



WE ARE THE ARMY'S HOME



Command Community Information Exchange (CCIE)

04DECEMBER2024 - Morning Calm Center

U.S. Army Installation Management Command



U.S. ARMY

Installation Management Command – Who We Are

WE ARE THE ARMY'S HOME

MISSION

IMCOM delivers quality base support from the Strategic Support Area, enabling readiness for a globally responsive Army.

VISION

Every installation delivers superior base support, enabling readiness and the highest quality of life for our Soldiers, Families and Civilians.

VALUES

- Loyalty
- Duty
- Respect
- Selfless Service
- Honor
- Integrity
- Personal Courage

(LDRSHIP)

PRINCIPLES

- Service
- Excellence
- Respect
- Vision
- Integrity
- Communication
- Empowerment

(SERVICE)





U.S. ARMY

Agenda

- DFMWR
- BOSS
- Army Continuing Education Services (ACES)
- DPW
- Housing
- RSO
- DES
- KNP
- Exchange
- Commissary
- DoDEA
- BDAACH
 - AFWC
 - Dental
- Veterinary Services
- Substance Use Disorder Clinic Care (SUDCC)
- American Red Cross
- AFSBn-K
- USO
- 2ID
- 65th MED BDE
- DPTMS





COL Ryan K. Workman

Garrison Commander, USAG-H





U.S. ARMY
MWR

Holidays

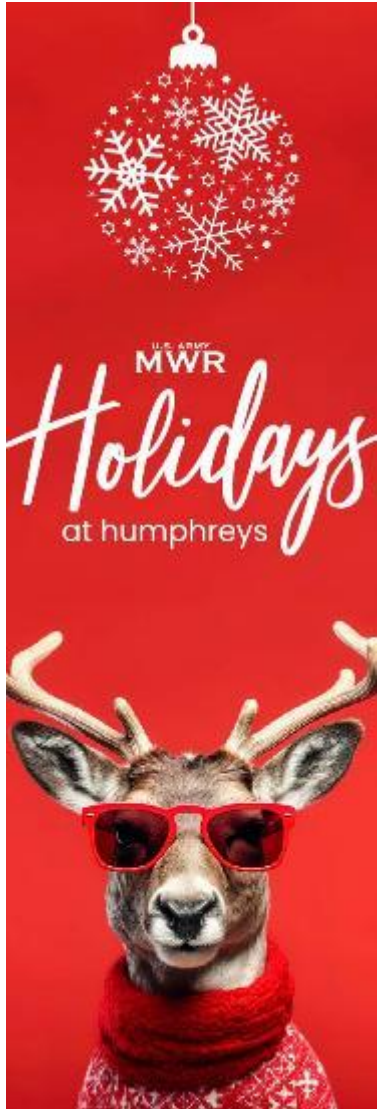
at humphreys



U.S. ARMY

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ACS: Army Family Team Building (AFTB)



- AFTB classes teach Soldiers and families how to stay resilient and thrive in the Army lifestyle
- AFTB utilizes volunteer instructors in order to develop leadership skills and provide valuable experience for community members

**Classes held every Wednesday at 1000
Advance registration required**

**Want an online option? Check out this link:
<https://olms.armyfamilywebportal.com/course/index.php?categoryid=4>**

For more information or to sign up for classes, email:

HumphreysMDSSO@army.mil





U.S. ARMY

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ACS: Employment Readiness Program (ERP)

USAG Humphreys Career Fair

23 January 2025 from 1000-1400

Morning Calm Center

Registration

- Required for Employers (315-757-2369)—Open Now
- Preferred for Job Seekers (Online)—Open 06 Dec

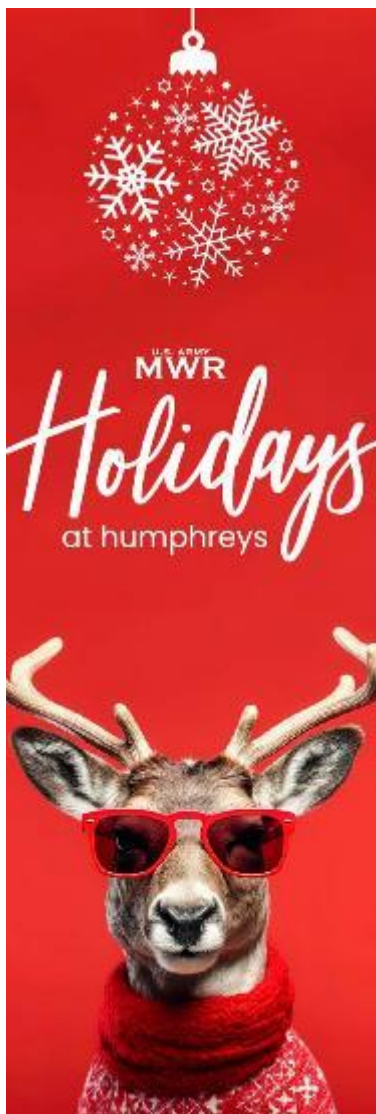
Preparatory Events

Register for workshops and preparatory events such as:

- *Interview Ready*
 - 09 January
- *Resumes 101*
 - 14 January
- *Making the Most of a Career Fair*
 - 17 January
- *Mastering Your Interview*
 - 21 January



(<https://humphreys.armymwr.com/programs/acs/employment-readiness-program>)



**USAG HUMPHREYS
CAREER FAIRS
2025**

JANUARY 23	JULY 15	SEPTEMBER 23
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10.00 AM - 2.00 PM
Morning Calm Center | Washington Ave, Bldg 125

Details, Registration, & Upcoming Workshops

315-757-2369 // 2363
050-3357-2369 // 2363

"Providing training, resources, and individualized assistance to empower individuals on their employment journey—wherever it may take them."
—ACS Employment Readiness Program

U.S. ARMY MWR ACS

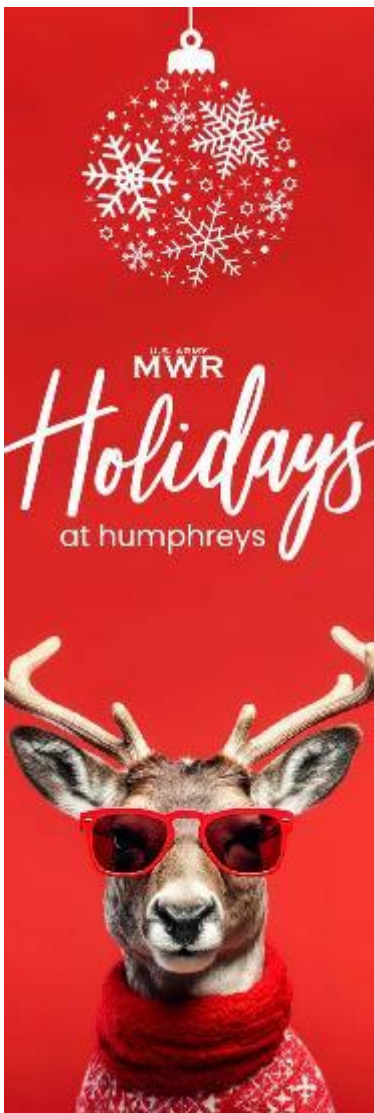




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ACS: Military Family Life Counselors (MFLC)



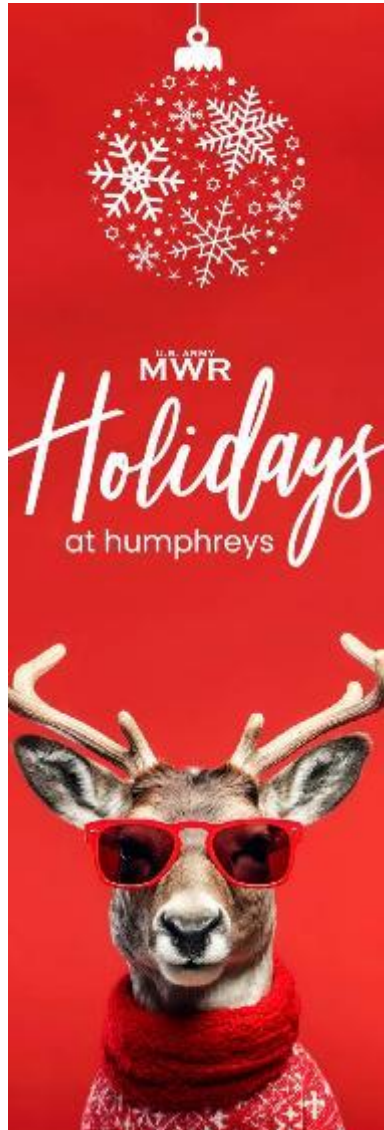
	<u>MFLC (as of 18 Nov 24)</u>	<u>*Unit</u>	<u>Phone Number</u>	<u>Email</u>
1	Jocelyn Gamble-Mitchell	CYS	010-8455-9520	Jocelyn.Mitchell@leidos.com
2	Lisa Lee	CYS	010-8497-6895	Lisa.S.Lee@leidos.com
3	Coronda Wilms	DoDEA/MS	010-3981-4175	Coronda.Wilms@leidos.com
4	Clara Miller	DoDEA/Central	010-7906-4014	Clara.L.Miller@leidos.com
5	Kathleen McKinney	DoDEA/HHS	010-2399-1672	Kathleen.D.McKinney@leidos.com
6	Nefertiti Rowlette	2 CAB	010-8327-1776	Nefertiti.L.Rowlette@leidos.com
7	LaTasha Becton	65th MED	010-8401-4975	Latasha.Y.Becton@leidos.com
8	Catherine Little	1ABCT	010-8410-7430	Catherine.Little@leidos.com
9	Mina Vassey	1 SIG	010-5681-5304	Mina.A.Vassey@leidos.com
10	Wilmise Gowins	2ID Warrior Clinic	010-2496-6179	Wilmise.M.Goins@leidos.com
11	LaDonna Holmes	2ID Warrior Clinic	010-5680-5271	LaDonna.P.Holmes@leidos.com
12	SooHyun Kim	2ID Warrior Clinic	010-9825-4610	SooHyun.Kim@leidos.com
13	Dalsem Yang	2ID Warrior Clinic	010-5885-5915	Dalsem.Yang@leidos.com
14	Angelia Stafford-Harvey	501st MI	010-8324-7215	Angelia.StaffordHarvey@leidos.com
15	Celeslie Valcourt-Hall	8th Army	010-5782-4219	Celeslie.O.Valcourthall@leidos.com
16	Erica Dinwiddie	94th MP BN	010-8061-7591	Erica.Dinwiddie@leidos.com
17	Angeline Toussaint-Gunn	Adult Rotational	010-7597-4904	Angeline.ToussaintGunn@leidos.com
18	Hoson Naputi	Adult Rotational	010-5813-6076	Hoson.Naputi@leidos.com
19	Erin Maguire	Adult Rotational	010-5799-8901	Erin.A.Maguire@leidos.com
20	Chadwick Lyon	35th ADA	010-2414-1857	Chadwick.Lyon@leidos.com
21	Joseph Youngblood	K16	010-2388-3099	Joseph.J.Youngblood@leidos.com

