



WE ARE THE ARMY'S HOME



Command Community Information Exchange (CCIE)

03SEPTEMBER2024 - Morning Calm Center

U.S. Army Installation Management Command



U.S. ARMY

Installation Management Command – Who We Are

WE ARE THE ARMY'S HOME

MISSION

IMCOM delivers quality base support from the Strategic Support Area, enabling readiness for a globally responsive Army.

VISION

Every installation delivers superior base support, enabling readiness and the highest quality of life for our Soldiers, Families and Civilians.

VALUES

- Loyalty
- Duty
- Respect
- Selfless Service
- Honor
- Integrity
- Personal Courage

(LDRSHIP)

PRINCIPLES

- Service
- Excellence
- Respect
- Vision
- Integrity
- Communication
- Empowerment

(SERVICE)





Agenda

- DFMWR
- BOSS
- ASAP
- Army Continuing Education Services (ACES)
- Housing
- RSO
- DES
- KNP
- Exchange
- Commissary
- DoDEA
- Brian D. Allgood Army Community Hospital (BDAACH)
 - Armed Forces Wellness Center
- Veterinary Services
- American Red Cross
- AFSBn-K
- 2ID SB
- 2ID
- 65th MED
- DPTMS





COL Ryan K. Workman

Garrison Commander, USAG-H





U.S. ARMY

DFMWR

Child and Youth Services



CYS Enrollments

All CYS Enrollments are done at:
www.militarychildcare.com.

Please visit this website to create your account and application for care within either our **Child Development Center** or **School Age Care Program**.



For more information on enrollments, please contact **Parent Central Services**:

DSN: Child Development Center (315) 756-1103/4

School Age Center (315) 756-3002

Parent Central Services (315) 757-2250/4/5/6 or

Email: usarmy.humphreys.imcom-hq-mbx.fmwrc-parent-central-services@army.mil





Smith Youth Center

The Youth Programs offers comprehensive, supervised program options and affordable, quality, predictable services that are easily accessible for eligible youth in Grades 6 through 12 (11-18 years old). The Youth Center is open after school and during school closures and summer. Specialty camps and trips are held throughout the year.

CYS Closures:
17 September
14 October

For more information, please contact:
DSN: Youth Center (315) 755-1077, Registration (315) 757-2255
Hours: Mon-Fri 2p.m. – 7p.m. (Building 6350)

Open Gym

| Location | Days | Times |
|-----------------------|-------|--------------|
| Burke SKIES BLDG 6317 | M - F | 3:30pm - 5pm |





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ACS: Employment Readiness Program

USAG Humphreys Career Fair

- 11 September 2024 from 1000-1400
- Morning Calm Conference Center
- Registration Required
- Preparatory Classes
 - Making the Most of a Career Fair
 - 3 September, 0900-1100
 - Resumes 101
 - 6 September, 0900-1130





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ACS: Family Advocacy Program

- Setting Healthy Boundaries (Paint and Connect)**:
 - 06 September 1800-2100
 - 20 September 1800-2100
- Strengthening Family Ties with FAP (Family Arts and Crafts)**:
 - 07 September 1130-1330
 - 08 September 1130-1330
 - 14 September 1130-1330
 - 15 September 1300-1500
 - 22 September 1130-1330
 - 29 September 1300-1500
- Strengthening Family Ties with FAP (Family Slime Activity)**:
 - 11 September 1130-1230
 - 19 September 1630-1730
- Strike Out Domestic Violence:
 - 24 September 1730-2100

****Registration required: vanessa.g.mendez2.civ@army.mil**





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ACS: FAP

Command Policy #27, Standards of Child Supervision

| Age of child | Required Supervision | Left Alone at Home | Left Alone overnight | Play Outside Unattended | Walk to School/ Bus Stop Alone | Left in Car Unattended | Child Sit Siblings | Child Sit Others |
|--------------------|--|--|---|---|---|--|--|--|
| Newborn to 5 years | Close supervision at all times | NO | NO | NO | NO | NO | NO | NO |
| 6 years | Direct Supervision* | NO | NO | With immediate access+ (visual sight and hearing distance) to adult supervision. Responsible adult must have physical access to child within 60 sec. | NO | NO | NO | NO |
| 7 years | Direct Supervision* | NO | NO | With immediate access+ (visual sight and hearing distance) to adult supervision. Responsible adult must have physical access to child within 60 seconds. | May walk unaccompanied to and from school/ bus stop with a buddy. | NO | NO | NO |
| 8 to 9 years | Direct Supervision* | NO | NO | With ready access++ to an adult in the immediate area in case of emergency. Sponsor/ parent knows location and activity of child. | May walk unaccompanied to and from school/ bus stop with a buddy. | NO | NO | NO |
| 10 years | Indirect Supervision** (Recommended CYS Home Alone Training) | YES <1hr | NO | With ready access to adult supervision. Sponsor checks on child or has child check in with sponsor, parent or caregiver hourly. Ready access can be accomplished with cell phone. Must be 30 minutes or less to respond to child in crisis. | May walk unaccompanied to and from school/ bus stop. | YES <10 min. Keys MUST be removed and parking brake applied. | NO | NO |
| 11 years | Indirect Supervision** (Recommended CYS Home Alone Training) | YES <3hrs | NO | With ready access++ to adult supervision. Sponsor/parent checks on child or has child check in with sponsor/parent or caregiver hourly. Ready access can be accomplished with cell phone. Must be 30 minutes or less to respond to child in crisis. | May walk unaccompanied to and from school/ bus stop. | YES <10 min. Keys MUST be removed and parking brake applied. | YES Siblings 6 years and older for up to 1 hour. | NO |
| 12-13 years | Indirect Supervision** | YES <6hrs with ready access to adult supervision and intermittent contact with an adult* | NO | With access++ to adult supervision. Sponsor/ Parent checks on child or has the child check in person or by phone every 2 hrs. Parent must know child's location and activity and respond to child in crisis within 30 minutes. | May walk unaccompanied to and from school/ bus stop. | YES | YES <6hrs during daylight hours. | YES Limit <6hrs. Not overnight. Babysitters course required. |
| 14-15 years | Indirect Supervision** | Yes <9 hrs with ready access to adult supervision | NO | With ready access to adult supervision by phone or a designated caregiver within 2hrs. Contact must be made every 3 hrs. | May walk unaccompanied to and from school/ bus stop. | YES | YES | YES Limit <9hrs. Not overnight. Babysitters course required. |
| 16-18 years | Indirect Supervision** | Yes <2 consecutive overnight periods with access to adult supervision | Yes <2 consecutive overnight periods with access to adult supervision | At Sponsor's discretion | May walk unaccompanied to and from school/ bus stop. | YES | YES | YES Babysitters course required. |

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ACS: Military Family Life Counselor (MFLC)



Directory- USAG Humphreys as of 20 Aug

| | <u>MFLC</u> | <u>*Unit</u> | <u>Phone Number</u> | <u>Email</u> |
|----|-------------------------|----------------------|---------------------|--|
| 1 | Jocelyn Gamble-Mitchell | CYS | 010-8455-9520 | Jocelyn.Mitchell@leidos.com |
| 2 | Lisa Lee | CYS | 010-8497-6895 | Lisa.S.Lee@leidos.com |
| 3 | Catherine Little | 2 CAB | 010-8327-1776 | Catherine.Little@leidos.com |
| 4 | LaTasha Becton | 65th MED | 010-8401-4975 | Latasha.Y.Becton@leidos.com |
| 5 | Mina Vassey | 1 SIG | 010-5681-5304 | Mina.A.Vassey@leidos.com |
| 6 | Wilmise Gowins | 2ID Warrior Clinic | 010-2496-6179 | Wilmise.m.goins@leidos.com |
| 7 | LaDonna Holmes | 2ID Warrior Clinic | 010-5680-5271 | LaDonna.P.Holmes@leidos.com |
| 8 | Angelia Stafford-Harvey | 501st MI | 010-8324-7215 | Angelia.StaffordHarvey@leidos.com |
| 9 | Celeslie Valcourt-Hall | 8th Army | 010-5782-4219 | Celeslie.O.Valcourthall@leidos.com |
| 10 | Janell Jordan | 2 CAB | 010-8307-7320 | Janell.L.Jordan@leidos.com |
| 11 | Erica Dinwiddie | 94th MP BN | 010-8061-7591 | Erica.dinwiddie@leidos.com |
| 12 | Angeline Toussaint-Gunn | Adult Rotational | 010-7597-4904 | Angeline.ToussaintGunn@leidos.com |
| 13 | Hoson Naputi | Adult Rotational | 010-5813-6076 | Hoson.Naputi@leidos.com |
| 14 | Erin Maguire | Adult Rotational | 010-5799-8901 | Erin.A.Maguire@leidos.com |
| 15 | SooHyun Kim | 2ID Warrior Clinic | 010-9825-4610 | SooHyun.Kim@leidos.com |
| 16 | Chadwick Lyon | 35 th ADA | 010-2414-1857 | Chadwick.lyon@leidos.com |
| 17 | Dalsem Yang | 2ID Warrior Clinic | 010-5885-5915 | Dalsem.yang@leidos.com |

How to request embedded MFLC support:Provide the following data points to: silke.s.magahan.civ@army.mil:

Number of serviced population (AD, Adult FM, Children 5-12, Youth 13-18), Unit Name, and Unit POC





Humphreys Ham Jam: Food, Music, and Laughter!



- Saturday 7 Sept at the Flightline Tap Room
- Community BBQ Contest with Celebrity Pit Master Moe Cason
- Sign-up at the Flight Line Tap Room to enter
- Music by 8A Band, B3, and Texas Flood
- Adult Comedy Show with Mike E. Winfield and Adam Mamawala





DFMWR

Recreation

BUILD THE 8A TEAM: PREVENT HARMFUL BEHAVIOURS

WARRIOR ADVENTURE QUEST

Warm Weather Offerings



Warrior Adventure Quest POC
Mr. Kang, Sang Uk

- DSN (315) 755-1677 / COMM. 0503-355-1677
- **Email:** sanguk.kang.ln@army.mil
- USAG Humphreys BLDG 110
- Hours of Operation: Open Tue-Sat, 1000-1800

- White Water Rafting
- Water Skiing
- ATV
- Paintball
- Bungee Jumping
- Zip-lining



Enhance Quality of Life: Create Opportunities for Families

2024 SFA SPORTS



PICKLEBALL MIXER TOURNAMENT

- Community Level, must be 18 years or older (17 if Active Duty)
- Saturday, 7 September at Zoeckler Fitness Center (Bldg. 1296), 0900
 - **Registration Deadline:** Monday, 26 August (Register at any USAG Humphreys Fitness Center.)
 - For more information or questions, please contact Mr. Kim, Chi Hyon at DSN (315) 755-1049 or chihyon.kim6.ln@army.mil.



ROCK CLIMBING BEGINNERS COURSE

- Must be 18 years or older (17 if Active Duty)
- Wednesdays at Zoeckler Fitness Center (Bldg. 1296), 1700-1830
 - **Upcoming Courses:** 2,9,16, and 23 October and 6,13, 20, 27 November
 - **Registration:** Open for October and November.
 - **Cost:** \$20.00 per person (Includes 4 sessions.)
 - For more information or questions, please contact Mr. Kim, Hak Hun at DSN (315) 755-1678 or hakhun.kim2.ln@army.mil.



