



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON HUMPHREYS
UNIT #15228
APO AP 96271-5228

AMIM-HMW-WR

19 Nov 24

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Command Policy # 55, Fitness Center and Indoor Pool Child and Youth

1. Reference. AR 215-1, Army Morale, Welfare and Recreation Activities and Nonappropriated Fund Instrumentalities, 24 September 2010.
2. Purpose: This policy memorandum is to articulate patron usage eligibility requirements for USAG Humphreys Fitness Centers and Indoor Pools.
3. The proponent of this policy is the Directorate, Family and Morale, Welfare and Recreation (MWR).
4. This policy is effective immediately. It remains in effect until rescinded or superseded.
5. Applicability: These requirements and procedures are applicable to all eligible children and youth wishing to use fitness centers and indoor pools.
6. Fitness Center and Indoor Pool Child/Youth Eligibility:
 - a. All participants are expected to conduct themselves in a reasonable and prudent manner in accordance with facility rules and regulations. All youth guests must check into facility at front desk (i.e., RecTrac or sign in roster)
 - b. Youth ages 16 and older may use all Physical Fitness Centers (PFC) and Indoor Pools with no supervision restrictions.
 - c. Conditions for Youth ages 13-15 access.
 - (1) May use Physical Fitness Centers as a guest of a parent or guardian and must be actively participating in the same activity and under direct line of sight supervision of parent/legal guardian or eligible sponsor at all times.

AMIM-HMW-WR

SUBJECT: Command Policy # , Fitness Center and Indoor Pool Child and Youth

(2) Must be a participant in a program, organized and conducted by Child and Youth Services, schools, or other authorized youth organizations. Organizations are responsible for ensuring all youth and others associated with their program are adhering to the facility/program rules; this includes ensuring that everyone checks in/signs into facilities and programs.

(3) Youth ages 15 and under may use Indoor Swimming Pools as a guest of a parent or guardian and must be under direct line of sight supervision of parent/ guardian or eligible sponsor at all times.

d. Conditions for Children/Youth ages 12 and under access:

(1) Must be a participant in a program, organized and conducted by Child and Youth Services, schools, or other authorized youth organizations. Organizations are responsible for ensuring all children/youth and others associated with their program are adhering to the facility/program rules; this includes ensuring that everyone checks in/signs into facilities and programs.

(2) Parent/Guardian or sponsor is participating in authorized programs (i.e., Baby and Me Fitness, Stroller Shape Up, walking indoor track with baby in stroller). Children/infants inside or outside of strollers or other carriers are not permitted otherwise. Children/infants strapped to individuals while using cardio/strength equipment is also prohibited.

(3) Age-appropriate special events and spectator events (i.e., intramural sports games days, swim meets)

(4) AAFES concessionaire seating area at Collier Fitness Center IAW with Garrison Standards of Child Supervision policy.

(5) Other approved programs and functions IAW Garrison Standards of Child Supervision policy. (i.e., NEO exercises, flu shots, org days, unit functions)

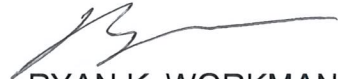
e. Children/Youth sitting on couches, hallways, aerobics rooms, weightrooms or other areas of fitness center while parent/legal guardian or approved sponsor is participating in activities (i.e., working out) is NOT considered active participation and will be asked to leave the facility.

7. See appendix A with space and Fitness Center/Indoor Pool space and eligibility requirements for children/youth.

AMIM-HMW-WR

SUBJECT: Command Policy # , Fitness Center and Indoor Pool Child and Youth

8. Point of contact is the DFMWR, Community Recreation Officer, DSN 755-2684.



RYAN K. WORKMAN
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Appendix A Fitness Center/Pool Youth Space Eligibility Chart

Facility	Entry Age w/o parent or legal guardian (access to all areas)	OFF Limits Areas for children 12 and under	Authorized Areas for children 12 and under (with parent/legal guardian present and actively participating together at all times)	Authorized Areas for youth 13-15 (actively participating with parent/legal guardian at all times)
Sitman Fitness Center*	16 and older	Saunas Functional Fitness Rooms Cardio Equipment Areas Weight Rooms	Basketball Courts Combatives Room Bathrooms/Locker rooms	ALL
Zoeckler Fitness Center*	16 and older	Saunas Functional Fitness Rooms Cardio Equipment Areas Weight Rooms	Basketball Courts Aerobics Room Combatives Room Bathrooms/Locker rooms	ALL
Turner Fitness Center*	16 and older	Saunas Functional Fitness Rooms All of 2 nd Floor	Aerobics Room Bathrooms/Locker rooms	ALL
Collier Fitness Center	16 and older	Saunas Weight Rooms Cardio Equipment Areas All of 3 rd floor	Basketball Courts Racquetball Courts Indoor Track (strollers allowed) Bathrooms/Locker rooms	ALL
*24 Hour Facilities During unstaffed hours	-Must have 24/7 unstaffed access -Must be 18 or older (or 17 active duty)- No one under 18 is allowed during unstaffed hours -No guests of any age allowed during unstaffed hours			
Instructional Classes	All instructional classes (i.e., Fitness Classes, Martial Arts etc.) are for 18 and older (or 17 active duty) unless otherwise specified.			
Collier Indoor Pool	16 and older	Youth 15 and under must be accompanied by parent/ legal guardian. Parent/legal guardian must always remain within line of site of youth while in pool area.		