

USAG Humphreys Community Town Hall

21 MAY 2025 Morning Calm Conference Center Facebook Live @ https://www.facebook.com/usaghumphreys



Suwon Hwaseong Fortress

WE ARE THE ARMY'S HOME



- Opening Remarks
- **PAO**
- DHR
- DFMWR
- DPW Housing
- DES
- AFSBn-K
- RSO
- BDAACH / AFWC / Dental / Vet

Services

- Exchange
- DeCA
- DoDEA
- USO
- Private Organization
- Open Discussion / Questions
- Closing Remarks





Garrison Commander's

Opening Remarks



WE ARE THE ARMY'S HOME

Public Affairs Office

My Army Post

1:54 4 all 🕆 🖬 **FACEBOOK INTEGRATION** \equiv Ľ **MyArmyPost** The My Army Post Alert U.S. Army Garrison Humphreys (Camp Feature Humphreys) 🗇 U.S. Army Garrison Humphreys (Camp Dec 16 2024 - 🥔 🔊 Humphreys) 💩 This allows USAG-H to out out (i) U.S. Army Garrison Humphreys (Camp #AttentionHumphrevs! noticos to all applusors, ensuring Humphreys) 😂 Pacific Victors Ave, between Smith St, and Zoeckler #AttentionHumphreys! near real-time updates. Jul 18, 2024 - 💓 Station Rd. will be temporarily closed We ... See more #USAGHumphreys is under Tropical Cyclone Condition of Readiness (TCCOR) level thr... See mo #AttentionHumphreys USAG Humphreys Road Condition is currently Ambi Heavy rains will limit visibility. Please take care whe Good Afternoon driving throughout the day and be aware of potential PACIFIC VICTORS AVENUE ROAD CLOSURE flooding on roadways. Try the Army's Newest SM PLUTRE 1 Air Quality Mobile Application! 34 CANCERCISED AND CONTRACTOR and Non-Mission Critical 225-FIND THE MY ARMY POST APP Activities IN THE APP STORE 18.5 IID/9Cin C C Eighth Army-Korea + 8 64° F 3 shares 10530-05 0 20 1 comment 16 share AMBER DOWNLOAD IT TODAY 🚔 11 mph () 88% abustly Cloudy Wind Humidity OB U.S. Forces Korea + 22 1 comment 6 shares Emergency numbers With links, we can provide every Camp Humphreys' My Army Post App user near real-time information on storms, road conditions, gate/road closures and other mission impacts. Saved Events ŝ S ₿ Q Home



USAG – Humphreys Military Personnel Division

Location: Bldg 6400 Maude Hall Room S301

Hours: Monday – Wednesday, Friday Open: 0800 – 1130, 1230 – 1630 Thursday: 1230 – 1630 Closed Thursday Morning, Weekends, and Federal Holidays

Sections: Reassignments Work Center Command Sponsorship/Family Travel PAS Team and Non-PSDR S1 Services Miscellaneous services to include DST, IPCOT





USAG – Humphreys Military Personnel Division





usarmy.humphreys.id-pacific.mbx.mpd-s1@ary.mil/315-755-4303

WE ARE THE ARMY'S HOME



DFMWR - Business Operations







ALL Active Duty, E4 and below! Take advantage of the no fee Day-Pass on the Par-3 Executive Course and 50% discount on club and pushcart rentals on USFK designated training holidays.

Active Duty E4 and below also now have no fee golf when playing in a standby status.



Call DSN 757-2278/1974 for more information.

USAG Humphreys Army Lodging PCS Season Priorities July – October



Inbound PCS Active Duty with Families In PCS Civilian with Families All other Official Travelers on orders

Sponsors, please encourage those inbound families to make reservations now by visiting:

usarmy.humphreys.id-pacific.mbx.lodging@army.mil



Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME

DFMWR - Child & Youth Services





Middle School Dune 16 - August 15

Enroll

Open Enrollment begins April 1

Scan OR code to request an appointment

with Parent Central Services to calculate

first come-first served basis. Request each

prior to starting.

weekly camp fees. Spaces are offered on a

Summer Camp week you want your youth to attend. Weekly camp fee will be required

Register at Parent Central Services

Today!

tan //Inc. on the Desirable to

The SFC Smith Youth Center is offering a Middle School Summer Comp M-F 8am-2pm for eligible 6th-8th graders. Youth will then sign out of the building before returning at 1pm for optional Recreation Programming 1pm-7pm.

Summer Camp activities will include weekly field trips to locations like Lotte World and Secoil Land, "Saturday trips not included.

6 Middle School Camp Fees

Weakly fees are based on Total Family income calculated by Parent Central Services per the Army Fee Policy. Payments can be made through WebTrac accounts or at any CYS facility with a Point-of-Sales (i.e., MST Youth Center, Parent Central, etc.)



Parent Central/Parent

> Hours of Operation: M, T, F 8:00 AM - 5:00 PM W 8:00 am - 6:00 pm TH 12:00 - 5:00 PM

Contact Us

Outreach Services

Daily Walk-in Hours M, T, TH, F 1400-1700 w 1400-1800 (last patron accepted at 1615 M, T, TH, F & 1715 on w)

0503-357-2250/2254/2255/ 2256

Facebook: Humphreys CYS

Director: Janice Pascua

Assistant Director: Kelly Osborne-Rozgonyi



WE ARE THE ARMY'S HOME

DFMWR - Child & Youth Services



WE ARE THE ARMY'S HOME

DFMWR - Child & Youth Services







Go to MilitaryChildCare.com to create an account containing information about your family, or to login using an existing username and password.

This simple step establishes your user ID for the child care system, allowing you to take advantage of its many benefits for your family.

SEARCH and REQUEST CARE

Search the system for the child care options that best fit your needs and submit your requests for care.

MilitaryChildCare.com gives you access to a powerful search engine to locate fadilty-based or in-home child care options. Enter the search criteria that pertain to your family's needs, and refine your search at any time. Select one or more options and then submit your requests for care. The program will contact you when space becomes available. MANAGE MY REQUESTS

You can manage your requests for care from anywhere in the world.

You can always log onto MilitaryChildCare.com to review the status of your requests, change information related to your requests, and cancel requests that are no longer needed.

UPDATE MY PROFILE

Keep your My Profile page up-to-date with important information.

My Profile stores information entered during the create account process, including sponsor name, contact information, and child name and date of birth. Log onto MilitaryChildCare.com to update your profile at any time. It is important to keep your email and phone number current, so when an offer is made programs can reach you.

It's that easy!



DFMWR - Community Recreation





NO PRE-REGISTRATION REQUIRED. Day of registration.



SAT, JUNE 14 0600 UNTIL COMPLETE SITMAN FITNESS CENTER BLDG 6815

ONLY QUALIFER EVENT TO PARTICIPATE IN THIS YEAR'S ARMY TEN MILER IN WASHINGTON D.C. IN OCTOBER

RUN OPEN TO ALL

TEAM KOREA OPEN TO ACTIVE DUTY ARMY ONLY 4 MEN & 4 WOMEN DEROS MUST BE AFTER OCT 14, 2025

REGISTER AT ANY FITNESS CENTER REGISTRATION DEADLINE IS JUNE 9



SCAN FOR COMPLETE DETAILS Humphreys.ArmyMWR.com O/HumphreysMWR



AT THE ARTS & CRAFTS CENTER

ENJOY SPRING SPECIALS UNIQUE THEMED SLIME TOPPINGS & DESIGNS FAMILY-FRIENDLY & GREAT FOR ALL AGES



FOR MORE INFORMATION COMM +82 (0)50-3357-2296 DSN (315) 757-2296 Or stop by the Arts & Crafts Center Bldg 571

Humphreys.ArmyMWR.com

O/HumphreysMWR



Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME 12 of 68

DFMWR - Community Recreation





USAG HUMPHREYS



THE FIRST CLASS PET



- Free Pet Travel Consultation (By appointment ONLY)
- Accompanied (Carry on/Excess Baggage) Pet Assistant
- Unaccompanied Cargo Pet Shipping
- Import Pet Services (Clearance and Delivery)
- Pet Quarantine (Through Osan Air Mobility Command (AMC) ONLY)
- Pet Quarantine Assistance (Osan AMC and Commercial)
- Pet Boarding
- For more information, please email Ms. Gina Nam at <u>gina@thefirstclasspet.com</u> and/or <u>Humphreys@thefirstclassepet.com</u>. Call +82 (0)70-7597-0513.



