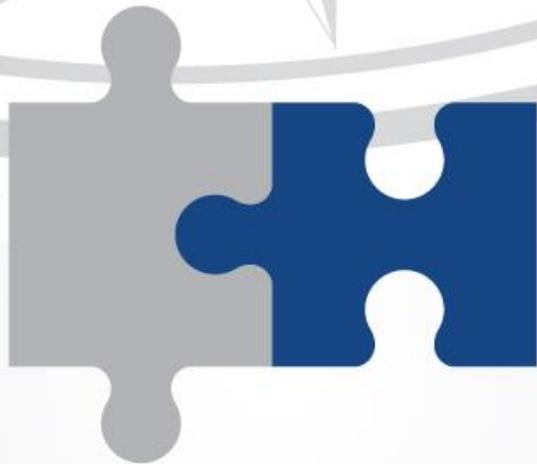


# Fort Cavazos Orientation

Connect with the Great Place



# Carl R. Darnall Army Medical Center

## Accessing Care - Patient Portal

### MILITARY HEALTH SYSTEM **MHS GENESIS**

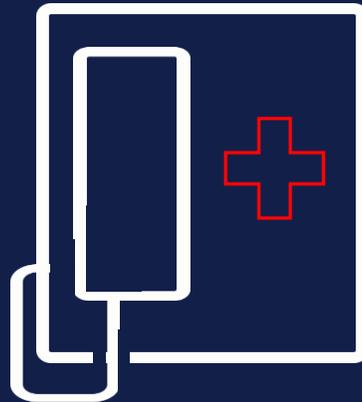
Need help with the  
MHS GENESIS Patient  
Portal?

*Please call!*

**1-800-538-9552**

For help with DS Logon, visit:

**<https://milconnect.dmdc.osd.mil>**



➤ **Patient Portal:** DS Logon required for access:  
<https://my.mhsgenesis.health.mil>

➤ **Nurse Advice Line:** Call 1.800.TRICARE (option 1),  
available 24/7. **HELP Desk:** 1-800-538-9552

➤ **Appointments:** Soldiers' appointments are scheduled  
through their Soldier Medical Home, and family  
members by calling the Patient Appointment Service at  
(254) 288-8888.

➤ **Urgent Care:** Off-post UC centers must be in the  
network for family members. Fort Cavazos Soldiers are  
**NOT** authorized urgent care off post.



**MHS GENESIS**

For more information  
scan the QR Codes for  
Military Health System  
Websites



**Nurse Advice Line**

# Carl R. Darnall Army Medical Center

## Tricare Overview



### ➤ Enrollment:

**Soldiers:** Automatically occurs within 14 days upon arrival to Fort Cavazos. Enrollment is completed based on Soldier's unit assignment.

**Family members:** Sponsors must update family member's address and enrollment with HUMANA as soon as possible after arrival.

For more information:

- HUMANA: 1-800-444-5445
- Tricare: [www.tricare.mil](http://www.tricare.mil)
- [www.humanamilitary.com](http://www.humanamilitary.com)



# Directorate of Public Works

## Housing Services Office



- Provide off-post housing counseling and referral assistance
- Manage list of sanctioned landlords/property companies
- Provide area maps, computer access and telephones to assist with housing search
- Review lease agreements and help tenants understand their rights and responsibilities
- Assist when complaints cannot be resolved between landlord and tenant

For more information, contact us at:

- Phone: 254-287-4212
- Hours: 8:00 a.m. – 3:30 p.m. M-F
- 18010 T.J. Mills Blvd
- Email: [usarmy.cavazos.imcom-central.mbx.dpw-hso@mail.mil](mailto:usarmy.cavazos.imcom-central.mbx.dpw-hso@mail.mil)



# Cavalry Family Housing

## Can I live on Post?



**Eligibility and Who Qualifies:** Active Duty, Active Reserve, and Active National Guard Soldier with eligible dependents.

**Types of homes:** 2-, 3-, 4- and 5-bedroom non-rank specific homes. SNCO 4-bedroom homes. CGO, FGO and GO/SO 3- and 4-bedroom homes.

**Cost:** With dependent BAH rate.

**Wait Times:** Varies by waitlist. Talk to the assigned Leasing Consultant for updates to the wait times.

**Process:** Apply with **official orders to Fort Cavazos**, most recent end of month **LES, DEERS 1172** verified by the DEERS office, **IPSAA leave form** if applicable. Be added to the waitlist according to eligibility date and advise the Leasing Consultant of the community preferences and availability date. Be offered a home, notified of estimated move in date, walk through home, sign the lease, pay the prorated rent and pick up the keys.