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Recreation

Enhance Quality of Life: Create Opportunities for Families

ARTS AND CRAFTS CENTER

- Make your visit to the Arts and Crafts Center to develop manual dexterity, self-confidence, visual acuity, safety awareness, and knowledge/skills directly transferable to Military occupational specialties!

- **Education Classes (Prerequisites to utilize certain services.)**

- Sewing Machine Orientation- \$20
- Woodworking Safety and Orientation- \$20
- 3D Printing Class - \$15
- Framing Studio Basic Orientation- \$30

- **Activities & Events**

- **Slime Café:** DIY Slime Package + Entry Fee- \$12, To-Go DIY Slime Package- \$10
- Art Workshops- Resin Fluid Art, Quilt-As-You-Go, Canvas Painting, Traditional Korean Art
- Ceramic and Pottery Lab
- Multi-Purpose Lab, Design your Own DIY Craft
- Crafts themed Birthday Party (Reservation)

- **Registration:** Walk-in or call DSN (315) 757-2296. First-come, first served.

- **Services**

- PCS broken object repair
- Custom Unit/Organization Crest or Logo
- Custom painting, furniture, fabrication or framing
- Helium balloons and gas charging
- Professional engraving
- Quilt stitching

- For more information or questions, please visit <https://humphreys.armymwr.com/programs/arts-and-crafts-center> or call DSN (315) 757-2296.



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Recreation

Enhance Quality of Life: Create Opportunities for Families

SFC RAY E. DUKE MEMORAL LIBRARY



Army MWR Library New Circulation System!

- A new way to browse and reserve all the library offerings you love!
 - Contact the library to update login credentials for the new system.
 - Once login credentials are updated, checkouts can be renewed, and physical items can be reserved from the library and picked up after.
- For more information or questions, please visit <https://www.armymwr.com/programs-and-services/libraries/new-circulation-system> or call DSN (315) 757-8126.

Back to School Resources

Visit the Library to spend afterschool hours in a comfortable environment. This includes spaces for programs and study room, and internet access!

• **Chill and Chat**

Opportunity to meet new teens and enjoy games, crafts, snacks, and pizza!

- Ages 13-17
- Tuesday, 24 September at Library Teen Lounge, 1430-1530



Enhance Quality of Life: Create Opportunities for Families

AUTOMOTIVE SKILLS CENTER

- **Do-It-Yourself (DIY) Services**

- Patrons must complete the mandatory Safety Orientation Class.

- Friday and Saturday, 1200
 - **Cost:** \$10
 - **Registration:** Every Friday and Saturday by 1200, on the day of class. (Register at the Automotive Skills Center, Bldg. 2250, call DSN (315) 756-8803, or online.)

- **Vehicle Safety Inspection**

- Monday, Thursday through Saturday, 1000-1800.
 - **Cost:** \$25
 - **Registration:** Walk-in, first-come, first-served!

- Choose your own date and time to register for auto care workshops listed below.

- Tire Care
 - Basic Brake Service
 - Basic Car Care
 - Merit Badge Car Care
 - Basic Alignment

- For more information or questions, please visit <https://humphreys.armymwr.com/programs/automotive-skills-center> or call DSN (315) 756-8803.



Enhance Quality of Life: Create Opportunities for Families

Volunteer Opportunities

- Volunteers need to provide their decorated vehicle and treats.
- Sign up via email to usaghspecialevnts@gmail.com with the information below.
 - Name
 - Phone number
 - Organization
 - Number of Vehicles
 - Types of Treats
 - Decoration Theme
- **Application Deadline:** Friday, 25 October
- All submissions are subject to screening prior to approval for treats, themes, and activities.
- All treats and decorations are subject to inspection upon entry to event site.
- For more information or questions, please call +82 050-3355-2679 / (315) 755-2679.





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BRAVO!



2024

BEST ON-BASE WINNERS • BIG BASE



HUMPHREYS



**OUTDOOR
RECREATION**
BEST ON-BASE ODR



**COLLIER
FITNESS CTR**
BEST FITNESS CLUB



**FLIGHTLINE
TAP ROOM**
BEST ON-BASE CLUB



**HUMPHREYS
LODGING**
BEST ON-BASE LODGING



**HUMPHREYS
MWR**
BEST MWR•FSS•MCSS





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USAG Humphreys BOSS



SENIOR MILITARY ADVISOR
CSM Drummond, Monty C.



PRESIDENT
SGT Rimalos, Laurengregg E.
Accepting Applications



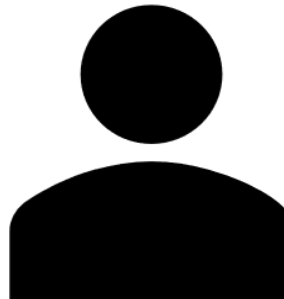
FMWR ADVISOR
Mr. Ranches, Lorenzo H.



VICE PRESIDENT CUOPS
SGT Owens, Jordan T.



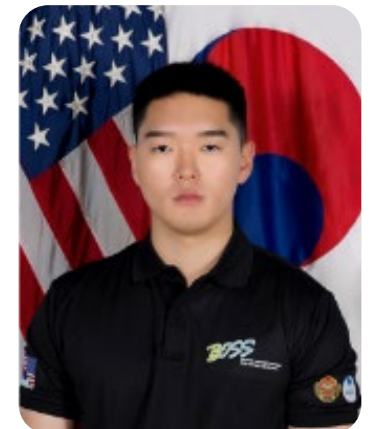
VICE PRESIDENT FUOPS
SPC Walters, George O.
Accepting Applications



TREASURER
VACANT
Accepting Applications



SECRETARY
VACANT
Accepting Applications



VICE PRESIDENT KATUSA
CPL Park, Sang Woo





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USAG Humphreys BOSS

OLD NEWS

- BOSS supported **3 Community Service Events**
- BOSS supported and fed over **290** Soldiers assisting with the **MWR's Appreciation Meals**.
- BOSS has raised around **\$84,000** in revenue so far during the **FY2024**.
- **SGT Rimalos** has been selected to become the IMCOM-P BOSS Rep

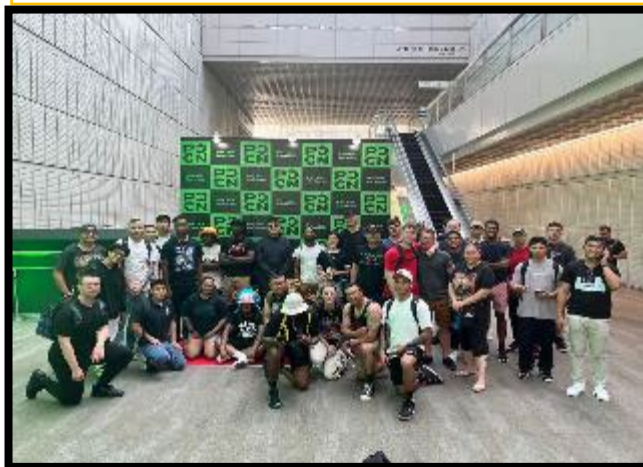
Inclusion Cup

August (Kickball @Balboni Field): **Postponed to SEP 6 @1400**

September: 9/11 Remembrance Ruck (Fastest 6 person Team)

Location: Balboni Field **Date/Time:** 11 SEP 24 @0550

| | Place | Brigade | Points |
|---|-------|----------------------|--------|
| ★ | 1st | 8 th Army | 96 |
| ★ | 2nd | IMCOM | 69 |
| ★ | 3rd | 65 th MED | 48 |
| | 4th | 19 th ESC | 45 |
| | 5th | 3CR (Rotational) | 32 |
| | 6th | 2ID | 25 |
| | 6th | 1SIG | 25 |
| | 7th | MSCK | 20 |
| | 7th | 21D DIVARTY | 20 |
| | 8th | 501 st MI | 18 |
| | 8th | 2CAB | 18 |
| | 9th | 2DSB | 13 |





USAG Humphreys BOSS

U.S. ARMY

September: Upcoming Events

What's Next?

- ★ 9/11 Remembrance Ruck
- ★ BOSS Support Group
- ★ BOSS House of Fear
- ★ BOSS Modeling Opportunity

Inclusion Cup Event:

9/11 Ruck: Fastest 6 Person Team
Date & Time: SEP 11 | 0600 - 1700
Location: Balboni Field #1

BOSS Rep Training:

Rep. Training (every first Tuesday of the month)
Date & Time: SEP 3 | 1400
Location: BOSS Office bldg.5724

Installation Meetings:

Date & Time: SEP 24 | 1400
Location: Downtown Recreation Center
bldg. 5724

MWR Appreciation Meal

Date & Time: SEP 10 | 1100-1300
Location: Downtown Lanes bldg.5722



Find out more about Quality of Life, Recreation & Leisure, Community Service, and Life Skills with Humphreys BOSS by visiting: humphreys.armymwr.com/programs/boss

Follow us on Social Media and hashtag #humphreysboss

 HumphreysBOSS

 usag_humphreys_boss

 HumphreysBOSS

Questions, Comments or Concerns:

Email: camphumphreysboss@army.mil

DSN: (315) 757-1647





U.S. ARMY

USAG Humphreys BOSS

9/11 Remembrance Ruck



BOSS Will be conducting their annual 9/11 Remembrance Ruck. There will be 3 paths, **Shanksville**, **Pentagon**, and **Twin Towers**. The ruck will be open to the community and will have food and drink available to aid in recovery.

We currently have 3/6 volunteer stations reserved. If you would like to have a tent to help pass out snacks, waters, or organizational handouts.

Uniform:

- OCPs w/ 25lb Ruck
- Water Source
- Reflective Gear (PT Belt, Vest, etc...)

POC: SGT Owens, Jordan T. BOSS Vice President

Email: jordan.t.owens5.mil@army.mil

DSN: 757-1647





U.S. ARMY

Army Substance Abuse Program

September 2024 Suicide Awareness Theme

“ We are Stronger Together, Connecting to Protect”

05 SEP Civilian Supervisor Annual Training
06 SEP Proclamation Signing by BG Sean Crockett
10 SEP ACE-SI Tier 1 Training
12 SEP Civilian Supervisor Annual Training
12 SEP Light Up The Night
13 SEP Honor Bead Walk
16 SEP Connecting through Mindful Movement Class
21 SEP Connecting through Hiking
23 SEP Connecting through Music
25 SEP Connecting through Food
30 SEP Connecting through Mindful Movement Class
1-30 SEP Making Strides Against Suicide Step Challenge

POC for all events: Kimberly Smith

Kimberly.a.smith545.civ@army.mil





U.S. ARMY

Army Substance Abuse Program

Community Wide Events

CONNECTING THROUGH MUSIC...

DID YOU KNOW THAT MUSIC THERAPY CAN REDUCE STRESS, IMPROVE MOODS, AND PROVIDE A POWERFUL MEANS OF SELF-EXPRESSION?

