POV Safety Checklist

Just because your vehicle passed an inspection last time you registered it doesn't mean your car will always be safe. Check your vehicle thoroughly before each trip and use common sense.

1) Check tires: ensure plenty of tread

proper air pressure _____

Yes

No

_ ___

- 2) Ensure you have a full tank of gas _____
- 3) Windshield wipers are functional
- 4) Window washer fluid is full
- 5) Ensure all lights: traffic, signal, flashers and interior lights are working

7) Brakes function properly

8) Safety equipment:

Seatbelts

- Child Restraints
- First Aid Kit

Warning Triangle _____

Spare tire & tools _____

Flashlight

Water, blanket

9) Vehicle in sound condition

10) Emergency auto insurance

Off-Duty Mission Brief

Signature of First Line Leader Briefed Date

Alcohol Safety Tips

1) Don't drink and drive, boat or swim.

2) Use designated driver when going out to drink. If no transportation is available call Staff Duty or MP. You will not be penalized for using common sense. See numbers below.

3) Drink in moderation. Alcohol is poisonous.

4) Do not go to unknown bars and clubs by yourself.

Phone Numbers

Safe Driver's Pledge

I pledge to always make sure everyone in my vehicle buckles up!

I pledge to obey all traffic laws and maintain the proper speed and separation distance for all situations.

I pledge to be a responsible driver.

I pledge to stay alert while driving.

I pledge to never take safety for granted.

I pledge to not drink and drive; I will use a designated driver, call for a ride, find other transportation or make other arrangements if impaired.

Signature

Date

USAREUR Off-Duty Risk Assessment Card

Use this card to assess the risks involved in your off duty activity. First, honestly evaluate your personal risk level. Then, analyze the details and characteristics of your planned travel. Inspect you vehicle using the enclosed check list. Upon the completion of your assessment, brief the results to your First Line Supervisor or NCO/Officer in your Chain of Command.

Safety Card

Name:		_
Unit:		
Date:		
Emerg	ncy POC:	
Emerg	ncy Contact #:	
1st Lin	Supervisor:	
(or NCO)fficer who issued you your safety briefing	- 0

<u>,</u>

Individual Risk Assessment

Risk Factors

(Circle the appropriate categories and corresponding points)				
Sex:	Female (0 pts)	Male (+5 pts)		
Age:	< 19 or 34 – 38 yrs	(+1 pt)		
	20-23 yrs	(+ 6 pts)		
	24 - 28 yrs	(+ 3 pts)		
	29-33 yrs	(+ 2 pts)		
Grade:	E1, E8-E9, W1, W2, 01	(+ 1 pt)		
	E2, O2, E6 – E7	(+2 pts)		
	E3, E5	(+3 pts)		
	E4	(+ 4 pts)		
Driving Record:	DUI	(+17 pts)		
	Accident at-fault	(+12 pts)		
	Reckless Driving/Speeding	g (+7 pts)		
	(Over 20 MPH)			
	Moving violation/Speeding	g (+3 pts)		
	(Over 10 MPH)			
Personnel Concerns: Stress or family problems (+12 pts				
	(Death in family/arrest/alc	ohol or drug		
	abuse/financial problems/co	ounseled for		
	poor performance in past 6	months)		
Driving Skills:	Less than 3 yrs experience	(+3 pts)		
	Habitually speeds, fails to	use (+6 pts)		
	seat belts, motorcycle heln	net		
	Drives a motorcycle	(+8 pts)		
TOTAL:	Add all circled points	pts		

<u>Risk Assessment Chart</u>

Extremely High Ris	k > 25 pts	Moderate Risk	15-19 pts
High Risk	20-24 pts	Low Risk	<15 pts

Controls

Attend Defensive Driving Course	(-10 pts)
Attend Accident Avoidance Course	(-10 pts)
Counseling by 1st Line Supervisor	(-7 pts)
Counseling by Commander/1SGT	(- 8 pts)
RESIDUAL RISK:	pts

Risk Assessment Chart

Extremely High Risk	> 25 pts	Moderate Risk	15-19 pts
High Risk	20-24 pts	Low Risk	< 15 pts

Trip Assessment Worksheet

Risk Factors

Destination:			
Activity / Purpose:			
Distance:	Duration:		
Risk: (chart opposite) Lo	w Moderate	High	Ex Higl
Time of Departure:			
Low (complete trip pr	ior to 2000 hrs)		
Moderate (complete ti	ip prior to 2200) hrs)	
High (complete trip p	ior to 2400 hrs)	
Ex High (complete tri		, ,	
Hours of Sleep in Last 24 l	irs:	_	
Low (7 hrs or more)			
Moderate (5-7 hrs)			
High (3-5 hrs)			
Ex High (less than 3	nrs)		
0 (/		
Time of Return:	_		
Low (complete trip pr	ior to 2000 hrs)		

	sow (complete unp prior to 2000 mb)
1	Moderate (complete trip prior to 2200 hrs)

 High (complete trip prior to 2400 hrs)
Ex High (commiste trin often 2400 has)

____ Ex High (complete trip after 2400 hrs)

Hours of Sleep in Last 24 hrs:

Low (7 hrs or more)
Moderate (5-7 hrs)
High (3-5 hrs)
Ex High (less than 3 hrs)

Risk Assessment Chart

Overall Risk Level: (circle)

Low	Moderate	High	Ex High
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Controls

Alternate Transportation (bus, train) Assistant Driver Rest Breaks / Overnight Additional Leave **RESIDUAL RISK:** (circle)

Low Moderate High

Ex High

Trip Assessment Worksheet Time/Distance



Vehicle Safety Tips

1) Adjust your driving speed for traffic, road conditions and weather.

2) Get plenty of rest before preparing to drive long distances. Fatigue is a major accident cause.

3) Always use your seat belts. Children under 12 years old require child or booster seats. You are responsible to ensure everyone in your vehicle wears their seat belts.

4) Pay ATTENTION! Stay focused on your driving. Don't be distracted by your cell phone, passengers, CD or tape cassette player.

5) Talking on the cell phone while driving is hazardous and against the law.

6) NEVER, EVER drink and drive. Drive defensively, because one in 20 drivers is drunk!