

Suwon Hwaseong Fortress

USAG Humphreys Community Town Hall

20 November 2024 **Morning Calm Center** Facebook Live @ https://www.facebook.com/usaghumphreys





WE ARE THE ARMY'S HOME 1 of 49



- Opening Remarks
- Directorate of Public Works (DPW)
- DPW Housing
- Directorate of Emergency Services
- Directorate of Family & Morale,

Welfare, Recreation

BDAACH / Dental / Veterinary

Services

- DoDEA
- RSO
- EXCHANGE
- DECA
- USO
- Humphreys United Club
- Open Discussion / Questions
- Closing Remarks





Garrison Commander's

Opening Remarks



WE ARE THE ARMY'S HOME



Snow Removal Plan FY 25



Please Stay Clear of Snow Removal Equipment

CAUTION HEAVY EQUIPMENT

For Road/ Sidewalk Truck Spreader, Ranger for Brush, Blade









- Building occupants are responsible for clearing within 50ft of their facility.
- Snow and Ice removal equipment available at Self-Help Store (S1019)
 - Hours of Operations 0730 to 1630 Mon Fri.
 - Phone # 755-1892 or 755-1893

Self-Help Store Building S-1019				
Equipment	Quantity On- Hand	Remarks		
Snow Shovels	50			
Brooms	50			
Ice Melt (50lb/bags)	700	2 bags per cust.		
Snow Blowers	10			
Sandbags		Filled at Bldg. 612 Unit Responsibility		







Snow Removal Plan FY 25





Snow Removal Plan FY 25





HWSA (Installation Central Accumulation Point) will be relocated from Bldg. 1019 to Bldg. 6961

Temporary Closure 4 Nov thru 6 Dec

No scheduled turn-ins or drop-offs

HWSA will restart the operation on 9 December 2024

Phone # of HWSA will be the same, 755-1816/1817

Hours of operation 0800 to 1700 weekdays







Balcony/Exterior of Residences

Everyone loves to decorate during the holiday season! Especially during the holidays, it is extremely important to be aware of fire dangers. **DO NOT overload electrical outlets.**

- All Halloween lights must be removed NLT 7 November.
- Christmas lights will be removed NLT 15 January 2025.
- Outside decorative lights are to be turned off by 2200 nightly, except on Christmas Eve and New Year's Eve, when they are allowed to remain on overnight.
- All lights must be turned off during daylight hours!





Winter Driving



Prepare your vehicle for the winter.

Winterize your car

Check antifreeze, defroster, heater, lights, oil, tires, windshield washer fluid, and wiper blades

Have emergency supplies in your car

Snow Chains, Blanket, jumper cables, first aid kit, Spare batteries, flashlight, ice scraper, sand/gravel, small shovel and a cellular phone

Before you drive

Warm up your car for a few minutes <u>Clean the entire car</u> – remove snow & ice from (lights, bumpers, hood, trunk and roof of vehicle. Make sure all lights are operational & test brakes.



Maintain "SPACE"

Speed - The No. 1 cause of Winter driving accidents is <u>driving</u> to fast. **Patience** and courtesy save

lives.

Awareness of other vehicles and your environment is essential. Concentration - The increased hazards of winter driving make this important.

Exit - Always leave yourself an out.

While you are driving -

Follow vehicles at a safe distance Increase distance if you are driving in snow or snow-packed road. Gently tap and release brake pedal in a pumping motion (Non-ABS vehicle only). Vehicles with ABS/disk brakes should apply steady, gentle pressure to the pedal

- Do not pump ABS brakes.

Safe Driving Skills

Skids - Steer in direction of skid

As the vehicle comes out of the skid, straighten wheels or steer slightly in the opposite direction as necessary to maintain control of vehicle.

When Stuck -

Watch out for other cars!

Shovel the snow from the front & back of all wheels, spread sand, salt or kitty litter.





