



USAG Humphreys Installation Prevention Plan

FY 2022

Prepared by the Army Substance Abuse
Program (ASAP) Risk Reduction Program in

conjunction with the Installation
Prevention Team (IPT)

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Introduction

PURPOSE:

To establish goals and promote prevention initiatives by integrating prevention and intervention strategies into a common framework, as well as introducing empirical measures to track outcomes.

OBJECTIVE:

To serve as guidance for commanders and service providers in an effort to address and prevent high risk behaviors that lead to adverse outcomes. Leaders at all levels should be familiar with this plan.

SCOPE:

PREVENTION/INTERVENTION: A proactive process which reduces harmful high risk behavior and fosters a safe environment.

This document is fluid in nature and may be changed to meet the needs of the community.

Prevention Goals

- Improved collaboration/communication
- Leadership and Command Involvement
- Positive personal decision making, peer influence, social networks, unit cohesion/positive climate
- Reduce Stigma & Increase By-Stander Interventions
- Alternative activities
- Support family involvement
- Ongoing education
- Reinforce Army values
- New Ideas

The Prevention Plan includes a detailed list of:

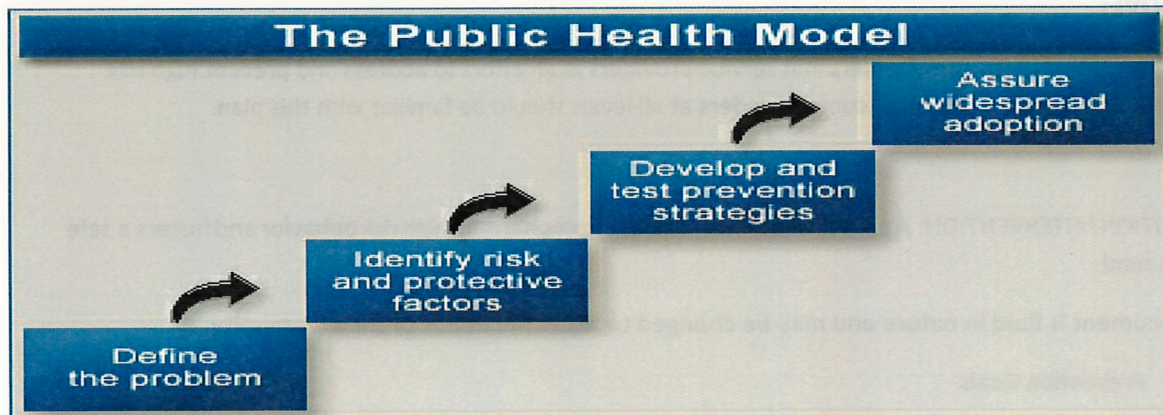
- Regulatory requirements
- Prevention activities/programs (some are combined where appropriate)
- Targeted populations
- The activity/program goals
- The milestones to implementing the program/activity
- The evaluation method
- Desired outcomes

Types of Prevention:

- Policy-Regulations
- Enforcement – Separation
- Communications - Campaigns, Media, Marketing
- Education - Service Member, Leader, Provider
- Collaboration - Community based programs
- Alternatives – Activities
- Early intervention - Proactive prevention

PREVENTION & THE PUBLIC HEALTH MODEL

The Public Health Model is a Scientific Based approach that focuses on the well-being of entire populations. This graph depicts the basis for the public health model, in the four areas of problem stating, analysis, response and desired outcome. In each section of this plan, each of these areas will be highlighted and discussed by factor.



Problem: DEFINE THE PROBLEM. The first step in preventing high risk behavior is to understand the 5 W's: "who", "what", "when", "where" and "how" that are associated with it. Grasping the magnitude of the problem involves analyzing data, to include frequency, motivation, extraneous factors/concurrent factors, trends and who it affects.

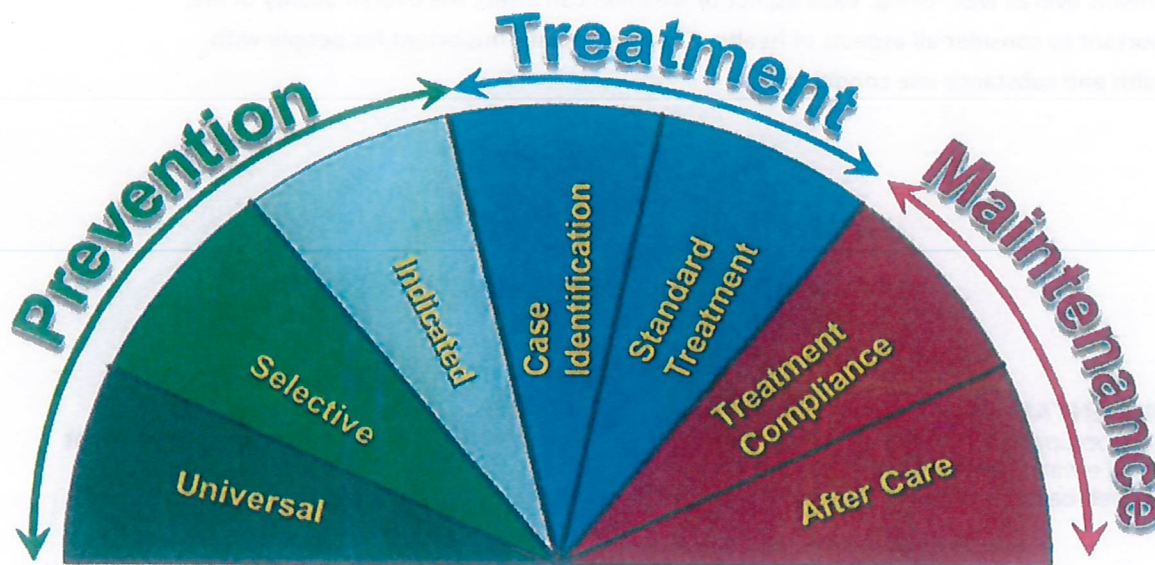
Analysis: IDENTIFY RISK AND PROTECTIVE FACTORS. It is not enough to know the enormity of a public health problem. It is also important to understand what factors protect our community members (Service Members, Family members, civilians, retirees, etc.) and what factors put them at risk. Why are the risk and protective factors useful? They help identify where prevention efforts need to be focused. Risk factors do not cause violence or other high risk behavior; the presence of a risk factor alone does not necessarily mean a person will experience a high risk behavior. The presence merely means that the potential is there.

Response: DEVELOP AND TEST PREVENTION STRATEGIES. Research data and findings from needs assessments, community surveys, stakeholder interviews and focus groups are useful for designing a prevention program. Using data from a variety of sources and findings is known as evidence-based approach to program planning. Once programs are implemented, they are evaluated rigorously and continuously to determine their efficacy.

Desired Outcomes: ASSURE WIDESPREAD ADOPTION. Once prevention programs have been proven effective or advantageous, they must be implemented and adopted more broadly. Communities are encouraged to implement evidence-based programs and to evaluate the program's success in an environment. Dissemination techniques to promote widespread adoption include training, networking, technical assistance and evaluation.

How do we determine the level of intervention? Using the public health model approach, we utilize the problem and analysis portion (see above) to determine what level of intervention is needed for all involved. The following graph is the Institute of Medicine's (IOM) model for

prevention.



Prevention:

Universal: A universal prevention strategy is something that is applied to the entire population. Think annual training.

Selective: Selective prevention strategies target subsets of a population that are deemed to be at risk based on their membership to a population segment. Think children of birth parents with Alcohol Use Disorder.

