***  1st Thu 6:30pm Adults | United Way Building 110 E DeKalb Street Camden, SC 29020 | Cheryl Jones  (803) 432-0740  [cheryltjones@live.com](mailto:cheryltjones@live.com) [www.compassionatefriends.org](http://www.compassionatefriends.org/) |
| Healing Grief Using Art | ***Grief HeART Art*** Call for information Adults | Columbia Metro Baptist Association | Dr. Delores Gulledge  (803) 730-2220  (803) 252-0116  [www.artsasmedicine.com](http://www.artsasmedicine.com/) |
| ***Art of Coping with Loss*** | Vive Church | Dr. Delores Gulledge |
|  | 4th Tue  6:30pm – 8:00pm Adults | 2630 Clemson Road  Columbia, SC 29229 | (803) 730-2220  (803) 788-6310 |
| ***Arts as Medicine***  (Healing the Heart with God & the Arts)  Call for information Adults | 1929 Gadsden Street  Columbia, SC 29201 | Dr. Delores Gulledge  (803) 730-2220  (803) 252-0116  [www.artsasmedicine.com](http://www.artsasmedicine.com/) |
| GriefShare Support Listings  *(Please contact individual church for information & schedule.)* | Saxe Gotha Presbyterian Church | 5503 Sunset Boulevard  Lexington, SC 29072 | (803) 359-7770  [www.saxegotha.org](http://www.saxegotha.org/) |
| Street Andrews Presbyterian Church | 6952 Street Andrews Road  Irmo, SC 29063 | (803) 732-2273  [www.sapc.net](http://www.sapc.net/) |
| First Baptist Church of Lexington | 412 Barr Road  Lexington, SC 29072 | (803) 957-0686  [www.fblex.org](http://www.fblex.org/) |
| Street Peters Lutheran Church | 1130 Street Peters Road Lexington, SC 29072 | (803) 359-2470  [www.stpeterslex.com](http://www.stpeterslex.com/) |
| Ashland United Methodist | 2600 Ashland Road  Columbia, SC 29210 | (803) 798-5350  [www.ashlandumc.com](http://www.ashlandumc.com/) |
| Shandon Baptist Church | 5250 Forest Drive  Columbia, SC 29206 | (803) 782-1300 x 121  [www.shandon.org](http://www.shandon.org/) |
| Riverland Hills Baptist Church | 201 Lake Murray Boulevard  Irmo, SC 29063 | (803) 772-3227  [www.riverlandhills.org](http://www.riverlandhills.org/) |

**Substance Abuse**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| AA Alcoholics Anonymous | 3014 Devine Street, Room 103  Columbia, SC 29205  (803) 254-5301 | | Mon – Fri  9:00am – 5:00pm | Support Treatment Group for Substance abusers list of meetings. |
| Adult Clinic Services | 1800 Colonial Drive  Columbia, SC 29203  (803) 898-0123  (803) 898-8888 - bad weather | | Mon – Fri  8:30am – 5:00pm Closed for Lunch  Noon – 1:00pm | Counseling, drug rehabilitation & short/long term hospitalization. |
| Al-Anon Family Group | Various locations  (803) 735-9944 | | Various times | [www.al-anon-sc.org](http://www.al-anon-sc.org/)  Support Treatment Group for Family members of Substance abusers. |
| Bethel House | 140 Flora Drive  Columbia, SC 29223  (803) 600-0717 | | Call for information | 10-month program for men struggling with alcohol & substance abuse. Includes a safe, drug-free environment, faith-based curriculum, certified peer support staff. |
| Caring for Carolina | 1 Windsor Cove, Suite 304  Columbia, SC 29223  (803) 788-1919  [Godschild377@gmail.com](mailto:Godschild377@gmail.com) | | Call for information | [www.caringforcarolinasc.com](http://www.caringforcarolinasc.com/)  Help for people suffering from behavioral, emotional, alcohol or other substance abuse problems, taking the first step in seeking professional help & treatment can be a positive life changing event. |
| Celebrate Recovery | 415 Barr Road  Lexington, SC 29072  (803) 957-0686 | | Mon – Fri  9:00am – 5:00pm | [www.fblex.org](http://www.fblex.org/)  12-step Christian Counseling recovery program. |
| Columbia Area Mental Health Center | 2715 Colonial Drive,  Building 200-B  Columbia, SC 29203  (803) 898-8888 | | Mon – Fri  8:30am – 5:00pm | Case management for adults with severe or persistent mental health problems. |
| Families Fighting Addiction | 205 South John Street  Walhalla, SC 29691  (803) 873-7134 | | Call for info | “Families Fighting Addiction strives to provide a support system for families fighting against addictions. We believe the support, prayer, & guidance from the Lord will ultimately heal & protect those who suffer.” Weekly meeting held, mentoring support, Biblical 12 Step Recovery curriculum, Bible teachings. |
| Greater Columbia Intergroup | 3014 Devine Street  Columbia, SC 29250  (803) 254-5301 | | Mon – Fri  9:00am – 5 00pm | Information weekly Alcohol Anonymous (A.A.) meetings are being held. |
| Insights Educational & Treatment Services, Inc. | 1441 Saint Andrews Road Columbia, SC 29210  (803) 750-8444 | | Mon – Fri  9:00am – 5:00pm  Evening Groups  Call for info | Out-patient facility, Educational Classes on Substances, Drug-free Workplace, Drug Screens, Probation & Parole, Pretrial Intervention. |
| Lexington County Mental  Health Center | (803) 739-8600  (803) 996-1500 | | 24/7 | Counseling, Substance Abuse. |
| Lexington/Richland Alcohol & Drug Abuse Council (LRADAC) | 2711 Colonial Drive  Columbia, SC 29203 | | Mon – Fri  8:30am – 5:00pm | Substance Abuse Outpatient services offered to adults & adolescents, detoxification services, & residential services offered, & help with reinstating a person’s license after a DUI (ADSAP). Parenting support group. |
| Richland County  (803) 726-9300 | |
| Lexington County  (803) 726-9400 | |
| Morris Village | 610 Faison Drive  Columbia, SC 29203  (803) 935-7100 | | Mon – Fri  8:30am – 5:00pm | Substance Abuse/Rehabilitation. |
| Narcotics Anonymous | PO Box 8743  Columbia, SC 29202  (803) 254-6262 | | 24/7  Call for Meetings & Locations | Treatment Group Meetings for people with Substance abuse issues. |
| New Vision | 1 (800) 939-2273 (Toll Free)  Jada Adams  (803) 395-2617 | |  | Medical stabilization services with drug, alcohol, & health related issues, particularly acute withdrawal. Inpatient stabilization, full assessments, discharge planning by professional medical team of doctors & nurses. Accepts most insurance, Medicaid, & Medicare plans. |
| Palmetto Baptist Medical Center Behavior Health | 720 Gracern Road  Columbia, SC 29210  (803) 988-8765 | | Mon – Fri  8:00am – 4:30pm | Insurance or self-pay day treatment Outpatient services. |
| Richland Springs | 11 Medical Park  Columbia, SC 29203  (803) 434-4800 | | Mon – Fri  8:00am – 4:30pm | Substance Abuse. |
| SC Recovering Professional Program | 440 Knox Abbott Drive,  Suite 220  Cayce, SC 29033  (803) 896-5700 | | Mon – Fri  8:30am – 5:00pm | [www.scrpp.org](http://www.scrpp.org/)  Program for licensed health professionals in SC who are suffering from problems related to substance use disorder, or from dual diagnosis of addiction & mental illness. |
| Three Rivers Behavioral Health | 2900 Sunset Boulevard  West Columbia, SC 29169 (803) 796-9911 | | Mon – Fri  9:00am – 5:00pm | [http://www.threeriversbehavioral.org](http://www.threeriversbehavioral.org/)  Emotional, Alcohol/Drug or Psychiatric Treatment for Children. |
| U Turn for Christ | 1154 Barr Road  Lexington, SC 29072  (803) 951-2197 | | Tue – Fri  9:00am – 4:30pm | [www.cclexington.org](http://www.cclexington.org/)  Christian-based alcohol & drug rehab. |