Suicide Prevention Awareness Month

Join us for a special session with Dr. Jihye Park, a certified music therapist and EAP with Special Musical Guest Chaplin Martin Cho. Together they will connect with and empower our community through the joy of singing.

SEPTEMBER 23, 2024 FROM 1330 TO 1430

**FOUR CHAPLAINS MEMORIAL CHAPEL
CAMP HUMPHREYS COMMUNITY**

SCAN QR CODE TO SIGN UP

ASAP

HONOR BEAD Walk

Join us in lighting the path to hope and healing at our annual Honor Bead Walk! This impactful event, invites participants to wear beads of different colors, each symbolizing their personal connection to the cause—whether in memory of a loved one, in support of a survivor, or to celebrate personal struggle and recovery.

LOSS OF A SIBLING
LOSS OF A PARENT
LOSS OF A FIRST RESPONDER / MILITARY
SUPPORTING THE CAUSE
PERSONAL STRUGGLE
LOSS OF A SPOUSE / PARTNER
LOVED ONE STRUGGLES
SUPPORTING LGBT
LOSS OF A FRIEND / RELATIVE
LOSS OF A CHILD

FRI. 13 SEPT. 2024 | 1000 - 1200

**START AT BALBONI FIELDS
ENDS AT 2ID HQ**

POC: KIMBERLY SMITH | kimberly.a.smith545.civ@army.mil

ASAP

Join us for

SUICIDE PREVENTION AWARENESS MONTH

AS WE COME TOGETHER TO SHINE A LIGHT ON THE CHALLENGES OF MENTAL HEALTH AND SUICIDE.

WE INVITE YOU TO LIGHT A CANDLE SYMBOLIZING HOPE, SUPPORT, AND SOLIDARITY WITHIN OUR COMMUNITY. REMEMBER, NO ONE IS ALONE, AND THERE IS ALWAYS A GLIMMER OF LIGHT, EVEN IN THE DARKEST TIMES.

HOST: ASAP PARTNERING WITH BOSS

SEPTEMBER 12, 2024, FROM 1900 TO 2030

DOWNTOWN RECREATION CIRCLE (BEHIND FAMILY THEATER)

**POC: KIMBERLY SMITH
kimberly.a.smith545.civ@army.mil**

ASAP





U.S. ARMY

Army Education Center

Army Education Center

Location: Bldg #657, Freedom Road

COMM: **0503-355-3600**

Hours of Operation:

Monday-Wednesday & Friday 8 a.m.-5 p.m.
Thursday 1-5 p.m.



UNIVERSITY OF MARYLAND
GLOBAL CAMPUS | ASIA

COMM: **0503-355-3532**

Hours of Operation:

Monday-Friday 8 a.m.-5 p.m.

EMBRY-RIDDLE
Aeronautical University

COMM: **0503-355-3535**

Hours of Operation:

Monday-Friday 8:30 a.m.-5 p.m.





U.S. ARMY

Army Education Center

Back-To-School 5K Run★

RECAP

Date: Fri, 16th AUG 2024
Start/Finish: Marne & 14th Street

*“Thank you to all communities for
your support.*

*It was successfully achieved thanks
to your assistance”*

- 424 participants
- Assisted by Camp Humphreys Army Education Center staff, volunteers from HHC and BOSS, UMGC, ERAU, U.S. Army Garrison Humphreys Command team, and all community leaders
- Created a positive experience for participants





U.S. ARMY

Army Education Center

Joint College Recognition Graduation Ceremony

USAG HUMPHREYS EDUCATION CENTER

SIGN UP NOW

Joint College Recognition Ceremony

Did you graduate between September 2022 and December 2024?

CAP & GOWN PROVIDED!!

Scan the QR code to register!



Walk for your Certificate, Associates, Bachelors, Masters, or PHD! All graduates are welcome at this event!

Date: Sept. 13, 2024
Time: 1730-1930
Morning Calm Center

FOR MORE INFORMATION
DSN: 755-3600
COMM: 0503-355-3600
usaghumphreysedctr@gmail.com

• UPDATES

- Enrollment Count – **86** (as of August 22nd, 2024)
- Estimated Guests – 360
- Cut-off Date: **August 26th, 2024**

• IMPENDING

- Walk through of Morning Calm Center for layout scheduled for **August 27th @ 0900.**
- Cap & Gown pick up starts on **August 19th** at the Ed Center.
- Safety Inspection scheduled for **September 13th @ 1000.**

Graduates:

- Camp Humphreys – 72
- Camp Henry – 2
- Camp Carroll – 4
- Osan AFB – 4
- Camp Casey – 2
- Kunsan – 1

- UMGC – 24
- ERAU – 8
- PHD – 5
- Master's – 22
- Bachelor's – 33
- Associates/Certificates - 24





Public Affairs Office

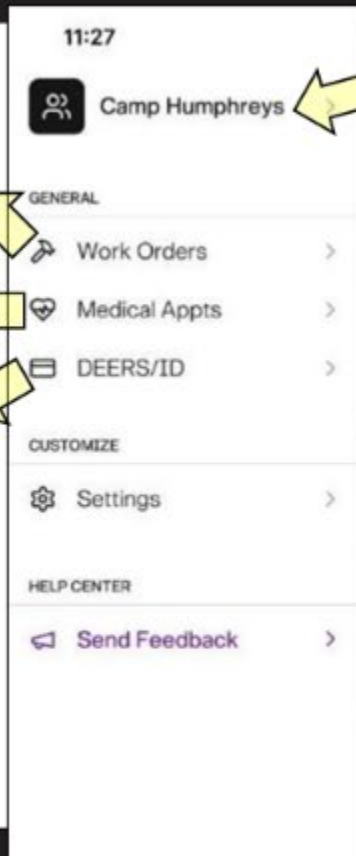
My Army Post

MyArmyPost



Try the Army's Newest
Mobile Application!

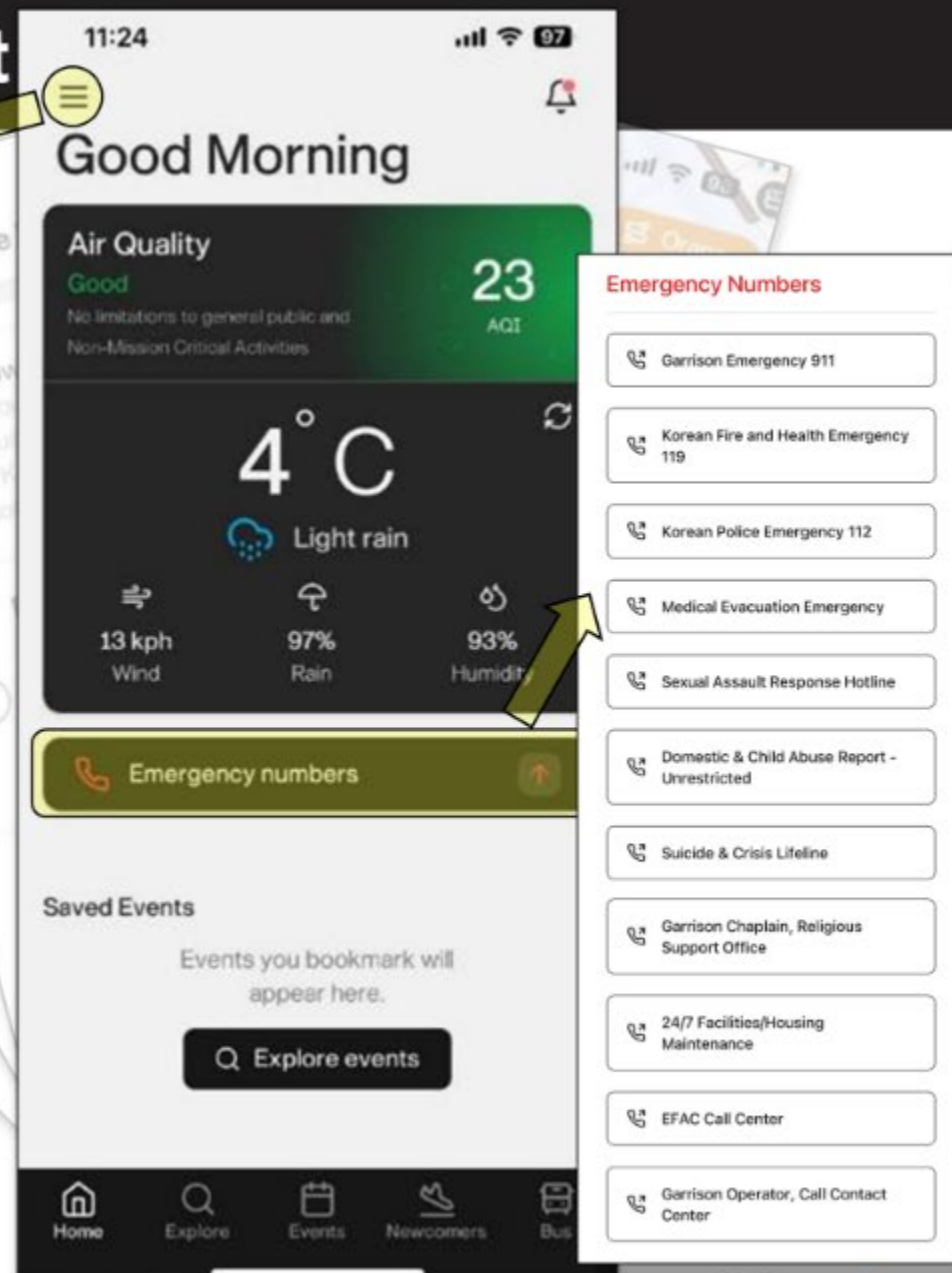
FIND THE MY ARMY POST APP
IN THE APP STORE