Indicated: Indicated prevention strategies are designed to prevent the onset of harmful high risk behavior by targeting those who fall in a risk group because they are demonstrating warning signs. Think individuals who have excessive credit card debt.

Treatment:

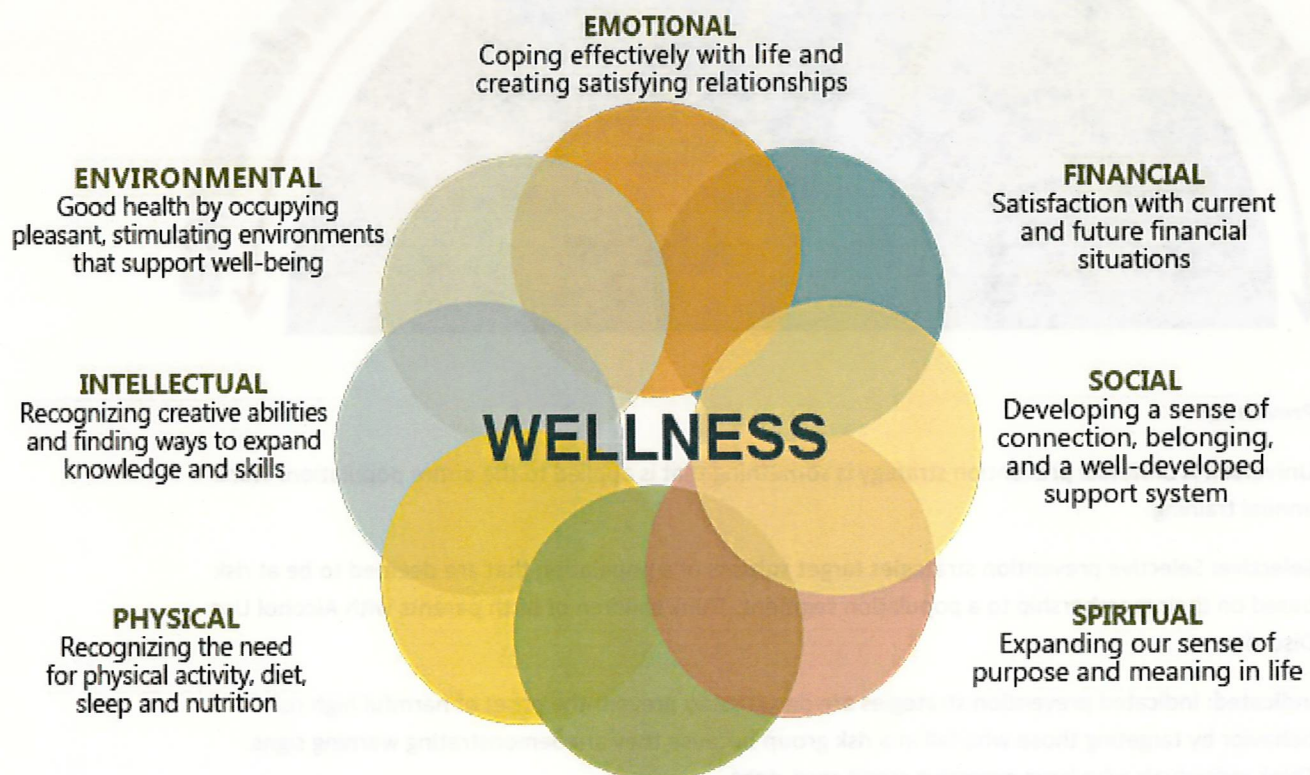
On an individual basis, those that have surpassed the prevention portion of the graph (i.e., are exhibiting high risk behavior already), need to move to the treatment level of this model. These individuals need direct intervention to assist them in halting the high risk behavior and move into maintenance.

Maintenance:

Also known as recovery, this is the portion of the model where individuals and/or groups complete their treatment and move to a lower risk group. Once an individual has moved into this phase and demonstrated compliance and advancement, the model should begin again with prevention.

THE 8 DIMENSIONS OF WELLNESS

Wellness means overall well-being. Each aspect of wellness can affect the overall quality of life, so it is important to consider all aspects of health. This is especially important for people with mental health and substance use conditions.



Adapted from Swarbrick, M. (2006).
A Wellness Approach. *Psychiatric
Rehabilitation Journal*, 29(4), 311-314.



USAG-Humphreys Top Prevention Objectives

Objective 1:

Suicide Prevention

(Related Risk Reduction High Risk Behaviors: Suicide Attempts and Self-Harm)

DEFINE THE PROBLEM: Higher percentages of Service Members (SM) who have committed self-inflicted, potentially injurious behavior with a non-fatal outcome for which there is evidence (explicit or implicit) of a lack of intent to die and the inability to consistently track and report Self-Harm. The loss of a SM, DA Civilian or Family Member has a tremendous negative impact on morale and readiness.

ANALYSIS:

Targeted problem behaviors:

- Thoughts of suicide
- Self -Harm (without intent to die)
- Suicide attempts
- Deaths by suicide
- Concurrent Factors:
- Substance abuse
- Poor coping skills
- Lack of risk factor identification by leaders
- Mental illness
- Severe stressors including interpersonal relationships, financial, legal problems, substance abuse, and poor decision making skills
- Lack of connections with others and the community.

Protective factors:

- Good social supports
- Positive relationships with leaders
- Resiliency skills

STRATEGIES:

Training:

Course Title	Description	Dates	POC
ACE-SI T2	Ask, Care, Escort - Suicide Intervention for first line leaders, tandem facilitated training.	As requested by units	Unit Leaders who have completed ACE-SI T4T taught and observed by USAG –Humphreys.

USAG Humphreys Installation Prevention Plan (IPP)

ACE	Ask, Care, Escort-Suicide Prevention Annual Training.	Scheduled annually within units by Commanders.	Unit Leaders who have completed ACE-SI T4T taught and observed by USAG –Humphreys.
ACE-SI T4T	Ask, Care, Escort-Suicide Intervention training for trainers, E6 and above.	Scheduled with Installation SPPM; trained by R2 Performance Center Experts 010-5809-6629 010-2937-1906	USAG-Humphreys Suicide Prevention Program Manager (315) 755-1083.
Master Resiliency Training (MRT)			
Activating events, Thoughts, Consequences (ATC)	This course is designed to help participants become more self-aware. While self-regulation is a benefit of this course, self-awareness is the primary target to aid in helping participants identify behaviors or reactions that can be counterproductive.	As requested by units	R2 Performance Center, MRT Performance Experts 010-5809-6629 010-2937-1906 Unit MRT
Identify Strengths in Self and Others	Participants will identify their top strengths, or their “signature” strengths and the top strengths of others. They will learn how to use these strengths to achieve optimal performance at work, at home and socially.	As requested by units	R2 Performance Center, MRT Performance Experts 010-5809-6629 010-2937-1906 Unit MRT
Put It In Perspective	During the 2-hour session, participants will learn to take situations from worst	As requested by units	R2 Performance Center, MRT Performance Experts

	case scenarios to best case scenarios to what makes sense scenarios.		010 -5809-6629 010-2937-1906 Unit MRT
Real-Time Resilience	Participants will learn skills to help shut down counterproductive thinking which promotes greater concentration and focus. It enables the participant to remain task focused and motivated. Helps build optimism.	As requested by units	R2 Performance Center, MRT Performance Experts 010 -5809-6629 010-2937-1906 Unit MRT
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors	Pre and Post Deployment or Annually	ASAP Risk Reduction Program Coordinator (315) 755-1090

