

THURSDAY NOV. 9, 2023

THE FORT JACKSON LEADER

"VICTORY ... STARTS HERE."



**STAND TO
FOR RESILIENCE**



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Veterans Day message

By **BRIG. GEN. JASON E. KELLY**
Fort Jackson commander

Fort Jackson Teammates,

For over a century, on Nov. 11, we pause to recognize our veterans – the brave men and women who have served our great country and continue to serve this nation with honor and distinction. Furthermore, it is equally important to keep the fallen, the missing, and those currently serving in harm's way in our thoughts and prayers during this Veterans Day commemoration.

I also want to thank all military spouses and children who often have to endure career interruptions, frequent changes of address, school changes, separation from friends, missed holidays, anniversaries, births, and graduations. The list is very long. Your sacrifices are equally important and, all too often, are not appropriately recognized.

We must remember that honoring those who have served is more than what we say or do today. It's about how we support our veterans every day of the year. It's about remaining committed to them and their families in every possible way that we can. Commitment to our veterans and their families is a sacred trust between America and all who defend its ideals.

Over time, every military enlistment or commission comes to an end. However, an Army veteran's service has no expiration date. Once you earn the title of "Soldier," you remain a Soldier for Life. After the final muster, a veteran's commitment to serving often does not end.

All around the country, veterans become teachers, doctors, engineers, social workers, community leaders, first responders, and elected officials. They continue serving our communities by making positive contributions and inspiring future generations of Americans.

President Harry S. Truman once said, "Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude. America will never forget their sacrifices."

The legacy of generations of patriots dedicated to our country's defense keeps us strong and resilient as a nation. We must ensure that the service and sacrifice of our veterans are never overlooked or forgotten.



BRIG. GEN. JASON E. KELLY

Bonuses offered for recruiters

By **JOE LACDAN**
Army News Service

The Army wants to add 800 new students over the next two months to its Army Recruiting and Retention College at Fort Knox, Kentucky, a service leader said recently.

In addition, Soldiers who volunteer to serve as recruiters will receive incentives, and the Army pledges to care for those troops and their families, said Lt. Gen. Doug Stitt, deputy chief of staff for personnel.

The bonuses include immediate promotion to staff sergeant upon reporting to their first recruiting assignment and graduates of the school who enroll in the Army Recruiter Course by February 2024 will receive a one-time lump sum of \$5,000. The promotions to staff sergeant will be conditional, and Soldiers will still need to meet professional military education requirements.

Staff sergeants who volunteer will be eligible for promotion to sergeant first class if they field 24 signed enlistment contracts and all 24 recruits attend Basic Combat Training over a maximum 12-month period. Current recruiters who extend their three-year assignment will be awarded \$1,500 per month for up to 12 months.

The service will also consider reassigning Soldiers slated to attend the Army's Drill Sergeant School at Fort Jackson, South Carolina to the Recruiting and Retention College.

Sgt. Maj. Christopher Stevens, senior enlisted advisor for Army Personnel, G-1, said that the selections will not impede the service's abilities to train new recruits.

Stitt said that last week the service identified a drop in the number of students scheduled to attend the college on Monday, as the service looks to bolster its recruiter corps of more than

10,000 Soldiers.

"The losses exceeded the gains and in order to maintain that momentum that we were seeing within the recruiting force, we (started) to set the conditions for transformation," Stitt said while speaking to reporters Wednesday. "We made the decision this week to bump up the numbers (of recruiting college students)."

Over the past two weeks, the Army screened and selected Soldiers throughout the force to report to the college.

Staff Sgt. Dustin Biven, assigned as a non-commissioned officer-in-charge of multimedia production at the Defense Media Activity, Fort Meade, Maryland said he received his notification to report to Fort Knox. Biven's wife recently gave birth to a baby boy, and he was scheduled to complete his paternity leave. The father of four also had mission commitments and a full-time college schedule that could be compromised by the new assignment.

Biven said that reassigned Soldiers have been asked to shift their life and careers in a short window of time.

"I am very fortunate to have the support system and a wife who could care for our children," said Biven, 30. "But there are some single Soldiers out there and some single mothers out there — people who probably are not medically fit or are able to go because of pre-existing conditions or surgeries — that are being tapped with this (assignment) and they are frightened."

Stitt expressed regret for the late notice and said the service will contact the selected Soldiers and work with their unique circumstances.

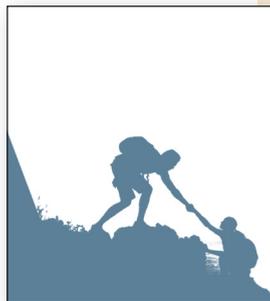
"I'd like to open up and first of all apologize to the Soldiers and the Families that received

See **BONUSES:** Page 11

ON THE COVER

Fort Jackson is leading the charge to increase the resiliency of its Soldiers, Family members, Department of the Army Civilians and retirees during a Resiliency Stand-To,

Nov. 16-17
See Page 6-7



Graphic by **NATHAN CLINEBELLE**

THE FORT JACKSON LEADER

"We Make American Soldiers"

Fort Jackson, South Carolina 29207

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Fort Jackson pays respects to 'selfless' drill

Story, photo by **EMILY HILEMAN**
Fort Jackson Public Affairs

Family, friends, Soldiers, members of The Punishers Motorcycle Club and the Fort Jackson community gathered at Fort Jackson's Daniel Circle Nov. 8, to pay their respects and say final goodbyes to Sgt. 1st Class Herman Edward Main III.

Main, a drill sergeant with 2nd Battalion, 39th Infantry Regiment, passed away Oct. 21. Main had a passion for riding motorcycles and frequently taught and mentored other riders. He also often volunteered with his motorcycle group, The Punishers Law Enforcement Motorcycle Club.

Prior to serving in the Army, Main worked as an armed security guard and was a volunteer firefighter with Atascocita Volunteer Fire Department in Atascocita, Texas, for 11 years.