DFMWR - Community Recreation





WE ARE THE ARMY'S HOME 14 of 68

DFMWR - ACS: Army Family Action Plan



to state 19

AFAP Issue Status

	FY24 Q1	
24-5600	LQA for Spouses	Elevated FEB 2025
24-5602	Priorities for Care (EEC CIV)	Elevated NOV 2023

	FY24 Q4				
24-6170	Unrestricted On-Post Driver License for Teens	Closed MAR 2025			
FY25 Q1					
25-6216	Enhancing Support and Protections for Civilian Employees Serving OCONUS	Open			

Total Issues Closed/Completed: Total Issues for Elevation: 0 Total Issues Elevated: 2 Total Issues for FY 25: 0 New 1 Open

> Check out the Army's Issue Management System at

https://ims.armyfamilywebportal.com/

Using this website, you can submit new issues for our community and check the status of existing submissions across the Army.



AFAP is a process that invites members of the Total Army to be agents of change by establishing and improving programs and services, developing and changing policies and regulations, creating legislation and amending laws.



THE PROCESS

AFAP provides the facts kinny a VOIGE in straging their standards of living and identifying issues related to the current environment. Landers that and support the AFAP Process it provides real-time information that enables commenters to respond more inglight to realize production, implement glood ideas and guides policy formation.

PROVEN RESULTS

- TRANSFERABILITY OF MONTEOMERY & BILL (M&B) BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS, BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM.
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (THID FEHABILITATION PROGRAM
 IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
 FEDERAL ENPLOYMENT MILITARY SPOUSE PREFERENCE

We thank you in advance for your interest in one of the Army's principal programs in ensuring quarity of life for our community and ensuring the Army changes to keep up with the changing times.

IF IT'S A PROGRAM OR SERVICE, AFAP GAN IMPROVE IT. IF IT'S A POLICY OR REGULATION, AFAP GAN CHANGE IT. IF IT'S A LAW, AFAP GAN AMEND IT.

IMPROVING THE QUALITY OF ARMY LIFE, ONE ISSUE AT A TIME.

Please email <u>Humphreysvolunteer@army.mil</u> with any questions



Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME 15 of 68

DFMWR - ACS: Army Emergency Relief





AER PCS Assistance

Initial Rent:

- Initial rent related to a PCS move is a groan: 50% loan/50% grant
- Security deposit assistance can also be requested as a 0% interest loan

<u>Temporary Lodging:</u>

- AER can provide a 0% interest loan for up to 14 of temporary lodging during a PCS move
- Quick Assist Program eligible*

Pet Transportation:

- Assistance up to \$5,500 in the form of a 0% interest loan for costs related to shipping pets due to PCS
- Quick Assist Program eligible*

Pet Transportation Assistance

Army Emergency Relief offers zero-interest loans to help the whole Family stay together

WHAT

Pets are a part of the Family and AER recognizes the financial burden pet transportation can cause during a PCS. To help alleviate this, AER created the Pet Transportation Assistance Program.

wно

Active Duty and their eligible Family members

Reserve and National Guard on Active Reserve and Guard tours
 Reserve and National Guard activated with PCS Entitlements

HOW

Pet transportation assistance is processed by your nearest AER Officer or any military aid office. Soldiers can go directly to their AER offices or chains of command.

For more information, visit www.aerhq.org/news/petassistance



Are you an AER Officer? Download the official guide here www.aerhq.org/resource/official-pet-transportation-assistance-guidance

POC: Matthew Diehls, 757-2364 or Katharine Christy, 757-2371



Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME 16 of 68

DFMWR - ACS: Army Emergency Relief







AER Annual Campaign 2025

- Goals: 100% informed, \$100,000 raised, 10% donation participation
- Status: 59% informed, \$25,922 raised (271 donors), 2.0% donation participation

Donation Participation

Large Installations					
Rank	Installation	Participation	Dollars	Per Capita	
1	FORT SILL	19.3%	\$182,400	\$15.44	
2	FORT CAMPBELL	3.5%	\$71,673	\$2.75	
3	FORT STEWART	6.2%	\$37,217	\$2.07	

Medium Installations						
Rank	Installation	Participation	Dollars	Per Capita		
1	FORT LEONARD WOOD	43.5%	\$125,369	\$17.99		
2	JB ELMENDORF-RICHARDSON	25.2%	\$41,265	\$9.20		
3	WIESBADEN	21.1%	\$41,006	\$16.46		

Small Installations						
Rank	Installation	Participation	Dollars	Per Capita		
1	FORT DETRICK	20.2%	\$11,528	\$11.55		
2	FORT MCCOY	8.0%	\$6,540	\$13.46		
3	CARLISLE BARRACKS	8.9%	\$4,035	\$6.78		

Unit Representatives:

- 47 units
 - Complete
- 16 units
 - Training, no orders
- 6 units
 - Orders, no training
- 1 units
 - Names, no orders or training
- 70 units
 - No response or submission



POC: Matthew Diehls, 757-2364 or Katharine Christy, 757-2371

WE ARE THE ARMY'S HOME



DFMWR - ACS: Army Volunteer Corp (AVC)



Youth:

Check VMIS for local volunteer opportunities

• 12-15 current openings

Organizations:

Have your OPOC enter/update local volunteer opportunities in VMIS

Questions:

HUMPHREYSVOLUNTEER@ARMY.MIL



DFMWR - ACS: Exceptional Family Member Program (EFMP) U.S. ARMY





SYSTEM NAVIGATORS

Exceptional Family Member Program

SYSTEMS NAVIGATORS ARE EFMP- FAMILY SUPPORT STAFF MEMBERS, WHO ARE KNOWLEDGEABLE BOUT THE SYSTEMS OF CARE USED BY FAMILIES WITH MEDICAL OR EDUCATIONAL NEEDS. ACTIVE-DUTY ARMY, RESERVE, AND GUARD FAMILIES ARE ELIGIBLE FOR SYSTEMS NAVIGATION ASSISTANCE . . REGARDLESS OF THEIR EXCEPTIONAL FAMILY MEMBER'S (EFM) MEDICAL AND/OR SPECIAL EDUCATION" CONDITION. ALL SERVICES ARE PROVIDED AT NO COST TO FAMILIES.

WHAT ARE WE?

HOW CAN WE HELP?

HELF NAVIGATE YOOR FAMILY'S NEEDS THROUGH THE AVAILAS

WITH JEPS AND \$64 PLANS & ATTENDING THOSE MEETINGS AS YOUR SUPPORT PERSON, IF YOU LIKE DENTIFY YOUR EFM AND FAMILY STRENGTHS AND NEEDS

ISITS AND APPOINTNENTS IN OFFICE OR PUBLIC

AND TY TO ADVOCATE FOR YOUR EFF



EFMP-FAMILY SUPPORT

385-757-2342 (DSN)/ 05033-57-2342(COMM 315-757-2395 (DSN)/ 05033-57-2395 (COMM) 3/5-757-2596 (DSN)/ 05033-57-2596 (CONM)

USARNY.HUMPHREYS.INCOM-HQ.MBX.EFMP@ARNY.MIL ACS- BLOG 6400, MAUDE HALL

USAG HUMPHREYS, SOUTH KOREA



EFMP Summer Reading **Kick-Off**

11 June 1030 - 1230 SFC Ray E. **Duke Memorial** Library



WE ARE THE ARMY'S HOME



DFMWR - ACS: Relocation Readiness Program (RRP)

2MY COMMUNITY USAG HUMPHREYS Solutions for Succe **USAG Humphreys** COMMUNITY Lending Closet Program NEWCOMERS Getting here or getting ready to leave? Army Community Service can help! Borrow a lending tote with basic, kitchen supplies for FREE for 30 days! Must provide a copy of orders and complete a Client Intake Sheet. WELCOME Totes are available for accompanied Service Members or DoD Civilians. <u>शान्त्रकाभावा</u> contractors to Koreal 1st Monday TO KOREA! Extensions can be provided on a 30-day basis, but not to exceed 90 days. each Month To request an extension: 1. Stop by the Transportation Office (K-204, Bldg. 6400) and ask for an updated HHG Status Report 2. Provide a copy of the document to ACS for extension approval Bowls Can Opener Vegetable Peeler Coffee Cups Kitchen Knives Tongs Get services that are available Glasses Ladle . Whisk to support and assist families of USAG Humphreys. WELCOME PACKET Plates Measuring Cup Baking Pan 7 JULY 2025 6 JANUARY 2025 PROVIDED FOR Forks Measuring . Colander 3 FEBRUARY 2025 NEW FAMILIES! 4 AUGUST 2025 Butter Spoon Mixing Bowl 3 MARCH 2025 8 SEPTEMBER 2025 Knives Rubber Scraper Kitchen Pots 7 APRIL 2025 6 OCTOBER 2025 Note: Items listed Tablespoons Spatula 8killet 12 MAY 2025* 3 NOVEMBER 2025 Teaspoons Mixing Spoons are pre-packaged 2 JUNE 2025 1 DECEMBER 2025 Hours of Operation: and ready May and September scheduled on 2nd Monday M.T.W.F: 0800-1700 for checkout! Thurs: 1200-1700 USAG HUMPHREYS ACS OFFICE MAUDE HALL, BLDG.6400, 1ST FLOOR Please arrive 30 minutes before closing for issues or return DSN: 757-2363 USAG Humphreys ACS Office COMM: 0503-357-2363 Maude Hall, Bldg.6400, 1st Floor https://www.facebook.com/acs.humphreys D6N: 757-2363 Humphreys.ArmyMWR.com COMM: 0503-357-2363 **O**/HumphreysMWR https://www.facebook.com/acs.humphreys + (m /)

Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME 20 of 68 Mon-Wed, Fri:

0800-1700

Thu:

1200-1700

DFMWR - ACS: Relocation Readiness Program (RRP)



Christopher J. Bradford / 755-2681 / christopher.j.bradford8.naf@army.mil

WE ARE THE ARMY'S HOME 21 of 68

DFMWR - ACS: Military Family Life Counselors (MFLCs)



	Name	<u>*Unit</u>	Phone Number	Email
1	Jocelyn Gamble-Mitchell	CYS	010-8455-9520	Jocelyn.Mitchell@leidos.com
2	Lisa Lee	CYS	010-8497-6895	Lisa.S.Lee@leidos.com
3	Coronda Wilms	DoDEA/MS	010-3981-4175	Coronda.Wilms@leidos.com
4	Clara Miller	DoDEA/Central	010-7906-4014	Clara.L.Miller@leidos.com
5	Kathleen McKinney	DoDEA/HHS	010-2399-1672	Kathleen.D.McKinney@leidos.com
6	Nefertiti Rowlette	2 CAB	010-8327-1776	Nefertiti.L.Rowlette@leidos.com
7	Leah Josiah	2 CAB	010-8307-7320	Leah.M.Josiah@leidos.com
8	LaTasha Becton	65th MED	010-8401-4975	Latasha.Y.Becton@leidos.com
9	Catherine Little	1ABCT	010-8410-7430	Catherine.Little@leidos.com
10	Jackson Edwards	1 SIG	010-5681-5304	Jackson.K.Edwards@leidos.com
11	Wilmise Gowins	2ID Warrior Clinic	010-2496-6179	Wilmise.M.Goins@leidos.com
12	LaDonna Holmes	2ID Warrior Clinic	010-5680-5271	LaDonna.P.Holmes@leidos.com
13	SooHyun Kim	2ID Warrior Clinic	010-9825-4610	SooHyun.Kim@leidos.com
14	Dalsem Yang	2ID Warrior Clinic	010-5885-5915	Dalsem.Yang@leidos.com
15	Angelia Stafford-Harvey	501st MI	010-8324-7215	Angelia.StaffordHarvey@leidos.com
16	Celeslie Valcourt-Hall	8th Army	010-5782-4219	Celeslie.O.Valcourthall@leidos.com
17	Erica Dinwiddie	94th MP BN	010-8061-7591	Erica.Dinwiddie@leidos.com
18	Angeline Toussaint-Gunn	Adult Rotational	010-7597-4904	Angeline.ToussaintGunn@leidos.com
19	Hoson Naputi	Adult Rotational	010-5813-6076	Hoson.Naputi@leidos.com
20	Erin Maguire	Adult Rotational	010-5799-8901	Erin.A.Maguire@leidos.com
21	Chadwick Lyon	35th ADA	010-2414-1857	Chadwick.Lyon@leidos.com
22	Smita Kapoor	K16	010-2338-3099	Smita.Kapoor@leidos.com





PEAK SEASON – FY25:

Currently projecting 309 PCSing out, May – December 2025

Army Family Housing (AFH) CUSTOMERS:

- ✓ If extending, please provide updated DEROS and IPCOT orders to Housing Office.
- ✓ If PCSing this year, please provide orders and schedule your housing pretermination inspections <u>at least 30 days</u> prior to departure date.
- ✓ Appointments can be requested by email at:

usarmy.humphreys.id-pacific.list.usag-humphreys-housing@army.mil





Senior Leader Quarters (SLQ) Residents,

As **PEAK SEASON** approaches, it is imperative that you take the necessary steps to prepare for your PCS. If you are scheduled to PCS within the next 90 days, please note the following:

• Schedule Your Pre-Move Out Inspection: Ensure you schedule your pre-move out inspection with the Housing Office at least <u>30 days before</u> your departure. You do not need orders to complete this step.

• **Final Joint Move-Out Inspection:** When scheduling your pre-inspection, you may also arrange your final joint move-out inspection. A copy of your orders will be required for this process, so please provide them as soon as they become available.

• **TLA Authorization:** E7 and above residing in SLQs are authorized three (3) days of TLA. Please plan your flight, move-out inspection, and hotel accommodations accordingly, as extensions will not be granted. NOTE: This does not apply if you are in TDY, Rotational Unit, Reservist

PROXY Memorandum: If you are unable to complete the out-processing procedures for SLQs in a timely manner, you are required to submit a Proxy Memorandum. This memorandum must be signed by your BDE CDR (O6) and should assign a designated individual to properly out-process on your behalf. Be advised that failing the final inspection may result in financial charges to restore the room to standard.

We appreciate your attention to these guidelines and your cooperation in ensuring a smooth PCS process.





If you have any questions, please contact at Housing Division, DPW 757-2074 / 2069 Marjorie Ulloa/ Unaccompanied Housing Manager / 757-2648 / Marjorie.j.ulloa.civ@army.mil



WE ARE THE ARMY'S HOME 24 of 68



Please adhere to the following guidelines regarding pet etiquette and cleanliness:

- ✓ 1. Pet Waste Disposal: Clean up after your pets immediately. Clean up waste as it occurs, and always bring extra baggies or use what is provided at pet disposal stations
- ✓ 2. Indoor Cleanliness: Prevent pets from relieving themselves in public areas. Clean up accidents promptly.
- ✓ 3. Public Etiquette: Train pets to behave well in public Avoid excessive barking and ensure pets are non-threatening.
- ✓ 4. Leash Use: Always keep pets on a leash outside.
- ✓ 5. Noise Control: Manage and minimize excessive pet noise.
- ✓ 6. Responsible Indoor Maintenance: You are responsible for any damages caused by your pets.
- ✓ 7. Pet Walking: Only responsible individuals should walk pets. Ensure the walker can manage the pet's size and strength.
- Command Policy 41: Dogs will be leashed and controlled by an individual 12 years of age or older whenever dogs are outside of an owner's dwelling unit.

Thank you for your cooperation in maintaining a pleasant and hygienic environment for all residents.

Your Army Housing Team

If you have any questions, please contact at Housing Division, DPW 757-2074 E-mail: <u>usarmy.humphreys.id-pacific.list.usag-humphreys-housing@army.mil</u>

WE ARE THE ARMY'S HOME 25 of 68







Warm Weather Awareness – Pedestrians/PTDs/Motorcycles



Crosswalks. Drivers must approach pedestrian crosswalks carefully and be prepared to slow down and stop if necessary.

Although road space is shared by both pedestrians and vehicles, <u>the laws give priority to pedestrians</u>. **Pedestrians** on or **waiting** to use a crosswalk have the right-of-way.



References:

AR 190-5 – Motor Vehicle Traffic Supervision USFK Reg. 190-1 – Motor Vehicle Traffic Supervision USFK Pamphlet 385-2 – Guide for Safe Driving in Korea

Motorcyclist







Brochures for PTD Vendors, Newcomers Briefs, etc.