Try to ease out without spinning the wheels –

Keep wheels aligned straight until vehicle begins to move ... steer as necessary

Gently rock the vehicle by shifting between forward and reverse.

If all else fails – CALL FOR HELP!







Fire Safety Starts With You

Holiday Cooking

- Cooking is the cause of 158,400 home fires per year which also results in 470 deaths and 4,150 injuries.
- Do not use the stove or stove top if you are **sleepy** or have **consumed alcohol**.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food.
- If simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking and use a timer.
- If you have a small grease cooking fire and decide to fight the fire:
 - On the **stove top**, **smother the flames** by sliding a lid over the pan and turn off the burner. Leave covered until completely cooled.
 - For an oven fire, turn off the heat and keep door closed.
 - In the event of any fire-small or large, call the Fire Department.
- WHEN IN DOUBT, JUST GET OUT!

Christmas Tree Fires

- Fire departments responded to an estimated **160 home fires** per year caused by the ignition of Christmas Trees.
- Make sure the tree is at least three feet from any heat source such as heaters, radiators, candles, or lights.
- Christmas tree fires are not common, but most Christmas tree fires are caused by electrical problems.
- **Replace** any string of lights with wire or broken cords or loose bulb connections.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home and going to bed.
- Add water to your live trees stand daily!





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ACS: Financial Readiness Program (FRP)



5 Ideas To Reduce Financial Stress This Holiday Seasons

1. Build a simple spending plan

- Schedule a session with a Financial Counselor
- 2. Think outside the "gift" box
 - Make gifts
 - Give your time
- 3. Create shared understanding with family/friends
 - Manage expectations of gifts and spending levels
- 4. Explore mental health resources
 - Talk with a MFLC or Chaplain if you are struggling
- 5. Simplify
 - Be flexible in your plans and expectations, sometimes less is more!



ACS Financial Readiness Program POC: Katharine Christy | DSN (315) 757-2371 | Email: katharine.m.christy.civ@army.mil





https://humphreys.armymwr.com/programs/army-community-service/army-family-action-plan



U.S. ARMY

DFMWR









≻ 5 W's:

- Who?: Active Duty, National Guard, Reserve Components, Retired Military, Family Members, Survivors, and Civilian Employees
- What?: Constructive approaches/ideas for the betterment of the Army
- When?: ALWAYS
- Why?: Improve total Army quality of life
- Where?: Army Family Web Portal
- How?: Submit on Issue Management System

> History:

- Established 1983
- 124 legislation changes
- 176 revised polices/regulations
- 500+ service improvements at Department of Army level

> USAG Humphreys

- AFAP Program Manager:
 - Susan Hesser
 - DSN (315) 757-2373
 - Email: <u>susan.i.hesser.civ@army.mil</u>





ACS: Army Family Action Plan (AFAP)



Issues	Dates Submitted	Status
DODEA Teacher Childcare Category	June 4, 2023	CLOSED-Routed to DODEA
Standardized Annual Survey at all OCONUS Military Installations with DODEA Schools	June 13, 2023	CLOSED-Routed to DODEA
Lack of Military Pay/DFAS Support for Rotational Service Members	October 24, 2023	COMPLETED-176th Finance Created POC for All Rotational Units
I Have Two Issues Logging In	October 25, 2023	REJECTED
High Commissary Prices	October 26, 2023	CLOSED-Routed to DECA
Medical Care for Emergency Essential Civilians and Family Members	October 28, 2023	UNATTAINABLE -EEC care requirements met. Civilians and Family Members can be seen on "Space Available" Basis
Limited Ability for Retired Military to Get Perscriptions Refilled On Post from Veteran's Affairs	October 28, 2023	COMPLETED -DHA Will Increase Marketing Campaign for Awareness (CPAC, Newcomers, 8th Army, etc)
LQA for Spouses without PCS for Overseas Reset	October 30, 2023	OPEN/PENDING ELEVATION
DOD Priorities for Emergency Essential Civilians	October 30, 2023	ELEVATED
Lack of Emergency Placement Care (EPC) Policy	November 8, 2023	COMPLETED -ACS Updated Policy and Emergency Placement Care (EPC) Homes are In Place
Middle School/Teen Summer Programs for Children who graduated 5th grade and waiting to start Middle School	November 13, 2023	OPEN/PENDING ELEVATION
Lack of Middle School Sports Programs	November 13, 2024	CLOSED-Routed to DODEA
DODEA Exclusionary Discipline Policy for Elementary Aged Students	April 19, 2024	CLOSED-Routed to DODEA
VMIS Status	May 19, 2024	REJECTED
Lack of Issuance of Unrestricted On Post Driver License for Fully Licensed Teenage (Under 18) Drivers	September 28, 2024	OPEN
Lack of Issuance of Unrestricted On Post Driver License for Fully Licensed Teenage (Under 18) Drivers	September 28, 2024	REJECTED-Duplicate Issue Submitted