EXISTING FEATURES

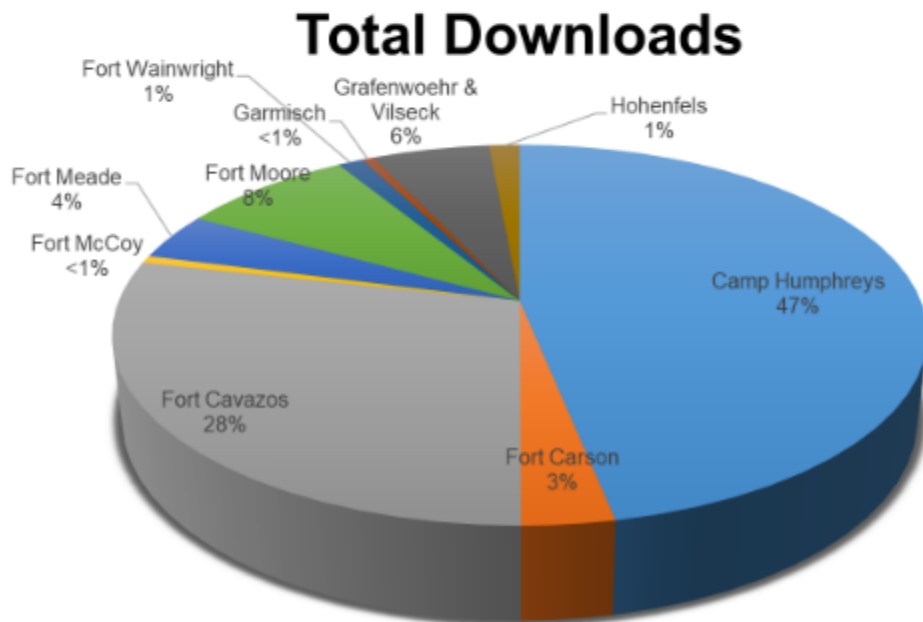
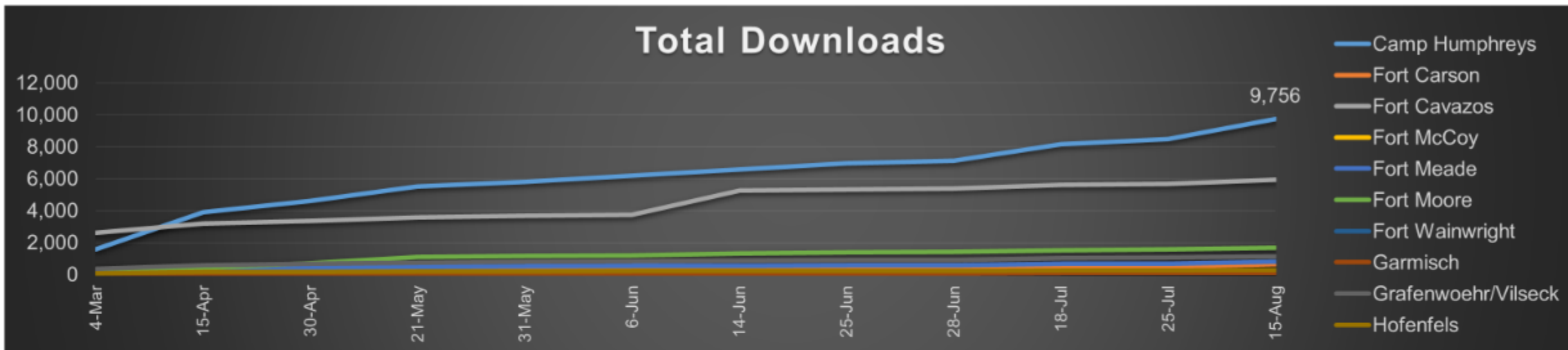
- One-click emergency calls
- Near real-time updates
- Installation-wide alerts
- Interactive bus routes
- Current Air Quality Index
- Newcomer information
- Intuitive search functions
- Bookmark common resources
- Resource alerts
- Events
- Maintenance requests
- MHS Genesis login

DOWNLOAD IT TODAY



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MY ARMY POST EXPANSION:

- **Tranche 1 (NLT 1 Sep):**
 - Daegu, Wiesbaden, Belvoir, Eisenhower, & Drum
- **Tranche 2 (NLT 15 Sep):**
 - Hawaii, Stuttgart, JBMHH, Hamilton, & Stewart
- **Tranche 3 (NLT 29 Sep):**
 - Japan, Benelux, Redstone, Sill, & Irwin
- **Tranche 4 (NLT 13 Oct):**
 - Yongsan-Casey, Italy, Rock Island, Leavenworth, & Bliss





U.S. ARMY

DPW Housing – Army Family Housing Ribbon Cutting



Army Family Housing (AFH090) Ribbon Cutting 13 September 2024 @ 15:00

Construction for three high rise multi-story family housing apartment towers (5050, 5051, 5052) to accommodate a total of 216 family dwelling units.





DPW Housing – Chuseok Holiday



Housing office will be closed
for the CHUSEOK Holiday
16 - 18 Sep 2024

Closure may affect inspections, clearing on/off post housing, Lodging TLA, installation clearance stamps, and flight departures. Please plan ahead with our office.





As the Summer Season/Peak Season comes to a close, The Housing Office has resumed regular office hours:

- Mon - Fri 0800-1600
- Closed 2nd Thursday of Every Month Until 1330
- Closed for Lunch – 1230-1330
- Closed American Holidays and Most Korean Holidays
- Open Most Training Holidays





U.S. ARMY

Religious Support Office



- **CWOC** will meet weekly throughout the year.

Every Tues, 0900-1200 at Rm 125, Freedom Chapel
Bldg. 695

- **KWOC** Kickoff: 20 August 2024

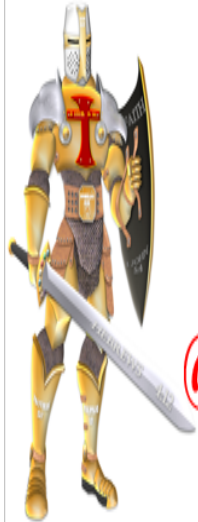
Every Tues, 1000-1100 at Freedom Chapel
Sanctuary area
Bldg. 695





U.S. ARMY

Religious Support Office



MEN OF THE MORNING CALM MINISTRIES

MEN'S MONTHLY BREAKFAST

0830, 21 SEP 2024 AND EVER 3RD SATURDAY

@ BLDG 2230 FOUR CHAPLAINS MEMORIAL CHAPEL

SPEAKER: CH (MAJ) MATTHEW HEBEBRAND

FREE FOOD FOR YOUR BODY AND SOUL!!

DAD'S REMEMBER TO BRING YOUR SON'S

AND TRAIN THEM UP!!

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER!"

For information call: 010-8247-3933



SEPTEMBER 23, 2024
FROM 1330 TO 1430



SUICIDE PREVENTION AWARENESS MONTH

Special Musical Therapy
By Chaplain (COL) Martin Cho
& Dr. Jihye Park

**FOUR CHAPLAINS
MEMORIAL CHAPEL
FELLOWSHIP HALL**



WE ARE THE ARMY'S HOME





U.S. ARMY

Directorate of Emergency Services

Personal Transportation Devices (PTDs)

Bicycles, Personal Transportation Devices (PTDs), and Play Vehicles:

IAW USFK Policy Letter #12 USFK Regulation 190-1 Motor Vehicle Traffic Supervision Interim Update Concerning Personal Transportation Devices

- The Republic of Korea (ROK) updated the Road Traffic Act, which changed the definition of PTD and requirements for licensing, registration, and operation. Effective immediately the definition for PTD changed the maximum speed of no more than 25 kph.
- **Moped style PTD that exceed speeds of 25 kph are considered motorcycles and must comply with all motorcycle training, licensing, registration, and operating requirements.**
- The operator must obtain a ROK government issued vehicle registration and attach a valid ROK government motorcycle license plate to the rear of the vehicle.
- The operator must have valid vehicle insurance that is recognized by the ROK government.
- The operator must upgrade their PTD license to a USFK Motor Vehicle Operators Permit (USFK Form 134EK) and can no longer utilize a USFK Personal Transportation Device Operators Permit (USFK Form 134EK-PTD).
- Motorcycles must pass a USFK or ROK government motorcycle vehicle safety inspection.
- In accordance with DODI 6055.04, DoD Motor Vehicle and Traffic Safety, Service Members wishing to operate a motorcycle must attend a Motorcycle Safety Foundation (MSF) course.
- Operators must register their vehicle in Defense Biometric Identification System (DBIDS) and obtain a USFK vehicle decal.
- **PTDs that require the operator to stand up during operation of the PTD shall not exceed speeds of 25 kph. PTDs that require the operator to stand up during operation of the PTD that can exceed speeds of 25 kph are prohibited from use on and off USFK installations.**

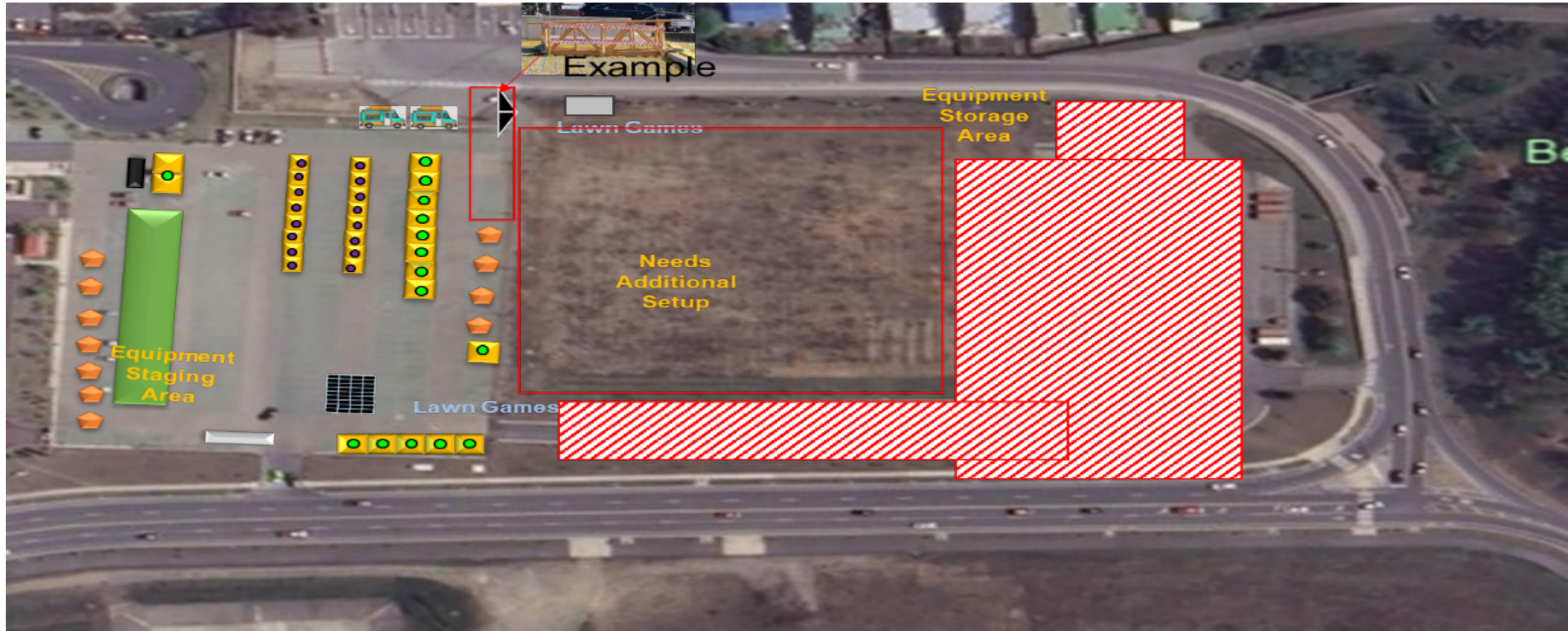
Personal Protective Equipment (PPE) is required when operating a PTD





Directorate of Emergency Services

Ham Jam & Fall Festival Parking Lot Closure (16AUG – 25OCT)





U.S. ARMY

Directorate of Emergency Services

High School Homecoming Parade (27SEP24 1300hrs)





U.S. ARMY



Newly Installed **Bi-directional** Traffic Enforcement Cameras



● **One-directional** Camera detects:

Only (1) signal & speed violations of **approaching vehicles** within 20-30m ahead

● **Bidirectional** Camera detects:

- (1) signal & speed violations of **approaching vehicles**
- (2) signal & speed violations of **vehicles in the opposing lane**
- (3) signal & speed & helmet violations of **motorcycles with only rear plates in the opposing lane.**

★ Starting in March 2024, a total of 646 bidirectional cameras will be installed nationwide by the end of the year.