Bicyclist, Runners, & Walkers



Personal Protective Equipment (PPE) is required when operating a PTD



Mr. Michael R. Doggett / Director - DES / 755-9194 / michael.r.doggett.civ@army.mil

WE ARE THE ARMY'S HOME 26 of 68

Warm Weather Awareness – Grill Safety





For Emergencies: 1551-0911 For Non-Emergencies: 0503-357-0181

- Grills are not authorized for use inside buildings or on balconies – including in Army Family Housing
- Keep your grill clean by removing grease or fat buildup
- Never leave your grill unattended when in use
- Do not dump hot coals; completely extinguish coals before dumping or dispose in a metal container to cool
- Gas grills are involved in over 9,000 home fires per year; Leaks or breaks was the primary problem with gas grills during these incidents
- July was the peak month for grill fires (16%), followed by June (14%), May (12%) and August (11%)
- 20% of all Grill Fires are the result of grills not properly being cleaned



DES - Vehicle Registration Process/Checklists

U.S. ARMY



DES - Pass Application/Request & Sponsorship

IAW USFKI 5200.08 Installation Access Control:

When submitting
sponsorship requests, please
ensure you use updated
forms –
USFK Form 81
(Individual Sponsored)
or
USFK Form 82 (Organization
Sponsored)

U.S. ARMY

[APPLICATION FOR INDIVIDUAL-SPONSORED INSTALLATION ACCESS PASS For use this form, see USFKI 5200.08 and the proponent agency is USFK Provost Marshal Office. SEE PRIVACY ACT STATEMENT BELOW RECEIVED DATE	APPLICATION FOR ORGANIZATION-SPONSORED INSTALLATION ACCESS PASS For use this form, see USFKI 5200.08 and the proponent agency is USFK Provest Marshal Office.	
ŀ		SEE PRIVACY ACT STATEMENT ON PAGE 2 PRIVACY SECTION I- TO BE FILLED OUT BY SPONSOR AND APPLICANT (TYPE OR PRINT)	_
	SECTION I - TO BE FILLED OUT BY SPONSOR AND APPLICANT (TYPE OR PRINT) 1. NAME (LAST, FIRST, MIDDLE) 2. SEX PEMALE ALE ALE	1. NAME (LAST. FIRST. MIDDLE) 2. SEX FEMALE 3. a KIDISSN OR PASSPORT 3.b NATI	100
se 📊	A. DOB (YYYYMDD) S. HEIGHT (NCHES) & WEIGHT (POUNDS) 7. HAIR S. EYES V. GLASSES 10. POB (CITY/COUNTRY) URRENT ADDRESS & PHONE NO. (ST NO., CITY & PROVINCE) 12. RELATIONSHIP TO SPONSOR INOT APPLICABLE FOR PERSONAL	4.008 (YYYYMMD0) 5. HEIGHT (INCHES) 5. WEIGHT (POUNDS) 7. HAIR 5. EYES 0. GLASSES 10. POB	(C
	LOUGELING A DECIDENCE (ST NUC, ST	11.8. CURRENT ADDRESS & PHONE NO. (ST NO., CITY & PROVINCE) 11.8. PERMANENT ADDRESS & PHONE NO. (ST N	10.
	13.a. ACCESS AREA 13.b. FPCON 13.c. HPCON 13.d. ESCORT PRIVILEGE (for 13c and 13d only) 18.e. HOURS 13.f. DAYS	12. ACCESS REQUIRMENTS (If USFK or 8A-wide, special processing required; submit 60 days in advance)	- 5
	VES NO PER(S) VEH(S)	12.8 ACCESS AREA 12.6 FPCON 12.6 HPCON 12.4 ESCORT PRIVLEGE 12.6 HOURS 12.6 HOURS	
	14. SPONSOR INFORMATION		_
	14 & SPONSOR (FULL NAME/RANK or GRADE) 14 & SPONSOR FULL SSN or DODIDE 14 & SPONSOR ORG & PHONE NUMBER	12.8. PASS TYPE EMPLOYEE ROK MILITARY SPONSORED GUEST ROK GOVERNMENT OFFICIALS CONTRACTOR ALLED NATION SS SPOUSE (RED) ROK MILITARY FAM MBR	REN
	15. PASS TYPE AND JUSTIFICATION (ATTACH COPY OF KID CARD OR PASSPORT, as applicable)	US EMBASSY VOLUNTEER DRIVER (RED) KOREAN SERVICE CORPS 121 MISSION ESSER	NT
	15.x SHORT-TERM PASS	VES. Poston #	
1	PERIOD OF VESIT:TOINSTALLATION(S):	13. SPONDOR INFORMATION	
	15.b. PERSONAL SERVICE HIRE PASS	13.a. SPONSOR (FULL NAME/RANK or GRADE) 13.b. SPONSOR FULL SSN or DODID# 13.o. SPONSOR ORG & PHONE N	UN
	SERVICE REQUIREDON-POST HOUSING #ICAMP/BASE		
	16.0. NON-DOD FAMILY MEMBER PASS REASON FOR STAY IN KOREA:	14. JUSTIFICATION FOR INSTALLATION/BASE ACCESS (ATTACH COPY OF KID CARD OR PASSPORT, PREVIOUS PASS, s	35 2
וו	15.J. CMUJAN RETIREE FAMILY MEMBER, CIVILIAN RETIREE RETIREMENT DATE	(FPCON level, escort privilege, access area, and days/hours of access must be justified in detail)	
- I I	15.e. VHIC HOLDER CARE PROVIDER: VA COMMUNITY CARE LETTER PRESENTED? YES NO		
	SPONSOR ACKNOWLEDGEMENT OF RESPONSIBILITY		
	I fully understand my responsibilities as a sponsor for the control of the person identified at the top of this application. All information submitted is true and correct to the best of my insulidage. If urther understand that it is my responsibility to ensure proper conduct of my visitor while height is on USFK installation. It is mu responsibility to ensure that the pass is returned to the installation pass & ID Office upon termination the visit. Failure to comply		
	with these requirements may result in adverse administrative or legal action against me.		
	18. SPONSOR SIGNATURE DATE		
Ļ	SECTION II - TO BE FILLED OUT BY PASS & ID OFFICE		
1	Requested Completed 18. DEROGATORY INFORMATION YES NO 17.a. USFK Law Enforcement Check 17.b. KNP Criminal History Check 17.b. KNP Criminal History Check 17.b. KNP Criminal History Check		
F	I HAVE REVIEWED THIS APPLICATION TO ENSURE INFORMATION AND DOCUMENTATION REQUIRED FOR AN APPROVAL DETERMINATION ARE		
I	ENCLOSED AND LAW USPIG 5200.08.		
	19. SIGNATURE OF PASS & ID ATE 20. PASS EXPIRATION DATE 20. PASS EXPIRATION DATE		
Ļ	SECTION III – APPROVAL AUTHORITY		
	I HAVE REVIEWED THIS APPLICATION AND ITS SIGNATURE SIGNATURE TYPED NAME.	SPONSOR STATEMENT OF UNDERSTANDING	
L L	Disapproved TITLE	I fully understand my responsibilities as a sponsor for the control of the person identified at the top of this application. All off	form
	PRIVACY ACT STATEMENT 1. AUTHORITY: Trile 10. USC. 3012(g).	and correct to the best of my knowledge. I further understand that is my responsibility to ensure that I notify the installatio change in my status as a sponsor or any knowledge of misuse of the pass to be issued. It is my responsibility to ensure that I hataliation Pass & 10 Office if it is not renewed, upon termination of employment or services being provided, or for short	the te
	2. PRINCIPAL PURPOSE(5): Use of social security number or korean identification number is an additional means of identification of individuals. 3. ROUTINE USES: An individual's social security number or korean identification number. together with number and other personnel identifying data, may be used for the collection of dengatory information on the within DOD, host nation, and other law enforcement agencies in determining an individual's subliding of manual to the reve.	service employees, prior to my DEROS. Failure to comply with these requirements may result in adverse administrative or leg 16. SPONSOR SIGNATURE	
	individual's suitability for access to USPR installations in Korea. 4. MANDATODE COMMUNICATION UNITABLY DISCLOSE AND EFFECT ON INDIVIDUALS NOT PROVIDING INFORMATION: executive of information is voluntary. They covide required data may result in denial of access to USPR installations.		
			_
		USFK FORM 82, 29 OCT 2024 PREVIOUS EDITIONS ARE OBSOLETE.	-

9. GLASSES YES 10. POB (CITY/COUNTRY) YES NO RMANENT ADDRESS & PHONE NO. (ST NO., CITY & PROVINCE) bmit 60 days in advance) 12 e. HOURS 121 DAYS PER(S) VEH(S) 12 h STATUS INMENT OFFICIALS RY FAM MBR 121 MISSION ESSENTIAL PERSONNEL(MEC RVICE CORPS. YES, Position #. NO NO ODID# 13 o SPONSOR ORG & PHONE NUMBER ARD OR PASSPORT, PREVIOUS PASS, as applicable) in detail) DERSTANDING at field at the top of this application. All information submitted is true bility to ensure that I notify the Installation Pass & ID Office of any ued. It is my responsibility to ensure that the pass is returned to the or services being provided, or for short term visitors or personal may result in adverse administrative or legal action against me. DATE NS ARE OBSOLETE. PAGE 1 OF 3