**Issue submitted anonymously. If you have more information, please contact AFAP Manager at: <u>susan.i.hesser.civ@army.mil</u> Visit <u>https://ims.armyfamilywebportal.com</u> to submit and review AFAP Active Issues.





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Business Operations



Heather Ray / 755-2681 / heather.m.ray.naf@army.mil

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Business Operations





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Child & Youth Services



Heather Ray / 755-2681 / heather.m.ray.naf@army.mil

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Child & Youth Services





CYS Mission Related Duty Childcare

ALL CYS Childcare facilities will offer Mission Related Duty childcare on <u>Friday, 29 November</u>.

Mission Related Duty Care forms are due by COB on 15 November.

*** For two parent households, Both parents must be working on 29 November to qualify for care.

Thank you for your understanding.

December + MS/Teen Center Field Trips

Learn more by contacting the MS/Teen Center today!

For CYS-Registered Families with Children enrolled in MS/T.



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Community Recreation



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Community Recreation



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Home Based Business (HBB)



USAG Humphreys HOME BASED BUSINESS

Humphreys.ArmyMWR.com



HBB TRAINING

Learn the **NEW** changes making it easier and quicker to gain approval to operate an on-post Home Based Business.

For more information on how to request On-Demand training, scan here:





Heather Ray / 755-2681 / heather.m.ray.naf@army.mil

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K Brian D. Allgood Army Community Hospital

BDAACH Access to Care – Virtual Town Hall Recap

Town Hall Details

U.S. ARMY

- BDAACH conducted a virtual town hall on the BDAACH FB page on the topic of "Access to Care" on 23 OCT.
- Speakers: 65th MED BDE Commander COL Edgar Arroyo & BDAACH Director/549th HC Commander COL Chad Black
- The town hall consisted of two parts:
 - 1. Commanders' Update: COL Arroyo & COL Black discussed the changes being made to increase access to Primary Care appointments
 - 2. Live Q&A Session: Opened the floor to take questions from the online audience.



Commanders' Update: Increasing access to Primary Care Appointments

BDAACH intends to achieve the following goals in the next 2 months:

- 1. Acute Care (Urgent): Within 24-48 hrs
- 2. Routine Care (Non-urgent/Follow-up): Reduce wait time to 14 days



Jean Han / jean.s.han.civ@health.mil

Brian D. Allgood Army Community Hospital

BDAACH Access to Care – Appointment Reminders

Forgetting to go to your appointments? Make sure you're getting Appointment Reminders!

Why should I get Appointment Reminders?

- Patients who elect to receive appointment reminders will be notified in advance of their appointment using a recorded message.
- This message may also be used to share important information, such as inclement weather closures and emergency notifications related to patient appointments.
- Each reminder notifies you of the appointment date, time, provider, clinic and MTF.
- The reminders also provide information on how to cancel the appointment, if necessary.

How to get Appointment Reminders

When checking in for your appointment at the clinic front desk, only need to update two things!

