LIGHTNING ACADEMY RAPPEL MASTER PACKING LIST

WORN OR CARRIED PACKING LIST

1. The following items will be inspected on Day One of the Rappel Master Course. All students must bring the entire packing list starting on Day One of the course and will bring the entire packing list every subsequent day of the course.

ALL ITEMS WILL BE MILITARY ISSUE	
A. ID Card	**B. ID Tags w/ issued long and short chain**
C. Molle 4K Ruck or Rucksack with frame and 2x sustainment pouches, weighing at least 15 pounds	D. Hip seat with snap link (issued day 1) x 1
E. Rubber Duck (issued day 1) x 1	F. TAPS (system complete)
G. OCP/IHWCU top (all patches, name tapes and rank) (x1 packed)	**H. OCP/IHWCU bottom** (x1 packed)
I. Tan Belt	**J. Socks (black, tan, or green IAW AR 670-1)**
K. OCP Patrol Cap (w/ rank and name tape) (x1 packed)	**L. Boots, Tan Leather (IAW AR 670-1)**
M. Tan/Coyote T Shirt (no unit or logos) (x1 packed)	N. Ear pro with case
O. APEL Approved Eye Pro/Goggles (dark optional but clear mandatory) x 1 pair. Link below show approved list: https://www.peosoldier.army.mil/equipment/approved-eyewear-QPL/	P. ACH or NG-IHPS 1. With helmet cover 2. Must have all issued pads (oval pad x4, crown pad x1 and trapezoid pad x2) 3. Must have a serviceable chinstrap and hardware
Q. Leather work gloves with a friction bearing pad of doubled leather that covers the entire palm **See Lightning Academy website, Air Assault packing list for pictures of authorized and unauthorized gloves. **	R. Documentation of completion of: AASLT/ RANGER/SAPPER/ or BMMC
S. LA100, most current version (found on Lightning Academy website), all fields completed and all signatures within 90 days of course start date	T. STP or service equivalent
**Optional: wristwatch, Glove Inserts	**Optional but highly recommended: **Rigger's Belt**
**Optional: Camelback x 1	**Optional: Headlamp x 1
** Sister Services contact LA POC for alternate items accepted in lieu of the Authorized Packing List, AASLT Branch Chief at 808-787-9402 *****BOLD ITEMS ARE WORN**	