How to request embedded MFLC support:

Provide the following data points to: katharine.m.christy.civ@army.mil:

Number of serviced population (AD, Adult FM, Children 5-12, Youth 13-18), Unit Name, and Unit POC



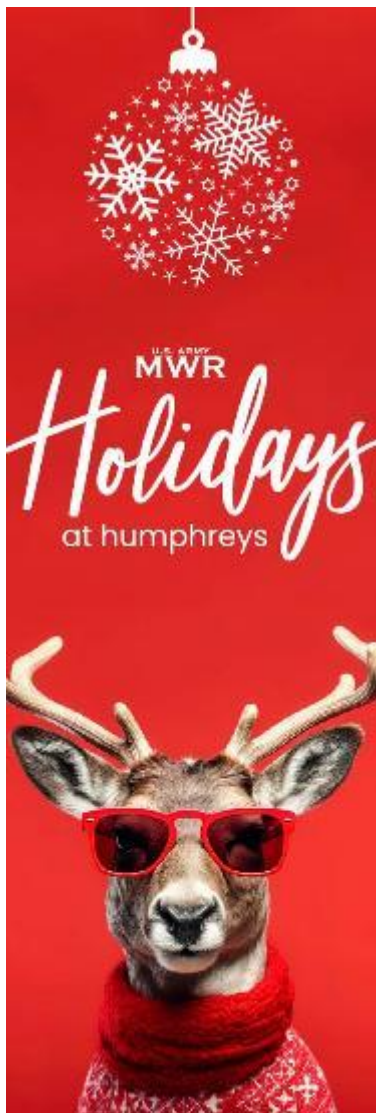




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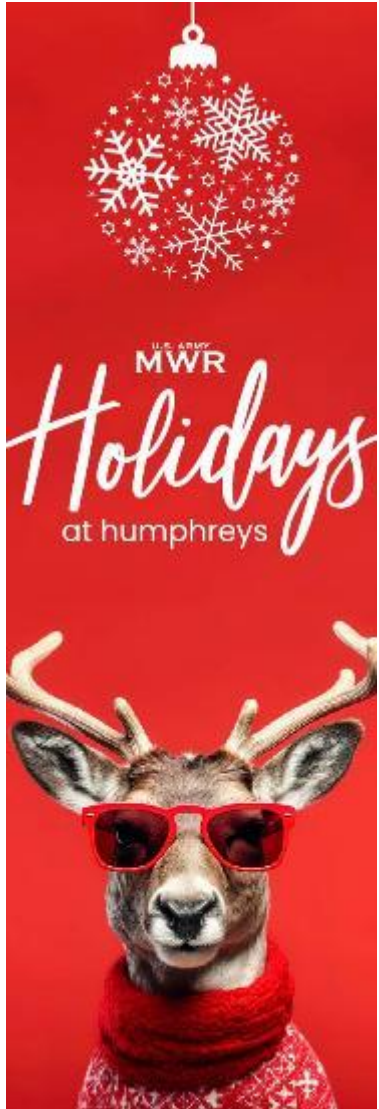
Business Operations





DFMWR

Business Operations



CHRISTMAS

B • R • U • N • C • H

(Wed) 25 December, 1000-1400
Morning Calm Center
\$41/Person, \$20/Child (ages 5-11 years)
(+\$5 additional walk-in fee per person)

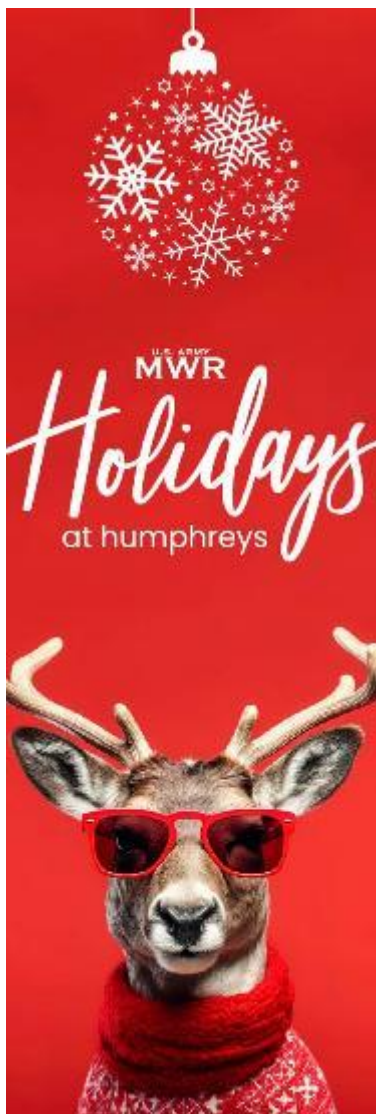




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Child & Youth Services



As of November 2024

Humphreys CYS Closure Dates FY 2025



ALL CYS FACILITIES AND PROGRAMS WILL BE **CLOSED THE FOLLOWING DAYS**

Monday, 14 OCTOBER - Columbus Day **US HOLIDAY**

Monday, 11 NOVEMBER - Veteran's Day **US HOLIDAY**

Thursday, 28 NOVEMBER - Thanksgiving **US HOLIDAY**

Wednesday, 25 DECEMBER - Christmas **US HOLIDAY**

Wednesday, 1 JANUARY - New Year **US HOLIDAY**

Monday, 20 JANUARY - Dr. MLK Jr. Day **US HOLIDAY**

Wednesday, 29 JANUARY - Lunar New Year **ROK HOLIDAY**

Monday, 17 FEBRUARY - President's Day **US HOLIDAY**

Friday, 23 MAY **CYS TRAINING DAY**

Monday, 26 MAY - Memorial Day **US HOLIDAY**

Thursday, 19 JUNE - Juneteenth **US HOLIDAY**

Friday, 4 JULY - Independence Day **US HOLIDAY**

Monday, 1 SEPTEMBER - Labor Day **US HOLIDAY**

Tuesday, 2 SEPTEMBER **CYS TRAINING DAY**

*ALL CYS FACILITIES & PROGRAMS INCLUDE CDC/SEC CHILDCARE FACILITIES, MST YOUTH CENTER, PARENT CENTRAL SERVICES OFFICE, YOUTH SPORTS & FITNESS ACTIVITIES, SKIES INSTRUCTIONAL CLASSES, AND ANY CYS SERVICES.

Babysitter Course

Course Date: 12/23

Time: 0800-1600

Fee: \$20

Enrollment closes: 12/12

Location: CYS Conference Room
L215, Maude Hall

American Red Cross Pediatric CPR/First Aid/AED Course

Course Date: 12/18

Time: 1545-1845

Fee: \$18 (paid directly to ARC)

Location: American Red Cross
Room M201, Maude Hall

ARC CPR registration and payment
instructions will be provided upon
CYS Babysitter Course registration

*completion of both courses is
required to be added to the CYS
Babysitter List

December MS/Teen Center Field Trips

- **14 Dec**, Winter Ski Trip (Jisan Forest Resort)
- **23 Dec**, Coex Mall & Aquarium
- **27-28 Dec**, Winter Lock-In
- **3 Jan**, Ice Skating Field Trip
- **11 Jan**, KBL Basketball Game Field Trip

For CYS-Registered Families
with Children enrolled in MS/T.