- 1. Contact Information
- 2. Notification Preferences





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Brian D. Allgood Army Community Hospital

BDAACH PCMH: Immunizations & Allergy Clinic

Regularly Scheduled (Routine) Immunizations

- Available by appointment only. To schedule: MHS Genesis Patient Portal*, Call the Central Appointment Line – DSN: 315-737-CARE (2273) Commercial: 0503-337-2273
- *Appointments > Schedule an Appointment > Select "View All Appointment Types" > from dropdown select "Immunization In Person Visit"
 > Search for Army Medicine Brian D. Allgood ACH Family Medicine Clinic > Select a Date and Time

Allergy Patient Immunizations

U.S. ARMY

 Established Allergy Patients can receive continuation of allergy shots. Appointment only, same as above.

Pediatric Immunizations & Well-Child Care

- For well-child exams, child must be empaneled at BDAACH PCMH. To schedule: Call the Central Appointments DSN: 315-737-CARE (2273) Commercial: 0503-337-2273
- Routine childhood immunizations are generally performed during well-child exams. Catch
 up immunizations can be scheduled in the Immunization Clinic once well-child exam has
 been completed.

BDAACH PCMH Immunizations & Allergy Clinic

Hours: MON – WED & FRI 0820-1140 & 1300-1620; THU 1300-1620.





🔀 Brian D. Allgood Army Community Hospital

Other Immunizations

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Walk-in Immunizations for Service Members

- Available at MRT located in Maude Hall/One Stop (Bldg. 6400) 2nd floor.
- Hours: MON-WED & FRI 0800-1130 & 1300-1600; THU 1300-1600

Immunizations For TRICARE Select and Non-enrolled Patients

- Contact TRICARE or your health insurance provider to ask which clinics and immunizations are covered.
- BDAACH PCMH Immunization Clinic is happy to provide appointments for TRICARE Select and Non-enrolled Patients. For billing information, please check with your insurance or the business office.
- Anyone can book an appointment at the Immunizations Clinic, except for well-child immunizations for children who are not empaneled. Well-child immunizations are only available to children with an assigned PCM at BDAACH PCMH.
- For pediatric immunizations it is recommended to establish care with a host-nation PCM and have vaccines provided with a child's physician/clinic.
- If a patient needs immunization records to be added to their MHS GENESIS patient records, please contact the PAD office on the second floor to have them uploaded.

2024-2025 COVID-19 Vaccine & RSV Vaccine

Now Available!

Book an appointment on the **MHS Genesis Patient Portal** or call the **Central Appointment Line** today!



Jean Han / jean.s.han.civ@health.mil



Armed Forces Wellness Center

May your Holidays be bright and balanced!

Here to help you achieve your health, wellness, and fitness goals!

<u>Services:</u>

- Body Composition Analysis
- Resting Metabolic Rate Testing
- Fitness Testing
- VO2 Submax/Max Testing
- Exercise Prescription
- Health Coaching



Bldg 578 DSN: 315-737-5758 COMM: 010-3337-5758 If you wait for perfect conditions, you'll never get anything done.



Our services are available for Active-Duty Military, Dependents, Retirees, Spouses, Reserve, National Guard, and DA/DOD Civilians.



20 KG

- Upping Your Metabolism
- Healthy Sleep Habits
- Meals in Minutes
- Stress Management
- Fueling for Health
- Performance Optimization
- ✤ AR600-9



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Dental Readiness

It's part of your "fight tonight " medical readiness

U.S. ARMY

Dental One-Stop Available Services

DAILY WALK-IN EXAMS FOR SERVICE MEMBERS DUE FOR AN ANNUAL EXAM WITH 60-DAYS

MASS EXAM EVENTS COORDINATED FOR UNITS

LIMITED SAME DAY/NEXT DAY SCHEDULED EXAM APPOINTMENTS TO REDUCE THE WAIT TIME

- 记 07:30-16:30, Monday-Friday Closed for Lunch 11:30-12:30
- 📀 USAG Humphreys, Maude Hall, Building 6400, 2F J208





