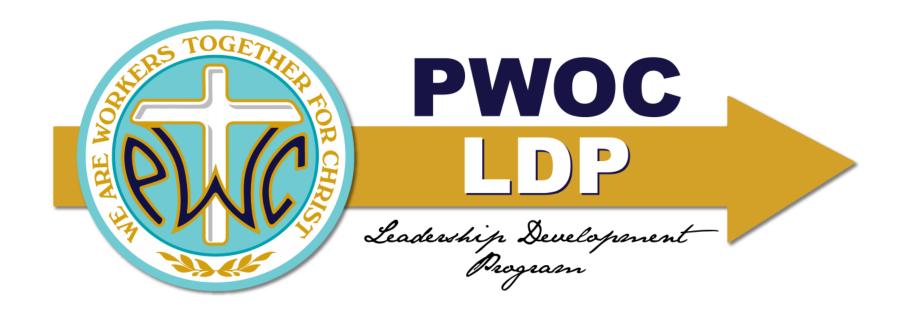
#### **POSITION TRAINING**





Welcome Leader,

Working on a PWOC Board can be such a delight!

This training is designed to set the correct trajectory for your position to set you up for success. Take the time to think through each element. Consider how the information applies to you and to your military installation. Ask questions! Track down answers. Be proactive.

As you are making plans for the year, be sure to include self-care. Put God and your health first—take care of yourself and your family! Your service in PWOC should be a blessing to your other areas of responsibility—if it is not, step back and make adjustments. Course corrections will be needed throughout the year.

May God bless you and direct your steps,

Your PWOC Sisters in Christ



#### Summer Homework

**READ the PWOC Ministry Manual:** This will give you a great overview of the ministry of PWOC along with helpful tools and information.

**CHECK OUT theHubPWOC.net** for great resources and specifics for your position.

**ASSEMBLE** a support team: Ask 1-2 women to cover you in prayer throughout the year. It is helpful to ask non-local women so they can be objective in giving advice as needed.

**COMPLETE** task items such as: 1) Registering in a volunteer hours system, 2) Completing a Background Check for working with children, or 3) Taking a Food Handler's Course.

**WATCH the Personality Module** in this Leadership Development Program, unless your Board plans to do this training together.



#### A note about your Board Position Notebook:

In an ideal PWOC world, you were handed a super helpful position notebook (sometimes called a "continuity binder") filled with everything you need to know, specific to your Board position, at your local installation. If you are one of the lucky ones, make your notebook even better by including all you learn this year. Add your own notes and resources to those of your predecessor.

If you do not have a position notebook, begin creating what you wish you would have received. Collect contact information for your key people. Record local protocol. Create event AARs. Write great Board Reports. Give the advice you wish you would have had. At the end of your term, you will have a valuable resource to hand over to your successor.

Position notebooks can be hardcopy, digital, or a hybrid. For more information and a list of items to consider including, see the section: **Keeping a Position Notebook** in Chapter 1 of the PWOC Ministry Manual.







**The Prayer position** prays over the PWOC Board and body. She models a variety of approaches to prayer and offers opportunities for women to connect with God through prayer. Though every position on the Board involves prayer, your role brings an intentional focus in every context—during a regular PWOC meeting, a Board meeting, or any other PWOC event. You provide "a prayer covering" over the ministry of PWOC which is of deep comfort to those in your care, including the Board.

The following slides will help you "unpack" your position. The first line item on each slide comes directly from your position description in the PWOC Ministry Manual, followed by suggestions, questions, and comments to help you see how each element may play out at your installation.

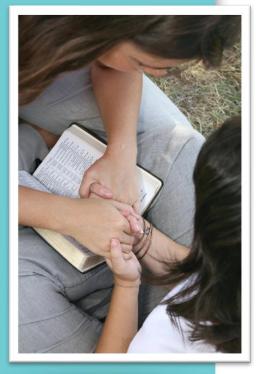


1. Assembles a Prayer Ministry Team to accomplish her position responsibilities—involving and developing women from the PWOC body who believe in the power of prayer.



- Your position is the only one on the PWOC Board that has a 100% focus on prayer. Every other position has a wide variety of duties and responsibilities. You have the gift of a solitary focus—use it well.
- Invite others to join you. Make sure they can keep prayer requests confidential—this is probably the single most important characteristic for your team members to have.







# 2. Prays regularly for PWOC, the PWOC Chaplain Sponsor, the Board, and the body.

- Encourage your team members to also pray regularly for the Board, the PWOC Chaplain Sponsor, and the PWOC body.
- Consider setting a regular alarm/alert to pray. Is there a day and time your team can agree on so you can pray at the same time?
- Consider meeting regularly in person to pray. What might that look like? Could your team meet before PWOC begins to pray over the day?
- Be careful not to share any sensitive information that is not meant for the general population. In other words, do not break a confidence. Better to pray in general than to share too much. You will have the inside scoop on the Board and may be privy to other information. Be trustworthy.