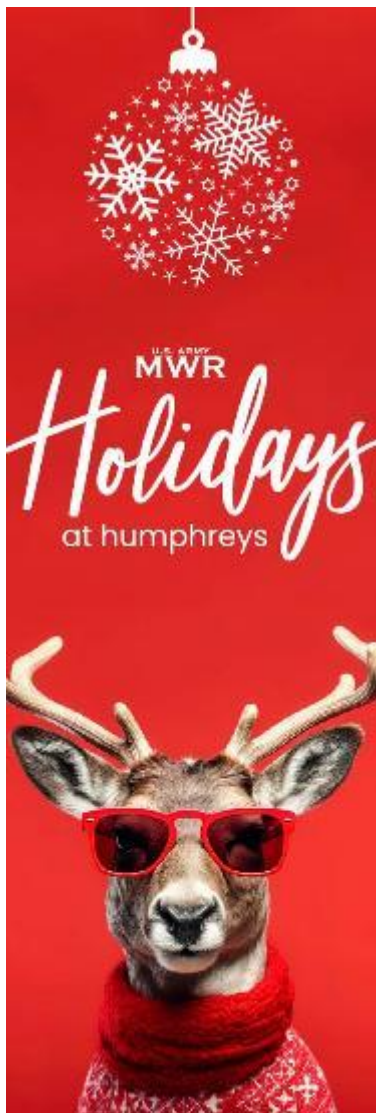




U.S. ARMY

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Community Recreation




GINGERBREAD HOUSE
 FRIDAY, DECEMBER 6
 AFTER TREE LIGHTING EVENT

- BUILD YOUR OWN CARDBOARD HOUSE
- 1 KIT PER 1 CHILD
- LIMITED QUANTITY. FIRST COME, FIRST SERVED




COMM +82 (0)50-3357-2286
DSN (315) 757-2286
 Humphreys.ArmyMWR.com



tree lighting
 Friday, December 6 • 5pm - 9pm
 Downtown Plaza Area

8th Army Band Holiday Concert
 Local Vendors • Food Trucks • Holiday Crafts & Activities
 Light Show & Photos with Santa

@HumphreysMWR
 Humphreys.ArmyMWR.com

SNOW GLOBE
 Do-It-Yourself
 SAT, DEC 14 • 3PM-4PM
 MAKE A BEAUTIFUL SNOW GLOBE
 LIMITED QUANTITY, FIRST COME FIRST SERVED



FAMILY CHRISTMAS
Bingo

SUN, DEC 15
STARTING AT 3PM

COME AND ENJOY OUR
 FAMILY CHRISTMAS BINGO
 PRIZE FOR 1ST PLACE IN EACH GAME
 1 BINGO CARD FOR EACH FAMILY MEMBER
 PLAY 3 GAMES



FOR MORE INFORMATION
 DOWNTOWN RECREATION CENTER BLDG 5724
COMM +82 (0)50-3357-2286
DSN (315) 757-2286
 Humphreys.ArmyMWR.com

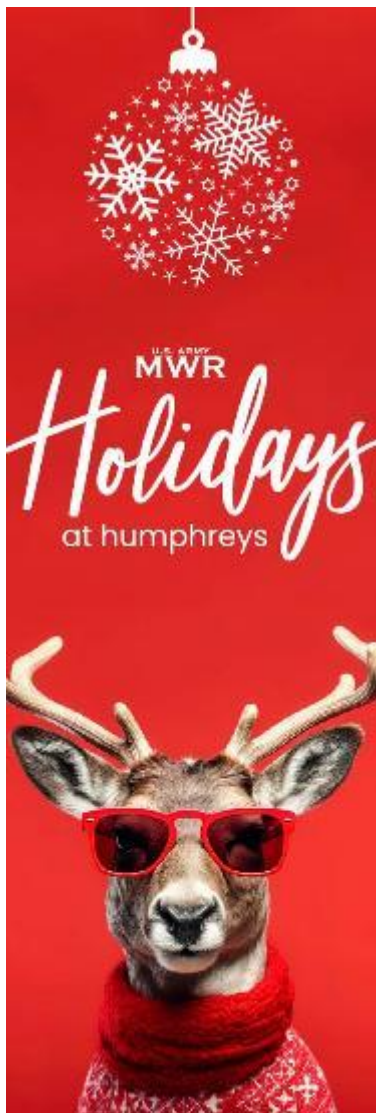




U.S. ARMY

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Community Recreation



 **DOWNTOWN RECREATION CENTER**

DO-IT-YOURSELF
CHRISTMAS PAPER LANTERN MAKING
SAT, DEC 21 • 3PM-4PM
MAKE A BEAUTIFUL PAPER LANTERN
LIMITED QUANTITY, FIRST COME FIRST SERVED
1 KIT PER CHILD


FOR MORE INFORMATION
DOWNTOWN RECREATION CENTER BLDG 5724
COMM +82 (0)50-3357-2286
DSN (315) 757-2286
Humphreys.ArmyMWR.com






**Holiday
MOVIE MARATHON
MANIA** *with* **HOT COCOA & POPCORN**
(Tue) 24 Dec 2024 | 10AM – 8PM
Downtown Recreation Center






**SITMAN
DEADLIFT
COMPETITION**

WED, DEC 18 CHECK-IN AT 1700
COMPETITION BEGINS AT 1800
SITMAN FITNESS CENTER BLDG 6815

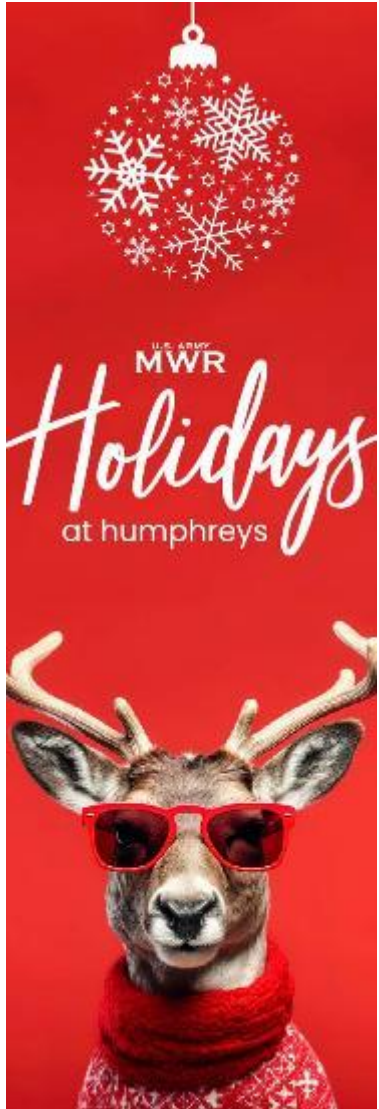
MEN'S & WOMEN'S DIVISION
FEATHERWEIGHT • LIGHTWEIGHT • MIDDLEWEIGHT • HEAVYWEIGHT
CONVENTIONAL LIFT ONLY

\$30 REGISTRATION + EVENT HOODIE
DEADLINE DEC 6

FREE REGISTRATION (NO HOODIE)
DEADLINE DEC 13

OPEN TO DOD ID CARDHOLDERS AGES 18 & UP





USAG Humphreys **HOME BASED BUSINESS**

Humphreys.ArmyMWR.com



HBB TRAINING

Learn the **NEW** changes making it easier and quicker to gain approval to operate an on-post Home Based Business.

For more information on how to request On-Demand training, scan here:





U.S. ARMY

USAG Humphreys BOSS



APPLY TODAY

President
SGT Laurengregg E. Rimalos



Senior Military Advisor
CSM Monty C. Drummond



MWR Advisor
Mr. Lorenzo H. Ranches



Vice President CUOPS
SGT Jordan T. Owens



PENDING

Vice President FUOPS
PENDING



Secretary
PFC Daniel Jean-Charles



VP KATUSA Liason
CPL Sang Woo Park



APPLY TODAY

Treasurer
VACANT





U.S. ARMY

USAG Humphreys BOSS

OLD NEWS

- BOSS Recreational and Leisure trips this month accumulated over 125 participants total.
- The 2nd Inclusion Cup of FY25 was a major success with huge participation including KATUSA's and Chain of Command.
- BOSS held an award ceremony for the last quarter of FY24 to commemorate the BOSS community by awarding outstanding service members.