**Housing**

***\*Call 211 to request emergency housing through City of Columbia\****

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Abbott Arms | 2011 Wilkinson Street  Cayce, SC 29033  (803) 796-3456 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Aiken Community Action | 650 Knox Abbott  Cayce, SC 29033  (803) 794-6778 | Mon – Fri  8:30am – 5:00pm | Housing Counseling |
| Arrington Place | 1720 Van Heise  Columbia, SC 29204  (803) 254-5230 | Mon, Tue, Thu, Fri 9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Babcock Center | 500 Rivermont Drive  Columbia, SC 29210  (803) 799-1970 | Mon – Fri  9:00am – 5:00pm | Special Needs Housing –Assisted. |
| Bethel-Bishop Apartments | 100 Ripplemeyer Avenue  Columbia, SC 29203  (803) 754-8498 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Bridge Wood Apartments | 2201-A Percival Road Columbia, SC 29223  (803) 790-4444 | Mon – Fri  9:00am – 5:00pm | Special Needs Housing –Assisted. |
| Broad River Terrace | 3245 Lucius Road  Columbia, SC 29201  (803) 765 6437 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Carriage House | 754 Zimalcrest Drive  Columbia, SC 29210 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | Call for information | [www.christcentralministries.org](http://www.christcentralministries.org/)  “Homeward Bound” transitional housing program for men who have made a commitment to Christ |
| Colony Apartments | 3545 W. Beltline Boulevard Columbia, SC 29203  (803) 799-5679 | Mon – Fri  8:00am – 4:30pm | Section 8 Housing with no connection to CHA’s Section 8 Program.  Based on income-privately owned. |
| Columbia Gardens | 4000 Plowden Road  Columbia, SC 29205  (803) 782-2437 | Mon – Fri  8:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Columbia Housing Authority | 1917 Harden Street  Columbia, SC 29204  (803) 254-3886 | Mon – Fri  8:00am – 5:00pm | [www.chasc.org](http://www.chasc.org/)  Low income housing, Conventional housing near bus line, housing for senior citizens, Section 8 program. |
| Community Relations Council | 930 Richland Street  P.O Box 7277  Columbia, SC 29202  (803) 733-1135  \*Located in the Chamber of Commerce basement. \* | Mon – Fri  9:00am – 5:00pm | Provides housing referrals & job referrals. |
| Habitat for Humanity | 209 South Sumter Street Columbia, SC 29201  (803) 252-3570 | Mon – Fri  9:00am – 5:00pm | [www.habitatcsc.org](http://www.habitatcsc.org/)  Help to build homes for qualified applicants by  offering a 25-30-year interest free mortgage on a newly built home at cost |
| Harbison Hall | 534 Wil-Stell Road  Columbia, SC 29203  (803) 731-2000 | Mon – Fri  9:00am – 5:00pm | Assisted Care Facilities. |
| Healing Properties | 1225 Laurel Street, Suite 109  Columbia, SC 29202  1 (877) 467-7402 ext 720 | Call office prior to coming in | [http://www.healingpropertiessc.org](http://www.healingpropertiessc.org/)  Permanent housing for disabled homeless. Rent is 30% of total income, excluding food stamps.  Electric & water bill are renter’s responsibility. |
| Hillandale Apartments | 525 Alcott Ave  Columbia, SC 29203 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Homeworks of America | PO Box 102  Irmo, SC 29063  (803) 781-4536  Mary Taylor  (803) 233-9389 (Fax) | Mon – Fri  9:00am – 5:00pm | [http://www.homeworksofamerica.org](http://www.homeworksofamerica.org/) Repairing homes of homeowners in need. |
| Irmo Village | 107 Irmo Drive  Irmo, SC 29603  (803) 781-8040 | Mon – Fri  9:00am – 6:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Leaphart Place | 2815 Leaphart Road  West Columbia, SC 29169  (803) 791-0634 | Call during normal business hours for  information | [www.growinghomese.com](http://www.growinghomese.com/)  Provides safe, stable, & supportive housing for  young adults with disabilities. |
| Lexington Interfaith Community Service (LICS) | 216 Harmon Street  Lexington, SC 29072  (803) 957-6656  [info@licssc.org](mailto:info@licssc.org) | Mon – Fri  9:00am – 3:00pm | Food, clothing, & limited financial assistance (when available) for rent, electric bills, prescriptions, water, & automobile gas. |
| Mid-Carolina Housing | 246 Stoneridge #103  Columbia, SC 29202  (803) 799-6465 | Mon – Fri  7:30am – 5:30pm | Section 8 Housing. |
| MIRCI | 1135 Carter Street  Columbia, SC 29204  (803) 786-1844 | Mon – Fri  8:30am – 5:00pm | Special Needs & Homeless Housing. |
| MIRCI Youth Drop in Center | 1433 Gregg Street  Columbia, SC 29201  (803) 799-0331 | Mon – Fri  8:30am – 5:00pm | [www.mirci.org](http://www.mirci.org/)  Showers, laundry, day storage lockers, therapy, life skills groups, van transportation. 10 male beds starting April 2017. |
| Neighborhood Assistance Corporation of America (NACA) | 1631 Richland Street  Columbia, SC 29203  (803) 255-0223 |  | naca.com  Purchase/save your home program. |
| Palmetto AIDS Life Support Services (PALSS) | 1924 Taylor Street  Columbia, SC 29201  (803) 779-7247 | Mon – Fri  9:00am – 5:00pm | Provides case management & housing services, support groups, & emergency food pantry for individuals with HIV/AIDS. |
| Palmetto Terrace | 3021 Howell Ave  Columbia, SC 29201  (803) 254-7769 | Mon – Fri  8:30am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Park North Apartments | 200 Brookhill Street E Lexington, SC 29072  (803) 359-9083 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Pinehaven Villas | 1400 Trinity Drive  Columbia, SC 29209  (803) 776-4680 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Prescott Manor | 1601 Prescott Road  Columbia, SC 29203  (803) 754-6316 | Mon, Tue, Thu, Fri 10:00am – 4:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Richland Village | 1123 Universal Drive  Columbia, SC 29209  (803) 783-4268 | Mon, Tue, Thu, Fri 10:00am – 4:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| River Oaks | 5324 Bush River Road Columbia, SC 29210  (803) 798-8280 | Mon – Fri  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| Samaritan’s Well | 129 Gibson Court  PO Box 1744  Lexington SC, 9071  (803) 785-4357 | Mon – Fri  8:00am – 5:00pm | Help low income women in transition by encouraging them through the gospel of Jesus Christ Provides lodging, food, & any needed assistance to meet practical & spiritual needs of participants. |
| SC Reality of Columbia – Sharon Cornelius | 5324 Fairfield Road  Columbia, SC 29203  (803) 600-3524 | Mon – Fri  9:00am – 5:00 pm | [www.SharonCornelius.com](http://www.SharonCornelius.com)  Helps low income or VA clients find Affordable housing. |
| SC State Housing & Development Authority | 300-C Outlet Pointe Boulevard Columbia, SC 29201  (803) 896-9001  (803) 734-2000 | Mon – Fri  8:30am – 5:00pm | Low income housing support, First time home buyer mortgage loans, several federal housing programs, low income tax credit home program, housing trust fund, rental assistance & section 8. |
| State Housing Finance & Development Authority | 300-C Outlet Point Boulevard Columbia, SC 29210  (803) 896-9001 | Mon – Fri  8:30am – 5:00pm | Offers first time home buyer mortgage loans, several federal housing programs, low income tax credit home program, housing trust fund (only emergency program dedicated to housing), rental assistance & Section 8. Homebuyers cannot have an annual income that exceeds $36,000.00 per one person, with $2,700.00 for each additional person. |
| Supportive Housing Services-Career Services Program at USC | 1325 Laurel Street  Columbia, SC 29201  (803) 343-3437 | Mon-Wed  8:30 – 5:00pm  Thu  8:30am – 7:00pm  Fri  8:30am – 3:00 pm | Jeanna Brooksbank-Career Services Case Manager, Employment and, Education Support, Email Setup. |
| The Carolina | 3201 Meadow Drive  Columbia, SC 29204  (803) 754-6200 | Mon – Thu  8:30am – 5:00pm | Elderly Housing HUD Subsidized. |
| Trinity Methodist Apartments | 401 Church Street  Camden, SC 29020  (803) 432-0054 | Mon – Thu  9:00am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |
| USC Supportive Housing Services | 1325 Laurel Street  Columbia, SC 29201  (803) 343-3437  (803) 343-0434 (Fax) | Mon – Thu  8:30am – 5:00pm  Fri  8:30am – 3:30pm | [http://supportivehousing.med.sc.edu](http://supportivehousing.med.sc.edu/)  Mental health & substance abuse counseling, housing first program. Individuals must be  homeless, have a disability, or HIV/AIDS. |
| Willow Run | 511 Alcott Drive  Columbia, SC 29203  (803) 754-5918 | Mon – Fri  8:30am – 5:00pm | Section 8 Housing with no connection to CHA’s Section 8 Program. |