#### 3. Prays for special needs in the PWOC body and Chapel Community.

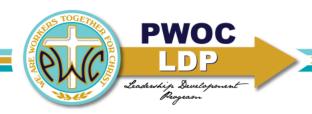
• Your PWOC will have general needs, such struggling marriages or a sense of fear over the unknown. Pray with broad brushstrokes over the patterns and themes you and your team members observe. Prayers do not have to be specific to be effective.



- As you know of specific needs in the PWOC body and the broader Chapel Community, lift these up as well, perhaps praying for someone who has cancer or who lost a loved one. Allow your team members to include their own needs.
- As needs arise in your Military Community, such as rapid deployment or a local emergency, pray for those needs as well. It is very likely that the needs you know of in the Military Community are also represented in your PWOC body.



- 4. Leads corporate prayer at PWOC meetings in line with the President's vision and allotted timeframe. Provides opportunities for her team members to lead this corporate prayer time.
  - Will you lead prayer weekly at PWOC? Clarify expectations with your President.
  - How much time will you have? Can you have more time occasionally to give women the opportunity to pray with each other? How often? How long?
  - Let interested members of your team have opportunities to lead this time of public prayer. Be willing to give them encouragement and feedback to help them grow in their leadership.



- 5. Considers using a variety of styles and methods of prayer (e.g., the ACTS model, traditional prayers like The Apostles Creed, The Nicene Creed, The Lord's Prayer, prayers in Scripture, prayer partners, small group prayer, etc.).
  - PWOC represents all Protestant denominations—some are traditional or liturgical and use formalized prayers, others are informal. Using a variety of styles is a way to honor the variety of church backgrounds in the PWOC body. As with song styles, some women will be more comfortable with one style and others with another style. There is no single "right" way to pray. Gently press on natural preferences to broaden the body's understanding and appreciation of prayer.
  - When using partners or small groups, make sure praying out loud is optional. One person may volunteer to pray or perhaps the group could exchange requests to pray over privately. Make prayer low-risk.
  - There are many prayers and many styles. Mix it up! Share what you are learning!

6. Plans and oversees formalized prayer partners, prayer groups, prayer events, and the handling of emergency prayer requests as needed and as locally appropriate.

- How do you envision the role of prayer beyond the regular PWOC meeting? Are the women interested in prayer groups? The need for additional prayer opportunities may be met through the Bible studies. Share your vision with the President and the Board. Be willing to adjust your plans.
- How can women share emergency prayer requests with you? How will you share them with your team? (Make sure you have permission to share.) What will be your policy about sharing beyond the team? Settle these questions before there is an emergency.
- Consider providing your team-members with unique and obvious identifiers (name tags, stickers, lanyards, arm bands) that make it easy for women to find someone who is willing to pray with/for them during your regular PWOC gatherings.



# 7. Provides a way for PWOC members to submit prayer requests on a weekly basis, such as a prayer box with prayer forms beside it.

• See what ideas your team has for submitting prayer requests.



- Will you work with the Bible Study Facilitators? Prayer is typically part of class time. If PWOC members want the Prayer Team to also pray for their request, how can they notify you? Is there a simple form or contact information you could provide for each class?
- Have protocol in place for how prayer requests will be received, shared with your team, and how they will remain confidential.



# 8. Emphasizes the need for confidentiality among Prayer Team members.

- Confidentiality is crucial. When a person hears their private prayer request through the lips of someone they did not share it with, it is a violation of their trust and can cause significant damage spiritually and emotionally. Do NOT share private requests with people who have demonstrated their inability to uphold confidentiality. This may mean you need to remove an individual from your team.
  - Prayer requests of individuals should never be made public without express permission of the requestor; this includes anonymous requests.
  - Prayer requests should never be shared beyond their intended recipients (i.e., do not share with your Bible study or with a prayer team from another ministry).



## 9. Coordinates with the 2VP Programs to provide prayer for Program days.

- Your 2VP Programs may or may not have a slot for prayer in the upcoming Program. Clarify expectations. Be flexible and gracious.
- Commit to praying for the upcoming Program. Consider checking in with your 2VP to see how she is doing in the days that lead up to the event. Allow her to share any specific requests. Pray for her. Pray for her team.
- Pray over other events on the PWOC calendar and support other Board members as God leads you.



10. Arranges monthly prayer partners on the Board if requested by the President. Announces or selects prayer partners at the monthly Board Meeting.

- Prayer partners provide an additional point of connection among Board members which strengthens relationships.
- Partners can be chosen at random every month (i.e., pulling two names out of a hat) or can be intentionally different each month.
- You may want to give your Board a challenge such as meeting for coffee/tea and sending a selfie to the group before the next Board Meeting.
- You may want to suggest to your President to leave a few minutes at the end of the Board Meeting for prayer partners to meet.



Some final thoughts...

Prayer is the work! Nothing we do in PWDC will be of eternal value without ongoing communication with God. It simply cannot be underestimated. It may take you a while to find your rhythm and to see what is needed and what works for your PWDC. Be patient; be persistent—God will show you the way forward. May He abundantly BLESS you as you point your women to the One who is their Refuge, their Peace, their Hope, and their Savior.

