



U.S. ARMY

Resiliency

ARMY
EMERGENCY
RELIEF

EST. 1942

**2022
Campaign
Kick-Off**



Community Information Exchange

Feb. 24, 2022

**U.S. Army
Garrison Hawaii**



Army Emergency Relief

Amy Melendez
Army Emergency Relief Officer
(808) 787-4252





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



ARMY
EMERGENCY
RELIEF

2022 AER Campaign Goal: \$138,000

- ❖ The AER Campaign will be open for donations from 1 March 2022 to 15 May 2022.
- ❖ AER's Mission: Inform Soldiers about the benefits and programs available and to give them the opportunity to support the campaign through donations.
- ❖ In 2021, AER raised over \$132,000 in donations and processed 2,372 cases.
- ❖ Total assistance provided: \$2,454,099.39
 - Grants - \$1,174,911.48 (Over \$1M to support the water crisis)
 - Loans - \$1,279,187.91
- ❖ Donate online at <https://give.armyemergencyrelief.org/USAG-Hawaii>
- ❖ See your Unit Representative to donate by cash, check or allotment.

For more information contact Army Emergency Relief at (808) 787-4227





U.S. ARMY

Resiliency

ARMY
EMERGENCY
RELIEF

EST. 1942

**2022
Campaign
Kick-Off**





Community Information Exchange


Feb. 24, 2022

**U.S. Army
Garrison Hawaii**







Welcome


 MENU 




U.S. ARMY GARRISON HAWAII

The Army's Home in Hawaii













>> COVID-19: U.S. ARMY HAWAII RESOURCES & INFORMATION <<



Slides are available at <https://home.army.mil/hawaii>

Newcomers Orientation



QUICK LINKS


-  ASK THE GARRISON COMMANDER
-  COMMUNITY CALENDAR
-  **COMMUNITY INFORMATION EXCHANGE**
-  TRAINING ON ARMY INSTALLATIONS
-  ID CARDS
-  MAINTENANCE & WORK ORDERS
-  NEWCOMERS
-  PHONE BOOK






Welcome

**MENU**

**U.S. ARMY**

SEARCH 

U.S. ARMY GARRISON HAWAII

The Army's Home in Hawaii





Home / Directorates & Staff Offices / Public Affairs Office / Community Information Exchange

COMMUNITY INFORMATION EXCHANGE

CIE, is held every month, and is open to anyone who wishes to attend, including members. The meetings are from 9-10 a.m., the fourth Thursday of each month, at 1000. Check the [COMMUNITY CALENDAR](#) for any changes to the schedule. Meetings are streamed live on the garrison's Facebook [page](#).

Slides inform Soldiers and families on installation and community matters. The Community Information Exchange meetings rests with the garrison commander and staff to develop the agenda of installation-wide and community-wide topics of interest and concern.

The garrison commander and/or the U.S. Army Hawaii senior commander attends and supports the meetings, along with garrison subject-matter experts and directors.

Slides from the meetings are available to download below. Past meetings can be viewed on Facebook [page](#).

2022

2021

2020

2019

2018

ABOUT U.S. ARMY GARRISON HAWAII

U.S. Army Garrison Hawaii provides quality services, installation facilities, training and recreational centers to nearly 100,000 Soldiers, civilians and family members stationed on the islands of Oahu and Hawaii.

The garrison is headquartered at Wheeler Army Airfield, just 20 miles from the state capital of Honolulu.

Hawaii's mild climate allows for year-round training and deployment operations, while its

- Slides are available at <https://home.army.mil/hawaii>
- Scroll to current month





Agenda

- **Army Emergency Relief Campaign Kick Off**
- **Opening Remarks**
- **Army Medicine**
- **Adolescent Support & Counseling Service**
- **Army Wellness Center**
- **R2 Performance Center**
- **Army Substance Abuse Program**
- **Army Community Service**
- **BOSS**
- **Outdoor Recreation**
- **Religious Support Office**
- **School Support Services**
- **Sports, Fitness & Aquatics**
- **USO**
- **Calendar at a Glance**
- **Online Resources**
- **Closing Remarks**
- **Back Up Slides**





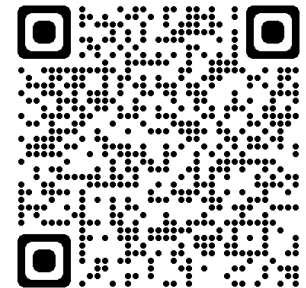
Opening Remarks

✓Housing Survey

- Now closes March 7 (extended from Feb. 24)
- Guides the Army's decisions on future housing, amenities
- Annual survey for on post family housing residents
- Survey sent via email
- Email ArmyHousingSurvey@celassociates.com your address and installation if you didn't receive a survey

✓COLA Survey

- Closes March 15
- Only done every three years
- Sets the COLA service members and their families receive
- Available at <https://www.defensetravel.dod.mil/Community/se/251137456D0F0552> (or scan QR code)





Army Medicine

Lt. Col. Alex Ragan
OIC, Behavioral Health
Desmond T. Doss Health Clinic

Desmond T. Doss Health Clinic

<https://desmond-doss.tricare.mil/>

FB: @[Desmond.T.Doss.HealthClinic](#)

Insta: @[DesmondTDossHealthClinic](#)

Tripler Army Medical Center and Warrior Ohana Medical Home

<https://tripler.tricare.mil/>

FB: @[TriplerArmyMedicalCenter](#)

Insta: @[TriplerArmyMedicalCenter](#)

Twitter: @[TriplerAMC](#)





Army Medicine

Schofield Behavioral Health Resources

Active Duty Walk-In Services

2 BCT EBH:

BLDG 2027 Aleshire Ave. 808-655-8828
M - F 7:30 a.m. – 3 p.m.

3 BCT EBH:

DDHC, 2nd Floor, BLDG N 808-433-8785
M – F 8 a.m. – 3 p.m.

8 TSC EBH:

DDHC, 1st Floor, BLDG N 808-433-9250
M – F 7:30 a.m. – 4 p.m.

CAB EBH:

WAAF, BLDG 680
M – F 7:30 a.m. – 3 p.m. 808-656-1632

Fires & Sustainment:

DDHC, 2nd Floor, BLDG M
M – F 7:30 a.m. – 3 p.m. 808-433-8880

Non - Active Duty Walk-In Services

Child & Family Behavioral Health Services (CAFBHS):

DDHC, 2nd Floor, BLDG O 808-655-8140
M - F 7:30 a.m. – 4:30 p.m.

Family Advocacy Program (FAP):

DDHC, 2nd Floor, BLDG O 808-433-8579
M – F 7:30 a.m. – 4:30 p.m.

Additional Resources

Military Family Life Consultant (MFLC):

Call For Appointment 808-787-4227

Army Community Service:

310 Brannon Rd 808-787-4227
M – F 7:30 a.m. – 4 p.m.

Chaplain Family Life Center:

Post Chapel Annex, BLDG 791 808-655-9355





Adolescent Support and Counseling Service

Jason Kuttner LMHC CADCI
Hawai'i ASACS Clinical Supervisor
(808) 726-6319
kuttnerjz@magellanfederal.com





ASACS Hawai'i

Services and Locations

- ✓ **Confidential, clinical counseling for mental health, substance abuse, and other military dependent adolescent concerns**
- ✓ **School based counseling service**
- ✓ **North:** Wheeler Middle School, Leilehua High School, Mililani High School
- ✓ **South:** Aliamanu Middle School, Radford High School, Moanalua High School
- ✓ **Contact Jason Kuttner at (808) 726-6319 for referrals and inquiries**

Visit <https://home.army.mil/hawaii/index.php/garrison/dhr/asap/asacs> for more information.





Army Wellness Center

Sierra Faulk
Army Wellness Center Director
(808) 655-1866
sierra.n.faulk.civ@mail.mil





Army Wellness Center

Services and Classes Offered

Army Wellness Centers provide **programs** and **services** that improve and sustain **health**, **performance**, and **readiness** of the Total Army delivered by highly trained professionals.

AWC Topics

Weight Loss
Muscle Gain
Tracking Food Intake
Optimizing Workout Plans
Developing Ideal Sleep Habits
Stress Management Strategies
Tobacco Education
Goal Setting

Classes

Upping Your Metabolism
Fueling for Health
Meals In Minutes
Healthy Sleep Habits
Stress Management
Performance Optimization

Appointments

Monday—Wednesday: 0700-1630

Thursday 0700-1230

Friday 0700-1200

156 Lewis St., Bldg 647
Schofield Barracks, HI

808-655-1866

Eligible Beneficiaries Include:

Active Duty/Reserve/National Guard
Active Duty Dependents
Military Retirees
Dependents of Retirees
DOD Civilians

Schofield Barracks
AWC
ARMY WELLNESS CENTER





Ready and Resilient Performance Center

Ken Drake
Performance Center Manager
(808) 655-9804
Kenneth.e.drake2.ctr@army.mil





R2 Performance Center

- ✓ Provide customized performance training that enables Soldiers to sustain personal readiness, enhance resilience, optimize human performance
- ✓ Build unit cohesion to active duty, Reserve and National Guard Soldiers, family members and Department of Army Civilians



R2 PERFORMANCE
CENTER





R2 Performance Center

Performance/Resilience Training Options



Additional Training Offered

- ✓ Family and Teen Resiliency
- ✓ Academic Performance Enhancement
- ✓ Counselling Enhancement Workshop
- ✓ Deployment Cycle Resilience Training
- ✓ Individual Mastery Training

- ✓ Unit Training
- ✓ Leader Development Courses
- ✓ Team Building
- ✓ Individual Mastery Training





R2 Performance Center

Contact information

Performance Center Manager:

Ken Drake

[Email] Kenneth.e.drake2.ctr@army.mil

[Phone] 808-655-9804

[Cell] 678-735-0308

MRT-Performance Experts:

Tinashe Spriggs, M.S.

[Email] spriggstl@magellanfederal.com

[Cell] 619-977-2335

Marissa Esber, M.S.

[Email] EsberM@magellanfederal.com

[Cell] 330-592-2580

Andrew Pierce, M.A.

[Email] PierceAJ@magellanfederal.com

[Cell] 760-703-6742

Ryan Sheridan, M.S.

[Email] SheridanRR@magellanfederal.com

[Cell] 585-490-8815

Eliza Marks, M.S.

[Email] MarksEM@magellanfederal.com

[Cell] 432-853-3549

Brian Korinek, MA, MA

[Email] korinekb@magellanfederal.com

[Cell] 708-341-6651

Resource Administrator:

Jeralynn Eliptico

[Email] ElipticoJV@magellanfederal.com

[Phone] 808-655-9804





Army Substance Abuse Program

Micah Bargas
Employee Assistance Program
(808) 655-6046
micah.j.bargas.civ@army.mil





Army Substance Abuse Program

Suicide Prevention Program

Commander's program

- Prevention
 - Analyzes statistical data to identify suicide behavior trends
 - Integrates a community approach to suicide prevention
 - Conducts suicide prevention education, training, and awareness campaigns
- Intervention
 - Ask Care Escort (ACE) Suicide Intervention
- Postvention
 - Suicide Response Team: collaborative response to a suicide attempt or completion
 - Suicide Fatality Review Board: reviews deaths by suicide

Risk Reduction Program

Commander's program

- Identifies high-risk behavior trends through data analysis
- Develops a community approach for a coordinated risk reduction strategy
- Recommends mitigation strategies to Commanders in an effort to decrease high risk behaviors
- Risk Reduction Tools
 - Commander's Risk Reduction Toolkit (CRRT)
 - Unit Risk Inventory (URI)
 - Reintegration-Unit Risk Inventory (R-URI)

Prevention Education

- Alcohol & Drug Abuse Prevention Training (ADAPT)/Prime for Life (PFL) Training
 - Mandatory for Soldiers who have alcohol and drug abuse related incident (USARHAW Policy Letter #13)
- ASAP Alcohol and Drug Abuse Prevention Training
 - Annual ASAP Prevention and Awareness Training per Unit request





Army Substance Abuse Program

Employee Assistance Program - Resiliency



High levels of stress can lead to serious health conditions and Alcohol/Substance use/abuse



BURNOUT Is officially recognized as an occupational phenomenon

Tips to Gain More Resiliency

★ Know your Strengths

★ Reach out & ask for help

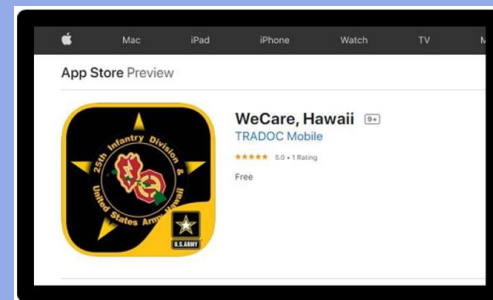
★ Practice self-care

EAP is a one-stop shop when it comes to matching problems to available services in Hawaii.

EAP supports civilians and their family members from work related issues to personal problems .

Free confidential short-term counseling, referrals, mediations, and follow-up services.

Sign up for the quarterly EAP newsletter!



Check out the We Care mobile app for more resiliency resources.

Resilient people can bounce back & THRIVE!





Army Substance Abuse Program

Program Points of Contact

Jacqueline Sims

Suicide Prevention Program Manager

808-655-9105

jacqueline.s.sims2.civ@army.mil

Nicole Hayes

Risk Reduction Program Coordinator

808-655-0996

nicole.l.hayes7.civ@army.mil

Jae Isa-Takase

Prevention Coordinator

808-655-4655

jae.isa-takase.civ@army.mil

Micah Bargas

Employee Assistance Program Coordinator

808-655-6046

micah.j.bargas.civ@army.mil

Gracia Vides

Risk Reduction Program Coordinator

808-655-3984

gracia.m.vides.civ@army.mil

Nodira Saidova-Ridley

Prevention Coordinator

808-655-8322

nodira.saidova-ridley.civ@army.mil





Army Community Service

Dr. Rick De Leon
Family Advocacy Program Manager
(808) 787-4227





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



Military & Family Life Counseling

"For wherever you are in life."

Short-term, non-medical counseling for Service Members, their Spouses and immediate Family Members.

Available Services	Type of support provided (but not limited to):
<ul style="list-style-type: none">✓ One-on-One✓ Couples✓ Group✓ Child & Youth✓ Briefings & Presentations	<ul style="list-style-type: none">✓ Relationships at home and work✓ Managing stress✓ Adjusting to military culture✓ Handling grief and loss✓ Staying resilient through deployment and other changes

****Services are private and confidential except in situations that involve domestic violence, child abuse, sexual assault or that necessitates a duty to warn.****

For additional information please call (808) 219 – 4170 or (808) 787- 4227





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)

This four core series will develop your knowledge and increase financial resilience. Attending the entire series will get you a **FREE** Credit Score Code



Scan here
to visit our
ACS MWR
Web page

FINANCIAL RESILIENCE SERIES



Every Wednesday 10-11:30 a.m.

