

## US ARMY GARRISON BENELUX-BRUSSELS

UNCLASSIFIED

### WHO:

USAG BENELUX-BRUSSELS Chaplain  
Chaplain (LTC) Rick Brunson, Garrison Chaplain,  
Religious Affairs Specialist SPC Ashley Bryant & Chapel  
Volunteers.

### WHAT:

Weekly Resiliency Training Luncheon

### WHEN/WHERE:

27 February 2018, USAG RSO Fellowship / Training Area

### SUMMARY:

On 27 February approximately 40 Civilians and Service Members in Brussels, Belgium participated in a weekly resiliency training program in the USAG Brussels RSO. Attendees enjoyed a homemade Italian meal that was prepared by the RSO team and volunteers. The training was part of an ongoing study on THE IMPACT OF CULTURE AND RELIGIONS ON US MILITARY AND DIPLOMATIC OPERATIONS.

### Impact:

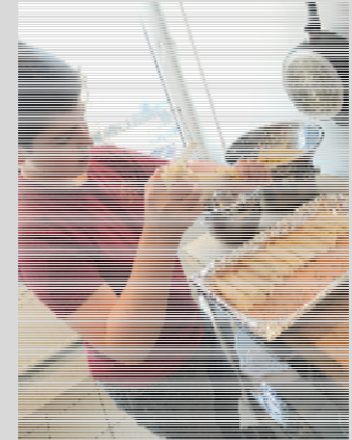
1. This event is part of a "steady diet" of resiliency training offered by the USAG RSO team.
2. The weekly meal creates a sense family cohesion in for a dispersed US population in an international, multi-cultural environment.
3. Weekly attendees develop much-needed personal relationships in an American community that is dispersed in a city of 1.2 million people.

### Future Events:

Weekly resiliency studies/lunches will continue as part of the USAG Brussels RSO ministries.



Approximately 40 attendees enjoy a home cooked lunch of manicotti, zucchini parmesan casserole and Italian Beef Soup.



Fourteen year-old Elijah Morris assists with the stuffing of 80 manicotti shells while receiving community service hours.



Chaplain Brunson teaches a 45 minute resiliency study on the need to understand cultures and belief systems in an international JIIM environment.

RAS Ashley Bryant is an indispensable part of the hard work involved in weekly food preparation, area set-up and clean-up.