**Elderly & Disabled Housing Assistance**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| AHEPA 284 I | 451 Pelham Drive  Columbia, SC 29209  (803) 695-1934 | | Mon – Fri  8:30am – 4:30pm | Elderly Housing HUD subsidized. |
| AHEPA 284 II | 130 Jimmy Love Lane Columbia, SC 29212  (803) 216-0228 | | Mon – Fri  9:00am – 5:00pm | Elderly Housing HUD subsidized. |
| Asbury Arms | 100 Asbury Lane  West Columbia, SC 29169 (803) 794-8052 | | Mon – Fri  8:00am – 5:00pm | Elderly Apartment Complex Ages 62 & older  HUD Subsidized. |
| Avalon Place | 1030 Atlas Road  Columbia, SC 29209  (803) 783-1101 | | Mon – Fri  9:00am – 5:00pm | Low Income Tax Credits Ages 55+. |
| Christopher Towers | 1805 Devine Street  Columbia, SC 29201  (803) 799-5876 | | Mon – Fri  9:00am – 5:00pm | Elderly Housing HUD subsidized. |
| Columbia Housing Authority | 1917 Harden Street  Columbia, SC 29204  (803) 254-3886 | | Mon – Fri  8:00am – 5:00pm | [www.chasc.org](http://www.chasc.org/)  Low income housing, Conventional housing near bus line, housing for senior citizens, Section 8 program. |
| Comfort Keepers Care | 117 Alpine Circle  Columbia SC 29223  (803) 462-1808 | | Available 24 hours a day, 7 days a week | Comfort Keepers is a leading senior home care & assisted living provider in Columbia, SC. |
| Dignity Village II | 1300 Campbell Street  Camden, SC 39020  (803) 432-9839 | | Mon – Fri  9:00am – 5:00pm | Elderly Housing HUD subsidized. |
| Ensor Forest | 4501 Monticello Road  Columbia, SC 29203  (803) 765-9515 | | Mon, Tue, Thu, Fri 9:00am – 5:00pm  Wed close at noon | Elderly Housing HUD subsidized. |
| Finlay House | 2100 Blossom Street  Columbia, SC 29205  (803) 799-6524  (803) 799-8538 (Fax) | | Mon – Fri  8:00am – 4:00pm | [info@finlayhouse.com](mailto:info@finlayhouse.com)  Elderly Housing HUD subsidized. |
| Golden Journeys Senior Housing | 333 Gaston Springs Ct Gaston, SC 29053  (803) 814-7000 | | For Information Contact Natalie Mattress | Independent private residence designed for seniors. Provides private and/or companion accommodations, transportation, light housekeeping. |
| Harbison Hall | 534 Wil-Stell Road  Columbia, SC 29203  (803) 731-2000 | | Mon – Fri  9:00am – 5:00pm | Assisted Care Facilities. |
| Healing Properties | 1225 Laurel Street  Suite 109  Columbia, SC 29202  1 (877) 467-7402 ext. 720 | | Call office prior to coming in | [http://www.healingpropertiessc.org](http://www.healingpropertiessc.org/)  Permanent housing for disabled homeless. Rent is 30% of total income, excluding food stamps.  Electric & water bill are renter’s responsibility. |
| Home Works | 3823 W. Beltline Boulevard Columbia, SC 29204  (803) 781-4536  (803) 233-9389 (Fax) | | Mon – Fri  9:00am – 5:00pm | [www.homeworksofamerica.org](http://www.homeworksofamerica.org/)  Home repairs for those who own homes in SC who are elderly or low income. |
| Lakeside Apartments | 401 Harbison Boulevard  Columbia, SC 29201  (803) 781-8050 | | Mon – Fri  9:00am – 5:00pm | Elderly Housing HUD subsidized. |
| Senior Express Transportation Service | 701 Gervais St #150  Columbia, SC 29201  (803) 926-7933 | | Mon – Fri  9:00am – 5:00pm | Senior Express is here to help seniors & their  families enjoy the ease of one place to go for services. |
| Senior Resources | 2817 Millwood Drive  Columbia, SC 29204  (803) 252-7734 | | Mon – Fri  9:00am – 5:00pm | Provides resources for the elderly, including home services & meal on wheels. Places senior RSVP volunteers. |
| USC Supportive Housing Services | 1325 Laurel Street  Columbia, SC 29201  (803) 343-3437  (803) 343-0434 (Fax) | | Mon – Thu  8:30am – 5:00pm  Fri  8:30am – 3:30pm | [http://supportivehousing.med.sc.edu](http://supportivehousing.med.sc.edu/)  Mental Health & substance abuse counseling,  housing first program. Individuals must be homeless, have a disability, or HIV/AIDS. |
| The Carolina | 3201 Meadow Drive  Columbia, SC 29204  (803) 754-6200 | | Mon – Thu  8:30am – 5:00pm | Elderly Housing HUD subsidized. |
| Woods Edge Apartments | 109 Hillpine Road  Columbia, SC 29210  (803) 781-9065 | | Mon, Tue, Wed, Thu  9:00am – 4:30pm | Elderly Housing HUD subsidized. |

