

- ❖ Power and Water Challenges
- VIDEO Filming on WAAF (Wheeler Middle & Elementary)
- DVAM awareness and Prevention
- Speeding on Post
- Oktoberfest
- **❖JPMRC 26-01**
- Operation Ride Home
- ❖ ENGAGE Website for Governor Green
- Upcoming events
- Closing Remarks





Scan QR for the latest Slide Brief



Scheduled Outages



Scheduled Electrical Outages

- 04 October (0830-1430) SB Duck Rd, replace cooper conductors
- 06 October (0830-1430) SB Lightning Academy, replace copper conductors
- 08 October (0830-1430) SB Lightning Academy, replace copper conductors
- ***09 (2100) 10 (0600) October SB Base wide Outage, installation of switch 4830***



SCHOFIELD BARRACKS Scheduled Electrical Outage

Date: 04 OCT 2025, 0830-1430

Purpose: Replacement of Leaking Padmount Transformer V-21199 (TR-2800)



Outage Location

- Bldg 2800 (DES)
- Bldg 2801 (Vacant for Renovation)



SCHOFIELD BARRACKS Scheduled Electrical Outage

Date: 06 October 2025, 0830-1430; 08 October 2025, 0830-1430

Purpose: Reconductoring Wiring in Wahiawa Heights



Outage Location

-Lightning Academy



SCHOFIELD BARRACKS Scheduled Electrical Outage

Date: 09 OCT(2100) – 10 OCT (0600)

Purpose: Installation of 46KV Switch 4830

Affected Areas: Base wide outage





Scheduled Outages



Scheduled Water Outages

- 24 September (0800-1400) SB Akolea Community, replacing water distribution system valve
- 25 September (0800-1400) SB Akolea Community, replacing water distribution system valve
- 27 September (0800-1400) WAAF, replacing water distribution system valve
- 29 September (2000-0400) WAAF Bldg. 1580, Water Main distribution pipes being replaced at the Air Stripper Tower.
- 03 October (0800-1400) AMR To tie in new water line
- 07 October (0800-1400) AMR To tie in new water line
- 10 October (0800-1400) AMR To tie in new water line



SCHOFIELD BARRACKS Scheduled Water Outage

Date: Wednesday & Thursday, September 24 & 25, 2025, 0800-1400

Purpose: Replace Water Distribution System Valves



Impact Areas Highlighted Blue:

- Akolea Drive
- Hoio Circle
- Kikaweo Street
- Kolokolo Circle
- Kupukupu Circle
- Lang Circle
- Lepelepe Circle
- Owali'l Circle
- Pai Circle
- Palapalai Circle
- Pipi Circle
- Pulu Circle
- Uluhe Circle

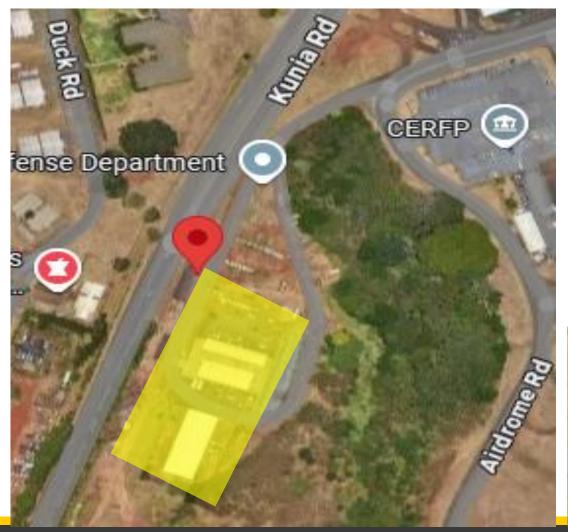
SCHOFIELD BARRACKS

Scheduled Water Outage



WHEELER ARMY AIRFIELD Scheduled Water Outage

Date: Saturday, 27 September 2025, 0800-1400 **Purpose:** Replace Water Distribution System Valve



Impacted Areas Highlighted Blue:

- 281, 282, 360 & 365 Sasaoka St
- NSA Kunia Regional Security





WHEELER ARMY AIRFIELD Scheduled Water Outage

Date: 29 Sept 2025 (2000-0400 HST)

Purpose: Connection of temporary line to tee intersection of water main and various pipe tie in.





Main Distribution System Outage

Impacts:

Excessive water usage during these times may cause little to no water pressure in some of the listed areas.

Area that will be affected:

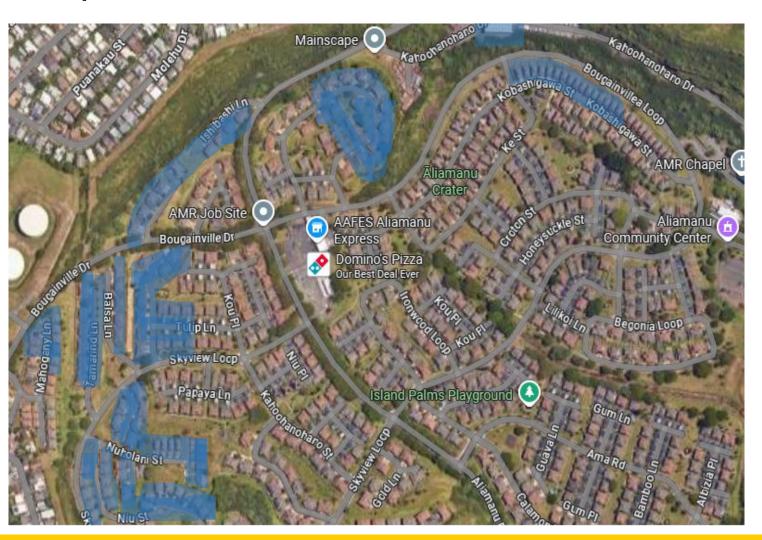
Wheeler Army Airfield, Scholfield Barracks, Camp Stover, Kunia Tunnel, NCTAMS and HMR



ALIAMANU MILITARY RESERVATION Scheduled Water Outage

Date: Friday, October 3, 7, & 10 2025, 0800-1400

Purpose: Tie-in new water line



Impact Areas Highlighted Blue:

- Mahogony Ln
- Tamarind Ln
- Balsa Ln
- Sandalwood Ln
- Tulip Ln
- Morishige Ln
- Ishibashi Ln
- Plumeria Loop
- Kobashigawa St.
- Skyview Loop
- Vitex Ln
- Nuholani St
- Niu St
- IPC Maint. Bldg.



Traffic Study Filming on WAAF - Wheeler Middle & Elementary Schools

Purpose: to assess traffic flow and pedestrian safety in the vicinity of Wheeler Middle and Wheeler Elementary Schools on Wheeler Army Airfield (WAAF). Video recording will be conducted to collect data on vehicle patterns, congestion points, and student crossing activity during peak travel times. The results will support future recommendations to improve safety, efficiency, and overall traffic management for the school community.

The traffic engineer's desired video recording observation dates at Wheeler ES/MS are:

- September 30th
- October 1st and 2nd
- October 15th and 16th
- October 21st, 22nd, and 23rd



ACS - Family Advocacy Program

October is Domestic Violence Awareness Month (DVAM), a time to raise greater awareness of resources for Soldiers, Family members and Army Civilians who may need support or want to help someone they know.

This year, the Army's DVAM awareness and Prevention outreach efforts feature <u>two</u> distinct campaigns:

"What's Inside Matters"— focuses on victim awareness and connecting to support

"Pause" — speaks to those who are concerned about their own potentially harmful behavior and want help.

FAP Partners with 25th DSB for the Annual DVAM 5K Walk/ Run

WHEN: Friday, 03 OCT 2025, 0630 – 0800

WHERE: Weyand Field- Schofield Barracks

WHY: Educate Soldiers and Family Members about the dynamics and prevalence of domestic violence and raise awareness about the available resources for victims.



ACS Family Advocacy Program is hosting the following events in honor of DVAM

DVAM Outreach Tables:

SB Commissary 10, 30 OCT 1130-1230

SB PX

01, 15, 24 OCT 1130-120

Shafter PX 06, 17 OC 1130-1230

DVAM Activities:

DVAM 5K Walk/Run 3 OCT 0630-0800

HOWLoween Party SB Kalakaua Commuinity

Center 1630-1800

230 **HOWLoween Party**

FT Shafter 1LT Brostrom Community Center 1630-1800 **DVAM Waves:**

SB Near Foote Gate 01 OCT 0930-1030

Fort Shafter Main Gate 17 OCT 0830-0930

SB ACS Building

Sun Mon Tue Wed Thu Fri Sat

WHAT'S INSIDE OSSISSED PAULE STAND PAULE PORT OF Shorter PX 1130-1230

Sun Mon Tue Wed Thu Fri Sat

PAULSE OSSISSED PAULE PORT OSSISSED PAUL PORT OS

24/7 S & FE-LINE (808) 624-7233

WE ARE THE ARMY'S HOME

- 1:

Driver and Pedestrian Safety

National Statistics 2024

- 39,345 fatalities
- Speeding is a factor in 29% of all incidents
- 49% of drivers admit to regularly driving 15MPH over speed limit
- Speeding reduces perception and reaction time, and increases stopping distance

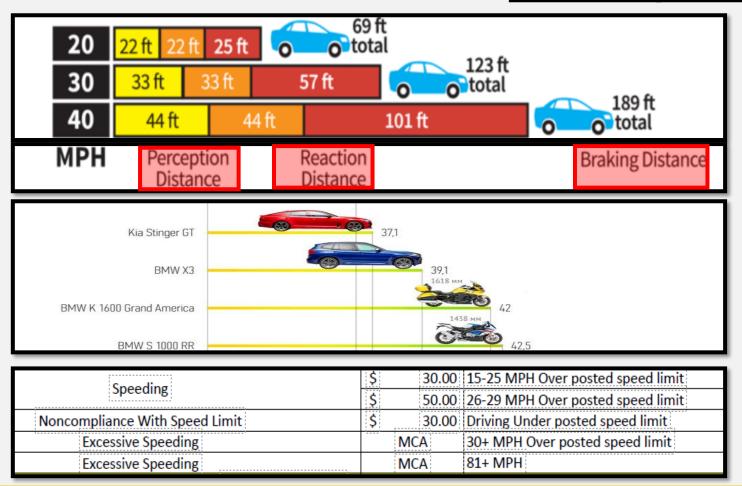
Accident Causes

- **Speeding**
- Driver inexperience (lack of)
- Reckless Driving (Ignoring traffic rules)
- Racing



Driver and Pedestrian Safety

Stopping Distance



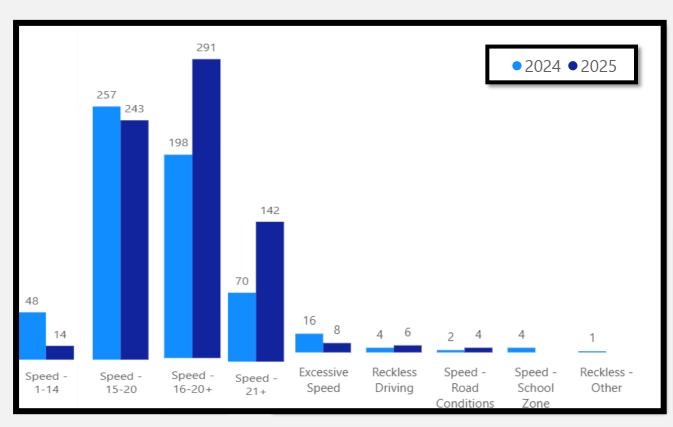




Speeding Citations



Speeding Citations 2024/2025





FiscalYear	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Total
2024	39	72	75	65	35	52	38	37	18	82	56	31	600
2025	63	36	58	55	79	100	99	61	62	36	35	24	708
Total	102	108	133	120	114	152	137	98	80	118	91	55	1308

Oktoberfest & The Wurst 5K Schofield Barracks!

We're kicking things off with a twist—the Wurst 5K Run you've ever experienced!

Savor traditional Oktoberfest food—from hearty sausages to sauerkraut—while live entertainment keeps your feet tapping. Families, don't miss the Keiki Zone with games, activities, and kid-friendly treats.