Inclusion Cup

2nd FY25 Inclusion Cup Winner: 1SIG



Place	Brigade	Points
★ 1st	1SIG	34
☆ 2nd	8th Army	25
☆ 3rd	2CAB	23
4th	19 ESC	11
5th	2DSB	10
6th	IMCOM	9
6th	19 th MP	0
7th	(Rotational)	0
7th	21D DIVARTY	0
8th	501 st MI	0
8th	65 th MED	0
9th	2ID	0





U.S. ARMY

USAG Humphreys BOSS

DEC Highlights



Inclusion Cup Event:

Santa's Olympic Challenge

Date & Time: DEC 17 | 1400 - 1700

Location: Sitman Gym

BOSS Rep. Training:

(Every first Tuesday of the month)

Date & Time: DEC 3 | 1400 -1700

Location: BOSS Office bldg.5724

Installation Meetings:

Date & Time: DEC 10 | 1400 - 1700

Location: Downtown Recreation Center bldg. 5724



MWR Appreciation Meal

Date & Time: DEC 10 | 1100-1300

Location: Downtown Lanes bldg.5722



Garden of the Morning Calm (Holiday Light show)

Date & Time: DEC 21 | 1300-2300

Location: Outside Walk-in Gate



BOSS x PAO: Holiday Orphanage Trip (30 Slots)

Date & Time: DEC 21 | 0900-1700

Location: Outside Walk-in Gate



Oak Valley Ski Resort

Date & Time: DEC 28 | 0600-2000

Location: Outside Walk-In Gate

Find out more about Quality of Life, Recreation & Leisure, Community Service, and Life Skills with Humphreys BOSS by visiting: humphreys.armymwr.com/programs/boss

Follow us on Social Media and hashtag #humphreysboss



HumphreysBOSS



usag_humphreys_boss



HumphreysBOSS

Questions, Comments or Concerns:
Email: camphumphreysboss@army.mil
DSN: (315) 757-1647





Army Education Center

i **Location:** Bldg #657, Freedom Road
COMM: 0503-355-3600 / **DSN:** 755-3600
Email: usarmy.humphreys.id-pacific.mbx.administration@army.mil

🕒 Hours of Operation:

- MON, TUE, WED, & FRI 0800-1700
- THU 1300-1700





Army Education Center

American Education Week (Nov 18-22)

RECAP

Ribbon Cutting Ceremony

- The Garrison Commander opened the American Education Week with a ribbon cutting at the Education Center

Total Participants

- Total 110 participants attended workshops by engaging with the speakers

BSEP Honors Ceremony

- 45 service members recognized for GT scores of 120+
- Interviewed SPC Lee, who scored 139

Grand Reopening at Vandal

- Schools (UMGC & ERAU) and the Edu Ctr restarted our services for service members at the Vandal (aka TSAK)





U.S. ARMY

DPW

Upcoming Repairs Taro Avenue

Taro Avenue (between 11th street and Tropical Lightning)

may experience intermittent traffic delays

15 Jan 2025 thru 31 Jul 2025

Contractors will repair deteriorating pavement

Construction will be accomplished in 3-phases to allow single lane road use

Phase 1 – 15 Jan to 20 Mar 2025

Phase 2 – 20 Mar to 20 May 2025

Phase 3 – 01 Jul to 31 Jul 2025





DPW Housing



Dear Valued Customers,

eMH training is scheduled at the Army Housing office (AHO)

from December 10 to December 12. During this period, we regret to inform you that very limited housing services and out-processing of customers will be provided.

If you have any urgent matters, please contact us using the information below.

0503-356-4357

Your Army Housing Team

If you have any questions, please contact at Housing Division, DPW 757-2647

E-mail: usarmy.humphreys.id-pacific.list.usag-humphreys-housing@army.mil





U.S. ARMY

DPW Housing



US ARMY GARRISON HUMPHREYS
Housing Division



Dear Valued Customers,

Email is our primary means of contact with residents to provide direct messages, mass notification, and information concerning housing operations & maintenance events that impact you and your families. We ask that you please ensure that your contact information is up to date. Please reach out to us @

usarmy.humphreys.id-pacific.list.usag-humphreys-housing@army.mil

Or by phone @ 0503-356-4357

Your Army Housing Team





U.S. ARMY

Religious Support Office

USAG-Humphreys 2024 Holiday Religious Services and Programs

EVENT

DATE/TIME

LOCATION

Catholic

Christmas Eve Vigil/Family Mass (meets Holy Day Obligation)	24 DEC 1730	Freedom Chapel
Christmas Eve Mass During the Night (meets Holy Day Obligation)	24 DEC 2200	Freedom Chapel
Christmas Mass During the Day (Holy Day of Obligation)	25 DEC 0900	Freedom Chapel
Feast of the Holy Family	29 DEC 0900	Freedom Chapel
New Year's Day/Mary, Mother of God	01 JAN 1730	Freedom Chapel
Feast of the Epiphany – Blessing of Chalk for House Blessings	05 JAN 0900	Freedom Chapel

Protestant Thanksgiving / Christmas Services

Burning Bush Gospel Service Christmas Service and Dinner	22 DEC 1000	Warrior Chapel
Agape Camp Christmas	06 DEC 1600	4CMC
Spanish Christmas Service and Dinner	22 DEC 1330	Pacific Victors Chapel
Common Ground Christmas Service	22 DEC 1100	Freedom Chapel
Agape and Common Ground Combined Svc (Christmas Eve)	24 DEC 1800	4CMC
Christ the King Liturgical Service (Christmas Eve Svc)	24 DEC 1700	Pacific Victors Chapel
Cross Road Chapel Service and Christmas Dinner	1 JAN 1100//20 DEC 1700	K16 Chapel

Jewish

Hanukkah Celebration	25 DEC – 2 JAN	4CMC
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Pagan

Yule	14 DEC 1800	4CMC Tree Sanctuary
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Midgard Fellowship

Yule	28 DEC 1700	4CMC Tree Sanctuary
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Buddhist

Bodhi Day	19 DEC 1130	Warrior Chapel
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New Years Eve Service

Gospel Watchnight Service	31 DEC 2100	Warrior Chapel
Spanish New Year's Service and Dinner	31 DEC 2100	Pacific Victors Chapel

**Enjoy a meaningful and joyous
Holiday Season!**

For more information:
<https://home.army.mil/Humphreys/index.php/about/Garrison/religious-support-office>



Korea Wide Emergency Phone Number:

- **1551-0911** (GPS enabled phone service, tracks callers' location and forwards it to nearest **US Army Fire Department**)
 - **Sister services are not linked on this option**

Area III DSN Emergency Phone Number (to include K16):

- 911
- 755-7911
 - From a Cell Phone 0503-355-7911

Alternate:

- 911 from Cellphone (when dialed, local 119 Call Center will answer the call and forward it to USAG Humphreys Fire & Emergency Services)

MyArmyPost App

- Use Emergency Numbers Option (App will dial Area III Emergency Number)

Special Traffic Violation Enforcement

WHO	Gyeonggi Nambu Provincial Police
WHAT	DUI, Bus Lane Violations, Speeding, Aggressive Driving, etc.
WHEN	November 2024 to January 2025
WHERE	Gyeonggi Province (Surrounding area of Seoul)
WHY	Addressing increased traffic violations during Year-end and New Year
HOW	Setting up DUI checkpoints, Utilizing helicopters and undercover patrols



Mandatory Placement of Fire Extinguisher

WHO	Korean National Fire Agency
WHAT	Vehicles with five or more seats
WHEN	From December 1, 2024
WHERE	Regular vehicle inspections
HOW	“For Vehicle Use” label and over 0.7kg



Flexible Patrol



순찰신문고

주민들께서 순찰을 희망하는 불안장소를 우선적으로 순찰합니다.

순찰을 희망하는 상세주소를 주변지까지 입력하세요
(예: 백두산로10길 77 또는 한라산로 77)

순찰위치 지정주소 입력(예:통일로 97)

탄력순찰 소개 지도 바로가기 게시판

경찰청 KOREAN NATIONAL POLICE AGENCY

- ▶ Allows residents to request patrols at specific times & locations
- ▶ Address ▶ Date and Time ▶ Reason ▶ Suggestion
- ▶ Request will be implemented depending on the situation, and it may not always be possible due to emergency calls
- ▶ Online : <http://patrol.police.go.kr> (**available in Korean only**)
Offline : any nearby Police Box or KNP Branch Office

(DSN 755-9916 / Cell 010-9993-1206 / Bldg No. 859)



Visit with Santa!

- Children and Families can take a quick photo with Santa!
- Date: 7, 14 & 21 Dec (Sat)
- Time: 13:00-15:00
- Location: Main Store



Midnight Madness

- Manager Specials, Games & Win prizes, Giveaways!
- Date/Time: 13 Dec (Fri), 21:00-24:00
- Location: Main Store



Free Showing

- DEN OF THIEVES 2
- Date: 14 Dec (Sat)
- Troop Theater at 17:30
- Family Theater at 19:00



Christmas Trivia

- Guess the right answer and Win a Prize!
- Date/Time: 20 Dec (Fri), 16:30-18:00
- Location: DSC Mall



U.S. ARMY

Exchange



YAMAHA

NOW OPEN!

Acoustic Guitars,
Electric Guitars,
Keyboards and more!

**Repair Service
Available!**

Downtown Shopping Center Mall Bldg. 5700



Now Open! TMM, Bldg. #6803

Phone orders for Pick-up Available!
@070-7597-2880



TELL US HOW WE CAN SERVE YOU BETTER.

- 1 Talk to the manager for on-the-spot solutions.**
- 2 Give us a call at:
800-527-6790
DSN 967-2011
0730-1530 (CST) Mon- Fri**
- 3 Share your thoughts at:
*shopmyexchange.com***

More ways to offer feedback!



George McNamara
General Manager
756-8500
mcnamarag@aafes.com



Son, Chung-yun
Food Court Manager
031-646-2815
soncy@aafes.com



Megan Rall
Main Exchange Manager
757-8500
rallmm@aafes.com



Choe, Un-hye
Services Business Manager
031-647-7061
eunh@aafes.com

➤ Problem Resolution

- **Manager on Duty**
 - Top 3 Managers
- **WILL- Engage**
 - ICE
 - Exchange Facebook
 - Direct Contact
 - Meet the Manager Events
 - Newcomers
 - CCIE
 - Townhalls
- **LIMITED OR NO- Engage**
 - Local Facebook pages
 - Media- only thru HQ PAR Office
- **OBJECT – Timely and effective resolution of issue**





Humphreys Commissary

SCHOLARSHIPS FOR MILITARY CHILDREN

The Scholarships for Military Children Program.
The application period for the 2025-2026 academic
year will open on December 11, 2024 close on
February 12, 2025



HOW TO APPLY

All applications will be submitted online only.