Illegal Gambling at “Hold'em Pubs” on the Rise



■ What is a ‘Hold'em Pub’?

It combines 'hold'em,' a card game, with a 'pub,' a place that sells alcohol. These establishments charge an entry fee, provide game venues and chips.

■ Is a ‘Hold'em Pub’ illegal in Korea?

Simply receiving chips and enjoying the game is not illegal.

However, it becomes illegal if you play the game at the pub that :

- Gives cash or physical items to players
- Allows the exchange of chips, points, or other game rewards for cash or goods
- Permits game points to be used for entry fees

Such activities are considered illegal gambling and pub owner can face penalties for operating what is classified as a pseudo-casino.

■ Punishments & Exceptions

A fine of up to **ten million won** under Article 246 of the Criminal Act, except at the **17 government-licensed facilities** nationwide.

- Habitual gambling: Up to 3 years imprisonment or a fine of up to 20 million won
- Pseudo Casino Operation: Up to 7 years imprisonment or a fine of up to 70 million won



Exchange – Main Store

U.S. ARMY



Transformers Event

- › Join us for a timed Transforming Challenge!
- › Date & Time: 14 Sep (Sat), 11:00-13:00
- › Location: Toy Section



Korea Traditional Game

- › Happy Chuseok~ Let's play Jegichagi & Tuho!
- › Date & Time: 17 Sep (Tue), 11:00-13:00
- › Location: Main Store Entrance



Rice Cake Free Giveaway

- › First 100 customers receive a Rice Cake!
- › Date & Time: 17 Sep (Tue), 12:00
- › Location: Main Store Entrance





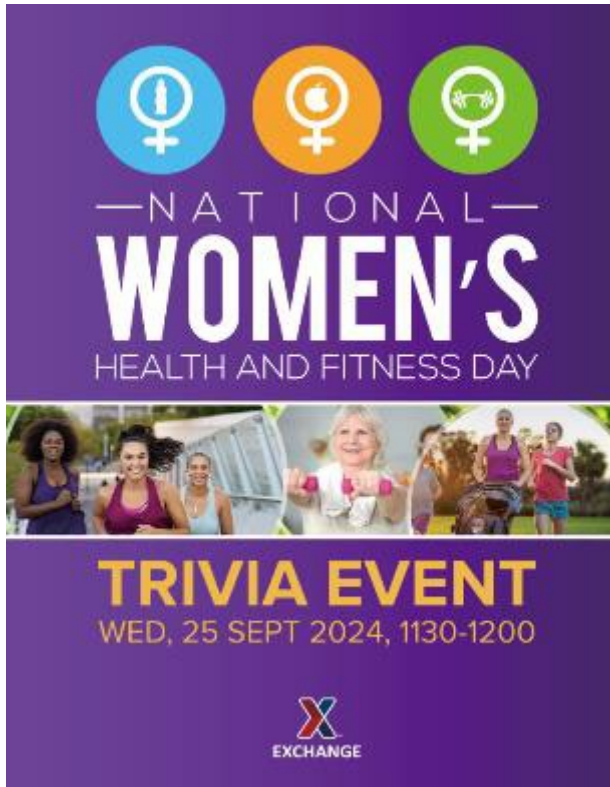
U.S. ARMY

Exchange – Main Store



Nintendo Switch Demo

- › Come & Enjoy the Mario Kart Game!
- › Date & Time: 21 Sep (Sat), 11:00-13:00
- › Location: PowerZone



National Women's Health & Fitness Day

- › Trivia Event
- › Date & Time: 25 Sep (Wed), 11:30-12:00
- › Location: Main Store Entrance



NERF SUPER EVENT

- › Date & Time: 28 Sep (Sat), 11:00-13:00
- › Location: Toy section





U.S. ARMY

Exchange

Grand Opening!

QDOBA

MEXICAN EATS®

12 SEPTEMBER, 09:00
Family Mini Mall QDOBA
(Bldg 2270)

13 SEPTEMBER, 09:30
Sentry Mini Mall QDOBA
(Bldg 400)





The Morning Calm Center
USAG HUMPHREYS

WINE FEST

\$39 EARLY BIRD
AUG 1- OCT 4

\$50 AT THE DOOR
SPACE PERMITTING

SAMPLE OVER 100 WINE SELECTIONS
HEAVY HORS D'OEUVRES with CARVING STATION
DESSERTS • HOT & COLD APPETIZERS
BEVERAGE STATION

05 Oct 2024 (Sat), 15:00-19:00



SCAN FOR REGISTRATION LINK
DSN (315) 755-1264 • COMM 070-7597-3800
Humphreys.ArmyMWR.com

EXPRESS

21+
CHILDREN WILL NOT BE ADMITTED





U.S. ARMY

Exchange



365 Chiropractic & Sports Rehabilitation Clinic



Chiropractic Care

- Including Pregnant Women, Infants & Toddlers



Exercise & Physical Therapy

- Sports Injury Prevention & Recovery
- Post Surgery Recovery
- Posture Correction
- Electrical Muscle Stimulation
- Tens
- Ice & Hot Therapy



Diet & Nutrition Counseling



CONTACT US

031-655-1446



365chiropractic-k6.com



Coming Soon

Sentry Mini Mall Bldg. 400





U.S. ARMY

Exchange



Panda Express Coming Soon

**Troop Mini Mall
Bldg. 6803**

Estimated opening in Fall 2024



WE ARE THE ARMY'S HOME

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U.S. ARMY

Humphreys Commissary



Sidewalk Sale Savings Coming to Camp Humphreys Commissary in September!

Humphreys Commissary Sidewalk Sale

Dates: September 12 - September 15 (While supplies last, weather permitting. Date subject to change.)

Available Categories:

- Food and Pet Food
- Baby Products
- Paper Towels and Toilet Paper
- Trash Bags and Cleaning Products and MUCH MORE!

Enjoy increased savings on a variety of items!

See you then!



Humphreys Commissary

TO PRINT THE FORM CLICK HERE

COMMISSARY INTERNET SPECIAL ORDER FORM

To get more savings, find items on sale at your store by scanning this QR code with your phone...

STORE NAME: _____

☐ GROCERY DEPARTMENT ☐ DELI ☐ MEAT DEPARTMENT ☐ PRODUCE DEPARTMENT
☐ BAKERY ☐ SUSHI ☐ SEAFOOD DEPARTMENT ☐ SPECIALTY SHOPS

| ITEM DESCRIPTION OR NOMENCLATURE | U.M. | UPK. | ITEM UPC CODE | Cases |
|----------------------------------|------|------|-----------------|-------|
| | | | 0 00000 00000 0 | |
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DATE ITEM(S) NEEDED: _____ PATRON'S NAME: _____

EMAIL ADDRESS: _____ PHONE NUMBER: _____

EMPLOYEE ACCEPTING ORDER: _____ COMSY PHONE NUMBER: _____ TODAY'S DATE: _____

DECA Form 48-299, Mar 2014 Supersedes DECA Form 48-299, Mar 2013

For all your upcoming holiday and family gathering needs year round!

Fill out the "Special Order" form located at:
<https://corp.commissaries.com/shopping/special-orders>.

This form is only to be used to order items that are carried at your Humphreys Commissary.

Print out the completed form and take it to the commissary or email it as an attachment to
CampHumphreys.commissary@deca.mil

We need at least 72 hours notice to ensure your products can be ordered and to allow for shipment lead times.



U.S. ARMY

DoDEA – Important Information & Dates

****Schools Need Substitute Teachers****



<https://www.usajobs.gov/GetJob/ViewDetails/604921500>

DoDEA Pacific West Information Site



<https://www.dodea.edu/pacific/pacific-west/usag-humphreys-schools>



No School for Students:

Mon, 16 September – Full Day Mandatory Training – No school for Students (Observance of Chuseok Day)
 Fri, 11 October – Recess Day – No School for students and teachers
 Mon, 14 October – Columbus Day (Federal Holiday)



Upcoming School Dates:

3 September - First day of Pre-k

Upcoming School Events:

- Tues 10 Sept – HMS Open House
- Weds 11 Sept – HWES Open House
- Thurs 12 Sept - HHS Open House
- Fri 27 Sept – HHS Homecoming Parade & Game
- Sat 28 Sept – Homecoming Dance



School Office Hours: 0700 – 1600 hrs.

School registration website: <https://dodeasis.myfollett.com/aspen/logon.do>

WE ARE THE ARMY'S HOME





U.S. ARMY

Brian D. Allgood Army Community Hospital

Army Public Health Nursing (APHN) – Annual Influenza Vaccination Program

Flu Drive Initial Announcement:

Army Public Health Nursing will be hosting Flu Vaccine Drives during the month of October at USAG Yongsan-Casey, USAG Humphreys, and USAG Daegu.

Specific dates, times, and locations will be provided once confirmed.

How to Prepare in the Meantime:

1. Make sure you and/or your child are registered on MHS GENESIS and records are up to date.
2. Download and fill out the Screening Form (DHA Form 116). Only one form per person/per child.

DHA FORM 116 (AUG 2024) can be found here:

<https://www.health.mil/Reference-Center/Forms/2024/08/13/Pediatric-and-Adult-Influenza-Screening-and-Immunization-Documentation>

NOTE: All information on this slide subject to change with or without notice.



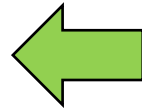


Brian D. Allgood Army Community Hospital

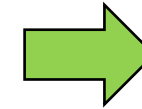
BDAACH Appointments 101

HOW TO BOOK

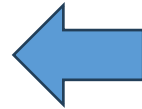
Send a Secure Message to
your Healthcare Team



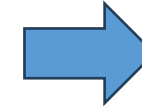
MHS GENESIS Patient Portal
<https://my.mhsgenesis.health.mil>



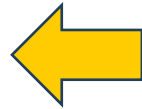
Call



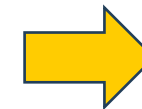
Central Appointment Line
DSN: 315-737-CARE (2273)
Cell (Off Post): 0503-337-2273



Call or Visit



Clinic Front Desk



HOW TO CANCEL

Click 'Cancel' under
Appointments

Call

Call or Visit





U.S. ARMY

Brian D. Allgood Army Community Hospital

Patient Family Partnership Council (PFPC) – Apply to be a Council Member!

Have you or a family member received care at an MTF in the last year?
Do you want to provide a voice for patients and improve the quality of care?

We're looking for volunteers to become Patient and Family Council Members! We're interested in Senior and Junior **Active-Duty Service Members, Spouses/Family Members**, as well as **Retirees** and **Civilians**.

WHAT is a PFPC Council Member?

A Council Member is someone who:

- Wants to help improve the quality of care for all patients and family members.
- Gives feedback to the medical staff based on their own experience as a patient or family member.
- Helps plan changes to improve how we take care of patients.
- Provides a voice that represents all patients and families who receive care at MTFs (Military Treatment Facilities).

WHY should you become a PFPC Council Member?

