

Recommendation for Facility Cleaning and Disinfection Guidance

Recommended Cleaning Cycle:

Daily – Disinfect bathroom floors, sinks, showers, toilets, doorknobs, handles, light switches and other high-touch surfaces such as elevators; clean with soap and water; sweep other visible dirt on floors and surfaces as necessary.

Weekly – launder all soiled clothing and linens and dry with “Hot” temperature; use soap and water to mop floors and clean all horizontal surfaces.

Contaminated or Quarantine Facility –Wipe down mattresses with disinfectant solution; wash blankets, launder mattress pads (if applicable) and dry with “Hot” temperature; use soap and water to clean all walls, blinds, windows, and areas not otherwise cleaned.

1. After a person uses household items; dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items, wash thoroughly with hot water and soap. Disinfect the items by using diluted bleach solution to 500 ppm chlorine (add 1 tablespoon of bleach to 1 quart (4 cups) of water. For a larger supply, add ¼ cup of bleach to 1 gallon (16 cups) of water).
2. Clean all “high-touch” surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, elevator button and bedside tables, every day. Also, clean any surfaces that may have blood, body fluids and/or secretions or excretions on them.
 - a. Use disinfecting wipes or sprays that kill human coronavirus. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves or aprons and making sure you have good ventilation during use of the product.
 - b. Use a diluted bleach solution as described above.
3. Wash laundry thoroughly.
 - a. Immediately remove and wash clothes or bedding that have blood, body fluids and/or secretions or excretions on them.
 - b. Wear disposable gloves while handling soiled items. Wash your hands immediately after removing your gloves.
 - c. Read and follow directions on labels of laundry or clothing items and detergent. In general, wash and dry with the warmest temperatures recommended on the clothing label.
4. Place all used gloves, gowns, facemasks, and other contaminated items in a lined container before disposing them with other household waste. Wash your hands immediately after handling these items.

Hand Hygiene

1. At a minimum, personnel living in close quarters should be allowed time to wash their hands for at least 20 seconds with liquid soap and water before meals and after using the latrine.
2. When soap and water are not available, alcohol-based hand wipes or gel sanitizers may be used. If using gel, rub your hands (to include the backs of your hands) together until dry. The gel does not need water to work; the alcohol in it kills the germs. If hands are visibly soiled, wash with liquid soap and water before using gel sanitizers.