Apply at www.militaryscholar.org



Scholarship program of Fisher House Foundation





U.S. ARMY

Humphreys Commissary

The Camp Humphreys Commissary have teamed up with 2ID and partnered to offer pre-packaged meal bags for purchase. These bags are available for customers to buy and donate, aiming to serve all military families in South Korea through the Warrior Food Pantry (from 1 Dec to 20 Dec).

We appreciate your efforts to ensure military families has a Happy Holiday.





U.S. ARMY

Humphreys Commissary



ENTER FOR A CHANCE TO WIN A \$300 Gift Card.

When: 1 Dec -24 Dec

Where: Humphreys Commissary

What: Your Shopping Receipts entry must be submitted.

The 6 winners will be contacted on 30 December, 2024.

**SANTA CLAUS will be visiting your Camp Humphreys
Commissary on Tuesday, December 24th 13:00-15:00
for photos and to hand out a special holiday surprise!**





DoDEA – Important Information & Dates

Schools Need Substitute Teachers



<https://www.usajobs.gov/GetJob/ViewDetails/604921500>

DoDEA Pacific West Information Site



<https://www.dodea.edu/pacific/pacific-west/usag-humphreys-schools>

No School for Students:

December 13: CCRS Professional Learning Day
December 23-January 3: Winter Recess
January 17: Teacher Workday
January 20: Martin Luther King Jr. Day
January 31: CSI Day (Lunar New Year)

Upcoming School Dates:

December 6: Accelerated Withdrawal 1st Semester
January 16: End of 2nd Quarter and 1st Semester
January 21: Begin 3rd Quarter and 2nd Semester

Upcoming School Events:

December 7: SAT at HHS
December 14: ACT at HHS
January 7: HMS – SAC Meeting
January 14: HWES – SAC Meeting
January 15: HCES – SAC Meeting
January 21: HHS – SAC Meeting

School Office Hours: 0700 – 1600 hrs.

School registration website:

<https://dodeasis.myfollett.com/aspen/logon.do>





Brian D. Allgood Army Community Hospital

AREA III Health Care Facilities Winter Holiday Schedule

FACILITY / CLINIC	23 DEC, MON	24 DEC, TUE	25 DEC, WED	26 DEC, THU	27 DEC, FRI	30 DEC, MON	31 DEC, TUE	01 JAN, WED	02 JAN, THU	03 JAN, FRI
			Christmas Day (US/ROK)		Christmas Training Holiday (US)	EOY Training Holiday		New Years Day (US/ROK)	New Years Day (USFK LN)	
BDAACH	REGULAR OPERATIONS	REGULAR OPERATIONS	Outpatient CLOSED ER & Inpatient Open 24/7	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	Outpatient CLOSED ER & Inpatient Open 24/7	REGULAR OPERATIONS	REGULAR OPERATIONS
BDAACH Patient-Centered Medical Home (PCMH) (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
BDAACH Pharmacy (MON-FRI, 0800-1800)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
BDAACH Lab / Specimen Collection (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
BDAACH Radiology (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
BDAACH Multi-D Outpatient Behavioral Health (MON-FRI, 0800-1700)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REDUCED SERVICES	REDUCED SERVICES	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
Warrior Behavioral Health Clinic (MON-FRI, 0800-1700)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REDUCED SERVICES	REDUCED SERVICES	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
Pacific Guardian Behavioral Health Clinic (MON-FRI, 0800-1700)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REDUCED SERVICES	REDUCED SERVICES	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
Carius Dental Clinic (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REDUCED SERVICES	REDUCED SERVICES	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
SGT Kim Clinic Soldier-Centered Patient Home (SCMH) (MON-FRI, 0830-1630)	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REDUCED SERVICES	REDUCED SERVICES	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
SGT Kim Clinic OPTOMETRY (MON-FRI, 0800-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	CLOSED	CLOSED	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
SGT Kim Clinic Pharmacy (MON-FRI, 0830-1630)	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REDUCED SERVICES	REDUCED SERVICES	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
SGT Kim Clinic Lab (MON-FRI, 0830-1630)	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REDUCED SERVICES	CLOSED	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REDUCED SERVICES	REDUCED SERVICES
SGT Kim Clinic Radiology (MON-FRI, 0830-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS
Medical Readiness Team (MRT) Clinic at One-Stop (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REDUCED SERVICES	CLOSED	REGULAR OPERATIONS	REDUCED SERVICES	REDUCED SERVICES	REDUCED SERVICES	CLOSED	REDUCED SERVICES	REGULAR OPERATIONS
One-Stop Dental Clinic (MON-FRI, 0730-1630)	REGULAR OPERATIONS	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	CLOSED	CLOSED	REGULAR OPERATIONS	CLOSED	REGULAR OPERATIONS	REGULAR OPERATIONS



BDAACH PCMH: Immunizations & Allergy Clinic

Regularly Scheduled (Routine) Immunizations

- Available by appointment only. To schedule: **MHS Genesis Patient Portal***, Call the Central Appointment Line – **DSN: 315-737-CARE (2273) Commercial: 0503-337-2273**
- *Appointments > Schedule an Appointment > Select “View All Appointment Types” > from dropdown select “Immunization In Person Visit” > Search for Army Medicine Brian D. Allgood ACH Family Medicine Clinic > Select a Date and Time

Allergy Patient Immunizations

- Established Allergy Patients can receive continuation of allergy shots. Appointment only, same as above.

Pediatric Immunizations & Well-Child Care

- For well-child exams, child must be empaneled at BDAACH PCMH. To schedule: Call the Central Appointments **DSN: 315-737-CARE (2273) Commercial: 0503-337-2273**
- Routine childhood immunizations are generally performed during well-child exams. Catch up immunizations can be scheduled in the Immunization Clinic once well-child exam has been completed.

BDAACH PCMH Immunizations & Allergy Clinic

Hours: MON – WED & FRI 0820-1140 & 1300-1620; THU 1300-1620.



Schedule an Appointment

Available Vaccines

1. Anthrax
2. COVID-19 (when available)
3. DTaP
4. Hepatitis A
5. Hepatitis B
6. HIB
7. HPV
8. IPV
9. JEV
10. Meningococcal
11. MMR
12. Pneumococcal
13. Rabies (routed from ED)
14. Rotavirus
15. RSV
16. Shingles
17. Td / Tdap
18. Typhoid
19. Varicella
20. Yellow Fever





U.S. ARMY

Brian D. Allgood Army Community Hospital

Other Immunizations

Walk-in Immunizations for Service Members

- Available at MRT located in Maude Hall/One Stop (Bldg. 6400) 2nd floor.
- Hours: MON-WED & FRI 0800-1130 & 1300-1600; THU 1300-1600

Immunizations For TRICARE Select and Non-enrolled Patients

- Contact TRICARE or your health insurance provider to ask which clinics and immunizations are covered.
- BDAACH PCMH Immunization Clinic is happy to provide appointments for TRICARE Select and Non-enrolled Patients. For billing information, please check with your insurance or the business office.
- Anyone can book an appointment at the Immunizations Clinic, except for well-child immunizations for children who are not empaneled. Well-child immunizations are only available to children with an assigned PCM at BDAACH PCMH.
- For pediatric immunizations it is recommended to establish care with a host-nation PCM and have vaccines provided with a child's physician/clinic.
- If a patient needs immunization records to be added to their MHS GENESIS patient records, please contact the PAD office on the second floor to have them uploaded.

**2024-2025 COVID-19 Vaccine
&
RSV Vaccine**

Now Available!

Book an appointment on the **MHS Genesis Patient Portal** or call the **Central Appointment Line** today!





U.S. ARMY

Armed Forces Wellness Center

May your Holidays be bright and balanced!



December Classes:

- ❖ 12/03 at 1000 Stress Management
- ❖ 12/04 at 1000 ACFT Performance Optimization
- ❖ 12/06 at 0800 Meals in Minutes
- ❖ 12/10 at 1000 Healthy Sleep Habits
- ❖ 12/11 at 1000 Upping Your Metabolism
- ❖ 12/13 at 0800 Stress Management
- ❖ 12/17 at 1000 Fueling for Health
- ❖ 12/18 at 1000 Meals in Minutes
- ❖ 12/20 at 0800 ACFT Performance Optimization
- ❖ 12/24 at 1000 Upping Your Metabolism
- ❖ 12/27 at 0800 Fueling for Health
- ❖ 12/31 at 1000 Meals in Minutes



Our services are available for Active-Duty Military, Dependents, Retirees, Spouses, Reserve, National Guard, and DA/DOD Civilians. ★

Bldg 578
DSN: 315-737-5758
COMM: 010-3337-5758

Hours:
Monday-Thursday 0800-1600
Friday 0800-1200



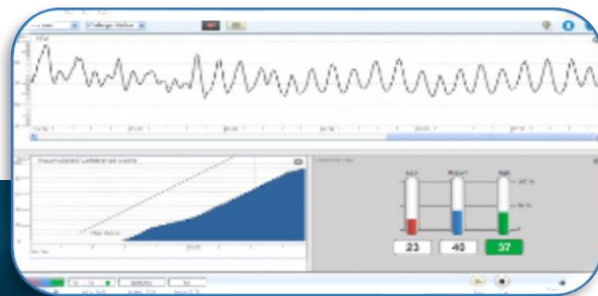


U.S. ARMY

Armed Forces Wellness Center

Individual Stress Management Training (ISMT)

*The emWave Biofeedback system teaches you to change or control your body's physiological reactions by changing your thoughts, emotions or behavior.