Several members of his unit delivered memorial tributes and remembered the life Main lived and the legacy he will leave behind.

Chaplain (Capt.) Sidney Aaron recounted stories of Main's reenlistment in Charleston, South Carolina and emphasized Main's dedication, respect, and confidence for his fellow Soldiers, his command and the Army.

"Drill sergeant Main is the consummate (noncommissioned officer). I cannot think of a single line of the NCO creed that does not fit him," Aaron said. "But most of all, the first line of the third stanza says, 'I will earn their respect and confidence as well as that of my Soldiers. I will be loyal to those with whom I serve; seniors, peers, and subordinates alike.' That line was... no, is Sgt. 1st Class Main."

Staff Sgt. Ezra Abbott said he was known to stay after hours and assist others to ensure the mission was complete, even when others had already left for the night.

"When I first met Main, the only thing I saw was a rough-around-the-edges, grumpy old man, but as the days flew by, I realized that could not be further from the truth," said Sgt. 1st Class Gabriel Santos during a memorial tribute. "... He was quite the opposite. Drill Sgt. Main was a person who had your back no matter what. When



Second Battalion, 39th Infantry Regiment says goodbye to one of their own, Sgt. 1st Class Herman E. Main III at Daniel Circle Chapel, Nov. 7. Main, a drill sergeant with the 2-39th, a native of Humble, Texas, led a life of selfless service and dedication to all who knew him.

times seemed uncertain, the only thing that was certain was he had your back."

Main enlisted in the Army in 2012 as a Military Policeman. His Army career first took him to Fort Campbell, Kentucky where he earned the coveted Air Assault wings.

Following his time at Fort Campbell, Main was sent to Baumholder, Germany; Fort Johnson (formerly Fort Polk), Louisiana; and finally Fort Jackson, where he fulfilled his dream of becoming a drill sergeant.

While serving at Fort Jackson as a drill sergeant, Main showed dedication and ex-

**THE ONLY THING THAT
WAS CERTAIN WAS HE
HAD YOUR BACK ...**

- Sgt. 1st Class **Gabriel Santos**
2nd Battalion, 39th Infantry
Regiment

ceptional enthusiasm for molding civilians into Soldiers. His drive and dedication were instrumental in Company D's pivot to the Future Soldier Preparatory Course earlier this year.

"He wanted to build the best product for the Army. On top of that, Main was selfless," said Staff Sgt. Ezra Abbot, a fellow drill sergeant and friend of Main. "There's no other word to describe his dedication to C Block. To the Army."

Main's awards and decorations include the Air Assault badge, three Army Commendation Medals, five Army Achievement Medals, three Good Conduct Med-

als, National Defense Service Medal, the Global War on Terrorism Expeditionary and Service Medals, and the Army Service Ribbon.

"I used to tell him he was going to burn himself out and he'd just laugh and say, 'Nah, bro. They need that work,'" Abbot said. "And that energy was contagious and it made us all better. I think we all need to hold onto that. Main's mentality to improve and continue to get better in any way possible. That's how we can honor him."

Main, who recently re-enlisted indefinitely, was also dedicated to his motorcycle group. He was immersed in the brotherhood and camaraderie and enjoyed volunteering for both organizations.

He is survived by his wife, three children, his father and mother, three brothers, his sister; and three nephews.

Community Updates

HOLIDAY CLOSURES

Directorate of Human Resources

The Directorate of Human Resources will be closed on the following days:

Veterans Day – Friday
Thanksgiving Day – Nov. 23
Training holiday – Nov. 24
Christmas Day – Dec. 25
Training holiday – Dec. 26

For more holiday closures visit: <https://homeadmin.army.mil/jackson/my-fort/facility-hours-2>

ANNOUNCEMENTS

Road Name Changes

Fort Jackson has renamed numerous roads and streets on post named after Confederate leaders, battles and units. This is part of efforts to rename Department of Defense installations, streets, buildings and ships that featured names commemorating the Confederacy. These name changes, effective Jan. 1, 2024, have already been made by the U.S. Postal Service. To learn which road names have changed, scan the QR code or visit <https://home.army.mil/jackson/about/fort-jackson-road-renaming>.



Commissary/Exchange access update

The temporary authorization for Department of the Army Civilians to use the Commissary and Exchange during the COVID-19 pandemic was canceled June 8, 2023.

ArmyIgnitED 101

Are you new to tuition assistance or credentialing assistance? Maybe you are looking for some refresher training. The Fort Jackson Army Continuing Education System is holding ArmyIgnitED 101 briefs every second and fourth Mondays and Wednesdays of each month. The

briefing are held virtually, starting at 10 a.m. Mondays, and in person at the Education Center (4600 Strom Thurmond Blvd.) beginning at 10 a.m. Wednesdays. To sign up email your attendance request to usarmy.jackson.93-sig-bed.mbx.dhr-jacksonedcenter@army.mil. Walk-ins are welcome.

Fort Jackson Golf Club Guest Days

Fort Jackson Golf Club members are now permitted to bring up to three guests on guest days. Green fees are waived for a member's guest(s), but each guest must pay cart and user fees. Upcoming Guest Days are: Today, Nov. 16 and 26; Dec. 2, 8, 14 and 20.

Coffee, Donuts and Purpose

Coffee, Donuts, and Purpose allows retirees (with drill experience) to connect with current drill sergeants and those who are about to start their time on the trail. This common bond event allows retirees and today's Army members to connect and give back to one another making each other stronger through their shared service, passion, weaknesses, and strengths. For more information, email Tabatha Baker, 193rd Health Educator, at tabatha.l.baker2.civ@army.mil.

