



DEPARTMENT OF THE ARMY
INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON HUMPHREYS
UNIT #15228
APO AP 96271-5228

AMIM-HML (RN 100)

11 July 2025

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Command Policy #50, Over-the-Counter Medicinal Purchases Containing Dextromethorphan (DXM)

1. References:

- a. Department of Defense Education Activity (DODEA) Regulation 2051.1, Disciplinary Rules and Procedures, 23 March 2012
- b. USFK Regulation 600-52, Civilian/Family Member Overseas Misconduct, 17 February 2014
- c. USFK Command Policy Letter #6, Prohibited Substances, 24 February 2022

2. Purpose. To establish and define enforcement mechanisms regarding purchasing over-the-counter medicines containing Dextromethorphan (DXM) by minors in US Army Garrison Humphreys (USAG Humphreys). This policy is intended to compliment and support existing regulatory guidance regarding use and possession at school and current restrictions on the sale of medicines containing DMX to minors.

3. Definition. For purposes of this command policy, "minor" refers to SOFA status dependents and their guests who are under 18 years of age.

- a. Dextromethorphan is a semi synthetic narcotic (related to opium) and found in many over-the-counter cough suppressants in the United States and most countries. DXM is contained in any drug whose name includes "DM" or "Tuss."

- b. The drug comes in various forms. Most common are cough suppressants in caplet or liquid form, including Robitussin, Vicks Formula 44, Drixoral, Delsym, Pertussin, Coricidin, and several generic brands.

4. Applicability:

- a. This policy applies to all minors within USAG Humphreys.
- b. Supplementation of this policy is not permitted without prior approval of the USAG Humphreys Commander.

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5. Policy. Youth will not purchase over-the-counter cough medications on post.

6. Responsibilities and coordination.

a. Commanders will ensure USFK military personnel, the civilian components, and family members comply with this command policy.

b. AAFES and DeCA management will ensure sales personnel are aware of this policy.

c. Directorate of Emergency Services will be the designated representative of the USAG Humphreys Commander and has supervisory responsibility over the USAG Humphreys Youth Over-the-Counter Medicinal Purchases Program.

d. Civilian Misconduct Officer will ensure that the contents of this policy is updated when revision to this policy is deemed appropriate.

7. Exceptions to Policy:

a. Exceptions concerning this policy will be authorized or approved for a one year period, unless specifically stated in writing by the Commander, USAG Humphreys.

b. Personnel requesting an exception to this policy must submit their request to Directorate of Emergency Services (AMIM-HML), USAG Humphreys, Unit #15228, APO AP 96271-5228.

8. Violation of this policy may subject the minor to adverse administrative action IAW USFK Regulation 600-52. Similarly, a minor's unauthorized possession of DXM may subject the minor to adverse administrative action IAW USFK Regulation 600-52.

9. POC for this policy is Directorate of Emergency Services at 755-9919.


KRISTIN E. STEINBRECHER
COL, AD
Commanding

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