Stress Management techniques:

- ❖ Breathing
- ❖ Guided Imagery
- ❖ Meditation
- ❖ Progressive Muscle Relaxation

Stress Management Class

Addresses stress and how to better manage it. In this class attendees will learn about the science behind stress and impact it can have on the body, physically and mentally. We will also discuss stress management tools, ineffective methods of stress management and lifestyle choices associated with increased resilience.





U.S. ARMY

Dental Health Activity – Korea

Dental Readiness

It's part of your "fight tonight" medical readiness

Dental One-Stop Available Services

DAILY WALK-IN EXAMS FOR SERVICE MEMBERS
DUE FOR AN ANNUAL EXAM WITH 60-DAYS

MASS EXAM EVENTS COORDINATED FOR UNITS

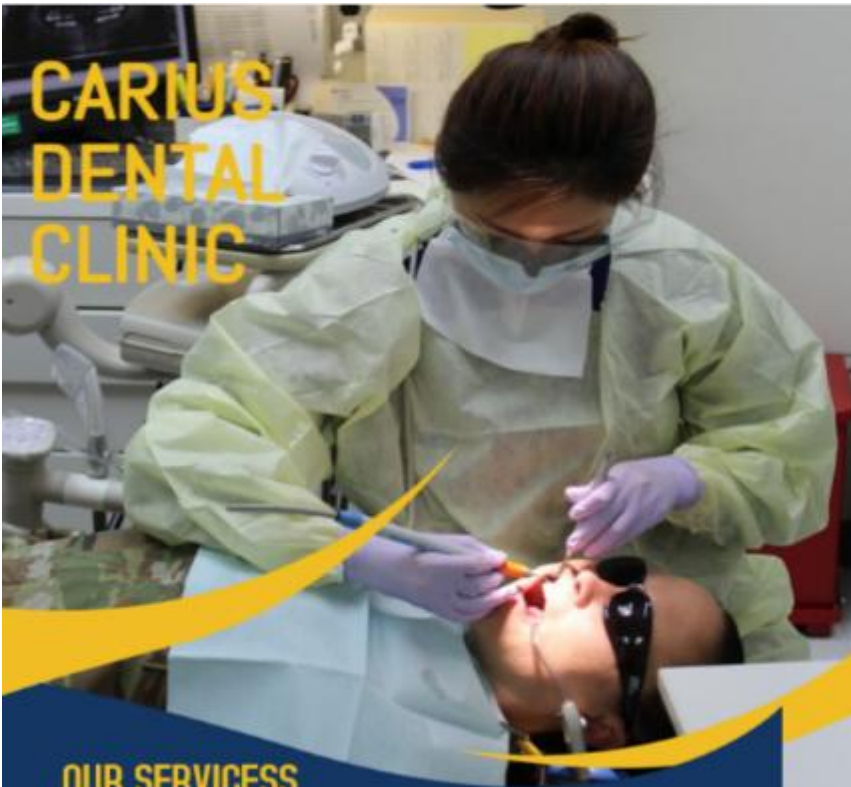
LIMITED SAME DAY/NEXT DAY SCHEDULED EXAM
APPOINTMENTS TO REDUCE THE WAIT TIME

07:30-16:30, Monday-Friday
Closed for Lunch 11:30-12:30

USAG Humphreys, Maude Hall,
Building 6400, 2F J208



CARIUS DENTAL CLINIC



OUR SERVICESS

- ✓ SICK CALL
- ✓ DENTAL READINESS
- ✓ PERIODONTICS
- ✓ PROSTHODONTICS
- ✓ ENDODONTICS

HOURS OF OPERATIONS

MONDAY - FRIDAY
7:30 a.m. - 4:30 p.m.
(EXCLUDING FEDERAL HOLIDAYS)

COMMERCIAL APPOINTMENT
0503-337-9206/9207

DSN APPOINTMENT
315-737-9206/9207

BLDG. 3020/ USADC
CARIUS # 15660/ APO
96271

WE ARE THE ARMY'S HOME





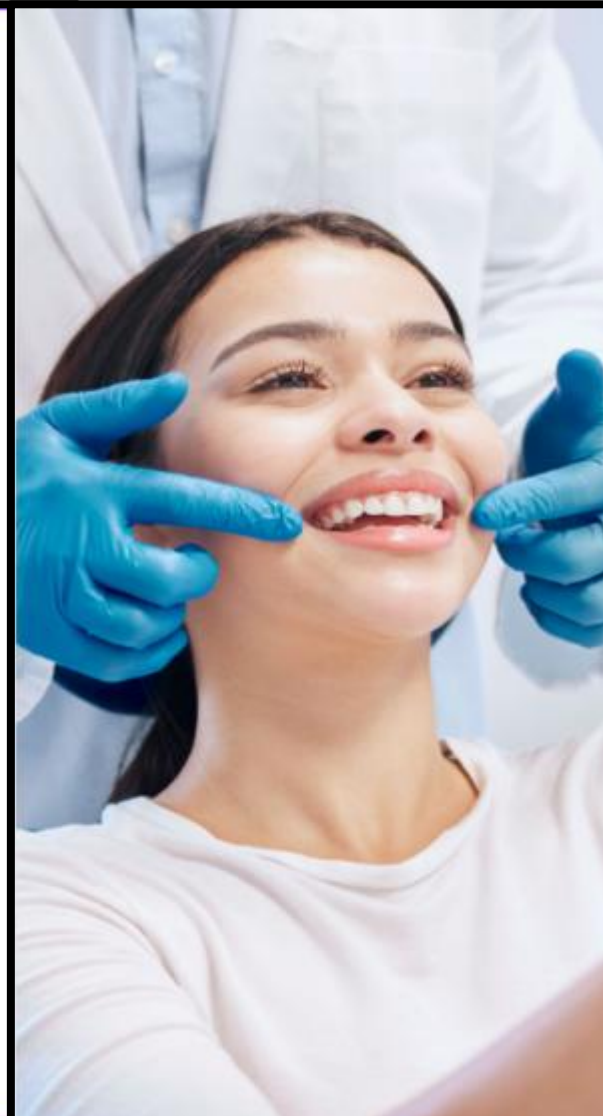
U.S. ARMY

Dental Health Activity – Korea

Carius Dental Clinic
BLDG 3020
0503-337-9206/9207



Pediatric Dentristy
Open Enrollment



TRICARE Dental Program Overseas

As an Active Duty Family Member, you are eligible to seek dental care for a licensed host nation provider

Call United Concordia (844-653-1060) or check MilConnect website or LES to ensure your family has active Dental insurance

Scan the QR Code or visit uccitdp.com to find a provider near you





U.S. ARMY

Veterinary Services



Camp Humphreys Veterinary Treatment Facility



CAMP HUMPHREYS VTF DECEMBER CLINIC SCHEDULE

Open for Full Operations Except:

- DEC 13: PET READINESS DAY
- DEC 25: **CLOSED (Christmas)**
- DEC 30: **CLOSED (Inventory)**
- DEC 31: **RECEPTION ONLY**
- WEEKENDS: **CLOSED**

Hours of Operation:

- Monday, Wednesday - Friday:
0900-1200 & 1300-1600
- Tuesday:
0900-1200 & 1330-1600

****JANUARY SCHEDULE OPENS
ON DEC 16 ****

SUN	MON	TUE	WED	THU	FRI	SAT
1 Closed Weekend	2 Wellness Health Cert Appointments	3 All Appointments	4 All Appointments	5 All Appointments	6 Wellness Health Cert Appointments	7 Closed Weekend
8 Closed Weekend	9 Wellness Health Cert Appointments	10 All Appointments	11 All Appointments	12 Wellness Health Cert Appointments	13 Pet Readiness Day	14 Closed Weekend
15 Closed Weekend	16 Wellness Health Cert Appointments	17 All Appointments	18 All Appointments *Surgery Day*	19 All Appointments	20 Wellness Health Cert Appointments	21 Closed Weekend
22 Closed Weekend	23 Wellness Health Cert Appointments	24 Wellness Health Cert Appointments	25 Closed Holiday	26 All Appointments	27 Wellness Health Cert Appointments	28 Closed Weekend
29 Closed Weekend	30 Closed Inventory Out-Processing ONLY	31 NEW YEAR'S EVE Reception ONLY				

DEC Pet Readiness Clinic

**13 DEC 2024
10:00am - 4:00pm**

Vaccines, microchips, pet registration, and assistance with pet travel documentation will be provided on a walk-in basis.

*** Payment due at time of service ***

Open to all Active Duty, Retirees, DA Civilians, and their dependents!

FOLLOW US ON SOCIAL MEDIA!