And of course... it's time to crown our Mr. & Mrs. Oktoberfest! Dress in your best Bavarian attire and join the fun competition

Event Guidelines:

No pets | No outside food or drinks | No coolers | No tents | ATM on site.

More Information





Lee Health & Fitness Center – **(808) 787-5739**



Joint Pacific Multinational Readiness Center Exercise **Increased Noise Advisory: Oct. 28 – Nov. 16, 2025**







U.S. Army Hawai'i is advising our community of increased training noise expected during (JPMRC) Rotation 26-01. Exercises help ensure Soldier readiness and interoperability with partner forces.

What to Expect:

Greater movement of military vehicles, airplanes, and helicopters. Training activity across Wheeler Army Airfield, Schofield Barracks, Kahuku Training Area, Dillingham Airfield, and Lualualei.

Community Engagement:

Activities may cause temporary disruptions.

Noise Concern Line:



usag.hawaii.comrel@army.mil



/EHICLES



An increase in military traffic is expected between PTA and Hilo traffic in other areas







Armed Services YMCA HawaiiOperation Ride Home

Sept. 2 – Oct. 10, 2025

Armed Services YMCA, helps junior enlisted military families (E1-E5) travel home for the holidays by offering cost-covered (free) or funding toward round-trip flights for military members and their immediate family.

Accepting applications Sept. 2 to Oct. 10 Make sure your Command Approval Form is complete.

Travel dates can be for Thanksgiving, Christmas, or New Years, between Nov. 1, 2025 and Jan. 31, 2026.

Deadline to submit an application for consideration is Oct. 10, 2025 at 11:59 PM (HST).

ONLINE APPLICATION LINK

https://ridehome.asymca.org/find-your-ride-home/





Armed Services YMCA Hawaii KŌKUA CONNECTIONS



- Intentional endeavor to connect military families with the Hawai`ian culture and the culture of Hawai`i with hands-on and highly immersive experiences for all family members
- Saturday 10/11/25 (8:30am-12:30pm) @ Ulupō Heiau in Kailua
- Saturday 11/15/25 Sunday 11/16/25 @ YMCA Camp H.R.
 Erdman in Waialua (North Shore)
- Visit our website (https://hawaii.asymca.org/events/)
- Subscribe to our monthly e-newsletter



Aloha and welcome to Engage Hawai'i

Governor Josh Green invites you to share information and encourages your engagement on some of the most pressing issues facing the state today.

Military Land Lease Renewal in Hawai'i

The U.S. Army's current leases for training lands on O'ahu and Hawai'i Island expire in 2029.

On O'ahu, the Army has proposed retaining 450 acres of state-owned land at Kahuku Training Area (KTA).



On Hawai'i Island, at Pōhakuloa Training Area (PTA), the Army has proposed retaining 19,700 acres of state-owned land.



https://engage.hawaii.gov





2025 USAG Hawaii Upcoming Events

27 SEP: Schofield Barracks - Oktoberfest and Wurst 5K Fun Run

28 SEP: Gold Star Mother's & Family Day (Punchbowl)

29 SEP – OCT 3: Post Clean Up

OCT: Domestic Violence Awareness Month (DVAM)

3 OCT: Schofield Barracks - Domestic Violence Awareness Month

Run/Walk

7-8 OCT: Ft Bragg Special Missions unit briefing on Schofield

10 OCT: Day of No Scheduled Activity (DONSA)

18 OCT: Fort Shafter - 2025 Hawaii Army Retiree Appreciation Day -

Fort Shafter

23 OCT: DVAM Halloween Puppy Party

25 OCT: Schofield Barracks - Spooktacular (Tropics) Costume Dash

17-18 NOV: Career Summit

27-28 NOV: Thanksgiving Day & DONSA









STAY INFORMED! USAG Hawaii Community Updates





Download & Register!

For real-time updates & notifications

STAY IN THE KNOW WITH MY ARMY POST APP

WEATHER DELAYS
REAL TIME STATUS ON GATES
COMMUNITY EVENTS
RESOURCES

DOWNLOAD MAPA FOR FREE

MOCROS AFF OR

Download on the





Visit Our Calendar! For Outages & Events

https://home.army.mil/hawaii/my-fort/calendar



Filter by Date, Location, Category

Don't Get Caught Off Guard! Plan Ahead!

Additional Resources: Social Media & Community Bulletins





FOLLOW US ON SOCIAL MEDIA facebook.com/usaghawaii



STAY IN THE KNOW WITH MY ARMY POST APP

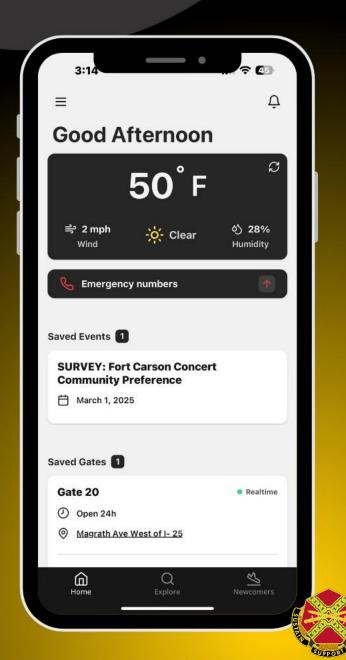
WEATHER DELAYS
REAL TIME STATUS ON GATES
COMMUNITY EVENTS
RESOURCES

DOWNLOAD MAPA FOR FREE











Message to our Community:

- Renovations will continue through the holiday mailing season so please plan accordingly.
 - Services are available at the Wahiawa Post Office until further notice.
 - Thank you for your continued patience!

Bicycle Safety/E-Bike Safety



Bike Safety



E-Bike Rules

Helmets are MANDATORY
 Must have headlight if riding during limited visibility
 Must have a red reflector mounted on rear of bike
 Must have a reflector mounted on each side of the bike
 Reflective body-wear gear is recommended
 Bicyclists using roadway have all the rights/duties applicable to the driver of a motor vehicle and must follow same rules/laws
 Carry one rider only
 Ride single file and far right of lane
 All bicycles with 20-inch wheels or greater diameter

are required to be registered on Oahu (\$15.00)

□ Hawaii electric bicycle law: An E-bike is a low-speed electric bicycle whose assisted maximum speed on a paved level surface, when powered solely by its motor, is less than 20 mph"
 □ MUST BE 15 YEARS OR OLDER to legally operate
 □ Helmets are MANDATORY
 □ Must have headlight if riding during limited visibility
 □ Must have a red reflector mounted on rear of bike
 □ Must have a reflector mounted on each side of the bike
 □ Reflective body-wear gear is recommended
 □ Bicyclists using roadway have all the rights/duties applicable to the driver of a motor vehicle and must follow same rules/laws
 □ Carry one rider only
 □ Ride single file and far right of lane
 □ All E-bikes are required to be registered on Oahu (\$30.00) MUST BE

Properly fitted helmet is most important piece of safety gear IAW The National Safety Counses

18 YEARS OLD to register

Rider Safety





National Statistics 2024

- ☐ More than 1,000 cyclists die each year
- ☐ Estimated 120,000 ER visits
- □ 30% at intersections
- Adolescents (10-14) highest rate of injuries
- ☐ Kids under 14 account for 36% of injuries, disproportionate to the fact they make up only 18% of the U.S. population.
- Male death rate 7 times higher than female
- Male injury rate 4 times higher than female





<u>Causes</u>



- Rider inexperience (lack of)
- □ Reckless riding (Ignoring traffic rules)
- ☐ Blind Spots (Infrastructure challenges)



Road Closure (Waianae Avenue)

Physical Training





Soldier/Runner Safety

USARHAW Reg 1

Military personnel participating in PT will observe the following:

- Running formations will not exceed 3 files.
- Formations will not extend over the centerline of the road.
- No more than two people running abreast on sidewalks or authorized roadways.
- ☐ Single runner: where sidewalks are not provided, when using authorized roadways, stay to the left side of the roadway or shoulder facing oncoming traffic, which may approach from the opposite direction.
- □ All personnel will wear a reflective vest or belt during limited visibility to include hours of darkness while running or jogging on the installation. The vest or belt must be visible from the front and rear and unobstructed by clothing or equipment.
- ☐ Joggers/runners and pedestrians must yield the right-of-way to all vehicles.

AR 385-10

Use of personal protective equipment on installation roadways

☐ Units will provide and require use of fluorescent or reflective PPE to personnel exposed to traffic hazards as part of their assigned duties; for example, marching, running, and jogging troops







Holidays/ Upcoming Events

Upcoming Holiday Operational Hours:

Monday October 13, 2025 – Columbus Day **0900-1700**Tuesday November 11, 2025 – Veterans Day **0900-1700**Thursday November 27, 2025 - Thanksgiving **CLOSED**Wednesday December 24, 2025 – Christmas Eve **0800-1600**Thursday December 25, 2025 – Christmas Day **CLOSED**

Upcoming Events:

Trick or treating at the Commissary October 30th 2025



New C2G Drop-Off Locations — Now Available!

Who: Schofield Barracks Commissary

New Opportunities What: We have launched a new drop-off service as part of our Commissary Click2Go program!

Why: To better serve our community, this is especially for Soldiers without transportation, busy parents, or anyone who finds it difficult to visit the Commissary in person. This service is designed to save time and make grocery access more convenient for our authorized patrons.

DeCA

When & Where:

Tuesdays @ 1130 – BLDG 520, 546 Bonney Loop, Fort Shafter

Tuesdays @ 1215 – IHG Hotel, 1 Jarrett White Road, BLDG 228B, Tripler AMC

Wednesdays @ 1600 – 1065 Menoher Road, BLDG 881, Schofield Barracks

Thursdays @ 1130 - 25th CAB Soldier Performance Readiness Center, 969 Santos Dumont Ave., BLDG 112, Wheeler AAF

New locations are coming soon - HMR and AMR

Important Notes

- This is a new program, and we appreciate everyone's patience and support as we work through the process and adjust based on available manpower.
- We will remain at each drop-off location for 30 minutes only, due to time constraints and the need to fulfill other orders.
- Orders must be placed through the Commissary Click2Go website: https://shop.commissaries.com/
- If patrons do not already have an account, they will need to create one before placing an order.
- When placing an order:
 - Make sure to select Schofield Barracks Commissary as your store
 - Choose the correct drop-off location from the available options
 - Choose online payment do not select "Pay In Store"
 - This service is for authorized patrons only valid military ID is required at pick-up
- For Soldiers placing orders:
 - Include your 1SGT's name and contact number as an emergency point of contact. The 1SGT will be authorized to pick up the order if needed.



New Opportunities

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Commissaries offer seasonal savings on fall favorites and Oktoberfest-inspired items in the Sept. 22 – Oct. 5 Commissary Sales Flyer

Military shoppers across the continental United States, including Alaska and Hawaii, can enjoy plenty of seasonal savings on hearty meal ingredients and select Oktoberfest-themed products featured in the Sept. 22 – Oct. 5 <u>Commissary Sales Flyer</u>.

Take advantage of our fresh produce specials – avocados for only 99 cents each and Roma tomatoes at \$1.19 per pound. These fresh ingredients are perfect for creating delicious recipes, wholesome snacks and vibrant side dishes.

Visit the meat department and save on a variety of protein-packed options. Featured items include pork shoulder picnic at \$1.57 per pound, USDA Choice mock tender steak family packs at \$6.08 per pound, and pork baby back ribs for only \$2.99 per pound. These deals are just in time for your family dinner or a game-day meal.

The sales flyer also highlights select Oktoberfest-inspired products, making it easy to enjoy seasonal favorites while sticking to your budget. Be sure to check the flyer in-store or online to explore all the deals available during this two-week promotion.

Other savings opportunities and events include:

• New Freedom's Choice frozen fish delivers premium-quality, individually vacuum-packed fillets for maximum freshness and convenience. Enjoy a variety of options including Pink Salmon, Keta Salmon, Alaskan Cod, Tilapia, Flounder, Catfish, Catfish Nuggets and Swai.