Basic of Budgeting – **First Wednesday of the month**

Money Management – **Second Wednesday of the month**

Credit Report/Score – **Third Wednesday of the month**

Basic Investing TSP/BRS – **Fourth Wednesday of the month**

Financial Topic TBD – **Fifth Wednesday of the month**

To register for a class or to schedule a 1-on-1 appointment for financial counseling, please call (808) 787-4227.





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)

Family Advocacy Program

- Mind Matters Every 1st and 3rd Tuesday
- Little People, Big Feelings Every 1st and 3rd Wednesday
- Blended Family Forum Every 1st and 3rd Thursday
- Fundamentals of a Healthy Relationship Every 1st Friday
- Newborn Care 3rd Wednesday
- Story Time 1st Tuesday of each month (Facebook)
- Toddler Time 3rd Tuesday of each month (Facebook)
- Fatherhood Forum 4th Wednesday of each month (In person)

Blended Family Forum

Join us for an open discussion about the strengths and challenges of blended families.

When: 1st & 3rd Thursday

Where: ACS-BLDG 690 Brannon Rd, Schofield Barracks or MS Teams

Time: 12:00p.m. - 1:30p.m.

Please call 808-787-4ACS to register

Bright families are just like bright colors:
When you blend two, you get something beautiful!



Little People, Big Feelings

Together let's learn some tips and tricks to help you stay calm while helping your child regulate their emotions.

Classes are held every 1st and 3rd Wednesday of the month @12:00p.m.-1:30p.m.

Location: Army Community Service Bldg 690
To register, please call 808-787-4ACS (4227)



Newborn Care Class
The 3rd Wednesday each month at 2:00 P.M.

RSVP TODAY
808-787-4227

Safety & Safe Sleep
Caregiving Basics
What to Expect
Resources



FATHERHOOD FORUM
A place to connect & share ideas, successes, and challenges of being a modern dad

4th Wednesday of the Month in person at Army Community Service from 1730-1830

Contact your NPSP Home Visitor or call 808-787-4227

Join now & seasonal dads to discuss fatherhood, kids, relationships, and parenting. If you are expecting a baby or have a child 0-3 years old, this voluntary and free group is for you!



PARENT SUPPORT PROGRAM
Toddler Time

Check us out on Facebook

The 3rd Tuesday of each month



Story Time
Check us out on Facebook

Please join us! (Ages 0-3)
The 1st Tuesday of each month



Please register for in person classes
one day in advance
Contact ACS at 808-787-4227





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



2022 United States Army, Hawaii Installation Volunteer Recognition Ceremony

Wednesday, April 20, 2022

3:30 – 5:30 P.M.

SGT Smith Theater

NOMINATE
NOW >>

- Recognize individuals for their volunteer service to the Installation from January 1 through December 31, 2021.
- All hours must be certified in the Volunteer Management Information System (VMIS).

DEADLINE TO SUBMIT Nominations will be: March 11, 2022

(NOTE: Event is subject to change based upon COVID environment situation.)

POC: Mary Ann Scott, Army Volunteer Corps Coordinator
Office: (808) 787-4206 or (808) 787-4227
Email: maryann.c.scott.mil@army.mil

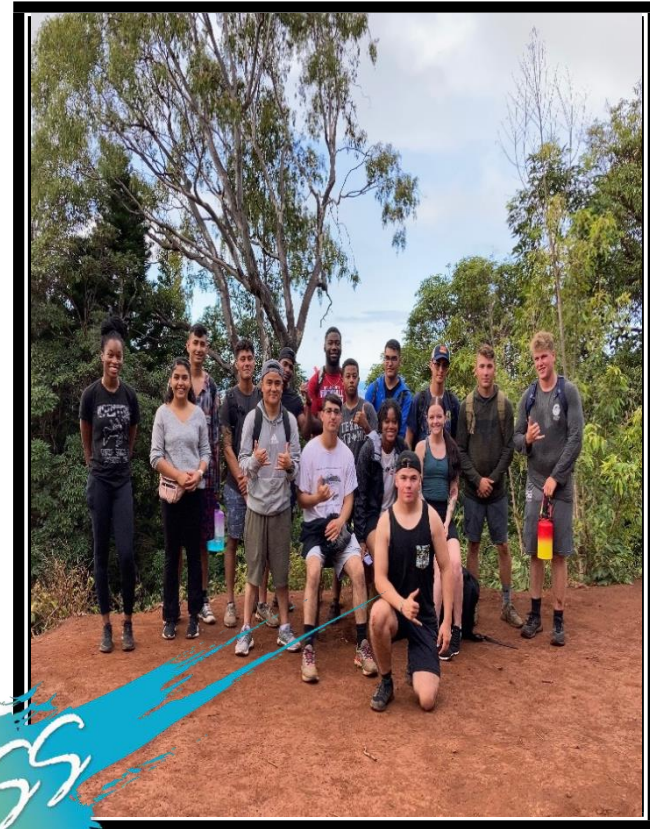




Better Opportunities for Single Soldiers (BOSS)

Text

@HAWAIIIBOS to (832) 432-2005
to receive all BOSS updates



BOSS President
SGT Banks, Xavian

BOSS Secretary
SPC Jones, Chloe

Office: Tropics
1470 Foote Avenue
Schofield Barracks

Email: usarmy.schofield.imcom.mbx.boss@mail.mil

Phone: (808) 655-1130



@HIBOSSMWR



@HawaiiBOSSProgram



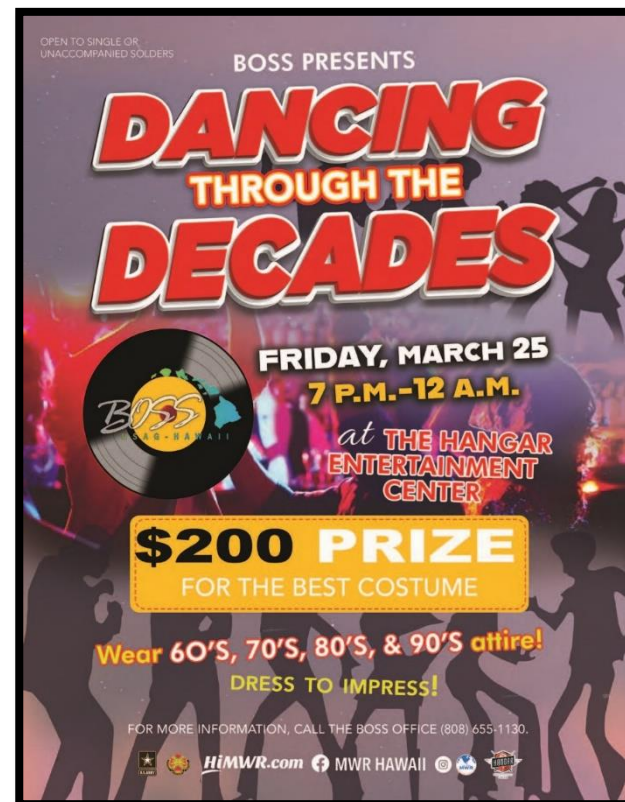


Better Opportunities for Single Soldiers (BOSS)

Recreation & Community Service Events



- March 2 – [BOSS Monthly Installation Meeting](#)
- March 2 – [Volunteer Opportunity: Dr. Seuss Read Along](#)
- March 3, 10, 17, 24, 31 – [BOSS Karaoke Night @Tropics](#)
- March 4 – [BOSS Yoga PT @ Tropics](#)
- March 5 – [Snorkel Adventure](#)
- March 9, 16, 23, 30 – [BOSS Hike: Moana Falls, Maakua Ridge Trail, Kaunala Trail, Kuao Kala Trail](#)
- March 11 – [BOSS Volleyball PT @ Tropics](#)
- March 12 – [Volunteer Opportunity: Waimea Beach Clean-up](#)
- March 18 – [Volunteer Opportunity: BOSS Movie Night Concession Stand](#)
- March 25 – [Dancing Through the Decades @ The Hangar](#)
- March 26 – [Volunteer Opportunity: Habitat 4 Humanity](#)



Text @HAWAIIIBOS to (832) 432-2005 to receive all BOSS updates





Better Opportunities for Single Soldiers (BOSS)

March Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Free Transportation Available to Every Event	For BOSS Info TEXT @Hawaiiibos to (832) 432-2005	1	2 Monthly Meeting 1400 @ Tropics Dr. Seuss Read Along Volunteer Opportunity CONTACT BOSS Office	3 BOSS NIGHT Anime Night Tropics @ 1700	4 BOSS PT Yoga 0615 @ Tropics Rec	5 Snorkel Adventure Equipment Provided Call for reservations
		6	7	8 COMMITTEE MEETING Revenue Generating Recreation & Leisure Committee 1600 @ Tropics	9 BOSS HIKE Manoa Falls 0615 @ Trail Head	10 BOSS NIGHT Karaoke Food and Drink Specials Tropics @ 1700
		11	12	13	14	15
		16	17	18	19	20
		21	22	23	24	25
26	27	28	29	30	31	
Phone Numbers	BOSS MWR Website	BOSS President	SGT Xavian Banks (808) 655-1130 xavian.b.banks.mil@mail.mil		Physical Readiness Training	
Hawaii BOSS HQ (808) 655-1130		BOSS Secretary	SPC Chloe Jones (808) 655-1130 Chloe.i.jones4.mil@army.mil		Quality of Life	
Tropics Recreation Center (808) 655-5638			Social Media Pages: Hawaii BOSS Program		Community Service	
					Recreation & Leisure	
					Life Skills	
					Revenue Generating	





Outdoor Recreation

Shelly Leslie
Chief, Outdoor Recreation
(808) 655-8522





Outdoor Recreation



Equipment Check-Out Center

Camping equipment, land, and water sports equipment.

Softball, volleyball, and flag football sets.

Party essentials like inflatable bouncers, canopies, tables, chairs, coolers, a large trailer BBQ grill, cotton candy, shave ice, and popcorn machines.

(They even have a dunk tank!)

Programming

Fishing, Hiking, Learn to Surf, Paddleboard, and Kayaking

Warrior Adventure Quest

Paintball (Re-ball)

Island Divers Hawaii

Rental gear, PADI certification in Basic and Advanced Open Water Organized dives (boat, beach, and even night dives)



Leisure Travel
Services Price List



Equipment Rental
Price List

For additional information, call the Outdoor Recreation Center at (808) 655-0143.





Virtual Hiring Fair

March 16 & April 13

APPLY FOR VACANT POSITIONS

For complete instructions go to: USAjobs.gov

- Child & Youth Services
- Business Operations
- Community Recreation

JOIN OUR DYNAMIC TEAM

- ☐ Open to the public
- ☐ Federal employment opportunity
- ☐ No military association required
- ☐ Various locations available
- ☐ Over 60 positions available



**TENTATIVE JOB OFFERS
ON-THE-PHONE!**





Religious Support Office

Chaplain (Col.) Joseph Fleury
USARHAW/Garrison Chaplain
Joseph.m.fleury.mil@army.mil





Religious Support Office

Chaplain Family Life Center



Vision: Build the Chaplain Family Life Center (CFLC) as the PREMIER counseling center on Island.

Mission: To provide competent, confidential, counseling services to Soldiers, Spouses, and DoD Civilians on Hawaii.

Partnership: Partner with organizations within our Installation, in addition, agreed upon Memorandum of Understandings that allow interns to work under the Privileged Communication of the Chaplain.



Hours of Operation

- Monday-Thursday: 9-11:30 a.m., 1-5 p.m.
- Friday: 9-11:30 a.m., 1-3 p.m.
- Counseling is available Tuesday-Thursday from 9 a.m.-4 p.m.

Location

Bldg. 791, Floor 2
155 Tidball Road
Schofield Barracks
(808) 655-9355





Religious Support Office

Lenten & Weekly Worship Services

U.S. ARMY HAWAII RELIGIOUS SUPPORT			
Religious Worship and Service Schedule			
PROTESTANT		ROMAN CATHOLIC	
SUN		SUN	
0900	Schofield Community Chapel	0830	Mass Aliamanu MRC
0900	Traditional Protestant	1100	Mass Main Post Chapel
0900	General Protestant	1100	Mass Tripler Army Medical Center
1000	Impact Protestant		
1000	Saint Martin's Anglican		
1030	Contemporary Protestant		
1045	Wheeler Chapel Service		
1230	Samoan Protestant		
		MON-THU	
		1200	Daily Mass Tripler Army Medical Center
THU 1800	*Soulful Service (1st & 3rd)		
	Wheeler Army Airfield Chapel		
		SAT	
		1700	Mass Tripler Army Medical Center
FRI 1200	Jummah Prayers		
	Main Post Chapel Annex		
		SUN	
		0800	Divine Lit. Soldiers Chapel
THU 1800	Wkly Service—"Reincarnation"		
	Soldiers Chapel		
		FRI	
		1930	Aloha Chapel Pearl Harbor Building #1514
FRI 1900	Pagan Service		
	Fellowship Hall, Wheeler AAF		
		For more information, please call the Religious Support Office (RSO) at (808) 787-1551	
Aliamanu Military Reservation Chapel 1850 Bougainvillea Loop Honolulu, HI 96818		Fort DeRussy Chapel 2055 Kalia Road Honolulu, HI 96815 (across from Hale Koa Military Hotel)	
Helemano Military Reservation Chapel 1-99 Helemano Military Reservation Wahiawa, HI 96786		Main Post Chapel 790 McCormack Rd Schofield Barracks, HI 96857	
Soldiers Chapel Building #590 10 Peard Street Schofield Barracks, HI 96857		Tripler Army Medical Center Chapel 1 Jarrett White Road Honolulu, HI 96859	
Wheeler Army Airfield Chapel Building #679 548 Wright Avenue Wahiawa, HI 96786		Annex—Bldg. 791	

as of 8 November 2021

St. Martin's Anglican Community Lenten Services



Ash Wednesday (2 March)

1200 – Palm Circle on Ft. Shafter
1700 – Soldier's Chapel

Palm Sunday (10 April)

1000 – Soldier's Chapel

Maundy Thursday (14 April)

1915 – Soldier's Chapel

Good Friday (15 April)

1400 – Soldier's Chapel

Easter Vigil (16 April)

2000 – Soldier's Chapel

Easter Sunday (17 April)

1000 – Soldier's Chapel

Ash Wednesday marks the beginning of the season of Lent: a time of penitence, fasting, and prayer, in preparation for the great feast of the Resurrection. The season of Lent began in the early days of the Church as a time of preparation for those seeking to be baptized at the Easter Vigil. There are forty days of fasting throughout Lent. Since Sundays are always considered feast days, those do not count as fast days.

For more information: contact justin.g.pickering.mil@army.mil or visit the St. Martin's Parish Facebook page

LENT

A SEASON OF REFLECTION,
RENEWAL, AND PREPARATION

Fort DeRussy Chapel Lenten Worship Services



March 2
12 p.m.



April 14
5 p.m.



April 15
5 p.m.