**Shelters**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Alston Wilkes Veterans’ Home | 3519 Medical Drive  Columbia, SC 29203  (803) 799-2490  1 (844) 297-1962 (Toll Free)  (803) 540-7223 (Fax) | | Call for information | [info@aws1962.org](mailto:info@aws1962.org)  A shelter for homeless veterans, primarily with substance abuse. |
| Cambridge House | 1921 Barnwell Street  Columbia, SC 29202  (803) 380-2001 | | Call for information | A shelter for males. |
| Christ Central Ministries | 201 Duffie Drive  Lexington, SC 29072  (803) 359-5018 | | Mon – Fri  8:00am – 5:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Transitional housing for Veterans. |
| Columbia Housing Authority | 1917 Harden Street  Columbia, SC 29204  (803) 254-3886 | | Mon – Fri  8:00am – 5:00pm | [www.chasc.org](http://www.chasc.org/)  Low income housing, Conventional housing near bus line, housing for senior citizens, Section 8 program. |
| Family Promise | 2501 Heyward Street  Columbia, SC 29205  (803) 832-4765 | | Call for information | [http://www.familypromiseyc.org.](http://www.familypromiseyc.org/)  Provides shelter & solutions for families in the midlands who have children & are facing a housing crisis. |
| Family Shelter | 2411 Two Notch Road Columbia, SC 29204  (803) 771-7040  (803) 254-8344  (803) 771-7075 (Fax) | | Mon – Fri  8:00am – 5:00pm | [www.columbiafamilyshelter.org](http://www.columbiafamilyshelter.org/)  Provides emergency shelter in a stable living environment for homeless children & their parents & help our residents build life skills needed to regain independence. |
| Hannah House | 1726 Sumter Street  Columbia, SC 29201  (803) 771-4357 | | 24/7 | [hannahhouse@ccmins.com](mailto:hannahhouse@ccmins.com)  Provides shelter, food, & clothing for women & children. |
| His House | 520 Center Street  West Columbia, SC 29169  (803) 791-0557  (803) 791-0336 | | Mon – Sun  5:30pm – 5:30am | Grace Men's Program provides a residential  in-house work rehabilitation program for recovering alcoholic men in a Christian environment. |
| Inclement Weather Center | 191 Calhoun Street,  Columbia, SC 29201  Transitions  (803) 708-5861 ext. 211  to find out if open or closed | | Nov 1-Apr 1 when 40 or below or if there is severe weather affecting the Midlands area | Adult Males & Females.  Guests are only to arrive by IWC bus. The only exception is clients transported by the Police Department or City Center Partnership.  Pick-up at Clean of Hearts 1219 Laurel Street (evening): 5:45-7:00 pm  Drop-off at Clean of Hearts 1219 Laurel Street (morning): 6:30-7:30 am |
| Jannie R. Jackson Women’s Center | 2527 Atlas Road  Columbia, SC 29209  (803) 776-6353 | | Mon – Fri  9:00am – 5:00pm | [www.jrjwc.org](http://www.jrjwc.org/)  Support for women of all ages Teen pregnancy home ages 16-19. |
| Killingsworth | 1831 Pendleton Street  Columbia, SC 29201  (803) 771-6359  (803) 779-6473 (Fax) | | Call First  Mon – Fri  8:30am – 5:00pm | Women recovering from alcohol and/or drug abuse, incarceration, mental & emotional problems, violence & assault, or family crisis situations. |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | | 24/7 | [olivergospelmission.com/](http://olivergospelmission.com/)  Men’s shelter ages 18 & over, Substance abuse counseling. Women & Children shelter opening 2017. |
| Palmetto Place Children’s Shelter | PO Box 3395  Columbia, SC 29230  (803) 786-6819  (803) 691-9788 (Fax) | | Mon – Fri  8:00am – 4:30pm | [http://palmettoplaceshelter.org](http://palmettoplaceshelter.org/)  Provides a safe & supportive environment for children & teens (ages 0-22) who have faced abuse, abandonment, neglect and/or homelessness. |
| Providence Home | 3421 N. Main Street  Columbia, SC 29203  (803) 779-2927 | | Mon – Fri  8:00am – 7:00pm | [http://www.providencehomecolumbia.org](http://www.providencehomecolumbia.org/)  Men’s Shelter/Veterans. Helps stabilize the living conditions of dislocated men. |
| Samaritan’s Well | 129 Gibson Street  Lexington, SC 29072  (803) 785-4357 | | Mon – Fri  10:00am – 6:00pm | Provides shelter to women & women with  children; males up to the age of 12. Also provides Christian mentoring & life skills training. |
| Sistercare, Inc. | Administration Office  PO Box 1029  Columbia, SC 29202  (803) 926-0505 (Office)  (803) 765-9428  (24/7 Crisis Line)  (803) 794-0098 (Fax) | | Mon – Fri  9:00am – 5:00pm | Domestic abuse survivors who are women & children, legal information, court advocacy, counseling & crisis intervention. |
| Street Lawrence Place  *Homeless No More* | 2400 Waites Road  Columbia, SC 29204  (803) 256-3999 | | Call for information | [http://www.stlawrenceplace.org](http://www.stlawrenceplace.org/)  Family Shelter, at least 21 years of age with children in custody, homeless, & working, & be drug & alcohol free. |
| Toby’s Place | 5938 Two Notch Road  Columbia, SC 29223  (803) 254-6470 | | Call for information | Helping equip women with life skills needed for responsible living in order to help provide a sustainable life for them & their children. |
| Transitions | 2025 Main Street  Columbia, SC 29201  (803) 708-4861 | | 24/7 | [http://www.transitionssc.org](http://www.transitionssc.org/)  Day Center with educational classes & lunch 8:30- 5pm.  260 Beds: emergency, program entry, convalescent & transitional housing units |
| Women’s Care Center | 6305 Farrow Road  Columbia, SC 29203  (803) 691-9304 | | \*Call for Hours | A Transitional program for women who are transitioning from homelessness to permanent  Housing. |
| Women’s Shelter | 3425 N Main Street  Columbia, SC 29203  (803) 779-4706 | | 24/7 | Women’s shelter, dental services, transitional housing, food, clothing, transportation, counseling, education. |