Campaigns

Campaign Title	Description	Dates	POC
Daily incorporation	Suicide Awareness should be incorporated into daily activities and can partner with the other 70+ campaigns that already exist.	All year round	USAG-Humphreys Suicide Prevention Program Manager (315) 755-1083
Suicide Prevention Week	A national campaign intended to raise awareness of the problem of suicide.	September	USAG-Humphreys Suicide Prevention Program Manager (315) 755-1083

Leader Actions

Action	Description	Dates	POC
Use of revised SLRRT (K)	A tool for leaders to assess risk of their Service Members.	As requested by units	First Line leaders
Safety Briefs	Leader emphasis on safety	As requested by units	Leaders at all levels
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors.	Recommended annually and Change of Command	ASAP Risk Reduction Program Coordinator (315) 755-1090
Referral to Behavioral Health	Professional Counseling/Medical services.	NA	Unit Embedded BH Clinics/TMC/BDAACH

DESIRED OUTCOMES:

- Decrease in suicides
- Greater education on suicide risk factors and early identification of Service Members at risk.
- Greater education on suicide risk factors and early identification of Service Members at risk.
- Complete investigations by Command and conducting Fatality & Non-Fatality Review Boards are vital to derive 'lessons earned'.
- Sharing lessons learned and trends for attempts and completed suicides.
- Appropriate response to families, units and friends that have lost someone to suicide.
- Unit and Combat Readiness
- Increased Morale

RESOURCES:

- Unit Commanders, Suicide Prevention Program Manager, ASAP Prevention Coordinator, Family Advocacy Program (FAP), Department of Behavioral Health, Employee Assistance Program (EAP), Military Family Life Counselors, Chaplains, and other helping agencies in the community (i.e. ARC, ACS, DES, etc.).
- Incorporation of SPPM into Unit level High Risk Behavior Review Boards.
- Posting of posters identifying Unit Suicide Prevention Coordinators (trained peer to peer interventionist, UMT, Crisis Line, etc.) in **HIGH VISIBILITY, HIGH TRAFFIC AREAS**, template provide by Installation SPPM.
- Korea Wide Crisis Line : 080-855-5118, DSN: 118

METHOD OF MEASUREMENT:

- Decrease in numbers of suicide completion, increase of interrupted suicide attempts, increased number of suicide intervention for ideations and attempts
- Decrease in percentage of Service Members answering 'yes' to suicide-related questions on URI.
- Decrease in Risk Reduction trends (suicide attempts and self-harm).
- Increase in positive self-perception and healthy relationships reported via URIs.

Course Title	Location	Date	POC
ASAP presentation (online/onsite)	Four hours of annual training	As requested by unit	Unit at host level ASAP Coordinator (215) 755-1055 (215) 755-1050
ASAP presentation (online/onsite)	Detailed training to a specific group	As requested by unit	Unit at host level ASAP Coordinator (215) 755-1055

Objective 2:

Decrease Alcohol and Drug Related Incidents

(Risk Reduction High Risk Behaviors: Alcohol Offenses, Drug Offenses, Positive Urinalysis Tests & Traffic Violations)

DEFINE THE PROBLEM: Drinking and driving along with speeding are the most prevalent and dangerous types of Service Member misconduct. Source: URI/R-URI results, Risk Reduction and DD Form 1408 DES reports.

ANALYSIS:

Targeted problem behaviors:

- Large population of young Service Members/ Family Members who speed and engage in alcohol related activities and/or self-medicate for a variety of issues; may be related to multiple deployment s and the stressors (including boredom) associated with life in Garrison.

Concurrent Factors:

- Stress
- Peer pressure
- Low Morale
- Lack of supervisors involvement
- Family Member pressure
- Lack of training by commanders/Unit Prevention Leaders
- High morale
- High level of supervisor involvement
- Positive peer support

STRATEGIES Training:

Course Title	Description	Dates	POC
ASAP prevention training (Universal)	Four hours of annual training.	As requested by unit	UPLs at unit level ASAP Prevention Coordinator (315) 755-1088 (315) 755-1080
ASAP prevention training (Selected)	Detailed training to a specific group.	As requested by unit	UPLs at unit level ASAP Prevention Coordinator (315) 755-1088

USAG Humphreys Installation Prevention Plan (IPP)

MRT			
Activating events, Thoughts,	This course is designed to help participants become more self-aware. While	As requested by units	R2 Performance Center/ MRT Performance Experts
Consequences (ATC	Self-regulation is a benefit of this course, self-aware ness is the primary target to aid in helping participant s identify behaviors or reactions that can be counterproductive.		R2 Performance Center/ MRT Performance Experts 010-5809-6629 010-2937-1906 Unit MRT
Problem Solving	The goal of this course is to help individuals include critical information they may have missed to better understand their problem and focus on positive solutions.	As requested by un it s	R2 Performance Center/ MRT Performance Experts 010-5809-6629 010-2937-1906 Unit MRT

Campaigns

Campaign Title	Description	Dates	POC
Alcohol Awareness Month	Alcohol Awareness Month focuses on increasing outreach and education regarding the dangers of alcoholism and issues related to alcohol.	1-30 APR	ASAP Prevent ion Coordinator (315) 755 1088 (315) 755-1080
Drunk and Drugged Driving (3D) Prevent ion Month	A month long campaign held every December to coincide with the Holidays.	1-31 DEC	ASAP Prevent ion Coordinator (315) 755-1088 (315) 755-1080
Red Ribbon Week	Red Ribbon Week is an alcohol, tobacco, and other drug and violence prevention awareness campaign observed annually in October.	National Campaign in the month of October	ASAP Prevention Coordinator (315) 755-1088 (315) 755-1080

Leader Actions

Action	Description	Dates	POC
Use of revised SLRRT-K	A tool for leaders to assess their Soldier's risk	As determined by units	First Line leaders
Safety Briefs	Leader emphasis on safety.	As determined by units	Leaders at all Levels Installation Safety Office (315) 755-2664
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors.	Recommend Annually and as requested by units	ASAP Risk Reduction Program Coordinator (315) 755- 1090

DESIRED OUTCOMES:

- Decrease the number of adverse alcohol and other drug related incidents
- Decrease in numbers of Service Members answering positively to URI questions regarding their consumption amount
- Decrease in the number of Soldier's use of alcohol resulting in adverse incidents (fights, drunk and disorderly, underage drinking, intoxication on duty, etc.)

RESOURCES:

- Unit Commanders, Unit Safety Officers/Managers, ASAP, Department of Behavioral Health, Military Family Life Counselors, Chaplains, Suicide Prevention Program Manager

METHOD OF MEASUREMENT:

- Decrease in numbers of alcohol and other drug related incidents reported by PMO/DES.
- Decrease in numbers of Service Members endorsing URI questions regarding impaired driving and other adverse drug related incidents.

Objective 3:**Building and Maintaining Healthy Relationships:****(Related Risk Reduction High Risk Behaviors: Domestic Violence and Child Abuse)**

Define the problem: Weakened relationships between peers, family members and leaders. (Source: URI/ RURI results, Risk Reduction reports, and trend -line s.)