EASTER SUNDAY – Sunrise Service, 7 a.m., Tripler Army Medical Center | Easter Worship, 9 a.m., Fort DeRussy Chapel



FORT DERUSSY CHAPEL – Worship with us Sundays at 9 a.m.
2055 Kalia Road, Honolulu, HI 96815 – across from the Hale Koa
(enter "Hale Koa Parking Garage" into GPS for best directions)
www.facebook.com/FortDeRussyChapel



CATHOLIC COMMUNITY SERVICES

ASH WEDNESDAY MASS
1130 MPC
1800 MPC
1800 AMR

STATIONS OF THE CROSS/FELLOWSHIP
FRIDAYS DURING LENT 1800 MPC & AMR
MAIN CHAPEL AND FELLOWSHIP HALL
MARCH 4, 11, 18, 25, APRIL 1 & 8

Saints Damian & Marianne Catholic Community

See
back up
section
for full-
size
flyers





School Support Services School Liaison Office

Tamsin Keone
School Liaison Officer
(808) 655-8326





School Support Services

All Hawaii public schools are in-person, daily
www.hawaiipublicschools.org

- March 14-18: Spring Break for most Hawaii public school students
- March 25: Kuhio Day. No school for students

7 C's of Resilience In Military Kids

Source: Army Resilience Directorate

CONFIDENCE

- ✓ Notice their efforts and successes, but avoid unearned praise
- ✓ Nurture and support their development of skills
- ✓ [Stand beside them](#) as they navigate challenges

CONTROL

- ✓ Help kids learn their actions lead to consequences & they have control over their actions
- ✓ Teach or guide your child when disciplining
- ✓ Set [clear boundaries](#) to keep them safe, but be flexible to honor their growing independence

COMPETENCE

- ✓ Let your kids find solutions to problems, instead of telling them what to do
- ✓ Give them [genuine encouragement](#) about existing strengths they have
- ✓ Talk to your kids instead of lecturing at them

CONTRIBUTION

- ✓ Help your kids to volunteer
- ✓ Encourage them to do [acts of goodwill](#)
- ✓ Teach them to also receive, so they know they can [seek help](#) without shame

CHARACTER

- ✓ [Model integrity](#) for your children
- ✓ Treat them with empathy
- ✓ Teach kids the value of delayed gratification and planning ahead

CONNECTION

- ✓ Love your children for all of who they are, their strengths and flaws,
- ✓ Create a [safe emotional space](#) so they can share their feelings instead
- ✓ [Be present](#) when you spend time together with your child

COPING

- ✓ Help your children [express their feelings](#) in a healthy way
- ✓ Demonstrate effective problem solving by approaching problems calmly
- ✓ Teach them to maintain healthy bodies





Sports, Fitness & Aquatics

Megan Miller
Chief, Sports Branch
(808) 655-9654

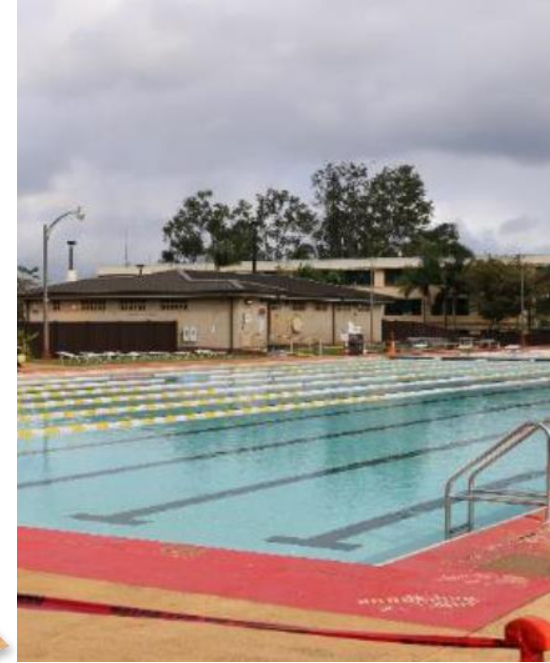




Sports, Fitness & Aquatics

Community Recreation Division (CRD)

Physical Fitness Centers



Pools

TAMC

Lifeguard Certification

Richardson

24/7 Access

Fort Shafter PFC

Martinez PFC

CLOSED

Health & Fitness

AMR PFC

WAAF PFC

HMR PFC

TAMC PFC

Group Fitness
Classes

CLOSED

AMR • HMR





Sports, Fitness & Aquatics

Community Recreation Division (CRD)



Runs

Kolekole 10K

Wurst 5K

Color Blast 5K

Pearl Harbor 4K

Army Ten Miler Qualifier

Intramurals

Basketball

Flag Football

Softball

Tennis

Soccer





USO Hawaii

Ricky Tucay
Schofield Barracks USO Center Manager
(808) 426-6686





USO Hawaii

What's Happening

USO Hawaii

Wednesday & Friday Lunch

SANDWICHES

USO Schofield Barracks Center

11:30 a.m. - 1:00 p.m.

USO Hawaii

Grab-and-Go Lunch

USO Lounge at Fort Shafter

Wednesdays

1130 - 1300

Until supplies last

COFFEE CONNECTIONS

USO Hawaii

Join USO as we host a gathering for military spouses to connect over a cup of coffee and make new friends!

USO

USO Hawaii

Scan to see more USO Hawaii Programs and information.

Scan to fill out a Support Request Form for Schofield Barracks/Wheeler.

USO Schofield Barracks Programs

Support

Do you have an upcoming event for your unit or command? Ask how we can support your training, deployment, Org. Day and more. Scan the code and request our support!

Operation Birthday Cake

Families can still celebrate their service member's birthdays from an ocean away. (Requester must be off island and for a single/unaccompanied service member)

Y.U.M.M.

Need a morale boost? Your USO Mobile Meal is here for you! Enjoy lunch on us as we come to you to cook and serve a meal at your place of duty.

Bob Hope Legacy Reading Program

Stay connected to your loved ones despite the distance by having the USO record you reading a story. Your loved ones will receive a copy to keep.

Military Spouse

We strengthen and empower military spouses by connecting them to their social, professional, and community networks. Join our FB page and stay up to date on all of our events!

Holiday Celebrations

Your "Home away from home" is here for you through any season. Ask about how we can support your unit during the holidays and the events/programs we host at the center.

❖ For more info check our respective [USO Facebook page](#)

Hours of Operations

Schofield

Mon – Fri: 0830 – 1900
Sat – Sun: 0900 - 1900

Ft. Shafter

Mon – Fri: 1100 – 1900
Sat – Sun: 1600 - 1900

PTA

Mon – Thu: 1200 – 1800
Sun: 0700 - 1800

Airport

Mon – Sun: 0800 – 2000





Calendar at a Glance

February 2022

- **2/24:** Community Information Exchange
- **2/24:** Quarterly Housing Town Hall
- **2/25:** Registration Deadline for April 2 ACT
- **2/25:** BOSS Outdoor Adventure Trip

March 2022

- **3/1:** Richardson Pool Closure (*still open for morning PT*) (through May 31)
- **3/1:** Army Emergency Relief Campaign Kick Off
- **3/2:** Community Update (FB Live)
- **3/12:** Kolekole 10K
- **3/14-18:** Hawaii DOE Spring Break
- **3/16:** MWR Hiring Fair
- **3/16:** Community Update (FB Live)
- **3/18:** USARPAC, 25th ID and Garrison Training Holiday
- **3/24:** Community Information Exchange
- **3/25:** Prince Kuhio Day (*observed*)
- **3/25:** Garrison CSM Relinquishment of Responsibility

April 2022

- 4/6:** Community Update (FB Live)
- 4/13:** MWR Hiring Fair
- 4/15:** USARPAC, 25th ID and Garrison Training Holiday
- 4/18:** USARPAC, 25th ID and Garrison Training Holiday
- 4/20:** Installation Volunteer Recognition Ceremony
- 4/20:** Community Update (FB Live)
- 4/28:** Community Information Exchange

May 2022

- 5/4:** Community Update (FB Live)
- 5/6:** 25th ID Training Holiday
- 5/18:** Community Update (FB Live)
- 5/26:** Community Information Exchange
- 5/26:** Quarterly Housing Town Hall
- 5/26:** Hawaii DOE Last Day of School Year
- 5/27:** USARPAC, 25th ID and Garrison Training Holiday
- 5/30:** Memorial Day Federal Holiday
- 5/31:** Richardson Pool Reopens





Online Resources

Community Resource Guide

- ✓ <https://crg.amedd.army.mil/guides/usarpac/hawaii>

CIE Slides and Community Calendars

- ✓ <https://home.army.mil/hawaii/index.php/garrison/pao/CIE>
- ✓ <https://home.army.mil/hawaii/index.php/my-fort/calendar>
- ✓ <https://hawaii.armymwr.com/>

Newcomers Guide & Information

- ✓ <https://home.army.mil/hawaii/index.php/my-fort/newcomers>

Emergency Preparedness

- ✓ <https://www.ready.gov/>
- ✓ <http://dod.hawaii.gov/hiema/>

Health Care/Tricare Updates

- ✓ <https://www.dmdc.osd.mil/milconnect>
- ✓ <https://www.Tricareonline.com>
- ✓ <https://www.Relayhealth.com>

Spouses Clubs



- ✓ North: www.schofieldspousesclub.com
- ✓ South: www.fortshafterhui.com





Commander's Comments

Feedback Always Welcome

ICE	Ask the GC
 https://ice.disa.mil	 usarmy.hawaii. askthegc@mail.mil





NEXT

Community Information Exchange

March 24, 2022





Back Up Slides





Army Medicine

COVID-19 Testing

Getting Tested

Our COVID-19 testing garage requires a provider order. There are several ways to obtain an order:

- Call the COVID-19 Hotline at 808-433-8102. The hotline is open M-F from 7:30 a.m. – 4 p.m.
- Send a test request to your provider via secure messaging on the MHS Genesis Patient Portal.
- Complete an eVisit within the MHS Genesis Patient Portal.
 - Login to MHS Genesis
 - Select the “Appointments and e-Visits” tab on the left side of the page
 - Click On “View Available e-Visits”.
 - Once you complete and submit the questionnaire, your provider will review it and determine if you need a COVID-19 test. If they order a test for you, you will receive a notification through the MHS Genesis Patient Portal that a test has been ordered.
- After a provider places the order, proceed directly to the COVID-19 testing garage. The garage is open M-F from 9 a.m. – 11:50 a.m. & 12:50 p.m. – 5 p.m. We are experiencing increased wait times as demand for testing increases. Please self-isolate while awaiting the results of your COVID-19 test.
- For information on getting a COVID-19 test at a non-Military Treatment Facility, visit www.oneoahu.org

Test Results

- Results are typically available within 24-48 hours, but patients may experience a slight delay as demand for COVID-19 testing increases. The fastest way to receive your results is through the MHS Genesis Patient Portal. If you do not have access to the Patient Portal, register for a DS login at <https://dmdc.osd.mil/milconnect>
- We **CANNOT** provide test results or medical guidance through Facebook or Google Messenger



At Home Test Kits

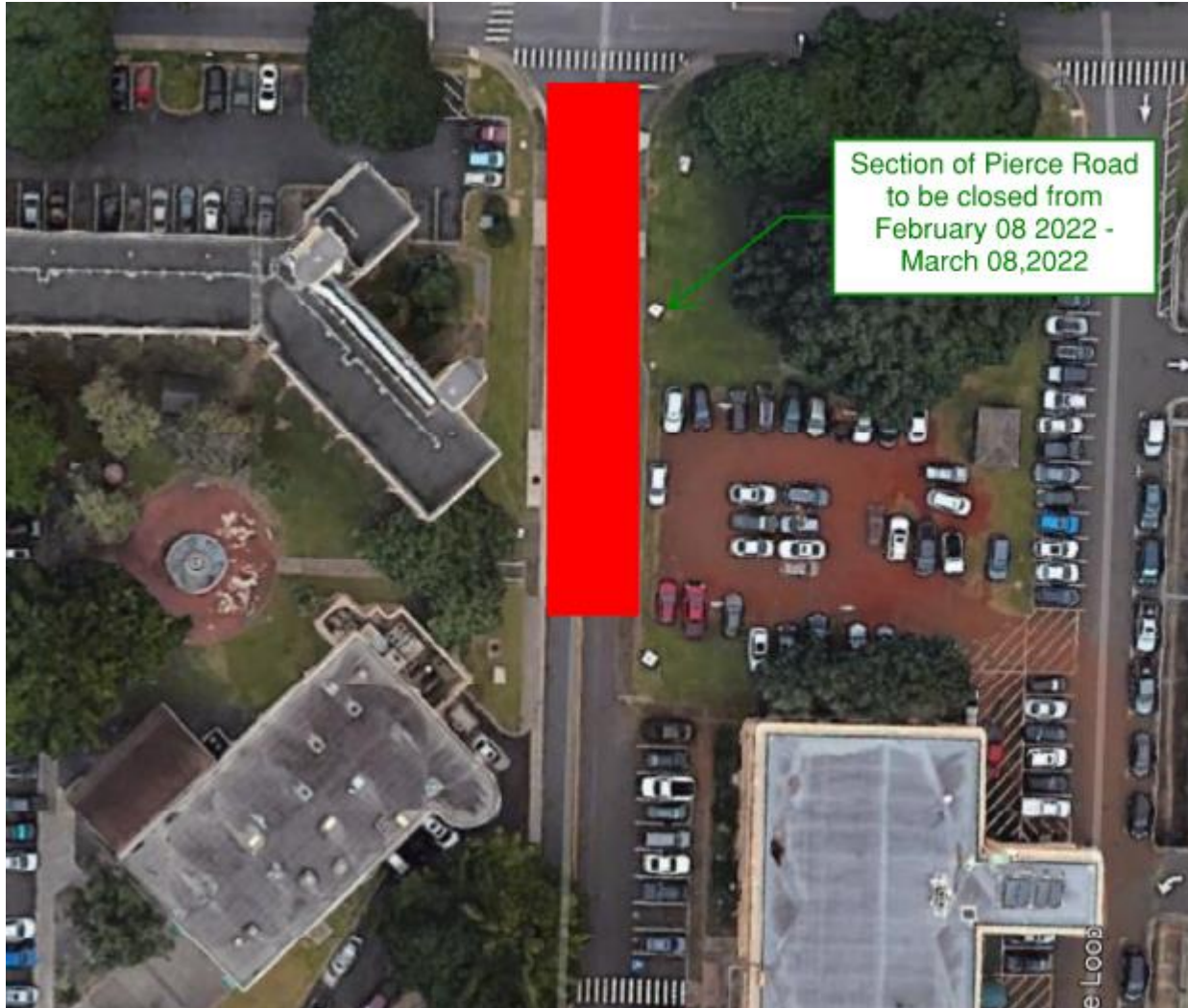
- At home tests are available through www.covidtests.gov
- Limit one order per residential address. One order includes 4 rapid antigen COVID-19 tests
- Please note, over-the-counter tests are not reimbursable by TRICARE