106th MED DET (VSS): <https://www.facebook.com/106thMDVSS>
Humphreys VTF: <https://www.facebook.com/CampHumphreysVeterinaryServices/>

WE ARE THE ARMY'S HOME





U.S. ARMY

Veterinary Services



Osan AB Veterinary Treatment Facility

OSAN AB VTF DECEMBER CLINIC SCHEDULE


Open for Full Operations Except:

- DEC 25: **CLOSED** (Christmas)
- DEC 27: **CLOSED** (Training)
- DEC 30: **CLOSED**
- DEC 31: **CLOSED** (Inventory)
- WEEKENDS: **CLOSED**

Hours of Operation:

- Monday - Friday
0900-1200 & 1300-1600

<div> <div>December</div>  <div>2024</div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED 1	2	3	4	5	6	CLOSED 7
CLOSED 8	9	10	11	12	13	CLOSED 14
CLOSED 15	16	Surgery Day (limited slots) 17	18	Surgery Day (limited slots) 19	20	CLOSED 21
CLOSED 22	23	24	Closed For The Holiday 25	26	CLOSED FOR TRAINING 27	CLOSED 28
CLOSED 29	CLOSED 30	CLOSED FOR EOM 31				



Exciting News!
**We Now Have THREE
Veterinarians!**

What This Means for Pet Parents:

- Increased Appointment Availability
- Faster Scheduling Options
- Same Quality Care You Trust

Ready to Book?

- Call Us: 0505-784-6614
- Visit Us: BLDG #766, Osan Air Base

FOLLOW US ON SOCIAL MEDIA!

106th MED DET (VSS): <https://www.facebook.com/106thMDVSS>

Osan AB VTF: <https://www.facebook.com/OsanABVeterinaryServices/>

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U.S. ARMY



HOLIDAY PET SAFETY TIPS

SAFE FOODS

Holiday pet DON'TS

Nothing can spoil good cheer during the holiday season like an emergency trip to the veterinary clinic. These tips can help keep your winter holiday season from becoming not-so-happy - for you and your pet.

avma.org/Holiday



TABLE SCRAPS
& PEOPLE FOOD



ACCESSIBLE
TRASH CANS



TOXIC
PLANTS



OPEN
FLAMES



TOXIC
TREATS



TINSEL



UNSECURED
TREES



PETS
AS GIFTS



Brought to you by your veterinarian and the American Veterinary Medical Association



DANGEROUS FOODS

HAZARDOUS ITEMS





U.S. ARMY

SUDCC Area III

UNCLASSIFIED



Substance Use Disorder Clinical Care

Provide substance use disorder clinical care, including assessment, treatment, and aftercare, for Service Members within an integrated medical and behavioral health model to enhance health and readiness.

Unit- Aligned
Group Therapy
Individualized Care
Community Outreach
Command Collaboration
Psychoeducational Groups



BDAACH(5th Floor)

DSN: 315-737-1905

Pacific Guardian (Kim's Clinic)

DSN: 315-737-5791

Warrior Clinic

DSN: 315-737-5177

Providing educational briefs for various units. If your unit is interested in a SUDCC brief, please email us at usarmy.humphreys.medcom-kor.list.bdaach-sudcc@health.mil or maria.i.guerrero3.civ@health.mil





U.S. ARMY

AMERICAN RED CROSS



American
Red Cross

Host Nations that HCC requests support from ARC on installation

- Korea
- Japan
- Germany
- Italy
- Spain
- United Kingdom

Countries ARC HCC can verify with directly

- Canada
- Territories of Guam
- Puerto Rico
- USVI: St. John, St. Croix, & St. Thomas
- American Samoa
- Micronesia Commonwealth of the Northern Mariana Islands: Saipan, Rota, Tinian

RED CROSS MESSAGE VERIFICATIONS IN FOREIGN COUNTRIES

Countries listed here have Red Cross or Red Crescent Societies which cooperate with American Red Cross to ATTEMPT verifications in their countries related to emergencies through a secure ICRC platform.

Information received may be limited. Societies sometimes take days to respond or may not be able to support requests at all.

*HCC – Hero Care Center

*ICRC – International Committee of the Red Cross



**American
Red Cross**

Service to the Armed Forces

Approved Sister Societies with Cooperating Agreements

- Belize
- Colombia
- Costa Rica
- Ireland
- Jamaica
- Myanmar
- Mexico
- Norway
- Philippines
- Poland
- PRC (Hong Kong Only)
- Spain
- Thailand
- Trinidad & Tobago
- Micronesia Republic of Palau
- Federation States of Micronesia: Yap, Chuuk, Pohnpei, Kosrae
- Republic of the Marshall Islands: Majuro, Ebeye, Kwajalein





U.S. ARMY

AMERICAN RED CROSS



American
Red Cross

Mindful Movement

The Red Cross offers a **FREE** Mindful Movement class program to any interested groups on base!

These classes are for de-stressing and winding down in any moment from work to school. Learn breathing techniques, light stretches, and Mindful thinking to bring you into the present moment. Classes are 45 minutes in length.



Adult 18+ Class

- Activities are for all levels of fitness
- Pairs well with training days
- Counts for PT/Resiliency



Family Class

- Interactive mindfulness
- Connect with your child as you partner together to learn helpful new tools



Contact our office to schedule a class today!

DSN Phone: 315-757-2348 Commercial phone: 0503-357-2348

Email: SAFHumphreys@redcross.org

WE ARE THE ARMY'S HOME

48 of 63





U.S. ARMY



American Red Cross



American Red Cross

Service to the Armed Forces



HOURS

Mon-Fri 8am-4:30pm



DSN: (315) 757-2348
COMM: 0503-357-2348



SAFHumphreys@redcross.org



Maude Hall, Bldg 6400
2nd Floor, Room M201

Red Cross Classes

Adult & Pediatric First Aid/ CPR /AED: \$18

(Standard course – anyone welcome)

December 10 1200-1500

December 11 0900-1200

December 14 0900-1200

December 20 0900-1200

December 27 0900-1200

January 10 0900-1200

January 17 0900-1200

January 24 0900-1200

Babysitting Basics & Pediatric First Aid/CPR/AED: \$15

(11yrs old and up)

Keeps in guidelines with Child Supervision Age
matrix

Dates: TBD – Please contact us to be
added to waitlist

BLS: \$12

(Generally for medical personnel, refresh)

January 8 0900-1200

January 22 0900-1200

Payment: Debit or Credit only

For more information
check out our
Facebook page





U.S. ARMY



Volunteers
NEEDED



- Mindful Movement Coaches
- Animal Visitation Program (Lead)
- Volunteer Engagement
- Event/outreach coordination/assistance
- Office/administrative assistance
- CPR/Babysitting instructors
- Caseworkers
- Disaster Response
- And more...

Turn your **COMPASSION** into **ACTION!!** We can't do what we
do without **VOLUNTEERS!!**

Contact our office for more information or to sign up!!



FY24 Holiday Meal and it's purpose

- ❑ The purpose of this operation is in keeping with a long-standing military tradition, serving a Holiday meal to Soldiers, KATUSAS, civilians, family members and guests.
- ❑ This tradition was established to instill esprit de corps during the holiday season, providing a holiday dining room table away from home.
- ❑ This event allows all culinarians (92Gs), an opportunity to transform their dining facilities from a facility of day-to-day operations into a winter wonderland for the community.



Holiday Meals Dates/Times

- ❖ **Camp Humphreys Dining Facilities open on 25 Dec 24 from 1100-1400 hours**
 - Talon DFAC
 - Pittman DFAC
 - Provider DFAC
 - Spartan DFAC
- ❖ **Meal Cost- Meal Card Holder- Free**
 - Standard Rate: \$11.40
 - Discount Rate: \$8.45 (E1-E4 Dependents)
 - Cash or Credit Card Payment.

The mission of the SSMO is to provide World Class Food Service Operations and Customer Service to all USAG Humphreys Soldiers, KATUSAS and Civilians, in order to sustain our War Fighting capabilities and to improve morale and welfare.



"Fight Tonight"



The USO at Camp Humphreys strengthens service members and their families by connecting them to home, family, and country through programs, services, and support designed to enhance their morale, resilience, and quality of life while stationed overseas.



Maude Hall

Business Center & Lounge

WiFi & Computers w/ Internet
CAC Readers
Calls & Fax to U.S.
Gaming Systems & Board Games
Snacks & Beverages



Facebook

Sentry Village

WiFi & Computer w/ Internet
CAC Readers
Calls & Fax to U.S.
Gaming Systems & Board Games
Snacks & Beverages

Welcome to Korea- informational presentation

Adventurer's Guild- (Adult D&D)

Programs & Events- geared towards all Service Members, families, and the community.

Outreach- Motorpool Mondays & Care Packages, and more





USO Humphreys

U.S. ARMY

Maude Hall-

VISITS WITH SANTA- 17 & 18 Dec @ 1000-1400, 23 Dec @ 1100-1400

USO Holidays



[Korea.uso.org/events](https://korea.uso.org/events)

Cookie Command Center:
Sweets for Soldiers

Join CPT Chip on
December 5th
while we deploy bags
of cookies to our
service members for
the holidays!



White Supplier List

#USOCOOKIEWEEK

USO ENTERTAINMENT



Live cookie baking demo with Chef

NANCY SILVERTON

USO Humphreys-Sentry Village
Building P301



SAME GREAT
TASTE FROM
NEW
CHEF!




