



# C&C Pasta Making Workshop

**WHO:** CH (CPT) Gerald Igboanusi

**WHAT:** Coffee and Conversation Workshop

**WHEN:** 07 MAR 24 at 1000

**WHERE:** SHAPE Chapel, USAG Benelux

**SUMMARY:** CH (CPT) Gerald Igboanusi hosts a weekly Coffee and Conversations meeting for Military Spouses stationed in the SHAPE/Chievres area. In March, the Family Life Center hosted a Pasta Making Class. Women from around the world learned to make home-made pasta in-order-to improve family healthy eating habits and save money.

**Purpose:** LOE 1 - The Benelux Family Life Program continues to help Soldier members and civilians make meaningful connections and build resilient communities through fun interactive events.



The Coffee and Conversations group continues to grow and sponsor fun events for spouses of military and civilian workers at SHAPE and Chievres. This week's Pasta Making activity was facilitated by Ms. Rebekah Bardoel.