**Legal**

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| **AGENCY** | | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Camp Aspen | 5300 Broad River Road Columbia, SC 29212  (803) 551-1100 | | Call for information | Residential program that provides services to juvenile offenders that have been identified as needing substance abuse education & services. Recreational group sessions Aftercare Program Behavioral Management Community Service Independent living skills Individual & group sessions (substance abuse, co- occurring disorders, grief counseling, relapse prevention, interpersonal skills, & family relationships).  Psychoeducational groups Regular & special education. |
| Columbia Community Relations Council | 930 Richland Street  Columbia, SC 29202  (803) 733-1130  (803) 733-1135 (Fax) | | Mon – Fri  9:00am – 5:00pm | Legal Assistance for fair housing practices & solving landlord-tenant disputes. |
| Department of Consumer Affairs | 2221 Devine Street, Suite 200  PO Box 5757  Columbia, SC 29205  (803) 734-4200  1 (800) 922-1594 (Toll Free)  (803) 734-4286 (Fax) | | Mon – Fri  8:30am – 5:00pm | [www.consumer.sc.gov](http://www.consumer.sc.gov/)  Acts on behalf of the consumers. They try to resolve complaints made by consumers & educate them on their rights & responsibilities in the marketplace. |
| Lawyers 4 Vets | 6439 Garners Ferry Road, Building 5, Auditorium  Columbia, SC 29209  1 (877) 289-6000 | | Thu  By Appointment only | www.columbiasc.va.gov/Lawyers4Vets.asp  A free legal clinic for low-income Veterans in  the Columbia, SC area. Only limited legal  services provided. Call about getting help with:  SC child support orders & modifications;  expungement of SC criminal records and/or  pardon applications; simple will and/or  healthcare power of attorney (available for  Veterans & their spouse). |
| Midlands Mediation Center | 4801 Colonial Drive  Columbia, SC 29203  (803) 714-1176  (803) 714-0737 (Fax) | | Mon – Thu  9:00am – 2:00pm  Fri - Appointments | /midlandsmediation.org  Family Mediation Conflict Resolution. |
| Palmetto Center for Women  YMCA of Columbia | 1612 Marion Street, Suite 100  Columbia SC 29201  (803) 748-9622 x 113 | | Mon – Fri  8:30am – 7:00pm | [http://palmettocenterforwomen.org](http://palmettocenterforwomen.org/)  Monthly Legal Clinics for Women. |
| Richland County Sheriff’s Department Victims Assistance | 1931 Pine view Road, Columbia, SC 29209  LT. Heidi Jackson  (803) 576-3113 | | Call for information | <http://www.rcsd.net/inv/vicassistance.htm>  Provide support, conduct crisis intervention, act as liaison, arrange counseling & support groups, provide information & referral, help prepare victims for court while providing advocacy & accompaniment, assist domestic violence victims in obtaining Orders of Protection & emergency housing. |
| SC Appleseed | 1518 Washington Street  Columbia, SC 29201  PO Box 7187  Columbia, SC 29202  (803) 744-9430  (Free Legal Help)  (803) 799-7100  (SC Bar Lawyer Referral Service)  (803) 779-1113  (803) 779-5951 (Fax)  1 (800) 868-2284 (Toll Free) | | Call for information | [www.scjustice.org](http://www.scjustice.org/)  SC Appleseed advocates for low income South Carolinians on issues such as housing, education, hunger, public benefits, domestic violence, immigration, health care & consumer issues. |
| SC Legal Services | 2109 Bull Street  Columbia, SC 29201  1 (888) 346-5592 (Intake)  1 (888) 799-9668 (Toll Free)  (803) 799-9668  (803) 799-1781 (Fax)  Tiffney Love [Tiffney.love@sclegal.org](mailto:Tiffney.love@sclegal.org) | | Mon – Fri  8:30am – 5:00pm | [www.sclegal.org](http://www.sclegal.org/)  Free lawyers for low-income individuals in civil (non-criminal) cases. Clients must have limited income & assets, live in these counties: Richland, Sumter, Kershaw, Lee, & Lexington counties, & be a U.S. citizens or legal lien.  Assistance in: social security disability, food  stamps/SNAP, landlord/tenant, employment, family, probate, education, & consumer. |
| SC Victim Assistance Network | 113 Executive Point Boulevard,  Suite 202  Columbia, SC 29210  PO Box 212863  Columbia, SC 29221  (803) 750-1200 | | Mon – Fri  9:00am – 5:00pm | [www.scvan.org](http://www.scvan.org/)  A library, which may be used to look up materials that may help people overcome being a victim of a crime. An emergency assistance program is also offered for victims who need to replace items such as door locks, or windows for your home. |
| Turnipseed & Associates  *Attorneys at Law* | 1337 Assembly Street  PO Box 11601  Columbia, SC 29211  (803) 252-9000  (Free Consultation)  1 (800) 833-4878 (Toll Free)  (803) 252-9273 (Fax) | | Call for information | [www.turnipseed.net](http://www.turnipseed.net/) Auto Accidents Workers Compensation Personal Injury; Dangerous & Defective Products Nursing Home Negligence Medical Negligence; Premises Liability  False Arrest/Imprisonment Car Property Damage Family Based Immigration Social Security Disability Simple Wills; Living Wills Uncontested Divorce; General Power of Attorney Health Care Power of Attorney. |

**Ex-Offenders Resources**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Alston Wilkes Society | 3519 Medical Drive  Columbia, SC 29203  (803) 799-2490  1 (844) 297-1962 (Toll Free)  (803) 540-7223 (Fax) | Mon – Fri  9:00am – 5:00pm | [http://www.alstonwilkessociety.org](http://www.alstonwilkessociety.org/)  Financial Assistance for rent & utilities. Adult residential facilities for offenders. Transitional male youth home. At Risk youth services. Therapeutic Foster Care. Men’s Veteran Home gets referrals from the VA only & doesn’t take walk-ins for services. |
| Goodwill Training Programs | 2744 Decker Boulevard  Columbia, SC 29206  (803) 731-1786  (803) 865-1770 | Mon – Thu  9:00am – 12:00pm  1:00pm – 4:00pm | <http://www.goodwillsc.org/jobtraining/certifications> Certified Nurse Aide (CNA), Contact/Call Center, Custodial Services, Forklift Safety Certification, Food Service Certification, Retail Training Certification, ex-Offenders-Employment First |
| National HIRE Network | Online Database | Online Database | <http://www.hirenetwork.org/content/south-carolina> The National Helping Individuals with criminal records Re-enter through Employment (H.I.R.E.) Network is both a national clearinghouse for information & an advocate for policy change. |
| Project Nu Beginnings Re- Entry | 300 Peachtree Drive  Irmo, SC 29063  (803) 319-0611 | Mon – Fri  9:00am – 5:00pm | Ex-offenders |
| SC Department of Employment & Workforce | 1550 Gadsden Street  PO Box 995  Columbia, SC 29202  (803) 737-2400 (Main) |  | SC DEW is responsible for paying unemployment insurance benefits, collecting unemployment taxes, helping people find jobs, matching businesses with qualified candidates, & collecting & disseminating state/federal employment statistics. |
| SC Legal Services | 2109 Bull Street  Columbia, SC 29201  1 (888) 346-5592 (Intake)  1 (888) 799-9668 (Toll Free)  (803) 799-9668  (803) 799-1781 (Fax) | Mon – Fri  8:30am – 5:00pm | [www.sclegal.org](http://www.sclegal.org/)  Free lawyers for low-income individuals in civil (non-criminal) cases. Clients must have limited income & assets, live in these counties: Richland, Sumter, Kershaw, Lee, & Lexington counties, & be a U.S. citizens or legal lien.  Assistance in: social security disability, food stamps/SNAP, landlord/tenant, employment, family, probate, education, & consumer. |