Targeted problematic behaviors:

- Poor communication skills
- Parenting skills deficit

Concurrent factors:

- Deployments
- Social Isolation
- Lack of unit cohesion, low morale
- Lack of trust in leaders

Protective Factors:

- Unit cohesion, high morale
- Effective communication skills
- Social Supports
- Access to targeted resources to address skills deficits

Strategies: Training

Course Titles	Description	Dates	POC
Army Community Service Family Advocacy Program (FAP) Courses and Support	The Army Community Service Family Advocacy Program is dedicated to fostering healthy families and communities through targeted education and outreach opportunities. The Family Advocacy Program aims to prevent abuse and neglect of Service Members, Family Members and Dependents. The Army Community Service Family Advocacy Program Provides support services, training and education, troop education and crisis intervention.	Classes and Briefings are offered in person at Army Community Service, Virtually through the Army Community Service Facebook Page, in person as requested by units in the USAG Humphreys footprint and virtually via MS Teams. See class offerings listed below.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372 COMM:0503-357-2363, 0503-357-2372
Company Commander/First Sergeant Briefing (CCFSC)	Overview of Family Advocacy Program, Family Violence Prevention Tools, reporting procedures and Community Resources. Targeted population: CO/ISG within 45 days pre/post assumption of command/responsibility. Available for BN/BDE leadership by request.	Quarterly at the CCFS Course (8 th Army) and desk side by request for Command Teams at Camp Humphreys.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372 COMM:0503-357-2363, 0503-357-2372
Law Enforcement Certification Course (LEC)	Overview of Family Advocacy Program, Family Violence Prevention Tools, reporting procedures and Community Resources. Targeted population: Military Police, law enforcement, CID new to	Monthly and as requested by Military Police Units.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372 COMM:0503-357-2363,

	USAG Humphreys/South Korea.		0503-357-2372
Family Advocacy Program (FAP) Annual Training	<p>Annual training requirement for units. Family Advocacy Program overview, Family Violence Prevention Tools, reporting procedures and Community Resources.</p> <p>Targeted population: Soldiers/Units in the USAG Humphreys footprint. Required on an annual basis for units.</p>	Monthly standing training, First Friday of the Month. As requested by units. Can be delivered in person or via teams.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372 COMM:0503-357-2363, 0503-357-2372
Family Advocacy Program (FAP) Overview	<p>Family Advocacy Program Overview for Service Members/Family Members.</p> <p>Targeted population: Newcomers, SFRGs, BN/BDE leadership/spouse advisors.</p>	As requested by units. Can be delivered in person or via teams.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Child Abuse and Neglect (CAN) Mandated Reporter Training	<p>Family Advocacy annual required training for mandated reporters.</p> <p>Targeted population: Mandated Reporters of child abuse/domestic violence. Child and Youth Service (CYS), Medical, Legal, Volunteers, Teachers/School Administrators (DODEA).</p>	Monthly and as requested by community stakeholders.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Active Parenting (1,2,3,4)	<p>Parenting classes targeted for families with children from birth to age 4.</p> <p>Targeted Population: Parents of children birth-age 4.</p>	Monthly at Army Community Service, alternate between active parenting 1-4 and active parenting teens.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Active Parenting Teens	<p>Parenting classes targeted for families with teens.</p> <p>Targeted Population:</p>	Monthly at Army Community Service. Classes alternate between active	USAG Humphreys-Family Advocacy Program, Army Community Service

	Parents of teens.	parenting 1-4 and active parenting teens.	Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Healthy Relationships and Communication	Couples communication class for Soldiers and Families who wish to build/improve their communication skills and strengthen their relationships. <u>Targeted Population:</u> Soldiers and Spouses, individuals who are dating or in committed relationships. Any person interested in improving the way that they address conflict and their communication style in relationships.	Monthly at Army Community Service and by request.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Newborn Care Class	Parenting class for expectant parents of newborns. Covers newborn behaviors, feeding, diapering, post-partum, healthcare/medical procedures, community resources and more. <u>Targeted Population:</u> Parents of newborns and/or expectant parents.	Monthly at Army Community Service: Third Wednesday of every month, 12:00-2:230 p.m.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Breastfeeding	Parenting class for families who are or are interested in breastfeeding their child(ren). Covers latch, positioning, feeding cues, how to build a successful breastfeeding relationship and community resources. <u>Targeted Population:</u> Individuals or expectant parent(s) interested in breastfeeding or anyone who is currently breastfeeding.	Monthly at Army Community Service and by request.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Childbirth	Parenting class for expectant parents that covers the stages	Monthly and by request.	USAG Humphreys-Family Advocacy

	<p>of labor, comfort techniques, breathing and partner support during labor.</p> <p>Targeted Population: Expectant individuals/families.</p>		<p>Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372</p>
Additional Course Curricula that are available:	<p>Scream Free Parenting</p> <p>Scream Free Marriage</p> <p>1,2,3 Magic</p> <p>Anger and Conflict Solutions</p> <p>Stress Solutions</p>	By Request	<p>USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372</p>
Direct Support	<p>Emergency Placement Care</p> <p>New Parent support Program</p> <p>Home Visitation</p> <p>Domestic Violence Victim Advocacy Services</p> <p>Troop and Command Briefings</p> <p>Outreach Tables/Community Education.</p>	By request	<p>USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372</p>
MFLC Facilitated Classes	<p>Military and Family Life Counselors offer a variety of classes in their presentation library. Topics include but are not limited to; Anger Management, Communication, Deployment, Grief and Loss, Marriage and Couples, Parenting, Program Briefing, Return and Reunion and Stress Management. Please reach out to your unit embed/rotational MFLC to discuss targeted community briefing options.</p>	Offered by request and virtual weekly via USAG Humphreys Army Community Service Facebook live.	<p>Military Family Life Counselors Army Community Service, Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372, COMM:0503-357-2363, 0503-357-2372</p>
Army Community Service Programs	<p>Family Advocacy Program (FAP)</p> <p>Victim Advocacy Program (VAP)</p> <p>Exceptional Family Member Program (EFMP)</p>	Class times and offerings may vary. Contact ACS for more information.	<p>Army Community Service, Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372, COMM:0503-357-2363, 0503-357-2372</p>

	Employment Readiness Program (ERP) Relocation Readiness Program (RELO) Financial Readiness Program Army Emergency Relief (AER) Military Family Life Counselors (MFLC) Mobilization and Deployment Sustainment and Stability Operations (MOB DEP SSO) Army Family Action Plan (AFAP) Army Volunteer Corps (AVC)		
Strong Bonds	Chaplain led retreats for Service Members and their Spouses	As Requested	Unit Chaplains, Installation Family Life Chaplain

Campaigns:

Campaign Title	Description	Dates	POC
Domestic Violence Awareness Month (DVAM)	Throughout the month of October the Family Advocacy Program offers classes, groups and targeted outreach to raise awareness about domestic violence trends, prevention resources and tools to end domestic violence.	October 1-31.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Teen Dating Violence Awareness Month	Throughout the month of February the Family Advocacy Program offers classes, groups and targeted outreach to raise awareness about teen dating violence trends, prevention resources	February 1-28	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372

	to support teens experiencing teen dating violence and offer tools to build healthier relationships from an early age.		
Child Abuse Prevention Month (CAPM)	Throughout the month of April the Family Advocacy Program offers classes, groups and targeted outreach to raise awareness about child abuse and family violence trends, prevention resources and tools to support families and tools to build healthier relationships	April 1-30	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Month of the Military Family	Throughout the month of November Army Community Service honors the sacrifices of Military families all around the world. Army Community Service Programs provide family friendly outreach and trainings on resources and tools to build strong resilient families. Previous events include superhero breakfast, family movie night, family bowling night and community baby shower.	November 1-30	USAG Humphreys Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372

Leader Actions

Action	Description	Dates	POC
Use of revised SLRTT (K)		As requested by units	First Line Leaders
Safety Briefings		As requested by units	BDE Safety Managers, Leaders at all levels