Seasonal Savings Continued

- Digital savings. The Pathway to Savings "Instant Savings, Buy One, Get One (BOGO) Free" offers deals and Commissary Rewards Card digital coupons. CONUS customers can save over \$90 through these deals. Many more digital coupons are available at https://commissaries.com/digital-coupons. Click the coupon on Commissary CLICK2GO® and save on the purchase of select products. Pathway to Savings "BOGO Free" is not available at overseas stores; however, overseas customers can still enjoy instant savings by visiting their stores for specific selections and pricing.
- "Chef-Inspired" prepared meals. If your time to cook is short, let Freedom's Choice make dinnertime easier with your choice of 10 "Chef-Inspired" prepared meals, ready in five minutes or less, two for just \$10. Look for the Freedom's Choice label in the fridge or freezer section at your local commissary.
- Commissary Store Brands. DeCA's private label inventory can fill your pantry, freezer and fridge with an assortment of items spanning the entire store.
- Commissary CLICK2GO® mobile app. Getting ready for the upcoming school season can be time consuming. Save time and simplify your shopping through online payment, curbside pickup, digital coupons, sales flyers, dietitian-approved recipes and more. The app is free to download from the Google Play and iOS app stores.
- Your Everyday Savings (YES!). The YES! program offers extra savings and value on products customers need and buy most. Look for the orange YES! label on store shelves.



Seasonal Savings Continued

Dietitian-Approved Fueling Stations. The commissaries' grab-n-go <u>Dietitian-</u> Approved Fueling Stations are a great alternative to commercial fast food or a quick way to stock office and barracks fridges with ready, on-the-go snacks and meals. These stations are full of dietitian-approved, nutritious and high-performance snacks and meals, conveniently located near the registers in select stores.

^{*} Sale items are available while supplies last. Prices are subject to change.





SFRG Weekly Roll Up

24 September 2025 - 01 October 2025





1. Happening this week	5. BOSS, USO, & DFMWR
2. Upcoming Events	6. Finance and Support Programs
3. Volunteer/Job Opportunities	7. Religious Information
4. General Information	8. ACS





Happening This Week









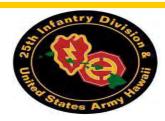


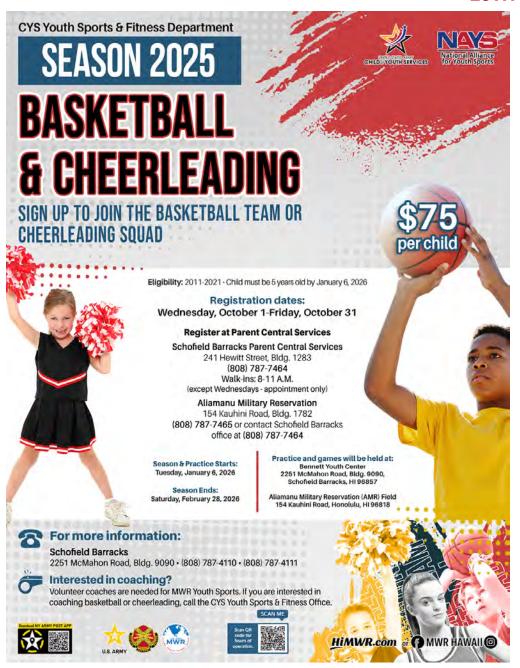


















Upcoming Events

25TH INFANTRYDIVISION













OUR EMPLOYEE BENEFITS

- · Insurance coverage for full-time & part-time employees.
- · Paid leave for full-time & part-time employees.
- · Paid parental leave (restrictions apply).
- · Retirement options and 401k savings plan.
- · Career progression with world class training.
- Access to DFMWR Fitness Centers, Arts & Crafts Center, and other services.
- · Easy lateral transfers using the Army NAF CEAT program.
- TAX FREE GROCERY* & RETAIL STORE PRIVILEGES.

*certain benefits are subject to CYS Employees only

OPEN TO THE PUBLIC

TUESDAY, OCTOBER 14

8:30 A.M.-1:30 P.M.

OAHU VETERAN'S CENTER

1298 Kukila St, Honolulu. HI 96818

CHECK US OUT ONLINE!

Find more tips, necessary documents,

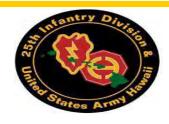
& how-to's on our website https://hawaii.armymwr.com/employment





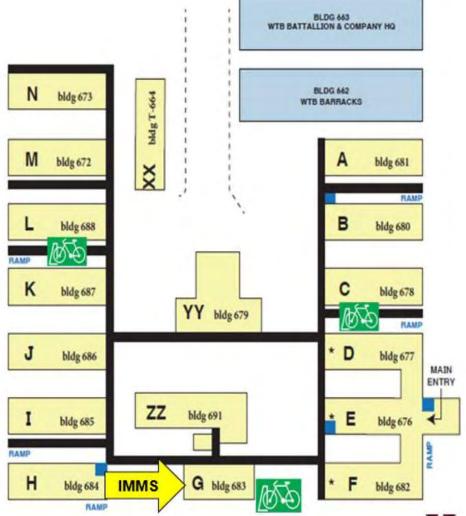












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Volunteer/Job Opportunities



2026 Dental Assistant Program

American Red Cross Service to the Armed Forces and Dental Health Activity Hawaii



Why Apply?

- Jump start your career
- Gain invaluable skills
- Prepare you for the State Board examination

How It Works

- Apply online submit your application, resume & 2 letters of recommendation.
- Qualify meet pre-requisites, join the program.
- . Train & receive hands-on instruction.







APPLICATION DUE ON NOVEMBER 30TH 2025



FINAL
PARTICIPANTS ARE
NOTIFIED ON
JANUARY 9TH, 2026



COHORT STARTS JANUARY 26TH, 2026

> To register scan this QR code

Any questions? Feel free to contact:

Blake.lapitan@redcross.org







SUBSTITUTE TEACHERS NEEDED

HTA - 'Ewa Beach is looking to build our preferred substitute list for School Year 2025-2026!

HTA is Hawai'i's largest public school with 7 campuses across 4 islands.

Preferred candidates should have a Bachelor's
Degree or higher (but not required).
Flexibility, creativity and innovation stand at the
heart of HTA's program!
Please visit HTA Employment (select 'Ewa
Beach campus) for more information.

Click to Apply Now



https://www.myhta.org/system/jobs/index.php



Scouts BSA Troop 24

Meetings: Monday Nights, 7 PM - 8:30 PM Schofield Barracks Scout Hut Building 23, in Area X



Volunteer Opportunities:

Assistant Scoutmasters - help the Scoutmaster in guiding the Scouts to learn to lead themselves.

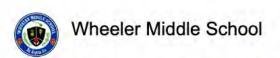
Committee Members - The Committee helps run the troop by deciding on the bylaws, helping with the yearly recharter, and holding the Board of Review (BOR) for Scouts to pass to the next rank. A Board of Review Board must have at least 3 Committee Members, and they cannot be related to the Scout that is having their BOR. Some specific Committee positions are Advancement Chair, Secretary. Treasurer, and Fundraising Chair, or just register as a Committee Member to help with Boards of Review for the Scouts. Taking an active role allows you to be involved in the planning of activities, fundraisers, campouts, and much more.

Troop 24 highly encourages parents, grandparents, or guardians to volunteer with the Troop. To attend overnights, adults must be registered with the Troop in one of the above positions, or as a Unit Scouter Reserve.

Merit Badge Counselor - If you have training or knowledge on a specific topic, you can register as a Merit Badge Counselor with Aloha Council, teaching the Scouts, and helping them earn the necessary badges to earn their ranks.

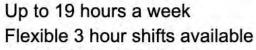
No Troop can run without the support of the Scouts' families.





CLASSROOM CLEANERS HIRING NOW

School Year 2025-2026 \$14.00 / hour



M-F: 2:30 pm - 5:30 pm Wed: 1:30 pm - 4:30 pm

Must be 15 years or older.

Great for High School Students Anyone with free afternoons

Duties Include:

Daily Sweeping & Mopping Empty classroom Trash Bins

Contact: Ms. Morales - WMS Office - 808-305-9000





EMPLOYMENT READINESS



2025 Class Schedule

Resume Writing for the Private Sector

Tuesdays, 10 a.m. - 12 p.m. 4 Feb 4 Mar 1 Apr 6 May 3 Jun 5 Aug 2 Sep 7 Oct 4 Nov 2 Dec

Military Spouse Lunch & Learn Series 🖬

First Friday of the Month, 11 a.m. - 12 p.m. 3 Jan 7 Feb 7 Mar 4 Apr 2 May 6 Jun 1 Aug 5 Sep 3 Oct 7 Nov 5 Dec

Employment Jumpstart for the Military Spouse

Fridays, 10 - 11:30 a.m. 17 Jan 21 Feb 21 Mar 18 Apr 16 May 11 Jul 22 Aug 20 Jun 19 Sep 17 Oct 21 Nov 19 Dec

Building Your Federal Resume in USAJOBS -Military Spouse Edition

Tuesdays, 9 - 11:30 a.m. 20 May 17 Jun 21 Jan 18 Feb 18 Mar 15 Apr 19 Aug 16 Sep 21 Oct 18 Nov 16 Dec

Ten Steps to a Federal Job

Tuesdays, 9 - 11:30 a.m. 25 Feb 25 Mar 29 Apr 28 Jan 27 May 24 Jun 23 Sep 28 Oct 26 Aug 25 Nov 23 Dec

Seats are limited and pre-registration is required. Please call (808) 787-4227 to reserve your seat.



SCHOFIELD BARRACKS

BLDG 690 | 808-787-4AC5 | himwr.com Like us on Facebook at Army Community Service Hawai





Class Descriptions

Resume Writing for the Private Sector

Create or update your resume for a private sector job, choose the best format, target your resume to the position, and write effective accomplishment bullets.

Military Spouse Lunch & Learn Series

Pack a lunch and join us the first Friday of each month as we discuss a different employment topic.

Employment Jumpstart for the Military Spouse

Learn about important information, resources, and services to assist you with your job search.

Building Your Federal Resume in USAJOBS -Military Spouse Edition

We will walk you through USAJOBS' Resume Builder tool and discuss the importance of the assessment questionnaire in the application process. Find out how to create the BEST product possible to showcase your experience, education, and skills.

Ten Steps to a Federal Job

Learn the key steps involved in the federal job search process. Decide which jobs to apply for, find vacancy announcements, and target your federal resume with the required specialized experience in order to be rated "Best Qualified" for the position. You'll learn the systematic approach made famous by Kathryn Troutman's Ten Steps curriculum.

Dates are subject to change







JOIN US

- SUB EDUCATIONAL ASSISTANTS
- SCHOOL SECURITY (No Longer Available)
- ADULT SUPERVISOR
- CLASSROOM CLEANER
- INTERVENTION SUPPORT
- SUBSTITUTES

APPLY NOW

PARA PROFESSIONAL

www.solomonelementary.org



Interested in working part-time or on an on-call basis?

If you're interested in applying, please contact us at:

https://www.solomonelementary.org/app s/pages/index.jsp?uREC_ID=2121348&ty pe=d&pREC_ID=2154132 to apply online.



Did you know you can get service hours AND 20% off your purchase if you volunteer?!

The Hui Thrift Shop at Schofield Barracks is in need of multiple volunteers on a weekly basis to help keep our store running smoothly. If interested, come visit during operating hours, ask for management and help our team!

Sign up form:

https://docs.google.com/.../1FAIpQLSd7Sq Qss5kVuh.../viewform



The Hui Thrift Shop

THE THRIFT SHOP IS RUN BY THE HUI 'O NA WAHINE, A NON-PROFIT, **ALL-RANKS SPOUSES CLUB** SERVING THE SCHOFIELD BARRACKS AND WHEELER AIRFIELD COMMUNITY.

REVENUE EARNED FROM THE THRIFT SHOP FUNDS OUR COMMUNITY GRANTS AND SCHOLARSHIPS PROGRAM.

IN 2024-2025 SEASON, WE GAVE BACK \$105,000 TO OUR LOCAL COMMUNITY.