Directorate of Public Works

Scheduled Road Closure of Pierce Street



LOCATION

Pierce Street, Fort Shafter

DATE

Extended through March 8 due to differing site conditions

PURPOSE

New water and gas tie-in to service Building 503A





Directorate of Family and Morale, Welfare and Recreation

Back-up Slides

- Army Community Service (ACS) Military Child Care Fee Assistance Programs
- ACS Army Family Action Plan
- ACS Financial Readiness Tips
- ACS In-Home Child Care Fee Assistance Pilot Program
- ACS Mobilization, Deployment & Stability Support Operations Program
- ACS Teen Dating Violence Awareness
- Child & Youth Services (CYS) Registration Process
- CYS Military Child Care Registration
- CYS Military Child Care
- CYS Hourly Care
- CYS Family Child Care (FCC)
- CYS SKIES Instructors Wanted
- CYS Youth Sports Volunteers Wanted
- CYS Unauthorized Child Care
- CYS What We are Doing
- CYS Friendly Reminders
- CYS Supervision & Babysitting
- CYS Alternative Child Care Options
- CYS Babysitting & CPR/First Aid
- Community Recreation Division (CRD) Libraries
- CRD Libraries Event Calendar
- CRD Pet Kennels
- CRD Auto Skills Center Turn-In Service
- CRD MWR Vehicle Resale Lot
- ACS Volunteer Recognition Ceremony
- ACS Volunteer Appreciation Week
- Kolekole Run / Bowling 30/60 Card
- CRD Anime Club at Tropics
- Business Operations Division Aloha Fridays at Mulligans
- Kilauea Military Camp (KMC) St. Patrick's Day Dinner
- Kilauea Military Camp (KMC) Mountain Cottages & Resort
- Pililaau Army Recreation Center (PARC)
- KMC Halemaumau Volcano
- KMC History
- ACS Relocation Readiness Program
- ACS Army Volunteer Corps
- FMWR Phone Numbers





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



Military Child Care Fee Assistance Programs

- ✓ United States Military may be eligible for Department of Defense child care fee assistance.
- ✓ Members of the Army, Air Force, Navy, and Marine Corps may receive help paying for child care providers in the community where they live if they are unable to access care on their installation.



For more information visit: <https://www.militaryfamily.org/info-resources/child-care/>





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



Army Family Action Plan

Do you have a quality of life issue that the Department of the Army should know about? Would you like to be an Agent of Change?

PLEASE VISIT THE ARMY FAMILY ACTION PLAN (AFAP) AT THE NEW ARMY FAMILY WEB PORTAL (AFWP) at

<https://www.armyfamilywebportal.com>

(Select "Issue Management System" from the Menu)

Issue Management System (IMS) – Web copy

(<https://www.armymwr.com/happenings/army-family-web-portal>):

The Army Family Action Plan (AFAP) Issue Management System (IMS) allows registered and unregistered users to submit online issues regarding their communities or other aspects of Army life. Issues are reviewed and managed by AFAP staff, and IMS can be used to track the status of your issue and view others that are currently under review.

Facebook post

(<https://www.facebook.com/FamilyMWR/posts/10159637880160086>)



**You can submit your issue or
suggestion at**

**[https://ims.armyfamilywebportal.com/
submit](https://ims.armyfamilywebportal.com/submit)**

Twitter

(<https://twitter.com/FamilyMWR/status/1404468676254867458>):

What does the new Army Family Web Portal Issue Management System mean for the Army community? You now have a fast & easy way to submit your quality of life issues to Army leadership. Submit your issues today, and improve the Army of tomorrow! Learn more <http://armymwr.com/afwp>

POC: Mary Ann Scott, Army Volunteer Corps Coordinator
Office: (808) 787-4206 or (808) 787-4227
Email: maryann.c.scott.civ@mail.mil





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)

Tip From Your Financial Readiness Team

“Develop a working spending plan and STICK to it”



**Don't be a “Dum Dum”
Avoid Common
Financial Mistakes**



**For more information or schedule an
appointment contact:**

ACS (808) 787-4227





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



In-Home Child Care Fee Assistance Pilot Program

The Department of Defense is committed to ensuring service members and their families have access to the child care they need to be mission ready. To help with expanding child care needs, the DOD is starting a small pilot program to explore providing fee assistance for full-time, in-home child care services.

In-home providers must successfully complete requirements for background checks and complete 32 hours of training covering topics including CPR and first aid, child abuse prevention, safe sleep and care for children with special needs, if needed. Space in the pilot program is limited. To learn more, please visit:

<https://www.militaryonesource.mil/family-relationships/parenting-and-children/childcare/in-home-child-care-fee-assistance-program/>

Families may use the expanded child care service available through Military OneSource to search for in-home providers.

Reach out to Military OneSource tax consultants if you have questions about tax implications for parents who employ care providers in their home.

The fee assistance pilot program will cover full-time care for a minimum of 30 hours to a maximum of 60 hours of child care weekly. Care is not limited to Monday through Friday or time of day.

In its first year, the pilot program will be open in five regions that have high demand and the longest waitlists for child care. These locations are the National Capital Region; Hawaii; San Diego, CA; Norfolk, VA; and San Antonio, TX. Military Families currently on the MilitaryChildCare.com waitlist or requesting child care via MilitaryChildCare.com in the five selected regions are eligible to participate in the pilot program.

Eligibility requirements include:

- Single or dual Active Duty members
- Single or dual Guard or Reserve members on active duty
- Active Duty members with a full-time working spouse
- Guard or Reserve members on active duty with a full-time working spouse
- Active Duty members with a spouse enrolled in a postsecondary institution on a full-time basis
- Guard or Reserve members on active duty with a spouse enrolled in a postsecondary institution on a full-time basis

Families will be responsible for finding their own in-home child care providers. Providers must be U.S. citizens and:

- Be at least 18 years of age
- Hold a high school diploma or equivalent
- Read, speak and write English

Military OneSource is your 24/7 connection to information, parenting tips and support for every member of your Military Family – one source for your best MilLife. www.MilitaryOneSource.mil | 800-342-9647

**MILITARY
ONE SOURCE**





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)

Mobilization, Deployment & Stability Support Operations Program (MD&SSO)

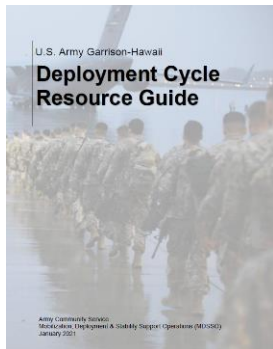
MD&SSO assists in preparing Soldiers and Families for deployments and reintegration by providing the following trainings and resources throughout the deployment cycle in a variety of settings.

- Army Community Service (ACS) Overviews *
- Casualty Response (CARE) Team Training *
- Master Resiliency Training (MRT) for Spouses *
- Rear Detachment Command Training *
- Reintegration Workshops *
- Soldier & Family Readiness Group (SFRG) Training

** Available upon request*

Deployment Cycle Resource Guide

- Familiarizes Soldiers and Families with support agencies to enhance preparedness with all phases of deployments and emergencies.
- Trainings and other activities are offered to supplement this resource guide.
- A digital copy of the guide can be found at:
https://hawaii.armymwr.com/application/files/8416/2268/5781/U.S._Army_Garrison_Hawaii_Deployment_Cycle_Resource_Guide.pdf



Soldier and Family Readiness Group (SFRG)
January—June 2022 Training Schedule

SFRG is a command sponsored organization of Family members, volunteers, Soldiers, and DA Civilians belonging to a unit. SFRG provides **mutual support** and **assistance**, and a **network of communications** among the Family members, chain of command, and community resources.

Command Teams (COs, CSMs, & 1SGs)	Family Readiness Advisor (CO Approved Volunteer)	Command Family Readiness Representative (CFRR) (Service member)
Training available to assist command teams with their responsibilities and roles by creating a Family Readiness Plan, distinguishing between Appropriated and SFRG informal funds, and more.	Training available to assist senior volunteers at the Battalion and Brigade levels by identifying SFRG roles, supporting a Family Readiness Plan, distinguishing between fund, volunteer management, available resources, and best practices.	Act as an extension of the unit in providing official, accurate command info. Provide mutual support to the membership. Advocate use of available resources. Help Families solve problems at the lowest level.
13 Jan 9:30 a.m. – 11:30 p.m. 15 Mar 9:30 a.m. – 11:30 p.m. 17 May 9:30 a.m. – 11:30 p.m.	13 Jan 1:00 p.m. – 3:00 p.m. 15 Mar 1:00 p.m. – 3:00 p.m. 17 May 1:00 p.m. – 3:00 p.m.	25 Jan 9:30 a.m. – 3:30 p.m. 22 Feb 9:30 a.m. – 3:30 p.m. 22 Mar 9:30 a.m. – 3:30 p.m. 26 Apr 9:30 a.m. – 3:30 p.m. 24 May 9:30 a.m. – 3:30 p.m. 21 Jun 9:30 a.m. – 3:30 p.m.

SFRG Leader/Co-Leader (CO Approved Volunteers)	Key Contact (CO Approved Volunteers)	SFRG Informal Fund Custodian (CO Approved Volunteers, & Soldier(s) not scheduled to deploy more than 30 days within a 12 month period)
Training available to identify the SFRG's role in Family Readiness. Understand the SFRG mission essential activities. Learn the SFRG leader role by identifying methods of communication with SFRG membership, recognize non-mission essential activities and resources.	Training available to identify the SFRG's role in Family Readiness, learn available resources, and develop communication methods.	Training available to understand SFRG Informal Fund rules, responsibilities, and best practices. Understand local policies, mandatory requirements, and resources.
11 Jan 9:30 a.m. – 3:30 p.m. 05 Feb 9:30 a.m. – 3:30 p.m. 08 Mar 9:30 a.m. – 3:30 p.m. 02 Apr 9:30 a.m. – 3:30 p.m. 10 May 9:30 a.m. – 3:30 p.m. 04 Jun 9:30 a.m. – 3:30 p.m.	04 Jan 5:00 p.m. – 6:30 p.m. 16 Feb 2:30 p.m. – 4:00 p.m. 01 Mar 5:00 p.m. – 6:30 p.m. 20 Apr 2:30 p.m. – 4:00 p.m. 03 May 5:00 p.m. – 6:30 p.m. 15 Jun 2:30 p.m. – 4:00 p.m.	19 Jan 2:30 p.m. – 4:00 p.m. 01 Feb 5:00 p.m. – 6:30 p.m. 16 Mar 2:30 p.m. – 4:00 p.m. 05 Apr 5:00 p.m. – 6:30 p.m. 18 May 2:30 p.m. – 4:00 p.m. 07 Jun 5:00 p.m. – 6:30 p.m.

To register please call 808-787-4227 (AACS)

616d 690, 310 Brannon Rd | Schofield Barracks | hawaii.armymwr.com

Visit us at:





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)

February is National Teen Dating Violence Awareness & Prevention Month.



**Family Advocacy invites you
to “Talk Story” with us on
important topics at each
Teen Center.
Fun Activities will be
provided!!**

Schofield Bennett Youth Center
2251 McMahan Road, Bldg. 9090
Schofield Barracks, HI 96857
Phone: (808) 655-0451

AMR Youth Center
174 Kauhini Road Bldg #1781
Honolulu, HI 96818
Phone: (808) 833-0920

Fort Shafter Youth Center
240 Montgomery Drive, Bldg. 351
Honolulu, HI 96857
Phone: (808) 438-1487

*** Outreach table will be available at the PX and Commissary during the month.**

For more information, please call Army Community Service at (808) 787- 4227.
Please call your Teen Center to sign up for these events.





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)



CYS Registration Process

Submit a request for care at any time and from any location.



Go to **MilitaryChildCare.com** and follow these steps:

1. Create account
2. Search and request care
3. Manage requests
4. Update profile

For questions or support call: 855.696.2934

Register with Parent Central Services by providing the following:



- Negative TB test result (12 months and older).
- Health Assessment (due within 30 days of registration). Additional forms are needed for Special Needs accommodations.
- Proof of Total Family Income (most recent end of month LES or pay stubs).
- Family Care Plan for Single & Dual Military Families (due within 30 days of registration).

Parent Central Services
(808) 655-5314
241 Hewitt Street, BLDG 1283





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)



MILITARY
CHILDCARE  .com

Using **MilitaryChildCare.com**, you can find comprehensive information on child care programs worldwide, conduct a customized search for the care you need, and submit a request for care at any time and from any location. *Follow these four steps!*

CREATE ACCOUNT:

Go to **MilitaryChildCare.com** to create an account containing information about your family, or to login using an existing username and password.

SEARCH and REQUEST CARE:

Search the system for the child care options that best fit your needs and submit your requests for care.

MANAGE MY REQUESTS:

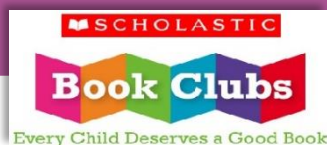
You can manage your requests for care from anywhere in the world.

UPDATE MY PROFILE:

Keep your *My Profile* page up-to-date with important information.

To get started visit: **Militarychildcare.com**

For questions/support call: **855.696.2934**



Receive free Scholastic Books for all new and re-registering children

PARENT CENTRAL SERVICES Registration Requirements for CYS Services

- ❖ Official shot record with a Negative TB test result (12 months and older) or TB Document F: State of Hawaii TB Clearance Form, signed & stamped by a Licensed Practitioner.
- ❖ Flu shot is required for children enrolled in FULL DAY CARE. The deadline for the Flu Shot will be December 31st of each year. Children who are 6 months or older, or have never had the flu shot will receive the first half of the shot and the second half 30 days later.
- ❖ CYS Services Health Assessment (due within 30 days of registration).
- ❖ If your child has special needs (i.e. asthma, diet restrictions/intolerances, seizures, ADHD, Diabetes, Autism, Eczema, Behavioral concerns, etc.) additional forms will need to be submitted. Contact one of our offices for details.
- ❖ Two local emergency contacts (adults other than parents or legal guardian).
- ❖ Proof of Total Family Income (most recent end of month LES and/or pay stubs).
- ❖ Family Care Plan for Single/Dual Military Families (due within 30 days of registration).

Please contact Parent Central Services for registration packets and more information about the programs that we offer at:

Aliamanu Parent Central Services (AMR)

154 Kauhini Road, BLDG 1782 Phone (808) 833-5393 Hours 0800-1700
Walk-in 0800-1100 Appointments 1300-1600

Schofield Parent Central Services

241 Hewitt Street, BLDG 1283 Phone (808) 655-5314/ (808)655-8380 Hours
0730-1700 Walk-in 0800-1100 Appointment 1200-1600





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)



For assistance with creating or accessing accounts, call the CYS Parent Central Services team at (808) 655-5318 or (808) 655-8380.