Unit risk inventory (URI)	Anonymous survey of high risk behaviors	Recommended annually and as requested by units	Risk Reduction Program Coordinator (315) 755-1090, 1087
Family Advocacy Annual Training Requirements	FAP annual training, FAP Outreach	Recommended annually, dates requested by the units.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372
Pre Command Briefings	Mandated FAP training within 90 days of the assumption of command/responsibility. Unit Command and Senior Enlisted leaders educated on the resources available to them within the Family Advocacy Program as well as reporting policy and procedures related to family violence.	Quarterly at the installation company command/first sergeant course (CCFSC), desk side at the unit request.	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372

Desired Outcomes:

- Decrease in risk reduction trends on factors of Domestic Violence and Child Abuse.
- Decrease in substantiated cases of family violence (Domestic Violence and Child Abuse)
- Increase in voluntary referrals to prevention resources and counseling resources.
- Decrease in number of service members answering negatively to URI questions regarding command climate, self-perception and relationships

Resources:

- Unit Commanders and Senior Enlisted Leaders
- Behavioral Health
- Family Advocacy Program (FAP)
- Army Community Service (ACS)
- Army Substance Abuse Program (ASAP)
- Employee Assistance Program (EAP)
- Military Family Life Counselors (MFLC)
- Suicide Prevention Program
- Chaplains
- Better Opportunities for Single Soldiers (BOSS)
- Army Wellness Center (AWC)

Method of Measurement:

- Monitor recidivism rates following classes
- Risk Reduction Trends
- Decrease in Service Members answering negatively to URI questions regarding problems with morale, leadership and relationships.

Expiration:

This IPP will be updated a minimum of annually and will remain in effect until superseded/rescinded. The POCs for this policy are USAG Humphreys Risk Reduction Program Coordinators at numbers DSN 755-1090, commercial 050-3355-1090 and Prevention Branch Chief at DSN 755-1088, commercial 0503-355-1088.

Approved By:



Seth C. Graves
COL, AG
Commanding

Appendix A

Accidents (Class C, D, E)**Definition:**

The number of Soldiers in the reporting unit who are involved in a Class C, Class D or Class E accident.

Interventions:

Universal: All audiences

Type	Description	Contact Information
Information tabling	Printed literature, giveaways and a representative. Often used at Safety Stand downs or other events.	Installation Safety (315) 755-2664
Informational handouts	Pamphlets, handouts, flyers, posters, and videos.	Installation Safety (315) 755-2664
Campaigns	Alcohol-Awareness Month, Drunk and Drugged Driving (3D) Prevention Month, and Red Ribbon Week.	ASAP Prevention Coordinator (315) 755-1080
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors. Recommend annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090
Awareness Campaigns	Monthly Town Halls and Community Information Exchanges, Fire Prevention Week, regular fire prevention training.	Fire Prevention (315) 755-1391
Awareness Campaigns	Informational activities highlighting rules of the road, safety requirements, and offenses and consequences: National Night Out, Quarterly Police Action Plans, static displays at high traffic locations	PMO (315) 755-9920

Targeted: Those identified as engaging in high risk behaviors

Type	Description	Contact Information
Remedial Driver's training	To address unsafe and dangerous safety actions	BDE Safety Managers

Appendix B

Alcohol Offenses**Definition:**

The number of Soldiers in the reporting unit who are titled with an alcohol-related offense by law enforcement. These include, but are not limited to, DUI, public intoxication, drunk and disorderly, reporting to work while intoxicated, alcohol-related reckless driving, possession by a minor, and consumption by a minor. (These include alcohol as a secondary or tertiary offense.)

Interventions:

Universal: All audiences

Type	Description	Contact Information
Substance Abuse Prevention classes	Presentation covering substance abuse prevention, DUI laws, options for getting home safely and resources.	ASAP Prevention Coordinator (315) 755-1080 Unit UPL
Information tabling	Printed literature giveaways and an ASAP representative. Often used at Safety Stand downs or other events.	ASAP Prevention Coordinator (315) 755-1080
Intoxi-Goggles	Goggles designed to simulate the effects of alcohol at varying levels of intoxication. Typically used in conjunction with a briefing.	ASAP Prevention Coordinator (315) 755-1080
Campaigns	Alcohol Awareness Month, 1-30 APR; Drunk and Drugged Driving Prevention month, 1-31 DEC; Red Ribbon Week, OCT.	ASAP Prevention Coordinator (315) 755-1080
Informational handouts	Pamphlets, handouts, flyers, posters, videos. ASAP has a library of all these materials.	ASAP Prevention Coordinator (315) 755-1080
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors. Recommend annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090

Selective: Those identified at higher risk (First Term Soldiers, Soldiers under 25, Geographic

bachelors, Soldiers redeploying, etc.)

Newcomers Briefing	An overview of installation and country policies, etc. Provided to newly assign military personnel during in-processing.	ASAP Staff (315) 755-1088
DUI Enforcement Campaigns	Random monthly DUI checkpoints conducted across the installation to prevent, detect, and deter drinking and driving.	PMO (315) 755-9920

Targeted: Those identified as engaging in high risk behaviors (those already having and alcohol related offense).

Type	Description	Contact Information
ASAP referral	Command referrals (on DA 8003) or self-referrals for Soldiers with alcohol or substance issues.	BH SUDCC 2ID & Rotational (315) 737-5177 2CAB & 1 st SIG (315) 737-5791 All other units (315) 737-5668
ADAPT (Alcohol and Drug Abuse Prevention Training) Class	After triage by an ASAP counselor, a referral may be made to attend this 2-day, 8 hour educational class.	ASAP Prevention Coordinator (315) 755-1088

Appendix C

Child Abuse**Definition:**

The number of Soldiers in the reporting unit who are identified as the alleged perpetrator in cases that met criteria for the following offenses, as defined in AR 608-18: child abuse, child abuse/physical maltreatment, emotional maltreatment, child neglect and physical maltreatment. Does not include the Soldier under crimes against persons.

Interventions:**Universal: All Audiences**

Type	Description	Contact Information
Army Community Service Family Advocacy Program (FAP) Courses and Support	<p>The Army Community Service Family Advocacy Program is dedicated to fostering healthy families and communities through targeted education and outreach opportunities. The Family Advocacy Program aims to prevent abuse and neglect of Service Members, Family Members and Dependents. The Army Community Service Family Advocacy Program Provides support services, training and education, troop education and crisis intervention. Classes and Briefings are offered in person at Army Community Service, Virtually through the Army Community Service Facebook Page, in person as requested by units in the USAG Humphreys footprint and virtually via MS Teams.</p> <p>Classes include but are not limited to: FAP Annual, Company Commander/ISG Course, FAP Overview, Healthy Relationships and Communication, Active Parenting, Breastfeeding, Childbirth Comfort Care, Newborn Care Class, Scream Free Parenting, Scream Free</p>	USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372

	Marriage, 1,2,3 Magic and Mandated reporters training.	
Family Advocacy Program (FAP) Annual Training	<p>Annual training requirement for units. Family Advocacy Program overview, Family Violence Prevention Tools, reporting procedures and Community Resources.</p> <p>Targeted population: Soldiers/Units in the USAG Humphreys footprint. Required on an annual basis for units.</p> <p>Dates: Monthly standing training, First Friday of the Month. As requested by units. Can be delivered in person or via teams.</p>	<p>USAG Humphreys-Family Advocacy Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372</p>
MFLC Facilitated Classes	<p>Military and Family Life Counselors offer a variety of classes in their presentation library. Offered by request and virtual weekly via USAG Humphreys Army Community Service Facebook live.</p> <p>Topics include but are not limited to;</p> <p>Anger Management, Communication, Deployment, Grief and Loss, Marriage and Couples, Parenting, Program Briefing, Return and Reunion and Stress Management.</p>	<p>Military Family Life Counselors</p> <p>Army Community Service, Bldg. 6400, Maude Hall, B-101.</p> <p>DSN: 757-2363, 757-2372, COMM:0503-357-2363, 0503-357-2372</p>
Unit Risk Inventory (URI)	An anonymous survey of high risk behaviors. Recommended Annually and as requested.	<p>ASAP Risk Reduction Program Coordinator (315) 755-1090</p>