RECEIVED DATE

3.b NATIONALITY

WE ARE THE ARMY'S HOME 29 of 68

AFSBn-Korea HHG Peak Season

FY25 HOUSEHOLD GOODS (HHG) PEAK SEASON IS MAY THROUGH SEPTEMBER

1. DO NOT WAIT UNTIL THE LAST MINUTE

- As soon as orders are in hand:
- LOG INTO MILITARYONESOURCE.MIL
- CLICK ON "DPS, PCS & MILITARY MOVES"
- $\circ~$ Complete all move requests in dps
- UPLOAD SIGNED DOCUMENTS
 RETIREES AND SEPARATEES MUST VISIT THE PPPO FOR ASSISTANCE

3. Complete your Customer Satisfaction Survey (CSS) and please, be patient with our staff.

U.S. ARMY

- After receiving your delivery at destination, you will be asked to complete a CSS within 7 days.
- The CSS is the primary source of data that is used in determining the performance of each TSP.
- You, as a customer can assist in improving the quality of personal property moves. Your opinion counts!
- The Personal Property Processing Office (PPPO) staff promises to do everything they can to service your moving needs.





2. PLAN AHEAD AND CHOOSE PICKUP DATES

Pick a preferred day inside your requested <u>7-day</u> pickup window. Start planning early and continue to Revisit your plan prior to your move. Please be patient with the personal property processing office (pppo) staff.

4. Improved Inventories!

- USTRANSCOM has mandated that moving companies shift from paper copies of inventories and use electronic inventories to the greatest extent possible.
- □ This will provide an improved record of the household goods pack-out and the condition they were in when packed.
- Expect to receive an electronic inventory during your next move.



PPPO contact numbers/email - 757-2448, 757-2459 or 0503-357-2448/2459 from your cell phone or email at <u>usarmy.humphreys.403-afsb.mbx.pppo@army.mil</u>

WE ARE THE ARMY'S HOME

X AFSBn-Korea Passport Office (Special Issuance Passport)

Special Issuance Passport (SIP)



U.S. ARMY

No-Fee Regular (Blue)

DoD Military Eligible Family Members



Official (Maroon)

- DoD Military
- DoD Civilians
- DoD Eligible Family Members



Diplomatic

- DoD personal who diplomatic status
- DoD Eligible Family Members
- Foreign Service Officers



Regular (Blue/Tourist) All U.S. Citizen

Camp Humphreys DoD Passport Office



One-Stop Building, **Room O-201**



For U.S. Government employees & dependents traveling abroad at government expense



Special Issuance Passports (SIP)



Valid for up to 5 years

Key Takeaways

- Apply at least 45 days before your travel date!
- Don't wait until the last minute!
- Questions? Contact our office! ٠





Travel:

- One annual round trip for each dependent student at any time within a fiscal year (October 1 to September 30)
- Between the Service member's/DoD Civilian's PDS OCONUS and the dependent student's school in the United States

Unaccompanied Baggage:

- Authorized 350 lbs of UB may be transported for each authorized trip. Sponsor is financially responsible for any overweight
- Between the school and the service member/DoD civilian's PDS

Baggage Storage:

- During a student's annual trip or different period in the same fiscal year.
- Authorized to store the student unaccompanied baggage.
- Limited to 350 lbs.
- In the **school vicinity** in lieu of transporting the unaccompanied baggage.
- Service member/DoD civilian may be reimbursed for the storage cost, limited to the cost of round-trip transportation for unaccompanied baggage

Required documents for reimbursement submission to the Transportation Office:

- Educational travel order (Request through unit S1)
- Storage contract
- Receipts (Monthly)
- Weight ticket



AFSBn-Korea - Vehicle Processing Center



- Plan ahead Schedule a vehicle appointment on <u>www.PCSmyPOV.com</u> as soon as PCS orders are received
- Utilize the new VPC *FASTPASS* appointment system to quickly upload documents online for a smoother and faster onsite turn-in process of your vehicle
- Customers receive detailed information after scheduling an appointment online
- Customers receive link to complete the customer satisfaction survey via email after 2-3 days of pick-up/turn-in vehicle.

Turn-in Process

U.S. ARMY

- Pre-Insp -> Sign in/Doc -> Joint Insp -> Sign out
- Requirements
 - 1) Pre-shipping instruction
 - 2) PCS orders & amendment USFK Military Vehicle Registration (Must be CURRENT valid registration)
 - 3) Korean Customs Import Document
 - 4) Bill of Sale (If you purchased a vehicle in Korea)
 - 5) Deregistration certificate
 - 6) Recall report stating there are no outstanding recalls identified on the National Highway Traffic Safety Administration (NHTSA) website https://www.nhtsa.gov/recalls

Pick up

- Sign in/Doc -> Joint Insp -> Claims -> Sign out
- Requirements
 - 1) ID
- 2) VIF (Vehicle Inspection Form) from the origin VPC

Temporary plates are not required for POV pick up. Customer will be provided with a memorandum that allows the vehicle to be driven **only** on Camp Humphreys without plates for 2 business days after pick-up.



Would you like to expedite your POV Turn In process?

International Auto Logistics invites you to use



Reduce your time at a VPC by submitting your documents online prior to your appointment.

Visit <u>www.PCSmyPOV.com</u> and click the Turn In Header to schedule your Turn In appointment. You will have the option to select *FASTPASS*. It's as easy as 1, 2, 3.....

- 1. Enter your information and upload your documents.
- The VPC will review, communicate via email if any additional information is needed, and approve if all in order.
- 3. Show up to your appointment and ship your POV!
- An approved FASTPASS appointment can potentially cut your processing time in half.



WE ARE THE ARMY'S HOME 33 of 68







Family Life Chaplain CH (MAJ) Johnny Cochran 010-9503-8565 john.s.cochran9.mil@army.mil - Doctorate of Ministry from Gardner Webb University in Pastoral Care and Counseling - M.S in Marriage and Family Therapy from Capella University - M.A in Biblical Counseling from SEBTS

Primary advanced trainings: **Emotionally Focused Therapy, Cognitive** Behavioral Therapy, Treating Affairs and PTSD, Acceptance and Commitment Therapy



USAG Humphreys Family Life Center







- Marital **Pre-martial** Combat Stress PTSD **Spiritual Crisis** Addictions
- Life Skills
- Grief
- Stress
- Subs. Abuse
- Financial
- Parenting
- and More!!

USAG Humphreys Chaplain Family Life Center (CFLC) **BLDG 696** Located behind Freedom Chapel Call to make an appointment: Tele, 010-9503-8565 Or stop by and make an appointment!

WE ARE THE ARMY'S HOME 34 of 68

Brian D. Allgood Army Community Hospital

BDAACH Access to Care – Patient Guidebook

Download the new BDAACH Patient Guidebook!

Your BDAACH 101—a must-have guide for Soldiers and their families to navigate health care at Brian D. Allgood Army Community Hospital and outlying health care facilities.





Download a copy from the BDAACH website. Click the link OR scan the QR Code!

https://briandallgood.tricare.mil/Patient-Resources/Patient-Guidebook

WE ARE THE ARMY'S HOME

Brian D. Allgood Army Community Hospital

BDAACH Pharmacy – Q-Anywhere 2.0

Skip the Wait! Pre-Activate!

With Q-Anywhere, you can check into the pharmacy from your phone. Just scan the QR code to activate your prescriptions and they will be ready for pickup in 3 hours!

No more waiting in crowded waiting rooms!

New Prescriptions, Renewal Prescriptions, and now with Q-Anywhere 2.0, you get can Refills too!

Visit the BDAACH website for more info: https://briandallgood.tricare.mil/Health-Services/Pharmacy/Q-Anywhere **Q-ANYWHERE 2.0** Why Wait? Pre-Activate!

Start your pharmacy visit anytime, anywhere right from your phone! No lines. No wait!

USE Q-ANYWHERE FOR: New Prescriptions

- Renewal Prescriptions
- Refills (New! With 2.0!)

STEP 1 ACTIVATE PRESCRIPTION

Scan QR code and follow prompts

STEP 2 PICKUP AT PHARMACY

After 3 hours, pull "Return for Pickup" ticket at kiosk







BDAACH Pharmacy Only. MON – FRI, 8AM – 6PM Activate by 3PM for same-day pickup. Electronic prescriptions only (no paper). Refills also available by phone 0503-337-7939 or via MHS GENESIS Patient Portal


Patient Family Partnership Council (PFPC) - Apply to be a Council Member! (Part 1)

Have you or a family member received care at an MTF in the last year? Do you want to provide a voice for patients and improve the quality of care?