**Food (In-Department Services)**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Department of Social Services (Lexington) | 1070 S. Lake Drive  Lexington, SC 29073  (803) 785-7333 | Mon – Fri  8:30am – 5:00pm | Temporary Assistance for Needy Families (TANF), Family Independence (FI)  Supplemental Nutrition Assistance Program (SNAP). |
| Department of Social Services (Richland) | 3220 Two Notch Road Columbia, SC 29204  (803) 714-7300 | Mon – Fri  8:30am – 5:00pm | Temporary Assistance for Needy Families (TANF), Family Independence (FI)  Supplemental Nutrition Assistance Program (SNAP). |
| God’s Helping Hands | 919 Holland Avenue  Cayce, SC 29033  (803) 791-4167 | Mon – Fri  9:00am – 12:00pm | Food, clothing, & limited financial assistance with rent, utilities, & prescriptions. |
| God’s Storehouse | 1731 Risley Road  Columbia, SC 29223  (803) 691-1622  (803) 691-4611 (Fax) | Mon – Thu  9:00am – 12:00pm | [www.godsstorehousesc.com](http://www.godsstorehousesc.com/)  Food assistance for the first 25 clients daily until noon once a month, clothes every 3 months, unless fire, job, school requirements or homeless. Clients need an identification card, social security card for each member of the family & proof of address light bill or lease, & a DSS printout if available. |
| Harvest Hope Food Bank | 2220 Shop Road  Columbia, SC 29201  (803) 254-4432  [www.harvesthope.org](http://www.harvesthope.org/) | Mon – Fri  9:00am – 3:00pm | The Food Bank serves clients with a 5 to 6-day supply of food which includes non-perishable & perishable items such as fruit, vegetables, bread, meat, & pastries. In addition, the Emergency Food Pantry helps clients apply for Food Stamps by appointment only & find other resources for help if needed. Photo ID for themselves as well as for all members of the household. |
| Salvation Army | 3024 Farrow Road  Columbia, SC  (803) 765-0260 | Mon – Fri  8:30am – 4:30pm | [www.doingthemostgood.org](http://www.doingthemostgood.org/)  Food Vouchers 10:00am-4:00pm (every 6 months) Clothing Vouchers 10:00am-12:00pm (every 3 months homeless, every 6 months all others) Furniture Vouchers 10:00am-2:00pm (by referral only). Financial Assistance (rent/utility/travel) (once a year). |
| 7532 Irmo Drive  Irmo, SC 29063  (803) 667-4075 | Call for information |
| WIC | Richland County Health Department  2000 Hampton Street  Columbia, SC 29204  (803) 576-2980 | Mon – Fri  8:00am – 5:00pm | Food for pregnant women & children. |
| Lexington County Health Department  1070 S Lake Drive  Lexington, SC 29073  (803) 785-6550 |
| The Cooperative Ministry | 3821 West Beltline Boulevard Columbia, SC 29204  (803) 799-3853  [Info@coopmin.org](mailto:Info@coopmin.org) | Mon – Fri  9:00am – 5:00pm | Food Vouchers (local churches) for Richland County Residents. First come first serve, one every 90 days. To receive food assistance, clients will need picture identification & social security cards for dependents.  **Churches listed below** |
| *Rosewood Baptist* | *2901 Rosewood Drive*  *Columbia, SC 29205*  *(803) 799-0514* | *Mon*  *10:00am – 12:00pm* | *Voucher from The Cooperative Ministry* |
| *Street John Baptist* | *3404 W Beltline Boulevard*  *Columbia, SC 29203*  *(803) 254-4170* | *Tue*  *9:30am – 12:30am* | *Voucher from The Cooperative Ministry* |
| *Eau Claire Baptist* | *447 Main Street*  *Columbia, SC 29203*  *(803) 786-7769* | *Thu*  *10:00am – 12:00pm* | *Voucher from The Cooperative Ministry* |
| *Southeast Community Baptist* | *1540 Elmtree Road*  *Columbia, SC 29209*  *(803) 776-1575* | *Thu*  *3:30pm – 5:00pm* | *Voucher from The Cooperative Ministry* |
| *Bethlehem Baptist* | *1218 Lyon Street*  *Columbia, SC 29204*  *(803) 254-5651*  *(803) 256-6507* | *Fri*  *10:00am – 1:00pm*  *(given out on Thu)* | *Voucher from The Cooperative Ministry* |
| *Crescent Hill* | *2659 Two Notch Road Columbia, SC*  *(803) 254-5549* | *Every 4th Sat*  *10:00am-11:00am*  *(Given out the Fourth Week of the month)* | *Voucher from The Cooperative Ministry* |

**Monday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Bethlehem Baptist Church Food Pantry | 1218 Lyon Street  G.J. Odom Annex  Columbia, SC 29204  (803) 254-5651  (803) 256-6507 | 10:00am – 1:00pm | To get food from the food pantry, clients must get a voucher from The Cooperative Ministry at 3821 West Beltline Boulevard. Accepted by referral only.  \*\*\*April thru August is for Gonzalez Garden & Lyon Street residents. Open for all residents starting September 3rd.\*\*\* |
| Brookland Baptist Church Foundation | 1045 Sunset Boulevard  West Columbia, SC 29169  (803) 744-7914 | 12:00pm | Food pantry, clothing, rent, & utilities. Picture id & if seeking rent or utilities assistance must bring a copy of the bill. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Church of the Apostles | 1520 Bull Street  Columbia SC 29201  (803) 256-0545 | 5:30pm – 6:30pm | Dinner  Coffee Shop coming 9:00am – 12:00pm. |
| Green Hill Baptist Church Food Pantry | 1734 Augusta Road  West Columbia, SC 29169  (803) 794-5125 | 9:00am – 11am | Offers food to families in need. |
| Hope Plaza |  | 8:00am – 9:00 am |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| UMC Soup Cellar |  | 10:45am – 12:00pm |  |
| Washington Street United Methodist Church Soup Kitchen | 1401 Washington Street  Columbia, SC 29201  (803) 256-2417 | 10:45am – 12:00pm | [www.usmethodiStreetorg/connect/soup-kitchen-](http://www.usmethodist.org/connect/soup-kitchen-)ministry  Lunch; pack a backpack program for students at Alcorn Middle School, & light bill assistance if funds are available. |

**Tuesday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Brookland Baptist Church Foundation | 1045 Sunset Boulevard  West Columbia, SC 29169  (803) 744-7914 | 12 noon | Food pantry, clothing, rent, & utilities. Picture id & if seeking rent or utilities assistance must bring a copy of the bill. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm –  1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Street John Baptist Church | 3404 W Beltline Boulevard Columbia, SC 29203  (803) 254-4170 | 9:30am – 12:00pm | Must have ID.  Can get food without voucher or can get more food with food vouchers from DSS or TCM. |
| Washington Street United Methodist Church Soup Kitchen | 1401 Washington Street  Columbia, SC 29201  (803) 256-2417 | 10:45am – 12:00pm | [www.usmethodistorg/connect/soup-kitchen-ministry](http://www.usmethodistorg/connect/soup-kitchen-ministry) Lunch; pack a backpack program for students at Alcorn Middle School, & light bill assistance if funds are available. |
| Wesley United Methodist Church Food Pantry | 1725 Gervais Street  Columbia, SC 29201  (803) 799-1426 | 10:30am – 12:30pm | Lunch on the first Sat of every month at 11:30am. |
| UMC Soup Cellar |  | 10:45am-12:00pm |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| 1725 Gervais Street Food  pantry |  | 10:00 am-12:00 pm |  |

**Wednesday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Brookland Baptist Church Foundation | 1045 Sunset Boulevard  West Columbia, SC 29169 (803) 744-7914 | 12 noon | Food pantry, clothing, rent, & utilities. Picture ID & if seeking rent or utilities assistance must bring a copy of the bill. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Green Hill Baptist Church Food Pantry | 1734 Augusta Road  West Columbia, SC 29169  (803) 794-5125 | 9:00am – 11am | Offers food to families in need. |
| Hope Plaza |  | 8:00am – 9:00 am |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Sidney Park Church |  | 12:00pm – 1:00pm |  |
| Street Joseph Church | 3600 Devine Street  Columbia, SC 29205  (803) 254-7646  (803) 261-7381 | 10:00am – 11:30am  \*EXCEPT 1ST Wed of  month | Lunch |
| Trinity Baptist Church  Finlay Park |  | 7:30pm – 9:00 pm |  |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| UMC Soup Cellar |  | 10:45am – 12:00pm |  |
| Washington Street United Methodist Church Soup Kitchen | 1401 Washington Street  Columbia, SC 29201  (803) 256-2417 | 10:45am – 12:00pm | [www.usmethodiStreetorg/connect/soup-kitchen-](http://www.usmethodist.org/connect/soup-kitchen-) ministry  Lunch; pack a backpack program for students at Alcorn Middle School, & light bill assistance if funds are available. |
| Wesley United Methodist Church Food Pantry | 1725 Gervais Street  Columbia, SC 29201  (803) 799-1426 | 10:30am – 12:30pm | Lunch & lunch on the first Sat of every month at 11:30am. |
| 1725 Gervais Street Food  pantry |  | 10:00am – 12:00pm |  |