Parents: Register your children through Parent Central Services, to ensure your provider is certified. If in doubt, call your local Child and Youth Services office. Report violations to Child and Youth Services immediately.

OPTIONS

Traditional Child or School Age Care

Family Child Care Home

NOT AVAILABLE?

Look for the
U.S. Army Family Child
Care Child & Youth
Services Certified
Window Decal
for authorized service providers.



Call CYS Parent Central Services to Get More Information on Your Eligibility for Fee Assistance When Installation Child Care Services are not Available.





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)



HOURLY CARE

Helemano Military Reservation Child Development Center
327 Kuapalae Rd. Bldg 30 Wahiawa

FCC Homes, Multiple locations

Cost: \$7 per child, per hour
Ages: 13 Months - 11 Years old

RSVP

HMR CDC: (808) 653-0724

FCC: (808) 655-9818

Requirements:

1. Must be registered with Parent Central Services / (808) 655-8380
2. Attend an Hourly Care Orientation.
3. Reservation (can be made 30 days out)





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)

Army Family Child Care (FCC)

As an FCC Provider, you can....

- Earn an income while staying at home with your own children.
- Help Soldiers by providing quality, reliable child care.
- Have a business and be your own boss.
- Free training, support, referrals, materials and equipment.



Know the Rules

A 10-hour child care limit has been established by the Department of the Army to protect children from being in unregulated child care settings on a regular basis.

This means any Family member living in government quarters providing child care for more than 10 child care hours per week on a regular basis must be certified as a Family Child Care provider.

For more information visit:

<https://hawaii.armymwr.com/programs/family-child-care-fcc>

or call (808) 655-9818





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)

ARE YOU A SKILLED & QUALIFIED INSTRUCTOR?

SKIES is looking for passionate and motivated instructors in:

- **Cheer**
- **Gymnastics**
- **Judo**
- **Power Tumbling**
- **Music**
- **Taekwondo**
- **Certified Red Cross Swim Instructor**



These are professional contract positions. Pay is determined on participation enrollment.

Instructors must be at least 18 years old.

Please call Parent Central Service @ (808) 655-8380 or (808) 833-5314 for more information.





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)

Youth Soccer, Basketball, Baseball, Flag Football, Cheerleading, Track & Field and Volleyball

Up To 88 Hours of Promotional Points

- Open to all DoD ID holders and Retired Military
- Must be 18 Years and Older
- Volunteers receive Volunteer Management Information Systems (VMIS) hours and awards

**For more information, call CYS Youth
Sports & Fitness Office:**

**Schofield Barracks
(808) 655-6465**

**AMR
(808) 836-1923**

WANTED:
MWR YOUTH SPORTS VOLUNTEER
COACHES

Volunteer coaches needed for youth soccer, basketball, baseball, flag football, cheerleading, track & field and volleyball.

- Open to all DOD ID card holders ages 18 years and older.
- Pick up a packet from CYS Youth Sports & Fitness office, Parent Central Services, or download at:
<https://hawaii.armymwr.com/programs/youth-sports>
- Return the completed application to the Youth Sports & Fitness office. More guidance will be given after application is received.
- Volunteers must clear a background check.
- Volunteers receive Volunteer Management Information System (VMIS) hours and awards.

For more information, call CYS Youth Sports & Fitness Office:

Schofield Barracks 2251 McMahon Road, Bldg 9090 Schofield Barracks, Hawaii 96857 (808) 655-6465	or	AMR 154 Kauhini Road, Bldg 1782 Honolulu, Hawaii 96857 (808) 836-1923
---	----	---

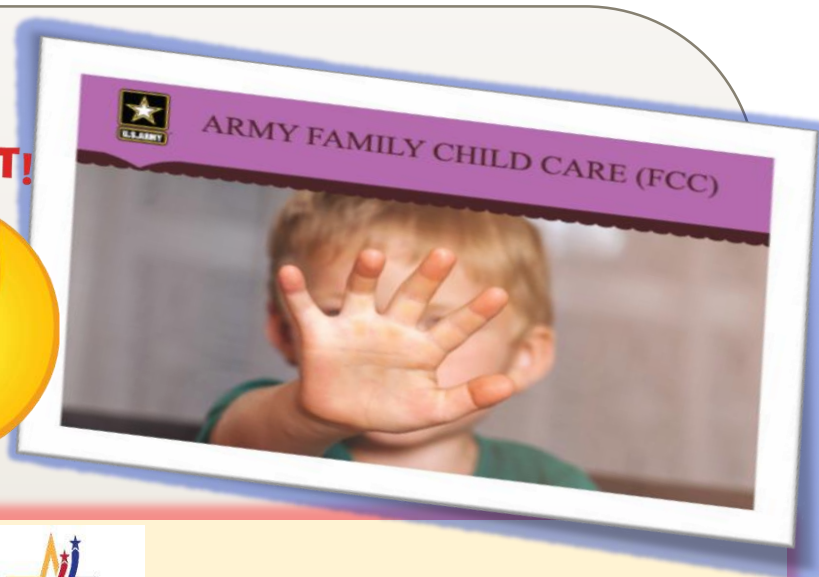
HawaiiArmyMWR.com or MWR HAWAII

Packets available at:
<https://hawaii.armymwr.com/programs/youth-sports>





Directorate of Family and Morale, Welfare and Recreation



Friendly Reminder

Providing more than 10 Hours of on-post care a week and are not a certified provider you be penalized.





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)



1. Hiring CYS Professionals

More CYS Professionals = More Childcare Spaces!

This is a profession you can take with you that has the opportunity for career advancement!

We have reoccurring hiring fairs and onboard professionals weekly!

Apply today at:

<https://www.usajobs.gov>

**WE NEED YOUR HELP!
CHILD CARE SPACE
AVAILABILITY IS
LIMITED DUE TO
STAFFING LEVELS**

2. Opening Family Child Care (FCC) Homes

More FCC Homes = More Childcare Spaces!

Own your own business and make a difference!

This career option provides flexibility and can travel with you. FCC providers receive subsidies, equipment support & training at no cost.

FCC providers now have transfer options!

Bonuses are available for new and transferring providers.

Call 655-8373 Monday - Friday, 8am - 5pm
Or visit

<https://hawaii.armymwr.com/programs/family-child-care-fcc>

3. Supporting the Army Fee Assistance Process

Army Fee Assistance = Financial Subsidy for Off Installation Care

Army Families can receive fee assistance to offset the cost of care in their communities.

Who is eligible:

Army Families with a spouse who is working a minimum of 16 hours a week or who is enrolled in school.

When CYS cannot provide care within 45 days of the date care is required a statement of non-availability is provided so that families can apply for fee assistance.

1. Always register at: www.militarychildcare.com
2. Visit Parent Central Services to validate your request for care. CYS will expedite your statement of non-availability if there are no spaces projected available.
3. Apply for Army Fee Assistance at: <https://www.childcareaware.org/families/military-child-care-assistance-programs/>

4. Planning Major Construction Projects

Construction Projects = More Childcare Spaces

US Army Garrison Hawaii has the physical capacity to provide care for 925 children in Child Development Centers.

We do not have the physical capacity to offer spaces to all children on the wait list for the Child Development Centers.

US Army Garrison Hawaii is in the planning stages for two additional large Child Development Centers with 336 spaces:

1. Fiscal Year 2022: Aliamanu Military Reservation
2. Fiscal Year 2023: Schofield Barracks





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS)

Friendly Reminders for Child and Youth Services Patrons

Sponsors **UPDATE** the following:

- Emergency Contact(s) if relative(s) or others are picking up your child(ren). You may stop by at the center front desk or call to update
- Emergency Contact must provide a valid ID upon pick up. No child will be released to any person not authorized to pick up. **Release designee must be 13 years or older**
- Update Family Care Plans (Single or dual Military Family DA Form 5405)
- Provide Parent Central Services of any updates to the Family Household



Contact your CYS Program Center or Parent Central Services at 808-655-8380/655-5314





Directorate of Family and Morale, Welfare and Recreation

Child & Youth Services (CYS) – Supervision and Babysitting

Home Alone

Birth to age 9: No

Age 10-11: Yes, up to 4 hrs. in a 24-hr period (not overnight) w/access to adult

Age 12-13: Yes, up to 6 hrs. in a 24-hr period (not overnight) w/access to adult

Age 14-15: Yes, but not overnight. No longer than 9 hours with ready access to adult supervision

Age 16-17: Yes, no more than two consecutive overnight periods with access to adult supervision



Unattended Outside

Birth to age 5: No

Age 6-9: Yes, if in a playground/yard w/ immediate access to adult supervision (to include being within sight and hearing distance). Children 6 years old and older are exempt from the "outside unattended" rule when walking to and from school, school bus stop, or CYS activity. Walk cannot be longer than 1 mile or cross a busy street.

Age 10-11: Yes, with ready access to adult supervision. Sponsors checks on child or child checks in hourly. Adult must respond within 30 minutes or less to a child in crisis.

Age 12-13: Yes, with ready access to adult supervision. Sponsors checks on child or child checks in via phone or in person every 2 hrs., must know child's location/activity, and respond within 1hr .

Age 14-15: Yes, with access to adult supervision via phone within 2 hrs. Contact made every 3 hrs. Follow curfew.

Age 16-17: Yes, follow curfew guidance.

Babysitting Siblings & Other Children

Birth to 10: No

Age 11: Yes, may only care for siblings age 6 and older. Not to exceed 3 hrs.

Age 12-13: Up to 6 hrs. with access to adult.

Children must be age 2 and older.

Age 14-15: Up to 9 hrs. (not overnight) with access to adult. Non-siblings must be age 2 and older

Age 16-17: Yes

Unattended In Car

Birth to age 6): No

Age 7-9: Yes, up to 10 minutes if the keys have been removed and hand brake applied

Age 10-11: Yes, up to 20 minutes, keys removed and handbrake applied

Age 12-17: Yes



For more information visit: <https://home.army.mil/hawaii/application/files/2215/9467/6204/ChildSupervision.pdf>





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



Alternative Child Care Options

Military Families have expanded options to find flexible and available child care solutions through

Military OneSource

Free Access to Flexible Online Child Care Service

Military Families now have **free access** to a national database of more than a million caregivers so they can find hourly, flexible and on-demand child care.

Military OneSource lets you:

- Search based on your own needs and criteria
- Find and interview potential care providers
- Check references
- Review background checks

<https://www.militaryonesource.mil/family-relationships/parenting-and-children/military-childcare-services>

For additional information, contact Military OneSource: 800-342-9647





Directorate of Family and Morale, Welfare and Recreation



Child and Youth Services Babysitting & CPR/First Aid



Our instructors will teach participants the important skills necessary to provide excellent babysitting services to family, friends and neighbors.

Workshops for Youth Ages 12-18 Years old

- Participants will receive hands-on training in a fun learning environment using the Army babysitting curriculum.
- Babysitting Course is **FREE**.
- Max enrollment for each class is 10 participants.
- Deadline to register is two days prior to the Babysitting session. Participants will be required to wear a face mask
- Red Cross CPR/First Aid class is offered to youth that have successfully completed the babysitting class.
- Babysitting Course is a prerequisite for the American Red Cross CPR/First Aid class. CPR/First Aid class fee is \$40.00

Schofield Barracks Youth Center

- March 15, 2022 Babysitting 9:00 a.m.-3:00 pm
- March 16, 2022 CPR/First Aid 9:30 a.m.-3:30 pm

Fort Shafter Youth Center

- March 17, 2022 Babysitting 9:00 a.m.-3:00 pm
- March 18, 2022 CPR/First Aid 9:00 a.m.-3:00 pm



CYS registrations is required
Enroll via webtrac.mwr.army.mil
or Call PCS at 808-655-8380





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)

HOW TO ACCESS

MY ACCOUNT

(Register with your library)

Go to **Online Resources** tab at:

<http://mwrlibrary.armybiznet.com>

Select a database and log in
with your **Web login** and **PIN**



Army MWR Libraries are more than just books!

A FREE account with the MWR Libraries will give you access to all of our online resources.

These resources travel with you when you PCS or go on TDY.

- Audiobooks and eBooks
- Magazines and Consumer Reports
- Comics and Graphic Novels
- Movies and Music
- Language Learning (including Hawaiian and Pirate)
- Chilton Automotive Guides
- Home Improvement Guides
- And more!!
- Test Prep (ASVAB/SIFT/CLEP/SAT/AFOQT)
- Educational Resources for Kids
 - Tutor.com
 - Scholastic
 - Miss Humblebee's Academy
 - National Geographic Kids
 - World Book Online
 - And more!!

For additional information, please call (808) 655-8002 or (808) 438-9521





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)

The U.S. Army Hawaii Libraries Program

EVENT CALENDAR

September 2021 - May 2022
Excludes on Federal Holidays

SGT Yano Library
11243 Kalahele Ave • Schofield Barracks, HI 96821

Movie Afternoon (Begins October)
2nd & 4th Wednesday of the month • 3 p.m.
Join us for a family friendly movie.

Coloring 4 Kids
2nd & 4th Thursday of the month
3 p.m. - 4 p.m.
Fun session of coloring for kids!
Supplies will be provided.

Block Party
1st and 3rd Thursday of the month
School Age: 3-4:30 p.m.
Create a masterpiece with Lego and wooden blocks.

Drop-in Switch Party
2nd Saturday of the month • 11 a.m.-1 p.m.
Bring your own Nintendo Switch and games
(or use one of ours) and play with other Switch players.

Fort Shafter Library
141 Chapparral Rd. Bldg 433 • Fort Shafter, HI 96828

Drop-in Crafts
1st Tuesday of the month • 2:30-4:30 p.m.
Stop by and get crafty!

Brick Club
4th Tuesday of the month
2:30 p.m.-4:30 p.m.
Bring your imagination and your creativity.

STEAM Club
3rd Tuesday of the month • 2:30-4:30 p.m.
Activities built around Science, Technology, Engineering, Art, and Mathematics

**Subject to change without notice.*

For more information, call
Yano: (808) 655-8002
Fort Shafter: (808) 438-9521

The U.S. Army Hawaii Libraries Program

EVENT CALENDAR

Coloring 4 Kids, Block party, Switch party, Brick club, and Drop-in craft classes are available for sign-up from **September 2021 to May 2022.***

Check out the latest schedules at Yano and Fort Shafter Library.

**Subject to change without notice.*

For more information, call
Yano: (808) 655-8002
Fort Shafter: (808) 438-9521





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)



MWR Pet Kennels

Sun, Tues, Thu, Fri, Sat: 1000-1400
Mon & Wed: Closed
(808) 368-3456

Pet Housing

The Family & MWR Pet Kennels offer your furry friends a place to stay while you're away!

Our outdoor facility features:

- 196 covered dog kennels
- 19 cat kennels
- Grassy lawns
- Large exercise play areas

With our exceptional customer service and passion for animals, you can be confident in leaving your dogs and cats with us. Our kennels will soon become your pet's favorite home away from home.