FOR THE PEOPLE WHO SERVE™

Hometown Holiday Greetings with AFN & USO Humphreys

[●REC]

Service members, Civilians, and Families will have the opportunity to come out and send a recorded holiday greeting to loved ones from their hometown.

December 10th @ 1000
USO Humphreys- Sentry Village
Building P301
0503 355 3712





FOR THE PEOPLE WHO SERVE™

A SWEET "HOUSE" PARTY

DECEMBER 13TH • 4PM

Reservations will be required.
1 kit per family/ group.





FOR THE PEOPLE WHO SERVE™

HO HO HO HOLIDAY BASH

December 20th
1600 - 1900

USO Humphreys- Sentry Village
Building P301





U.S. ARMY

USO Humphreys



Volunteer at USO



Center and Outreach Volunteers: Provides support, hospitality, and a welcoming environment to all guests.

Mentorship Program: Provide guidance and support to Service Members and military families.

USO Center Support: Assist with daily operations, guest services, and program execution.

How to Volunteer: Visit www.Volunteers.USO.org for registration and details.





U.S. ARMY

2ID / RUCD



Operation Warrior Feast was a HUGE success!

Day 1

Ruck March:

- Attended by thousands of 2ID, 501st and USAG-Humphreys Soldiers, civilians and family members

Day 2

Food Give away:

- 80 turkeys and 100 Cornish hens
- 100 bags of Thanksgiving non-perishables
- 80 \$50 Helping Hands Gift cards from UMTs

Other community updates:

- CYS has now created a self-release policy with parental consent
- SKIES gym: Open gym time monitored by Youth Center employees





U.S. ARMY

65th Medical Brigade – Pacific Medics



65TH MED BDE 38TH PARALLEL HEALTHCARE TRAINING SYMPOSIUM GOLF SCRAMBLE: From 21-25OCT24, 65th MED BDE hosted the 74th annual 38th Parallel Healthcare Training Symposium “Forging the Future of Battlefield Medicine,” for Soldiers, civilians, ROK partners across the Indo-Pacific. Over 500 personnel participated in the event and 100 hours of Continuous Medical Education (CME) credits were awarded to medical professionals who attended.

KOREAN CULTURAL IMMERSION PROGRAM: The cultural immersion program is a government funded program to enhance the moral of US members, DA Civilians, and family members. 28 Pacific Medics explored the Incheon Landing Operation Memorial Hall and China Town led by the BDE Unit Ministry Team.

HAUNTED HOSPITAL: On 26OCT24, the 549th HC brought the Halloween spirit to USAG-H with an unforgettable Haunted House and Trunk or Treat. Soldiers, Families, and volunteers packed the parking garage next to Brian D. Allgood Army Community Hospital with their costumes, candy, and enthusiasm and provided a great event for the community.

NATIVE AMERICAN INDIAN HERITAGE OBSERVANCE: On 20NOV24, 65th MED BDE, 1 SIG BDE, and 8A HHBN hosted NAIHM to enhance cross-cultural awareness and promote harmony among all military members, family members, and the civilian workforce.

RUCK FOR A CAUSE: Pacific Medics ruck marched from the 2ID Museum on 27NOV24 with canned food items, toys, and clothes to support Soldiers, families, and the community.

AIR ASSUALT OBSTACLE COURSE: Soldiers building team resiliency through Air Assault Obstacle Course Orientation training. After the orientation, participants completed TCCC training lanes, practicing patient triage and evacuation mentorship programs.

CHALLENGES/CONCERNS:

- Holiday season impacts for our at risk Soldier population. Reinforcing messaging and engaged leadership going into the holidays.



Operation Pacific Medic

- ❖ Advancing Fight Tonight Readiness
- ❖ Support Healthcare Delivery
- ❖ Strengthening Our People
- ❖ Preparing for an Army of 2030





U.S. ARMY

Unit Brief Schedule

January:

MARFOR-K



501 MI BDE



February:

1st SIG BDE



SOCKOR



USFK





U.S. ARMY

DPTMS – Upcoming Community Event for December 2024

Date	Time	Event/Location	OPR
6-Dec-24	1030	Fun Music Friday at Library	DFMWR
6-Dec-24	1100, 1300, & 1500	Winter Wreath Workshop at Arts & Crafts Center	DFMWR
6-Dec-24	1300-1400	Home Based Business Training at MWR Training Rm. Bldg. #12601	DFMWR
6-Dec-24	1330	8A Toy Ruck March along with Marne Avenue	8A/RSO
6-Dec-24	1500-1600	Gingerbread House at Downtown Recreation Center	DFMWR
6-Dec-24	1730-2000	Tree Lighting Ceremony at Downtown Plaza	DFMWR
7-Dec-24	0700-2000	Yongpyeong Ski Trip	DFMWR
7-Dec-24	1000-1300	Chess Club at Library	DFMWR
7-Dec-24	1000-1400	Breakfast with Santa, at Morning Calm Center	DFMWR
12-Dec-24	1800	BOSS Quality of Life Walkthrough from Downtown Recreation Center	DFMWR
13-Dec-24	0900-1130	Narrative Resumes, They're Built Different at ACS, Bldg. #6400	DFMWR
14-Dec-24	0700-2000	Welli Hilli Ski Trip	DFMWR
14-Dec-24	1000-1300	Pickleball Tournament at Zoeckler Fitness Center	DFMWR
14-Dec-24	1100-1500	Parent's Day Out at Hess CDC	DFMWR
14-Dec-24	1300-1600	Cotton Candy Making Class & Bounce Fun at Outdoor Recreation, Bldg. #110	DFMWR





U.S. ARMY

DPTMS – Upcoming Community Event for December 2024

Date	Time	Event/Location	OPR
14-Dec-24	1400	LEGO Club at Library	DFMWR
14-Dec-24	1500-1600	DIY Snow Globe Kit at Downtown Recreation Center	DFMWR
15-Dec-24	0400	Army vs Navy Game at Flightline Tap Room	DFMWR
15-Dec-24	1500	Family Christmas Bingo at Downtown Recreation Center	DFMWR
17-Dec-24	1430	Teen Holiday Hangout & Gingerbread Build at Library	DFMWR
18-Dec-24	1800	Deadlift Competition at Sitman Fitness Center	DFMWR
19-Dec-24	1900	Ping-Pong Tournament at Warrior Zone	DFMWR
20-Dec-24	1700-1900	Movie Night (Despicable Me 4) at Downtown Recreation Center	DFMWR
21-Dec-24	0830	Men's Breakfast at Four Chaplains Memorial Chapel	RSO
21-Dec-24	0700-2000	Welli Hilli Ski Trip	DFMWR
21-Dec-24	1300-2200	Ganghwamun Christmas Market Trip in Seoul	DFMWR
21-Dec-24	1500-1600	Christmas Paper Lantern Making at Downtown Recreation Center	DFMWR
22-Dec-24	0800-1800	Jisan Ski Trip	DFMWR
23-Dec-24 to 3-Jan-25		Winter Break	DoDEA





U.S. ARMY

DPTMS – Upcoming Community Event for December 2024

Date	Time	Event/Location	OPR
24-Dec-24	1000-00800	Holiday Movie Marathon at Downtown Recreation Center	DFMWR
24-Dec-24	1300-1600	Holiday Ornament Crafting Fun at Outdoor Recreation, Bldg. #110	DFMWR
25-Dec-24	1000-1400	Christmas Brunch at Morning Calm Center	DFMWR
25-Dec-24	1100-1200	Tinkering Toddlers at Library	DFMWR
26-Dec-24	1900-2300	Game Night at Warrior Zone	DFMWR
27-Dec-24	1400-1500	Ping Pong Tournament at Downtown Recreation Center	DFMWR
28-Dec-24	0700-2000	Oak Valley Ski Trip	DFMWR
31-Dec-24	2000	New Year's Eve Karaoke Contest Countdown at Flightline Tap Room	DFMWR





DPTMS – Upcoming Community Event for January 2025

Date	Time	Event/Location	OPR
01-Jan-25	1500	MakerSpace Open Lab at Library	DFMWR
02-Jan-25	1900	Ping Pong Tournament at Warrior Zone	DFMWR
04-Jan-25	0700-2000	Welli-Hilli Ski Trip	DFMWR
04-Jan-25	1000-1300	Chess Club at Library	DFMWR
04-Jan-25	1900	Pool Tournament at Warrior Zone	DFMWR
07-Jan-25	1730	BOSS Library Clean-Up	DFMWR

Resources:

USAG-H Facebook: <https://www.facebook.com/usaghumphreys>

USAG-H Webpage: [USAG Humphreys \(army.mil\)](https://www.army.mil/usag-humphreys)

USAG-H MWR: <https://humphreys.armymwr.com>

USO: <https://www.facebook.com/uso.humphreys/>

BAAACH: <https://www.facebook.com/549BDAACH/>

Humphrey Red Cross: <https://www.facebook.com/HumphreysARC/>

Main Exchange: <https://www.facebook.com/HumphreysExchange/>

DPTMS POC: Mr. Robert F. Nelson, 755-0820, robert.f.nelson.civ@army.mil.



Open Discussion / Questions



COL Ryan K. Workman

Garrison Commander, USAG-H

Next

Command Community Information Exchange (CCIE):

03 January 2025, 1030hrs

Location: Morning Calm Center