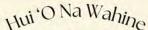
MONDAY: 9:30AM-1:30PM
TUESDAY: 1PM-6PM
WEDNESDAY: CLOSED
THURSDAY: 1PM-6PM
FRIDAY: 9:30AM- 1:30PM
SATURDAY*: 9AM-1PM
SUNDAY: CLOSED

*OPEN EVERY 3RD SATURDAY
OF THE MONTH



THE HUI THRIFT SHOP
AT SCHOFIELD BARRACKS

HUITHRIFT@GMAIL.COM





SCHOFIELD ALL-RANK SPOUSES CLUB

Events Volunteering Community



Come Join Us!

WWW.SCHOFIELDSPOUSESCLUB.COM





THE HUI SEPTEMBER





















U.S. ARMY HAWAII

WE ARE LOOKING FOR VOLUNTEERS!

Are you looking for a way to give back to your community?

WHY NOT COACH SPORTS TEAMS?

- Up To 88 Hours of Promotional Points
- Open to all DoD ID holders and Retired Military
- Must be 18 Years or older

 Packets available online: hawaii.armymwr.com/programs/youth-sports
- Volunteers receive Volunteer Management Information Systems (VMIS) hours and awards
- POC: Youth Sports (808) 655-6465

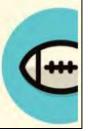
feel good but gives back to your community?
Soldiers can receive up to 88 hours towards
promotion points just for volunteering.
Submit your coaching packet through
http://hawaii.armymwr.com/programs/youth-sports and call Youth Sports (808) 655-6465 for any questions.

Want to do something that will not only make you















#FindAJobFriday: Looking for a new job? There are currently over 60 positions open within the garrison, including MWR Hawaii.

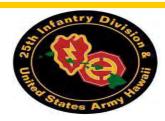
For a list of jobs visit https://www.usajobs.gov/ Search/Results?l=Hawaii&a=ARBA&p=1.

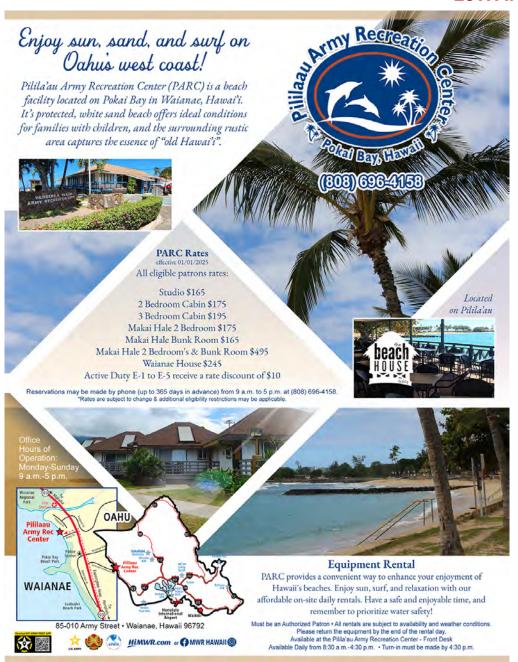




General Information

25TH INFANTRYDIVISION

















MOBILIZATION, DEPLOYMENT & STABILITY SUPPORT OPERATIONS

SFRG Class Calendar • 2025

Family Readiness Advisor

1	300-1	500	
JAN 28	FEB	11	MAR 11
APR 15	MAY	13	JUN 17
JUL 22	AUG	19	SEP 16
OCT 21	NOV	18	DEC 9

Informal Fund Custodian

1300-1600		
JAN 22	FEB 12	MAR 12
APR 9	MAY 21	JUN 11
JUL 9	AUG 13	SEP 17
оств	NOV 19	DEC 10

Command Family Readiness Representative (CFRR)

			_	
		930-		
١	JAN 14	FEB	25	MAR 25
ı				
ı	APR 29	MAY	20	JUN 24
ı				
ı	JUL 29	AHG	26	SEP 30
ı	00220			021 00
١	200			222 22
ı	OCT 28	NOV	25	DEC 16

Command Teams

1	0930-123	0
JAN 21	FEB 4	MAR 4
APR 1	MAY 6	JUN 3
JUL 15	AUG 5	SEP 9
OCT 7	NOV 4	DEC 2

Key Contact

	1400-1600	
JAN 29	FEB 26	MAR 26
APR 23	MAY 28	JUN 25
JUL 23	AUG 27	SEP 24
OCT 22	NOV 26	DEC 17

Army Community Service 310 Brannon Rd, Schofield Barracks

CALL 808-787-4227 TO REGISTER





GARRISON SAFETY BULLETIN

BIKE SAFETY 101

More people are using bicycles to commute to work, school, exercise, or just for fun. Bicycle safety encourages safer choices for the bicyclists and helps reduce injuries and deaths.

Every bike ride begins with putting on a helmet. It is equally important that you ensure a proper fit so your helmet can protect you. Bicycle helmets approved by the Consumer Product Safety Commission must be worn by all who ride bicycles, scooters, powered bikes, powered scooters, skateboards, roller skates, and roller blades on Army installations. (DA Pam 385-10, 14-3/14-4)



SAFETY BULLETIN

SAFE RIDING TIPS:

- Be prepared before heading out
 - Ride a bike that fits you
 - Ride a bike that works properly
 - Be visible. When riding during the hours of darkness or reduced visibility, be sure to wear high visibility clothing and equip your bike with headlights and taillights.
 - Plan your route before leaving for your destination
- Ride defensively Stav focused and alert
 - Ride with the flow, in the same direction as traffic
 - Obey street signs, signals, and road markings
 - Look ahead for hazards or situations that may cause you to fall
 - NO texting, listening to music or using anything distracting that causes you to take your eyes, ears or mind off the road and traffic
- Ride predictably
 - Watch for pedestrians
 - Pass pedestrians with care by first announcing "on your left" or "passing on your left" or use a bell
 - Slow down, stop and dismount your bicycle when crossing a main or busy street.
 Use a crosswalk and follow the pedestrian signals
 - Slow down and look for cars backing out of driveways or turning.
 - Use hand signals while turning
- Improve your riding skills
 - Practice riding your bicycle in an open area until you are confident in your riding skills
 - Sign-up with a bicycle club









Always wear a helmet when you ride your bike. It's the best way to protect your head in case of a crash.

Here are some tips for choosing the right helmet:

- Make sure the helmet fits snugly but not too tightly.
- Helmet should sit level on your head, with the straps adjusted so that they're snug but not too tight.
- The helmet should cover your forehead and the top and back of your head.







Have you been to the Auto Skills Center yet? Conveniently located at Schofield Barracks, they offer a variety of services:

- state safety inspections (automobiles, motorcycles, and trailers) (Walk-ins Only For more information, call (808) 655-9368)
- oil and filter change tire pressure under the hood fluid check









Have you downloaded **Island Palm Communities LLC**'s new mobile app yet? The new app has all the same features as the old one, but also lets you interact with your neighbors, communicate with your **Resident Advisory Board** rep, complete and submit forms online and contact your property management team directly.





Smart Voucher Instructions

Army Military Pay Office Schofield Barracks, Hawaii











We want to hear your thoughts about how to improve Army MWR. programs and services for Families like yours 🏂

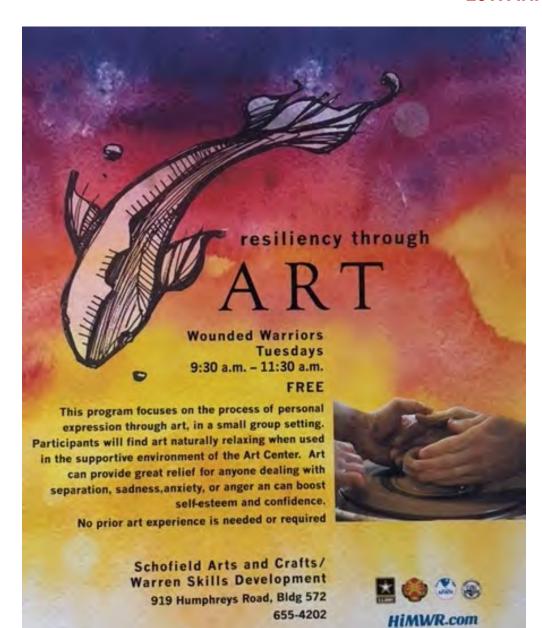
Bonus: by participating, you'll be entered to win a 5-night dream getaway at an Armed Forces Resort (Florida's Shades of Green, Germany's Edelweiss, Hawaii's Hale Koa, or South Korea's Dragon Hill... transportation and meals not included)!

Click on www.armymwr.com/survey to participate and make a difference! #ArmyMWRCares #2025CNS Army Family and MWR Programs







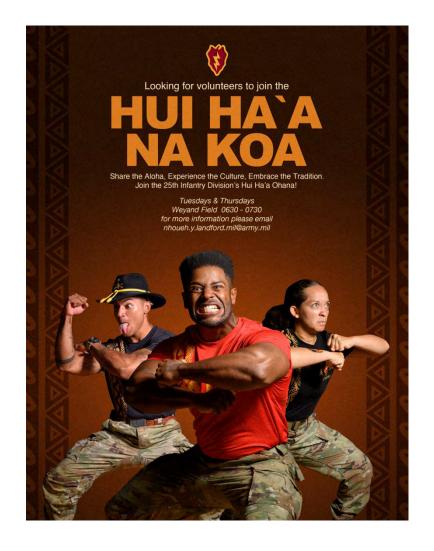






Are you determined? Do you desire to immerse yourself in the Polynesian culture of Hawaii? Well then come and join the 25thID's Hui Ha'a Ohana. All are welcome. The Ha'a is a tradition of displaying the warrior spirit through mana (energy) by loud chanting, slapping of the chest and stomping of the feet. We look forward to having you join our team in efforts to show our appreciation for Hawaii and its culture. Practices are on Tuesdays and Thursdays from 0630-0730 at Weyand Field by the bleachers. For more in formation contact





SGT Landford (413)297-4883.







Replacement Company hosts a BBQ for all Newcomers every Wednesday at 1630. Please call CH Lee for more information!





Did You Know? - Vehicles must be registered within 30 days of arriving in Hawaii. You'll need:

- Current out-of-state registration
- Title/lien information
- Shipping documents with vehicle identification number (VIN)
- Failed safety inspection certificate (after you register your vehicle, the safety check station will issue your valid inspection emblem and certificate)
- Completed Non-Resident or Resident Certificate (CS-L (MVR) 50 or CS-L (MVR) 50A)Do you want to keep your out-of-state plates?
- To keep your out-of-state plates: Out-of-state permit application form CS-L (MVR) 27, which are available at the satellite city hall or motor vehicle registration officeEngage your unit S1 for Non-Resident or Resident Certificate
- Form lowers service members' registration fees to \$20.50 for non-residents or \$72.50 for Hawaii residents instead of a fee based on vehicle's weight
- Additional Resources
- Information for service members:

https://www.honolulu.gov/.../site.../31307-scra.html

- Schedule an appointment: https://alohaq.honolulu.gov/
- Shipping documents with a vehicle identification number (VIN) non-residents or \$72.50 for Hawaii residents instead of a fee based on the vehicle's weight





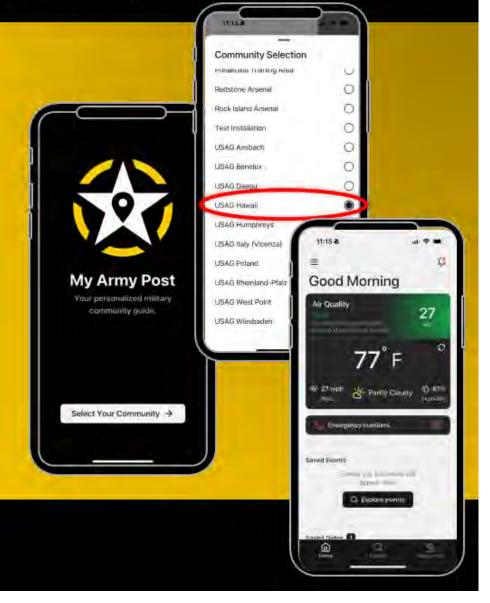
DOWNLOAD THE MY ARMY POST APP

Stay in the know at USAG Hawai'i

- Installation Services
- Newcomers Information
- Gate Hours and Traffic
- Community Events
- Maintenance Requests
- Important Notices
- Resources
- Addresses linked to maps
- AND MORE























Find Your Adventure

- All K-12 Girls are invited to join the Girl Scouts
 - Camping
 - Cooking
 - Community Service
 - Games
 - Songs
 - Paddleboarding
 - Friendships
 - Entrepreneurship

- First Aid
- Hiking
- Crafts Field Trips
- Positive Role Models
- STEM
- Leadership Skills











Membership Coordinator Loreen Leung lleung@gshawaii.org

Questions?

