

LIGHTNING ACADEMY AIR ASSAULT PACKING LISTS

WORN OR CARRIED PACKING LIST

1. The following items will be inspected on Day Zero of Air Assault School. Any student who does not have the entire Day Zero packing list will not continue the course. Carried items may be carried in the waterproof bag (military issued).

DAY ZERO PACKING LIST

ALL ITEMS WILL BE MILITARY ISSUE	
A. ID Card	B. ID Tags w/ issued long and short chain
C. Running Shoes (IAW AR 670-1)	D. ACH or NG-IHPS 1. No helmet cover/NVG mount/lights 2. Not required to be taped/mark for Day Zero 3. Must have all issued pads (oval pad x4, crown pad x1, trapezoid pad x2) 4. serviceable chin strap with all hardware
E. OCP/IHWCU top (all patches, tapes and rank)	F. OCP/IWHCU bottom (no Spandex worn underneath)
G. Tan T-Shirt (no unit or logos)	H. Socks (black, tan, or green IAW AR 670-1)
I. Tan Belt (rigger's belt highly recommended but optional)	J. 1-qt canteen taped IAW LAAAS Canteen SOP (no roster #, and topped off to the brim)
K. OCP Patrol Cap (w/ rank and name tape) No boonie caps are authorized	L. Boots, Tan Leather (IAW AR 670-1)
M. Waterproof bag, military issue (not required to be taped/mark for Day Zero)	N. Pens x2
O. Leather work glove with an additional friction bearing pad of doubled leather that covers the entire palm (gloves will be used for rappelling operations). <i>*See Lightning Academy website, Air Assault packing list for pictures of authorized and unauthorized gloves.*</i>	P. APEL Approved Eye Pro/Goggles (Clear lens only) x 1 pair. Link below shows approved list: https://www.peosoldier.army.mil/equipment/approved-eyewear-QPL/
Q. LA 100 with all applicable signatures within 90 days of start date	R. STP or service equivalent
**Optional but strongly recommended: Headlamp (red lens only), must be operational	**Optional: Camelbak
**Optional: Wrist watch	
**LA 100 must be signed by PA, Commander, and be present on Day Zero	
**Sister services contact LA AASLT POC for alternate items accepted in lieu of the Authorized Packing List	
***BOLD ITEMS ARE WORN	

DAY ONE – DAY 10 (FIRST MONDAY OF THE COURSE UNTIL GRADUATION)

1. The following items make up the packing list each student must have from

Day 1 through Day 10 of Air Assault School. This packing list is also known as the "Rucksack Packing List". Each Student will maintain and be prepared to lay out the following items for the duration of the Air Assault Course, starting Day 1.

ALL ITEMS WILL BE MILITARY ISSUE	
A. Molle 4K Ruck or Rucksack with frame with 2 x sustainment pouches	B. Wet Weather Bag (serviceable ie. no holes)
C. Rubber Duck (issued)	D. Boots, Tan Leather (IAW AR 670-1)
E. Running Shoes (IAW AR 670-1)	F. Field Load Carrier (FLC) (able to hold 6 magazines; magazines not required)
G. 1QT Canteen w/ Cup and Cover	H. ACH or NG-IPHS 1. No helmet cover/NVG mount/lights 2. Taped/marked IAW LAAAS SOP 3. Must have all issued pads (oval padx4, crown padx1, trapezoid pad x2) 4. Serviceable chinstrap with all hardware
I. OCP/IHWCU Top x 2 (as worn ie. flag, U.S. Army, name tape, unit patch, rank)	J. OCP/IHWCU Bottom x 2 (serviceable)
K. PT Shirt Issued (short sleeve) No unit shirts.	L. PT Shorts (serviceable, ie. US Army not faded)
M. Brown Towel x 2	N. Patrol Cap w/ name and rank
O. Wet Weather Gear (top & bottom)	P. T-Shirt, Tan / Tan 499 x 2 No markings on shirt
Q. Glove Inserts x 1 pair	R. AA Handbook (issued)
S. Leather work glove with an additional friction bearing pad of doubled leather that covers the entire palm (gloves will be used for rappelling operations). <i>*See Lightning Academy website, Air Assault packing list for pictures of authorized and unauthorized gloves.*</i>	T. L-shaped Flashlight (red lens only—must be operational)
U. Snap Link/ Hip Rappel Seat (issued)	V. White/Black Socks (1 Pair) *No Logo
W. Tan Belt	X. Earplugs (1 Pair w/case)
Y. Socks x 3 pair (green/tan/black)	Z. Reflective Belt IAW Unit SOP
AA. Poncho (placed under layout) or Tarp (Military Issued).	BB. ID Card /ID Tags (must have military issued long and short chain)
CC. APEL Approved Eye Pro/Goggles (dark optional but clear mandatory for night operations) x 1 pair.	**Optional but strongly recommended: Headlamp (red lens only), must be operational
Link below shows approved list: https://www.peosoldier.army.mil/equipment/approved-eyewear-QPL/	
**Optional: Camelbak	**Optional: Wrist Watch
* P.T. shirts will be the issued Army shirt; Army Tan shirts will not have any logos.	
** Sister Services contact LA AASLT POC (AASLT Branch Chief) for alternate items accepted in lieu of the Authorized Packing List @ 808-787-9402	