

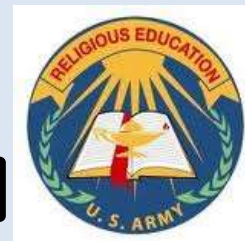
Lunchtime Prayer



On Sembach Kaserne, the IMCOM-Europe CARE Center is reserved for prayer and study everyday at lunchtime. On Tuesdays and Wednesdays, there are groups that come regularly. The CARE Center includes a library and Balcony Model Spirituality Center. In 2012, IMCOM-E Chaplain's Office researched prayer in the workplace and continues to provide guidance and resources for individuals and groups of any religious preference. On any given day at the CARE Center and other locations, there are people gathering for prayer at lunchtime. Join a group or begin a group to pray in your faith tradition.

If you would like to have your own prayer time and/or invite others, then:

- To ensure compliance with the "Memorandum on Religious Exercise and Religious Expression in the Federal Workplace," please adhere to the following principles:
 - "First, agencies shall permit employees to engage in personal religious expression... to the greatest extent possible, consistent with the interests of workplace efficiency and requirements of law."
 - Meet in a room rather than in a cubicle where others are present.***
 - "An agency or any supervisor within an agency, may not coerce an employee to participate in religious activities... by offering better (or threatening worse) employment conditions."
 - Be respectful of others interests or disinterests.***
 - Third, agencies must reasonably accommodate employees' religious practices."
 - It is appropriate for Federal workers to set aside time for their own religious practice.***
 - "A single rule of neutrality and fairness – that agencies shall treat employees with the same respect and consideration regardless of their religious beliefs."
 - Use your lunch hour for this, not your work time.***
- The IMCOM-E Chaplain's Office has the CARE Center (Chaplaincy Academy for Religious Education).
 - The Religious Education Program Directors can assist you in selecting materials for prayer which support you in your prayer REGARDLESS of your religious preference.*
 - Contact Dr. Becky Powell or Dr. Grace Yeuell for support.*



Point of Contact: Dr Becky Powell, DSN 314-544-2107, rebecca.a.powell16.civ@mail.mil