Located at 99-951 Halawa Valley St. Aiea 96701





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)

AUTO SKILLS CENTER

TURN-IN SERVICE

How it Works:

- Vehicles will be accepted for transfer to Schofield Barracks Auto Skills Center.
- Seller will complete a “Statement of Transfer” form and provide the following:
 - ID Card
 - Power of Attorney if not the registered owner
 - Clean, transferable title to vehicle and registration.
 - All keys to vehicle.

FOR MORE INFORMATION, CALL (808) 655-9368



NO FEES!





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)

MWR Vehicle Resale Lot

***Located across from Burger King on
Schofield Barracks.***

**Need to sell
a vehicle?**



- The Resale Lot is a showplace for used cars, trucks, motorcycles and recreational vehicles for sale, by the owner.
- Parking in the Resale Lot **requires a permit**. The minimum fee for this permit is \$10 for 7 days. Prices will vary depending on the length of stay.
- You must bring the following items to the Schofield Barracks Auto Skills Center (Bldg 910) located on Duck Road to obtain a Resale Lot Permit:
 - Valid government ID card
 - Valid state registration and license plate sticker
 - Valid state safety inspection papers and stickers
 - Valid proof of insurance Hawaii "No Fault" insurance card

Note: Power of attorney is required if you are not the registered owner.

For additional information, please visit our website at <https://hawaii.armymwr.com> or call us at (808) 655-9368.





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



National Volunteer Appreciation Week April 17 - 23, 2022

2022 USARHAW Installation Volunteer Recognition Ceremony

- ✓ This is an annual event to recognize individuals in-person for their volunteer service to the USAG-Hawaii Community during 2021
 - **WHEN: Wednesday, 20 APRIL 2022**
 - **TIME: 1530-1630**
 - **WHERE: SGT Smith Theater**
- ✓ **Nominations Packets are now being accepted to the ACS, AVCC**
 - **DEADLINE TO SUBMIT: 11 MARCH 2022**
 - Please review VRC Information Packet, Attachment 1 to FRAGORD 1 to 046-22 for instructions and guidelines. VRC Information Packet and Fillable Nomination Forms are available at the DFMWR website @
<https://hawaii.armymwr.com/programs/army-volunteer-corps>

NOMINATE
NOW >>

POC: Mary Ann Scott, Army Volunteer Corps Coordinator
Office: (808) 787-4206 or (808) 787-4227
Email: maryann.c.scott.mil@army.mil





Directorate of Family and Morale, Welfare and Recreation

OPEN TO DOD10 CARD HOLDERS AND SPONSORED GUESTS

KOLEKOLE 10K RUN

SATURDAY, MARCH 12
AT 7 A.M.
LEADER'S FIELD, SCHOFIELD BARRACKS

\$30 EARLY ENTRY
Register by Feb 11, 2022

\$35 LATE ENTRY
Register by Feb 12-Mar 9

\$35 RACE DAY REGISTRATION:
5:30-6:45 A.M.
* Registration fee is non-refundable
* CASH ONLY accepted on race day

MUST COMPLETE RACE IN 3 HOURS

Registration and Check-in
5:30 - 6:45 a.m.

All ages are welcome. Strollers are permitted, but children not in stroller must pay registration fee. No pets allowed.

REGISTER IN PERSON AT ANY HAWAII ARMY PHYSICAL FITNESS CENTER EXCEPT WHEELER PFC

FOR MORE INFORMATION, CALL (808) 655-5975

AWARDS FOR TOP 3 MALE/FEMALE COMPETITORS

ALL FINISHERS WILL RECEIVE A MEDAL

This paved road will take runners through the beautiful Kolekole Pass to the Lualualei lookout point at the top of the mountain range. The elevation climb on this 10K run is challenging but rewarding.



BOWLING 30/60 CARD

30 GAMES for \$60
(UP TO \$112 VALUE)


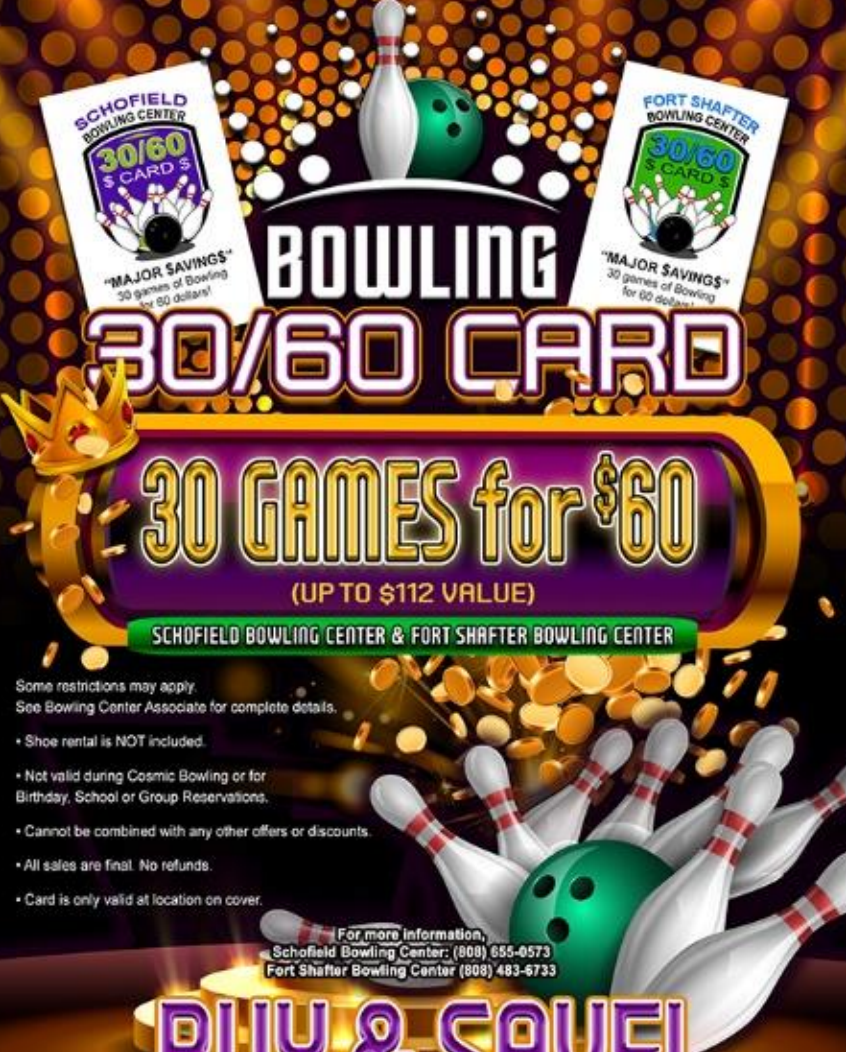
SCHOFIELD BOWLING CENTER & FORT SHAFTER BOWLING CENTER

Some restrictions may apply. See Bowling Center Associate for complete details.

- * Shoe rental is NOT included.
- * Not valid during Cosmic Bowling or for Birthday, School or Group Reservations.
- * Cannot be combined with any other offers or discounts.
- * All sales are final. No refunds.
- * Card is only valid at location on cover.

For more information,
Schofield Bowling Center: (808) 655-0573
Fort Shafter Bowling Center: (808) 483-6733

BUY & SAVE!





Directorate of Family and Morale, Welfare and Recreation

Community Recreation Division (CRD)





Directorate of Family and Morale, Welfare and Recreation

Business Operations Division (BOD)



4 – 7 P.M.



\$20 Bucket of Five Beers

\$5 Nachos

& more!

For more information, call (808) 438-6712.





Directorate of Family and Morale, Welfare and Recreation

Kilauea Military Camp (KMC)



St. Patrick's Day Dinner **Thursday, March 17, 2022** **5:00 – 8:00 pm** **Crater Rim Cafe**

Rice
Corned Beef & Cabbage
Lamb Stew
Shepherd's Pie
Brownie

Coffee, Tea, Juice, or Fountain Drink
\$23.95 Adults ~ \$12.95 Child (6-11 yrs. Old)

Dine-In or Grab & Go. Reservations Required.
**Scan QR Code or visit our website to reserve
or book.**

For more information on Kilauea Military Camp, visit our website at www.KilaueaMilitaryCamp.com





Directorate of Family and Morale, Welfare and Recreation

Kilauea Military Camp (KMC)



Only MWR Facility on Hawaii Island!

Kilauea Military Camp (KMC), Proudly Serving America's Military Since 1916, is located within Hawaii Volcano National Park .

If you never made it to the Big Island, now's your chance!

We welcome Retired Military and Veterans with a DD214!

- We offer 91 cottages and apartments ranging from one to seven bedrooms, some with kitchen and jetted bath tubs. All units have a fireplace, mini refrigerator, microwave, & coffee maker. We also house a 110 bed dormitory for non-profit organizations.
- For casual dining, grab a bite at the Crater Rim Café, the 10-Pin Grill in our 6-Lane Bowling Center, or at the KMC General Store. Other amenities include the Lava Lounge, Recreation Lodge, Tours Department, Outdoor Recreation, Tennis & Basketball courts, Playground, and Fitness Center.

- * Call us at (808) 967-8333, or email usarmy.kmc-reservations@mail.mil
- * Check our website, www.KilaueaMilitaryCamp.com





Directorate of Family and Morale, Welfare and Recreation

Pililaau Army Recreation Center (PARC)



* Located on the Pokai Bay is one of the best beach facilities on the island. It captures the essence of “Old Hawaii” with beachfront property surrounded by rustic farms and homes.

[85-010 Army Street](#)
[Waianae, Hawaii 96792](#)

To make reservation , please call [\(808\) 696-4158](tel:8086964158)





Directorate of Family and Morale, Welfare and Recreation

Kilauea Military Camp (KMC)

Lava Makes Moves in Halema`uma`u!



Since December 20, 2020, Madame Pele has been erupting in Halemaumau. Hawaii Volcanoes National Park, along with KMC, which sits on the edge of the volcano, have both seen an increase in visitors. The Camp felt full of cheer during the holidays as visitors enjoyed watching the lava, hiking around the National Park, and just enjoying our onsite amenities.



Visit [NPS.gov](https://www.nps.gov) to see the live video feed of the crater!

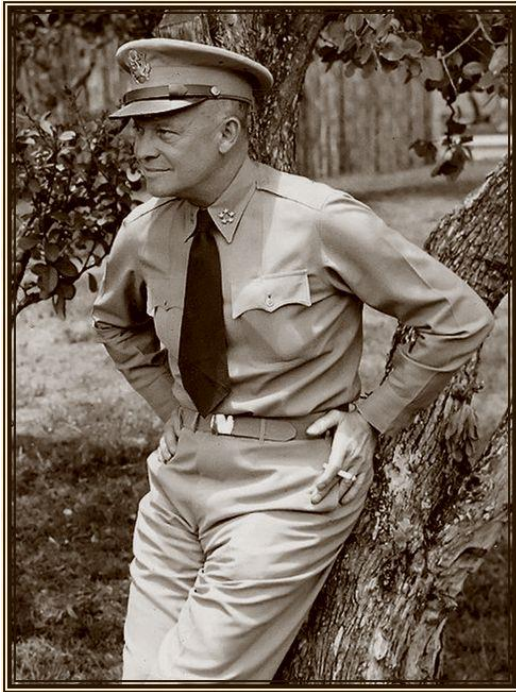
For more information on Kilauea Military Camp, visit our website at www.KilaueaMilitaryCamp.com





Directorate of Family and Morale, Welfare and Recreation

Kilauea Military Camp (KMC)



You can
stay here
too!

KMC is rich in History!



Kilauea Military Camp opened in November of 1916. Former President Dwight D. Eisenhower stayed here in May of 1946 and his plantation era cottage is now referred to as the “Eisenhower House” in his honor. In 1999 it was renovated into VIP quarters and in 2009 it was retrofitted with 1940s décor. This two bedroom cottage will sleep up to four people comfortably and has two bathrooms.

For more information on Kilauea Military Camp, visit our website at www.KilaueaMilitaryCamp.com





Army Community Service Programs



Relocation Readiness Program Deployment Support Hearts Apart Empowerment Group

Are you going to be geographically separated from your Soldier for 60 days or longer due to mobilization, deployment, TDY, PCS or relocation? The USAG-Hawaii Hearts Apart Empowerment Group is here to support you by creating new friendships while reducing stress and demands on the family during times of separation.

Call ACS for more information and to register for Hearts Apart!

POC: Krissy Kalili, ACS Relocation Readiness Program Manager

(808)787-4209, kristina.m.kalili.civ@mail.mil





Directorate of Family and Morale, Welfare and Recreation

Army Community Service (ACS)



ARMY VOLUNTEER CORPS

Have you migrated your AOS Volunteer Management Information System (VMIS) to the new web portal?



- **VMIS HAS MOVED TO THE NEW ARMY FAMILY WEB PORTAL (AFWP) at**
<https://www.armyfamilywebportal.com/>
- If you **HAD** a VMIS account on AOS, please **select “transition your account”** on the modernized VMIS home page.
- If you **DID NOT** have a VMIS account on AOS, please **select “Register”** to create your account.

REMINDER! OPOCs are to Certify Volunteer's Hours NLT than the 15th of each month.