Yoga and Stretching Classes

DS Timothy Kay Soldier Performance Readiness Center, 12650 Jackson Blvd. Soldiers, Department of the Army Civilians, Family members and veterans are welcome to take free Yoga and stretching classes. The schedule of classes is: Mondays - Movement & Mobility - 11:30 a.m. to 12:15 p.m.; Power 30 - Tuesdays from 7:30-8 a.m.; Wednesdays - Power Flow from 6-7 a.m. and Mindful Movement and Meditation from 12:15-1 p.m.; and Thursdays - Plyometrics & Deep Stretch from 7:30-8 a.m. and Power Flow from 11:45 a.m. to 12:45 p.m. For more information, email nicole.a.topakas.civ@army.mil

COMMUNITY EVENTS

NOV. 14

Love & Money Matters

10 a.m. to noon, 5460 Marion Ave (Chaplain Family Life Center). Army Community Service and the Religious Support Office conduct a workshop to teach effective communication strategies and address common money issues in relationships. Learn to set SMART goals as a couple that can lead to wealth building and a stronger relationship. Registration is required. For more information or to register, call 751-5256.

NOV. 16-17

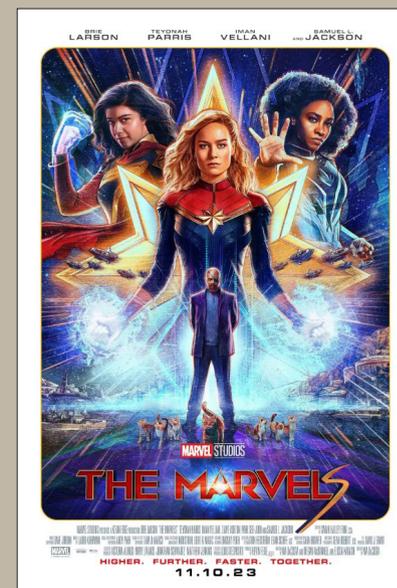
Resiliency Stand-To

Fort Jackson will conduct a two-day Resiliency Stand-To Nov. 16-17. Day one includes opening remarks, an overview of services, breakout sessions and vendors inside the Solomon Center. On day two there will be tours of post activities; a panel will speak on resiliency from 11:30 a.m. to 1 p.m. in the NCO Club Ballroom; and a livestreamed talk by retired Maj. Gen. Gregg Martin at 3 p.m. For more information, visit: <https://home.army.mil/jackson/about/resiliency-fair>. Register for the Resiliency Stand-To guest speakers luncheon at the NCO Club. For access to the buffet, it will be \$15 at the door (cash or card). If you would like to attend, but not purchase food, please still RSVP to ensure adequate seating is provided. RSVP no later than Nov. 10 via email at usarmy.jackson.army-tng-ctr.mbx.fj-resiliency-lead-planners@army.mil or call at 751-2915/6334.

NOV. 16

Fort Jackson Sportsman Club

6 p.m., Alpine Lodge. The Fort Jackson Sportsman Club will host its monthly meeting. This meeting will be devoted to the Club's annual Thanksgiving meal.



Fort Jackson

Movie Schedule

3319 Jackson Blvd.

Phone: 751-7488

NOV. 10

■ The Marvels (PG-13) 6 p.m.

NOV. 11

■ The Marvels (PG-13) 2 p.m. - Free Screening

NOV. 15

■ The Marvels (PG-13) 2 p.m.

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule are subject to change without notice.

THE FORT JACKSON LEADER

SEND ALL
SUBMISSIONS TO

usarmy.jackson.93-sig-bde.mbx.atzj-pao@army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following

Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. All submissions will be edited and published using Associated Press Style

Questions? Call 751-6739.

See **EVENTS:** Page 10

Soldier Spotlight

Sgt. Kenneth Palmore

Story, photo by **EMILY HILEMAN**
Fort Jackson Public Affairs

Sgt. Kenneth Palmore always desired to follow in his ancestors' footsteps and serve in the military. However, it wasn't until he was ten years old, when his Family moved to North Texas that he truly understood what it meant to defend his Nation and his people.

"I come from a long line of people serving in the military," Palmore said. "Both of my grandfathers on my mom's and dad's sides served in the Navy. Originally, I was looking at joining the Navy, but ended up choosing the Army."

Palmore, a 42A - Human Resources Specialist with Company D, 369th Adjutant General Battalion, originally joined the Army in 2009. He chose 42A so he would have job prospects outside of the Army once he left service, he said.

"When I was 10 years old, we moved from south to north Texas to be closer to my mom's family," Palmore said. "That's when we got involved with the Choctaw and Chickasaw nations."

Due to his mother's unique lineage, Palmore and his Family are members of both the Choctaw and Chickasaw tribes.

"Kind of like with the military, both nations provided a community for us," Palmore said. "They also had a lot of health care services that we got involved with. I still stay up to date with their email newsletters and their online open forums for other members."

The Choctaw Nation originated in central and southwest Mississippi, eastern Louisiana and western Alabama and was eventually broken up into three federally recognized tribes. They are the third-largest Indian nation in the United States with over 212,000 tribal members and they were the first tribe to relocate to Oklahoma as part of the Indian Removal Act of 1830, more commonly known as the Trail of Tears.

The Chickasaw Nation originated in northeast Mississippi, northwest Alabama,

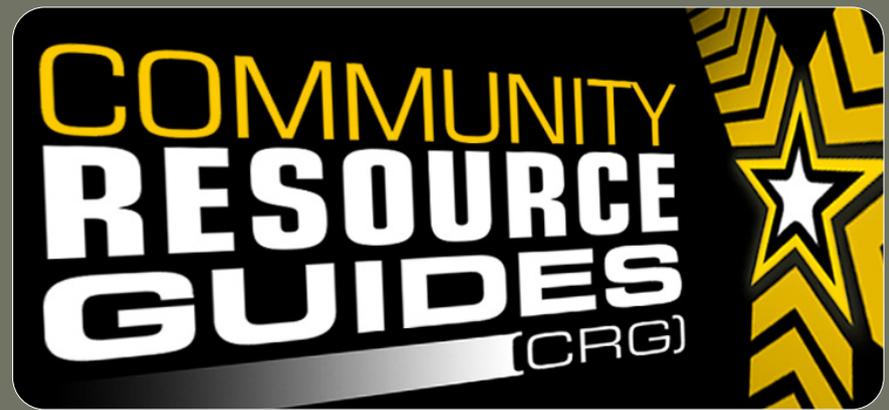


Sgt. Kenneth Palmore, a human resources specialist and Native American, with the 369th Adjutant General Battalion, a, answers phone calls.

west Tennessee, and southwest Kentucky and relocated to south-central Oklahoma in the mid-1800s. They are a smaller tribe, but still boast more than 73,000 citizens and their territory includes 7,648 square miles. They were one of the last of what was called the "Five Civilized Tribes" to relocate to the region.