Meetings held at Schofield Barracks. Email kolekolegirlscouts@gmail.com





Contact us at
Pack166Schofield@yahoo.com
Thank you,
for more info on joining Cub Scout
Pack 166 on Schofield Barracks!











Formerly Army Maintenance App, ArMA (Army Maintenance Activity) is expanding to Army-owned facilities post wide. Residents and employees can submit and alter service requests 24 hours a day, seven days a week on personal computers or smartphones, with the ability to upload photos of the issue being reported, and check the status of requests.

Read more at https://www.army.mil/article/253876.





NOW OPEN FAA TESTING SITE

TAKE YOUR FAA KNOWLEDGE EXAMS - FOR FREE, ON BASE!

We are proud to announce that the Schofield Barracks Education Center is now an official FAA Written Knowledge Testing Site!

ELIGIBILITY (BASE ACCESS REQUIRED)

- Active-Duty Service Members (ALL SERVICE BRANCHES)
- . Military Dependents (ALL SERVICE BRANCHES)
- . DoD & DHS Civilians
- · Retirees/Veterans and their Dependents (ALL SERVICE BRANCHES)

AVAILABLE FAA EXAMS - AT NO COST TO YOU

- All Pilot Knowledge Exams
 - Sport Recreational Private Instrument Commercial Instructor ATP
- · Drone Pilot License Knowledge Exam (sUAS)
- · Airframe & Powerplant License Knowledge Exams (A&P)
- · Aircraft Dispatcher Knowledge Exams

WHAT THIS MEANS FOR YOU

- Completely FREE for Eligible Testers
- · Career & Credential Advancement Support
- · Convenient On-Base Location
- Military-to-Civilian Aviation Transition Friendly

HOW TO REGISTER

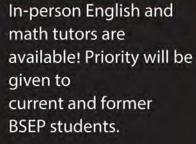
- Apply for an FAA Tracking Number on https://iacra.faa.gov/
- Register for FAA Exam on https://faa.psiexams.com/faa/login
 - . MUST select "Schofield Barracks Army Education Center (JSV00109)" as the test location
- More Info/Inquiries: Email us @ ArmyEdCentersHawaiiTesting@army.mil

LAUNCH YOUR AVIATION CAREER WITH CONFIDENCE!



Schofield and Tripler Education Centers

Student Warrior Tutoring



Scan the QR Code or log on to the link below to schedule an appointment.



STUDENT WARRIOR

https://outlook.office365.com/owa/calendar/ BSEPTutoring@gcu.edu/bookings/



For more information, please contact: Schofield Barracks Education Center (808) 787-0640

Hosted by: GRAND CANYON

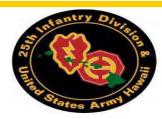






BOSS, USO, and DFMWR

25TH INFANTRYDIVISION





Hawaii BOSS Headquarters

1470 Foote Ave, BLDG 589, Schofield Barracks, HI 96857

AO South BOSS Office

620 Pierce Road, BLDG 503B, Fort Shafter, HI 96858

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BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LABOR	BOSS Monthly Installation Meeting 1400 @ Tropics Mandatory for ALL BOSS Reps	3	4	5 Kokohead Sunset Hike 1600 @ Tropics for Transportation 1715@ Start (if driving)	6 Accessurf (Volunteer) 0715-1330 © White Plains Beach 'Register online Paniolo Country 1500-2100 66-434 Kamehameha HWY, Haleiwa
7	Board Study @Tropics 1500-1630	9	10	Auto Skills- Rotors/ brake pad change 1500-1700 @ Auto Skill Center	12Ehukai Pillbox Hike 1645@ Tropics for Transportation 1730 @ Start (if driving) Fantasy Clash Night 1630-2200 @Tropic	BOSS/USO Field Day 1600-1900 @Stoneman Field
14	15 Basic Rider Co @ Area 0745-1	X	17	18Tropics Takeover 1900-2200 @ Tropics	1 Sunset Beach Funday 1630-UTC Halaiwa Beach	20 Book Club 1000-1100 @Sgt Yano Library
		Beach Cleanup 0900-1100 @ Mokule'ia Army Beach				
21	22	23	24 AccesSurf WWD 0745-1300 @ White Plains Bea "Register Online	25	26 Soccer PT 0615-0730 @ Fort Shafter	27 Jetobertes
		Volunteer opportunity 1630-2130 @Weyand Field				
28 Gold Star Mother's and Family Day Ceremony 1200 @Tropic for Trans 1250 National Cemetery of the Pacific, Punchbowl Limited Spots	29	Event Planning Committee Meeting 1500 @ Tropics	@Richardson Pool			
BOSS ICE Comment		President	SSG Men	doza, Wendy	Legend	BOSS Linktree
■ 無限機能 ■	Hawaii BOSS Office	Vice-President/Treasurer	SGT Hudson, Bailey		Quality of Life	
2,000	(808) 330-9455	Secretary	SGT Htoo, Sha		Community Service	10 SEC. 10
19 SEATE	Hawaii BOSS Email	Fort Shafter Secretary	SPC Paul, Javon		Recreation & Leisure	* *
国安保教	usarmy.schofield.id-	PAO	SPC Gaskins, Jalen		Life Skills	
回答的多数是	pacific.mbx.boss@army.mi	MWR Advisor	Mrs. Whitney Cockerham		Revenue Generating	

















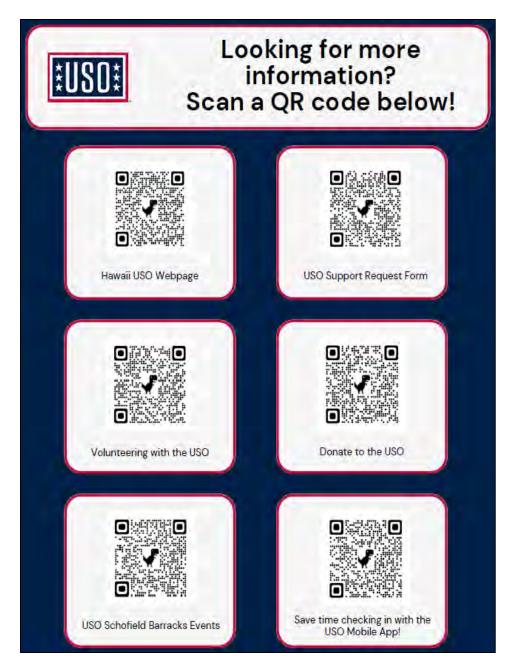
Free lunch will be provided Wednesday only moving forward.

Mahalo for your patronage and understanding!



Join us at the USO Center every Wednesday 11:30 a.m. - 1:00 p.m. for free lunch! *First come, first served while supplies last for active-duty service members and their families with valid military IDs*







25TH INFANTRY DIVISION



Schofield Barracks Arts & Crafts Center wants to give you an opportunity to teach and show off your talent to the community! You may rent out a room to conduct a class of your OWN or rent a display box to show patrons your masterpiece-OR BOTH!













Enjoy a Super Sunday deal at the Schofield Barracks Bowling Center! Bring your friends and family and have some bowling fun, every Sunday from 12-6 p.m







Consider putting in some quality time at home with your loved ones doing art projects.

Call (808-656-0086) and set up an appointment with Arts & Crafts Center to inquire about engraving-framing services or to purchase some art supplies to take home with you. While supplies last.

You may also email your requests to: patti.j.honda.naf@mail.mil

Inquiries will be answered on Wednesdays. Completed orders processed and finalized generally takes a week or longer.

Once contact information is received, someone will contact you and send pictures of what items that interests you. NOTE: You must state your name, phone number and email address. Also, generally what you are interested in. Ex: Engraving? Framing? Youth Art kits? Take home ceramic pieces? Canvases? Pre-sketched canvases? Payment will be required prior to pick up. Payments will be done via Visa or Master Card. DO NOT EVER SEND YOUR CREDIT CARD INFORMATION VIA EMAIL. Someone will call you for the information, then the pick-up time and date will be set up by an Arts & Crafts staff member. No more than one person to pick up items at a time.





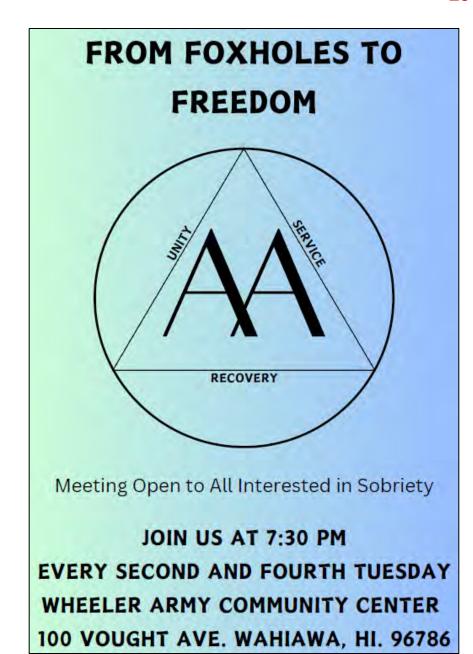
Finance and Support Programs





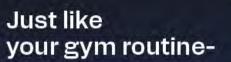












You can train your mind by incorporating short 10-20 minute sessions throughout your day, week, or month.



So, why train your mind?

Just like our bodies lose strength when we don't exercise, we lose mental stamina when we don't challenge our minds. With the right training, your mind can reach unfathomable limits, and the benefits you'll experience? Seemingly unbelievable.

MindGym Benefits

- Optimize mental performance
- Regulate the nervous system
- Gain a high-performance mindset
- Measure & improve performance

Why MindGym?

MindGym offers a superior approach to mental skills training. By utilizing mirrors, light, and real-life experiences, MindGym provides a non-addictive and healthier alternative.



- Enhance focus and concentration
- Orient to the present moment
- Develop mental muscle memory
- Reduce Stress

Get Started

Your MindGym @ Hickam Air Force Base is free to you and located at Hanger #2 Building 2060 | Hallway of 15th Controller Squadron and 647 Force Support Squadron

SIMPLY SCAN THE QR CODE TO BOOK YOUR SESSION







Desmond T. Doss Health Clinic-Schofield Barracks

Urgent Care Center



Hours of Operation: 0700-1830 Daily except Wednesdays: 0830-1830

Closed on Federal Holidays



What is an Urgent Care Center?

The Urgent Care Center provides medical access to treat injuries or illnesses requiring immediate care but are not serious enough to require an Emergency Room visit. These injuries/illnesses require professional attention within 24 hours, when an appointment with your Primary Care Provider is not available.

Examples: Accidents & falls (less than 5 feet), sprains/strains, back pain, mild/moderate asthma, minor cuts and wounds, eye irritation and redness, fever, cold/flu symptoms, vomiting, diarrhea, dehydration, severe sore throat, cough, minor broken bones/fractures, skin rash/infection, urinary tract infection (list not all inclusive).

Call 911 or go to an Emergency Room for:

- O Severe chest pain or difficulty breathing
- Signs of heart attack (chest pain longer than 2 minutes, profuse sweating, jaw numbness, left or right arm pain)
- Eye injury, or sudden loss of vision
- O Suicidal or homicidal ideation
- O Fractures (bone protruding from skin)
- Seizures
- O Loss of consciousness
- O Fever in newborn less than 3 months old
- O Uncontrollable bleeding or pregnancy concerns
- O Deep knife or gunshot wounds
- O Severe burns
- O Severe head, neck or back injury

24 Hour Emergency Care

Tripler Army Medical Center Emergency Room (808) 433-3707

1 Jarrett White Road, Honolulu, HI 96859

(20 miles from Schofield Barracks)

Queen's Medical Center - Wahiawa

Emergency Room

(808) 691-6800

128 Lehua Street, Wahiawa, HI 96786

(3.5 miles from Schofield Barracks)

Access your Care Online:

https://www.health.mil/Military-Health-Topics/MHS-Transformation/MHS-GENESIS Quick links to schedule and cancel appointments, order refills, view lab results, and much more,







Feedback: Let us know how we are doing. The Joint Outpatient Experience Survey (JOES) or ICE (www.ice.disa.mil) is important feedback shared with staff to improve your patient experience.









www.facebook.com/usahc.schofieldbarracks



DDHC

Walking Tours & Info Sessions



Join us for monthly walking tours of the Desmond T. Doss Health Clinic, including TRICARE information sharing sessions!

