

REASSIGNMENT BRIEFING



*Viale Verona
(Strada Regionale 11)*



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(Strada Regionale 11)*



Corso SS. Felice e Fortunato



Porta Santa Maria Pisa

WE ARE THE ARMY'S HOME

Briefer name
Briefer directorate & position
U.S. Army Garrison Italy
U.S. Army Installation Management Command



Tricare Overseas Program

Hours of Operation:

Monday, Wednesday, Thursday Friday 0800-1200 & 1300-1600

Tuesday out of office

Closed all Federal Holidays

Contact Information:

Tricare Beneficiary Services (Lauren Graham & Sara Smiley)

Phone: 0444-61-9062

Email:

usarmy.landstuhl.medcom-lrmc.mbx.tricare-bsr@mail.mil

Tricare Out-Processing Procedures

Tricare Out-Processing Procedures



TO DO:

- Done electronically via Email- CPF DOES NOT require a separate Tricare Stamp on your Out-Processing Sheet. Clearance update status will be updated in ISM once completed.
- Complete Tricare Out-processing Form and email back to the mailbox with a full copy of orders (including amendments) via email at the QR code below.
- Upon your move out week, an email will be automatically generated with an updated FAQ and Regional Contact Information.

TO KNOW:

- Tricare Enrollments by region are **NOT** automatic and separate to the MTF treating you.
- Vicenza Tricare Office can not update your information to your gaining installation. That must be initiated by the region you reside in. Once you're landed in your new location, you're immediately eligible to transfer regions.
- ***Failure to update regionally in a timely matter can result in loss of Tricare Coverage. If Family Members are not updated within 90 days of arrival, on the 91st day, they will be sent for disenrollment.***
- Stateside Facilities **DO NOT** have Tricare Enrollment offices in Clinic. All enrollments must go through the regional call centers.
- All eligibility for health coverage updates are maintained by DEERS.

Moving with Tricare :

Before You Move:

- Do **not** disenroll from TRICARE Prime or TRICARE Select.
- Contact your current regional contractor to begin transferring enrollment.
- Verify DEERS information.
- Fill prescriptions.
- Get copies of medical and dental records.
- Make sure you have your current PCM's phone number.
- Coordinate special care needs.

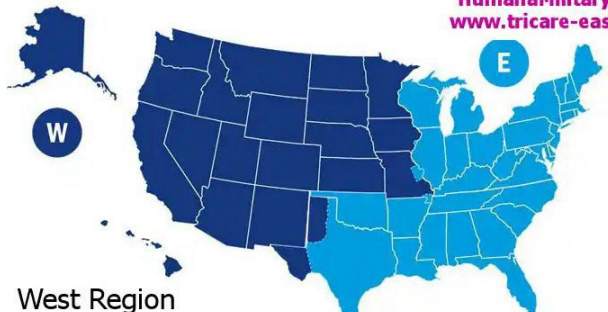
On the Road:

- For urgent care, no referral is required for non-ADSMs.
Note: If you're an ADSM, you need a referral for any nonemergency care you get from a civilian provider.
- For emergency care, no referral is required; call 911 or go to the nearest emergency room.

At Your New Location:

- Update DEERS.
- Finish transferring TRICARE Prime or TRICARE Select enrollment, if applicable.
- If you're enrolled in the TRICARE Dental Program, provide your new contact information to United Concordia.

 **TRICARE Stateside Regions**



East Region
 Humana Military
 1.800.444.5445
 HumanaMilitary.com
 www.tricare-east.com

West Region
 Health Net Federal Services
 1.844.866.9378
 www.tricare-west.com

Note: For more information on TRICARE changes visit:
www.tricare.mil/changes

Tricare Regional Contact Information

<https://tricare.mil/>

Stateside Regional Contractors

- TRICARE East Region
 Humana Military
 1-800-444-5445
HumanaMilitary.com
www.tricare-east.com
- TRICARE West Region
 Health Net Federal Services, LLC
 1-844-866-WEST (1-844-866-9378)
www.tricare-west.com

Overseas Regional Contractor

- TRICARE Overseas Program (TOP)
 International SOS Government Services, Inc.
www.tricare-overseas.com/contact-us

More Resources

- TRICARE Website
www.tricare.mil



- Publications
www.tricare.mil/publications
- milConnect
<https://milconnect.dmdc.osd.mil>

Dental Contractor

- TRICARE Active Duty Dental Program
 United Concordia Companies, Inc.
 1-866-984-2337 CONUS
 1-844-653-4058 OCONUS (using country-specific access codes)
www.addp-ucci.com
- TRICARE Dental Program
 United Concordia Companies, Inc.
 1-844-653-4061 CONUS
 1-844-653-4060 OCONUS
www.uccitdp.com

 **TRICARE Overseas Program**
 International SOS: www.tricare-overseas.com



Latin America and Canada
 Canada, the Caribbean Basin, Central and South America, Puerto Rico and the U.S. Virgin Islands
1.877.451.8659

Eurasia-Africa
 Africa, Europe and the Middle East
1.877.678.1207

Pacific
 American Samoa, Asia, Australia, Guam, India, Japan, New Zealand, Northern Mariana Islands, South Korea and Western Pacific remote countries
1.877.678.1208



US Family Health Plan (USFHP) – Tricare Option Plan

- USFHP is a Tricare Prime option that allows civilian PCM enrollment for families
- MTF dictates care and pharmacy use by area

US Family Health Plan (USFHP)

www.tricare.mil/usfhp 1.800.748.7374

USFHP Service Areas



- TRICARE Prime option
- Six service areas
- Must enroll
- ★ May not get care at military hospitals or clinics or use military pharmacies

Enrollment is necessary
to be in USFHP
(where locally available)

Locally available locations:

John Hopkins Medicine
Martin's Point Health Care
Brighton Marine Health Center
Saint Vincent Catholic Medical Centers
Christus Health
Pacific Medical Center [PACMED Clinics]