# Directorate of Public Works

## Recycling Center

### YES, PLEASE!

only commingle the following acceptable recyclables



#### CARDBOARD

Cereal boxes  
Food boxes  
Pizza boxes  
Packing boxes



#### PLASTICS #1-2

Milk jugs  
Soda bottles  
Water bottles  
Shampoo bottles  
Soap bottles  
Laundry detergent containers



#### METAL CANS

Soda cans  
Tin cans  
Steel cans  
Energy drink cans  
Aluminum cans



#### PAPER

Magazines  
Newspapers  
Phone books  
Office paper  
Catalogs  
Books  
Junk mail

### NO, THANKS!

keep these out of single stream recycling



NO DIAPERS



NO NEEDLES  
OR SHARPS



NO HAZARDOUS  
MATERIALS



NO PLASTIC BAGS,  
FILM, AND  
WRAPPERS



NO FOOD WASTE



NO ANIMAL  
WASTE OR  
ANIMAL PARTS



NO FURNITURE



NO BATTERIES



NO AMMUNITION



NO GLASS

- Single Stream does not mean everything, only acceptable recyclables
- Cardboard
- Paper
- Plastics 1-2
- Metal/aluminum cans
- Contact Community Manager for Residential Recycling Program (R3P) & curbside container

For more information, contact us at:

- Phone: 254-287-2336
- Hours: 0730 – 1130 and 1230 – 1630 M-F
- Web: [Facebook.com/FortCavazosRecycle](https://www.facebook.com/FortCavazosRecycle)



# Directorate of Public Works

## iSportsman



- Web-based platform to purchase permits
- Hunters, anglers, and recreators must register for area access via iSportsman account
- Permit required for hunting, fishing, and recreational activities within training area
- Highlights regulations, permit information, FAQ, how-to guides, and area status

 <b>Permits</b> Log in to purchase a permit. <b>LOG IN</b>  →	 <b>Check-in/Check-out</b> Users must log in to check-in/check-out. <b>LOG IN</b>  →	 <b>Alerts/News</b> View all important alerts and news. <b>VIEW ALL</b>  →	 <b>New Members</b> All new users must register for an iSportsman account. <b>REGISTER</b>  →
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For more information, contact us at:

- Phone: 254-535-3295
- Email: [usarmy.cavazos.id-readiness.mbx.dpw-isportsman@army.mil](mailto:usarmy.cavazos.id-readiness.mbx.dpw-isportsman@army.mil)
- Web: <https://cavazos.isportsman.net/>



# Directorate of Family and Morale, Welfare, and Recreation (DFMWR)

## Army Community Service (ACS)



- Financial Assistance
- Advocacy, Prevention, and Outreach
- Non-Medical Counseling
- Spouse Employment
- Life Skills Development

For more information, contact us at:

- Shoemaker Center, 2nd Floor
- Phone: 254-287-4ACS (4227)  
Email: [usarmy.cavazos.imcom-fmwrc.list.ACS-IRO@army.mil](mailto:usarmy.cavazos.imcom-fmwrc.list.ACS-IRO@army.mil)
- Web: <https://cavazos.armymwr.com/categories/community-support>



# DFMWR

## Child & Youth Services (CYS)



- Child Development Services
- School Age Care and Youth Centers
- Youth Sports Programs
- School Liaison Office
- Parent Central Services

For more information, contact us at:

- Phone: 254-287-8029
- Building: Shoemaker Center, 1st Floor
- Email: [usarmy.cavazos.imcom-fmwrc.mbx.pcs@army.mil](mailto:usarmy.cavazos.imcom-fmwrc.mbx.pcs@army.mil)
- Web: <https://cavazos.armymwr.com/cys>



# DFMWR

## Community Recreation & Fitness/Aquatics



- Fitness Centers and Aquatics
- Biking/Hiking Trails, RV Camping & Paintball
- Horseback Riding & Lake Access
- Leisure Travel Services
- Library

For more information, contact us at:

- Phone: 254-287-1435 (Recreation)
- Phone: 254-553-2710 (Fitness & Swim)
- Building: Building 194, 37<sup>th</sup> Street
- Web: <https://cavazos.armymwr.com>



# DFMWR

## Business Operations



- Phantom Warrior Bowling Center
- Community Events & Bingo Center
- Courses of Clear Creek – Golf Course
- Lone Star Conference Center
- Arts & Crafts and Sprocket Auto Crafts
- Sportsmen’s Center & Skeet Range

For more information, contact us at:

- Phone: 254-287-7406
- Building: Building 194, 37<sup>th</sup> Street
- Web: <https://cavazos.armymwr.com>



# Directorate of Emergency Services

## Installation Access



- Marvin Leath Visitors Welcome Center (VWC) (Bldg 69012)
- Drivers Licensing and Registration Offices (Bldg 69004 / 69005)
- Training Areas / Violations

For more information, contact us at:

- Phone: 254-287-9909 (VWC)
- Hours: 5 a.m to 9 p.m daily
- Email: [usarmy.cavazos.id-readiness.list.des-visitor-welcome-center@army.mil](mailto:usarmy.cavazos.id-readiness.list.des-visitor-welcome-center@army.mil)



# Directorate of Emergency Services

## Privately-Owned Weapons



- Texas Constitutional Carry
  - (Texas House Bill 1927)
- Weapons Registration
- FC REG 190-11 and CG Policy Letter #8: Registration for Privately-Owned Firearms

For more information, contact us at:

- Phone: 254-287-9909 (VWC)
- Hours: 5 a.m to 9 p.m daily
- Email: [usarmy.cavazos.id-readiness.list.des-visitor-welcome-center@army.mil](mailto:usarmy.cavazos.id-readiness.list.des-visitor-welcome-center@army.mil)



# Directorate of Emergency Services

## Off-Limits Areas / House Watch Program

CG Policy Letter #7: Off-Limits Establishments / Areas

### Killeen

- One Shot Sports Bar
- Club U&I
- Military Depot LTD
- Playa's Sports Grill
- Lux Lounge

### Harker Heights

- Club Krush
- Sean's Pub & Patio
- Club Vybex
- Club Vybez 2.0



For more information, contact DES at:

- Phone: (254) 287-4001
- Hours: 7:30 a.m. – 4 p.m. M-F

CG Policy Letters

### House Watch Program

Patrol checks on unoccupied on-post housing  
For more information, contact the Police Desk at:

- Phone: 254-288-1024 / 254-288-1170



# Garrison Safety Office

## Common Risks in Central Texas



- Low Water Crossings / Flash Floods
- Open Range Cattle and Wildlife
- Severe Weather / Hail
- Seasonal Hazards

For more information, contact us at:

- Phone: (254) 287-3323
- Email: [usarmy.cavazos.id-readiness.mbx.safety@army.mil](mailto:usarmy.cavazos.id-readiness.mbx.safety@army.mil)
- Web: <https://tiny.army.mil/r/t7UR/>



# Directorate of Plans, Training, Mobilization and Security (DPTMS) – **Emergency Preparedness**



- Ready Army Program
- Alert! Mass Warning & Notification System
- Integrated Public Alert & Warning System
- Exercise Emergency Action Plans (EAP)



Alert! QR Code

For more information, contact us at:

Phone: (254) 553-2782 / 287-4097

Web: <https://ready.army.mil>

Email: [usarmy.cavazos.usag.list.dptms-eoc-ops@army.mil](mailto:usarmy.cavazos.usag.list.dptms-eoc-ops@army.mil)



Ready Army QR Code

# Directorate of Human Resources

## ID Card Facility



- Soldiers get CAC Card @ Brigade S1
- USID Cards for Family Members
- DEERS Enrollment
- Schedule an Appointment
- Remote ID Card Processing



For more information, contact us at:

- Phone: 254-287-5670
- 144 Legends Way
- Email: [usarmy.cavazos.imcom.mbx.dhr-iag-id-cards@army.mil](mailto:usarmy.cavazos.imcom.mbx.dhr-iag-id-cards@army.mil)
- Web: <https://home.army.mil/cavazos/index.php/units-tenants/Garrison/directorate-human-resources/Military-Personnel-Division/ID-Cards>

# Directorate of Human Resources

## Education Services Center



- Tuition & Credentialing Assistance
- Academic Counseling
- BSEP-GT Improvement Classes
- Army Personnel Testing (APT)
- ETS/Retirement Briefing



For more information, contact us at:

- Phone: 254-287-4824
- W 761<sup>st</sup> Tank Battalion, Bldg 33009
- <https://www.facebook.com/FortCavazosEducationServices>

# Army Field Support Battalion – Cavazos

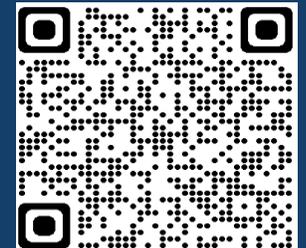
## Household Goods Shipments



- Household Good Moves
- Personally Procured Moves (PPM)
- Non-Temp Storage (NTS)
- Location: Copeland Center, Bldg. 18010
- Operating Hours:  
Monday – Friday, 0800 - 1500

For more information, contact us at:

- Phone: 1-800-521-9959
- Email: [usarmy.cavazos.usag.mbx.dol-ppopns@army.mil](mailto:usarmy.cavazos.usag.mbx.dol-ppopns@army.mil)