Native tribes have a long history of serving in the United States military that started with the Code Talkers during World War I. Various Native American tribes used their unique and nearly indecipherable language to communicate and simultaneously confuse the enemy during World War I, II, the Korean and Vietnam Wars.

"Native American Indian Heritage Month is about tradition, recognizing where we came from and looking towards the future as a Native American and a Soldier," Palmore said. "It's important to recognize the natives who were here before the United States was established and recognize their commitment to preserving and protecting this land."



Guide smooths transitions

By **EMILY HILEMAN**
Fort Jackson Public Affairs

Permanent Change of Station moves can be a challenging experience for Soldiers and their Families. The stress of relocating, coupled with the need to quickly adapt to a new environment can be overwhelming. However, the Community Resource Guide is a valuable tool that can make this transition smoother and more manageable.

"The Community Resource Guide is a comprehensive list of all services provided by the installation," said Devita Hampton, Army Substance Abuse Program specialist. "It is a one-stop shop for all the installation's programs and services."

What makes the CRG particularly valuable is its ability to connect stakeholders with essential resources, she explained.

"As service members and their families move from one duty station to another, this handy tool bridges the gap and allows them to connect with the installation's services and resources before their arrival," Hampton said.

This proactive approach is a game-changer, as it empowers individuals to plan and prepare for their transition, reducing stressors commonly associated with relocating.

Accessing the CRG is straightforward and convenient, as it can be

reached through multiple avenues:

- For online access: Visit the CRG website at <https://phc.amedd.army.mil/topics/healthyliving/hpr/Pages/CommunityResourceGuides.aspx>

- QR Code: Scan the QR code to quickly access the CRG from your mobile device

- Fort Jackson Website: If you're stationed at Fort Jackson, you can easily find the CRG icon on the bottom, left of the Fort Jackson website at <https://home.army.mil/jackson/>

In a world where military personnel and their families often face frequent relocations and transitions, tools like the CRG provide invaluable support. It empowers individuals with the knowledge and information they need to navigate the challenges of moving to a new duty station. By offering a comprehensive and easily accessible resource, the CRG exemplifies the military's commitment to the well-being of its personnel and their families.

The CRG is more than just a collection of information; it's a lifeline for service members and their families, ensuring that they have the support they need every step of the way. Whether you're a service member, spouse, family member, or Department of Defense civilian, the CRG can serve as a guide to a smoother transition and to search for additional resources at your current duty station.

Fort Jackson community stands up for resilience

By **EMILY HILEMAN**
Fort Jackson Public Affairs

Ask any Soldier to quote the Soldier's Creed and they can probably do it in their sleep. They're always prepared to serve the U.S., to place the mission first, to never accept defeat, to never quit and to deploy, engage, and destroy the enemies of the U.S. in close combat.

However, if you ask them how to bounce back from stressful and traumatic situations, they might not be able to readily belt out the 14 techniques taught in the Master Resiliency program or other methods which exist to overcome hardships.

Fort Jackson is leading the charge to change that with the Resiliency Stand-To, Nov. 16-17.

"There is so much goodness going on," said Col. Kenneth Dwyer, Leader Training Brigade commander. "We have a keynote speaker who's going to talk about some of his struggles throughout his life, having been diagnosed later in his career with bipolar disorder, as well as some other presentations, booths about some of the resources that exist on Fort Jackson, and demonstrations from the Master Resiliency Trainer Course."

The keynote speaker, retired Maj. Gen. Gregg Martin, a combat veteran, served in the Army for 36 years. While he had an abundance of knowledge and experience, he was also battling with undiagnosed bipolar disorder throughout his career.

Martin is one of many Soldiers who struggled with a mental diagnosis, and he actively encourages Army leaders to talk about mental health with their Soldiers.

"I would recommend the Army leadership ... talk about it (with their Soldiers) and encourage people all through the ranks to ... talk about it and gain a great understanding, not just about bipolar disorder, but about mental illness and mental health conditions," he was quoted in an Association of the U.S. Army article.

Martin will be speaking on Nov. 17 at 3 p.m. in the Institute for Religious Leadership Auditorium. His talk will also be livestreamed on Microsoft Teams.

Mental readiness and agility is one of the five Holistic Health and Fitness pillars that will be discussed

and expanded on during the Resiliency Stand-To. The other four are physical readiness, nutritional readiness, spiritual readiness, and sleep readiness.

"If we put a little bit of fuel in each one of those five gas tanks every day, it builds a capacity for resilience," Dwyer said. "And if we fail to put gas in each one of those tanks every day and something happens that we must navigate, it's difficult and it's going to make it a lot harder. So, it's investing early into all these things that are going to make you resilient."

The Stand-To is designed to make the entire Fort Jackson community, not just Soldiers, more resilient.

"It's geared towards the Soldiers and Army Civilians, the Family members of the people that call Fort Jackson home," Dwyer said. Service members, their Families, Department of Defense civilians, retirees and their families are all welcome to "come on and see the goodness we put together."

"Everyone who shows up is going to take something away that's a little bit different, because we all absorb information based on our experiences in life and what we're currently dealing with," Dwyer said. "However, if I had to narrow it down to one key takeaway, it's the idea that we all have a greater capacity to bounce back than we realize."