Who: Open to all TRICARE beneficiaries receiving services at DDHC —

including active duty, dependents, retirees, etc.

When: Second Wednesday of every month.

8-9 a.m.

Where: Meet in front of Urgent Care Center

(Bldg. 684/H)

Info: The walking tour will provide DDHC patients an opportunity to walk through

the clinic, meet key clinic leadership, and speak with TRICARE representatives.

TRICARE representatives can provide information about new enrollment,

changing plans, PCS-related questions, and more!

Register: Email Ms. Andrea Stephens, Customer Relations Representative

andrea.l.stephens17.civ@health.mil.

Desmond T. Doss Health Clinic







Armed Services YMCA Hawai'i - WAAF Branch

Enhancing the lives of military members and their families in spirit, mind and body, through programs relevant to the unique challenges of military life

Early Childhood Education Programs

Operation Little Learners (Ages 0-3)

Playmarning is for military parents and children to

for all Meets on Fridays.

engage in activities that promote social skills, creativity,

literacy, and fine and large motor skills. Great way to meet new people and learn about the community, Playing and ton

\$25/month

structured learning environment that prepares your child for preschool, builds their confidence and social skills

while providing you, your child's first teacher, the tools and support needed to ensure your child's success.

\$95/month

Parent Participation Preschool (Ages 3-5)

Phase 1 (Pune); This program is designed for children

their parent's side. We work with your child to build executive functioning skills so they will be able to absorb

the academic rigor of a classroom. Parents are expected to

\$155/month, Z days a week

who are able to be without their parents. The focus of this

program is letter recognition, counting to 10, writing skills.

2 days: \$205/month ; 3 days: \$285/month

Phase 3 (Nata): This program is designed for children who

2 days: \$205/month , 3 days: \$285/month

have graduated to sight words, counting to 20, writing

words, 3D shapes, colors and beginning math. Parent

participation is assigned on a rotation. Usually once a

month during class time.

Phase 2 (Hone): This program is designed for children

rotation. Usually once a month during class time.

participate daily with their child working towards gradual

Early Learning Gundaloss is for children and their caregiver. This research-based program provides a

ARMED SERVICES YMCA

Early Childhood Education Programs: Operation Little Learners (OLL) and Parent Participation Preschool (PPP) guides children through the first few years of their lives and sets them up for success in kindergarten and beyond. OLL focuses on adapting to new environments and playing with new friends, and PPP encourages a love for exploration and learning in a fun and nurturing academic setting.

Operation Hero: Operation Hero is an after-school semester program in partnership with local schools designed to address the unique challenges of being a child in a military family. The program is designed for children in grades 2 to 6.

Spring Break, Summer Break, Fall Break Enrichment Camps: Enrichment camps are week-long, theme-based experiences designed for children ages 7-12. Prices and times vary.

Parents Night Out: ASYMCA hosts Parents Night Out once a month on a Friday evening at the JBPHH and MCBH Branches, Drop your kids off with us for a few hours and enjoy a night to yourself.

ASYMCA Marketplace: Free groceries! ASYMCA Marketplace (formerly known as the Food Pantry) ensures military families have everything they need to keep bellies full and homes running smoothly. From groceries to laundry detergent, diapers to personal care items, the Marketplace has everything your family needs at no cost.

'Ohana Open Market: 'Ohana Open Market is a monthly community food distribution program. Once a month, in partnership with the Hawaii Foodbank, Armed Services YMCA Hawai'i provides free food, including fresh produce, for military families who live in and around WAAF and Schofield Barracks.

Children's Waiting Room: Children's Waiting Room (CWR) at the Tripler Army Medical Center. Staff at these locations provide a safe, healthy, and nurturing environment for healthy children, 6 weeks to 12 years, to wait while their parent or sibling is at a doctor's appointment. CWR is open to all branches of the military.

Operation Holiday Joy: A donation-based program for Thanksgiving and Christmas. Based on need, referral from command, and/or Branch Director discretion.

Operation Ride Home: A program for servicemembers E5 and below. Applicants tell us why they want to go home for the holidays. Selected participants receive roundtrip airfare to be with family during the holidays.

Emergency Financial Assistance: Based on need, referral from command, or Executive Director discretion.

ARMED SERVICES YMCA HAWAI'I AT WHEELER ARMY AIRFIELD

Phone: [808] 624-5645 | Email: wheeler@asymcahi.org | Web: www.ASYMCAHLorg | Social Media: @ASYMCAHawaii

POC:

Elizabeth O'Keefe Program and Administrative Assistant Armed Services YMCA Wheeler





ARMED SERVICES YMCA

PARENT PARTICIPATION PRESCHOOL & OPERATION LITTLE LEARNERS

Preparing your little one for success in kindergarten and beyond!

OPERATION

LITTLE

Children 6 weeks to 3 years old

Operation Little Learners is an interactive education program for parents and their children to enhance child development. Parents learn to be the primary educator of their child with tools to enhance child development and early learning, as well as parent-child bonding.

★ Early Learning Readiness (ELR): A precursor to preschool to equip children with academic tools, and caregivers the confidence to be their child's first teacher. Meets twice a week.

PARENT PARTICIPATION PRESCHOOL

Children 3 to 5 years old

Parent Participation Preschool is an academic and theme-based, multi-sensory preschool, designed to introduce children to a structured learning environment covering math, science, phonics, and writing. Parents volunteer once a month to observe their child and assist teachers.

- * Part-Time: 3 hours classes, 2 (Tu, Th) or 3 (MWF) days a week. Morning classes 8-1 Tam.
- Three Phases: Phase 1 (Pueo), Phase 2 (Honu), and Phase 3 (Naía) designed to introduce children to a structured learning environment.

VISIT WWW.ASYMCAHI.ORG OR CALL (808) 624-5645

TO SCHEDULE A FREE ASSESSMENT FOR YOUR CHILD OR FOR MORE INFORMATION







Are you familiar with the Dependant Care Flexable Spending Account (DCFSA)? A DCFSA is a pre-tax benefit account used to pay for eligible dependent care services, such as preschool, summer day camp, before or after school programs, and child or adult daycare. It's a smart, simple way to save money while taking care of your loved ones so that you can continue to work.

To learn more or to make an appointment with our FRP team, call us at 808-787-4227 today





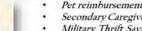


The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions.

> Since 1983, 794 issues have been submitted, resulting in 577 improvements for Soldiers, Families and Army communities.

- * 132 pieces of legislation
- * 208 policy changes
- 237 improved programs and services

AFAP Policy changes include:



- Pet reimbursements for PCS moves
- Secondary Caregiver Leave for Soldiers (Paternity)
- Military Thrift Savings Plan (TSP) Chiropractic treatment for AD Soldiers
- Post 9/II Educational Benefits for dependents
- Spouse professional weight allowance
- EFMP Enrollment Eligibility for Reserve Component Soldiers



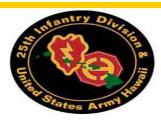
Submit your issue through the Issue Management System https://ims.armyfamilywebportal.com





Call ACS at 808-787-4ACS (4227) for additional information





If you need to contact your Service Member in the field ASAP regarding an emergency, the American Red Cross can help!

AMERICAN RED CROSS

EMERGENCY COMMUNICATION

The American Red Cross Hero Care Center is available 7 days a week, 24 ours a day, 365 days a year, with three options for requesting assistance.



Service Members eligible to receive emergency communications regarding an immediate family member include:

- . On active duty in the Army, Marines, Navy, Air Force or Coast Guard
- An activated member of the Guard and Reserve of all branches of the U.S. Armed Forces
- A civilian employed by or under contract to the Department of Defense and stationed outside the Continental United States
- A cadet or midshipman at a service academy: ROTC cadet on orders for training
- A Merchant Marine aboard a U.S. Naval Ship



ONLINE REQUEST SUBMISSION

Using a computer, smartphone or tablet, you can start a request for services and track its progress from anywhere in the world.



Access vital emergency and nonemergency resources for military members, veterans & military families.

App Store, Google Play, or text "GETHEROCARE" to 90999.



1-877-272-7337

To speak to a Red Cross Emergency Communications Specialist.

MUST PROVIDE THIS INFORMATION:

Soldier:

If you do not have all of the information, please use the phone option.

- Full legal name
- Rank/rating
- Branch of service (Army, Navy, Air Force, Marines, Coast Guard)
- · Social Security number or Date of Birth
- Military unit address
- Information about the deployed unit and home base unit (for deployed service members only)

Information about the emergency:

- Name and contact for the immediate family member experiencing the emergency (could be spouse, parent, child/grandchild, or grandparent)
- Nature of the emergency
- Where the emergency can be verified (hospital, doctors office, funeral home)

Things to Know: https://www.redcross.org/get-help/military-families/emergency-communication.html

- The American Red Cross does not authorize emergency leave for members of the United States military. Their role is to
 independently verify the emergency, enabling the service member's commander to make an educated decision
 regarding emergency leave and then to provide transportation assistance and/or financial assistance if needed.
- The American Red Cross facilitates emergency financial assistance on behalf of Military Aid Societies. These Aid Societies
 determine the financial assistance package that will be offered a grant or a loan. The Red Cross is the mechanism to
 expedite access to these financial resources 24/7.





DRUNK DRIVING PREVENTION PROGRAM





We will drive you and your car home for FREE!

CALL REQUEST REMAINS CONFIDENTIAL

Dispatch Number: (518)-288-6042

Operating Hours: FRI and SAT 2000-0600

WWW.DDPP.US

SSG Ojeda, Luis

OAHU CHAPTER PRESIDENT
3rd Infantry Brigade, 25th Infantry Division

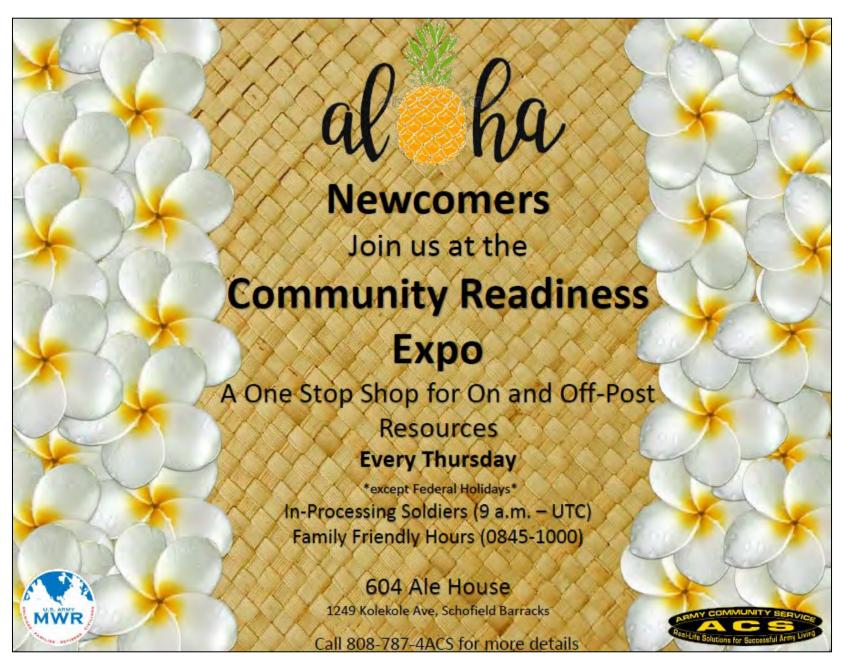
You must sign up Online before you can request a ride. We recommend you go to our website and read our liability waiver while sober in order to be eligible to have your vehicle and/or yourself picked up by the DDPP. If you are interested to volunteer all hours are documented for community service credit and can be applied toward the Military Outstanding Volunteer Service Medal. The DDPP is a national non-profit corporation and tax exempt 501(c) 3 charity. For additional info such as requesting our services at Military Balls, Functions, and/or events contact our program at 561-228-9615.