✓ SICK CALL ✓ DENTAL READINESS ✓ PERIODONTICS ✓ PROSTHODONTICS ✓ ENDODONTICS

HOURS OF OPERATIONS

MONDAY - FRIDAY 7:30 a.m. - 4:30 p.m. (EXCLUDING FEDERAL HOLIDAYS)

COMMERCIAL APPOINTMENT 0503-337-9206/9207

DSN APPOINTMENT 315-737-9206/9207

BLDG 3020/USADC CARIUS # 15660/ APO 96271



MAJ Mythia Conley / 737-9091 / mythia.m.conley.mil@army.mil

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Carius Dental Clinic BLDG 3020 0503-337-9206/9207

Pediatric Dentristy Open Enrollment



TRICARE Dental Program Overseas

As an Active Duty Family Member, you are eliglible to seek dental care for a licensed host nation provider

Call United Concordia (844-653-1060) or check MilConnect website or LES to ensure your family has active Dental insurance

Scan the QR Code or visit uccitdp.com to find a provider near you





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HOLIDAY PET SAFETY TIPS

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SAFE FOODS

Pure Pumpkin Plain Carrots Plain Green Beans Plain Potatoes Plain Cranberries Plain Yams





DANGEROUS FOODS

Fatty Meat, Meat Bones (Turkey, Ham, Bacon) Raisins, Grapes, Currants Garlic, Onions and Chives Alcohol, Chocolate, Tree Nuts, Xylitol

HAZARDOUS ITEMS

Christmas Trees, Ornaments Tinsel, String, and Ribbons Lights and Candles, Potpourri Poinsettias, Pine Needles, Holly, Mistletoe





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CPT Sora Yang/sora.yang3.mil@health.mil/315-737-9720

DoDEA – Pacific West District

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DoDEA Korea Enrollment

10/21/2024

School	Enrollment
West Elementary	781
Central Elementary	823
Humphreys Middle	1082
Humphreys High	779
Osan Elementary	536
Osan Middle High	457
Daegu Elementary	370
Daegu Middle High	248
Korea Total	5.076



If the Pacific West District increases efforts to ensure our Focus Collaboration teams become highly effective and efficient, then the other 5 Pacific Powerful Practices will become more efficiently executed.



Schools Need Substitute Teachers



https://www.usajobs.gov/Get Job/ViewDetails/768205000

DoDEA Pacific West Information Site



https://www.dodea.edu/pacific/pacwest/usag-humphreys-schools





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C DoDEA – School Dates & District News

Important Dates

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- November 27: Recess Day No School
- November 28: Federal Holiday (Thanksgiving) No School
- November 29: Recess Day No School
- December 13: CCRS No School for Students
- December 23-January 3: Winter Break No School
- January 17: Teacher Work Day No School for Students
- January 20: Federal Holiday (Martin Luther King, Jr. Day) No School
- January 31: Full PD Day No School for Students

District News

Universal Pre-K

• All DoDEA Pacific primary/elementary schools implement full-day, universal pre-kindergarten during the school year 2024-2025.

Construction of New Humphreys East Elementary School

- Enrollment 440 capacity
- Opening SY26/27





Progress photo as of 10 Sep 2024

Pacific Student Transition Program

• Designed to assist newly arriving elementary, middle, and high school students with finding community within their new school.