Dwyer will be one of three guest speakers for the Guest Speaker Luncheon, Nov. 17 at the NCO Club

Fort Jackson Resiliency Stand-To
16 - 17 November 2023

Welcoming Service Members, Family Members, DA Civilians, and Retirees

- * Giveaways
- * Games
- * H2F Domains
- * Guest Speakers
- * Fitness Classes
- * On & Off Post Vendors

Check the QR Code for Details!

"Resiliency Starts Here"

U.S. ARMY

and he is speaking about the power of mental toughness in overcoming trauma. Other guest speakers are Command Sgt. Maj. Linwood Barrett on the topic of emotional resiliency and Sandra Mayweather discussing finding power through your pain.

Not only is Dwyer the leader of the Leader Training Brigade, which conducts levels one through four of Master Resiliency Training, but he was injured 17 years ago in Iraq, when he was hit with a rocket propelled grenade.

"I lost the (left) hand and eye (in the attack)," Dwyer said. "So, I've spent a ton of time thinking about how we, as people, can overcome things like this. I really break it down into these big key points to resiliency."

Dwyer will speak on his personal struggles following the hardships that he encountered due to the incident he encountered and the three key points that drove him to understand and dedicate his personal mission, which is helping others become more ready and resilient in the face of hardship.

Resiliency Stand-To Schedule

DAY ONE

Main Event

9-9:10 a.m. - Opening Remarks

9:10-9:40 a.m. - Overview of Services

9:40 a.m. to 3 p.m. - Exposition with on and off post vendors

11:30 a.m. to 1 p.m. - Recipes and vendors at the Commissary. (Vendors will have granola bars and fruit as well as recipes)

11:30 a.m. to 1 p.m. - Victory Fresh Initiative at the U.S. Army Drill Sergeant Academy Dining Facility
Lunch costs \$6.85.

Breakout Sessions

Upper Track (MWR - Resilience with Movement)

11-11:15 a.m.

11:30-11:45 a.m.

2-2:15 p.m.

2:30-2:45 p.m.

Game Room (SHARP/MEO - Jeopardy)

10-11:30 a.m.

1-2:30 p.m.

Craft Room (MRT Demonstrations/Kahoot)

10-10:30 a.m.: Avoid Thinking Traps

10:30-11 a.m.: Detecting Icebergs

1:30-2 p.m.: Assertive Communication

2-2:30 p.m.: Active Constructive Responding

Pool Room (H2F - Squat/Deadlift Form class and Food Demo)

Marion Room (R2-Balancing Energy)

10 a.m. to 2:30 p.m.

10-10:15 a.m.: Squats

10:30-10:45 a.m.: Deadlift

Register for the Resiliency Stand-To Guest Speakers Luncheon at the NCO Club. For access to the buffet, it will be \$15 at the door (cash or card). If you would like to attend, but not purchase food, please RSVP to ensure adequate seating is provided. Please RSVP no later than tomorrow via email at us-army.my.jackson.army-tng-ctr.mbx.fj-resiliency-lead-planners@army.mil or call 751-2915 or 751-6334.

DAY TWO

Tours

Army Community Service - 9 a.m. to 2:30 p.m.

Financial Readiness

EFMP

General Programs

Main Post Chapel - 9 a.m. to 2:30 p.m.

Chapel resources

Chaplain Family Life Center - 9 a.m. to 2:30 p.m.

Counseling Services

Facility Tour

Armed Forces Wellness Center - 9 a.m. to 2:30 p.m.

Health Nutrition

Body Composition Analysis

Stress Management

Soldier Performance Readiness Center - 9-10 a.m. and 1-2 p.m..

Meal Prep Demo

Sleep Demonstration

Guest Speakers

Guest speaker luncheon

11:30 a.m. to 1 p.m. - NCO Club Ballroom

Col. Kenneth Dwyer

- The power of mental toughness in overcoming trauma

Command Sgt. Maj. Linwood Barrett

- Emotional resiliency

Sandra Mayweather

- Finding power through your pain

3 p.m. - Institute for Religious Leadership Auditorium

Retired Maj. Gen. Gregg Martin

- Bipolar General: My Forever War with Mental Illness

WHY I SERVE

3RD BATTALION, 60TH INFANTRY REGIMENT

PFC. DESIREE BYRD, 28

Colorado Springs, Colorado

"I joined the Army to help save the lives of those who serve. My grandfather and all of those who fought before me are the major driving factors in my enlistment."

"I imagined Basic Combat Training to be challenging in ways I had not previously been challenged. I imagined comradery amongst my squad and platoon."

"My advice for anyone wanting to join is to give 100% every day, even if you are tired, even if someone says you are doing too much."

"My MOS is 68W - Combat Medic Specialist. I chose this MOS because with my previous medical background, I am an asset to the Army."



PFC. JOSHUA MILLS-KELLY, 21

Tallahassee, Florida

"I joined the Army to better myself as a person and go to college. I felt that I needed to become a part of something that is stable and structured."

"I imagined Basic Combat Training would be a gruesome and intense plethora of training events. I expected to have my will broken and rebuilt in a military manner."

"Advice I would give to someone about to start BCT is it's only as difficult as you and your battle buddies make it out to be. Do as you're told, be quiet, be on time and try your hardest at everything you do."

"My MOS is 94F - Computer/Detection Systems Repairer. I chose this MOS because it will translate well into the real world."



PFC. NICOLE MATHENA, 18

Clifton, Colorado

"My grandfather was in the Navy and I had a history teacher in high school who was in the Army. Hearing their experiences inspired me to enlist and hopefully have some of those experiences myself."

"I honestly thought Basic Combat Training would be harder. I thought every day I would be pushed to my limit and then past it."

"The most challenging part of BCT was learning how to work together with so many people from different backgrounds and views of the world."

"My MOS is 68W - Combat Medic Specialist. I chose this MOS because I want to make a difference. If I can save one life, or even just change it, that would make it all worth it."