**Thursday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Brookland Baptist Church Foundation | 1045 Sunset Boulevard  West Columbia, SC 29169 (803) 744-7914 | 12 noon | Food pantry, clothing, rent, & utilities. Picture id & if seeking rent or utilities assistance must bring a copy of the bill. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Keepin It Real Ministries | Gadsden & Washington Street | 5:00pm – 6:30pm |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| UMC Soup Cellar |  | 10:45am – 12:00pm |  |
| Washington Street United Methodist Church Soup Kitchen | 1401 Washington Street  Columbia, SC 29201  (803) 256-2417 | 10:45am – 12:00pm | [www.usmethodiStreetorg/connect/soup-kitchen-](http://www.usmethodist.org/connect/soup-kitchen-) ministry  Lunch; pack a backpack program for students at Alcorn Middle School, & light bill assistance if funds are available. |

**Friday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| Bethlehem Baptist Church Food Pantry | 1218 Lyon Street  G.J. Odom Annex  Columbia, SC 29204  (803) 254-5651  (803) 256-6507 | 10:00am – 1:00pm | To get food from the food pantry, clients must get a voucher from The Cooperative Ministry at 3821 West Beltline Boulevard. Accepted by referral only. |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Hope Plaza |  | 8:00am – 9:00 am |  |
| Kingdom Outreach  Fellowship | Finlay Park | 4:00pm – 6:30 pm |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Transitions/Salvation Army | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| UMC Soup Cellar |  | 10:45am – 12:00pm |  |
| Washington Street United Methodist Church Soup Kitchen | 1401 Washington Street  Columbia, SC 29201  (803) 256-2417 | 10:45am – 12:00pm | [www.usmethodiStreetorg/connect/soup-kitchen-](http://www.usmethodist.org/connect/soup-kitchen-) ministry  Lunch; pack a backpack program for students at Alcorn Middle School, & light bill assistance if funds are available. |

**Saturday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS &**  **TIME** | **COMMENTS** |
| Bible Way Ministry | Finlay Park | 8:00am – 10:00 am | 4th Sat only |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon – Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Crescent Hill | 2659 Two Notch Road Columbia, SC 29204  (803) 254-5549 | Every 4th Sat  10:00am – 11:00am | Lunch every fourth Sat of the month. |
| First Baptist Church | 1306 Hampton Street | 12:00pm – 1:00pm | 3rd Sat only. |
| First Nazareth Church Food Pantry | 2351 Gervais Street  Columbia, SC 29204  (803) 254-6232 | Every Sat  10:00am – 2:00pm | Provides lunch |
| Gods Fishers of Men | Sumter & Laurel Street | 8am – 11:30 am |  |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45 am 4:45pm – 5:30 pm | Men, 18+ |
| Round Top Baptist | 120 Round Top Church Court Blythewood, SC 29016  (803) 786-1329 – Office | 2nd Sat  10:00am – 10:30am | Food Assistance |
| Street Luke’s Episcopal Church | 1300 Pine Street | 12:00pm – 1:00pm  11:00am – 12:30pm | 3rd Sat only  4th Sat only |
| Street Peters Church |  | 10:30am – 1:00 pm | 4th Sat only |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30 pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| Resurrection Suggs &  Kelly Lot |  | 10:30am – 1:00pm |  |
| Restoration Ministries | Finlay Park | 1:00pm – 1:45pm |  |
| Wesley United Methodist | 1725 Gervais St | 12:00pm – 1:00 pm | 1st Sat only |
| Yvonne Williams | Finlay Park | 9:00am – 11:00 am | 3rd Sat only |

**Sunday**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS &**  **TIME** | **COMMENTS** |
| Bethlehem Baptist | Finlay Park | 10:00am – 11:00am | 4th Sun only |
| Christ Central Ministries | 2401 Main Street  Columbia, SC 29201  (803) 765-1998 | 12:30pm – 1:00pm | [www.christcentralministries.org](http://www.christcentralministries.org/)  Provides lunch Mon - Fri from 12:00pm – 1:00pm. Breakfast/Brunch is served on Sun from 8:00am – 9:30am. |
| Food not Bombs | Finlay Park | 1:00pm – 2:00pm | Food recovery & given, vegan meals. |
| Jacqueline Mobley | Finlay Park | 10:00am – 11:00 am | 4th Sun only |
| Keepin’ it Real Ministries | Finlay Park | 3:00 pm | Sharing gospel, clothing, food. |
| Oliver Gospel Mission | 1100 Taylor Street  Columbia, SC 29201  (803) 254-6470 | 6:00am – 6:45am  4:45pm – 5:30pm | Men, 18+ |
| Street Martin De Porres Catholic Church | 2229 Hampton Street  Columbia, SC 29201  (803) 254-6862 | 5:00pm – 5:30pm | Food in center. |
| Transitions | 2025 Main Street  Columbia, SC 29201 | 12:00pm – 12:30pm | 18 & over men & women.  (Breakfast 8am – 8:30am & Dinner 5pm – 5:30pm also served to residents). |
| Trinity Episcopal Cathedral | 1100 Sumter Street Columbia, SC  (803) 771-7300 | 7:00am – 8:0 am | Life Skills Ministries, grief recovery, trainings. |
| Work of the Ministry | Finlay Park | 10:30am – 1:00pm | Food in park. |

**LGBTQ**

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| **AGENCY** | **LOCATION** | **SERVICE DAYS**  **& TIME** | **COMMENTS** |
| BGLSA (Bisexual, Gay, Lesbian, Straight Alliance) | University of SC [sobglsa@mailbox.sc.edu](mailto:sobglsa@mailbox.sc.edu) | Visit the website for information | <http://web.sa.sc.edu/bglsa/#.WEcQvdUrLct> BGLSA is a social network for the Gay, Lesbian, Bisexual, Transgender & Questioning Communities at the University of SC. The meetings are anonymous & conducted in forum style. The group discusses a range of issues & also sponsors educational programs throughout the year. |
| Columbia Trans Support | [ColaTGSupport@gmail.com](mailto:ColaTGSupport@gmail.com) | Call for information | Provides support for transgendered individuals  within Columbia SC. |
| Harriet Hancock LGBT Center | 1108 Woodrow Street  Columbia, SC 29205  (803) 771-7712  (803) 771-7713  [info@harriethancockcenter.org](mailto:info@harriethancockcenter.org) | Call for information | [www.LGBTCenterSC.org](http://www.LGBTCenterSC.org/)  Our facility offers a variety of resources including a free lending library, meeting spaces for LGBT- supportive groups, & a directory of LGBT- friendly businesses, organizations, & counselors while also serving as the headquarters for the SC Pride Movement. |
| 1st & 3rd Sun of every month  6:00pm – 8:00pm | *Youth Out Loud Program ages 15-19*  Support group for individuals between 15 & 19 only, closed door, anonymous meetings. |
| Openings | Various locations  (803) 678-9300 | Various times, check website for monthly meetings & locations. | [www.openingssc.org](http://www.openingssc.org/)  Supportive & welcoming network of gay, lesbian, bisexual & transgender persons & straight allies coming from diverse spiritual traditions to open hearts, minds & doors. The group holds monthly meetings at different affirming congregations one Tue each month. |
| Parents, Family, & Friends of Gays & Lesbians, Columbia Chapter | (803) 317-2702  (803) 665-4445  1118 Union Street  Columbia, SC 29201 | Call for information  \*Address is for a church where meetings are held on the second Tue of each month, 6:00pm – 8:00pm. | pflagcolasc.org  PFLAG is a national organization that promotes the health & wellbeing of lesbian, gay, bisexual & transgender persons, their families & friends through support, education, & advocacy. Works to end discrimination & secure full civil rights for the LGBTQ community. |
| SC Equality | PO Box 544  Columbia, SC 29202  (803) 256-6500  (803) 546-9035  (Executive Director) | Call for information | [www.scequality.org](http://www.scequality.org/)  Education & advocacy organization. Mission to secure equal rights for LGBT population, works with individuals & families. **\***[**http://www.scequality.org/resources/**](http://www.scequality.org/resources/) **- for a more comprehensive list of LGBTQ services & supports in the state. \*** |
| Trans Lifeline | 1 (877) 565-8860 | 24/7 Hotline | [www.translifeline.org](http://www.translifeline.org/)  Trans Lifeline is a 501(c)3 non-profit dedicated to the well-being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have. |
| Trevor Project | 1 (866) 488-7386  (24/7 Hotline) | Online Chat  Mon – Sun  3:00pm – 9:00pm  Text Support  Thu & Fri  4:00pm – 8:00pm | [www.thetrevorproject.org](http://www.thetrevorproject.org/)  Suicide prevention hotline for LGBTQ ages 13-24 To get text support, text “Trevor” to 1 (202) 304-1200. Standard message rates apply. |

