

Menu

• MENU SETS •

1. Herbed Broccoli w/ Brown rice
2. Roasted Baby Carrots and Pasta
3. Herbed Green Beans w/ Italian Roasted Potatoes
4. Vegetable Stir Fry w/ Baked Sweet Potatoes and Apples

• PROTEIN •

1. Grilled Chicken Breast
2. Rosemary Roasted Pork Loin
3. Grilled Salmon
4. Seared Tofu

• V E G E T A R I A N

1. Plant Powered Taco Bowl
2. Buffalo Tofu Bowl
3. Tofu Pad Thai
4. Chickpea Curry w/ Brown Rice

• FRUIT/SALAD •

Fruit cup, assorted fruit or house salad

DESSERT

Yogurt, Parfait or Nutritional Bar

SAUCES

Teriyaki, Sweet Chili, Sweet & Sour, Pineapple Salsa, Buffalo, BBQ, Honey Mustard, Siracha Mayo, Balsamic Vinaigrette, Raspberry Vinaigrette