For technical support, please contact the AFWP Help Desk @

<https://www.armyfamilywebportal.com/contact>

POC: Mary Ann Scott, Army Volunteer Corps Coordinator
Office: (808) 787-4206 or (808) 787-4227
Email: maryann.c.scott.civ@mail.mil





FMWR Phone Numbers

North Side

BOWLING CENTERS

Schofield Barracks.....655-0573
Mon – Fri: 0900-2100 SB: 1100-1400 & 1700-2100
Sat: 1500-2100 SB: 1500-2100
Sun: 1200-1800 SB: 1200-1800

Snack Bar:

Mon – Fri: 1100-1330 & 1700-2030
Sat: 1700-2030
Sun: 1200-1730

The HANGAR.....656-1745
Thu-Sat: 1100-1400 & 1800-2200

DINING & ENTERTAINMENT

Ale House by 604 & Conference Center.....674-4279
Mon-Thu: 1030-2200
Fri: 1030-2300
Sat-Sun: 0930-2300

GOLF

Leilehua Golf Course.....655-4653
Pro Shop & Tee Times Mon-Sun: 0630-1800
Leilehua Grill.....655-7131
Mon-Thur.....0630-1700
Fri – Sun.....0630-1800
Driving Range: 0630-2100

RECREATION

Arts & Crafts Schofield Barracks.....655-4202
Wed & Thurs: 1000-1600
Fri & Sat: 0900-1600
Tues & Sunday: Classes Only
Auto Skills Schofield Barracks.....655-9368
Tues- Fri: 1130-1900, Sat: 0900-1600

Outdoor Recreation..... 655-0143
Tue - Sat 0830-1700

Leisure Travel Services (LTS)

Schofield Barracks.....655-9971
Tues – Fri: 1000-1530

Tropics Recreation Center.....655-5698
Thu: 1400 - 2100 Snack Bar 1700-2000
Fri-Sat: 1400-2200 Snack Bar 1700-2100

SPORTS AND FITNESS

Physical Fitness Centers

Martinez655-4804
Mon-Fri: 0500-0800 (Active Duty only) & 0800-2000
Sat: 0700-1300
Sun: 0700-1300

Wheeler Army Airfield PFC.....656-1690
Mon-Fri: 0500-1300

Helemano Military Reservation PFC.....656-0723
Mon-Fri: 0545-2100

Schofield Health & Fitness Center **CLOSED**

Family and MWR Hawaii Sports 0730-1600

Main Office.....655-0101
Athletic & Intramural Sports.....655-0856
Schofield/Wheeler Intramurals...655-9650
Schofield Tennis Reservation....655-0101





FMWR Phone Numbers

South Side

BOWLING CENTERS

Fort Shafter, Strike Zone.....438-6733

Mon – Thu 0800-1330 / 1730-2100

Fri: 0800 – 1330 / 1800 - 2300

Sat: 1800 - 2300

Sun: Closed

DINING & ENTERTAINMENT

Hale Ikena.....438-6712

Lunch: **CLOSED**

Catering.....438-1974

Mon-Fri: 0830-1600

Beach House by 604.....725-2589

Mon-Thu: 1100-2100

Fri: 1000-2300

Sat: 1000-2300

Sun: 1000-2100

GOLF

Walter J. Nagorski Golf Course.....438-9587

Tuesday- Sun: 0600-1800

RECREATION

B.O.S.S......655-1130

Mon – Fri: 0930-1700

Leisure Travel Services (LTS)

Fort Shafter.....438-1985

CLOSED

SPORTS AND FITNESS

Physical Fitness Centers

Fort Shafter.....438-1152

Mon-Fri: 0500-1900

Sat: 0700-1200

Sun: 0700-1200

Tripler.....433-6443

Mon-Thurs: 0500-1930

Fri: 0500-1800

Sat: 0730-1500





FMWR Phone Numbers

CHILD & YOUTH SCHOOL SERVICES (NORTH)

Child Development Centers Mon-Fri: 0530-1800
Schofield Barracks.....655-7106
Petersen.....655-5293
Heleman (HMR).....655-5949

Parent Central Services Mon-Fri: 0800-1700
Schofield Barracks 655-5314/8380

SKIES.....655-8313/5314

Family Child Care Office Mon-Fri: 0730-1600
Schofield Barracks.....655-1521

School Liaison Office Mon-Fri: 0800-1600
Schofield Barracks.....655-8326

Youth School Age Services Mon-Fri: 0530-1800
Schofield Barracks.....655-6476
Aliamanu (AMR).....833-4932
Heleman (HMR).....653-0717
Fort Shafter438-5164
Hired.....655-1686

Youth Sports and Fitness Office Mon-Fri 0800-1630
Schofield Barracks655-6465

Middle School & Teen Programs (MS&T) 1300-1800
Schofield Barracks.....655-0451
Fort Shafter.....438-1487

CHILD & YOUTH SCHOOL SERVICES (SOUTH)

Child Development Centers Mon-Fri: 0530-1800
Aliamanu (AMR).....833-5570
Bowen.....655-1569
Fort Shafter.....438-1151

Parent Central Services Mon-Fri: 0800-1700
Aliamanu (AMR).....833-5393

Youth School Age Services Mon-Fri: 0530-1800
Schofield Barracks.....655-6476
Aliamanu (AMR).....833-4932
Fort Shafter438-5164

Middle School & Teen Programs (MS&T) 1300-1800
Aliamanu (AMR).....833-0920
Fort Shafter.....438-1487

Youth Sports and Fitness
Aliamanu (AMR).....836-1923

CLOSED





FMWR Phone Numbers

Army Community Service

ARMY COMMUNITY SERVICE (ACS)

Mon-Fri: 0730-1630

Real - Life Solutions for Successful Army
Living ACS, Schofield Barracks, Bldg 2091

Main Office..... 655-4ACS/4227
Victim Advocate.....624-SAFE/7233
Military + Family Life Consultant.....222-7088

All classes are available at no charge.

SUBSTANCE ABUSE

Army Substance Abuse Program.....655-9113
Adolescence Support & Counseling Services....655-9944





FMWR Phone Numbers

Library, Lodging, Swimming Pools Hours of Operations

LIBRARY - NORTH

SGT Yano Library, Schofield Barracks.....655-8002

Mon - Thu: 1000-1700

Fri -Sat: 1000-1500

(Internet Station shuts down half an hour before closing)

LIBRARY - SOUTH

Fort Shafter Library.....438-9521

Tue - Thu: 1000-1700

Fri - Sat: 1000-1500

(Effective 16 Feb 2021- closed on Mondays)

LODGING

Pililaau Army Recreation Center.....696-6783

Front Desk Mon- Sun: 0830-1900

Reservations:696-4158

Mon- Sun: 0900-1700

Kilauea Military Camp (KMC)

Reservations Hawaii.....1-808-967-8333

Front Desk: Open 24 hrs

Reservations Hours:

Mon – Sun: 0700-1800

SWIMMING POOLS

Aliamanu (AMR).....833-0255

CLOSED (Seasonal)

Helemanu (HMR) Pool.....

CLOSED for Renovations

Richardson Pool.....

Mon, Wed-Fri:

0600-0900 (Active Duty)

1100-1700 (Open Swim)

Sat-Sun: 1000-1700 (Open Swim)

Tripler AMC.....433-5257

Mon-Fri:

0600-0900 (Active Duty Reservations / Adult Lap Swim)

1100-1700 (Open Swim)





DHR - Administrative Services Division

Office of the Freedom of Information Act (FOIA) & Privacy Act (PA)

- FOIA requests not accepted in person
- FOIA requests are accepted via U.S. mail:

Department of the Army
DHR, ATTN: FOIA Officer, ASD
Stop 412
Schofield Barracks, Hawaii 96857

- For more information feel free to contact anna.j.tarrant.civ@mail.mil/ 808-655-5033

Soldier's Mail

- Hours of operation Monday 1000-11:30, Tue-Fri 0930-1130
- Postal Service for Soldier Mail please call 808-655-5033

USAG-HI Forms Center

- Forms Center Manager/Command Editor assists with: setting up Publication Accounts, Issuing Accountable Forms, Issuing Forms & Certificates, & Coordinating Command Policy Memoranda
- For forms pick-up please call for an appointment, 808-656-0334

For more information visit us at our Garrison webpage:

<https://home.army.mil/hawaii/index.php/garrison/dhr/administrative-services-division>





DHR - Army Education Centers

Schofield Barracks

Location: 1565 Kolekole Ave., Bldg. 560, 2nd floor
Schofield Barracks, HI 96857

Front Office Number: 808-655-0800/0805

Tripler

Location: 823 Krukowski Road
Tripler AMC, HI 96859

Front Office Number: 808-433-4184

Group E-Mail/Inbox: usarmy.schofield.id-pacific.mbx.edu-center-counseling@mail.mil
usarmy.tripler.id-pacific.mbx.edu-center-counseling@mail.mil

Counseling Hours of Operation: Monday – Friday 0900 -1130 and 1230-1630
(Closed on weekends and Federal Holidays)

GoArmyEd Deactivation



ArmyIgnitED Migration

Create an ArmyIgnitED account at www.armyignited.com and click on “Get Started” at the top.



ArmyIgnited Helpdesk: 1-877-272-1330

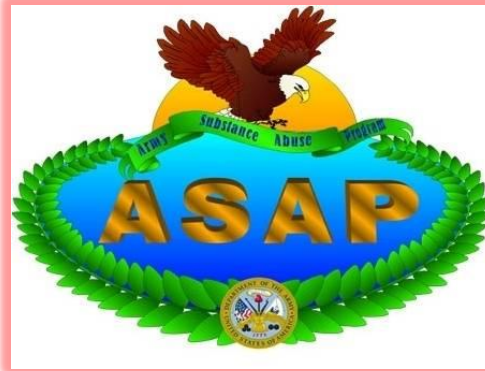




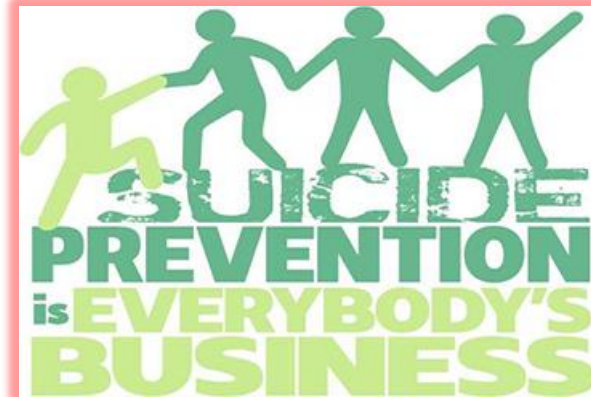
DHR - Army Substance Abuse Program



Military and Civilian Drug Testing
(808) 655-6048/6050



Bldg. 556, 344 Heard Avenue
Schofield Barracks, HI 96857
(808) 655-9113/6047
DSN: (315) 455-9113/6047



Suicide Prevention Program
(808) 655-9105



Employee Assistance Program
(Civilian)
(808) 655-6046



Prevention Education Training
(808) 655-8322/4655



Risk Reduction
(808) 655-3984/0996





DHR - Total Army Sponsorship Program

- Sponsorship is **required** in order to process permanent change of station (PCS) orders to Hawaii and other regions.
- **Soldiers (E1-O6)**
 - ✓ Soldiers must log onto the Army Career Trackers Total Army Sponsorship Program to initiate DA Form 5434 and request a sponsor.
 - ✓ Units are required to assign a sponsor 120 days prior to report date.
- **Department of Army Civilians**
 - ✓ DA Civilians can fill out the PDF version of the DA Form 5434 and email it to their gaining organization.
- **ACS Sponsorship Classes**
 - Classes held every Thursday at 1200 hrs via MS TEAMS.
 - Required for all assigned sponsors and volunteers.
 - To attend please contact ACS Program Specialist Tiffani Williams 808-787-4212



**For questions, contact Mrs. Tabocol
Office: (808) 655-8276**

*It Starts
with
Training*

For more information visit us at our Garrison webpage:
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/sponsorship>





DHR - Passport/Visa Office



Requirements for a Official Passport

- ✓ Travel orders
- ✓ Passport Application (DS-11 Form or DS-82 Form)
- ✓ Proof of Citizenship
- ✓ Photo Identification - Provide front/back photocopy of your government-issued ID
- ✓ (2) 2" x 2" Color Passport Photos – No eyeglasses or uniforms

Schedule an appointment:

Soldier Support Center Schofield Barracks

Bldg. 750 Rm 219

Phone: 808-655-8276

For more information visit us at our Garrison webpage:
https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/passport_visa





DHR - Transition Office

Transition Center Processes the following:

- ✓ Expiration Term of Service (separation orders)
- ✓ Command Directed Separation (separation orders)
- ✓ Medical Separation (separation orders)

- One on one counseling for final DD Form 214 all Soldiers available by appointment
- One on one counseling for leave dates (medical separation)
 - Most Recent EOM LES
 - DA 199
 - First and Last Name of CDR and 1SG



For more information visit us at our Garrison webpage:
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/Transition-Center>





DHR - Retirement Services Office

MISSION: The mission of the Retirement Services Office (RSO) is to provide exceptional service to all retiring/retired Soldiers, their family members and widows with up-to-date information on authorized retirement benefits and entitlements they have earned in service to our nation. RSO provides pre-retirement support, mandatory Survivor Benefit Plan (SBP) counseling, publishes local retiree bulletins and supports the Installation Retiree Council.

- ✓ Service Members may submit their retirement packet 9-12 months from their requested retirement date but the requested retirement date cannot occur prior to their DEROS date.

RETIREMENTS	VOLUNTARY CHAPTERS	WIDOW CLAIMS	RETIREEES	RETIREE COUNCIL
<ul style="list-style-type: none">• Retirement Processing• DD214 (Initial & Final)• Survivor Benefit Plan (SBP) Counseling	<ul style="list-style-type: none">• Unqualified Resignation• Release from Active Duty	<ul style="list-style-type: none">• Active Duty Deaths• Retiree Deaths	<ul style="list-style-type: none">• DRAS<ul style="list-style-type: none">• 1099-R• Pay Inquiry• Address Updates• Income Verification Letters• Statement of Service Memo	<ul style="list-style-type: none">• Monthly Meetings• Annual Retirement Appreciation Day (RAD)<ul style="list-style-type: none">• Bulletin• Charter

For any RSO questions you may reach us at
Soldier Support Center, Bldg. 750, Rm. 122
Group Inbox- armyschofieldrso@mail.mil
Office Numbers- (808) 655-1514/1585/5384

For more information visit us at our Garrison webpage:
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/rso>



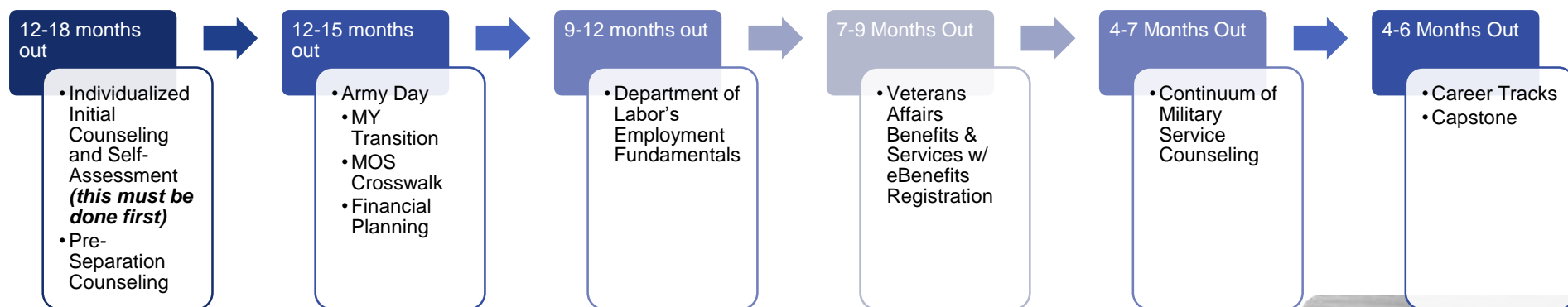


DHR - Transition Assistance Program (TAP)

- **Required by law** for all separating and retiring Soldiers
- Start 12-18 months before separation
- Retirees should start 24 months before retirement
- Un-programmed losses need to begin ASAP
- Spouses eligible
- All appointments and workshops being conducted via telephone and virtually
 - ✓ Mandatory and voluntary workshops to prepare individuals and families for success after the Army
 - ✓ Internships and apprenticeships available if qualified!