Lending Closet Pick-up & Return



Monday-Friday 0745-1615

closed weekends and federal holiday
For more information call (808) 787-4227





Hawaii ACS runs a Lending Closet for Soldiers and their Families PCSing to or from Hawaii.

Bring an ID and copy of orders to borrow household items that include small electrical appliances, pots, pans, dishes, ironing boards, and more for the designated period of time.

The Lending Closet is located in the ACS building at 310 Brannon Road, Building 690, Schofield Barrack. Call (808) 787-4227 for more information.





Every Thursday

Tour Begins at 0845 at the 604

Ball Room (located by the 604

Alehouse) Schofield Barracks

We hope to see you there!

or more information, please call the Reception Company Office at (808) 665-0389



Open to all in-processing Soldiers and spouses, the USARHAW Spouse Installation Tour is the perfect way to get to know the island. We hope to see you there!

New to the Island?

Fort Shafter, and more.

New to US Army Hawaii and want

to learn your way around? Join us

each Thursday for an installation

tour that will highlight important locations across Schofield Barracks.





Religious Information

















U.S. ARMY GARRISON – HAWAII RELIGIOUS SUPPORT



Religious Services Schedule (as of 17 June 2024)

~		100000100000	NICES COMPANY	441.00		(di)		
	PROTESTANT			CATHOLIC				
SUN			SUN					
0900	Schofield Community Chap	oel MPC	0830	Mass	A	AMR		
0900	Traditional Protestant	FDC	1100	Mass	1	1PC		
0900	General Protestant	TAMC	1100	Mass	1	AMC		
1000	HMR Community Chapel	HMR	MON	MON – THU				
1000	Wheeler Chapel	WAAF	1200	Daily Mass	T	AMC		
1100	Grace Chapel	AMR	1130	Daily Mass	1	4PC		
1200	Gospel Service	WAAF	SAT					
SAT			1700	Mass	ī	AMC		
1430	Seventh Day Adventist	AMR						
	OTHER WORLD RE	LIGIONS	121	0 16				
ISLAMI	C	USAG - HI Religious Support Office						
FRI 123	30 Jummah Prayers	MPC-A	Main Post Chapel Annex – Building #791 Email: usarmy.schofield.id-pacific.list.usaghi-rso@army.mil					
PAGAN	ſ				Secondary Phone: (80			
FRI 190	00 Pagan Service	WAAF	Social Media: www.facebook.com/HawaiiRSO Web: https://home.army.mil/Hawaii/index.php/garrison/rso					
JEWISH	Н		Wob. Intepo		ilawaii/iliaox.piip/gai	113011/130		
FRI 193			Harbor ing #1514					
AMR	FDC	HMR	MPC	MPC-A	TAMC	WAAF		
Aliamanu Mil Reservation C	hapel Chapel	Helemano Military Reservation Chapel	Main Post Chapel 790 McCornack Rd	Main Post Chapel Annex	Tripler Army Medical Center Chapel	Wheeler Army Airfield Chapel		
1850 Bougain Loop Honolulu, HIS	Honolulu, HI 96815	1-99 Helemano Military Reservation Wahiawa, HI 96786	Schofield Barracks, HI 96857	791 McCornack Rd Schofield Barracks, HI 96857	1 Jarrett White Road Honolulu, HI 96859	548 Wright Ave Wahiawa, HI 96786		







Chaplain Family Life Center

CONFIDENTIAL **COUNSELING SERVICES** AVAILABLE AT 2 LOCATIONS!



- "Strong Faith, Strong Self"

- **✓ FAMILIES**
- **✓ INDIVIDUAL**
- ✓ COUPLES
- TEENS
- ✓ CHILDREN
- **✓ SMALL GROUPS**

FOR ALL APPOINTMENTS CALL

(808) 829-9807

SCHOFIELD BARRACKS MONDAY ~ THURSDAY 0900 -1700 FRIDAY 0900-1500

AMR COMMUNITY CHAPEL TUESDAY 0900 - 1700









CYS



Taekwondo Classes at AMR & Schofield SKIES Studio are \$60 a month and for ages 6-18 years old. Children who are 5 years old must be approved by instructor prior to enrollment. AMR SKIES classes are on Monday & Wednesday with Advanced classes from 1700-1745, Intermediate classes from 1745-1830, and Beginner classes from 1830-1915. Schofield SKIES classes are on Tuesday & Thursday with Beginners classes from 1700-1745, Intermediate classes from 1745-1830, and Advanced classes from 1830-1915. Children must be registered with CYS at the Parent Central Services offices or call 808-787-7464. Deadline for registration is on the 30th of the month prior. For information about the class, you can contact Master Kang at 808-367-8051.









REGISTER FOR TAE KWON—DO
BEGINNER'S CLASS

AIM TO ACHEIVE

SELF-CONTROL

SELF-DISCIPLINE

SELF-CONFIDENCE

PHYSICAL STRESS

PERSEVERANCE

LEADERSHIP DEVELOPMENT

COORDINATION DEVELOPMENT

BETTER SOCIAL SKILLS

STRESS RELIEF

RESPECT FOR OTHERS

HICREASED ATTENTION SPAN

AMR SKIES Studio, 154 Kauhini Road, Bldg 1782 MONDAYS & WEDNESDAY

(ages 6-18 years)

Advanded 5:00-5:45

Intermediate 5:45-6:30

Beginners 6:30-7:15

241 Hewitt, Bldg 1283
TUESDAY & THURSDAY
(ages 6-18 years)

Beginners 5:00-5:45

Intermediate 5:45-6:30

Advanced 6:30-7:15

NEW children who are 5 years old have to be approved by instructor prior to enrollment. All youth must be registered with Child Youth Services to enroll into Tae Kwon-Do. For registration information call Child & Youth Services at Schofield Barracks # 808-655-5314. Registration deadline, 30th of the month prior. Classes are not held on Federal Holidays. Cost is \$60 for the month. For more information call: Master I. M. Kang at 808-367-8051





Services Offered

Childcare

- · Child Development Center Ages 6 weeks-Preschool
- . Hourly care available (\$8/hour)
- School Age Center
- Grades K-5
- · Hourly care available (\$8/hour)
- Middle School/Teen Youth Center (MST)
- FREE after school program for 6-12 graders
- . Operational during identified school breaks
- Youth Sports and Fitness (YSF)
- . Clinics, leagues, functional fitness, & morel Volunteer coaches ALWAYS needed
- · School Liaison Program
- PCS Support (incoming/outgoing)
- School/homeschool registration assistance
- Parent Education & Resources
- · Parent & Outreach Services
- Central Registration
- · Babysitters Course
- · Community Outreach
- Special Events
- SKIES Instructional Classes //
- Family Child Care (FCC) Contact Parent Central Services if interest in becoming a FCC provider

School Ligison Program

Our School Liaison Officer (SLO) provides direct services during a PCS by providing detailed info on local schools and homeschooling. The SLO acts as a liaison between families and schools as newcomers work through key issues addressed by the Inferstate Compact on Educational Opportunity for Military Children such as eligibility, enrollment, placement, and graduation. The SLO also provides support and resources to families.

Off-Post Childcare

Off-post childcare is limited. Please visit militarychildrare.com for information about Child Care Aware and Childcare in Your Neighborhood, You may be eligible for Army Fee Assistance if we are unable to provide you childcare in one of our facilities within 45 days of your date care needed.

Contact Us

SB Parent & Outreach Services, Bldg. 1283 COMM: 808-787-7464

Email: usarmy.schofield.id-pacific.mbx.cys-pcs@army.mil

AMR Parent & Outreach Services, Bldg. 1782 COMM: 808-787-7465

School Liaison Office, Bldg. 1283 COMM: 808-787-5644

Family Child Care, Bldg. 1283 COMM: 808-787-4391

Bowen Child Development Center, Bldg. 1279 COMM: 808-787-4245

Petersen Child Development Center, Bldg. 791 COMM: 808-787-4180

SB Child Development Center, Bldg. 9098 COMM: 808-787-4173

AMR Child Development Center, Bldg. 1783 COMM: 808-787-4129

Ft. Shafter Child Development Center, Bldg. 900 COMM: 808-787-4048

HMR Child Development Center, Bldg. 30 COMM: 808-787-7455

SB School Age Center, Bldg, 1280 COMM: 808-787-4351

AMR School Age Center, Bldg. 1782 COMM: 808-787-4137

Ft. Shafter School Age Center, Bldg. 890 COMM: 808-787-4058

HMR School Age Center, Bldg. 30 COMM: 808-787-7455

SB Youth Center, Bldg. 9090 COMM: 808-787-4109

AMR Youth Center, Bldg, 1781 COMM: 808-787-4147

Ft. Shafter Youth Center, Bldg. 351 COMM: 808-787-4070

SB Youth Sports & Fitness, Bldg, 9090 COMM: 808-787-4110

AMR Youth Sports & Fitness, Bldg. 1782 COMM: 808-787-4111



CHILD STATES ARMY
CHILD STATES ARMY

US ARMY GARRISON

Scan to visit the MWR Parent Central Services Website for CYS Registration Packets, CYS Parent Handbook, Army Fee Policy with Childcare Fee Chart & more!



MilitaryChildCare.com (MCC)

All requests for childcare (full-day, before/after, summer camps) go through MCC. Requests are NOT required for hourly care, MST, VSF, or SKIES.



Childcare is offered by family priority, space availability in the center and age group, date care needed, and date that the request was made. These factors fluctuate resulting in an average of 60-120 days waiting period to receive childcare.

Verification of family priority status is required at the time of a childcare offer and at registration. Incorrect priorities may result in rescinded or cancelled offers.

Childcare Fees

The DOD Fee Policy prescribes uniform fee regulations for military child development programs based on Total Family Income (TFI). The Fee Policy and Charts are available on the MWR Parent Central Website.

Childcare Family Priorities

Family priorities are based on employment status. Spouses or sponsors working full-time are given a higher priority over part-time. For Dual Active Duty Members, sponsor is considered the senior ranking



	Military Family Type	Phonity
	DEVELOPMENT PROGRAM STAF	F
	velopment Program Staff	1A
With working Sp		1A
	eking Employment	1A
With Student Sp		1A.
With Non-Worki		1A
	COMBAT-RELATED WOUNDED V	
Active Duty Con	nbat-Related Wounded Warrior	1B.1
	ACTIVE DUTY MILITARY	
Single Active Du		1B.2
Dual Active Duty		1B.2
With Full-Time V		1B.4
With Part-Time V With Spouse See	Norking Spouse eking Employment	1C.1
With Full-Time S		1D.1
With Part-Time S		3A
With Non-Worki		3A
	DAND RESERVE ON ACTIVE DUT	
	d Reserve on Active Duty	1B.3
	Reserve on Active Duty	18.3
With Full-Time V		1B.5
With Part-Time V		10.2
	king Employment	1 C.2
With Full-Time S		1D.2
With Part-Time S		3A
With Non-Worki		3A
	CIVILIAN/COAST GUARD CIVILIAN	
	lian/Coast Guard Civilian	2A
	an/Coast Guard Civilian	2A
With Full-Time V		2B
	Spouse Seeking Employment	3B
With Full-Time S		3C
With Part-Time V		3F
With Part-Time S		3F
With Non-Worki		3F
	STAR SPOUSE (COMBAT-RELATED	
	e (Combat-Related)-Working	3D
Employment	e (Combat-Related)-Seeking	3D
	e (Combat-Related)-Student	3D
Gold Star Spous	e (Combat-Related)-Non-Working	3D
	DOD CONTRACTOR	
Single DOD Cor		3E
Dual DOD DOD		3E
With Full-Time V		3E
	king Employment	3E
With Full-Time 9		3E
With Part-Time V	Morking Spouse	3F

With Non-Working Spouse
OTHER ELIGIBLE

Deactivated Guard/Reserve Personnel or Inactive Guard/Reserve in a Training Status

Other Federal Employee

Military Retiree

Visit MilitaryChildCare.com for more into & FAQs

Priority 1C.1and below

Children of these priorities are subject to supplanting if a higher priority is on the waiting list. A minimum of 45 days notice is provided if a child must be supplanted

Definition of Priority 2 Families

Single/Dual Department of Defense Civilians with a full-time Working Spouse. Mission Essential Status of Civilian employees does not affect your priority.