Osan Middle High School Transition Center





RSO: USAG-H 2024 Holiday Religious Services and Programs

EVENT	DATE/TIME	LOCATION
• <u>Catholic</u>		
Thanksgiving Day Mass Freedom Chapel	28 NOV	/ TBD
Christmas Eve Vigil/Family Mass (meets Holy Day Obligation) 24 DEC		n Chapel
Christmas Eve Mass During the Night (meets Holy Day Obligation) Christmas Mass During the Day (Holy Day of Obligation) 25 DEC (24 DEC 2200 0900 Freedom	Freedom Chapel n Chapel
Feast of the Epiphany – Blessing of Chalk for House Blessings 6/7 JAN		n Chapel
Protestant		
Common Ground Thanksgiving Service and Dinner	24 NOV 1100	Freedom Chapel
Spanish Service Thanksgiving Service and Dinner	24 NOV 1330	Pacific Victors
Burning Bush Gospel Service Thanksgiving Service and Dinner	24 NOV 1000	Warrior Chapel
Burning Bush Gospel Service Christmas Service and Dinner	22 DEC 1000	Warrior Chapel
Agape Camp Christmas	06 DEC 1600	4CMC
Spanish Christmas Service and Dinner	22 DEC 1330	Pacific Victors
Common Ground Christmas Service	22 DEC 1100	Freedom Chapel
Agape and Common Ground Combined Svc (Christmas Eve)	24 DEC 1800	4CMC
Christ the King Liturgical Service (Christmas Eve Svc)	24 DEC 1700	Pacific Victors
Cross Road Chapel Service and Christmas Dinner	20 DEC 1700	K16 Chapel
	01 JAN 1100	K16 Chapel

Wishing you a meaningful and joyous Holiday Season!

For more information: https://home.army.mil/Humphreys/index.php/about/Garrison/religious-support-office



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RSO: USAG-H 2024 Holiday Religious Services and Programs

VENT	DATE/TIME	LOCATION
agan		
le	4 DEC 1800	4CMC
		Tree Sanctuary
<u> Aidgard Fellowship</u>		
le	28 DEC 1700	4CMC
		Tree Sanctuary
Buddhist		-
Kathina Day	21 NOV 1130	Warrior Chape
Bodhi Day	19 DEC 1130	Warrior Chape
ewish		
Ianukah Celebration	25 DEC – 2 JAN	4CMC
	No.	
New Years Eve Services		
Gospel Watchnight Service	31 DEC 2100	Warrior Chape
panish New Year's Service and Dinner	31 DEC 2100	Pacific Victors

For more information: https://home.army.mil/Humphreys/index.php/about/Garrison/religious-support-office



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RSO: USAG-H 2024 Holiday Religious Services and Programs



Wishing you a meaningful and joyous Holiday Season!

For more information: https://home.army.mil/Humphreys/index.php/about/Garrison/religious-support-office



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EXCHANGE – Holiday Event Calendar

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EXCHANGE - Main Store

HUMPHREYS MAIN EXCHANGE Hours of Operation

NUMPHRANS

Thanksgiving Day 28 NOV : 1000 - 1800

Black Friday 29 NOV : 0800 - 2100

EXCHANGE

Regular Hours: 0900-2100



HUMPHREYS MAIN EXCHANGE MIDNIGHT MADDAESS FRIDAY, 13 DECEMBER 2024 2100 - 2400

 Manager Specials throughout the Store! 200-2400 (5 hours only). No rain checks, not valid on prior purchases.
 Play Games & Win Prizes!
 Enter to Win Giveaways!





EXCHANGE - Services

Exchange Services Christmas Trivia! Friday December 20 1630-1800

Win Great prizes Contributed by our Concession Partners!

Downtown Shopping Center Mall Bldg. 5700 (outside Main PX Entrance)



Guess the right answer and Win a Prize!!





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Service



HUMPHREYS COMMISSARY

2024 Holiday Savings Turkey Promotion



As we enter the holiday season we want to celebrate with a come Home to Holiday Savings Turkey promotion. Honeysuckle, frozen young turkeys will be on sale for 0.69 cent per pound.



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HUMPHREYS COMMISSARY

Your Camp Humphrey's Commissary welcome any special order.



All special orders must be placed 48 hours in advance. Grocery - Produce Department - Meat Department - Deli -Bakery and Sushi.

It's a very simple process, fill out the order form, turn in to the department you need, we will be happy to place the order for you.

Please take in consideration we are here to support our base population.