# Army Field Support Battalion – Cavazos

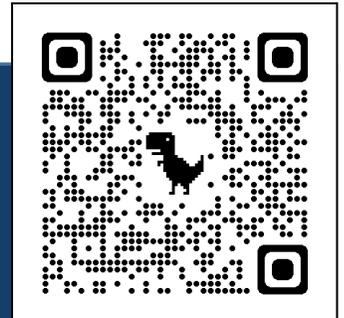
## Dining Facilities

Dining Facility Operations Schedule <span style="float: right;">Feb. 2024</span>						
For the most updated schedule, visit <a href="https://home.army.mil/cavazos">home.army.mil/cavazos</a>						
OPEN (Breakfast, Lunch & Dinner)		OPEN (Brunch & Supper)		CLOSED	HOLIDAY	
<b>IRONHORSE</b> Building #41018 Old Ironside & 77th St.						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: WO1 Blair: 513-317-5054						
<b>ALWAYS READY</b> Building #91226 HQ Ave., West Fort Cavazos						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: WO1 Greene: 843-901-0260						
<b>OPERATION IRAQI FREEDOM</b> Building #21020 Battalion & 58th St.						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: WO1 Greene: 843-764-7561						
<b>NORTH FORT CAVAZOS</b> Building #56320						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 5:30-8:30 a.m. Sunday-Saturday Lunch: 11:30 a.m.-1 p.m. Sunday-Saturday Dinner: 5-7:30 p.m. Sunday-Saturday Manager: MS. Pitts: 254-287-8930						
<b>BLACK JACK</b> Building #34002 Old Ironsides Ave. & Pyongyang Dr.						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Manager: SFC Smith: 254-288-3861						
<b>THEODORE ROOSEVELT</b> Building #9205 Battalion & 21st St.						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Service: MSG Steward: 706-341-7462						
<b>CULINARY OUTPOST FOOD TRUCK 1</b>						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: Closed NCOIC: SSG Lopez: 787-414-1259						
<b>CULINARY OUTPOST FOOD KIOSK</b> Old Ironsides and Pyongyang Drive						
SUN	MON	TUES	WEDS	THUR	FRI	SAT
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
BRK, LUN, DIN: 8 a.m.-8 p.m. Monday-Friday (WKS): 8 a.m.-8 p.m. WR Manager: SFC Smith: 254-288-3861						
<b>PATRIOT INN</b> Building #12007 Old Ironside & 33rd St.						
Closed due to renovation. Tentatively scheduled to open May 1.						
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday WR Manager: SFC Moore: 210-812-9378						
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30-1 p.m. Monday-Friday Dinner: Closed Food Advisor: WO1 Greene: 843-901-0260						

Installation Food Service: 287-6595 III Armored Corps Food Service: 287-0573 Division Food Service: 287-3134

- Dining Facilities:
  - Fort Cavazos: 5 (brigade-level management)
  - North Fort Cavazos: 3 (MFGI)
  - Food Trucks: 2
  - KIOSK: 1

See below website for most up-to-date information on when the facilities are open.



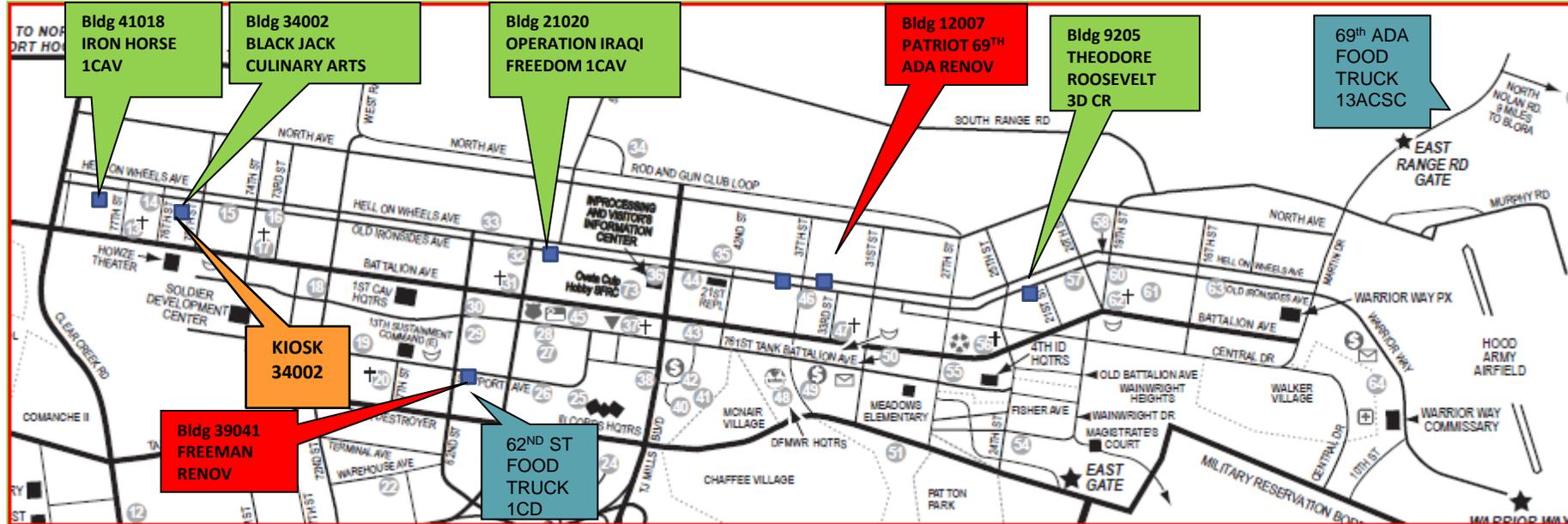
For more information, contact us at:

- Installation Food Service: 254-287-6595
- III Corps Food Service: 254-287-0573
- Division Food Service: 254-287-3134
- Web:

- <https://home.army.mil/cavazos/my-fort/all-services/dining-facilities>

# Army Field Support Battalion - Cavazos

## Dining Facility Locations

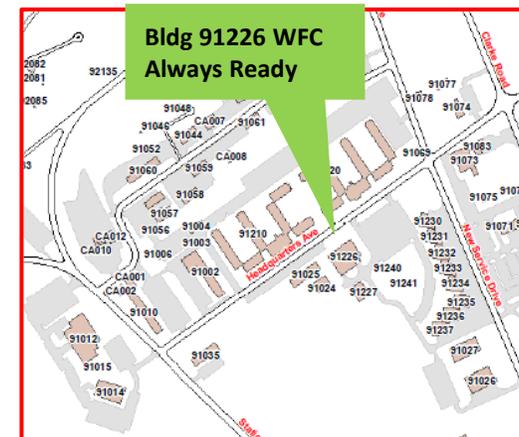


North Fort Cavazos DFACs

- BLDG 56320
- BLDG 56447
- **BLDG 56425 Renov**

### LEGEND

- = 7 DAYS A WEEK
- = CLOSED
- = FOOD TRUCK
- = KIOSK



# Army Field Support Battalion – Cavazos

## Central Issue Facility (CIF)



- Location: Clarke Road, Bldg. 89010, Bay 6
- Hours of Operation: Monday – Friday  
OCIE Turn-In: 0800 – 1200  
OCIE/Additional Issue/DX: 1300-1600
- CIF Storefront Concept
- Storefront Operations

For more information, contact us at:

- Phone: (254) 287-1060/4223



# Army Field Support Battalion-Cavazos

## Cavazos Connector (FREE SERVICE)



**CAVAZOS**  
CONNECTOR

**Circulator Route:**  
28 Stops:  
Hospital  
Commissary  
Exchange  
Bowling Alley  
Gyms

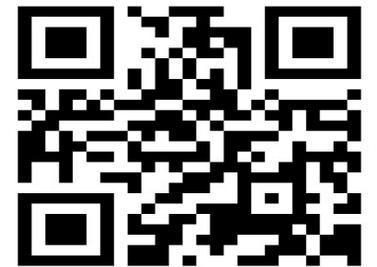
**Microtransit System:**  
Five zones that  
function like ride  
share services  
Uber™ and Lyft™



- 5 Feb: Barracks zone operational. Trips booked through the HOP app or by calling scheduler at (254) 933-3700.
- 2 Mar: Four Family Housing Zones operational. Trips booked through Cavazos Connector App or by calling scheduler.
- Weekdays: 0700 – 2100  
Weekends & Holidays: 1100 - 2200

**For More information:**

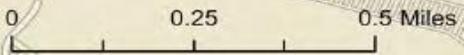
- Contact Hill Country Transit District
- Hours: 8:00 a.m. – 5:00 p.m.
- Scheduler: (254) 933-3700
- Hill Country Transit District QR Code



- |                            |                           |
|----------------------------|---------------------------|
| 1 - Commissary             | 15 - Shopette Gas Station |
| 2 - AAFES Clothing         | 16 - Visitor Center       |
| 3 - Bingo Hall             | 17 - Holiday Inn          |
| 4 - Thrift Store           | 18 - Darnall Hospital     |
| 5 - PX                     | 19 - DPW                  |
| 6 - NCO Academy Loop       | 20 - Bowling Alley        |
| 7 - Library                | 21 - TMP                  |
| 8 - Kieschnick Gym         | 22 - Grey Wolf            |
| 9 - Domino's Pizza         | 23 - Cooper Field         |
| 10 - Abrams Gym            | 24 - Domino's Pizza       |
| 11 - Cooper Field          | 25 - Library              |
| 12 - Grey Wolf             | 26 - DPW                  |
| 13 - 6th Sqdn 9th Cav Regt | 27 - Holiday Inn          |
| 14 - Copeland Center       | 28 - First Hero's Bank    |