- If you or your family member received care at an MTF, did you think there were things we could have done better?
- Do you have ideas about how to make sure other patients and families get the best care possible?

**FIRST PFPC
MEETING
ON OCT 4 @
1300-1400**

SPEAK UP!
YOUR VOICE MATTERS





U.S. ARMY

Brian D. Allgood Army Community Hospital

Patient Family Partnership Council (PFPC) – Apply to be a Council Member!

Is being a PFPC Council Member right for you?

Being a Council Member may be a good match with your skills and experiences if you can:

- Speak up and share suggestions and potential solutions to help improve hospital care for others.
- Talk about your experiences as a patient or family member – but also think beyond your own personal experiences.
- Talk about both positive and negative care experiences and share your thoughts on what went well and how things could have been done differently.
- Work with people who may be different than you. Listen to and think about what others say, even when you disagree.
- Bring a positive attitude to discussions.
- Keep any information you hear private and confidential.

Council Member Requirements

All Council Members must sign an NDA (Non-Disclosure Agreement)

- Spouses & Family Members: Must complete HIPAA and Privacy Training.
- Active Duty & Red Cross Volunteers: No training requirements

FIRST PFPC MEETING ON OCT 4 @ 1300-1400

More Info/How to Apply

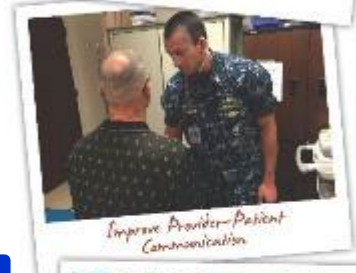
Patient Advocate Office

DSN: 315-737-1125/1126 **COMM:** 0503-337-1125/1126

Email: usarmy.humphreys.medcom-kor.mbx.patient-advocate-office@health.mil



Take an Active Role



Improve Provider-Patient Communication



Be Heard



Make a Difference in the Care of Service Members and Their Families





U.S. ARMY

Armed Forces Wellness Center

**NO REFERRALS NEEDED
QUICK APPOINTMENTS
FREE AT NO CHARGE**

- Body Composition Analysis
- Resting Metabolic Rate Testing
- Fitness Testing
- VO2 Submax/Max Testing
- Exercise Prescription
- In person/Virtual Health Coaching



Bldg 578
DSN: 315-737-5758
COMM: 010-3337-5758



SCAN ME

**AVAILABLE TO
MILITARY PERSONNEL
DEPENDENTS
DOD CIVILIANS
RETIREES**

SEPT 2024 CLASS SCHEDULE

9/3 @ 1000 – Performance Optimization
9/4 @ 1000 – Healthy Sleep Habits
9/6 @ 0800 – Upping Your Metabolism
9/10 @ 1000 – Stress Management
9/11 @ 1000 – Fueling For Health
9/13 @ 0800 – Meals in Minutes
9/18 @ 1000 – Upping Your Metabolism
9/20 @ 0800 – Stress Management
9/24 @ 1000 – Fueling For Health
9/25 @ 1000 – Meals In Minutes
9/27 @ 0800 – Performance Optimization



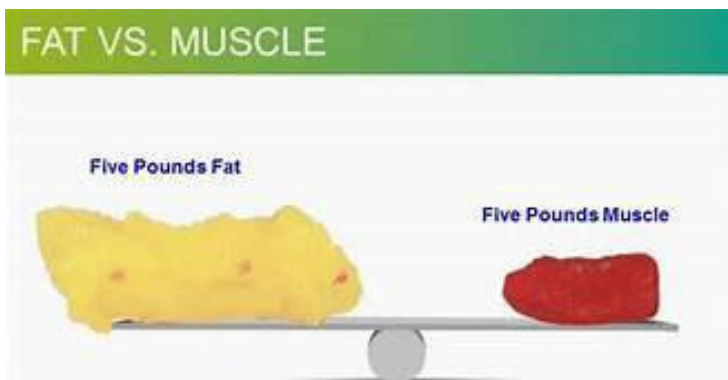


U.S. ARMY

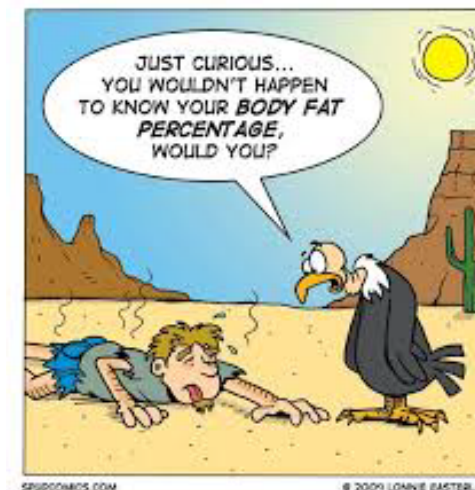
Armed Forces Wellness Center

Service

Muscle is denser than body fat. Sedentary muscle mass burns 6 calories per pound per day fat only burns 2 calories per pound per day.



Discover your body composition (Body fat %) by using the **Bod Pod**



Hours:

Monday – Thursday - 0750-1600

Friday – 0750-1200

Address & Phone:

Bldg 578

DSN: 315-737-5758

COMM: 010-3337-5758





U.S. ARMY

Armed Forces Wellness Center

Classes

Fueling For Health

Attendees will learn the fundamental components of nutrition including macronutrients, vitamins, minerals, and water consumption. This class discusses the most up to date dietary guidelines to educate individuals on proper nutrition in accordance with USDA recommendations.



Who can visit the Armed Forces Wellness Center?

- Active duty, DOD Civilians, and any family members over the age of 18.

How can I set up a class for my unit?

- Call the Wellness Center and a form will be emailed to you. Fill out Day, time, and what class you are interested in. We have space for 25 soldiers in our facility, or we can come to you.

How do I certify my NCO's and above with the new taping protocols?

- We teach the AR600-9 taping class. We have space for 25 soldiers in our facility, or we can come to your unit.





U.S. ARMY

Dental Health Activity – Korea

Dental Readiness

It's part of your "fight tonight" medical readiness

Dental One-Stop Available Services

DAILY WALK-IN EXAMS FOR SERVICE MEMBERS
DUE FOR AN ANNUAL EXAM WITH 60-DAYS

MASS EXAM EVENTS COORDINATED FOR UNITS

LIMITED SAME DAY/NEXT DAY SCHEDULED EXAM
APPOINTMENTS TO REDUCE THE WAIT TIME

07:30-16:30, Monday-Friday
Closed for Lunch 11:30-12:30

USAG Humphreys, Maude Hall,
Building 6400, 2F J208



CARIUS DENTAL CLINIC



OUR SERVICESS

- ✓ SICK CALL
- ✓ DENTAL READINESS
- ✓ PERIODONTICS
- ✓ PROSTHODONTICS
- ✓ ENDODONTICS

HOURS OF OPERATIONS

MONDAY - FRIDAY
7:30 a.m. - 4:30 p.m.
(EXCLUDING FEDERAL HOLIDAYS)

COMMERCIAL APPOINTMENT
0503-337-9206/9207

DSN APPOINTMENT
315-737-9206/9207

BLDG. 3020/ USADC
CARIUS # 15660/ APO
96271

WE ARE THE ARMY'S HOME





U.S. ARMY

Veterinary Services



CAMP HUMPHREYS Pet Readiness Clinic

BRING YOUR PET NEO PACKETS, IMMUNIZATION
RECORDS & YOUR QUESTIONS!



THIS CLINIC IS DESIGNED TO PREPARE FAMILIES & PETS FOR A
REAL WORLD EVACUATION FROM THE PENINSULA. OUR TEAM
CAN HELP YOU ENSURE YOUR PETS ARE UP TO DATE ON
REQUIRED TREATMENTS AND HAVE PROPER DOCUMENTATION
SO THEY ARE READY TO GO.



Located at the Camp Humphreys Veterinary Treatment
Facility, Building 2260

SEPTEMBER 27, 2024

From: 1000 -1600

Have pet NEO packet questions? We'll answer those for FREE!*

OTHER AVAILABLE SERVICES:

- Microchip (ISO compliant)
- Rabies Vaccine
- Distemper Vaccine
- Bordetella Vaccine
- Lepta Vaccine
- FVRCP Vaccine
- Heartworm Test

*All other services require a physical exam. Normal rates apply. Payment due at time of service.
*Last check in is at 1545.



Questions?
Call Camp Humphreys
VTF at
0503-337-9720/9721



SEPTEMBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-------------------------|---|--------------------------------|---|---|---|-------------------------|
| 1 CLOSED WEEKEND | 2 LABOR DAY CLINIC CLOSED | 3 ALL APPOINTMENTS | 4 ALL APPOINTMENTS | 5 WELLNESS & HEALTH CERT APPT. ONLY | 6 WELLNESS & HEALTH CERT APPT. ONLY | 7 CLOSED WEEKEND |
| 8 CLOSED WEEKEND | 9 WELLNESS & HEALTH CERT APPT. ONLY | 10 ALL APPOINTMENTS | 11 SURGERY DAY ALL APPOINTMENTS | 12 WELLNESS & HEALTH CERT APPT. ONLY | 13 WELLNESS & HEALTH CERT APPT. ONLY | 14 CLOSED WEEKEND |
| 15 CLOSED WEEKEND | 16 RECEPTION ONLY | 17 CHUSEOK CLINIC CLOSED | 18 OCTOBER CALENDAR OPENS ALL APPOINTMENTS | 19 WELLNESS & HEALTH CERT APPT. ONLY | 20 WELLNESS & HEALTH CERT APPT. ONLY | 21 CLOSED WEEKEND |
| 22 CLOSED WEEKEND | 23 WELLNESS & HEALTH CERT APPT. ONLY | 24 ALL APPOINTMENTS | 25 ALL APPOINTMENTS | 26 WELLNESS & HEALTH CERT APPT. ONLY | 27 PET READINESS DAY | 28 CLOSED WEEKEND |
| 29 CLOSED WEEKEND | 30 CLINIC CLOSED; OPEN FOR OUT PROCESSING ONLY | | | | | |

WM
OF FORT

CAMP HUMPHREYS SEPTEMBER CLINIC SCHEDULE

Open for Full Operations Except:

- SEP 2 (LABOR DAY): **CLOSED**
- SEP 16: RECEPTION ONLY
- SEP 17 (CHUSEOK): **CLOSED**
- SEP 30: OUT PROCESSING ONLY
- WEEKENDS: **CLOSED**

Hours of Operation:

- Monday, Wednesday - Friday:
0900-1200 & 1300-1600
- Tuesday:
0900-1200 & 1330-1600