Selective: Those identified at higher risk

Type	Description	Contact Information
New Parent Support Program (NPSP)	<p>Primary and secondary prevention program that targets all families with a child 3 years of age or younger. Priority is given to first time or single parents. Program entry is by voluntary self-referral or by referrals from health professionals or command. NPSP program primary prevention services include screening, information and referral, clinic and hospital visits, classes and childcare, support groups, respite support or other concrete services as needed and play mornings. The duration of the program is 3-6 months. Secondary prevention (NPSP-Plus) targets parents at moderate to high risk. Program entry may occur by voluntary self-referral or a referral by FAP, a health professional or command. Activities for the category includes: standardized risk assessment, periodic assessment during service delivery, intensive and comprehensive home visiting, provision of health and child developmental services, intensive role modeling and mentoring to change skills, respite support and other concrete services as needed. Services also include, parenting classes, play mornings and groups. The duration of involvement in this phase of the program ranges from prenatal to age three.</p>	<p>USAG Humphreys-Family Advocacy Program, New Parent Support Program, Army Community Service Bldg. 6400, Maude Hall, B-101.</p> <p>DSN: 757-2363, 757-2372, COMM: 0503-357-2363, 0503-357-2372.</p>

Targeted: Those identified as engaging in high risk behaviors.

Type	Description	Contact Information
Referral to Department of Behavioral Health Family Advocacy Program	Professional counseling services for Soldiers and Family Members.	Family Advocacy Program: DSN: 315-737-5799 COMM: 0503-337-5799
Referral to Employee Assistance Program (EAP)	A free service available to Department of the Army Civilian Employees, Retired Military, and Dependents of Civilian Employees 18+. The Program offers short-term screening, non-clinical counseling, worksite intervention, consultation services, referral services, and a wide variety of trainings to improve performance, overall wellbeing, and resilience.	Employee Assistance Program Coordinator DSN: 315-755-1086 COMM: 0503-355-1086

Appendix D

Crimes Against Persons

Definition:

The numbers of crimes against persons charged to members of the reporting unit. These include, but are not limited to simple assault, aggravated assault, murder, robbery, kidnapping, harassment and threats, sodomy, rape, and adultery. (Do not include any of the drug offenses, alcohol offenses, domestic abuse incidents, or child abuse incidents.)

Interventions:

Universal: All audiences

Type	Description	Contact Information
Awareness Campaigns	Informational activities highlighting offenses and consequences: National Night Out, Quarterly Police Action Plans targeting criminal trends.	PMO (315) 755-9920
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090
Military Police Town Patrols	Off -installation Military Police patrols to prevent, detect, and deter misconduct, to include crimes against persons.	PMO (315) 755-9920

Selective: Those identified at higher risk

Type	Description	Contact Information
Targeted Patrols in Identified High Risk Areas	Daily patrols provides extra coverage in identified high risk areas when not on active call.	PMO (315) 755- 9920

Targeted: Those identified as engaging in high risk behaviors

Type	Description	Contact Information
Identify Repeat Offenders	Add to High Risk Tracking Rosters.	PMO (315) 755-9920

Appendix E

Crimes Against Property**Definition:**

The number of Soldiers in the reporting unit who are titled with crimes against property by law enforcement. These include, but are not limited to, house breaking/burglary, auto theft, arson, theft of government property, theft of private property, intentional damage to property, and vandalism.

Interventions:

Universal: All audiences

Type	Description	Contact Information
Awareness Campaigns	Informational activities highlighting offenses and consequences: National Night Out, Quarterly Police Action Plans targeting criminal trends	PMO (315) 755-9920
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090
Military Police Town Patrols	Off -installation Military Police patrols to prevent, detect, and deter misconduct, to include crimes against society.	PMO (315) 755-9920

Selective: Those identified at higher risk

Type	Description	Contact Information
Targeted Patrols in Identified High Risk Areas	Daily patrols provides extra coverage in identified high risk areas when not on active call. Routine Security Checks are conducted at identified facilities in each patrol zone.	PMO (315) 755-9920

Targeted: Those identified as engaging in high risk behaviors

Type	Description	Contact Information
Identify Repeat Offenders	Add to High Risk Tracking Rosters.	PMO (315) 755-9920

Type	Description	Contact Information
Assessments Campaign	Identify offenders and consequences. National Night Out. Quarterly Police Action Plan. Reporting of crime trends.	PMO (315) 755-9920
Unit Risk Inventory	An inventory review of high risk behavior. Recommended annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090
Military Police Town Patrols	MP information Military Police patrol to prevent, detect, and deter offenders to include control against safety.	PMO (315) 755-9920

Type	Description	Contact Information
Targeted Patrols in identified high risk Areas	Targeted patrols provide extra coverage in identified high risk areas when not on active call. Routine security checks are conducted as identified. Includes in each patrol zone.	PMO (315) 755-9920

Type	Description	Contact Information
Identify Repeat Offenders	Add to high risk Tracking Rosters.	PMO (315) 755-9920

Appendix F

Crimes Against Society**Definition:**

The number of Soldiers in the reporting unit who are titled with crimes against society by law enforcement. These include, but are not limited to, concealed weapon, weapons violations, gambling, prostitution, curfew violations, and vagrancy.

Interventions:

Universal: All audiences

Type	Description	Contact Information
Awareness Campaigns	Informational activities highlighting offenses and consequences: National Night Out, Quarterly Police Action Plans targeting criminal trends	PMO (315) 755-9920
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually or as requested	ASAP Risk Reduction Program Coordinator (315) 755-1090
Military Police Town Patrols	Off -installation Military Police patrols to prevent, detect, and deter misconduct, to include crimes against society.	PMO (315) 755-9920

Selective: Those identified at higher risk

Type	Description	Contact Information
Targeted Patrols in Identified High Risk Areas	Daily patrols provides extra coverage in identified high risk areas when not on active call. Routine Security Checks are conducted at identified facilities in each patrol zone.	PMO (315) 755-9920

Targeted: Those identified as engaging in high risk behaviors

Type	Description	Contact Information
Identify Repeat Offenders	Add to High Risk Tracking Rosters.	PMO (315) 755-9920

Appendix G

Domestic Violence**Definition:**

The number of Soldiers in the reporting in unit that have cases that have met criteria for domestic violence, as defined in AR 608-18. Applies in cases where the Soldier is identified as either the perpetrator or the victim, it does not include child abuse. Also do not count the Soldier under crimes against persons.

Interventions:

Universal: All Audiences

Type:	Description:	Contact Information:
Domestic Violence Awareness Campaign	Throughout the month of October the Family Advocacy Program offers classes, groups and targeted outreach to raise awareness about domestic violence trends, prevention resources and tools to end domestic violence.	USAG Humphreys-Family Advocacy Program, New Parent Support Program, Army Community Service Bldg. 6400, Maude Hall, B-101. DSN: 757-2363, 757-2372, COMM: 0503-357-2363, 0503-357-2372.
Unit Risk Inventory	An anonymous survey of high risk behaviors. Administered pre and post deployment or annually.	ASAP Risk Reduction Program Coordinator (315) 755-1087, 1090

Selective: Those identified at higher risk.