**Legend**

- ◆ Stop
- Circulator Route
- Building
- Zone 1 - Barracks



# Staff Judge Advocate

## Legal Assistance



- Notary, Power of Attorneys
- Military Admin Matters & Wills
- Family Law & Landlord Tenant
- Assist victims of Domestic Violence

For more information, contact us at:

- Phone: 254-287-7901
- Hours: 1:00 a.m. – 4:00 p.m. M-TH
- BLDG 13 52<sup>nd</sup> St Fort Cavazos TX
- Email: [usarmy.cavazos.iii-corps.mbx.sja-legal-asst@army.mil](mailto:usarmy.cavazos.iii-corps.mbx.sja-legal-asst@army.mil)



# Inspector General



**III Corps and Fort Cavazos Inspector General Office**  
Room A211, Building 18010, Copeland Center, Fort Cavazos, TX 76544  
Call 254-287-7209 or email [usarmy.cavazos.iii-corps.mbx.ig@army.mil](mailto:usarmy.cavazos.iii-corps.mbx.ig@army.mil)



**1st Cavalry Division Inspector General Office**  
2<sup>nd</sup> Floor of Building 29014, 67<sup>th</sup> St & Legends Way, Fort Cavazos, TX  
76544 Call 254-287-6775 or  
email: [usarmy.cavazos.1-cd.mbx1cd-division-ig@army.mil](mailto:usarmy.cavazos.1-cd.mbx1cd-division-ig@army.mil)



**13th Armored Corps Sustainment Command Inspector General Office**  
Room 112, Building 39011, Support Avenue, Fort Cavazos, TX 76544  
Call 254-702-2770 or  
email: [usarmy.cavazos.13-esc.list.13esc-ig-section@army.mil](mailto:usarmy.cavazos.13-esc.list.13esc-ig-section@army.mil)



**Medical Readiness Command, West Inspector General Office**  
4070 Stanley Road, Suite 121, MCCR-IG, JBSA San Antonio, TX 78234  
Call 210-221-9977 or  
email: [usarmy.jbsa.medcom-rhc-c.list.inspector-general-dl@health.mil](mailto:usarmy.jbsa.medcom-rhc-c.list.inspector-general-dl@health.mil)



**1st Army Inspector General Office**  
Building 68, 1 Rock Island Arsenal, Rock Island, IL 61299  
Call 1-800-825-3623 or email: [usarmy.ria.1-army.list.ig-talk@army.mil](mailto:usarmy.ria.1-army.list.ig-talk@army.mil)

- Use your servicing IG Office
- Anyone can request IG Assistance
- Can your Chain of Command resolve the issue(s)
- Is it IG Appropriate?
- Do not expect instant action. Be Patient
- Be prepared to take "No" as an answer
- We do not advocate for complainants or commands. We advocate for law, regulation, and policy

**Contact IIIAC Inspector General at:**

- Phone: 254-287-7209
- Copeland Ctr, Room A211
- Email: [usarmy.cavazos.iii-corps.mbx.ig@army.mil](mailto:usarmy.cavazos.iii-corps.mbx.ig@army.mil)





# III Armored Corps G1

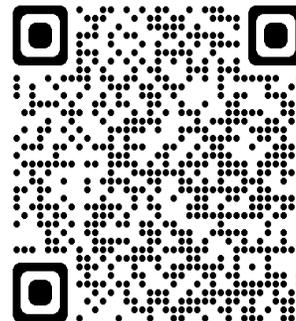
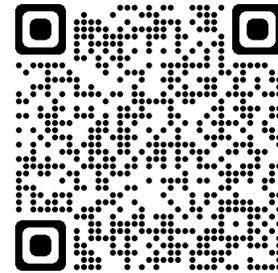
## IPPS-A

**What is IPPS-A?** The Integrated Personnel and Pay System – Army (IPPS-A) is the Army’s new online and mobile Human Resources system. Soldiers use IPPS-A for the following (and more):

- **24/7 access to your HR record**
- **Absence Request (Leave Request)**
- **View Promotion Points**
- **View/Apply Job Openings (Assignments)**
- **Add Knowledge Skills Behaviors (KSBs)**
- **Submit questions to your S1**

**LOG-IN:** [HTTPS://HR.IPPSA.ARMY.MIL/](https://hr.ippsa.army.mil/)

### MOBILE APP:



### SELF-SERVICE TRAINING:

- Soldiers (optional ~1 hr video)
- Log into IPPS-A
- Click “IPPS-A Hands-on Training” tile
- Type “R3 Self Service Orientation” in search bar
- Select course from menu (Enroll/Launch)

For more information, contact us at:

[usarmy.cavazos.iii-corps.list.g1-hroc@army.mil](mailto:usarmy.cavazos.iii-corps.list.g1-hroc@army.mil)

# Federal Voting Assistance Program



- Vote From Anywhere in the World
- For Service Members and Civilians
- Unit Voting Assistance Officers in Every Unit
- Get Familiar With Process Now Before the 2024 Presidential Election!