OCTOBER SCHEDULE OPENS ON SEP 18

WE ARE THE ARMY'S HOME

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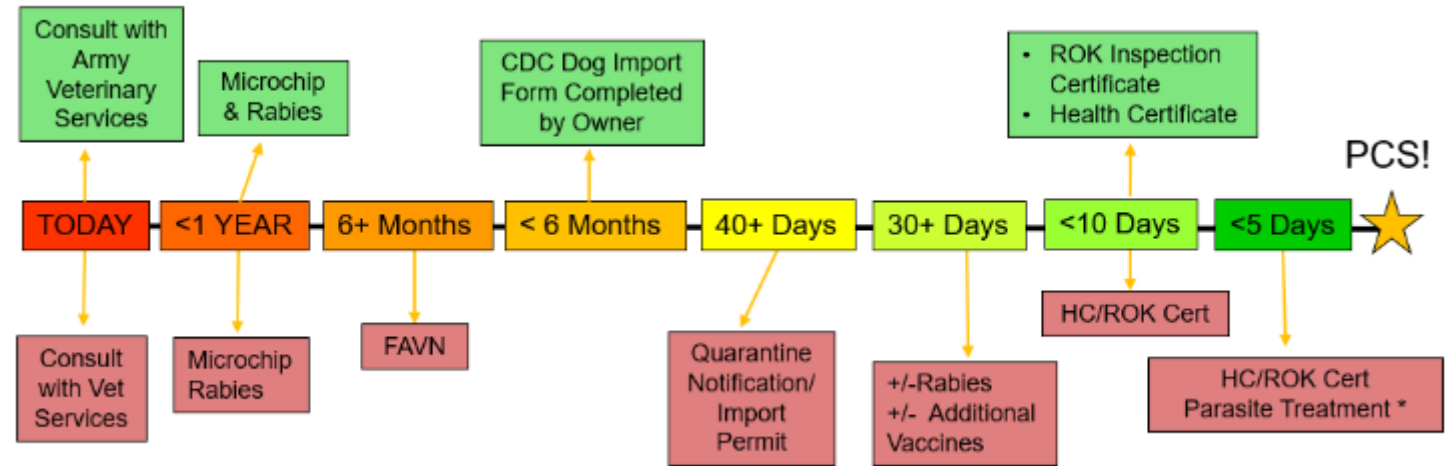
PCSing with PETS from Korea:

CONUS

- > 6 months old of age (dogs only)
- Appears healthy upon arrival (dogs & cats)
- Rabies Vaccine with Rabies Certificate (dogs & cats)
- ISO Compliant Microchip and its number listed on all required documents (dogs & cats)
- CDC Dog Import Form (dogs only)
- Health Certificate (dogs & cats)
- ROK Inspection Certificate (dogs & cats)
- Consult with Veterinary Services as soon as possible if your dog has visited a rabies high-risk country within the 6 months before arriving to the U.S. as additional requirements apply.

OCONUS:

- Rabies Vaccine with Rabies Certificate (dogs & cats)
- ISO Compliant Microchip and its number listed on all required documents (dogs & cats)
- Valid FAVN (dogs & cats)
- Health Certificate (dogs & cats)
- ROK Inspection Certificate (dogs & cats)
- Quarantine Notification/Entry Permit Request (dogs & cats)
- Proof of Additional Vaccines/Parasite Treatment
 - DAPv, Leptospirosis, Parainfluenza, Bordetella (dogs)
 - FVRCP, FeLV (cats)
 - Endo/Ectoparasites (dogs & cats)



If you are preparing to PCS with your pet(s), contact your local Veterinary Treatment Facility **AS SOON AS YOU RECEIVE ASSIGNMENT INSTRUCTIONS** for help ensuring that your pet is prepared to fly!





U.S. ARMY

AMERICAN RED CROSS



American
Red Cross



American
Red Cross

Service to the Armed Forces

3 Ways to Request a Red Cross Message

AVAILABLE 24/7

By Phone:

1-877-272-7337

Website:

www.redcross.org/HeroCareNetwork

Hero Care App:



Hero Care

Information needed to Initiate a message

- Service member's full name and rank or rate
- Branch of service
- Last four of Service member's social security number and DOB
- Military unit or squadron
(If Possible Good Unit Contact Number for delivery)
- Installation and ZIP code or APO/FPO address
- Description of the emergency and who is involved
- Local point of contact for consent
- Verification source (Doctor, funeral home, law enforcement agency, etc.)

VISIT/CALL OUR OFFICE FOR ASSISTANCE:
DSN- 315-757-2348

WE ARE THE ARMY'S HOME

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U.S. ARMY



Emergency Communication Messages

Red Cross Messages provide objective, timely, confidential, factual, complete and verified information about **emergency** or potential **emergency** situations involving service members and their immediate family members, which can assist service members and military authorities in making informed decisions regarding leave.

Service Requirement

- Must be an emergency
- Must involve an immediate family member
- Must be verifiable

Immediate Family is...

- Your and your spouse's:
- Children/step-children
 - Parents/step-parents
 - Siblings/step-siblings
 - Grandparent or other person in loco parentis (see your leave regulations for details)





U.S. ARMY

AMERICAN RED CROSS



American
Red Cross



American
Red Cross

Service to the Armed Forces



HOURS

Mon-Fri 8am-4:30pm



DSN: (315) 757-2348
COMM: 0503-357-2348



SAFHumphreys@redcross.org



Maude Hall, Bldg 6400
2nd Floor, Room M201

Red Cross Classes

Adult & Pediatric First Aid/ CPR /AED: \$18

(Standard course for anyone)

September

Monday 9 September 1600-1900

Friday 13 September 1300-1600

Sunday 15 September 0900-1200

Wednesday 25 September 0900-1200

Babysitting Basics & Pediatric First Aid/CPR/AED: \$15

(11yrs old and up)

Keeps in guidelines with Child Supervision Age
matrix

Dates: contact to be added to waitlist

BLS: \$12

(Traditionally for medical personnel, refresh)

Dates: contact to be added to
waitlist

Payment: debit or credit, no cash

For more information
check out our
Facebook page



HumphreysARC





U.S. ARMY



- Disaster Action Team
- Volunteer Engagement
- CPR instructors
- And more...



QR code to Red Cross
Volunteer Connection to
create an account



Family Force Protective Initiative (FFPI) Dependent Masks

Two types of Family Force Protection Initiative (FFPI) dependent masks

❑ FFPI Masks for Non-Combatants

- Infant Chemical Agent Protective System (ICAPS) for 0-8 years of age
- CH-15 Escape Hood Carrier for Adults & Children (9-years and up)

ICAPS: 0~8 years of age

- LIN: HA400J
- Nomenclature: Infant and Child Shield Hood



CH-15: 9 years and older

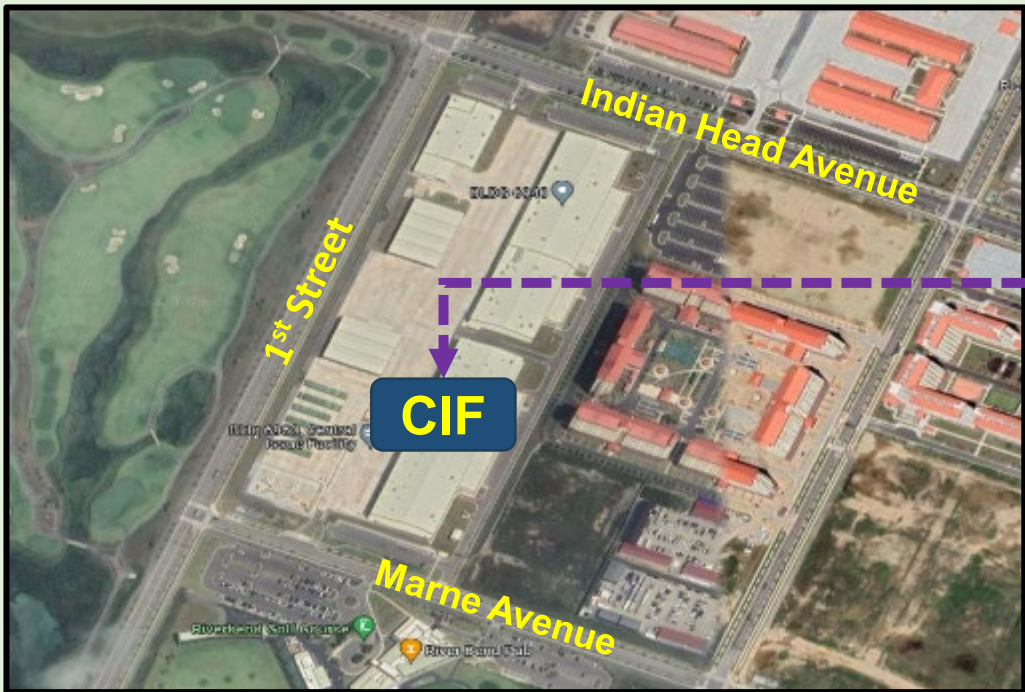
- LIN: HA400J
- Nomenclature: Escape Hood Carrier





U.S. ARMY

Family Force Protective Initiative (FFPI) Dependent Masks



Location: P6950 (SPT60) across from the Camp Humphreys Golf Course

Hours of Operation (No Appointments)

- ☐ **Monday - Friday: 0730 ~ 1100: Issue and DX only**
- ☐ **Monday - Thursday: 1300 ~ 1600: Turn-in and Partial turn-in only**
- ☐ **Thursdays: 19th HRC priority - Expect longer queues**
- ☐ **Friday Afternoons: CIF will be closed due to inventories and training**

CIF Manager: 755-3803

Main Office: 755-3800/1785

RECON: 755-1781

FLIPL: 755-2505

AFSBn-Korea





U.S. ARMY

KOREAN THEATER RECEPTION COMMUNITY UPDATE



Welcome Wagon of Korea

Volunteer Initiative



Our mission is to greet every bus arriving with incoming Soldiers and Families with a friendly smile, a snack, and an information packet. Our goal is to help support the 19th Human Resources Company as they provide their Day-0 arrival brief to Soldiers and their Families.

Volunteer time commitment is approximately one to two hours.

We have opportunities seven times per day/seven days per week, with extra needs when Osan (Patriot Express) flights arrive.

For more information contact:

Kelly Karwel-Welcome Wagon of Korea Coordinator at:

w.w.ofkorea@gmail.com

You can also find us on fb at: [Camp Humphreys Welcome Wagon Volunteers](#)

Located on VMIS under: [19th HRC Welcome Wagon of Korea](#)

*Thank you for your
Consideration!*





U.S. ARMY

KOREAN THEATER RECEPTION COMMUNITY UPDATE



Welcome Wagon of Korea Volunteer Initiative

Donation Wish List:

2030 bus and beyond:

Microwaveable meals:

- Mac n Cheese Cup
- Noodles Popcorn
- Other Single Serving Snacks

All buses:

Single Serving:

- Cookies Crackers
- Beef jerky Trail mix
- Granola Bars Nuts
- Chips Protein bars
- Fruit Snacks

Nonperishable:

- Forks
- Napkins

All buses (Unaccompanied):

Toiletries travel size:

- Toothbrushes and paste
- Razors and shaving cream
- Deodorant
- Shampoo and Conditioner

Approximately 10,000 Soldiers and Family Members come through Camp Humphreys each year. So far we have been able to provide bags for 102 unaccompanied Soldiers and 27 accompanied with 45 dependents. We have met 538 total combined on Osan buses (no bags). As of today, we have five active volunteers and three active administration volunteers.

We have seen the significant impact that a simple smile, small snack, and a bit of information can make on those coming to South Korea.