For information or to schedule an appointment call (808) 655-1028 or email usarmy.schofield.id-pacific.mbx.schofield-sfl-tap@mail.mil



Visit us at our Garrison webpage:

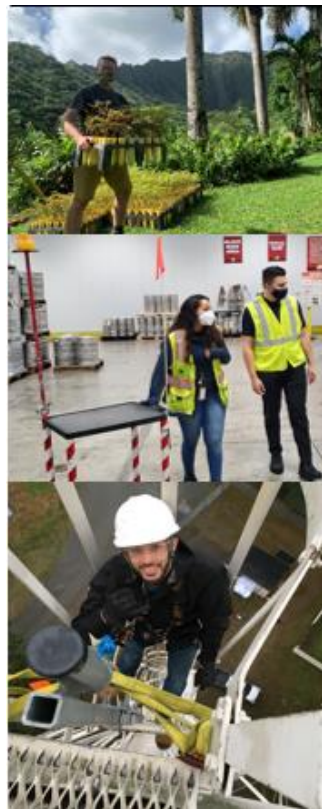
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/sfl-tap>





DHR - Career Skills Program

<div> Career Skills Program </div> <div>Apprenticeships – Internships – On-The-Job Training – Employment Skills Training</div> <div>United States Army Garrison - Hawaii</div>		
 Management & Operations or Warehouse & Transportation	 Agricultural Specialist	 Warehouse & Delivery or Business Administration
 Store Manager	 Renewable Energy & Comm. Tower Technician	 CAT, Solutions Architect
 Corporate Fellowship	 Server & Cloud Administration	 DES – Wildland Firefighting
 Construction & Infrastructure (Historic Landmark Preservation)	 Individual Internship	Briefings: 1 March @ 0900 17 March @ 1300 5 April @ 1300 <i>Must register for Hawaii-TAP: 808-655-1028</i>



- In FY20, over 150 Soldiers enrolled in the Hawaii CSP program.
- Career fields include Agriculture, Distribution, Renewable Energy, Construction, IT and more.
- Soldiers can begin this Command sponsored program within their last 180 days of Active Duty.
- **Contact Hawaii-TAP to be registered for a virtual briefing.**

(808) 655-1028

For more information visit us at our Garrison webpage:
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/sfl-tap>





DHR - Reassignment Office

- Process & Publish the Following:
 - ✓ PCS Orders
 - ✓ IPCOT/COT Travel Orders
 - ✓ Excess Leave Orders
 - ✓ Confinement Transfer Orders
 - ✓ Deletion or Deferment of Assignments- Non PSDR units
- Levy Notifications are sent within 5 days of MPD receiving notification of assignment via CAP Cycle. MPD notifies via email to the Soldier, S1, and SGM/CSM. Soldiers are to complete the Levy Packet NLT 30 days from notification.
- Orders are published up to 6 Months from departure date, if all required documents are submitted to include the PCS ETP. S1 submits completed Levy Packets to:
usarmy.schofield.id-pacific.list.reassignments-hi@mail.mil
- Reassignments Office provides S1's and SGM/CSMs a Missing Documents log weekly.
- It is Army policy that if an individual has a government travel card, it will be used for all relocation expenses up to the limit of their entitlements. A centrally billed account is only available for Soldiers who do not have a government travel card. Account type must be indicated to Reassignments Office prior to orders being cut.

All Actions are
processed
thru S1



For more information visit us at our Garrison webpage:
<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/reassignments>





DHR - Family Travel Office

Due to the COVID travel restrictions, the process to request orders for all Government Funded Travel now requires additional steps. (Early Return of Dependent, Dependent Travel, Space A Travel and Student Travel.)

All Government Funded Travel requests are processed as follows:

1. Service Member submits the packet to their Chain of Command (packet checklists provided on the Garrison Webpage)
2. Chain of Command submits the packet to Schofield Family Travel Section Military-Personnel Division (SFTS-MPD)
3. After tentatively approving the request for travel, the SFTS-MPD provides the S-1 a Memorandum to be used as a justification to request a Travel Exception to Policy (ETP) signed by the first General Officer in the Chain of Command.
4. Chain of Command submits the signed ETP to SFTS-MPD
5. SFTS-MPD then provides the final order to S-1 and Service Member

Transportation and Carlson Wagon-lit (SATO) will require a copy of the final orders and signed Travel ETP to book HHG shipments and flights

Early Return of Dependents	Dependent Travel	Space Available Travel	Command Sponsorship	Student Travel
<ul style="list-style-type: none">• Only used for unusual/emergency circumstances like marital difficulties, financial difficulties, divorce, hardship, etc.	<ul style="list-style-type: none">• The Soldier acquired a Family member (married) before the effective date of the PCS order & is entitled to transportation of the Family member at Government expense.	<ul style="list-style-type: none">• Soldier acquired a Family member (married) after the effective date of the PCS order and is not entitled to transportation of Family members at Government expense but may be authorized space-available transportation once command sponsorship is approved by the overseas command.	<ul style="list-style-type: none">• Must meet eligibility requirements to qualify 36-month tour or 12 months remaining after approval• Dependent(s) must be on island to qualify• Exceptions given for bona fide local residents	<ul style="list-style-type: none">• An entitlement for Command Sponsored children of Active-Duty Soldiers stationed overseas (Hawaii) who are full time students attending an accredited college/university.• One fully-funded round trip per fiscal year for dependent student between the student's school and the sponsor's duty station.• Application should be submitted no later than 60 days

For more information visit us at our Garrison webpage:

<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/family-travel>





DHR - Out-Processing Center

Issuance of Clearing Papers:

- 14 Days prior to AVAL/Report Date
- International Travel – Clearing Papers issued 40 Days from DEROS



To Receive Clearing Papers

- DoD ID Number
- Approved DA 31
- Orders/Amendments
- Approved ETP - if applicable
- Survey on <https://actnow.army.mil> must be completed

Final Out-Processing Procedures

- In-Person: Room 102, BLDG 750, Ayers Ave, Soldier Support Center
- Online: Brigade/Battalion S1 send the final clearance documents to the Out-Processing inbox. Once verified, the Out-Processing Center will validate and provide a final Out-Processing Stamp and return stamped clearance papers to the S1 for distribution to the Soldier

Final Clearance Documents

- Installation Clearance Record (DA 137-2)
- Unit Clearance Record (DA 137-1)
- DA 31 (Leave Form)
- Orders/Amendments
- ETP
- Attachment 91 (PCS ROM and COVID-19 Test Verification Memorandum)

For more information visit us at our Garrison webpage:

<https://home.army.mil/hawaii/index.php/garrison/dhr/mpd/out-processing-center>





Religious Support Office



U.S. ARMY HAWAII RELIGIOUS SUPPORT



Religious Worship and Service Schedule

PROTESTANT

SUN

0900	Schofield Community Chapel	Main Post Chapel
0900	Traditional Protestant	Fort DeRussy Chapel
0900	General Protestant	Tripler Army Medical Center
1000	Impact Protestant	Helemano MRC
1000	Saint Martin's Anglican	Soldiers Chapel
1030	Contemporary Protestant	Aliamanu MRC
1045	Wheeler Chapel Service	Wheeler Army Airfield Chapel
1230	Samoan Protestant	Aliamanu MRC

THU 1800 *Soulful Service (1st & 3rd) Wheeler Army Airfield Chapel

ISLAMIC

FRI 1200 Jumma Prayers Main Post Chapel Annex

BUDDHIST

THU 1800 Wkly Service—"Reincarnation" Soldiers Chapel

PAGAN

FRI 1900 Pagan Service Fellowship Hall, Wheeler AAF

ROMAN CATHOLIC

SUN

0830	Mass	Aliamanu MRC
1100	Mass	Main Post Chapel
1100	Mass	Tripler Army Medical Center

MON-THU

1200 Daily Mass Tripler Army Medical Center

SAT

1700 Mass Tripler Army Medical Center

ORTHODOX

SUN

0800 Divine Lit. Soldiers Chapel

JEWISH

FRI

1930 Aloha Chapel Pearl Harbor Building #1514

For more information, please call the Religious Support Office (RSO) at (808) 787-1551

Aliamanu Military Reservation Chapel
1850 Bougainvillea Loop
Honolulu, HI 96818

Fort DeRussy Chapel
2055 Kalia Road
Honolulu, HI 96815
(across from Hale Koa Military Hotel)

Helemano Military Reservation Chapel
1-99 Helemano Military Reservation
Wahiawa, HI 96786

Main Post Chapel
790 McCornack Rd
Schofield Barracks, HI 96857
Annex—Bldg. 791

Soldiers Chapel
Building #590
10 Heard Street
Schofield Barracks, HI 96857

Tripler Army Medical Center Chapel
1 Jarrett White Road
Honolulu, HI 96859

Wheeler Army Airfield Chapel
Building #679
548 Wright Avenue
Wahiawa, HI 96786

as of 8 November 2021





Religious Support Office



ASH WEDNESDAY MASS

1130 MPC

1800 MPC

1800 AMR

STATIONS OF THE CROSS/FELLOWSHIP

FRIDAYS DURING LENT 1800 MPC & AMR

MAIN CHAPEL AND FELLOWSHIP HALL

MARCH 4, 11, 18, 25, APRIL 1 & 8

Saints Damian & Marianne Catholic Community





Religious Support Office

LENT

A SEASON OF REFLECTION,
RENEWAL, AND PREPARATION

Fort DeRussy Chapel Lenten Worship Services



March 2
12 p.m.



April 14
5 p.m.



April 15
5 p.m.

EASTER SUNDAY – Sunrise Service, 7 a.m., Tripler Army Medical Center | Easter Worship, 9 a.m., Fort DeRussy Chapel



FORT DERUSSY CHAPEL – Worship with us Sundays at 9 a.m.
2055 Kalia Road, Honolulu, HI 96815 – across from the Hale Koa
(enter “Hale Koa Parking Garage” into GPS for best directions)
www.facebook.com/FortDeRussyChapel





Religious Support Services

St. Martin's Anglican Community Lenten Services



Ash Wednesday (2 March)

1200 – Palm Circle on Ft. Shafter
1700 – Soldier's Chapel

Palm Sunday (10 April)

1000 – Soldier's Chapel

Maundy Thursday (14 April)

1915 – Soldier's Chapel

Good Friday (15 April)

1400 – Soldier's Chapel

Easter Vigil (16 April)

2000 – Soldier's Chapel

Easter Sunday (17 April)

1000 – Soldier's Chapel

Ash Wednesday marks the beginning of the season of Lent: a time of penitence, fasting, and prayer, in preparation for the great feast of the Resurrection. The season of Lent began in the early days of the Church as a time of preparation for those seeking to be baptized at the Easter Vigil. There are forty days of fasting throughout Lent. Since Sundays are always considered feast days, those do not count as fast days.

For more Information: contact justin.g.pickering.mil@army.mil or visit the St. Martin's Parish Facebook page





Client Services Office of the Staff Judge Advocate

Levi K. Hookano
Chief, Client Services
(Legal Assistance, Special Victims' Counsel, Claims)

Visit us online at:
home.army.mil/Hawaii/index.php/my-fort/services/legal
or call 808-655-8607

278 Aleshire Ave., Building 2037
Schofield Barracks





Legal Assistance Services

Info and Updates

✓ **Business Hours (as of 2 NOV):**

- M-Th: 0900 – 1630
- F: 1300 – 1630
- First Wednesday of Each Month: 1300 - 1630
- Closed on all Federal Holidays and Training Holidays

✓ **Notary and Power of Attorney services provided during all operating hours. No appointment needed.**





Legal Assistance Services

2022 Tax Information

✓ **No Physical Tax Center**

✓ **Military OneSource Tax Resources:**

- <https://www.militaryonesource.mil/financial-legal/tax-resource-center/miltax-military-tax-services/>
- Offers free tax filing software (available Jan. 24)
- Free tax consultants (phone and chat) 24/7
- Articles and other resources available

✓ **Hawaii Resources:** www.hawaiitaxhelp.org

✓ **Important Dates**

- January 24 – Federal filing can begin
- April 18 – Federal tax filing deadline (check with your individual state for state filings)





Public Health Activity - Hawaii

Veterinary Services



Veterinary Treatment Facilities (VTF)

- ✓ Fort Shafter (808-438-5231)
- ✓ Joint Base Pearl Harbor – Hickam (808-449-6481)
- ✓ MCBH – Kaneohe Bay (808-257-3643)
- ✓ Schofield Barracks (808-655-5893/5889)



Veterinary Services

- ✓ Wellness/Sick Call Examination
- ✓ Health Certificate Exam (Domestic & International)
- ✓ Vaccines (Rabies, Distemper, Leptospirosis, Bordetella, etc.)
- ✓ Parasite Preventive Care
- ✓ Heartworm Test
- ✓ Feline FeLV, Deworming, Parasite Screening
- ✓ Microchip
- ✓ Full Diagnostic Capabilities – Laboratory services, Xrays, and Ultrasounds
- ✓ Dental Services – Cleaning, extraction and root canal
- ✓ Surgical Services - Reproductive and/or other Soft Tissue Procedures (Fort Shafter and Schofield Barracks Only)

Services available by appointment only. Appointments available to all military members, retired active and retired reserve members, and military dependents.





Army & Air Force Exchange Service

Nanami Taniguchi
Schofield Store Manager
(808) 622-1773

<https://www.facebook.com/HawaiiExchange>





Army & Air Force Exchange Service

Schofield Main Exchange Events



- **Wednesday, Mar. 2, 15:00 - 17:00.**
Read Across America Day! Stop by the Schofield Main Store for a Kids crafting project and a special book reading!
- **Saturday, Mar. 12, 11:30 - 13:30.**
Children's Craft Day! Join our associates for a fun day of crafting!
- **Saturday, Mar. 26, 13:00 - 15:00.**
Kuhio Day! Join us for live local musical talent.





Army & Air Force Exchange Service

Hickam Store Events

- **Wednesday, Mar. 16, 12:00 – 13:00**
Come out and Meet the Manager at the Hickam Main Store
- **March 11th – 17th**
Join in on the Hickam MS Four-Leaf Clover Scavenger Hunt and earn a discount on one regular priced item.
- **March 18th – 31st**
Enter the Hickam MS coloring contest. Winner will receive a \$25 Gift Card. Winner will be selected & notified on March 31st (National Crayon Day!) Pick up your coloring page at the Hickam MS.





Army & Air Force Exchange Service

- The Exchange has been recognized annually as a leading employer of Veterans and we want you to be a part of our team!
- Find your opportunity on **ApplyMyExchange.com**
 - Hourly
 - Management
 - Corporate
 - Distribution
 - Management Trainee Program
 - Deployment Options Available

VETERAN OPPORTUNITIES

EXCHANGE™

45K VETERANS & SPOUSES HIRED

50K GOAL: VETERANS & SPOUSES HIRED

5K TO GO

1,634 WOUNDED WARRIORS HIRED SINCE 2010

AWARDS: BEST EMPLOYER, BEST EMPLOYER, BEST EMPLOYER, BEST EMPLOYER

[Apply Now](#)





END OF BRIEF