## For more information:

- Website: <https://fvap.gov>
- Email: [usarmy.cavazos.iii-corp.list.g1-plops@army.mil](mailto:usarmy.cavazos.iii-corp.list.g1-plops@army.mil)



# DFMWR

## Better Opportunities for Single Soldiers (BOSS)



- Community Service
- Recreation & Leisure
- Quality of Life
- Life Skills
- Unit Representatives

For more information, contact us at:

- Phone: 254-287-6116
- Building 9212, Old Ironsides Avenue
- Web: [cavazos.armymwr.com/BOSS](https://cavazos.armymwr.com/BOSS)





**American  
Red Cross**

# Hero Care Services **1-877-272-7337**



- Download Hero Care app to get connected
- Hero Care Center open 24/7 365
- Red Cross does not approve leave
- Types of emergencies
- Where to find financial assistance

For more information, contact us at:

- Phone: 254-287-0403
- Darnall Loop #1039
- Email: [fort.cavazos@redcross.org](mailto:fort.cavazos@redcross.org)
- Web: <https://www.redcross.org/military-families.html>





**American  
Red Cross**

# Volunteer Opportunities



- Caseworkers
- CRDAMC Volunteer
- Disaster Action Team
- Administrative Support
- Community Liaison

For more information, contact us at:

- Phone: 254-499-2789
- Web: [redcross.org/volunteer](https://redcross.org/volunteer)



# United Service Organizations (USO)

## Services / Volunteer Opportunities



- Computer/Internet, WIFI, Printing & Faxing, Music Room, Gaming, Movement Room (Gym), and Theater
- Volunteer Opportunities: (Promotion Points/MOVSM)
- Unit Support Request (Conference Rooms)
- Complimentary Lunch
- Pathfinder/Transition (Resume Support, Certifications)

For more information, contact us at:

- Phone: 254-768-2770
- 761<sup>st</sup> Tank Battalion Ave, Bldg 121
- Web: <https://fortcavazos.uso.org/>
- Hours: M-F 0900 – 2000,
- Sat 1200 - 1800



# Army and Air Force Exchange (AAFES)

## AAFES Services / Star Card



- 18 Retail Facilities
- 102 Concessions
- 32 Restaurants
- FY 2021 Fort Cavazos Dividend \$3,342,531
- \$3.5 Billion Given to Quality-of-Life Programs in the Past 10 Years

### THE MILITARY STAR REWARDS PROGRAM

EARN REWARDS ON PURCHASES<sup>†</sup>

\$1 SPENT = 2 POINTS

2000 POINTS EARNED = \$20 REWARDS CARD

**APPLY TODAY**

AND SAVE 10% ON YOUR FIRST DAY'S PURCHASES<sup>^</sup>

SAVE ON FOOD  
**10% Off**  
EXCHANGE RESTAURANTS AND CATERING

EARN  
**2 POINTS FOR EVERY \$1\***  
2000 POINTS = \$20 REWARDS CARD  
\*Rewards exclude Military Clothing line of credit.

SAVE ON FUEL  
**5¢ Off**  
EVERY GALLON AT THE EXPRESS

RECEIVE  
**Free**  
STANDARD SHIPPING AT [shopmyexchange.com](https://www.shopmyexchange.com)

MILITARY STAR IS NOW ACCEPTED AT THESE MWR FACILITIES



CHILD & YOUTH SERVICES (CYS)



PHANTOM WARRIOR LANES



TRAVEL LEISURE SERVICE

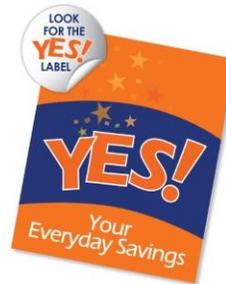
For more information, contact us at:

- Phone: 254-532-6537
- Email: [zzCRFortCavazosGMs@aafes.com](mailto:zzCRFortCavazosGMs@aafes.com)
- Web: <https://www.shopmyexchange.com>

**DIGITAL GARRISON**

# Defense Commissary Agency (DeCA)

## Services



- Online Shopping for Curbside Pickups
- Commissary Rewards Card. Where you can save by digitally uploading coupons and save at Check out!
- Major Savings at your Commissary compared to outside grocery suppliers!
- Special Orders: you can request special products, Meat, Produce, Deli, Bakery, and Party Trays.
- Clear Creek Sidewalk sale May 12<sup>th</sup> – 15<sup>th</sup>