We're looking for volunteers to become Patient and Family Council Members! We're interested in Senior and Junior Active-Duty Service Members, Spouses/Family Members, as well as Retirees and Civilians.

WHAT is a PFPC Council Member?

A Council Member is someone who:

- Wants to help improve the quality of care for all patients and family members.
- Gives feedback to the medical staff based on their own experience as a patient or family member.
- Helps plan changes to improve how we take care of patients.
- Provides a voice that represents all patients and families who receive care at MTFs (Military Treatment Facilities).

WHY should you become a PFPC Council Member?

- If you or your family member received care at an MTF, did you think there were things we could have done better?
- Do you have ideas about how to make sure other patients and families get the best care possible?





U.S. ARMY

Patient Family Partnership Council (PFPC) - Apply to be a Council Member! (Part 2)

Is being a PFPC Council Member right for you?

Being a Council Member may be a good match with your skills and experiences if you can:

- Speak up and share suggestions and potential solutions to help improve hospital care for others.
- Talk about your experiences as a patient or family member – but also think beyond your own personal experiences.
- Talk about both positive and negative care experiences and share your thoughts on what went well and how things could have been done differently.
- Work with people who may be different than you. Listen to and think about what others say, even when you disagree.
- Bring a positive attitude to discussions.
- Keep any information you hear private and confidential.

Council Member Requirements

All Council Members must sign an NDA (Non-Disclosure Agreement)

- Spouses & Family Members: Must complete HIPAA and Privacy Training.
- Active Duty & Red Cross Volunteers: No training requirements

More Info/How to Apply

Patient Advocate Office DSN: 315-737-1125/1126 COMM: 0503-337-1125/1126 Email: usarmy.humphreys.medcomkor.mbx.patient-advocate-office@health.mil





Improve Provider Patien





BDAACH Virtual Community Town Hall

Join us for the third installment of our virtual Community Town Hall series!

COL Chad Black will provide important Access to Care updates—including the changes we've implemented to better serve our Soldiers and their families since the last town hall.

Following the brief, there will be a live Q&A session, so bring your questions and feedback.

We're committed to improving the patient experience, and your voice matters!

Together, we can make military healthcare stronger—see you online!





PCS Preparation: Health Care Coverage Checklist

Before You Move:

- Do not disenroll from TRICARE. Your current coverage will continue until your enrollment transfer is completed after you arrive at your new location.
- □ Verify your DEERS information.
- Contact your current regional contractor to begin transferring enrollment.
- Obtain copies of your medical/dental records from any offpost facilities where you were seen without a referral. NOTE: Records from military treatment facilities (MTFs) or referred civilian facilities are available online via MHS GENESIS and will be automatically forwarded to your gaining MTF. Hand-carrying official military treatment records is not authorized.
- □ Renew and refill prescriptions.
- □ Plan ahead for routine medical care.
- □ Coordinate special care needs such as EFMP.

On the Road:

- Emergency Care No referral is required; call 911 or go to the nearest emergency room.
- Urgent Care See any TRICARE-authorized provider. No referral is required for non-ADSMs. NOTE: ADSMs require referrals to receive nonemergency care from a civilian provider.

At Your New Location:

- □ Update DEERS.
- Finish transferring TRICARE Prime or
 - TRICARE Select enrollment, if applicable.
- If you're enrolled in the TRICARE Dental Program, provide your new contact information to United Concordia.

MYCARE OVERSEAS



A SECURE AND USER-FRIELDLY BENEFICIARY MOBILE APP

<u>Using the App you can:</u>

- Check your TRICARE Health Plan and Claims
- Look up appointments and Referrals to the Host Nation Hospitals
- Find helpful country information and tips
- Utilize translation support services including medical records and language support* (may only be available for TRICARE Prime)
- And more!

INTERNATIO

INTERNATIONAL SOS SERVES AS THE TRICARE OVERSEAS PROGRAM (TOP) CONTRACTOR

> CUSTOMER SERVICE TOLL FREE NUMBER 080-429-0880

- MyCare Overseas[™] is an easy-to-use, innovative tool designed to enhance your health care experience.
- Scan the QR code below to download the app. After you install the MyCare Overseas[™] app on your mobile device, complete the registration process to begin enjoying the features of the app right away!
- Alternatively, access the MyCare Overseas[™] web-based portal using your personal computer or laptop, by visiting <u>https://top.internationalsos.com/beneficiary</u>



U.S. ARMY



PCS Preparation: EFMP Screening

START THE PROCESS AT E-EFMP: The Army's Enterprise Exceptional Family Member Program: <u>https://efmp.army.mil/EnterpriseEfmp</u>

KEY FACTS YOU SHOULD KNOW

- A Soldier's EFMP enrollment is considered during the assignment coordination process. If that assignment is to an overseas location and the Soldier requests accompanied travel, then each Family Member requires Family Member Travel Screening (FMTS) before travel, <u>even if the Family member is already registered in</u> <u>the EFMP</u>.
- If Family member is registered → EFMP screening simply acts as a process to confirm that the special need still exists or provides an opportunity to update the status of the special need if it has changed.
- If Family member is NOT registered → EFMP screening process may result in the identification of an Exceptional Family Member (EFM) and enrollment in the EFMP.

DA Form 5888 DA Form 7246



• **NOTE:** FMTS must be initiated within <u>**30**</u> days of official assignment notification.



WE ARE THE ARMY'S HOME 42 of 68

EFMP Identification & Enrollment

The Exceptional Family Member Program (EFMP) supports Soldiers and their Families by addressing special medical and educational needs.



Enrollment is mandatory for Soldiers with Family members who meet the following criteria:

MEDICAL NEEDS

- · Family members with chronic medical conditions requiring follow-up support more than once a year or any specialty care (e.g., Asthma, Diabetes, ADHD).
- · Frequent health care needs or ongoing therapies (e.g. physical, occupational, or speech therapy).
- Complex needs requiring case management or coordination between providers.



MENTAL HEALTH CONDITIONS

Family members receiving mental health services within the past five (5) vears.

EDUCATIONAL NEEDS

Children receiving special education services or early interventions services though an Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP).

OTHER NEEDS

Adaptive equipment, assistive technology devices or environmental and architectural considerations. Examples include, wheelchair, limited number of steps, air conditioning, CPAP.

This is not an all-inclusive list. More specific criteria can be found in DoD Instruction 1315.19.

WHY ENROLL?

Enrollment ensures that medical and/or educational needs of the family receive consideration during the assignment process.

HOW TO ENROLL

Enrollments can be initiated by the Sponsor through the E-EFMP website, www.efmp.army.mil or scan the OR code



Korea EFMP Office

Brian D. Allgood Community Hospital, 4F, Room H4154

Email: usarmy.humphreys.medcom-kor.mbx.efmp@health.mil DSN: 315-737-1283 COMM: 050-3337-1283



U.S. ARMY

WE ARE THE ARMY'S HOME 43 of 68

PCS Preparation: EFMP Checklist

THREE TO SIX MONTHS BEFORE YOUR MOVE

AS YOU LEAVE YOUR DUTY STATION

- Obtain your child or adult dependent's medical records, including shot records, prescriptions and dosages.1
- Connect with your TRICARE provider if you are changing TRICARE regions to facilitate an easy transition.
 - Review Medicare, Medicaid and Supplemental Security Income, or SSI, information available at your new location, as appropriate.

- Collect any supplies that your child or adult dependent may need upon arrival at your new duty station, including medication refills and supplies – for example, hearing aid batteries.
- Talk to your medical provider about securing necessary prescriptions and medications for your transition.
- Hand-carry a copy of your child or adult dependent's medical records, as applicable.

AS YOU ARRIVE AT YOUR NEW DUTY STATION

- Connect with your new TRICARE provider to communicate your family's medical needs.
- Schedule appointments with your family's primary care providers and specialists.
- Connect with a legal representative to reestablish conservatorship.
- Call ahead to ensure availability of TRICARE PLUS for dependents, as applicable.
- 1. From any off-post facilities where you were seen without a referral. Records from MTFs or referred civilian facilities are available online via MHS GENESIS and will be automatically forwarded to your gaining MTF.
- 2. Hand-carrying official military treatment records is not authorized.

U.S. ARMY

WE ARE THE ARMY'S HOME 44 of 68



Health Coaching

Health coaching is the bridge that takes you from wanting something to actually achieving it



Work one on one with a health educator to develop a plan to a healthier lifestyle.

