

STUTTGART FAMILY LIFE CHAPLAIN



CH (MAJ) Matt Hamrick leads couples through “Created for Connection”



Twenty-one couples participated in this Strong Bonds Married Couples Training Event



Couples were trained in the art of emotional connection through 7 crucial conversations

Summary of Event: The USAG-Stuttgart Religious Support Office sponsored a Strong Bonds Training Event for 21 couples from the Stuttgart area at the Edelweiss Lodge and Resort in Garmisch, Germany, 22-24 MAR 2019. The Garrison Family Life Chaplain, CH (MAJ) Matt Hamrick, lead couples through Sue Johnson’s “Created for Connection,” which teaches couples how to have 7 crucial conversations that will significantly increase their emotional connection. Couples experienced classroom instruction which empowered them to practice the conversations during practical exercises.

Impact:

- This Strong Bonds event gave couples an opportunity to get away from their normal surroundings and focus on their marriages.
- Couples were given tools to improve their communication and strengthen their relationships.

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