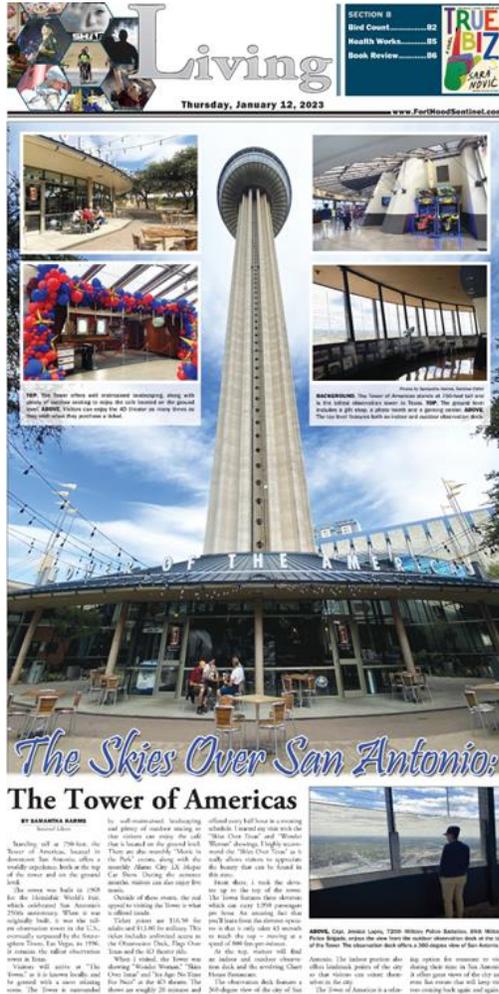
For more information, contact us at:

- Phone: 254-287-9055
- Email: [FortCavazos1.commissary@deca.mil](mailto:FortCavazos1.commissary@deca.mil)
- Web: <https://www.commissaries.com/shopping/store-locations/fort-cavazos-clear-creek>



# Public Affairs Office

## Ways to Stay Connected with Fort Cavazos



- Fort Cavazos Sentinel – post newspaper – Traveling Soldier every Thursday
- Great Big Podcast every Thursday
- Multiple social media platforms including Facebook, Twitter, YouTube, Instagram, Website

For more information, contact us at:

- Phone: 254-286-5139
- Social Media: @FortCavazosArmy
- Web: [Home.army.mil/Cavazos/contact/public-affairs](http://Home.army.mil/Cavazos/contact/public-affairs)

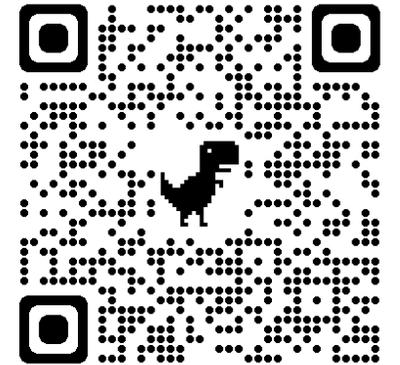


# Newcomer's Scavenger Hunt!

Sponsored by U.S Army Garrison, Fort Cavazos



- **Access:** Scan the QR Code to access Scavenger Hunt Questionnaire.
- **Submit:** Using your Smartphone or Mobile device, submit 7 out of 10 questions correctly within 30 days of your Newcomer's Orientation date.
- **Win:** All eligible submissions will be entered into the next raffle for a gift basket full of prizes, including AAFES and DeCA Gift Certificates and MWR discounts.



## For more information:

- POC: Plans, Analysis, Integration Office (PAIO)
- Email address: [usarmy.cavazos.usag.list.paio@army.mil](mailto:usarmy.cavazos.usag.list.paio@army.mil)
- Phone: (254) 287-0027

# How was the Fort Cavazos Orientation?

## Give Us Your Feedback on ICE!

- Interactive Customer Evaluation (ICE)
- Did you feel the time spent at the orientation was valuable?
- Are the information booths informative?
- How can we improve?

For more information, contact the Plans, Analysis and Integration Office (PAIO) at:

- Email: [usarmy.cavazos.usag.list.paio@army.mil](mailto:usarmy.cavazos.usag.list.paio@army.mil)
- Phone: (254) 287-3211



### What previous customers have said:

*"The services were the most valuable to us as Soldiers. I did not expect to see education services here; it helped me to get a conversation started."*

*"The newcomers brief was very informative and enjoyable; I learned a lot that I can bring back to my family and unit."*

*"Briefings were helpful and informative."*

*"Thanks for inviting the spouses."*

*"I enjoyed the quick intro to the vendors and services with the opportunity to discuss further at the tables."*