XXXX-XX Date

MEMORANDUM FOR RECORD

SUBJECT: IIIAC P3T Postpartum Release Memo

1. The purpose of this memorandum is to request the release of the following Soldier an to from the Fort Cavazos Pregnancy Postpartum Physical Training (P3T) :

* Rank Last Name, First Name DODID: XXX-XXX-XXXX

1. Rank Last Name will be attending P3T from DATE to DATE.
2. Soldier’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. The point of contact for this memorandum is CPT Name at [Commander.mil@army.mil](mailto:Commander.mil@army.mil).

NAME

CPT,

Commanding