Type:	Description:	Contact Information:
Army Community Service Family Advocacy Program (FAP) Courses and Support	<p>The Army Community Service Family Advocacy Program is dedicated to fostering healthy families and communities through targeted education and outreach opportunities. The Family Advocacy Program aims to prevent abuse and neglect of Service Members, Family Members and Dependents. The Army Community Service Family Advocacy Program Provides support services, training and education, troop education and crisis intervention.</p> <p>Classes and Briefings are offered in person at Army Community Service, Virtually through the Army Community Service Facebook Page, in person as</p>	<p>Family Advocacy Program: DSN: 315-737-5799 COMM: 0503-337-5799</p>

	<p>requested by units in the USAG Humphreys footprint and virtually via MS Teams.</p> <p>Classes include but are not limited to: FAP Annual, Company Commander/ISG Course, FAP Overview, Healthy Relationships and Communication, Active Parenting, Breastfeeding, Childbirth Comfort Care, Newborn Care Class, Scream Free Parenting, Scream Free Marriage, 1,2,3 Magic and Mandated reporters training.</p>	
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Targeted: Those identified at higher risk

Type:	Description:	Contact Information:
Referral to Department of Behavioral Health Family Advocacy Program	Professional counseling services for Soldiers and Family Members.	Family Advocacy Program: DSN: 315-737-5799 COMM: 0503-337-5799
Referral to Employee Assistance Program (EAP)	A free service available to Department of the Army Civilian Employees, Retired Military, and Dependents of Civilian Employees 18+. The Program offers short-term screening, non-clinical counseling, worksite intervention, consultation services, referral services, and a wide variety of trainings to improve performance, overall wellbeing, and resilience.	Employee Assistance Program Coordinator DSN: 315-755-1086 COMM: 0503-355-1086

Appendix H

Drug Offenses

Definition:

The number of Soldiers in the reporting unit who are titled with drug offenses by law enforcement. These include, but are not limited to, possession and sale (but NOT positive urinalysis) of a controlled substance and any other prohibited substance.

Interventions:

Universal: All audiences

Type:	Description:	Contact Information:
Information tabling	Printed literature, giveaways and an ASAP representative. Often used at Safety Stand downs or other unit events.	ASAP Staff (315) 755-1037
Gate Checks	Security Access Control, DES will perform random gate checks around USAG -Humphreys Installation Access Control Points.	Installation Access Control (315) 753 -6379
Pamphlets, handouts, flyers, posters, videos	ASAP has a library of these materials.	ASAP Staff (315) 7 55-1037
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090
Off-installation surveillance	Overt and covert surveillance of local establishments; controlled purchases and partnered operations with CID to detect the sale of illicit substances.	PMO (315) 755-9920

Selective: Those identified at higher risk

Type:	Description:	Contact Information:
Reintegration training	Training provided to Soldiers returning from rotation to home station.	ASAP Prevention Coordinator (315) 755-1080
Newcomers Briefing	An overview of Installation and Korean policies, etc. Provided to newly assigned military personnel during in-processing.	ASAP Prevention Coordinator (315) 755-1080

Targeted: Those identified at higher risk

Type:	Description:	Contact Information:
Administrative Separation	<p>Commanders will process for separation all Service Members who are:</p> <p>Identified as illegal drug abusers (as defined by regulation and USAG-Humphreys Policy).</p> <p>Involved in illegal trafficking, distribution, possession with intent to distribute, or sale of illegal drugs.</p> <p>Tested positive for illegal drugs.</p>	<p>CMD/Legal</p> <p>AR 600-85</p>

Appendix I

Financial Problems/Risk**Definition:**

The number of Soldiers who seek financial assistance The number of new cases of Soldiers in the reporting unit who were either (1) voluntarily or command-directed for financial problems such as writing bad checks, excessive debt, and an inability to meet current financial obligations; or (2) had a FICO score of 619 or below coupled with a debt-to-income ratio of 40 percent or more.

Interventions:

Universal: All audiences

Type:	Description:	Contact Information:
Planning & Budgeting	Designed to ensure each Service Member to evaluate their present financial situation, setting up a budget to control personal finances, and planning financial goals for the future.	ACS Financial Readiness Program (315) 757-2375
Using Credit Wisely	Learn how to choose and apply for charge accounts, credit cards, and installment loans, and how to responsibly manage these accounts. Participants will understand the importance of choosing credit wisely and how to use it to their advantage.	ACS Financial Readiness Program (315) 757-2375
First Term Soldier Briefing	Enhances Soldier and Family Member knowledge of various topics concerning their personal finances.	ACS Financial Readiness Program (315) 757-2375
Saving & Investing (Thrift Savings Plan)	Savings are needed for many reasons which are defined in this lesson as well as how to set goals to achieve a savings plan and manage spending	ACS Financial Readiness Program (315) 757-2375
Military OneSource	An online resource for financial options.	1-800 -342 -9647
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually or as requested.	ASAP Risk Reduction Program Coordinator (315) 755-1090

Selective & Targeted: Service Members identified as higher risk and/or engaging in high risk behavior w/ adverse outcomes

Type:	Description:	Contact Information:
Personal finance counseling	Customized planning with a financial counselor for specific circumstances.	ACS Financial Readiness Program (315) 757-2375
Army Emergency Relief	Emergency loans for specific purposes	ACS Financial Readiness Program (315) 757-2375

Appendix J

Positive Urinalysis Tests**Definition:**

The number of Soldiers in the reporting unit who have tested positive for illicit drug use. NOTE: This includes abuse of pharmaceuticals and legal synthetics.

Interventions:**Universal:** All audiences

Type:	Description:	Contact Information:
Drug Abuse Prevention Class	Presentation covering UCMJ laws, physical and psychological effects of drug abuse and current trends.	ASAP Prevention Coordinator (315) 755-1088
Information tabling	Printed liter at u r e, giveaways and an ASAP representative. Often used at Safety Stand downs or other events.	ASAP Staff (315) 755-1037
Campaigns	Alcohol Awareness Month, 1-30 APR; Drunk and Drugged Driving Prevention month, 1-31 DEC; Red Ribbon Week, OCT.	ASAP Prevention Coordinator (315) 755-1088
Pamphlets, handouts, flyers, posters, videos	ASAP has a library of these materials.	ASAP Staff (31 5) 755-1037
Unit Risk Inventory	An anonymous survey of high risk behavior s. Recommended annually and as request ed.	ASAP Risk Reduction Program Coordinator (315) 755-1090

Selective: Those identified as higher risk

Type:	Description:	Contact Information:
Newcomers Briefing	An overview of Installation and Korean policies, etc. Provided to newly assigned military personnel during in-processing	ASAP Prevention Coordinator (315) 755-1088

Targeted: Those identified as engaging in high risk behaviors

Type:	Description:	Contact Information:
SUDCC referral	Command referrals (on DA 8003) or self-referrals for Soldiers with substance issues.	<u>BH SUDCC</u> 2ID & Rotational (315) 737-5177 2CAB & 1 st SIG (315) 737-5791 All other units (315) 737-5668
Prime For Life (PFL)	After triage by a SUDCC Counselor, a referral may be made to attend the 2-day Prime For Life, 12 hour educational class.	<u>BH SUDCC</u> 2ID & Rotational (315) 737-5177 2CAB & 1 st SIG (315) 737-5791 All other units (315) 737-5668

Appendix K

Self-Harm**Definition:**

The number of Soldiers in the reporting unit who have committed self-inflicted, potentially injurious behavior with a non-fatal outcome for which there is evidence (either explicit or implicit) of a lack of intent to die. (Do not count ideations.)

