



DEPARTMENT OF THE ARMY  
INSTALLATION MANAGEMENT COMMAND  
HEADQUARTERS, UNITED STATES ARMY GARRISON HUMPHREYS  
UNIT #15228  
APO AP 96271-5228

IMHM-ES

13 April 2018

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Command Policy #46, Over-the-Counter Medicinal Purchases Containing Dextromethorphan (DXM)

1. References:

- a. Department of Defense Education Activity (DODEA) Regulation 2051.1, Disciplinary Rules and Procedures, 23 March 2012.
- b. USFK Regulation 60-1, Ration Control Policy - Access to Duty Free Goods, 2 August 2013.
- c. USFK Regulation 600-52, Civilian/Family Member Overseas Misconduct, 17 February 2014.
- d. USFK Command Policy Letter #6, Prohibited Substances, 2 January 2014.

2. Purpose. To establish and define enforcement mechanisms regarding purchasing over-the-counter medicines containing Dextromethorphan (DXM) by minors in US Army Garrison Humphreys (USAG Humphreys). This policy is intended to compliment and support existing regulatory guidance regarding use and possession at school and current restrictions on the sale of medicines containing DMX to minors.

3. Definition. For purposes of this command policy, "minor" refers to SOFA status dependents and their guests who are under 18 years of age.

a. Dextromethorphan is a semi synthetic narcotic (related to opium) and found in many over-the-counter cough suppressants in the United States and most countries. DXM is contained in any drug whose name includes "DM" or "Tuss."

b. The drug comes in various forms. Most common are cough suppressants in caplet or liquid form, including Robitussin, Vicks Formula 44, Drixoral, Delsym, Pertussin, Coricidin and several generic brands.

4. Applicability:

- a. This policy applies to all minors within USAG Humphreys and Area III.

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b. Supplementation of this policy is not permitted without prior approval of the USAG Humphreys Commander.

5. Policy. Youth will not purchase over-the-counter cough medications on post.

6. Responsibilities and coordination.

a. Commanders will ensure USFK military personnel, the civilian components, and family members comply with this command policy.

b. Directorate of Emergency Services is designated representative of the USAG Humphreys Garrison Commander and has supervisory responsibility over the USAG Humphreys Youth Over-the-Counter Medicinal Purchases Program.

7. Exceptions to Policy:

a. Exceptions concerning this policy will be authorized or approved for a one year period, unless specifically stated in writing by the Garrison Commander, USAG Humphreys.

b. Personnel requesting an exception to this policy must submit their request to Directorate of Emergency Services (IMHM-ES), USAG Humphreys, Unit #15228, APO AP 96271-5228.

8. Violation of this policy may subject the minor to adverse administrative action IAW USFK Regulation 600-52. Similarly, a minor's unauthorized possession of DXM may subject the minor to adverse administrative action IAW USFK Regulation 600-52.

9. Point of Contact for this policy is Directorate of Emergency Services at 755-9906.



SCOTT W. MUELLER  
COL, AR  
Commanding

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