Topics:

- Exercise Prescription
- Run Gait
- Calorie Tracking
- Macro calculating
- Biomechanics

Our services are available for Active-Duty Military, Dependents, Retirees, Spouses, Reserve, National Guard, and DA/DOD Civilians.



Building 578 DSN: 315-737-5758 COMM: 010-3337-5758

<u>Hours</u>: Monday-Thursday 0800-1600 Friday 0800-1200





DENTAL ONE-STOP

Dental Readiness



Our Services

- O Daily walk-in exams for Service members due for annual exam with-in 60 days
- Mass exam events coordinated for units
- Limited same day/next day scheduled exam appointments to reduce the wait time

0730 - 1130 / 1230 - 1630 Monday 0730 - 1130 / 1230 - 1630 Tuesday 0730 - 1130 / 1230 - 1630 Tuesday 0730 - 1130 / 1230 - 1630 Wednesday Closed Thursday 0730 - 1130 / 1230 - 1630 Friday * Closed all Federal Holidays and DONSAs

USAG Humphreys, Maude Hall Building 6400, 2F J208



SICK CALL
 DENTAL READINESS
 PERIODONTICS
 PROSTHODONTICS

✓ ENDODONTICS

HOURS OF OPERATIONS

MONDAY - FRIDAY 7:30 a.m. - 4:30 p.m. (EXCLUDING FEDERAL HOLIDAYS)

COMMERCIAL APPOINTMENT 0503-337-9206/9207 DSN APPOINTMENT E 315-737-9206/9207 0

BLDG. 3020/ USADC CARIUS # 15660/ APO 96271



WE ARE THE ARMY'S HOME





SUMMER PET SAFETY TIPS

- Risk for heat injury/heat stroke increases when:
 - Ambient temp is > 80F
 - High humidity
 - Pet is not acclimated to heat/exercise
 - Brachycephalic breeds (Bulldogs, Pugs, Boxers, Persians, etc.)
- DO NOT leave pets unattended in a parked car.
- DO NOT leave your pet unsupervised outside on a hot day.
- Avoid strenuous exercise during hottest times of the day
- Provide access to fresh, cool water frequently
- Provide shade/shelter from direct sunlight.



- Book a direct flight to destination when possible, avoid layovers
- Travel early morning or late evening
- Use a proper size IATA compliant crate.
- Familiarize your pet with the travel carrier prior to travel date
- Ensure pet crate has proper identification
- Inform airline employees when you board that you are traveling with a pet



IF YOU SUSPECT PET HEAT INJURY:

- Signs of heat injury: weakness, vomiting, diarrhea, dull mentation, uncontrollable panting, drooling, stumbling, seizures, collapse
- Move your pet out of direct heat
- Offer fresh, cool water if your pet is alert and willing to drink
- Spray your pet with cool water
- Immediately take your pet to a veterinarian for further care







PCSing with Pets from Korea:

CONUS

- Rabies Vaccine with Rabies Certificate (dogs & cats)
- ISO Compliant Microchip and its number listed on all required documents (dogs & cats)
- Health Certificate (dogs & cats)
- ROK Inspection Certificate (dogs & cats)
- CDC Dog Import Form (requirement only for dogs)
- > 6 months old of age (requirement only for dogs)
- Appears healthy upon arrival (dogs & cats)
- Consult with Veterinary Services as soon as possible if your dog has visited a rabies high-risk country within the 6 months before arriving to the U.S. as additional requirements apply.

Consult with **ROK Inspection** Army CDC Dog Import Microchip Certificate Veterinary Form Completed & Rabies Health Certificate Services by Owner PCS! TODAY - <1 YEAR - 6+ Months - < 6 Months - 40+ Days - 30+ Days - <10 Days - <5 Days -HC/ROK Cert FAVN Quarantine Consult Microchip HC/ROK Cert +/-Rabies Notification/ with Vet Rabies Parasite Treatment * +/- Additional Import Services Permit Vaccines

OCONUS:

- Rabies Vaccine with Rabies Certificate (dogs & cats)
- ISO Compliant Microchip and its number listed on all required documents (dogs & cats)
- Valid FAVN (dogs & cats)
- Health Certificate (dogs & cats)
- ROK Inspection Certificate (dogs & cats)
- Quarantine Notification/Entry Permit Request (dogs & cats)
- Proof of Additional Vaccines/Parasite Treatment
 - DAPv, Leptospirosis, Parainfluenza, Bordetella (dogs)
 - FVRCP, FeLV (cats)
 - Endo/Ectoparasites (dogs & cats)



PCSing with your pet(s)? Contact your local Veterinary Treatment Facility <u>AS SOON AS YOU</u> <u>RECEIVE ASSIGNMENT INSTRUCTIONS</u> for help ensuring that your pet is prepared to fly!







For all applicants, please send us an e-mail at <u>KoreaHR@aafes.com</u> once you have submitted your application.



Questions? Contact Korea Human Resources Office Questions? Contact Korea Human Resources Office O31)-647-7000(x6) Marchi 0600-650 KoreaHR@aafes.com

- Humphreys Exchange is accepting applications for 2025 Summer Hire until 25 May 2025
- Program Duration: 16 June 1 August
- > Target age group: 16 to 18

WE ARE THE ARMY'S HOME

- Applications are accepted through <u>www.ApplyMyExchange.com</u> and posted on the Exchange Facebook page!
- For more information, please contact <u>KoreaHR@aafes.com</u> or call (031) 647-7000 x6, or visit our office on Humphreys, building P12601, 3F.









Matinees Tuesday-Thursday at 1500-1800 from 17 June thru 14 August 2025 Showings can be found at www.shopmyexchange.com or view schedules on the Exchange FB.



George McNamara / 756-8500 / mcnamarag@aafes.com





ANNIVERSARY SPECIALS! FRIDAY 25 JULY 2025

Join us as we celebrate our continued service of giving back to Quality-of-Life programs.

COME OUT AND CELEBRATE THE 130TH EXCHANGE BIRTHDAY!

More details will be available on Humphreys Exchange FB page.



EXCHANGE

George McNamara / 756-8500 / mcnamarag@aafes.com

WE ARE THE ARMY'S HOME 51 of 68





Are you missing a chance to SAVE OVER \$500 per child each school year? APPLY NOW TO RECEIVE BENEFITS!*

HAVE HANDY THE DODEA STUDENT ID NUMBER OF YOUR CHILD(REN)
SCAN QR CODE AND APPLY OR USE THIS URL LINK: SUMMER

lingconnect.com/public/meal-application/new

TYPE AAFES DODEA

FILL OUT THE APPLICATION (ONE PER FAMILY) FOR FREE AND REDUCED PRICE MEALS FOR YOUR CHILD(REN). INPUT BASIC PAY AND INCLUDE ALL HOUSEHOLD MEMBERS

*Important

 Families must meet eligibility requirements to qualify. AAFES DoDEA uses ALASKA income eligibility guidelines.
 Remember to enter your email address as this is how you will receive eligibility notifications. Eligibility notifications will be sent within 10 business days.

This institution is an Equal Opportunity Provider.

MORE SCHOOL MEAL PROGRAM INFORMATION: https://www.aafes.com/about-exchange/school-lunch-program/



SCHOOL

PROGRAM

x

Connect





Students in Grades K-3

- While they do not receive traditional grades they are eligible for the program
- Parents will need to bring copy of report card to Customer Service
- If homeschooled an written affirmation of scholastic aptitude from parent or community authorized education provider will be accepted

Examples

- "CD Consistently displayed" is equivalent to "A"
- "P Developing/Progressing" is equivalent to "B"
- "X not addressed" should not be counted when establishing average grade/ignored
- Straight A Students, or straight CD students will receive a \$20.00 gift card
- Overall B average students, or combination CD/P – all P students will receive a 10.00 gift card

George McNamara / 756-8500 / mcnamarag@aafes.com

WE ARE THE ARMY'S HOME 52 of 68



Services



Military AutoSource

now offers certified preowned vehicles and Trade-ins.

Come see our stock of New and CPO vehicles and motorcycles today.

MAS Camp Humphreys

Contact 010-3257-0331 for more information.





Located in the Downtown Shopping Center Mall Bldg. 5700 0900-2000 Monday-Saturday, 1000-1900 Sunday



WE ARE THE ARMY'S HOME 53 of 68







WE ARE THE ARMY'S HOME

54 of 68

PCSing? The Exchange's **Cleaning Concession** "Daily Clean" can help! **The Cleaning Service** is available for On or **Off Post housing.** Call 010-8534-5770 for a consultation today!