2024 Camp Humphreys Commissary Holiday Hours of Operation

November 28, 2024 Thanksgiving Day Closed December 24, 2024 Tuesday 0900 – 1700 December 25, 2024 Wednesday Christmas Day Closed December 26, 2024 Thursday Open 0900 – 2000 December 31, 2024 Tuesday 0900 – 2000 (Normal) January 1, 2025 Wednesday New Year Closed January 2, 2025 Thursday 0900 – 2000 (Normal)





Maude Hall



Sentry Village



ALL SERVICE MEMBERS, RETIREES, & FAMILIES FREE THANKSGIVING MEAL NOVEMBER 27TH AT 11:30

OPEN FOR THE PUBLIC @1215

USO HUMPHREYS- SENTRY VILLAGE BUILDING P-301









FOR THE PEOPLE WHO SERVE."



Cookie Command Center: Sweets for Soldiers

Join CPT Chip on December 5th while we deploy bags of cookies to our service members for the holidays!



While Supplies Last



USO Korea- Events



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DISCLAIMER: The following information presented during this briefing are the views of the individual private organizations and their members. This information is only provided as a convenience to the USAG Humphreys local community. The appearance of any private organization or non-federal entity is not intended to endorse nor recommend any views expressed or services offered by these private organizations. Additionally, USAG Humphreys does not endorse the views they express nor the services they offer. The inclusion of information from these private organizations is not intended to assign importance to those organizations nor to the information presented.





Humphreys United Club

About Us

The United Club functions similar to a spouses' club but is inclusive of any adult affiliated with Camp Humphreys. Our goal is to foster a sense of community through charitable works, projects, and social activities.

Experience monthly social events, fundraisers, sub-clubs, trips, volunteer opportunities, and more! Membership is required to participate. Sign up now on our website!



Activities and Events

- Organized Trips
- Luncheons
- Fundraising Events
- Sub-Clubs
 - Board Game Club
 - Book Club
 - Wine Club
 - Pickleball Club
 - Bunco Club
 - Pokémon-Go Club
 - Lunch Bunch
 - Cooking Club
 - Meditation Club
 - Coffee Club





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Where in the World is DMZ to the Sea?

- One Stop
- Main Exchange Food Court
- Burger King (Near Sentry Mall)
- HumphreysUnited.org

USFK

Commissary

USO Locations

8th Army



HUMPHREYS UNITED CLUB

2024-2025 Publication of DMZ to the Sea

A reference guidebook that is a must-have for anyone moving to South Korea. The publication is organized to provide you with everything you need to navigate to, from, and around Korea, with information about the variety of resources on base and at nearby installations for everything from exceptional needs to pets to getting your car registered and much more.

Go to humphreysunited.org for more information



United on the ROK Magazine is a magazine with a military community focus that is distributed to United States Forces Korea installations within the Republic of Korea. This magazine aims to connect readers to the diversity of our communities and showcase what South Korea has to offer from culture and travel to food, family, and more.



Bri Long/ HUC Publicity Chair/ publicity@humphreysunited.org

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Humphreys United Club annually awards over \$50,000 in scholarships to graduating high school seniors and continuing education students for undergraduate programs, graduate programs, technical training programs, and vocational courses.

humphreysunited.org/community





Free Uniforms for US Active Duty

The Humphreys Thrift Store is proud to offer FREE uniforms* to all US Active Duty with ID.



Who: All US Active Duty with ID

Where: The Humphreys Thrift Store

When: During Thrift Store Walk-In Business Hours.

How: Complete a form at the Thrift Store front desk.

Limitations: One full set per month (Top. Bottoms, Shoes, Army Gear, etc.)

Thrift Store Hours

 Wednesdays
 10 AM-2PM

 Thursdays
 10 AM-2 PM

 1st Thursday of each Month (select) Saturdays
 12 PM - 6 PM

"While supplies last. Sizes and uniform type may vary



Bri Long/ HUC Publicity Chair/ publicity@humphreysunited.org

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Open Discussion / Questions



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Closing Remarks



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