PVT. SHEA PHANEUF, 20

Bradenton, Florida

I was influenced to enlist by "my stepfater, who was in 160th Special Operations Aviation Regiment and I'll be the 6th generation of my Family to serve."

"The most challenging part of Basic Combat Training was learning to take punishment for other peoples' mistakes."

"Advice I would give to someone planning to join is to be prepared to integrate with a mix of people."

"My MOS is 15U - CH-47 Helicopter Repairer. I chose this MOS to be a mechanic for 160th SOAR as well as to use it to go to flight school later in my career."



SPC. REMUS PADILLA, 33

Orlando, Florida

"My father," influenced me to join the Army. "He joined at a young age and it provided opportunities to move him out of poverty. Also, the desire to serve this country that saved my mother from war in Vietnam."

"Learning to work and get along with people of different ages and from different walks of life" was the most challenging part of Basic Combat Training.

"My MOS is 09S - Commissioned Officer Candidate. I chose this MOS to become an officer and fly helicopters like my grandfather and uncle. I also want to learn how to lead others."



SPC. HUNTER MALONE, 29

Dayton, Ohio

"The yearning for adventure and the challenge of jump school" influenced me to join the Army. "I want to join a handful of past Soldiers and Sailors with jump wings and submarine dolphins."

"The most difficult part of Basic Combat Training was maintaining my vegetarian diet, being the 'old guy' amongst the younger people and having patience when trying to get everyone on the same page."

"My MOS is 37F - Psychological Operations Specialist. This allows me to work in a unique environment and with plenty of deployment opportunities."



To read more why Soldiers serve visit: home.army.mil/jackson



Photo by NATHAN CLINEBELLE

Happy Retirement

Fort Jackson honored the service of Sgt. 1st Class Amanda M. Moore, from 2nd Brigade, 98th Training Division, Fort Jackson, during 1st Battalion, 13th Infantry Regiment's Basic Combat Training graduation, Nov. 2.

SALUTING THIS BCT CYCLE'S HONOREES

3rd Battalion, 60th Infantry Regiment

ALPHA COMPANY
SOLDIER LEADER
OF THE CYCLE
Pfc. Desiree Byrd

SOLDIER OF THE CYCLE
Spc. Hunter Malone

BRAVO COMPANY
SOLDIER LEADER
OF THE CYCLE
Spc. Remus Padilla

SOLDIER OF THE CYCLE
Pvt. Stephanie Salas

CHARLIE COMPANY
SOLDIER LEADER
OF THE CYCLE
Pfc. Nicole Mathena

SOLDIER OF THE CYCLE
Pfc. Cody Torres

DELTA COMPANY
SOLDIER LEADER
OF THE CYCLE
Pfc. Houston Hayden

SOLDIER OF THE CYCLE
Pfc. Joshua Mills-Kelly

ECHO COMPANY
SOLDIER LEADER
OF THE CYCLE
Pvt. Shea Phanuef

SOLDIER OF THE CYCLE
Pvt. Andrew Colvert



STAFF SGT. JOHN SUNGA

**DRILL SERGEANT
OF THE CYCLE**

Moncrief releases influenza vaccination dates, times

Moncrief Army Health Clinic

The 2023-2024 flu season is here. Flu is unpredictable, and the U.S. flu season is typically October through May. The Centers for Disease Control and Prevention expect flu virus, COVID-19 and Respiratory Syncytial Virus to spread during the upcoming fall and winter.

CDC recommends anyone six months old and up get an annual flu shot, unless they have a medical condition that prevents them from getting one. Ideally, everyone should be vaccinated by the end of October, however, even if you are not able to get vaccinated until December or later, vaccination is still recommended because flu activity most commonly peaks in February and significant activity can continue into May.

How the flu spreads:

- People with flu can spread it to others mainly through droplets created when people with the flu cough, sneeze, or talk. Less often, a person might get the flu by touching a surface or object that has flu virus on it and then touching their own mouth, nose, or possibly their eyes.

- It is possible to spread the flu to oth-

ers before you know you are sick, as well as while you are sick. Some people can be infected with the flu virus but have no symptoms. During this time, those people may still spread the virus to others.

How to prevent the flu:

- Getting an annual flu vaccine is very important to protect yourself, your loved ones, and your community against flu. Vaccination is especially important for people at higher risk of developing serious flu complications (children younger than 5 years, people of any age with chronic medical conditions (like asthma, or other breathing or lung problems, heart disease or weakened immune system)

- Preventive measures include avoiding people who are sick, covering your cough or sneeze, washing your hands (using alcohol-based hand sanitizer if washing is not possible), and staying home if you have flu-like symptoms (fever, chill, cough, sore throat, runny/stuffy nose, muscle/body aches, headaches, fatigue) also help prevent the spread of flu.

The Advisory Committee on Immunization Practices recommends that adults aged 65 years or older preferentially receive

FLU VACCINE DATES

Tuesday, Nov. 14	11 a.m. to 5 p.m.	Solomon Center
Friday, Nov. 17	11 a.m. to 5 p.m.	Solomon Center
Tuesday, Nov. 21	11 a.m. to 5 p.m.	Solomon Center
Friday, Dec. 1	11 a.m. to 5 p.m.	Solomon Center
Tuesday, Dec. 5	11 a.m. to 5 p.m.	Solomon Center
Friday, Dec. 8	11 a.m. to 5 p.m.	Solomon Center
Saturday, Dec. 9	10 a.m. to 2 p.m.	The Exchange
Tuesday, Dec. 12	11 a.m. to 5 p.m.	Solomon Center

**Solomon Center is located at 6510 Strom Thurmond Blvd.
The Fort Jackson Exchange is located at 4100 Moseby Street**

a higher dose of the flu vaccine. If no high-dose vaccine is available at a vaccination site, then any other age-appropriate influenza vaccine should be used.

Moncrief Army Health Clinic does not carry the high-dose flu vaccines. If you desire the high-dose vaccine, please go to a TRICARE network/pharmacy location.