Interventions:

Universal: All audiences

Type:	Description:	Contact Information:
Problem-Solving	The goal of this course is to help individuals include critical information they may have missed to better understand the problem and focus on solution strategies.	R2 Performance Center/MRT Performance Experts (315) 755-1106 Unit MRT
Detect Icebergs	This module will help participants identify deep beliefs and core values that might fuel "out of proportion" reactions. It will also help SMs evaluate the accuracy of those beliefs and determine if those beliefs are too rigid. Detecting icebergs will help SMs identify those beliefs that interfere with the ability to respond effectively to adversity.	R2 Performance Center/MRT Performance Experts (315) 755-1106 Unit MRT
Real-time Resilience	Real Time Resilience is a skill that takes the essential ingredients of challenging beliefs and putting things into proper perspective and use them to fight back against counterproductive thinking. It enables the participant to remain task focused and motivated. It helps build optimism.	R2 Performance Center/MRT Performance Experts (315) 755-1106 Unit MRT
Activating events, Thoughts, Consequences	This course is designed to help participants become more self-aware. While self-regulation is a benefit of this course, self-awareness is the primary target to aid in helping participants identify behaviors or reactions that can be counterproductive.	R2 Performance Center/MRT Performance Experts (315) 755-1106 Unit MRT
Energy Management	Participant's learn energy management strategies to regulate emotions and energy levels which promote critical thinking and optimal performance. These strategies have	R2 Performance Center/MRT Performance Experts (315) 755-1106

	been used effectively in a variety of settings including sports, the workplace, and clinical settings.	Unit MRT
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually and as needed.	ASAP Risk Reduction Program Coordinator (315) 755-1090

Targeted: Those identified as engaging in high risk behaviors

Type:	Description:	Contact Information:
Referral to Behavioral Health	Professional counseling service.	Unit Embedded BH Clinic (315) 737-5794
Referral to Employee Assistance Program (for Civilians, Family Members or Retirees)	A free service available to Department of the Army Civilian Employees, Retired Military, and Dependents of Civilian Employees 18+. The Program offers short-term screening, non-clinical counseling, worksite intervention, consultation services, referral services, and a wide variety of trainings to improve performance, overall wellbeing, and resilience.	Employee Assistance Program Coordinator (315) 755-1086

Appendix L

Suicide Attempts**Definition:**

The number of Soldiers in the reporting unit who have committed self-inflicted, potentially injurious behavior with a non-fatal outcome for which there is evidence (either explicit or implicit) of intent to die. (Do not count ideations.)

Interventions:

Universal: All audiences

Type:	Description:	Contact Information:
Face-to Face Suicide Prevention Training	IAW DIR 2018-23 SP training must be conducted Face to Face or small groups.	ASAP Suicide Prevention Program Manager (315) 755-1083
ACE-SI	Ask, Care, Escort - Suicide Intervention for first line leaders, tandem facilitated training. * * New version of training will be scheduled and managed by the Installation SPPM. The T4T training will be conducted by the installation PE trainers.	Unit Leaders who have completed ACE-SI T4T taught and observed by ASAP Suicide Prevention Program Manager (315) 755-1083
Information tabling	Printed literature, giveaways and a representative. Often used at Safety Stand downs or other events.	ASAP Suicide Prevention Program Manager (315) 755-1083
Campaigns	Suicide Prevention is a 365 day/annual campaign September has Suicide Awareness Week.	ASAP Suicide Prevention Program Manager (315) 755-1083
Pamphlets, handouts, flyers, posters, videos	ASAP has a library of these materials.	ASAP Suicide Prevention Program Manager (315) 755-1083
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually and as requested.	ASAP Suicide Prevention Program Manager (315) 755-1083

Selective: Those identified as higher risk

Type:	Description:	Contact Information:
Suicide Prevention Lifeline	A 24-hour National Hotline for anyone contemplating suicide. Veterans: Press "1".	National Suicide Prevention Lifeline 1-800-273-8255 Korea Wide 080-855-5118 or DSN: 118
ACE-SI	Suicide Identification for junior and first line supervisors. New version of training will be scheduled and managed by the Installation SPPM. The T4T training will be conducted by the installation PE trainers.	Individuals trained and observed by ASAP Suicide Prevention Program Manager (315) 755-1083
ACE-SI T4T	Ask, Care, Escort - Suicide Intervention training for trainers. New version of training will be scheduled and managed by the Installation SPPM. The T4T training will be conducted by the installation PE trainers.	ASAP Suicide Prevention Program Manager (315) 755-1083

Targeted: Those identified as engaging in high risk behaviors

Type:	Description:	Contact Information:
Referral to Behavioral Health	Professional counseling services	Unit Embedded BH Clinics Main Hospital 5 th Floor (All other units): DSN: 737-5668 Warrior Behavior Health Clinic (2ID & Rotational Units) DSN: 737-5177 Jenkins Clinic (2CAB & 1SIG) DSN: 737-5791
Referral to Employee Assistance Program	A free service available to Department of the Army Civilian Employees, Retired Military, and Dependents of Civilian Employees 18+.	Employee Assistance Program Coordinator (315) 755-1086

(For Civilians, Family Members or Retirees)	The Program offers short-term screening, non-clinical counseling, worksite intervention, consultation services, referral services, and a wide variety of trainings to improve performance, overall wellbeing, and resilience.	
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Appendix M

Traffic Violations**Definition:**

The number of moving traffic violations charged to the number of Soldiers in the reporting unit who are titled with a moving traffic violation by law enforcement. These include, but are not limited to, speeding, driving without a license or driving with a suspended license, failure to obey a traffic device, accidents, and non-alcohol-related reckless driving.

Interventions:

Universal: All audiences

Type:	Description:	Contact Information:
Campaigns	National Night Out (October)	PMO/DES (315) 755-9919/9920
Pamphlets, handouts, flyers, posters, videos	Materials may be available for bulletin boards or other areas on specific topics.	BDE Safety Managers
Unit Risk Inventory	An anonymous survey of high risk behaviors. Recommended annually and as requested.	ASAP Risk Reduction Program Coordinators (315) 755-1090

Targeted: Those identified as engaging in high risk behaviors

Type:	Description:	Contact Information:
Remedial Drivers Training	Re-training of basic road safety.	BDE Safety Managers/Leaders
Selective Enforcement Checkpoints	DES will evaluate and determine locations for selective checkpoints.	PMO/DES (315) 755-9919/9920

This IPP will be updated a minimum of annually and will remain in effect until superseded/rescinded.

The POCs for this policy are USAG Humphreys Risk Reduction Program Coordinator at phone numbers DSN 755-1090, commercial 05033-55-1090 and Prevention Branch Chief at DSN 755-1088, commercial 05033-55-1088.

Appendix N

Installation Prevention Team (IPT) Core Members

Garrison Commander or Designee-Chairperson

Risk Reduction Program Coordinators, ASAP-Co-chair and Facilitators

Army Substance Abuse Program (ASAP) Prevention Branch Chief

Army Substance Abuse Program (ASAP) Prevention Coordinator

Employee Assistance Program (EAP) Coordinator

Suicide Prevention Program Manager (SPPM)

Garrison Chaplain

Garrison Safety Officer

Provost Marshall Sergeant

Staff Judge Advocate

Family Advocacy Program Manager, ACS

Financial Readiness Program Manager, ACS

Garrison Sexual Assault Response Coordinator

BOSS Advisor (MWR)

Invited IPT participants include

Director, Substance Use Disorder Clinical Care (SUDCC)

Installation Director of Psychological Health & Behavioral Health Chief

Family Advocacy Program, Behavioral Health

Army Public Health Nurse

Garrison Ready & Resilient (R2) Representative

Other staff as needed