**** **Family Disaster Plan**

**Family Last Name(s) or Household Address: Date:**

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**Family Member/Household Contact Info (If needed, additional space is provided in #10 below):**

Name Home Phone Cell Phone Email:

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**Pet(s) Info:**

Name: Type: Color: Registration #:

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**Plan of Action**

1. The disasters most likely to affect our household are:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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2. What are the escape routes from our home?

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3. If separated during an emergency, what is our meeting place near our home?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. If we cannot return home or are asked to evacuate, what is our meeting place outside of our neighborhood?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What is our route to get there & an alternate route, if the first route is impassible?

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5. In the event our household is separated or unable to communicate with each other, our emergency contact outside of our immediate area is:

Name Home Phone Cell Phone Email:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*After a disaster, let your friends & family know you are okay by registering at “Safe & Well” at* <https://safeandwell.communityos.org/cms//> *or by calling 1‐800‐733‐2767. You can also give them a call, send a quick text or update your status on social networking sites.*

6. If at school/daycare, our child(ren) will be evacuated to:

Child’s Name: Evacuation Site (address & contact info):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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7. Our plan for people in our household with a disability or special need is:

Person’s Name: Plan:

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8. During certain emergencies local authorities may direct us to “shelter in place” in our home. An accessible, safe room where we can go, seal windows, vents & doors & listen to emergency broadcasts for instructions, is:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9. Family Member Responsibilities in the Event of a Disaster

|  |  |  |
| --- | --- | --- |
| **Task** | **Description** | **Family Member Responsible** |
| Disaster Kit\* | Stock the disaster kit & take it if evacuation is necessary. Include items you might want to take to an evacuation shelter. Remember to include medications & eye glasses. |  |
| Be informed | Maintain access to NOAA or local radio, TV, email or text alerts for important & current information about disasters. |  |
| Family Medical Information | Make sure the household medical information is taken with us if evacuation is necessary. |  |
| Financial Information | Obtain copies of bank statements & cash in the event ATMs & credit cards do not work due to power outages. Bring copies of utility bills as proof of residence in applying for assistance. |  |
| Pet Information | Evacuate our pet(s), keep a phone list of pet‐friendly motels & animal shelters, & assemble & take the pet disaster kit. |  |
| Sharing & Maintaining the Plan | Share the completed plan with those who need to know. Meet with household members every 6 months or as needs change to update household plan. |  |

\**What supplies & records should go in your disaster kit? Visit* [www.redcross.org](http://www.redcross.org)

10. Other information, if not able to be included above.

|  |
| --- |
|  |

*Congratulations on completing your family disaster plan! Please tell others: “We’ve made a family disaster plan & you can, too, with help from the American Red Cross.”*

Get the facts about what you should do if an emergency or disaster occurs at [www.redcross.org](http://www.redcross.org)



EMERGENCY KIT CHECKLIST

It is important to keep enough supplies in your home to meet the needs of your family for at least three days. Assemble a Family Emergency Kit with items you may need in an emergency or evacuation. Store these supplies in sturdy, easy-to-carry containers such as suitcases, duffle bags or covered storage containers.

Include at a minimum:

 Water, two gallons of water per person per day for at least three days, for drinking & sanitation

 Food, at least a three-day supply of non-perishable food.

 Battery-powered or hand crank radio & a NOAA Weather Radio with tone alert & extra batteries

for both

 Flashlight & extra batteries

 First aid kit

 Whistle to signal for help

 Moist towelettes, garbage bags & plastic ties for personal sanitation

 Wrench or pliers to turn off utilities

 Manual can opener for food (if kit contains canned food)

 Local maps

 Cell phone with chargers

 Prescription medications & glasses

 Infant formula & diapers

 Pet food & extra water for your pet

 Important family documents such as copies of insurance policies, identification & bank account

records in a waterproof, portable container

 Family emergency contact information

 Cash or traveler's checks & change

Additional items to consider include:

 Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-

weather climate.

 Complete change of clothing including a long sleeve shirt, long pants & sturdy shoes. Consider

additional clothing if you live in a cold-weather climate.

 Fire extinguisher

 Multipurpose tool

 Matches in a waterproof container

 Duct tape

 Dust mask to help filter contaminated air

 Feminine supplies & personal hygiene items

 Mess kits, paper cups, plates & plastic utensils, paper towels

 Paper & pencil

 Books, games, puzzles or other activities for children

Emergency Kit Checklist Page 2

Food:

 Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, little

preparation or cooking & little or no water. Select food items that are compact & lightweight.

 Ready-to-eat canned meats, fruits & vegetables

 Canned juices, milk, soup (if powdered, store extra water)

 Staples--sugar, salt, pepper

 High energy foods--peanut butter, jelly, crackers, granola bars, trail mix

 Vitamins

 Foods for infants, elderly persons or persons on special diets

 Comfort/stress foods--cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags

First Aid Kit:

 Assemble a first aid kit for your home & one for each car. Contact your local American Red Cross

chapter to obtain a basic first aid manual. Each first aid kit should include:

 2-inch sterile gauze pads (4-6)

 4-inch sterile gauze pads (4-6)

 Hypoallergenic adhesive tape

 Triangular bandages (3)

 2-inch sterile roller bandages (3 rolls)

 3-inch sterile roller bandages (3 rolls)

 Scissors

 Tweezers

 Needle

 Moistened towelettes

 Antiseptic

 Thermometer

 Tongue blades (2)

 Tube of petroleum jelly or other lubricant

 Assorted sizes of safety pins

 Cleansing agent/soap

 Latex gloves (2 pair)

 Sunscreen

SUGGESTIONS & REMINDERS:

 Store your kit in a convenient place known to all family members. Keep a smaller version of the

Family Emergency Kit in the trunk of your car.

 Keep items in air-tight plastic bags.

 Change your stored water supply every six months so it stays fresh.

 Rotate your stored food every six months.

 Re-evaluate your kit & family needs at least once a year. Replace batteries, update clothes, etc.

 Ask your physician or pharmacist about storing prescription medications.

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