George McNamara / 756-8500 / mcnamarag@aafes.com



"FY24 DeCA Overseas Best Large Commissary Winner"

The DeCA Best Commissary Award recognize overall excellence in commissary operations and service.

The 2024, Overseas Best Large Commissary- Dan Daniel Award -Ist place- Camp Humphreys, South Korea.

EFFECTIVE: 1 JUNE 2025

Only patrons with a valid Identification (ID) Card are authorized to enter the Camp Humphreys Commissary.



Ms. Myong Brown / 757-7001 / myong.brown@deca.mil









Original

Kimchi Japchae

- Storage : Frozen
- How to cook : Fried/Steamed
- Weight : 770g
- Packaging : Pouch



Enjoy the Plant -based Delicious Korean Food with Healthiness

The Korea No.1 Dumpling is now available



Enjoy the Delicious Korean Signature Menu 'Mandu' refers to Korean-style dumplings.

It's a legacy of Korean cuisine and traditions.

made with 100% Plant-based ingredients

The healthier choice for you with No animal fat, Less saturated fat and cholesterol compared to meat dumplings.

3 Now you can

Now you can enjoy various flavors of dumplings

Enjoy the delightful texture of chewy skin and chunky fillings.



[ORIGINAL]

✓ Korea No.1 Dumpling's Original flavor

✓ 5 Kinds of vegetables



[KIMCHI]

 Traditional Korea kimchi flavor



[JAPCHAE]

 Japchae is a traditional Korean dish made with glass noodles & vegetable
 9 Kinds of vegetables

Ms. Myong Brown / 757-7001 / myong.brown@deca.mil

WE ARE THE ARMY'S HOME



CJ CheilJedang's K-FOOD New Item For Humphreys Commissary







Ms. Myong Brown / 757-7001 / myong.brown@deca.mil

WE ARE THE ARMY'S HOME 57 of 68











WE ARE THE ARMY'S HOME

DoDEA – School Dates, Recess, and PCSing

Upcoming School Dates, Recess, etc.

- May 22: IAC Meeting Time: 1600 / Location: River Bend Golf Course
- May 23: Recess Day No School

U.S. ARMY

- May 26: Memorial Day No School
- June 3: HHS Graduation *Time: 1700 / Location: Collier Gym*
 - * DoDEA Director and Region Director will be present
- June 9: Half Day for Secondary Schools
- June 10: Last (Half) Day of School
- June 11: Teacher Workday No School for Students
- June 16-July 3: Host Nation Summer Program (Grade K-5)

Are you PCSing?

- Please contact the school registrar and notify them of your child's last day of school.
- Please provide them at the minimum TWO weeks for their records to be prepared.
- On the student's last day, please pick up your child's records after school.









Schools Need Substitute Teachers



https://www.usajobs.gov/Get Job/ViewDetails/768205000

DoDEA Pacific West Information Site



https://www.dodea.edu/pacific/pacwest/usag-humphreys-schools



WE ARE THE ARMY'S HOME 59 of 68



Registration

To register to attend a DoDEA School the following age requirements must be met.

A child must be:

- four years old by September 1 to attend Pre-Kindergarten.
- five years old by September 1 to enroll in kindergarten.
- six years old by September 1 to attend first grade.

<u>Pre-registration</u> for new students: Visit DoDEA Online Registration Portal <u>https://dodeasis.myfollett.com/aspen</u> to pre-register.

Final Registration: Please contact the school registrar to finalize the registration once you arrive in Korea.

Re-registration

Re-registration for existing students: Please contact the School Registrar if you have any questions.

Current status as of 7 May 2025

Dr. Jacob Sherwood / 755-1331 / Jacob Sherwood@dodea.com

	Not Re-registered	Registered	Graduating	Withdrawing	Total Students	Completion Rate (%)
Humphreys Central Elementary School	132	601	N/A	101	834	84%
Humphreys High School	0	512	177	98	787	100%
Humphreys Middle School	94	858	N/A	163	1115	92%
Humphreys West Elementary School	0	766	N/A	67	833	100%

WE ARE THE ARMY'S HOME

60 of 68



Select courses and build a class schedule prior to arrival at your next school! DoDEA Paofic high schools offer conditional enrollment to military currected students who are maxing to Japan, Okinawa, Kurea un Guam due to Permanent Change of Station orders.



Eligibility

To be eligible for conditional enrollment, the student must

- Meet eligibility requirements for space required enrollment
- Be requesting chroliment into grades 9-12
- Arrive at assigned duty station within three months of requesting conditional enrollment

Scan QR code to get started with the conditional enrollment process.



Note: These are two EnDEA Darife high schemistic Okonuws, and excellation is determined based on housing location. Neuro-constitution <u>related rearing</u> gang and ensure constitution incomment is completed of the contraction ball solved.





FOR THE PEOPLE WHO SERVE."

Supporting Service Members & Families

Kids Events & **Monthly Programs**

Transitions For Soldiers & Spouses

Volunteer Opportunities

"Welcome to Korea" Class

Spouse Events & Programs

Tabletop RPG Games

MVP Programs & Learning Opportunities

Free Center Reservations-Units, SFRGs, Orgs, Groups, etc

































FOR THE PEOPLE WHO SERVE."



WE ARE THE ARMY'S HOME 62 of 68





FOR THE PEOPLE WHO SERVE."



How to Volunteer: Visit www.Volunteers.USO.org for registration and details.



WE ARE THE ARMY'S HOME 63 of 68



DISCLAIMER: The following information presented during this briefing are the views of the individual private organizations and their members. This information is only provided as a convenience to the USAG Humphreys local community. The appearance of any private organization or non-federal entity is not intended to endorse nor recommend any views expressed or services offered by these private organizations. Additionally, USAG Humphreys does not endorse the views they express nor the services they offer. The inclusion of information from these private organizations is not intended to assign importance to those organizations nor to the information presented.





KOREAN THEATER RECEPTION COMMUNITY UPDATE



Welcome Wagon of Korea Calling all:



- Service Members, DoD Civilians or Contractors looking for new opportunities to volunteer
- Spouses looking to make a positive impact while here in the Republic of Korea

The Welcome Wagon of Korea wants you!

Volunteer Activities: Greeting each bus of incoming Service Members and families arriving to Maude Hall, providing them with information, snacks, and a warm welcome. Make welcome bags as needed.

- Volunteer Opportunities: There are many opportunities to volunteer throughout the week.
- Log Volunteer Hours in VMIS: Search for "volunteer for buses" to register as a volunteer.

For more information contact: Welcome Wagon of Korea

EMAIL: w.w.ofkorea@gmail.com

FACEBOOK: Camp Humphreys Welcome Wagon of Korea



WE ARE THE ARMY'S HOME 65 of 68



KOREAN THEATER RECEPTION COMMUNITY UPDATE

Welcome Wagon of Korea (WWoK) and the Korea Defense Veterans Association (KDVA) **Partnership**

- KDVA's mission is to enhance the ROK-US Alliance by advocating for the Alliance and supporting those who built and serve it.
- We have partnered with KDVA to support U.S. Service Members in Korea and strengthen the ROK-US Alliance, with KDVA providing a monthly donation to support our efforts as our main sponsor.
- Through this collaboration, we aim to provide a positive and memorable experience for Soldiers and families arriving to Korea, promoting a desire to embrace their new duty station and contributing to the security and stability of the Korean Peninsula and region.



w.w.ofkorea@gmail.com

"We are honored to partner with the Welcome Wagon of Korea and support the great work they do for our Service Members joining U.S. Forces Korea." -General (Ret.) Curtis Scaparrotti, KDVA Chairman and President



Mrs. Kelly Karwel, President of the Welcome Wagon of Korea / 0107437-4326 / w.w.ofkorea@gmail.com

"We are grateful for our partnership with the Korean Defense Veterans Association and their generous support in helping us fulfill our mission to welcome U.S. Service Members and their families to Korea." - Mrs. Kelly Karwel, **WWoK President**

"Strengthening Our Alliance: Welcome Wagon of Korea's **Update and Future** Goals with KDVA Board Director – LTG(R) Michael Bills"



05 March 2025

"We invite you to join our team of volunteers and help make a difference in the lives of arriving Service Members and families." Find out more by emailing or visiting our Facebook page: Camp Humphreys Welcome Wagon of Korea

WE ARE THE ARMY'S HOME





Open Discussion / Questions



WE ARE THE ARMY'S HOME 67 of 68



Closing Remarks



WE ARE THE ARMY'S HOME 68 of 68