Events

Continued from Page 4

developing a shopping plan, establishing limits, alternative gifts and financial safety throughout the holiday season. For more information or to register, call 751-5256.

NOV. 21 Meals in Minutes & Your Budget

9-10 a.m., MS Teams. The USAG Civilian Workforce Development Program, Army Community Service Financial Readiness Program are partnering to offer the Leader/Workforce Development Series Training "Meals in Minutes & Your Budget" class. This session will teach how to save calories while also optimizing your budget. The class provides tips on meal prepping, eating out, recipes, comparison shopping, meal planning, shopping lists, cooking tools, and ways to save money.

DEC. 1 Holiday Tree Lighting

5 p.m., Patriots Park. Join Fort Jackson community as Brig. Gen. Jason Kelly lights the tree. Santa Claus is also set to arrive as well.

DEC. 6 Holiday Biltmore Trip

8 a.m. to 5 p.m., Visit and experience the historic Biltmore Estates in beautiful Asheville, NC. Tour will include visits to the estates winery, horse stables and holiday shopping. To register for the trip, call Marion Street Station at 751-3484. Registration ends Nov. 14.

THANKSGIVING MEAL SCHEDULE

UNIT	BLDG.	MEAL	DATE	TIME
1-61ST	11900	LUNCH	NOV. 22	11:30 A.M. TO 2:30 P.M.
3-34TH		DINNER	NOV. 22	4:30-6:30 P.M.
3-39TH	11500	DINNER	NOV. 22	4:30-6:30 P.M.
1-34TH		DINNER	NOV. 22	4:30-6:30 P.M.
4-39TH	** 10540	LUNCH	NOV. 23	11 A.M. TO 3 P.M. **
2-39TH	10401	LUNCH	NOV. 22	11:30 A.M. TO 2:30 P.M.
1-13TH	5455	LUNCH	NOV. 22	11:30 A.M. TO 2:30 P.M.
2-13TH	4270	DINNER	NOV. 22	4:30-6:30 P.M.
3-13TH	5454	LUNCH	NOV. 22	11:30 A.M. TO 2:30 P.M.
2-60TH		DINNER	NOV. 22	4:30-6:30 P.M.
120TH	1869	LUNCH	NOV. 23	11:30 A.M. TO 2:30 P.M.
369TH	2302	LUNCH	NOV. 23	11:30 A.M. TO 2:30 P.M.
DSA	9572	LUNCH	NOV. 23	11:30 A.M. TO 1:30 P.M.
USA-IRL				

**THE 4-39TH DINING FACILITY (BLDG. 10540) IS DESIGNATED FOR RETIREES AND GUESTS OF ID CARD HOLDERS NOT ASSIGNED TO A FORT JACKSON UNIT FROM 11 A.M. TO 3 P.M. NOV. 23

WORSHIP SCHEDULE

FAITH GROUP	DAY	TIME	PLACE
CATHOLIC MASS	SUNDAY	9:30-10:30 A.M.	MAIN POST CHAPEL
CATHOLIC MASS	MON-FRI	NOON	MAIN POST CHAPEL
GOSPEL SERVICE	SUNDAY	10:30 A.M.	DANIEL CIRCLE CHAPEL
GENERAL PROTESTANT	SUNDAY	11 A.M. TO NOON	MAIN POST CHAPEL
REVIVE SERVICE	SUNDAY	5 P.M.	MAIN POST CHAPEL
INITIAL ENTRY TRAINING	DAY	TIME	PLACE
CATHOLIC MASS	SUNDAY	8-9 A.M.	SOLOMON CENTER
PROTESTANT CONSOLIDATED SERVICE	SUNDAY	9:30-10:30 A.M.	SOLOMON CENTER
CHURCH OF CHRIST	SUNDAY	10:30-11:30 A.M.	MAGRUDER CHAPEL
HISPANIC PROTESTANT SERVICE	SUNDAY	8:30-10 A.M.	POST THEATER
ISLAMIC SERVICE	SUNDAY	8-9 A.M.	DANIEL CIRCLE CHAPEL
JEWISH SERVICE	SUNDAY	10:15-11:30 A.M.	LIGHTNING CHAPEL
THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS	SUNDAY	10:30 A.M. - NOON	ANDERSON CHAPEL

Bonuses

Continued from Page 2

this last-minute notification,” Stitt said. “That mistake is mine.”

He said the service is working on multiple avenues to minimize the impact to Soldiers and Families.

“It’s not lost on me, particularly at this point in time, the impact this last-minute notification and now being on the cusp of the holidays has on our Soldiers and our great NCOs as they navigate a process to support the recruiting enterprise,” Stitt added.

When questioned whether the service will open selection to candidates who do not meet requirements, such as fitness and physical training scores and body fat requirements, Stitt reiterated that standards will be met.

He said that the branch will prioritize identifying the candidates that meet the qualifications to attend the college. Soldiers must be in the grade of E-5 to E-7 and have a minimum four years in service to qualify.

“This is not about a number,” he added. “This is about identifying the right Soldiers to go in there and support this effort.”

“Our standard for suitability screening has not changed,” Stevens said. “We’re talking about positions of trust.”

Army human resources will work with the Soldiers’ chain of command and career counselors on a case-by-case basis to assure that recruiter candidates have a smooth transition, Stitt said.

“We will communicate with the family and the chain of command and work this by the individual, to ensure if that Soldier has a life situation, family situation or professional situation,” Stitt said. “We’re going to talk to that Soldier, to that family, to work through this to ensure that we have the right NCOs at the right time to perform this vital mission in service of our recruiting enterprise.”

To build recruiting momentum, Stitt said Army leaders are working closely with U.S. Army Recruiting Command to outline required knowledge, skills and behaviors for the Army’s new military occupational specialty, 42T talent acquisition specialists.

Secretary of the Army Christine E. Wormuth announced on Oct. 3, 2023, the Army will transform its recruiting force from temporary positions to permanent military occupational specialties for both Soldiers and warrant officers. A pilot program will soon be in development.