We have also noticed the need for microwaveable meals for those coming in at 2030 and later. Many spouses have asked where they can get food, and the only response right now is to take a taxi from their lodging to the 24-hour Shoppette.





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2ID / RUCD

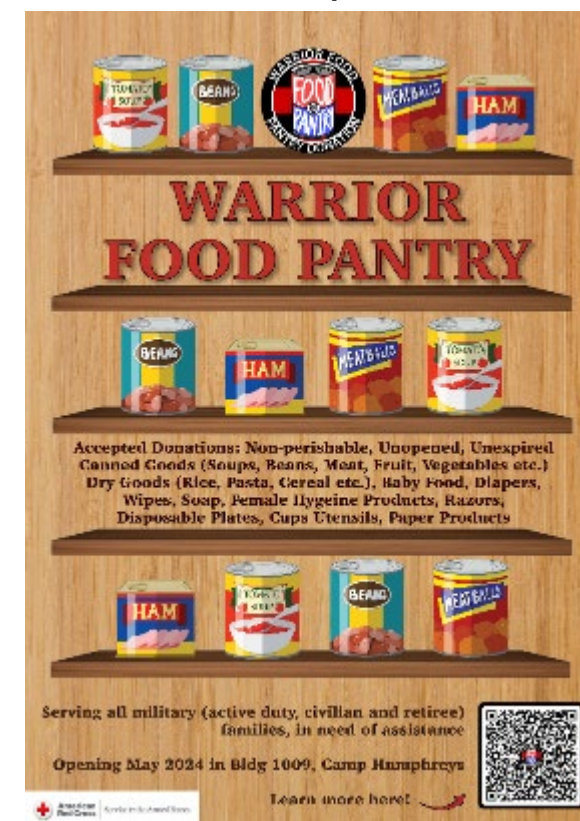


Highlights:

- Warrior Food Pantry: Serving all US military families
 - Open M, W, F (1000-1400) for customers and Sat (1200-1500) for donation drop-off
 - 643 military family members served since 8 MAY 24
 - 21 NOV: Thanksgiving Food Drive Ruck March
 - 23 NOV: Saturday Open Shopping for Thanksgiving holiday

Challenges/Concerns:

- Gym access for youth and teens
- Middle school and youth sports





U.S. ARMY

65th Medical Brigade



Highlights: Wellness Checks

- Approximately 435 Soldiers have attended the weekly 65th MED newcomers' orientation with UMT and MFLC integration.
- UMT individual counseling increased by 50% and suicide ideations decreased by 100%.

Challenges/Concerns:

- BDE Chaplains staffed at 25% due to summer PCS. Expect 100% staffing of Chaplains by October 2024.
- MFLC documentation and tracking of wellness checks completed within 65MED.



Highlights: Pacific Medic Ambassador (PMA) Program

- A four-day course designed to empower Soldiers with active bystander techniques in identifying and preventing behaviors that lead to Sexual Harassment and Sexual Assault within our community.
- The PMA Program has graduated over 1500 students between the ranks of E-1 to E-5 since 2018.
- PMAs meet quarterly to address concerns within their barracks and work environments.

Challenges/Concerns:

- Though we have five instances recognized at the BDE level of PMAs actively intervening in a sexually related incident, we realize the need to develop additional methods to measure the program's effectiveness, whether it be through surveys or DEOCS.





U.S. ARMY

65th Medical Brigade



WE ARE THE ARMY'S HOME





U.S. ARMY

Unit Brief Schedule

October:

MARFOR-K



501 MI BDE



November:

USFK



SOCKOR



1stSIG





U.S. ARMY

DPTMS – Upcoming Community Event for September 2024

| Date | Time | Event/Location | OPR |
|------------------|------------------|--|-------|
| 5-Sep-24 | 0930 and 1300 | Annual Civilian Supervisor Suicide Prevention Training, Family Theater | DHR |
| 6-Sep-24 | 1000-1200 | ASAP Community Resiliency Concert | DHR |
| 6-Sep-24 | 1300-1400 | Home Based Business Training at MWR Training Room, Bldg. #12601 | DFMWR |
| 6-Sep-24 | 1700-1930 | Movie Night at Downtown Recreation Center | DFMWR |
| 7-Sep-24 | 1000 | Pickleball Mixer Tournament at Zoekler Gym | DFMWR |
| 7-Sep-24 | 1300-2200 | Ham Jam Festival in the Millett Gate area | DFMWR |
| 7-Sep-24 | 1600-2200 | Suwon Hwaseung Fortress Night Trip | DFMWR |
| 9-Sep-24 | 0900-1130 | Newcomer's Orientation at Family Theater | DFMWR |
| 10-Sep-24 | 0900-1600 | ACE-SI Tier 1 Leader Training, ASAP Classroom Bldg. 544 3rd Floor | DHR |
| 11-Sep-24 | 0430-1300 | 2024 BOSS 9.11 Ruck March on USAG-H | DFMWR |
| 11-Sep-24 | 1000-1400 | Career Fair at Morning Calm Center | DFMWR |
| 12-Sep-24 | 0930 and 1300 | Annual Civilian Supervisor Suicide Prevention Training, Family Theater | DHR |
| 12-Sep-24 | 1900-2100 | Light up the Night, Downtown Rec. | DHR |
| 13-Sep-24 | 1000-1200 | Honor Bead Walk, Balboni Field | DHR |
| 13-Sep-24 | 1500 | Housing Tower Building Dedication and Ribbon Cutting event at Bldg. #5052 | PAO |





U.S. ARMY

DPTMS – Upcoming Community Event for September 2024

| Date | Time | Event/Location | OPR |
|------------------|------------------|---|-----------|
| 13-Sep-24 | 1730-1930 | College Graduation Ceremony at Morning Calm Center | DHR |
| 14-Sep-24 | 1300-1600 | Chuseok Kids Day at Outdoor Recreation Center | DFMWR |
| 19-Sep-24 | 1700-1800 | Ping Pong Tournament at Downtown Recreation Center | DFMWR |
| 19-Sep-24 | 0900-1600 | Prevention Training for 2ID at Morning Calm Center | 2ID/DPTMS |
| 20-Sep-24 | 0900-1600 | Prevention Training for Non-2ID at Morning Calm Center | DPTMS |
| 21-Sep-24 | 0830-1000 | Men's Breakfast at Four Chaplains Memorial Chapel | RSO |
| 21-Sep-24 | 0830-1200 | Suicide Prevention Community Hike, Honeybee Trail | DHR |
| 21-Sep-24 | 0900-1600 | Rice Wine Brewery Trip | DFMWR |
| 23-Sep-24 | 1330-1430 | Connecting Through Music Workshop, Four Chaplains Memorial Chapel | DHR |
| 24-Sep-24 | 1430-1530 | Chill and Chat at Library | DFMWR |
| 27-Sep-24 | 1300-1400 | Humphreys High School Homecoming Parade along Tropic Lightening Ave. | DoDEA |
| 27-Sep-24 | 1400-1600 | Workforce Town Hall at Morning Calm Center | DHR |
| 27-Sep-24 | 1730 | S'movie Night (Dragonkeeper) at Downtown Recreation Center | DFMWR |
| 28-Sep-24 | 0800-1800 | Chilgapsan Hiking Trip | DFMWR |
| 28-Sep-24 | 1400-1500 | Paw Tales at Library | DFMWR |
| 28-Sep-24 | 1700 | Family Bingo Night at Downtown Recreation Center | DFMWR |

WE ARE THE ARMY'S HOME





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DPTMS – Upcoming Community Event for October 2024

| Date | Time | Event/Location | OPR |
|---------------------|------------------|--|---------|
| 02-Oct-24 | 1030-1130 | Command Community Information Exchange at Morning Calm Center | CMD GRP |
| 04-Oct-24 | 1300-1400 | Home Based Business Training at MWR Training Rm, Bldg. #12601 | DFMWR |
| 05-Oct-24 | 0900-1800 | Wine Fest 2024 at Morning Calm Center | DFMWR |
| 07-Oct-24 | 0900-1130 | Newcomer's Orientation at Family Theater | DFMWR |
| 08-Oct-24 | 1130-1300 | Appreciation Meal at Downtown Lanes | DFMWR |
| 11-12 Oct-24 | 1700-2300 | BOSS House of Fear Haunted House at Sitman Fitness Center Parking Lot | DFMWR |
| 12-Oct-24 | 1230-1930 | Fall Fest 2024 near the Millett Gate area | DFMWR |
| 18-Oct-24 | 0600 | BOSS Sooky Sprint Costume Run from Balboni Field | DFMWR |
| 19-20 Oct-24 | 1700-2300 | BOSS House of Fear Haunted House at Sitman Fitness Center Parking Lot | DFMWR |
| 26-Oct-24 | 0900-1600 | 2024 USAG-H Military Retiree Appreciation Day event at Morning Calm Center | DHR |
| 26-Oct-24 | 1500-1600 | DIY Halloween mast at Downtown Recreation Center | DFMWR |
| 26-27 Oct-24 | 1700-2300 | BOSS House of Fear Haunted House at Sitman Fitness Center Parking Lot | DFMWR |
| 31-Oct-24 | 1730-2030 | Trunk or Treat at Downtown Plaza & Marne Ave. | DFMWR |
| 31-Oct-24 | 1700-2300 | BOSS House of Fear Haunted House at Sitman Fitness Center Parking Lot | DFMWR |





DPTMS – Upcoming Community Event for November 2024

| Date | Time | Event/Location | OPR |
|---------------------|------------------|--|---------|
| 01-Nov-24 | 1300-1400 | Home Based Business Training at MWR Training Room, Bldg. #12601 | DFMWR |
| 04-Nov-24 | 0900-1130 | Newcomer’s Orientation at Family Theater | DFMWR |
| 06-Nov-24 | 1030-1130 | Command Community Information Exchange at Morning Calm Center | CMD GRP |
| 20-Nov-24 | 1800-1900 | Community Town Hall at Morning Calm Center | CMD GRP |
| 23-Nov-24 | 1400-1500 | Paw Tales at Library | DFMWR |
| 23-24 Nov-24 | 1130-1800 | Holiday Bazaar at Collier Fitness Center | DFMWR |
| 28-Nov-24 | 0900 | Turkey Trot 5K at Balboni Field | DFMWR |

Resources:

USAG-H Facebook: <https://www.facebook.com/usaghumphreys>

USAG-H Webpage: [USAG Humphreys \(army.mil\)](https://www.army.mil/usag-h)

USAG-H MWR: <https://humphreys.armymwr.com>

USO: <https://www.facebook.com/uso.humphreys/>

BAAACH: <https://www.facebook.com/549BDAACH/>

Humphrey Red Cross: <https://www.facebook.com/HumphreysARC/>

Main Exchange: <https://www.facebook.com/HumphreysExchange/>

DPTMS POC: Mr. Robert F. Nelson, 755-0820, robert.f.nelson.civ@army.mil.



Open Discussion / Questions



U.S. ARMY

Closing Comments

COL Ryan K. Workman

Garrison Commander, USAG-H

Next

Command Community Information Exchange (CCIE):

02 October 2024, 1030hrs

Location: Morning Calm Center