Verification of Spouses Seeking Employment

Children of this priority have a maximum of 90 days in care to allow spouse to gain employment (Temp Job Offers are not accepted). Verification of seeking employment is due every 30 days. Children will be removed from care and must go back on the MCC waitlist if employment is not gained by 90 days. ETPs to request an extension of care beyond 90 days may be submitted at the 60 day mark for review and consideration by the CYS Coordinator or higher.

Verification of Full-Time Student Spouse Families of this priority are required to provide

verification of enrollment every 90 days. If the spouse is no longer enrolled in school or cannot provide proof of enrollment and does not update their status to a different priority, the child will be removed from care.

Guidance for Part-Time Student Spouses

Part-time students who are not working are considered "Non-Working". Part-time students who are seeking employment must claim that priority as applicable. Verification will be required.

Definition of Full-Time Working Spouse

Working 30 hours per week or 100 hours per month OR working less than 30 hours per week or 100 hours per month and enrolled in a post-secondary educational institution.

Definition of Part-Time Working Spouse Working less than 30 hours per week or 100 hours

per month and is not enrolled in a post-secondary institution.

keturn to lop

3F







CHILD&YOUTH SERVICES

Babysitting & CPR/First Aid Workshops for Youth Ages 12-18

Our instructors will teach participants the important skills necessary to provide excellent babysitting services to family, friends and neighbors. Participants will receive hands-on training in a fun learning environment using the Army babysitting curriculum. Babysitting Course is FREE. Max enrollment for each class is 10 participants. Deadline to register is two days prior to the Babysitting session.

The American Red Cross CPR/First Aid class is offered to youth that have successfully completed the babysitting class. Babysitting Course is a prerequisite for the American Red Cross CPR/First Aid class. CPR/ First Aid class fee is \$40.00

Schofield Barracks

Bennett Youth Center 2251 McMahon Road, Bldg 9090

March 18, 2025 March 19, 2025	9:00am-3:00pm	Babysitting
	9:00am-3:30pm	CPR/First Aid
June 10, 2025	9:00am-3:00pm	Babysitting
June 11, 2025	9:00am-3:30pm	CPR/First Aid
July 08, 2025	9:00am-3:00pm	Babysitting
July 09, 2025	9:00am-3:30pm	CPR/First Aid
October 07, 2025 October 08, 2025	9:00am-3:00pm 9:00am-3:30pm	Babysitting
		CPR/First Aid

Fort Shafter Fort Youth Center

240 Montgomery Drive bldg 351

March 20 , 2025	9:00am-3:00pm	Babysitting
March 21, 2025	9:00am-3:30pm	CPR/First Ai
June 12, 2025	9:00am-3:00pm	Babysitting
June 13, 2025	9:00am-3:30pm	CPR/First Aid
July 10, 2025	9:00am-3:00pm	Babysitting
July 11, 2025	9:00am-3:30pm	CPR/First Aid
October 09, 2025	9:00am-3:00pm	Babysitting
October 10, 2025	9:00am-3:30pm	CPR/First Aid

Schofield Barracks

Parent Central Services (PCS) 241 Hewitt St, Bldg. 1283 Ph: 808-787-7464

Walk in hours:

8:00am-11:00am (except Wednesday) Appointments from: 1:00pm-4:00pm

Aliamanu (AMR)

Parent Central Services 154 Kauhini Rd, Bldg. 1782 Ph: 808-787-7465

> Walk in hours: 9:00am-5:00pm Monday - Friday

Registration for the classes must be done in person at either of the following locations:

Parent/guardian must complete registration requirements and sign the Babysitting Referral List Release Form. Per child supervision policy, teens ages 13 and older may be added to the CYS sitter list. A parent/guardian of a 12 year old student may complete the referral list form when their child turns 13.

Participants must attend the full session of class to receive their Babysitting or CPR/First Aid certificate.

- * Bring a beverage and snack/lunch
- * Bring a sweater or light jacket

- * Arrive on time or your spot will be given to another student on the wait list
- * Refunds are not authorized







The part day Strong Beginnings program is now open for registration. This program will build your child's social, emotional, and physical skills. Program starts 9 SEP 24 and children must be going to Kinder during SY25-26. For information or registration, please call Parent Central Services at 808-787-7464 or 808-787-7465.





ACS





ARMY QUALITY OF LIFE

Empowering Our Soldiers & Families

WHY IT MATTERS

Quality of Life programs build confident, cohesive teams and strengthen families - boosting readiness, retention and recruiting



CHILD CARE & YOUTH PROGRAMS

- Childcare & youth services - Fee assistance, state/local support



COMMUNITY CONNECTIONS & READINESS

- SFRG, MWR, BOSS
- Morale-boosting activities & Volunteer support



SCHOOLS & EDUCATION

- K-12 & adult education
- School liaison support



HEALTHCARE

- Health insurance & wellness (MHS Genesis)
- Mental Health support



SPOUSE EMPLOYMENT

- Job search resources & programs



Housing, hotel & PCS resources

ARMY DIRECTORATE OF PREVENTION. RESILIENCE & READINESS





CONNECT WITH RESOURCES

- Official News: Army Worldwide, DOD, My MWR
- Trainings & Events: resilience workshops, family programs
- 24/7 Support: Military Crisis Line and other hotlines

Scan to visit Quality of Life portal & access updates and local support!

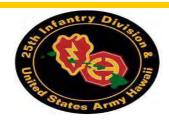
www.armyresilience.army.mil/qualityoflife/index.html

















10:00A-12:00P

Come and make new friends!











EVERY TUESDAY: SGT YANO LIBRARY, SCHOFIELD BARRACKS

15T WEDNESDAY OF THE MONTH: AMR COMMUNITY CENTER

2ND WEDNESDAY OF THE MORNINHMR CHAPEL

3RD WEDNESDAY OF THE MONT SWHEELER COMMUNITY CENTER

4TH WEDNESDAY OF THE MONTH: HMR CHAPEL



ARMY COMMUNITY SERVICE

310 Brannon Rd, BLDG 690 Schofield Barracks, HI 96856 For more details call (808) 787-4227





AS A PARENT, BEING A PART OF A COMMUNITY ACTIVITY CAN HELP YOU FEEL LESS ALONE.

Children will have fun, make friends, and grow in their social and communication skills.



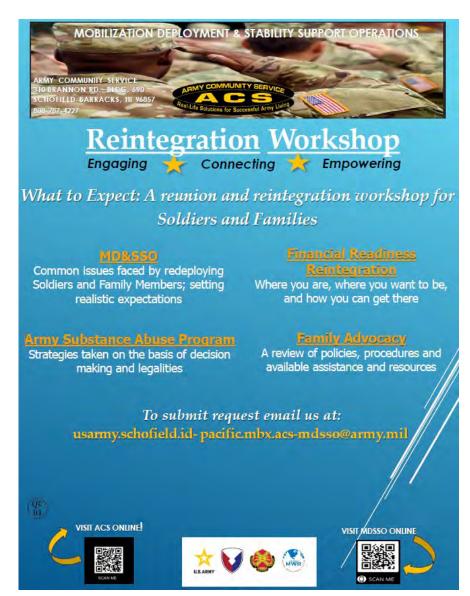














REAR DETACHMENT COURSE

ENGAGING



CONNECTING TO THE EMPOWERING

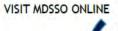


Objectives

- Procedures and protocol for handling Soldier and **Family issues**
- · Understanding support resources available to Soldier and Families
- Prevention of Domestic Violence and Child Abuse
- Financial Resources and Army Emergency Relief

To submit request email us at:

usarmy.schofield.id-pacific.mbx.acs-mdsso@army.mil













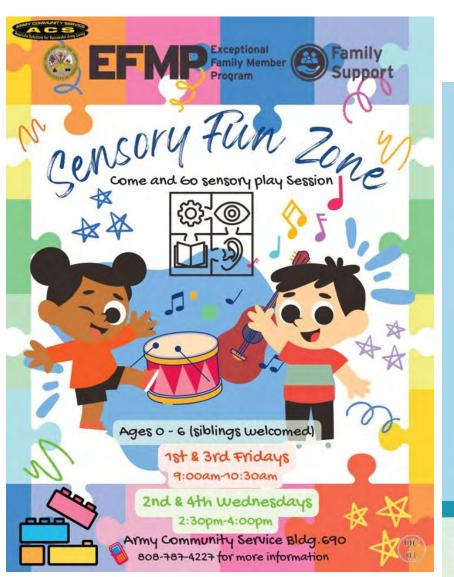


Army Community Service 310 Brannon Rd. Bldg. 690 Schofield Barracks, HI 96857







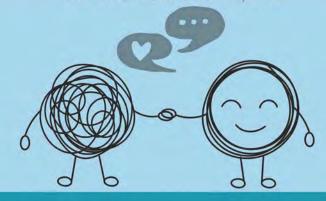


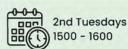


Empowered Parents

A support group for parents of children with special needs

Raising a child with special needs comes with unique joys and challenges. Join other Empowered Parents, where you can connect, share experiences, and support one another, in a safe space.





808-787-4227

Army Community Service 310 Brannon Rd. Schofield Barracks





Exceptional Families Hawaii









BASIC TRAINING FOR NEW DADS

Welcome to Fatherhood!



At this unit workshop, we will train new dads on:

- Proper ways to hold and cradle a newborn
- · Bonding with your baby before and after pregnancy
- · Preparing for labor and delivery
- · Coping with crying
- Managing deployment



If you are expecting a baby or if you are a new dad, this workshop is for you!

Small or large groups are welcome! Simply give us a call!

To sign up or for more information about providing Basic Training for New Dads to your Unit call 808-787-4227.

The New Parent Support Program Helps You:

- · Prepare for fatherhood
- Become a more confident parent & reduce stress
- · Understand the ages & stages of child development
- Improve your relationship with your children







Understanding Breastfeeding Offered by New Parent Support Program

Breastfeeding





1300-1500



Army Community 310 Brannon Rd 3ldg. 690, Schofield Barracks



Call to register 808-787-4227

Space limited! Register now to reserve your seat!





Consultant.

"Breastfeeding is a

gift that lasts a

lifetime"



Getting Breastfeeding off to a Good Start!

This class covers newborn baby behavior, how

breastfeeding works, managing challenges in the

early weeks, and pumping and storing mother's

milk. Class is taught by a Certified Lactation





Childbirth 101

Offered by New Parent Support Program



2nd & 3rd Thursday of each month



1100-1300



Army Community Service 310 Brannon Rd Blda, 690, Schofield Barracks



Call to register 808-787-4227

Space is limited! Register now to reserve your seat!









Join us to prepare for the birth of your baby.

Our class covers pregnancy, stages of labor, comfort techniques, early days of parenting, attachment with your baby and so much more. Class is taught by an RN & Childbirth Educator.





CREATING HEALTHY & SAFE ENVIRO

OFFERED BY NEW PARENT SUPPORT PROGRAM



3rd Thursday of the Month in person at Army Community Service from 1300-1500



Most injuries happen at home Topics Covered: and in the car.



House Safety

Car Safety

Car safety, home safety, poisons, safe baby care, and much more...

Car seat inspection by a certified technician.



For more information or to register contact your NPSP

Home visitor or call 808-787-4227







Army Community Service, 310 Brannon Rd Bldg. 690, Schofield Barracks







your baby. Get tips and tricks on getting more sleep, breastfeeding, warning signs and postpartum depression. Class is taught by an RN & Postpartum Educator.

Army Community Service 310 Brannon Road, Bldg. 690 Schofield Barracks Call to register: 808-787-4227