For now, the Army hopes to attract enough volunteers to recruit the next generation of Soldiers and asked commanders and leaders throughout the force to encourage Soldiers to volunteer to become recruiters.

“We are communicating through the chain-of-command,” Stitt said. “Talk to your Soldiers. If they are ready to volunteer, here are the incentives. And if you’ve been identified for reassignment and have some family, personal, professional concerns, let’s sit down and let’s talk about it.”



Photo by EMILY HILEMAN
Brig. Gen. Jason E. Kelly, Fort Jackson commander, speaks with future Soldiers during a recruiting event on post, July 8.



Army Community Service

Nov. 10Closed
Nov. 23, 24Closed
Dec. 22, 25Closed
Dec. 29, Jan. 1Closed
Jan. 2Normal Hours

Auto Craft Shop - Dec. 20 - Jan. 2 Block leave hrs 8 a.m. to 4 p.m.

Nov. 10Closed
Nov. 23, 24Closed
Dec. 22, 25Closed
Dec. 29, Jan. 1Closed
Jan. 4Normal Hours

Century Lanes Bowling Ctr

Nov. 105-10 p.m.
Nov. 23, 24Closed
Dec. 19-21Closed
Dec. 225-10 p.m.
Dec. 2312-8 p.m.
Dec. 24-28Closed
Dec. 295-10 p.m.
Dec. 3012-8 p.m.
Dec. 31, Jan. 112-6 p.m.
Jan. 5Normal Hours

Child Youth Services CDCs and SACs

Nov. 23Closed
Nov. 24Normal hours
Dec. 21-296 a.m. to 6 p.m.
Dec. 25, Jan. 1Closed
CDCs combined at Scales
(4581 Scales Ave)
SACs combined at Hood St
(5614 Hood St)

Youth Center

Nov. 23-24Closed
Dec. 20-296 a.m. to 6 p.m.
Dec. 25, Jan. 1Closed

Parent Central Services

Nov. 23-24Closed
Dec. 25-29Closed
Jan. 1Closed

Lee Rd Extended Care Ctr

Nov. 22 .. closes at midnight
Nov. 23Closed
Nov. 24opens at 6 p.m.
Dec. 20 to Jan. 2Closed

Fitness Classes

Nov. 10Closed
Nov. 23, 24Closed
Dec. 19(last class
4 p.m. at Vanguard)
Dec. 20 to Jan. 1Closed
Jan. 2Normal Hours

NCO Club

Nov. 10Closed
Nov. 23-27Closed
Dec. 18 - Jan. 8Closed
Jan. 9-11 .. Lunch Open .. short
order only

Down Range Bar

Nov. 10Closed
Nov. 11Normal Hours
Nov. 23-27Closed
Dec. 18 to Jan. 16Closed
Jan. 17Normal Hours

Palmetto Greens, 512 Trolley Open Family Days Only

*Solomon Center, Palmetto Greens
512 Trolley will be open to
accommodate any VBL activities.

Solomon Center

Nov. 10Closed
Nov. 23-24Closed
Dec. 20 to Jan. 1Closed
Jan. 2Normal Hours

Fort Jackson Golf Club

Nov. 23Closed
Dec. 25Closed

Marion Street Station

Nov. 10Closed
Nov. 2210 a.m. to 2 p.m.
Nov. 23-24Closed
Dec. 18-2211 a.m. to 4 p.m.
Dec. 23-25Closed
Dec. 26-2911 a.m. to 4 p.m.
Dec. 31 to Jan. 1Closed
Jan. 2Normal Hours

Aachen Range

Nov. 24Closed
Dec. 26Closed
Jan. 2Closed

Victory Bingo

Nov. 24Closed
Nov. 25-27Normal Hours
Dec. 24, 25Closed
Dec. 31 to Jan. 1Closed

Victory Travel Center

Nov. 10Closed
Nov. 22-24Closed
Dec. 18-229 a.m. to 2 p.m.
Dec. 25, 26, 29Closed
Dec. 27-289 a.m. to 2 p.m.
Jan. 1Closed
Jan. 2Normal Hours

Perez Fitness Center

Nov. 23, 24Closed
Dec. 20-22 ..6 a.m. to 3 p.m.
Dec. 23, 24 ..9 a.m. to 3 p.m.
Dec. 25Closed
Dec. 26-29 ..6 a.m. to 3 p.m.
Dec. 30-31 ..9 a.m. to 3 p.m.
Jan. 1Closed
Jan. 2Normal Hours

Vanguard Gym

Nov. 10Closed
Nov. 23, 24Closed
Dec. 20 - Jan. 1Closed
Jan. 2Normal Hours

Coleman Gym-Open 24 hrs

Nov. 10Unstaffed
Nov. 23, 24Unstaffed
Dec. 18 - Jan. 1Unstaffed
Jan. 2Normal Hours

Thomas Lee Hall Library

Nov. 10Closed
Nov. 23-26Closed
Dec. 23-25Closed
Dec. 30 - Jan. 1Closed
Jan. 2Normal Hours

Knight Pool

Nov. 10Closed
Nov. 23-26Closed
Dec. 20 - Jan. 1Closed
Jan. 2Normal Hours

Weston Lake

Nov. 10Closed
Nov. 23-26Closed
Dec. 3010 a.m. to 3 p.m.
Dec. 31 - Jan. 1Closed
Jan. 2Normal Hours

Recycle Center

Nov. 10Closed
Nov. 23, 24Closed
Dec. 25Closed
Jan. 1Closed
Jan. 2Normal Hours

Videorama

Nov. 10Closed
Nov. 24, 25Closed
Dec. 19 - Jan. 2Closed

(Current as of October 31, 2023)

VICTORY... STARTS HERE



Fort Jackson is leading the charge to increase the resiliency of its Soldiers, Family members, Department of the Army Civilians and retirees during a Resiliency Stand-To, Nov. 16-17.